

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	Tempo	Ritmo	Esc.
1.	208	Guilherme Gregório	OK Runners	M	M	01:11:10,301	05:56	1
2.	296	Bruno Dias	OCR Portugal LAB	M	M	01:11:10,445	05:56	2
3.	258	José Dias	Associação Vale Grande	M	M	01:13:50,246	06:09	3
4.	260	Márcio Monteiro	Associação Vale Grande	M	M	01:19:16,866	06:37	4
5.	205	Paulo Silvestre		M	M	01:22:18,233	06:52	5
6.	228	António Vitorino	Hortapronta	M	M	01:33:08,940	07:46	6
7.	242	Antonio Clara	g.d.zambujeira e serra	M	M	01:37:45,166	08:09	7
8.	230	Hugo Santos	GD Ribeirinhos	M	M	01:41:19,573	08:26	8
9.	237	Adolfo Vagos	Academia do Pro	M	M	01:41:43,372	08:29	9
10.	229	Carlos Vaz		M	M	01:44:40,442	08:43	10
11.	297	Sónia Filipe	Tolinhos	F	F	01:45:02,269	08:45	1
12.	243	Lucas Delgado	g.d.zambujeira e serra	M	M	01:48:51,364	09:04	11
13.	206	Rute Silvestre		F	F	01:50:03,588	09:10	2
14.	201	Vanda Anjos	Associação de Toledo	F	F	01:52:37,888	09:23	3
15.	227	Marta Fernandes	Peniche a Correr	F	F	01:53:10,649	09:26	4
16.	244	Valentim Fernandes	g.d.zambujeira e serra	M	M	01:53:55,576	09:29	12
17.	223	José Costa		M	M	01:53:59,180	09:30	13
18.	245	Fernando Cortez	Pinhal Novo a Correr	M	M	01:55:43,998	09:38	14
19.	218	António Simões	Hortapronta	M	M	01:55:50,854	09:39	15
20.	222	Hugo Timoteo		M	M	01:57:12,875	09:46	16
21.	252	Tiago Veiga		M	M	01:57:32,890	09:47	17
22.	259	Filipe Paulino	Associação Vale Grande	M	M	01:58:04,913	09:50	18
23.	289	Marco Conchinha	GMG Team	M	M	02:02:37,256	10:13	19
24.	288	Paulo Ferreira	GMG Team	M	M	02:02:37,687	10:13	20
25.	287	Jorge Pinto	GMG Team	M	M	02:02:39,733	10:13	21
26.	262	Alexander Storms	Vale da Palha	M	M	02:07:29,449	10:37	22
27.	249	Valter Abreu		M	M	02:10:10,479	10:51	23
28.	248	Maggie Williams		F	F	02:10:11,958	10:51	5
29.	253	Nuno Santos	Gaeiras Running Team	M	M	02:12:17,912	11:01	24
30.	265	Rute Caeiro	Trilho Perdido Eventos / Imporlux	F	F	02:13:22,075	11:07	6
31.	298	Anton Prodan		M		02:15:03,417	11:15	
32.	234	Paulo Ferreira		M	M	02:15:32,715	11:17	25
33.	263	Rui Martins	OK Runners	M	M	02:15:47,708	11:19	26
34.	261	Erwin Deen	Vale da Palha	M	M	02:16:30,774	11:23	27
35.	291	Márcia Reto		F	F	02:17:47,184	11:29	7
36.	210	Rafael Ferreira		M	M	02:20:18,833	11:41	28
37.	209	Custódio Ventura		M	M	02:20:43,960	11:44	29
38.	213	Carlos Alfeirão		M	M	02:21:01,084	11:45	30
39.	275	Ana Gaspar	Academia dEstrelas	F	F	02:22:44,862	11:53	8
40.	277	Armando Nunes	Academia dEstrelas	M	M	02:22:45,885	11:54	31
41.	211	José Baixinho	Santiago Futebol Clube	M	M	02:27:55,868	12:20	32
42.	293	Shona Thomson		F	F	02:31:02,474	12:35	9
43.	235	Pedro Pereira	Casa do Pessoal da RTP	M	M	02:32:54,925	12:44	33
44.	216	Andreia Castanheira	BrrNightRunners	F	F	02:33:29,009	12:47	10

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45.	217	Sofia Ambrioso	BrrNightRunners	F	F	02:33:31,608	12:47	11
46.	219	Francisco Frade	OK Runners	M	M	02:34:07,449	12:50	34
47.	212	Judite Baixinho	Santiago Futebol Clube	F	F	02:34:46,712	12:54	12
48.	283	Joana Andrade		F	F	02:35:06,278	12:55	13
49.	214	Cidalia Ladeira		F	F	02:35:50,930	12:59	14
50.	294	Telma Vitorino		F	F	02:35:54,908	12:59	15
51.	207	Ana Mota	OK Runners	F	F	02:39:00,491	13:15	16
52.	279	João Marques		M	M	02:39:13,536	13:16	35
53.	286	Débora Baltasar	GMG Team	F	F	02:40:13,661	13:21	17
54.	251	José Manuel	Parque Campismo	M	M	02:42:43,373	13:34	36
55.	278	Vera Mota	Correr na Vila	F	F	02:43:13,498	13:36	18
56.	281	Carlos Cotrim	BVL	M	M	02:43:16,802	13:37	37
57.	215	Maria Santos	Monte da Lua Runners	F	F	02:43:31,794	13:38	19
58.	225	Luís Cambez	Peniche a Correr	M	M	02:44:32,389	13:43	38
59.	247	Sérgio Silvestre		M	M	02:45:29,732	13:47	39
60.	220	Sandra Cláudio		F	F	02:45:31,866	13:47	20
61.	295	Justiliano Silva	Falcões Selvagens	M	M	02:45:44,058	13:49	40
62.	290	Teresa Branco	Matilha Running	F	F	02:46:24,441	13:52	21
63.	257	Ana Montez		F	F	02:47:27,307	13:57	22
64.	256	Hélio Santos		M	M	02:47:28,078	13:58	41
65.	274	Maria Oliveira	Academia dEstrelas	F	F	02:50:58,170	14:15	23
66.	273	Sandra Chaíça	Academia dEstrelas	F	F	02:51:16,913	14:16	24
67.	250	Joaquim Silva	Parque Campismo	M	M	02:51:58,815	14:20	42
68.	254	Sandra Reis	Housemartins Belas	F	F	02:53:02,080	14:25	25
69.	272	Luis Martins	Academia dEstrelas	M	M	02:58:22,404	14:52	43
70.	226	Elisabete Rato	Peniche a Correr	F	F	02:59:36,432	14:58	26
71.	224	Maria Rodrigues	Peniche a Correr	F	F	02:59:40,880	14:58	27
72.	285	Sandra Oliveira		F	F	03:02:43,881	15:14	28
73.	239	Rui carvalhoço	Agriloja	M	M	03:02:50,953	15:14	44
74.	282	Vanessa Cunha		F	F	03:03:03,436	15:15	29
75.	238	Pedro Costa	Agriloja	M	M	03:06:01,567	15:30	45
76.	292	Sofia Lage		F	F	03:06:08,780	15:31	30
77.	241	Emanuel Policarpo	Agriloja	M	M	03:06:32,698	15:32	46
78.	221	Vera Bexiga		F	F	03:06:38,776	15:33	31
79.	264	Luis Oliveira		M	M	03:08:42,666	15:43	47
80.	240	Emanuel Mateus	Agriloja	M	M	03:10:22,860	15:52	48
81.	284	Paulo Venancio	BVL	M	M	03:17:35,023	16:28	49
82.	233	Rodrigo Paulo	Trilhos & Destinos	M	M	03:24:49,509	17:04	50
83.	232	Fernanda Paulo	Trilhos & Destinos	F	F	03:24:50,666	17:04	32
84.	204	Maria Marques	Manas	F	F	03:33:24,300	17:47	33
85.	203	Ana Marques	Manas	F	F	03:33:24,863	17:47	34
86.	255	Ezequiel Abrantes	Falcões Selvagens	M	M	03:34:33,609	17:53	51
87.	267	Joao Lima	Matilha Running	M	M	03:36:09,344	18:01	52
88.	268	Leonor Candeias	Matilha Running	F	F	03:36:11,987	18:01	35

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89.	270	Nuno Pedroso	Matilha Running	M	M	03:39:35,761	18:18	53
90.	269	Maria Coelho	Matilha Running	F	F	03:39:35,770	18:18	36