



2º Trail Running Moinhos Saloios

Venda do Pinheiro, 12 de Julho de 2015

Organização:

União Freguesias de Venda do Pinheiro
e Santo Estêvão das Galés

Pos.	Dorsal	Nome	Clube	Cat.	Pos.2	Tempo	T/Km.	Dif.
1	173	Fontoura, Fábio		Sen M	1	1:49:15.97	04:22	
2	83	Ginja, João	N.A.Z.Aboboda	M40	1	1:52:33.74	04:30	0:03:18
3	126	Verissimo, Marcolino	SS CGD	M40	2	1:55:11.14	04:36	0:05:55
4	142	Carreira, Pedro	Tri Oeste	Sen M	2	2:02:59.52	04:55	0:13:44
5	93	Frazão, Joaquim	NOC-Novo Oculista de Camarate	M40	3	2:06:39.04	05:04	0:17:23
6	229	Casanova, Ricardo		Sen M	3	2:09:50.05	05:12	0:20:34
7	37	Carvalho, Luis	CLUBE OGMA	M40	4	2:10:50.97	05:14	0:21:35
8	92	Morgado, Cesario	naofazemosnemmais1km	Sen M	4	2:11:37.05	05:16	0:22:21
9	84	Rodrigues, Jorge	N.A.Z.Aboboda	M40	5	2:12:36.60	05:18	0:23:21
10	90	Damião, Ricardo	N.A.Z.Aboboda	Sen M	5	2:13:19.30	05:20	0:24:03
11	85	Aires, Luis	N.A.Z.Aboboda	M40	6	2:13:20.96	05:20	0:24:05
12	117	Tavares, Pedro	Runners da Frente Ribeirinha da Povia de Santa Iri	M40	7	2:13:25.99	05:20	0:24:10
13	2	Silva, Luis	Albogas Trail Running	M40	8	2:15:54.43	05:26	0:26:38
14	133	Esteves, Jose	Tartarugas Solidárias	M40	9	2:16:59.04	05:29	0:27:43
15	110	Ferreira, Augusto	Runners da Frente Ribeirinha da Povia de Santa Iri	M40	10	2:16:59.14	05:29	0:27:43
16	48	Lourenço, Nuno	EVELX	Sen M	6	2:17:40.22	05:30	0:28:24
17	60	Pacheco, Paulo	Friends2Run	Sen M	7	2:19:24.56	05:35	0:30:09
18	231	Rodrigues, Roberto		Sen M	8	2:19:43.21	05:35	0:30:27
19	182	Cardoso, Graciano		Sen M	9	2:20:54.28	05:38	0:31:38
20	205	Rodrigues, Luis		M40	11	2:22:07.78	05:41	0:32:52

21	89	Silva, Paulo	N.A.Z.Aboboda	M40	12	2:23:16.02	05:44	0:34:00
22	26	Silva, Marcelo	Carapaus de Corrida	M40	13	2:23:17.10	05:44	0:34:01
23	145	Silva, João	Trilho Perdido	Sen M	10	2:23:58.39	05:46	0:34:42
24	64	Jesus, Pedro	Gafete Runners	Sen M	11	2:25:33.84	05:49	0:36:18
25	131	Janela, Paulo	Tarahumaras	Sen M	12	2:26:08.12	05:51	0:36:52
26	103	Ferreira, Hugo	Os Metralhas	Sen M	13	2:26:17.21	05:51	0:37:01
27	120	Marques, Vitor	Runners da Frente Ribeirinha da Povia de Santa Iri	Sen M	14	2:26:17.36	05:51	0:37:01
28	79	Paulo, Luis	MultiRunners	M40	14	2:26:38.33	05:52	0:37:22
29	81	Marques, Carlos	N.A.Z.Aboboda	M40	15	2:26:56.32	05:53	0:37:40
30	122	Bento, João	Samorunning	Sen M	15	2:30:05.11	06:00	0:40:49
31	14	Neves, Leonel	Amigos Vale Silencio	M60	1	2:31:17.56	06:03	0:42:02
32	16	Rodrigues, Osvaldo	Amigos Vale Silencio	M40	16	2:32:15.82	06:05	0:43:00
33	30	Balsinha, João	Clube BTT Lisboa	M40	17	2:32:29.12	06:06	0:43:13
34	38	Soares, Luís	CLUBE OGMA	M40	18	2:32:46.22	06:07	0:43:30
35	127	Martins, Rui	SS CGD	Sen M	16	2:32:52.92	06:07	0:43:37
36	116	Ferreira, Pedro	Runners da Frente Ribeirinha da Povia de Santa Iri	M40	19	2:32:53.22	06:07	0:43:37
37	12	Belo, Joaquim	Amigos Vale Silencio	M40	20	2:33:07.43	06:07	0:43:51
38	187	Gonçalves, Hugo		Sen M	17	2:33:45.30	06:09	0:44:29
39	202	Nunes, José	N.A.Z.Aboboda	M40	21	2:34:13.20	06:10	0:44:57
40	143	Baptista, Helder	Trilho Perdido	M40	22	2:34:15.13	06:10	0:44:59
41	121	Pereira, José	Salamandrecos	M50	1	2:34:15.51	06:10	0:45:00
42	57	Alves, Paulo	Falcões Selvagens	Sen M	18	2:34:41.69	06:11	0:45:26
43	87	Santo, Luisa	N.A.Z.Aboboda	F40	1	2:34:59.06	06:12	0:45:43
44	19	Pinto, Vitor	Amigos Vale Silencio	Sen M	19	2:35:34.46	06:13	0:46:18
45	223	Dias, Pedro		Sen M	20	2:36:24.63	06:15	0:47:09
46	169	Bertholon, Cécile		Sen F	1	2:36:24.98	06:15	0:47:09
47	171	Silveira, Emilia		Sen F	2	2:36:52.40	06:16	0:47:36
48	206	Silveira, Luis		M50	2	2:36:52.67	06:17	0:47:37
49	95	Oliveira, Fernando	Novos Trilhos	M50	3	2:37:26.95	06:18	0:48:11
50	237	Romão, Sílvio		Sen M	21	2:38:04.77	06:19	0:48:49
51	208	Santos, Luís		Sen M	22	2:38:08.86	06:20	0:48:53
52	138	Martins, José	Tough Trails Alenquer	M50	4	2:38:23.17	06:20	0:49:07
53	82	Carvalho, João	N.A.Z.Aboboda	M50	5	2:38:27.62	06:20	0:49:12
54	34	Oliveira, Joaquim	Clube EDP - Lisboa	M40	23	2:39:07.93	06:22	0:49:52
55	52	Santos, Hugo	Falcões Selvagens	Sen M	23	2:39:24.59	06:23	0:50:09
56	170	Oliveira, Eduardo		M40	24	2:39:26.69	06:23	0:50:11

57	222	Cruz, Pedro		Sen M	24	2:39:43.82	06:23	0:50:28
58	199	Afonso, Jose		M40	25	2:39:43.92	06:23	0:50:28
59	28	Sousa, Fernando	Carrasco & Amigos	M50	6	2:39:44.07	06:23	0:50:28
60	221	Anjos, Pedro		Sen M	25	2:39:44.44	06:23	0:50:28
61	144	Miguel, Hugo	Trilho Perdido	Sen M	26	2:39:45.72	06:23	0:50:30
62	163	Cardador, Carla		F40	2	2:40:06.18	06:24	0:50:50
63	200	Figueiredo, Jose		M50	7	2:40:27.80	06:25	0:51:12
64	70	Pena, Eduardo	Keep Running	M50	8	2:40:55.24	06:26	0:51:39
65	161	Merujo, António		M50	9	2:41:42.41	06:28	0:52:26
66	106	Penedo, Paula	Rail Runners	Sen F	3	2:42:20.02	06:30	0:53:04
67	177	Marques, Filipe		Sen M	27	2:42:22.77	06:30	0:53:07
68	172	Ruivo, Eugénio		M60	2	2:42:33.32	06:30	0:53:17
69	189	Duarte, Ivone		Sen F	4	2:43:11.12	06:32	0:53:55
70	65	Freire, João Carlos	GDCT Imprensa Nacional Casa da Moeda	M40	26	2:43:23.36	06:32	0:54:07
71	136	Martins, Cidália	Tough Trails Alenquer	F50	1	2:43:28.26	06:32	0:54:12
72	25	Pedro, Nuno	CAOS	Sen M	28	2:44:44.14	06:35	0:55:28
73	233	Gonçalves, Rui		Sen M	29	2:46:54.42	06:41	0:57:38
74	151	Simões, Carlos	Vila Seca Run Team	Sen M	30	2:47:00.76	06:41	0:57:45
75	68	Crespo, Joao	golden team	M50	10	2:47:15.61	06:41	0:58:00
76	242	xiaowu, wang		M40	27	2:48:48.54	06:45	0:59:33
77	39	Pereira, Nuno	CLUBE OGMA	Sen M	31	2:50:52.36	06:50	1:01:36
78	20	Pinto, Joao	Aquilles Brothers	Sen M	32	2:50:58.47	06:50	1:01:42
79	113	Seabra, Mário	Runners da Frente Ribeirinha da Povia de Santa Iri	M40	28	2:51:06.62	06:51	1:01:51
80	47	Jacob, Pedro	Ericeira Runners	M40	29	2:51:09.88	06:51	1:01:54
81	46	Negas, Fernando	Ericeira Runners	Sen M	33	2:51:09.98	06:51	1:01:54
82	5	Martins, Carlos	Almada Capital	Sen M	34	2:52:22.38	06:54	1:03:06
83	21	Fiúza, Sandro	Aquilles Brothers	Sen M	35	2:52:27.09	06:54	1:03:11
84	101	Vicente, Fernando	Os Galgos	M50	11	2:53:22.61	06:56	1:04:07
85	71	Costa, Hugo	Keep Running	Sen M	36	2:53:28.59	06:56	1:04:13
86	188	Santos, Hugo		Sen M	37	2:53:34.23	06:57	1:04:18
87	168	Pereira, Carlos		M40	30	2:53:46.21	06:57	1:04:30
88	213	Fonseca, Marta		Sen F	5	2:53:47.63	06:57	1:04:32
89	24	Trabucho, Pedro	BPI Runners	M50	12	2:53:47.97	06:57	1:04:32
90	31	Fry, Douglas	Clube Desportivo de Mafra	M50	13	2:54:03.72	06:58	1:04:48
91	77	Magalhães, Jose	Malveiritos	M40	31	2:54:05.11	06:58	1:04:49
92	176	Reis, Fernando		M40	32	2:55:08.43	07:00	1:05:52

93	180	Moreira, Gabriel		M50	14	2:55:28.79	07:01	1:06:13
94	123	Semedo, Bruno	SportBilys	Sen M	38	2:55:42.12	07:02	1:06:26
95	112	Silva, Luciano	Runners da Frente Ribeirinha da Povia de Santa Iri	Sen M	39	2:56:12.78	07:03	1:06:57
96	109	Soares, António	Runners da Frente Ribeirinha da Povia de Santa Iri	M40	33	2:56:13.30	07:03	1:06:57
97	192	Goncalves, Joao		Sen M	40	2:56:20.87	07:03	1:07:05
98	72	Silva, Victor	Lebres do Sado	M50	15	2:56:48.46	07:04	1:07:32
99	162	Silva, Bruno		Sen M	41	2:56:50.26	07:04	1:07:34
100	210	Martins, Manuel		M50	16	2:57:06.66	07:05	1:07:51
101	137	Taube, Helena	Tough Trails Alenquer	F40	3	2:57:10.39	07:05	1:07:54
102	232	Gonçalves, Ruben		Sen M	42	2:57:30.60	07:06	1:08:15
103	152	Álvaro, João	vitoria clube das benquerenças	Sen M	43	2:57:51.60	07:07	1:08:36
104	154	Machado, Adriana		Sen F	6	2:57:54.85	07:07	1:08:39
105	27	Rosa, Silvestre	Carapaus de Corrida	M40	34	2:58:02.22	07:07	1:08:46
106	184	Santos, Helder		Sen M	44	2:58:14.44	07:08	1:08:58
107	132	Ortega, Simão	Tarahumaras	Sen M	45	2:58:56.98	07:09	1:09:41
108	234	Morais, Rui		Sen M	46	2:59:14.34	07:10	1:09:58
109	186	Sacadura, Henrique		M60	3	2:59:18.47	07:10	1:10:02
110	147	Lopes, Joaquim	TRILHOS E CORRIDAS DE TERCENA	M50	17	2:59:42.63	07:11	1:10:27
111	230	Pimenta, Ricardo		Sen M	47	2:59:54.54	07:12	1:10:39
112	23	Santos, Fernando	BPI Runners	M50	18	3:00:06.39	07:12	1:10:50
113	6	Vargas, Daniel	Almada Capital	Sen M	48	3:00:15.25	07:13	1:10:59
114	156	Santana, Alexandre		M40	35	3:00:37.61	07:14	1:11:22
115	193	Antunes, João		M40	36	3:00:39.19	07:14	1:11:23
116	7	Martins, Pedro	Almada Capital	Sen M	49	3:00:45.23	07:14	1:11:29
117	78	Correia, Tiago	Malveiritos	Sen M	50	3:00:47.41	07:14	1:11:31
118	191	Ferreira, Joao		M40	37	3:00:55.93	07:14	1:11:40
119	99	Santiago, Nuno	O MUNDO DA CORRIDA	Sen M	51	3:01:07.10	07:15	1:11:51
120	44	Raposo, Su	Correr Lisboa	Sen F	7	3:01:26.25	07:15	1:12:10
121	96	Vieira, Paulo	Novos Trilhos	M50	19	3:01:26.52	07:15	1:12:11
122	250	Silva, Fernando		M50	20	3:01:50.23	07:16	1:12:34
123	218	Costa, Paulo		Sen M	52	3:01:54.48	07:17	1:12:38
124	8	Costa, Carlos	Amigos Vale Silencio	M40	38	3:02:03.72	07:17	1:12:48
125	228	Viegas, Raquel		Sen F	8	3:02:36.91	07:18	1:13:21
126	75	Mendes, Andreia	Malveiritos	Sen F	9	3:02:37.13	07:18	1:13:21
127	115	Trigo, Paulo	Runners da Frente Ribeirinha da Povia de Santa Iri	Sen M	53	3:03:12.99	07:20	1:13:57
128	15	Bogalheiro, Nuno	Amigos Vale Silencio	M40	39	3:04:13.54	07:22	1:14:58

129	10	Bogalheiro, João	Amigos Vale Silencio	M40	40	3:04:13.89	07:22	1:14:58
130	91	Pereira, Vitor	N.A.Z.Aboboda	Sen M	54	3:06:10.30	07:27	1:16:54
131	22	Neves, Ricardo	B78	Sen M	55	3:06:27.65	07:28	1:17:12
132	49	Santos, Joaquim	Falcoes Selvagens	M50	21	3:06:31.69	07:28	1:17:16
133	76	Correia, João	Malveiritos	M50	22	3:06:41.97	07:28	1:17:26
134	178	Santos, Francisco		Sen M	56	3:07:03.32	07:29	1:17:47
135	207	Pedro, Luís		M40	41	3:07:03.34	07:29	1:17:47
136	1	Pereira, Francisco	Açoreana Clube Banif	M40	42	3:07:19.58	07:30	1:18:04
137	140	Costa, Carlos	Traillers	M40	43	3:07:34.07	07:30	1:18:18
138	45	Anjos, Sérgio	Diverinstal	M40	44	3:07:43.33	07:31	1:18:27
139	108	Araújo, Adelaide	Runners da Frente Ribeirinha da Povia de Santa Iri	F40	4	3:08:13.55	07:32	1:18:58
140	18	Pereira, Ricardo	Amigos Vale Silencio	Sen M	57	3:08:23.09	07:32	1:19:07
141	204	Calheiros, Luis		M40	45	3:08:23.97	07:32	1:19:08
142	125	Guia, José	SS CGD	M60	4	3:08:37.74	07:33	1:19:22
143	35	França, Fernanda	CLUBE OGMA	F40	5	3:09:00.41	07:34	1:19:44
144	36	Bexiga, Joaquim	CLUBE OGMA	M40	46	3:09:01.73	07:34	1:19:46
145	59	Barroso, Pedro	fisiobarrosorun	Sen M	58	3:09:03.00	07:34	1:19:47
146	194	Duarte, João		Sen M	59	3:09:03.83	07:34	1:19:48
147	102	António, Manuel	OS LENTOS DO MEIO	M50	23	3:09:32.28	07:35	1:20:16
148	219	Oliveira, Paulo		Sen M	60	3:10:21.52	07:37	1:21:06
149	111	Magro, José	Runners da Frente Ribeirinha da Povia de Santa Iri	M40	47	3:10:34.16	07:37	1:21:18
150	216	Alves, Nuno		M40	48	3:11:30.73	07:40	1:22:15
151	32	Conchinha, Maria	Clube do Stress	F50	2	3:11:32.49	07:40	1:22:16
152	224	Lopes, Pedro		Sen M	61	3:11:48.02	07:40	1:22:32
153	69	Silva, João	Grupo Amigos Atletismo Vila Franca Xira	M40	49	3:12:07.15	07:41	1:22:51
154	155	Cabo, Alberto		M40	50	3:12:11.51	07:41	1:22:56
155	212	Alves, Marina		Sen F	10	3:12:23.83	07:42	1:23:08
156	197	Nunes, Jorge		Sen M	62	3:12:38.32	07:42	1:23:22
157	235	Pires, Rui		M40	51	3:14:08.89	07:46	1:24:53
158	179	Silva, Francisco		Sen M	63	3:14:40.93	07:47	1:25:25
159	241	Figueiredo, Viviana		Sen F	11	3:15:13.02	07:49	1:25:57
160	181	Torres, Gonçalo		Sen M	64	3:15:41.01	07:50	1:26:25
161	105	Horta, Rui	POPULARIS	M40	52	3:15:42.61	07:50	1:26:27
162	74	Cruz, João	Malucos da Corrida	M40	53	3:16:17.07	07:51	1:27:01
163	55	Reis, Luís	Falcões Selvagens	M50	24	3:16:20.22	07:51	1:27:04
164	80	Noritake, Marcos	MultiRunners	M40	54	3:17:30.25	07:54	1:28:14

165	159	Pereira, Ana		F40	6	3:20:35.90	08:01	1:31:20
166	164	Oliveira, Carla		F40	7	3:20:37.16	08:01	1:31:21
167	118	Soares, Rildo	Runners da Frente Ribeirinha da Povia de Santa Iri	M40	55	3:21:04.00	08:03	1:31:48
168	114	Pontinha, Paula	Runners da Frente Ribeirinha da Povia de Santa Iri	F40	8	3:21:04.88	08:03	1:31:49
169	9	Silva, Fernando	Amigos Vale Silencio	M50	25	3:21:44.23	08:04	1:32:28
170	13	Moga, José	Amigos Vale Silencio	M50	26	3:21:44.51	08:04	1:32:29
171	166	Henrique, Carlos		M40	56	3:21:50.30	08:04	1:32:34
172	226	Pires, Pedro		Sen M	65	3:22:57.92	08:07	1:33:42
173	225	Moleiro, Pedro		Sen M	66	3:22:58.02	08:07	1:33:42
174	158	Ordem, Ana		F40	9	3:25:18.17	08:13	1:36:02
175	141	Monteiro, Pedro	Traillers	M50	27	3:27:37.75	08:18	1:38:22
176	153	Martins, João	vitória clube das benquerenças	M50	28	3:29:10.53	08:22	1:39:55
177	119	Teixeira, Sara	Runners da Frente Ribeirinha da Povia de Santa Iri	F40	10	3:31:30.08	08:28	1:42:14
178	98	Dias, Paulo	Números Sete	M50	29	3:33:11.60	08:32	1:43:56
179	97	Dias, Cheila	Números Sete	Sen F	12	3:33:27.01	08:32	1:44:11
180	86	Damião, Luis	N.A.Z.Aboboda	M40	57	3:34:18.88	08:34	1:45:03
181	249	Barbeitos, Pedro	Corridas e Companhia	Sen M	67	3:34:36.29	08:35	1:45:20
182	198	Pereira, Jorge		M50	30	3:34:51.06	08:36	1:45:35
183	196	Gamito, Joaquim	N.A.Z.Aboboda	M50	31	3:35:26.40	08:37	1:46:10
184	220	Silva, Paulo		M50	32	3:36:41.45	08:40	1:47:25
185	53	Silva, Joel	Falcões Selvagens	M40	58	3:36:55.57	08:41	1:47:40
186	190	Campos, Joao		M40	59	3:36:56.07	08:41	1:47:40
187	211	Pereira, Márcio		Sen M	68	3:37:12.38	08:41	1:47:56
188	195	Silva, João		Sen M	69	3:38:23.73	08:44	1:49:08
189	240	Gamboa, Tiago		M40	60	3:38:25.01	08:44	1:49:09
190	165	Silva, Carla		F40	11	3:39:28.87	08:47	1:50:13
191	124	Murta, David	SportBilys	Sen M	70	3:39:31.29	08:47	1:50:15
192	150	Freitas, Susana	Uns Correm Outros Quase	Sen F	13	3:39:32.55	08:47	1:50:17
193	185	Nunes, Helena		F40	12	3:39:37.43	08:47	1:50:21
194	167	Monteiro, Carlos		M50	33	3:39:38.13	08:47	1:50:22
195	227	Simões, Pedro		M50	34	3:39:39.02	08:47	1:50:23
196	160	Jorge, Angelo		M40	61	3:44:00.73	08:58	1:54:45
197	94	de Freitas, Catherine	Novos Trilhos	F50	3	3:46:37.61	09:04	1:57:22
198	4	Antunes, Bruno	Almada Capital	Sen M	71	3:46:44.43	09:04	1:57:28
199	174	Afonso, Fernanda		F40	13	3:54:51.92	09:24	2:05:36
200	157	Carvalho, Amadeu		M40	62	3:57:05.33	09:29	2:07:49

201	40	Raposo, Carla	Correr Lisboa	F40	14	3:57:46.11	09:31	2:08:30
202	50	Marques, Ana	Falcões Selvagens	F40	15	4:01:40.96	09:40	2:12:25
203	238	Marques, Sonia		F40	16	4:01:41.45	09:40	2:12:25
204	130	Silva, Pedro	Talento Pra Correr Team	Sen M	72	4:04:04.21	09:46	2:14:48
205	128	Martins, Antero	Talento Pra Correr Team	M40	63	4:04:04.65	09:46	2:14:49
206	129	Ferreira, João	Talento Pra Correr Team	M50	35	4:04:05.47	09:46	2:14:49
207	56	Loureiro, Nuno	Falcões Selvagens	M40	64	4:04:07.76	09:46	2:14:52
208	239	Brandão, Tiago		Sen M	73	4:10:46.09	10:02	2:21:30
209	42	Barradas, Inês	Correr Lisboa	Sen F	14	4:28:46.66	10:45	2:39:31
210	41	Freire, Francisco	Correr Lisboa	Sen M	74	4:28:51.88	10:45	2:39:36
211	43	Magalhães, José	Correr Lisboa	Sen M	75	4:36:54.56	11:05	2:47:39
212	11	Adelino, Joaquim	Amigos Vale Silencio	M60	5	4:36:55.60	11:05	2:47:40



2º Trail Running Moinhos Saloios

Venda do Pinheiro, 12 de Julho de 2015

Organização:

União Freguesias de Venda do Pinheiro
e Santo Estêvão das Galés

1 º N.A.Z.Aboboda

82 Pontos

83	Ginja, João	Veteranos M40	2
84	Rodrigues, Jorge	Veteranos M40	9
90	Damião, Ricardo	Seniores Masculinos	10
85	Aires, Luis	Veteranos M40	11
89	Silva, Paulo	Veteranos M40	21
81	Marques, Carlos	Veteranos M40	29

2 º Runners Frente Ribeirinha Povia Santa Iria

264 Pontos

117	Tavares, Pedro	Veteranos M40	12
110	Ferreira, Augusto	Veteranos M40	15
120	Marques, Vitor	Seniores Masculinos	27
116	Ferreira, Pedro	Veteranos M40	36
113	Seabra, Mário	Veteranos M40	79
112	Silva, Luciano	Seniores Masculinos	95

3 º Amigos Vale Silencio

396 Pontos

14	Neves, Leonel	Veteranos M60	31
16	Rodrigues, Osvaldo	Veteranos M40	32
12	Belo, Joaquim	Veteranos M40	37
19	Pinto, Vitor	Seniores Masculinos	44
8	Costa, Carlos	Veteranos M40	124
15	Bogalheiro, Nuno	Veteranos M40	128

4 º Falcões Selvagens

854 Pontos

57	Alves, Paulo	Seniores Masculinos	42
52	Santos, Hugo	Seniores Masculinos	55
55	Reis, Luís	Veteranos M50	163
53	Silva, Joel	Veteranos M40	185
50	Marques, Ana	Veteranas F40	202
56	Loureiro, Nuno	Veteranos M40	207