

TRAIL AM 35KM

35 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	08:30	14,5°C	82,1%
End	14:38	14.5°C	82.1%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1093	José Carvalho	sneakers power-aprt	Senior Masculino	02:28:43		04:15
2	1000	Diogo da Silva Fernandes	offtel runners	Senior Masculino	02:32:40	+03:57	04:22
3	1196	Dinis Henrique Ferreira Guerra Gonçalves	multipower gaia trail	Senior Masculino	02:35:47	+07:04	04:27
4	1193	João Nunes	multipower gaia trail	Senior Masculino	02:35:47	+07:04	04:27
5	1286	PEDRO MARQUES	lobos do monte	Veterano M40	02:41:25	+12:42	04:37
6	1185	Luis Gil	multipower gaia trail	Senior Masculino	02:42:28	+13:45	04:39
7	1244	LUIS FILIPE MIRANDA DOS SANTOS	dar-r.r.automac-fermaq	Senior Masculino	02:44:04	+15:21	04:41
8	1200	Leonel Rodrigues da Cunha	amigos do pedal-trailagares	Senior Masculino	02:44:04	+15:21	04:41
9	1361	BRUNO MIGUEL MARTINS CARVALHO	individual	Senior Masculino	02:44:04	+15:21	04:41
10	1089	Nuno Gomes	sneakers power-aprt	Senior Masculino	02:46:04	+17:21	04:45
11	1335	joão paulo lima rodrigues	vida activa	Senior Masculino	02:47:02	+18:19	04:46
12	1124	Luis Alberto Mimoso Gonçalves	clube nautico de ponte de lima	Senior Masculino	02:47:22	+18:39	04:47
13	1179	Bruno Miguel Rodrigues Moreira	amigos do pedal-trailagares	Senior Masculino	02:49:01	+20:18	04:50
14	1021	Victor Fernandes	ctad tiagoaragao.com	Senior Masculino	02:49:17	+20:34	04:50
15	1092	André Guedes	sneakers power-aprt	Veterano M40	02:50:01	+21:18	04:51
16	1048	ADOLFO GARRIDO FERNANDEZ	running sport trail	Veterano M40	02:54:36	+25:53	04:59
17	1168	Fernando Miguel da Silva Neves	equipa da cal	Senior Masculino	02:54:39	+25:56	04:59
18	1017	Tiago Aragão	ctad tiagoaragao.com	Senior Masculino	02:56:36	+27:53	05:03
19	1432	Filipe Miguel Grilo Teixeira	unidade especial de corrida	Senior Masculino	02:56:46	+28:03	05:03
20	1434	José Manuel Monteiro da Paixão Amaral	amigos da montanha - ferreirolux	Veterano M40	02:57:04	+28:21	05:04
21	1013	Domingos Freitas	nast	Senior Masculino	02:57:08	+28:25	05:04
22	1063	Ricardo Soares	personal trainer ricardo soares	Senior Masculino	02:57:41	+28:58	05:05
23	1247	Fernando Baltazar	dar-r.r.automac-fermaq	Veterano M40	02:59:39	+30:56	05:08
24	1404	RAFAEL BRITO DE ABREU PEREIRA	clube nautico de ponte de lima	Senior Masculino	03:00:12	+31:29	05:09
25	1191	Armando Ivo Silva Pereira	multipower gaia trail	Senior Masculino	03:00:35	+31:52	05:10
26	1195	Bruno Santiago	multipower gaia trail	Senior Masculino	03:00:35	+31:52	05:10
27	1368	Amândio Faria de Freitas	edv - viana trail	Senior Masculino	03:04:14	+35:31	05:16
28	1330	Norberto Da Costa	chaves running team	Veterano M50	03:04:16	+35:33	05:16
29	1258	Eduardo César Borges Oliveira	associação desportiva da efacec	Veterano M40	03:04:26	+35:43	05:16
30	1203	paulo manuel guimarães ribeiro	individual	Veterano M40	03:04:47	+36:04	05:17
31	1050	Bruno Alexandre S P Pinho Santos	ctad tiagoaragao.com	Senior Masculino	03:05:48	+37:05	05:19
32	1425	Maria de Fátima Garrido Melo	mgb-specialized - avianense	Veterana F40	03:06:38	+37:55	05:20
33	1245	Nuno Seraiva	dar-r.r.r.automac-fermaq	Senior Masculino	03:06:38	+37:55	05:20
34	1298	Paulo César Teixeira Martins Ferreira	gondomar futsal clube	Senior Masculino	03:06:50	+38:07	05:20
35	1275	victor emanuel de castro correia	individual	Veterano M40	03:08:53	+40:10	05:24
36	1151	Ricardo Jorge Dias Oliveira	nast	Senior Masculino	03:09:08	+40:25	05:24
37	1102	Marco Paulo Alves Brochado	os lobos do saibro	Senior Masculino	03:09:30	+40:47	05:25
38	1164	Aurelio Bruno Lima Rebelo	bismarck	Senior Masculino	03:09:37	+40:54	05:25

TRAIL AM 35KM

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	1369	Lucinda Santos Sousa	gondomar futsal clube	Veterana F40	03:10:13	+41:30	05:26
40	1198	Carlos Daniel Loureiro Alves	multipower gaia trail	Senior Masculino	03:10:14	+41:31	05:26
41	1099	Francisco João Cruz Fernandes	individual	Senior Masculino	03:12:00	+43:17	05:29
42	1082	José Paulo Pereira Ribeiro	ginásio factor x	Senior Masculino	03:14:11	+45:28	05:33
43	1422	Luis Filipe Pombal Antunes de Azevedo	individual	Senior Masculino	03:14:21	+45:38	05:33
44	1088	Fabio Carvalho	sneakers power-aprt	Senior Masculino	03:14:31	+45:48	05:33
45	1041	Fernando António Teixeira Soares	g. aventura	Veterano M40	03:14:37	+45:54	05:34
46	1262	Nuno Simões	individual	Veterano M40	03:15:20	+46:37	05:35
47	1349	Rui Manuel Fernandes Silva	moove it style	Senior Masculino	03:15:48	+47:05	05:36
48	1042	Nuno Miguel Araújo Ferreira	g. aventura	Senior Masculino	03:16:16	+47:33	05:36
49	1129	Bruno Miguel Dias da Costa	individual	Senior Masculino	03:17:31	+48:48	05:39
50	1356	francisco lopez hidalgo	individual	Senior Masculino	03:17:36	+48:53	05:39
51	1112	Roberto Teixeira	clube nautico de ponte de lima	Senior Masculino	03:18:37	+49:54	05:40
52	1435	Filipe Sousa	oralklass - amigos do trail	Senior Masculino	03:19:01	+50:18	05:41
53	1158	Filipe Miranda Almeida	mfourty	Senior Masculino	03:20:19	+51:36	05:43
54	1380	Rogério Manuel de Almeida Coelho	gdr retorta	Senior Masculino	03:20:27	+51:44	05:44
55	1272	paulo jorge pereira	papakm	Senior Masculino	03:22:00	+53:17	05:46
56	1327	Paulo Jorge Oliveira	gondomar futsal clube	Senior Masculino	03:22:09	+53:26	05:47
57	1051	Joaquim Manuel Soares Miranda	vida activa	Senior Masculino	03:22:09	+53:26	05:47
58	1166	João Vitor Ribeiro Teixeira Pinheiro	individual	Senior Masculino	03:22:22	+53:39	05:47
59	1399	Manuel Emidio de Freitas Rocha	porto runners	Veterano M40	03:22:34	+53:51	05:47
60	1437	Rui Manuel Fernandes de São José Pereira	oralklass - amigos do trail	Senior Masculino	03:22:39	+53:56	05:47
61	1143	VITOR ROCHA	slb 105	Veterano M40	03:22:45	+54:02	05:48
62	1211	Bruno Alexandre Fernandes Dias	trail vilar de perdizes	Veterano M40	03:22:59	+54:16	05:48
63	1204	Manuel Jorge Alves do Nascimento	vrl viana remadores do lima	Veterano M40	03:23:55	+55:12	05:50
64	1339	Carlos Miguel Oliveira Coelho	trail me	Senior Masculino	03:24:10	+55:27	05:50
65	1220	Hugo Flávio Rebouço Marinho	individual	Senior Masculino	03:24:42	+55:59	05:51
66	1194	José Henrique Pinto de Oliveira	multipower gaia trail	Senior Masculino	03:25:38	+56:55	05:53
67	1403	Luís Alberto Pinto Reis	moove it style	Senior Masculino	03:25:51	+57:08	05:53
68	1162	Pedro Ferreira	realtintas-cyber cafe	Senior Masculino	03:25:59	+57:16	05:53
69	1221	Pedro Ferreira Pinto	trilhos d'aventura	Senior Masculino	03:26:07	+57:24	05:53
70	1355	Alberto Mariño Silva	individual	Senior Masculino	03:26:10	+57:27	05:53
71	1049	Nuno Abreu	individual	Senior Masculino	03:26:28	+57:45	05:54
72	1156	Antonio Rui Baptista Silva	mfourty	Veterano M40	03:26:30	+57:47	05:54
73	1086	Nelson Davide Pimenta da Graça	run.pt	Senior Masculino	03:26:53	+58:10	05:55
74	1140	Maria Augusta da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	03:27:01	+58:18	05:55
75	1338	Valdemar filipe casal costa	individual	Veterano M40	03:27:02	+58:19	05:55
76	1044	Joaquim Augusto Gomes Figueiredo	g. aventura	Senior Masculino	03:28:42	+59:59	05:58
77	1132	Paulo Madeira	multipower gaia trail	Senior Masculino	03:29:23	+01:00:40	05:59
78	1241	Paula Lage	individual	Senior Feminino	03:29:26	+01:00:43	05:59
79	1045	António Daniel de Castro Ferreira	associação desportiva de cabroelo	Senior Masculino	03:29:37	+01:00:54	05:59
80	1061	Bruno Miguel dos santos Mendes	prt - ad quinta	Senior Masculino	03:29:38	+01:00:55	05:59
81	1091	Luís Carvalho	sneakers power-aprt	Veterano M40	03:29:44	+01:01:01	06:00
82	1148	Tiago Almeida	clínica de nutrição dr. tiago almeida	Senior Masculino	03:29:53	+01:01:10	06:00

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	1400	Jesus António Faria Campos	gdctcmb	Senior Masculino	03:29:58	+01:01:15	06:00
84	1218	joel alpoim caridade	individual	Senior Masculino	03:31:09	+01:02:26	06:02
85	1412	Miguel Ângelo Salgueiro Araújo	trail me	Veterano M40	03:31:11	+01:02:28	06:02
86	1421	Carlos Alberto Nogueira Soares	ctad tiagoaragao.com	Senior Masculino	03:31:12	+01:02:29	06:02
87	1300	José Luis Loureiro	blade runners	Veterano M50	03:31:12	+01:02:29	06:02
88	1108	Rui Jorge Canelhas Bastos Neves	clube zipper	Senior Masculino	03:31:42	+01:02:59	06:03
89	1246	Celso Morrera	dar-r.r.automac-fermaq	Senior Masculino	03:31:46	+01:03:03	06:03
90	1147	PAULO BALTASAR MARTINS	individual	Veterano M40	03:32:57	+01:04:14	06:05
91	1224	Helder Fernando Vieira Azevedo	nast	Senior Masculino	03:33:05	+01:04:22	06:05
92	1313	António Pedro Pinto de Sousa Teixeira	individual	Senior Masculino	03:33:16	+01:04:33	06:06
93	1188	Hugo Miguel Mendes Gonçalves	multipower gaia trail	Senior Masculino	03:34:40	+01:05:57	06:08
94	1114	Carlos Alberto Azevedo Simões	alvelinhos running	Senior Masculino	03:34:50	+01:06:07	06:08
95	1305	Nuno Miguel Rodrigues Martins	brt	Senior Masculino	03:35:02	+01:06:19	06:09
96	1134	Gil Barros Rodrigues Silva Oliveira	chaves running team	Senior Masculino	03:35:49	+01:07:06	06:10
97	1190	Francisco Oliveira	multipower gaia trail	Senior Masculino	03:35:52	+01:07:09	06:10
98	1183	Hugo Moita	club zipper	Senior Masculino	03:36:44	+01:08:01	06:12
99	1366	Manuel Joaquim Ferreira Gonçalves	alvelinhos running	Veterano M40	03:37:24	+01:08:41	06:13
100	1144	Francisco Alves	slb 105	Senior Masculino	03:37:59	+01:09:16	06:14
101	1192	André Peixoto Costa Assunção	multipower gaia trail	Senior Masculino	03:38:15	+01:09:32	06:14
102	1360	Victor Manuel Morgado Ventura	kangaroo runners	Veterano M40	03:38:24	+01:09:41	06:14
103	1387	Paulo Jorge Pinho Ferreira	ctr vale de cambra	Veterano M40	03:38:31	+01:09:48	06:15
104	1428	Brígida Raquel Dias Pinto	oralklass - amigos do trail	Senior Feminino	03:38:53	+01:10:10	06:15
105	1276	Carlos Manuel Ribeiro Alves	individual	Senior Masculino	03:39:17	+01:10:34	06:16
106	1323	OSCAR MAXIMINO	pentelheiros runners	Senior Masculino	03:39:25	+01:10:42	06:16
107	1186	Diogo João	multipower gaia trail	Senior Masculino	03:39:29	+01:10:46	06:16
108	1072	Hugo Manuel Megre Garcia Fernandes	moreira relax runners	Senior Masculino	03:39:29	+01:10:46	06:16
109	1039	Francisco da Costa Sabino	individual	Veterano M50	03:39:59	+01:11:16	06:17
110	1291	Luis Filipe da Rocha Gonçalves	centro municipal de marcha e corrida de são joão da pesqueira	Senior Masculino	03:39:59	+01:11:16	06:17
111	1424	António Eugénio Teixeira Baptista	cansaaados	Veterano M50	03:40:01	+01:11:18	06:17
112	1032	Lieven Verraest	individual	Veterano M40	03:40:14	+01:11:31	06:18
113	1085	pedro jorge boaventura matos	individual	Senior Masculino	03:40:14	+01:11:31	06:18
114	1382	António Pereira da Cruz	lijobike	Veterano M50	03:40:15	+01:11:32	06:18
115	1306	Vitor Hugo Dourado da Rocha	vespa runners	Senior Masculino	03:40:43	+01:12:00	06:18
116	1231	Fatinha Pinto	vespa runners	Senior Feminino	03:40:44	+01:12:01	06:18
117	1279	Rúben Miguel Mendes Alves	associação desportiva de cabroelo	Senior Masculino	03:40:47	+01:12:04	06:18
118	1159	Adelino Luciano Silva Brito	mfourty	Veterano M50	03:41:04	+01:12:21	06:19
119	1301	António José Machado Loureiro	blade runners	Veterano M40	03:42:21	+01:13:38	06:21
120	1066	João Manuel Maciel Linhares	barcelos team portugal	Senior Masculino	03:42:44	+01:14:01	06:22
121	1169	António José Soares Duarte Gomes	fernanda maciel - material ortopédico e hospitalar	Senior Masculino	03:42:44	+01:14:01	06:22
122	1385	António Ricardo Soares Moreira	individual	Senior Masculino	03:42:49	+01:14:06	06:22
123	1018	Vítor Paulo Duarte Caldeira	individual	Senior Masculino	03:43:04	+01:14:21	06:22
124	1171	jose manuel dos Santos pacheco	individual	Veterano M40	03:43:14	+01:14:31	06:23
125	1436	Fernando Taborda	oralklass - amigos do trail	Senior Masculino	03:43:24	+01:14:41	06:23

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35 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
126	1420	Domingos barros	os selvagens	Veterano M40	03:43:26	+01:14:43	06:23
127	1317	Paulo José Silva Barros Moreira	turbulentos	Veterano M50	03:44:10	+01:15:27	06:24
128	1332	Duarte Gil Ribeiro Barbosa	individual	Veterano M40	03:44:12	+01:15:29	06:24
129	1271	daniel grenha fonseca	papakm	Senior Masculino	03:44:14	+01:15:31	06:24
130	1378	Carlos Pedro Brito Fernandes Araujo	btt matosinhos	Veterano M40	03:44:23	+01:15:40	06:25
131	1314	joaquim manuel lima sa	individual	Veterano M50	03:44:39	+01:15:56	06:25
132	1103	filipe ricardo pinto ferreira	os lobos do saibro	Senior Masculino	03:45:47	+01:17:04	06:27
133	1071	Pedro Miguel Leão Santos	team duas faces	Senior Masculino	03:45:57	+01:17:14	06:27
134	1318	Nuno Filipe Amorim da Silva	turbulentos	Senior Masculino	03:46:13	+01:17:30	06:28
135	1334	Rosario Martins	centro ciclista de gondomar	Veterana F40	03:46:16	+01:17:33	06:28
136	1189	Paulo Alexandre da Fonseca Amadeu	multipower gaia trail	Senior Masculino	03:46:17	+01:17:34	06:28
137	1281	Joaquim Gabriel da Cruz Silva	centro municipal de marcha e corrida de são joão da pescaieira	Veterano M40	03:46:26	+01:17:43	06:28
138	1015	José Rosête Regueiras	individual	Veterano M40	03:46:27	+01:17:44	06:28
139	1331	António José Balinho Almeida	individual	Senior Masculino	03:47:06	+01:18:23	06:29
140	1408	João Carlos F. Vasco Fernandes	ctad tiagoaragao.com	Senior Masculino	03:47:20	+01:18:37	06:30
141	1219	Francisco Aragão	individual	Senior Masculino	03:47:33	+01:18:50	06:30
142	1391	Carlos Manuel da Fonseca	all about	Senior Masculino	03:47:36	+01:18:53	06:30
143	1118	Nuno de Castro Lopo e Faro Beirão	individual	Veterano M40	03:48:01	+01:19:18	06:31
144	1160	Carlos Manuel Viana Saragoça	meeting point btt - trail	Senior Masculino	03:48:01	+01:19:18	06:31
145	1075	Luís António da Costa Carvalho Guise	vimarunners	Veterano M40	03:48:20	+01:19:37	06:31
146	1343	Paulo Alexandre Lema Pelicano	corridas de pernas pró ar	Veterano M40	03:48:25	+01:19:42	06:32
147	1011	Helder Filipe da Silva Martins	grimes	Senior Masculino	03:48:44	+01:20:01	06:32
148	1270	rafael gutierrez araujo	condado trail	Veterano M40	03:48:46	+01:20:03	06:32
149	1307	Luís Miguel Teixeira Leite Pereira	individual	Senior Masculino	03:48:48	+01:20:05	06:32
150	1293	Ricardo Jorge Quintela Correia	addicted to trail	Senior Masculino	03:48:48	+01:20:05	06:32
151	1292	Marta Susana Pereira da Rosa	addicted to trail	Senior Feminino	03:48:49	+01:20:06	06:32
152	1319	Sandra Maria Finisterra Araújo Travessas	turbulentos	Veterana F40	03:49:35	+01:20:52	06:34
153	1321	Marco Baltazar Manso Ferreira	minho aventura	Senior Masculino	03:50:08	+01:21:25	06:35
154	1034	Nuno Cáceres	porto runners	Veterano M40	03:51:22	+01:22:39	06:37
155	1205	Albano Fernando Pereira Martins	badteam-raríssimas	Veterano M40	03:52:23	+01:23:40	06:38
156	1213	Paulo Jorge Nogueira Marques	individual	Veterano M40	03:52:23	+01:23:40	06:38
157	1080	Diamantino Moreira da Silva Linhares	individual	Senior Masculino	03:53:05	+01:24:22	06:40
158	1311	Paulo Machado	remax executivo	Veterano M40	03:53:17	+01:24:34	06:40
159	1120	Fernando Jorge Castro de Oliveira	ffit gaia trail	Veterano M40	03:53:18	+01:24:35	06:40
160	1201	Rui Pedro Simões Machado	alvelinhos running	Senior Masculino	03:53:34	+01:24:51	06:40
161	1036	David Lafuente Alves	individual	Veterano M40	03:53:39	+01:24:56	06:41
162	1181	Mário Jorge Oliveira	shots international runners	Senior Masculino	03:53:42	+01:24:59	06:41
163	1333	Luís Miguel Azevedo da Silva	unidade especial de corrida	Senior Masculino	03:53:42	+01:24:59	06:41
164	1180	Ivo Miguel Lopes	shots international runners	Senior Masculino	03:53:42	+01:24:59	06:41
165	1170	António Américo Campos Baptista da Silva	individual	Veterano M40	03:53:51	+01:25:08	06:41
166	1264	Paulo Brás	individual	Veterano M40	03:54:00	+01:25:17	06:41

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
167	1154	Ana Ferreira	ada running trail	Senior Feminino	03:54:02	+01:25:19	06:41
168	1083	António Daniel Pinto Mendes	a.d.amarante trail running	Senior Masculino	03:54:02	+01:25:19	06:41
169	1364	Ana Cristina Santos Villas Boas	lobo assessoria esportiva	Veterana F40	03:54:11	+01:25:28	06:41
170	1208	Nuno Miguel Correia Leite	moove it style	Senior Masculino	03:55:04	+01:26:21	06:43
171	1294	Rui Duarte Nobre Ferreira	brt	Senior Masculino	03:55:37	+01:26:54	06:44
172	1064	Miguel Meireles	running classes hp arrábida	Veterano M40	03:55:49	+01:27:06	06:44
173	1396	Joao Miguel Santos Oliveira	prt - ad quinta	Senior Masculino	03:55:53	+01:27:10	06:44
174	1033	Paulo Jorge da Silva Alves	gondomar futsal clube	Veterano M40	03:56:11	+01:27:28	06:45
175	1273	Hugo Miguel Leite Duarte Teixeira	brt	Senior Masculino	03:56:12	+01:27:29	06:45
176	1232	Pedro Campos Costa	brt	Senior Masculino	03:56:13	+01:27:30	06:45
177	1256	Paulo Roberto Dias Oliveira Borges	associação desportiva da efacec	Senior Masculino	03:56:52	+01:28:09	06:46
178	1282	Fausto José Pereira Neves	centro municipal de marcha e corrida de são joão da pescaieira	Senior Masculino	03:56:56	+01:28:13	06:46
179	1052	David Joel Monteiro Rodrigues	individual	Senior Masculino	03:56:59	+01:28:16	06:46
180	1070	João Filipe Ribeiro Vieira	thunderrunners	Senior Masculino	03:57:44	+01:29:01	06:48
181	1242	José Maria Sousa Covilhã Leite Mendes	ginásio factor x	Veterano M50	03:58:19	+01:29:36	06:49
182	1315	Paulo Jorge Tavares Ferreira	ponto zen	Senior Masculino	03:58:49	+01:30:06	06:49
183	1257	Jorge Miguel Barbosa Pereira	associação desportiva da efacec	Senior Masculino	03:58:53	+01:30:10	06:50
184	1373	Gil Manuel Megre Garcia Fernandes	moreira relax runners	Veterano M40	03:59:07	+01:30:24	06:50
185	1255	Domingos Nogueira	associação desportiva da efacec	Senior Masculino	03:59:07	+01:30:24	06:50
186	1141	Rui Filipe Nogueira Marques	badteam-raríssimas	Senior Masculino	03:59:33	+01:30:50	06:51
187	1128	Miguel Filipe Gonçalves Carvalho Soares	sarava running	Senior Masculino	03:59:48	+01:31:05	06:51
188	1207	Rui Filipe Correia Leite	moove it style	Senior Masculino	03:59:48	+01:31:05	06:51
189	1310	António Carlos Silva Teixeira	individual	Veterano M50	04:00:03	+01:31:20	06:52
190	1376	Carlos Humberto Jorge Ramalho	btt matosinhos	Veterano M40	04:00:55	+01:32:12	06:53
191	1136	António José Machado Ferreira	turbulentos	Veterano M50	04:01:49	+01:33:06	06:55
192	1260	Mauro Miguel Moutinho Fernandes	trail vilar de perdizes	Senior Masculino	04:01:49	+01:33:06	06:55
193	1081	Armandino Taborda	oralklass - amigos do trail	Veterano M40	04:02:10	+01:33:27	06:55
194	1135	David Pedro Martins Morais	oralklass - amigos do trail	Senior Masculino	04:03:11	+01:34:28	06:57
195	1407	Margarida Maria Miranda Pedro	ctad tiagoaragao.com	Senior Feminino	04:03:11	+01:34:28	06:57
196	1077	José António Barros Soares	individual	Senior Masculino	04:03:36	+01:34:53	06:58
197	1069	Rodrigo Miguel Pereira Oliveira	individual	Senior Masculino	04:03:37	+01:34:54	06:58
198	1371	Ana Maria Amaral	gondomar futsal clube	Veterana F40	04:04:02	+01:35:19	06:58
199	1109	José Ricardo Ramalho de Sousa	kangaroo runners	Senior Masculino	04:04:31	+01:35:48	06:59
200	1187	Rui Manuel Faria Gonçalves	multipower gaia trail	Senior Masculino	04:04:43	+01:36:00	07:00
201	1296	Blandine Gomes Craveiro Ramirez	addicted to trail	Senior Feminino	04:04:46	+01:36:03	07:00
202	1030	Paulo João Álvaro Magano	ctad tiagoaragao.com	Senior Masculino	04:04:46	+01:36:03	07:00
203	1363	Sonia Sofia Parente	edv - viana trail	Senior Feminino	04:04:54	+01:36:11	07:00
204	1226	Rui Pereira	shots international runners	Senior Masculino	04:05:03	+01:36:20	07:00
205	1121	luis nuno santos	afis ovar	Veterano M40	04:06:39	+01:37:56	07:03
206	1023	Filipe Vaz Machado Gonçalves	trail tónico	Senior Masculino	04:06:54	+01:38:11	07:03
207	1022	Cláudio Cândido	team maria	Senior Masculino	04:06:55	+01:38:12	07:03
208	1197	Francisco Gomes	shots international runners	Senior Masculino	04:07:22	+01:38:39	07:04
209	1375	Marco Paulo Silva Costa	sarava running	Senior Masculino	04:07:51	+01:39:08	07:05

TRAIL AM 35KM

35 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
210	1344	Andreia Amorim	gondomar futsal clube	Senior Feminino	04:08:13	+01:39:30	07:06
211	1105	António Alberto Lourenço da Silva	individual	Veterano M40	04:08:52	+01:40:09	07:07
212	1047	Ricardo Miguel da Silva Pereira	alvelinhos running	Senior Masculino	04:09:21	+01:40:38	07:07
213	1426	José Manuel Rodrigues Vieira	individual	Veterano M40	04:10:34	+01:41:51	07:10
214	1427	José Miguel Pereira	os rotos	Veterano M40	04:10:34	+01:41:51	07:10
215	1235	Nuno Lopes	global news	Senior Masculino	04:11:22	+01:42:39	07:11
216	1234	João Graça	global news	Senior Masculino	04:11:22	+01:42:39	07:11
217	1354	Tiago Miguel Reitor Dias	leixões byl	Senior Masculino	04:12:21	+01:43:38	07:13
218	1058	Rui Vicente Ferreira	crp ribafria	Senior Masculino	04:12:30	+01:43:47	07:13
219	1365	Miguel Magalhaes	porto runners	Veterano M40	04:12:32	+01:43:49	07:13
220	1100	Jorge Miguel Azevedo M Santos	porto runners	Veterano M40	04:12:33	+01:43:50	07:13
221	1402	Joaquim Pedro Pinto Couto Viana	porto runners	Veterano M40	04:12:33	+01:43:50	07:13
222	1199	Ana Paula Soares Vieira	amigos do pedal-trailagares	Senior Feminino	04:12:56	+01:44:13	07:14
223	1026	Nuno Ramos Viana	team maria	Senior Masculino	04:13:10	+01:44:27	07:14
224	1035	Rodolfo Carvalho	individual	Senior Masculino	04:13:37	+01:44:54	07:15
225	1388	Daniela Ferreira Fernandes	all about	Senior Feminino	04:13:37	+01:44:54	07:15
226	1243	Miguel MarquesOliveira	dar- rrautomatic-fermaq	Senior Masculino	04:14:21	+01:45:38	07:16
227	1383	nuno filipe coelho dos santos	individual	Senior Masculino	04:14:29	+01:45:46	07:16
228	1113	Ana Cristina Alves dee Miranda	clube nautico de ponte de lima	Senior Feminino	04:14:53	+01:46:10	07:17
229	1440	José Manuel De Castro Ferreira	individual	Senior Masculino	04:15:20	+01:46:37	07:18
230	1054	JOSÉ MIGUEL BARROS	individual	Veterano M40	04:15:21	+01:46:38	07:18
231	1031	João Pedro Carvalhal Soares Ferreira	budeguita runners	Veterano M40	04:16:01	+01:47:18	07:19
232	1182	Bruno Costa	ctad tiagoaragao.com	Senior Masculino	04:16:31	+01:47:48	07:20
233	1406	Pedro Miguel Matos Torres	individual	Senior Masculino	04:16:31	+01:47:48	07:20
234	1060	Viriato Gil Tavares Almeida	individual	Veterano M40	04:17:42	+01:48:59	07:22
235	1038	Paulo Manuel Lagoa da Silva Marques	budeguita runners	Veterano M40	04:18:52	+01:50:09	07:24
236	1131	Rui Filipe Ribeiro Alves	trail me	Senior Masculino	04:20:35	+01:51:52	07:27
237	1308	Francisco Ismael Moniz Carneiro	a.d. esmeriz running	Senior Masculino	04:20:49	+01:52:06	07:27
238	1278	Marta Regina Queirós Couto	individual	Senior Feminino	04:21:44	+01:53:01	07:29
239	1401	George Ferreira Araújo	gdctcmb	Veterano M40	04:21:52	+01:53:09	07:29
240	1324	Hugo Miguel Da Cunha Couto	i-run	Senior Masculino	04:21:54	+01:53:11	07:29
241	1346	Paulo Alexandre Tavares Moreira	ducks team	Senior Masculino	04:23:16	+01:54:33	07:31
242	1297	Hugo António Coutinho Costa	gondomar futsal clube	Veterano M40	04:23:50	+01:55:07	07:32
243	1116	Manuel Ramiro Catarino Batista	individual	Veterano M50	04:24:04	+01:55:21	07:33
244	1316	António André Neves Sousa Cunha	i-run	Senior Masculino	04:24:22	+01:55:39	07:33
245	1379	Ricardo Meireles	individual	Veterano M40	04:25:37	+01:56:54	07:35
246	1157	Antonio Candido Gomes Nogueira	mfourty	Veterano M40	04:25:38	+01:56:55	07:35
247	1253	Pedro Miguel Lourenço da Cruz	associação desportiva da efacec	Senior Masculino	04:25:47	+01:57:04	07:36
248	1254	Mário Jorge Abreu Goios Ferreira	associação desportiva da efacec	Veterano M40	04:25:50	+01:57:07	07:36
249	1267	Paulo Seabra	individual	Veterano M40	04:26:15	+01:57:32	07:36
250	1223	Ana Carolina Lopes Ferreira	nast	Veterana F40	04:26:35	+01:57:52	07:37
251	1178	Marcos António Cardoso Martins Quintas	voleibol runners	Veterano M40	04:26:37	+01:57:54	07:37
252	1288	Sandra Isabel Lopes Pera	bikes & friends	Senior Feminino	04:26:48	+01:58:05	07:37
253	1087	ana coelho da silva	a&r running team	Senior Feminino	04:27:20	+01:58:37	07:38

TRAIL AM 35KM

35 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
254	1106	rui manuel de pinho rodrigues	a&r running team	Senior Masculino	04:27:20	+01:58:37	07:38
255	1384	Diogo Moreira Barros	individual	Senior Masculino	04:27:29	+01:58:46	07:39
256	1328	Pedro Miguel Costa Lino de Seixas	oralklass - amigos do trail	Senior Masculino	04:28:03	+01:59:20	07:40
257	1225	Antonio Joao da Rocha Machado	ffit gaia trail	Senior Masculino	04:30:11	+02:01:28	07:43
258	1410	Manuel Afonso de Sousa Teixeira	i-run	Veterano M40	04:31:25	+02:02:42	07:45
259	1284	Manuel Fernando Ferreira de Carvalho	i-run	Veterano M40	04:31:25	+02:02:42	07:45
260	2518	Joaquim Ferreira	ponto zen	Veterano M40	04:31:26	+02:02:43	07:45
261	1340	vasco miguel seabra de oliveira	individual	Senior Masculino	04:33:08	+02:04:25	07:48
262	1287	ALBERTO CARLOS LIMA PEREIRA	clube millennium bcp	Veterano M40	04:33:41	+02:04:58	07:49
263	1261	Cristiana Isabel Brás Esteves	individual	Senior Feminino	04:33:49	+02:05:06	07:49
264	1130	Vasco Carvalho	individual	Senior Masculino	04:34:06	+02:05:23	07:50
265	1351	António Paulo da Cunha Faria	trail me	Veterano M40	04:35:03	+02:06:20	07:52
266	1397	Filipe Miguel Mouta Nogueira da Silva	individual	Veterano M40	04:36:33	+02:07:50	07:54
267	1393	Rui Almeida	all about	Veterano M40	04:37:07	+02:08:24	07:55
268	1374	Rui Pedro Campos Pinto	clube desportivo de lousado	Senior Masculino	04:38:24	+02:09:41	07:57
269	1390	Manuela Cristina Morais Tavares	all about	Senior Feminino	04:38:30	+02:09:47	07:57
270	1153	Hermínio Pinho	individual	Veterano M40	04:38:31	+02:09:48	07:57
271	1020	Isabel Coelho	individual	Senior Feminino	04:38:32	+02:09:49	07:57
272	1119	João Fernando Cibrão Torres	sarava running	Senior Masculino	04:39:58	+02:11:15	08:00
273	1163	Francisco Neto	realtintas-cyber cafe	Senior Masculino	04:40:53	+02:12:10	08:02
274	1280	estela eliana lopes martins	individual	Senior Feminino	04:41:55	+02:13:12	08:03
275	1277	Vera Mónica Ribeiro Freitas	individual	Senior Feminino	04:41:55	+02:13:12	08:03
276	1138	Ana Luísa Moreira Dias	budeguita runners	Senior Feminino	04:42:29	+02:13:46	08:04
277	1418	tobey davis	individual	Veterana F40	04:44:05	+02:15:22	08:07
278	1320	Filipe André Alves Cardoso	individual	Senior Masculino	04:44:06	+02:15:23	08:07
279	1405	Pedro Ferreirinha	individual	Senior Masculino	04:44:07	+02:15:24	08:07
280	1274	André Pereira Dias	individual	Senior Masculino	04:44:11	+02:15:28	08:07
281	1139	Renato José da Silva Cravo de Carvalho	ccdjp coimbra	Senior Masculino	04:44:32	+02:15:49	08:08
282	1176	Ana Isabel Silva Moreira de Sousa	budeguita runners	Senior Feminino	04:44:56	+02:16:13	08:08
283	1250	Maria do Carmo Loureiro	budeguita runners	Veterana F40	04:44:59	+02:16:16	08:09
284	1125	Hélder Henrique Santos Costa Silva	clube atletismo de lamas	Senior Masculino	04:45:49	+02:17:06	08:10
285	1123	Américo Manuel Graça Gomes	clube atletismo de lamas	Veterano M40	04:45:49	+02:17:06	08:10
286	1152	Rui Manuel da Rocha Correia	real montanelas	Senior Masculino	04:46:15	+02:17:32	08:11
287	1037	Isabel Araújo	all about	Veterana F40	04:47:18	+02:18:35	08:13
288	1295	Ana Cristina Pereira da Rosa	addicted to trail	Senior Feminino	04:49:13	+02:20:30	08:16
289	1350	Diana Soraia Vieira Marques	dar- rrautomatic-fermaq	Senior Feminino	04:50:03	+02:21:20	08:17
290	1248	Marcio Mendes	dar-r.r.automatc-fermaq	Senior Masculino	04:50:40	+02:21:57	08:18
291	1040	Julia Helena Macedo Machado da Silva	chaves running team	Senior Feminino	04:52:49	+02:24:06	08:22
292	1269	Ana Catarina Dias Sousa	individual	Senior Feminino	04:53:29	+02:24:46	08:23
293	1210	Maria do Céu Barbosa Coelho	individual	Senior Feminino	04:53:29	+02:24:46	08:23
294	1104	Nádia Margarida Reis Pinho Ferreira	individual	Senior Feminino	04:53:29	+02:24:46	08:23

TRAIL AM 35KM

[illegible]

35 KM

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
295	1115	Tiago Correia Ribeiro Pinheiro de Almeida	budeguita runners	Senior Masculino	04:53:36	+02:24:53	08:23
296	1137	Tiago Assunção Martins de Almeida	budeguita runners	Veterano M40	04:53:36	+02:24:53	08:23
297	1214	Pedro Oliveira	clubegenortesecretaria@galpenergia.com	Veterano M40	04:53:41	+02:24:58	08:23
298	1216	Eurico Rainho	clubegenortesecretaria@galpenergia.com	Senior Masculino	04:53:41	+02:24:58	08:23
299	1215	Ricardo Albuquerque	clubegenortesecretaria@galpenergia.com	Senior Masculino	04:53:41	+02:24:58	08:23
300	1110	Ana Luisa Correia Da Silva Xavier	cães d' avenida	Senior Feminino	04:55:11	+02:26:28	08:26
301	1395	Margarida Figueiroa	individual	Senior Feminino	04:55:11	+02:26:28	08:26
302	1024	António Carlos Rodrigues Pinheiro	porto runners	Senior Masculino	04:55:26	+02:26:43	08:26
303	1290	Álvaro Manuel dos Santos Aguiar	individual	Senior Masculino	04:55:59	+02:27:16	08:27
304	1098	Cristina Isabel Borges Freitas	melres trail running - ordem para arriar	Senior Feminino	04:58:39	+02:29:56	08:32
305	1065	Maria Rosa da Silva P Costa	moreira relax runners	Veterana F50	04:58:48	+02:30:05	08:32
306	1149	Jorge Manuel Oliveira Pinto Almeida	individual	Veterano M40	05:04:33	+02:35:50	08:42
307	1389	Vitor Manuel Silva	all about	Veterano M40	05:04:41	+02:35:58	08:42
308	1362	Carlos Jorge Marques Maia	os finos	Senior Masculino	05:06:48	+02:38:05	08:46
309	1237	Abílio Malheiro	global news	Veterano M40	05:09:21	+02:40:38	08:50
310	1394	Fernanda Alves	all about	Veterana F40	05:11:13	+02:42:30	08:54
311	1325	Paula Cristina Almeida de Oliveira	individual	Veterana F40	05:11:14	+02:42:31	08:54
312	1347	Diogo Moutinho	individual	Senior Masculino	05:11:44	+02:43:01	08:54
313	1236	Sonia Almeida	global news	Veterana F40	05:15:48	+02:47:05	09:01
314	1342	Daniela Alexandra B C Mota Machado	individual	Senior Feminino	05:16:15	+02:47:32	09:02
315	1285	Custódio Paulo Tavares Alves	centro municipal de marcha e corrida de são joão da pescaieira	Veterano M40	05:16:41	+02:47:58	09:03
316	1059	Viviana Penas Ribeiro	crp ribafria	Senior Feminino	05:18:44	+02:50:01	09:06
317	1014	Maria da Luz Neves Olivença	individual	Veterana F40	05:18:44	+02:50:01	09:06
318	1184	Ricardo Jorge Soto Maior Ramos	individual	Senior Masculino	05:19:06	+02:50:23	09:07
319	1367	Paulo César de Assunção Serra	individual	Senior Masculino	05:21:06	+02:52:23	09:10
320	1173	Solange Cabral	vamos lá	Senior Feminino	05:21:41	+02:52:58	09:11
321	1348	Carla Maria Gonçalves Macedo Moreira	individual	Veterana F40	05:21:41	+02:52:58	09:11
322	1174	José Ribeiro	vamos lá	Veterano M50	05:21:42	+02:52:59	09:11
323	1028	Susana Guerreiro	tudo a correr bem	Senior Feminino	05:22:25	+02:53:42	09:13
324	1029	Rui Leite	tudo a correr bem	Senior Masculino	05:22:25	+02:53:42	09:13
325	1353	Gomes da Silva	cabalus	Veterano M40	05:24:38	+02:55:55	09:17
326	1150	Joaquim Gayo	tudo a correr bem	Senior Masculino	05:24:39	+02:55:56	09:17
327	1336	Ricardo Miguel Galo	individual	Senior Masculino	05:25:33	+02:56:50	09:18
328	1386	Antonio Avelino Dias da Silva	individual	Veterano M50	05:27:06	+02:58:23	09:21
329	1167	Mónica Sofia Lourenço Esteves	jc&niki	Senior Feminino	05:33:50	+03:05:07	09:32
330	1233	José Silva	global news	Veterano M40	05:36:03	+03:07:20	09:36
331	1239	Cláudia Amaral	global news	Senior Feminino	05:36:04	+03:07:21	09:36
332	1416	paulo jorge sousa magalhães	individual	Veterano M40	05:48:15	+03:19:32	09:57
333	1312	Joaquim Fernando Pinto Lima	g d bpi	Veterano M40	06:06:37	+03:37:54	10:28
334	1326	José António Lopes Soares	individual	Senior Masculino	06:06:37	+03:37:54	10:28

Obs

Official Timekeeper: Lap2Go	8 / 9	generate 01-dez-2014 15:15
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Trail AM 35km

35 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:30	14,5°C	82,1%
End	14:38	14,5°C	82,1%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1241	Paula Lage	Individual	Senior Feminino	03:29:26		05:59
2	1428	Brígida Raquel Dias Pinto	Oralklass - Amigos Do Trail	Senior Feminino	03:38:53	+09:27	06:15
3	1231	Fatinha Pinto	VESPA RUNNERS	Senior Feminino	03:40:44	+11:18	06:18
4	1292	Marta Susana Pereira da Rosa	Addicted to trail	Senior Feminino	03:48:49	+19:23	06:32
5	1154	Ana Ferreira	ADA Running Trail	Senior Feminino	03:54:02	+24:36	06:41
6	1407	Margarida Maria Miranda Pedro	CTAD tiagoaragao.com	Senior Feminino	04:03:11	+33:45	06:57
7	1296	Blandine Gomes Craveiro Ramirez	Addicted to trail	Senior Feminino	04:04:46	+35:20	07:00
8	1363	Sonia Sofia Parente	EDV - Viana Trail	Senior Feminino	04:04:54	+35:28	07:00
9	1344	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	04:08:13	+38:47	07:06
10	1199	Ana Paula Soares Vieira	Amigos do Pedal-Trailagares	Senior Feminino	04:12:56	+43:30	07:14
11	1388	Daniela Ferreira Fernandes	All About	Senior Feminino	04:13:37	+44:11	07:15
12	1113	Ana Cristina Alves dee Miranda	Clube Nautico de Ponte de Lima	Senior Feminino	04:14:53	+45:27	07:17
13	1278	Marta Regina Queirós Couto	Individual	Senior Feminino	04:21:44	+52:18	07:29
14	1288	Sandra Isabel Lopes Pera	Bikes & Friends	Senior Feminino	04:26:48	+57:22	07:37
15	1087	ana coelho da silva	A&R Running Team	Senior Feminino	04:27:20	+57:54	07:38
16	1261	Cristiana Isabel Brás Esteves	Individual	Senior Feminino	04:33:49	+01:04:23	07:49
17	1390	Manuela Cristina Morais Tavares	All About	Senior Feminino	04:38:30	+01:09:04	07:57
18	1020	Isabel Coelho	Individual	Senior Feminino	04:38:32	+01:09:06	07:57
19	1280	estela eliana lopes martins	Individual	Senior Feminino	04:41:55	+01:12:29	08:03
20	1277	Vera Mónica Ribeiro Freitas	Individual	Senior Feminino	04:41:55	+01:12:29	08:03
21	1138	Ana Luísa Moreira Dias	BUDEGUITA RUNNERS	Senior Feminino	04:42:29	+01:13:03	08:04
22	1176	Ana Isabel Silva Moreira de Sousa	BUDEGUITA RUNNERS	Senior Feminino	04:44:56	+01:15:30	08:08
23	1295	Ana Cristina Pereira da Rosa	Addicted to trail	Senior Feminino	04:49:13	+01:19:47	08:16
24	1350	Diana Soraia Vieira Marques	Dar- RRAutomatic-Fermaq	Senior Feminino	04:50:03	+01:20:37	08:17
25	1040	Julia Helena Macedo Machado da Silva	CHAVES RUNNING TEAM	Senior Feminino	04:52:49	+01:23:23	08:22
26	1269	Ana Catarina Dias Sousa	Individual	Senior Feminino	04:53:29	+01:24:03	08:23
27	1210	Maria do Céu Barbosa Coelho	Individual	Senior Feminino	04:53:29	+01:24:03	08:23
28	1104	Nádia Margarida Reis Pinho Ferreira	Individual	Senior Feminino	04:53:29	+01:24:03	08:23
29	1110	Ana Luisa Correia Da Silva Xavier	Cães D' Avenida	Senior Feminino	04:55:11	+01:25:45	08:26
30	1395	Margarida Figueiroa	Individual	Senior Feminino	04:55:11	+01:25:45	08:26
31	1098	Cristina Isabel Borges Freitas	MELRES TRAIL RUNNING - Ordem para arriar	Senior Feminino	04:58:39	+01:29:13	08:32
32	1342	Daniela Alexandra B C Mota Machado	Individual	Senior Feminino	05:16:15	+01:46:49	09:02
33	1059	Viviana Penas Ribeiro	CRP RIBAFRIA	Senior Feminino	05:18:44	+01:49:18	09:06
34	1173	Solange Cabral	VAMOS LÁ	Senior Feminino	05:21:41	+01:52:15	09:11
35	1028	Susana Guerreiro	Tudo a Correr Bem	Senior Feminino	05:22:25	+01:52:59	09:13
36	1167	Mónica Sofia Lourenço Esteves	JC&NIKI	Senior Feminino	05:33:50	+02:04:24	09:32
37	1239	Cláudia Amaral	Global News	Senior Feminino	05:36:04	+02:06:38	09:36

Trail AM 35km

35 KM

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Senior Masculino

1	1093	José Carvalho	Sneakers Power-APRT	Senior Masculino	02:28:43	04:15
2	1000	Diogo da Silva Fernandes	OFFtel Runners	Senior Masculino	02:32:40	+03:57 04:22
3	1196	Dinis Henrique Ferreira Guerra Gonçalves	MULTIPOWER GAIA TRAIL	Senior Masculino	02:35:47	+07:04 04:27
4	1193	João Nunes	MULTIPOWER GAIA TRAIL	Senior Masculino	02:35:47	+07:04 04:27
5	1185	Luis Gil	MULTIPOWER GAIA TRAIL	Senior Masculino	02:42:28	+13:45 04:39
6	1244	LUIS FILIPE MIRANDA DOS SANTOS	DAR-R.R.AUTOMATC-FERMAQ	Senior Masculino	02:44:04	+15:21 04:41
7	1200	Leonel Rodrigues da Cunha	Amigos do Pedal-Trailagares	Senior Masculino	02:44:04	+15:21 04:41
8	1361	BRUNO MIGUEL MARTINS CARVALHO	Individual	Senior Masculino	02:44:04	+15:21 04:41
9	1089	Nuno Gomes	Sneakers Power-APRT	Senior Masculino	02:46:04	+17:21 04:45
10	1335	joão paulo lima rodrigues	Vida Activa	Senior Masculino	02:47:02	+18:19 04:46
11	1124	Luis Alberto Mimoso Gonçalves	Clube Nautico de Ponte de Lima	Senior Masculino	02:47:22	+18:39 04:47
12	1179	Bruno Miguel Rodrigues Moreira	Amigos do Pedal-Trailagares	Senior Masculino	02:49:01	+20:18 04:50
13	1021	Victor Fernandes	CTAD tiagoaragao.com	Senior Masculino	02:49:17	+20:34 04:50
14	1168	Fernando Miguel da Silva Neves	Equipa da cal	Senior Masculino	02:54:39	+25:56 04:59
15	1017	Tiago Aragão	CTAD tiagoaragao.com	Senior Masculino	02:56:36	+27:53 05:03
16	1432	Filipe Miguel Grilo Teixeira	Unidade Especial de Corrida	Senior Masculino	02:56:46	+28:03 05:03
17	1013	Domingos Freitas	NAST	Senior Masculino	02:57:08	+28:25 05:04
18	1063	Ricardo Soares	Personal Trainer Ricardo Soares	Senior Masculino	02:57:41	+28:58 05:05
19	1404	RAFAEL BRITO DE ABREU PEREIRA	Clube Nautico de Ponte de Lima	Senior Masculino	03:00:12	+31:29 05:09
20	1191	Armando Ivo Silva Pereira	MULTIPOWER GAIA TRAIL	Senior Masculino	03:00:35	+31:52 05:10
21	1195	Bruno Santiago	MULTIPOWER GAIA TRAIL	Senior Masculino	03:00:35	+31:52 05:10
22	1368	Amândio Faria de Freitas	EDV - Viana Trail	Senior Masculino	03:04:14	+35:31 05:16
23	1050	Bruno Alexandre S P Pinho Santos	CTAD tiagoaragao.com	Senior Masculino	03:05:48	+37:05 05:19
24	1245	Nuno Seraiva	DAR-R.R.AUTOMATC-FERMAQ	Senior Masculino	03:06:38	+37:55 05:20
25	1298	Paulo César Teixeira Martins Ferreira	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:06:50	+38:07 05:20
26	1151	Ricardo Jorge Dias Oliveira	NAST	Senior Masculino	03:09:08	+40:25 05:24
27	1102	Marco Paulo Alves Brochado	Os Lobos do Saibro	Senior Masculino	03:09:30	+40:47 05:25
28	1164	Aurelio Bruno Lima Rebelo	BISMARCK	Senior Masculino	03:09:37	+40:54 05:25
29	1198	Carlos Daniel Loureiro Alves	MULTIPOWER GAIA TRAIL	Senior Masculino	03:10:14	+41:31 05:26
30	1099	Francisco João Cruz Fernandes	Individual	Senior Masculino	03:12:00	+43:17 05:29
31	1082	José Paulo Pereira Ribeiro	Ginásio Factor X	Senior Masculino	03:14:11	+45:28 05:33
32	1422	Luis Filipe Pombal Antunes de Azevedo	Individual	Senior Masculino	03:14:21	+45:38 05:33
33	1088	Fabio Carvalho	Sneakers Power-APRT	Senior Masculino	03:14:31	+45:48 05:33
34	1349	Rui Manuel Fernandes Silva	Moove it Style	Senior Masculino	03:15:48	+47:05 05:36
35	1042	Nuno Miguel Araújo Ferreira	G. Aventura	Senior Masculino	03:16:16	+47:33 05:36
36	1129	Bruno Miguel Dias da Costa	Individual	Senior Masculino	03:17:31	+48:48 05:39
37	1356	francisco lopez hidalgo	Individual	Senior Masculino	03:17:36	+48:53 05:39
38	1112	Roberto Teixeira	Clube Nautico de Ponte de Lima	Senior Masculino	03:18:37	+49:54 05:40
39	1435	Filipe Sousa	Oralklass - Amigos Do Trail	Senior Masculino	03:19:01	+50:18 05:41
40	1158	Filipe Miranda Almeida	mfourty	Senior Masculino	03:20:19	+51:36 05:43
41	1380	Rogério Manuel de Almeida Coelho	GDR RETORTA	Senior Masculino	03:20:27	+51:44 05:44
42	1272	paulo jorge pereira	PAPAKM	Senior Masculino	03:22:00	+53:17 05:46
43	1327	Paulo Jorge Oliveira	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:22:09	+53:26 05:47

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Trail AM 35km

35 KM

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44	1051	Joaquim Manuel Soares Miranda	Vida Activa	Senior Masculino	03:22:09	+53:26	05:47
45	1166	João Vítor Ribeiro Teixeira Pinheiro	Individual	Senior Masculino	03:22:22	+53:39	05:47
46	1437	Rui Manuel Fernandes de São José Pereira	Oralklass - Amigos Do Trail	Senior Masculino	03:22:39	+53:56	05:47
47	1339	Carlos Miguel Oliveira Coelho	TRAIL ME	Senior Masculino	03:24:10	+55:27	05:50
48	1220	Hugo Flávio Rebouço Marinho	Individual	Senior Masculino	03:24:42	+55:59	05:51
49	1194	José Henrique Pinto de Oliveira	MULTIPOWER GAIA TRAIL	Senior Masculino	03:25:38	+56:55	05:53
50	1403	Luís Alberto Pinto Reis	Moove It Style	Senior Masculino	03:25:51	+57:08	05:53
51	1162	Pedro Ferreira	Realintas-Cyber Cafe	Senior Masculino	03:25:59	+57:16	05:53
52	1221	Pedro Ferreira Pinto	Trilhos D'Aventura	Senior Masculino	03:26:07	+57:24	05:53
53	1355	Alberto Mariño Silva	Individual	Senior Masculino	03:26:10	+57:27	05:53
54	1049	Nuno Abreu	Individual	Senior Masculino	03:26:28	+57:45	05:54
55	1086	Nelson Davide Pimenta da Graça	RUN.PT	Senior Masculino	03:26:53	+58:10	05:55
56	1044	Joaquim Augusto Gomes Figueiredo	G. Aventura	Senior Masculino	03:28:42	+59:59	05:58
57	1132	Paulo Madeira	MULTIPOWER GAIA TRAIL	Senior Masculino	03:29:23	+01:00:40	05:59
58	1045	António Daniel de Castro Ferreira	Associação Desportiva de Cabroelo	Senior Masculino	03:29:37	+01:00:54	05:59
59	1061	Bruno Miguel dos Santos Mendes	PRT - AD Quinta	Senior Masculino	03:29:38	+01:00:55	05:59
60	1148	Tiago Almeida	Clínica de Nutrição Dr. Tiago Almeida	Senior Masculino	03:29:53	+01:01:10	06:00
61	1400	Jesus António Faria Campos	GDCTCMB	Senior Masculino	03:29:58	+01:01:15	06:00
62	1218	Joel Alpoim Caridade	Individual	Senior Masculino	03:31:09	+01:02:26	06:02
63	1421	Carlos Alberto Nogueira Soares	CTAD tiagoaragao.com	Senior Masculino	03:31:12	+01:02:29	06:02
64	1108	Rui Jorge Canelhas Bastos Neves	Clube Zupper	Senior Masculino	03:31:42	+01:02:59	06:03
65	1246	Celso Morrera	DAR-R.R.AUTOMATC-FERMAQ	Senior Masculino	03:31:46	+01:03:03	06:03
66	1224	Helder Fernando Vieira Azevedo	NAST	Senior Masculino	03:33:05	+01:04:22	06:05
67	1313	António Pedro Pinto de Sousa Teixeira	Individual	Senior Masculino	03:33:16	+01:04:33	06:06
68	1188	Hugo Miguel Mendes Gonçalves	MULTIPOWER GAIA TRAIL	Senior Masculino	03:34:40	+01:05:57	06:08
69	1114	Carlos Alberto Azevedo Simões	ALVELINHOS RUNNING	Senior Masculino	03:34:50	+01:06:07	06:08
70	1305	Nuno Miguel Rodrigues Martins	BRT	Senior Masculino	03:35:02	+01:06:19	06:09
71	1134	Gil Barros Rodrigues Silva Oliveira	CHAVES RUNNING TEAM	Senior Masculino	03:35:49	+01:07:06	06:10
72	1190	Francisco Oliveira	MULTIPOWER GAIA TRAIL	Senior Masculino	03:35:52	+01:07:09	06:10
73	1183	Hugo Moita	club zupper	Senior Masculino	03:36:44	+01:08:01	06:12
74	1144	Francisco Alves	SLB 105	Senior Masculino	03:37:59	+01:09:16	06:14
75	1192	André Peixoto Costa Assunção	MULTIPOWER GAIA TRAIL	Senior Masculino	03:38:15	+01:09:32	06:14
76	1276	Carlos Manuel Ribeiro Alves	Individual	Senior Masculino	03:39:17	+01:10:34	06:16
77	1323	OSCAR MAXIMINO	PENTELHEIROS RUNNERS	Senior Masculino	03:39:25	+01:10:42	06:16
78	1186	Diogo João	MULTIPOWER GAIA TRAIL	Senior Masculino	03:39:29	+01:10:46	06:16
79	1072	Hugo Manuel Megre Garcia Fernandes	Moreira Relax Runners	Senior Masculino	03:39:29	+01:10:46	06:16
80	1291	Luís Filipe da Rocha Gonçalves	Centro Municipal de Marcha e Corrida de São João da Pesqueira	Senior Masculino	03:39:59	+01:11:16	06:17
81	1085	Pedro Jorge Boaventura Matos	Individual	Senior Masculino	03:40:14	+01:11:31	06:18
82	1306	Vitor Hugo Dourado da Rocha	VESPA RUNNERS	Senior Masculino	03:40:43	+01:12:00	06:18
83	1279	Rúben Miguel Mendes Alves	Associação Desportiva de Cabroelo	Senior Masculino	03:40:47	+01:12:04	06:18
84	1066	João Manuel Maciel Linhares	Barcelos Team Portugal	Senior Masculino	03:42:44	+01:14:01	06:22
85	1169	António José Soares Duarte Gomes	Fernanda Maciel - Material Ortopédico e Hospitalar	Senior Masculino	03:42:44	+01:14:01	06:22

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Trail AM 35km

35 KM

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86	1385	António Ricardo Soares Moreira	Individual	Senior Masculino	03:42:49	+01:14:06	06:22
87	1018	Vítor Paulo Duarte Caldeira	Individual	Senior Masculino	03:43:04	+01:14:21	06:22
88	1436	Fernando Taborda	Oralklass - Amigos Do Trail	Senior Masculino	03:43:24	+01:14:41	06:23
89	1271	daniel grenha fonseca	PAPAKM	Senior Masculino	03:44:14	+01:15:31	06:24
90	1103	filipe ricardo pinto ferreira	Os Lobos do Saibro	Senior Masculino	03:45:47	+01:17:04	06:27
91	1071	Pedro Miguel Leão Santos	Team DUAS FACES	Senior Masculino	03:45:57	+01:17:14	06:27
92	1318	Nuno Filipe Amorim da Silva	TURBULENTOS	Senior Masculino	03:46:13	+01:17:30	06:28
93	1189	Paulo Alexandre da Fonseca Amadeu	MULTIPOWER GAIA TRAIL	Senior Masculino	03:46:17	+01:17:34	06:28
94	1331	António José Balinho Almeida	Individual	Senior Masculino	03:47:06	+01:18:23	06:29
95	1408	João Carlos F. Vasco Fernandes	CTAD tiagoaragao.com	Senior Masculino	03:47:20	+01:18:37	06:30
96	1219	Francisco Aragão	Individual	Senior Masculino	03:47:33	+01:18:50	06:30
97	1391	Carlos Manuel da Fonseca	All About	Senior Masculino	03:47:36	+01:18:53	06:30
98	1160	Carlos Manuel Viana Saragoça	Meeting Point BTT - Trail	Senior Masculino	03:48:01	+01:19:18	06:31
99	1011	Helder Filipe da Silva Martins	Grimes	Senior Masculino	03:48:44	+01:20:01	06:32
100	1307	Luís Miguel Teixeira Leite Pereira	Individual	Senior Masculino	03:48:48	+01:20:05	06:32
101	1293	Ricardo Jorge Quintela Correia	Addicted to trail	Senior Masculino	03:48:48	+01:20:05	06:32
102	1321	Marco Baltazar Manso Ferreira	MINHO AVENTURA	Senior Masculino	03:50:08	+01:21:25	06:35
103	1080	Diamantino Moreira da Silva Linhares	Individual	Senior Masculino	03:53:05	+01:24:22	06:40
104	1201	Rui Pedro Simões Machado	ALVELINHOS RUNNING	Senior Masculino	03:53:34	+01:24:51	06:40
105	1181	Mário Jorge Oliveira	Shots International Runners	Senior Masculino	03:53:42	+01:24:59	06:41
106	1333	Luís Miguel Azevedo da Silva	Unidade Especial de Corrida	Senior Masculino	03:53:42	+01:24:59	06:41
107	1180	Ivo Miguel Lopes	Shots International Runners	Senior Masculino	03:53:42	+01:24:59	06:41
108	1083	António Daniel Pinto Mendes	A.D.Amarante trail running	Senior Masculino	03:54:02	+01:25:19	06:41
109	1208	Nuno Miguel Correia Leite	Moove It Style	Senior Masculino	03:55:04	+01:26:21	06:43
110	1294	Rui Duarte Nobre Ferreira	BRT	Senior Masculino	03:55:37	+01:26:54	06:44
111	1396	Joao Miguel Santos Oliveira	PRT - AD Quinta	Senior Masculino	03:55:53	+01:27:10	06:44
112	1273	Hugo Miguel Leite Duarte Teixeira	BRT	Senior Masculino	03:56:12	+01:27:29	06:45
113	1232	Pedro Campos Costa	BRT	Senior Masculino	03:56:13	+01:27:30	06:45
114	1256	Paulo Roberto Dias Oliveira Borges	Associação Desportiva da Efacec	Senior Masculino	03:56:52	+01:28:09	06:46
115	1282	Fausto José Pereira Neves	Centro Municipal de Marcha e Corrida de São João da Pesqueira	Senior Masculino	03:56:56	+01:28:13	06:46
116	1052	David Joel Monteiro Rodrigues	Individual	Senior Masculino	03:56:59	+01:28:16	06:46
117	1070	João Filipe Ribeiro Vieira	ThunderRunners	Senior Masculino	03:57:44	+01:29:01	06:48
118	1315	Paulo Jorge Tavares Ferreira	Ponto Zen	Senior Masculino	03:58:49	+01:30:06	06:49
119	1257	Jorge Miguel Barbosa Pereira	Associação Desportiva da Efacec	Senior Masculino	03:58:53	+01:30:10	06:50
120	1255	Domingos Nogueira	Associação Desportiva da Efacec	Senior Masculino	03:59:07	+01:30:24	06:50
121	1141	Rui Filipe Nogueira Marques	BADTEAM-RARÍSSIMAS	Senior Masculino	03:59:33	+01:30:50	06:51
122	1128	Miguel Filipe Gonçalves Carvalho Soares	SARAVA RUNNING	Senior Masculino	03:59:48	+01:31:05	06:51
123	1207	Rui Filipe Correia Leite	Moove It Style	Senior Masculino	03:59:48	+01:31:05	06:51
124	1260	Mauro Miguel Moutinho Fernandes	Trail Vilar de Perdizes	Senior Masculino	04:01:49	+01:33:06	06:55
125	1135	David Pedro Martins Morais	Oralklass - Amigos Do Trail	Senior Masculino	04:03:11	+01:34:28	06:57
126	1077	José António Barros Soares	Individual	Senior Masculino	04:03:36	+01:34:53	06:58
127	1069	Rodrigo Miguel Pereira Oliveira	Individual	Senior Masculino	04:03:37	+01:34:54	06:58
128	1109	José Ricardo Ramalho de Sousa	Kangaroo Runners	Senior Masculino	04:04:31	+01:35:48	06:59
129	1187	Rui Manuel Faria Gonçalves	MULTIPOWER GAIA TRAIL	Senior Masculino	04:04:43	+01:36:00	07:00
130	1030	Paulo João Álvaro Magano	CTAD tiagoaragao.com	Senior Masculino	04:04:46	+01:36:03	07:00

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Trail AM 35km

35 KM

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131	1226	Rui Pereira	Shots International Runners	Senior Masculino	04:05:03	+01:36:20	07:00
132	1023	Filipe Vaz Machado Gonçalves	TRAIL TÓNICO	Senior Masculino	04:06:54	+01:38:11	07:03
133	1022	Cláudio Cândido	TEAM MARIA	Senior Masculino	04:06:55	+01:38:12	07:03
134	1197	Francisco Gomes	Shots International Runners	Senior Masculino	04:07:22	+01:38:39	07:04
135	1375	Marco Paulo Silva Costa	SARAVA RUNNING	Senior Masculino	04:07:51	+01:39:08	07:05
136	1047	Ricardo Miguel da Silva Pereira	ALVELINHOS RUNNING	Senior Masculino	04:09:21	+01:40:38	07:07
137	1235	Nuno Lopes	Global News	Senior Masculino	04:11:22	+01:42:39	07:11
138	1234	João Graça	Global News	Senior Masculino	04:11:22	+01:42:39	07:11
139	1354	Tiago Miguel Reitor Dias	Leixões BYL	Senior Masculino	04:12:21	+01:43:38	07:13
140	1058	Rui Vicente Ferreira	CRP RIBAFRIA	Senior Masculino	04:12:30	+01:43:47	07:13
141	1026	Nuno Ramos Viana	TEAM MARIA	Senior Masculino	04:13:10	+01:44:27	07:14
142	1035	Rodolfo Carvalho	Individual	Senior Masculino	04:13:37	+01:44:54	07:15
143	1243	Miguel MarquesOliveira	Dar- RRAutomatic-Fermaq	Senior Masculino	04:14:21	+01:45:38	07:16
144	1383	nuno filipe coelho dos santos	Individual	Senior Masculino	04:14:29	+01:45:46	07:16
145	1440	José Manuel De Castro Ferreira	Individual	Senior Masculino	04:15:20	+01:46:37	07:18
146	1182	Bruno Costa	CTAD tiagoaragao.com	Senior Masculino	04:16:31	+01:47:48	07:20
147	1406	Pedro Miguel Matos Torres	Individual	Senior Masculino	04:16:31	+01:47:48	07:20
148	1131	Rui Filipe Ribeiro Alves	TRAIL ME	Senior Masculino	04:20:35	+01:51:52	07:27
149	1308	Francisco Ismael Moniz Carneiro	A.D. ESMERIZ RUNNING	Senior Masculino	04:20:49	+01:52:06	07:27
150	1324	Hugo Miguel Da Cunha Couto	I-Run	Senior Masculino	04:21:54	+01:53:11	07:29
151	1346	Paulo Alexandre Tavares Moreira	Ducks Team	Senior Masculino	04:23:16	+01:54:33	07:31
152	1316	António André Neves Sousa Cunha	I-Run	Senior Masculino	04:24:22	+01:55:39	07:33
153	1253	Pedro Miguel Lourenço da Cruz	Associação Desportiva da Efacec	Senior Masculino	04:25:47	+01:57:04	07:36
154	1106	ruí manuel de pinho rodrigues	A&R Running Team	Senior Masculino	04:27:20	+01:58:37	07:38
155	1384	Diogo Moreira Barros	Individual	Senior Masculino	04:27:29	+01:58:46	07:39
156	1328	Pedro Miguel Costa Lino de Seixas	Oralklass - Amigos Do Trail	Senior Masculino	04:28:03	+01:59:20	07:40
157	1225	Antonio Joao da Rocha Machado	FFit Gaia Trail	Senior Masculino	04:30:11	+02:01:28	07:43
158	1340	vasco miguel seabra de oliveira	Individual	Senior Masculino	04:33:08	+02:04:25	07:48
159	1130	Vasco Carvalho	Individual	Senior Masculino	04:34:06	+02:05:23	07:50
160	1374	Rui Pedro Campos Pinto	CLUBE DESPORTIVO DE LOUSADO	Senior Masculino	04:38:24	+02:09:41	07:57
161	1119	João Fernando Cibrão Torres	SARAVA RUNNING	Senior Masculino	04:39:58	+02:11:15	08:00
162	1163	Francisco Neto	Realtintas-Cyber Cafe	Senior Masculino	04:40:53	+02:12:10	08:02
163	1320	Filipe André Alves Cardoso	Individual	Senior Masculino	04:44:06	+02:15:23	08:07
164	1405	Pedro Ferreirinha	Individual	Senior Masculino	04:44:07	+02:15:24	08:07
165	1274	André Pereira Dias	Individual	Senior Masculino	04:44:11	+02:15:28	08:07
166	1139	Renato José da Silva Cravo de Carvalho	CCDPJ Coimbra	Senior Masculino	04:44:32	+02:15:49	08:08
167	1125	Hélder Henrique Santos Costa Silva	CLUBE ATLETISMO DE LAMAS	Senior Masculino	04:45:49	+02:17:06	08:10
168	1152	Rui Manuel da Rocha Correia	Real Montanelas	Senior Masculino	04:46:15	+02:17:32	08:11
169	1248	Marcio Mendes	DAR-R.R.AUTOMATC-FERMAQ	Senior Masculino	04:50:40	+02:21:57	08:18
170	1115	Tiago Correia Ribeiro Pinheiro de Almeida	BUDEGUITA RUNNERS	Senior Masculino	04:53:36	+02:24:53	08:23
171	1216	Eurico Rainho	clubegenortesecretaria@galpenergia.com	Senior Masculino	04:53:41	+02:24:58	08:23
172	1215	Ricardo Albuquerque	clubegenortesecretaria@galpenergia.com	Senior Masculino	04:53:41	+02:24:58	08:23
173	1024	António Carlos Rodrigues Pinheiro	Porto Runners	Senior Masculino	04:55:26	+02:26:43	08:26

Official Timekeeper: Lap2Go	5 / 9	generate 01-dez-2014 15:16
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Trail AM 35km

[illegible]

35 KM

OFFICIAL RESULT

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174	1290	Álvaro Manuel dos Santos Aguiar	Individual	Senior Masculino	04:55:59	+02:27:16	08:27
175	1362	Carlos Jorge Marques Maia	Os Finos	Senior Masculino	05:06:48	+02:38:05	08:46
176	1347	Diogo Moutinho	Individual	Senior Masculino	05:11:44	+02:43:01	08:54
177	1184	Ricardo Jorge Soto Maior Ramos	Individual	Senior Masculino	05:19:06	+02:50:23	09:07
178	1367	Paulo César de Assunção Serra	Individual	Senior Masculino	05:21:06	+02:52:23	09:10
179	1029	Rui Leite	Tudo a Correr Bem	Senior Masculino	05:22:25	+02:53:42	09:13
180	1150	Joaquim Gayo	Tudo a Correr Bem	Senior Masculino	05:24:39	+02:55:56	09:17
181	1336	Ricardo Miguel Galo	Individual	Senior Masculino	05:25:33	+02:56:50	09:18
182	1326	José António Lopes Soares	Individual	Senior Masculino	06:06:37	+03:37:54	10:28

Veterana F40

1	1425	Maria de Fátima Garrido Melo	Mgb-Specialized - Avianense	Veterana F40	03:06:38	05:20
2	1369	Lucinda Santos Sousa	GONDOMAR FUTSAL CLUBE	Veterana F40	03:10:13	+03:35 05:26
3	1140	Maria Augusta da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	03:27:01	+20:23 05:55
4	1334	Rosario Martins	CENTRO CICLISTA DE GONDOMAR	Veterana F40	03:46:16	+39:38 06:28
5	1319	Sandra Maria Finisterra Araújo Travessas	TURBULENTOS	Veterana F40	03:49:35	+42:57 06:34
6	1364	Ana Cristina Santos Villas Boas	Lobo Assessoria Esportiva	Veterana F40	03:54:11	+47:33 06:41
7	1371	Ana Maria Amaral	GONDOMAR FUTSAL CLUBE	Veterana F40	04:04:02	+57:24 06:58
8	1223	Ana Carolina Lopes Ferreira	NAST	Veterana F40	04:26:35	+01:19:57 07:37
9	1418	tobey davis	Individual	Veterana F40	04:44:05	+01:37:27 08:07
10	1250	Maria do Carmo Loureiro	BUDEGUITA RUNNERS	Veterana F40	04:44:59	+01:38:21 08:09
11	1037	Isabel Araújo	All About	Veterana F40	04:47:18	+01:40:40 08:13
12	1394	Fernanda Alves	All About	Veterana F40	05:11:13	+02:04:35 08:54
13	1325	Paula Cristina Almeida de Oliveira	Individual	Veterana F40	05:11:14	+02:04:36 08:54
14	1236	Sonia Almeida	Global News	Veterana F40	05:15:48	+02:09:10 09:01
15	1014	Maria da Luz Neves Olivença	Individual	Veterana F40	05:18:44	+02:12:06 09:06
16	1348	Carla Maria Gonçalves Macedo Moreira	Individual	Veterana F40	05:21:41	+02:15:03 09:11

Veterana F50

1	1065	Maria Rosa da Silva P Costa	Moreira Relax Runners	Veterana F50	04:58:48	08:32
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Veterano M40

1	1286	PEDRO MARQUES	Lobos Do Monte	Veterano M40	02:41:25	04:37
2	1092	André Guedes	Sneakers Power-APRT	Veterano M40	02:50:01	+08:36 04:51
3	1048	ADOLFO GARRIDO FERNANDEZ	RUNNING SPORT TRAIL	Veterano M40	02:54:36	+13:11 04:59
4	1434	José Manuel Monteiro da Paixão Amaral	Amigos da Montanha - Ferreirolux	Veterano M40	02:57:04	+15:39 05:04
5	1247	Fernando Baltazar	DAR-R.R.AUTOMATC-FERMAQ	Veterano M40	02:59:39	+18:14 05:08
6	1258	Eduardo César Borges Oliveira	Associação Desportiva da Efacec	Veterano M40	03:04:26	+23:01 05:16
7	1203	paulo manuel guimarães ribeiro	Individual	Veterano M40	03:04:47	+23:22 05:17

Trail AM 35km

35 KM

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OFFICIAL RESULT

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8	1275	victor emanuel de castro correia	Individual	Veterano M40	03:08:53	+27:28	05:24
9	1041	Fernando António Teixeira Soares	G. Aventura	Veterano M40	03:14:37	+33:12	05:34
10	1262	Nuno Simões	Individual	Veterano M40	03:15:20	+33:55	05:35
11	1399	Manuel Emidio de Freitas Rocha	Porto Runners	Veterano M40	03:22:34	+41:09	05:47
12	1143	VITOR ROCHA	SLB 105	Veterano M40	03:22:45	+41:20	05:48
13	1211	Bruno Alexandre Fernandes Dias	Trail Vilar de Perdizes	Veterano M40	03:22:59	+41:34	05:48
14	1204	Manuel Jorge Alves do Nascimento	VRL Viana Remadores do Lima	Veterano M40	03:23:55	+42:30	05:50
15	1156	Antonio Rui Baptista Silva	mfourty	Veterano M40	03:26:30	+45:05	05:54
16	1338	Valdemar filipe casal costa	Individual	Veterano M40	03:27:02	+45:37	05:55
17	1091	Luís Carvalho	Sneakers Power-APRT	Veterano M40	03:29:44	+48:19	06:00
18	1412	Miguel Ângelo Salgueiro Araújo	TRAIL ME	Veterano M40	03:31:11	+49:46	06:02
19	1147	PAULO BALTASAR MARTINS	Individual	Veterano M40	03:32:57	+51:32	06:05
20	1366	Manuel Joaquim Ferreira Gonçalves	ALVELINHOS RUNNING	Veterano M40	03:37:24	+55:59	06:13
21	1360	Victor Manuel Morgado Ventura	Kangaroo Runners	Veterano M40	03:38:24	+56:59	06:14
22	1387	Paulo Jorge Pinho Ferreira	CTR Vale de Cambra	Veterano M40	03:38:31	+57:06	06:15
23	1032	Lieven Verraest	Individual	Veterano M40	03:40:14	+58:49	06:18
24	1301	António José Machado Loureiro	Blade Runners	Veterano M40	03:42:21	+01:00:56	06:21
25	1171	jose manuel dos Santos pacheco	Individual	Veterano M40	03:43:14	+01:01:49	06:23
26	1420	Domingos barros	os selvagens	Veterano M40	03:43:26	+01:02:01	06:23
27	1332	Duarte Gil Ribeiro Barbosa	Individual	Veterano M40	03:44:12	+01:02:47	06:24
28	1378	Carlos Pedro Brito Fernandes Araujo	BTT Matosinhos	Veterano M40	03:44:23	+01:02:58	06:25
29	1281	Joaquim Gabriel da Cruz Silva	Centro Municipal de Marcha e Corrida de São João da Pesqueira	Veterano M40	03:46:26	+01:05:01	06:28
30	1015	José Rosête Regueiras	Individual	Veterano M40	03:46:27	+01:05:02	06:28
31	1118	Nuno de Castro Lopo e Faro Beirão	Individual	Veterano M40	03:48:01	+01:06:36	06:31
32	1075	Luís António da Costa Carvalho Guise	vimarunners	Veterano M40	03:48:20	+01:06:55	06:31
33	1343	Paulo Alexandre Lema Pelicano	Corridas de Pernas Pró Ar	Veterano M40	03:48:25	+01:07:00	06:32
34	1270	rafael gutierrez araujo	CONDADO TRAIL	Veterano M40	03:48:46	+01:07:21	06:32
35	1034	Nuno Cáceres	Porto Runners	Veterano M40	03:51:22	+01:09:57	06:37
36	1205	Albano Fernando Pereira Martins	BADTEAM-RARÍSSIMAS	Veterano M40	03:52:23	+01:10:58	06:38
37	1213	Paulo Jorge Nogueira Marques	Individual	Veterano M40	03:52:23	+01:10:58	06:38
38	1311	Paulo Machado	Remax executivo	Veterano M40	03:53:17	+01:11:52	06:40
39	1120	Fernando Jorge Castro de Oliveira	FFit Gaia Trail	Veterano M40	03:53:18	+01:11:53	06:40
40	1036	David Lafuente Alves	Individual	Veterano M40	03:53:39	+01:12:14	06:41
41	1170	António Américo Campos Baptista da Silva	Individual	Veterano M40	03:53:51	+01:12:26	06:41
42	1264	Paulo Brás	Individual	Veterano M40	03:54:00	+01:12:35	06:41
43	1064	Miguel Meireles	Running Classes HP Arrábida	Veterano M40	03:55:49	+01:14:24	06:44
44	1033	Paulo Jorge da Silva Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	03:56:11	+01:14:46	06:45
45	1373	Gil Manuel Megre Garcia Fernandes	Moreira Relax Runners	Veterano M40	03:59:07	+01:17:42	06:50
46	1376	Carlos Humberto Jorge Ramalho	BTT Matosinhos	Veterano M40	04:00:55	+01:19:30	06:53
47	1081	Armandino Taborda	Oralklass - Amigos Do Trail	Veterano M40	04:02:10	+01:20:45	06:55
48	1121	luis nuno santos	AFIS OVAR	Veterano M40	04:06:39	+01:25:14	07:03
49	1105	António Alberto Lourenço da Silva	Individual	Veterano M40	04:08:52	+01:27:27	07:07
50	1426	José Manuel Rodrigues Vieira	Individual	Veterano M40	04:10:34	+01:29:09	07:10
51	1427	José Miguel Pereira	OS ROTOS	Veterano M40	04:10:34	+01:29:09	07:10
52	1365	Miguel Magalhaes	Porto Runners	Veterano M40	04:12:32	+01:31:07	07:13

Trail AM 35km

35 KM

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OFFICIAL RESULT

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53	1100	Jorge Miguel Azevedo M Santos	Porto Runners	Veterano M40	04:12:33	+01:31:08	07:13
54	1402	Joaquim Pedro Pinto Couto Viana	Porto Runners	Veterano M40	04:12:33	+01:31:08	07:13
55	1054	JOSÉ MIGUEL BARROS	Individual	Veterano M40	04:15:21	+01:33:56	07:18
56	1031	João Pedro Carvalho Soares Ferreira	BUDEGUITA RUNNERS	Veterano M40	04:16:01	+01:34:36	07:19
57	1060	Viriato Gil Tavares Almeida	Individual	Veterano M40	04:17:42	+01:36:17	07:22
58	1038	Paulo Manuel Lagoa da Silva Marques	BUDEGUITA RUNNERS	Veterano M40	04:18:52	+01:37:27	07:24
59	1401	George Ferreira Araújo	GDCTCMB	Veterano M40	04:21:52	+01:40:27	07:29
60	1297	Hugo António Coutinho Costa	GONDOMAR FUTSAL CLUBE	Veterano M40	04:23:50	+01:42:25	07:32
61	1379	Ricardo Meireles	Individual	Veterano M40	04:25:37	+01:44:12	07:35
62	1157	Antonio Candido Gomes Nogueira	mfourty	Veterano M40	04:25:38	+01:44:13	07:35
63	1254	Mário Jorge Abreu Goios Ferreira	Associação Desportiva da Efacec	Veterano M40	04:25:50	+01:44:25	07:36
64	1267	Paulo Seabra	Individual	Veterano M40	04:26:15	+01:44:50	07:36
65	1178	Marcos António Cardoso Martins Quintas	Voleibol Runners	Veterano M40	04:26:37	+01:45:12	07:37
66	1410	Manuel Afonso de Sousa Teixeira	I-Run	Veterano M40	04:31:25	+01:50:00	07:45
67	1284	Manuel Fernando Ferreira de Carvalho	I-Run	Veterano M40	04:31:25	+01:50:00	07:45
68	2518	Joaquim Ferreira	Ponto Zen	Veterano M40	04:31:26	+01:50:01	07:45
69	1287	ALBERTO CARLOS LIMA PEREIRA	Clube Millennium BCP	Veterano M40	04:33:41	+01:52:16	07:49
70	1351	António Paulo da Cunha Faria	TRAIL ME	Veterano M40	04:35:03	+01:53:38	07:52
71	1397	Filipe Miguel Mouta Nogueira da Silva	Individual	Veterano M40	04:36:33	+01:55:08	07:54
72	1393	Rui Almeida	All About	Veterano M40	04:37:07	+01:55:42	07:55
73	1153	Hermínio Pinho	Individual	Veterano M40	04:38:31	+01:57:06	07:57
74	1123	Américo Manuel Graça Gomes	CLUBE ATLETISMO DE LAMAS	Veterano M40	04:45:49	+02:04:24	08:10
75	1137	Tiago Assunção Martins de Almeida	BUDEGUITA RUNNERS	Veterano M40	04:53:36	+02:12:11	08:23
76	1214	Pedro Oliveira	clubegenortesecretaria@galpenenergia.com	Veterano M40	04:53:41	+02:12:16	08:23
77	1149	Jorge Manuel Oliveira Pinto Almeida	Individual	Veterano M40	05:04:33	+02:23:08	08:42
78	1389	Vitor Manuel Silva	All About	Veterano M40	05:04:41	+02:23:16	08:42
79	1237	Abílio Malheiro	Global News	Veterano M40	05:09:21	+02:27:56	08:50
80	1285	Custódio Paulo Tavares Alves	Centro Municipal de Marcha e Corrida de São João da Pesqueira	Veterano M40	05:16:41	+02:35:16	09:03
81	1353	Gomes da Silva	CABALUS	Veterano M40	05:24:38	+02:43:13	09:17
82	1233	José Silva	Global News	Veterano M40	05:36:03	+02:54:38	09:36
83	1416	paulo jorge sousa magalhães	Individual	Veterano M40	05:48:15	+03:06:50	09:57
84	1312	Joaquim Fernando Pinto Lima	G D BPI	Veterano M40	06:06:37	+03:25:12	10:28

Veterano M50

1	1330	Norberto Da Costa	CHAVES RUNNING TEAM	Veterano M50	03:04:16	05:16
2	1300	José Luis Loureiro	Blade Runners	Veterano M50	03:31:12	+26:56 06:02
3	1039	Francisco da Costa Sabino	Individual	Veterano M50	03:39:59	+35:43 06:17
4	1424	António Eugénio Teixeira Baptista	Cansaaados	Veterano M50	03:40:01	+35:45 06:17
5	1382	António Pereira da Cruz	Lijobike	Veterano M50	03:40:15	+35:59 06:18
6	1159	Adelino Luciano Silva Brito	mfourty	Veterano M50	03:41:04	+36:48 06:19
7	1317	Paulo José Silva Barros Moreira	TURBULENTOS	Veterano M50	03:44:10	+39:54 06:24
8	1314	joaquim manuel lima sa	Individual	Veterano M50	03:44:39	+40:23 06:25

Trail AM 35km

35 KM

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OFFICIAL RESULT

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9	1242	José Maria Sousa Covilhã Leite Mendes	Ginásio Factor X	Veterano M50	03:58:19	+54:03	06:49
10	1310	António Carlos Silva Teixeira	Individual	Veterano M50	04:00:03	+55:47	06:52
11	1136	António José Machado Ferreira	TURBULENTOS	Veterano M50	04:01:49	+57:33	06:55
12	1116	Manuel Ramiro Catarino Batista	Individual	Veterano M50	04:24:04	+01:19:48	07:33
13	1174	José Ribeiro	VAMOS LÁ	Veterano M50	05:21:42	+02:17:26	09:11
14	1386	Antonio Avelino Dias da Silva	Individual	Veterano M50	05:27:06	+02:22:50	09:21

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Official Timekeeper: Lap2Go	1 / 1	generate 23-nov-2014 15:23
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