

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalaço
1080	1	1	FRANCISCO FERNANDES	AGUIAS DE ALVELOS	M	33	02:12:18	05:28	MSEN
23	2	2	SERGIO SA	GTTARMAZEM DO CAFFE	M	33	02:12:46	05:29	MSEN
1083	3	3	BRUNO RIBEIRO	AGUIAS DE ALVELOS	M	37	02:16:49	05:39	MSEN
49	4	1	IGOR MOREIRA	MELGACO ALVARINHO TRAIL	M	40	02:19:09	05:45	M40
67	5	2	RUI LARANJEIRA	EXPERIENCIAR/BARCELTECNICA/SPORTSONFIRE	M	44	02:19:09	05:45	M40
29	6	4	NUNO FIGUEIREDO	GTTARMAZEM DO CAFFE	M	32	02:21:41	05:51	MSEN
108	7	3	ADRIANO SA	AGUIAS DE ALVELOS	M	46	02:22:10	05:52	M40
1087	8	5	JOAO BORGES		M	38	02:22:34	05:54	MSEN
1052	9	4	JOAO GONCALVES	AMIGOS DA MONTANHA	M	45	02:24:21	05:58	M40
1069	10	5	JORGE GONCALVES	BARCELOS TEAM PORTUGAL	M	41	02:25:13	06:00	M40
1088	11	6	NUNO CAMPOS	BARCELOS TEAM PORTUGAL	M	44	02:25:40	06:01	M40
1076	12	7	CARLOS CARDOSO	GTTARMAZEM DO CAFFE	M	42	02:32:59	06:19	M40
1064	13	6	BRUNO COSTA		M	36	02:33:33	06:20	MSEN
1057	14	7	RICARDO		M	28	02:33:50	06:21	MSEN
70	15	1	PAULO DOMINGUES	OLIMPICO VIANENSE TRAIL	M	50	02:36:20	06:28	M50
1081	16	8	JOSE FINS	BRAGUINHAS RUNNERS	M	48	02:36:26	06:28	M40
1016	17	8	FILIPE FERNANDES	PALMEIRA RUNNERS	M	30	02:37:01	06:29	MSEN
80	18	9	EDUARDO CUNHA	AGUIAS DE ALVELOS	M	39	02:37:05	06:29	MSEN
1039	19	10	PEDRO ALVES	G D CASTELENSE	M	30	02:38:58	06:34	MSEN
1017	20	11	HUGO SA		M	36	02:40:38	06:38	MSEN
50	21	12	NUNO SILVA		M	38	02:41:58	06:41	MSEN
1041	22	13	MIGUEL FREITAS		M	35	02:42:50	06:43	MSEN
20	23	2	HENRIQUE FARIA	CLUBE SPIRIDON DE GAIA	M	50	02:43:34	06:45	M50
78	24	14	BRUNO MARQUES	CORRER ANTAS A NOITE	M	31	02:43:35	06:45	MSEN
16	25	15	BRUNO IAT	OLIMPICO VIANENSE TRAIL	M	37	02:43:36	06:45	MSEN
1043	26	9	PORFIRIO LOMBA		M	43	02:45:59	06:51	M40
101	27	3	JOSE SANTOS	EDV VIANA TRAIL	M	51	02:46:42	06:53	M50
55	28	16	RUI SOARES	FISIOFREIXO	M	31	02:47:38	06:56	MSEN
27	29	4	CARLOS GANDRA	GTTARMAZEM DO CAFFE	M	52	02:48:01	06:56	M50
1061	30	10	MARCO DIAS	PADELA NATURAL TAEM	M	45	02:48:29	06:58	M40
84	31	11	RUI ARAUJO	FAMA RUNNERS	M	42	02:49:45	07:01	M40
57	32	1	CARLA PEREIRA	OLIMPICO VIANENSE TRAIL	F	36	02:50:52	07:04	FSEN
1059	33	12	SERGIO LIMA	DOMPLEX	M	46	02:51:54	07:06	M40
75	34	13	PEDRO PEREIRA	OLIMPICO VIANENSE TRAIL	M	43	02:52:49	07:08	M40
37	35	17	LUCIANO	MELGACO ALVARINHO TRAIL	M	36	02:53:04	07:09	MSEN
1055	36	18	CESAR FERNANDES	APULIA A CORRER	M	35	02:53:18	07:09	MSEN
43	37	14	LUIS LOBO	ALL TITUDES TRAIL TEAM	M	45	02:54:08	07:12	M40
1060	38	19	JOAO LINHARES		M	39	02:54:25	07:12	MSEN
46	39	15	ANTONIO GOMES	AGUIAS DE ALVELOS	M	47	02:54:56	07:13	M40
1034	40	16	HELDER SILVA	BOTA&SIGA	M	40	02:55:48	07:16	M40
1079	41	17	ANDRE PINHEIRO		M	40	02:57:35	07:20	M40
31	42	18	DANIEL FONSECA	DESNIVEL POSITIVO	M	41	02:57:36	07:20	M40
1071	43	20	JOSE EUSEBIO	B LIFE OUTDOOR TEAM	M	33	02:57:42	07:20	MSEN
15	44	21	NELSON LEAL		M	33	02:58:09	07:21	MSEN
52	45	5	JOSE CARDOSO	ARCA BARCELOS RUNNERS	M	50	02:58:19	07:22	M50

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalaço
107	46	6	ANTONIO BATISTA		M	53	02:59:45	07:26	M50
17	47	19	PEDRO BARBOSA		M	46	02:59:45	07:26	M40
30	48	20	HUGO CASAL	OLIMPICO VIANENSE TRAIL	M	40	02:59:49	07:26	M40
72	49	2	OLGA MARTINS	GTTARMAZEM DO CAFFE	F	33	02:59:51	07:26	FSEN
60	50	22	DIOGO	FISIOFREIXO	M	28	03:00:21	07:27	MSEN
86	51	21	JOSE COSTA	FAMA RUNNERS	M	40	03:00:43	07:28	M40
1042	52	22	MANUEL CUNHA		M	40	03:01:04	07:29	M40
2018	53	23	JOSE PEREIRA	GTTARMAZEM DO CAFFE	M	30	03:01:59	07:31	MSEN
58	54	24	MARTINHO DIAS	ERMIDA TEAM	M	33	03:02:49	07:33	MSEN
1074	55	25	FABIO RIBEIRO	AMIGO	M	28	03:02:59	07:34	MSEN
1051	56	26	BERNARDO FARIA		M	24	03:04:10	07:36	MSEN
68	57	1	GORETI CORREIA	AMIGO TRAIL RUN	F	42	03:04:22	07:37	FVET
1054	58	7	JOAO SOUSA	VIDAATIVARUNNERS	M	56	03:04:53	07:38	M50
1026	59	27	PAULO GOMES	BOTA&SIGA	M	39	03:05:52	07:40	MSEN
51	60	23	NELSON CARVALHO	ALVELINHOS RUNNING	M	43	03:08:52	07:48	M40
87	61	28	DANIEL OLIVEIRA	FAMA RUNNERS	M	31	03:09:01	07:49	MSEN
1062	62	29	MIGUEL SOARES		M	38	03:09:47	07:50	MSEN
63	63	30	PEDRO OLIVEIRA	FLASH MACHINE RUNNERS	M	38	03:10:02	07:50	MSEN
1058	64	24	ANTONIO FREITAS		M	48	03:11:29	07:55	M40
66	65	31	JOSE LIMA		M	36	03:11:42	07:55	MSEN
1024	66	32	ANTONIO ROCHA	TRINCAMETAS	M	30	03:12:35	07:57	MSEN
39	67	8	JOSE FERREIRA	GTTARMAZEM DO CAFFE	M	52	03:13:16	07:59	M50
1085	68	33	PIERRE GOMES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	32	03:13:36	08:00	MSEN
44	69	34	LUIS CAMPOS		M	33	03:13:49	08:00	MSEN
59	70	35	JOEL GOMES	AGUIAS DE ALVELOS	M	31	03:13:59	08:00	MSEN
1065	71	25	PAULO VIEIRAFARIA	AGUIAS DE ALVELOS	M	42	03:14:16	08:01	M40
76	72	9	JOSE MACHADO	CYCLONESSPORTS	M	55	03:15:51	08:05	M50
1025	73	36	RUI GOMES	BOTA&SIGA	M	37	03:15:58	08:05	MSEN
40	74	26	JOSE ORGANISTA	NOS CONSEGUIMOS	M	44	03:16:00	08:05	M40
19	75	37	PEDRO FERREIRA		M	33	03:16:36	08:07	MSEN
77	76	10	RUI PEREIRA	CLUBE MONTANHISMO DE BRAGA	M	55	03:16:39	08:08	M50
35	77	2	ROSA NOGUEIRA	EDV VIANA TRAIL	F	50	03:16:44	08:08	FVET
1053	78	11	RAUL FERNANDES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	66	03:16:56	08:08	M50
73	79	3	SUSANA RODRIGUES	CLUBE ATLETISMO FAFE	F	32	03:17:21	08:09	FSEN
45	80	12	FIRMINO SILVA	ARCA BARCELOS RUNNERS	M	53	03:17:56	08:10	M50
36	81	38	TIAGO COSTA	ERMIDA TEAM	M	34	03:18:22	08:12	MSEN
85	82	39	NUNO OLIVEIRA	FAMA RUNNERS	M	36	03:19:37	08:15	MSEN
25	83	40	DANIEL FERNANDES	VIMARUNNERS	M	27	03:19:40	08:15	MSEN
1037	84	3	BLANDINE CRAVEIRO	ADDICTED TO TRAIL	F	40	03:20:43	08:18	FVET
1036	85	27	ISAAC COSTA	ADDICTED TO TRAIL	M	44	03:20:43	08:18	M40
28	86	41	DANIEL SILVA		M	36	03:20:57	08:18	MSEN
1092	87	28	ANTONIO COELHO	TRAIL ME	M	43	03:26:37	08:32	M40
54	88	29	MIGUEL ARAUJO	TRAIL ME	M	47	03:26:40	08:32	M40
1084	89	42	PAULO FERNANDES		M	31	03:27:51	08:35	MSEN
1090	90	30	ELISEU LEITE		M	41	03:27:52	08:35	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
1070	91	43	LUIS CERQUEIRA	B LIFE OUTDOOR TEAM	M	29	03:28:58	08:38	MSEN
1048	92	4	ANA MARQUES	ALL ABOUT	F	27	03:32:08	08:46	FSEN
41	93	44	CARLOS MOREIRA	UNIDOS AO PO	M	26	03:32:20	08:46	MSEN
1050	94	31	CARLOS CAMPOS		M	41	03:32:52	08:48	M40
1086	95	13	MANUEL CARRICO		M	55	03:35:21	08:54	M50
1019	96	32	RICARDO RODRIGUES	GUIMARAES TRAIL	M	42	03:36:50	08:58	M40
1029	97	33	CLAUDIO CANDIDO	TEAM MARIA	M	41	03:36:56	08:58	M40
1091	98	34	MARIO ROSAS	WEDO RUNNERS	M	45	03:38:39	09:02	M40
38	99	4	CARLA GONCALVES		F	47	03:39:07	09:03	FVET
1035	100	5	FLORINDA FERNANDES	TEAM WORKOUT 48	F	48	03:39:07	09:03	FVET
47	101	35	RUI BOAS	ASSOCIACAO DESPORTIVA DE CARVALHAL	M	41	03:39:25	09:04	M40
42	102	14	JOSE PINTO	CICLISTAS COSMICOS GISLOTICA	M	52	03:40:43	09:07	M50
1045	103	5	DIANA FERNANDES	ALL ABOUT	F	29	03:40:53	09:07	FSEN
71	104	45	RICARDO FERREIRA	ALL ABOUT	M	37	03:40:54	09:07	MSEN
34	105	36	LUIS MARQUES	TERAPIAS ALEXANDRA CARVALHO	M	44	03:41:25	09:09	M40
1020	106	37	OLIVEIRA AMARO	HAPPY RUNNERS	M	47	03:42:43	09:12	M40
1021	107	46	NUNO MARTINS	HAPPY RUNNERS	M	37	03:42:43	09:12	MSEN
53	108	47	ANTONIO VIEIRA	FISIOFREIXO	M	33	03:43:02	09:13	MSEN
1067	109	48	ANTONIO SA	FISIOFREIXO	M	34	03:43:29	09:14	MSEN
1066	110	49	ZE LUIS	CASA BENFICA SANTO TIRSO	M	36	03:45:32	09:19	MSEN
33	111	6	ELSA RODRIGUES	TERAPIAS ALEXANDRA CARVALHO	F	42	03:45:52	09:20	FVET
1023	112	50	HERNANI COSTA		M	38	03:46:08	09:21	MSEN
62	113	51	RICARDO MONTEIRO	FLASH MACHINE RUNNERS	M	32	03:46:58	09:22	MSEN
18	114	7	CELIA SAMPAIO	DESNIVEL POSITIVO	F	43	03:47:02	09:22	FVET
56	115	8	GISA MARTINS	EDV VIANA TRAIL	F	40	03:47:03	09:23	FVET
24	116	38	NUNO CUNHA		M	47	03:48:05	09:25	M40
1022	117	52	RICARDO BOUCINHA	TRINCAMETAS	M	37	03:52:51	09:37	MSEN
32	118	53	CARLOS TEIXEIRA	TRINCAMETAS	M	32	03:52:51	09:37	MSEN
48	119	39	MARCO AFONSO	MELGACO ALVARINHO TRAIL	M	40	03:55:51	09:44	M40
81	120	9	SOLANGE CABRAL	TERAPIAS ALEXANDRA CARVALHO	F	41	03:56:39	09:47	FVET
1077	121	10	MONICA RODRIGUEZ	KORPOREARENTEIRO	F	43	03:57:14	09:48	FVET
1046	122	54	LUIS LANDEIRA	ERMIDA TEAM	M	34	04:01:23	09:58	MSEN
26	123	6	OLGA MARTINS	ERMIDA TEAM	F	33	04:01:25	09:58	FSEN
1032	124	55	LUIS PINHEIRO	JACARES CANSADOS	M	31	04:01:39	09:59	MSEN
1033	125	56	BRUNO ANDRADE	JACARES CANSADOS	M	34	04:01:41	09:59	MSEN
1082	126	40	ALVARO REIS		M	45	04:04:08	10:05	M40
1044	127	7	HELENA PASSOS		F	34	04:07:41	10:14	FSEN
82	128	15	JOSE RIBEIRO	TERAPIAS ALEXANDRA CARVALHO	M	53	04:08:38	10:16	M50
1063	129	16	AVELINO DIAS		M	62	04:09:51	10:19	M50
64	130	11	SUSY COSTA	MINHO AVENTURA	F	40	04:10:51	10:21	FVET
65	131	57	PAULO OLIVEIRA	MINHO AVENTURA	M	36	04:10:53	10:21	MSEN
1047	132	8	SANDRA ZEFERINO	ALL ABOUT	F	29	04:10:59	10:22	FSEN
1018	133	9	CRISTIANA MARTINS	TEAM LANTEMIL	F	37	04:11:00	10:22	FSEN