

Dorsal	Class.	Class.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão	Class.
185	1	1	LEONEL CUNHA	LA SPORTIVA/SA TECNO	M	32	02:29:28	05:50	MSEN	1
260	2	2	CESAR BARROS	SPORT CLUBE DE BEIRA	M	25	02:32:55	05:59	MSEN	2
206	3	3	VITOR COSTA	A.D.AMARANTE TRAIL R	M	38	02:35:09	06:04	MSEN	3
189	4	4	PAULO COSTA	A.D.AMARANTE TRAIL R	M	36	02:35:10	06:04	MSEN	4
208	5	1	RUI LARANJEIRA	EXPERIENCIAR/BARCELT	M	42	02:36:09	06:06	M40	1
126	6	1	LUIS SAMPAIO	ARRASTA O PE	M	56	02:36:54	06:08	M50	1
221	7	5	ALBERTO BARROS	VERMUT LODEIROS AT LH	M	39	02:37:12	06:08	MSEN	5
89	8	2	JOSE SILVA	MINHO AVENTURA	M	42	02:38:42	06:12	M40	2
226	9	6	PAULO OLIVEIRA	NORTEBIKE TRAILTEAM	M	33	02:41:49	06:19	MSEN	6
217	10	3	ROBERTO GRANA	VERMUT LODEIROS AT LH	M	42	02:45:19	06:27	M40	3
218	11	4	JAVIER DOMINGUEZ	VERMUT LODEIROS AT LH	M	40	02:45:21	06:28	M40	4
216	12	7	MIGUEL ARAUJO	VERMUT LODEIROS AT LH	M	34	02:45:25	06:28	MSEN	7
249	13	8	JOSE PEREIRA	A.D.AMARANTE TRAIL R	M	38	02:45:39	06:28	MSEN	8
181	14	5	PASCOAL MELO	MINHO AVENTURA	M	42	02:46:19	06:30	M40	5
261	15	9	NUNO FERNANDES	FAFE RUNNERS	M	33	02:47:25	06:32	MSEN	9
304	16	6	JOAQUIM FREITAS	RETORTA	M	40	02:48:26	06:35	M40	6
171	17	10	VITOR ANDRADE		M	36	02:49:59	06:38	MSEN	10
169	18	11	ADELINO SOUTINHO		M	35	02:52:58	06:45	MSEN	11
120	19	2	FRANCISCO LEMOS	ARRASTA O PE	M	56	02:54:16	06:48	M50	2
190	20	12	MIGUEL JAQUES	OLIMPICO VIANENSE TR	M	30	02:54:16	06:48	MSEN	12
177	21	13	GONCALO MORAIS	CHAVES RUNNING TEAM	M	39	02:56:57	06:54	MSEN	13
64	22	7	HENRIQUE FARIA	CLUBE SPIRIDON DE GA	M	48	02:58:46	06:59	M40	7
96	23	3	JOSE OLIVEIRA	PETRO BASTO	M	51	02:59:31	07:01	M50	3
44	24	14	GABRIEL ALVES		M	31	03:00:38	07:03	MSEN	14
262	25	15	RUI FERNANDES	FAFE RUNNERS	M	36	03:02:52	07:09	MSEN	15
276	26	8	XAVIER NOZELOS	CHAVES RUNNING TEAM	M	45	03:04:10	07:12	M40	8
119	27	16	FERNANDO PINTO		M	34	03:04:46	07:13	MSEN	16
289	28	17	CELSO OLIVEIRA	LION RUNNERS G. D.	M	29	03:05:13	07:14	MSEN	17
227	29	9	TELMO CARDOSO	ADL LUSTOSA	M	40	03:06:26	07:17	M40	9
285	30	18	LUIS TEIXEIRA	VIMARUNNERS	M	33	03:06:33	07:17	MSEN	18
199	31	4	NORBERTO COSTA	CHAVES RUNNING TEAM	M	59	03:06:54	07:18	M50	4
187	32	19	PEDRO PEREIRA		M	27	03:07:38	07:20	MSEN	19
50	33	20	JOSE PINTO		M	34	03:08:23	07:22	MSEN	20
48	34	10	JOAQUIM SILVA	GDP	M	42	03:08:24	07:22	M40	10
305	35	11	MANUEL PINHEIRO		M	47	03:08:27	07:22	M40	11
275	36	21	BRUNO SEIXAS		M	38	03:08:51	07:22	MSEN	21
269	37	22	DANIEL RODRIGUES	CYCLONES	M	36	03:09:16	07:24	MSEN	22
57	38	23	PEDRO BARROS		M	35	03:09:52	07:25	MSEN	23
291	39	24	PETER MAIO		M	35	03:10:28	07:26	MSEN	24
155	40	25	BRUNO COSTA		M	34	03:10:35	07:27	MSEN	25
97	41	5	DIONISIO SOUSA		M	50	03:10:36	07:27	M50	5
1507	42	12	RUI POVO	FAFE RUNNERS	M	42	03:12:04	07:30	M40	12
230	43	13	JOSE MARTINS	NAST	M	42	03:12:12	07:31	M40	13
68	44	14	JOAQUIM PINHEIRO	ST TRAIL	M	47	03:12:12	07:31	M40	14
196	45	15	PAULO MARTINS		M	48	03:12:41	07:32	M40	15

Dorsal	Class.	Class.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão	Class.
266	46	6	JOSE MACHADO	CYCLONES	M	54	03:15:33	07:39	M50	6
130	47	26	PEDRO ALVES		M	38	03:15:41	07:39	MSEN	26
34	48	7	JOSE GOMES	LIGEIRINHOS	M	56	03:15:59	07:39	M50	7
66	49	16	EZEQUIEL FERNANDES	VIDAATIVARUNNERS	M	42	03:16:35	07:40	M40	16
301	50	27	ROGERIO SOUSA	NOCTURNOS DE PAREDES	M	34	03:17:31	07:43	MSEN	27
200	51	28	MAURO CARDOSO	NOCTURNOS DE PAREDES	M	31	03:17:31	07:43	MSEN	28
111	52	17	JOAQUIM CUNHA		M	47	03:17:54	07:44	M40	17
78	53	1	MARIA SANTOS	CHEGAMOS AO FIM	F	46	03:19:32	07:48	F40	1
175	54	29	HUGO FARDILHA		M	34	03:19:32	07:48	MSEN	29
197	55	30	MARIO BARBOSA	BRAGUINHAS RUNNERS	M	38	03:19:46	07:48	MSEN	30
94	56	31	DANIEL FERNANDES		M	39	03:20:47	07:50	MSEN	31
296	57	32	PEDRO MATOS	GONDOMAR FUTSAL CLUB	M	39	03:20:55	07:51	MSEN	32
254	58	1	ESTELA MARTINS		F	37	03:20:56	07:51	FSEN	1
290	59	33	VITOR LOPES		M	32	03:20:57	07:51	MSEN	33
255	60	18	JOSE RIBEIRO	GONDOMAR FUTSAL CLUB	M	40	03:20:58	07:51	M40	18
246	61	19	LUIS RODRIGUES		M	43	03:21:54	07:53	M40	19
278	62	34	PAULO SARMENTO	FFIT GAIA TRAIL	M	35	03:22:22	07:54	MSEN	34
264	63	8	ALBINO ABREU	FAFE RUNNERS	M	58	03:22:36	07:55	M50	8
162	64	35	PAULO GOMES	BICLAS 08	M	37	03:22:39	07:55	MSEN	35
47	65	20	JOSE MACEDO	100RASTOS	M	46	03:22:48	07:55	M40	20
105	66	21	RUI AZEVEDO	MTT MOGEGE TRAIL T	M	43	03:23:25	07:57	M40	21
157	67	22	LUIS SA		M	41	03:24:12	07:58	M40	22
292	68	2	ALEXANDRA FERNANDES	NASCIDOS PARA CORRER	F	48	03:24:16	07:58	F40	2
299	69	23	ANTONIO TEIXEIRA		M	41	03:25:25	08:02	M40	23
131	70	36	MARCO BARBOSA	SWEET RUNNERS	M	31	03:25:43	08:02	MSEN	36
77	71	37	SERGIO PEREIRA	ERMIDAFIT RUNNERS	M	30	03:26:00	08:03	MSEN	37
302	72	24	ARNALDO SANTOS	NOCTURNOS DE PAREDES	M	43	03:26:25	08:04	M40	24
41	73	38	ANDRE GONCALVES	PRETINHO	M	39	03:27:02	08:05	MSEN	38
51	74	25	FAUSTO NEVES	GRUPO DESPORTIVO DA	M	41	03:27:25	08:06	M40	25
263	75	39	PEDRO PINTO	FAFE RUNNERS	M	35	03:28:28	08:08	MSEN	39
184	76	2	ANA VIEIRA	AMIGOS DO PEDAL TRAI	F	27	03:29:21	08:11	FSEN	2
192	77	40	MIGUEL SECA		M	36	03:31:13	08:15	MSEN	40
256	78	41	HUGO DUARTE	A.D.AMARANTE TRAIL R	M	33	03:31:26	08:15	MSEN	41
244	79	42	JOSE SA	LION RUNNERS G. D.	M	36	03:31:58	08:16	MSEN	42
167	80	43	LUIS MAGALHAES	SWEET RUNNERS	M	26	03:32:38	08:18	MSEN	43
123	81	44	RUI RODRIGUES		M	39	03:33:25	08:20	MSEN	44
172	82	3	ALEXANDRA OLIVEIRA	MINHO AVENTURA	F	39	03:33:43	08:21	FSEN	3
298	83	45	EDUARDO SILVA		M	36	03:34:15	08:22	MSEN	45
18	84	46	RICARDO SOUSA	TRANSPOUSADA TRAIL T	M	35	03:34:25	08:23	MSEN	46
37	85	47	PEDRO CUNHA	VIDAATIVARUNNERS	M	30	03:34:31	08:23	MSEN	47
36	86	48	HELDER TORRES	VIDAATIVARUNNERS	M	34	03:34:31	08:23	MSEN	48
265	87	49	JOSE PEREIRA	FAFE RUNNERS	M	34	03:34:45	08:23	MSEN	49
104	88	9	SILVERIO PINTO		M	51	03:36:08	08:26	M50	9
303	89	26	JOAQUIM COELHO	EI TEAM TRAIL	M	41	03:36:58	08:28	M40	26
30	90	50	JOSE BASTOS	PETRO BASTO	M	33	03:38:01	08:31	MSEN	50

Dorsal	Class.	Class.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão	Class.
45	91	51	NUNO ANGELICO	DOLCEFARMA	M	33	03:40:00	08:36	MSEN	51
46	92	27	EUGENIO CUNHA	ARRASTA O PE	M	42	03:40:04	08:36	M40	27
270	93	28	TIAGO LEAL	INVICTA RUNNERS TEAM	M	45	03:40:12	08:36	M40	28
188	94	52	BRUNO MACIEIRA	BIKES & FRIENDS	M	33	03:40:16	08:36	MSEN	52
247	95	53	ANDRE PINHEIRO		M	38	03:40:23	08:36	MSEN	53
180	96	54	TIAGO COSTA	CHAVES RUNNING TEAM	M	27	03:40:33	08:37	MSEN	54
273	97	55	JOAO FERNANDES	CTADTRILHOS DE CINP	M	36	03:41:07	08:38	MSEN	55
146	98	56	PEDRO SANTOS	FACTOR X / S4L / MED	M	28	03:41:10	08:38	MSEN	56
186	99	4	FATINHA PINTO	AGUIAS DE ALVELOS	F	38	03:41:14	08:38	FSEN	4
19	100	57	NOVIGAL AZEVEDO		M	39	03:42:04	08:41	MSEN	57
202	101	10	JOSE CARVALHO		M	61	03:42:29	08:41	M50	10
294	102	11	JOSE MENDES	GONDOMAR FUTSAL CLUB	M	54	03:43:42	08:44	M50	11
211	103	12	PAULO NOVOA	CEPSICENTRO DE PSIC	M	51	03:44:03	08:45	M50	12
242	104	58	JORGE BASTOS		M	38	03:44:14	08:46	MSEN	58
153	105	5	MARISA RODRIGUES		F	30	03:44:40	08:46	FSEN	5
125	106	59	JORGE BARBOSA		M	24	03:45:05	08:48	MSEN	59
295	107	29	PAULO ALVES	GONDOMAR FUTSAL CLUB	M	41	03:45:28	08:48	M40	29
55	108	60	HELDER FERREIRA	GRAMIDENSE IFC	M	36	03:46:37	08:51	MSEN	60
174	109	61	HUGO PEIXOTO	FFIT GAIA TRAIL	M	33	03:46:47	08:51	MSEN	61
35	110	1	CARMO MARINHO	LIGEIRINHOS	F	50	03:46:56	08:52	F50	1
203	111	62	NUNO DAMASCENO	CUIDADO COM O URSO T	M	33	03:49:12	08:57	MSEN	62
212	112	63	JOAO RESENDE	CUIDADO COM O URSO T	M	37	03:49:12	08:57	MSEN	63
138	113	30	RAUL SILVA	PROFISIO TEAM	M	41	03:49:28	08:58	M40	30
98	114	31	MIGUEL MORAIS	PERDI O TAXI	M	45	03:49:30	08:58	M40	31
259	115	13	LUIS ALMEIDA	LION RUNNERS G. D.	M	53	03:50:07	08:59	M50	13
53	116	32	CARLOS FREIXO	EXPERIENCIAR/BARCELT	M	48	03:50:45	09:01	M40	32
288	117	33	CARLOS FERNANDES		M	46	03:50:49	09:01	M40	33
287	118	34	JORGE BRITO		M	42	03:50:49	09:01	M40	34
235	119	64	VITOR ROCHA		M	34	03:51:34	09:02	MSEN	64
160	120	3	MANUELA FARIA		F	45	03:52:10	09:04	F40	3
129	121	35	PAULO MACHADO	FFIT GAIA TRAIL	M	48	03:53:01	09:06	M40	35
193	122	14	JOSE PEREIRA	FAMILIA PEREIRA	M	56	03:53:11	09:06	M50	14
238	123	65	JOSE COSTA		M	38	03:53:12	09:07	MSEN	65
65	124	36	EDUARDO FALCAO	PERDI O TAXI	M	46	03:53:14	09:07	M40	36
274	125	66	PEDRO MONTEIRO		M	33	03:53:38	09:07	MSEN	66
79	126	37	FERNANDO OLIVEIRA	FFIT GAIA TRAIL	M	47	03:53:53	09:08	M40	37
219	127	4	CELIA CAMPOS	VERMUT LODEIROS ATlh	F	44	03:55:43	09:12	F40	4
93	128	67	JOAO SERODIO	SALAMANDRECOS	M	30	03:55:44	09:12	MSEN	67
277	129	68	ANTONIO MARINHO		M	35	03:56:07	09:14	MSEN	68
135	130	69	RICARDO PEREIRA	PROFISIO TEAM	M	31	03:56:32	09:14	MSEN	69
205	131	70	MARCO NUNES	A.D.AMARANTE TRAIL R	M	36	03:58:15	09:19	MSEN	70
170	132	71	NELSON SILVA		M	38	03:58:31	09:19	MSEN	71
297	133	6	SANDRA PERA	GONDOMAR FUTSAL CLUB	F	34	03:58:32	09:19	FSEN	6
114	134	38	HENRIQUE MARQUES		M	42	03:58:33	09:19	M40	38
141	135	72	PAULO RODRIGUES	PROFISIO TEAM	M	37	04:01:20	09:25	MSEN	72

Dorsal	Class.	Class.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão	Class.
59	136	73	CARLOS SILVA	CTADTRILHOS DE CIN	M	32	04:01:21	09:25	MSEN	73
280	137	74	ANDRE BAPTISTA	LION RUNNERS G. D.	M	26	04:02:33	09:29	MSEN	74
283	138	75	BRUNO BATISTA	LION RUNNERS G. D.	M	30	04:02:34	09:29	MSEN	75
21	139	76	PAULO DINIS		M	38	04:03:58	09:32	MSEN	76
56	140	7	ALICE CAPELAS		F	36	04:04:23	09:33	FSEN	7
82	141	8	CARLA GONCALVES	VIDAATIVARUNNERS	F	38	04:06:30	09:38	FSEN	8
118	142	39	PAULO FERNANDES		M	42	04:06:32	09:38	M40	39
76	143	40	NELSON RAMOS		M	48	04:06:32	09:38	M40	40
213	144	77	RUI PINTO		M	34	04:06:47	09:39	MSEN	77
67	145	9	TELMA DUARTE	ERMIDAFIT RUNNERS	F	30	04:07:46	09:40	FSEN	9
165	146	41	PAULO CAVACO		M	46	04:07:52	09:41	M40	41
225	147	78	PEDRO FARIA		M	25	04:08:20	09:42	MSEN	78
163	148	42	SERGIO FREITAS	CMMC ALBERGARIA A VE	M	43	04:09:24	09:45	M40	42
215	149	43	MIGUEL ALMEIDA	CHAVES RUNNING TEAM	M	42	04:11:02	09:48	M40	43
271	150	79	NUNO FERNANDES		M	38	04:11:27	09:49	MSEN	79
272	151	80	VICTOR VITAL		M	33	04:11:27	09:49	MSEN	80
134	152	81	HELDER COSTA	PROFISIO TEAM	M	35	04:11:47	09:50	MSEN	81
139	153	15	JOSE SANTANA	PROFISIO TEAM	M	51	04:11:47	09:50	M50	15
143	154	44	JOAO FREITAS	PROFISIO TEAM	M	46	04:11:47	09:50	M40	44
183	155	82	RICARDO CARVALHO	EI TEAM TRAIL	M	38	04:12:37	09:52	MSEN	82
267	156	16	CAMILO RODRIGUES	+K@RREIROS	M	53	04:12:41	09:52	M50	16
268	157	5	MONICA ROGRIGUEZ	+K@RREIROS	F	41	04:12:41	09:52	F40	5
300	158	45	EDUARDO NASCIMENTO		M	44	04:13:57	09:55	M40	45
91	159	83	GUSTAVO SANTOS	GRAMIDENSE IFC	M	33	04:13:58	09:55	MSEN	83
23	160	84	PEDRO FONTES		M	38	04:14:12	09:56	MSEN	84
87	161	85	RUI COSTA	G.D.TRAVASSOS	M	30	04:16:06	10:00	MSEN	85
154	162	6	CATARINA PEREIRA	EI TEAM TRAIL	F	40	04:16:13	10:00	F40	6
252	163	86	OSCAR FIGUEIREDO		M	39	04:16:27	10:01	MSEN	86
306	164	87	FERNANDO SALDANHA		M	34	04:16:56	10:02	MSEN	87
251	165	17	ALVARO CARDOSO	NOS ACREDITAMOS	M	50	04:17:49	10:04	M50	17
245	166	88	BERTO MIRANDA		M	34	04:17:49	10:04	MSEN	88
88	167	46	ANTONIO FERNANDES	WOLVES	M	41	04:18:18	10:05	M40	46
84	168	18	ABILIO TEIXEIRA		M	55	04:18:18	10:05	M50	18
90	169	89	SIDON DIAS		M	32	04:19:29	10:08	MSEN	89
140	170	19	ANIBAL COSTA	PROFISIO TEAM	M	56	04:20:02	10:10	M50	19
54	171	47	CARLOS SILVA	EI TEAM TRAIL	M	43	04:20:18	10:10	M40	47
228	172	90	MIGUEL QUINTA	CMMC ALBERGARIA A VE	M	32	04:20:25	10:10	MSEN	90
156	173	91	CARLOS SILVA		M	37	04:20:25	10:10	MSEN	91
176	174	48	ANDRE DIAS		M	40	04:21:14	10:12	M40	48
85	175	92	BRUNO HENRIQUES	WOLVES	M	36	04:21:37	10:13	MSEN	92
81	176	93	NUNO SILVA	WOLVES	M	37	04:21:38	10:13	MSEN	93
214	177	49	ALBERTO CESAR		M	45	04:24:13	10:20	M40	49
243	178	10	JOANA MOURA		F	25	04:26:34	10:25	FSEN	10
248	179	11	ANA FERREIRA		F	28	04:26:34	10:25	FSEN	11
99	180	94	BRUNO VIEIRA		M	35	04:27:26	10:27	MSEN	94

Dorsal	Class.	Class.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão	Class.
223	181	95	ALEXANDRE LOURENCO		M	38	04:28:54	10:30	MSEN	95
224	182	12	FILIPA PINHEIRO		F	24	04:28:54	10:30	FSEN	12
75	183	20	RUI SA	FFIT GAIA TRAIL	M	54	04:32:24	10:38	M50	20
52	184	96	VITOR OLIVEIRA	TRUE EVOLUTION	M	35	04:34:16	10:43	MSEN	96
38	185	97	CARLOS FERNANDES	VIDAATIVARUNNERS	M	31	04:34:55	10:44	MSEN	97
122	186	50	NUNO FERREIRA		M	42	04:34:55	10:44	M40	50
279	187	13	MARLENE PINTO	FFIT GAIA TRAIL	F	37	04:34:56	10:44	FSEN	13
29	188	98	LUIS FIGUEIREDO	GRUPO VIDAATIVA	M	39	04:35:04	10:44	MSEN	98
293	189	99	FILIPE LEITAO	GONDOMAR FUTSAL CLUB	M	36	04:36:06	10:47	MSEN	99
69	190	100	RUI MARTINS		M	39	04:39:03	10:54	MSEN	100
25	191	101	NUNO CUNHA	OS GEADAS RUNNING	M	31	04:39:14	10:54	MSEN	101
32	192	102	BRUNO CARVALHO	GEADAS RUNNING	M	33	04:39:14	10:54	MSEN	102
40	193	103	ZE LOPES		M	35	04:39:14	10:54	MSEN	103
194	194	104	RICARDO DIAS		M	28	04:39:25	10:55	MSEN	104
137	195	105	BRUNO PEREIRA	PROFISIO TEAM	M	26	04:41:00	10:59	MSEN	105
43	196	106	RUI EUSEBIO		M	30	04:41:06	10:59	MSEN	106
62	197	107	RICARDO PEREIRA		M	39	04:41:06	10:59	MSEN	107
106	198	108	FILIPE ABREU	SWEET RUNNERS	M	39	04:43:27	11:04	MSEN	108
152	199	109	PEDRO SILVA	SWEET RUNNERS	M	35	04:43:27	11:04	MSEN	109
24	200	110	MANUEL CARVALHO		M	37	04:44:05	11:06	MSEN	110
31	201	51	FRANCISCO BARTOLOMEU	CROSSFIT VALE DO AVE	M	42	04:46:39	11:12	M40	51
229	202	111	SANDRO OLIVEIRA	CROSSFIT VALE DO AVE	M	38	04:46:40	11:12	MSEN	111
17	203	21	ANTONIO SALDENHA		M	52	04:46:43	11:12	M50	21
14	204	14	RITA MACEDO	GONDOMAR FUTSAL CLUB	F	21	04:46:55	11:12	FSEN	14
147	205	112	PAULO OLIVEIRA	FACTOR X / S4L / MED	M	28	04:46:57	11:12	MSEN	112
145	206	113	JOAO SOUSA	FACTOR X / S4L / MED	M	33	04:46:57	11:12	MSEN	113
159	207	7	MONICA MATOS		F	43	04:48:26	11:16	F40	7
39	208	114	ANTONIO GONCALVES		M	28	04:48:26	11:16	MSEN	114
232	209	115	MOISES BORGES		M	25	04:50:58	11:22	MSEN	115
144	210	52	ANTONIO BRANCO	PROFISIO TEAM	M	41	04:54:33	11:30	M40	52
236	211	53	FRANCISCO SILVA		M	40	04:57:39	11:38	M40	53
286	212	22	MANUEL CARVALHO		M	52	04:58:12	11:39	M50	22
253	213	54	NELSON SANTIAGO	CMMC ALBERGARIA A VE	M	40	05:00:51	11:45	M40	54
237	214	15	SARA QUINTA	CMMC ALBERGARIA A VE	F	36	05:00:51	11:45	FSEN	15
241	215	16	IOLANDA BABO	CMMC ALBERGARIA A VE	F	36	05:00:52	11:45	FSEN	16
239	216	2	MARIA RICARDO	LION RUNNERS G. D.	F	51	05:04:08	11:53	F50	2
240	217	23	MARIO SOARES	LION RUNNERS G. D.	M	56	05:04:08	11:53	M50	23
121	218	116	BRUNO PINHEIRO		M	34	05:05:27	11:56	MSEN	116
151	219	8	ANA TRIGO		F	41	05:06:42	11:59	F40	8
150	220	117	PAULO SOUSA		M	38	05:06:47	11:59	MSEN	117
49	221	118	RUBEN BASTOS		M	34	05:13:11	12:14	MSEN	118
20	222	119	CARLOS DIAS		M	36	05:16:25	12:21	MSEN	119
22	223	55	JOAO TEIXEIRA		M	44	05:16:26	12:21	M40	55
15	224	17	SILVIA FARIA		F	34	05:17:56	12:25	FSEN	17
16	225	120	LUIS TEIXEIRA		M	39	05:17:56	12:25	MSEN	120

Dorsal	Class.	Class.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão	Class.
102	226	56	VITOR VIANA		M	44	05:19:39	12:29	M40	56
101	227	9	ESTEFANIA MATIAS		F	44	05:19:39	12:29	F40	9
83	228	121	CLAUDIO SILVA	WOLVES	M	29	05:27:00	12:46	MSEN	121
86	229	122	RUI SOUSA	WOLVES	M	34	05:27:01	12:46	MSEN	122
108	230	24	MANUEL LIMA	EXPERIENCIAR/BARCELT	M	56	05:33:56	13:02	M50	24
107	231	123	RUI CABRAL	EXPERIENCIAR/BARCELT	M	31	05:33:57	13:03	MSEN	123
124	232	10	CARLA MOREIRA	TEAM FAMALICAO	F	43	05:34:47	13:05	F40	10
103	233	18	SARA BRANDAO		F	33	05:34:47	13:05	FSEN	18
195	234	11	ISAURA ALMEIDA		F	49	05:34:47	13:05	F40	11
233	235	124	FILIPTE TEIXEIRA		M	39	05:41:25	13:20	MSEN	124
234	236	19	MARLENE FARIA		F	34	05:41:25	13:20	FSEN	19
281	237	20	SUSANA FARIA	LION RUNNERS G. D.	F	30	05:47:58	13:35	FSEN	20