

#	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	António Jorge Figueiredo Almeida	-----	298	01:40:18.525	----
2	Valeriano Marques Teixeira de Figueiredo	-----	254	01:43:46.964	00:03:28.439
3	Pedro carrilho	Club Btt Quartzo / Centro Pneus a Recta do campo/ Remax Inovação	260	01:44:54.718	00:04:36.193
4	Sérgio Mesquita	Centro Trail Carlos Sá Team Penacova	40	01:46:50.190	00:06:31.665
5	Alexandre Casimiro	Trail Expo Mortagua	338	01:48:01.291	00:07:42.766
6	André Filipe Correia Leal	-----	1	01:48:28.813	00:08:10.288
7	Daniel José Ferreira Marques	ASDREQ	160	01:49:12.959	00:08:54.434
8	Alexandre santos	Javalis Amizade&Glória	322	01:49:29.740	00:09:11.215
9	Nuno André Coelho Nogueira	Espigueiros Runners Caparrosinha	6	01:50:06.008	00:09:47.483
10	José Ferreira	Runners do Demo	137	01:52:47.254	00:12:28.729
11	Luís Júnior	Runners Do demo	215	01:55:46.041	00:15:27.516
12	Gaudêncio Lopes	Viseu Running Team	88	01:55:50.477	00:15:31.952
13	João Gomes	Esgalhada Trail Team	321	01:56:09.014	00:15:50.489
14	Álvaro António Amaral Salvador	Dão Nelas Runners	337	01:58:06.426	00:17:47.901
15	Joao Valerio	PSP VISEU RUNNERS	101	01:58:45.161	00:18:26.636
16	Cláudio Queiroga	Dínamo Clube da Estação	214	01:59:28.477	00:19:09.952
17	Nuno dias	Recticadora dias team	285	02:04:18.121	00:23:59.596
18	Bruno Monteiro	Viseu Running Team	112	02:06:51.401	00:26:32.876
19	Manuel Vieira	Viseu Running Team	86	02:07:22.647	00:27:04.122
20	luis figueiredo	ESPIGUEIROS RUNNERS - CAPARROSINHA	225	02:08:03.065	00:27:44.540
21	Márcio Lopes Loureiro	-----	12	02:08:31.112	00:28:12.587
22	Sergio Pinto	Tartarugas Runners	98	02:11:34.048	00:31:15.523
23	José Gomes	Viseu Running Team	81	02:11:34.162	00:31:15.637
24	Arcanjo martins	Vagos	228	02:11:53.314	00:31:34.789
25	João Silva	Vasconha BTT Vouzela	262	02:12:25.337	00:32:06.812
26	Pedro Fernandes	OS PE NA COVA	283	02:12:58.904	00:32:40.379
27	MARCO MARQUES	ASDREQ	63	02:13:39.337	00:33:20.812
28	carlos oliveira	ASDREQ	222	02:13:40.788	00:33:22.263
29	Fábio Rebelo	Os carro vassoura	90	02:15:06.324	00:34:47.799
30	José Silva	PSP VISEU RUNNERS	318	02:16:15.088	00:35:56.563
31	RAFAEL CLARA FONSECA	RUNNERS DO DEMO	79	02:16:43.771	00:36:25.246
32	Filipe Valério	Vale de madeiros caminhadas	264	02:16:44.313	00:36:25.788
33	David Rodrigues	G.D.C.R. da Vila de Silgueiros	148	02:16:55.277	00:36:36.752
34	Marco Fernandes	Atlético Clube de Travanca	114	02:17:20.263	00:37:01.738
35	JOSE ARTUR LOPES	ASDREQ	134	02:17:20.760	00:37:02.235
36	José Almeida	Viseu Running Team	94	02:18:17.816	00:37:59.291
37	José Miguel de Frias Pereira	Runners do Demo	146	02:21:15.285	00:40:56.760
38	Nuno Rodrigues	Os carro vassoura	91	02:21:30.714	00:41:12.189
39	Salvador Pereira	GDR Granja - Trutas do Mau	53	02:21:37.547	00:41:19.022
40	César almeida	Espigueiros runners caparrosinha	39	02:21:46.295	00:41:27.770
41	Paulo Costa	Tartarugas runners	67	02:24:28.503	00:44:09.978
42	Kevin regalado	Vagos	227	02:25:27.471	00:45:08.946
43	Henrique Rocha	-----	244	02:28:25.415	00:48:06.890

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44	Mário Rui da Silva Santos	Clube Atlético de Oliveira do Hospital CAOH	29	02:31:10.225	00:50:51.700
45	Sérgio Rodrigues	-----	273	02:33:48.196	00:53:29.671
46	Rui Esteves	Asdreq	188	02:33:58.140	00:53:39.615
47	Alexandre Marques	Asdreq	25	02:33:58.194	00:53:39.669
48	Mário Amaro	B. V. Carregal do Sal	10	02:34:08.958	00:53:50.433
49	Pedro silvestre	Vagos	226	02:35:16.648	00:54:58.123
50	António Rebelo	Viseu Running Team	121	02:35:39.396	00:55:20.871
51	AGOSTINHO PEREIRA	-----	154	02:36:10.625	00:55:52.100
52	Jhonny marques	Vagos	229	02:37:24.639	00:57:06.114
53	Marcos Paulo	Esgalha Trail Tem	336	02:39:28.336	00:59:09.811
54	João martins	-----	45	02:39:28.428	00:59:09.903
55	Antonio Madeira	Pickle Films	85	02:39:28.634	00:59:10.109
56	Luis Gonçalo Martins	OS PE NA COVA	279	02:39:49.380	00:59:30.855
57	Liodoro Rodrigues	-----	300	02:40:09.900	00:59:51.375
58	Filipe Pereira	ARCD Bairro de Santa Cruz	270	02:40:32.524	01:00:13.999
59	Aníbal Gonçalves	Atlético Clube de Travanca	113	02:44:45.999	01:04:27.474
60	Vitor Carvalho	-----	21	02:47:19.747	01:07:01.222
61	Fernando Amaral	Asdreq	190	02:47:20.630	01:07:02.105
62	Rafael Martins	Meda de Mouros Trail	102	02:50:32.250	01:10:13.725
63	Pedro	-----	110	02:50:33.356	01:10:14.831
64	José Peres	Viseu Running Team	93	02:51:53.260	01:11:34.735
65	José Rodrigues	G.D.C.R. da Vila de Silgueiros	149	02:59:24.089	01:19:05.564
66	Davide Marques	ASDREQ	189	02:59:24.114	01:19:05.589
67	Dinis Esteves	ASDREQ	11	03:02:49.489	01:22:30.964
68	Cláudio Amaral	-----	23	03:02:51.495	01:22:32.970
69	Pedro Miguel Loureiro Lopes de Sousa	ASDREQ	191	03:03:10.871	01:22:52.346
70	Paulo Almeida	Runners do demo	223	03:04:05.477	01:23:46.952
71	Francisco Madeira	pickle films	274	03:06:29.919	01:26:11.394
72	Rogério Palmeiro	SHFIT TRAIL TEAM	216	03:08:42.084	01:28:23.559
73	José Martins	ARCD do Bairro de Santa Cruz	13	03:10:26.319	01:30:07.794
74	David Ferreira	Espigueiros Runners	246	03:12:54.843	01:32:36.318
75	Nuno	-----	68	03:25:18.990	01:45:00.465
76	Manuel Pacheco	Atlético Clube de Travanca	236	03:29:19.923	01:49:01.398
77	Jorge Sanches	F4L	147	04:11:43.441	02:31:24.916
FEMININO					
1	Tila Pina	GDR Granja - Trutas do Mau	353	02:09:09.634	----
2	Liliana da Silveira Lopes	ASDREQ	47	02:12:59.070	00:03:49.436
3	Sabina Marques	Viseu Running Team	95	02:25:42.221	00:16:32.587
4	Rita Fernandes	OS PE NA COVA	282	02:34:35.890	00:25:26.256
5	CELIA RODRIGUES	ESPIGUEIROS RUNNERS - CAPARROSIHA	224	02:39:49.882	00:30:40.248
6	Daniela Cunha	GDR Granja - Trutas do Mau	54	02:40:09.329	00:30:59.695
7	Sónia Gomes	RUNNERS DO DEMO	133	02:49:56.058	00:40:46.424
8	Cecília Almeida	GDR Granja - Trutas do Mau	55	02:51:42.325	00:42:32.691
9	Sílvia Coelho	Viseu Running Team	92	02:51:53.216	00:42:43.582

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10	Sónia Lemos	GDR Granja - Trutas do Mau	57	03:03:23.415	00:54:13.781
11	Vitalina Mendes	-----	30	03:08:17.623	00:59:07.989
12	MICHELLE BOND	-----	108	03:14:51.659	01:05:42.025
13	Diana Leite	Aminhacorrída	9	03:14:52.141	01:05:42.507
14	Andreia Cristina da Silva Loureiro	Ossobook Trail Team	64	03:25:17.491	01:16:07.857
15	Graça Costa	RUNNERS DO DEMO	66	03:25:29.782	01:16:20.148
16	Patrícia Silva	OS PE NA COVA	275	03:28:54.723	01:19:45.089
17	Sónia Sanches	F4L	135	04:11:41.652	02:02:32.018
18	Rosa Sobral	-----	136	04:11:43.683	02:02:34.049
19	Lídia Francisco	Viseu Running Team	126	04:27:12.319	02:18:02.685
--	Ana Lopes	Atlético Clube de Travanca	118	--:--:-- (D) (NT)	----