

Dorsal	Lugar	Esc.	Atleta	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
160	1	1	FRANCISCO FERNANDES	EXPERIENCIAR/BARCELT	M	32	02:19:57	05:23	MSEN
150	2	2	JOAO RODRIGUES	AMIGOS DA MONTANHA	M	39	02:25:59	05:37	MSEN
118	3	1	RUI LARANJEIRA	EXPERIENCIAR/BARCELT	M	43	02:26:02	05:37	M40
219	4	2	GABRIEL MEIRA	EDV VIANA TRAIL	M	42	02:27:26	05:40	M40
159	5	3	AMANDIO ANTUNES	AFIFENSE TRAIL	M	39	02:27:49	05:41	MSEN
10	6	4	BRUNO RIBEIRO	AGUIAS DE ALVELOS	M	36	02:28:02	05:41	MSEN
117	7	3	ADRIANO SA	AGUIAS DE ALVELOS	M	45	02:28:23	05:42	M40
216	8	4	ARTUR MATOS	EDV VIANA TRAIL	M	47	02:36:13	06:00	M40
78	9	5	RICARDO REGO	EXPERIENCIAR/BARCELT	M	32	02:37:14	06:03	MSEN
175	10	5	MANUEL BARBOSA	AMIGO	M	43	02:40:51	06:11	M40
204	11	6	MIGUEL CARVALHO	OZXTREME/GDCR	M	32	02:42:46	06:15	MSEN
185	12	7	JORGE SABINO	MORCEGOS TRAIL	M	32	02:43:03	06:16	MSEN
98	13	8	PEDRO FERNANDES	DETRASPAFRENTE RUNNI	M	23	02:44:45	06:20	MSEN
61	14	9	JOAQUIM MIRANDA	VIDAATIVARUNNERS	M	37	02:46:49	06:25	MSEN
90	15	6	PAULO DOMINGUES	SOME/NATTUGA	M	49	02:50:10	06:33	M40
116	16	10	PEDRO TORRES	VIDAATIVARUNNERS	M	33	02:51:47	06:36	MSEN
133	17	11	FRANCISCO ARAGAO	EU+ GINASIO/LMA	M	34	02:52:27	06:38	MSEN
218	18	12	HUGO ARAUJO	GTTARMAZEM DO CAFFE	M	30	02:54:29	06:43	MSEN
12	19	13	MIGUEL JAQUES	OLIMPICO VIANENSE TR	M	31	02:54:44	06:43	MSEN
129	20	14	NUNO PEREIRA	OLIMPICO VIANENSE TR	M	32	02:54:44	06:43	MSEN
107	21	15	EDUARDO CUNHA	AGUIAS DE ALVELOS	M	38	02:56:23	06:47	MSEN
58	22	1	CARLA SOUSA	EDV VIANA TRAIL	F	33	03:00:07	06:56	FSEN
213	23	16	SERGIO RAMOS	EDV VIANA TRAIL	M	39	03:00:10	06:56	MSEN
196	24	7	CARLOS SIMOES	ALVELINHOS RUNNING	M	40	03:00:43	06:57	M40
114	25	17	PEDRO DOURADO	AGUIAS DE ALVELOS	M	31	03:01:07	06:58	MSEN
124	26	18	ANDRE COELHO	TEAM LANTEMIL	M	35	03:01:45	06:59	MSEN
211	27	19	EDUARDO SOARES	NOVO DOCE TRAIL	M	36	03:02:17	07:01	MSEN
187	28	20	JOSE FARIA	EDV VIANA TRAIL	M	30	03:04:13	07:05	MSEN
191	29	21	FILIFE FERNANDES	PALMEIRA RUNNERS	M	29	03:04:57	07:07	MSEN
88	30	22	EMANUEL COSTA	GTTARMAZEM DO CAFFE	M	38	03:05:52	07:09	MSEN
126	31	8	JOSE SILVA	ERMIDA TEAM	M	44	03:07:07	07:12	M40
102	32	23	HUGO SA		M	35	03:07:45	07:13	MSEN
60	33	24	SERGIO MATOS	EDV VIANA TRAIL	M	27	03:08:26	07:14	MSEN
13	34	2	DORSAL 13		M	0	03:09:35	07:17	Age Unknown Male
52	35	1	MANUEL ALVES	QUEIROZ TEAM / NOKAR	M	51	03:09:44	07:17	M50
173	36	25	JORGE MARQUES	GTTARMAZEM DO CAFFE	M	27	03:10:53	07:21	MSEN
71	37	9	EZEQUIEL FERNANDES	VIDAATIVARUNNERS	M	42	03:11:51	07:22	M40
198	38	10	NELSON CARVALHO	ALVELINHOS RUNNING	M	42	03:12:35	07:24	M40
201	39	26	JOAO CASTELBRANCO	OLIMPICO VIANENSE TR	M	23	03:13:28	07:26	MSEN
145	40	2	OLGA MARTINS		F	32	03:13:50	07:27	FSEN
122	41	27	NUNO OLIVEIRA	EDV VIANA TRAIL	M	35	03:14:02	07:27	MSEN
147	42	11	HELIO SILVA	MONCAO TRAIL	M	44	03:14:49	07:29	M40
95	43	12	VITOR COELHO	TEAM LANTEMIL	M	43	03:17:09	07:35	M40
81	44	28	RICARDO PAIS	ST TRAIL	M	36	03:17:23	07:35	MSEN

Dorsal	Lugar	Esc.	Atleta	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
62	45	13	PEDRO MIRANDA	VIDAATIVARUNNERS	M	41	03:17:31	07:35	M40
91	46	2	ANTONIO BATISTA	CLUBE MONTANHISMO DE	M	52	03:18:01	07:37	M50
11	47	14	ANTONIO GOMES	AGUIAS DE ALVELOS	M	46	03:18:15	07:37	M40
199	48	15	RICARDO PEREIRA	ALVELINHOS RUNNING	M	40	03:20:39	07:43	M40
89	49	29	DANIEL FERNANDES		M	39	03:21:42	07:45	MSEN
174	50	30	JOSE COSTA		M	39	03:22:04	07:46	MSEN
105	51	31	NUNO CASTELBRANCO	OLIMPICO VIANENSE TR	M	25	03:23:33	07:49	MSEN
57	52	16	FERNANDO AREZES	GTTARMAZEM DO CAFFE	M	49	03:25:17	07:54	M40
169	53	32	RICARDO BOUCINHA	TRINCAMETAS	M	36	03:25:33	07:54	MSEN
108	54	33	JOEL GOMES	AGUIAS DE ALVELOS	M	30	03:25:41	07:54	MSEN
193	55	34	NUNO CAMPOS		M	36	03:26:22	07:56	MSEN
210	56	17	SILVERIO SANTOS		M	45	03:26:25	07:56	M40
85	57	3	RUI PEREIRA	CLUBE MONTANHISMO DE	M	54	03:27:15	07:58	M50
83	58	35	HELDER RIBEIRO		M	37	03:27:34	07:59	MSEN
178	59	18	HELDER COSTA	AMIGO	M	41	03:27:37	07:59	M40
177	60	36	JOSE MADUREIRA	AMIGO	M	35	03:27:38	07:59	MSEN
181	61	37	NELSON NASCIMENTO	AMIGO	M	27	03:27:38	07:59	MSEN
223	62	38	PEDRO ALVES		M	29	03:27:48	07:59	MSEN
153	63	3	LILIANA PEREIRA	SHOTS INTERNATIONAL	F	35	03:27:51	07:59	FSEN
84	64	39	CARLOS RIBEIRO	GTTARMAZEM DO CAFFE	M	37	03:28:28	08:01	MSEN
74	65	19	PAULO MONTEIRO	VIDAATIVARUNNERS	M	41	03:28:36	08:01	M40
72	66	40	HELDER TORRES	VIDAATIVARUNNERS	M	34	03:29:22	08:03	MSEN
151	67	4	JOSE MACHADO	CYCLONESSPORTS	M	54	03:29:55	08:04	M50
203	68	20	BENJAMIM CRUZ		M	43	03:32:08	08:09	M40
172	69	41	ANTONIO ROCHA	TRINCAMETAS	M	29	03:32:13	08:10	MSEN
127	70	42	SERGIO GONCALVES	ERMIDA TEAM	M	31	03:32:23	08:10	MSEN
99	71	43	RUI FONSECA	DETRASPAFRENTE RUNNI	M	28	03:33:34	08:12	MSEN
96	72	44	CARLOS VALE	DETRASPAFRENTE RUNNI	M	32	03:33:34	08:12	MSEN
75	73	45	CESAR CARVALHO	VIDAATIVARUNNERS	M	30	03:34:04	08:13	MSEN
179	74	1	GORETI CORREIA	AMIGO	F	41	03:34:54	08:16	FVET
139	75	21	JOSE COSTA	GTTARMAZEM DO CAFFE	M	40	03:35:30	08:17	M40
206	76	2	MIRA MATIAS	NO GAIN NO GAIN POVO	F	49	03:35:32	08:17	FVET
65	77	5	ZACARIAS OLIVEIRA	VIDAATIVARUNNERS	M	50	03:35:44	08:18	M50
59	78	22	FRANK DOMINGUES	EDV VIANA TRAIL	M	43	03:37:48	08:23	M40
56	79	46	SERGIO MARTINS	EXPERIENCIAR/BARCELT	M	34	03:39:33	08:26	MSEN
214	80	23	LUIS NECO	ARCA BARCELOS RUNNER	M	41	03:40:57	08:30	M40
115	81	24	RUI BOAS	AGUIAS DE ALVELOS	M	40	03:41:49	08:31	M40
94	82	6	ANTONIO COSTA	VIMARUNNERS	M	50	03:42:02	08:32	M50
112	83	25	PAULO FARIA	AGUIAS DE ALVELOS	M	41	03:43:05	08:35	M40
192	84	47	JOSE ALVES		M	37	03:43:42	08:36	MSEN
183	85	48	FABIO RIBEIRO	AMIGO	M	27	03:44:06	08:37	MSEN
200	86	49	DANIEL SILVA		M	35	03:44:08	08:37	MSEN
128	87	50	RUI ALMEIDA	VIMARUNNERS	M	37	03:44:24	08:38	MSEN
194	88	51	JORGE BORGES	GTTARMAZEM DO CAFFE	M	38	03:46:03	08:41	MSEN

Dorsal	Lugar	Esc.	Atleta	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
222	89	1	NURIA FERREIRA	NAST	F	0	03:46:32	08:43	Age Unknown Female
120	90	52	RICARDO CARVALHO	EI TEAM TRAIL	M	38	03:47:07	08:44	MSEN
205	91	53	ALEXANDRE XANGO	FREE TIBET	M	39	03:48:22	08:46	MSEN
189	92	54	DEMETRIO MATOS	GTTARMAZEM DO CAFFE	M	39	03:53:19	08:58	MSEN
134	93	3	CARLA GONCALVES		F	46	03:54:15	09:00	FVET
197	94	26	JOSE CARVALHO	ALVELINHOS RUNNING	M	45	03:54:41	09:01	M40
70	95	55	RICARDO COSTA	VIDAATIVARUNNERS	M	39	03:54:52	09:02	MSEN
79	96	4	MARGARIDA MAGALHAES	DESNIVEL POSITIVO	F	49	03:54:54	09:02	FVET
202	97	56	LUIS CAMPOS		M	32	03:54:54	09:02	MSEN
73	98	5	MARIA COSTA	VIDAATIVARUNNERS	F	53	03:55:17	09:02	FVET
188	99	4	MARIANA BALLESTER		F	27	03:55:20	09:03	FSEN
82	100	5	TELMA DUARTE	ERMIDAFIT RUNNERS	F	30	03:55:42	09:04	FSEN
215	101	7	FIRMINO SILVA	ARCA BARCELOS RUNNER	M	52	03:55:43	09:04	M50
207	102	27	RICARDO CASTRO	NO GAIN NO GAIN POVO	M	41	03:55:50	09:04	M40
212	103	57	NUNO SA	SULFATO DE PEUGA	M	34	03:55:55	09:04	MSEN
168	104	28	JORGE PINTO		M	46	03:56:14	09:05	M40
125	105	8	LINO MOREIRA	OS TURBOMULA	M	62	03:57:39	09:08	M50
97	106	58	ORLANDO SILVA	DETRASPAFRENTE RUNNI	M	33	04:01:36	09:17	MSEN
93	107	59	GIL SILVA	EU+ GINASIO/LMA	M	33	04:01:59	09:18	MSEN
103	108	60	BRUNO SILVA		M	34	04:03:09	09:21	MSEN
170	109	61	CARLOS TEIXEIRA	TRINCAMETAS	M	31	04:05:41	09:27	MSEN
156	110	29	JOAO MOTA	DESNIVEL POSITIVO	M	43	04:08:26	09:33	M40
209	111	30	MANUEL ARAUJO	EDV VIANA TRAIL	M	46	04:08:42	09:34	M40
163	112	6	SARA BRANDAO		F	33	04:08:52	09:34	FSEN
63	113	62	HELDER BOAS	VIDAATIVARUNNERS	M	37	04:11:26	09:40	MSEN
54	114	6	CATARINA PEREIRA	EI TEAM TRAIL	F	41	04:17:20	09:53	FVET
55	115	9	MANUEL LIMA	EXPERIENCIAR/BARCELT	M	57	04:17:38	09:54	M50
66	116	7	CARLA GONCALVES	VIDAATIVARUNNERS	F	39	04:21:05	10:02	FSEN
69	117	8	ANDREIA FERNANDES	VIDAATIVARUNNERS	F	29	04:21:05	10:02	FSEN
208	118	9	SANDRA FARIA	SHOTS INTERNATIONAL	F	34	04:27:30	10:17	FSEN
135	119	63	HUGO CUNHA	OLIMPICO VIANENSE TR	M	35	04:28:43	10:20	MSEN
68	120	10	BARBARA MAIA	VIDAATIVARUNNERS	F	36	04:29:26	10:21	FSEN
64	121	64	VITOR SILVA	VIDAATIVARUNNERS	M	32	04:57:20	11:26	MSEN
123	122	11	MONICA MARTINS	TEAM LANTEMIL	F	39	04:57:30	11:26	FSEN
104	123	7	TERESA MACEDO	CLUBE MONTANHISMO DE	F	52	05:27:14	12:35	FVET
100	124	31	PAULO HENRIQUES	CLUBE MONTANHISMO DE	M	48	05:29:32	12:40	M40