



TRAIL RUN OURÉM

29 de Janeiro de 2017
BTT CLUBE DOS PINHEIROS
Concelho de Ourém
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Trail Curto

14 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	1036	António de Oliveira Silvino,	A.C. S.MAMEDE	M50TC	1	1:13:37.77	05:16	
2	1031	David Lopes dos Santos,	Juventude Vidigalense	M40TC	1	1:15:59.67	05:26	0:02:22
3	1101	Rúben Daniel Santos Violante,	Laranjinha do Pafarrão	SM-TC	1	1:16:15.80	05:27	0:02:38
4	1239	Rui Filipe Ribeiro Lopes,	COA	SM-TC	2	1:18:26.42	05:36	0:04:48
5	1206	José Figueira,	CCRD BURINHOSA	M40TC	2	1:19:43.38	05:42	0:06:05
6	1213	SERGIO MANUEL PEREIRA ALCOBIA,	ABC CAXARIAS	M40TC	3	1:20:25.00	05:45	0:06:47
7	1145	Paulo Ricardo Pereira de Sousa,	Correr Ourém	SM-TC	3	1:20:26.00	05:45	0:06:48
8	1194	Hugo Barqueiro,	Gau-Bajouca	SM-TC	4	1:20:35.78	05:45	0:06:58
9	1299	Ricardo filipe de oliveira carreira,	Individual	SM-TC	5	1:20:46.63	05:46	0:07:09
10	1161	Marco Violante,		SM-TC	6	1:21:06.00	05:48	0:07:28
11	1072	luis carlos ferreira campos lobo,	All Titudes Trail Team	M40TC	4	1:21:38.35	05:50	0:08:00
12	1325	RUI MANUEL DUARTE PRAZERES,	S.R.Jardoeira	SM-TC	7	1:22:43.84	05:55	0:09:06
13	1102	PEDRO MANUEL FERREIRA DA ROSA	Individual	SM-TC	8	1:23:29.73	05:58	0:09:52
14	1019	Nuno Filipe Lopes,		SM-TC	9	1:23:33.65	05:58	0:09:56
15	1089	HELDER JOSE DOS SANTOS MATOS,	ATLETICO CLUBE BATALI	M40TC	5	1:23:49.95	05:59	0:10:12
16	1158	Samuel dos Santos Alfiate,		SM-TC	10	1:23:59.73	06:00	0:10:22
17	1054	Pedro Manuel Oliveira Sousa,	individual	M60TC	1	1:24:13.73	06:01	0:10:36
18	1032	Pedro Miguel Ferreira Mourão,	Caracol Trail Team	M40TC	6	1:24:19.93	06:01	0:10:42
19	1140	Nelson Oliveira,	4team	SM-TC	11	1:24:23.70	06:02	0:10:46
20	1307	André Joaquim Duarte Fernandes,	GAU	M40TC	7	1:24:32.72	06:02	0:10:55
21	1207	Mauricio Pereira Rodrigues,	CCRD BURINHOSA	SM-TC	12	1:24:40.37	06:03	0:11:02
22	1166	Paulo Esmerado Cavaleiro,	Leitão & Cavaleiro, Lda.	M50TC	2	1:26:16.91	06:10	0:12:39
23	1287	paulo david coelho carreira,	os artroses	SM-TC	13	1:27:19.99	06:14	0:13:42
24	1131	Francisco José dos Santos Vicente da Silva	Já T'Apanho	M40TC	8	1:27:36.77	06:15	0:13:59
25	1097	Pedro Augusto Santos Jesus,	Da-lhe Gaz	SM-TC	14	1:27:55.02	06:17	0:14:17
26	1042	PAULO SANTOS GAIÃO,	CASA POVO ALCANENA	M40TC	9	1:28:03.98	06:17	0:14:26
27	1342	Danny Ferreira,	Vila Fit	SM-TC	15	1:28:18.95	06:18	0:14:41
28	1007	Pedro Jorge Gonçalves Violante,		SM-TC	16	1:30:31.53	06:28	0:16:54
29	1269	Alexandre Ferreira Valente,	ABC Caxarias	SM-TC	17	1:30:36.63	06:28	0:16:59
30	1172	Sérgio Paulo Caetano Mendes,		M40TC	10	1:30:55.60	06:30	0:17:18
31	1324	Bruno Marques,	GDC de Seíça	SM-TC	18	1:31:47.33	06:33	0:18:09
32	1035	Anabela Remédios,	A.C. S.MAMEDE	F40TC	1	1:32:02.07	06:34	0:18:24
33	1264	Rúben Mendes de Sousa,		SM-TC	19	1:32:29.18	06:36	0:18:51
34	1046	Hélder Manuel Homem Félix,	União F.C.I. Tomar	M40TC	11	1:32:39.75	06:37	0:19:02
35	1502	Samuel Gomes,		SM-TC	20	1:32:47.43	06:38	0:19:09
36	1250	António Manuel Morgado Ferreira Simões, AC Batalha		M40TC	12	1:33:18.35	06:40	0:19:40
37	1028	RITA EUSEBIO,		SF-TC	1	1:33:29.14	06:41	0:19:51
38	1331	Cristiano Calado,	Vila Fit	SM-TC	21	1:33:49.90	06:42	0:20:12
39	1238	Fernando Manuel da Silva Madeira,		M50TC	3	1:34:03.58	06:43	0:20:26
40	1310	Jorge Ribeiro,		SM-TC	22	1:34:46.91	06:46	0:21:09
41	1534	Tomé Pereira,	Amadores do Trail	SM-TC	23	1:34:47.97	06:46	0:21:10
42	1170	António Miguel Ferreira Faria,	ABC Caxarias	SM-TC	24	1:35:04.89	06:47	0:21:27
43	1260	Carlos Manuel Navalho Isidro,	cem quedas	M40TC	13	1:35:48.05	06:51	0:22:10
44	1091	Telmo de Almeida Santos,	Os Tolinhas	SM-TC	25	1:36:52.84	06:55	0:23:15
45	1322	Telmo Nuno Fernandes da Silva,	Caracol Trail Team	SM-TC	26	1:36:56.63	06:55	0:23:19

46	1082	Francisco José Gaspar Cunha,		M40TC	14	1:38:10.73	07:01	0:24:33
47	1262	Alexandre Jesus Pereira,	S.L.B.	SM-TC	27	1:38:36.55	07:03	0:24:59
48	1090	António Leitão,	União FCI de Tomar	M50TC	4	1:38:36.81	07:03	0:24:59
49	1282	André Jesus Pereira,	S.L.B.	SM-TC	28	1:39:36.50	07:07	0:25:59
50	1527	Pedro Silva,	pace.makers	SM-TC	29	1:39:39.49	07:07	0:26:01
51	1271	Tiago Alexandre Silva Joaquim,		SM-TC	30	1:39:47.99	07:08	0:26:10
52	1344	Marco Pereira,	Vila Fit	SM-TC	31	1:40:02.28	07:09	0:26:24
53	1066	Mário Bernardino,	Os Galgos de Tancos	M40TC	15	1:41:01.44	07:13	0:27:23
54	1275	Filipe Caldeira,		SM-TC	32	1:41:01.57	07:13	0:27:24
55	1034	Ramiro Horta da Conceição,	Os tolinhos	M50TC	5	1:41:19.55	07:14	0:27:42
56	1004	Horacio Ribeiro Alexandre,	Tolinhos	M50TC	6	1:41:20.36	07:14	0:27:42
57	1000	Nelson Jorge de Aguiar,	SFLUR - Sociedade Filarmónica	M40TC	16	1:41:32.04	07:15	0:27:54
58	1068	Arménio Mendes,	Os Galgos de Tancos	M50TC	7	1:42:09.28	07:18	0:28:31
59	1122	Paulo Jorge Vieira Gonçalves,		SM-TC	33	1:42:17.73	07:18	0:28:40
60	1130	António Évora Barbosa Teixeira,		SM-TC	34	1:43:00.71	07:21	0:29:23
61	1070	Carlos Antunes,	Os Galgos de Tancos	M40TC	17	1:43:42.36	07:24	0:30:04
62	1121	Willy Remédios,	Xiripiti Team	SM-TC	35	1:44:16.62	07:27	0:30:39
63	1337	Nuno gonçalves,	Vila Fit	SM-TC	36	1:44:17.99	07:27	0:30:40
64	1142	Marco Rodrigues Faustino,		SM-TC	37	1:44:27.01	07:28	0:30:49
65	1003	Sérgio Manuel Bento Lopes,	SUPERFRESCO TRAIL TEAM	SM-TC	38	1:45:01.06	07:30	0:31:23
66	1153	Paulo Cesar Branco Freitas,	Superfresco Trail Team	SM-TC	39	1:45:01.57	07:30	0:31:24
67	1095	Silvia Regina Teixeira Luis Dias,	Da-lhe Gaz	F40TC	2	1:45:04.91	07:30	0:31:27
68	1094	Jose Eduardo Martins Dias,	Da-lhe Gaz	M40TC	18	1:45:05.61	07:30	0:31:28
69	1311	Silvia Franco,	Os Tolinhos	F40TC	3	1:45:12.32	07:31	0:31:34
70	1016	JOÃO MANUEL DAMAS JACINTO,	CEM QUEDAS	M50TC	8	1:45:45.19	07:33	0:32:07
71	1516	Valter Silva,		SM-TC	40	1:45:50.97	07:34	0:32:13
72	1270	Nuno Miguel Rodrigues Bernardo,		M40TC	19	1:45:58.58	07:34	0:32:21
73	1529	Nuno José Costa Bernardes,	Individual	M50TC	9	1:45:59.82	07:34	0:32:22
74	1222	valter Castanheira Santos,		M40TC	20	1:46:01.22	07:34	0:32:23
75	1276	JOSÉ PEREIRA MARQUES,	GDC SEIÇA	M50TC	10	1:46:03.64	07:35	0:32:26
76	1510	Micael Mendes ,		SM-TC	41	1:46:08.50	07:35	0:32:31
77	1195	Hélder Miguel Reis Camacho,	Casa do Povo de Alcanena	SM-TC	42	1:46:49.40	07:38	0:33:11
78	1505	Cristiano Gil,		SM-TC	43	1:47:29.27	07:41	0:33:51
79	1124	Diogo Faria Castro Santos,		SM-TC	44	1:47:42.95	07:42	0:34:05
80	1174	Mário Costa,	Caracol Trail Team	SM-TC	45	1:47:54.08	07:42	0:34:16
81	1308	Luis Miguel Pereira MARques,	GDC Seiça	M40TC	21	1:47:57.74	07:43	0:34:20
82	1530	Mário Oliveira Gomes Ribeiro,		M50TC	11	1:47:58.06	07:43	0:34:20
83	1235	Rui Jorge Conde Sobreira Alves,	Aquae Scalabis	SM-TC	46	1:47:59.44	07:43	0:34:21
84	1098	Ricardo Jorge Leal Henriques,	Da-lhe Gaz	SM-TC	47	1:48:13.93	07:44	0:34:36
85	1127	Carlos Miguel Dias Santos,	Individual	M40TC	22	1:48:22.81	07:44	0:34:45
86	1116	Bruno B. Ferreira,	CVP Maiorca	SM-TC	48	1:48:38.80	07:46	0:35:01
87	1136	Rui José Pouseiro Dias,	Superfresco Trail Team	M40TC	23	1:48:59.27	07:47	0:35:21
88	1077	LUIS MANUEL SANTOS BELO,	os tolinhos	M50TC	12	1:49:10.94	07:48	0:35:33
89	1509	Ricardo Marques,		SM-TC	49	1:49:25.03	07:49	0:35:47
90	1190	Fábio Moreira Santos,		SM-TC	50	1:49:25.30	07:49	0:35:47
91	1187	César de Jesus Santos,		M40TC	24	1:49:25.57	07:49	0:35:48
92	1076	Teresa Ribeiro,	NASA RUN	F40TC	4	1:50:00.43	07:51	0:36:22
93	1500	Cristóvão Reis,		SM-TC	51	1:50:01.69	07:52	0:36:24
94	1501	Hugo Caleiras,		SM-TC	52	1:50:02.20	07:52	0:36:24
95	1520	João Silva,		SM-TC	53	1:50:52.86	07:55	0:37:15
96	1272	Nuno Seabra,		SM-TC	54	1:51:10.93	07:56	0:37:33
97	1065	Angelo Filipe Ferreira Campos Lobo,	All TitudesTrail Team	SM-TC	55	1:51:11.00	07:57	0:37:33
98	1005	António José Polido Cebola,	#nãoemosequipa	SM-TC	56	1:51:22.51	07:57	0:37:45
99	1185	João Carlos Assis Pereira,	SEICA RUNING TEAM	M50TC	13	1:51:23.69	07:57	0:37:46
100	1132	Filipe Alexandre Dias Lino,		SM-TC	57	1:51:24.34	07:57	0:37:46
101	1008	Bruno Soares,	Laranjas do Pafarrão	SM-TC	58	1:52:15.34	08:01	0:38:37
102	1243	Nuno Miguel Duarte Jorge,		SM-TC	59	1:52:21.48	08:02	0:38:43
103	1519	Nélio David Mendes Ribeiro Bonifácio,		SM-TC	60	1:52:27.32	08:02	0:38:49
104	1013	Sandra Filipa Marques Gomes,		SF-TC	2	1:52:32.58	08:02	0:38:55

105	1341	Valter Luís,	Vila Fit	SM-TC	61	1:54:06.07	08:09	0:40:28
106	1027	ISABEL EUSEBIO,		F40TC	5	1:54:09.71	08:09	0:40:32
107	1017	Alexandra Neves,	Xanas Malhoas	F40TC	6	1:54:12.90	08:09	0:40:35
108	1228	João Filipe Vieira Santos,		SM-TC	62	1:54:48.34	08:12	0:41:10
109	1067	José Fontoura,	Os Galgos de Tancos	M50TC	14	1:55:09.20	08:14	0:41:31
110	1259	Luis Miguel Baptista Augusto,	Aquae Scalabis	M40TC	25	1:55:16.40	08:14	0:41:38
111	1115	Luis Miguel Neves Pouseiro,		M40TC	26	1:55:16.78	08:14	0:41:39
112	1226	Ana Patrícia Oliveira da Silva,	4team	SF-TC	3	1:55:16.79	08:14	0:41:39
113	1001	Flo Lopes,		F50TC	1	1:55:23.03	08:15	0:41:45
114	1321	Sónia Andrade Vieira,	Os Tolinhos	SF-TC	4	1:55:32.60	08:15	0:41:55
115	1114	almerinda santos ffrazao,	individual	F50TC	2	1:55:35.09	08:15	0:41:57
116	1111	Carlos Alberto Bastos Ribeiro,	Os tolinhos	M40TC	27	1:55:51.73	08:17	0:42:14
117	1326	António Patrício,		M50TC	15	1:56:16.96	08:18	0:42:39
118	1012	Joel Domingues Gonçalves,	ALNetos	SM-TC	63	1:56:18.41	08:18	0:42:40
119	1103	Daniel Filipe Lindo Martins,		SM-TC	64	1:56:19.00	08:19	0:42:41
120	1075	Anabela Silvestre,	Os Tolinhos	F50TC	3	1:56:31.58	08:19	0:42:54
121	1528	Álvaro José Vieira Lopes,	CSCRFCHARNECA	SM-TC	65	1:56:42.79	08:20	0:43:05
122	1309	Carlos Silva,	Individual	M40TC	28	1:56:44.67	08:20	0:43:07
123	1129	MARIA RAQUEL ROSA PRATAS BATIST	CEM QUEDAS	F40TC	7	1:56:47.66	08:21	0:43:10
124	1518	Pedro Nuno Florêncio Chambel Ruivo,		SM-TC	66	1:57:57.19	08:26	0:44:19
125	1208	Costa Costa,	SEICA RUNING TEAM	M40TC	29	1:58:26.49	08:28	0:44:48
126	1141	Marisa Daniela Vieira Laranjeiro,	Amadores Trail Team	SF-TC	5	1:58:47.25	08:29	0:45:09
127	1524	Hugo António de Oliveira Gonaçaves,	Urban Corps Family	SM-TC	67	1:58:55.20	08:30	0:45:17
128	1092	Diana da Luz Martins,	Os Tolinhos	SF-TC	6	1:58:57.98	08:30	0:45:20
129	1002	Cristina Maria Batista Magalhães Bastos M	Umelga Trail Running Team	F50TC	4	1:59:56.29	08:34	0:46:18
130	1120	alexandra das neves Alves cabedal andrade,		SF-TC	7	2:00:40.77	08:37	0:47:03
131	1506	Nuno Franco,		SM-TC	68	2:01:10.69	08:39	0:47:33
132	1278	Rui Salgueiro,	Pacemakers	M40TC	30	2:01:41.65	08:42	0:48:04
133	1204	Sonia Santos,		SF-TC	8	2:01:54.94	08:42	0:48:17
134	1015	Gabriela Marisa carraco,		SF-TC	9	2:01:55.03	08:43	0:48:17
135	1182	Pedro Leal,	Xiripiti Team	SM-TC	69	2:02:17.00	08:44	0:48:39
136	1137	Carlos Manuel Oliveira da Silva,	csdesign	SM-TC	70	2:02:33.00	08:45	0:48:55
137	1323	SUZANA FERREIRA SANTOS VIEIRA,		SF-TC	10	2:02:52.31	08:47	0:49:14
138	1227	Sergio Paulo dos Santos Ferreira,		M40TC	31	2:02:53.80	08:47	0:49:16
139	1523	Luís Prazeres,		M40TC	32	2:03:13.40	08:48	0:49:35
140	1191	Carlos Alberto dos Santos Jesus,	Individual	M50TC	16	2:04:15.11	08:53	0:50:37
141	1241	Sílvia Carina de Jesus Vicente,	A C S.MAMEDE	SF-TC	11	2:04:27.82	08:53	0:50:50
142	1020	Teresa cristiana de Jesus rosa,	Clube desportivo moitense	SF-TC	12	2:04:28.66	08:53	0:50:51
143	1171	Helena Marques,		SF-TC	13	2:04:28.80	08:53	0:50:51
144	1334	Catarina Oliveira,	Vila Fit	SF-TC	14	2:04:31.31	08:54	0:50:53
145	1088	SONIA LIGEIRO MONTEIRO,	Tolinhos	SF-TC	15	2:04:40.53	08:54	0:51:03
146	1175	Manuel Pereira,	Grupo Desportivo e Cultural I	M60TC	2	2:04:53.95	08:55	0:51:16
147	1277	Magda Caldeira,		SF-TC	16	2:05:02.53	08:56	0:51:25
148	1064	Sofia Alexandra Simal Cordeiro,	BRRnightRUNNERS	F40TC	8	2:05:08.24	08:56	0:51:30
149	1261	Lidia Raquel Aquino,	CORRER OURÉM	F40TC	9	2:05:09.00	08:56	0:51:31
150	1215	Pedro Manuel Santos Alferes,		M40TC	33	2:05:51.64	08:59	0:52:14
151	1263	Natalia sofia Fonseca inacio,	Correr Ourém	SF-TC	17	2:05:54.34	09:00	0:52:16
152	1024	Maria de Lurdes Soares Moreira,	AS BELAS E ELES	F40TC	10	2:05:55.28	09:00	0:52:17
153	1290	Carla Maria do Rosário Beato,	Pirilampos Team	F40TC	11	2:06:16.03	09:01	0:52:38
154	1345	Juliana Tavares,	Vila Fit	SF-TC	18	2:06:16.51	09:01	0:52:39
155	1333	Ana Mendes,	Vila Fit	SF-TC	19	2:06:17.83	09:01	0:52:40
156	1332	Sara Pereira,	Vila Fit	SF-TC	20	2:06:18.34	09:01	0:52:40
157	1154	Virgilio Julio Loureiro,	individual	M60TC	3	2:06:42.64	09:03	0:53:05
158	1165	Miguel Messias,	Saboreia Chá e Café	M40TC	34	2:06:55.19	09:04	0:53:17
159	1522	David Gonçalo de Jesus Carreira,		SM-TC	71	2:06:56.00	09:04	0:53:18
160	1347	Pedro Miguel Fonseca Santos,	Os Intocáveis	M40TC	35	2:07:00.65	09:04	0:53:23
161	1517	Duarte Fonseca,	Vila Fit	M40TC	36	2:07:16.49	09:05	0:53:38
162	1339	António Bogado,	Vila Fit	M40TC	37	2:07:17.15	09:06	0:53:39
163	1212	Ricardo Conceição,		SM-TC	72	2:07:32.94	09:07	0:53:55

164	1164	Tiago Silva,	Saboreia Chá e Café	SM-TC	73	2:07:50.44	09:08	0:54:12
165	1093	Anselmo Maia,	Individual	M40TC	38	2:08:24.64	09:10	0:54:47
166	1163	Paulo Almeida,	Saboreia Chá e Café	SM-TC	74	2:08:35.63	09:11	0:54:58
167	1258	Sidónio Manuel Silva Santos,	Individual	SM-TC	75	2:08:38.80	09:11	0:55:01
168	1257	Paula Cristina Neves Almeida Nobre Leitão	Individual	F40TC	12	2:08:41.30	09:12	0:55:03
169	1521	Cristina Maria Tavares Figueira,	Jobrinde - Montes Saloios	F40TC	13	2:08:53.62	09:12	0:55:16
170	1303	Carla margarida Gomes Ferreira dos Santos	M.D.G.	F40TC	14	2:09:19.93	09:14	0:55:42
171	1134	Pedro Renato Reis Gil,	Correr Ourém	M40TC	39	2:09:29.17	09:15	0:55:51
172	1289	Silvia Margarida Pereira Henriques dos Reis Vieira,		??????		2:09:30.04	09:15	0:55:52
173	1346	Marco Oliveira,	Vila Fit	SM-TC	76	2:09:32.37	09:15	0:55:54
174	1288	Rui Miguel Marques Vieira,		??????		2:09:32.71	09:15	0:55:55
175	1314	Daniel Gonçalo da Silva Vital,	"C.D.Os Águias"" Trail/Runni	SM-TC	77	2:09:40.27	09:16	0:56:02
176	1201	Sofia Carreira Gaspar,		SF-TC	21	2:09:49.67	09:16	0:56:12
177	1202	Patricia Pereira Francisco,		SF-TC	22	2:09:51.00	09:16	0:56:13
178	1294	Marco José Rodrigues Duarte,	CCD Porto Mendo	SM-TC	78	2:09:53.58	09:17	0:56:16
179	1348	Ana Cristina de Jesus Bento Santos,	Os Intocáveis	SF-TC	23	2:11:04.08	09:22	0:57:26
180	1219	Ana Luisa Columbano Silva Alferes,		F40TC	15	2:11:35.60	09:24	0:57:58
181	1508	Liliana Silva,		SF-TC	24	2:11:56.58	09:25	0:58:19
182	1133	Tânia Catarina Martins Bértolo,		SF-TC	25	2:12:06.37	09:26	0:58:28
183	1177	antonio freitas neves,	lama solta	M50TC	17	2:12:39.98	09:29	0:59:02
184	1234	Pedro Miguel Rei Bernardino,	Aquae Scalabis	SM-TC	79	2:12:41.31	09:29	0:59:03
185	1217	Filipa Margarida Rodrigues de Oliveira,	Individual	SF-TC	26	2:13:16.50	09:31	0:59:40
186	1503	Vanda Reis,	Os Tolinhos	SF-TC	27	2:13:18.18	09:31	0:59:40
187	1327	Vera Margarida Veríssimo de Campos,	Os Tolinhos	F40TC	16	2:13:18.33	09:31	0:59:40
188	1044	João Carlos da Silva Jorge Antunes,	#tiraorabodosofá	SM-TC	80	2:14:11.55	09:35	1:00:34
189	1021	Silvia Maria da Silva Farto,		F40TC	17	2:14:33.81	09:37	1:00:56
190	1022	João Pedro dos Santos,		M40TC	40	2:14:34.44	09:37	1:00:56
191	1209	Ana Cristina Antunes da Silva,		SF-TC	28	2:14:40.85	09:37	1:01:03
192	1086	José Luciano Ramos,	"Clube de Atletismo Os Pesad	M50TC	18	2:14:59.74	09:39	1:01:22
193	1285	Helena Patricia Paião Lebre,	Correr Ourém	F40TC	18	2:15:06.89	09:39	1:01:29
194	1149	Maria João Farinha,	Caracol Trail Team	F50TC	5	2:15:22.87	09:40	1:01:45
195	1295	Carlos Manuel Rosario Duarte,	CCD Porto Mendo	M40TC	41	2:15:32.61	09:41	1:01:55
196	1513	Helena Inácio,		F40TC	19	2:15:58.28	09:43	1:02:20
197	1216	Ana Sério,	A 20km-Desportos de Montan	SF-TC	29	2:15:59.37	09:43	1:02:21
198	1511	Patrícia Alcobia,		SF-TC	30	2:16:56.24	09:47	1:03:18
199	1155	Maria Helena Santos Loureiro,	individual	F60TC	1	2:18:07.41	09:52	1:04:29
200	1144	maria joao pereira de oliveira santos,	correr ourem	F50TC	6	2:19:33.05	09:58	1:05:55
201	1532	Patricia Quispe Pinto,	UDR Zona Alta - Torres Nov	SF-TC	31	2:19:35.59	09:58	1:05:58
202	1242	Paulo Manuel Martins Machado,	Aquae Scalabis	M40TC	42	2:19:37.50	09:58	1:06:00
203	1100	Natalia Antunes Gonçalves de Jesus,	Da-lhe Gaz	SF-TC	32	2:20:11.13	10:01	1:06:33
204	1302	Selmo José Ferreira dos Santos,	M.D.G	SM-TC	81	2:20:44.00	10:03	1:07:06
205	1306	Cláudia Esteves,		SF-TC	33	2:20:45.39	10:03	1:07:07
206	1123	Ana Margarida Moisés dos Santos,		SF-TC	34	2:21:51.16	10:08	1:08:13
207	1151	Cidalia Pereira Laranjeiro,		SF-TC	35	2:21:52.18	10:08	1:08:14
208	1099	Ana Maria dos Santos Rosinha,	Da-lhe Gaz	SF-TC	36	2:22:22.20	10:10	1:08:44
209	1192	Susana Isabel Coelho Vieira da Silva,	Caracol Trail Team	SF-TC	37	2:22:39.84	10:11	1:09:02
210	1274	Andreia Ribeiro,		SF-TC	38	2:23:11.72	10:14	1:09:34
211	1167	Daniel Inácio Duarte,		SM-TC	82	2:23:13.70	10:14	1:09:36
212	1148	Ana Patrícia da Silva Marques,		SF-TC	39	2:23:40.19	10:16	1:10:02
213	1159	João Filipe Mateus Lopes,	Benfica	SM-TC	83	2:24:59.65	10:21	1:11:22
214	1211	Lisbete Carina Afonso Pereira,	"C.D. Os Aguias"" Trail/Runn	SF-TC	40	2:26:13.09	10:27	1:12:35
215	1210	Rui Miguel Santana Coutinho,	"C.D. Os Aguias"" Trail/Runn	M40TC	43	2:26:15.91	10:27	1:12:38
216	1251	Pedro Gonçalo Pacheco Santos da Silva,		SM-TC	84	2:27:02.73	10:30	1:13:25
217	1074	Dina Ribeiro Nunes,		F40TC	20	2:27:23.28	10:32	1:13:45
218	1087	Sandra Pereira,	A.GENTE	F40TC	21	2:27:51.49	10:34	1:14:13
219	1143	FERNANDA ROSA MOURA PRATAS A	CEM QUEDAS	F50TC	7	2:28:34.28	10:37	1:14:56
220	1535	Carine Alexandre,	Strawberry	F40TC	22	2:28:47.89	10:38	1:15:10
221	1320	Inês das Neves Mota Ferreira,	Lizrunners	SF-TC	41	2:29:52.53	10:42	1:16:15
222	1183	Cristina Isabel Gaspar Santos,	Liz Runners	F40TC	23	2:29:54.23	10:42	1:16:16

223	1504	Carla maria rente,		F40TC	24	2:29:55.54	10:43	1:16:18
224	1233	Sandra Gorete de Jesus Bento,	Os Intocáveis	SF-TC	42	2:30:00.29	10:43	1:16:22
225	1525	Diogo Alexandre Tiago da Silva,		SM-TC	85	2:30:02.65	10:43	1:16:25
226	1084	RUBEN EDGAR DOS REIS GASPAR PERIRA,		SM-TC	86	2:30:28.52	10:45	1:16:51
227	1039	sandra da silva oliveira,		SF-TC	43	2:30:31.22	10:45	1:16:53
228	1249	Eduarda Maria Satiro Queimado,	Individual	F40TC	25	2:30:57.89	10:47	1:17:20
229	1037	catia sofia dias vieira,		SF-TC	44	2:31:22.52	10:49	1:17:45
230	1038	fabiana filipa vieira oliveira,		SF-TC	45	2:33:09.29	10:56	1:19:31
231	1018	Marta Alexandra LOPES Campos,	Xanas Malhoa	F40TC	26	2:35:33.86	11:07	1:21:56
232	2236	Manuel Silva,	Vilanovense Tomar	??????		2:36:02.33	11:09	1:22:24
233	1156	Teresa Margarida Pinho Fernandes,		SF-TC	46	2:36:08.06	11:09	1:22:30
234	1317	ANA LUÍSA CARREIRO,	TRILHOS DOS TEMPLÁRIC	SF-TC	47	2:38:59.19	11:21	1:25:21
235	1152	Joana Luísa Pinho Fernandes,		SF-TC	48	2:39:16.02	11:23	1:25:38
236	1147	Patrícia Ribeiro Filipe,		SF-TC	49	2:39:18.22	11:23	1:25:40
237	1268	ELISETE MANUEL,	CASA DO BENFICA EM AE	F40TC	27	2:39:19.00	11:23	1:25:41
238	1538	Joaquim Claro Moniz Maria,	Frufreshrunners	M40TC	44	2:39:19.00	11:23	1:25:41
239	2204	Bruno Miguel gaspar dos Reis Espadeiro,	BE ENERGY	??????		2:41:39.20	11:33	1:28:01
240	1248	Tiago Reis Rodrigues,		M60TC	4	2:43:01.04	11:39	1:29:23
241	1230	Maria José Lopes Paiva,		F50TC	8	2:45:27.22	11:49	1:31:49
242	1279	Tânia Silva,	Saboreia Chá e Café	SF-TC	50	2:45:44.45	11:50	1:32:06
243	1205	Cheila Vanessa Piedade Nogueira,		SF-TC	51	2:45:45.79	11:50	1:32:08
244	1229	José Joaquim Pereira,	Caracol Trail Team	M60TC	5	2:45:56.64	11:51	1:32:19
245	1536	Diana Martins,		SF-TC	52	2:46:19.38	11:53	1:32:41
246	1537	Ana Favas,		SF-TC	53	2:46:24.01	11:53	1:32:46
247	1096	Helena Conceição Mendes Pereira Santos,	NEL-Pédatlética	F50TC	9	2:46:35.70	11:54	1:32:58
248	1128	Susana Margarida Carreira Pires Alexandre Moinhos		F40TC	28	2:47:02.08	11:56	1:33:24
249	1081	Helena Margarida Godinho Miranda,		SF-TC	54	2:48:46.89	12:03	1:35:09
250	1080	Sónia Mariana Almeida,		F40TC	29	2:48:47.67	12:03	1:35:10
251	1079	Ricardo Silva Ribeiro,		SM-TC	87	2:48:50.51	12:04	1:35:13
252	1514	Tiago ribeiro,		SM-TC	88	2:49:25.34	12:06	1:35:47
253	1507	Ricardo Troeira ,		SM-TC	89	2:49:26.70	12:06	1:35:49
254	1179	Frederico Miguel da Silva Carreira,		SM-TC	90	2:50:11.22	12:09	1:36:33
255	1178	Cristina Maria de Oliveira Pereira Gonçalves,		F40TC	30	2:50:11.95	12:09	1:36:34
256	1033	Fernanda Maria Coelho Gaspar,		F50TC	10	2:55:40.94	12:33	1:42:03
257	1138	José Cordeiro,		M50TC	19	2:56:42.52	12:37	1:43:05
258	1139	Paula Alves,		F40TC	31	2:56:44.64	12:37	1:43:07
259	1318	Miquelina torcato De Sousa,	Liz runners	F50TC	11	2:59:11.98	12:48	1:45:34
260	1533	Lydia Alves,		F40TC	32	2:59:30.13	12:49	1:45:52
261	1030	MARIA JOÃO RODRIGUES GOMES,		F50TC	12	3:00:32.68	12:54	1:46:55
262	1247	Gracinda Martins Domingos Remédios,		F50TC	13	3:00:37.47	12:54	1:46:59
263	1283	Carlos Alberto Antunes Pires,	individual	M50TC	20	3:02:35.93	13:03	1:48:58
264	1300	Inês Filipa Ramos Vieira,		SF-TC	55	3:04:31.05	13:11	1:50:53
265	1029	MARIA DA GRAÇA PEDRO CORTIM,		F50TC	14	3:09:11.07	13:31	1:55:33
266	1085	José Carlos Carreira Jorge,	"Clube de Atletismo Os I	M60TC	6	3:10:30.82	13:36	1:56:53
267	1119	Meg Garcia,	Medonhas	F40TC	33	3:10:39.59	13:37	1:57:02
268	1118	Carla Palmeiro,	Medonhas	F40TC	34	3:10:43.24	13:37	1:57:05
269	1267	Nuno Filipe Leitão das Neves Curado,		SM-TC	91	3:11:41.06	13:42	1:58:03
270	1266	Jorge Manuel das Neves Curado,		M50TC	21	3:11:41.31	13:42	1:58:03
271	1281	Claudio Sequeira,	CSPF	SM-TC	92	3:12:11.73	13:44	1:58:34
272	1292	Hugo André Ramos Alves,		SM-TC	93	3:12:14.75	13:44	1:58:37
273	1189	Carolina Moreira Santos,		SF-TC	56	3:12:25.56	13:45	1:58:48
274	1291	Liliana Patrícia Pinheiro Escada,		SF-TC	57	3:12:42.33	13:46	1:59:04
275	1280	Patrícia Ferreira,	CSPF	SF-TC	58	3:12:42.97	13:46	1:59:05
276	1236	Susana Raquel Figueiredo Castelo,		F40TC	35	3:13:05.99	13:48	1:59:28
277	1197	CONCEIÇÃO ALFAIATE,	CASA DO BENFICA EM	F60TC	2	3:14:14.39	13:52	2:00:36
278	1196	CARLOS ALFAIATE,	CASA DO BENFICA EM AE	M60TC	7	3:14:14.52	13:52	2:00:37
279	1047	Hugo Daniel Pereira Fernandes,	#tiraorabodosofá	SM-TC	94	3:16:43.13	14:03	2:03:05
280	1526	Sílvia Edite Marcelo Calretas,	#tiraorabodosofá	SF-TC	59	3:16:44.40	14:03	2:03:06
281	1109	Sandra Isabel Simões Fernandes,		SF-TC	60	3:19:07.53	14:13	2:05:30

282	1053	Andreia sofia ribeiro mendes,		SF-TC	61	3:19:07.60	14:13	2:05:30
283	1221	Jimmy da Silva Frazão,	Os preguiçosos	SM-TC	95	3:20:29.67	14:19	2:06:52
284	1559	Andreia Verisimo,		SF-TC	62	3:22:20.89	14:27	2:08:43
285	1558	Mónica Faria,		SF-TC	63	3:22:25.92	14:28	2:08:48
286	1304	Célia Rosa Quitério Vieira,		F50TC	15	3:23:14.03	14:31	2:09:36
287	1305	Catarina Alexandra Casaleiro Sousa Pombo,		SF-TC	64	3:23:14.14	14:31	2:09:36
288	1083	Elisabete Lopes Mateus,	.	SF-TC	65	3:23:28.83	14:32	2:09:51
289	1319	Diana Leirião Ferreira,	.0	SF-TC	66	3:23:30.02	14:32	2:09:52
290	1110	Beatriz Pedro Ventura,		SF-TC	67	3:23:34.22	14:32	2:09:56
291	1117	Vera Lucia Matos de Oliveira,		SF-TC	68	3:24:58.50	14:38	2:11:21
292	1553	Liliana Catarina do Carmo Pereira Domingos,		SF-TC	69	3:25:12.03	14:39	2:11:34
293	1554	Teresa Margarida Silva Dinis,		F40TC	36	3:25:12.31	14:39	2:11:34
294	1286	Paula Susana de Oliveira,		SF-TC	70	3:25:13.60	14:40	2:11:36
295	1552	CELIA MARIA DOS SANTOS SILVA,		F40TC	37	3:25:13.71	14:40	2:11:36
296	1203	Vitor Manuel Marques João,	individual	M50TC	22	3:25:13.96	14:40	2:11:36
297	1551	Carlos Manuel Pedro Santos Neves,		M40TC	45	3:25:14.12	14:40	2:11:36
298	1265	Maria Rosario Matos Lopes Lino,		F50TC	16	3:26:48.87	14:46	2:13:11
299	2155	Arménio Miguel Basso Neves,		??????		3:31:48.43	15:08	2:18:10
300	1312	Ana Luisa Almeida Reis Pedro,	correr ourém	F40TC	38	3:33:02.37	15:13	2:19:24
301	1313	Gonçalo Davide Paião Lebre,	correr ourém	SM-TC	96	3:33:05.56	15:13	2:19:28
302	1126	João Paulo Henriques Courela,		M40TC	46	3:36:35.15	15:28	2:22:57
303	1055	Helena Pinto,		F40TC	39	3:38:23.76	15:36	2:24:46
304	1056	ANA PAULA SILVA,		F50TC	17	3:38:24.19	15:36	2:24:46
305	1135	Sílvia Ourives Pereira Gil,	Correr Ourém	SF-TC	71	3:38:43.98	15:37	2:25:06
306	1200	Adérito Pereira dos Reis,	Correr Ourém	M40TC	47	3:38:45.68	15:38	2:25:08
307	1199	Margarida Pereira Ferreira,	Correr Ourém	F40TC	40	3:38:47.14	15:38	2:25:09
308	1160	Mara lisa dos santos madeira,		SF-TC	72	3:40:59.53	15:47	2:27:22
309	1025	Sandra Maria Alves Castanheira,	individual	F50TC	18	3:42:03.18	15:52	2:28:25
310	1246	Elisa Maria Rodrigues S. D. Dias,	OS Galgos	F40TC	41	3:45:18.98	16:06	2:31:41
311	1512	Miguel Melo ,		SM-TC	97	3:46:22.88	16:10	2:32:45
312	1113	Cátia Alexandra Francisco Lopes,		SF-TC	73	3:46:23.71	16:10	2:32:46
313	1112	Fedra Isabel Fróis Figueiredo Rato,		F40TC	42	3:46:24.81	16:10	2:32:47
314	1256	Véronique Ferreira Rodrigues,	Loboteiros	SF-TC	74	3:47:31.30	16:15	2:33:53
315	1255	João Mendes Ferreira,		SM-TC	98	3:47:37.58	16:16	2:34:00
316	1252	Charlotte Ferreira Rodrigues,	La boteiros	SF-TC	75	3:47:38.50	16:16	2:34:01
317	1125	Adélia Margarida Faria Santos,		F40TC	43	3:47:41.03	16:16	2:34:03
318	1253	José Marques Rodrigues,	Loboteiros	M60TC	8	3:47:42.21	16:16	2:34:04
319	1254	Maria Albina Neto Ferreira Rodrigues,	Loboteiros	F50TC	19	3:47:44.83	16:16	2:34:07
320	1057	Andreia Filipa Duarte Simões,	Rancho Folclórico e Etnográfi	SF-TC	76	3:47:46.17	16:16	2:34:08
321	1058	Marta Alexandra da Silva Brites,	Rancho Folclórico e Etnográfi	SF-TC	77	3:47:47.66	16:16	2:34:10
322	1107	SIMÃO VICENTE,	Grupo Maravilha	SM-TC	99	3:48:12.30	16:18	2:34:34
323	1104	MARIA JOÃO PEREIRA,	Grupo Maravilha	SF-TC	78	3:48:24.33	16:19	2:34:46
324	1105	LILIANA CARDOSO,	Grupo Maravilha	SF-TC	79	3:48:26.94	16:19	2:34:49
325	1108	LINA RAIMUNDO,	Grupo Maravilha	F40TC	44	3:48:26.94	16:19	2:34:49
326	1106	SILVIA OLIVEIRA,	Grupo Maravilha	SF-TC	80	3:48:27.98	16:19	2:34:50
327	1040	José Horta Dias,		M50TC	23	3:54:46.51	16:46	2:41:09
328	1060	Lurdes Maria Marques Pereira Gil,	Individual	F40TC	45	3:55:21.08	16:49	2:41:43
329	1061	Ana Sofia Gil Branquinho,	Individual	SF-TC	81	3:55:21.08	16:49	2:41:43
330	1009	Sílvia Barata Ferreira,		SF-TC	82	3:58:39.03	17:03	2:45:01
331	1146	Isabel de Deus Nunes Matela,	Frufreshrunners	F40TC	46	3:58:56.23	17:04	2:45:18
332	1062	Hélia Ferreira,		SF-TC	83	4:04:32.43	17:28	2:50:54
333	1181	Helena Maria Anjos Miguel,		F50TC	20	4:04:32.86	17:28	2:50:55
334	1048	Célia Teresa Jorge Môteiro Lopes,		F50TC	21	4:04:33.82	17:28	2:50:56
335	1052	Anabela Pereira da Fonseca,		F40TC	47	4:04:36.63	17:28	2:50:59
336	1051	Yelena Malina Bach Duarte,		SF-TC	84	4:04:36.79	17:28	2:50:59
337	1049	Cátia Sofia Oliveira Dias,		SF-TC	85	4:04:36.98	17:28	2:50:59
338	1050	Cindy Carina Bernardo,		SF-TC	86	4:04:38.19	17:28	2:51:00
339	1011	Anabela Neves Vieira,		F40TC	48	4:05:41.78	17:33	2:52:04
340	1240	Olga Cabral Freitas,	Falésia do Amor	SF-TC	87	4:16:40.67	18:20	3:03:03

341	1245	Ana Catarina de Sousa Mendes,	Falésia do Amor	SF-TC	88	4:16:40.88	18:20	3:03:03
342	1244	Ana Carolina de Sousa Mendes,	Falésia do Amor	SF-TC	89	4:16:42.49	18:20	3:03:04
343	1232	Ana Filipa Lopes Silvério,		SF-TC	90	4:19:59.29	18:34	3:06:21
344	1169	Carla Maria Machado Antunes,		F40TC	49	4:30:28.29	19:19	3:16:50
345	1162	Sandra Isabel Reinas Antunes,		SF-TC	91	4:30:28.45	19:19	3:16:50
346	1014	Teresa Isabel Marques da Fonseca,		F50TC	22	4:32:28.90	19:28	3:18:51
347	1063	Maria de Fátima Patrício Esteves,		F50TC	23	4:32:36.23	19:28	3:18:58
348	1186	Manuel Marques do Nascimento,		M50TC	24	4:32:39.30	19:29	3:19:01
349	1284	Fernanda Maria da Silva Curado,		F40TC	50	4:32:42.29	19:29	3:19:04
350	1176	Anabela Vinagre de Abreu,		F40TC	51	4:32:42.43	19:29	3:19:04
351	1316	Rosa Maria Pereira Martins,		F50TC	24	4:32:42.85	19:29	3:19:05
352	1180	Inês Maria dos Santos Freitas Confraria Leite,		F50TC	25	4:32:46.97	19:29	3:19:09
353	1045	Ana Luísa Correia Barreto,	#tira ora bodos ofá	SF-TC	92	5:00:31.28	21:28	3:46:53
354	1043	Marta Simões Boto de Figueiredo,	tiraorabodosofá	SF-TC	93	5:00:32.06	21:28	3:46:54

