

Pos.	Dor.	Nome	Clube	Categoria	Class	Tempo	T/Km
1	198	Artur Rodrigues	C U A Benaventense	MT SM	1	1:18:00.22	04:20
2	170	CARLOS VALENTE	NUCLEO DE ATLETISMO VILA REAL	MT M40	1	1:18:17.69	04:21
3	231	João Amorim	FC Penafiel	MT SM	2	1:21:32.50	04:32
4	230	Aires Sousa	FC Penafiel	MT M40	2	1:22:48.06	04:36
5	187	António Correia	CTM- atleta	MT SM	3	1:25:05.24	04:44
6	210	António Silva	C Indep. Argoncilhe	MT M40	3	1:26:21.50	04:48
7	65	Augusto Antunes	ADRC Gilmonde	MT M40	4	1:26:23.73	04:48
8	43	Jose Monteiro	Bairro de Carcavelos	MT M50	1	1:26:29.48	04:48
9	71	Luis Saraiva	Individual	MT SM	4	1:26:50.66	04:49
10	186	João Gonçalves	CTM	MT M50	2	1:26:55.76	04:50
11	35	José REIS	C.I.Argoncilhe	MT M50	3	1:31:21.52	05:05
12	86	Paulo Costa	Individual	MT SM	5	1:33:43.53	05:12
13	174	Henrique Machado	Individual	MT M40	5	1:34:32.59	05:15
14	64	João Antunes	ADRC Gilmonde	MT SM	6	1:35:01.25	05:17
15	208	João Barbosa	Individual	MT M40	6	1:35:04.01	05:17
16	226	Norberto Costa	Individual	MT M60	1	1:39:57.86	05:33
17	225	João Dias	Individual	MT SM	7	1:40:32.68	05:35
18	207	Luis Filipe Sá	Individual	MT SM	8	1:40:56.16	05:36
19	159	Lucinda Moreira	FC Penafiel	MT VF	1	1:42:36.49	05:42
20	4	Carlos Frias	G.D.Leões da Guarda	MT M50	4	1:42:36.70	05:42
21	180	José Araújo	Individual	MT SM	9	1:44:23.98	05:48
22	250	Rui Duarte	Individual	MT M40	7	1:44:27.30	05:48
23	11	Mario Vazquez	Individual	MT SM	10	1:44:43.52	05:49
24	140	Nuno Teixeira	TRT Trail Runer Team	MT SM	11	1:45:28.10	05:52
25	16	JAIME	Individual	MT M40	8	1:45:33.74	05:52
26	236	Júlia Conceição	Individual	MT VF	2	1:47:01.92	05:57
27	52	Rui Martins	Brunheiro´s Runners	MT SM	12	1:53:52.70	06:20
28	185	Carlos Oliveira	NAVR	MT SM	13	1:53:59.10	06:20
29	82	Ângelo Costa	CTM Vila Pouca	MT SM	14	1:54:50.39	06:23
30	213	ANTONIO DIAS	Rio Largo - Espinho	MT M40	9	1:55:10.88	06:24
31	106	Tiago Pereira	Team hospital bikers	MT SM	15	1:55:24.13	06:25
32	179	Tiago Machado	Individual	MT SM	16	1:56:50.00	06:29
33	238	Manuel Pinto	Individual	MT M50	5	1:56:53.85	06:30
34	158	Vasco Pereira	Team Hospital Bikers	MT SM	17	1:56:54.67	06:30
35	192	Pedro Gouchó	Falta Muito?	MT M40	10	1:57:15.36	06:31
36	54	Rita Rebelo	Terroros do Asfalto	MT SF	1	1:57:23.92	06:31
37	155	João Teixeira	Cósmicos	MT SM	18	1:57:25.00	06:31
38	193	Guilhermino Meireles	Individual	MT SM	19	1:59:36.87	06:39
39	190	Sandra Dias	Caminhas ou Trilhas?	MT SF	2	2:00:19.28	06:41
40	74	Joaquim Vaz	Individual	MT M40	11	2:00:22.47	06:41
41	211	José Falcão	Rio Largo - Espinho	MT M60	2	2:01:13.89	06:44
42	171	Michael Dias	Individual	MT SM	20	2:02:21.00	06:48
43	18	Regina Monteiro	Individual	MT SF	3	2:02:49.97	06:49
44	105	Gil Palas	Team hospital bikers	MT M40	12	2:05:11.29	06:57
45	182	António Perdigão	Individual	MT SM	21	2:05:12.20	06:57
46	224	Paula Chaves	Individual	MT VF	3	2:06:12.10	07:01
47	44	Nuno Couto	A Correr desde 1976	MT SM	22	2:07:04.69	07:04
48	175	Luis Pereira	Individual	MT SM	23	2:09:25.12	07:11
49	38	Carlos Sousa	Individual	MT M40	13	2:13:08.33	07:24
50	96	Luís Sousa	Individual	MT M40	14	2:15:26.20	07:31
51	13	Isabel Moreira	CTM Vila Pouca de Aguiar	MT SF	4	2:16:00.52	07:33
52	189	Marco Marques	Individual	MT SM	24	2:16:51.40	07:36
53	102	José Janela	team famalicão / AFA Cycles	MT M50	6	2:16:52.13	07:36
54	101	Mariana Rodrigues	team famalicão / AFA Cycles	MT SF	5	2:16:52.48	07:36
55	176	Rui Pereira	Individual	MT SM	25	2:19:16.54	07:44
56	141	Gil Oliveira	Individual	MT SM	26	2:21:31.73	07:52
57	20	Maria Oliveira	Chaves running team	MT SF	6	2:21:31.84	07:52
58	148	Luís Moura	Individual	MT SM	27	2:21:53.39	07:53
59	212	Adriano Queirós	Rio Largo - Espinho	MT M60	3	2:22:04.18	07:54
60	7	Jorge Yong	Individual	MT M40	15	2:22:58.73	07:57
61	149	Ricardo Pereira	SerHumano	MT SM	28	2:27:14.65	08:11
62	219	Daniel Faceira	Individual	MT SM	29	2:27:34.80	08:12
63	241	Márcio Loureiro	Individual	MT SM	30	2:32:35.73	08:29
64	214	Vera Lucia Augusto	Run To Be Alive	MT SF	7	2:35:10.56	08:37
65	184	Ricardo Almeida	Individual	MT SM	31	2:38:16.90	08:48

Pos.	Dor.	Nome	Clube	Categoria	Class	Tempo	T/Km
66	183	Rosana Machado	Individual	MT SF	8	2:38:16.96	08:48
67	218	Manuela Fonseca	Individual	MT SF	9	2:39:05.23	08:50
68	217	Mário Fonseca	Individual	MT M50	7	2:39:06.28	08:50
69	162	isabel barra	o praticante /asas do milenium)	MT VF	4	2:44:32.84	09:08
70	70	João Pereira	Individual	MT M40	16	2:44:33.15	09:09
71	69	Jacinto Magalhaes	Individual	MT M50	8	2:44:35.72	09:09
72	72	Lucia Lemos	Individual	MT SF	10	2:45:21.92	09:11
73	53	Ricardo Dias	Individual	MT SM	32	2:49:05.83	09:24
74	248	Ana Campos	Individual	MT SF	11	2:50:44.52	09:29
75	56	Luis Nobrega	Individual	MT SM	33	2:50:46.02	09:29
76	66	Jacelino Moreira	Individual	MT M40	17	2:57:25.73	09:51
77	67	Tiago Moreira	Individual	MT SM	34	3:07:34.73	10:25
78	161	david silva	o praticante (asas do milenium)	MT M50	9	3:36:33.79	12:02
79	163	elisete manuel	o praticante (asas do milenium)	MT SF	12	3:36:34.28	12:02