

TRAIL CURTO - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:10	12.8°C	93%
End	12:23	12.8°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	527	NUNO CARNEIRO	clube zipper	Senior Masculino	01:19:32		05:18
2	576	Andre	individual	Senior Masculino	01:20:48	+01:16	05:23
3	523	Camilo guedes	clube pessoal aguas gaia	Veterano M40	01:22:45	+03:13	05:31
4	607	Francelino Resende	individual	Veterano M40	01:23:29	+03:57	05:34
5	683	Rui Oliveira	vila maior em turismo	Veterano M40	01:23:38	+04:06	05:35
6	546	Patrick Marques	fsl	Veterano M40	01:25:45	+06:13	05:43
7	577	Bruno Gonçalves	individual	Senior Masculino	01:26:01	+06:29	05:44
8	518	FILIPE FONTES	cal - clube atletismo de lamas	Veterano M40	01:26:13	+06:41	05:45
9	678	Ricardo Topa	vila maior em turismo	Senior Masculino	01:26:35	+07:03	05:46
10	689	Davide Leite	fiaes running	Veterano M40	01:27:08	+07:36	05:49
11	616	Rui Gomes	individual	Veterano M40	01:27:41	+08:09	05:51
12	517	AUGUSTO ALUAI	cal - clube atletismo de lamas	Veterano M40	01:28:13	+08:41	05:53
13	684	Antonio Marques	vila maior em turismo	Veterano M50	01:29:02	+09:30	05:56
14	522	AGOSTINHO COSTA	ccdr fundo vila	Veterano M50	01:30:27	+10:55	06:02
15	680	Julio Oliveira	vila maior em turismo	Veterano M40	01:31:00	+11:28	06:04
16	686	Paulo Mota	vsud	Veterano M40	01:33:18	+13:46	06:13
17	635	PAULO OLIVEIRA	oralklass	Senior Masculino	01:33:34	+14:02	06:14
18	508	segundo rodrigues	arcorun	Veterano M50	01:34:00	+14:28	06:16
19	648	Manuel Abreu	running espinho	Veterano M40	01:34:00	+14:28	06:16
20	677	Paulo da Silva	vila maior em turismo	Senior Masculino	01:34:43	+15:10	06:19
21	534	Bruno silva	fiaes running	Senior Masculino	01:35:14	+15:42	06:21
22	575	Alexandre Brandão Andrade Leite	individual	Senior Masculino	01:35:17	+15:45	06:21
23	621	Jacinto silva saraiva	individual	Veterano M50	01:37:04	+17:32	06:28
24	696	Alcino Santos	individual	Veterano M50	01:37:14	+17:42	06:29
25	535	Filipe santos	fiaes running	Senior Masculino	01:38:14	+18:41	06:33
26	585	Nuno Ribeiro	individual	Senior Masculino	01:38:30	+18:58	06:34
27	556	Nuno Pereira	grupo de corrida de argoncilhe	Veterano M40	01:38:57	+19:25	06:36
28	516	Agostinho Marques	cal - clube atletismo de lamas	Veterano M40	01:39:16	+19:43	06:37
29	623	Manuel oliveira	individual	Veterano M50	01:39:29	+19:57	06:38
30	622	José Manuel Oliveira Leite	individual	Veterano M50	01:41:48	+22:16	06:47
31	506	Paulo Grilo	arcorun	Veterano M40	01:41:49	+22:17	06:47
32	502	Roberto Daniel Alves Freitas	a.d.sebolido trail boneca dourou	Senior Masculino	01:42:41	+23:09	06:51
33	642	Tiago Oliveira	running espinho	Senior Masculino	01:42:41	+23:09	06:51
34	618	ADRIANO MATIAS	individual	Veterano M50	01:43:24	+23:52	06:54
35	617	sérgio oliveira	individual	Veterano M40	01:43:25	+23:53	06:54
36	545	Filipe couto	filipe	Senior Masculino	01:43:58	+24:26	06:56
37	513	Vitor Maia	cães do trail	Senior Masculino	01:43:58	+24:26	06:56
38	646	Eduardo Pinto	running espinho	Veterano M40	01:43:59	+24:27	06:56
39	555	António Manuel Prata	grupo de corrida de argoncilhe	Veterano M40	01:44:00	+24:28	06:56
40	640	Paulo Reis	running esmoriz	Senior Masculino	01:44:02	+24:29	06:56
41	612	Marco Almeida	individual	Veterano M40	01:44:08	+24:36	06:57

TRAIL CURTO - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	643	Cristina Conde Passos	running espinho	Veterana F40	01:44:23	+24:51	06:58
43	647	José Gomes	running espinho	Veterano M40	01:44:23	+24:51	06:58
44	521	Ramiro Silva	caldas s. jorge sport clube	Veterano M50	01:45:19	+25:47	07:01
45	673	ALBERTO SOUSA	trail running clube btt sanguedo	Veterano M50	01:45:23	+25:51	07:02
46	615	Raul Silva	individual	Veterano M40	01:45:55	+26:23	07:04
47	547	CARINA PINHO	ginásio fit4fun	Senior Feminino	01:46:28	+26:56	07:06
48	627	Marco Moreira	limitless	Senior Masculino	01:46:28	+26:56	07:06
49	682	Manuel Silva	vila maior em turismo	Veterano M40	01:46:31	+26:58	07:06
50	501	Pedro Vieira	a.d.sebolido trail boneca douro	Senior Masculino	01:47:26	+27:54	07:10
51	567	Raquel Andrade	individual	Senior Feminino	01:48:45	+29:13	07:15
52	578	Bruno Moura	individual	Senior Masculino	01:48:46	+29:13	07:15
53	552	Tiago Oliveira	grupo de corrida de argoncilhe	Senior Masculino	01:49:50	+30:18	07:19
54	591	Vítor lopes	individual	Senior Masculino	01:50:06	+30:34	07:20
55	666	André Oliveira	trail running clube btt sanguedo	Veterano M40	01:50:14	+30:42	07:21
56	675	LÁZARO COSTA	trail running clube btt sanguedo	Veterano M50	01:50:21	+30:49	07:21
57	690	Maria Leite	individual	Veterana F40	01:50:29	+30:57	07:22
58	629	Mara Célia	mc	Senior Feminino	01:50:52	+31:20	07:23
59	630	Armando Leite	mc	Senior Masculino	01:50:52	+31:20	07:23
60	694	Rui Martins	individual	Senior Masculino	01:50:59	+31:27	07:24
61	606	Constantino Mota	individual	Veterano M40	01:51:20	+31:48	07:25
62	582	HUGO RICARDO SOARES DE PINHO LIMA	individual	Senior Masculino	01:51:26	+31:54	07:26
63	604	Carlos Augusto Martins da Silva	individual	Veterano M40	01:51:27	+31:55	07:26
64	541	Miguel Santos	fiaes running	Veterano M40	01:51:58	+32:25	07:28
65	598	Sandra Canelha	individual	Veterana F40	01:52:13	+32:41	07:29
66	600	Americo Vicente Amorim Alves Pinto	individual	Veterano M40	01:52:17	+32:45	07:29
67	540	Miguel Ferreira	fiaes running	Veterano M40	01:54:09	+34:37	07:37
68	507	Vítor Folgado	arcorun	Veterano M40	01:54:27	+34:55	07:38
69	579	Fernando Pinto	individual	Senior Masculino	01:54:34	+35:02	07:38
70	650	Carlos Silva	running espinho	Veterano M50	01:54:39	+35:07	07:39
71	632	Ricardo Oliveira	mc	Senior Masculino	01:54:44	+35:12	07:39
72	590	Sérgio Rocha	individual	Senior Masculino	01:55:06	+35:34	07:40
73	538	Fátima pais	fiaes running	Veterana F50	01:55:13	+35:41	07:41
74	512	António José Pinheiro	aztrail	Veterano M40	01:55:29	+35:57	07:42
75	549	Conceição Ferreira	ginásio fit4fun	Veterana F50	01:55:50	+36:18	07:43
76	597	Patricia fernandes	individual	Veterana F40	01:55:59	+36:27	07:44
77	566	Mariana Batista	individual	Senior Feminino	01:56:45	+37:13	07:47
78	515	JOSÉ COELHO	cal - clube atletismo de lamas	Senior Masculino	01:56:51	+37:19	07:47
79	626	Hugo Ribeiro	limitless	Senior Masculino	01:56:55	+37:23	07:48
80	628	Rui Guedes	limitless	Senior Masculino	01:56:55	+37:23	07:48
81	573	Solange Sousa	individual	Senior Feminino	01:57:17	+37:45	07:49
82	691	Pedro Oliveira	individual	Veterano M40	01:57:30	+37:58	07:50
83	526	Jose barbosa	clube pessoal aguas gaia	Veterano M50	01:58:19	+38:46	07:53
84	638	João Paulo Regal de Sousa	os mangueias	Senior Masculino	01:58:21	+38:49	07:53
85	536	Pedro Custódio	fiaes running	Senior Masculino	02:00:16	+40:44	08:01

TRAIL CURTO - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	514	FILIPE MOREIRA	cal - clube atletismo de lamas	Senior Masculino	02:00:26	+40:54	08:02
87	570	Sandra Santos	individual	Senior Feminino	02:01:16	+41:43	08:05
88	558	José Santos	grupo de corrida de argoncilhe	Veterano M50	02:01:27	+41:55	08:06
89	676	Daniel Gonçalves Carvalho	vegan athletes	Senior Masculino	02:01:46	+42:14	08:07
90	505	Jorge Santos	arcorun	Veterano M40	02:02:46	+43:14	08:11
91	624	Rosa Lídia Silva	ligeirinhos	Veterana F40	02:02:52	+43:20	08:11
92	548	ANA PISSARRA	ginásio fit4fun	Veterana F40	02:03:16	+43:44	08:13
93	550	Angelo Pinho	ginásio fit4fun	Veterano M40	02:03:17	+43:44	08:13
94	537	Olga gomes	fiaes running	Veterana F40	02:03:57	+44:25	08:16
95	14	Jose falcão	fiaes running	Veterano M50	02:03:57	+44:25	08:16
96	511	Arnaldo Silva	avintes javalis trail team	Veterano M50	02:04:57	+45:25	08:20
97	589	Sérgio Guimbra	individual	Senior Masculino	02:05:04	+45:32	08:20
98	595	Isabel Cristina Marinha	individual	Veterana F40	02:05:08	+45:36	08:21
99	651	Jose pereira	running espinho	Veterano M50	02:05:43	+46:11	08:23
100	613	Mário Silva	individual	Veterano M40	02:05:54	+46:22	08:24
101	619	Fernando	individual	Veterano M50	02:05:57	+46:24	08:24
102	656	CARINA NEVES	trail running clube btt sanguedo	Senior Feminino	02:06:00	+46:28	08:24
103	603	Bruno Miguel Tavares	individual	Veterano M40	02:06:10	+46:38	08:25
104	661	Miguel Oliveira	trail running clube btt sanguedo	Senior Masculino	02:06:15	+46:43	08:25
105	554	Manuela Sousa	grupo de corrida de argoncilhe	Veterana F50	02:06:48	+47:16	08:27
106	692	Victor Sousa	individual	Senior Masculino	02:07:58	+48:26	08:32
107	611	Manuel Paiva	individual	Veterano M40	02:08:07	+48:34	08:32
108	560	Tiago	individual	Senior Masculino	02:09:00	+49:28	08:36
109	625	Deolinda Silva	ligeirinhos	Veterana F50	02:10:58	+51:26	08:44
110	10	JOSÉ MOREIRA	cal - clube atletismo de lamas	Senior Masculino	02:13:16	+53:44	08:53
111	568	Rosa Lopes	individual	Senior Feminino	02:14:24	+54:52	08:58
112	524	Jorge santos	clube pessoal aguas gaia	Veterano M50	02:14:26	+54:54	08:58
113	533	Teresa Amorim	fiaes running	Senior Feminino	02:14:27	+54:55	08:58
114	503	Joana Melo	ac portalegre/utsm	Senior Feminino	02:15:37	+56:05	09:02
115	543	Ricardo Ferreira	fiaes running	Veterano M40	02:15:57	+56:25	09:04
116	644	Cristina Couto	running espinho	Veterana F40	02:16:59	+57:27	09:08
117	641	Rosa Rodrigues	running espinho	Senior Feminino	02:17:01	+57:29	09:08
118	679	Ivo Couto	vila maior em turismo	Veterano M40	02:17:10	+57:38	09:09
119	639	Susana Canhola	pernetas	Veterana F40	02:17:39	+58:07	09:11
120	667	CARLOS SILVA	trail running clube btt sanguedo	Veterano M40	02:18:11	+58:39	09:13
121	553	Vasco Neves	grupo de corrida de argoncilhe	Senior Masculino	02:18:18	+58:46	09:13
122	563	Elsa Volta	individual	Senior Feminino	02:18:21	+58:49	09:13
123	510	Paulo Henriques	avintes javalis trail team	Veterano M40	02:19:18	+59:46	09:17
124	509	José Teixeira	avintes javalis trail team	Veterano M40	02:19:19	+59:46	09:17
125	559	Rui Oliveira	grupo de corrida de argoncilhe	Veterano M50	02:19:46	+01:00:13	09:19
126	504	Glória Santos	arcorun	Veterana F50	02:21:46	+01:02:14	09:27
127	608	Gabriel Rodrigues Ferreira	individual	Veterano M40	02:24:08	+01:04:36	09:37
128	614	Paulo Lara	individual	Veterano M40	02:24:38	+01:05:06	09:39
129	588	Rui Correia	individual	Senior Masculino	02:24:38	+01:05:06	09:39
130	620	Fernando Mário Oliveira da Silva	individual	Veterano M50	02:25:08	+01:05:36	09:41

TRAIL CURTO - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	637	Diana Carneiro	os fugitivos da crise	Veterana F40	02:26:37	+01:07:05	09:46
132	636	Daniel Machado	os fugitivos da crise	Senior Masculino	02:26:38	+01:07:06	09:47
133	532	Sofia leal	fiaes running	Senior Feminino	02:26:52	+01:07:20	09:47
134	520	Serafim Sousa	cal - clube atletismo de lamas	Veterano M50	02:26:52	+01:07:20	09:47
135	544	patricia Gomes	filipe	Senior Feminino	02:27:35	+01:08:03	09:50
136	580	FILIPE CARDOSO ARAUJO	individual	Senior Masculino	02:30:04	+01:10:32	10:00
137	609	jose augusto sousa de oliveira	individual	Veterano M40	02:30:19	+01:10:47	10:01
138	645	Sandra Ferreira	running espinho	Veterana F40	02:30:58	+01:11:26	10:04
139	592	Alexandra Soares	individual	Veterana F40	02:31:57	+01:12:25	10:08
140	562	Carla Susana Flores Cardoso Magalhães	individual	Senior Feminino	02:32:05	+01:12:33	10:08
141	601	António Miguel Araújo de Magalhães	individual	Veterano M40	02:32:05	+01:12:33	10:08
142	695	Carla Coelho	individual	Senior Feminino	02:34:02	+01:14:30	10:16
143	564	Maria de Fátima Oliveira	individual	Senior Feminino	02:34:10	+01:14:38	10:17
144	574	Vanessa	individual	Senior Feminino	02:35:11	+01:15:39	10:21
145	569	Rute Couto	individual	Senior Feminino	02:35:12	+01:15:40	10:21
146	581	Gabriel	individual	Senior Masculino	02:35:13	+01:15:41	10:21
147	551	Anabela Sousa	grupo de corrida de argoncilhe	Senior Feminino	02:35:15	+01:15:43	10:21
148	599	Álvaro Costa	individual	Veterano M40	02:40:54	+01:21:22	10:44
149	685	César Gomes	vsud	Senior Masculino	02:41:08	+01:21:35	10:45
150	687	Vitor Costa	individual	Senior Masculino	02:42:55	+01:23:23	10:52
151	693	Salome Barbosa	individual	Senior Feminino	02:43:28	+01:23:56	10:54
152	528	Filipe Moutinho	dragon runners	Veterano M40	02:43:36	+01:24:04	10:54
153	649	Paulo Alexandre Ladeira	running espinho	Veterano M40	02:43:47	+01:24:14	10:55
154	565	maria oliveira	individual	Senior Feminino	02:44:24	+01:24:52	10:58
155	681	Luis Santos	vila maior em turismo	Veterano M40	02:45:14	+01:25:42	11:01
156	586	Ricardo Costa	individual	Senior Masculino	02:45:59	+01:26:27	11:04
157	519	PAULO MELO	cal - clube atletismo de lamas	Veterano M40	02:46:34	+01:27:02	11:06
158	594	Heloise Rodrigues	individual	Veterana F40	02:46:36	+01:27:03	11:06
159	602	Artur Fonseca	individual	Veterano M40	02:47:43	+01:28:11	11:11
160	539	Jose herdeiro	fiaes running	Veterano M40	02:53:41	+01:34:08	11:35
161	531	Paula Ferreira	fiaes running	Senior Feminino	02:53:43	+01:34:11	11:35
162	659	SÓNIA ROCHA	trail running clube btt sanguedo	Senior Feminino	02:53:43	+01:34:11	11:35
163	571	Sandra Zeferino	individual	Senior Feminino	02:55:00	+01:35:28	11:40
164	572	Sofia Pimentel	individual	Senior Feminino	02:55:00	+01:35:28	11:40
165	530	patricia marlene serralva	fiaes running	Senior Feminino	03:03:07	+01:43:35	12:12
166	593	Alice Cristina Cardoso Couto	individual	Veterana F40	03:05:57	+01:46:25	12:24
167	652	Alexandra Bessa	team aguenta aí	Veterana F40	03:08:03	+01:48:30	12:32
168	653	Manuel Jorge	team aguenta aí	Veterano M40	03:08:03	+01:48:31	12:32

Obs

BIB	NOTE	NAME	TEAM	CAT
542	DNF	Pedro Bastos	Fiaes running	Veterano M40

Trail Curto

15 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:10	12.8°C	93%
End	12:23	12.8°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	547	CARINA PINHO	Ginásio Fit4Fun	Senior Feminino	01:46:28	+26:56	07:06
2	567	Raquel Andrade	Individual	Senior Feminino	01:48:45	+29:13	07:15
3	629	Mara Célia	MC	Senior Feminino	01:50:52	+31:20	07:23
4	566	Mariana Batista	Individual	Senior Feminino	01:56:45	+37:13	07:47
5	573	Solange Sousa	Individual	Senior Feminino	01:57:17	+37:45	07:49
6	570	Sandra Santos	Individual	Senior Feminino	02:01:16	+41:43	08:05
7	656	CARINA NEVES	trail running clube btt sanguedo	Senior Feminino	02:06:00	+46:28	08:24
8	568	Rosa Lopes	Individual	Senior Feminino	02:14:24	+54:52	08:58
9	533	Teresa Amorim	Fiaes running	Senior Feminino	02:14:27	+54:55	08:58
10	503	Joana Melo	AC Portalegre/UTSM	Senior Feminino	02:15:37	+56:05	09:02
11	641	Rosa Rodrigues	Running Espinho	Senior Feminino	02:17:01	+57:29	09:08
12	563	Elsa Volta	Individual	Senior Feminino	02:18:21	+58:49	09:13
13	532	Sofia leal	Fiaes running	Senior Feminino	02:26:52	+01:07:20	09:47
14	544	patricia Gomes	FILIFE	Senior Feminino	02:27:35	+01:08:03	09:50
15	562	Carla Susana Flores Cardoso Magalhães	Individual	Senior Feminino	02:32:05	+01:12:33	10:08
16	695	Carla Coelho	Individual	Senior Feminino	02:34:02	+01:14:30	10:16
17	564	Maria de Fátima Oliveira	Individual	Senior Feminino	02:34:10	+01:14:38	10:17
18	574	Vanessa	Individual	Senior Feminino	02:35:11	+01:15:39	10:21
19	569	Rute Couto	Individual	Senior Feminino	02:35:12	+01:15:40	10:21
20	551	Anabela Sousa	Grupo de Corrida de Argoncilhe	Senior Feminino	02:35:15	+01:15:43	10:21
21	693	Salome Barbosa	Individual	Senior Feminino	02:43:28	+01:23:56	10:54
22	565	maria oliveira	Individual	Senior Feminino	02:44:24	+01:24:52	10:58
23	531	Paula Ferreira	Fiaes running	Senior Feminino	02:53:43	+01:34:11	11:35
24	659	SÓNIA ROCHA	trail running clube btt sanguedo	Senior Feminino	02:53:43	+01:34:11	11:35
25	571	Sandra Zeferino	Individual	Senior Feminino	02:55:00	+01:35:28	11:40
26	572	Sofia Pimentel	Individual	Senior Feminino	02:55:00	+01:35:28	11:40
27	530	patricia marlene serralva	Fiaes running	Senior Feminino	03:03:07	+01:43:35	12:12

Senior Masculino

1	527	NUNO CARNEIRO	Clube Zupper	Senior Masculino	01:19:32		05:18
2	576	Andre	Individual	Senior Masculino	01:20:48	+01:16	05:23
3	577	Bruno Gonçalves	Individual	Senior Masculino	01:26:01	+06:29	05:44
4	678	Ricardo Topa	Vila Maior em Turismo	Senior Masculino	01:26:35	+07:03	05:46
5	635	PAULO OLIVEIRA	Oralklass	Senior Masculino	01:33:34	+14:02	06:14
6	677	Paulo da Silva	Vila Maior em Turismo	Senior Masculino	01:34:43	+15:10	06:19
7	534	Bruno silva	Fiaes running	Senior Masculino	01:35:14	+15:42	06:21
8	575	Alexandre Brandão Andrade Leite	Individual	Senior Masculino	01:35:17	+15:45	06:21
9	535	Filipe santos	Fiaes running	Senior Masculino	01:38:14	+18:41	06:33

Official Timekeeper: Lap2Go	1 / 5	generate 03-Sep-2017 12:37
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Trail Curto

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

10	585	Nuno Ribeiro	Individual	Senior Masculino	01:38:30	+18:58	06:34
11	502	Roberto Daniel Alves Freitas	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:42:41	+23:09	06:51
12	642	Tiago Oliveira	Running Espinho	Senior Masculino	01:42:41	+23:09	06:51
13	545	Filipe couto	FILIFE	Senior Masculino	01:43:58	+24:26	06:56
14	513	Vítor Maia	cães do trail	Senior Masculino	01:43:58	+24:26	06:56
15	640	Paulo Reis	running esmoriz	Senior Masculino	01:44:02	+24:29	06:56
16	627	Marco Moreira	Limitless	Senior Masculino	01:46:28	+26:56	07:06
17	501	Pedro Vieira	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:47:26	+27:54	07:10
18	578	Bruno Moura	Individual	Senior Masculino	01:48:46	+29:13	07:15
19	552	Tiago Oliveira	Grupo de Corrida de Argoncilhe	Senior Masculino	01:49:50	+30:18	07:19
20	591	Vítor lopes	Individual	Senior Masculino	01:50:06	+30:34	07:20
21	630	Armando Leite	MC	Senior Masculino	01:50:52	+31:20	07:23
22	694	Rui Martins	Individual	Senior Masculino	01:50:59	+31:27	07:24
23	582	HUGO RICARDO SOARES DE PINHO LIMA	Individual	Senior Masculino	01:51:26	+31:54	07:26
24	579	Fernando Pinto	Individual	Senior Masculino	01:54:34	+35:02	07:38
25	632	Ricardo Oliveira	MC	Senior Masculino	01:54:44	+35:12	07:39
26	590	Sérgio Rocha	Individual	Senior Masculino	01:55:06	+35:34	07:40
27	515	JOSÉ COELHO	CAL - Clube Atletismo de Lamas	Senior Masculino	01:56:51	+37:19	07:47
28	626	Hugo Ribeiro	Limitless	Senior Masculino	01:56:55	+37:23	07:48
29	628	Rui Guedes	Limitless	Senior Masculino	01:56:55	+37:23	07:48
30	638	João Paulo Regal de Sousa	OS MANGUELAS	Senior Masculino	01:58:21	+38:49	07:53
31	536	Pedro Custódio	Fiaes running	Senior Masculino	02:00:16	+40:44	08:01
32	514	FILIFE MOREIRA	CAL - Clube Atletismo de Lamas	Senior Masculino	02:00:26	+40:54	08:02
33	676	Daniel Gonçalves Carvalho	Vegan Athletes	Senior Masculino	02:01:46	+42:14	08:07
34	589	Sérgio Guimbra	Individual	Senior Masculino	02:05:04	+45:32	08:20
35	661	Miguel Oliveira	trail running clube btt sanguedo	Senior Masculino	02:06:15	+46:43	08:25
36	692	Victor Sousa	Individual	Senior Masculino	02:07:58	+48:26	08:32
37	560	Tiago	Individual	Senior Masculino	02:09:00	+49:28	08:36
38	10	JOSÉ MOREIRA	CAL - Clube Atletismo de Lamas	Senior Masculino	02:13:16	+53:44	08:53
39	553	Vasco Neves	Grupo de Corrida de Argoncilhe	Senior Masculino	02:18:18	+58:46	09:13
40	588	Rui Correia	Individual	Senior Masculino	02:24:38	+01:05:06	09:39
41	636	Daniel Machado	OS FUGITIVOS DA CRISE	Senior Masculino	02:26:38	+01:07:06	09:47
42	580	FILIFE CARDOSO ARAUJO	Individual	Senior Masculino	02:30:04	+01:10:32	10:00
43	581	Gabriel	Individual	Senior Masculino	02:35:13	+01:15:41	10:21
44	685	César Gomes	VSUD	Senior Masculino	02:41:08	+01:21:35	10:45
45	687	Vitor Costa	Individual	Senior Masculino	02:42:55	+01:23:23	10:52
46	586	Ricardo Costa	Individual	Senior Masculino	02:45:59	+01:26:27	11:04

Veterana F40

1	643	Cristina Conde Passos	Running Espinho	Veterana F40	01:44:23	+24:51	06:58
2	690	Maria Leite	Individual	Veterana F40	01:50:29	+30:57	07:22
3	598	Sandra Canelha	Individual	Veterana F40	01:52:13	+32:41	07:29
4	597	Patricia fernandes	Individual	Veterana F40	01:55:59	+36:27	07:44
5	624	Rosa Lúdia Silva	Ligeirinhos	Veterana F40	02:02:52	+43:20	08:11

Trail Curto

15 KM

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OFFICIAL RESULT

6	548	ANA PISSARRA	Ginásio Fit4Fun	Veterana F40	02:03:16	+43:44	08:13
7	537	Olga gomes	Fiaes running	Veterana F40	02:03:57	+44:25	08:16
8	595	Isabel Cristina Marinha	Individual	Veterana F40	02:05:08	+45:36	08:21
9	644	Cristina Couto	Running Espinho	Veterana F40	02:16:59	+57:27	09:08
10	639	Susana Canhola	Pernetas	Veterana F40	02:17:39	+58:07	09:11
11	637	Diana Carneiro	OS FUGITIVOS DA CRISE	Veterana F40	02:26:37	+01:07:05	09:46
12	645	Sandra Ferreira	Running Espinho	Veterana F40	02:30:58	+01:11:26	10:04
13	592	Alexandra Soares	Individual	Veterana F40	02:31:57	+01:12:25	10:08
14	594	Heloise Rodrigues	Individual	Veterana F40	02:46:36	+01:27:03	11:06
15	593	Alice Cristina Cardoso Couto	Individual	Veterana F40	03:05:57	+01:46:25	12:24
16	652	Alexandra Bessa	Team Aguenta Aí	Veterana F40	03:08:03	+01:48:30	12:32

Veterana F50

1	538	Fátima pais	Fiaes running	Veterana F50	01:55:13	+35:41	07:41
2	549	Conceição Ferreira	Ginásio Fit4Fun	Veterana F50	01:55:50	+36:18	07:43
3	554	Manuela Sousa	Grupo de Corrida de Argoncilhe	Veterana F50	02:06:48	+47:16	08:27
4	625	Deolinda Silva	Ligeirinhos	Veterana F50	02:10:58	+51:26	08:44
5	504	Glória Santos	ARCORUN	Veterana F50	02:21:46	+01:02:14	09:27

Veterano M40

1	523	Camilo guedes	Clube Pessoal Aguas Gaia	Veterano M40	01:22:45	+03:13	05:31
2	607	Francelino Resende	Individual	Veterano M40	01:23:29	+03:57	05:34
3	683	Rui Oliveira	Vila Maior em Turismo	Veterano M40	01:23:38	+04:06	05:35
4	546	Patrick Marques	FSL	Veterano M40	01:25:45	+06:13	05:43
5	518	FILIPE FONTES	CAL - Clube Atletismo de Lamas	Veterano M40	01:26:13	+06:41	05:45
6	689	Davide Leite	Fiaes running	Veterano M40	01:27:08	+07:36	05:49
7	616	Rui Gomes	Individual	Veterano M40	01:27:41	+08:09	05:51
8	517	AUGUSTO ALUAI	CAL - Clube Atletismo de Lamas	Veterano M40	01:28:13	+08:41	05:53
9	680	Julio Oliveira	Vila Maior em Turismo	Veterano M40	01:31:00	+11:28	06:04
10	686	Paulo Mota	VSUD	Veterano M40	01:33:18	+13:46	06:13
11	648	Manuel Abreu	Running Espinho	Veterano M40	01:34:00	+14:28	06:16
12	556	Nuno Pereira	Grupo de Corrida de Argoncilhe	Veterano M40	01:38:57	+19:25	06:36
13	516	Agostinho Marques	CAL - Clube Atletismo de Lamas	Veterano M40	01:39:16	+19:43	06:37
14	506	Paulo Grilo	ARCORUN	Veterano M40	01:41:49	+22:17	06:47
15	617	sérgio oliveira	Individual	Veterano M40	01:43:25	+23:53	06:54
16	646	Eduardo Pinto	Running Espinho	Veterano M40	01:43:59	+24:27	06:56
17	555	António Manuel Prata	Grupo de Corrida de Argoncilhe	Veterano M40	01:44:00	+24:28	06:56
18	612	Marco Almeida	Individual	Veterano M40	01:44:08	+24:36	06:57
19	647	José Gomes	Running Espinho	Veterano M40	01:44:23	+24:51	06:58
20	615	Raul Silva	Individual	Veterano M40	01:45:55	+26:23	07:04
21	682	Manuel Silva	Vila Maior em Turismo	Veterano M40	01:46:31	+26:58	07:06
22	666	André Oliveira	trail running clube btt sanguedo	Veterano M40	01:50:14	+30:42	07:21
23	606	Constantino Mota	Individual	Veterano M40	01:51:20	+31:48	07:25
24	604	Carlos Augusto Martins da Silva	Individual	Veterano M40	01:51:27	+31:55	07:26

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Trail Curto

15 KM

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OFFICIAL RESULT

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25	541	Miguel Santos	Fiaes running	Veterano M40	01:51:58	+32:25	07:28
26	600	Americo Vicente Amorim Alves Pinto	Individual	Veterano M40	01:52:17	+32:45	07:29
27	540	Miguel Ferreira	Fiaes running	Veterano M40	01:54:09	+34:37	07:37
28	507	Vitor Folgado	ARCORUN	Veterano M40	01:54:27	+34:55	07:38
29	512	António José Pinheiro	AZTrail	Veterano M40	01:55:29	+35:57	07:42
30	691	Pedro Oliveira	Individual	Veterano M40	01:57:30	+37:58	07:50
31	505	Jorge Santos	ARCORUN	Veterano M40	02:02:46	+43:14	08:11
32	550	Angelo Pinho	Ginásio Fit4Fun	Veterano M40	02:03:17	+43:44	08:13
33	613	Mário Silva	Individual	Veterano M40	02:05:54	+46:22	08:24
34	603	Bruno Miguel Tavares	Individual	Veterano M40	02:06:10	+46:38	08:25
35	611	Manuel Paiva	Individual	Veterano M40	02:08:07	+48:34	08:32
36	543	Ricardo Ferreira	Fiaes running	Veterano M40	02:15:57	+56:25	09:04
37	679	Ivo Couto	Vila Maior em Turismo	Veterano M40	02:17:10	+57:38	09:09
38	667	CARLOS SILVA	trail running clube btt sanguedo	Veterano M40	02:18:11	+58:39	09:13
39	510	Paulo Henriques	Avintes Javalis Trail Team	Veterano M40	02:19:18	+59:46	09:17
40	509	José Teixeira	Avintes Javalis Trail Team	Veterano M40	02:19:19	+59:46	09:17
41	608	Gabriel Rodrigues Ferreira	Individual	Veterano M40	02:24:08	+01:04:36	09:37
42	614	Paulo Lara	Individual	Veterano M40	02:24:38	+01:05:06	09:39
43	609	jose augusto sousa de oliveira	Individual	Veterano M40	02:30:19	+01:10:47	10:01
44	601	António Miguel Araújo de Magalhães	Individual	Veterano M40	02:32:05	+01:12:33	10:08
45	599	Álvaro Costa	Individual	Veterano M40	02:40:54	+01:21:22	10:44
46	528	Filipe Moutinho	Dragon Runners	Veterano M40	02:43:36	+01:24:04	10:54
47	649	Paulo Alexandre Ladeira	Running Espinho	Veterano M40	02:43:47	+01:24:14	10:55
48	681	Luis Santos	Vila Maior em Turismo	Veterano M40	02:45:14	+01:25:42	11:01
49	519	PAULO MELO	CAL - Clube Atletismo de Lamas	Veterano M40	02:46:34	+01:27:02	11:06
50	602	Artur Fonseca	Individual	Veterano M40	02:47:43	+01:28:11	11:11
51	539	Jose herdeiro	Fiaes running	Veterano M40	02:53:41	+01:34:08	11:35
52	653	Manuel Jorge	Team Aguenta Aí	Veterano M40	03:08:03	+01:48:31	12:32

Veterano M50

1	684	Antonio Marques	Vila Maior em Turismo	Veterano M50	01:29:02	+09:30	05:56
2	522	AGOSTINHO COSTA	CCDR FUNDO VILA	Veterano M50	01:30:27	+10:55	06:02
3	508	segundo rodrigues	ARCORUN	Veterano M50	01:34:00	+14:28	06:16
4	621	Jacinto silva saraiva	Individual	Veterano M50	01:37:04	+17:32	06:28
5	696	Alcino Santos	Individual	Veterano M50	01:37:14	+17:42	06:29
6	623	Manuel oliveira	Individual	Veterano M50	01:39:29	+19:57	06:38
7	622	José Manuel Oliveira Leite	Individual	Veterano M50	01:41:48	+22:16	06:47
8	618	ADRIANO MATIAS	Individual	Veterano M50	01:43:24	+23:52	06:54
9	521	Ramiro Silva	Caldas S. Jorge Sport Clube	Veterano M50	01:45:19	+25:47	07:01
10	673	ALBERTO SOUSA	trail running clube btt sanguedo	Veterano M50	01:45:23	+25:51	07:02
11	675	LÁZARO COSTA	trail running clube btt sanguedo	Veterano M50	01:50:21	+30:49	07:21
12	650	Carlos Silva	Running Espinho	Veterano M50	01:54:39	+35:07	07:39
13	526	Jose barbosa	Clube Pessoal Aguas Gaia	Veterano M50	01:58:19	+38:46	07:53
14	558	José Santos	Grupo de Corrida de Argoncilhe	Veterano M50	02:01:27	+41:55	08:06
15	14	Jose falcão	Fiaes running	Veterano M50	02:03:57	+44:25	08:16

15 KM

OFFICIAL RESULT

16	511	Arnaldo Silva	Avintes Javalis Trail Team	Veterano M50	02:04:57	+45:25	08:20
17	651	Jose pereira	Running Espinho	Veterano M50	02:05:43	+46:11	08:23
18	619	Fernando	Individual	Veterano M50	02:05:57	+46:24	08:24
19	524	Jorge santos	Clube Pessoal Aguas Gaia	Veterano M50	02:14:26	+54:54	08:58
20	559	Rui Oliveira	Grupo de Corrida de Argoncilhe	Veterano M50	02:19:46	+01:00:13	09:19
21	620	Fernando Mário Oliveira da Silva	Individual	Veterano M50	02:25:08	+01:05:36	09:41
22	520	Serafim Sousa	CAL - Clube Atletismo de Lamas	Veterano M50	02:26:52	+01:07:20	09:47

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