

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Tempo
1	1	502	Ricardo Rego	B.T.M.	SenMac12k	01:05:43
2	2	422	RICARDO SA	AKUAFIT	SenMac12k	01:05:48
3	3	367	Nuno Figueiredo	Barcelos	SenMac12k	01:06:41
4	1	504	carlos martins	AiroRun	VetMac12k	01:07:11
5	4	308	Filipe Meneses	Individual	SenMac12k	01:07:47
6	5	307	Francisco Fernandes	B.T.M.	SenMac12k	01:08:34
7	2	508	joaquim sousa	serfisio-barcelos	VetMac12k	01:09:43
8	3	380	Hélder Borges	Afipre Team / Chrono.Pt	VetMac12k	01:10:30
9	4	381	António Carvalho	Afipre Team / Chrono.Pt	VetMac12k	01:10:30
10	5	404	Arlindo Ferreira	Bits & Bikes - Trail/Runing	VetMac12k	01:10:30
11	6	315	Pedro Lima	Calca Folhas	SenMac12k	01:11:13
12	6	397	Joaquim Rodrigues	ACR Roriz	VetMac12k	01:11:57
13	7	378	Ruben Borges	Afipre Team / Chrono.Pt	SenMac12k	01:12:06
14	8	429	FILIPE BORGES	AKUAFIT	SenMac12k	01:12:11
15	7	396	Manuel Miranda	ACR Roriz	VetMac12k	01:12:58
16	9	437	PEDRO MIRANDA	AKUAFIT	SenMac12k	01:13:10
17	10	377	Ricardo Rodrigues	Tesco team running	SenMac12k	01:13:18
18	8	376	André Martins	Tesco team running	VetMac12k	01:13:19
19	9	411	jose pereira	airorun	VetMac12k	01:13:32
20	10	498	Nuno Meneses	VamosEquipe	VetMac12k	01:14:04
21	11	334	Domingos Vale	Bora Lá!	VetMac12k	01:14:18
22	12	410	casimiro araujo	AiroRun	VetMac12k	01:14:33
23	13	409	francisco pereira	AiroRun	VetMac12k	01:14:37
24	14	442	FERNANDO CARNEIRO	AKUAFIT	VetMac12k	01:14:46
25	15	383	Heitor Ortiga	Afipre Team / Chrono.Pt	VetMac12k	01:14:53
26	16	327	Carlos Monteiro	Monday Runners	VetMac12k	01:14:57
27	11	419	Ruben Morim	GTT - ARMAZÉM DO CAFFÈ	SenMac12k	01:16:24
28	17	420	Paulo César Silva	B.T.M.	VetMac12k	01:16:36
29	1	511	Adriana Gomes	MINHO AVENTURA	SenFem12K	01:16:40
30	18	305	João Silva	Individual	VetMac12k	01:16:47
31	19	421	PAULO VILAÇA	AKUAFIT	VetMac12k	01:17:33
32	12	329	Eduardo Gonçalves	Individual	SenMac12k	01:17:35
33	20	598	Amandio Correia lopes	Individual	VetMac12k	01:17:38
34	21	364	Alberto Silva	Individual	VetMac12k	01:18:22
35	22	337	Joaquim Sá	Bora Lá	VetMac12k	01:18:36
36	23	379	Marco Andrade	Afipre Team / Chrono.Pt	VetMac12k	01:18:38
37	13	302	Nuno Bogas	Individual	SenMac12k	01:18:40
38	24	358	Jorge Ribeiro	ARCA BarceloS runners	VetMac12k	01:18:43
39	14	351	Bruno Silva	SoViemosPaComerBeber	SenMac12k	01:18:50
40	15	342	Pedro Cunha	VidaAtivaRunners	SenMac12k	01:18:54
41	16	333	Joao Carlos Soutelo Couto	Bora Lá!	SenMac12k	01:19:02
42	17	489	NUNO FERNANDES	AKUAFIT	SenMac12k	01:19:05
43	18	469	Helder Martins	Rumo aventura	SenMac12k	01:19:09
44	25	466	Octavio Brito	Individual	VetMac12k	01:19:56

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Tempo
45	26	372	Guilherme Brito	Individual	VetMac12k	01:19:57
46	19	501	Artur Gil	Individual	SenMac12k	01:19:59
47	20	356	Miguel Costa	ARCA BarceloS runners	SenMac12k	01:20:41
48	21	354	Nuno Cruz	ARCA BarceloS runners	SenMac12k	01:21:01
49	2	485	Sara Araújo	B.T.M.	SenFem12K	01:21:20
50	22	479	Vitor Silva	ARCA BARCELOS RUNNERS	SenMac12k	01:21:23
51	23	369	Vasco Costa	Individual	SenMac12k	01:22:09
52	27	600	Paulo Abreu	Afipre Team / Chrono.Pt	VetMac12k	01:22:14
53	24	400	Hugo Pereira	GTT- Armazém do caffè	SenMac12k	01:22:39
54	28	448	domingos cruz	akuafit	VetMac12k	01:22:49
55	25	450	flavio sampaio	akuafit	SenMac12k	01:22:49
56	29	362	João Ferreira	Monday Runners	VetMac12k	01:23:13
57	26	452	FILIPE FERNANDES	AKUAFIT	SenMac12k	01:23:36
58	1	512	Cláudia Costa	Individual	inscnahora12k	01:23:39
59	3	318	Maria Moreira	Individual	SenFem12K	01:25:08
60	27	304	Leandro Teixeira	Nós Acreditamos	SenMac12k	01:25:47
61	28	434	RUI DANTAS	AKUAFIT	SenMac12k	01:26:17
62	29	418	Marcelo Teles	GTT - ARMAZÉM DO CAFFÈ	SenMac12k	01:26:22
63	30	363	Rui Silva	Individual	SenMac12k	01:26:30
64	30	462	ORLANDO PEREIRA	AKUAFIT	VetMac12k	01:26:35
65	31	348	Albano Cardeiras	Frossos	SenMac12k	01:26:43
66	31	597	Alberto Sá	Insanos	VetMac12k	01:27:02
67	32	312	Júlio Ferreira	Insanos	VetMac12k	01:27:03
68	32	428	DAVID DIAS	AKUAFIT	SenMac12k	01:27:06
69	33	321	Antonio Vilaça	iNDIVIDUAL	VetMac12k	01:27:13
70	1	408	deolinda faria	AiroRun	VetFem12k	01:27:27
71	33	331	Carlos Tiago Rodrigues	Individual	SenMac12k	01:27:36
72	34	416	Filipe Duarte	AFIPRE TEAM / CHRONO.PT	SenMac12k	01:27:55
73	35	343	Mário Coelho	Individual	SenMac12k	01:28:07
74	36	467	João Pereira	GTT - Armazém do Caffè	SenMac12k	01:28:37
75	37	406	Helder Neves	Individual	SenMac12k	01:28:51
76	34	454	PEDRO PIMENTA	AKUAFIT	VetMac12k	01:28:55
77	35	505	Rui Pereira		505 VetMac12k	01:29:18
78	36	493	ANTONIO ALMEIDA	OS ISABELINHAS	VetMac12k	01:29:27
79	37	415	Carlos Filipe Vale	VIDAACTIVE	VetMac12k	01:29:30
80	38	478	Carlos Martins	Individual	SenMac12k	01:29:33
81	38	426	FERNANDO VAZ	AKUAFIT	VetMac12k	01:29:57
82	39	335	Jorge Santos	Individual	SenMac12k	01:30:11
83	39	402	Eduardo Martins	Individual	VetMac12k	01:30:15
84	4	309	Lúcia Dias	Individual	SenFem12K	01:30:15
85	40	455	ANTONIO COELHO	AKUAFIT	VetMac12k	01:30:20
86	41	316	Nelson Cortez Pinto	B.T.M	VetMac12k	01:30:25
87	42	499	José Pinto	Individual	VetMac12k	01:30:28
88	40	433	RUI AMORIM	AKUAFIT	SenMac12k	01:30:32

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Tempo
89	2	482	Carla Salgado	B.T.M.	VetFem12k	01:30:36
90	43	425	HUGO SILVA	AKUAFIT	VetMac12k	01:31:25
91	44	407	Joaquim Pimenta	Vidaativa runners	VetMac12k	01:31:32
92	41	430	PEDRO MARTINS	AKUAFIT	SenMac12k	01:31:33
93	3	449	Paula Ferreira	AKUAFIT	VetFem12k	01:31:39
94	5	470	Carlos Fernandes	Três Mosqueteiros	SenFem12K	01:31:45
95	42	477	Gabriel Silva	Dragon Club	SenMac12k	01:31:59
96	45	480	David Barreira	Individual	VetMac12k	01:32:10
97	6	423	CATARINA PINTO	AKUAFIT	SenFem12K	01:32:13
98	46	487	AVELINO COSTA	AKUAFIT	VetMac12k	01:32:16
99	43	476	Luís Campos	WTG	SenMac12k	01:33:27
100	47	444	DAVID PAIVA	AKUAFIT	VetMac12k	01:34:11
101	44	461	NUNO SOARES	AKUAFIT	SenMac12k	01:34:21
102	45	497	Bruno Dias	BTT FREE TEAM	SenMac12k	01:34:27
103	4	483	Isabel Costa	B.T.M.	VetFem12k	01:34:28
104	48	474	Pedro Gonçalves	Homem da Lenha Runners	VetMac12k	01:34:30
105	7	495	Fatima Costa	Individual	SenFem12K	01:34:31
106	49	463	OSVALDO AZEVEDO	AKUAFIT	VetMac12k	01:34:47
107	8	401	Carla Cristina Figueiredo	Individual	SenFem12K	01:35:01
108	46	494	André Filipe Cabreira	Clube de Atletismo da Povia de Varzim	SenMac12k	01:36:20
109	50	359	Joao Cruz	ARCA BarceloS runners	VetMac12k	01:36:53
110	9	357	Raquel Pereira	ARCA BarceloS runners	SenFem12K	01:37:03
111	51	412	Carlos carvalho	BRAGA RUNNERS	VetMac12k	01:38:02
112	5	387	Anabela Gonçalves	ErmidaFit	VetFem12k	01:40:02
113	52	365	Décio Pereira	Individual	VetMac12k	01:40:05
114	10	345	Filipa Castro	Individual	SenFem12K	01:40:35
115	47	344	André Vieira	Individual	SenMac12k	01:40:36
116	53	468	Pedro Ferreira	Individual	VetMac12k	01:40:40
117	6	414	Irene Silva	Das. Confecções	VetFem12k	01:40:55
118	7	491	Isabel Sabino	Individual	VetFem12k	01:40:56
119	8	339	Paula Cristina Pereira Silva	Barcelos	VetFem12k	01:40:57
120	54	374	José Antonio Brito	Braga Runners	VetMac12k	01:41:08
121	48	465	EDUARDO MENDES	AKUAFIT	SenMac12k	01:41:10
122	49	509	jorge filipe barbosa	individual	SenMac12k	01:41:12
123	55	303	Fernando Balão	Individual	VetMac12k	01:41:12
124	9	373	Susana Mota	Braga Runners	VetFem12k	01:41:20
125	56	436	PEDRO BRAGA	AKUAFIT	VetMac12k	01:41:28
126	50	440	HELDER MENDES	AKUAFIT	SenMac12k	01:41:33
127	10	432	SALOME FERREIRA	AKUAFIT	VetFem12k	01:41:41
128	57	413	Domingos Araujo	Das.confeccoes	VetMac12k	01:42:56
129	11	368	Patricia Araujo	Brothers Trail Team	SenFem12K	01:43:15
130	51	481	Vasco Pereira De Oliveira Oliveira	Individual	SenMac12k	01:43:15
131	58	346	Eurico Pereira	RUILHE RUNNERS	VetMac12k	01:43:18
132	11	341	Io Pereira	Individual	VetFem12k	01:43:47

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Tempo
133	52	310	Diogo Fernandes	Individual	SenMac12k	01:43:49
134	12	417	Marisa Pereira	TescoTeam Running	SenFem12K	01:43:50
135	53	338	Daniel Silva	Individual	SenMac12k	01:43:57
136	12	386	Lurdes Pinheiro	ErmidaFit	VetFem12k	01:44:03
137	13	496	Carla Oliveira	Clube de Montanhismo de Braga	VetFem12k	01:44:03
138	54	427	MIGUEL PINTO	AKUAFIT	SenMac12k	01:44:11
139	55	324	Tiago Campos	Individual	SenMac12k	01:44:31
140	59	360	Joaquim Silva	Barcelos	VetMac12k	01:47:42
141	60	506	Belarmino Sousa		506 VetMac12k	01:47:45
142	13	325	Carla Azevedo	Monday Runners	SenFem12K	01:47:47
143	56	439	PEDRO SANTOS	AKUAFIT	SenMac12k	01:47:56
144	14	319	Cidalia Rodrigues	ARCA BarceloS runners	VetFem12k	01:48:09
145	15	503	vania pereira	AiroRun	VetFem12k	01:48:09
146	61	332	Miguel Rodrigues	Individual	VetMac12k	01:50:53
147	14	435	ELISABETE PEIXOTO	AKUAFIT	SenFem12K	01:51:14
148	15	443	Filipa Oliveira	AKUAFIT	SenFem12K	01:51:14
149	16	447	Elsa ferreira	AKUAFIT	VetFem12k	01:51:15
150	16	464	SANDRA TEIXEIRA	AKUAFIT	SenFem12K	01:51:15
151	17	326	Susana Oliveira	Braga Runners	SenFem12K	01:52:47
152	62	317	Nuno Martins	Individual	VetMac12k	01:54:46
153	17	366	Carla Marina Vilas Boas	Santiagotur	VetFem12k	01:55:14
154	57	370	Francisco Martins	Individual	SenMac12k	01:55:58
155	63	599	Dorsal 599	Individual	VetMac12k	01:56:16
156	18	424	MARTA BORGES	AKUAFIT	SenFem12K	01:56:16
157	64	488	ANTONIO MENDES	AKAUFIT	VetMac12k	01:56:23
158	2	591	Dorsal 591	Individual	inscnahora12k	01:56:33
159	65	395	Ruben Branco	Individual	VetMac12k	01:56:56
160	19	371	Clara Martins	Individual	SenFem12K	01:56:57
161	58	475	Pedro Fernandes	Individual	SenMac12k	01:57:38
162	18	459	TERESA PEIXOTO	AKUAFIT	VetFem12k	01:59:05
163	19	458	CEU FERNANDES	AKUAFIT	VetFem12k	01:59:07
164	20	340	Lurdes Azevedo	Individual	VetFem12k	02:00:07
165	20	330	Elisa Alves	Póvoa de Varzim	SenFem12K	02:00:07
166	66	507	Gélio Amilcar		507 VetMac12k	02:00:33
167	21	347	Silvia Maria Faria Da Costa	Individual	SenFem12K	02:04:05
168	67	394	Raul Cunha	cUnHaX	VetMac12k	02:04:08
169	68	336	João Marques	Insanos	VetMac12k	02:06:42
170	69	438	Carlos Rodrigues	AKUAFIT	VetMac12k	02:06:45
171	22	441	filipa Martins	AKUAFIT	SenFem12K	02:06:46
172	21	355	Soraia Rebelo	ARCA BarceloS runners	VetFem12k	02:07:26
173	23	322	Juliana Freitas	Individual	SenFem12K	02:08:56
174	24	323	Liliana Fonseca	Individual	SenFem12K	02:08:56
175	25	350	Carolina Ribeiro	B.T.M.	SenFem12K	02:11:20
176	70	349	Jose Ribeiro	B.T.M.	VetMac12k	02:11:26

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Tempo
177	71	451	armindo carvalho	AKUAFIT	VetMac12k	02:15:56
178	26	453	FATIMA MARINHO	AKUAFIT	SenFem12K	02:15:57
179	22	446	sandra carvalho	akuafit	VetFem12k	02:15:58
180	23	445	Dores Cachetas	AKUAFIT	VetFem12k	02:15:58
181	27	313	Ana Oliveira	As Vieirinhas	SenFem12K	02:18:39
182	28	314	Angela Sousa	Vila Nova de Famalicão	SenFem12K	02:18:45
183	24	306	Paula Gomes	Individual	VetFem12k	02:18:48
184	25	389	Alice Castro	Braga Runners	VetFem12k	02:18:55
185	29	390	Tânia Silva	Braga Runners	SenFem12K	02:18:57
186	26	328	Sandra Silva	A Vida é Bela	VetFem12k	02:30:39
187	27	510	helen fernandes	clube montanhismo barga	VetFem12k	02:38:44
188	59	352	Liliana Rebelo	SoViemosPaComerBeber	SenMac12k	02:42:55
189	30	473	Carla Cardoso	Inquipa	SenFem12K	02:45:10
190	31	472	Sofia Silva	Inquipa	SenFem12K	02:45:10
191	28	392	Alice Viveiros	Shots International Runners	VetFem12k	02:45:14
192	32	471	Catarina Lara	Portugal	SenFem12K	02:45:15
193	29	460	LUISA FERNANDES	AKUAFIT	VetFem12k	03:03:24