

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
TIAGO PEREIRA	Futebol Clube De Penafiel	1223	1	01:16:29.577	00:00:00.000
EURICO PEREIRA	Individual	1041	2	01:23:17.593	00:06:48.016
PEDRO CASTRO	Ad Marco 09	1176	3	01:24:22.347	00:07:52.770
JORGE OLIVEIRA	A.D.Amarante	1230	4	01:28:54.357	00:12:24.780
BRUNO AZEVEDO	Fridão Sem Limites	1239	5	01:30:49.613	00:14:20.036
BRUNO SOUSA	Os Aventureiros	1012	6	01:33:00.367	00:16:30.790
ASDRUBAL FREITAS	Centro Ciclista De Gondomar	1221	7	01:34:29.120	00:17:59.543
ADÃO MONTEIRO	Fridão Sem Limites	1197	8	01:34:37.870	00:18:08.293
PEDRO MONTEIRO	Turbo Kings 2.0	1089	9	01:36:41.377	00:20:11.800
FÁBIO NUNES	Fridão Sem Limites	1003	10	01:37:11.637	00:20:42.060
CARLOS GOMES	Individual	1164	11	01:37:33.377	00:21:03.800
BRUNO FERREIRA	Turbo Kings 2.0	1043	12	01:37:51.630	00:21:22.053
MODESTO VIEIRA	Casa Do Povo De Soalhães	1070	13	01:38:00.630	00:21:31.053
FERNANDO MOREIRA	Mesão Frio	1006	14	01:38:41.630	00:22:12.053
AURELIO VIEIRA	Casa Do Povo De Soalhães	1069	15	01:39:38.637	00:23:09.060
NUNO MOURA	A.D.Amarante	1229	16	01:41:23.390	00:24:53.813
CARLOS PINTO	Rs Bikes/Danibikes Team	1194	17	01:41:29.647	00:25:00.070
HENRIQUE MAGALHÃES	Individual	1226	18	01:41:31.637	00:25:02.060
AUGUSTO VIEIRA	Medimarco	1237	19	01:41:36.140	00:25:06.563
JOÃO TAVARES	Btt Alegria // Tubani	1088	20	01:41:39.387	00:25:09.810
PAULO RODRIGUES	Individual	1163	21	01:41:44.640	00:25:15.063
PEDRO NOGUEIRA	Ad Marco 09	1177	22	01:42:39.893	00:26:10.316
JOSE MONTEIRO	Ad Marco 09	1175	23	01:45:04.397	00:28:34.820
FILIPE TEIXEIRA	Individual	1213	24	01:45:36.400	00:29:06.823
VITOR CARDOSO	Baguim Runners	1024	25	01:45:55.150	00:29:25.573
JOAQUIM CORREIA	Duelo D'Ocasiao	1131	26	01:46:11.403	00:29:41.826
MARCIO BOTELHO	Duelo D'Ocasiao	1130	27	01:47:18.403	00:30:48.826
RUI MADUREIRA	Team Trail Bem Viver	1241	28	01:47:33.153	00:31:03.576
JOSÉ PINTO	Turbo Kings 2.0	1078	29	01:48:15.657	00:31:46.080
RUI COELHO	Patrol	1161	30	01:48:20.403	00:31:50.826
ANTONIO TEIXEIRA	Turbo Kings 2.0	1090	31	01:48:27.657	00:31:58.080
GILBERTO TEIXEIRA	Individual	1238	32	01:48:29.157	00:31:59.580
AGOSTINHO ALVES	Trepa Trilhos Trail Team	1210	33	01:49:16.907	00:32:47.330
LUIS TORRES	Comdor Runners	1227	34	01:49:22.157	00:32:52.580
PEDRO COELHO	Individual	1047	35	01:50:18.160	00:33:48.583
RICARDO TEIXEIRA	Arrasta O Pé	1067	36	01:50:21.660	00:33:52.083
TIAGO GANILHO	Baguim Runners	1039	37	01:50:40.530	00:34:10.953
HENRIQUE LEAL	Individual	1173	38	01:51:11.913	00:34:42.336
LUCIANO SILVA	Individual	1174	39	01:51:12.163	00:34:42.586
CARINA PEREIRA	A.D.Amarante	1228	40	01:52:31.663	00:36:02.086
SANDRA CARDOSO	Baguim Runners	1025	41	01:53:49.417	00:37:19.840
VÍTOR PEREIRA	Chicken Bodystation	1184	42	01:54:24.917	00:37:55.340
ELIANA TEIXEIRA	Fridão Sem Limites	78	43	01:54:26.167	00:37:56.590
FILIPE PINHEIRO	Fridão Sem Limites	1199	44	01:54:32.180	00:38:02.603

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MARCO SOUSA	Mouriz	1045	45	01:55:02.923	00:38:33.346
MARCOS SOUSA	Nova Linha Trail Runners	1019	46	01:55:25.423	00:38:55.846
TOMÁS PEDROSO	Art	1104	47	01:55:38.923	00:39:09.346
PAULO CLEMENTE	Individual	1139	48	01:55:47.673	00:39:18.096
TIAGO PEREIRA	Individual	85	49	01:55:58.683	00:39:29.106
JOSÉ CARDOSO	Dá Corda Aos Vitorinos	1149	50	01:55:59.433	00:39:29.856
NUNO PEREIRA	Art	1096	51	01:56:10.177	00:39:40.600
PEDRO SOUSA	Arte E Risos Eventos	1245	52	01:56:10.677	00:39:41.100
JOÃO SANTOS	Art	1099	53	01:56:10.927	00:39:41.350
TIAGO PORTELA	Turbo Kings 2.0	1224	54	01:56:40.673	00:40:11.096
DOMINGOS SOUSA	Art	1098	55	01:57:38.430	00:41:08.853
RICARDO RIBEIRO	Emna Runners	1201	56	01:57:39.427	00:41:09.850
GABRIEL RODRIGUES	Art	1097	57	01:57:51.677	00:41:22.100
ELISABETE RENTE	Individual	1138	58	01:57:53.427	00:41:23.850
JOSE COSTA	Porto	36	59	01:57:54.430	00:41:24.853
CARLOS MADUREIRA	Turbo Kings 2.0	1117	60	01:58:05.430	00:41:35.853
JOSE PINHEIRO	Arrasta O Pé	1048	61	01:58:08.677	00:41:39.100
RICARDO DIAS	Red Line	1065	62	01:58:29.180	00:41:59.603
HUGO PEREIRA	Red Line	1044	63	01:58:29.430	00:41:59.853
SÉRGIO FIGUEIREDO	Turbo Kings 2.0	1074	64	01:59:00.940	00:42:31.363
CRISTIANO SILVA	Patrol	1155	65	01:59:13.930	00:42:44.353
LEONARDO JESUS	Art	1102	66	01:59:23.680	00:42:54.103
JOÃO CARDOSO	Porto	1111	67	01:59:35.937	00:43:06.360
HORÁCIO PINTO	Individual	1077	68	01:59:42.433	00:43:12.856
FERNANDO CARVALHO	Porto	1108	69	02:01:03.187	00:44:33.610
ANTONIO NASCIMENTO	Matosinhos	1169	70	02:01:07.437	00:44:37.860
ALZIRA SOUSA	Kemedo Team	1153	71	02:01:12.433	00:44:42.856
JOÃO RIBEIRO	Jamoreira Runners	1249	72	02:02:40.223	00:46:10.646
NELSON RENATO	Individual	1123	73	02:03:15.440	00:46:45.863
LOURENÇO CARDOSO	Baguim Runners	1026	74	02:03:29.200	00:46:59.623
BRUNO TEIXEIRA	Individual	1214	75	02:03:52.693	00:47:23.116
ISIDRO ALMEIDA	Cinfães A Correr	1166	76	02:03:56.697	00:47:27.120
JOÃO CARDOSO	Cinfães A Correr	61	77	02:03:58.693	00:47:29.116
BRUNO MAIA	Javalis Portugal	1158	78	02:04:03.697	00:47:34.120
DIOGO CARDOSO	Dá Corda Aos Vitorinos	1148	79	02:04:23.193	00:47:53.616
BELMIRO REIS	Bota Brita Team	1119	80	02:05:16.447	00:48:46.870
MÁRCIO TEIXEIRA	A.D.Amarante	1235	81	02:05:42.447	00:49:12.870
PATRICIA CARVALHO	A.D.Amarante	1234	82	02:05:43.447	00:49:13.870
FILIPE MOREIRA	Pitecos	1010	83	02:05:48.947	00:49:19.370
DANIEL GUEDES	Turbo Kings 2.0	1079	84	02:06:14.197	00:49:44.620
CARLOS PAULINO	Jamoreira Runners	1247	85	02:06:48.700	00:50:19.123
VÍTOR SILVA	Marco Runners	1056	86	02:07:03.200	00:50:33.623
RUI PINTO	Paralelo Harmonioso.	1064	87	02:07:16.983	00:50:47.406
HUGO PINTO	Trepa Trilhos Trail Team	1021	88	02:08:40.953	00:52:11.376

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOSÉ MACHADO	Maia	1208	89	02:08:42.950	00:52:13.373
ANTONIO LEAL	Maia	1207	90	02:08:44.203	00:52:14.626
JOANA SILVA	Arcorun	1135	91	02:08:55.453	00:52:25.876
ANA SILVA	Trepa Trilhos Trail Team	1034	92	02:09:05.487	00:52:35.910
MARIA AGUIAR	Individual	1052	93	02:10:03.210	00:53:33.633
CARLOS MACEDO	A.D.Amarante	1231	94	02:11:04.460	00:54:34.883
PEDRO BARBOSA	Turbo Kings 2.0	1081	95	02:12:11.963	00:55:42.386
RICARDO RESENDE	Porto	1112	96	02:12:18.713	00:55:49.136
RUI CARMO	Individual	1120	97	02:12:29.210	00:55:59.633
TANIA REBELO	Porto	1116	98	02:12:34.460	00:56:04.883
RUI FREITAS	Porto	1114	99	02:12:54.467	00:56:24.890
NUNO GUEDES	Chicken Bodystation	1190	100	02:13:36.217	00:57:06.640
TIAGO CAETANO	Chicken Bodystation	1189	101	02:13:37.223	00:57:07.646
GERMANO RIBEIRO	Chicken Bodystation	1182	102	02:13:40.467	00:57:10.890
NUNO PEREIRA	Turbo Kings 2.0	1073	103	02:14:50.467	00:58:20.890
NUNO BARROSO	Vila Nova De Famalicao	1165	104	02:15:25.470	00:58:55.893
ANTÔNIO GONÇALVES	A.D.Amarante	1236	105	02:15:53.760	00:59:24.183
RUI REBELO	Porto	1115	106	02:16:05.723	00:59:36.146
ANTONIO OLIVEIRA	Porto	1106	107	02:16:06.720	00:59:37.143
LILIANA CARVALHO	Pimentinhas	1141	108	02:16:11.223	00:59:41.646
RICARDO PORTELA	Turbo Kings 2.0	1080	109	02:16:26.720	00:59:57.143
ROSA LEAL	Paços Runners	1015	110	02:16:36.723	01:00:07.146
ARMINDO SERRA	Chicken Bodystation	1188	111	02:17:05.230	01:00:35.653
RICARDO SILVA	Individual	1218	112	02:17:18.227	01:00:48.650
JOAQUIM FERREIRA	Amigo Trail Run	1095	113	02:17:23.973	01:00:54.396
LUÍS JORGE	Individual	1076	114	02:17:32.473	01:01:02.896
RUI CARVALHO	Porto	1113	115	02:18:05.003	01:01:35.426
RODRIGO AGUIAR	Ad Marco 09	60	116	02:19:11.983	01:02:42.406
CARLOS MONTEIRO	Turbo Kings 2.0	1091	117	02:19:13.480	01:02:43.903
ALEXANDRA MAIA	Trepa Trilhos Trail Team	1022	118	02:19:27.477	01:02:57.900
PAULO AZEVEDO	Casa Do Povo De Soalhães	1071	119	02:19:38.477	01:03:08.900
CANDIDA MOREIRA	Casa Do Povo De Soalhães	1072	120	02:19:38.477	01:03:08.900
JOÃO TEIXEIRA	Friande Flg	1084	121	02:19:39.233	01:03:09.656
LÍLIA MAGALHÃES	Individual	1055	122	02:19:40.240	01:03:10.663
DIOGO BALDAIA	Patrol	1152	123	02:19:44.480	01:03:14.903
RUI CORREIA	Mss Contabilidade Trail Team	1075	124	02:19:50.477	01:03:20.900
SÍLVIA MORAIS	Marco Runners	1057	125	02:19:55.477	01:03:25.900
RICARDO MAGALHÃES	Lightstory	1244	126	02:20:28.983	01:03:59.406
JORGE FERRAZ	Lightstory	1243	127	02:20:29.233	01:03:59.656
AMERICO LOUREIRO	Individual	1168	128	02:21:23.233	01:04:53.656
JOÃO ALMEIDA	Individual	1133	129	02:21:58.487	01:05:28.910
HÉLDER SERDOURA	Turbo Kings 2.0	1005	130	02:22:01.483	01:05:31.906
MARIA SOARES	Individual	1255	131	02:23:14.237	01:06:44.660
ANABELA SOARES	Individual	1219	132	02:23:15.990	01:06:46.413

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LILIANA SOARES	Individual	1203	133	02:23:17.490	01:06:47.913
VITOR SILVA	Maus Caminhos	1038	134	02:24:17.240	01:07:47.663
LILIANA COUTO	Maus Caminhos	1037	135	02:24:27.250	01:07:57.673
ANDRÉ BARBOSA	Turbo Kings 2.0	1082	136	02:24:29.243	01:07:59.666
PAULA COSTA	Amarante	1220	137	02:25:47.993	01:09:18.416
ANA SILVA	Patrol	1170	138	02:26:25.747	01:09:56.170
RUI SILVA	Individual	1246	139	02:26:55.997	01:10:26.420
ANDREIA CARDOSO	Dá Corda Aos Vitorinos	1147	140	02:27:40.503	01:11:10.926
CLARA NOBREGA	Insane Trail Team	1240	141	02:27:50.997	01:11:21.420
CARLOS FERREIRA	Autistic Runners	1132	142	02:27:54.500	01:11:24.923
VITOR PINTO	Mountain Runners	1050	143	02:29:03.000	01:12:33.423
JOSÉ SILVA	Art	1103	144	02:29:07.503	01:12:37.926
LEONARDO PAULINO	Art	1100	145	02:29:09.007	01:12:39.430
LEANDRO SANTOS	Art	1101	146	02:29:09.757	01:12:40.180
JOSÉ CASTRO	Individual	1195	147	02:29:16.003	01:12:46.426
GEORGINA FERREIRA	Individual	1196	148	02:29:16.757	01:12:47.180
JOÃO COSTA	Individual	1209	149	02:29:28.003	01:12:58.426
NUNO CALDEIRA	Turbo Kings 2.0	1192	150	02:30:06.257	01:13:36.680
PEDRO PINHEIRO	Turbo Kings 2.0	1036	151	02:30:07.503	01:13:37.926
JORGE SOUSA	Turbo Kings 2.0	1058	152	02:30:11.003	01:13:41.426
PAULO FERREIRA	Carpe Diem	1002	153	02:30:19.757	01:13:50.180
LICÍNIA SILVA	Carpe Diem	1001	154	02:30:20.507	01:13:50.930
DANIELA COUTINHO	Insane Trail Team	1212	155	02:30:24.010	01:13:54.433
SUSANA FERREIRA	Insane Trail Team	1211	156	02:30:24.253	01:13:54.676
FRANCISCO MOREIRA	Porto	1109	157	02:30:47.257	01:14:17.680
JULIO SANTOS	Porto	35	158	02:30:47.757	01:14:18.180
JOANA PINHEIRO	Marco Runners	1142	159	02:31:31.507	01:15:01.930
ALZIRA PINHEIRO	Bota Brita Team	1157	160	02:33:31.510	01:17:01.933
JOSE RODRIGUES	Tutilar Class Runners	1127	161	02:33:53.263	01:17:23.686
MARIA TEIXEIRA	Btt Alegria // Tubani	1086	162	02:34:27.263	01:17:57.686
ANA TEIXEIRA	Individual	1191	163	02:34:29.763	01:18:00.186
JOSE PEREIRA	Individual	1242	164	02:35:42.517	01:19:12.940
CLARISSE PEREIRA	Individual	1150	165	02:35:45.767	01:19:16.190
SANDRA VASCONCELOS	Individual	1137	166	02:35:56.780	01:19:27.203
PEDRO COELHO	Individual	1172	167	02:35:57.270	01:19:27.693
RUI VIEGAS	Individual	1136	168	02:35:58.267	01:19:28.690
CAMILA MANSO	Pitecos	1014	169	02:36:18.020	01:19:48.443
STEPHANIE ABREU	Vimarunners	1140	170	02:36:59.777	01:20:30.200
PAULO SILVA	Individual	1085	171	02:37:17.020	01:20:47.443
MICAELA OLIVEIRA	Princesas Empenadas	1060	172	02:40:07.027	01:23:37.450
CARLA SILVA	Princesas Empenadas	1062	173	02:40:11.777	01:23:42.200
ALEXANDRA PEREIRA	Desousacs	1018	174	02:40:19.027	01:23:49.450
JOANA VIEIRA	Chicken Bodystation	1183	175	02:41:34.280	01:25:04.703
ANA PEREIRA	Chicken Bodystation	1180	176	02:41:35.030	01:25:05.453

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PEDRO MONTEIRO	Turbo Kings 2.0	1063	177	02:43:02.280	01:26:32.703
PAULO SAMPAIO	Trepa Trilhos Trail Team	1046	178	02:43:30.283	01:27:00.706
PAULA DIAS	Trepa Trilhos Trail Team	1027	179	02:44:08.033	01:27:38.456
CATARINA FERNANDES	Individual	1215	180	02:44:09.787	01:27:40.210
ZÉLIA ANDRADE	Princesas Empenadas	1061	181	02:44:22.787	01:27:53.210
PEDRO SILVEIRA	Individual	1122	182	02:44:52.037	01:28:22.460
JOSÉ FERREIRA	Trepa Trilhos Trail Team	1193	183	02:46:11.790	01:29:42.213
PAULA SILVA	Trepa Trilhos Trail Team	1031	184	02:46:12.040	01:29:42.463
CIDÁLIA ALVES	Mountain Runners	1017	185	02:46:18.790	01:29:49.213
SANDRA CARVALHO	Mountain Runners	1051	186	02:46:20.293	01:29:50.716
SONIA SILVA	Mountain Runners	1162	187	02:46:45.290	01:30:15.713
ANA MOREIRA	Individual	1260	188	02:47:56.793	01:31:27.216
BEATRIZ MONTEIRO	Individual	1261	189	02:47:59.797	01:31:30.220
ANA SILVA	Trepa Trilhos Trail Team	1030	190	02:50:18.550	01:33:48.973
JOAQUIM FERREIRA	Fridão Sem Limites	1200	191	02:52:49.807	01:36:20.230
ANDRÉ MOREIRA	Jamoreira Runners	1248	192	02:52:51.303	01:36:21.726
PORFIRIO SILVA	Tutilar Class Runners	1126	193	03:04:38.080	01:48:08.503
RAUL CANCELA	Trepa Trilhos Trail Team	1029	194	03:05:14.580	01:48:45.003
LUISA GOMES	Trepa Trilhos Trail Team	1028	195	03:07:37.837	01:51:08.260
JOSÉ LUÍS	Bota Brita Team	1156	196	03:07:50.587	01:51:21.010
CARLOS CABOUÇO	Porto	1107	197	03:10:07.840	01:53:38.263
ANA SILVA	Individual	1206	198	03:12:38.597	01:56:09.020
MANUELA MOURA	Trepa Trilhos Trail Team	1033	199	03:12:39.847	01:56:10.270
ÂNGELA MARQUES	Individual	1205	200	03:12:40.097	01:56:10.520
MANUEL MOURA	Trepa Trilhos Trail Team	1032	201	03:12:43.847	01:56:14.270
DINA COELHO	Arrasta O Pé	1054	202	03:17:22.603	02:00:53.026
CINDY ALVES	Chicken Bodystation	1186	203	03:17:26.357	02:00:56.780
LINO SOUSA	Chicken Bodystation	1187	204	03:17:29.607	02:01:00.030
JORGE PORTELA	Turbo Kings 2.0	1146	205	03:22:18.863	02:05:49.286
BERTO BARBOSA	Turbo Kings 2.0	1049	206	03:22:21.617	02:05:52.040
ANA SILVA	Desousacs	1016	207	03:30:23.130	02:13:53.553
CARLA SILVA	Desousacs	1020	208	03:30:23.130	02:13:53.553
SANDRA SILVEIRA	Individual	1121	209	03:30:24.383	02:13:54.806
JOSÉ RIBEIRO	Casenupe	1160	210	03:37:47.897	02:21:18.320
SENIA PEREIRA	Casenupe	1159	211	03:37:51.893	02:21:22.316
NATÁLIA LEITE	Arrasta O Pé	1066	212	03:39:19.903	02:22:50.326
DANIELA PINTO	Individual	1257	213	03:46:27.667	02:29:58.090
SÍLVIA MARINHO	Individual	1217	214	03:46:30.163	02:30:00.586
CARLA OLIVEIRA	Individual	1256	215	03:47:43.420	02:31:13.843
MAURICIO TEIXEIRA	Individual	1258	216	03:47:44.167	02:31:14.590