

TRAIL 30K - STAGE 1

30 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	14,9°C	100%
End	14:39	14.9°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	58	JOSE MARTINS	ozxtreme	Veterano M50	02:55:44		05:51
2	50	Ricardo Almeida	morcegos trail	Senior Masculino	03:03:09	+07:24	06:06
3	33	Marco Figueira	individual	Senior Masculino	03:07:27	+11:43	06:15
4	14	Humberto Silva	aztrail/mercentro	Veterano M40	03:10:32	+14:48	06:21
5	57	Manuel Silva	ozxtreme	Senior Masculino	03:10:32	+14:48	06:21
6	7	Fábio Lopes	agd sports academy	Senior Masculino	03:13:51	+18:06	06:28
7	56	Jerry Bettencourt	ozxtreme	Senior Masculino	03:15:32	+19:47	06:31
8	95	PAULO JORGE GOMES DUARTE	individual	Veterano M40	03:17:41	+21:57	06:35
9	15	Fernando Baltazar	aztrail/mercentro	Veterano M50	03:20:05	+24:20	06:40
10	20	Valter Semedo Matos	centro trail carlos sá penacova team	Senior Masculino	03:24:03	+28:18	06:48
11	22	Tony Graça	dci/associação trilhos luso bussaco	Veterano M50	03:28:42	+32:57	06:57
12	59	André Ferreira	ozxtreme/adcrpereira	Senior Masculino	03:32:13	+36:28	07:04
13	25	ALICE LOPES	ginasio fit4fun	Veterana F40	03:33:02	+37:17	07:06
14	11	Frederico Carvalho	aztrail/mercentro	Senior Masculino	03:35:12	+39:27	07:10
15	28	Leonel Calvo	individual	Senior Masculino	03:35:13	+39:28	07:10
16	24	João Moreira	g.d.ronda	Veterano M40	03:38:54	+43:09	07:18
17	63	André Ferreira	s.c.paradela	Senior Masculino	03:40:02	+44:17	07:20
18	29	Luís Azevedo	individual	Senior Masculino	03:46:39	+50:54	07:33
19	55	Agnelo Silva	ozxtreme	Senior Masculino	03:46:53	+51:08	07:34
20	41	Nuno Saraiva	individual	Veterano M40	03:52:50	+57:05	07:46
21	34	Mário Galhano	individual	Senior Masculino	03:52:50	+57:05	07:46
22	5	LUIS FERREIRA	acd os ilhavos	Senior Masculino	03:53:39	+57:55	07:47
23	65	LICÍNIO MANUEL SARAGOÇA COSTA	tainadas run team	Veterano M40	03:55:23	+59:38	07:51
24	16	Luís Mesquita	bustos runners	Veterano M40	03:55:42	+59:58	07:51
25	32	Márcio Miguel Torres da Silva	individual	Senior Masculino	03:59:12	+01:03:28	07:58
26	1	RICARDO SANTA	equipa santos	Veterano M40	03:59:26	+01:03:42	07:59
27	62	Daniela Silva	s.c.paradela	Senior Feminino	04:01:17	+01:05:33	08:03
28	39	José Vidal	individual	Veterano M40	04:01:18	+01:05:33	08:03
29	9	Rúben Pereira Marques	agd sports academy	Senior Masculino	04:04:07	+01:08:22	08:08
30	51	nuno jaime	nuno jaime	Veterano M40	04:09:59	+01:14:14	08:20
31	54	Joselito Pereira	out 2 run/miro	Veterano M40	04:12:14	+01:16:30	08:24
32	35	Ricardo Miguel Grangeia de Oliveira	individual	Senior Masculino	04:15:11	+01:19:26	08:30
33	40	Nuno Santiago	individual	Veterano M40	04:16:04	+01:20:19	08:32
34	19	Nuno Mariz	cc family	Veterano M40	04:17:18	+01:21:33	08:35
35	44	Sérgio Simões Martins	individual	Veterano M40	04:19:46	+01:24:02	08:40
36	27	Bruno Martins	individual	Senior Masculino	04:19:47	+01:24:02	08:40
37	37	Claudia cálix	individual	Veterana F40	04:20:53	+01:25:09	08:42
38	42	Paulo Silva	individual	Veterano M40	04:26:52	+01:31:07	08:54
39	23	José Pires	esadof	Veterano M40	04:29:53	+01:34:09	09:00
40	47	DANIEL ALEXANDRE	laac - bike & sport	Senior Masculino	04:30:28	+01:34:43	09:01

30 KM

[illegible][illegible]

Official Timekeeper: Lap2Go	2 / 2	generate 14-abr-2019 14:45
-----------------------------	-------	----------------------------

Trail 30k

30 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	14,9°C	100%
End	14:39	14.9°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	62	Daniela Silva	S.C.Paradela	Senior Feminino	04:01:17	+01:05:33	08:03
2	26	Ana Luísa	Individual	Senior Feminino	04:35:25	+01:39:41	09:11
3	21	Eunice Magalhães	DCI/Associação Trilhos Luso Bussaco	Senior Feminino	05:04:35	+02:08:51	10:09

Senior Masculino

1	50	Ricardo Almeida	Morcegos Trail	Senior Masculino	03:03:09	+07:24	06:06
2	33	Marco Figueira	Individual	Senior Masculino	03:07:27	+11:43	06:15
3	57	Manuel Silva	OZxtreme	Senior Masculino	03:10:32	+14:48	06:21
4	7	Fábio Lopes	AGD SPORTS ACADEMY	Senior Masculino	03:13:51	+18:06	06:28
5	56	Jerry Bettencourt	OzXtreme	Senior Masculino	03:15:32	+19:47	06:31
6	20	Valter Semedo Matos	Centro Trail Carlos Sá Penacova Team	Senior Masculino	03:24:03	+28:18	06:48
7	59	André Ferreira	Ozxtreme/ADCRPereira	Senior Masculino	03:32:13	+36:28	07:04
8	11	Frederico Carvalho	AZtrail/Mercentro	Senior Masculino	03:35:12	+39:27	07:10
9	28	Leonel Calvo	Individual	Senior Masculino	03:35:13	+39:28	07:10
10	63	André Ferreira	S.C.Paradela	Senior Masculino	03:40:02	+44:17	07:20
11	29	Luís Azevedo	Individual	Senior Masculino	03:46:39	+50:54	07:33
12	55	Agnelo Silva	OzXtreme	Senior Masculino	03:46:53	+51:08	07:34
13	34	Mário Galhano	Individual	Senior Masculino	03:52:50	+57:05	07:46
14	5	LUIS FERREIRA	ACD OS ÍLHAVOS	Senior Masculino	03:53:39	+57:55	07:47
15	32	Márcio Miguel Torres da Silva	Individual	Senior Masculino	03:59:12	+01:03:28	07:58
16	9	Rúben Pereira Marques	AGD SPORTS ACADEMY	Senior Masculino	04:04:07	+01:08:22	08:08
17	35	Ricardo Miguel Grangeia de Oliveira	Individual	Senior Masculino	04:15:11	+01:19:26	08:30
18	27	Bruno Martins	Individual	Senior Masculino	04:19:47	+01:24:02	08:40
19	47	DANIEL ALEXANDRE	LAAC - BIKE & SPORT	Senior Masculino	04:30:28	+01:34:43	09:01
20	49	RICARDO HENRIQUES	LAAC - BIKE & SPORT	Senior Masculino	04:30:31	+01:34:46	09:01
21	10	Nuno Almeida	Atletismo Clube da Tocha	Senior Masculino	04:32:54	+01:37:10	09:06
22	18	Bruno Rei	CC Family	Senior Masculino	04:39:54	+01:44:09	09:20
23	36	Rui santos	Individual	Senior Masculino	04:44:29	+01:48:44	09:29
24	31	Luís Gomes	Individual	Senior Masculino	04:47:29	+01:51:45	09:35
25	48	PEDRO HENRIQUES	LAAC - BIKE & SPORT	Senior Masculino	04:52:54	+01:57:09	09:46
26	12	Tiago Silva	AZtrail/Mercentro	Senior Masculino	05:06:03	+02:10:18	10:12

Veterana F40

1	25	ALICE LOPES	GINASIO FIT4FUN	Veterana F40	03:33:02	+37:17	07:06
---	----	-------------	-----------------	--------------	----------	--------	-------

Trail 30k

30 KM

[illegible]

OFFICIAL RESULT

[illegible]

2	37	Claudia cálix	Individual	Veterana F40	04:20:53	+01:25:09	08:42
---	----	---------------	------------	--------------	----------	-----------	-------

Veterana F50

1	53	Jacinta Almeida	out 2 run/Miro	Veterana F50	05:20:50	+02:25:05	10:42
---	----	-----------------	----------------	--------------	----------	-----------	-------

Veterano M40

1	14	Humberto Silva	AZtrail/Mercentro	Veterano M40	03:10:32	+14:48	06:21
2	95	PAULO JORGE GOMES DUARTE	Individual	Veterano M40	03:17:41	+21:57	06:35
3	24	João Moreira	G.D.Ronda	Veterano M40	03:38:54	+43:09	07:18
4	41	Nuno Saraiva	Individual	Veterano M40	03:52:50	+57:05	07:46
5	65	LICÍNIO MANUEL SARAGOÇA COSTA	Tainadas Run Team	Veterano M40	03:55:23	+59:38	07:51
6	16	Luís Mesquita	Bustos Runners	Veterano M40	03:55:42	+59:58	07:51
7	1	RICARDO SANTA	equipa santos	Veterano M40	03:59:26	+01:03:42	07:59
8	39	José Vidal	Individual	Veterano M40	04:01:18	+01:05:33	08:03
9	51	nuno jaime	nuno jaime	Veterano M40	04:09:59	+01:14:14	08:20
10	54	Joselito Pereira	out 2 run/Miro	Veterano M40	04:12:14	+01:16:30	08:24
11	40	Nuno Santiago	Individual	Veterano M40	04:16:04	+01:20:19	08:32
12	19	Nuno Mariz	CC Family	Veterano M40	04:17:18	+01:21:33	08:35
13	44	Sérgio Simões Martins	Individual	Veterano M40	04:19:46	+01:24:02	08:40
14	42	Paulo Silva	Individual	Veterano M40	04:26:52	+01:31:07	08:54
15	23	José Pires	ESADOF	Veterano M40	04:29:53	+01:34:09	09:00
16	2	ANDRÉ SANTA	equipa santos	Veterano M40	04:31:26	+01:35:41	09:03

Veterano M50

1	58	JOSE MARTINS	OzXtreme	Veterano M50	02:55:44	05:51
2	15	Fernando Baltazar	AZtrail/Mercentro	Veterano M50	03:20:05	+24:20 06:40
3	22	Tony Graça	DCI/Associação Trilhos Luso Bussaco	Veterano M50	03:28:42	+32:57 06:57