

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
2262	1	1	LUIS MAGALHAES	MINHO E LIMA TRAIL	M	1:36:48.55	M40
2304	2	2	LUIS SILVA	ACRA RUNNING	M	1:37:12.02	M40
2260	3	1	LEANDRO SILVA	MINHO E LIMA TRAIL	M	1:38:44.99	MSEN
2259	4	2	BRUNO RODRIGUES	MINHO E LIMA TRAIL	M	1:40:54.49	MSEN
2041	5	3	ADELINO AIRES	ALEXANDRA CARVALHO TEAM	M	1:42:12.57	M40
2289	6	3	NUNO BRANCO	OLIMPICO VIANENSE	M	1:42:48.02	MSEN
2145	7	4	PAULO GOMES	ACRA RUNNING	M	1:43:05.58	MSEN
2186	8	4	NUNO	MATOSINHOS FUTSAL CLUBE	M	1:43:46.61	M40
2221	9	5	ARTUR ROCHA	AMC TRAIL	M	1:43:59.63	M40
2242	10	5	CARLOS ALVES	OADA OS AMIGOS DA AVENTURA	M	1:45:00.90	MSEN
2183	11	6	HENRIQUE ROCHA	EDL TRAIL	M	1:47:59.53	MSEN
2318	12	6	TELMO CARDOSO	ADL LUSTOSA	M	1:48:41.68	M40
2214	13	7	MARCO DANTAS		M	1:49:23.47	MSEN
2293	14	1	CARLA PEREIRA	OLIMPICO VIANENSE	F	1:50:01.78	FSEN
2297	15	7	NUNO PAREDINHA	OLIMPICO VIANENSE	M	1:50:02.79	M40
2239	16	8	SERGIO	EDV VIANA TRAIL	M	1:50:10.05	M40
2243	17	9	FRANCLIM RODRIGUES	CERVEIRA TEAM RUNNING	M	1:50:26.15	M40
2298	18	1	PAULO FRANCISCO	OLIMPICO VIANENSE	M	1:50:35.14	M50
2090	19	2	SERGIO ANUNCIACAO	ORALKLASS AMIGOS DO TRAIL	M	1:51:45.02	M50
2237	20	10	STEPHANE SIMOES	EDV VIANA TRAIL	M	1:51:45.25	M40
2296	21	3	MARIO GONCALVES	OLIMPICO VIANENSE	M	1:53:20.44	M50
2251	22	8	NUNO SOARES	AMIGOS DA MONTANHA	M	1:53:27.88	MSEN
2134	23	11	NUNO MORAIS	EDL TRAIL	M	1:54:06.22	M40
2172	24	9	SAMUEL AMORIM	EDL TRAIL	M	1:54:24.73	MSEN
2109	25	10	ANTONIO RIBEIRO	OADA OS AMIGOS DA AVENTURA	M	1:54:31.23	MSEN
2166	26	12	RICARDO VIEIRA		M	1:55:13.75	M40
2258	27	11	FILIPE CORREIA	MINHO E LIMA TRAIL	M	1:55:15.71	MSEN
2203	28	12	ARSENIO ALMEIDA	APULIA A CORRER	M	1:55:21.51	MSEN
2016	29	2	ANABELA FERNANDES		F	1:55:23.39	FSEN
2021	30	13	CESAR GONCALVES	AMC TRAIL	M	1:55:27.50	M40
2028	31	13	SAMUEL AMORIM	GD CASTELENSE	M	1:56:19.66	MSEN
2299	32	14	PEDRO CARVALHIDO	OLIMPICO VIANENSE	M	1:56:34.62	M40
2193	33	15	JOSE CARVALHO	RUMO A AVENTURA	M	1:57:37.28	M40
2277	34	4	JORGE AZEVEDO		M	1:57:49.23	M50
1037	35	16	JOAO NEPOMUCENO	100 GAS TRAIL TEAM	M	1:57:50.59	M40
1119	36	14	OLAVO CARNEIRO	MINHO E LIMA TRAIL	M	1:57:53.19	MSEN
2031	37	15	GILBERT FERNANDES	ALTO DO PICOTO	M	1:58:04.61	MSEN
2164	38	5	JESUS BALLESTEROS	EDL TRAIL	M	1:58:07.57	M50
2281	39	16	JOSE SILVA	PEDALARTE	M	1:58:33.11	MSEN
2225	40	17	ARLINDO COUTO		M	1:58:35.27	M40
2032	41	17	FERNANDO RODRIGUES	OLIMPICO VIANENSE	M	1:59:39.99	MSEN
2310	42	6	ANTONIO AMORIM	ACRA RUNNING	M	2:00:09.17	M50
2179	43	1	RODRIGO AFONSO	MELGACO ALVARINHO TRAIL TEAM	M	2:00:24.00	MSUB23
2014	44	1	MANUELA MACHADO	CYCLONES	F	2:00:56.92	F50

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
2039	45	18	HUGO GUIMARAES	HORA DO LOBO	M	2:01:03.03	MSEN
2268	46	19	SERGIO VIDEIRA		M	2:01:06.20	MSEN
2182	47	20	RAFAEL	GD CASTELENSE	M	2:01:07.98	MSEN
2146	48	3	EUNICE SOUSA	GD CASTELENSE	F	2:01:08.94	FSEN
2027	49	21	PAULO CERQUEIRA	AMC TRAIL	M	2:02:00.68	MSEN
2023	50	18	RUI GUIA	TRAIL TEAM MONTARIA	M	2:02:24.23	M40
2230	51	19	VITOR VAZ		M	2:02:56.26	M40
2246	52	20	JOSE GONCALVES	OADA OS AMIGOS DA AVENTURA	M	2:03:33.05	M40
2144	53	21	ARMANDO VIEIRA	EDL TRAIL	M	2:04:16.90	M40
2264	54	22	LUIS CONDE	ASCDV VILE	M	2:04:43.62	MSEN
2099	55	23	TIAGO PORTELA	ALEXANDRA CARVALHO TEAM	M	2:05:02.25	MSEN
2094	56	4	FRANCISCA LEITE	ALEXANDRA CARVALHO TEAM	F	2:05:03.01	FSEN
2232	57	2	TIAGO AZEVEDO		M	2:05:17.46	MSUB23
2295	58	7	JOSE AFONSO	OLIMPICO VIANENSE	M	2:05:20.79	M50
2042	59	22	EDUARDO MARTINS	AMC TRAIL	M	2:05:41.89	M40
2231	60	3	FRANCISCO FRANCO		M	2:05:53.64	MSUB23
2137	61	24	PEDRO FONSECA	RIBEIRAS TRAIL	M	2:06:09.94	MSEN
2325	62	23	JOAQUIM PINTO	RIBEIRAS TRAIL	M	2:06:10.04	M40
2205	63	8	ALBERTO CUNHA	OLIMPICO VIANENSE	M	2:06:12.37	M50
2087	64	5	ANA CERQUEIRA	TROGLODITAS RUNNERS	F	2:06:14.69	FSEN
2088	65	25	FILIPE LAGE	TROGLODITAS RUNNERS	M	2:06:16.80	MSEN
2110	66	24	CARLOS OLIVEIRA	OADA OS AMIGOS DA AVENTURA	M	2:06:29.24	M40
2072	67	26	GILBERTO VIDEIRA	THE WOLVESAMIGOS DO DESPORTO	M	2:07:15.20	MSEN
2238	68	25	PEDRO CALDAS	EDV VIANA TRAIL	M	2:07:48.53	M40
2294	69	26	ANTONIO BORGES	OLIMPICO VIANENSE	M	2:08:28.88	M40
2132	70	27	VITOR GOMES	ACRA RUNNING	M	2:08:39.52	MSEN
2328	71	27	FRANCISCO ALVES	CERVEIRA TEAM RUNNING	M	2:08:41.12	M40
2093	72	28	CARLOS CAMPAINHA	ALEXANDRA CARVALHO TEAM	M	2:09:01.48	MSEN
2036	73	1	ELIANA PEREIRA	ALEXANDRA CARVALHO TEAM	F	2:09:01.63	F40
2184	74	4	HUGO GOMES		M	2:09:20.90	MSUB23
2226	75	2	ELISABETE MINISTRO	PALMEIRA RUNNERS	F	2:09:35.57	F40
2038	76	28	RUI MACIEL	ALEXANDRA CARVALHO TEAM	M	2:09:36.66	M40
2322	77	29	PEDRO CASTRO		M	2:09:55.59	MSEN
2287	78	5	RAFAEL LOUREIRO	OLIMPICO VIANENSE	M	2:11:03.42	MSUB23
2150	79	30	RICARDO GOMES	TROGLODITAS RUNNERS	M	2:11:38.63	MSEN
2220	80	31	BRUNO COELHO		M	2:11:52.57	MSEN
2112	81	6	LAURA COSTA	ACRA RUNNING	F	2:12:12.26	FSEN
2245	82	32	ALEXANDRE AREIAS	OADA OS AMIGOS DA AVENTURA	M	2:12:25.64	MSEN
2047	83	29	MANUEL VALE		M	2:13:18.44	M40
2065	84	9	ANTONIO COELHO	SEM MEDO	M	2:14:06.39	M50
2257	85	30	JOAO BARBOSA	MINHO E LIMA TRAIL	M	2:14:23.15	M40
2103	86	31	ARSELIO REMELHE	AGUIAS DE ALVELOS	M	2:14:48.31	M40
2194	87	32	BRUNO PEREIRA		M	2:15:21.87	M40
2288	88	1	ANA DOMINGUES	OLIMPICO VIANENSE	F	2:15:26.84	FSUB23

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
2149	89	33	DAVID CAMBRA	CLUB ATLETISMO SALVATERRA	M	2:15:28.46	M40
2195	90	34	RICARDO ROCHA	B.T.M.	M	2:16:18.81	M40
2169	91	35	VIRIATO QUINTINO	DERV TEAM	M	2:16:24.14	M40
2233	92	6	MIGUEL FRANCO		M	2:17:28.48	MSUB23
2161	93	33	VITOR MARTINS	RENASCE	M	2:17:42.63	MSEN
2130	94	36	JOAO BAPTISTA	ACRA RUNNING	M	2:17:45.02	M40
2207	95	34	CARLOS SOARES	AMIGOS DA MONTANHA	M	2:17:49.40	MSEN
2048	96	7	MATILDE BRITO		F	2:18:00.84	FSEN
2188	97	35	FABIO AFONSO	TRAIL TEAM MONTARIA	M	2:18:36.60	MSEN
2052	98	37	JORGE PIRES	TRAIL TEAM MONTARIA	M	2:18:36.80	M40
2074	99	36	JOAO CALHEIROS	TROGLODITAS RUNNERS	M	2:18:49.58	MSEN
2037	100	37	PEDRO OLIVEIRA	CERVEIRA TEAM RUNNING	M	2:18:57.81	MSEN
2029	101	3	ISABEL CUNHA	CERVEIRA TEAM RUNNING	F	2:19:08.87	F40
2173	102	10	CUSTODIO FERREIRA	RUILHE RUNNERS	M	2:19:35.26	M50
2108	103	38	HENRIQUE GONCALVES	OADA OS AMIGOS DA AVENTURA	M	2:19:38.40	MSEN
2050	104	39	TIAGO MARTINS	TRAIL TEAM MONTARIA	M	2:19:46.22	MSEN
2290	105	38	ZE LOUREIRO	OLIMPICO VIANENSE	M	2:20:10.87	M40
2045	106	11	AUGUSTO LEITAO	ALEXANDRA CARVALHO TEAM	M	2:21:26.61	M50
2053	107	40	PEDRO MARQUES		M	2:21:38.14	MSEN
2190	108	12	RAUL FERNANDES	CERVEIRA TEAM RUNNING	M	2:21:58.59	M50
2159	109	41	BRUNO LOUREIRO	RENASCE	M	2:22:07.02	MSEN
2282	110	42	DANIEL AMORIN	ACDAVOLHAR ENCANTADOR	M	2:22:19.14	MSEN
2321	111	39	JOAO NOGUEIRA		M	2:22:39.92	M40
2040	112	40	FILIPE LIMA	ALEXANDRA CARVALHO TEAM	M	2:24:26.27	M40
2126	113	41	MARCO VIANA	EDV VIANA TRAIL	M	2:24:51.92	M40
2079	114	4	ANGELA FORNELOS	TROGLODITAS RUNNERS	F	2:24:52.88	F40
2062	115	5	MARTA VELOSO	TROGLODITAS RUNNERS	F	2:24:53.45	F40
2084	116	42	MARCO SEGADAES	CERVEIRA TEAM RUNNING	M	2:25:24.55	M40
2265	117	43	SERGIO PAINHAS	ASCDV VILE	M	2:25:42.74	M40
2024	118	7	MIGUEL BARROS	TRAIL TEAM MONTARIA	M	2:26:07.69	MSUB23
2215	119	13	PAULO TEIXEIRA		M	2:26:24.95	M50
2156	120	43	HUGO CUNHA	AMC TRAIL	M	2:26:50.33	MSEN
2046	121	14	DANIEL BARRETO	ALEXANDRA CARVALHO TEAM	M	2:26:56.09	M50
2227	122	15	JOAO MINISTRO	PALMEIRA RUNNERS	M	2:27:38.22	M50
2162	123	44	CARLOS DIAS	B.T.M.	M	2:28:26.40	M40
2056	124	8	ANA ALVES		F	2:28:31.75	FSEN
2284	125	44	EDUARDO RIBEIRO		M	2:28:37.49	MSEN
2267	126	2	MARIA OLIVEIRA		F	2:28:44.44	F50
2292	127	45	LUIS FREITAS	OLIMPICO VIANENSE	M	2:30:09.90	MSEN
2020	128	16	LUIS PINTO		M	2:30:27.33	M50
2202	129	45	PAULO MOREIRA		M	2:30:35.95	M40
2229	130	46	ALBERTO FERNANDES		M	2:31:12.34	M40
2228	131	47	RICARDO CASTRO		M	2:31:12.63	M40
2240	132	8	NELSON OLIVEIRA		M	2:32:19.01	MSUB23

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
2111	133	9	GONCALO GOMES	OADA OS AMIGOS DA AVENTURA	M	2:32:41.89	MSUB23
2101	134	48	DIAMANTINO PEREIRA		M	2:33:07.08	M40
2136	135	9	SUSANA FERREIRA	ACRA RUNNING	F	2:34:18.53	FSEN
2118	136	49	KNUD ROELLEKE	TRAILRUNNERS ALEMAES	M	2:34:34.02	M40
2209	137	50	FRANCISCO FERREIRA		M	2:34:39.11	M40
2317	138	6	CELIA MEIRA	EDV VIANA TRAIL	F	2:34:46.47	F40
2313	139	51	ANTONIO FERNANDES	ALEXANDRA CARVALHO TEAM	M	2:35:16.98	M40
2253	140	52	PAULO ROCHA		M	2:35:40.54	M40
2121	141	2	LUANA GONCALVES	ALEXANDRA CARVALHO TEAM	F	2:35:54.09	FSUB23
2138	142	17	JOSE MOURA	RIBEIRAS TRAIL	M	2:36:59.29	M50
2210	143	53	ISAIAS BOAS	B.T.M.	M	2:38:09.35	M40
2291	144	18	JAIME PEREIRA	OLIMPICO VIANENSE	M	2:38:10.93	M50
2249	145	54	RUI RIBEIRO		M	2:38:22.60	M40
2057	146	46	PEDRO FERNANDES	TROGLODITAS RUNNERS	M	2:39:43.10	MSEN
2097	147	7	SUSANA CRASTO	ALEXANDRA CARVALHO TEAM	F	2:40:27.50	F40
2247	148	55	JOAQUIM GUERREIRO		M	2:40:28.93	M40
2219	149	8	CARLA FERREIRA		F	2:41:17.47	F40
2261	150	10	MARTA CUNHA	MINHO E LIMA TRAIL	F	2:41:18.82	FSEN
2068	151	56	MIGUEL PEREIRA	ALTO DO PICOTO	M	2:41:25.93	M40
2255	152	57	MANUEL NOVO	RENASCE	M	2:41:40.96	M40
2314	153	58	EDGAR SOUSA	ALEXANDRA CARVALHO TEAM	M	2:42:17.18	M40
2018	154	10	GONCALO FREITAS	AMC TRAIL	M	2:42:17.80	MSUB23
2131	155	47	JOAQUIM PEREIRA	ACRA RUNNING	M	2:42:22.40	MSEN
2089	156	9	ISABEL DOMINGUES	LEBRES MINHOTAS	F	2:43:04.62	F40
2092	157	3	EULALIA MIRANDA	ALEXANDRA CARVALHO TEAM	F	2:43:27.48	F50
2135	158	11	MONICA BOUCOS	ALTO DO PICOTO	F	2:44:27.67	FSEN
2034	159	59	DANIEL CHEDAS	ALTO DO PICOTO	M	2:44:28.05	M40
2311	160	48	ALEXANDRE RODRIGUES	PHOENIX TEAM	M	2:44:37.37	MSEN
2083	161	10	MARIA PEREIRA		F	2:44:45.38	F40
2308	162	11	CATIA CACHADA		F	2:44:46.83	F40
2302	163	49	RICARDO MIRANDA		M	2:45:21.45	MSEN
2309	164	19	JOSE FERREIRA		M	2:45:35.98	M50
2033	165	50	BRUNO SILVA		M	2:46:16.10	MSEN
2300	166	20	DOMINGOS ARAUJO	CONF D.A.S	M	2:46:38.15	M50
2187	167	12	SONIA PEREIRA	SAI DO SOFA AMIGOS A CORRER	F	2:47:10.37	F40
2244	168	12	MANUELA ARANTES	SAI DO SOFA AMIGOS A CORRER	F	2:47:10.86	FSEN
1052	169	60	DANIEL NOGUEIRA		M	2:47:14.79	M40
2280	170	51	CRISTIANO PINTO		M	2:47:21.79	MSEN
2283	171	52	RUI FERNANDES	EI TEAM TRAIL	M	2:47:21.86	MSEN
2160	172	13	LILIANA LOUREIRO	RENASCE	F	2:47:36.79	FSEN
2278	173	14	INES TEIXEIRA	BANDA DE MUSICOS	F	2:47:37.01	FSEN
2122	174	15	CATIA LINHARES	B.T.M.	F	2:47:58.88	FSEN
2061	175	61	MIGUEL TELA	TROGLODITAS RUNNERS	M	2:48:02.39	M40
2206	176	16	JAHENET	CLUB ATLETISMO SALVATERRA	F	2:48:06.37	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
2148	177	13	BEATRIZ PORTO	CLUB ATLETISMO SALVATERRA	F	2:48:44.53	F40
2222	178	17	JOANA SENRA	B.T.M.	F	2:48:46.14	FSEN
2208	179	62	DECIO ESTEVES		M	2:50:22.21	M40
2200	180	63	CARLOS CTUZ		M	2:50:22.23	M40
2158	181	53	MIGUEL NOVO	AMC TRAIL	M	2:50:38.55	MSEN
2128	182	14	AURORA SILVA	BRAGUINHAS RUNNERS	F	2:50:58.25	F40
2095	183	15	ISABEL LEITAO	ALEXANDRA CARVALHO TEAM	F	2:51:21.00	F40
2213	184	16	MARGARIDA MIRANDA	RUMO A AVENTURA	F	2:51:26.12	F40
2212	185	18	PATRICIA MIRANDA	RUMO A AVENTURA	F	2:51:26.23	FSEN
2086	186	21	CARLOS COSTA	TROGLODITAS RUNNERS	M	2:51:33.50	M50
2129	187	22	JOSE FONSECA	BRAGUINHAS RUNNERS	M	2:51:45.21	M50
2256	188	17	CARINE REIS	DESNIVEL POSITIVO	F	2:52:16.46	F40
2175	189	18	MADALENA MARTINS	EI TEAM TRAIL	F	2:52:17.05	F40
2152	190	19	ELISABETE BORGES	BRAGUINHAS RUNNERS	F	2:53:14.68	F40
2167	191	19	EDUARDA BARROS		F	2:54:20.08	FSEN
2170	192	4	TELGENBROK SIGRID	TRAILRUNNERS ALEMAES	F	2:54:23.96	F50
2078	193	23	JAVIER GARCIA	TRAILRUNNERS ALEMAES	M	2:54:24.25	M50
2315	194	64	JOSE FERNANDES	ALEXANDRA CARVALHO TEAM	M	2:55:37.97	M40
2275	195	65	CARLOS OLIVEIRA	PORTOCARGO RUNNERS	M	2:55:41.76	M40
2272	196	54	RICARDO PEREIRA	PORTOCARGO RUNNERS	M	2:55:41.88	MSEN
2274	197	66	JOSE SIMOES	PORTOCARGO RUNNERS	M	2:55:41.88	M40
2273	198	55	TELMO SILVA	PORTOCARGO RUNNERS	M	2:55:42.34	MSEN
2044	199	20	SANDRA DANTAS	TROGLODITAS RUNNERS	F	2:56:49.60	FSEN
2320	200	21	JOANA MAIA	AGUIAS DE ALVELOS	F	2:56:54.01	FSEN
2306	201	22	RAQUEL MAIA	AGUIAS DE ALVELOS	F	2:56:54.06	FSEN
2316	202	24	SERGIO ENES		M	2:57:28.07	M50
2171	203	23	PATRICIA CALDAS		F	2:57:28.25	FSEN
2139	204	67	JOSE TAVARES	RIBEIRAS TRAIL	M	2:57:32.37	M40
2143	205	20	ROSA ALMEIDA	RIBEIRAS TRAIL	F	2:57:40.25	F40
2142	206	68	NUNO ALMEIDA	RIBEIRAS TRAIL	M	2:57:41.01	M40
2154	207	21	MARIA OLIVEIRA	TROGLODITAS RUNNERS	F	2:58:22.29	F40
2252	208	25	ANTONIO BILBAO	GALICIA MAXICA TRAIL AVENTURE	M	2:59:33.92	M50
2063	209	24	SOFIA CARVALHIDO	TRAIL TEAM MONTARIA	F	3:00:05.32	FSEN
2248	210	25	TANIA SOUSA	TRAIL TEAM MONTARIA	F	3:00:05.52	FSEN
2017	211	26	CATARINA AMORIM		F	3:01:17.02	FSEN
2168	212	22	ANGELA BARROS		F	3:01:17.04	F40
2218	213	27	ELSA ALVES		F	3:01:17.13	FSEN
2096	214	5	PAULA MARTINS	ALEXANDRA CARVALHO TEAM	F	3:02:07.27	F50
2216	215	23	ANA SILVA		F	3:02:24.19	F40
2104	216	28	LILIANA SIMOES		F	3:02:43.59	FSEN
2250	217	56	ALBERTO	CLUB ATLETISMO SALVATERRA	M	3:02:51.54	MSEN
2266	218	57	LEANDRO VEIGA	ASCDV VILE	M	3:02:54.79	MSEN
2176	219	29	LILIANA ROCHA	EI TEAM TRAIL	F	3:04:46.74	FSEN
2147	220	69	MANUEL PEIXOTO		M	3:05:40.32	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
2091	221	30	BRUNA COSTA	ALEXANDRA CARVALHO TEAM	F	3:07:16.65	FSEN
2223	222	70	RAUL SILVA		M	3:09:00.58	M40
2301	223	24	ANDRA JULIO	GTT ARMAZEM DO CAFFE	F	3:09:47.74	F40
2319	224	25	SUSANA CUNHA	TRILHEIROS E AMIGOS	F	3:10:07.62	F40
2025	225	26	HELENA BARROS		F	3:11:24.09	F40
2026	226	71	JOAQUIM RIBEIRO		M	3:11:24.50	M40
2085	227	27	MARISA SEGADAES	CERVEIRA TEAM RUNNING	F	3:12:12.46	F40
2234	228	26	JOSE COELHO	O QUE QUEREMOS E MONTE	M	3:13:31.52	M50
2199	229	28	FILIPA VIEIRA	TRAIL TEAM MONTARIA	F	3:14:09.92	F40
2105	230	72	SEBASTIEN SIMOES		M	3:14:58.82	M40
2043	231	29	NORBERTA GRILO		F	3:15:36.60	F40
2059	232	30	ROSA OLIVEIRA		F	3:15:58.77	F40
2060	233	31	SOFIA OLIVEIRA		F	3:15:58.78	F40
2285	234	31	ANDREIA PEREIRA	CAM	F	3:17:08.48	FSEN
2178	235	32	DIANA MACIEL		F	3:17:08.85	FSEN
2124	236	73	ANTONIO MATOS	TRAIL TEAM MONTARIA	M	3:17:42.37	M40
2070	237	32	ROSA CORREIA	B.T.M.	F	3:19:40.93	F40
2069	238	33	ISABEL SILVA	ALTO DO PICOTO	F	3:22:14.74	FSEN
2030	239	34	PATRICIA RODRIGUES	ALTO DO PICOTO	F	3:22:18.80	FSEN
2114	240	33	FATIMA FERNANDES	CERVEIRA TEAM RUNNING	F	3:23:17.05	F40
2116	241	35	SAMMY FILIPE	CERVEIRA TEAM RUNNING	F	3:27:17.99	FSEN
2106	242	34	ROSINDA CAMPOS	TRAIL TEAM MONTARIA	F	3:29:11.11	F40
2071	243	35	ANA RAMIAO	TRAIL TEAM MONTARIA	F	3:29:11.46	F40
2022	244	36	FILOMENA BARROS	TRAIL TEAM MONTARIA	F	3:31:15.51	F40
2119	245	37	PAULA VEIGA	TRAIL TEAM MONTARIA	F	3:31:15.75	F40
2155	246	36	PAULA ARAUJO	TROGLODITAS RUNNERS	F	3:33:24.40	FSEN
2174	247	37	EDNA VELOSO	TROGLODITAS RUNNERS	F	3:33:24.76	FSEN
2107	248	6	CIDALIA BARBOSA	CERVEIRA TEAM RUNNING	F	3:34:04.33	F50
2165	249	38	ALICE ESCRIVAES	MAYOBIJU	F	3:39:15.44	FSEN
2192	250	39	ANA SOUSA	MAYOBIJU	F	3:39:15.47	FSEN
2141	251	74	ROLANDO MARQUES	RIBEIRAS TRAIL	M	3:42:57.58	M40
2163	252	40	ANA SILVA	B.T.M.	F	3:43:35.39	FSEN
2198	253	38	ROSA BORGES	B.T.M.	F	3:43:35.52	F40
2067	254	41	VERA RIBEIRO		F	3:46:30.57	FSEN
2100	255	42	SARA NOGUEIRA		F	3:46:54.75	FSEN
2217	256	7	DIAMANTINA BASTOS		F	3:47:50.29	F50
2120	257	39	RITA RODRIGUES		F	3:53:55.90	F40
2113	258	40	PAULA ALVES	CERVEIRA TEAM RUNNING	F	3:58:55.44	F40
2115	259	8	ADELAIDE FILIPE	CERVEIRA TEAM RUNNING	F	3:58:55.75	F50
2196	260	43	SILVIA SILVA	ALEXANDRA CARVALHO TEAM	F	4:03:14.29	FSEN
2236	261	75	FERNANDO SILVA	ALEXANDRA CARVALHO TEAM	M	4:03:14.62	M40
2075	262	9	FATIMA FRAIA	ALTO DO PICOTO	F	4:03:50.11	F50
2073	263	3	SORAIA BARREIRO		F	4:03:50.12	FSUB23
2189	264	44	VERA FILIPE	CERVEIRA TEAM RUNNING	F	4:04:31.02	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
2279	265	45	ANA MARTINS	RIBEIRAS TRAIL	F	4:04:31.51	FSEN
2127	266	41	ANA VASCONCELOS		F	4:20:34.74	F40
2201	267	46	TANIA MARTINS		F	4:23:06.66	FSEN
2125	268	42	CARLA CALDEIRA		F	4:23:06.99	F40
2140	269	47	LILIANA FERNANDES		F	4:41:29.49	FSEN
2307	270	48	CRISTIANA ANTUNES		F	4:41:31.67	FSEN
2326	271	58	CRISTIANA MARTINS		M	4:41:31.80	MSEN
2327	272	76	NUNO CARVALHO		M	4:41:33.37	M40