



# IV TRAIL DO CACHOPO SOLIDÁRIO - TRAIL CURTO

17 de Março, 2019

<https://werun.pt/resultados/iv-trail-do-cachopo-solidario-trail-curto/>

| Pos. | Dorsal | Nome                     | Tempo Bruto | Tempo Líquido | Escalão | Equipa                         | Pos. Escalão |
|------|--------|--------------------------|-------------|---------------|---------|--------------------------------|--------------|
| 1    | 42     | SEBASTIAN GOMEZ CERREJON | 01:29:53    | 01:42:29      | M2339   | CD MALDITO FLATO               | 1            |
| 2    | 258    | JOÃO ALEXANDRE           | 01:30:13    | 01:30:12      | M2339   | INTERMARCHÉ VRSA TRAIL RUNNERS | 2            |
| 3    | 41     | ALEJANDRO MARTIN         | 01:30:20    | 01:46:48      | M2339   | CD MALDITO FLATO               | 3            |
| 4    | 167    | FÁBIO CUNHA              | 01:34:01    | 01:33:59      | M2339   | BEJA ATLÉTICO CLUBE            | 4            |
| 5    | 292    | TIAGO FERNANDES          | 01:35:42    | 01:35:39      | M2339   | INTERMARCHÉ VRSA TRAIL RUNNERS | 5            |
| 6    | 74     | JOSE MESTRE              | 01:40:04    | 01:45:20      | M4044   | INTER-VIVOS MARTINLONGO        | 1            |
| 7    | 155    | ÂNGELO CORDEIRO          | 01:40:22    | 01:40:12      | M2339   |                                | 6            |
| 8    | 164    | MÁRIO TORRINHA SOUSA     | 01:40:22    | 01:40:22      | M5054   | INTERMARCHÉ VRSA TRAIL RUNNERS | 1            |
| 9    | 214    | JOSE MANUEL CONTRERAS    | 01:40:41    | 01:40:36      | M2339   | CD MALDITO FLATO               | 7            |
| 10   | 185    | PAULO VIEGAS             | 01:40:57    | 01:40:55      | M4549   | PUNTITI SPORT TEAM             | 1            |
| 11   | 261    | LIONTINO GUERREIRO       | 01:44:06    | 01:43:44      | M5559   | ESCALFADINHOS MARAFADOS        | 1            |
| 12   | 106    | CARLOS MESQUITA          | 01:44:09    | 01:44:08      | M5559   | ALGARUNNERS                    | 2            |
| 13   | 54     | EDUARDO VIEGAS           | 01:44:54    | 01:44:43      | M2339   | ALGARVIANA TEAM                | 8            |
| 14   | 154    | MANUEL ORIA PERERA       | 01:45:04    | 01:44:59      | M2339   | CD MALDITO FLATO               | 9            |
| 15   | 199    | FRANCISCO FERRO          | 01:45:55    | 01:45:50      | M4549   | INDIVIDUAL                     | 2            |
| 16   | 278    | JOÃO CATARINO            | 01:46:00    | 01:45:57      | M5054   | CLUBE VELA DE TAVIRA           | 2            |
| 17   | 157    | FRANCISCO GUERREIRO      | 01:47:27    | 01:49:06      | M4549   | ALGARUNNERS                    | 3            |
| 18   | 289    | CRICIO RODRIGUES         | 01:47:32    | 01:47:29      | M2339   | INTERVIVOS MARTIM LONGO        | 10           |

|    |     |                        |          |          |       |                                   |    |
|----|-----|------------------------|----------|----------|-------|-----------------------------------|----|
| 19 | 57  | RODRIGUES CERDAS       | 01:47:48 | 01:47:39 | M2339 | BABYSHARK                         | 11 |
| 20 | 27  | RÚBEN VIEIRA           | 01:47:56 | 01:47:54 | M2339 | ATR-ALGARVE TRAIL RUNNING         | 12 |
| 21 | 277 | HUGO TEIXEIRA          | 01:49:05 | 01:48:37 | M2339 | PEGADAS À QUARTA-FEIRA            | 13 |
| 22 | 189 | MARIO CHUMBINHO        | 01:49:33 | 01:49:32 | M4044 |                                   | 2  |
| 23 | 28  | FERNANDO RODRIGUES     | 01:49:56 | 01:49:34 | M4044 | NPA                               | 3  |
| 24 | 311 | CARLOS CALDEIRA        | 01:50:56 | 01:50:52 | M2339 | CAFÉ AVENIDA                      | 14 |
| 25 | 312 | FABIO MASCARENHAS      | 01:51:11 | 01:56:27 | M2339 |                                   | 15 |
| 26 | 198 | MARIO LOPEZ PRIETO     | 01:51:13 | 01:51:09 | M2339 | CD MALDITO FLATO                  | 16 |
| 27 | 310 | RAFAEL GARCIA          | 01:51:34 | 01:51:28 | M2339 | TRAIL RUNNERS PORTIMÃO            | 17 |
| 28 | 235 | PAULO RUA              | 01:52:10 | 01:51:45 | M4044 | CASA DO BENFICA DE VRSA           | 4  |
| 29 | 294 | JORGE PALMA            | 01:52:48 | 02:09:01 | M4044 | CSP43 RUNNING TEAM                | 5  |
| 30 | 169 | JOÃO RODRIGUES         | 01:53:14 | 01:53:03 | M2339 | WARRIOR'S BOX                     | 18 |
| 31 | 216 | SÉRGIO SILVA           | 01:53:49 | 01:53:49 | M2339 | CAFÉ AVENIDA                      | 19 |
| 32 | 125 | MÁRIO CHORA            | 01:54:05 | 01:53:56 | M4549 | SCA/RUN ALCÁÇOVAS                 | 4  |
| 33 | 3   | JOSÉ DIAS              | 01:54:29 | 01:54:29 | M5559 | ALGARRUNNERS                      | 3  |
| 34 | 162 | PAULO MARTINS          | 01:54:43 | 01:54:41 | M4044 | CAFÉ AVENIDA                      | 6  |
| 35 | 319 | MÁRIO ALPIARÇA         | 01:55:18 | 01:55:11 | M5054 | NUCLEO DO SPORTING VRSA/SAT25.COM | 3  |
| 36 | 139 | ANTONIO HIERRO IGNACIO | 01:55:58 | 01:55:51 | M4044 |                                   | 7  |
| 37 | 291 | ANTÓNIO ALVES          | 01:56:44 | 01:56:36 | M4044 |                                   | 8  |
| 38 | 241 | DANIEL ANJOS           | 01:57:08 | 01:57:00 | M2339 | CLUBE RECREATIVO ALTURENSE        | 20 |
| 39 | 275 | CARLOS EVARISTO        | 01:57:42 | 01:57:39 | M4549 | ASSOCIAÇÃO BTT BAIXO GUADIANA     | 5  |
| 40 | 181 | JOSÉ ALVES             | 01:57:43 | 01:57:32 | M5054 |                                   | 4  |
| 41 | 147 | JOAQUIM PALMA          | 01:57:44 | 01:57:43 | M2339 | ALGARUNNES                        | 21 |

|    |     |                    |          |          |       |                                          |    |
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| 42 | 284 | JOSÉ MARIA GARCIA  | 01:58:08 | 01:58:05 | M0022 | CERGAL LADS TRIALEIRA                    | 1  |
| 43 | 160 | HUGO CABRAL        | 01:58:20 | 01:58:11 | M4044 | CROSSFIT VILAMOURA                       | 9  |
| 44 | 264 | VITOR ALBERTO      | 01:58:58 | 01:58:58 | M5054 | TRAIL RUNNERS PORTIMÃO                   | 5  |
| 45 | 204 | EDUARDO GABRIEL    | 01:59:00 | 01:58:53 | M2339 | CSP43 RUNNING TEAM                       | 22 |
| 46 | 323 | FILIPA SANTOS      | 01:59:03 | 02:04:11 | F2339 | NAST                                     | 1  |
| 47 | 280 | SANDRO LUIS        | 01:59:09 | 01:58:57 | M2339 | REBENTA VALETAS TRAIL RUNNERS            | 23 |
| 48 | 33  | CARLOS RODRIGUES   | 01:59:18 | 01:59:13 | M5054 | MONTE FIGO TEAM                          | 6  |
| 49 | 128 | AMERICO RODRIGUES  | 01:59:40 | 01:59:12 | M2339 | D`ATALAIA 3.0/TEMIVEL`S D`ATALAIA        | 24 |
| 50 | 276 | CIRLEI NEVES       | 01:59:40 | 01:59:18 | F4549 |                                          | 1  |
| 51 | 174 | STEFANIE FREIBERG  | 01:59:42 | 01:59:38 | F4549 |                                          | 2  |
| 52 | 177 | ARTUR SILVA        | 02:00:32 | 02:00:25 | M4044 |                                          | 10 |
| 53 | 73  | CARLOS RODRIGUES   | 02:00:53 | 02:00:52 | M4549 |                                          | 6  |
| 54 | 309 | JORGE MARQUES      | 02:01:03 | 02:00:57 | M4044 | CSP43 RUNNING TEAM                       | 11 |
| 55 | 317 | ANDRE GONÇALVES    | 02:01:15 | 02:01:12 | M2339 |                                          | 25 |
| 56 | 58  | VALDEMAR REMÉDIOS  | 02:02:00 | 02:01:59 | M4549 | CSP 43 RUNNING TEAM                      | 7  |
| 57 | 249 | PAULO MARQUES      | 02:02:17 | 02:01:51 | M4549 | D'ATALAIA 3.0                            | 8  |
| 58 | 138 | ALDOMIRO MADEIRA   | 02:02:28 | 02:02:24 | M5559 | CAFE AVENIDA                             | 4  |
| 59 | 203 | LUÍS PEREIRA       | 02:02:35 | 02:02:30 | M5054 | G.D.R. SÃO FRANCISCO DA SERRA            | 7  |
| 60 | 107 | MARCO GOMES        | 02:02:41 | 02:02:28 | M4044 | TEAM POWERGOAT                           | 12 |
| 61 | 121 | GONÇALO MEDINAS    | 02:02:45 | 02:11:48 | M4044 | CASA DO BENFICA DE REGUENGOS DE MONSARAZ | 13 |
| 62 | 314 | PEDRO VIDAL        | 02:02:47 | 02:02:27 | M2339 |                                          | 26 |
| 63 | 65  | ALEXANDRE PINHEIRO | 02:02:48 | 02:02:45 | M2339 | XANUX TEAM                               | 27 |
| 64 | 263 | JOSÉ CASANOVA      | 02:02:50 | 02:02:29 | M5559 | ESCALFADINHOS MARAFADOS                  | 5  |

|    |     |                                  |          |          |       |                            |    |
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| 65 | 236 | RUI MIGUEL GUERREIRO COSTA       | 02:03:07 | 02:02:57 | M2339 | INDIVIDUAL                 | 28 |
| 66 | 269 | EURICO ALVES                     | 02:04:21 | 02:13:24 | M5054 | TRAIL RUNNERS PORTIMÃO     | 8  |
| 67 | 64  | EDUARDO MARTINS                  | 02:04:50 | 02:04:25 | M5054 | D'ATALAIA 3.0              | 9  |
| 68 | 283 | JOSÉ MARIA GARCIA COSTA PINTO    | 02:05:09 | 02:05:06 | M0022 | CERGAL LADS TRIALEIRA      | 2  |
| 69 | 148 | MÁRIO SANTOS                     | 02:05:48 | 02:05:40 | M5054 |                            | 10 |
| 70 | 293 | HELDER BARREIRA                  | 02:05:54 | 02:05:43 | M2339 |                            | 29 |
| 71 | 212 | PAULO ALMEIDA                    | 02:05:57 | 02:05:47 | M2339 | CLUBE FUTEBOL GUADIANA     | 30 |
| 72 | 218 | ANTÓNIO MELÃO                    | 02:06:10 | 02:06:05 | M4549 |                            | 9  |
| 73 | 259 | JOÃO SOARES                      | 02:06:10 | 02:06:02 | M4044 |                            | 14 |
| 74 | 91  | VASCO MARREIROS                  | 02:06:27 | 02:06:13 | M4549 | TRAIL RUNNERS PORTIMÃO     | 10 |
| 75 | 81  | ANTÓNIO MANUEL FERREIRA DA SILVA | 02:06:52 | 02:06:36 | M4549 |                            | 11 |
| 76 | 149 | TIAGO SANTOS                     | 02:07:24 | 02:07:19 | M2339 | ALGARUNNERS                | 31 |
| 77 | 101 | ANTONIO LUIS RENTERO PRIETO      | 02:08:00 | 02:07:55 | M4044 |                            | 15 |
| 78 | 205 | PAULO RENATO VASQUES             | 02:08:08 | 02:08:01 | M4549 | DRONES-PV                  | 12 |
| 79 | 220 | CARLOS GEMA                      | 02:08:30 | 02:08:27 | M6099 | TARTUGAS DE LOULÉ          | 1  |
| 80 | 5   | JOSÉ SOUSA                       | 02:08:46 | 02:08:28 | M2339 | SPIDER PIG                 | 32 |
| 81 | 209 | JOAO LOPES                       | 02:08:50 | 02:08:39 | M4044 | SEM EQUIPA                 | 16 |
| 82 | 194 | FILIPE SOBRAL                    | 02:09:00 | 02:08:51 | M2339 |                            | 33 |
| 83 | 178 | JOSÉ SILVA                       | 02:09:07 | 02:09:00 | M2339 |                            | 34 |
| 84 | 308 | EDUARDO VIEGAS AFONSO            | 02:09:13 | 02:08:59 | M5054 |                            | 11 |
| 85 | 255 | JOÃO FERNANDES                   | 02:09:54 | 02:09:50 | M2339 |                            | 35 |
| 86 | 133 | ROGÉRIO ANACLETO                 | 02:09:57 | 02:09:32 | M2339 |                            | 36 |
| 87 | 132 | BRUNO SALES                      | 02:09:57 | 02:09:32 | M4044 | PADEL CLUBE ATLETISMO VRSA | 17 |

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| 88  | 228 | VÍTOR XIFREU                 | 02:10:10 | 02:15:10 | M5054 | ALGARVIANA TEAM               | 12 |
| 89  | 75  | EDUARDO RODRIGUES            | 02:10:13 | 02:10:06 | M6099 | OS AMIGOS DO COIRO DA BURRA   | 2  |
| 90  | 237 | CARLOS CUNHA                 | 02:10:17 | 02:10:13 | M2339 |                               | 37 |
| 91  | 131 | NUNO GONCALVES               | 02:12:07 | 02:11:41 | M4044 |                               | 18 |
| 92  | 98  | DAVID CARDOSO                | 02:12:12 | 02:11:45 | M4044 |                               | 19 |
| 93  | 229 | RODOLFO REIS                 | 02:12:52 | 02:12:49 | M4549 | ALGARVIANA TEAM               | 13 |
| 94  | 36  | PETRA HRUBA                  | 02:12:59 | 02:12:58 | F2339 |                               | 2  |
| 95  | 87  | ADRIAN TRIMORA               | 02:13:04 | 02:12:51 | M2339 | L@S COBRI                     | 38 |
| 96  | 191 | VALÉRIO CHAVETA              | 02:13:23 | 02:13:21 | M5054 | CAFÉ AVENIDA                  | 13 |
| 97  | 99  | ROGERIO CORDEIRO             | 02:13:32 | 02:13:18 | M2339 |                               | 39 |
| 98  | 156 | ANDRÉ PALMA                  | 02:13:33 | 02:13:22 | M2339 |                               | 40 |
| 99  | 322 | MIGUEL ALMEIDA               | 02:13:35 | 02:13:19 | M4549 |                               | 14 |
| 100 | 4   | MARIA SILVA                  | 02:13:36 | 02:13:32 | F2339 |                               | 3  |
| 101 | 151 | PEDRO FRANCO                 | 02:13:48 | 02:13:47 | M4549 | ALGARVIANA TEAM               | 15 |
| 102 | 260 | JOSÉ PEREIRA                 | 02:14:20 | 02:14:07 | M0022 | ARRANCA VALETAS TRAIL RUNNERS | 3  |
| 103 | 248 | LUÍS ROCHA                   | 02:14:29 | 02:14:10 | M4549 | LEÕES DO SUL                  | 16 |
| 104 | 208 | TIAGO MARTINS                | 02:14:45 | 02:14:40 | M2339 | CAFÉ AVENIDA                  | 41 |
| 105 | 176 | PAULO BRITO                  | 02:15:33 | 02:15:25 | M4044 |                               | 20 |
| 106 | 239 | NELSON CANTARA               | 02:15:42 | 02:15:14 | M2339 | SPIDER PIG                    | 42 |
| 107 | 246 | ANTÓNIO JOSÉ SANTIAGO        | 02:15:58 | 02:15:49 | M6099 |                               | 3  |
| 108 | 134 | MARIA JOÃO GUERREIRO CARREGA | 02:16:00 | 02:15:47 | F5054 | CR ALTURENSE                  | 1  |
| 109 | 207 | CESAR REIS                   | 02:16:11 | 02:16:00 | M2339 |                               | 43 |
| 110 | 296 | SÍLVIA CRUZ                  | 02:16:11 | 02:16:06 | F2339 | ALGARUNNERS                   | 4  |

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| 111 | 109 | BRUNO RIBEIRO           | 02:16:18 | 02:15:51 | M2339 | CMA LOULÉ                           | 44 |
| 112 | 223 | CARLOS NUNES            | 02:16:24 | 02:16:20 | M5054 | TUGAS ON TOUR ASSOCIAÇÃO DESPORTIVA | 14 |
| 113 | 175 | FERNANDA MENDONÇA       | 02:17:30 | 02:17:30 | F4549 | ALGARUNNERS                         | 3  |
| 114 | 247 | PAULO DÂMASO            | 02:19:29 | 02:19:24 | M0022 | G.D.R. SÃO FRANCISCO DA SERRA       | 4  |
| 115 | 142 | PEDRO NASCIMENTO        | 02:19:31 | 02:19:10 | M2339 | 8300 WILD SPORTS                    | 45 |
| 116 | 126 | JOÃO PIROLEIRA          | 02:19:55 | 02:19:51 | M2339 | SERPAFIT CHALLENGE                  | 46 |
| 117 | 118 | JOÃO BAIÃO              | 02:19:56 | 02:19:51 | M4549 | SERPAFIT CHALLENGE                  | 17 |
| 118 | 267 | MANUEL ALVEIRINHO       | 02:20:56 | 02:20:38 | M2339 | TRAIL RUNNERS PORTIMÃO              | 47 |
| 119 | 274 | JOÃO MARCELO            | 02:21:01 | 02:20:48 | M4549 | SÃO FRANCISCO ASSOCIAÇÃO DESPORTIVA | 18 |
| 120 | 144 | JORGE LINDER            | 02:21:06 | 02:20:47 | M6099 |                                     | 4  |
| 121 | 145 | JYRKI ELO               | 02:21:07 | 02:20:47 | M5559 |                                     | 6  |
| 122 | 97  | LUIS MARQUES            | 02:21:08 | 02:20:42 | M5054 |                                     | 15 |
| 123 | 256 | LUÍS CANDEIAS           | 02:21:10 | 02:20:52 | M4549 | TRAIL RUNNERS DE LAGOS              | 19 |
| 124 | 268 | SOFIA RODRIGUES         | 02:21:17 | 02:21:12 | F2339 | TRAIL RUNNERS PORTIMÃO              | 5  |
| 125 | 290 | RUI SILVA               | 02:21:20 | 02:21:05 | M4044 | TRAIL DE MONCHIQUE                  | 21 |
| 126 | 252 | CARLOS RODRIGUES        | 02:21:24 | 02:20:59 | M2339 |                                     | 48 |
| 127 | 90  | PAULO BRAZ              | 02:21:26 | 02:21:20 | M4549 | MONTE FIGO TEAM                     | 20 |
| 128 | 141 | BRUNO FARIA             | 02:21:31 | 02:21:11 | M2339 | 8300 WILD SPORTS                    | 49 |
| 129 | 225 | RODRIGO TEIXEIRA        | 02:21:32 | 02:21:18 | M0022 | REBENTA VALETAS TRAIL RUNERS        | 5  |
| 130 | 39  | CLÁUDIO GALEGO          | 02:21:34 | 02:21:19 | M2339 |                                     | 50 |
| 131 | 115 | MARTA DIAS              | 02:21:39 | 02:21:17 | F2339 | CASA DO BENFICA VRSA                | 6  |
| 132 | 47  | RICARDO NOGUEIRA        | 02:21:42 | 02:21:07 | M2339 | INDIVIDUAL                          | 51 |
| 133 | 196 | MANUEL ESCUDERO MAESTRE | 02:21:58 | 02:21:53 | M4549 | BATALLON MEMBRANA                   | 21 |

|     |     |                      |          |          |       |                                     |    |
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| 134 | 257 | VALTER CUIEL         | 02:22:16 | 02:21:54 | M4549 | AMIGOS DO COIRO DA BURRA            | 22 |
| 135 | 82  | JOAQUIM COSTA        | 02:22:39 | 02:22:34 | M6099 | ALGARVIANA TEAM                     | 5  |
| 136 | 89  | DÁRIO ROSA           | 02:22:42 | 02:22:14 | M2339 |                                     | 52 |
| 137 | 265 | ANA DIAS             | 02:22:47 | 02:22:46 | F2339 | TRAIL RUNNERS PORTIMÃO              | 7  |
| 138 | 270 | PAULA MANGUALDE      | 02:22:49 | 02:22:35 | F2339 | TRAIL RUNNERS PORTIMÃO              | 8  |
| 139 | 201 | FRANCISCO GUERREIRO  | 02:23:23 | 02:23:22 | M4549 | TUGAS ON TOUR ASSOCIAÇÃO DESPORTIVA | 23 |
| 140 | 100 | JORGE PEREIRA        | 02:23:40 | 02:23:33 | M2339 |                                     | 53 |
| 141 | 44  | MANUEL GUERREIRO     | 02:24:23 | 02:24:22 | M6099 |                                     | 6  |
| 142 | 285 | JOSÉ AUGUSTO         | 02:24:38 | 02:24:26 | M0022 |                                     | 6  |
| 143 | 243 | SÓNIA PALMA          | 02:24:42 | 02:24:28 | F4044 | TUGAS ON TOUR ASSOCIAÇÃO DESPORTIVA | 1  |
| 144 | 318 | HENRIQUE FARIA       | 02:25:36 | 02:25:33 | M2339 |                                     | 54 |
| 145 | 183 | NELSON CARMO         | 02:26:06 | 02:25:39 | M4044 |                                     | 22 |
| 146 | 32  | FILIPE GUERREIRO     | 02:26:08 | 02:25:46 | M2339 |                                     | 55 |
| 147 | 186 | SILVINA MARTINS      | 02:26:33 | 02:26:31 | F5054 | A DOIS                              | 2  |
| 148 | 302 | EMANUEL PIMENTEL     | 02:26:35 | 02:26:04 | M4044 |                                     | 23 |
| 149 | 45  | CARLOS MARTINHO      | 02:26:43 | 02:26:35 | M6099 | ATR ALGARVE TRAIL RUNNING           | 7  |
| 150 | 242 | ANDRÉ SANTOS PEREIRA | 02:27:06 | 02:26:50 | M4549 | MEXE-TE MÓ                          | 24 |
| 151 | 94  | FERNANDA VERMELHUDO  | 02:27:23 | 02:27:22 | F4044 | CASA DO BENFICA                     | 2  |
| 152 | 279 | JOÃO ROCHA MEDEIROS  | 02:27:23 | 02:27:08 | M4549 | #LETSRUNAZORES                      | 25 |
| 153 | 211 | MARTA CRISTINA       | 02:27:27 | 02:27:14 | F2339 |                                     | 9  |
| 154 | 217 | NUNO GUERREIRO       | 02:27:31 | 02:27:17 | M4044 | CROSSFIT VILAMOURA RENEGADE 2       | 24 |
| 155 | 117 | LIBÂNIO CARVALHAIS   | 02:27:35 | 02:27:33 | M4044 |                                     | 25 |
| 156 | 266 | TIAGO HENRIQUES      | 02:27:41 | 02:27:25 | M2339 | TRAIL RUNNERS PORTIMÃO              | 56 |

|     |     |                    |          |          |       |                                |    |
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| 157 | 163 | GRAÇA CORVINHO     | 02:27:47 | 02:27:42 | F5559 | CLUBE VELA DE TAVIRA           | 1  |
| 158 | 60  | ANGELA APOLINÁRIO  | 02:27:54 | 02:27:51 | F2339 | AI NÓS JAMOR                   | 10 |
| 159 | 25  | CARLOS DANTAS      | 02:28:09 | 02:28:02 | M5559 | ALGARVIANA TEAM                | 7  |
| 160 | 88  | LAURA ROMERO RAMOS | 02:28:10 | 02:27:43 | F4549 | CLUB ULTRA TRAIL HUELVA        | 4  |
| 161 | 6   | MARCOS VICENTE     | 02:29:13 | 02:29:05 | M4044 | BRANCO OU TINTO TEAM           | 26 |
| 162 | 297 | NUNO CAVACO        | 02:29:57 | 02:29:39 | M2339 | CLUBE BTT/TRAIL SANTA CATARINA | 57 |
| 163 | 298 | VERÓNICA FERNANDES | 02:29:57 | 02:29:41 | F4044 | CLUBE BTT/TRAIL SANTA CATARINA | 3  |
| 164 | 29  | ANA PEREIRA        | 02:30:30 | 02:30:07 | F5054 |                                | 3  |
| 165 | 161 | FERNANDA MENINA    | 02:32:04 | 02:31:41 | F4549 | SUNDAY RUNNERS                 | 5  |
| 166 | 12  | ROSA SERRO         | 02:32:18 | 02:31:44 | F4549 | ALGARVIANA TEAM                | 6  |
| 167 | 20  | PAULA NASCIMENTO   | 02:32:34 | 02:32:32 | F5054 | ALGARVIANA TEAM                | 4  |
| 168 | 22  | JOANA LOURENÇO     | 02:32:37 | 02:32:34 | F0022 | CLUBE DE FUTEBOL GUADIANA      | 1  |
| 169 | 306 | TIAGO DOMINGOS     | 02:32:37 | 02:32:35 | M2339 | NÚCLEO SCP DE PORTEL           | 58 |
| 170 | 127 | JORGE MARTINS      | 02:33:06 | 02:32:43 | M5559 | AMIGOS DO COIRO DA BURRA       | 8  |
| 171 | 184 | FLÁVIO RAMOS       | 02:33:14 | 02:33:07 | M2339 | BARRANCOS FC /BIOGADO          | 59 |
| 172 | 10  | RACHEL BOWKER      | 02:35:18 | 02:35:10 | F4044 | TEAM POWERGOAT                 | 4  |
| 173 | 305 | MIGUEL CEPEDA      | 02:35:30 | 02:35:07 | M2339 |                                | 60 |
| 174 | 253 | ANTÓNIO AMA GOMES  | 02:35:33 | 02:35:07 | M5054 |                                | 16 |
| 175 | 190 | ARMÉNIO SILVA      | 02:35:43 | 02:35:15 | M2339 |                                | 61 |
| 176 | 116 | CAROLINA DIAS      | 02:35:53 | 02:35:30 | F5054 | CASA DO BENFICA VRSA           | 5  |
| 177 | 244 | ANA PEREIRA        | 02:35:54 | 02:35:32 | F4044 | SUNDAY RUNNERS                 | 5  |
| 178 | 30  | PAULA MORAIS       | 02:36:02 | 02:35:52 | F4044 | INTERMARCHÉ VRSA TRAIL RUNNERS | 6  |
| 179 | 179 | RUI CARRUSCA       | 02:36:21 | 02:35:54 | M4044 |                                | 27 |



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| 180 | 222 | ANA SOFIA GONÇALVES         | 02:36:37 | 02:36:31 | F4549 | PEGADAS À QUARTA                         | 7  |
| 181 | 233 | FRANCISCO QUITÉRIA          | 02:36:39 | 02:36:22 | M5054 | TRAI RUNNERS DE LAGOS                    | 17 |
| 182 | 272 | ANDREIA DIAS                | 02:37:27 | 02:37:18 | F4044 | TRAIL RUNNERS PORTIMÃO                   | 7  |
| 183 | 271 | JOÃO NOGUEIRA               | 02:37:27 | 02:37:18 | M4044 | TRAIL RUNNERS PORTIMÃO                   | 28 |
| 184 | 110 | SUSANA BANHA                | 02:37:29 | 02:37:16 | F2339 | ATR - ALGARVE TRAIL RUNNING              | 11 |
| 185 | 112 | ROGÉRIA MADEIRA             | 02:39:11 | 02:38:46 | F4044 |                                          | 8  |
| 186 | 80  | LUÍS MIGUEL BARTOLOMEU ROSA | 02:39:12 | 02:38:49 | M2339 |                                          | 62 |
| 187 | 21  | CELESTINA ESTÊVÃO           | 02:39:26 | 03:19:26 | F5054 | MÉXE-TE MÓ                               | 6  |
| 188 | 102 | LUÍSA FERREIRA              | 02:40:23 | 02:40:03 | F5054 | DEIXEM PASSAR OS COXOS                   | 7  |
| 189 | 103 | HUMBERTO FERREIRA           | 02:40:24 | 02:40:02 | M4549 | DEIXEM PASSAR OS COXOS                   | 26 |
| 190 | 238 | CARINA LOURENÇO             | 02:41:18 | 02:40:54 | F2339 |                                          | 12 |
| 191 | 114 | MIGUEL VELOSO               | 02:41:18 | 02:40:56 | M6099 | GRUPO DESPORTIVO PIC-NIC                 | 8  |
| 192 | 152 | EZEQUIEL JESUS              | 02:42:37 | 02:42:34 | M4044 | PEGADA TAVIRA                            | 29 |
| 193 | 68  | HENRIQUE PEREIRA            | 02:42:50 | 02:42:44 | M6099 | FARO, PEGADAS À 4ª. FEIRA                | 9  |
| 194 | 165 | CARLA MARTINS               | 02:43:13 | 03:23:13 | F4044 | MEXE-TE MÓ                               | 9  |
| 195 | 166 | RUI MARTINS                 | 02:43:13 | 02:43:12 | M4549 | MEXE-TE MÓ                               | 27 |
| 196 | 48  | CARLOS ALBERTO AMARO NOVAIS | 02:43:15 | 02:43:13 | M6099 | MEXE-TE MÓ                               | 10 |
| 197 | 251 | FILIPE SALEIRO              | 02:43:36 | 02:43:15 | M2339 |                                          | 63 |
| 198 | 250 | INÊS BLAUTH                 | 02:43:37 | 02:43:16 | F2339 |                                          | 13 |
| 199 | 171 | LUIS CANDEIAS FERNANDES     | 02:44:19 | 02:44:00 | M5559 |                                          | 9  |
| 200 | 172 | LUIS CANDEIAS FERNANDES     | 02:44:19 | 02:44:00 | M5559 |                                          | 10 |
| 201 | 17  | MARIA ADELAIDE PEDRO        | 02:44:22 | 02:43:58 | F5054 | JARDIM FUNCIONAL VILA REAL SANTO ANTONIO | 8  |
| 202 | 262 | SÉRGIO SOUSA                | 02:45:10 | 02:44:50 | M5054 | ESCALFADINHOS MARAFADOS                  | 18 |

|     |     |                         |          |          |       |                             |    |
|-----|-----|-------------------------|----------|----------|-------|-----------------------------|----|
| 203 | 86  | DAVID SANTOS            | 02:46:46 | 02:46:23 | M4044 | NPA                         | 30 |
| 204 | 8   | EMILIA SOUSA            | 02:47:08 | 02:47:08 | F4549 | MEXE-TE MÓ                  | 8  |
| 205 | 286 | ANA OLIVEIRA            | 02:47:26 | 02:47:08 | F5054 |                             | 9  |
| 206 | 192 | MÁRIO FERREIRA          | 02:48:49 | 02:48:27 | M2339 |                             | 64 |
| 207 | 193 | LINA MADEIRA            | 02:48:49 | 02:48:27 | F2339 |                             | 14 |
| 208 | 9   | TIAGO RIBEIROS          | 02:49:45 | 02:49:18 | M2339 |                             | 65 |
| 209 | 50  | NUNO MARIZ              | 02:50:09 | 02:49:53 | M4549 | FONIX TEAM                  | 28 |
| 210 | 324 | ANTONIO SEGUNDO         | 02:50:48 | 02:50:30 | M5559 |                             | 11 |
| 211 | 328 | DIANA FOX               | 02:50:51 | 02:50:43 | F5559 |                             | 2  |
| 212 | 37  | ANDRE MARQUET           | 02:50:53 | 02:50:39 | M2339 |                             | 66 |
| 213 | 210 | MARC POLICARPO          | 02:50:53 | 02:50:34 | M4044 | INDIVIDUAL                  | 31 |
| 214 | 150 | HÉLIO MARTINS           | 02:51:19 | 02:50:56 | M5054 | ALGARVIANA TEAM             | 19 |
| 215 | 122 | NATALIA GAGO            | 02:52:44 | 02:52:22 | F5054 | OS AMIGOS DO COIRO DA BURRA | 10 |
| 216 | 92  | CARLA REIS              | 02:52:44 | 02:52:30 | F4044 | OS AMIGOS DO COIRO DA BURRA | 10 |
| 217 | 66  | JOÃO FILIPE AFONSO DIAS | 02:53:12 | 02:52:41 | M2339 |                             | 67 |
| 218 | 23  | PAULA FERNANDES         | 02:53:43 | 02:53:43 | F5054 |                             | 11 |
| 219 | 130 | NELSON ALMEIDA          | 02:54:34 | 02:54:15 | M2339 |                             | 68 |
| 220 | 119 | LUIS SILVA              | 02:54:34 | 02:54:16 | M4044 |                             | 32 |
| 221 | 136 | ANDRÉ SILVA             | 02:54:34 | 02:54:18 | M4044 |                             | 33 |
| 222 | 143 | FLAVIO FERNANDES        | 02:55:15 | 02:54:55 | M2339 | 8300 WILD SPORTS            | 69 |
| 223 | 245 | ARMENIO RODRIGUES       | 02:55:36 | 02:55:18 | M4044 |                             | 34 |
| 224 | 195 | TIAGO ASSUNÇÃO          | 02:55:52 | 02:55:22 | M2339 | #NOCAMINHODOBEM             | 70 |
| 225 | 78  | FILIPA SANTOS           | 02:55:52 | 02:55:20 | F2339 | NAST                        | 15 |

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| 226 | 111 | PEDRO BASÍLIO             | 02:55:53 | 02:55:23 | M2339 | #NOCAMINHODOBEM                                | 71 |
| 227 | 173 | PEDRO PAIS                | 02:55:53 | 02:55:22 | M2339 | #NOCAMINHODOBEM                                | 72 |
| 228 | 197 | LUIS MIGUEL S. MACHADO    | 02:55:53 | 02:55:20 | M4549 |                                                | 29 |
| 229 | 288 | MANUELA PEREIRA           | 02:56:51 | 02:56:35 | F5054 |                                                | 12 |
| 230 | 67  | FELI ÁLVAREZ MARTÍN       | 02:57:14 | 02:56:46 | F4549 |                                                | 9  |
| 231 | 240 | ELISA ISABEL BLANCO PEREZ | 02:57:16 | 02:56:47 | F4044 |                                                | 11 |
| 232 | 227 | BRUNO MARTINS             | 02:58:28 | 02:58:14 | M0022 | REBENTA VALETAS TRAIL RUNNERS                  | 7  |
| 233 | 46  | ANA DOMINGUES             | 02:59:57 | 02:59:33 | F4044 | JARDIM FUNCIONAL DE VILA REAL DE SANTO ANTÓNIO | 12 |
| 234 | 301 | JOÃO MARQUES MARQUES      | 03:01:06 | 03:00:53 | M5054 |                                                | 20 |
| 235 | 19  | RAY YOXALL                | 03:01:10 | 03:00:49 | M5559 | ALGARVIANA TEAM                                | 12 |
| 236 | 303 | JOÃO LOPES                | 03:01:38 | 03:01:25 | M2339 |                                                | 73 |
| 237 | 230 | PEDRO GAMITO              | 03:04:54 | 03:04:25 | M4044 | G.D.R. SÃO FRANCISCO DA SERRA                  | 35 |
| 238 | 231 | ANTÓNIO SIMÕES            | 03:04:56 | 03:04:26 | M5559 | G.D.R. SÃO FRANCISCO DA SERRA                  | 13 |
| 239 | 56  | FRANCISCO MARTINS         | 03:07:03 | 03:06:51 | M5559 | ALGARVIANA TEAM                                | 14 |
| 240 | 295 | MARTA PEREIRA             | 03:08:34 | 03:08:09 | F4044 |                                                | 13 |
| 241 | 315 | GORETI BRITO              | 03:10:57 | 03:10:41 | F4044 | SEM EQUIPA                                     | 14 |
| 242 | 53  | CRISTINA GUERREIRO        | 03:11:14 | 03:11:03 | F5054 | ALGARVIANA TEAM                                | 13 |
| 243 | 55  | CARMEN CORREIA            | 03:11:15 | 03:11:03 | F4549 | ALGARVIANA TEAM                                | 10 |
| 244 | 120 | SANDRA AFONSO             | 03:11:54 | 03:11:51 | F4044 |                                                | 15 |
| 245 | 129 | ELIA SALGUEIRO            | 03:11:55 | 03:11:38 | F4044 | PEGADA TAVIRA                                  | 16 |
| 246 | 14  | JOAO ROSA                 | 03:13:36 | 03:13:36 | M5054 | ALGARVIANA TEAM                                | 21 |
| 247 | 123 | ISABEL SILVA              | 03:14:23 | 03:13:54 | F5054 |                                                | 14 |
| 248 | 282 | MARIA HELENA FERREIRA     | 03:14:55 | 03:14:42 | F4044 | "LIGA DOS ÚLTIMOS"                             | 17 |

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| 249 | 281 | ALEXANDRE CARDIGOS       | 03:14:56 | 03:14:41 | M4044 | "LIGA DOS ÚLTIMOS"            | 36 |
| 250 | 104 | HELENA SANTOS            | 03:15:35 | 03:15:15 | F5054 | DEIXEM PASSAR OS COXOS        | 15 |
| 251 | 180 | SANDRA ANDRADE           | 03:15:36 | 03:15:34 | F4044 |                               | 18 |
| 252 | 325 | CHRISTIAN LUIS           | 03:16:15 | 03:15:42 | M4549 |                               | 30 |
| 253 | 200 | MARIA JOÃO               | 03:16:16 | 03:15:47 | F2339 | G.D.R. SÃO FRANCISCO DA SERRA | 16 |
| 254 | 273 | ELISABETE SANTOS         | 03:16:37 | 03:16:23 | F2339 | TRAIL RUNNERS PORTIMÃO        | 17 |
| 255 | 226 | RICARDO GONÇALVES        | 03:16:56 | 03:16:42 | M0022 | REBENTA VALETAS TRAIL RUNNERS | 8  |
| 256 | 168 | SANDRA GUERREIRO         | 03:18:33 | 03:18:09 | F4044 |                               | 19 |
| 257 | 16  | SÓNIA FILIPE             | 03:19:09 | 03:19:06 | F4044 | ALGARVIANA TEAM               | 20 |
| 258 | 84  | RAFAEL LOPEZ             | 03:19:34 | 03:19:14 | M4044 |                               | 37 |
| 259 | 140 | LUIS SILVA               | 03:21:12 | 03:20:41 | M5559 |                               | 15 |
| 260 | 18  | FERNANDO VIEGAS          | 03:23:23 | 03:23:04 | M6099 | ALGARVIANA TEAM               | 11 |
| 261 | 61  | ISABEL DOMINGOS          | 03:23:29 | 03:23:12 | F6099 | ALGARVIANA TEAM               | 1  |
| 262 | 62  | MANUEL DOMINGOS          | 03:23:30 | 03:23:12 | M6099 | ALGARVIANA TEAM               | 12 |
| 263 | 38  | PAULA MARIA GRAÇA SANTOS | 03:23:58 | 03:23:56 | F5559 | ALGARVIANA TEAM               | 3  |
| 264 | 35  | LILIA DURO               | 03:27:37 | 03:27:37 | F5559 | ALGARVIANA TEAM               | 4  |
| 265 | 234 | VITOR MARCELO            | 03:28:23 | 03:28:16 | M2339 |                               | 74 |
| 266 | 287 | ANA SOFIA BEXIGA         | 03:31:16 | 03:31:13 | F2339 |                               | 18 |
| 267 | 83  | OLGA CRISTINA            | 03:32:47 | 04:12:47 | F6099 | ALGARVIANA TEAM               | 2  |
| 268 | 85  | VTORIA GUERREIRO         | 03:32:47 | 04:12:47 | F5054 | ALGARVIANA TEAM               | 16 |
| 269 | 153 | SANDRA NETO              | 03:34:36 | 03:34:34 | M2339 | BOMBEIROS MUNICIPAIS TAVIRA   | 75 |
| 270 | 202 | CRISTINA COELHO          | 03:34:37 | 03:34:10 | F5054 | G.D.R. SÃO FRANCISCO DA SERRA | 17 |
| 271 | 146 | FRANCISCO ROSA           | 03:38:36 | 03:38:29 | M6099 | SANTA IRIA BIKE TEAM          | 13 |

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| 272 | 304 | ANA PEREIRA                  | 03:42:52 | 03:42:39 | F0022 |                             | 2  |
| 273 | 254 | CARLOS BOTELHO               | 03:44:14 | 03:44:10 | M4549 | BOMBEIROS MUNICIPAIS TAVIRA | 31 |
| 274 | 182 | LUÍS BONITO                  | 03:44:16 | 03:44:10 | M2339 | BOMBEIROS MUNICIPAIS TAVIRA | 76 |
| 275 | 213 | RUBÉN JESUS                  | 03:44:16 | 03:44:12 | M2339 | BOMBEIROS MUNICIPAIS TAVIRA | 77 |
| 276 | 108 | GUIDA JESUS                  | 03:53:02 | 03:52:47 | F2339 | CROSSFIT - FARO             | 19 |
| 277 | 159 | NICOLA NASCIMENTO            | 03:54:33 | 03:54:07 | M4549 |                             | 32 |
| 278 | 219 | ANA NEVES                    | 03:54:45 | 03:54:14 | F2339 | ALGARVIANA TEAM             | 20 |
| 279 | 43  | MARIA ALMEIDA                | 03:58:24 | 03:58:13 | F5559 | ALGARVIANA TEAM             | 5  |
| 280 | 158 | CRISTINA CHAVECA             | 03:58:24 | 03:57:59 | F5054 |                             | 18 |
| 281 | 96  | PETRA VIRIATO                | 04:00:49 | 04:00:21 | F4044 |                             | 21 |
| 282 | 320 | CÉLIA REIS                   | 04:00:49 | 04:00:25 | F4044 |                             | 22 |
| 283 | 95  | PAULO ALMEIDA                | 04:00:52 | 04:00:23 | M4044 |                             | 38 |
| 284 | 7   | VITALINA VENTURA             | 04:02:44 | 04:02:27 | F4549 | ALGARVIANA TEAM             | 11 |
| 285 | 77  | MANUEL MARTINS               | 04:11:52 | 04:11:52 | M6099 | MEXE-TE MÓ                  | 14 |
| 286 | 31  | MANUEL FRANCISCO DIAZ ROMERO | 04:23:03 | 04:22:36 | M6099 | TREPAMUNDO                  | 15 |
| 287 | 13  | ANISABEL BORRALHO            | 04:24:54 | 04:24:45 | F4549 | ALGARVIANA TEAM             | 12 |
| 288 | 15  | SANDRA ROSA                  | 04:27:57 | 04:27:41 | F4549 | ALGARVIANA TEAM             | 13 |
| 289 | 34  | ELIZABETE AÇO                | 04:27:58 | 04:27:42 | F5559 | ALGARVIANA TEAM             | 6  |
| 290 | 26  | CELIA DANTAS                 | 04:27:58 | 05:07:58 | F4549 | ALGARVIANA TEAM             | 14 |
| 291 | 2   | EMILIA GOMES                 | 04:27:59 | 04:27:49 | F5559 | ALGARVIANA TEAM             | 7  |
| 292 | 1   | TERESA MOGO                  | 04:28:00 | 04:27:58 | F5054 | ALGARVIANA TEAM             | 19 |
| 293 | 70  | FILOMENA VASCO               | 04:28:01 | 04:27:28 | M5559 | ALGARVIANA TEAM             | 16 |
| 294 | 11  | OSVALDO SERRO                | 04:28:01 | 04:27:29 | M4549 | ALGARVIANA TEAM             | 33 |

