

TRAIL LONGO 32K - STAGE 1

32 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	08:30	13.3°C	100%
End	14:49	17.6°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1002	Diogo da Silva Fernandes	dr merino/ nutritfit	Senior Masculino	02:43:55		05:07
2	1179	Rafael Da Rocha Cruz	melres trail running - ordem para arrear	Senior Masculino	02:44:11	+00:16	05:08
3	1036	Luis Gil	gaia trail	Veterano M40	02:48:48	+04:53	05:17
4	1003	Dinis Henrique Ferreira Guerra Gonçalves	gaia trail	Veterano M40	02:54:49	+10:54	05:28
5	1483	Bruno Ribeiro	águias de alvelos	Senior Masculino	02:54:50	+10:55	05:28
6	1438	Luís Pedro Martins	gtt - armazém do caffè	Senior Masculino	02:57:13	+13:18	05:32
7	1209	João Nogueira	oralklass - amigos do trail	Senior Masculino	03:02:11	+18:16	05:42
8	1217	Luis Filipe Figueira Novais	individual	Senior Masculino	03:02:43	+18:48	05:43
9	1058	Ivo Peko	gaia trail	Senior Masculino	03:03:09	+19:14	05:43
10	1395	Nuno Dias	clube de atletismo da barreira	Senior Masculino	03:03:26	+19:31	05:44
11	1558	Agostinho José Falcão Rodrigues	asc vila do conde	Veterano M50	03:03:28	+19:33	05:44
12	1086	Carlos Manuel Gonçalves Reis	individual	Senior Masculino	03:04:48	+20:53	05:47
13	1503	Celso Henrique Dias Oliveira	lion runners - g. d. leões da guarda	Senior Masculino	03:06:27	+22:32	05:50
14	1039	Carlos Alves	gaia trail	Senior Masculino	03:11:19	+27:24	05:59
15	1269	ADOLFO GARRIDO FERNANDEZ	pré-fabricada feijoo - sandiás	Veterano M40	03:13:43	+29:48	06:03
16	1629	Helder Fernando Pereira Rocha	douroconta trail team	Senior Masculino	03:14:09	+30:14	06:04
17	1537	Filipe Santos Novais	experienciar/barceltécnica/sportsonfire	Senior Masculino	03:16:50	+32:55	06:09
18	1375	VITOR MANUEL MONTEIRO COSTA	a.d.amarante trail running	Senior Masculino	03:16:58	+33:03	06:09
19	1388	Jorge Miguel Amorim Duarte	coimbra trail running	Senior Masculino	03:17:26	+33:31	06:10
20	1109	Marco Arlindo Mendes Jorge	cabritos da montanha	Senior Masculino	03:18:30	+34:35	06:12
21	1556	Humberto Silva	aztrail	Senior Masculino	03:18:32	+34:37	06:12
22	1514	Luis Miguel Brás Pinto	fridão sem limites	Senior Masculino	03:18:41	+34:46	06:13
23	1105	Ricardo André Ramos Miranda	gtt - armazém do caffè	Senior Masculino	03:18:56	+35:01	06:13
24	1421	Carlos Manuel Ramos Cardoso	gtt - armazém do caffè	Veterano M40	03:18:56	+35:01	06:13
25	1180	Maria de Fátima Garrido Melo	barcelos team portugal	Veterana F40	03:19:43	+35:48	06:14
26	1030	Fernando Soares	g. aventura	Veterano M40	03:20:00	+36:05	06:15
27	1223	Patrick Rodrigues Marques	gondomar futsal clube	Veterano M40	03:24:21	+40:26	06:23
28	1130	Eduardo Patrício Pedrosa Cunha	águias de alvelos	Senior Masculino	03:24:55	+41:00	06:24
29	1063	Nuno Figueiredo Gonçalves	individual	Senior Masculino	03:24:55	+41:00	06:24
30	1548	Ricardo de Almeida Pinho Carmo	cdm running	Senior Masculino	03:25:49	+41:54	06:26
31	1560	Roberto Rolandone	individual	Senior Masculino	03:26:49	+42:54	06:28
32	1452	Jorge Alexandre da Silva L. Gonçalves	barcelos team portugal	Veterano M40	03:27:01	+43:06	06:28
33	1644	Filipe Barros	a.d.amarante trail running	Senior Masculino	03:27:05	+43:10	06:28
34	1478	Daniela Russo	oralklass - amigos do trail	Senior Feminino	03:29:35	+45:40	06:33
35	1243	Francisco Figueiredo	oralklass - amigos do trail	Senior Masculino	03:29:35	+45:40	06:33
36	1590	Marcio Carvalho	white running team	Senior Masculino	03:29:49	+45:54	06:33
37	1037	Paulo Madeira	gaia trail	Senior Masculino	03:30:32	+46:37	06:35
38	1553	Nelson Teixeira	crocodilos/misterpc	Senior Masculino	03:32:00	+48:05	06:38
39	1568	André Manuel Azevedo Sousa	arca barcelos runners	Veterano M40	03:32:09	+48:14	06:38
40	1600	Eduardo Soares	novo doce trail	Senior Masculino	03:32:27	+48:32	06:38

Official Timekeeper: Lap2Go	1 / 9	generate 21-Nov-2016 17:44
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TRAIL LONGO 32K - STAGE 1

32 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1474	Nuno Miguel da Rocha Nunes	melres trail running - ordem para arrear	Senior Masculino	03:32:29	+48:34	06:38
42	1434	Arnaldo Rodrigues	desnivel positivo	Veterano M50	03:32:32	+48:37	06:39
43	1396	nuno pedro cruzeiro lomba	apúlia a correr	Senior Masculino	03:34:03	+50:08	06:41
44	1641	Miguel barros	a.d.amarante trail running	Veterano M40	03:34:04	+50:09	06:41
45	1258	Nuno António Fonseca Angélico	dolcefarma	Senior Masculino	03:34:09	+50:14	06:42
46	1001	Ricardo Guerra	soulmates trail team	Senior Masculino	03:34:26	+50:31	06:42
47	1516	Joaquim Fernando da Rocha Taborda	oralklass - amigos do trail	Veterano M40	03:34:50	+50:55	06:43
48	1628	jose antonio dominguez pereira	galiza trail team	Senior Masculino	03:34:58	+51:03	06:43
49	1400	Hélder Lemos	o mundo da corrida	Senior Masculino	03:35:48	+51:53	06:45
50	1480	Helio Sergio Gonçalves Costa	glt - amazém do caffè	Senior Masculino	03:36:01	+52:06	06:45
51	1538	Ricardo Daniel Gomes dos Reis	quinta de paramos - atletismo	Senior Masculino	03:36:07	+52:12	06:45
52	1593	Paulo Araújo Costa	sidónios	Veterano M40	03:37:41	+53:46	06:48
53	1305	João José Rocha da Silva	patocycles	Senior Masculino	03:37:41	+53:46	06:48
54	1098	Rui Manuel de Conde Franco	glt - armazen do caffè	Veterano M40	03:38:04	+54:09	06:49
55	1642	Jorge Oliveira	a.d.amarante trail running	Veterano M40	03:40:11	+56:16	06:53
56	1386	Pedro Miguel Gonçalves Costa	café s.sebastião-leça do balio	Senior Masculino	03:40:43	+56:48	06:54
57	1108	Luis Manuel Mendes Jorge	cabritos da montanha	Veterano M40	03:41:07	+57:12	06:55
58	1075	Maria Augusta da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	03:42:10	+58:15	06:57
59	1536	Eduardo Antonio Lima da Silva	barcelos runners	Veterano M40	03:42:27	+58:32	06:57
60	1530	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M40	03:42:46	+58:51	06:58
61	1226	TOME PINTO	edv-viana trail	Senior Masculino	03:43:16	+59:21	06:59
62	1306	Paulo Jorge Neves Oliveira	gondomar futsal clube	Senior Masculino	03:43:17	+59:22	06:59
63	1405	Francisco José Barbosa Gomes	apúlia a correr	Senior Masculino	03:43:43	+59:48	06:59
64	1451	paulo jorge reis filipe	apúlia a correr	Senior Masculino	03:43:43	+59:48	06:59
65	1486	Rafael Escrivães	individual	Senior Masculino	03:44:27	+01:00:32	07:01
66	1559	Paulo Pinto	aztrail	Senior Masculino	03:44:43	+01:00:48	07:01
67	1604	Manuel Avelino Reis Pinheiro	fridão sem limites	Veterano M40	03:44:46	+01:00:51	07:01
68	1646	Marco Silva	média 10 team	Senior Masculino	03:44:52	+01:00:57	07:02
69	1615	carlos alexandre carneiro dos santos pereira	individual	Veterano M40	03:45:05	+01:01:10	07:02
70	1232	Jorge Manuel Vieira Brites	aztrail	Veterano M40	03:45:16	+01:01:21	07:02
71	1444	Alberto Durán Amores	rias baixas trail running	Veterano M40	03:45:17	+01:01:22	07:02
72	1203	Hugo Manuel Gonçalves Pereira Ferreira	white running team	Senior Masculino	03:45:41	+01:01:46	07:03
73	1467	paulo jorge costa oliveira	experieciar	Senior Masculino	03:45:45	+01:01:50	07:03
74	1439	Adriana Isabel Silva Gomes	minho aventura	Senior Feminino	03:46:16	+01:02:21	07:04
75	1648	José Carlos Sousa Coelho	afa cycles	Veterano M40	03:46:39	+01:02:44	07:05
76	1643	Urbano Ribeiro	a.d.amarante trail running	Senior Masculino	03:46:44	+01:02:49	07:05
77	1575	José Manuel de Oliveira Alves Loureiro	quinta de paramos - atletismo	Veterano M40	03:47:03	+01:03:08	07:06
78	1154	Carlos Alberto Frazão Fazendeiro	os falta d'ar	Veterano M50	03:48:05	+01:04:10	07:08
79	1497	José Gomes	nocturnos de paredes	Veterano M40	03:48:44	+01:04:49	07:09
80	1651	Gabriel Rocha	trail running greci gaia	Veterano M40	03:48:44	+01:04:49	07:09
81	1623	José Diogo Ramos Ribeiro	individual	Senior Masculino	03:49:13	+01:05:18	07:10
82	1637	Luis Pereira	cerveira team running/clube celtas do minho	Veterano M40	03:50:01	+01:06:06	07:11
83	1394	Cláudia Batalha da Luz Correia	amigos do atletismo de mafra	Veterana F40	03:50:17	+01:06:22	07:12

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32 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	1555	Francisco Fernandes	aztrail	Senior Masculino	03:50:19	+01:06:24	07:12
85	100	Sergio Paulo dos Santos Sá	nast	Senior Masculino	03:50:21	+01:06:26	07:12
86	1202	João Manuel Pinho Sousa Vieira Mendes	fafe runners	Senior Masculino	03:50:43	+01:06:48	07:13
87	1270	Albino Sousa Abreu	fafe runners	Veterano M50	03:50:44	+01:06:49	07:13
88	1543	Pedro alves	individual	Senior Masculino	03:50:45	+01:06:50	07:13
89	1196	Hugo Miguel Lima Bezerra	individual	Senior Masculino	03:50:50	+01:06:55	07:13
90	1266	jose fernandes capitao pereira	gtt - armazém do caffè	Senior Masculino	03:51:31	+01:07:36	07:14
91	1554	Joaquim Gabriel da Cruz da Silva	gdp-grupo desportivo da pesca	Veterano M40	03:52:03	+01:08:08	07:15
92	1422	José Manuel Santos Cruz	ei team trail	Senior Masculino	03:52:29	+01:08:34	07:16
93	1059	Benjamim Batista Cruz	individual	Veterano M40	03:52:57	+01:09:02	07:17
94	1360	Antonio Pedro Santa Ferreira Correia Pratas	paredes aventura	Veterano M40	03:54:02	+01:10:07	07:19
95	1268	Nelson Fernando Soares dos Santos	gaia cycling team	Veterano M40	03:54:02	+01:10:07	07:19
96	1587	Sérgio Branco	white running team	Veterano M40	03:54:17	+01:10:22	07:19
97	276	Tiago Sousa	dr. merino	Senior Masculino	03:54:19	+01:10:24	07:19
98	1326	Renato Lopes	barcelos team portugal	Senior Masculino	03:54:19	+01:10:24	07:19
99	1234	António Pereira da Cruz	lijo-bike	Veterano M50	03:54:20	+01:10:25	07:19
100	1458	Oscar Sousa	vilaverdeacorrer	Veterano M40	03:54:55	+01:11:00	07:20
101	1417	Pedro Miguel da Costa Vieira Miranda	vidaativarunners	Veterano M40	03:54:55	+01:11:00	07:20
102	1193	Francisco João da Silva Alves	individual	Senior Masculino	03:55:31	+01:11:36	07:22
103	1564	Paulo Vilaverde	edv-vianatrail	Veterano M40	03:55:51	+01:11:56	07:22
104	1460	Bruno Filipe Cardoso Pereira	individual	Senior Masculino	03:55:54	+01:11:59	07:22
105	1194	Vitor Rocha	individual	Veterano M40	03:56:24	+01:12:29	07:23
106	1054	Leandro Ricardo Oliveira Pinto Simões	adea tia micas	Senior Masculino	03:56:29	+01:12:34	07:23
107	1517	Hugo Barroso Pinto	adea tia micas	Senior Masculino	03:56:29	+01:12:34	07:23
108	1336	Joaquim Carlos da Silva Coelho	ei team trail	Veterano M40	03:56:39	+01:12:44	07:24
109	1311	Vitor Miguel Ferreira Matos Araujo	biciatus	Veterano M50	03:56:49	+01:12:54	07:24
110	1035	Rui Leite	tudoacorrerbem!	Senior Masculino	03:56:52	+01:12:57	07:24
111	1064	António José Balinho Almeida	individual	Senior Masculino	03:57:27	+01:13:32	07:25
112	1416	Sérgio Augusto Pereira Lima	domplex btt	Veterano M40	03:57:29	+01:13:34	07:25
113	1535	Sergio Vale	nocturnos de paredes	Senior Masculino	03:57:36	+01:13:41	07:26
114	1501	Mauro Cardoso	nocturnos de paredes	Senior Masculino	03:57:37	+01:13:42	07:26
115	1263	Vitor Ribeiro	didaxis trail	Senior Masculino	03:57:56	+01:14:01	07:26
116	1050	José António Ferreira da Costa	fama runners	Senior Masculino	03:58:01	+01:14:06	07:26
117	1401	André Alves da Silva	ad quinta - atletismo	Senior Masculino	03:58:07	+01:14:12	07:26
118	1640	Hugo Duarte	a.d.amarante trail running	Senior Masculino	03:58:12	+01:14:17	07:27
119	1392	António Pedro Macedo de Sousa Coelho	nice runners	Veterano M40	03:58:12	+01:14:17	07:27
120	1398	André da Silva São Marcos	individual	Senior Masculino	03:58:37	+01:14:42	07:27
121	1136	Hugo Manuel Lopes de Sousa	águias de alvelos	Senior Masculino	03:58:49	+01:14:54	07:28
122	1470	Elisabete Loureiro dos Santos	team lantemil	Veterana F40	03:59:05	+01:15:10	07:28
123	1427	Samuel Fagundes Amorim	individual	Senior Masculino	03:59:33	+01:15:38	07:29
124	1487	Luís António da Costa Carvalho Guise	vimarunners	Veterano M40	03:59:38	+01:15:43	07:29

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REVISED

OFFICIAL RESULT

Official Timekeeper: Lap2Go	4 / 9	generate 21-Nov-2016 17:44
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TRAIL LONGO 32K - STAGE 1

32 KM

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REVISED

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
169	1473	MIGUEL NETO	ei team trail	Senior Masculino	04:14:22	+01:30:27	07:57
170	1249	David Rêgo da Cunha	individual	Veterano M40	04:14:44	+01:30:49	07:58
171	1152	Julio Paulo Soares da Silva	juventude cortegaçense	Veterano M40	04:15:03	+01:31:08	07:58
172	1150	Joao Paulo Costa Oliveira	juventude cortegaçense	Veterano M40	04:15:03	+01:31:08	07:58
173	1182	Rui Teixeira Pinto	os falta d'ar	Senior Masculino	04:15:12	+01:31:17	07:59
174	1459	Fárido Tavares	solo trail	Senior Masculino	04:15:44	+01:31:49	08:00
175	1475	Paulo Filipe Fernandes Monteiro	vidaativarunners	Veterano M40	04:15:45	+01:31:50	08:00
176	1178	Hernani da Silva Costa Correia	minho aventura	Senior Masculino	04:15:56	+01:32:01	08:00
177	1354	Guilherme Lobo	g. aventura	Senior Masculino	04:15:57	+01:32:02	08:00
178	1582	Ricardo Monje Garcia	caminhantes do condado	Veterano M40	04:16:13	+01:32:18	08:00
179	1454	victor manuel ribeiro coelho	individual	Veterano M40	04:16:41	+01:32:46	08:01
180	1391	manuel antonio ferreira pinto teixeira	centro municipal de marcha e corrida do porto	Veterano M40	04:16:42	+01:32:47	08:01
181	1563	Pedro Bruno Silva Marques Rola	juventude cortegacense	Veterano M40	04:17:16	+01:33:21	08:02
182	1083	Susana Lobo Santos	chegamos ao fim	Veterana F40	04:17:20	+01:33:25	08:03
183	1490	João Pedro Coelho Café Marques	individual	Senior Masculino	04:17:21	+01:33:26	08:03
184	1655	Paulo Machado	ffit gaia trail	Veterano M40	04:18:02	+01:34:07	08:04
185	1479	Bruno Pinto	oralklass - amigos do trail	Senior Masculino	04:18:03	+01:34:08	08:04
186	1463	Daniel Cruz Fernandes	individual	Senior Masculino	04:18:14	+01:34:19	08:04
187	1588	Hugo Duarte Teixeira	white running team	Senior Masculino	04:19:22	+01:35:27	08:06
188	1586	Nuno Miguel Martins	white running team	Senior Masculino	04:19:22	+01:35:27	08:06
189	1606	Nuno Afonso Reis Fabião	individual	Veterano M40	04:21:21	+01:37:26	08:10
190	1449	Joaquim Alves	individual	Veterano M40	04:21:34	+01:37:39	08:10
191	1250	Virgilio Gomes Lopes Pinhel	pool team	Veterano M40	04:21:37	+01:37:42	08:11
192	1056	Ricardo Jorge Teixeira Duarte	individual	Senior Masculino	04:21:40	+01:37:45	08:11
193	1584	Bruno Filipe Barbosa Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	04:21:51	+01:37:56	08:11
194	1376	António José Machado Loureiro	autistic runners	Veterano M50	04:22:14	+01:38:19	08:12
195	1377	José Luis Machado Loureiro	autistic runners	Veterano M50	04:22:14	+01:38:19	08:12
196	1343	João Nuno Brandão Rocha	individual	Senior Masculino	04:22:37	+01:38:42	08:12
197	1625	Arlindo dos Santos Brandão	individual	Veterano M50	04:22:44	+01:38:49	08:13
198	1173	Manuela Faria	portocargo	Veterana F40	04:23:16	+01:39:21	08:14
199	1087	Rui Samuel Sousa Carvalho Costa Gonçalves	gtt - armazém do caffè	Senior Masculino	04:23:36	+01:39:41	08:14
200	1650	Márcia Lourenço	individual	Senior Feminino	04:23:59	+01:40:04	08:15
201	1631	filipe escobar	ei team trail	Veterano M40	04:24:05	+01:40:10	08:15
202	1110	Filipe Tiago Ferreira Tavares	cabritos da montanha	Senior Masculino	04:24:19	+01:40:24	08:16
203	1569	Rui Miguel Terra da Silva	bardinos dos montes	Veterano M40	04:24:47	+01:40:52	08:16
204	1023	Raul viana	individual	Senior Masculino	04:24:57	+01:41:02	08:17
205	1442	Andreia Susana Ribeiro Machado	individual	Senior Feminino	04:26:14	+01:42:19	08:19
206	1616	Luís Antunes	cerveira team running/clube celtas do minho	Senior Masculino	04:26:46	+01:42:51	08:20
207	1638	Pierre Gomes	cerveira team running/clube celtas do minho	Senior Masculino	04:26:47	+01:42:52	08:20
208	1577	Cacau Medeiros	individual	Veterana F40	04:27:13	+01:43:18	08:21
209	1103	João Paulo Alves Rodrigues	individual	Veterano M40	04:28:41	+01:44:46	08:24
210	1618	Álvaro Nunes	all about	Veterano M40	04:29:14	+01:45:19	08:25
211	1456	Nuno Filipe Faria Ferreira	ccd - siemens	Senior Masculino	04:29:14	+01:45:19	08:25

TRAIL LONGO 32K - STAGE 1

32 KM

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REVISED

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
212	1510	Emanuel Almeida	ss montepio	Senior Masculino	04:30:44	+01:46:49	08:28
213	1034	PEDRO JOAQUIM ARAUJO CARVALHO	arrastassolas	Veterano M40	04:31:46	+01:47:51	08:30
214	1431	Daniel Silva	hora do lobo trail	Senior Masculino	04:32:31	+01:48:36	08:31
215	1500	Nuno Salgado	nocturnos de paredes	Veterano M40	04:33:52	+01:49:57	08:34
216	1496	Pedro Nogueira	nocturnos de paredes	Senior Masculino	04:33:52	+01:49:57	08:34
217	1627	António Batista	hora do lobo trail	Senior Masculino	04:34:30	+01:50:35	08:35
218	1546	Ana Paula Soares Vieira	amigos do pedal trailagares	Senior Feminino	04:35:27	+01:51:32	08:36
219	1612	João Lourenço Resende	cuidado com o urso trail runners	Senior Masculino	04:35:37	+01:51:42	08:37
220	1611	Mauro Andre Vasconcelos Roxo	ade trail running	Senior Masculino	04:35:44	+01:51:49	08:37
221	1213	António José da Silva Costa	individual	Veterano M50	04:35:56	+01:52:01	08:37
222	1162	Rui Rebelo	run 4 all	Senior Masculino	04:36:01	+01:52:06	08:38
223	1598	Sérgio Osório	global trail	Veterano M40	04:36:02	+01:52:07	08:38
224	1489	Rui Filipe de Matos Soares	individual	Senior Masculino	04:36:03	+01:52:08	08:38
225	1104	Tiago Freitas Camboa	os falta d'ar	Senior Masculino	04:36:10	+01:52:15	08:38
226	1499	Daniela Ferreira	nocturnos de paredes	Senior Feminino	04:36:46	+01:52:51	08:39
227	1614	Israel Castro Martínez	coutadas trail team	Senior Masculino	04:37:00	+01:53:05	08:39
228	1547	Rodrigo Alvarez Gomez	trail running nigran	Senior Masculino	04:37:00	+01:53:05	08:39
229	1406	Miguel Augusto Vinga da Quinta	individual	Senior Masculino	04:37:14	+01:53:19	08:40
230	1027	Sonia Sofia Parente	edv - viana trail	Senior Feminino	04:37:45	+01:53:50	08:41
231	1613	Rosa Maria Alves Ferreira Silva Nogueira	edv - viana trail	Veterana F40	04:37:45	+01:53:50	08:41
232	1522	Nelson Silva	shots international runners	Senior Masculino	04:37:46	+01:53:51	08:41
233	1450	CRISTIANO ANDRADE PEREIRA	individual	Veterano M40	04:38:47	+01:54:52	08:43
234	1429	Célia Azevedo Meira	edv-vianatrail	Veterana F40	04:38:51	+01:54:56	08:43
235	1524	Liliana Pereira	shots international runners	Senior Feminino	04:39:20	+01:55:25	08:44
236	1453	Rui Jorge Moreira Freitas	nice runners	Veterano M40	04:40:02	+01:56:07	08:45
237	1635	Tiago Areias	spin&run esposende team	Senior Masculino	04:40:19	+01:56:24	08:46
238	1652	André Cunha	trail running greci gaia	Senior Masculino	04:40:22	+01:56:27	08:46
239	1573	Leonardo Samuel Maia	individual	Senior Masculino	04:40:40	+01:56:45	08:46
240	1042	Rui Pedro Bernardes Santos	ultra trail vilar de perdizes	Senior Masculino	04:40:40	+01:56:45	08:46
241	1275	Ilídio Pinto	all about	Veterano M40	04:40:44	+01:56:49	08:46
242	1485	SERGIO ALBERTO MACEDO PEREIRA	individual	Senior Masculino	04:40:48	+01:56:53	08:47
243	1447	Nuno Duarte cresso Vasconcelos da Cunha	individual	Veterano M40	04:41:35	+01:57:40	08:48
244	1512	jose luis	casa benfica santo tirso	Senior Masculino	04:43:08	+01:59:13	08:51
245	1581	David José Santos Sousa	individual	Veterano M40	04:43:34	+01:59:39	08:52
246	1528	Paulo Miguel Meixieira Duarte Carvalho	trailistas "eu é que sei!"	Veterano M40	04:43:39	+01:59:44	08:52
247	1585	Rui Vicente	gaia trail	Veterano M40	04:44:22	+02:00:27	08:53
248	1333	maria margarida gomes ribeiro figueiroa	individual	Senior Feminino	04:44:41	+02:00:46	08:54
249	1334	joao pedro dias da fonseca	individual	Senior Masculino	04:44:41	+02:00:46	08:54
250	1413	Maria de Fátima da Silva Lopes	individual	Veterana F40	04:44:43	+02:00:48	08:54
251	1477	Nuno Filipe Silva Dantas	b.t.m.	Senior Masculino	04:44:44	+02:00:49	08:54
252	1495	Ricardo Miguel Gonçalves Santos Rocha	b.t.m.	Senior Masculino	04:44:45	+02:00:50	08:54

TRAIL LONGO 32K - STAGE 1

32 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
253	1520	Artur Filipe Matos Pereira	shots international runners	Senior Masculino	04:44:49	+02:00:54	08:54
254	1605	Miguel Jorge Ferreira Araujo	team lantemil	Senior Masculino	04:44:59	+02:01:04	08:54
255	1242	Jorge Luis Vieira Sousa	kx	Senior Masculino	04:46:47	+02:02:52	08:58
256	1647	Rodolfo Alexandre Brito da Silva	farroncos papa km	Senior Masculino	04:48:26	+02:04:31	09:01
257	1091	César Ricardo Reis da Costa	minho aventura	Senior Masculino	04:48:44	+02:04:49	09:01
258	1445	RICARDO PEREIRA	portocargo	Senior Masculino	04:48:45	+02:04:50	09:01
259	1609	Paulo Vilarinho	gaia-running	Veterano M40	04:49:50	+02:05:55	09:03
260	1521	Sergio Santiago	shots international runners	Senior Masculino	04:50:21	+02:06:26	09:04
261	1230	rui manuel campos viegas	galhardos runners	Senior Masculino	04:50:29	+02:06:34	09:05
262	1399	Ana Sofia da Silva Borges	amigos da onça	Senior Feminino	04:51:09	+02:07:14	09:06
263	1610	Bruno Manuel Dias da Rocha	ad quinta - atletismo	Senior Masculino	04:51:14	+02:07:19	09:06
264	1620	Rui Fernando Oliveira de Almeida	invicta runners team	Veterano M40	04:52:11	+02:08:16	09:08
265	1124	António Pereira	invicta runners team	Veterano M60	04:52:13	+02:08:18	09:08
266	1097	Fátima Cristina Figueiredo Oliveira	gtt - armazém do caffè	Senior Feminino	04:52:20	+02:08:25	09:08
267	1435	ondina Maria Morim Salgado	gtt - armazém do caffè	Senior Feminino	04:52:21	+02:08:26	09:08
268	1256	PEDRO MIGUEL TEIXEIRA DAS NEVES	100fôlego	Senior Masculino	04:52:21	+02:08:26	09:08
269	1176	Joel Sequeira	os falta d'ar	Senior Masculino	04:52:56	+02:09:01	09:09
270	1138	Silvia Alexandra Silva Cunha	individual	Senior Feminino	04:53:12	+02:09:17	09:10
271	1143	Luís Pedro Nogueira	tartarugas do asfalto	Veterano M40	04:53:12	+02:09:17	09:10
272	1225	Nuno Marques	edv viana trail	Senior Masculino	04:55:15	+02:11:20	09:14
273	1624	Luís Machado Cerqueira	b'life outdoor team	Senior Masculino	04:55:26	+02:11:31	09:14
274	1649	Anabela Lobato Torres dos Santos Silva	edv - viana trail	Veterana F40	04:55:42	+02:11:47	09:14
275	1074	Carlos Vilaça	100fôlego	Veterano M40	04:56:13	+02:12:18	09:15
276	1157	Carla Isabel Sousa Gonçalves	vidaativarunners	Senior Feminino	04:56:41	+02:12:46	09:16
277	1389	Hélder Filipe Ferreira Viegas	individual	Senior Masculino	04:58:03	+02:14:08	09:19
278	1018	Tiago Miguel Veeda Moreirinhas Soeiro	peak trail team	Senior Masculino	04:59:14	+02:15:19	09:21
279	1488	Hugo Miguel Serranito Mota	individual	Senior Masculino	04:59:46	+02:15:51	09:22
280	1113	Manuel Joaquim Gonçalves Moreira da Costa	lebres do virgin	Veterano M50	04:59:49	+02:15:54	09:22
281	1494	Miguel Ângelo Trindade Loureiro	terrores do trail e asfalto	Veterano M40	05:00:42	+02:16:47	09:24
282	1493	sílvia tomás	individual	Veterana F40	05:00:42	+02:16:47	09:24
283	1602	Paulo César Fernandes	bardinos do monte	Veterano M40	05:01:01	+02:17:06	09:24
284	1461	Manuel Afonso de Sousa Teixeira	i-run	Veterano M40	05:01:04	+02:17:09	09:25
285	1281	José Carlos Gomes	melres trail running - orde para arriar	Senior Masculino	05:01:29	+02:17:34	09:25
286	1550	Armando Manuel Coelho de Lima	matilha running	Veterano M40	05:03:05	+02:19:10	09:28
287	1411	Cátia Patrícia Arcado Roque	acm trail & running	Senior Feminino	05:06:47	+02:22:52	09:35
288	1482	Hugo Ricardo de Oliveira Ventura	stout & lager	Senior Masculino	05:06:48	+02:22:53	09:35
289	1592	Margarida Cunha Reis	sidónios	Veterana F40	05:08:27	+02:24:32	09:38
290	1433	Marta Silva	ribeiros bike shop	Veterana F40	05:11:46	+02:27:51	09:45
291	1415	Pedro Ricardo Oliveira Lourenço	individual	Senior Masculino	05:11:47	+02:27:52	09:45
292	1634	Bruno Ferreira	spin&run esposende team	Senior Masculino	05:12:26	+02:28:31	09:46
293	1289	Frank Manuel Domingues	individual	Veterano M40	05:15:24	+02:31:29	09:51
294	1511	Joao Cardoso	ss montepio	Veterano M40	05:15:30	+02:31:35	09:52

TRAIL LONGO 32K - STAGE 1

32 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
295	1186	Marcos António Cardoso Martins Quintas	voleibol runners	Veterano M40	05:15:50	+02:31:55	09:52
296	1506	Maria Rosário Moreira Ricardo	lion runners - g. d. leões da guarda	Veterana F50	05:16:40	+02:32:45	09:54
297	1019	Pedro Moreira	individual	Veterano M40	05:16:42	+02:32:47	09:54
298	1014	Paulo Gomes	individual	Veterano M40	05:16:42	+02:32:47	09:54
299	1383	Márcio Filipe Sacramento de Castro	no tomorrow running team	Senior Masculino	05:16:43	+02:32:48	09:54
300	1565	Custódio Paulo Tavares Alves	gdp - grupo desportivo pesqueira	Veterano M40	05:17:52	+02:33:57	09:56
301	1636	Paula Susana Araujo Pereira	alvelinhos running	Veterana F40	05:17:55	+02:34:00	09:56
302	1513	Helder Silva	individual	Senior Masculino	05:18:22	+02:34:27	09:57
303	1595	Nuno Santos	crocodilos / mister pc	Senior Masculino	05:18:43	+02:34:48	09:58
304	1632	Rita Susana Barão Monteiro	individual	Veterana F40	05:19:17	+02:35:22	09:59
305	1251	Vitor Manuel Moreira Viana	individual	Veterano M40	05:20:46	+02:36:51	10:01
306	1291	Avelino Dias	givec	Veterano M60	05:20:46	+02:36:51	10:01
307	1542	Joao Paulo Alves Ferreira	individual	Senior Masculino	05:25:02	+02:41:07	10:09
308	1481	Fernando Henrique Almeida Soares	stout & lager	Veterano M40	05:25:02	+02:41:07	10:09
309	1576	Rui Miguel Calado Santos da Silva Cabete	individual	Veterano M40	05:26:25	+02:42:30	10:12
310	1599	Fernanda Esteves	ceveira team running/clube celtas do minho	Veterana F60	05:27:04	+02:43:09	10:13
311	140	Daniel João Custódio Ramos	jobrinde - montes saloios	Senior Masculino	05:27:07	+02:43:12	10:13
312	1574	Nuno Manuel da Luz Almeida Lopes	individual	Veterano M40	05:28:01	+02:44:06	10:15
313	1539	Pedro Manuel Araujo Mendes Flores de Magalhaes	cuidado com o urso trail runners	Veterano M40	05:28:52	+02:44:58	10:17
314	1446	Luís Miguel Nunes Silva Alves Moreira	individual	Veterano M40	05:28:59	+02:45:04	10:17
315	1455	Luis Filipe Santos Silva	individual	Veterano M40	05:28:59	+02:45:04	10:17
316	1076	Elsa Vaz Direito	minho aventura	Senior Feminino	05:29:11	+02:45:17	10:17
317	1440	Nuno Carlos Lamas de Albuquerque	minho aventura	Veterano M50	05:29:12	+02:45:17	10:17
318	1594	Silvia Pedroso	sidónios	Veterana F40	05:29:57	+02:46:02	10:19
319	1404	Nuno António Macedo Dias de Sousa Pereira	bad team / raríssimas	Veterano M40	05:30:38	+02:46:43	10:20
320	1561	Rui Miguel Lima Pereira	bardinos dos montes	Senior Masculino	05:31:25	+02:47:30	10:21
321	1571	Manuel António Meneses de Araújo	edv-viana trail	Veterano M40	05:32:28	+02:48:33	10:23
322	1033	HELENA MARIA SANTOS CUNHA	arrastassolas	Veterana F40	05:34:54	+02:51:00	10:28
323	1285	José Rodolfo Polónia Pinto	cabritos da montanha	Senior Masculino	05:37:56	+02:54:01	10:34
324	1508	Graça Maria Costa Moreira Silva	lion runners - g. d. leões da guarda	Veterana F50	05:37:59	+02:54:05	10:34
325	1363	Mário André Bettencourt Jardim Pereira	individual	Senior Masculino	05:39:00	+02:55:06	10:36
326	1340	Adolfo Almeida	piratas running team	Senior Masculino	05:40:46	+02:56:51	10:39
327	1145	Manuel Cunha Lima	experienciar/c.r diogo cardoso/farmácia de vila cova	Veterano M50	05:42:59	+02:59:05	10:43
328	1430	carla alexandra araujo pereira	edv-viana trail	Senior Feminino	05:46:30	+03:02:36	10:50
329	1327	Sónia Ferreira Alves	patinha com garra	Senior Feminino	05:47:50	+03:03:55	10:52
330	1366	Vitor Manuel Fonseca Teixeira	motocar/bioracer/café do rio	Veterano M40	05:47:50	+03:03:55	10:52
331	1144	Ricardo Manuel Festa de Sousa Bailão	individual	Veterano M40	05:47:50	+03:03:55	10:52
332	1017	João Filipe Teixeira Morais	peak trail team	Veterano M40	05:47:50	+03:03:56	10:52
333	1570	Catia Luisa Macedo Ribeiro	bardinos dos montes	Senior Feminino	05:48:13	+03:04:19	10:53

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OFFICIAL RESULT

generate 21-Nov-2016 17:44

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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1	1478	Daniela Russo	Oralklass - Amigos Do Trail	Senior Feminino	03:29:35	06:33
2	1439	Adriana Isabel Silva Gomes	MINHO AVENTURA	Senior Feminino	03:46:16	+16:41 07:04
3	1231	Olga Marisa Sousa Martins	GTT - ARMAZÉM DO CAFFÈ	Senior Feminino	04:00:44	+31:09 07:31
4	1464	Raquel Sofia de Freitas Andrade	Nascidos Para Correr	Senior Feminino	04:05:57	+36:22 07:41
5	1100	Rita Margarida Lopes	Monsanto Running Team	Senior Feminino	04:10:04	+40:29 07:49
6	1650	Márcia Lourenço	Individual	Senior Feminino	04:23:59	+54:24 08:15
7	1442	Andreia Susana Ribeiro Machado	Individual	Senior Feminino	04:26:14	+56:39 08:19
8	1546	Ana Paula Soares Vieira	Amigos do Pedal TrailLagares	Senior Feminino	04:35:27	+01:05:52 08:36
9	1499	Daniela Ferreira	Nocturnos de Paredes	Senior Feminino	04:36:46	+01:07:11 08:39
10	1027	Sonia Sofia Parente	EDV - Viana Trail	Senior Feminino	04:37:45	+01:08:10 08:41
11	1524	Liliana Pereira	Shots International Runners	Senior Feminino	04:39:20	+01:09:45 08:44
12	1333	maria margarida gomes ribeiro figueiroa	Individual	Senior Feminino	04:44:41	+01:15:06 08:54
13	1399	Ana Sofia da Silva Borges	Amigos da Onça	Senior Feminino	04:51:09	+01:21:34 09:06
14	1097	Fátima Cristina Figueiredo Oliveira	GTT - ARMAZÉM DO CAFFÈ	Senior Feminino	04:52:20	+01:22:45 09:08
15	1435	ondina Maria Morim Salgado	GTT - ARMAZÉM DO CAFFÈ	Senior Feminino	04:52:21	+01:22:46 09:08
16	1138	Silvia Alexandra Silva Cunha	Individual	Senior Feminino	04:53:12	+01:23:37 09:10
17	1157	Carla Isabel Sousa Gonçalves	Vidaativarunners	Senior Feminino	04:56:41	+01:27:06 09:16
18	1411	Cátia Patrícia Arcado Roque	ACM Trail & Running	Senior Feminino	05:06:47	+01:37:12 09:35
19	1076	Elsa Vaz Direito	MINHO AVENTURA	Senior Feminino	05:29:11	+01:59:37 10:17
20	1430	carla alexandra araujo pereira	EDV-VIANA TRAIL	Senior Feminino	05:46:30	+02:16:56 10:50
21	1327	Sónia Ferreira Alves	Patinha com Garra	Senior Feminino	05:47:50	+02:18:15 10:52
22	1570	Catía Luisa Macedo Ribeiro	Bardinos dos montes	Senior Feminino	05:48:13	+02:18:39 10:53
23	1504	Susana Raquel Correia Faria	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	05:49:20	+02:19:45 10:55
24	1283	Ana Luisa Ferreira Oliveira Carvalho	Individual	Senior Feminino	05:51:01	+02:21:27 10:58
25	1562	Andrea Renata Fonte Lima Pereira	Bardinos dos Montes	Senior Feminino	05:52:07	+02:22:33 11:00
26	1509	Sara Jacinta Sousa Rocha	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	06:02:58	+02:33:23 11:21
27	1260	Elisabete Maria Fernandes Ferreira	Individual	Senior Feminino	06:18:48	+02:49:14 11:50

1	1002	Diogo da Silva Fernandes	Dr Merino/ Nutrifit	Senior Masculino	02:43:55		05:07
2	1179	Rafael Da Rocha Cruz	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Senior Masculino	02:44:11	+00:16	05:08
3	1483	Bruno Ribeiro	Águias de Alvelos	Senior Masculino	02:54:50	+10:55	05:28
4	1438	Luís Pedro Martins	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	02:57:13	+13:18	05:32
5	1209	João Nogueira	Oralklass - Amigos Do Trail	Senior Masculino	03:02:11	+18:16	05:42
6	1217	Luis Filipe Figueira Novais	Individual	Senior Masculino	03:02:43	+18:48	05:43
7	1058	Ivo Peko	Gaia Trail	Senior Masculino	03:03:09	+19:14	05:43

Official Timekeeper: Lap2Go	1 / 9	generate 21-Nov-2016 17:45
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Trail Longo 32K

32 KM

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OFFICIAL RESULT

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8	1395	Nuno Dias	Clube de Atletismo da Barreira	Senior Masculino	03:03:26	+19:31	05:44
9	1086	Carlos Manuel Gonçalves Reis	Individual	Senior Masculino	03:04:48	+20:53	05:47
10	1503	Celso Henrique Dias Oliveira	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	03:06:27	+22:32	05:50
11	1039	Carlos Alves	Gaia Trail	Senior Masculino	03:11:19	+27:24	05:59
12	1629	Helder Fernando Pereira Rocha	Douroconta Trail Team	Senior Masculino	03:14:09	+30:14	06:04
13	1537	Filipe Santos Novais	Experienciar/Barceltécnica/Sportsonfire	Senior Masculino	03:16:50	+32:55	06:09
14	1375	VITOR MANUEL MONTEIRO COSTA	A.D.Amarante trail running	Senior Masculino	03:16:58	+33:03	06:09
15	1388	Jorge Miguel Amorim Duarte	Coimbra Trail Running	Senior Masculino	03:17:26	+33:31	06:10
16	1109	Marco Arlindo Mendes Jorge	Cabritos da Montanha	Senior Masculino	03:18:30	+34:35	06:12
17	1556	Humberto Silva	AZTrail	Senior Masculino	03:18:32	+34:37	06:12
18	1514	Luis Miguel Brás Pinto	Fridão Sem Limites	Senior Masculino	03:18:41	+34:46	06:13
19	1105	Ricardo André Ramos Miranda	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	03:18:56	+35:01	06:13
20	1130	Eduardo Patrício Pedrosa Cunha	Águias de Alvelos	Senior Masculino	03:24:55	+41:00	06:24
21	1063	Nuno Figueiredo Gonçalves	Individual	Senior Masculino	03:24:55	+41:00	06:24
22	1548	Ricardo de Almeida Pinho Carmo	CDM RUNNING	Senior Masculino	03:25:49	+41:54	06:26
23	1560	Roberto Rolandone	Individual	Senior Masculino	03:26:49	+42:54	06:28
24	1644	Filipe Barros	A.D.Amarante trail running	Senior Masculino	03:27:05	+43:10	06:28
25	1243	Francisco Figueiredo	Oralklass - Amigos Do Trail	Senior Masculino	03:29:35	+45:40	06:33
26	1590	Marcio Carvalho	White Running Team	Senior Masculino	03:29:49	+45:54	06:33
27	1037	Paulo Madeira	Gaia Trail	Senior Masculino	03:30:32	+46:37	06:35
28	1553	Nelson Teixeira	CROCODILOS/MISTERPC	Senior Masculino	03:32:00	+48:05	06:38
29	1600	Eduardo Soares	Novo Doce Trail	Senior Masculino	03:32:27	+48:32	06:38
30	1474	Nuno Miguel da Rocha Nunes	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Senior Masculino	03:32:29	+48:34	06:38
31	1396	nuno pedro cruzeiro lombaa	Apúlia a Correr	Senior Masculino	03:34:03	+50:08	06:41
32	1258	Nuno António Fonseca Angélico	DOLCEFARMA	Senior Masculino	03:34:09	+50:14	06:42
33	1001	Ricardo Guerra	Soulmates Trail Team	Senior Masculino	03:34:26	+50:31	06:42
34	1628	jose antonio dominguez pereira	galiza trail team	Senior Masculino	03:34:58	+51:03	06:43
35	1400	Hélder Lemos	O Mundo da Corrida	Senior Masculino	03:35:48	+51:53	06:45
36	1480	Helio Sergio Gonçalves Costa	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	03:36:01	+52:06	06:45
37	1538	Ricardo Daniel Gomes dos Reis	Quinta de Paramos - Atletismo	Senior Masculino	03:36:07	+52:12	06:45
38	1305	João José Rocha da Silva	PatoCycles	Senior Masculino	03:37:41	+53:46	06:48
39	1386	Pedro Miguel Gonçalves Costa	Café S.Sebastião-Leça do Balio	Senior Masculino	03:40:43	+56:48	06:54
40	1226	TOME PINTO	EDV-VIANA TRAIL	Senior Masculino	03:43:16	+59:21	06:59
41	1306	Paulo Jorge Neves Oliveira	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:43:17	+59:22	06:59
42	1405	Francisco José Barbosa Gomes	Apúlia a Correr	Senior Masculino	03:43:43	+59:48	06:59
43	1451	paulo jorge reis filipe	Apúlia a Correr	Senior Masculino	03:43:43	+59:48	06:59
44	1486	Rafael Escrivães	Individual	Senior Masculino	03:44:27	+01:00:32	07:01
45	1559	Paulo Pinto	AZTrail	Senior Masculino	03:44:43	+01:00:48	07:01
46	1646	Marco Silva	Média 10 Team	Senior Masculino	03:44:52	+01:00:57	07:02
47	1203	Hugo Manuel Gonçalves Pereira Ferreira	White Running Team	Senior Masculino	03:45:41	+01:01:46	07:03
48	1467	paulo jorge costa oliveira	Experienciar	Senior Masculino	03:45:45	+01:01:50	07:03
49	1643	Urbano Ribeiro	A.D.Amarante trail running	Senior Masculino	03:46:44	+01:02:49	07:05
50	1623	José Diogo Ramos Ribeiro	Individual	Senior Masculino	03:49:13	+01:05:18	07:10
51	1555	Francisco Fernandes	AZTrail	Senior Masculino	03:50:19	+01:06:24	07:12

Trail Longo 32K

32 KM

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52	100	Sergio Paulo dos Santos Sá	NAST	Senior Masculino	03:50:21	+01:06:26	07:12
53	1202	João Manuel Pinho Sousa Vieira Mendes	Fafe Runners	Senior Masculino	03:50:43	+01:06:48	07:13
54	1543	Pedro alves	Individual	Senior Masculino	03:50:45	+01:06:50	07:13
55	1196	Hugo Miguel Lima Bezerra	Individual	Senior Masculino	03:50:50	+01:06:55	07:13
56	1266	jose fernandes capitao pereira	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	03:51:31	+01:07:36	07:14
57	1422	José Manuel Santos Cruz	Ei Team Trail	Senior Masculino	03:52:29	+01:08:34	07:16
58	276	Tiago Sousa	Dr. Merino	Senior Masculino	03:54:19	+01:10:24	07:19
59	1326	Renato Lopes	Barcelos Team Portugal	Senior Masculino	03:54:19	+01:10:24	07:19
60	1193	Francisco João da Silva Alves	Individual	Senior Masculino	03:55:31	+01:11:36	07:22
61	1460	Bruno Filipe Cardoso Pereira	Individual	Senior Masculino	03:55:54	+01:11:59	07:22
62	1054	Leandro Ricardo Oliveira Pinto Simões	Adega Tia Micas	Senior Masculino	03:56:29	+01:12:34	07:23
63	1517	Hugo Barroso Pinto	Adega Tia Micas	Senior Masculino	03:56:29	+01:12:34	07:23
64	1035	Rui Leite	TudoACorrerBem!	Senior Masculino	03:56:52	+01:12:57	07:24
65	1064	António José Balinho Almeida	Individual	Senior Masculino	03:57:27	+01:13:32	07:25
66	1535	Sergio Vale	Nocturnos de Paredes	Senior Masculino	03:57:36	+01:13:41	07:26
67	1501	Mauro Cardoso	Nocturnos de Paredes	Senior Masculino	03:57:37	+01:13:42	07:26
68	1263	Vitor Ribeiro	Didáxis Trail	Senior Masculino	03:57:56	+01:14:01	07:26
69	1050	José António Ferreira da Costa	FAMA RUNNERS	Senior Masculino	03:58:01	+01:14:06	07:26
70	1401	André Alves da Silva	AD Quinta - Atletismo	Senior Masculino	03:58:07	+01:14:12	07:26
71	1640	Hugo Duarte	A.D.Amarante trail running	Senior Masculino	03:58:12	+01:14:17	07:27
72	1398	André da Silva São Marcos	Individual	Senior Masculino	03:58:37	+01:14:42	07:27
73	1136	Hugo Manuel Lopes de Sousa	Águias de Alvelos	Senior Masculino	03:58:49	+01:14:54	07:28
74	1427	Samuel Fagundes Amorim	Individual	Senior Masculino	03:59:33	+01:15:38	07:29
75	1423	Luis Marcelo Ribeiro Teles	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	04:00:12	+01:16:17	07:30
76	1656	Paulo Jorge Sarmento	FFIT Gaia Trail	Senior Masculino	04:00:36	+01:16:41	07:31
77	1419	Cesar Lopes fernandes	Apúlia a Correr	Senior Masculino	04:00:46	+01:16:51	07:31
78	1131	Joel Augusto Fernandes Gomes	Águias de Alvelos	Senior Masculino	04:00:53	+01:16:58	07:32
79	1160	Manuel Joaquim Martins da Silva	TrepaTrilhos Trail Team	Senior Masculino	04:01:38	+01:17:43	07:33
80	1159	Orlando Silva	DetrasPaFrente Running Team	Senior Masculino	04:02:01	+01:18:06	07:34
81	1492	José Manuel Rodrigues Fernandes	Individual	Senior Masculino	04:03:26	+01:19:31	07:36
82	1277	Filipe Medeiros	All About	Senior Masculino	04:03:43	+01:19:48	07:37
83	1471	José Conceição	Team Coreevo Portugal/FitSpot	Senior Masculino	04:04:11	+01:20:16	07:38
84	1603	Gustavo Francisco Bento	Fridão Sem Limites	Senior Masculino	04:04:38	+01:20:43	07:39
85	1465	Bruno José Silva Moura	Nascidos Para Correr	Senior Masculino	04:05:58	+01:22:03	07:41
86	1557	Luis Gaspar	AZTrail	Senior Masculino	04:06:14	+01:22:19	07:42
87	1119	José António Pereira Alves	Individual	Senior Masculino	04:07:07	+01:23:12	07:43
88	1424	Nuno Joaquim Simões Campos	Clube Zupper	Senior Masculino	04:08:18	+01:24:23	07:46
89	1117	Ricardo Miguel Gonçalves de Sousa	Tartarugas Velozes	Senior Masculino	04:08:34	+01:24:39	07:46
90	1540	Pedro Filipe Dias Alves	ENJOYANDGORUNNERS/GTCC	Senior Masculino	04:08:50	+01:24:55	07:47
91	1031	Rui Brito	G. Aventura	Senior Masculino	04:09:49	+01:25:54	07:48
92	1211	Luis Lopes	oralklass-Aliança-Amigos do Trail	Senior Masculino	04:11:24	+01:27:29	07:51
93	1304	Hugo Mendes Gonçalves	Shotts Internacional	Senior Masculino	04:11:33	+01:27:38	07:52
94	1502	Diogo Jorge Oliveira Ramalhão	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	04:11:37	+01:27:42	07:52
95	1572	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	04:11:37	+01:27:42	07:52
96	1065	Bruno Alexandre Jesus Resende	Individual	Senior Masculino	04:12:29	+01:28:34	07:53

Trail Longo 32K

32 KM

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97	1484	Vasco Paulo Morais Escobar	Ei Team Trail	Senior Masculino	04:12:43	+01:28:48	07:54
98	1414	António José Azevedo Maia	Apúlia a correr!	Senior Masculino	04:13:49	+01:29:54	07:56
99	1473	MIGUEL NETO	Ei Team Trail	Senior Masculino	04:14:22	+01:30:27	07:57
100	1182	Rui Teixeira Pinto	Os Falta D'Ar	Senior Masculino	04:15:12	+01:31:17	07:59
101	1459	Fárido Tavares	SOLO TRAIL	Senior Masculino	04:15:44	+01:31:49	08:00
102	1178	Hernani da Silva Costa Correia	MINHO AVENTURA	Senior Masculino	04:15:56	+01:32:01	08:00
103	1354	Guilherme Lobo	G. Aventura	Senior Masculino	04:15:57	+01:32:02	08:00
104	1490	João Pedro Coelho Café Marques	Individual	Senior Masculino	04:17:21	+01:33:26	08:03
105	1479	Bruno Pinto	Oralklass - Amigos Do Trail	Senior Masculino	04:18:03	+01:34:08	08:04
106	1463	Daniel Cruz Fernandes	Individual	Senior Masculino	04:18:14	+01:34:19	08:04
107	1588	Hugo Duarte Teixeira	White Running Team	Senior Masculino	04:19:22	+01:35:27	08:06
108	1586	Nuno Miguel Martins	White Running Team	Senior Masculino	04:19:22	+01:35:27	08:06
109	1056	Ricardo Jorge Teixeira Duarte	Individual	Senior Masculino	04:21:40	+01:37:45	08:11
110	1584	Bruno Filipe Barbosa Monteiro	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	04:21:51	+01:37:56	08:11
111	1343	João Nuno Brandão Rocha	Individual	Senior Masculino	04:22:37	+01:38:42	08:12
112	1087	Rui Samuel Sousa Carvalho Costa Gonçalves	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	04:23:36	+01:39:41	08:14
113	1110	Filipe Tiago Ferreira Tavares	Cabritos da Montanha	Senior Masculino	04:24:19	+01:40:24	08:16
114	1023	Raul viana	Individual	Senior Masculino	04:24:57	+01:41:02	08:17
115	1616	Luís Antunes	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	Senior Masculino	04:26:46	+01:42:51	08:20
116	1638	Pierre Gomes	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	Senior Masculino	04:26:47	+01:42:52	08:20
117	1456	Nuno Filipe Faria Ferreira	CCD - SIEMENS	Senior Masculino	04:29:14	+01:45:19	08:25
118	1510	Emanuel Almeida	SS MONTEPIO	Senior Masculino	04:30:44	+01:46:49	08:28
119	1431	Daniel Silva	Hora do Lobo Trail	Senior Masculino	04:32:31	+01:48:36	08:31
120	1496	Pedro Nogueira	Nocturnos de Paredes	Senior Masculino	04:33:52	+01:49:57	08:34
121	1627	António Batista	Hora do Lobo Trail	Senior Masculino	04:34:30	+01:50:35	08:35
122	1612	João Lourenço Resende	Cuidado com o urso trail runners	Senior Masculino	04:35:37	+01:51:42	08:37
123	1611	Mauro Andre Vasconcelos Roxo	ADE Trail Running	Senior Masculino	04:35:44	+01:51:49	08:37
124	1162	Rui Rebelo	Run 4 All	Senior Masculino	04:36:01	+01:52:06	08:38
125	1489	Rui Filipe de Matos Soares	Individual	Senior Masculino	04:36:03	+01:52:08	08:38
126	1104	Tiago Freitas Camboa	Os Falta D'Ar	Senior Masculino	04:36:10	+01:52:15	08:38
127	1614	Israel Castro Martínez	COUTADAS TRAIL TEAM	Senior Masculino	04:37:00	+01:53:05	08:39
128	1547	Rodrigo Alvarez Gomez	Trail Running Nigran	Senior Masculino	04:37:00	+01:53:05	08:39
129	1406	Miguel Augusto Vinga da Quinta	Individual	Senior Masculino	04:37:14	+01:53:19	08:40
130	1522	Nelson Silva	Shots International Runners	Senior Masculino	04:37:46	+01:53:51	08:41
131	1635	Tiago Areias	Spin&Run Esposende Team	Senior Masculino	04:40:19	+01:56:24	08:46
132	1652	André Cunha	Trail Running Greci Gaia	Senior Masculino	04:40:22	+01:56:27	08:46
133	1573	Leonardo Samuel Maia	Individual	Senior Masculino	04:40:40	+01:56:45	08:46
134	1042	Rui Pedro Bernardes Santos	ultra trail vilar de perdizes	Senior Masculino	04:40:40	+01:56:45	08:46
135	1485	SERGIO ALBERTO MACEDO PEREIRA	Individual	Senior Masculino	04:40:48	+01:56:53	08:47
136	1512	jose luis	Casa Benfica Santo Tirso	Senior Masculino	04:43:08	+01:59:13	08:51
137	1334	joao pedro dias da fonseca	Individual	Senior Masculino	04:44:41	+02:00:46	08:54
138	1477	Nuno Filipe Silva Dantas	B.T.M.	Senior Masculino	04:44:44	+02:00:49	08:54

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139	1495	Ricardo Miguel Gonçalves Santos Rocha	B.T.M.	Senior Masculino	04:44:45	+02:00:50	08:54
140	1520	Artur Filipe Matos Pereira	Shots International Runners	Senior Masculino	04:44:49	+02:00:54	08:54
141	1605	Miguel Jorge Ferreira Araujo	Team Lantemil	Senior Masculino	04:44:59	+02:01:04	08:54
142	1242	Jorge Luis Vieira Sousa	Kx	Senior Masculino	04:46:47	+02:02:52	08:58
143	1647	Rodolfo Alexandre Brito da Silva	Farroncos Papa KM	Senior Masculino	04:48:26	+02:04:31	09:01
144	1091	César Ricardo Reis da Costa	MINHO AVENTURA	Senior Masculino	04:48:44	+02:04:49	09:01
145	1445	RICARDO PEREIRA	PORTOCARGO	Senior Masculino	04:48:45	+02:04:50	09:01
146	1521	Sergio Santiago	Shots International Runners	Senior Masculino	04:50:21	+02:06:26	09:04
147	1230	rui manuel campos viegas	GALHARDOS RUNNERS	Senior Masculino	04:50:29	+02:06:34	09:05
148	1610	Bruno Manuel Dias da Rocha	AD Quinta - Atletismo	Senior Masculino	04:51:14	+02:07:19	09:06
149	1256	PEDRO MIGUEL TEIXEIRA DAS NEVES	100fôlego	Senior Masculino	04:52:21	+02:08:26	09:08
150	1176	Joel Sequeira	Os Falta D'Ar	Senior Masculino	04:52:56	+02:09:01	09:09
151	1225	Nuno Marques	EDV VIANA TRAIL	Senior Masculino	04:55:15	+02:11:20	09:14
152	1624	Luís Machado Cerqueira	B'LIFE OUTDOOR TEAM	Senior Masculino	04:55:26	+02:11:31	09:14
153	1389	Hélder Filipe Ferreira Viegas	Individual	Senior Masculino	04:58:03	+02:14:08	09:19
154	1018	Tiago Miguel Velede Moreirinhas Soeiro	PEAK TRAIL TEAM	Senior Masculino	04:59:14	+02:15:19	09:21
155	1488	Hugo Miguel Serranito Mota	Individual	Senior Masculino	04:59:46	+02:15:51	09:22
156	1281	José Carlos Gomes	Melres Trail Running - Orde para Arriar	Senior Masculino	05:01:29	+02:17:34	09:25
157	1482	Hugo Ricardo de Oliveira Ventura	Stout & Lager	Senior Masculino	05:06:48	+02:22:53	09:35
158	1415	Pedro Ricardo Oliveira Lourenço	Individual	Senior Masculino	05:11:47	+02:27:52	09:45
159	1634	Bruno Ferreira	Spin&Run Esposende Team	Senior Masculino	05:12:26	+02:28:31	09:46
160	1383	Márcio Filipe Sacramento de Castro	NO TOMORROW RUNNING TEAM	Senior Masculino	05:16:43	+02:32:48	09:54
161	1513	Helder Silva	Individual	Senior Masculino	05:18:22	+02:34:27	09:57
162	1595	Nuno Santos	Crocodilos / Mister PC	Senior Masculino	05:18:43	+02:34:48	09:58
163	1542	Joao Paulo Alves Ferreira	Individual	Senior Masculino	05:25:02	+02:41:07	10:09
164	140	Daniel João Custódio Ramos	JOBRINDE - MONTES SALOIOS	Senior Masculino	05:27:07	+02:43:12	10:13
165	1561	Rui Miguel Lima Pereira	Bardinos dos Montes	Senior Masculino	05:31:25	+02:47:30	10:21
166	1285	José Rodolfo Polónia Pinto	Cabritos da Montanha	Senior Masculino	05:37:56	+02:54:01	10:34
167	1363	Mário André Bettencourt Jardim Pereira	Individual	Senior Masculino	05:39:00	+02:55:06	10:36
168	1340	Adolfo Almeida	PIRATAS RUNNING TEAM	Senior Masculino	05:40:46	+02:56:51	10:39
169	1601	Pedro Bruno de Castro Figueiredo	Bardinos dos Montes	Senior Masculino	05:52:07	+03:08:13	11:00
170	1580	Henrique Bruno Santos	Bardinos dos Montes	Senior Masculino	05:52:07	+03:08:13	11:00

Veterana F40

1	1180	Maria de Fátima Garrido Melo	Barcelos Team Portugal	Veterana F40	03:19:43	06:14
2	1075	Maria Augusta da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	03:42:10	+22:27 06:57
3	1394	Cláudia Batalha da Luz Correia	Amigos do Atletismo de Mafra	Veterana F40	03:50:17	+30:34 07:12
4	1470	Elisabete Loureiro dos Santos	Team Lantermil	Veterana F40	03:59:05	+39:22 07:28
5	1083	Susana Lobo Santos	Chegamos ao Fim	Veterana F40	04:17:20	+57:37 08:03
6	1173	Manuela Faria	PORTOCARGO	Veterana F40	04:23:16	+01:03:33 08:14
7	1577	Cacau Medeiros	Individual	Veterana F40	04:27:13	+01:07:30 08:21

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14	1108	Luis Manuel Mendes Jorge	Cabritos da Montanha	Veterano M40	03:41:07	+52:19	06:55
15	1536	Eduardo Antonio Lima da Silva	Barcelos Runners	Veterano M40	03:42:27	+53:39	06:57
16	1530	Jorge Manuel Barbosa Moreira	Amigos do Pedal TraiLagares	Veterano M40	03:42:46	+53:58	06:58
17	1604	Manuel Avelino Reis Pinheiro	Fridão Sem Limites	Veterano M40	03:44:46	+55:58	07:01
18	1615	carlos alexandre carneiro dos santos pereira	Individual	Veterano M40	03:45:05	+56:17	07:02
19	1232	Jorge Manuel Vieira Brites	AZTrail	Veterano M40	03:45:16	+56:28	07:02
20	1444	Alberto Durán Amores	Rias Baixas Trail Running	Veterano M40	03:45:17	+56:29	07:02
21	1648	José Carlos Sousa Coelho	Afa Cycles	Veterano M40	03:46:39	+57:51	07:03
22	1575	José Manuel de Oliveira Alves Loureiro	Quinta de Paramos - Atletismo	Veterano M40	03:47:03	+58:15	07:06
23	1497	José Gomes	Nocturnos de Paredes	Veterano M40	03:48:44	+59:56	07:09
24	1651	Gabriel Rocha	Trail Running Greci Gaia	Veterano M40	03:48:44	+59:56	07:09
25	1637	Luis Pereira	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	Veterano M40	03:50:01	+01:01:13	07:11
26	1554	Joaquim Gabriel da Cruz da Silva	GDP-Grupo Desportivo da Pesqueira	Veterano M40	03:52:03	+01:03:15	07:15
27	1059	Benjamim Batista Cruz	Individual	Veterano M40	03:52:57	+01:04:09	07:17
28	1360	Antonio Pedro Santa Ferreira Correia Pratas	PAREDES AVENTURA	Veterano M40	03:54:02	+01:05:14	07:19
29	1268	Nelson Fernando Soares dos Santos	Gaia Cycling Team	Veterano M40	03:54:02	+01:05:14	07:19
30	1587	Sérgio Branco	White Running Team	Veterano M40	03:54:17	+01:05:29	07:19
31	1458	Oscar Sousa	VilaVerdeaCorrer	Veterano M40	03:54:55	+01:06:07	07:20
32	1417	Pedro Miguel da Costa Vieira Miranda	Vidaativarunners	Veterano M40	03:54:55	+01:06:07	07:20
33	1564	Paulo Vilaverde	EDV-VIANATRAIL	Veterano M40	03:55:51	+01:07:03	07:22
34	1194	Vitor Rocha	Individual	Veterano M40	03:56:24	+01:07:36	07:23
35	1336	Joaquim Carlos da Silva Coelho	Ei Team Trail	Veterano M40	03:56:39	+01:07:51	07:24
36	1416	Sérgio Augusto Pereira Lima	Domplex BTT	Veterano M40	03:57:29	+01:08:41	07:25
37	1392	António Pedro Macedo de Sousa Coelho	NICE RUNNERS	Veterano M40	03:58:12	+01:09:24	07:27
38	1487	Luís António da Costa Carvalho Guise	vimarunners	Veterano M40	03:59:38	+01:10:50	07:29
39	1425	Domingos Moraes	Gaia Trail	Veterano M40	03:59:41	+01:10:53	07:29
40	1122	Paulo Jorge Vieira Faria	Águias de Alvelos	Veterano M40	03:59:56	+01:11:08	07:30
41	1457	Adelino Silva	CCD - SIEMENS	Veterano M40	04:01:03	+01:12:15	07:32
42	1626	Jorge Silva	Hora do Lobo Trail	Veterano M40	04:04:21	+01:15:33	07:38
43	1128	Rui Pedro Nascimento Martins Pena	AASM - TRIATLO	Veterano M40	04:04:33	+01:15:45	07:39
44	1578	Carlos barbosa	GLOBAL TRAIL	Veterano M40	04:06:36	+01:17:48	07:42
45	1345	Paulo Manuel Dias da Silva Azevedo	Lusitanos	Veterano M40	04:07:45	+01:18:57	07:45
46	1621	José Luís Pinto	Nocturnos de Paredes	Veterano M40	04:07:49	+01:19:01	07:45
47	1437	Duarte Costa Inácio	ADN - Ponta do Sol	Veterano M40	04:08:44	+01:19:56	07:46
48	1208	Luis Manuel Ramires Oliveira	GD Santander Totta	Veterano M40	04:08:50	+01:20:02	07:47
49	1279	José Carlos Gomes	Melres Trail Running - Orde para Arriar	Veterano M40	04:09:14	+01:20:26	07:47
50	1622	Marco Paulo Da Silva Dias	Padela Team	Veterano M40	04:13:27	+01:24:39	07:55
51	1566	Fausto José Pereira Neves	GDP - GRUPO DESPORTIVO PESQUEIRA	Veterano M40	04:13:43	+01:24:55	07:56
52	1249	David Rêgo da Cunha	Individual	Veterano M40	04:14:44	+01:25:56	07:58
53	1152	Julio Paulo Soares da Silva	JUVENTUDE CORTEGAçENSE	Veterano M40	04:15:03	+01:26:15	07:58
54	1150	Joao Paulo Costa Oliveira	JUVENTUDE CORTEGAçENSE	Veterano M40	04:15:03	+01:26:15	07:58

Trail Longo 32K

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55	1475	Paulo Filipe Fernandes Monteiro	Vidaativarunners	Veterano M40	04:15:45	+01:26:57	08:00
56	1582	Ricardo Monje Garcia	Caminhantes do Condado	Veterano M40	04:16:13	+01:27:25	08:00
57	1454	victor manuel ribeiro coelho	Individual	Veterano M40	04:16:41	+01:27:53	08:01
58	1391	manuel antonio ferreira pinto teixeira	Centro Municipal de Marcha e Corrida do Porto	Veterano M40	04:16:42	+01:27:54	08:01
59	1563	Pedro Bruno Silva Marques Rola	JUVENTUDE CORTEGACENSE	Veterano M40	04:17:16	+01:28:28	08:02
60	1655	Paulo Machado	FFIT Gaia Trail	Veterano M40	04:18:02	+01:29:14	08:04
61	1606	Nuno Afonso Reis Fabião	Individual	Veterano M40	04:21:21	+01:32:33	08:10
62	1449	Joaquim Alves	Individual	Veterano M40	04:21:34	+01:32:46	08:10
63	1250	Virgílio Gomes Lopes Pinhel	Pool Team	Veterano M40	04:21:37	+01:32:49	08:11
64	1631	filipe escobar	Ei Team Trail	Veterano M40	04:24:05	+01:35:17	08:15
65	1569	Rui Miguel Terra da Silva	Bardinos dos montes	Veterano M40	04:24:47	+01:35:59	08:16
66	1103	João Paulo Alves Rodrigues	Individual	Veterano M40	04:28:41	+01:39:53	08:24
67	1618	Álvaro Nunes	All About	Veterano M40	04:29:14	+01:40:26	08:25
68	1034	PEDRO JOAQUIM ARAUJO CARVALHO	arrastassolas	Veterano M40	04:31:46	+01:42:58	08:30
69	1500	Nuno Salgado	Nocturnos de Paredes	Veterano M40	04:33:52	+01:45:04	08:34
70	1598	Sérgio Osório	GLOBAL TRAIL	Veterano M40	04:36:02	+01:47:14	08:38
71	1450	CRISTIANO ANDRADE PEREIRA	Individual	Veterano M40	04:38:47	+01:49:59	08:43
72	1453	Rui Jorge Moreira Freitas	NICE RUNNERS	Veterano M40	04:40:02	+01:51:14	08:45
73	1275	Ilídio Pinto	All About	Veterano M40	04:40:44	+01:51:56	08:46
74	1447	Nuno Duarte cresso Vasconcelos da Cunha	Individual	Veterano M40	04:41:35	+01:52:47	08:48
75	1581	David José Santos Sousa	Individual	Veterano M40	04:43:34	+01:54:46	08:52
76	1528	Paulo Miguel Meixieira Duarte Carvalho	Trailistas "Eu é que sei!"	Veterano M40	04:43:39	+01:54:51	08:52
77	1585	Rui Vicente	Gaia Trail	Veterano M40	04:44:22	+01:55:34	08:53
78	1609	Paulo Vilarinho	GAIA-RUNNING	Veterano M40	04:49:50	+02:01:02	09:03
79	1620	Rui Fernando Oliveira de Almeida	Invicta Runners Team	Veterano M40	04:52:11	+02:03:23	09:08
80	1143	Luís Pedro Nogueira	Tartarugas do Asfalto	Veterano M40	04:53:12	+02:04:24	09:10
81	1074	Carlos Vilaça	100fôlego	Veterano M40	04:56:13	+02:07:25	09:15
82	1494	Miguel Ângelo Trindade Loureiro	Terroros do trail e asfalto	Veterano M40	05:00:42	+02:11:54	09:24
83	1602	Paulo César Fernandes	Bardinos do Monte	Veterano M40	05:01:01	+02:12:13	09:24
84	1461	Manuel Afonso de Sousa Teixeira	I-Run	Veterano M40	05:01:04	+02:12:16	09:25
85	1550	Armando Manuel Coelho de Lima	MATILHA RUNNING	Veterano M40	05:03:05	+02:14:17	09:28
86	1289	Frank Manuel Domingues	Individual	Veterano M40	05:15:24	+02:26:36	09:51
87	1511	Joao Cardoso	SS MONTEPIO	Veterano M40	05:15:30	+02:26:42	09:52
88	1186	Marcos António Cardoso Martins Quintas	Voleibol Runners	Veterano M40	05:15:50	+02:27:02	09:52
89	1019	Pedro Moreira	Individual	Veterano M40	05:16:42	+02:27:54	09:54
90	1014	Paulo Gomes	Individual	Veterano M40	05:16:42	+02:27:54	09:54
91	1565	Custódio Paulo Tavares Alves	GDP - GRUPO DESPORTIVO PESQUEIRA	Veterano M40	05:17:52	+02:29:04	09:56
92	1251	Vitor Manuel Moreira Viana	Individual	Veterano M40	05:20:46	+02:31:58	10:01
93	1481	Fernando Henrique Almeida Soares	Stout & Lager	Veterano M40	05:25:02	+02:36:14	10:09
94	1576	Rui Miguel Calado Santos da Silva Cabete	Individual	Veterano M40	05:26:25	+02:37:37	10:12
95	1574	Nuno Manuel da Luz Almeida Lopes	Individual	Veterano M40	05:28:01	+02:39:13	10:15
96	1539	Pedro Manuel Araujo Mendes Flores de Magalhaes	Cuidado com o Urso Trail Runners	Veterano M40	05:28:52	+02:40:05	10:17

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Official Timekeeper: Lap2Go	1 / 1	generate 21-Nov-2016 17:47
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