

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Ritmo	Cat.
1.	453	António Silvino	Clube Desportivo Ribeirense	M	Masc	00:54:06,838	04:31	1
2.	429	Paulo Silvestre		M	Masc	00:54:20,495	04:32	2
3.	446	Ruben Cotrim	DirtRunners	M	Masc	00:54:47,427	04:34	3
4.	442	Taras Kostreba		M	Masc	00:54:57,962	04:35	4
5.	483	Telmo Pinto	Associação de Toledo	M	Masc	00:56:56,487	04:44	5
6.	428	José Passos	Peniche a Correr	M	Masc	01:00:31,013	05:02	6
7.	490	Guilherme Gregório	OK Runners	M	Masc	01:06:37,988	05:33	7
8.	502	Ricardo Silva		M	Masc	01:11:26,673	05:57	8
9.	409	Pedro Pedro	Fundação Minis	M	Masc	01:12:27,114	06:02	9
10.	411	Hugo Timoteo	Fundação Minis	M	Masc	01:17:09,177	06:26	10
11.	468	Emanuel Marques	os desfaledidos	M	Masc	01:17:47,836	06:29	11
12.	489	Diogo Ribeiro	OK Runners	M	Masc	01:18:42,614	06:34	12
13.	443	Ivo Bras		M	Masc	01:19:43,955	06:38	13
14.	479	Rui Martins	OK Runners	M	Masc	01:21:11,513	06:46	14
15.	484	Bernardo Santos	OK Runners	M	Masc	01:21:12,062	06:46	15
16.	493	Leonardo Paulo	OK Runners	M	Masc	01:21:12,846	06:46	16
17.	478	Hugo Silva	os desfaledidos	M	Masc	01:21:13,791	06:46	17
18.	167	Liliana Julião	Dolce Furadouro	F	Fem	01:21:13,809	06:46	1
19.	434	Dulce Marques	Dolce Furadouro	F	Fem	01:21:37,855	06:48	2
20.	407	Ricardo Matias	Fundação Minis	M	Masc	01:21:47,440	06:49	18
21.	488	Diogo Oliveira	OK Runners	M	Masc	01:22:08,898	06:50	19
22.	417	Joana Ribeiro		F	Fem	01:22:32,541	06:53	3
23.	356	Daniel Ognev	OK Runners	M	Masc	01:22:36,397	06:53	20
24.	410	David Perdigão	Fundação Minis	M	Masc	01:24:01,252	07:00	21
25.	427	Luís Dias	DirtRunners	M	Masc	01:24:06,739	07:01	22
26.	473	Bruno Ribeiro	os desfaledidos	M	Masc	01:24:37,482	07:03	23
27.	152	Luis Dias	Hipoloeste Full Energy	M	Masc	01:25:13,512	07:06	24
28.	438	Marta Fernandes		F	Fem	01:27:44,869	07:19	4
29.	474	Nelson Marques	os desfaledidos	M	Masc	01:29:46,924	07:29	25
30.	433	Teresa Sardinha	Dolce Furadouro	F	Fem	01:29:54,053	07:29	5
31.	496	Xavier Pereira	OK Runners	M	Masc	01:30:18,665	07:31	26
32.	495	Tomás Oliveira	OK Runners	M	Masc	01:30:18,819	07:31	27
33.	494	Martim Silva	OK Runners	M	Masc	01:30:19,154	07:32	28
34.	491	José Oliveira	OK Runners	M	Masc	01:30:40,802	07:34	29
35.	476	Jorge Antunes	OK Runners	M	Masc	01:32:55,619	07:44	30
36.	482	Ricardo Faria		M	Masc	01:34:26,194	07:52	31
37.	441	Magda Veloso	Runners da Frente Ribeirinha da Povia de Santa Iria	F	Fem	01:34:44,102	07:53	6
38.	418	João Ribeiro		M	Masc	01:35:02,932	07:55	32
39.	404	Sonia Santos	Dolce Furadouro	F	Fem	01:35:24,283	07:57	7
40.	462	Ana Rosário		F	Fem	01:36:40,171	08:04	8
41.	492	Julio Ribeiro	OK Runners	M	Masc	01:38:10,430	08:11	33
42.	487	Carlos Miguel Antunes	OK Runners	M	Masc	01:38:25,947	08:12	34
43.	424	Augusto Santos	Correr Lisboa	M	Masc	01:39:56,015	08:20	35
44.	425	Anabela Santos	Correr Lisboa	F	Fem	01:40:03,431	08:20	9

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Ritmo	Cat.
45.	481	Vanessa Cunha		F	Fem	01:40:18,392	08:22	10
46.	440	Maria Madeira		F	Fem	01:40:18,862	08:22	11
47.	439	João Farinha		M	Masc	01:40:19,377	08:22	36
48.	470	Lara Marques	os desfalecidos	F	Fem	01:40:20,300	08:22	12
49.	435	Duarte Silva	Táleno pra correr Team	M	Masc	01:41:22,049	08:27	37
50.	415	Paulo Dias		M	Masc	01:41:46,306	08:29	38
51.	125	Rui Martins	SoulGlow	M	Masc	01:42:40,629	08:34	39
52.	457	Ana Rodrigues	Grupeta Running Team	F	Fem	01:48:04,563	09:01	13
53.	436	Susana Borge	GO!Runners	F	Fem	01:48:19,286	09:02	14
54.	472	Joao Matias	os desfalecidos	M	Masc	01:50:01,631	09:10	40
55.	406	Vera Mota		F	Fem	01:50:04,191	09:10	15
56.	405	Rita Pedro		F	Fem	01:50:04,412	09:10	16
57.	469	Cristiano Felix	os desfalecidos	M	Masc	01:50:09,971	09:11	41
58.	485	Carlos Antunes	OK Runners	M	Masc	01:52:15,662	09:21	42
59.	456	Catarina Branco		F	Fem	01:54:46,757	09:34	17
60.	475	Margarida Lemos	DirtRunners	F	Fem	01:55:00,967	09:35	18
61.	471	Jose Gomes	os desfalecidos	M	Masc	01:56:35,037	09:43	43
62.	477	Suzi Rato	os desfalecidos	F	Fem	01:56:48,751	09:44	19
63.	430	Mónica Batista	M&N	F	Fem	01:59:12,360	09:56	20
64.	426	José Conchinha	Clube do Stress	M	Masc	02:00:00,008	10:00	44
65.	431	Ana Mauricio	Táleno pra correr Team	F	Fem	02:00:12,193	10:01	21
66.	458	Fátima Catroga	OTS Coach - Running Club	F	Fem	02:01:37,682	10:08	22
67.	432	Marina Costa		F	Fem	02:04:44,834	10:23	23
68.	451	Daniel Lima	LISGANÇA	M	Masc	02:12:32,398	11:02	45
69.	414	José Diogo		M	Masc	02:13:19,493	11:07	46
70.	447	Sara Costa	LISGANÇA	F	Fem	02:13:21,997	11:07	24
71.	448	Alexandra Simões	LISGANÇA	F	Fem	02:13:22,015	11:07	25
72.	449	Ricardo Patrão	LISGANÇA	M	Masc	02:13:23,335	11:07	47
73.	450	Liliana Carpelho	LISGANÇA	F	Fem	02:13:23,893	11:07	26
74.	421	Bruno Lula	Lula	M	Masc	02:18:12,767	11:31	48
75.	422	Filipa Silva	Lula	F	Fem	02:18:13,139	11:31	27
76.	423	Luis Duarte	Lula	M	Masc	02:18:14,378	11:31	49
77.	416	Ana Dias		F	Fem	02:22:03,273	11:50	28
78.	463	Sónia Cruz	Correr Soc Rec da Granja	F	Fem	06:27:49,768	32:19:00	29