

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Média	Escalão
1179	1	1	NUNO CARDOSO	ONE SOUL CROSSFIT	M	40	01:23:04	05:32	M40
1069	2	1	SERGIO RAMOS	EDV VIANA TRAIL	M	39	01:24:04	05:36	MSEN
1101	3	2	PAULO FARIA	TRAIL ME	M	48	01:24:26	05:37	M40
1157	4	2	HELDER RIBEIRO	AIRORUN	M	34	01:28:01	05:52	MSEN
1171	5	3	JOSE LIMA	EDV VIANA TRAIL	M	40	01:28:46	05:55	M40
1109	6	1	BRUNO NARCISO		M	19	01:29:57	06:00	MSUB23
1019	7	4	JOAO ROCHA		M	40	01:30:57	06:04	M40
1140	8	1	MANUEL ALVES	QUEIROZ TEAM/ NOKARO	M	51	01:31:15	06:05	M50
1055	9	5	JOSE PEREIRA	AIRORUN	M	47	01:31:44	06:07	M40
1025	10	3	JOSE PEREIRA		M	38	01:33:52	06:15	MSEN
1064	11	4	RENATO MARTINS	CERVEIRA TEAM RUNNIN	M	36	01:34:19	06:17	MSEN
1208	12	5	BRUNO LEMOS	OLIMPICO VIANENSE TR	M	26	01:34:31	06:18	MSEN
1146	13	6	ANDRE PIRES	EMERGENCY TEAM	M	27	01:36:33	06:26	MSEN
1181	14	2	JOSE PONTE	EDV VIANA TRAIL	M	59	01:36:41	06:27	M50
1062	15	6	BRUNO COUTADA	INVICTUS OPORTO TEAM	M	41	01:36:53	06:28	M40
1074	16	7	MIGUEL ARAUJO	TRAIL ME	M	46	01:37:01	06:28	M40
1054	17	1	ELISA PAZOS	COUTADAS TRAIL TEAM	F	41	01:37:14	06:29	F40
1177	18	8	ANTONIO BORGES	OLIMPICO VIANENSE TR	M	41	01:37:19	06:29	M40
1112	19	7	CARLOS SILVA	BANDA DE MUSICOS	M	31	01:38:18	06:33	MSEN
1159	20	9	LUIS ALVES	QUEIROZ TEAM/ NOKARO	M	48	01:39:00	06:36	M40
1058	21	3	JOSE CASEMIRO	AIRORUN	M	52	01:39:26	06:38	M50
1127	22	8	PAULINO GOMES	OS ESTRELOUCADOS	M	36	01:41:12	06:45	MSEN
1188	23	9	PIERRE GOMES	CERVEIRA TEAM RUNNIN	M	31	01:41:18	06:45	MSEN
1047	24	10	ANTONIO SERENO		M	42	01:41:35	06:46	M40
1048	25	2	CARLA SERENO		F	40	01:41:35	06:46	F40
1144	26	10	JOSE PEREIRA	GTT ARMAZEM DO CAF	M	28	01:41:40	06:46	MSEN
1129	27	1	SANDRA GUERREIRO	RUN4FUN	F	38	01:41:40	06:46	FSEN
1071	28	11	ANTONIO GRANDE	TRAIL ME	M	44	01:41:48	06:47	M40
1073	29	12	ANTONIO COELHO	TRAIL ME	M	42	01:42:36	06:50	M40
1031	30	13	CARLOS LOUREIRO		M	43	01:42:52	06:51	M40
1080	31	3	JUDITE BARRETO	I KEEP	F	42	01:43:42	06:54	F40
1032	32	14	MANUEL VALE		M	41	01:43:52	06:56	M40
1105	33	1	MARIA GONCALVES	CERVEIRA TEAM RUNNIN	F	51	01:44:16	06:57	F50
1162	34	11	SAMUEL ESTEVES		M	24	01:45:31	07:02	MSEN
1160	35	12	JACQUES FARINHOTO		M	30	01:45:31	07:02	MSEN
1169	36	13	HUGO CALDAS		M	24	01:45:31	07:02	MSEN
1034	37	4	LUIS PINTO	HEALTHCLUBE LAR SANT	M	59	01:46:26	07:06	M50
1196	38	14	SERGIO CADILHA		M	36	01:46:34	07:06	MSEN
1027	39	2	VERA FERNANDES		F	34	01:48:16	07:13	FSEN
1202	40	2	GONCALO MACIEL	THE WOLVES / ACRVF	M	19	01:49:05	07:16	MSUB23
1056	41	4	DEOLINDA FARIA	AIRORUN	F	46	01:50:23	07:22	F40
1124	42	15	ANTONIO FERNANDES		M	43	01:50:24	07:22	M40
1065	43	5	MANUEL PINTO	TERRAS DO VEZ	M	57	01:50:44	07:23	M50
1143	44	15	BRUNO PEREIRA	GD BPI	M	38	01:51:19	07:26	MSEN
1199	45	16	SAMUEL SOUSA	EMERGENCY TEAM	M	38	01:52:40	07:31	MSEN
1141	46	5	MARIA RIBEIRO	QUEIROZ TEAM/ NOKARO	F	48	01:52:42	07:31	F40
1107	47	16	JORGE VIANA	CMI MONTANHISMO	M	48	01:53:04	07:32	M40
1001	48	17	RUI SOUSA		M	40	01:53:04	07:32	M40
1104	49	6	LUIS ARAUJO	CERVEIRA TEAM RUNNIN	M	54	01:53:07	07:32	M50
1153	50	3	RICARDO	CMI MONTANHISMO	M	22	01:53:32	07:34	MSUB23
1083	51	17	ANGELO MARTINS		M	33	01:53:35	07:34	MSEN
1137	52	18	LEONEL COUTO		M	29	01:53:38	07:34	MSEN
1150	53	19	HUGO ESTEVES	EI TEAM TRAIL	M	33	01:53:52	07:35	MSEN
1134	54	20	MAURICIO AMORIM	OS ESTRELOUCADOS	M	32	01:54:26	07:38	MSEN
1132	55	21	SERGIO VIEITAS	OS ESTRELOUCADOS	M	37	01:54:26	07:38	MSEN
1044	56	18	MARIO FELGUEIRAS		M	42	01:55:30	07:42	M40
1045	57	3	VERA NOGUEIRA		F	35	01:55:30	07:42	FSEN
1106	58	19	JOSE CERDEIRA	CERVEIRA TEAM RUNNIN	M	45	01:56:00	07:44	M40
1082	59	20	VITOR ARAUJO	CERVEIRA TEAM RUNNIN	M	41	01:56:00	07:44	M40
1119	60	7	MANUEL CUNHA	BTT RAMPINHAS	M	50	01:57:14	07:49	M50
1067	61	22	MIGUEL FALCAO		M	36	01:57:31	07:50	MSEN
1050	62	4	CATARINA AMORIM		F	32	01:58:24	07:54	FSEN
1035	63	23	JOAO CAVALHEIRO		M	36	01:58:35	07:54	MSEN
1102	64	6	SALOME CERQUEIRA		F	40	01:58:37	07:54	F40
1049	65	24	LUIS AMARO		M	33	01:58:54	07:55	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Média	Escalão
1023	66	7	ALEXANDRA MORAIS		F	45	01:58:59	07:56	F40
1024	67	21	FRANCISCO GONCALVES		M	45	01:59:00	07:56	M40
1022	68	22	EDUARDO MARTINS		M	41	01:59:15	07:57	M40
1042	69	25	SAMUEL PINHO		M	25	01:59:19	07:57	MSEN
1095	70	23	CARLOS ALVES	CERVEIRA TEAM RUNNIN	M	47	01:59:50	07:59	M40
1096	71	4	FABIO CUNHA		M	23	02:00:12	08:01	MSUB23
1046	72	5	CRISTINA RODRIGUES	TEAM WORKOUT 48	F	25	02:00:29	08:02	FSEN
1156	73	5	PEDRO CUNHA		M	16	02:00:31	08:02	MSUB23
1165	74	6	TIAGO MARTINS	TEAM TRAIL MONTARIA	M	22	02:00:32	08:02	MSUB23
1099	75	1	LEONARDO CEREJEIRA		M	60	02:01:10	08:05	M60
1168	76	26	VITOR MENDES		M	35	02:01:43	08:07	MSEN
1167	77	27	MIGUEL BAPTISTA		M	30	02:01:43	08:07	MSEN
1189	78	24	WILSON FONSECA		M	41	02:01:50	08:07	M40
1092	79	28	RICARDO DUARTE	CERVEIRA TEAM RUNNIN	M	34	02:01:56	08:08	MSEN
1091	80	25	QUIM ARAUJO	CERVEIRA TEAM RUNNIN	M	40	02:02:45	08:11	M40
1043	81	29	DIOGO AZEVEDO		M	28	02:03:11	08:13	MSEN
1125	82	8	ANA MINA	RUN4FUN	F	43	02:03:25	08:13	F40
1078	83	26	FABIANO FRANCA	VIANA RUNNING	M	46	02:03:31	08:14	M40
1176	84	6	PATRICIA LEMOS		F	27	02:03:32	08:14	FSEN
1061	85	7	CELIA SOUSA	INVICTUS OPORTO TEAM	F	37	02:03:32	08:14	FSEN
1183	86	27	JOAO MAGALHAES		M	49	02:03:37	08:15	M40
1072	87	9	CATARINA PEREIRA	EI TEAM TRAIL	F	41	02:07:11	08:29	F40
1154	88	30	CARLOS FERNANDES		M	37	02:07:11	08:29	MSEN
1128	89	8	PATRICIA LOPES		F	26	02:09:10	08:36	FSEN
1166	90	9	FRANCISCA ANHAS	BEER SQUAD	F	25	02:09:10	08:36	FSEN
1100	91	8	MANUEL COELHO		M	51	02:11:55	08:48	M50
1191	92	31	SERGIO COSTA		M	38	02:11:56	08:48	MSEN
1201	93	28	PATRIQUE LIMA	THE WOLVES / ACRVF	M	40	02:11:59	08:48	M40
1147	94	7	HENRIQUE MELO	AMIGOS DOS SEMAFOROS	M	21	02:12:11	08:49	MSUB23
1164	95	32	BRUNO PINHEIRO	TEAM TRAIL MONTARIA	M	33	02:12:33	08:50	MSEN
1130	96	10	SARA AZEVEDO	CERVEIRA TEAM RUNNIN	F	31	02:13:20	08:53	FSEN
1161	97	8	OSCAR FARINHOTO		M	23	02:13:20	08:53	MSUB23
1113	98	33	PEDRO PATRICIO		M	33	02:13:36	08:54	MSEN
1108	99	1	JOANA MAIA	GTT ARMAZEM DO CAF	F	22	02:14:06	08:56	FSUB23
1068	100	9	DAVID COELHO	TERRAS DO VEZ	M	59	02:15:08	09:01	M50
1187	101	10	MARIA MONTEIRO	QUEIROZ TEAM/ NOKARO	F	47	02:15:50	09:03	F40
1118	102	11	GORETI PARENTE	BETWEEN	F	48	02:17:30	09:10	F40
1115	103	2	MANUELA SILVA	BETWEEN	F	52	02:17:31	09:10	F50
1197	104	11	ANA FERREIRA		F	37	02:17:32	09:10	FSEN
1077	105	34	HUGO BARREIROS	SOME/NATTUGA	M	35	02:17:33	09:10	MSEN
1180	106	12	NOEMIA FERREIRA		F	36	02:19:09	09:17	FSEN
1136	107	13	JULIANA FERREIRA		F	30	02:19:09	09:17	FSEN
1060	108	35	ANTONIO RODRIGUES	AIRORUN	M	34	02:19:24	09:17	MSEN
1195	109	2	MARTA SANTOS		F	21	02:21:06	09:24	FSUB23
1051	110	14	LILIANA ROCHA	EI TEAM TRAIL	F	29	02:22:23	09:29	FSEN
1131	111	29	MANUEL ARAUJO	EDV VIANA TRAIL	M	46	02:22:25	09:30	M40
1200	112	15	BEATRIZ ROCHA	EDV VIANA TRAIL	F	37	02:22:25	09:30	FSEN
1079	113	16	HELENA SOUSA	OLIMPICO VIANENSE TR	F	37	02:23:25	09:34	FSEN
1094	114	12	MARTA FERREIRA		F	42	02:24:16	09:37	F40
1174	115	9	TIAGO CAMPOS		M	18	02:25:19	09:41	MSUB23
1089	116	17	CARLA CALDAS		F	39	02:25:19	09:41	FSEN
532	117	36	MARCO OLIVEIRA	PORTOCARGO	M	37	02:25:39	09:42	MSEN
1178	118	3	BARBARA SILVA	EI TEAM TRAIL	F	23	02:25:39	09:43	FSUB23
1184	119	37	PAULO SAMPAIO		M	35	02:25:40	09:43	MSEN
1040	120	13	IVETE R.G.ALVES	MELSPORT / MELGACO A	F	44	02:25:42	09:43	F40
1142	121	18	MARISA AMORIM		F	28	02:25:59	09:44	FSEN
1151	122	19	DEBORA SILVA		F	29	02:25:59	09:44	FSEN
1053	123	20	LIGIA BAPTISTA		F	37	02:26:14	09:45	FSEN
1052	124	14	CARINA MATOS		F	42	02:26:14	09:45	F40
1005	125	21	SONIA FERREIRA		F	35	02:27:32	09:50	FSEN
1076	126	22	SUSANA FERREIRA	CPC TRAIL	F	35	02:27:32	09:50	FSEN
1126	127	23	LILIANA GOMES	OS ESTRELOUCADOS	F	39	02:27:48	09:51	FSEN
1097	128	38	PAULO CORDEIRO		M	36	02:27:48	09:51	MSEN
1090	129	24	SANDRA ARAUJO	CERVEIRA TEAM RUNNIN	F	37	02:27:57	09:52	FSEN
1028	130	25	SONIA SILVA		F	36	02:29:59	10:00	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Média	Escalão
1029	131	26	MARCIA PEREIRA		F	27	02:29:59	10:00	FSEN
1098	132	39	FERNANDO PEREIRA		M	28	02:30:00	10:00	MSEN
1006	133	15	CARINA REIS		F	40	02:30:55	10:03	F40
1086	134	16	CRISTINA AMARAL	AMIGOS DOS SEMAFOROS	F	48	02:31:50	10:07	F40
1085	135	30	MARCO PACHECO	AMIGOS DOS SEMAFOROS	M	43	02:31:50	10:07	M40
1121	136	27	ANDRA JULIO	GTT	F	38	02:31:59	10:08	FSEN
1122	137	28	ANDREIA ARAUJO		F	28	02:32:00	10:08	FSEN
1114	138	29	CLEIA FERREIRA		F	32	02:32:00	10:08	FSEN
1057	139	17	DEOLINDA PEREIRA	AIRORUN	F	46	02:33:26	10:14	F40
1059	140	30	ROSA PEREIRA	AIRORUN	F	35	02:33:26	10:14	FSEN
1123	141	31	LUIS ALMEIDA	AMIGOS DOS SEMAFOROS	M	43	02:34:15	10:17	M40
1087	142	32	MIGUEL MAGALHAES	AMIGOS DOS SEMAFOROS	M	42	02:35:16	10:21	M40
1088	143	18	TERESA CALIX	AMIGOS DOS SEMAFOROS	F	42	02:35:16	10:21	F40
1084	144	19	ALEXANDRA FAO		F	40	02:35:31	10:22	F40
1110	145	20	MARIA FERNANDES	CERVEIRA TEAM RUNNIN	F	44	02:36:47	10:27	F40
1075	146	10	RUI ARANTES		M	21	02:37:00	10:28	MSUB23
1186	147	21	MARIA PASSEIRA	PADELA NATURAL TEAM	F	43	02:40:46	10:43	F40
1004	148	22	ISABEL GONCALVES	OLIMPICO VIANENSE TR	F	46	02:40:46	10:43	F40
1198	149	11	DIOGO PINTO	ALVELINHOS RUNNING	M	19	02:40:46	10:43	MSUB23
1037	150	23	LAURA VIEIRA	PORTOCARGO	F	45	02:44:08	10:56	F40
1038	151	24	ISABEL VIEIRA	PORTOCARGO	F	43	02:44:08	10:56	F40
1041	152	25	ANA CARRILHO		F	47	02:44:18	10:57	F40
1030	153	33	ANTONIO BOGADO		M	40	02:44:19	10:57	M40
1149	154	40	NUNO CORDEIRO		M	30	02:45:34	11:02	MSEN
1148	155	31	CATIA BARBOSA		F	27	02:45:34	11:02	FSEN
1070	156	26	LIGIA FERNANDES	CMI MONTANHISMO	F	42	02:48:33	11:14	F40
1093	157	32	ANGELA BARROS		F	39	02:48:45	11:15	FSEN
1182	158	41	PEDRO NUNES		M	24	02:48:47	11:15	MSEN
1039	159	34	MANUEL ALMEIDA	PORTOCARGO	M	49	02:48:51	11:15	M40
1194	160	33	CLAUDIA	CERVEIRA TEAM RUNNIN	F	32	02:50:31	11:22	FSEN
1173	161	34	ROSA AFONSO		F	39	02:51:52	11:27	FSEN
1175	162	27	MANUELA PARENTE		F	46	02:51:54	11:28	F40
1185	163	35	ANDRE COSTA	PADELA NATURAL TEAM	M	48	02:52:00	11:28	M40
1205	164	28	DELFINA QUEIROS		F	44	02:52:00	11:28	F40
1158	165	29	SUZANA LEO		F	45	02:52:03	11:28	F40
1170	166	35	DIANA ROCHA		F	27	02:53:59	11:36	FSEN
1138	167	36	DEOLINDA MONTEIRO		F	34	02:56:54	11:48	FSEN
1139	168	37	SONIA MOUTEIRA		F	37	03:01:32	12:06	FSEN
1133	169	38	RITA CORREIA		F	29	03:01:32	12:06	FSEN
1020	170	2	LINO MOREIRA	OS TURBOMULA	M	62	03:04:56	12:19	M60
1135	171	3	ANA MOREIRA	OS TURBOMULA	F	62	03:04:56	12:19	F50
1117	172	36	RUI NOVAIS	BETWEEN	M	47	03:06:36	12:26	M40
1116	173	10	PAULO NEVES	BETWEEN	M	53	03:06:37	12:26	M50
1163	174	39	MARIA FAO		F	33	03:12:14	12:49	FSEN
1026	175	30	GRACA CASAL		F	47	03:14:29	12:58	F40
1145	176	40	NEUZA RANHADA		F	36	03:17:08	13:09	FSEN
1033	177	41	RUTE PINTO	SUNDAY TRAINING	F	36	03:22:25	13:30	FSEN
1152	178	42	INES RODRIGUES	SUNDAY TRAINING	F	25	03:22:26	13:30	FSEN