

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalaço
576	1	1	BRUNO RODRIGUES	UMFCA WARRIORS	M	31	01:24:34	05:14	MSEN
618	2	2	RICARDO MIRANDA	GTTARMAZEM DO CAFFE	M	29	01:27:18	05:25	MSEN
2151	3	1	FERNANDO GRILO		M	42	01:27:54	05:27	M40
537	4	2	NUNO CARDOSO		M	41	01:29:00	05:31	M40
645	5	3	ALBERTO BARROS	LODEIROS ATHLETICS TRAIL	M	40	01:32:41	05:45	M40
520	6	3	FRANCISCO FERNANDES	B.T.M.	M	30	01:33:33	05:48	MSEN
2141	7	4	DIOGO SILVA	UMFCA WARRIORS	M	23	01:34:03	05:50	MSEN
532	8	5	HUGO LEITE	CLUBE ATLETISMO FAFE	M	26	01:35:15	05:54	MSEN
602	9	6	DIOGO ARAUJO	B.T.M.	M	29	01:35:37	05:56	MSEN
646	10	7	RUBEN GONZALEZ	LODEIROS ATHLETICS TRAIL	M	31	01:36:50	06:00	MSEN
661	11	8	NUNO	FAMA RUNNERS	M	39	01:37:23	06:03	MSEN
620	12	9	CARLOS MARTINS	AIRORUN	M	39	01:37:40	06:04	MSEN
653	13	10	DAVIDE FONTES	CDC NAVAIS	M	23	01:38:28	06:07	MSEN
641	14	4	ROBERTO GRANA	LODEIROS ATHLETICS TRAIL	M	44	01:38:37	06:07	M40
599	15	11	HELDER RIBEIRO	AIRORUN	M	35	01:38:50	06:08	MSEN
622	16	1	JOAQUIM RODRIGUES	ACR RORIZ	M	55	01:38:59	06:08	M50
2127	17	12	SERGIO PEREIRA	ERMIDAFIT	M	31	01:39:54	06:12	MSEN
534	18	5	CIANO RIBEIRO	ASSOCIACAO DESPORTIVA DE CARVALHAL	M	41	01:40:37	06:14	M40
581	19	6	PEDRO MOREIRA	B.T.M.	M	40	01:41:00	06:16	M40
547	20	2	JOSE MARTINS	TEAM WORKOUT 48	M	51	01:41:09	06:17	M50
516	21	13	RAFAEL SANTOS		M	35	01:41:34	06:18	MSEN
594	22	14	JOSE BOUCINHA		M	31	01:41:37	06:18	MSEN
611	23	7	FERNANDO SILVA	TERAPIAS ALEXANDRA CARVALHO	M	43	01:41:47	06:19	M40
2122	24	15	HELIO COSTA	GTTARMAZEM DO CAFFE	M	35	01:41:57	06:20	MSEN
629	25	8	JOSE PEREIRA	AIRORUN	M	48	01:42:00	06:20	M40
542	26	16	JOAO PARALVAS	B.T.M.	M	24	01:42:09	06:20	MSEN
2106	27	9	DANIEL CARDOSO		M	49	01:43:45	06:27	M40
621	28	3	MANUEL MIRANDA	ACR RORIZ	M	55	01:43:50	06:27	M50
625	29	10	FRANCISCO PEREIRA	AIRORUN	M	47	01:43:57	06:27	M40
638	30	17	IVAN PEREZ	OS TORAKKA	M	33	01:44:05	06:27	MSEN
2104	31	18	LUIS CAMPOS		M	30	01:44:23	06:28	MSEN
619	32	11	EDUARDO BRAGA	BTT MATOSINHOS	M	42	01:44:33	06:30	M40
606	33	19	RUI ALVES	TRAIL ME	M	32	01:44:38	06:29	MSEN
541	34	20	VITOR RAMALHO	B.T.M.	M	30	01:44:42	06:30	MSEN
568	35	12	JOSE LEITAO	TERAPIAS ALEXANDRA CARVALHO	M	49	01:45:05	06:31	M40
2206	36	13	JOSE SALDANHA	EDV VIANA TRAIL	M	49	01:46:02	06:35	M40
2082	37	4	VICTOR MIRANDA	TERAPIAS ALEXANDRA CARVALHO	M	56	01:46:07	06:35	M50
605	38	21	SERGIO MARTINS	OLIMPICO VIANENSE TRAIL	M	37	01:46:37	06:37	MSEN
2152	39	14	VITOR FARIA	PALMEIRA RUNNERS	M	44	01:46:46	06:38	M40
2201	40	22	MIGUEL CASTRO		M	32	01:46:48	06:36	MSEN
596	41	23	DANIEL BOTELHO	B.T.M.	M	36	01:47:02	06:38	MSEN
655	42	24	RUI MOTA	FAMA RUNNERS	M	37	01:47:25	06:40	MSEN
2098	43	25	NUNO ARAUJO	UMFCA WARRIORS	M	22	01:47:44	06:41	MSEN
2072	44	26	AMARO COSTA	PADELA NATURAL TAEM	M	36	01:47:51	06:41	MSEN
2058	45	27	CARLOS SILVA	BOTA&SIGA	M	34	01:47:57	06:42	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
513	46	28	RICARDO PAIS	ERMIDAFIT	M	37	01:48:00	06:42	MSEN
2047	47	29	SIMAO COUTO	VESPA RUNNERS	M	39	01:48:01	06:42	MSEN
2138	48	30	MIGUEL		M	21	01:48:02	06:42	MSEN
2044	49	31	ADARICO FRAGOSO	APULIA A CORRER	M	39	01:48:06	06:43	MSEN
613	50	32	FILIFE BORGES		M	35	01:48:07	06:42	MSEN
609	51	33	MARCIO CRUZ	TRAIL ME	M	29	01:48:15	06:42	MSEN
2040	52	1	JOANA BARROS	TEAM WORKOUT 48	F	26	01:48:26	06:44	FSEN
648	53	15	CARLOS VILASBOAS	FISIPADRAO/LUSOSPORT	M	40	01:48:36	06:45	M40
2150	54	34	RICARDO FERREIRA	GTTARMAZEM DO CAFFE	M	28	01:48:39	06:44	MSEN
2041	55	35	LUIS COUTINHO	TEAM WORKOUT 48	M	27	01:48:45	06:45	MSEN
578	56	16	JOAQUIM SILVA	TEAM LANTEMIL	M	44	01:48:55	06:46	M40
624	57	2	ADRIANA GOMES	MINHO AVENTURA	F	33	01:50:28	06:51	FSEN
617	58	17	JOSE CASTRO	B.T.M.	M	45	01:50:31	06:51	M40
2064	59	18	DOMINGOS PEIXOTO	PALMEIRA RUNNERS	M	46	01:50:57	06:53	M40
2148	60	19	ILIDIO FONTE	THE WOLVESACRVF	M	45	01:51:06	06:53	M40
543	61	36	GONCALO FREITAS	OLIMPICO VIANENSE TRAIL	M	18	01:52:10	06:57	MSEN
658	62	20	MANUEL GOMES	FAMA RUNNERS	M	47	01:52:39	06:59	M40
523	63	37	MARCO MARQUES		M	32	01:52:44	06:59	MSEN
616	64	5	NUNO FERREIRA		M	50	01:52:56	07:01	M50
2170	65	6	JOSE BERNARDINO		M	50	01:53:32	07:03	M50
652	66	38	JOSE BARBOSA	CORRER ANTAS A NOITE	M	32	01:53:38	07:03	MSEN
2117	67	39	NUNO CARACA	UMFCA WARRIORS	M	31	01:53:43	07:03	MSEN
2171	68	21	BENJAMIM CRUZ		M	44	01:53:47	07:03	M40
2065	69	22	JOSE COSTA	PALMEIRA RUNNERS	M	41	01:53:53	07:04	M40
2062	70	40	FERNANDO OLIVEIRA	BOTA&SIGA	M	36	01:54:06	07:05	MSEN
2068	71	41	SERGIO MONTEIRO	A.CU.R.A. 4 TRAIL	M	30	01:54:57	07:08	MSEN
2139	72	42	DAMIAO DUARTE	TRAVASSOS RUNNING FAFE	M	34	01:55:05	07:09	MSEN
538	73	43	NUNO DANTAS	B.T.M.	M	38	01:55:13	07:09	MSEN
2178	74	44	ANTONIO COELHO	CORRER ANTAS A NOITE	M	39	01:56:13	07:12	MSEN
2038	75	45	JOAO SILVA	FISIOPEDRO	M	34	01:56:59	07:16	MSEN
2149	76	46	ANDRE FELGUEIRAS	THE WOLVESACRVF	M	32	01:57:04	07:16	MSEN
2031	77	47	LUIS RIBEIRO	BOTA&SIGA	M	25	01:57:14	07:16	MSEN
514	78	3	TELMA DUARTE	ERMIDAFIT	F	31	01:57:15	07:17	FSEN
2091	79	48	JORGE JAQUES	VIDAATIVARUNNERS	M	24	01:57:20	07:17	MSEN
623	80	49	JOSE PADRAO	FISIPADRAO/LUSOSPORT	M	39	01:57:23	07:17	MSEN
2063	81	50	FILIFE MENESES		M	37	01:57:39	07:17	MSEN
2181	82	51	DANIEL VIEIRA	FAMA RUNNERS	M	29	01:57:42	07:18	MSEN
519	83	52	TIAGO PORTELA		M	31	01:57:46	07:18	MSEN
2107	84	53	RENATO LOPES	MJS RUNNERS	M	37	01:58:10	07:20	MSEN
2029	85	23	FERNANDO OLIVEIRA	FFIT GAIA TARIL	M	49	01:58:13	07:21	M40
2108	86	54	MARCO PEIXOTO	MJS RUNNERS	M	22	01:58:27	07:21	MSEN
588	87	55	NUNO SILVA	B.T.M.	M	36	01:58:33	07:21	MSEN
2200	88	7	HENRIQUE BORGES		M	50	01:58:48	07:22	M50
533	89	24	CESAR GONCALVES	OLIMPICO VIANENSE TRAIL	M	42	01:58:59	07:23	M40
2144	90	56	JOAO RIBEIRO	UMFCA WARRIORS	M	34	01:59:04	07:23	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
637	91	25	JULIO SANTOS	OS TORAKKA	M	41	01:59:19	07:23	M40
2113	92	26	HELDER AZEVEDO		M	41	01:59:30	07:25	M40
527	93	57	ORLANDO SILVA	DETRASPAFRENTE RUNNING TEAM	M	34	02:00:19	07:25	MSEN
540	94	58	GABRIEL SILVA	SURICATAS	M	27	02:00:25	07:29	MSEN
2197	95	8	LUIS FERREIRA	BRAGUINHAS RUNNERS	M	51	02:00:27	07:27	M50
531	96	59	ANDRE PIRES	EMERGENCY TEAM	M	29	02:00:29	07:28	MSEN
2133	97	60	EDUARDO SILVA		M	22	02:00:40	07:29	MSEN
544	98	9	LEANDRO FREITAS	OLIMPICO VIANENSE TRAIL	M	52	02:00:44	07:29	M50
2205	99	10	ALBERTO CUNHA		M	55	02:00:57	07:29	M50
592	100	27	MANUEL VALE		M	42	02:01:09	07:31	M40
2045	101	61	BRUNO RODRIGUES	TEAM WORKOUT 48	M	33	02:01:19	07:32	MSEN
526	102	62	CARLOS VALE	DETRASPAFRENTE RUNNING TEAM	M	33	02:01:31	07:30	MSEN
644	103	63	PABLO VIDAL	LODEIROS ATHLETICS TRAIL	M	38	02:01:43	07:34	MSEN
2173	104	64	GILBERTO VIDEIRA	THE WOLVESACRVF	M	36	02:02:12	07:35	MSEN
632	105	4	CONSTANCA BRITO	ARCA BARCELOS RUNNERS	F	28	02:02:25	07:36	FSEN
2066	106	65	PAULO GOMES	A.CU.R.A. 4 TRAIL	M	30	02:03:23	07:39	MSEN
2039	107	28	MANUEL ANTONIO	B LIFE OUTDOOR TEAM	M	46	02:03:31	07:39	M40
2129	108	29	DOMINGOS MARTINS		M	41	02:04:46	07:45	M40
2074	109	66	ANDRE OLIVEIRA	PO NA TRAIL TRAIL RUNNERS	M	36	02:05:04	07:45	MSEN
539	110	30	SAMUEL SOUSA	EMERGENCY TEAM	M	40	02:05:23	07:47	M40
2226	111	31	MIGUEL SILVA		M	41	02:06:04	07:48	M40
2017	112	32	VITOR CAMPOS	GTTARMAZEM DO CAFFE	M	44	02:06:40	07:52	M40
2090	113	67	EDUARDO RIBEIRO		M	26	02:07:06	07:51	MSEN
2114	114	68	DAVID MACHADO		M	31	02:07:13	07:52	MSEN
546	115	69	MARINHO MALHEIRO	SURICATAS	M	30	02:07:54	07:56	MSEN
2191	116	70	VASCO FARIA	EVOLUTION TRAIL TEAM	M	34	02:08:14	07:58	MSEN
2125	117	33	CLAUDIO FERREIRA	ERMIDAFIT	M	46	02:08:24	07:58	M40
561	118	1	HELENA FERNANDES		F	41	02:08:32	07:58	FVET
574	119	11	DANIEL BARRETO	TERAPIAS ALEXANDRA CARVALHO	M	63	02:08:44	07:59	M50
614	120	34	EDGAR COSTA	B.T.M.	M	40	02:08:58	08:00	M40
518	121	71	BRUNO MACHADO		M	35	02:08:58	08:00	MSEN
2135	122	72	PAULO ALVES		M	37	02:08:58	08:00	MSEN
2078	123	73	SAMUEL PINHO	DE PERRE A SUBPORTELA	M	26	02:09:02	07:58	MSEN
664	124	35	MIGUEL FARIA	EXPERIENCIAR/BARCELTECNICA/SPORTSONFIRE	M	42	02:09:09	08:01	M40
2198	125	5	CATIA COSTA	ERMIDAFIT	F	28	02:09:14	08:01	FSEN
2116	126	36	JOAQUIM ARAUJO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	42	02:09:19	08:02	M40
600	127	37	PAULO.HENRIQUES	PES DE CHUMBO	M	49	02:09:26	08:01	M40
2232	128	12	ALBINO VALE		M	67	02:09:32	08:02	M50
607	129	6	ANA MELO	B.T.M.	F	25	02:09:34	08:02	FSEN
2136	130	74	RICARDO VIEITAS		M	31	02:09:36	08:00	MSEN
572	131	75	ANGELO MARTINS	OLIMPICO VIANENSE TRAIL	M	34	02:09:43	08:03	MSEN
633	132	2	CONCEICAO QUEIROZ	GTTARMAZEM DO CAFFE	F	59	02:10:32	08:06	FVET
1038	133	76	CESAR MACEDO	FRAGOSO TEAM	M	38	02:10:44	08:07	MSEN
603	134	77	PEDRO MARTINS		M	35	02:10:49	08:07	MSEN
530	135	78	NUNO COSTA	GTTARMAZEM DO CAFFE	M	28	02:10:58	08:07	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalaço
2050	136	7	ANDRA JULIO	GTTARMAZEM DO CAFFE	F	39	02:11:10	08:08	FSEN
2118	137	13	JULIO FERREIRA	INSANOS	M	59	02:11:11	08:08	M50
2080	138	14	MARTINHO CUNHA	CASTELO A CORRER	M	52	02:11:40	08:10	M50
2186	139	79	PEDRO BOAS	ASSOCIACAO DESPORTIVA DE CARVALHAL	M	23	02:12:43	08:14	MSEN
2026	140	8	ELIANA PEREIRA	TEAM WORKOUT 48	F	38	02:12:53	08:15	FSEN
627	141	3	DEOLINDA FARIA	AIRORUN	F	48	02:13:09	08:16	FVET
2034	142	80	CARLOS NOVAIS	BARCELOS TEAM PORTUGAL	M	35	02:13:30	08:16	MSEN
2132	143	15	MANUEL PEREIRA		M	52	02:15:06	08:22	M50
2212	144	16	GASPAR OLIVEIRA	ATIB FINABRAGA RUNNING	M	55	02:15:07	08:23	M50
2131	145	17	CONSTANTINO MOREIRA		M	62	02:15:22	08:23	M50
2210	146	38	JOSE MATOS		M	48	02:15:30	08:24	M40
2162	147	39	JOSE CARVALHO	ALVELINHOS RUNNING	M	46	02:15:33	08:24	M40
683	148	81	NUNO VIANA	CORRER ANTAS A NOITE	M	38	02:15:34	08:25	MSEN
608	149	40	PEDRO LIMA		M	44	02:15:52	08:25	M40
535	150	9	CATARINA AMORIM	G D CASTELENSE	F	33	02:15:52	08:26	FSEN
612	151	18	JOAQUIM SIMOES		M	50	02:16:00	08:27	M50
2112	152	82	PAULO PEREIRA	BOTA&SIGA	M	35	02:16:01	08:26	MSEN
2147	153	41	JOAO RODRIGUES		M	47	02:16:20	08:27	M40
2022	154	83	ANTONIO GRACIO	ANIMAL	M	38	02:16:34	08:28	MSEN
2021	155	84	MARIO GRACIO	ANIMAL	M	32	02:16:47	08:29	MSEN
583	156	85	ALBANO CARDEIRAS		M	34	02:16:50	08:29	MSEN
636	157	42	RICARDO SILVA	FIREFIGHTERSTEAM	M	42	02:16:55	08:29	M40
2229	158	86	JOSE SILVA	FAMA RUNNERS	M	26	02:16:58	08:29	MSEN
589	159	4	ADOSINDA MIRANDA	TERAPIAS ALEXANDRA CARVALHO	F	56	02:17:07	08:31	FVET
2172	160	10	MARINHA PIRES		F	32	02:17:20	08:31	FSEN
2183	161	11	CARLA SANTOS	FAMA RUNNERS	F	23	02:17:25	08:31	FSEN
2092	162	87	SERGIO COSTA		M	31	02:17:49	08:31	MSEN
88	163	1	SOFIA FIGUEIREDO	FAMA RUNNERS	F	34	02:18:00	08:33	erro
2179	164	88	MAURO FERNANDES	FAMA RUNNERS	M	37	02:18:00	08:33	MSEN
2177	165	43	ANTONIO GONCALVES	ARCA BARCELOS RUNNERS	M	42	02:18:04	08:33	M40
2204	166	89	RICARDO DUARTE	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	35	02:18:05	08:34	MSEN
2176	167	44	ANDRE TORRES	ARCA BARCELOS RUNNERS	M	40	02:18:06	08:33	M40
2180	168	45	MANUEL VELOSO	FAMA RUNNERS	M	44	02:18:07	08:34	M40
650	169	90	JOSE DUARTE		M	36	02:18:10	08:34	MSEN
1075	170	46	FRANK DOMINGUES		M	44	02:18:19	08:36	M40
626	171	47	MIGUEL FIGUEIREDO	AIRORUN	M	44	02:18:31	08:35	M40
571	172	91	DAVID TEIXEIRA		M	37	02:18:46	08:36	MSEN
2077	173	92	LUIS AMARO		M	34	02:19:21	08:37	MSEN
2046	174	19	JOSE FARIA	FERREIROLUX	M	60	02:19:28	08:39	M50
2157	175	93	MIGUEL JOSE		M	38	02:19:33	08:39	MSEN
2032	176	94	DAVIDE SILVA	BOTA&SIGA	M	25	02:19:52	08:41	MSEN
2202	177	95	EMANUEL COSTA	TUNIT	M	28	02:19:59	08:41	MSEN
591	178	48	FRANCISCO FARIA		M	48	02:20:18	08:42	M40
2048	179	12	ANA MORENO		F	26	02:20:22	08:40	FSEN
587	180	5	CARLA SALGADO	B.T.M.	F	44	02:20:57	08:45	FVET

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalaço
2059	181	13	PATRICIA LOPES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	28	02:20:59	08:45	FSEN
2190	182	49	PEDRO FERNANDES	TUNIT	M	44	02:21:03	08:45	M40
2134	183	14	ELISABETE COSTA	BRAGUINHAS RUNNERS	F	39	02:21:13	08:45	FSEN
2111	184	50	PEDRO MACEDO	MJS RUNNERS	M	42	02:21:14	08:46	M40
2110	185	96	RICARDO MACEDO	MJS RUNNERS	M	18	02:21:14	08:46	MSEN
2126	186	15	MONIA RIBEIRO	GTTARMAZEM DO CAFFE	F	38	02:21:28	08:46	FSEN
2087	187	51	PAULO CARNEIRO		M	47	02:21:42	08:47	M40
569	188	6	MARIA LEMOS		F	51	02:21:43	08:48	FVET
2199	189	52	RUI RODRIGUES	ADE TRAIL RUNNING	M	40	02:21:44	08:47	M40
2067	190	97	RUI COSTA	A.CU.R.A. 4 TRAIL	M	35	02:21:52	08:48	MSEN
2230	191	98	RUBEN VIEIRA	FAMA RUNNERS	M	26	02:22:32	08:51	MSEN
585	192	16	ARIANA ARAUJO	MINHO AVENTURA	F	29	02:22:40	08:51	FSEN
647	193	7	ISABEL PEREIRA	AIRORUN	F	40	02:22:42	08:51	FVET
2057	194	99	JOSE AZEVEDO		M	30	02:23:20	08:54	MSEN
665	195	53	JOAO ALMEIDA	TERAPIAS ALEXANDRA CARVALHO	M	43	02:25:12	09:01	M40
601	196	20	CARLOS MONTEIRO	PES DE CHUMBO	M	50	02:25:24	09:01	M50
2214	197	54	DAVID BARREIRA		M	48	02:25:31	09:01	M40
2028	198	55	ERNESTO MACEDO	RUNNERS FLYLONDON TEAM	M	48	02:25:48	09:02	M40
2095	199	100	MARIO SOARES	IMPERADORES	M	32	02:27:22	09:07	MSEN
580	200	56	PEDRO GONCALVES	B LIFE OUTDOOR TEAM	M	40	02:27:32	09:09	M40
558	201	17	PATRICIA VILASBOAS	APULIA A CORRER	F	35	02:27:58	09:11	FSEN
560	202	21	MANUEL CARVALHO		M	53	02:28:07	09:12	M50
557	203	57	BRUNO SOUSA	TRINCAMETAS	M	41	02:28:08	09:11	M40
2088	204	8	MARTA AMARAL	TERAPIAS ALEXANDRA CARVALHO	F	42	02:28:09	09:12	FVET
640	205	101	JUANRA VAZQUEZ	OS TORAKKA	M	28	02:28:27	09:12	MSEN
2081	206	102	PAULO MARTINS		M	20	02:28:27	09:12	MSEN
639	207	58	OSCAR RIVEIRO	OS TORAKKA	M	41	02:28:27	09:12	M40
563	208	103	BRUNO RIBEIRO		M	27	02:28:37	09:13	MSEN
2060	209	104	AUGUSTO RIBEIRO		M	33	02:28:42	09:12	MSEN
659	210	59	MARGARIDA PINTO	FAMA RUNNERS	M	47	02:29:59	09:19	M40
2123	211	60	TIAGO CALDAS		M	41	02:30:06	09:19	M40
2054	212	18	CARINA SILVA	DIVERTIDAS.LOL	F	32	02:30:08	09:18	FSEN
2053	213	19	CATARINA BARBOSA		F	28	02:30:09	09:17	FSEN
2218	214	105	TIAGO AREIAS	SPIN AND RUN ESPOSENDE 2000	M	32	02:30:10	09:19	MSEN
586	215	20	VANIA FERREIRA	B.T.M.	F	26	02:32:01	09:26	FSEN
2084	216	106	DELFIN COSTA		M	37	02:32:55	09:29	MSEN
548	217	61	DANIEL GOMES		M	47	02:33:32	09:31	M40
2051	218	21	MARTA PEIXOTO	FISIOJOANE	F	30	02:33:38	09:32	FSEN
2025	219	107	RUI ARANTES		M	22	02:36:17	09:42	MSEN
525	220	108	JOEL COELHO	DETRASPARENTE RUNNING TEAM	M	37	02:36:59	09:42	MSEN
554	221	62	CEDRIC RODRIGUES	MCDB	M	43	02:37:57	09:48	M40
567	222	9	ISABEL LEITAO	TERAPIAS ALEXANDRA CARVALHO	F	46	02:38:10	09:49	FVET
2227	223	10	JOSEFA AURAUJO		F	42	02:38:15	09:47	FVET
2228	224	63	VITOR ARAUJO		M	46	02:38:22	09:47	M40
536	225	64	RICARDO ROCHA	B.T.M.	M	40	02:38:32	09:50	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalaço
2187	226	22	MARTA SANTOS		F	23	02:39:01	09:53	FSEN
2073	227	65	JOSE PAIXAO		M	49	02:39:03	09:52	M40
656	228	11	ROSA VILHENA	FAMA RUNNERS	F	60	02:39:07	09:52	FVET
2027	229	109	CARLOS CAMPAINHA	TEAM WORKOUT 48	M	24	02:39:07	09:53	MSEN
2093	230	23	ALICE FONSECA	GTTARMAZEM DO CAFFE	F	39	02:39:10	09:53	FSEN
528	231	110	RUI FONSECA	DETRASPAFRENTE RUNNING TEAM	M	29	02:39:18	09:49	MSEN
2195	232	111	SAMUEL COSTA	TUNIT	M	36	02:39:38	09:54	MSEN
2158	233	112	DIOGO CARDOSO		M	22	02:39:38	09:54	MSEN
2231	234	22	JOSE PINTO		M	52	02:40:23	09:57	M50
628	235	23	CASEMIRO ARAUJO	AIRORUN	M	53	02:40:45	09:59	M50
654	236	12	BARBARA CRUZ	GTTARMAZEM DO CAFFE	F	50	02:41:02	10:00	FVET
2207	237	24	FERNANDA FARIA		F	38	02:41:04	10:00	FSEN
2184	238	25	FATIMA OLIVEIRA	FAMA RUNNERS	F	35	02:41:23	10:00	FSEN
2208	239	66	PEDRO ABREU	IDEAL TEAM / DOT SPOT	M	40	02:42:24	10:05	M40
2094	240	26	SOFIA	B.T.M.	F	29	02:43:43	10:10	FSEN
657	241	27	NATALIA SANTOS	FAMA RUNNERS	F	37	02:44:02	10:11	FSEN
2055	242	13	ELISABETE MAIA	DIVERTIDAS.LOL	F	48	02:44:20	10:11	FVET
2097	243	28	ALEXANDRA OLIVEIRA	GTTARMAZEM DO CAFFE	F	39	02:44:20	10:12	FSEN
2069	244	67	CARLOS VALE	VIDAATIVARUNNERS	M	41	02:44:34	10:12	M40
2042	245	68	JOAQUIM PIMENTA		M	42	02:44:34	10:12	M40
660	246	69	RUI FERREIRA	FAMA RUNNERS	M	40	02:44:56	10:14	M40
662	247	113	JOAO PINHEIRO	FAMA RUNNERS	M	29	02:45:03	10:14	MSEN
663	248	29	DANIELA MARQUES	FAMA RUNNERS	F	34	02:45:04	10:15	FSEN
562	249	30	MARTA MOTA	OS TURBOMULA	F	39	02:46:55	10:21	FSEN
2102	250	114	PAULO COSTA		M	32	02:47:38	10:24	MSEN
2142	251	14	MARIA PEREIRA		F	42	02:47:40	10:20	FVET
590	252	70	PAULO FERNANDES	MELGACO ALVARINHO TRAIL	M	48	02:47:52	10:24	M40
549	253	115	BRUNO SILVA	OS TURBOMULA	M	34	02:48:03	10:25	MSEN
2115	254	31	SANDRA ARAUJO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	38	02:49:00	10:29	FSEN
2052	255	116	FRANCISCO DIAS		M	39	02:49:39	10:31	MSEN
2070	256	71	ISAC FURTADO		M	40	02:50:20	10:34	M40
2071	257	32	DANIELA FURTADO		F	30	02:50:21	10:34	FSEN
2075	258	15	MARIA FIGUEIREDO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	45	02:50:31	10:35	FVET
2103	259	16	MARIA MIRANDA	TERAPIAS ALEXANDRA CARVALHO	F	54	02:50:36	10:35	FVET
573	260	33	SARA NOVAIS	GTTARMAZEM DO CAFFE	F	23	02:50:37	10:34	FSEN
555	261	72	MARCELINO MOTA		M	40	02:51:10	10:38	M40
604	262	117	HUGO MAGALHAES		M	31	02:51:36	10:39	MSEN
570	263	118	PAULO CERQUEIRA		M	38	02:52:42	10:43	MSEN
2089	264	17	CECILIA COSTA	BRAGUINHAS RUNNERS	F	47	02:53:17	10:44	FVET
2189	265	73	TEOTONIO BOUCINHA		M	47	02:53:25	10:46	M40
610	266	34	PAULA BROTA		F	32	02:53:46	10:47	FSEN
2130	267	119	HERNANI MONTEIRO		M	34	02:54:01	10:47	MSEN
2036	268	74	PEIXINHO RM		M	42	02:56:53	10:56	M40
2043	269	18	ISAURA SOUSA	ALVELINHOS RUNNING	F	41	02:57:07	10:59	FVET
2166	270	120	FLAVIO MARTINS	B LIFE OUTDOOR TEAM	M	27	02:57:18	11:00	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
2167	271	19	FLORINDA FIGUEIREDO	B LIFE OUTDOOR TEAM	F	49	02:57:31	11:01	FVET
2203	272	121	JOEL REGO		M	32	02:57:34	11:01	MSEN
517	273	35	MADALENA FONTES		F	29	02:57:41	11:02	FSEN
2159	274	36	MARINA RODRIGUES	ZUPPER	F	32	02:57:45	11:02	FSEN
2037	275	20	SUSANA CARNEIRO		F	42	02:57:51	11:00	FVET
667	276	37	MARI PEREIRA	OLIMPICO VIANENSE TRAIL	F	35	02:58:18	11:04	FSEN
579	277	75	VICTOR COSTA	BRAGUINHAS RUNNERS	M	46	02:59:37	11:08	M40
2105	278	38	SANDRA MARTINS		F	35	03:00:22	11:12	FSEN
1049	279	122	HUGO FERNANDES	CLUBE ATLETISMO FAFE	M	35	03:00:22	11:12	MSEN
553	280	21	ISAURA MESQUITA	RUMO AVENTURA	F	50	03:01:03	11:13	FVET
552	281	123	RUI MIRANDA	RUMO AVENTURA	M	37	03:01:03	11:13	MSEN
2196	282	22	CONCEICAO BOAS		F	44	03:01:30	11:14	FVET
666	283	23	DENISE MARTINS	RUMO AVENTURA	F	42	03:01:33	11:14	FVET
1089	284	24	ANTONIO BILBAO	ULTAFONDO CANTABRIA	M	71	03:01:34	11:15	M50
551	285	24	MARGARIDA MIRANDA	RUMO AVENTURA	F	44	03:01:34	11:15	FVET
2217	286	39	SAOZITAROSA	TXURRINOS	F	33	03:01:41	11:17	FSEN
2213	287	76	SERGIO SANTOS		M	43	03:01:47	11:17	M40
2155	288	124	DANIEL ARAUJO		M	34	03:02:22	11:19	MSEN
2109	289	77	CARLOS ALVES	MJS RUNNERS	M	46	03:05:36	11:32	M40
2076	290	78	MANUEL SOUSA		M	44	03:06:33	11:34	M40
566	291	40	ELSA AGRA		F	29	03:07:21	11:37	FSEN
2124	292	25	CARLA CALDAS		F	40	03:07:24	11:37	FVET
649	293	26	ISABEL GONCALVES	OLIMPICO VIANENSE TRAIL	F	47	03:07:26	11:37	FVET
565	294	125	OSCAR SOUSA		M	34	03:07:41	11:38	MSEN
559	295	41	SARA SOUSA		F	35	03:07:43	11:38	FSEN
2100	296	27	TERESA MACEDO	CLUBE MONTANHISMO DE BRAGA	F	53	03:07:55	11:38	FVET
2101	297	25	ALBERTO PINHAO	CLUBE MONTANHISMO DE BRAGA	M	60	03:07:55	11:38	M50
575	298	79	JOSE RIBEIRO	B.T.M.	M	43	03:10:32	11:50	M40
550	299	42	PATRICIA MIRANDA	RUMO AVENTURA	F	32	03:11:26	11:53	FSEN
2079	300	43	VERA FERNANDES	BRAGUINHAS RUNNERS	F	36	03:14:19	12:03	FSEN
2083	301	44	CARLA ARAUJO	BRAGUINHAS RUNNERS	F	33	03:14:19	12:03	FSEN
2146	302	28	ELISABETE RIBEIRO		F	42	03:19:28	12:19	FVET
2219	303	26	ADELINO		M	56	03:19:28	12:20	M50
2143	304	80	ANTONIO SILVA		M	47	03:19:28	12:19	M40
2160	305	45	ELSA COSTA		F	33	03:21:15	12:28	FSEN
2049	306	46	CLARA DIAS	BARCELOS RUNNERS	F	34	03:21:20	12:30	FSEN
2209	307	126	SIMAO FERNANDES		M	34	03:22:29	12:33	MSEN
2120	308	27	JOSE GRACA	INSANOS	M	65	03:22:52	12:34	M50
2119	309	28	JOAO MARQUES	INSANOS	M	65	03:22:52	12:34	M50
2121	310	29	JOSE CARNEIRO	INSANOS	M	66	03:22:52	12:34	M50
595	311	47	ARACI QUEIROGA	APULIA A CORRER	F	21	03:22:53	12:35	FSEN
593	312	48	ISABEL QUEIROGA	APULIA A CORRER	F	28	03:22:59	12:36	FSEN
582	313	49	CATARINA FERREIRA		F	26	03:23:31	12:37	FSEN
2154	314	29	LAURINDA MARTINS		F	47	03:23:34	12:37	FVET
630	315	127	FILIPE LOURO		M	32	03:24:04	12:39	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
631	316	50	SONIA BARBOSA		F	26	03:24:04	12:39	FSEN
2140	317	51	CLAUDIA FIUZA		F	33	03:25:13	12:44	FSEN
2156	318	128	ANDRE CARVALHO		M	37	03:35:58	13:24	MSEN
2168	319	30	SONIA GONCALVES	APULIA A CORRER	F	41	03:42:21	13:46	FVET
2128	320	30	GARCIA SILVA		M	68	03:46:39	14:04	M50
2153	321	52	MARIA FAO		F	35	03:46:40	14:03	FSEN
2086	322	129	FILIPE NOGUEIRA	OS TURBOMULA	M	39	03:54:01	14:31	MSEN
2096	323	130	SERGIO RODRIGUES	OS TURBOMULA	M	29	03:54:01	14:31	MSEN
2137	324	53	LILIANA SILVA		F	35	03:57:38	14:45	FSEN
2174	325	54	TELMA SOFIA		F	27	04:08:41	15:27	FSEN
2175	326	131	ALVARO MARINHO		M	30	04:08:41	15:27	MSEN
2194	327	55	BARBARA OLIVEIRA		F	21	04:18:22	16:01	FSEN
2193	328	56	LARA OLIVEIRA		F	18	04:18:23	16:01	FSEN
2192	329	31	MARIA FREITAS	OS ISABELINHAS	F	46	04:18:37	16:02	FVET