

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Ritmo	Esc.
1.	23	Ricardo Fonseca	Cork Trail Team	M	M Sen	02:29:02,531	04:58	1
2.	18	Custódio António	Beja Atlético Clube	M	M40	02:33:40,245	05:07	1
3.	56	Tiago Cochicho	União das Freguesias do Cacicem e São Marcos	M	M Sen	02:34:18,571	05:08	2
4.	14	João Pedro		M	M45	02:44:22,373	05:29	1
5.	19	Paulo Poiares	Correr Soc. Rec. da Granja	M	M40	02:44:56,352	05:30	2
6.	8	Luiz Mota	Casa do Benfica em Abrantes	M	M45	02:46:59,197	05:34	2
7.	32	Miguel Delgado	G.D.M. Trail Team	M	M Sen	02:47:13,296	05:34	3
8.	4	Luís Vitorino	Run and Smile	M	M40	02:51:47,337	05:44	3
9.	41	Paulo Correia	A20KM Trail Running Team	M	M50	02:53:38,262	05:47	1
10.	29	Marcio Monteiro	G.D.M. Trail Team	M	M Sen	02:55:05,116	05:50	4
11.	34	Miguel Bertolo	Sabores do Paço trail team zatopeques	M	M Sen	02:57:11,602	05:55	5
12.	35	Mario Ramos	Sabores do Paço trail team zatopeques	M	M Sen	02:57:12,438	05:55	6
13.	48	Ricardo Jorge		M	M Sen	03:00:12,127	06:01	7
14.	40	Helder Delgado	G.D.M. Trail Team	M	M Sen	03:02:20,877	06:05	8
15.	43	Diogo Caniço	A20KM Trail Running Team	M	M Sen	03:03:41,316	06:07	9
16.	61	Antonio Soares	OPraticante.pt	M	M50	03:05:18,540	06:11	2
17.	58	David Jesus	pace.makers	M	M50	03:05:45,623	06:11	3
18.	64	Ricardo Pereira	Clube OGMA	M	M40	03:07:24,315	06:15	4
19.	46	Luís Lopes	Tálenos Team	M	M40	03:13:06,358	06:26	5
20.	12	Manuel Matos	CCD ALVITEJO	M	M45	03:14:13,608	06:28	3
21.	49	Filipe Pereira	A20KM Trail Running Team	M	M Sen	03:18:02,916	06:36	10
22.	66	Luís Soares	Clube OGMA	M	M50	03:20:32,698	06:41	4
23.	36	Nelson Bertolo	Sabores do Paço trail team zatopeques	M	M40	03:25:59,015	06:52	6
24.	30	Pedro Santos	Gin. Qta do Valbom - AAAIcochete	M	M Sen	03:27:33,782	06:55	11
25.	65	Paul-Emile Kopp	LaCrasse	M	M Sen	03:28:46,895	06:58	12
26.	38	Rui Machinho	G.D. Santander Totta	M	M40	03:30:45,516	07:01	7
27.	20	Francisco Naia	Clube Desportivo Salvaterrense	M	M40	03:34:47,782	07:10	8
28.	63	José Rocha	Matilha Running	M	M50	03:37:19,264	07:14	5
29.	24	Paulo Sá		M	M45	03:37:38,507	07:15	4
30.	57	Ivone Ferreira	Trilho Perdido Eventos / Imporlux	F	F45	03:37:45,131	07:16	1
31.	3	Carmen Henriques	Run and Smile	F	F40	03:44:30,363	07:29	1
32.	6	Manuel Victorino	CCD ALVITEJO	M	M55	03:44:30,521	07:29	1
33.	2	Rui Pereira		M	M40	03:46:53,949	07:34	9
34.	22	Sofia Nunes		F	F Sen	03:47:30,212	07:35	1
35.	37	Henrique Adrega	Clube Atletismo Amigos de Belém	M	M55	03:48:53,425	07:38	2
36.	21	Jorge Pires	Os Coxos e o Miguel	M	M40	03:50:33,041	07:41	10
37.	7	David Clemente	A20KM Trail Running Team	M	M Sen	03:53:03,940	07:46	13
38.	25	António Louro	G.D. Santander Totta	M	M40	03:54:05,376	07:48	11
39.	44	Diogo Leite		M	M45	03:56:59,688	07:54	5
40.	16	João Paulo Félix		M	M45	04:10:21,405	08:21	6
41.	39	João Anjos		M	M55	04:10:47,681	08:22	3
42.	42	Carlos Brito	Tálenos Team	M	M40	04:12:21,525	08:25	12
43.	62	Rui Laranjeiro	OPraticante.pt	M	M40	04:12:22,052	08:25	13
44.	28	Luís Rasteiro	Tálenos Team	M	M40	04:12:40,381	08:25	14

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45.	55	Andrea Ferreirinha	Cá Bom/H_24	F	F40	04:16:19,391	08:32	2
46.	54	João Teixeira	Cá Bom/H_24	M	M Sen	04:16:20,098	08:32	14
47.	52	Luis Santana		M	M55	04:16:56,725	08:34	4
48.	45	Rui Almeida	Corrida Noturna Parque das Nações	M	M45	04:22:49,780	08:46	7
49.	59	Maria Jesus	pace.makers	F	F50	04:22:50,427	08:46	1
50.	60	Fátima Martins	União das Freguesias do Cacem e São Marcos	F	F45	04:31:09,577	09:02	2
51.	68	Marta Valadouro	CASPA	F	F45	04:45:32,271	09:31	3
52.	47	Célia Azenha	aa lebres do sado	F	F50	05:08:26,750	10:17	2
53.	1	Paulo Roque		M	M45	05:37:45,989	11:16	8
54.	31	Maria Condeço	Kaninos	F	F55	05:37:47,725	11:16	1