

TRAIL LONGO

28 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	21°C	78%
End	11:10	21°C	78%

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	T/KM
1	241	Diogo Fernandes	offtel runners / afacycles / alive fitness club	Senior Masculino	59:18	59:16	02:07
2	38	Luis Antonio da Rocha Magalhaes	clube náutico de ponte de lima	Veterano M40	01:01:39	01:01:37	02:12
3	188	Mário Barbosa	individual	Veterano M40	01:01:57	01:01:55	02:13
4	74	Amândio Filipe Pires Antunes	individual	Senior Masculino	01:02:08	01:02:06	02:13
5	141	Pedro Sousa	individual	Senior Masculino	01:05:25	01:05:21	02:20
6	113	Jose Barreiro Arias	individual	Senior Masculino	01:05:34	01:04:16	02:21
7	247	Bruno Carlos Bondoso	rb running	Veterano M40	01:05:43	01:05:41	02:22
8	221	Vítor Rodrigues	lince runners	Senior Masculino	01:05:52	01:05:47	02:21
9	228	Nuno Miguel Fernandes	minho aventura	Senior Masculino	01:06:29	01:06:27	02:22
10	179	JOAO HORA FAUSTINO	individual	Veterano M40	01:06:39	01:06:37	02:23
11	37	Jorge Serafim Nogueira Amorim	clube náutico de ponte de lima	Sub 25 Masculino	01:06:41	01:06:38	02:23
12	94	Francisco João da Cruz Fernandes	individual	Senior Masculino	01:06:46	01:06:41	02:23
13	168	ADOLFO GARRIDO FERNANDEZ	individual	Veterano M40	01:07:00	01:06:58	02:24
14	22	Nuno Ferreira	be fitness santo tirso	Sub 25 Masculino	01:07:13	01:07:11	02:24
15	33	Jose Nuno Ferreira	clube montanhismo de braga	Senior Masculino	01:07:18	01:07:15	02:24
16	208	Arsénio Fernandes	individual	Veterano M50	01:08:10	01:08:08	02:26
17	277	andre cunha	vimarunners	Senior Masculino	01:08:32	01:08:24	02:27
18	259	Carlos Coelho	trail me	Senior Masculino	01:08:41	01:08:35	02:27
19	41	Amadeu Teixeira	corre conosco felgueiras	Veterano M50	01:08:47	01:08:39	02:27
20	137	Pedro Ferreira	individual	Senior Masculino	01:09:06	01:09:00	02:28
21	220	Francisco Soares	jobra-associação jovens da branca	Veterano M50	01:09:11	01:09:07	02:28
22	248	Manuel Ferreira	run4all	Veterano M50	01:09:39	01:09:07	02:29
23	35	Rafael Brito Abreu Pereira	clube náutico de ponte de lima	Senior Masculino	01:10:10	01:10:08	02:30
24	80	António José Moreira Araújo	individual	Senior Masculino	01:10:11	01:09:49	02:30
25	49	CARLOS CASTRO	gd airão	Veterano M40	01:10:18	01:10:15	02:31
26	88	´Fernando Costa Antunes	turbulentos	Veterano M50	01:10:24	01:10:21	02:31
27	209	Domingos Baptista Oliveira	individual	Veterano M50	01:10:25	01:10:22	02:31
28	58	Marlene Lopes	grupo desportivo airao	Senior Feminino	01:10:36	01:10:32	02:31
29	180	José Manuel Fins	turbulentos	Veterano M40	01:11:17	01:10:29	02:33
30	4	Filipe Almeida	mfourty	Senior Masculino	01:11:28	01:11:25	02:33
31	169	Álvaro Sousa	individual	Veterano M40	01:12:07	01:11:59	02:35
32	42	Francisco Lemos	corre conosco felgueiras	Veterano M50	01:12:10	01:12:01	02:35
33	24	Augusto Adolfo Pereira Ribeiro	cabritos da cortiça - trail	Veterano M40	01:12:10	01:12:03	02:35
34	210	FERNANDO EDUARDO TEIXEIRA VILELA	individual	Veterano M50	01:12:10	01:12:01	02:35
35	230	Carlos Manuel de Oliveira Brás	nast	Senior Masculino	01:12:37	01:12:34	02:36
36	112	Jorge Barbosa	individual	Senior Masculino	01:12:55	01:12:41	02:36
37	160	Ricardo Miranda	individual	Sub 25 Masculino	01:13:07	01:13:04	02:37
38	197	Paulo Guilherme F. da Silva	individual	Veterano M40	01:13:09	01:12:53	02:37
39	206	Albino Sousa Abreu	individual	Veterano M50	01:13:12	01:13:01	02:37
40	82	Arsénio Eiras de Almeida	individual	Senior Masculino	01:13:13	01:12:43	02:37
41	240	Cirilo Formiga	o praticante	Veterano M50	01:13:14	01:13:05	02:37

Official Timekeeper: Lap2Go	1 / 6	generate 20-Jul-2014 15:14
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[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	T/KM
42	124	Luís Miguel Teixeira Leite Pereira	individual	Senior Masculino	01:13:17	01:13:07	02:37
43	195	Paulo Baltasar Martins	individual	Veterano M40	01:13:22	01:13:16	02:37
44	127	MIGUEL PAREDES	individual	Senior Masculino	01:13:24	01:13:20	02:37
45	214	Luís Gonzaga Pinto	individual	Veterano M50	01:13:25	01:13:09	02:37
46	231	Fernando Carneiro	nast	Senior Masculino	01:13:26	01:13:24	02:37
47	232	Miguel Martins	nast	Senior Masculino	01:13:27	01:13:25	02:37
48	129	Nuno Filipe Frade Janela	individual	Senior Masculino	01:13:29	01:13:27	02:37
49	191	Nuno Simões	individual	Veterano M40	01:13:36	01:13:34	02:38
50	212	José Manuel Cabral e Silva	individual	Veterano M50	01:13:52	01:13:48	02:38
51	235	Pedro Barbosa	not run alone	Senior Masculino	01:14:03	01:13:43	02:39
52	236	Jose Silva	not run alone	Veterano M40	01:14:09	01:13:49	02:39
53	227	Adelino Brito	mfourty	Veterano M50	01:14:29	01:13:57	02:40
54	103	João Dinis	individual	Senior Masculino	01:14:56	01:14:34	02:41
55	50	Alice Manuela Faria Lopes	ginasio fit4fun	Senior Feminino	01:15:06	01:15:04	02:41
56	262	Miguel Araújo	trail me	Veterano M40	01:16:20	01:16:13	02:44
57	258	António Coelho	trail me	Senior Masculino	01:16:20	01:16:13	02:44
58	55	Ricardo Filipe Leal Araujo Ribeiro	ginasio fit4fun	Senior Masculino	01:16:58	01:16:55	02:45
59	57	Luis Filipe de Bastos Pinho	ginasio fit4fun	Veterano M40	01:16:58	01:16:56	02:45
60	52	Carlos Eduardo Costa Cruz Martins	ginasio fit4fun	Senior Masculino	01:16:58	01:16:54	02:45
61	233	Gonçalo Mota	nast	Veterano M40	01:17:03	01:17:01	02:45
62	198	Paulo Jorge Pinho Ferreira	individual	Veterano M40	01:17:03	01:16:36	02:45
63	117	José Sousa	individual	Senior Masculino	01:17:23	01:17:17	02:46
64	177	João Carlos Gonçalves	individual	Veterano M40	01:17:23	01:16:59	02:46
65	268	Ricardo Sousa	transpousada team trail	Senior Masculino	01:17:31	01:17:06	02:46
66	266	Marcelo Fernando Monteiro de Sousa	transpousada team trail	Senior Masculino	01:17:37	01:17:12	02:46
67	245	Paulo Pereira	papakm	Senior Masculino	01:17:42	01:17:34	02:47
68	83	Aurélio Rebelo	individual	Senior Masculino	01:17:46	01:17:20	02:47
69	244	Fernando Monteiro	papakm	Senior Masculino	01:17:47	01:17:38	02:47
70	79	António Carvalho	individual	Senior Masculino	01:17:49	01:17:23	02:47
71	246	Ricardo Fernandes	papakm	Senior Masculino	01:17:50	01:17:41	02:47
72	1	José Ribeiro	individual	Veterano M50	01:18:11	01:16:21	02:48
73	234	Paulo Gomes	no tomorrow running team	Veterano M40	01:18:25	01:18:14	02:48
74	120	Luis Azevedo	individual	Senior Masculino	01:18:26	01:18:16	02:48
75	151	Rui Miguel Castro Martins	individual	Senior Masculino	01:18:32	01:18:23	02:48
76	2	carmen sofia da silva henriques	individual	Senior Feminino	01:18:49	01:18:46	02:49
77	13	Jorge Alberto Lopes Sousa	amigos da montanha	Veterano M40	01:18:55	01:18:38	02:49
78	200	Paulo Sérgio Guimarães Brochado	individual	Veterano M40	01:18:57	01:18:42	02:49
79	44	Arlindo Alves Rodrigues	edv - viana trail	Veterano M40	01:19:09	01:19:04	02:50
80	43	Alexandro Ribeiro	edv - viana trail	Senior Masculino	01:19:12	01:19:07	02:50
81	203	Simão Dias	individual	Veterano M40	01:19:18	01:18:50	02:50
82	185	Lieven Verraest	individual	Veterano M40	01:19:36	01:19:25	02:51
83	108	João Pedro Capa	individual	Senior Masculino	01:19:40	01:18:53	02:51
84	110	JOEL ALPOIM CARIDADE	individual	Senior Masculino	01:19:41	01:19:33	02:51
85	176	Joao Alvaro Mendes Ferreira Capa	individual	Veterano M40	01:19:42	01:18:56	02:51
86	260	Rui Alves	trail me	Senior Masculino	01:19:44	01:19:36	02:51

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	T/KM
87	30	Luis Miguel dos Santos Emidio	casa do benfica em abrantes	Veterano M40	01:19:50	01:19:37	02:51
88	275	Rui Santos	turbulentos	Veterano M50	01:19:51	01:19:19	02:51
89	271	Manuel Alberto Leite Sousa	turbulentos	Veterano M40	01:19:51	01:19:21	02:51
90	152	Sérgio Moreira	individual	Senior Masculino	01:20:06	01:19:56	02:52
91	144	Ricardo Dantas	individual	Senior Masculino	01:20:34	01:20:28	02:53
92	26	Raul Cerdeira	cabritos da cortiça - trail	Veterano M40	01:20:51	01:20:19	02:53
93	27	Victor Mota	cabritos da cortiça - trail	Veterano M40	01:20:52	01:20:20	02:53
94	72	Susana Gabriela Costa Pinto da Neta	individual	Senior Feminino	01:21:03	01:20:55	02:54
95	256	FRANCISCO ARAGÃO	tnt - trilhos natura team	Senior Masculino	01:21:12	01:21:02	02:54
96	61	Ana Campos	individual	Senior Feminino	01:21:28	01:20:48	02:55
97	97	Hélder Silva	individual	Senior Masculino	01:21:28	01:20:46	02:55
98	140	Pedro Romano	individual	Senior Masculino	01:21:30	01:21:22	02:55
99	62	Carla Oliveira	individual	Senior Feminino	01:21:31	01:21:20	02:55
100	249	Pedro Oliveira	running team lantemil	Senior Masculino	01:21:46	01:21:34	02:55
101	134	Paulo Figueiredo	individual	Senior Masculino	01:21:49	01:21:20	02:55
102	20	LUÍS CLÁUDINA	associação de atletismo lebres do sado	Veterano M50	01:22:00	01:21:42	02:56
103	29	José Luís Lopes	casa do benfica de santo tirso	Senior Masculino	01:22:14	01:21:55	02:56
104	142	PIRES	individual	Senior Masculino	01:22:15	01:22:09	02:56
105	59	Helder Carvalho	icc	Senior Masculino	01:22:19	01:21:56	02:56
106	255	Fernando Gabriel Reis Leite	tnt - trilhos natura team	Senior Masculino	01:22:49	01:22:39	02:57
107	51	Angelo Pinho	ginasio fit4fun	Senior Masculino	01:23:02	01:22:58	02:58
108	154	Vítor Paulo Duarte Caldeira	individual	Senior Masculino	01:23:24	01:23:16	02:59
109	54	Jose Luis Almeida Jesus	ginasio fit4fun	Senior Masculino	01:23:25	01:23:22	02:59
110	257	Fábio Resende	tnt - trilhos natura team	Sub 25 Masculino	01:23:41	01:23:31	02:59
111	118	José Vidal	individual	Senior Masculino	01:24:07	01:23:28	03:00
112	106	Joao Manuel Maciel Linhares	individual	Senior Masculino	01:24:45	01:24:23	03:02
113	278	Casimiro Fernandes	vitória sport clube	Veterano M50	01:24:48	01:24:39	03:02
114	77	André Macedo	individual	Senior Masculino	01:24:57	01:24:27	03:02
115	270	João Costa	turbulentos	Veterano M40	01:25:13	01:24:44	03:03
116	276	José Ribeiro	vamos lá	Veterano M40	01:25:16	01:25:12	03:03
117	25	José Carlos Ramalho	cabritos da cortiça - trail	Veterano M40	01:25:17	01:25:07	03:03
118	218	RUI EDUARDO PEREIRA	individual	Veterano M50	01:25:28	01:25:13	03:03
119	23	Ricardo Couto	cabritos da cortiça - trail	Senior Masculino	01:25:33	01:25:10	03:03
120	163	Raquel Guimarães	individual	Veterana F40	01:25:52	01:25:49	03:04
121	181	José Mendes	individual	Veterano M40	01:25:59	01:25:56	03:04
122	116	José Pedro Teixeira Duarte	individual	Senior Masculino	01:26:02	01:25:48	03:04
123	194	Paulo Alexandre Lema Pelicano	individual	Veterano M40	01:26:03	01:25:59	03:04
124	182	José Miguel Dinis Ferreira Silva	individual	Veterano M40	01:26:16	01:25:42	03:05
125	3	Manuel Silvataria	individual	Senior Masculino	01:26:20	01:26:15	03:05
126	53	Jorge Miguel Gomes da Costa	ginasio fit4fun	Senior Masculino	01:26:21	01:26:16	03:05
127	263	Paulo Faria	trail me	Veterano M40	01:26:36	01:26:29	03:06
128	123	Luís Miguel Machado Rodrigues	individual	Senior Masculino	01:26:37	01:25:48	03:06
129	190	Nelson César Ferreira da Silva Carvalho	individual	Veterano M40	01:26:38	01:26:28	03:06
130	32	Rui Pedro Campos Pinto	clube desportivo de lousado	Senior Masculino	01:26:40	01:26:21	03:06
131	67	Karola Böhme	individual	Senior Feminino	01:26:45	01:25:27	03:06

Official Timekeeper: Lap2Go	3 / 6	generate 20-Jul-2014 15:14
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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	T/KM
132	21	MÁRIO PINHEIRO	associação de atletismo lebres do sado	Veterano M50	01:26:52	01:26:29	03:06
133	187	MANUEL DOS PASSOS DA SILVA GOMES DA CUNHA	individual	Veterano M40	01:26:56	01:26:48	03:06
134	104	João Filipe Ribeiro Vieira	individual	Senior Masculino	01:27:16	01:26:59	03:07
135	192	Orlando J. Correia	individual	Veterano M40	01:27:17	01:26:58	03:07
136	93	Francisco Ismael Moniz Carneiro	individual	Senior Masculino	01:27:22	01:27:10	03:07
137	40	Artur José Pinto Mendes da Costa	companhia do bazófias	Senior Masculino	01:27:33	01:27:21	03:08
138	171	Celso e Silva de Araújo	individual	Veterano M40	01:27:36	01:27:19	03:08
139	135	Paulo Rodrigues	individual	Senior Masculino	01:27:41	01:26:27	03:08
140	86	Carlos Frederico Pinto Carreira	individual	Senior Masculino	01:27:50	01:27:31	03:08
141	81	Antônio Pedro Pinto de Sousa Teixeira	individual	Senior Masculino	01:28:24	01:28:09	03:09
142	107	João Paulo de Sousa da Mota Miranda	individual	Senior Masculino	01:28:25	01:28:10	03:09
143	183	jose miguel neves	individual	Veterano M40	01:29:04	01:28:48	03:11
144	172	David Lafuente Alves	individual	Veterano M40	01:29:18	01:29:06	03:11
145	173	Filipe Rodrigues Gonçalves	individual	Veterano M40	01:29:20	01:29:08	03:11
146	219	Vasco costa	individual	Veterano M50	01:29:23	01:29:01	03:12
147	60	Vitor Carvalho	icc	Veterano M40	01:29:36	01:29:13	03:12
148	223	Manuel Teixeira	lusos xxi	Senior Masculino	01:31:18	01:30:35	03:16
149	269	Ricardo Oliveira	trilhos d'aventura	Senior Masculino	01:31:23	01:31:08	03:16
150	36	Andreia Carvalho Cunha	clube náutico de ponte de lima	Sub 25 Feminino	01:31:53	01:31:49	03:17
151	34	Sara Correia	clube náutico de ponte de lima	Senior Feminino	01:31:54	01:31:49	03:17
152	202	RENATO VILA COVA	individual	Veterano M40	01:31:55	01:31:28	03:17
153	254	Fernanda Pinho	the beauty and the beasts	Veterana F40	01:31:56	01:31:46	03:17
154	150	Rui Filipe Fernandes de Vasconcelos Rocha	individual	Senior Masculino	01:32:05	01:31:36	03:17
155	207	António Fins	individual	Veterano M50	01:32:13	01:31:23	03:18
156	243	Artur Gonçalves	os flechas	Senior Masculino	01:32:23	01:31:59	03:18
157	242	Estela Gonçalves	os flechas	Senior Feminino	01:32:26	01:32:02	03:18
158	121	Luís Guimaráes	minho aventura	Senior Masculino	01:32:46	01:32:40	03:19
159	253	Mariana Cecilia Pereira Rodrigues	team famalicao/afa cycles	Senior Feminino	01:32:46	01:32:18	03:19
160	73	amancio silva	individual	Senior Masculino	01:32:52	01:32:13	03:19
161	147	Ricardo Teixeira	individual	Senior Masculino	01:32:52	01:32:41	03:19
162	101	Ivo Fernandes	individual	Senior Masculino	01:32:53	01:32:14	03:19
163	87	Duarte Nuno Oliveira	individual	Senior Masculino	01:33:23	01:33:10	03:20
164	229	Valdir Costa	minho aventura	Sub 25 Masculino	01:33:23	01:33:17	03:20
165	145	Ricardo Miguel Oliveira Cunha	individual	Senior Masculino	01:33:23	01:33:20	03:20
166	63	Carla Sousa	individual	Senior Feminino	01:33:24	01:33:11	03:20
167	119	Luís Alves	individual	Senior Masculino	01:33:25	01:33:09	03:20
168	84	Carlos Carvalho	individual	Senior Masculino	01:33:25	01:33:08	03:20
169	148	Rodolfo Carvalho	individual	Senior Masculino	01:33:38	01:33:27	03:21
170	225	Antonio Nogueira	mfourty	Veterano M40	01:34:17	01:33:46	03:22
171	56	Anselmo Jorge Rodrigues Almeida	ginasio fit4fun	Veterano M40	01:34:29	01:34:25	03:22
172	272	António Ferreira	turbulentos	Veterano M50	01:34:41	01:34:11	03:23
173	105	João Graça	individual	Senior Masculino	01:34:47	01:34:29	03:23
174	132	Osvaldo Manuel Dias Ferreira	individual	Senior Masculino	01:34:47	01:34:28	03:23

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	T/KM
175	131	Nuno Lopes	individual	Senior Masculino	01:34:48	01:34:30	03:23
176	68	Patricia SÁNCHEZ PORTALES	individual	Senior Feminino	01:34:52	01:34:22	03:23
177	175	Isaac PACHECO SUÁREZ	individual	Veterano M40	01:34:52	01:34:22	03:23
178	155	Abília Maria Correia da Silva	individual	Sub 25 Feminino	01:34:58	01:34:27	03:24
179	98	Horacio Moreira	individual	Senior Masculino	01:35:41	01:35:11	03:25
180	136	Pedro de Carvalho	individual	Senior Masculino	01:35:47	01:35:11	03:25
181	205	Alberto Valente	individual	Veterano M50	01:36:17	01:35:51	03:26
182	92	Filipe Nogueira	individual	Senior Masculino	01:36:17	01:35:50	03:26
183	109	João Pedro Pereira Araújo	individual	Senior Masculino	01:36:25	01:36:15	03:27
184	222	André Gomes	lusos xxi	Senior Masculino	01:37:43	01:36:59	03:29
185	273	António Santos	turbulentos	Veterano M50	01:37:44	01:37:15	03:29
186	78	andre pinheiro	individual	Senior Masculino	01:38:13	01:38:11	03:30
187	265	Paulo carvalho	trailistas "eu é que sei!"	Veterano M40	01:39:11	01:38:30	03:33
188	170	avelino faria	trailistas "eu é que sei!"	Veterano M40	01:39:12	01:38:32	03:33
189	264	Ricardo Teixeira	trailistas "eu é que sei!"	Senior Masculino	01:39:13	01:38:33	03:33
190	239	Sérgio Marques	o mundo da corrida	Sub 25 Masculino	01:39:27	01:39:00	03:33
191	238	Fábio Soares Lourenço	o mundo da corrida	Senior Masculino	01:39:27	01:39:00	03:33
192	19	PAULO SANTOS	associação de atletismo lebres do sado	Veterano M40	01:39:29	01:39:02	03:33
193	17	PAULO CONCEIÇÃO	associação de atletismo lebres do sado	Veterano M40	01:39:30	01:39:06	03:33
194	186	manuel carlos carvalho sousa	individual	Veterano M40	01:39:30	01:38:21	03:33
195	18	PAULO MOTA	associação de atletismo lebres do sado	Veterano M40	01:39:30	01:39:06	03:33
196	71	Silvia Vieira	individual	Senior Feminino	01:39:54	01:39:39	03:34
197	69	Rui Silva	individual	Senior Feminino	01:39:55	01:39:40	03:34
198	274	Francisco António dos Santos Costa	turbulentos	Veterano M50	01:39:58	01:39:27	03:34
199	196	Paulo Correia Alves	individual	Veterano M40	01:41:18	01:41:02	03:37
200	114	José Dias	individual	Senior Masculino	01:42:18	01:41:44	03:39
201	90	Filipe Cardoso	individual	Senior Masculino	01:42:19	01:41:44	03:39
202	99	Hugo José Cardoso Teixeira	individual	Senior Masculino	01:42:20	01:41:46	03:39
203	31	Raquel da Silva Neiva	clube desportivo de lousado	Senior Feminino	01:43:06	01:42:47	03:41
204	12	Fernanda Cardoso	aasm	Veterana F50	01:43:46	01:43:25	03:42
205	166	Sofia Coelho	individual	Veterana F40	01:44:01	01:43:51	03:43
206	165	Séverine Boiteau	individual	Veterana F40	01:44:28	01:44:23	03:44
207	251	Ricardo Heleno	s&h	Senior Masculino	01:45:51	01:45:20	03:47
208	250	Ana Rita Silva	s&h	Senior Feminino	01:45:53	01:45:23	03:47
209	267	Nuno Filipe Antunes da Silva	turbulentos	Senior Masculino	01:47:02	01:46:37	03:49
210	100	hugo tavares	individual	Senior Masculino	01:47:19	01:46:27	03:50
211	139	Pedro Marques	individual	Senior Masculino	01:47:19	01:46:28	03:50
212	128	Nuno Cardoso	individual	Senior Masculino	01:47:19	01:46:28	03:50
213	138	Pedro Macedo Neves	individual	Senior Masculino	01:47:20	01:46:28	03:50
214	199	Paulo Manuel Martins	individual	Veterano M40	01:47:28	01:47:12	03:50
215	162	Maria de Azevedo Martins	individual	Veterana F40	01:47:29	01:47:13	03:50
216	45	Catarina Cordeiro Costa	fama runners	Senior Feminino	01:47:33	01:47:18	03:50
217	153	VITOR HUGO PIMENTA	individual	Senior Masculino	01:47:33	01:47:00	03:50
218	46	Patrícia Pereira	fama runners	Senior Feminino	01:47:34	01:47:20	03:51
219	167	Carlos Brito	turbulentos	Veterano M40	01:51:26	01:50:53	03:59

28 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	t/KM
220	111	Joel José Ginga	individual	Senior Masculino	01:52:25	01:51:29	04:01
221	102	João David Branco Ribeiro	individual	Senior Masculino	01:55:43	01:55:25	04:08
222	16	LUÍS MIGUEL	associação de atletismo lebres do sado	Veterano M40	01:58:58	01:58:21	04:15
223	14	DINA MOTA	associação de atletismo lebres do sado	Veterana F40	01:58:58	01:58:35	04:15
224	15	MAFALDA NUNES	associação de atletismo lebres do sado	Veterana F40	01:59:01	01:58:43	04:15
225	211	Jorge Manuel Conceição Pereira	individual	Veterano M50	01:59:23	01:58:53	04:16
226	161	Carla Moreira	individual	Veterana F40	02:00:57	02:00:26	04:19
227	204	Victor Ventura	individual	Veterano M40	02:01:41	02:01:30	04:21
228	70	Sandra Lopes	individual	Senior Feminino	02:01:42	02:01:31	04:21
229	261	António Grande	trail me	Veterano M40	02:03:37	02:03:27	04:25
230	178	João Carlos Malhão Mendes	individual	Veterano M40	02:06:04	02:05:31	04:30
231	143	Raphael Simões Fernandes Stanzani	individual	Senior Masculino	02:11:06	02:09:27	04:41