

32KMS - STAGE 1

32 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	9.7°C	93%
End	14:25	9.7°C	93%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	2193	Ruben Veloso	EDV - Viana Trail	02:30:49		04:43	
2	2196	Emilio Montilla Fernandez	EDV - Viana Trail	02:38:19	+07:30	04:57	
3	2105	Adrian Rodriguez Diaz	Boavista Trail	02:43:08	+12:19	05:06	
4	2075	Rui Pedro Rodrigues Romão	Individual	02:43:51	+13:02	05:07	
5	2167	Jose Martín Fontán Arnejo	Boavista Trail	02:44:59	+14:10	05:09	
6	2095	Jorge Oca	team obaya	02:45:20	+14:31	05:10	
7	2001	Pablo Freijanes	Boavista Trail	02:46:04	+15:15	05:11	
8	2125	Tiago Rafael Mendes Duarte	Atletismo Clube da Tocha	02:46:23	+15:34	05:12	
9	2178	Filipe Alves Guerra	CCDR Colmeal da Torre	02:48:32	+17:43	05:16	
10	2146	Joel Sousa Pinto	Marco 09	02:51:59	+21:10	05:22	
11	2197	Joaquim Fernando Duarte	Dá-lhe Gás Trail Team Fisioduo	02:52:50	+22:01	05:24	
12	2111	José Pedro Sousa Dias	Dá-lhe Gás Trail Team Fisioduo	02:56:57	+26:08	05:32	
13	2096	Joaquim Gonçalves Sousa	Saca Trilhos Anadia	02:57:26	+26:37	05:33	
14	2102	José António Rodrigues Sequeira	Montanha Clube Trail Running/Efapel	02:57:57	+27:08	05:34	
15	2187	Nuno Miguel da Rocha Nunes	FACTOR X / S4L / MEDENSE FC	02:58:46	+27:57	05:35	
16	2177	Jose Nuno Paiva	Cães d'Avenida	03:00:43	+29:54	05:39	
17	2099	Paulo alexandre almeida nogueira	Montanha Clube Trail Running/Efapel	03:01:29	+30:40	05:40	
18	2122	Carlos Alberto Prudêncio	Dá-lhe Gás Trail Team Fisioduo	03:01:35	+30:46	05:40	
19	2192	Joao Luis Fernandes Afonso	Academia Desportiva de Arcos de Valdevez	03:02:07	+31:18	05:41	
20	2060	Bruno Eusébio da Rocha Pereira	O que queremos é monte	03:03:01	+32:12	05:43	
21	2207	Jesús Campaña Parada	Tribu Trail	03:03:19	+32:30	05:44	
22	2061	David Gonçalves	FACTOR X / S4L / MEDENSE FC	03:03:20	+32:31	05:44	
23	2042	FERNANDO CARVALHO	Nos Acreditamos	03:03:21	+32:32	05:44	
24	2165	Pedro Vale	ARCA BarceloS runners	03:03:31	+32:42	05:44	
25	2002	Fátima Melo	LOVE TILES	03:04:23	+33:34	05:46	
26	2112	Abílio Martins	Dá-lhe Gás Trail Team Fisioduo	03:06:26	+35:37	05:50	
27	2100	Fernando Manuel Simões Bastos	Montanha Clube Trail Running/Efapel	03:06:40	+35:51	05:50	
28	2110	Adérito Oliveira	Dá-lhe Gás Trail Team Fisioduo	03:07:55	+37:06	05:52	
29	2059	Daniel	FACTOR X / S4L / MEDENSE FC	03:08:15	+37:26	05:53	
30	2088	Carlos Silva	AIRORUN	03:08:33	+37:44	05:54	
31	2040	JOSE MANUEL PINTO	Nos Acreditamos	03:08:36	+37:47	05:54	
32	2041	FRANCISCO LEMOS	Nos Acreditamos	03:09:19	+38:30	05:55	
33	2138	Sérgio Miguel Mesquita Ramos	EDV - Viana Trail	03:10:30	+39:41	05:57	
34	2056	Hélio David Abreu da Silva	Phoenix-Evorun	03:11:53	+41:04	06:00	
35	2037	Jose Rocha	Associação Desportiva De Carvalhal	03:12:00	+41:11	06:00	
36	2080	Pedro Alexandre Magalhães Castro	Clube Efacec	03:12:18	+41:29	06:01	
37	2021	João Barbosa	Global Trail	03:12:30	+41:41	06:01	
38	2137	Filipe Oliveira Ramos	NA	03:12:37	+41:48	06:01	
39	2044	Nuno Miguel Silva Moreira	TEAM TT	03:13:04	+42:15	06:02	
40	2107	Carla Isabel Correia Sousa Santos	Montanha Clube Trail Running/Efapel	03:13:05	+42:16	06:02	
41	2121	Rui Domingos Cardoso de Sousa	Academia Desportiva de Arcos de Valdevez	03:13:28	+42:39	06:03	
42	2091	Paulo Sérgio Magalhães Castro	Clube Efacec	03:13:49	+43:00	06:03	

Official Timekeeper: Lap2Go	1 / 5	generate 19-Nov-2019 11:15
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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	2094	ANDREIA CRUZ CORREIA	EDV - Viana Trail	03:14:01	+43:12	06:04	
44	2124	David Sérgio da Silva Madeira	Atletismo Clube da Tocha	03:14:56	+44:07	06:05	
45	2093	Igor Lysyi	AIRORUN	03:16:02	+45:13	06:08	
46	2181	Stephane simoes	EDV - Viana Trail	03:16:39	+45:50	06:09	
47	2009	Ricardo de Almeida Pinho Carmo	CDM Running	03:17:01	+46:12	06:09	
48	2163	Telmo Silva	A.D.Amarante	03:18:02	+47:13	06:11	
49	2204	Goreti Correia	EDV - Viana Trail	03:18:15	+47:26	06:12	
50	2208	Silvia Casal Dominguez	Boavista Trail	03:18:44	+47:55	06:13	
51	2068	Nuno Barros	FACTOR X / S4L / MEDENSE FC	03:19:07	+48:18	06:13	
52	2055	Luis Vázquez Reiriz	Tribu Trail	03:20:48	+49:59	06:16	
53	2191	Paula Alexandra Amorim da Costa	Academia Desportiva de Arcos de Valdevez	03:20:53	+50:04	06:17	
54	2155	José Manuel Jesus Zananar	A. C. TOCHA	03:20:53	+50:04	06:17	
55	2172	Paulo Filipe	ADE Trail Running	03:21:35	+50:46	06:18	
56	2023	Carlos Manuel Sousa Miranda	Individual	03:21:53	+51:04	06:19	
57	2019	João Tinoco	Individual	03:22:50	+52:01	06:20	
58	2205	Paulo Jorge Sarmento	Grupo Desportivo de Bragança - GDB Atletismo	03:23:16	+52:27	06:21	
59	2200	Luís Filipe Correia Ferraz	GTT-ARMAZÉM DO CAFFÉ	03:23:48	+52:59	06:22	
60	2064	António Rocha	FACTOR X / S4L / MEDENSE FC	03:24:03	+53:14	06:23	
61	2209	Jorge Novoa Perez	C.A.R. MARISQUEIRO	03:24:29	+53:40	06:23	
62	2103	Aida Campos Hernandez	TEAM OBAYA	03:24:46	+53:57	06:24	
63	2067	Pierre-Charles	Team 72	03:24:56	+54:07	06:24	
64	2015	Ricardo Jorge Teixeira Dantas	Crocodilos/MisterPC	03:25:28	+54:39	06:25	
65	2139	Paulo Ricardo Novais de Oliveira	VIDAATIVARUNNERS	03:26:20	+55:31	06:27	
66	2082	Nuno António Monteiro Pereira Saavedra Duarte	Pimentinhas	03:26:33	+55:44	06:27	
67	2117	Nuno Campos	Bora lá!	03:27:12	+56:23	06:28	
68	2046	Orlando Xavier Gomes Amorim	A.D.CARVALHAL	03:27:39	+56:50	06:29	
69	2076	Silvia Maria Ferreirinha Santos	Individual	03:28:09	+57:20	06:30	
70	2092	Manuel Gomes	Academia Desportiva de Arcos de Valdevez	03:28:47	+57:58	06:31	
71	2077	José Manuel Rodrigues Fernandes	Academia Desportiva de Arcos de Valdevez	03:28:47	+57:58	06:31	
72	2104	Ivan Varela Diaz	Individual	03:29:12	+58:23	06:32	
73	2157	Tiago José Duarte Jardim Gonçalves	Individual	03:29:37	+58:48	06:33	
74	2083	Carlos Manuel Monteiro Martins	Gilmonde Running Team	03:29:44	+58:55	06:33	
75	2008	Jorge Ferreira Gomes	Outlaw runners	03:29:47	+58:58	06:33	
76	2166	Luís Neco	ARCA BarceloS runners	03:29:58	+59:09	06:34	
77	2028	Rui Juvenal Rodrigues de Andrade	Crocodilos/MisterPC	03:30:16	+59:27	06:34	
78	2123	Manuel António Carvalhosa Alves	Icarus Running Team	03:31:14	+01:00:25	06:36	
79	2126	Susana Simões	EDV - Viana Trail	03:31:16	+01:00:27	06:36	
80	2113	Antonio Carlos Silva Teixeira	Individual	03:31:18	+01:00:29	06:36	
81	2051	António Torres Manso	Individual	03:32:26	+01:01:37	06:38	
82	2153	Manuel Campos Costa	TEAM LANTEMIL	03:32:43	+01:01:54	06:39	
83	2070	Fernando Soares	Linces do Marão	03:33:00	+01:02:11	06:39	
84	2049	Nuno Ricardo Soares de Sá	Individual	03:33:07	+01:02:18	06:40	
85	2062	Joaquim Carvalho	FACTOR X / S4L / MEDENSE FC	03:34:16	+01:03:27	06:42	
86	2175	José Carlos Rodrigues Cardoso	ARCA BarceloS runners	03:36:14	+01:05:25	06:45	
87	2116	Paula da silva barbosa	Oralklass-Amigos do Trail	03:36:44	+01:05:55	06:46	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	2129	Eduardo Carlos Rigueiro Garcia	Atletismo Clube da Tocha	03:37:42	+01:06:53	06:48	
89	2025	Flávio André Alves Sampaio	A D ESMERIZ RUNNING	03:37:54	+01:07:05	06:49	
90	2034	Luís Nuno Escortell Sendao	LETHES TRAIL TEAM	03:40:37	+01:09:48	06:54	
91	2047	Vitor Manuel de Fontes Folgado	Outlaw runners	03:40:41	+01:09:52	06:54	
92	2029	Simão Pedro Azevedo Ferreira	ADEPE	03:41:07	+01:10:18	06:55	
93	2043	Ivo Daniel Azevedo Sampaio	TEAM TT	03:42:03	+01:11:14	06:56	
94	2038	FRANCISCO FONSECA	UNIDOS PELOS TRILHOS	03:44:21	+01:13:32	07:01	
95	2073	Bruno Alexandre Jesus Resende	Individual	03:46:07	+01:15:18	07:04	
96	2154	Ricardo Miguel Gonçalves Santos Rocha	B.T.M.	03:47:49	+01:17:00	07:07	
97	2180	Rúben Miguel Mendes Alves	CarpeDiemTrailRunning	03:48:09	+01:17:20	07:08	
98	2007	Paulo Jorge Pinho Ferreira	Individual	03:48:12	+01:17:23	07:08	
99	2097	Pedro Miguel Lourenço da Cruz	Clube Efacec	03:48:22	+01:17:33	07:08	
100	2148	Pedro André Ferreira Coelho	TEAM LANTEMIL	03:49:10	+01:18:21	07:10	
101	2152	Luís Filipe Silva Pereira	TEAM LANTEMIL	03:49:10	+01:18:21	07:10	
102	2018	Carl Lubino	Team 72	03:49:33	+01:18:44	07:10	
103	2118	Bruno Miguel Afonso Pinheiro	TRAIL TEAM MONTARIA	03:51:09	+01:20:20	07:13	
104	2074	Diogo Resende	Individual	03:52:15	+01:21:26	07:15	
105	2190	LUIS RIBEIRO	PORTOCARGO RUNNERS	03:52:15	+01:21:26	07:15	
106	2189	MANUELA FARIA	PORTOCARGO RUNNERS	03:52:16	+01:21:27	07:15	
107	2182	PEDRO CALDAS	EDV - Viana Trail	03:52:56	+01:22:07	07:17	
108	2090	Marco Antonio Freire Valente Lopes Pinto	Individual	03:53:23	+01:22:34	07:18	
109	2035	Vitor Manuel Coelho Almeida	Clube Millennium BCP	03:53:24	+01:22:35	07:18	
110	2158	José Filipe da Cunha Borges Alves	DESNIVEL POSITIVO	03:54:30	+01:23:41	07:20	
111	2022	Sartorius henri	Team 72	03:55:49	+01:25:00	07:22	
112	2131	Francisca Luís Ferreira da Costa Leite	Alexandra Carvalho Team	03:56:16	+01:25:27	07:23	
113	2066	Nuno José Fonseca Freitas	CORRER LEÇA	03:57:43	+01:26:54	07:26	
114	2069	Vitor Cancela	Individual	03:58:25	+01:27:36	07:27	
115	2199	José Paulo Teixeira Rodrigues Lima	Afifense Trail	04:01:22	+01:30:33	07:33	
116	2071	José Manuel Duarte Guimarães Vidal	Individual	04:01:25	+01:30:36	07:33	
117	2026	Carlos Manuel Pereira do Couto	Outlaw runners	04:02:44	+01:31:55	07:35	
118	2186	Vitor manuel faria ramalho	B.T.M.	04:02:56	+01:32:07	07:35	
119	2141	Vítor Manuel Silva Cardoso	Individual	04:03:03	+01:32:14	07:36	
120	2169	Firmino Silva	ARCA BarceloS runners	04:03:52	+01:33:03	07:37	
121	2020	Jose Maria Gil Tato	Individual	04:04:21	+01:33:32	07:38	
122	2098	João Pedro Aleixo de Oliveira	Lobo do Mar	04:04:40	+01:33:51	07:39	
123	2170	Benjamim Batista da Cruz	Individual	04:06:09	+01:35:20	07:42	
124	2150	Avelino Fernando Fonseca Ferreira	TEAM LANTEMIL	04:06:47	+01:35:58	07:43	
125	2052	Fatima Vieira	NOCTURNOS DE PAREDES	04:07:56	+01:37:07	07:45	
126	2156	Ana Rita de Barros Carneiro	Minho e Lima Trail	04:08:13	+01:37:24	07:45	
127	2101	Sylvie Duarte	Individual	04:08:17	+01:37:28	07:46	
128	2024	João Pedro Sá	AD Esmeriz	04:08:22	+01:37:33	07:46	
129	2053	Fábio André Mendes Araújo	Individual	04:08:22	+01:37:33	07:46	
130	2078	Pedro Benjamim Gomes Moreira	Individual	04:08:22	+01:37:33	07:46	

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
131	2162	João Gil	A.D.Amarante	04:11:26	+01:40:37	07:51	
132	2030	Rui Manuel Campinho Vilas Boas	Associação Desportiva De Carvalhal	04:11:44	+01:40:55	07:52	
133	2184	Vitor Manuel Morais Coelho	Clube Desportivo Cepsa	04:11:48	+01:40:59	07:52	
134	2004	TANYA PATRICIA DE SOUSA REIS	B.T.M.	04:14:23	+01:43:34	07:57	
135	2033	Eduardo Soares	Individual	04:15:23	+01:44:34	07:59	
136	2089	Andre Nuno Gandarão Dias	Individual	04:16:38	+01:45:49	08:01	
137	2203	Luis Filipe Vilas Boas Campos	Individual	04:16:45	+01:45:56	08:01	
138	2206	Jose Antonio Misa Maciel	TRAIL RUNNING NIGRAN	04:17:33	+01:46:44	08:03	
139	2087	Jose Alberto Martins Ribeiro	Pés de Chumbo Runners	04:18:15	+01:47:26	08:04	
140	2065	Eugénio	FACTOR X / S4L / MEDENSE FC	04:19:00	+01:48:11	08:06	
141	2045	José Pedro Sousa Marques Sá Lima	TEAM TT	04:19:46	+01:48:57	08:07	
142	2149	Mónica Carla Machado Martins	TEAM LANTEMIL	04:20:00	+01:49:11	08:07	
143	2176	André Daniel da Cunha Fernandes	Individual	04:20:25	+01:49:36	08:08	
144	2011	Liseta Pinto	Clube Efacec	04:20:32	+01:49:43	08:08	
145	2160	Carla Alexandra de Barros Ferreira	CORRER LEÇA	04:21:40	+01:50:51	08:11	
146	2036	António Jorge Gomes Alves	Clube Millennium BCP	04:22:23	+01:51:34	08:12	
147	2106	Tiago Torres Caldas	Individual	04:23:53	+01:53:04	08:15	
148	2054	Dores Cachetas	Akuafit	04:24:50	+01:54:01	08:17	
149	2119	Jorge Manuel Ferreira da Silva Marques	TEAM LANTEMIL	04:27:44	+01:56:55	08:22	
150	2210	Mi Conceição Alves Couto	Boavista Trail	04:28:04	+01:57:15	08:23	
151	2140	MANUEL RODRIGUES	CORRER LEÇA	04:28:44	+01:57:55	08:24	
152	2202	Monica leonilde neiva martins ribeiro	GTT-ARMAZÉM DO CAFFÉ	04:31:37	+02:00:48	08:29	
153	2003	Rui Samuel Sousa Carvalho Costa Gonçalves	GTT-ARMAZÉM DO CAFFÉ	04:31:37	+02:00:48	08:29	
154	2212	EDUARDO ANTÓNIO FARIA	ÁGUIAS DE ALVELOS	04:34:15	+02:03:26	08:34	
155	2171	Carol Pereira	ADE Trail Running	04:38:31	+02:07:42	08:42	
156	2173	Juliana Cristina Eiras Novo Pinheiral	ADE Trail Running	04:38:31	+02:07:42	08:42	
157	2133	Luís Alves	GIVEC	04:39:33	+02:08:44	08:44	
158	2081	Luis Filipe Miranda vaz	Phoenix-Evorun	04:39:39	+02:08:50	08:44	
159	2058	Carla Neves	FACTOR X / S4L / MEDENSE FC	04:40:35	+02:09:46	08:46	
160	2130	Catarina Cordeiro e Costa	DESNIVEL POSITIVO	04:42:43	+02:11:54	08:50	
161	2194	Ana Rita Sousa Fornelos	Trogloditas runners	04:44:34	+02:13:45	08:54	
162	2128	Vitor Gonçalves	Trogloditas runners	04:44:36	+02:13:47	08:54	
163	2013	Sandra Maria Silva da Costa	Individual	04:44:50	+02:14:01	08:54	
164	2006	Bruno Manuel Sousa Ferreira	Monte dos Amigos	04:44:51	+02:14:02	08:54	
165	2134	Alcindo Silva	X Trail	04:45:48	+02:14:59	08:56	
166	2161	Sónia Bras	A.D.Amarante	04:45:57	+02:15:08	08:56	
167	2132	Carlos Dias	GIVEC	04:50:42	+02:19:53	09:05	
168	2144	Ricardo Magalhaes	B.T.M.	04:51:32	+02:20:43	09:07	
169	2114	David Manuel De Jesus Barbosa De Sousa	MSS CONTABILIDADE TRAIL TEAM	04:56:54	+02:26:05	09:17	
170	2031	Francisco Pereira da Costa	Individual	05:01:26	+02:30:37	09:25	
171	2079	Sérgio Bastos	TEAM LANTEMIL	05:04:21	+02:33:32	09:31	
172	2145	Cláudia Sofia Magalhães Moura	Individual	05:06:05	+02:35:16	09:34	
173	2159	Valter Filipe Borges da Silva	CORRER LEÇA	05:06:05	+02:35:16	09:34	
174	2012	Artur Fonseca	Ruptura Total	05:07:46	+02:36:57	09:37	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
175	2039	Rui manuel lobo machado pinto da costa	Individual	05:11:40	+02:40:51	09:44	
176	2048	Hugo Ricardo de Oliveira Ventura	Individual	05:14:19	+02:43:30	09:49	
177	2016	Fernando Henrique Almeida Soares	Individual	05:14:20	+02:43:31	09:49	
178	2211	Cláudia Leonilde B. Pereira Pinto	Boavista Trail	05:16:40	+02:45:51	09:54	
179	2147	Margarida Dantas	TEAM LANTEMIL	05:39:40	+03:08:51	10:37	
180	2142	Anabela Batista	DiVE Into the Mountains	05:39:42	+03:08:53	10:37	
181	2143	Diana Moura	DiVE Into the Mountains	05:39:42	+03:08:53	10:37	
182	2085	Joana Carolina Teixeira Da Silva	Foice Team	05:55:07	+03:24:18	11:06	

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	Time	Temperature	Humidity
Start	08:30	9.7°C	93%
End	14:25	9.7°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	2107	Carla Isabel Correia Sousa Santos	Montanha Clube Trail Running/Efapel	Senior Feminino	03:13:04	+42:16	06:02:16
2	2094	ANDREIA CRUZ CORREIA	EDV - Viana Trail	Senior Feminino	03:14:00	+43:11	06:04:11
3	2208	Silvia Casal Dominguez	Boavista Trail	Senior Feminino	03:18:43	+47:54	06:13:37
4	2131	Francisca Luís Ferreira da Costa Leite	Alexandra Carvalho Team	Senior Feminino	03:56:15	+01:25:27	07:23:42
5	2156	Ana Rita de Barros Carneiro	Minho e Lima Trail	Senior Feminino	04:08:12	+01:37:23	07:45:35
6	2004	TANYA PATRICIA DE SOUSA REIS	B.T.M.	Senior Feminino	04:14:22	+01:43:33	07:57:55
7	2210	Mi Conceição Alves Couto	Boavista Trail	Senior Feminino	04:28:04	+01:57:15	08:23:19
8	2173	Juliana Cristina Eiras Novo Pinheiral	ADE Trail Running	Senior Feminino	04:38:30	+02:07:42	08:42:12
9	2058	Carla Neves	FACTOR X / S4L / MEDENSE FC	Senior Feminino	04:40:35	+02:09:46	08:46:21
10	2194	Ana Rita Sousa Fornos	Trogloditas runners	Senior Feminino	04:44:34	+02:13:45	08:54:19
11	2161	Sónia Bras	A.D.Amarante	Senior Feminino	04:45:56	+02:15:07	08:56:03
12	2145	Cláudia Sofia Magalhães Moura	Individual	Senior Feminino	05:06:04	+02:35:15	09:34:19
13	2085	Joana Carolina Teixeira Da Silva	Foice Team	Senior Feminino	05:55:07	+03:24:18	11:06:25

Senior Masculino

1	2193	Ruben Veloso	EDV - Viana Trail	Senior Masculino	02:30:48	04:43
2	2105	Adrian Rodriguez Diaz	Boavista Trail	Senior Masculino	02:43:07	+12:18 05:06
3	2167	Jose Martín Fontán Arnejo	Boavista Trail	Senior Masculino	02:44:58	+14:09 05:09
4	2095	Jorge Oca	team obaya	Senior Masculino	02:45:19	+14:31 05:10
5	2125	Tiago Rafael Mendes Duarte	Atletismo Clube da Tocha	Senior Masculino	02:46:22	+15:33 05:12
6	2178	Filipe Alves Guerra	CCDR Colmeal da Torre	Senior Masculino	02:48:31	+17:42 05:16
7	2146	Joel Sousa Pinto	Marco 09	Senior Masculino	02:51:58	+21:09 05:22
8	2197	Joaquim Fernando Duarte	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	02:52:49	+22:00 05:24
9	2111	José Pedro Sousa Dias	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	02:56:56	+26:07 05:32
10	2102	José António Rodrigues Sequeira	Montanha Clube Trail Running/Efapel	Senior Masculino	02:57:56	+27:07 05:34
11	2187	Nuno Miguel da Rocha Nunes	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:58:45	+27:57 05:35
12	2122	Carlos Alberto Prudêncio	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	03:01:34	+30:46 05:40
13	2060	Bruno Eusébio da Rocha Pereira	O que queremos é monte	Senior Masculino	03:03:00	+32:11 05:43
14	2207	Jesús Campaña Parada	Tribu Trail	Senior Masculino	03:03:18	+32:29 05:44
15	2061	David Gonçalves	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:03:19	+32:30 05:44
16	2165	Pedro Vale	ARCA BarceloS runners	Senior Masculino	03:03:30	+32:41 05:44
17	2100	Fernando Manuel Simões Bastos	Montanha Clube Trail Running/Efapel	Senior Masculino	03:06:39	+35:50 05:50
18	2110	Adérito Oliveira	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	03:07:54	+37:06 05:52
19	2059	Daniel	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:08:15	+37:26 05:53
20	2088	Carlos Silva	AIRORUN	Senior Masculino	03:08:32	+37:43 05:54
21	2040	JOSE MANUEL PINTO	Nos Acreditamos	Senior Masculino	03:08:35	+37:46 05:54

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22	2021	João Barbosa	Global Trail	Senior Masculino	03:12:29	+41:40	06:01
23	2044	Nuno Miguel Silva Moreira	TEAM TT	Senior Masculino	03:13:03	+42:14	06:02
24	2124	David Sérgio da Silva Madeira	Atletismo Clube da Tocha	Senior Masculino	03:14:55	+44:06	06:05
25	2093	Igor Lysyi	AIRORUN	Senior Masculino	03:16:01	+45:12	06:08
26	2009	Ricardo de Almeida Pinho Carmo	CDM Running	Senior Masculino	03:17:00	+46:11	06:09
27	2068	Nuno Barros	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:19:06	+48:17	06:13
28	2055	Luis Vázquez Reiriz	Tribu Trail	Senior Masculino	03:20:47	+49:58	06:16
29	2023	Carlos Manuel Sousa Miranda	Individual	Senior Masculino	03:21:52	+51:03	06:19
30	2200	Luís Filipe Correia Ferraz	GTT-ARMAZÉM DO CAFFÉ	Senior Masculino	03:23:47	+52:58	06:22
31	2067	Pierre-Charles	Team 72	Senior Masculino	03:24:55	+54:06	06:24
32	2139	Paulo Ricardo Novais de Oliveira	VIDAATIVARUNNERS	Senior Masculino	03:26:19	+55:31	06:27
33	2046	Orlando Xavier Gomes Amorim	A.D.CARVALHAL	Senior Masculino	03:27:38	+56:49	06:29
34	2157	Tiago José Duarte Jardim Gonçalves	Individual	Senior Masculino	03:29:36	+58:47	06:33
35	2083	Carlos Manuel Monteiro Martins	Gilmonde Running Team	Senior Masculino	03:29:43	+58:54	06:33
36	2051	António Torres Manso	Individual	Senior Masculino	03:32:25	+01:01:36	06:38
37	2049	Nuno Ricardo Soares de Sá	Individual	Senior Masculino	03:33:06	+01:02:17	06:40
38	2062	Joaquim Carvalho	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:34:15	+01:03:27	06:42
39	2129	Eduardo Carlos Rigueiro Garcia	Atletismo Clube da Tocha	Senior Masculino	03:37:41	+01:06:52	06:48
40	2025	Flávio André Alves Sampaio	A D ESMERIZ RUNNING	Senior Masculino	03:37:53	+01:07:04	06:49
41	2029	Simão Pedro Azevedo Ferreira	ADEPE	Senior Masculino	03:41:06	+01:10:17	06:55
42	2043	Ivo Daniel Azevedo Sampaio	TEAM TT	Senior Masculino	03:42:02	+01:11:14	06:56
43	2148	Pedro André Ferreira Coelho	TEAM LANTEMIL	Senior Masculino	03:49:09	+01:18:20	07:10
44	2018	Carl Lubino	Team 72	Senior Masculino	03:49:32	+01:18:44	07:10
45	2118	Bruno Miguel Afonso Pinheiro	TRAIL TEAM MONTARIA	Senior Masculino	03:51:08	+01:20:20	07:13
46	2074	Diogo Resende	Individual	Senior Masculino	03:52:14	+01:21:25	07:15
47	2022	Sartorius henri	Team 72	Senior Masculino	03:55:48	+01:24:59	07:22
48	2199	José Paulo Teixeira Rodrigues Lima	Afifense Trail	Senior Masculino	04:01:21	+01:30:32	07:33
49	2186	Vitor manuel faria ramalho	B.T.M.	Senior Masculino	04:02:55	+01:32:06	07:35
50	2141	Vitor Manuel Silva Cardoso	Individual	Senior Masculino	04:03:02	+01:32:13	07:36
51	2098	João Pedro Aleixo de Oliveira	Lobo do Mar	Senior Masculino	04:04:39	+01:33:50	07:39
52	2024	João Pedro Sá	AD Esmeriz	Senior Masculino	04:08:21	+01:37:32	07:46
53	2053	Fábio André Mendes Araújo	Individual	Senior Masculino	04:08:21	+01:37:32	07:46
54	2078	Pedro Benjamin Gomes Moreira	Individual	Senior Masculino	04:08:21	+01:37:32	07:46
55	2203	Luis Filipe Vilas Boas Campos	Individual	Senior Masculino	04:16:44	+01:45:55	08:01
56	2176	André Daniel da Cunha Fernandes	Individual	Senior Masculino	04:20:25	+01:49:36	08:08
57	2003	Rui Samuel Sousa Carvalho Costa Gonçalves	GTT-ARMAZÉM DO CAFFÉ	Senior Masculino	04:31:37	+02:00:48	08:29
58	2081	Luis Filipe Miranda vaz	Phoenix-Evurun	Senior Masculino	04:39:39	+02:08:50	08:44
59	2128	Vitor Gonçalves	Trogloditas runners	Senior Masculino	04:44:35	+02:13:46	08:54
60	2006	Bruno Manuel Sousa Ferreira	Monte dos Amigos	Senior Masculino	04:44:51	+02:14:02	08:54
61	2144	Ricardo Magalhaes	B.T.M.	Senior Masculino	04:51:31	+02:20:43	09:07

Veterana F40

1	2002	Fátima Melo	LOVE TILES	Veterana F40	03:04:22	+33:34	05:46
2	2204	Goreti Correia	EDV - Viana Trail	Veterana F40	03:18:14	+47:26	06:12

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3	2191	Paula Alexandra Amorim da Costa	Academia Desportiva de Arcos de Valdevez	Veterana F40	03:20:52	+50:03	06:17
4	2103	Aida Campos Hernandez	TEAM OBAYA	Veterana F40	03:24:45	+53:56	06:24
5	2076	Silvia Maria Ferreirinha Santos	Individual	Veterana F40	03:28:08	+57:19	06:30
6	2126	Susana Simões	EDV - Viana Trail	Veterana F40	03:31:15	+01:00:26	06:36
7	2116	Paula da silva barbosa	Oralklass-Amigos do Trail	Veterana F40	03:36:43	+01:05:54	06:46
8	2149	Mónica Carla Machado Martins	TEAM LANTEMIL	Veterana F40	04:19:59	+01:49:11	08:07
9	2011	Liseta Pinto	Clube Efacec	Veterana F40	04:20:31	+01:49:42	08:08
10	2160	Carla Alexandra de Barros Ferreira	CORRER LEÇA	Veterana F40	04:21:39	+01:50:51	08:11
11	2054	Dores Cachetas	Akuafit	Veterana F40	04:24:49	+01:54:01	08:17
12	2202	Monica leonilde neiva martins ribeiro	GTT-ARMAZÉM DO CAFFÉ	Veterana F40	04:31:37	+02:00:48	08:29
13	2171	Carol Pereira	ADE Trail Running	Veterana F40	04:38:30	+02:07:42	08:42
14	2130	Catarina Cordeiro e Costa	DESNIVEL POSITIVO	Veterana F40	04:42:42	+02:11:54	08:50
15	2013	Sandra Maria Silva da Costa	Individual	Veterana F40	04:44:50	+02:14:01	08:54
16	2211	Cláudia Leonilde B. Pereira Pinto	Boavista Trail	Veterana F40	05:16:39	+02:45:50	09:54
17	2147	Margarida Dantas	TEAM LANTEMIL	Veterana F40	05:39:40	+03:08:51	10:37
18	2142	Anabela Batista	DiVE Into the Mountains	Veterana F40	05:39:41	+03:08:53	10:37
19	2143	Diana Moura	DiVE Into the Mountains	Veterana F40	05:39:41	+03:08:53	10:37

Veterana F50

1	2189	MANUELA FARIA	PORTOCARGO RUNNERS	Veterana F50	03:52:15	+01:21:26	07:15
2	2052	Fatima Vieira	NOCTURNOS DE PAREDES	Veterana F50	04:07:55	+01:37:07	07:45
3	2101	Sylvie Duarte	Individual	Veterana F50	04:08:16	+01:37:27	07:46

Veterano M40

1	2075	Rui Pedro Rodrigues Romão	Individual	Veterano M40	02:43:50	+13:01	05:07
2	2001	Pablo Freijanes	Boavista Trail	Veterano M40	02:46:03	+15:14	05:11
3	2099	Paulo alexandre almeida nogueira	Montanha Clube Trail Running/Efapel	Veterano M40	03:01:28	+30:39	05:40
4	2192	Joao Luis Fernandes Afonso	Academia Desportiva de Arcos de Valdevez	Veterano M40	03:02:06	+31:17	05:41
5	2042	FERNANDO CARVALHO	Nos Acreditamos	Veterano M40	03:03:20	+32:31	05:44
6	2112	Abílio Martins	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	03:06:25	+35:36	05:50
7	2138	Sérgio Miguel Mesquita Ramos	EDV - Viana Trail	Veterano M40	03:10:29	+39:40	05:57
8	2056	Hélio David Abreu da Silva	Phoenix-Evorun	Veterano M40	03:11:52	+41:03	06:00
9	2037	Jose Rocha	Associação Desportiva De Carvalhal	Veterano M40	03:11:59	+41:11	06:00
10	2080	Pedro Alexandre Magalhães Castro	Clube Efacec	Veterano M40	03:12:17	+41:28	06:01
11	2137	Filipe Oliveira Ramos	NA	Veterano M40	03:12:36	+41:47	06:01
12	2121	Rui Domingos Cardoso de Sousa	Academia Desportiva de Arcos de Valdevez	Veterano M40	03:13:27	+42:38	06:03
13	2091	Paulo Sérgio Magalhães Castro	Clube Efacec	Veterano M40	03:13:48	+42:59	06:03
14	2181	Stephane simoes	EDV - Viana Trail	Veterano M40	03:16:38	+45:50	06:09
15	2163	Telmo Silva	A.D.Amarante	Veterano M40	03:18:01	+47:12	06:11
16	2172	Paulo Filipe	ADE Trail Running	Veterano M40	03:21:34	+50:46	06:18

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17	2019	João Tinoco	Individual	Veterano M40	03:22:49	+52:01	06:20
18	2205	Paulo Jorge Sarmento	Grupo Desportivo de Bragança - GDB Atletismo	Veterano M40	03:23:15	+52:26	06:21
19	2209	Jorge Novoa Perez	C.A.R. MARISQUEIRO	Veterano M40	03:24:28	+53:39	06:23
20	2015	Ricardo Jorge Teixeira Dantas	Crocodilos/MisterPC	Veterano M40	03:25:27	+54:38	06:25
21	2082	Nuno António Monteiro Pereira Saavedra Duarte	Pimentinhas	Veterano M40	03:26:32	+55:43	06:27
22	2117	Nuno Campos	Bora lá!	Veterano M40	03:27:11	+56:22	06:28
23	2092	Manuel Gomes	Academia Desportiva de Arcos de Valdevez	Veterano M40	03:28:46	+57:57	06:31
24	2077	José Manuel Rodrigues Fernandes	Academia Desportiva de Arcos de Valdevez	Veterano M40	03:28:46	+57:57	06:31
25	2104	Ivan Varela Diaz	Individual	Veterano M40	03:29:11	+58:22	06:32
26	2008	Jorge Ferreira Gomes	Outlaw runners	Veterano M40	03:29:46	+58:57	06:33
27	2166	Luís Neco	ARCA BarceloS runners	Veterano M40	03:29:57	+59:08	06:34
28	2028	Rui Juvenal Rodrigues de Andrade	Crocodilos/MisterPC	Veterano M40	03:30:15	+59:26	06:34
29	2034	Luís Nuno Escortell Sendao	LETHES TRAIL TEAM	Veterano M40	03:40:36	+01:09:47	06:54
30	2047	Vitor Manuel de Fontes Folgado	Outlaw runners	Veterano M40	03:40:40	+01:09:51	06:54
31	2073	Bruno Alexandre Jesus Resende	Individual	Veterano M40	03:46:06	+01:15:17	07:04
32	2154	Ricardo Miguel Gonçalves Santos Rocha	B.T.M.	Veterano M40	03:47:48	+01:16:59	07:07
33	2180	Rúben Miguel Mendes Alves	CarpeDiemTrailRunning	Veterano M40	03:48:08	+01:17:19	07:08
34	2097	Pedro Miguel Lourenço da Cruz	Clube Efacec	Veterano M40	03:48:21	+01:17:32	07:08
35	2152	Luís Filipe Silva Pereira	TEAM LANTEMIL	Veterano M40	03:49:09	+01:18:21	07:10
36	2190	LUIS RIBEIRO	PORTOCARGO RUNNERS	Veterano M40	03:52:14	+01:21:25	07:15
37	2182	PEDRO CALDAS	EDV - Viana Trail	Veterano M40	03:52:55	+01:22:07	07:17
38	2090	Marco Antonio Freire Valente Lopes Pinto	Individual	Veterano M40	03:53:22	+01:22:33	07:18
39	2158	José Filipe da Cunha Borges Alves	DESNIVEL POSITIVO	Veterano M40	03:54:29	+01:23:40	07:20
40	2066	Nuno José Fonseca Freitas	CORRER LEÇA	Veterano M40	03:57:42	+01:26:53	07:26
41	2069	Vitor Cancela	Individual	Veterano M40	03:58:24	+01:27:35	07:27
42	2071	José Manuel Duarte Guimarães Vidal	Individual	Veterano M40	04:01:24	+01:30:35	07:33
43	2026	Carlos Manuel Pereira do Couto	Outlaw runners	Veterano M40	04:02:43	+01:31:55	07:35
44	2020	Jose Maria Gil Tato	Individual	Veterano M40	04:04:20	+01:33:31	07:38
45	2170	Benjamim Batista da Cruz	Individual	Veterano M40	04:06:08	+01:35:19	07:42
46	2150	Avelino Fernando Fonseca Ferreira	TEAM LANTEMIL	Veterano M40	04:06:46	+01:35:57	07:43
47	2030	Rui Manuel Campinho Vilas Boas	Associação Desportiva De Carvalhal	Veterano M40	04:11:43	+01:40:55	07:52
48	2184	Vitor Manuel Moraes Coelho	Clube Desportivo Cepsa	Veterano M40	04:11:47	+01:40:59	07:52
49	2033	Eduardo Soares	Individual	Veterano M40	04:15:22	+01:44:33	07:59
50	2089	Andre Nuno Gandarão Dias	Individual	Veterano M40	04:16:38	+01:45:49	08:01
51	2087	Jose Alberto Martins Ribeiro	Pés de Chumbo Runners	Veterano M40	04:18:15	+01:47:26	08:04
52	2045	José Pedro Sousa Marques Sá Lima	TEAM TT	Veterano M40	04:19:45	+01:48:57	08:07
53	2036	António Jorge Gomes Alves	Clube Millennium BCP	Veterano M40	04:22:22	+01:51:33	08:12
54	2106	Tiago Torres Caldas	Individual	Veterano M40	04:23:52	+01:53:03	08:15
55	2119	Jorge Manuel Ferreira da Silva Marques	TEAM LANTEMIL	Veterano M40	04:27:43	+01:56:55	08:22
56	2212	EDUARDO ANTÓNIO FARIA	ÁGUIAS DE ALVELOS	Veterano M40	04:34:14	+02:03:26	08:34
57	2133	Luís Alves	GIVEC	Veterano M40	04:39:32	+02:08:44	08:44

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58	2132	Carlos Dias	GIVEC	Veterano M40	04:50:41	+02:19:53	09:05
59	2114	David Manuel De Jesus Barbosa De Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	04:56:54	+02:26:05	09:17
60	2079	Sérgio Bastos	TEAM LANTEMIL	Veterano M40	05:04:21	+02:33:32	09:31
61	2159	Valter Filipe Borges da Silva	CORRER LEÇA	Veterano M40	05:06:04	+02:35:16	09:34
62	2012	Artur Fonseca	Ruptura Total	Veterano M40	05:07:45	+02:36:57	09:37
63	2048	Hugo Ricardo de Oliveira Ventura	Individual	Veterano M40	05:14:19	+02:43:30	09:49

Veterano M50

1	2196	Emilio Montilla Fernandez	EDV - Viana Trail	Veterano M50	02:38:18	+07:30	04:57
2	2096	Joaquim Gonçalves Sousa	Saca Trilhos Anadia	Veterano M50	02:57:25	+26:36	05:33
3	2177	Jose Nuno Paiva	Cães d'Avenida	Veterano M50	03:00:42	+29:53	05:39
4	2041	FRANCISCO LEMOS	Nos Acreditamos	Veterano M50	03:09:18	+38:29	05:55
5	2155	José Manuel Jesus Zananar	A. C. TOCHA	Veterano M50	03:20:52	+50:03	06:17
6	2123	Manuel António Carvalhosa Alves	Icarus Running Team	Veterano M50	03:31:13	+01:00:24	06:36
7	2153	Manuel Campos Costa	TEAM LANTEMIL	Veterano M50	03:32:42	+01:01:54	06:39
8	2070	Fernando Soares	Linces do Marão	Veterano M50	03:32:59	+01:02:10	06:39
9	2175	José Carlos Rodrigues Cardoso	ARCA BarceloS runners	Veterano M50	03:36:13	+01:05:24	06:45
10	2038	FRANCISCO FONSECA	UNIDOS PELOS TRILHOS	Veterano M50	03:44:20	+01:13:31	07:01
11	2007	Paulo Jorge Pinho Ferreira	Individual	Veterano M50	03:48:11	+01:17:22	07:08
12	2035	Vitor Manuel Coelho Almeida	Clube Millennium BCP	Veterano M50	03:53:23	+01:22:34	07:18
13	2169	Firmino Silva	ARCA BarceloS runners	Veterano M50	04:03:51	+01:33:02	07:37
14	2206	Jose Antonio Misa Maciel	TRAIL RUNNING NIGRAN	Veterano M50	04:17:32	+01:46:44	08:03
15	2065	Eugénio	FACTOR X / S4L / MEDENSE FC	Veterano M50	04:19:00	+01:48:11	08:06
16	2140	MANUEL RODRIGUES	CORRER LEÇA	Veterano M50	04:28:43	+01:57:54	08:24
17	2134	Alcindo Silva	X Trail	Veterano M50	04:45:48	+02:14:59	08:56
18	2031	Francisco Pereira da Costa	Individual	Veterano M50	05:01:25	+02:30:37	09:25
19	2039	Rui manuel lobo machado pinto da costa	Individual	Veterano M50	05:11:40	+02:40:51	09:44
20	2016	Fernando Henrique Almeida Soares	Individual	Veterano M50	05:14:19	+02:43:31	09:49

Veterano M60

1	2064	António Rocha	FACTOR X / S4L / MEDENSE FC	Veterano M60	03:24:02	+53:14	06:23
2	2113	Antonio Carlos Silva Teixeira	Individual	Veterano M60	03:31:17	+01:00:28	06:36
3	2162	João Gil	A.D.Amarante	Veterano M60	04:11:25	+01:40:36	07:51

COLETIVO - 32KMS

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RANK	TEAM	DESCRIPTION	POINTS
1	BOAVISTA TRAIL	11:32:53 [3 + 5 + 7 + 50]	0
2	EDV - VIANA TRAIL	11:33:37 [1 + 2 + 33 + 43]	0
3	DÁ-LHE GÁS TRAIL TEAM FISIODUO	11:57:46 [11 + 12 + 18 + 26]	0
4	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	12:19:09 [14 + 17 + 27 + 40]	0
5	FACTOR X / S4L / MEDENSE FC	12:29:26 [15 + 22 + 29 + 51]	0
6	ACADEMIA DESPORTIVA DE ARCOS DE VALDEVEZ	13:05:13 [19 + 41 + 53 + 70]	0
7	ARCA BARCELOS RUNNERS	14:13:33 [24 + 76 + 86 + 120]	0
8	CLUBE EFACEC	14:34:59 [36 + 42 + 99 + 144]	0
9	TEAM LANTEMIL	15:17:48 [82 + 100 + 101 + 124]	0
10	B.T.M.	16:56:38 [96 + 118 + 134 + 168]	0
11	CORRER LEÇA	17:54:10 [113 + 145 + 151 + 173]	0