

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Diferença	min/Km
635	1	1	NUNO CARDOSO	ONESOUL CROSSFIT	M	39	1:18:29.79	+0:00.0	05:14
659	2	2	JOSE MARTINS	TEAM WORKOUT 48	M	49	1:18:35.83	+0:06.1	05:14
515	3	3	CARLOS ROLO	CONSTRUÇOES ZININHO	M	30	1:19:48.37	+1:18.6	05:19
662	4	4	VALTER PEREIRA	CYCLONESSANITOP	M	32	1:20:37.96	+2:08.2	05:23
542	5	5	RUI LACERDA	CLUBE NAUTICO DE PONTE DE LIMA	M	24	1:21:35.81	+3:06.1	05:26
633	6	6	HUGO CORREIA	VARZIM SPORT CLUBE TRIATLO	M	36	1:23:40.08	+5:10.3	05:34
619	7	7	MARIO CRUJEIRA	UNIAO FUTEBOL CLUBE INDUSTRIA DE TOMAR	M	28	1:27:48.99	+9:19.2	05:51
526	8	8	JOAO ROCHA	INDIVIDUAL	M	39	1:30:40.43	+12:10.7	06:02
596	9	9	JOSE FERNANDES	INDIVIDUAL	M	36	1:36:36.47	+18:06.7	06:27
626	10	10	PEDRO MATOS	SLB105	M	46	1:36:46.17	+18:16.4	06:27
652	11	11	JOEL SIMPLICIO	INDIVIDUAL	M	28	1:36:55.17	+18:25.4	06:27
634	12	12	MANUEL JESUS	EDV VIANA TRAIL	M	35	1:37:02.24	+18:32.5	06:28
562	13	13	JORGE PIRES	INDIVIDUAL	M	40	1:37:18.85	+18:49.1	06:29
544	14	14	GONCALO PINHEIRO	OLIMPICO VIANENSE/ND SPORT	M	39	1:37:19.09	+18:49.3	06:29
513	15	15	JOAO JAQUES	INDIVIDUAL	M	45	1:37:19.51	+18:49.8	06:29
690	16	16	DIOGO LACERDA	CLUBE NAUTICO DE PONTE DE LIMA	M	24	1:38:44.41	+20:14.7	06:35
527	17	17	NUNO FREITAS	CLUBE NAUTICO PONTE DE LIMA	M	37	1:38:44.43	+20:14.7	06:35
531	18	18	FABIO CAETANO	CLUBE NAUTICO DE PONTE DE LIMA	M	24	1:38:44.71	+20:15.0	06:35
607	19	19	CESAR LOMBA	SLB105	M	52	1:39:30.49	+21:00.7	06:37
649	20	20	SERGIO CADILHA	INDIVIDUAL	M	35	1:39:51.42	+21:21.7	06:39
574	21	21	LUIS PINTO	INDIVIDUAL	M	58	1:39:57.41	+21:27.7	06:40
625	22	22	ANDRE FERREIRA	INDIVIDUAL	M	23	1:40:28.40	+21:58.7	06:41
576	23	23	PEDRO BARBOSA	TRILHEIME	M	33	1:40:40.66	+22:10.9	06:43
505	24	24	JOSE AFONSO	TEAM WORKOUT 48	M	48	1:42:24.31	+23:54.6	06:50
594	25	25	PAULO MATOS	SLB105	M	28	1:42:29.13	+23:59.4	06:50
637	26	26	BRUNO PIRES	INDIVIDUAL	M	28	1:42:38.41	+24:08.7	06:50
512	27	27	GONCALO FREITAS	OLIMPICO VIANENSE TRAIL/ND SPORT	M	16	1:44:32.52	+26:02.8	06:58
540	28	28	ANTONIO MARINHO	INDIVIDUAL	M	46	1:44:40.76	+26:11.0	06:58
510	29	29	JOSE AMARO	INDIVIDUAL	M	19	1:45:33.81	+27:04.1	07:02
600	30	1	DANIELA BARRETO	OLIMPICO VIANENSE TRAIL/ND SPORT	F	35	1:45:35.45	+27:05.7	07:02
599	31	30	SERGIO MARTINS	OLIMPICO VIANENSE TRAIL/ND SPORT	M	35	1:45:35.46	+27:05.7	07:02
628	32	31	LEONARDO CEREJEIRA	SLB105	M	59	1:45:41.85	+27:12.1	07:02
591	33	32	JOAO BEZERRA	SLB105	M	30	1:45:50.98	+27:21.2	07:03
639	34	33	DANIEL LEITE	SLB 105	M	38	1:45:57.00	+27:27.3	07:03
524	35	34	MANUEL VALE	INDIVIDUAL	M	40	1:46:12.99	+27:43.2	07:04
570	36	35	DUARTE ALVES	INDIVIDUAL	M	47	1:46:13.11	+27:43.4	07:04
529	37	2	SANDRA GUERREIRO	INDIVIDUAL	F	37	1:46:26.94	+27:57.2	07:05
516	38	36	ALBERTO SA	TURBOLENTOS	M	63	1:46:38.54	+28:08.8	07:06
514	39	37	JORGE VIANA	CMI MONTANHISMO	M	47	1:47:09.25	+28:39.5	07:08
553	40	38	RICARDO PINTO	CMI MONTANHISMO	M	21	1:47:09.30	+28:39.6	07:08
556	41	39	PAULINO GOMES	CCDA	M	35	1:47:10.49	+28:40.7	07:08
653	42	40	JOSE PEREIRA	INDIVIDUAL	M	42	1:47:27.73	+28:58.0	07:09
563	43	3	JUDITE BARRETO	I KEEP	F	41	1:47:38.13	+29:08.4	07:10
518	44	41	JOAO MARQUES	TURBOLENTOS	M	63	1:48:26.84	+29:57.1	07:12
590	45	42	MIGUEL FARIA	INDIVIDUAL	M	40	1:49:03.74	+30:34.0	07:16

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Diferença	min/Km
645	46	43	ANTONIO MEIRELES	ATC	M	38	1:49:56.73	+31:27.0	07:19
528	47	4	ROSA VILLAR	INDIVIDUAL	F	48	1:50:21.33	+31:51.6	07:21
648	48	44	DEVEAU PASCAL		M	53	1:50:21.37	+31:51.6	07:21
646	49	45	RUI FARIA	INDIVIDUAL	M	25	1:51:31.88	+33:02.1	07:19
605	50	46	FILIFE CARVALHO	TEAM WORKOUT 48	M	20	1:51:38.30	+33:08.6	07:26
608	51	5	CATARINA AMORIM	INDIVIDUAL	F	31	1:54:41.06	+36:11.3	07:39
664	52	47	HUGO CALDAS	INDIVIDUAL	M	23	1:55:36.00	+37:06.3	07:42
666	53	48	CRISTIANO GONCALVES	INDIVIDUAL	M	24	1:55:36.00	+37:06.3	07:42
579	54	49	VITOR CHAVES	I KEEP	M	43	1:56:34.44	+38:04.7	07:46
598	55	50	RICARDO DELFIM	INDIVIDUAL	M	38	1:56:34.47	+38:04.7	07:45
618	56	6	ALEXANDRA CARVALHO	PADELA NATURAL TEAM / TERAPIAS ALEXANDRA CARVALHO	F	36	1:59:09.94	+40:40.2	07:57
593	57	51	JOSE PRESA	SLB105	M	46	1:59:12.33	+40:42.6	07:56
545	58	7	MARIA MARINHO	INDIVIDUAL	F	45	1:59:31.73	+41:02.0	07:58
665	59	52	SAMUEL ESTEVES	INDIVIDUAL	M	23	1:59:36.00	+41:06.3	07:58
511	60	53	EDUARDO MARTINS	INDIVIDUAL	M	40	2:00:22.04	+41:52.3	08:01
638	61	54	SALVADOR BOBONE	INDIVIDUAL	M	43	2:01:21.82	+42:52.1	08:05
572	62	8	NILZA PAIXAO	INDIVIDUAL	F	36	2:02:23.59	+43:53.8	08:09
632	63	55	ANTONIO PALHARES	TRILHOS E ROTAS	M	44	2:02:28.11	+43:58.4	08:10
629	64	56	CARLOS CERQUEIRA	TRILHOS&ROTAS.COM	M	46	2:02:28.22	+43:58.5	08:10
559	65	57	PAULO ROCHA	INDIVIDUAL	M	36	2:02:34.71	+44:05.0	08:10
655	66	58	SERGIO VIEITAS	INDIVIDUAL	M	36	2:02:35.04	+44:05.3	08:10
650	67	9	ANA MINA	INDIVIDUAL	F	42	2:03:37.79	+45:08.0	08:14
630	68	59	VALENTIM GUIA	EDV VIANA TRAIL	M	51	2:03:37.95	+45:08.2	08:14
602	69	60	MIGUEL OLIVEIRA	INDIVIDUAL	M	31	2:03:53.17	+45:23.4	08:15
586	70	10	SARA MEIRA	PADELA NATURAL TEAM	F	27	2:04:15.27	+45:45.5	08:16
577	71	11	JESSICA PALMA	INDIVIDUAL	F	22	2:05:11.04	+46:41.3	08:20
595	72	12	ELSA BARBOSA	INDIVIDUAL	F	39	2:05:26.19	+46:56.4	08:21
615	73	13	MANUELA NOGUEIRA	ORIESTARREJA	F	46	2:09:30.53	+51:00.8	08:38
506	74	14	SUSANA SANTOS	CHEGAMOS AO FIM	F	46	2:09:57.59	+51:27.8	08:39
507	75	15	HELENA SANTOS	CHEGAMOS AO FIM	F	47	2:09:57.61	+51:27.9	08:39
627	76	61	FRANCISCO COSTA	FAFE RUNNERS	M	37	2:10:20.75	+51:51.0	08:41
525	77	62	MIGUEL NOVO	DARQUE BIKE TEAM	M	34	2:12:12.45	+53:42.7	08:48
533	78	63	SERGIO SOUSA	INDIVIDUAL	M	29	2:12:15.60	+53:45.9	08:48
597	79	16	CATIA TEIXEIRA	INDIVIDUAL	F	27	2:13:11.16	+54:41.4	08:52
557	80	17	LILIANA GOMES	CCDA	F	38	2:13:14.38	+54:44.6	08:52
660	81	18	ISABEL DAMIAO	INDIVIDUAL	F	40	2:15:30.28	+57:00.5	09:01
517	82	64	FERNANDO MARINHO	TURBOLENTOS	M	64	2:16:49.46	+58:19.7	09:06
621	83	65	PEDRO RIBEIRO	TEAM WORKOUT 48	M	28	2:18:08.00	+59:38.3	09:11
657	84	66	DULCINIO CARDONA		M	48	2:18:08.30	+59:38.6	09:12
647	85	67	DIOGO VIEIRA	INDIVIDUAL	M	30	2:18:08.48	+59:38.7	09:11
543	86	19	ANABELA SALGADO	OLIMPICO VIANENSE/ND SPORT	F	39	2:18:16.91	+59:47.2	09:12
522	87	20	DANIELA BARROS	INDIVIDUAL	F	30	2:18:27.66	+59:57.9	09:14
587	88	21	PATRICIA LOPES	INDIVIDUAL	F	26	2:18:43.95	+1:00:14.2	09:14
682	89	22	ANA VALE		F	25	2:19:21.12	+1:00:51.4	09:17
585	90	23	SONIA SILVA	INDIVIDUAL	F	36	2:20:02.15	+1:01:32.4	09:20

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Diferença	min/Km
584	91	68	PEDRO GONCALVES	INDIVIDUAL	M	30	2:20:02.18	+1:01:32.4	09:20
519	92	69	JOSE GRACA	TURBOLENTOS	M	63	2:20:28.54	+1:01:58.8	09:21
520	93	70	JOSE CARNEIRO	TURBOLENTOS	M	64	2:20:28.77	+1:01:59.0	09:21
571	94	24	MANUELA ARANTES	INDIVIDUAL	F	31	2:22:34.91	+1:04:05.2	09:30
612	95	25	LILIANA PEREIRA	INDIVIDUAL	F	31	2:22:35.15	+1:04:05.4	09:30
569	96	26	MANUELA SILVA	I KEEP	F	51	2:24:23.77	+1:05:54.0	09:37
581	97	27	MARIA PARENTE	INDIVIDUAL	F	47	2:24:23.85	+1:05:54.1	09:37
537	98	28	LIGIA TORRE	INDIVIDUAL	F	40	2:25:25.82	+1:06:56.1	09:41
578	99	29	ALEXANDRA FAO	INDIVIDUAL	F	39	2:25:30.36	+1:07:00.6	09:41
658	100	30	DANIELA CERQUEIRA	INDIVIDUAL	F	37	2:25:37.21	+1:07:07.5	09:42
567	101	31	ANA MARINHO	I KEEP	F	38	2:27:45.26	+1:09:15.5	09:50
568	102	32	ANA SILVA	I KEEP	F	42	2:27:45.43	+1:09:15.7	09:50
535	103	71	RUI NETO	INDIVIDUAL	M	47	2:30:28.47	+1:11:58.7	10:02
609	104	33	IVETE ALVES	MELSPORTMELGACO	F	44	2:32:57.36	+1:14:27.6	10:11
583	105	34	JULIANA CERQUEIRA	TEAM WORKOUT 48	F	32	2:35:22.83	+1:16:53.1	10:21
582	106	35	ANA FERREIRA	TEAM WORKOUT 48	F	30	2:35:23.09	+1:16:53.3	10:21
555	107	36	SARA ALVES	INDIVIDUAL	F	31	2:35:31.15	+1:17:01.4	10:22
521	108	37	SONIA FERNANDES	INDIVIDUAL	F	39	2:36:28.74	+1:17:59.0	10:26
588	109	72	ANTONIO TEIXEIRA	INDIVIDUAL	M	37	2:37:06.47	+1:18:36.7	10:28
589	110	38	SILVIA CARVALHO	INDIVIDUAL	F	34	2:37:06.73	+1:18:37.0	10:28
641	111	73	JOAO ALVES	MONERIS VILA NOVA DE FAMALICAO	M	43	2:38:52.91	+1:20:23.2	10:35
642	112	74	JOSE CASAS	MONERIS VILA NOVA DE FAMALICAO	M	45	2:42:25.40	+1:23:55.7	10:49
580	113	39	CARLA CASTRO	INDIVIDUAL	F	42	2:42:57.71	+1:24:28.0	10:51
643	114	40	SARA MAGRO	I KEEP	F	41	2:45:37.66	+1:27:07.9	11:02
601	115	41	MARIA FERNANDES	INDIVIDUAL	F	43	2:48:08.86	+1:29:39.1	11:12
611	116	42	MARIA MONTE	INDIVIDUAL	F	19	2:48:41.53	+1:30:11.8	11:14
610	117	43	ISABEL MONTE	INDIVIDUAL	F	26	2:48:42.00	+1:30:12.3	11:14
541	118	44	MARIA CORREIA	INDIVIDUAL	F	63	2:49:59.09	+1:31:29.3	11:19
530	119	45	ANTONIA LOPES	INDIVIDUAL	F	45	2:49:59.15	+1:31:29.4	11:19
1579	120	46	JUDITE MORTE	INDIVIDUAL	F	29	2:51:13.05	+1:32:43.3	11:24
636	121	47	ILDA MARQUES	I KEEP	F	30	2:51:13.21	+1:32:43.5	11:24
604	122	75	ARTUR ROSARIO	INDIVIDUAL	M	43	2:51:43.87	+1:33:14.1	11:27
603	123	48	ANA PINTO	CLUBE PESSOAL EDP VILA NOVA DE GAIA	F	43	2:51:44.25	+1:33:14.5	11:27
565	124	49	CATARINA ANTUNES	I KEEP	F	43	2:53:02.32	+1:34:32.6	11:31
558	125	50	MARGARIDA MIRANDA	INDIVIDUAL	F	42	2:53:56.24	+1:35:26.5	11:35
554	126	51	PAULA REGO	INDIVIDUAL	F	40	2:53:56.30	+1:35:26.6	11:35
548	127	52	RITA CORREIA	INDIVIDUAL	F	28	3:00:07.85	+1:41:38.1	12:00
523	128	76	ANTONIO CARMO	INDIVIDUAL	M	51	3:00:52.80	+1:42:23.1	12:02
663	129	53	SUSANA PAINHAS	INDIVIDUAL	F	41	3:03:43.16	+1:45:13.4	12:14
552	130	54	MARIA SILVA	INDIVIDUAL	F	48	3:03:43.18	+1:45:13.4	12:14
592	131	55	TINA FREIXO	INDIVIDUAL	F	37	3:05:13.11	+1:46:43.4	12:20
534	132	56	CLAUDIA SA	EDV VIANA TRAIL	F	36	3:05:13.49	+1:46:43.7	12:20
614	133	57	MERITXELL CORREIA	INDIVIDUAL	F	19	3:07:49.98	+1:49:20.2	12:31
566	134	58	ISABEL ANTUNES	I KEEP	F	45	3:19:14.52	+2:00:44.8	13:16
575	135	59	OLGA PINHEIRO	I KEEP	F	45	3:19:19.37	+2:00:49.6	13:16

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Diferença	min/Km
620	136	60	CRISTINA RODRIGUES	TEAM WORKOUT 48	F	24	3:30:56.00	+2:12:26.3	14:04