

TRAIL 30K - STAGE 1

30 KM

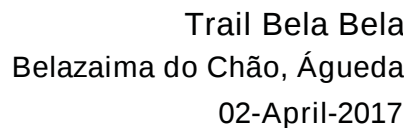
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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:15	9.4°C	80%
End	15:03	9.4°C	80%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	19	Heitor Costa	fundiven s.a.	Veterano M40	03:12:10		06:24
2	5	Marco Ferreira	ozxtreme/rda	Senior Masculino	03:17:58	+05:48	06:36
3	40	JOÃO FERREIRA	laac-bike&sport	Veterano M40	03:18:47	+06:37	06:38
4	11	Fernando Baltazar	atac - águeda trail aventura clube	Veterano M40	03:21:03	+08:53	06:42
5	13	Pepe Faria	dc\ccdrpedrulha-mealhada	Senior Masculino	03:34:40	+22:29	07:09
6	44	David Carvalho	ozxtreme/rda	Senior Masculino	03:36:29	+24:19	07:13
7	24	hugo ventura	individual	Senior Masculino	03:42:30	+30:20	07:25
8	12	Nuno Saraiva	atac - águeda trail aventura clube	Veterano M40	03:44:35	+32:24	07:29
9	31	Pedro Lopes	individual	Senior Masculino	03:45:18	+33:07	07:31
10	9	Tiago dos Santos Silva	águeda action club actib	Senior Masculino	03:48:49	+36:39	07:38
11	14	Tony Graça	dc\ccdrpedrulha-mealhada	Veterano M50	03:51:25	+39:15	07:43
12	21	André Miguel Jesus Simões	individual	Senior Masculino	03:53:18	+41:07	07:47
13	22	André Ribeiro Almeida	individual	Senior Masculino	03:53:18	+41:07	07:47
14	50	Eduardo Meireles	umelga runners	Veterano M50	03:58:52	+46:42	07:58
15	23	Hugo Miguel Silva Santos	individual	Senior Masculino	04:04:45	+52:35	08:10
16	18	Tony Seródio	espaço saúde	Veterano M40	04:11:30	+59:19	08:23
17	17	Ricardo José Marques Fernandes	espaço saúde	Senior Masculino	04:11:30	+59:19	08:23
18	26	José Sereno	individual	Senior Masculino	04:11:43	+59:33	08:23
19	47	João Domingues	pés troikados - cscs	Veterano M40	04:15:59	+01:03:49	08:32
20	45	Sérgio Varela	ozxtreme/rda	Senior Masculino	04:20:18	+01:08:08	08:41
21	27	José Vidal	individual	Senior Masculino	04:23:05	+01:10:54	08:46
22	42	João Pedro Oliveira	lab runners	Senior Masculino	04:25:49	+01:13:39	08:52
23	7	Gonçalo Miguel Pereira Vergueiro	adabem running team	Senior Masculino	04:27:05	+01:14:55	08:54
24	34	Ricardo Torres Sousa	individual	Senior Masculino	04:38:49	+01:26:39	09:18
25	28	Miguel Quinta	individual	Senior Masculino	04:41:51	+01:29:40	09:24
26	6	ANA LUISA MELO	a.d.travasso	Senior Feminino	04:51:16	+01:39:06	09:43
27	32	Renato César Ribeiro	individual	Senior Masculino	04:56:36	+01:44:25	09:53
28	37	Paulo Jorge Ferreira da Silva	individual	Veterano M40	04:56:36	+01:44:25	09:53
29	36	José Campar	individual	Veterano M40	04:59:29	+01:47:18	09:59
30	20	Eunice Magalhães	individual	Senior Feminino	04:59:29	+01:47:18	09:59
31	41	Hélder Silva	lab runners	Senior Masculino	05:12:41	+02:00:30	10:25
32	16	Milton Reis	espaço saúde	Senior Masculino	05:17:06	+02:04:55	10:34
33	38	Telmo Martins	individual	Veterano M40	05:35:47	+02:23:36	11:12
34	33	Ricardo Manuel Horta Patrício	individual	Senior Masculino	05:39:21	+02:27:11	11:19
35	49	Cristiana Machado	team lantemil	Senior Feminino	05:41:23	+02:29:13	11:23



30 KM

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8	36	José Campar	Individual	Veterano M40	04:59:29	+01:47:18	09:59
9	38	Telmo Martins	Individual	Veterano M40	05:35:47	+02:23:36	11:12

1	14	Tony Graça	DCIICDRPedrulha-Mealhada	Veterano M50	03:51:25	07:43
2	50	Eduardo Meireles	Umelga Runners	Veterano M50	03:58:52	+07:27 07:58