

Geral	Dorsal	Nome/Equipa	Escalão	Sexo	Tempo	Diferença
1	360	Fábio Santos FontouraIndividual	Seniores M	M	2:11:13.4	-
2	230	Márcio MonteiroGDMtrailteam	Seniores M	M	2:32:11.1	+20:57.7
3	390	Filipe PinheiroGO!RUNNERS	Seniores M	M	2:32:16.1	+21:02.7
4	295	Ekaterina SavkinaSports Adventures	Seniores F	F	2:37:18.0	+26:04.6
5	326	Nuno GonçalvesRUNCROSSTRAIL	M 40	M	2:41:19.1	+30:05.7
6	373	Ricardo ParadaZimbra Fox Runners	Seniores M	M	2:41:28.3	+30:14.9
7	223	Francisco RodriguesAmigos do Atletismo de Mafra	M 40	M	2:41:56.0	+30:42.6
8	381	Nuno PimentaPortugal Running	M 40	M	2:48:21.9	+37:08.5
9	341	Marco SilvaIndividual	Seniores M	M	2:48:42.2	+37:28.8
10	279	Mário ramosSabores do paco - Zatopegues	Seniores M	M	2:51:15.9	+40:02.5
11	235	João BalsinhaIndividual	M 40	M	2:51:40.3	+40:26.9
12	264	Bernardino GoncalvesIndividual	Seniores M	M	2:52:41.9	+41:28.5
13	366	Ines JordãoMonsanto Running Team	Seniores F	F	2:54:03.1	+42:49.7
14	315	Gil Xavier AlvesSalamandrecos	M 40	M	2:54:03.5	+42:50.1
15	354	Pedro PalmaOCR Portugal	Seniores M	M	2:54:13.0	+42:59.6
16	225	Luís NevesMarinhais AC	Seniores M	M	2:54:51.4	+43:38.0
17	212	Luís Aires100 esTRILHOS	M 40	M	2:55:17.6	+44:04.2
18	352	Nuno PereiraClube OGMA	M 40	M	2:55:52.7	+44:39.3
19	267	Marco FranciscoIndividual	Seniores M	M	2:56:32.2	+45:18.8
20	292	Bruno SousaOCR Portugal	M 40	M	2:56:36.8	+45:23.4
21	250	André da Silva LopesCRP Ribafria	Seniores M	M	2:57:15.2	+46:01.8
22	348	Sérgio ramosKaninos	M 40	M	3:00:53.4	+49:40.0
23	336	Germano CanedoAlphaden	M 50	M	3:01:10.0	+49:56.6
24	298	Duarte AlvesOCR PORTUGAL LAB	Sub 23 - M	M	3:02:41.5	+51:28.1
25	327	Denise PereiraRUNCROSSTRAIL	Seniores F	F	3:02:45.2	+51:31.8
26	322	Nuno Manuel Ferreira GranadasTough Trails Alenquer	Seniores M	M	3:02:59.6	+51:46.2
27	208	João Limpo100 esTRILHOS	Seniores M	M	3:08:57.1	+57:43.7
28	391	Pedro Jorge Ferreira GranadasIndividual	M 40	M	3:09:04.2	+57:50.8
29	338	Christoph FetkenheuerOlha a Tua Volta	Seniores M	M	3:09:14.4	+58:01.0
30	342	Paulo RatoG.D.M. Trail Team	M 40	M	3:09:33.2	+58:19.8
31	388	João BrancoOCR Portugal	M 40	M	3:10:34.7	+59:21.3
32	270	Filipe OliveiraIndividual	M 40	M	3:10:37.6	+59:24.2
33	395	Bruno TavaresEDV - VIANA TRAIL	Seniores M	M	3:10:42.4	+59:29.0
34	258	Rita MarquesAmigos do Atletismo de Mafra	Seniores F	F	3:17:17.2	+1:06:03.8
35	403	Vanda JeronimoCCRD BURINHOSA	Seniores F	F	3:18:53.4	+1:07:40.0
36	380	Nicolau SilvaMonsanto Running Team	M 40	M	3:20:51.6	+1:09:38.2
37	263	Aniceto SoaresBruxos Runners	Seniores M	M	3:21:29.8	+1:10:16.4
38	287	Rui OliveiraCDRST	M 40	M	3:21:45.4	+1:10:32.0
39	383	Paulo Manuel CostaIndividual	M 40	M	3:22:09.5	+1:10:56.1
40	259	António Miguel BaptistaIndividual	M 40	M	3:22:16.5	+1:11:03.1
41	308	Luís TrindadeAMCF - Arrabida Trail Team	M 40	M	3:23:33.3	+1:12:19.9
42	369	Hugo SantosCAPenafirme	Seniores M	M	3:23:44.9	+1:12:31.5
43	233	Estela são MartinhoArrabida Obstacle runners	Seniores F	F	3:23:58.8	+1:12:45.4
44	242	Daniel PinaIndividual	Seniores M	M	3:24:48.6	+1:13:35.2

Geral	Dorsal	Nome/Equipa	Escalão	Sexo	Tempo	Diferença
45	379	José NunesKeepRunning	M 50	M	3:24:56.5	+1:13:43.1
46	285	Sérgio Malheiro SantosCDRST	Seniores M	M	3:25:45.2	+1:14:31.8
47	375	Armando ParreiraTAC Tranquilidade Aoreana Clube	M 40	M	3:27:18.1	+1:16:04.7
48	370	Celina GomesCAPenafirme	F 40	F	3:27:55.5	+1:16:42.1
49	340	Afonso Raynal e Menezes Paes de Ata'deIndividual	Sub 23 - M	M	3:30:23.8	+1:19:10.4
50	359	Mário RodriguesIndividual	M 40	M	3:30:48.5	+1:19:35.1
51	271	Rogério VenâncioO MUNDO DA CORRIDA	M 60	M	3:31:32.3	+1:20:18.9
52	291	Bruno RomãoIndividual	Seniores M	M	3:31:50.3	+1:20:36.9
53	205	Frederico Alexandre CostaIndividual	Seniores M	M	3:32:00.0	+1:20:46.6
54	216	Hugo CaragoClube Novo Banco	M 40	M	3:32:09.0	+1:20:55.6
55	278	Marco NunesSacarrabos do Sarro	Seniores M	M	3:32:22.1	+1:21:08.7
56	266	Tiago Joao Giestas MendonçaGrupo Marcha e Corrida Jamor	Seniores M	M	3:33:08.3	+1:21:54.9
57	312	Pedro PatrícioA2el	Seniores M	M	3:33:13.7	+1:22:00.3
58	386	Fernando ReisIndividual	M 40	M	3:35:25.3	+1:24:11.9
59	219	Pedro SanguinoClube Novo Banco	Seniores M	M	3:35:59.1	+1:24:45.7
60	281	Ricardo Manuel Capelo dos SantosIndividual	Seniores M	M	3:36:54.4	+1:25:41.0
61	306	Ana Fernandez GonçalvesOCR PORTUGAL LAB	Seniores F	F	3:38:43.5	+1:27:30.1
62	265	Américo AntunesAlverca Urban Runners	M 50	M	3:38:58.3	+1:27:44.9
63	367	Paulo CabedalIndividual	M 40	M	3:39:13.8	+1:28:00.4
64	313	Rita FernandesIndividual	F 40	F	3:39:21.1	+1:28:07.7
65	392	Rafael SousaOCR Police Challenge	Sub 23 - M	M	3:39:29.7	+1:28:16.3
66	356	JoséOs Pardais	M 50	M	3:41:02.5	+1:29:49.1
67	256	Bruno MarquesIndividual	Sub 23 - M	M	3:41:11.7	+1:29:58.3
68	226	José LealMarinhais AC	M 40	M	3:43:13.7	+1:32:00.3
69	228	Tiago CarneiroVENTO	M 40	M	3:43:55.4	+1:32:42.0
70	276	Fernando PereiraClube Vodafone	M 50	M	3:44:31.7	+1:33:18.3
71	303	Gisela PinhalOCR PORTUGAL LAB	Seniores F	F	3:45:10.0	+1:33:56.6
72	339	Joêlio RibeiroIndividual	M 40	M	3:45:20.2	+1:34:06.8
73	293	Mário PorfírioOCR Portugal	M 40	M	3:45:25.5	+1:34:12.1
74	207	Pedro PatrocínioDolce furadouro	Seniores M	M	3:46:23.9	+1:35:10.5
75	382	Francisco Javier Gaytan Ibarra3volution	M 40	M	3:46:52.6	+1:35:39.2
76	393	Manuel Luís Rolim MoleiroIndividual	M 50	M	3:48:44.3	+1:37:30.9
77	349	Bruno VenâncioIndividual	Seniores M	M	3:49:29.0	+1:38:15.6
78	358	Filipe Carvalho BalsaIndividual	Seniores M	M	3:50:10.4	+1:38:57.0
79	299	Óscar oliveiraSabores do pao/Zatopeques	M 50	M	3:50:20.0	+1:39:06.6
80	236	Pedro FontesIndividual	M 40	M	3:50:23.6	+1:39:10.2
81	320	Paulo PereiraIndividual	M 40	M	3:50:30.0	+1:39:16.6
82	371	Carlos LealCAPenafirme	M 40	M	3:50:54.2	+1:39:40.8
83	288	Daniel RibeiroCDRST	Seniores M	M	3:51:47.9	+1:40:34.5
84	221	Ana CamarinhaArrtãbida Obstacle Runners	Seniores F	F	3:51:54.5	+1:40:41.1
85	280	Carolina PereiraDolce furadouro	Sub 23 - F	F	3:52:15.7	+1:41:02.3
86	332	Mário Hélio Gonçalves ZeballosIndividual	Seniores M	M	3:53:03.2	+1:41:49.8
87	261	Marco CatarroIndividual	Seniores M	M	3:53:50.1	+1:42:36.7
88	217	Hugo RolhasClube Novo Banco	M 40	M	3:54:11.6	+1:42:58.2

Geral	Dorsal	Nome/Equipa	Escalão	Sexo	Tempo	Diferença
89	305	Pedro LoureiroJPRun	M 40	M	3:54:21.1	+1:43:07.7
90	362	Almerinda FrazãoIndividual	F 50	F	3:54:45.3	+1:43:31.9
91	330	Pedro Mário Batista LopesGatus Trail	M 40	M	3:56:10.9	+1:44:57.5
92	346	Andreia SarmentoIndividual	Seniores F	F	3:57:08.0	+1:45:54.6
93	345	Bruno ProençaIndividual	Seniores M	M	3:57:14.3	+1:46:00.9
94	262	Diogo Luís Santos LourençoDirtRunners	Seniores M	M	3:58:17.3	+1:47:03.9
95	302	Rui CunhaOCR Portugal	M 40	M	3:59:15.0	+1:48:01.6
96	249	Margarida RoldãoTurres Trail team	Seniores F	F	4:00:01.8	+1:48:48.4
97	231	João RamosArriba Trail Runners	M 40	M	4:00:54.4	+1:49:41.0
98	331	Liliana Sofia AguiarGratus Trail	F 40	F	4:01:58.5	+1:50:45.1
99	237	Válter AmadinhoIndividual	Seniores M	M	4:03:05.3	+1:51:51.9
100	204	Miguel CastroFat Old Dudes	M 50	M	4:04:31.4	+1:53:18.0
101	203	Rui VieitasFat Old Dudes	M 40	M	4:04:38.1	+1:53:24.7
102	209	Luís Duarte DiasDirtRunners da Fonte Grada	M 50	M	4:04:52.8	+1:53:39.4
103	378	Vasco AlpalhãoIndividual	M 40	M	4:05:28.8	+1:54:15.4
104	350	João Carlos BritoIndividual	M 40	M	4:06:33.3	+1:55:19.9
105	301	José Carlos SubtilCorremisto	M 40	M	4:06:54.3	+1:55:40.9
106	251	Pedro Manuel Henriques dos SantosIndividual	Seniores M	M	4:07:03.8	+1:55:50.4
107	317	Nuno Miguel SilvaIndividual	M 40	M	4:08:55.2	+1:57:41.8
108	286	Tânia PintoCDRST	Seniores F	F	4:09:46.3	+1:58:32.9
109	206	Joana Pereira100 esTRILHOS	Seniores F	F	4:10:26.1	+1:59:12.7
110	241	Barbara Sá MarquesAo ritmo das 200 ppm	Seniores F	F	4:11:41.7	+2:00:28.3
111	329	Nuno MarquesAo ritmo das 200ppm	M 40	M	4:11:47.1	+2:00:33.7
112	343	Rui Varela MorteIndividual	M 40	M	4:12:30.3	+2:01:16.9
113	384	Miguel RoqueCA Amigos Parque da Paz	M 40	M	4:12:39.9	+2:01:26.5
114	385	Jaime LamegoMultiRunners	M 50	M	4:12:43.8	+2:01:30.4
115	337	João Filipe MartinhoOlha a Tua Volta	Seniores M	M	4:13:12.7	+2:01:59.3
116	310	Hugo AlmeidaOCR Portugal	M 40	M	4:13:28.1	+2:02:14.7
117	397	David RicardoOCR Portugal	Sub 23 - M	M	4:13:43.3	+2:02:29.9
118	289	Carlos CostaCDRST	Seniores M	M	4:13:51.0	+2:02:37.6
119	396	Rebeca LibórioOCR Portugal	Sub 23 - F	F	4:14:23.1	+2:03:09.7
120	361	Joana AlvesIndividual	Seniores F	F	4:14:29.1	+2:03:15.7
121	284	Elsa PalmelãoIndividual	F 40	F	4:14:36.8	+2:03:23.4
122	389	Francisco Abreu Madeirapickle films	M 50	M	4:17:03.1	+2:05:49.7
123	368	Graça JesusCAPenafirme	F 50	F	4:17:03.9	+2:05:50.5
124	220	Pedro MirandaAlverca Urban Runners	Seniores M	M	4:17:35.0	+2:06:21.6
125	232	Pedro FerreiraAlverca Urban Runners	M 40	M	4:18:47.7	+2:07:34.3
126	307	Susan PereiraIndividual	F 40	F	4:20:01.6	+2:08:48.2
127	304	Sandra CardosoJPRun	F 40	F	4:20:49.2	+2:09:35.8
128	316	Leon DaalemanIndividual	M 40	M	4:21:46.3	+2:10:32.9
129	311	Rui FigueiredoIndividual	M 40	M	4:21:56.3	+2:10:42.9
130	214	Carlos João Coelho Reis D'Andrader. da frente ribeirinha	M 40	M	4:22:09.4	+2:10:56.0
131	351	Røben franciscoORB MAXIALOESTE	Seniores M	M	4:25:31.0	+2:14:17.6
132	374	André ChibelesIndividual	Seniores M	M	4:28:48.8	+2:17:35.4

Geral	Dorsal	Nome/Equipa	Escalão	Sexo	Tempo	Diferença
133	328	Ana TeixeiraArrabida Obstacle Runners	F 40	F	4:30:34.9	+2:19:21.5
134	365	Carlos CardosoOCR PORTUGAL LAB	M 40	M	4:30:44.3	+2:19:30.9
135	321	André DiasA2el	Seniores M	M	4:30:47.5	+2:19:34.1
136	202	André ChanocaIndividual	Seniores M	M	4:31:03.1	+2:19:49.7
137	376	Carlos GonçalvesSS CGD	Seniores M	M	4:31:18.9	+2:20:05.5
138	255	Luciano marquesMangas	M 50	M	4:32:01.2	+2:20:47.8
139	297	Marta SantosDirtRunners	F 40	F	4:38:19.6	+2:27:06.2
140	252	Marina RosárioDirtRunners	F 40	F	4:38:24.1	+2:27:10.7
141	269	Vanda MedeiroIndividual	Seniores F	F	4:39:21.5	+2:28:08.1
142	282	Mário SilvaTurres Trail team	M 50	M	4:39:30.9	+2:28:17.5
143	364	Sandra CardosoOCR PORTUGAL LAB	F 40	F	4:40:04.3	+2:28:50.9
144	201	Bruno MoraesAlverca Urban Runners	Seniores M	M	4:41:48.2	+2:30:34.8
145	218	Pedro MotaClube Novo Banco	Seniores M	M	4:41:59.6	+2:30:46.2
146	275	Ana Maria RomanoIndividual	F 40	F	4:48:10.4	+2:36:57.0
147	394	João RebochoMultiRunners	M 40	M	4:48:30.5	+2:37:17.1
148	387	José FinurasMultiRunners	M 40	M	4:48:35.2	+2:37:21.8
149	294	Mário AtilhoAo ritmo das 200ppm	M 40	M	4:48:40.1	+2:37:26.7
150	300	Rui Miguel Gaspar TeixeiraIndividual	Seniores M	M	4:50:26.9	+2:39:13.5
151	355	JorgeOs Pardais	M 50	M	4:51:16.8	+2:40:03.4
152	274	Maria FerreiraIndividual	F 40	F	4:51:22.1	+2:40:08.7
153	215	João AntunesClube Novo Banco	Seniores M	M	4:57:42.5	+2:46:29.1
154	254	Rui AntãoMangas	M 40	M	4:58:12.4	+2:46:59.0
155	213	João DuarteIndividual	M 40	M	5:01:38.1	+2:50:24.7
156	234	Joana Santos PePernas de Pau	Seniores F	F	5:02:05.0	+2:50:51.6
157	314	João Pedro Neves PintoSS CGD	Seniores M	M	5:03:57.8	+2:52:44.4
158	273	Paulo AbreuSacarrabos do sarrāo	Seniores M	M	5:09:34.8	+2:58:21.4
159	319	Ricardo GomesAo ritmo das 200ppm	Seniores M	M	5:31:49.4	+3:20:36.0
160	399	Paula Pinto Ferreira CarmoPapa trilhos do CAAL	F 50	F	5:33:00.0	+3:21:46.6
161	398	António José CarmoPapa trilhos do CAAL	M 50	M	5:33:01.4	+3:21:48.0
162	200	Heloise Elianne RodriguesIndividual	F 40	F	5:38:26.3	+3:27:12.9
163	290	Gi RibeiroAo ritmo das 200 ppm	F 50	F	5:54:37.1	+3:43:23.7
164	347	Rita PimentaIndividual	Sub 23 - F	F	6:06:10.7	+3:54:57.3
165	334	Ana AzevedoSS CGD	Seniores F	F	6:10:50.5	+3:59:37.1
166	363	Catarina ReisNanos	F 40	F	6:21:47.6	+4:10:34.2
167	325	Susana EduardoSPOE	F 40	F	6:32:06.7	+4:20:53.3
168	324	Ricardo GasparSPOE	M 40	M	6:32:08.1	+4:20:54.7
169	260	Rita MariaIndividual	Seniores F	F	6:34:17.0	+4:23:03.6
170	268	Ondina TeodoroIndividual	F 40	F	6:34:24.5	+4:23:11.1
171	357	Jaime SeverinoDirtRunners - Fonte Grada	M 40	M	6:49:10.9	+4:37:57.5
172	277	Sílvia BarradasAo ritmo das 200ppm	Seniores F	F	6:54:08.3	+4:42:54.9
-	238	VÍTOR NUNO FERNANDES BORGESPfs DE CHUMBO	Seniores M	M	DSQ	-
-	239	ANA MARIA RODRIGUES ALVES BORGESPfs DE CHUMBO	Seniores F	F	DSQ	-
-	318	Carla Sofia AtilhoAo ritmo das 200ppm	F 40	F	DSQ	-
-	333	Sofia BizarroIndividual	F 40	F	DSQ	-