

Classificação geral trail 25km

Pos.	Dor.	Nome	Equipa	Cat.	Pos.	Tempo	T/Km.	Dif.
1	1226	FERNANDES, DIOGO		SENM25	1	2:04:12.94	04:58	
2	1177	COSTA, PAULO	A.D.Amarante Trail Running	SENM25	2	2:07:38.63	05:06	0:03:26
3	1222	CARVALHO, ARTUR		SENM25	3	2:10:41.05	05:14	0:06:28
4	594	MACHADO, FILIPE	Nascidos para Correr	SENM25	4	2:10:45.19	05:14	0:06:32
5	1113	ARAUJO, RUI		SENM25	5	2:11:03.29	05:15	0:06:50
6	1109	FERREIRA, PEDRO		M40_25	1	2:11:27.93	05:16	0:07:15
7	1181	MONTEIRO, RICARDO	I.S.D	SENM25	6	2:11:55.29	05:17	0:07:42
8	1176	COSTA, VITOR	A.D.Amarante Trail Running	SENM25	7	2:13:20.48	05:20	0:09:07
9	1187	RODRIGUES, LEANDRO	Celtic Challenge Crew	SENM25	8	2:14:57.11	05:24	0:10:44
10	1010	FERNANDES, NUNO	Fafe Runners	SENM25	9	2:16:07.35	05:27	0:11:54
11	1180	RODRIGUES, RUI		SENM25	10	2:17:36.73	05:30	0:13:24
12	1081	NUNES, JOÃO	Gaia Trail	SENM25	11	2:19:49.17	05:36	0:15:36
13	1178	PEREIRA, JOSÉ	A.D.Amarante Trail Running	SENM25	12	2:21:01.91	05:38	0:16:49
14	1125	POVO, RUI	Fafe Runners	M40_25	2	2:23:10.17	05:44	0:18:57
15	1082	CARVALHO, MIGUEL	OzXtreme/GDCR	SENM25	13	2:23:36.08	05:45	0:19:23
16	1083	LEMONS, FRANCISCO		M50_25	1	2:23:45.83	05:45	0:19:33
17	1012	CUNHA, ANDRÉ		SENM25	14	2:24:57.15	05:48	0:20:44
18	1203	SANTOS, SÉRGIO	Didáxis Trail	SENM25	15	2:27:28.98	05:54	0:23:16
19	1065	CAMILO, HELDER	Paredes Aventura	SENM25	16	2:28:28.19	05:56	0:24:15
20	1070	MARTINS, PAULO		M40_25	3	2:29:22.14	05:58	0:25:09
21	1003	TEIXEIRA, AMADEU		M50_25	2	2:29:41.00	05:59	0:25:28
22	1208	SILVA, DOMINGOS	Afrikanrunners	M40_25	4	2:30:18.21	06:01	0:26:05
23	1039	FERNANDES, RUI	Fafe Runners	SENM25	17	2:30:47.75	06:02	0:26:35
24	1182	CALDAS, PAULO	I.S.D	M40_25	5	2:32:13.86	06:05	0:28:01
25	1157	ALMEIDA, SÉRGIO	Afrikanrunners	SENM25	18	2:33:15.50	06:08	0:29:03
26	1088	MACHADO, NUNO		SENM25	19	2:34:27.65	06:11	0:30:15
27	1142	MELO, LUIS		M40_25	6	2:35:39.86	06:14	0:31:27
28	1209	TEIXEIRA, LUIS	Vimarunners	SENM25	20	2:37:50.71	06:19	0:33:38
29	1164	GONÇALVES, FILIPE	Afrikanrunners	SENM25	21	2:38:12.80	06:20	0:34:00
30	1189	MACHADO, NARCISO	Celtic Challenge Crew	M50_25	3	2:39:37.40	06:23	0:35:24
31	1175	MENDES, ANTÓNIO	A.D.Amarante Trail Running	SENM25	22	2:39:38.48	06:23	0:35:25
32	1234	ABREU, ALBINO	Fafe Runners	M50_25	4	2:40:38.10	06:26	0:36:25
33	1194	TEIXEIRA, FILIPE		SENM25	23	2:40:39.17	06:26	0:36:26
34	1131	FREITAS, RICARDO	RIOFIT 1	SENM25	24	2:40:40.32	06:26	0:36:27
35	1018	BARBOSA, PEDRO	Not Run Alone	SENM25	25	2:40:57.30	06:26	0:36:44
36	1043	SANTOS, LUIS		SENM25	26	2:41:03.08	06:27	0:36:50
37	1138	NOGUEIRA, PEDRO	Shots International Runners	SENM25	27	2:41:57.44	06:29	0:37:44
38	1107	LOUREIRO, MARIA	Associação Desportiva De Cabroelo	F40_25	1	2:42:04.39	06:29	0:37:51
39	1101	SILVA, ANTÓNIO		M40_25	7	2:42:30.77	06:30	0:38:18
40	1073	LOURENÇO, ALEXANDRE		SENM25	28	2:43:39.61	06:33	0:39:27
41	1084	ALMEIDA, JOÃO		M40_25	8	2:43:46.71	06:33	0:39:34
42	1087	DIAS, JOSÉ		M40_25	9	2:43:50.53	06:33	0:39:38
43	1035	CAPELA, JOSÉ		M50_25	5	2:44:57.06	06:36	0:40:44
44	1075	FERNANDES, HUGO	Fafe Runners	SENM25	29	2:45:17.95	06:37	0:41:05
45	1002	DIAS, ANDRÉ		SENM25	30	2:45:38.51	06:38	0:41:26
46	1197	FERNANDES, CARLOS	TURBULENTOS	M50_25	6	2:46:08.51	06:39	0:41:56
47	1057	DUARTE, VASCO		SENM25	31	2:47:37.22	06:42	0:43:24
48	1063	OLIVEIRA, BRUNO		SENM25	32	2:47:37.26	06:42	0:43:24
49	1086	MACHADO, RICARDO	Os rotos	SENM25	33	2:47:47.09	06:43	0:43:34
50	1032	LAGE, FILIPE	Vimarunners	M40_25	10	2:48:03.03	06:43	0:43:50
51	1134	PEREIRA, DAVID	RIOFIT 2	SENM25	34	2:48:20.90	06:44	0:44:08
52	1186	SILVA, VITOR	Equipa do Vitor - Póvoa do varzim	M40_25	11	2:48:30.60	06:44	0:44:18
53	1137	&, FILIPE	RIOFIT 2	SENM25	35	2:48:44.68	06:45	0:44:32
54	1230	Oliveira, Diogo		SENM25	36	2:48:51.24	06:45	0:44:38
55	1049	LEMONS, OSCAR		SENM25	37	2:49:04.24	06:46	0:44:51
56	1188	GUIMARÃES, SIMÃO	Celtic Challenge Crew	SENM25	38	2:49:13.54	06:46	0:45:01
57	1141	SECA, MIGUEL	Shots International Runners	SENM25	39	2:49:56.20	06:48	0:45:43
58	1161	NUNES, NELSON	Afrikanrunners	SENM25	40	2:50:05.43	06:48	0:45:52

Pos.	Dor.	Nome	Equipa	Cat.	Pos.	Tempo	T/Km.	Dif.
59	1156	RUSSO, MARCO	Afrikanrunners	SENM25	41	2:50:06.93	06:48	0:45:54
60	1225	LEITE, ALBERTO		M50_25	7	2:50:22.91	06:49	0:46:10
61	1019	LOPES, JOSE	Not Run Alone	M40_25	12	2:51:21.79	06:51	0:47:09
62	1069	LEMOS, VITOR		M40_25	13	2:52:30.15	06:54	0:48:17
63	1071	LOUREIRO, PEDRO		SENM25	42	2:53:00.37	06:55	0:48:47
64	1008	RESENDE, BRUNO		SENM25	43	2:53:06.20	06:55	0:48:53
65	1169	FERNANDES, ALEXANDRA	Nascidos para Correr	F40_25	2	2:53:17.74	06:56	0:49:05
66	1094	NÓVOA, PAULO		M50_25	8	2:53:23.03	06:56	0:49:10
67	1045	LEMOS, HELDER	O MUNDO DA CORRIDA	SENM25	44	2:53:41.71	06:57	0:49:29
68	1204	RIBEIRO, VÍTOR	Didáxis Trail	SENM25	45	2:53:42.36	06:57	0:49:29
69	1159	NUNES, JORGE	Afrikanrunners	M40_25	14	2:54:43.15	06:59	0:50:30
70	1124	FERREIRA, ANA	A.D.Amarante Trail Running	SENF25	1	2:54:43.34	06:59	0:50:30
71	1099	MATOS, DIOGO		SENM25	46	2:55:18.38	07:01	0:51:05
72	1090	ALVES, ORLANDO		M40_25	15	2:55:25.69	07:01	0:51:13
73	1058	MAGALHAES, RUI		M40_25	16	2:55:27.74	07:01	0:51:15
74	1068	RIBEIRO, LUIS		M40_25	17	2:55:41.20	07:02	0:51:28
75	1091	MEIRELES, RICARDO		M40_25	18	2:55:52.29	07:02	0:51:39
76	1056	RIBEIRO, CARLOS	GTT - ARMAZÉM DO CAFFE	SENM25	47	2:55:57.52	07:02	0:51:45
77	1171	ALVES, RICARDO	SCORE HEALTH CLUB	SENM25	48	2:55:59.08	07:02	0:51:46
78	1215	ANTUNES, JOTA		SENM25	49	2:57:33.57	07:06	0:53:21
79	1062	VIEIRA, HÉLDER		M40_25	19	2:57:33.68	07:06	0:53:21
80	1027	VIEIRA, JOSE		M50_25	9	2:58:26.52	07:08	0:54:14
81	1020	MOURA, GASPAR		M50_25	10	2:59:21.30	07:10	0:55:08
82	1037	SOARES, JORGE		SENM25	50	2:59:58.65	07:12	0:55:46
83	1046	PEREIRA, LILIANA	Shots International Runners	SENF25	2	3:00:14.69	07:13	0:56:02
84	1092	SILVA, MARCO		SENM25	51	3:00:24.34	07:13	0:56:11
85	1126	TEIXEIRA, CLÁUDIO		SENM25	52	3:00:59.99	07:14	0:56:47
86	1048	VALENTE, JOÃO		SENM25	53	3:01:01.45	07:14	0:56:48
87	1017	COUTO, SERGIO		M40_25	20	3:02:00.94	07:17	0:57:48
88	1199	LOUREIRO, JOSÉ	TURBULENTOS	M50_25	11	3:02:17.43	07:17	0:58:04
89	1195	COSTA, JOÃO	TURBULENTOS	M40_25	21	3:02:17.68	07:18	0:58:05
90	1155	FERNANDES, RICARDO	Afrikanrunners	SENM25	54	3:03:01.49	07:19	0:58:48
91	1166	ANDRADE, RAQUEL	Nascidos para Correr	SENF25	3	3:03:07.54	07:20	0:58:55
92	1009	FARIA, PEDRO		SENM25	55	3:03:08.21	07:20	0:58:55
93	1168	SAMPAIO, MANUEL	Nascidos para Correr	M50_25	12	3:03:13.73	07:20	0:59:01
94	1136	FREITAS, ANGELA	RIOFIT 2	SENF25	4	3:03:14.85	07:20	0:59:02
95	1167	MOURA, BRUNO	Nascidos para Correr	SENM25	56	3:03:20.03	07:20	0:59:07
96	1044	PEREIRA, ARTUR	Shots International Runners	SENM25	57	3:03:28.78	07:20	0:59:16
97	1132	MARQUES, ALBERTO	RIOFIT 1	M40_25	22	3:03:57.65	07:22	0:59:45
98	1135	FERREIRA, FRANCISCO	RIOFIT 2	SENM25	58	3:03:57.86	07:22	0:59:45
99	1093	VIANA, CARLOS		SENM25	59	3:03:59.68	07:22	0:59:47
100	1060	OLIVEIRA, FERNANDO	FFIT GAIA TRAIL	M40_25	23	3:05:21.36	07:25	1:01:08
101	1144	RODRIGUES, ROMEU	No-Pain-No- Gain	M40_25	24	3:05:28.40	07:25	1:01:15
102	1001	COSTA, ANTÓNIO		M40_25	25	3:05:42.42	07:26	1:01:29
103	1047	SILVA, MÁRCIO	Vimarunners	SENM25	60	3:05:44.82	07:26	1:01:32
104	1210	CASTRO, NUNO	A.D.Amarante Trail Running	M40_25	26	3:06:09.90	07:27	1:01:57
105	1145	MATIAS, MIRA	No-Pain-No- Gain	F40_25	3	3:06:18.59	07:27	1:02:06
106	1231	ALMEIDA, RUI	Vimarunners	SENM25	61	3:06:22.14	07:27	1:02:09
107	1014	SÁ, NUNO		SENM25	62	3:07:53.33	07:31	1:03:40
108	1205	RIBEIRO, ANTONIO	lusitanusteam	M50_25	13	3:08:01.11	07:31	1:03:48
109	1207	MARTINS, EMANUEL	Afrikanrunners	SENM25	63	3:08:53.71	07:33	1:04:41
110	1076	MACHADO, ANTONIO		SENM25	64	3:09:01.81	07:34	1:04:49
111	1185	VIEIRA, BRUNO	Celtic Challenge Crew	SENM25	65	3:09:04.66	07:34	1:04:52
112	1160	FREITAS, RUFINO	Afrikanrunners	SENM25	66	3:09:18.07	07:34	1:05:05
113	1059	PLITEIRO, RICARDO		SENM25	67	3:09:22.90	07:35	1:05:10
114	1220	COELHO, PEDRO		M40_25	27	3:10:10.48	07:36	1:05:57
115	1153	FONTÃO, BRUNO	rookies	SENM25	68	3:10:13.23	07:37	1:06:00
116	1146	PALMEIRO, VERGILIO	No-Pain-No- Gain	M50_25	14	3:10:57.85	07:38	1:06:45
117	1190	PEREIRA, RICARDO	Profisio Team	SENM25	69	3:11:35.78	07:40	1:07:23
118	1201	TEIXEIRA, DIOGO	True Evolution	SENM25	70	3:11:41.41	07:40	1:07:28
119	1038	BARBOSA, JORGE		SENM25	71	3:12:01.68	07:41	1:07:49

Pos.	Dor.	Nome	Equipa	Cat.	Pos.	Tempo	T/Km.	Dif.
120	1061	SAMUEL, RUI		SENM25	72	3:13:10.04	07:44	1:08:57
121	1015	GALVÃO, RAFAEL		M40_25	28	3:13:14.05	07:44	1:09:01
122	1016	MACHADO, CRISTINA		SENF25	5	3:13:23.01	07:44	1:09:10
123	1150	PEDROSA, LUÍS	rookies	SENM25	73	3:13:24.20	07:44	1:09:11
124	1079	MIGUELOTE, RICARDO		SENM25	74	3:14:00.57	07:46	1:09:48
125	1080	DIAS, CRISTINA		SENF25	6	3:14:01.20	07:46	1:09:48
126	1034	LEMONS, JORGE		M40_25	29	3:14:03.72	07:46	1:09:51
127	1074	ALMEIDA, JORGE		SENM25	75	3:14:54.51	07:48	1:10:42
128	1192	PEREIRA, BRUNO	Profisio Team	SENM25	76	3:14:57.03	07:48	1:10:44
129	1202	PINTO, LEONEL		M40_25	30	3:14:57.86	07:48	1:10:45
130	1097	PINTO, PEDRO		SENM25	77	3:15:04.87	07:48	1:10:52
131	1098	SILVA, LUIS		SENM25	78	3:15:05.48	07:48	1:10:52
132	1227	MIGUEL, JOSÉ		SENM25	79	3:15:12.35	07:48	1:10:59
133	1129	ABREU, DIOGO	RIOFIT 1	SENM25	80	3:16:27.69	07:52	1:12:15
134	1179	NUNES, MARCO	A.D.Amarante Trail Running	SENM25	81	3:16:45.57	07:52	1:12:33
135	1198	FERNANDES, MARINHA	TURBULENTOS	F50_25	1	3:16:50.77	07:52	1:12:38
136	1148	NUNES, FILIPE	Esmoriz Runners	SENM25	82	3:17:17.98	07:54	1:13:05
137	1128	NOVAIS, NUNO	RIOFIT 1	SENM25	83	3:18:50.24	07:57	1:14:37
138	1041	LIMA, ANGELA		SENF25	7	3:18:52.86	07:57	1:14:40
139	1040	MENDES, ALVARO		SENM25	84	3:18:52.90	07:57	1:14:40
140	1151	SILVA, RICARDO	rookies	SENM25	85	3:19:37.11	07:59	1:15:24
141	1149	RIBEIRO, RUI	rookies	SENM25	86	3:19:38.09	07:59	1:15:25
142	1102	GONÇALVES, CARLA		F40_25	4	3:20:47.49	08:02	1:16:34
143	1095	DUARTE, JOSE	FAMILIA PEREIRA	M50_25	15	3:20:57.83	08:02	1:16:45
144	1140	ALVES, FERNANDO		SENM25	87	3:21:03.56	08:03	1:16:51
145	1117	ALVES, PAULO		SENM25	89	3:21:03.90	08:03	1:16:51
146	1139	FERNANDES, HELDER		SENM25	88	3:21:03.90	08:03	1:16:51
147	1115	MACHADO, BRUNO		SENM25	90	3:21:04.20	08:03	1:16:51
148	1028	RIBEIRO, RICARDO		M40_25	31	3:21:10.80	08:03	1:16:58
149	1232	Fontão, Armando		M40_25	32	3:22:23.69	08:06	1:18:11
150	1163	TEIXEIRA, SÉRGIO		SENM25	91	3:22:30.22	08:06	1:18:17
151	1206	ESCOBAR, NUNO		M40_25	33	3:23:20.99	08:08	1:19:08
152	1106	RODRIGUES, LUÍSA		SENF25	8	3:23:33.36	08:09	1:19:20
153	1191	MESQUITA, JOAQUIM	Profisio Team	SENM25	92	3:23:49.24	08:09	1:19:36
154	1127	SILVA, FERNANDO	RIOFIT 1	SENM25	93	3:23:59.47	08:10	1:19:46
155	1118	MOREIRA, CLÁUDIA	Moinhos Run ADRM	SENF25	9	3:24:22.15	08:10	1:20:09
156	1183	FARIA, FILIPE		SENM25	94	3:24:27.17	08:11	1:20:14
157	1054	MARQUES, LUIS		M40_25	34	3:24:27.88	08:11	1:20:15
158	1055	RODRIGUES, ELSA		F40_25	5	3:24:28.73	08:11	1:20:16
159	1122	QUINTA, RUI	Moinhos Run ADRM	M50_25	16	3:24:47.24	08:11	1:20:34
160	1026	SILVA, ANA	All About	SENF25	10	3:25:56.48	08:14	1:21:43
161	1025	TEIXEIRA, RICARDO	All About	M40_25	35	3:25:57.40	08:14	1:21:44
162	1143	OLIVEIRA, VITOR		SENM25	95	3:26:24.23	08:15	1:22:11
163	1212	MONTEIRO, BRUNO	LION RUNNERS – G. D. Leões da Guarda	SENM25	96	3:27:51.45	08:19	1:23:38
164	1022	RIBEIRO, CLARISSE		F40_25	6	3:28:56.84	08:21	1:24:44
165	1021	ANTUNES, PAULO		M40_25	36	3:28:56.90	08:21	1:24:44
166	1112	SÁ, RUI	FFIT GAIA TRAIL	M50_25	17	3:29:18.85	08:22	1:25:06
167	1006	MENDES, ÂNGELA	Team SCV	SENF25	11	3:31:24.34	08:27	1:27:11
168	1007	SOUSA, FILIPE	EXTREMEBIKE TRAIL	SENM25	97	3:31:24.99	08:27	1:27:12
169	1196	BARROSO, LUCAS		SENM25	98	3:31:26.48	08:27	1:27:13
170	1162	FERREIRA, SÉRGIO	Afrikanrunners	SENM25	99	3:32:42.52	08:31	1:28:30
171	1152	COSTA, DANIEL	rookies	SENM25	100	3:36:32.82	08:40	1:32:20
172	1078	ALVES, LURDES		SENF25	12	3:40:33.01	08:49	1:36:20
173	1130	OLIVEIRA, JOAQUIM	RIOFIT 1	M40_25	37	3:40:33.53	08:49	1:36:21
174	1200	TEIXEIRA, JOÃO	True Evolution	SENM25	101	3:49:45.37	09:11	1:45:32
175	1184	OLIVEIRA, VITOR	True Evolution	SENM25	102	3:49:46.13	09:11	1:45:33
176	1223	HENRIQUES, ROGÉRIO		SENM25	103	3:57:59.57	09:31	1:53:47
177	1089	CASTRO, MÁRCIO		SENM25	104	3:58:01.00	09:31	1:53:48
178	1064	CUNHA, PATRÍCIA	Moinhos Run ADRM	SENF25	13	4:02:59.26	09:43	1:58:46
179	1172	FERREIRA, MÁRCIA		SENF25	14	4:02:59.62	09:43	1:58:47
180	1224	FERREIRA, NUNO	Nascidos para Correr	M40_25	38	4:18:02.25	10:19	2:13:49

Pos.	Dor.	Nome	Equipa	Cat.	Pos.	Tempo	T/Km.	Dif.
181	1221	PINTO, MARLENE		SENF25	15	4:18:02.66	10:19	2:13:50
182	1214	BORGES, MONICA		SENF25	16	4:21:22.29	10:27	2:17:09
183	1211	BORGES, JORGE		SENM25	105	4:21:22.67	10:27	2:17:10
184	1213	FARIA, SUSANA	LION RUNNERS – G. D. Leões da Guarda	SENF25	17	4:40:17.92	11:13	2:36:05
185	1052	FERNANDES, BRUNO	Vimarruners	SENM25	106	4:40:20.32	11:13	2:36:07
186	1053	SILVA, VITOR	Vimarruners	SENM25	107	4:40:24.07	11:13	2:36:11

Classificação por escalão trail 25km

F50_25 Vet F50 Fem Trail 25km

P.Cat.	Nome	Equipa	Tempo
	1 FERNANDES, MARINHA	TURBULENTOS	3:16:50

M50_25 Vet M50 Masc Trail 25km

P.Cat.	Nome	Equipa	Tempo
	1 LEMOS, FRANCISCO		2:23:45
	2 TEIXEIRA, AMADEU		2:29:41
	3 MACHADO, NARCISO	Celtic Challenge Crew	2:39:37
	4 ABREU, ALBINO	Fafe Runners	2:40:38
	5 CAPELA, JOSÉ		2:44:57
	6 FERNANDES, CARLOS	TURBULENTOS	2:46:08
	7 LEITE, ALBERTO		2:50:22
	8 NÓVOA, PAULO		2:53:23
	9 VIEIRA, JOSE		2:58:26
	10 MOURA, GASPAS		2:59:21
	11 LOUREIRO, JOSÉ	TURBULENTOS	3:02:17
	12 SAMPAIO, MANUEL	Nascidos para Correr	3:03:13
	13 RBEIRO, ANTONIO	lusitanusteam	3:08:01
	14 PALMEIRO, VERGILIO	No-Pain-No- Gain	3:10:57
	15 DUARTE, JOSE	FAMILIA PEREIRA	3:20:57
	16 QUINTA, RUI	Moinhos Run ADRM	3:24:47
	17 SÁ, RUI	FFIT GAIA TRAIL	3:29:18

F40_25 Vet F40 Fem Trail 25km

P.Cat.	Nome	Equipa	Tempo
	1 LOUREIRO, MARIA	Associação Desportiva De Cabroelo	2:42:04
	2 FERNANDES, ALEXANDRA	Nascidos para Correr	2:53:17
	3 MATIAS, MIRA	No-Pain-No- Gain	3:06:18
	4 GONÇALVES, CARLA		3:20:47
	5 RODRIGUES, ELSA		3:24:28
	6 RIBEIRO, CLARISSE		3:28:56

M40_25 Vet M40 Masc Trail 25km

P.Cat.	Nome	Equipa	Tempo
	1 FERREIRA, PEDRO		2:11:27
	2 POVO, RUI	Fafe Runners	2:23:10
	3 MARTINS, PAULO		2:29:22
	4 SILVA, DOMINGOS	Afrikanrunners	2:30:18
	5 CALDAS, PAULO	I.S.D	2:32:13
	6 MELO, LUIS		2:35:39
	7 SILVA, ANTÓNIO		2:42:30
	8 ALMEIDA, JOÃO		2:43:46
	9 DIAS, JOSÉ		2:43:50
	10 LAGES, FILIPE	Vimarunners	2:48:03
	11 SILVA, VITOR	Equipa do Vitor - Póvoa do varzim	2:48:30
	12 LOPES, JOSE	Not Run Alone	2:51:21
	13 LEMOS, VITOR		2:52:30

14 NUNES, JORGE	Afrikanrunners	2:54:43
15 ALVES, ORLANDO		2:55:25
16 MAGALHAES, RUI		2:55:27
17 RIBEIRO, LUIS		2:55:41
18 MEIRELES, RICARDO		2:55:52
19 VIEIRA, HÉLDER		2:57:33
20 COUTO, SERGIO		3:02:00
21 COSTA, JOÃO	TURBULENTOS	3:02:17
22 MARQUES, ALBERTO	RIOFIT 1	3:03:57
23 OLIVEIRA, FERNANDO	FFIT GAIA TRAIL	3:05:21
24 RODRIGUES, ROMEU	No-Pain-No- Gain	3:05:28
25 COSTA, ANTÓNIO		3:05:42
26 CASTRO, NUNO	A.D.Amarante Trail Running	3:06:09
27 COELHO, PEDRO		3:10:10
28 GALVÃO, RAFAEL		3:13:14
29 LEMOS, JORGE		3:14:03
30 PINTO, LEONEL		3:14:57
31 RIBEIRO, RICARDO		3:21:10
32 Fontão, Armando		3:22:23
33 ESCOBAR, NUNO		3:23:20
34 MARQUES, LUIS		3:24:27
35 TEIXEIRA, RICARDO	All About	3:25:57
36 ANTUNES, PAULO		3:28:56
37 OLIVEIRA, JOAQUIM	RIOFIT 1	3:40:33
38 FERREIRA, NUNO	Nascidos para Correr	4:18:02

SENF25 *Seniores Fem Trail 25km*

P.Cat.	Nome	Equipa	Tempo
	1 FERREIRA, ANA	A.D.Amarante Trail Running	2:54:43
	2 PEREIRA, LILIANA	Shots International Runners	3:00:14
	3 ANDRADE, RAQUEL	Nascidos para Correr	3:03:07
	4 FREITAS, ANGELA	RIOFIT 2	3:03:14
	5 MACHADO, CRISTINA		3:13:23
	6 DIAS, CRISTINA		3:14:01
	7 LIMA, ANGELA		3:18:52
	8 RODRIGUES, LUÍSA		3:23:33
	9 MOREIRA, CLÁUDIA	Moinhos Run ADRM	3:24:22
	10 SILVA, ANA	All About	3:25:56
	11 MENDES, ÂNGELA	Team SCV	3:31:24
	12 ALVES, LURDES		3:40:33
	13 CUNHA, PATRÍCIA	Moinhos Run ADRM	4:02:59
	14 FERREIRA, MÁRCIA		4:02:59
	15 PINTO, MARLENE		4:18:02
	16 BORGES, MONICA		4:21:22
	17 FARIA, SUSANA	LION RUNNERS – G. D. Leões da Guarda	4:40:17

SENM25 *Seniores Masc Trail 25km*

P.Cat.	Nome	Equipa	Tempo
	1 FERNANDES, DIOGO		2:04:12
	2 COSTA, PAULO	A.D.Amarante Trail Running	2:07:38
	3 CARVALHO, ARTUR		2:10:41
	4 MACHADO, FILIPE	Nascidos para Correr	2:10:45
	5 ARAUJO, RUI		2:11:03

6 MONTEIRO, RICARDO	I.S.D	2:11:55
7 COSTA, VITOR	A.D.Amarante Trail Running	2:13:20
8 RODRIGUES, LEANDRO	Celtic Challenge Crew	2:14:57
9 FERNANDES, NUNO	Fafe Runners	2:16:07
10 RODRIGUES, RUI		2:17:36
11 NUNES, JOÃO	Gaia Trail	2:19:49
12 PEREIRA, JOSÉ	A.D.Amarante Trail Running	2:21:01
13 CARVALHO, MIGUEL	OzXtreme/GDCR	2:23:36
14 CUNHA, ANDRÉ		2:24:57
15 SANTOS, SÉRGIO	Didáxis Trail	2:27:28
16 CAMILO, HELDER	Paredes Aventura	2:28:28
17 FERNANDES, RUI	Fafe Runners	2:30:47
18 ALMEIDA, SÉRGIO	Afrikanrunners	2:33:15
19 MACHADO, NUNO		2:34:27
20 TEIXEIRA, LUIS	Vimarunners	2:37:50
21 GONÇALVES, FILIPE	Afrikanrunners	2:38:12
22 MENDES, ANTÓNIO	A.D.Amarante Trail Running	2:39:38
23 TEIXEIRA, FILIPE		2:40:39
24 FREITAS, RICARDO	RIOFIT 1	2:40:40
25 BARBOSA, PEDRO	Not Run Alone	2:40:57
26 SANTOS, LUIS		2:41:03
27 NOGUEIRA, PEDRO	Shots International Runners	2:41:57
28 LOURENÇO, ALEXANDRE		2:43:39
29 FERNANDES, HUGO	Fafe Runners	2:45:17
30 DIAS, ANDRÉ		2:45:38
31 DUARTE, VASCO		2:47:37
32 OLIVEIRA, BRUNO		2:47:37
33 MACHADO, RICARDO	Os rotos	2:47:47
34 PEREIRA, DAVID	RIOFIT 2	2:48:20
35 &, FILIPE	RIOFIT 2	2:48:44
36 Oliveira, Diogo		2:48:51
37 LEMOS, OSCAR		2:49:04
38 GUIMARÃES, SIMÃO	Celtic Challenge Crew	2:49:13
39 SECA, MIGUEL	Shots International Runners	2:49:56
40 NUNES, NELSON	Afrikanrunners	2:50:05
41 RUSSO, MARCO	Afrikanrunners	2:50:06
42 LOUREIRO, PEDRO		2:53:00
43 RESENDE, BRUNO		2:53:06
44 LEMOS, HELDER	O MUNDO DA CORRIDA	2:53:41
45 RIBEIRO, VÍTOR	Didáxis Trail	2:53:42
46 MATOS, DIOGO		2:55:18
47 RIBEIRO, CARLOS	GTT - ARMAZÉM DO CAFFE	2:55:57
48 ALVES, RICARDO	SCORE HEALTH CLUB	2:55:59
49 ANTUNES, JOTA		2:57:33
50 SOARES, JORGE		2:59:58
51 SILVA, MARCO		3:00:24
52 TEIXEIRA, CLÁUDIO		3:00:59
53 VALENTE, JOÃO		3:01:01
54 FERNANDES, RICARDO	Afrikanrunners	3:03:01
55 FARIA, PEDRO		3:03:08
56 MOURA, BRUNO	Nascidos para Correr	3:03:20
57 PEREIRA, ARTUR	Shots International Runners	3:03:28
58 FERREIRA, FRANCISCO	RIOFIT 2	3:03:57
59 VIANA, CARLOS		3:03:59
60 SILVA, MÁRCIO	Vimarunners	3:05:44
61 ALMEIDA, RUI	Vimarunners	3:06:22

62	SÁ, NUNO		3:07:53
63	MARTINS, EMANUEL	Afrikanrunners	3:08:53
64	MACHADO, ANTONIO		3:09:01
65	VIEIRA, BRUNO	Celtic Challenge Crew	3:09:04
66	FREITAS, RUFINO	Afrikanrunners	3:09:18
67	PLITEIRO, RICARDO		3:09:22
68	FONTÃO, BRUNO	rookies	3:10:13
69	PEREIRA, RICARDO	Profisio Team	3:11:35
70	TEIXEIRA, DIOGO	True Evolution	3:11:41
71	BARBOSA, JORGE		3:12:01
72	SAMUEL, RUI		3:13:10
73	PEDROSA, LUÍS	rookies	3:13:24
74	MIGUELOTE, RICARDO		3:14:00
75	ALMEIDA, JORGE		3:14:54
76	PEREIRA, BRUNO	Profisio Team	3:14:57
77	PINTO, PEDRO		3:15:04
78	SILVA, LUIS		3:15:05
79	MIGUEL, JOSÉ		3:15:12
80	ABREU, DIOGO	RIOFIT 1	3:16:27
81	NUNES, MARCO	A.D.Amarante Trail Running	3:16:45
82	NUNES, FILIPE	Esmoriz Runners	3:17:17
83	NOVAIS, NUNO	RIOFIT 1	3:18:50
84	MENDES, ALVARO		3:18:52
85	SILVA, RICARDO	rookies	3:19:37
86	RIBEIRO, RUI	rookies	3:19:38
87	ALVES, FERNANDO		3:21:03
88	FERNANDES, HELDER		3:21:03
89	ALVES, PAULO		3:21:03
90	MACHADO, BRUNO		3:21:04
91	TEIXEIRA, SÉRGIO		3:22:30
92	MESQUITA, JOAQUIM	Profisio Team	3:23:49
93	SILVA, FERNANDO	RIOFIT 1	3:23:59
94	FARIA, FILIPE		3:24:27
95	OLIVEIRA, VITOR		3:26:24
96	MONTEIRO, BRUNO	LION RUNNERS – G. D. Leões da Guarda	3:27:51
97	SOUSA, FILIPE	EXTREMEBIKE TRAIL	3:31:24
98	BARROSO, LUCAS		3:31:26
99	FERREIRA, SÉRGIO	Afrikanrunners	3:32:42
100	COSTA, DANIEL	rookies	3:36:32
101	TEIXEIRA, JOÃO	True Evolution	3:49:45
102	OLIVEIRA, VITOR	True Evolution	3:49:46
103	HENRIQUES, ROGÉRIO		3:57:59
104	CASTRO, MÁRCIO		3:58:01
105	BORGES, JORGE		4:21:22
106	FERNANDES, BRUNO	Vimarruners	4:40:20
107	SILVA, VITOR	Vimarruners	4:40:24

Classificação por equipas trail 25km

1 A.D.Amarante Trail Running		23 Pontos
1177 COSTA, PAULO	Seniores Masc Trail 25km	2
1176 COSTA, VITOR	Seniores Masc Trail 25km	8
1178 PEREIRA, JOSÉ	Seniores Masc Trail 25km	13
2 Fafe Runners		47 Pontos
1010 FERNANDES, NUNO	Seniores Masc Trail 25km	10
1125 POVO, RUI	Vet M40 Masc Trail 25km	14
1039 FERNANDES, RUI	Seniores Masc Trail 25km	23
3 Afrikanrunners		76 Pontos
1208 SILVA, DOMINGOS	Vet M40 Masc Trail 25km	22
1157 ALMEIDA, SÉRGIO	Seniores Masc Trail 25km	25
1164 GONÇALVES, FILIPE	Seniores Masc Trail 25km	29
4 Celtic Challenge Crew		95 Pontos
1187 RODRIGUES, LEANDRO	Seniores Masc Trail 25km	9
1189 MACHADO, NARCISO	Vet M50 Masc Trail 25km	30
1188 GUIMARÃES, SIMÃO	Seniores Masc Trail 25km	56
5 Nascidos para Correr		160 Pontos
594 MACHADO, FILIPE	Seniores Masc Trail 25km	4
1169 FERNANDES, ALEXANDRA	Vet F40 Fem Trail 25km	65
1166 ANDRADE, RAQUEL	Seniores Fem Trail 25km	91
6 Shots International Runners		177 Pontos
1138 NOGUEIRA, PEDRO	Seniores Masc Trail 25km	37
1141 SECA, MIGUEL	Seniores Masc Trail 25km	57
1046 PEREIRA, LILIANA	Seniores Fem Trail 25km	83
7 Vimarunners		181 Pontos
1209 TEIXEIRA, LUIS	Seniores Masc Trail 25km	28
1032 LAGES, FILIPE	Vet M40 Masc Trail 25km	50
1047 SILVA, MÁRCIO	Seniores Masc Trail 25km	103
8 RIOFIT 2		198 Pontos
1134 PEREIRA, DAVID	Seniores Masc Trail 25km	51
1137 &, FILIPE	Seniores Masc Trail 25km	53
1136 FREITAS, ANGELA	Seniores Fem Trail 25km	94
9 TURBULENTOS		223 Pontos
1197 FERNANDES, CARLOS	Vet M50 Masc Trail 25km	46
1199 LOUREIRO, JOSÉ	Vet M50 Masc Trail 25km	88
1195 COSTA, JOÃO	Vet M40 Masc Trail 25km	89
10 RIOFIT 1		264 Pontos

1131	FREITAS, RICARDO	Seniores Masc Trail 25km	34
1132	MARQUES, ALBERTO	Vet M40 Masc Trail 25km	97
1129	ABREU, DIOGO	Seniores Masc Trail 25km	133
11 No-Pain-No- Gain			322 Pontos
1144	RODRIGUES, ROMEU	Vet M40 Masc Trail 25km	101
1145	MATIAS, MIRA	Vet F40 Fem Trail 25km	105
1146	PALMEIRO, VERGILIO	Vet M50 Masc Trail 25km	116
12 rookies			378 Pontos
1153	FONTÃO, BRUNO	Seniores Masc Trail 25km	115
1150	PEDROSA, LUÍS	Seniores Masc Trail 25km	123
1151	SILVA, RICARDO	Seniores Masc Trail 25km	140
13 Profisio Team			398 Pontos
1190	PEREIRA, RICARDO	Seniores Masc Trail 25km	117
1192	PEREIRA, BRUNO	Seniores Masc Trail 25km	128
1191	MESQUITA, JOAQUIM	Seniores Masc Trail 25km	153
14 True Evolution			467 Pontos
1201	TEIXEIRA, DIOGO	Seniores Masc Trail 25km	118
1200	TEIXEIRA, JOÃO	Seniores Masc Trail 25km	174
1184	OLIVEIRA, VITOR	Seniores Masc Trail 25km	175
15 Moinhos Run ADRM			492 Pontos
1118	MOREIRA, CLÁUDIA	Seniores Fem Trail 25km	155
1122	QUINTA, RUI	Vet M50 Masc Trail 25km	159
1064	CUNHA, PATRÍCIA	Seniores Fem Trail 25km	178

Classificação geral feminina trail 25km

Pos.	Dor.	Nome	Equipa	Cat.	Pos.	Tempo	T/Km.	Dif.
1	1107	LOUREIRO, MARIA	Associação Desportiva De Cabroelo	F40_25	1	2:42:04.39	06:29	
2	1169	FERNANDES, ALEXANDRA	Nascidos para Correr	F40_25	2	2:53:17.74	06:56	0:11:14
3	1124	FERREIRA, ANA	A.D.Amarante Trail Running	SENF25	1	2:54:43.34	06:59	0:12:39
4	1046	PEREIRA, LILIANA	Shots International Runners	SENF25	2	3:00:14.69	07:13	0:18:11
5	1166	ANDRADE, RAQUEL	Nascidos para Correr	SENF25	3	3:03:07.54	07:20	0:21:04
6	1136	FREITAS, ANGELA	RIOFIT 2	SENF25	4	3:03:14.85	07:20	0:21:11
7	1145	MATIAS, MIRA	No-Pain-No- Gain	F40_25	3	3:06:18.59	07:27	0:24:15
8	1016	MACHADO, CRISTINA		SENF25	5	3:13:23.01	07:44	0:31:19
9	1080	DIAS, CRISTINA		SENF25	6	3:14:01.20	07:46	0:31:57
10	1198	FERNANDES, MARINHA	TURBULENTOS	F50_25	1	3:16:50.77	07:52	0:34:47
11	1041	LIMA, ANGELA		SENF25	7	3:18:52.86	07:57	0:36:49
12	1102	GONÇALVES, CARLA		F40_25	4	3:20:47.49	08:02	0:38:43
13	1106	RODRIGUES, LUÍSA		SENF25	8	3:23:33.36	08:09	0:41:29
14	1118	MOREIRA, CLÁUDIA	Moinhos Run ADRM	SENF25	9	3:24:22.15	08:10	0:42:18
15	1055	RODRIGUES, ELSA		F40_25	5	3:24:28.73	08:11	0:42:25
16	1026	SILVA, ANA	All About	SENF25	10	3:25:56.48	08:14	0:43:52
17	1022	RIBEIRO, CLARISSE		F40_25	6	3:28:56.84	08:21	0:46:53
18	1006	MENDES, ÂNGELA	Team SCV	SENF25	11	3:31:24.34	08:27	0:49:20
19	1078	ALVES, LURDES		SENF25	12	3:40:33.01	08:49	0:58:29
20	1064	CUNHA, PATRÍCIA	Moinhos Run ADRM	SENF25	13	4:02:59.26	09:43	1:20:55
21	1172	FERREIRA, MÁRCIA		SENF25	14	4:02:59.62	09:43	1:20:56
22	1221	PINTO, MARLENE		SENF25	15	4:18:02.66	10:19	1:35:59
23	1214	BORGES, MONICA		SENF25	16	4:21:22.29	10:27	1:39:18
24	1213	FARIA, SUSANA	LION RUNNERS – G. D. Leões da Guarda	SENF25	17	4:40:17.92	11:13	1:58:14

Classificação geral masculina trail 25km

Pos.	Dor.	Nome	Equipa	Cat.	Pos.	Tempo	T/Km.	Dif.
1	1226	FERNANDES, DIOGO		SENM25	1	2:04:12.94	04:58	
2	1177	COSTA, PAULO	A.D.Amarante Trail Running	SENM25	2	2:07:38.63	05:06	0:03:26
3	1222	CARVALHO, ARTUR		SENM25	3	2:10:41.05	05:14	0:06:28
4	594	MACHADO, FILIPE	Nascidos para Correr	SENM25	4	2:10:45.19	05:14	0:06:32
5	1113	ARAUJO, RUI		SENM25	5	2:11:03.29	05:15	0:06:50
6	1109	FERREIRA, PEDRO		M40_25	1	2:11:27.93	05:16	0:07:15
7	1181	MONTEIRO, RICARDO	I.S.D	SENM25	6	2:11:55.29	05:17	0:07:42
8	1176	COSTA, VITOR	A.D.Amarante Trail Running	SENM25	7	2:13:20.48	05:20	0:09:07
9	1187	RODRIGUES, LEANDRO	Celtic Challenge Crew	SENM25	8	2:14:57.11	05:24	0:10:44
10	1010	FERNANDES, NUNO	Fafe Runners	SENM25	9	2:16:07.35	05:27	0:11:54
11	1180	RODRIGUES, RUI		SENM25	10	2:17:36.73	05:30	0:13:24
12	1081	NUNES, JOÃO	Gaia Trail	SENM25	11	2:19:49.17	05:36	0:15:36
13	1178	PEREIRA, JOSÉ	A.D.Amarante Trail Running	SENM25	12	2:21:01.91	05:38	0:16:49
14	1125	POVO, RUI	Fafe Runners	M40_25	2	2:23:10.17	05:44	0:18:57
15	1082	CARVALHO, MIGUEL	OzXtreme/GDCR	SENM25	13	2:23:36.08	05:45	0:19:23
16	1083	LEMONS, FRANCISCO		M50_25	1	2:23:45.83	05:45	0:19:33
17	1012	CUNHA, ANDRÉ		SENM25	14	2:24:57.15	05:48	0:20:44
18	1203	SANTOS, SÉRGIO	Didáxis Trail	SENM25	15	2:27:28.98	05:54	0:23:16
19	1065	CAMILO, HELDER	Paredes Aventura	SENM25	16	2:28:28.19	05:56	0:24:15
20	1070	MARTINS, PAULO		M40_25	3	2:29:22.14	05:58	0:25:09
21	1003	TEIXEIRA, AMADEU		M50_25	2	2:29:41.00	05:59	0:25:28
22	1208	SILVA, DOMINGOS	Afrikanrunners	M40_25	4	2:30:18.21	06:01	0:26:05
23	1039	FERNANDES, RUI	Fafe Runners	SENM25	17	2:30:47.75	06:02	0:26:35
24	1182	CALDAS, PAULO	I.S.D	M40_25	5	2:32:13.86	06:05	0:28:01
25	1157	ALMEIDA, SÉRGIO	Afrikanrunners	SENM25	18	2:33:15.50	06:08	0:29:03
26	1088	MACHADO, NUNO		SENM25	19	2:34:27.65	06:11	0:30:15
27	1142	MELO, LUIS		M40_25	6	2:35:39.86	06:14	0:31:27
28	1209	TEIXEIRA, LUIS	Vimarunners	SENM25	20	2:37:50.71	06:19	0:33:38
29	1164	GONÇALVES, FILIPE	Afrikanrunners	SENM25	21	2:38:12.80	06:20	0:34:00
30	1189	MACHADO, NARCISO	Celtic Challenge Crew	M50_25	3	2:39:37.40	06:23	0:35:24
31	1175	MENDES, ANTÓNIO	A.D.Amarante Trail Running	SENM25	22	2:39:38.48	06:23	0:35:25
32	1234	ABREU, ALBINO	Fafe Runners	M50_25	4	2:40:38.10	06:26	0:36:25
33	1194	TEIXEIRA, FILIPE		SENM25	23	2:40:39.17	06:26	0:36:26
34	1131	FREITAS, RICARDO	RIOFIT 1	SENM25	24	2:40:40.32	06:26	0:36:27
35	1018	BARBOSA, PEDRO	Not Run Alone	SENM25	25	2:40:57.30	06:26	0:36:44
36	1043	SANTOS, LUIS		SENM25	26	2:41:03.08	06:27	0:36:50
37	1138	NOGUEIRA, PEDRO	Shots International Runners	SENM25	27	2:41:57.44	06:29	0:37:44
38	1101	SILVA, ANTÓNIO		M40_25	7	2:42:30.77	06:30	0:38:18
39	1073	LOURENÇO, ALEXANDRE		SENM25	28	2:43:39.61	06:33	0:39:27
40	1084	ALMEIDA, JOÃO		M40_25	8	2:43:46.71	06:33	0:39:34
41	1087	DIAS, JOSÉ		M40_25	9	2:43:50.53	06:33	0:39:38
42	1035	CAPELA, JOSÉ		M50_25	5	2:44:57.06	06:36	0:40:44
43	1075	FERNANDES, HUGO	Fafe Runners	SENM25	29	2:45:17.95	06:37	0:41:05
44	1002	DIAS, ANDRÉ		SENM25	30	2:45:38.51	06:38	0:41:26
45	1197	FERNANDES, CARLOS	TURBULENTOS	M50_25	6	2:46:08.51	06:39	0:41:56
46	1057	DUARTE, VASCO		SENM25	31	2:47:37.22	06:42	0:43:24
47	1063	OLIVEIRA, BRUNO		SENM25	32	2:47:37.26	06:42	0:43:24
48	1086	MACHADO, RICARDO	Os rotos	SENM25	33	2:47:47.09	06:43	0:43:34
49	1032	LAGES, FILIPE	Vimarunners	M40_25	10	2:48:03.03	06:43	0:43:50
50	1134	PEREIRA, DAVID	RIOFIT 2	SENM25	34	2:48:20.90	06:44	0:44:08
51	1186	SILVA, VITOR	Equipa do Vitor - Póvoa do varzim	M40_25	11	2:48:30.60	06:44	0:44:18
52	1137	&, FILIPE	RIOFIT 2	SENM25	35	2:48:44.68	06:45	0:44:32
53	1230	Oliveira, Diogo		SENM25	36	2:48:51.24	06:45	0:44:38
54	1049	LEMONS, OSCAR		SENM25	37	2:49:04.24	06:46	0:44:51
55	1188	GUIMARÃES, SIMÃO	Celtic Challenge Crew	SENM25	38	2:49:13.54	06:46	0:45:01
56	1141	SECA, MIGUEL	Shots International Runners	SENM25	39	2:49:56.20	06:48	0:45:43
57	1161	NUNES, NELSON	Afrikanrunners	SENM25	40	2:50:05.43	06:48	0:45:52
58	1156	RUSSO, MARCO	Afrikanrunners	SENM25	41	2:50:06.93	06:48	0:45:54

Pos.	Dor.	Nome	Equipa	Cat.	Pos.	Tempo	T/Km.	Dif.
59	1225	LEITE, ALBERTO		M50_25	7	2:50:22.91	06:49	0:46:10
60	1019	LOPES, JOSE	Not Run Alone	M40_25	12	2:51:21.79	06:51	0:47:09
61	1069	LEMONS, VITOR		M40_25	13	2:52:30.15	06:54	0:48:17
62	1071	LOUREIRO, PEDRO		SENM25	42	2:53:00.37	06:55	0:48:47
63	1008	RESENDE, BRUNO		SENM25	43	2:53:06.20	06:55	0:48:53
64	1094	NÓVOA, PAULO		M50_25	8	2:53:23.03	06:56	0:49:10
65	1045	LEMONS, HELDER	O MUNDO DA CORRIDA	SENM25	44	2:53:41.71	06:57	0:49:29
66	1204	RIBEIRO, VÍTOR	Didáxis Trail	SENM25	45	2:53:42.36	06:57	0:49:29
67	1159	NUNES, JORGE	Afrikanrunners	M40_25	14	2:54:43.15	06:59	0:50:30
68	1099	MATOS, DIOGO		SENM25	46	2:55:18.38	07:01	0:51:05
69	1090	ALVES, ORLANDO		M40_25	15	2:55:25.69	07:01	0:51:13
70	1058	MAGALHAES, RUI		M40_25	16	2:55:27.74	07:01	0:51:15
71	1068	RIBEIRO, LUIS		M40_25	17	2:55:41.20	07:02	0:51:28
72	1091	MEIRELES, RICARDO		M40_25	18	2:55:52.29	07:02	0:51:39
73	1056	RIBEIRO, CARLOS	GTT - ARMAZÉM DO CAFFE	SENM25	47	2:55:57.52	07:02	0:51:45
74	1171	ALVES, RICARDO	SCORE HEALTH CLUB	SENM25	48	2:55:59.08	07:02	0:51:46
75	1215	ANTUNES, JOTA		SENM25	49	2:57:33.57	07:06	0:53:21
76	1062	VIEIRA, HÉLDER		M40_25	19	2:57:33.68	07:06	0:53:21
77	1027	VIEIRA, JOSE		M50_25	9	2:58:26.52	07:08	0:54:14
78	1020	MOURA, GASPAR		M50_25	10	2:59:21.30	07:10	0:55:08
79	1037	SOARES, JORGE		SENM25	50	2:59:58.65	07:12	0:55:46
80	1092	SILVA, MARCO		SENM25	51	3:00:24.34	07:13	0:56:11
81	1126	TEIXEIRA, CLÁUDIO		SENM25	52	3:00:59.99	07:14	0:56:47
82	1048	VALENTE, JOÃO		SENM25	53	3:01:01.45	07:14	0:56:48
83	1017	COUTO, SERGIO		M40_25	20	3:02:00.94	07:17	0:57:48
84	1199	LOUREIRO, JOSÉ	TURBULENTOS	M50_25	11	3:02:17.43	07:17	0:58:04
85	1195	COSTA, JOÃO	TURBULENTOS	M40_25	21	3:02:17.68	07:18	0:58:05
86	1155	FERNANDES, RICARDO	Afrikanrunners	SENM25	54	3:03:01.49	07:19	0:58:48
87	1009	FARIA, PEDRO		SENM25	55	3:03:08.21	07:20	0:58:55
88	1168	SAMPAIO, MANUEL	Nascidos para Correr	M50_25	12	3:03:13.73	07:20	0:59:01
89	1167	MOURA, BRUNO	Nascidos para Correr	SENM25	56	3:03:20.03	07:20	0:59:07
90	1044	PEREIRA, ARTUR	Shots International Runners	SENM25	57	3:03:28.78	07:20	0:59:16
91	1132	MARQUES, ALBERTO	RIOFIT 1	M40_25	22	3:03:57.65	07:22	0:59:45
92	1135	FERREIRA, FRANCISCO	RIOFIT 2	SENM25	58	3:03:57.86	07:22	0:59:45
93	1093	VIANA, CARLOS		SENM25	59	3:03:59.68	07:22	0:59:47
94	1060	OLIVEIRA, FERNANDO	FFIT GAIA TRAIL	M40_25	23	3:05:21.36	07:25	1:01:08
95	1144	RODRIGUES, ROMEU	No-Pain-No- Gain	M40_25	24	3:05:28.40	07:25	1:01:15
96	1001	COSTA, ANTÓNIO		M40_25	25	3:05:42.42	07:26	1:01:29
97	1047	SILVA, MÁRCIO	Vimarunners	SENM25	60	3:05:44.82	07:26	1:01:32
98	1210	CASTRO, NUNO	A.D.Amarante Trail Running	M40_25	26	3:06:09.90	07:27	1:01:57
99	1231	ALMEIDA, RUI	Vimarunners	SENM25	61	3:06:22.14	07:27	1:02:09
100	1014	SÁ, NUNO		SENM25	62	3:07:53.33	07:31	1:03:40
101	1205	RBEIRO, ANTONIO	lusitanusteam	M50_25	13	3:08:01.11	07:31	1:03:48
102	1207	MARTINS, EMANUEL	Afrikanrunners	SENM25	63	3:08:53.71	07:33	1:04:41
103	1076	MACHADO, ANTONIO		SENM25	64	3:09:01.81	07:34	1:04:49
104	1185	VIEIRA, BRUNO	Celtic Challenge Crew	SENM25	65	3:09:04.66	07:34	1:04:52
105	1160	FREITAS, RUFINO	Afrikanrunners	SENM25	66	3:09:18.07	07:34	1:05:05
106	1059	PLITEIRO, RICARDO		SENM25	67	3:09:22.90	07:35	1:05:10
107	1220	COELHO, PEDRO		M40_25	27	3:10:10.48	07:36	1:05:57
108	1153	FONTÃO, BRUNO	rookies	SENM25	68	3:10:13.23	07:37	1:06:00
109	1146	PALMEIRO, VERGILIO	No-Pain-No- Gain	M50_25	14	3:10:57.85	07:38	1:06:45
110	1190	PEREIRA, RICARDO	Profisio Team	SENM25	69	3:11:35.78	07:40	1:07:23
111	1201	TEIXEIRA, DIOGO	True Evolution	SENM25	70	3:11:41.41	07:40	1:07:28
112	1038	BARBOSA, JORGE		SENM25	71	3:12:01.68	07:41	1:07:49
113	1061	SAMUEL, RUI		SENM25	72	3:13:10.04	07:44	1:08:57
114	1015	GALVÃO, RAFAEL		M40_25	28	3:13:14.05	07:44	1:09:01
115	1150	PEDROSA, LUÍS	rookies	SENM25	73	3:13:24.20	07:44	1:09:11
116	1079	MIGUELOTE, RICARDO		SENM25	74	3:14:00.57	07:46	1:09:48
117	1034	LEMONS, JORGE		M40_25	29	3:14:03.72	07:46	1:09:51
118	1074	ALMEIDA, JORGE		SENM25	75	3:14:54.51	07:48	1:10:42

Pos.	Dor.	Nome	Equipa	Cat.	Pos.	Tempo	T/Km.	Dif.
119	1192	PEREIRA, BRUNO	Profisio Team	SENM25	76	3:14:57.03	07:48	1:10:44
120	1202	PINTO, LEONEL		M40_25	30	3:14:57.86	07:48	1:10:45
121	1097	PINTO, PEDRO		SENM25	77	3:15:04.87	07:48	1:10:52
122	1098	SILVA, LUIS		SENM25	78	3:15:05.48	07:48	1:10:52
123	1227	MIGUEL, JOSÉ		SENM25	79	3:15:12.35	07:48	1:10:59
124	1129	ABREU, DIOGO	RIOFIT 1	SENM25	80	3:16:27.69	07:52	1:12:15
125	1179	NUNES, MARCO	A.D.Amarante Trail Running	SENM25	81	3:16:45.57	07:52	1:12:33
126	1148	NUNES, FILIPE	Esmoriz Runners	SENM25	82	3:17:17.98	07:54	1:13:05
127	1128	NOVAIS, NUNO	RIOFIT 1	SENM25	83	3:18:50.24	07:57	1:14:37
128	1040	MENDES, ALVARO		SENM25	84	3:18:52.90	07:57	1:14:40
129	1151	SILVA, RICARDO	rookies	SENM25	85	3:19:37.11	07:59	1:15:24
130	1149	RIBEIRO, RUI	rookies	SENM25	86	3:19:38.09	07:59	1:15:25
131	1095	DUARTE, JOSE	FAMILIA PEREIRA	M50_25	15	3:20:57.83	08:02	1:16:45
132	1140	ALVES, FERNANDO		SENM25	87	3:21:03.56	08:03	1:16:51
133	1117	ALVES, PAULO		SENM25	88	3:21:03.90	08:03	1:16:51
134	1139	FERNANDES, HELDER		SENM25	89	3:21:03.90	08:03	1:16:51
135	1115	MACHADO, BRUNO		SENM25	90	3:21:04.20	08:03	1:16:51
136	1028	RIBEIRO, RICARDO		M40_25	31	3:21:10.80	08:03	1:16:58
137	1232	Fontão, Armando		M40_25	32	3:22:23.69	08:06	1:18:11
138	1163	TEIXEIRA, SÉRGIO		SENM25	91	3:22:30.22	08:06	1:18:17
139	1206	ESCOBAR, NUNO		M40_25	33	3:23:20.99	08:08	1:19:08
140	1191	MESQUITA, JOAQUIM	Profisio Team	SENM25	92	3:23:49.24	08:09	1:19:36
141	1127	SILVA, FERNANDO	RIOFIT 1	SENM25	93	3:23:59.47	08:10	1:19:46
142	1183	FARIA, FILIPE		SENM25	94	3:24:27.17	08:11	1:20:14
143	1054	MARQUES, LUIS		M40_25	34	3:24:27.88	08:11	1:20:15
144	1122	QUINTA, RUI	Moinhos Run ADRM	M50_25	16	3:24:47.24	08:11	1:20:34
145	1025	TEIXEIRA, RICARDO	All About	M40_25	35	3:25:57.40	08:14	1:21:44
146	1143	OLIVEIRA, VITOR		SENM25	95	3:26:24.23	08:15	1:22:11
147	1212	MONTEIRO, BRUNO	LION RUNNERS – G. D. Leões da Guarda	SENM25	96	3:27:51.45	08:19	1:23:38
148	1021	ANTUNES, PAULO		M40_25	36	3:28:56.90	08:21	1:24:44
149	1112	SÁ, RUI	FFIT GAIA TRAIL	M50_25	17	3:29:18.85	08:22	1:25:06
150	1007	SOUSA, FILIPE	EXTREMEBIKE TRAIL	SENM25	97	3:31:24.99	08:27	1:27:12
151	1196	BARROSO, LUCAS		SENM25	98	3:31:26.48	08:27	1:27:13
152	1162	FERREIRA, SÉRGIO	Afrikanrunners	SENM25	99	3:32:42.52	08:31	1:28:30
153	1152	COSTA, DANIEL	rookies	SENM25	100	3:36:32.82	08:40	1:32:20
154	1130	OLIVEIRA, JOAQUIM	RIOFIT 1	M40_25	37	3:40:33.53	08:49	1:36:21
155	1200	TEIXEIRA, JOÃO	True Evolution	SENM25	101	3:49:45.37	09:11	1:45:32
156	1184	OLIVEIRA, VITOR	True Evolution	SENM25	102	3:49:46.13	09:11	1:45:33
157	1223	HENRIQUES, ROGÉRIO		SENM25	103	3:57:59.57	09:31	1:53:47
158	1089	CASTRO, MÁRCIO		SENM25	104	3:58:01.00	09:31	1:53:48
159	1224	FERREIRA, NUNO	Nascidos para Correr	M40_25	38	4:18:02.25	10:19	2:13:49
160	1211	BORGES, JORGE		SENM25	105	4:21:22.67	10:27	2:17:10
161	1052	FERNANDES, BRUNO	Vimarruners	SENM25	106	4:40:20.32	11:13	2:36:07
162	1053	SILVA, VITOR	Vimarruners	SENM25	107	4:40:24.07	11:13	2:36:11