

14K - Rota da Broa

Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	T/Km	Km/h	Cat/Pos
1	302	BRUNO GONÇALVES	GRVILAVERDENSE	M: 1	14K	01:13:55.68	05:16	11.4kph	SenMasc: 1
2	416	RICARDO SANTOS	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M: 2	14K	01:15:35.69	05:23	11.1kph	SenMasc: 2
3	375	PEDRO BATISTA	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	M: 3	14K	01:20:00.23	05:42	10.5kph	SenMasc: 3
4	394	ALEX SILVA	GRVILAVERDENSE	M: 4	14K	01:21:13.39	05:48	10.3kph	M40: 1
5	370	DIOGO ALVES	PSEUDOATLETAS	M: 5	14K	01:22:28.69	05:53	10.2kph	SenMasc: 4
6	417	SÉRGIO MIGUEL FERREIRA	BARCOUÇO BIKE TEAM / TP PASCOAL / 111 SPORT	M: 6	14K	01:22:54.87	05:55	10.1kph	SenMasc: 5
7	392	WILSON SUBTIL	NDA	M: 7	14K	01:25:09.93	06:04	9.9kph	M40: 2
8	361	SERGIO PAIS	VACA TT	M: 8	14K	01:25:59.01	06:08	9.8kph	M40: 3
9	384	RENATO SANTOS	VILAVENTURA - TRAIL RUNNING TEAM	M: 9	14K	01:27:47.43	06:16	9.6kph	SenMasc: 6
10	356	NUNO ARELO	NÃO DÁ +	M: 10	14K	01:29:00.73	06:21	9.4kph	SenMasc: 7
11	345	FILipe ANTONIO	TRAIL DA LADEIA RUNNING TEAM	M: 11	14K	01:29:29.69	06:23	9.4kph	M40: 4
12	360	RUI FARIA	VACA TT	M: 12	14K	01:32:20.27	06:35	9.1kph	M40: 5
13	374	FLAVIO FRANCISCO	INDIVIDUAL	M: 13	14K	01:35:34.78	06:49	8.8kph	SenMasc: 8
14	315	FÁBIO MENDES	BAD BOYS	M: 14	14K	01:35:55.60	06:51	8.8kph	SenMasc: 9
15	329	JOÃO OCTÁVIO	ARSM - A. RECREATIVA DE S. MIGUEL	M: 15	14K	01:37:30.93	06:57	8.6kph	SenMasc: 10
16	372	PEDRO FIGUEIREDO	BIO TEAM RUN	M: 16	14K	01:37:40.75	06:58	8.6kph	SenMasc: 11
17	406	RUI ABREU	DÁ-LHE GÁS TEAM	M: 17	14K	01:39:13.26	07:05	8.5kph	M40: 6
18	331	JOÃO PIRES	INDIVIDUAL	M: 18	14K	01:39:26.99	07:06	8.4kph	M50: 1
19	336	RODRIGO SANTOS	DÁ-LHE GÁS TEAM	M: 19	14K	01:40:06.96	07:09	8.4kph	SenMasc: 12
20	398	LUIS MENDES	NEXEBRA TRAIL TEAM	M: 20	14K	01:40:24.57	07:10	8.4kph	M40: 7
21	350	NUNO BELO	INDIVIDUAL	M: 21	14K	01:41:13.14	07:13	8.3kph	SenMasc: 13
22	369	PAULO MENDES	PSEUDOATLETAS	M: 22	14K	01:41:54.32	07:16	8.2kph	SenMasc: 14
23	381	CARLOS MANSO	INDIVIDUAL	M: 23	14K	01:41:54.71	07:16	8.2kph	SenMasc: 15
24	344	RICARDO LOPES	CUMIBROA BIKE RUNNING TEAM	M: 24	14K	01:42:45.36	07:20	8.2kph	Geral Masculina: 24
25	380	CLAUDIO CARVALHO	INDIVIDUAL	M: 25	14K	01:43:04.43	07:21	8.1kph	SenMasc: 16
26	421	HUMBERTO OLIVEIRA	CENTRO TRAIL CARLOS SÁ TEAM PENACOVA	M: 26	14K	01:44:20.00	07:27	8.1kph	SenMasc: 17
27	304	JORGE LOPES	TRAIL DA LADEIA RUNNING TEAM	M: 27	14K	01:46:37.70	07:36	7.9kph	M40: 8
28	389	RUBEN FERREIRA	SICÓRITMO	M: 28	14K	01:47:53.68	07:42	7.8kph	SenMasc: 18
29	346	PAULA MARTINS	INDIVIDUAL	F: 1	14K	01:49:23.88	07:48	7.7kph	F40: 1
30	405	FERNANDO MEDEIROS	AVELAR	M: 29	14K	01:50:21.13	07:52	7.6kph	M50: 2
31	364	MARCO ALEXANDRE COSTA SANTOS	COIMBRA	M: 30	14K	01:51:35.41	07:58	7.5kph	SenMasc: 19
32	357	HÉLIO S SOARES PAULINO	RODA DIANTEIRA	M: 31	14K	01:51:35.75	07:58	7.5kph	M40: 9
33	390	ANDRÉ SARDINHA	SICÓRITMO	M: 32	14K	01:51:45.56	07:58	7.5kph	SenMasc: 20
34	366	GABRIELA OLIVEIRA	TEAM KORPO ACTIVO	F: 2	14K	01:51:48.10	07:59	7.5kph	SenFem: 1
35	352	MÁRIO CARVALHO	INDIVIDUAL	M: 33	14K	01:52:15.81	08:01	7.5kph	M50: 3
36	368	FERNANDO GOMES	INDIVIDUAL	M: 34	14K	01:52:20.28	08:01	7.5kph	M50: 4
37	327	JOEL MENDES	INDIVIDUAL	M: 35	14K	01:52:33.72	08:02	7.5kph	SenMasc: 21
38	386	ZE MIGUEL	INDIVIDUAL	M: 36	14K	01:52:36.80	08:02	7.5kph	SenMasc: 22
39	382	BRUNO SILVA	NÃO DÁ +	M: 37	14K	01:54:04.70	08:08	7.4kph	SenMasc: 23
40	399	RUI MANUEL MORGADO	ANSIÃO	M: 38	14K	01:54:38.07	08:11	7.3kph	SenMasc: 24
41	367	MARISA GOMES	INDIVIDUAL	F: 3	14K	01:55:30.57	08:15	7.3kph	SenFem: 2
42	371	CARLA GOMES	INDIVIDUAL	F: 4	14K	01:55:31.18	08:15	7.3kph	SenFem: 3
43	401	BERNARDO ALVES	FLASHOVER-BVPENELA	M: 39	14K	01:55:46.00	08:16	7.3kph	SenMasc: 25
44	340	JOÃO FERNANDES	AVELAR	M: 40	14K	01:55:46.63	08:16	7.3kph	M40: 10
45	402	LUIS ALVES	FLASHOVER-BVPENELA	M: 41	14K	01:55:46.79	08:16	7.3kph	M40: 11
46	362	CARLOS ALBERTO FERREIRA AFONSO	NEXEBRA TRAIL TEAM	M: 42	14K	01:56:10.97	08:17	7.2kph	M40: 12
47	363	ANTÓNIO ALVES	NEXEBRA TRAIL TEAM	M: 43	14K	01:56:11.17	08:17	7.2kph	M40: 13
48	335	CARINA SOUSA	DÁ-LHE GÁS TEAM	F: 5	14K	01:56:12.86	08:18	7.2kph	SenFem: 4
49	385	JOSÉ ANTUNES	DÁ-LHE GÁS TEAM	M: 44	14K	01:56:17.32	08:18	7.2kph	M40: 14
50	388	JORGE MANUEL ROCHA	INDIVIDUAL	M: 45	14K	01:56:23.18	08:18	7.2kph	M40: 15
51	307	FÁTIMA MACHADO	CPT COIMBRA	F: 6	14K	01:58:28.41	08:27	7.1kph	F50: 1
52	396	PEDRO MENDES	GADANHA PAVIMENTOS	M: 46	14K	01:58:51.04	08:29	7.1kph	M40: 16
53	378	JOÃO GANTE GÓIS	COIMBRA TRAIL RUNNING	M: 47	14K	01:59:29.23	08:32	7.0kph	M50: 5
54	347	MÁRIO MEDEIROS	INDIVIDUAL	M: 48	14K	01:59:54.85	08:33	7.0kph	M50: 6

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Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	T/Km	Km/h	Cat/Pos
55	321	JOAO SIMOES	AVELAR	M: 49	14K	02:00:07.55	08:34	7.0kph	M50: 7
56	365	ISABEL SANTOS	INDIVIDUAL	F: 7	14K	02:00:12.15	08:35	7.0kph	F40: 2
57	318	ANDRE FERREIRA	INDIVIDUAL	M: 50	14K	02:00:47.66	08:37	7.0kph	SenMasc: 26
58	328	DANIEL CARVALHO	ARSM - A. RECREATIVA DE S. MIGUEL	M: 51	14K	02:01:41.32	08:41	6.9kph	SenMasc: 27
59	358	LUIS ALVES	INDIVIDUAL	M: 52	14K	02:02:19.69	08:44	6.9kph	SenMasc: 28
60	397	ISAAC GADANHA	GADANHA PAVIMENTOS	M: 53	14K	02:03:00.18	08:47	6.8kph	SenMasc: 29
61	354	RODRIGO FERREIRA	INDIVIDUAL	M: 54	14K	02:03:05.67	08:47	6.8kph	Geral Masculina: 54
62	359	DANIELA GUERRA	TEAM KORPO ACTIVO	F: 8	14K	02:05:08.82	08:56	6.7kph	SenFem: 5
63	343	MARINA CAETANO	ABUTRES	F: 9	14K	02:06:52.49	09:03	6.6kph	F40: 3
64	323	PATRÍCIA ABREU	INDIVIDUAL	F: 10	14K	02:06:53.15	09:03	6.6kph	SenFem: 6
65	308	FERNANDO MACHADO	CPT COIMBRA	M: 55	14K	02:07:31.33	09:06	6.6kph	M50: 8
66	337	FERNANDA SIMÕES SIMÕES	INDIVIDUAL	F: 11	14K	02:07:45.94	09:07	6.6kph	F50: 2
67	320	HELDER CARRASQUEIRA	DÁ-LHE GÁS TEAM	M: 56	14K	02:07:46.41	09:07	6.6kph	M40: 17
68	355	LUIS SIMÕES	FLASHOVER-BVPENELA	M: 57	14K	02:09:17.88	09:14	6.5kph	SenMasc: 30
69	423	FRANCISCO BORGES	TU EEU	M: 58	MT	02:10:21.35	09:18	6.4kph	M40: 18
70	424	MARGARETE RODRIGUES	TU EEU	F: 12	MT	02:10:21.91	09:18	6.4kph	SenFem: 7
71	330	FATIMA ANASTACIO	DÁ-LHE GÁS TEAM	F: 13	14K	02:11:39.66	09:24	6.4kph	F40: 4
72	415	SANDRA ISABEL SANTOS	INDIVIDUAL	F: 14	14K	02:11:40.61	09:24	6.4kph	SenFem: 8
73	431	ANABELA FERREIRA	INDIVIDUAL	F: 15	MT	02:11:45.52	09:24	6.4kph	F40: 5
74	400	CARLA SANTOS	INDIVIDUAL	F: 16	14K	02:16:34.62	09:45	6.2kph	SenFem: 9
75	377	FAUSTO REIS	COIMBRA	M: 59	14K	02:17:00.64	09:47	6.1kph	SenMasc: 31
76	393	MARILIA TEIXEIRA	INDIVIDUAL	F: 17	14K	02:17:46.09	09:50	6.1kph	SenFem: 10
77	395	CARLOS GASPAR	INDIVIDUAL	M: 60	14K	02:17:46.36	09:50	6.1kph	M50: 9
78	310	PAULO RODRIGUES	INDIVIDUAL	M: 61	14K	02:18:19.85	09:52	6.1kph	M50: 10
79	305	MARIA PEREIRA	CPT COIMBRA	F: 18	14K	02:20:06.36	10:00	6.0kph	SenFem: 11
80	306	ANA RODRIGUES	PENELA	F: 19	14K	02:20:16.76	10:01	6.0kph	SenFem: 12
81	353	LUÍS FERREIRA	INDIVIDUAL	M: 62	14K	02:20:34.02	10:02	6.0kph	M40: 19
82	404	JOSÉ SANTOS	INDIVIDUAL	M: 63	14K	02:20:35.28	10:02	6.0kph	SenMasc: 32
83	338	TÂNIA SILVA	TEAM KORPO ACTIVO	F: 20	14K	02:20:35.65	10:02	6.0kph	SenFem: 13
84	325	EKATERINA AUGUSTO	INDIVIDUAL	F: 21	14K	02:23:50.07	10:16	5.8kph	F40: 6
85	317	ANTÓNIO CASTANHEIRA	CPT COIMBRA	M: 64	14K	02:23:59.74	10:17	5.8kph	M50: 11
86	383	ANABELA VIEIRA AMARAL	INDIVIDUAL	F: 22	14K	02:26:23.37	10:27	5.7kph	F50: 3
87	407	FLORBELA FERNANDES	TRIBO NR	F: 23	14K	02:26:24.95	10:27	5.7kph	F40: 7
88	316	GRAÇA CASTANHEIRA	CPT COIMBRA	F: 24	14K	02:29:09.14	10:39	5.6kph	F50: 4
89	379	SÉRGIO ALVES	FAT FAST RUNNERS	M: 65	14K	02:30:57.66	10:46	5.6kph	SenMasc: 33
90	326	ANABELA ROXO	DÁ-LHE GÁS TEAM	F: 25	14K	02:32:16.22	10:52	5.5kph	F50: 5
91	342	MARIA MATEUS	ABUTRES	F: 26	14K	02:32:34.15	10:53	5.5kph	SenFem: 14
92	311	PEDRO SANTOS	INDIVIDUAL	M: 66	14K	02:35:47.23	11:07	5.4kph	SenMasc: 34
93	309	MARIA JOÃO NOGUEIRA	CPT COIMBRA	F: 27	14K	02:36:36.36	11:11	5.4kph	F40: 8
94	387	JOÃO LUCAS	TARAHUMARA	M: 67	14K	02:36:55.55	11:12	5.4kph	SenMasc: 35
95	403	CARLOS LEITAO	TARAHUMARA	M: 68	14K	02:36:55.97	11:12	5.4kph	M40: 20
96	422	LEANDRO CRAVEIRO	OUT 2 RUN MIRO	M: 69	14K	02:37:00.54	11:12	5.4kph	SenMasc: 36
97	339	JESSICA CARDOSO	TEAM KORPO ACTIVO	F: 28	14K	02:37:05.89	11:13	5.3kph	SenFem: 15
98	349	SÓNIA ANTUNES	ABUTRES	F: 29	14K	02:40:07.12	11:26	5.2kph	SenFem: 16
99	348	RUI MANUEL MENDES	ABUTRES	M: 70	14K	02:40:07.18	11:26	5.2kph	M40: 21
100	332	EDITE SIMÕES	INDIVIDUAL	F: 30	14K	02:41:00.64	11:30	5.2kph	F50: 6
101	322	MARIA FREIRE	AVELAR	F: 31	14K	02:41:28.04	11:32	5.2kph	F50: 7
102	313	LURDES MARTINS	CPT COIMBRA	F: 32	14K	02:43:57.44	11:42	5.1kph	F50: 8
103	314	PEDRO MARTINS	CPT COIMBRA	M: 71	14K	02:44:02.00	11:43	5.1kph	M50: 12
104	312	TÂNIA MARTINS	CPT COIMBRA	F: 33	14K	02:53:30.56	12:23	4.8kph	SenFem: 17
105	351	PEDRO ALVES	INDIVIDUAL	M: 72	14K	02:05:49.86	08:59	6.7kph	: