

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	Luís Avelar	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	125	01:14:53.595	----
2	Vasco Rijo	-----	86	01:16:38.860	00:01:45.265
3	Daniel Dias	Penhas Trail Team	153	01:17:27.423	00:02:33.828
4	José Figueira	AC Batalha	169	01:18:46.627	00:03:53.032
5	Marco Francisco	Monsanto Running Team	57	01:23:57.086	00:09:03.491
6	Sandro Jordao	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	124	01:24:28.331	00:09:34.736
7	Artur moreira	INTERFER	37	01:24:36.868	00:09:43.273
8	João Pedro da Silva Dâmaso	Grupo Maravilha	85	01:26:38.522	00:11:44.927
9	Carlos Mendes	Lontras	90	01:27:17.912	00:12:24.317
10	Nuno Granadas	Turres Trail Team	49	01:29:00.803	00:14:07.208
11	João Paulo Marques	OCS	107	01:29:29.356	00:14:35.761
12	António Duarte	kANINOS	79	01:29:39.989	00:14:46.394
13	João Tomaz	-----	71	01:29:46.549	00:14:52.954
14	Luis Carvalho	-----	39	01:29:50.540	00:14:56.945
15	Filipe Carvalheiro	G.A.U.Bajouca	104	01:29:57.298	00:15:03.703
16	Carlos Rebelo	CAPenafirme	24	01:31:03.256	00:16:09.661
17	bruno venâncio	marvila jovem	30	01:31:29.322	00:16:35.727
18	Cristóvão Nascimento	GMG TEAM	93	01:31:31.841	00:16:38.246
19	Manuel Neves	Lamego tribo runners	139	01:32:11.885	00:17:18.290
20	Rui César Ramos Da Mota	Amigos do Atletismo de Mafra	113	01:32:27.501	00:17:33.906
21	Tiago Carvalho	Sabores do Paço / Zatopeques	46	01:33:04.505	00:18:10.910
22	JOAO ANTONIO CARVALHO	RÓÓDINHAS/Santos Silva	77	01:33:13.689	00:18:20.094
23	João Simões	Xtrilhos calhandriz	111	01:33:19.504	00:18:25.909
24	Tito Lima	-----	62	01:33:22.593	00:18:28.998
25	ANTONIO ALMEIDA	NUCLEO DESPORTIVO AUTOCOOPE	116	01:33:27.350	00:18:33.755
26	Avelino Rodrigues	-----	21	01:33:42.840	00:18:49.245
27	Alexandre Santos	-----	88	01:34:22.723	00:19:29.128
28	Rodolfo Fonseca	Saboroes do Paço trail team	16	01:34:57.153	00:20:03.558
29	André Ribeiro	Abre e Fecha, Corre e Anda	34	01:35:30.225	00:20:36.630
30	Hugo Vitorino	Turres Trail Team	123	01:36:12.585	00:21:18.990
31	Hélder Pereira	GMG TEAM	94	01:37:04.379	00:22:10.784
32	Francisco Alqueidao	Centro de Marcha e Corrida de Alenquer	1	01:39:09.778	00:24:16.183
33	Quirino José Baeta Caetano	Casa do Benfica de Torres Vedras	68	01:39:34.755	00:24:41.160
34	António Ferreira	Centro M Corrida Alenquer	132	01:40:19.065	00:25:25.470
35	Oscar Oliveira	Sabores do paço/Zatopeques	59	01:40:48.090	00:25:54.495
36	Henrique Antunes	-----	69	01:40:59.937	00:26:06.342
37	Pedro Correia	Aminhacorrida	6	01:41:48.587	00:26:54.992
38	Bruno José Ventura Vale Paulos	Sabores do Paço/Zatopeques	19	01:41:53.641	00:27:00.046
39	Nuno Pinto	---	168	01:42:26.794	00:27:33.199
40	Nuno Miguel Batista	Beer Runners Team	5	01:42:55.586	00:28:01.991
41	Henrique Pinto	-----	131	01:44:32.290	00:29:38.695
42	carlos costa	amigos vale silencio	29	01:45:58.003	00:31:04.408
43	Pedro António Miranda Baixinho	---	163	01:48:07.043	00:33:13.448

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44	Francisco Pereira	Armada Torriense	67	01:48:12.914	00:33:19.319
45	Joaquim Carrilho	SSCGD	17	01:48:34.907	00:33:41.312
46	Carlos Filipe Carvalho Ramos	-----	81	01:48:46.561	00:33:52.966
47	João Paulo Almeida	Kaninos	149	01:50:41.906	00:35:48.311
48	Nuno Inácio	---	159	01:50:50.994	00:35:57.399
49	Paulo Bailão	SS CGD	52	01:52:19.393	00:37:25.798
50	JOSÉ PEDROSA	Grupo Maravilha	74	01:52:29.019	00:37:35.424
51	Nelson ruivo	-----	137	01:52:46.931	00:37:53.336
52	Pedro Coelho	Sabores do Paço zatopeques	42	01:53:06.386	00:38:12.791
53	Samuel Santos	Sabores do Paço / Zatopeques	40	01:53:09.545	00:38:15.950
54	Pedro Sequeira	EVELX - Associação de Estilos de Vida Saudável	98	01:53:48.618	00:38:55.023
55	Ricardo Nogueira	Centro Marcha Corrida Alenquer	136	01:54:45.451	00:39:51.856
56	João Simão	Sónósdóis	118	01:54:48.097	00:39:54.502
57	Miguel Pedro	MAFC	4	01:54:58.219	00:40:04.624
58	Cláudio Sanches	-----	141	01:55:24.756	00:40:31.161
59	Miguel Lopes	----	158	01:55:33.978	00:40:40.383
60	NUNO MOLERO	-----	64	01:56:11.228	00:41:17.633
61	Ricardo Fevereiro	-----	140	01:57:08.803	00:42:15.208
62	António Miguel Ramos Raposo	Barrancos FC/Biogado	11	01:57:37.860	00:42:44.265
63	André Filipe Dias Leal	-----	80	01:57:41.738	00:42:48.143
64	António Carlos	Clube do Stress	145	01:59:53.588	00:44:59.993
65	Bruno Miguel Romão Neves	-----	129	01:59:59.097	00:45:05.502
66	Pedro Miguel Fernandes	--	165	02:01:18.477	00:46:24.882
67	João Carlos Rodrigues Martins	Barrancos FC/Biogado	12	02:03:07.282	00:48:13.687
68	Mário Manuel Pereira Anjo	ANJO & MENDES	110	02:05:52.563	00:50:58.968
69	Avelino Alves	TECLAHOST.COM	103	02:07:41.127	00:52:47.532
70	Augusto Salgueiro	TECLAHOST.COM	102	02:10:01.825	00:55:08.230
71	Jorge Sales	Barrancos FC Biogado	126	02:10:47.620	00:55:54.025
72	RAFAEL BRONZE	Grupo Maravilha	73	02:12:37.220	00:57:43.625
73	Gabriel Mateus	Kaninos	48	02:14:07.731	00:59:14.136
74	Fábio Manuel Caetano Domingos	-----	106	02:14:31.707	00:59:38.112
75	Miguel Alexandre Moedas da Fonseca	-----	65	02:15:02.972	01:00:09.377
76	Ricardo Domingues Leitão	-----	146	02:15:51.248	01:00:57.653
77	Anibal Matos Luis	Borinhas	114	02:23:34.217	01:08:40.622
78	Bruno Martins	-----	133	02:24:55.303	01:10:01.708
79	Olimpio Farragolo	Os Metralhas BTT Running	84	02:29:40.996	01:14:47.401
80	Luís Martinho	-----	60	02:33:16.774	01:18:23.179
FEMININO					
1	Marina Alves	Turres Trail Team	120	01:32:07.218	----
2	Anabela Remédios	-----	26	01:37:53.714	00:05:46.496
3	Catarina Pinto da Fonseca Camacho Vieira	-----	119	01:39:29.721	00:07:22.503
4	Sílvia Oliveira	-----	43	01:42:21.777	00:10:14.559
5	Filipa Batista	Sónósdóis	117	01:51:01.168	00:18:53.950
6	BELISA JOAO	LONTRAS	87	01:52:16.628	00:20:09.410

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
7	Rosália Saldanha	MAFC	3	01:53:41.900	00:21:34.682
8	Susana Isabel Alves Simão	-----	130	01:56:36.182	00:24:28.964
9	Sónia Santos	Dolce Furadouro	154	02:01:16.290	00:29:09.072
10	Inês Pais	Lontras	91	02:03:05.057	00:30:57.839
11	Gessina Costa Mendes	ANJO & MENDES	109	02:05:54.418	00:33:47.200
12	Sofia Araújo	Kaninos	47	02:14:03.837	00:41:56.619
13	Sara Filipe	Montagrago Futebol Clube	27	02:16:38.364	00:44:31.146
14	Márcia Reto	-----	61	02:20:01.227	00:47:54.009
15	Mariana Pereira	EVELX - Associação de Estilos de Vida Saudável	100	02:21:43.899	00:49:36.681
16	Elisete Manuel	Casa de Benfica em Abrantes	134	02:24:57.878	00:52:50.660
17	Alexandra Pires	-----	148	02:26:31.646	00:54:24.428
18	Cidalia Iadeira	-individual	45	02:29:23.737	00:57:16.519
19	Cila Farragolo	Os Metralhas BTT Running	83	02:29:42.265	00:57:35.047
20	Adelaide Porto	Maratona SMA	156	02:33:19.763	01:01:12.545
21	Maria Isabel Silva Simoes	Borinhas	115	02:40:30.587	01:08:23.369
22	Ana Seabra	-----	147	02:47:19.871	01:15:12.653
23	Gisela Padre	-----	150	02:47:23.883	01:15:16.665
24	Jessica Caervalho Alves	--	162	03:31:52.952	01:59:45.734
25	Tânia Filipa Pinhal Diogo	--	161	03:32:08.010	02:00:00.792