

Lugar	Dorsal	Atleta/Equipa	Escalão	Idade	Sexo	Tempo	Diferença
1	218	Nuno CarrasqueiroCasa Benfica Torres Vedras	M 40	43	M	1:12:08.9	-
2	209	Mário FirminoDolce furadouro	Seniores M	25	M	1:13:04.8	+0:55.9
3	215	João CabaçaCasa Benfica Torres Vedras	Sub 23 M	18	M	1:18:32.4	+6:23.5
4	222	Joaquim FrazãoCasa Benfica Torres Vedras	M 40	42	M	1:18:45.7	+6:36.8
5	316	Vitor ChagasCF Belenenses	M 40	43	M	1:19:31.8	+7:22.9
6	247	Sérgio FigueiredoTreinos do Aço	Seniores M	39	M	1:20:57.7	+8:48.8
7	327	Daniel SilvaRÓÓDINHAS-Santos Silva	Seniores M	38	M	1:22:31.8	+10:22.9
8	221	Luis GomesCasa Benfica Torres Vedras	M 40	49	M	1:25:45.6	+13:36.7
9	319	BrunoIndividual	Seniores M	36	M	1:27:09.9	+15:01.0
10	223	Nelson MoreiraCasa Benfica Torres Vedras	Seniores M	39	M	1:29:21.5	+17:12.6
11	220	João Paulo SantosCasa Benfica Torres Vedras	M 40	47	M	1:30:54.8	+18:45.9
12	214	João SantosCasa Benfica Torres Vedras	M 40	40	M	1:31:12.8	+19:03.9
13	312	Manuel Araujo10 P'ras 11	M 50	56	M	1:33:04.3	+20:55.4
14	279	Celso Jorge Franco SantosClube academico penafirme (CAP)	M 50	53	M	1:34:54.5	+22:45.6
15	325	CarlosPDA	M 40	46	M	1:36:23.0	+24:14.1
16	305	Angelo GodinhoBigUp	Seniores M	34	M	1:36:39.0	+24:30.1
17	217	Elisabete GomesCasa Benfica Torres Vedras	F 40	45	F	1:36:48.7	+24:39.8
18	310	Paul PiltonSandy G	M 50	50	M	1:37:02.8	+24:53.9
19	203	Luis Aires100 esTRILHOS	M 40	49	M	1:38:24.2	+26:15.3
20	219	Jorge AlmeidaCasa Benfica Torres Vedras	M 40	49	M	1:39:02.6	+26:53.7
21	306	Jose carlos FrancoCasa do Benfica Torres Vedras	M 40	43	M	1:39:11.3	+27:02.4
22	235	Daniel Gerardo RibeiroIndividual	Seniores M	36	M	1:43:28.3	+31:19.4
23	201	Bruno Alexandre Martins MarquesIndividual	Seniores M	38	M	1:43:33.3	+31:24.4
24	240	Helder PereiraGMG Seguros/Canovedras	Seniores M	38	M	1:44:44.0	+32:35.1
25	333	Flávio José Prudêncio ReisBruxos Runners	Seniores M	35	M	1:45:32.5	+33:23.6
26	263	Augusto Fernandes10 P'ras 11	M 50	53	M	1:46:08.8	+33:59.9
27	241	Jorge PintoGMG Seguros/Canovedras	Seniores M	39	M	1:46:58.5	+34:49.6
28	243	Cristovão NascimentoGMG Seguros/Canovedras	Seniores M	36	M	1:47:01.7	+34:52.8
29	323	Miguel PinaBigUp	Seniores M	37	M	1:47:28.4	+35:19.5
30	228	Carlos CostaIndividual	Seniores M	35	M	1:47:57.7	+35:48.8
31	294	Bruno VenâncioIndividual	Seniores M	36	M	1:48:52.5	+36:43.6
32	242	Ricardo HenriquesGMG Seguros/Canovedras	Seniores M	27	M	1:49:11.3	+37:02.4
33	216	Gonçalo RaposoCasa Benfica Torres Vedras	Sub 23 M	18	M	1:51:12.3	+39:03.4
34	213	Sónia ParreiraCasa Benfica Torres Vedras	Seniores F	38	F	1:51:13.7	+39:04.8
35	326	Sara MariaRÓÓDINHAS-Santos Silva	Seniores F	29	F	1:52:13.1	+40:04.2
36	277	Cheila LaranjoCAPenafirme	Seniores F	39	F	1:53:00.2	+40:51.3
37	309	Joana Silvestre LopesSandy G	Seniores F	29	F	1:53:09.2	+41:00.3
38	211	Francisco José Couto Silva EnxutoGrupo operações especiais rangers	M 50	52	M	1:53:15.0	+41:06.1
39	275	Ricardo AlexandreVeterasTeam	Seniores M	37	M	1:53:59.4	+41:50.5
40	248	RUBEN FRANCISCOORB MAXIAL OESTE	Seniores M	34	M	1:54:52.8	+42:43.9
41	300	Sérgio MelroTrail onde quer q seja	M 50	52	M	1:56:15.9	+44:07.0
42	252	Paulo FerreiraGMG Seguros/Canovedras	M 40	45	M	1:56:43.4	+44:34.5
43	301	Maria Manuel NoronhaTrail onde quer q seja	F 40	48	F	1:57:15.2	+45:06.3
44	299	Cristina FernandesTrail onde quer q seja	F 40	42	F	1:57:19.3	+45:10.4

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45	226	Paulo BonachoSS CGD	M 40	45	M	1:58:14.3	+46:05.4
46	262	Alexandre GomesFortíssimos Running Team	M 40	48	M	2:00:33.1	+48:24.2
47	239	luis diasHipoloeste Full Energy	M 40	49	M	2:02:27.0	+50:18.1
48	287	Óscar MuxagataADP team	Seniores M	36	M	2:02:31.1	+50:22.2
49	282	Filomena CostaCorrer Lisboa	F 50	51	F	2:02:37.0	+50:28.1
50	321	Bruno Henrique da Costa OliveiraIndividual	M 40	40	M	2:03:18.1	+51:09.2
51	320	Daniel José Santos NascimentoFit Team	Seniores M	28	M	2:03:24.6	+51:15.7
52	245	António Luís PereiraS.R.C.D.Tesoureira	M 40	43	M	2:03:29.4	+51:20.5
53	246	Celso PereiraS.R.C.D.Tesoureira	Seniores M	39	M	2:03:30.9	+51:22.0
54	224	Marta SantosIndividual	F 40	40	F	2:03:31.1	+51:22.2
55	200	Luís Jorge Baptista Duarte DiasDirtRunners - Fonte Grada	M 50	50	M	2:04:26.7	+52:17.8
56	331	Carlos BenaventeCAPenafirme	M 50	58	M	2:04:43.5	+52:34.6
57	259	Martina AntunesVeteras Team	Seniores F	24	F	2:04:49.6	+52:40.7
58	227	Francisco PereiraIndividual	M 40	44	M	2:05:08.3	+52:59.4
59	210	Rodrigo ConchinhaClube Stress	Seniores M	39	M	2:06:30.5	+54:21.6
60	205	Sónia Dias100 esTRILHOS	F 40	40	F	2:07:05.7	+54:56.8
61	244	Nelson FernandesS.R.C.D.Tesoureira	M 40	44	M	2:11:15.5	+59:06.6
62	307	Monica santosIndividual	F 40	43	F	2:11:42.4	+59:33.5
63	269	António SousaIndividual	M 40	46	M	2:12:10.9	+1:00:02.0
64	286	Mario AtilhoAo ritmo das 200 ppm	M 40	46	M	2:12:13.8	+1:00:04.9
65	281	Céu MiguelNovos Trilhos	F 50	54	F	2:12:52.4	+1:00:43.5
66	332	Pedro LucasCAPenafirme	M 40	42	M	2:13:31.3	+1:01:22.4
67	278	Silvia FerreiraCAPenafirme	Seniores F	39	F	2:13:37.8	+1:01:28.9
68	266	Manuel Mendes10 P`ras 11	M 50	52	M	2:13:54.8	+1:01:45.9
69	204	Carla Pereira100 esTRILHOS	F 40	48	F	2:14:27.8	+1:02:18.9
70	311	Ariana Rafaela Barra da SilvaIndividual	Sub 23 F	21	F	2:16:42.3	+1:04:33.4
71	225	Aníbal RibeiroIndividual	M 40	42	M	2:17:16.7	+1:05:07.8
72	315	Maribel Rodrigues da SilvaIndividual	F 50	50	F	2:17:18.6	+1:05:09.7
73	258	Ricardo DiasIndividual	Seniores M	34	M	2:17:23.8	+1:05:14.9
74	261	José NaveIndividual	M 40	43	M	2:17:27.1	+1:05:18.2
75	238	Dina DiasHipoloeste Full Energy	F 40	49	F	2:18:14.1	+1:06:05.2
76	233	Sandra Filipa Sousa Martins Correia LopoHipoloeste Full Energy	F 40	45	F	2:18:18.9	+1:06:10.0
77	317	DanielaIndividual	Sub 23 F	26	F	2:22:02.0	+1:09:53.1
78	274	Patrícia Isabel dos Santos Carrilho``Os Preferiti``	Seniores F	32	F	2:22:56.9	+1:10:48.0
79	329	Anabela MariaRun Team Bombarral	Seniores F	39	F	2:22:59.3	+1:10:50.4
80	328	Márcia JesusRun Team Bombarral	Seniores F	26	F	2:23:03.1	+1:10:54.2
81	324	MÓNICA ALEXANDRA SANTOS MONTEIROPerana Longa	F 40	40	F	2:25:29.8	+1:13:20.9
82	230	maria ferreiraIndividual	F 40	44	F	2:25:33.6	+1:13:24.7
83	338	Luis Santos2	Seniores M	37	M	2:25:51.7	+1:13:42.8
84	337	Vanessa Hayes2	Seniores F	34	F	2:25:54.0	+1:13:45.1
85	272	Pedro Filipe Saldanha Onofre``Os Preferiti``	Seniores M	36	M	2:26:07.4	+1:13:58.5
86	289	Jorge pitauPapa léguas	M 40	45	M	2:26:11.5	+1:14:02.6
87	288	Marta pitauPapa léguas	Seniores F	37	F	2:26:13.9	+1:14:05.0
88	314	Adelina Vinagre BasilioCorreMisto	F 40	46	F	2:27:11.7	+1:15:02.8

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89	271	Paula Cristina Pinto da Costa''Os Preferiti''	Seniores F	34	F	2:27:28.6	+1:15:19.7
90	273	Hugo Alexandre Lourenço Torrado''Os Preferiti''	Seniores M	28	M	2:27:30.6	+1:15:21.7
91	318	José MatosZito	Seniores M	34	M	2:29:50.0	+1:17:41.1
92	250	Luísa Guerra SantosIndividual	F 40	49	F	2:29:52.4	+1:17:43.5
93	280	Ricardo RamosADP team	Seniores M	35	M	2:30:03.0	+1:17:54.1
94	264	Amélia Fernandes10 P'ras 11	F 40	49	F	2:32:01.6	+1:19:52.7
95	267	Anabela Peres10 P'ras 11	F 50	54	F	2:32:01.7	+1:19:52.8
96	313	Flavio Pontes BasilioCorreMisto	M 40	41	M	2:32:42.5	+1:20:33.6
97	234	Aurélia Maria Miranda RibeiroIndividual	F 40	49	F	2:33:10.6	+1:21:01.7
98	339	Emanuel SebastiaoIndividual	Seniores M	30	M	2:34:47.3	+1:22:38.4
99	257	Ana SilvestreCorrer Lisboa	F 40	42	F	2:37:17.5	+1:25:08.6
100	270	Pedro Miguel Monteiro Antunes''Os Preferiti''	Seniores M	36	M	2:42:43.6	+1:30:34.7
101	298	Patricia MirandaTUK	F 40	43	F	2:43:23.9	+1:31:15.0
102	296	Bárbara MirandaTUK	F 40	45	F	2:44:29.3	+1:32:20.4
103	297	Antonio PintoTUK	M 50	54	M	2:44:32.4	+1:32:23.5
104	236	Paulo Alexandre Lourenço RodriguesIndividual	M 50	52	M	2:45:46.6	+1:33:37.7
105	285	Carla AtilhoAo ritmo das 200 ppm	F 40	47	F	2:45:51.5	+1:33:42.6
106	206	José ConchinhaClube do Stress	M 60	66	M	2:47:28.7	+1:35:19.8
107	283	Carla Sofia AtilhoAo ritmo das 200 ppm	F 40	41	F	2:51:46.5	+1:39:37.6
108	322	Gi RibeiroAo ritmo das 200 ppm	F 50	50	F	2:51:56.8	+1:39:47.9
109	284	Sónia AlvarezAo ritmo das 200 ppm	F 40	40	F	2:59:30.0	+1:47:21.1
110	303	Marta AlvesCorrer Lisboa	F 40	42	F	3:04:43.6	+1:52:34.7
111	253	Sandra BatistaCorrer Lisboa	F 40	45	F	3:04:45.6	+1:52:36.7
112	330	Joaquim MatiasIndividual	M 40	47	M	3:04:53.7	+1:52:44.8
113	290	Emanuel silvestrePapa léguas	Seniores M	39	M	3:17:29.5	+2:05:20.6
114	291	Catarina PereiraPapa léguas	Seniores F	33	F	3:17:45.2	+2:05:36.3
115	336	Natércia CorreiaFoz 365	F 40	44	F	3:27:08.2	+2:14:59.3
116	335	Ana constantinoFoz 365	F 40	47	F	3:27:16.4	+2:15:07.5
117	304	Paula VieiraIndividual	F 40	42	F	3:59:06.8	+2:46:57.9
-	302	João RamosTrail onde quer q seja	Seniores M	35	M	DNF	