

Lugar	Dorsal	Nome	Equipa	Escalão	Idade	Sexo	Tempo	Diferença
1	192	Daniel Dias	Penhas Trail Team	Seniores M	28	Male	1:07:41.4	-
2	153	Fernando Parente	individual	M 40	41	Male	1:10:53.4	+3:12.0
3	135	Bruno Vilela	individual	M 40	41	Male	1:12:31.4	+4:50.0
4	155	Elio Andre	SR. CAMARNAL	Seniores M	39	Male	1:13:20.7	+5:39.3
5	138	RICARDO OLIVEIRA	individual	M 40	41	Male	1:13:57.8	+6:16.4
6	134	Gabriel Frade	Sabores do Paço / Zatopeques	M 50	55	Male	1:15:31.3	+7:49.9
7	174	josé pedro magalhães	OCR-Training	M 40	41	Male	1:16:38.0	+8:56.6
8	193	João Simões	Xtrilhos - Calhandriz	M 40	41	Male	1:17:40.3	+9:58.9
9	194	Joao Cortesao	individual	Seniores M	37	Male	1:18:05.8	+10:24.4
10	102	Fábio Portela	individual	Seniores M	29	Male	1:21:13.3	+13:31.9
11	187	JOAO ANDRE	SR. CAMARNAL	M 40	41	Male	1:21:35.0	+13:53.6
12	143	Helder Pereira	GMG Team	Seniores M	39	Male	1:23:31.1	+15:49.7
13	184	oscar oliveira oliveira	sabores do paço/zatopeques	M 50	53	Male	1:23:37.5	+15:56.1
14	120	Pedro Sanguino	Clube Novo Banco	Seniores M	36	Male	1:24:44.0	+17:02.6
15	160	João Balsinha	individual	M 60	65	Male	1:25:04.3	+17:22.9
16	133	Anabela Remédios	individual	F 40	49	Female	1:25:16.7	+17:35.3
17	159	Rui Ferreira	PapaTrilhos	M 40	42	Male	1:29:06.1	+21:24.7
18	141	João Farinha	Barreiras Team	M 40	49	Male	1:29:35.9	+21:54.5
19	162	Rui Garcia	Clube Millennium bcp	M 40	41	Male	1:29:53.8	+22:12.4
20	142	Cristovão Nascimento	GMG Team	Seniores M	37	Male	1:29:54.8	+22:13.4
21	144	Paulo Ferreira	GMG Team	M 40	46	Male	1:30:16.9	+22:35.5
22	156	Rui Vinhas Silva	individual	M 50	55	Male	1:30:20.5	+22:39.1
23	173	Ricardo Frazão	F&J nadadouro	Seniores M	39	Male	1:31:13.9	+23:32.5
24	179	Fernando Pereira	Clube Vodafone	M 50	51	Male	1:31:49.6	+24:08.2
25	178	Manuel Braga	STJoãoOliveira Team	M 50	55	Male	1:32:23.2	+24:41.8
26	185	Ana Correia	Trilho Perdido Eventos / Importlux	F 40	43	Female	1:32:34.2	+24:52.8
27	118	Ana Filipa Alves Batista	Sónósdois	F 40	41	Female	1:32:42.6	+25:01.2
28	166	Margaux janin	individual	Seniores F	27	Female	1:32:56.9	+25:15.5
29	148	Bruno Barros	PapaTrilhos	Seniores M	39	Male	1:32:57.7	+25:16.3
30	165	yann Leost	individual	Seniores M	29	Male	1:33:02.3	+25:20.9
31	188	Cyriaque Mercherz	individual	Seniores M	28	Male	1:33:08.8	+25:27.4
32	182	Vivien Manuel	individual	Seniores M	30	Male	1:33:15.5	+25:34.1
33	191	Rogério Paulo Ribeiro	IND	M 40	50	Male	1:34:04.4	+26:23.0
34	150	João M. Silva	Hipoloeste Full Energy	M 40	47	Male	1:34:28.8	+26:47.4
35	154	Carlos Filipe	individual	M 50	56	Male	1:34:38.1	+26:56.7
36	104	Manuel Barbosa	individual	M 50	56	Male	1:36:31.3	+28:49.9
37	163	Natália Estêvão	individual	Seniores F	38	Female	1:37:26.6	+29:45.2
38	106	Délio Raimundo	individual	Seniores M	37	Male	1:37:27.3	+29:45.9
39	190	Guilherme Moreira	Olalone	M 40	47	Male	1:37:29.3	+29:47.9
40	105	Fábio Alves	individual	Seniores M	34	Male	1:37:31.9	+29:50.5
41	110	João Francisco Pereira	individual	M 50	50	Male	1:38:00.0	+30:18.6
42	175	Carlos Valério Valério	individual	M 50	53	Male	1:38:14.5	+30:33.1
43	119	Maria Tatiana Antunes	individual	Seniores F	30	Female	1:38:40.7	+30:59.3
44	124	MÓNICA MONTEIRO	DirtRunners	F 40	41	Female	1:38:57.8	+31:16.4
45	158	Vera Simões	individual	F 40	43	Female	1:39:00.9	+31:19.5

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46	169	almerinda frazao frazao	F&J nadadouro	F 60	60	Female	1:39:05.3	+31:23.9
47	152	Claudia Ferreira	individual	Seniores F	36	Female	1:39:09.9	+31:28.5
48	161	Helder Machado	Hipoloeste Full Energy	M 40	44	Male	1:40:35.6	+32:54.2
49	183	Capucine Haller	individual	Seniores F	27	Female	1:40:36.3	+32:54.9
50	107	Mário Botequilha	individual	M 40	50	Male	1:41:15.2	+33:33.8
51	172	Carla Farinha	F&J Nadadouro	F 40	46	Female	1:41:19.9	+33:38.5
52	157	Céu Pardana	Gambuzinas do Tejo	F 50	53	Female	1:43:07.2	+35:25.8
53	117	João Simão	Sónódois	M 40	44	Male	1:43:07.5	+35:26.1
54	101	Sara Portela	individual	Seniores F	29	Female	1:43:32.4	+35:51.0
55	140	Ângelo Marcos	Mind Runners	Seniores M	38	Male	1:43:54.5	+36:13.1
56	167	João Pacheco	Presente	M 50	56	Male	1:45:00.8	+37:19.4
57	123	Gonçalo Salada	individual	M 40	45	Male	1:46:01.6	+38:20.2
58	180	BARBARA SILVEIRA	CRAZY & RADICAL GIRLS	F 50	55	Female	1:46:07.6	+38:26.2
59	181	SONIA PEREIRA	CRAZY & RADICAL GIRLS	F 40	43	Female	1:46:09.4	+38:28.0
60	137	Luis Dias	Hipoloeste Full Energy	M 50	51	Male	1:46:12.2	+38:30.8
61	127	Herminio Bernardino	Asas nos Pés	M 50	53	Male	1:46:15.4	+38:34.0
62	129	José Henriques	Asas nos Pés	M 40	46	Male	1:47:39.7	+39:58.3
63	130	Sónia Araújo	Asas nos Pés	F 40	42	Female	1:47:41.4	+40:00.0
64	176	Carlos Jesus	individual	M 50	55	Male	1:48:11.8	+40:30.4
65	131	Vanessa Alexandra Pereira Costa	individual	Seniores F	32	Female	1:48:31.5	+40:50.1
66	189	Gabriela Silvestre	individual	Sub 23 M	21	Female	1:49:23.7	+41:42.3
67	139	PAULO CABRAL	individual	M 60	63	Male	1:49:41.4	+42:00.0
68	108	Gisela Monteiro	individual	Seniores F	33	Female	1:50:40.1	+42:58.7
69	151	Sandra Lopo	Hipoloeste Full Energy	F 40	46	Female	1:56:51.2	+49:09.8
70	170	Sónia Viveiros	Hipoloeste Full Energy	F 40	44	Female	1:56:51.9	+49:10.5
71	103	Maria Ferreira	individual	F 40	46	Female	1:57:48.9	+50:07.5
72	126	Paula Maria	Asas nos Pés	F 40	45	Female	2:01:58.1	+54:16.7
73	149	Luis Santos	individual	M 50	58	Male	2:02:06.7	+54:25.3
74	171	Joana Cordeiro	individual	Seniores F	29	Female	2:03:01.8	+55:20.4
75	164	Leila Ferreira	individual	Seniores F	36	Female	2:03:03.6	+55:22.2
76	122	Hugo Vieitas	Zimbora Lá	M 40	40	Male	2:11:25.7	+1:03:44.3
77	168	Luisa Guerra Santos	individual	F 50	50	Female	2:14:25.5	+1:06:44.1
-	121	Isabel Oliveira	Clube Novo Banco	F 40	46	Female	DSQ	-
-	100	Eduardo Ferreira	individual	Seniores M	35	Male	DNS	-
-	109	Helena Madeira	individual	Seniores F	37	Female	DNS	-
-	111	Marta Boa-Alma	Peso morto	Seniores F	26	Female	DNS	-
-	112	Marta Coutinho	Peso morto	Seniores F	33	Female	DNS	-
-	113	Pedro Silva	Peso morto	Seniores M	34	Male	DNS	-
-	114	Nelson Coelho	Peso morto	Seniores M	39	Male	DNS	-
-	115	Susana Tavares	individual	Seniores F	39	Female	DNS	-
-	116	José Brito	individual	M 40	41	Male	DNS	-
-	125	Sandra Manuel	Asas nos Pés	Seniores F	44	Female	DNS	-
-	128	Paulo Libânio	Asas nos Pés	M 40	44	Male	DNS	-
-	132	Maria Filomena Santos	Monte da Lua Runners	F 40	48	Female	DNS	-
-	136	Rita Lucas	individual	Seniores F	25	Female	DNS	-

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-	145	Paulo Nunes	Futebol Clube Estrelas Lisboa	M 40	44	Male	DNS	-
-	146	Francisco Carvalho	Coversteel Running Team	M 40	46	Male	DNS	-
-	147	José Nuno Ferreira	individual	M 40	44	Male	DNS	-
-	177	João Tomaz	individual	Seniores M	33	Male	DNS	-
-	186	Márcio Azevedo	individual	Seniores M	34	Male	DNS	-
-	195	Joana Dias	MultiRunners	Seniores F	27	Female	DNS	-