

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
1	3	Marco Campos	Clube De Montanha Alto Trilho - Javalis	01:20:55.123	00:00:00.000
2	243	Marcelo Costa	Umfca Warriors	01:21:07.333	00:00:12.210
3	354	André Barros	Clube De Montanhismo Da Guarda	01:22:21.127	00:01:26.004
4	341	Pedro Gomes	Esgalhada Trail Team	01:25:07.050	00:04:11.927
5	253	Bruno Rodrigues	Umfca Warriors	01:27:09.140	00:06:14.017
6	230	Tiago Oliveira	Umfca Warriors	01:27:35.030	00:06:39.907
7	338	Pedro Amaro	C. B. Viseu Running Team	01:30:00.397	00:09:05.274
8	203	Vasco Sousa	Coimbra Trail Running	01:30:18.477	00:09:23.354
9	340	Cristóvão Chaves	Runner'S Do Demo	01:30:44.150	00:09:49.027
10	321	Bruno Simões	Trail Bela Bela	01:31:14.003	00:10:18.880
11	238	Tiago Reis	Rasga A Mata Btt	01:32:12.403	00:11:17.280
12	298	José Simões	A R S M - Associação Recreativa De São Miguel	01:32:50.403	00:11:55.280
13	377	João Machado	Individual	01:33:02.447	00:12:07.324
14	318	Susana Echeverria	Coimbra Trail Running	01:34:02.407	00:13:07.284
15	237	Carlos Fernandes	As Belas E Eles	01:34:20.517	00:13:25.394
16	339	António Carvalho	Coimbra Trail Running	01:34:30.417	00:13:35.294
17	225	Manuel Vieira	Gd Os Ribeirinhos	01:34:32.910	00:13:37.787
18	317	Ricardo Pinheiro	Cdr Pereiros	01:36:13.660	00:15:18.537
19	216	Hilário Louro	Der@Stus	01:39:09.427	00:18:14.304
20	382	Filipe Carvalheiro	G.A.Ubajouca	01:39:26.943	00:18:31.820
21	372	Alexandre Tomás	Individual	01:39:31.670	00:18:36.547
22	206	Vital Soares	Viseu 360	01:39:50.923	00:18:55.800
23	359	Manuel Fernandes	Viseu 360	01:39:51.393	00:18:56.270
24	226	Catarina Fernandes	Viriathvs Runners Viseu	01:39:51.940	00:18:56.817
25	296	Miguel Laranjeira	Individual	01:41:08.430	00:20:13.307
26	301	Ricardo Carvalho	Clube De Montanha Alto Trilho - Javalis	01:41:11.923	00:20:16.800
27	375	Rosa Silva	Clube Desportivo De Leomil	01:41:16.177	00:20:21.054
28	246	Paulo Ferreira	Estrela Campo Aviação Covilhã	01:41:51.923	00:20:56.800
29	332	Nuno Nogueira	Individual	01:42:11.670	00:21:16.547
30	302	André Ribeiro	Runner'S Do Demo	01:42:45.927	00:21:50.804
31	323	Marco Silva	Viriathvs Runners Viseu	01:43:23.160	00:22:28.037
32	215	António Lourenço	Individual	01:43:46.407	00:22:51.284
33	344	Sérgio Fragona	Soltem O Rebanho	01:43:56.440	00:23:01.317
34	348	Diogo Pereira	Individual	01:44:15.440	00:23:20.317
35	336	Hélder Marques	Movecho	01:44:22.653	00:23:27.530
36	210	Álvaro Pinheiro	Coimbra Trail Running	01:44:24.183	00:23:29.060
37	257	Bruno Bertão	Oralklass-Amigos Do Trail	01:44:43.403	00:23:48.280
38	260	Renato Ferreira	Coimbra Trail Running	01:45:05.183	00:24:10.060
39	295	Ana Soares	Clube De Montanha Alto Trilho - Javalis	01:46:14.187	00:25:19.064
40	351	Jose Silva	Acrd/Psp Viseu Runners	01:46:23.187	00:25:28.064
41	386	Nuno Garcia	Dão Nelas Runners	01:46:48.940	00:25:53.817
42	337	Henrique Simao	C. B. Viseu Running Team	01:48:17.373	00:27:22.250
43	371	João Rasteiro	C. B. Viseu Running Team	01:48:27.693	00:27:32.570
44	278	Rui Freitas	Esgalhada Trail Team	01:49:22.693	00:28:27.570
45	213	Paulo Mendes	Dão Nelas Runners	01:49:22.703	00:28:27.580

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46	345	Marcos Paulo	Esgalhada Trail Team	01:49:24.623	00:28:29.500
47	384	Mário Coutinho	Clube Nortada - Murtosa Night Runners	01:50:08.947	00:29:13.824
48	269	Nuno Caraça	Umfca Warriors	01:50:51.697	00:29:56.574
49	262	Pedro Lemos	Individual	01:51:11.450	00:30:16.327
50	233	Paulo Costa	Rocas Runers	01:51:34.350	00:30:39.227
51	284	João Almeida	-	01:51:46.200	00:30:51.077
52	326	Joaquim Almeida	Motoclube De Mangualde Runners	01:52:32.670	00:31:37.547
53	373	André Carvalho	Individual	01:53:08.203	00:32:13.080
54	365	José Pereira	Runner'S Do Demo	01:53:09.090	00:32:13.967
55	310	Manuel Pina	Individual	01:53:25.203	00:32:30.080
56	254	Pedro Marques	Individual	01:53:50.707	00:32:55.584
57	362	Jose Lopes	Individual	01:54:00.470	00:33:05.347
58	506	André Aguiar	Acrd/Psp Viseu Runners	01:55:21.337	00:34:26.214
59	376	Maria Nunes	Clube Desportivo De Leomil	01:55:22.960	00:34:27.837
60	259	Sílvia Gomes	Correio De Albergaria Trail Running	01:55:25.967	00:34:30.844
61	308	Carlos Marinho	Individual	01:55:55.963	00:35:00.840
62	355	Francisco Aguiar	Viseu 360	01:56:13.313	00:35:18.190
63	270	Rui Almeida	Zaatam Runners	01:56:26.213	00:35:31.090
64	342	Santiago	Guarda Runners	01:56:27.313	00:35:32.190
65	328	Antero Roque	Sporting Clube Santacrusensse	01:56:28.463	00:35:33.340
66	249	Durbalino Ferreira	Ginasio Fit 4 Fun	01:56:52.713	00:35:57.590
67	361	Sérgio Rodrigues	Individual	01:57:49.187	00:36:54.064
68	366	António Leitão	Energia Contagiante®	01:58:02.967	00:37:07.844
69	334	José Eufrásio	Cluve	01:58:05.240	00:37:10.117
70	327	Raul Jesus	Clube União Idanhense	01:58:14.717	00:37:19.594
71	227	Luis Rosa	Dão Nelas Runners	01:58:25.797	00:37:30.674
72	219	Joaquim Almeida	Coimbra Trail Running	01:58:51.217	00:37:56.094
73	244	Francisco Silva	Individual	01:59:18.220	00:38:23.097
74	220	Fernando Venda	Coimbra Trail Running	01:59:37.470	00:38:42.347
75	290	Susana Castro	Acrd/Psp Viseu Runners	02:00:40.223	00:39:45.100
76	291	Fernando Marques	Acrd/Psp Viseu Runners	02:00:40.980	00:39:45.857
77	343	Pedro Pinto	Galhardos Runners	02:01:15.973	00:40:20.850
78	350	Vera Silva	Viriathvs Runners Viseu	02:01:39.347	00:40:44.224
79	306	Miguel Ribeiro	Les Big Mecs	02:01:50.977	00:40:55.854
80	315	Sónia Barbosa	Individual	02:01:58.227	00:41:03.104
81	349	Tiago Silva	Individual	02:02:05.983	00:41:10.860
82	305	Sérgio Ferreira	Pernetas	02:02:27.267	00:41:32.144
83	251	Marcos Roldão	Clube Nortada - Murtosa Night Runners	02:03:25.257	00:42:30.134
84	378	Raquel Mendes	Clube Desportivo De Leomil	02:04:14.500	00:43:19.377
85	300	Oriana Marques	-	02:05:06.493	00:44:11.370
86	324	Fernando Amaral	Asdreq	02:05:44.247	00:44:49.124
87	325	Davide Marques	Asdreq	02:05:44.987	00:44:49.864
88	242	Elisabete Nunes	Umfca Warriors	02:05:59.237	00:45:04.114
89	211	Ricardo Jesus	Coimbra Trail Running	02:07:11.237	00:46:16.114
90	383	Ana Sousa	Clube Nortada - Murtosa Night Runners	02:07:21.477	00:46:26.354

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91	303	Joao Barroso	Runner'S Do Demo	02:07:22.980	00:46:27.857
92	299	Alexandre Marques	Amsport	02:07:27.977	00:46:32.854
93	380	Manuel Bernardo	Individual	02:07:43.490	00:46:48.367
94	368	Catarina Regalo	Viriathvs Runners Viseu	02:08:09.490	00:47:14.367
95	381	Nuno Loureiro	Dão Nelas Runners	02:08:22.247	00:47:27.124
96	217	Joana Ferreira	Esgalhada Trail Team	02:09:45.997	00:48:50.874
97	313	Rui	Pernetas	02:09:51.707	00:48:56.584
98	358	Sofia Alcântara	Q	02:10:25.997	00:49:30.874
99	231	Dinis Martins	Viriathvs Runners Viseu	02:11:02.497	00:50:07.374
100	245	Fátima Guedes	Energia Contagiante®	02:11:55.000	00:50:59.877
101	252	David Ferreira	Correr Viseu	02:12:46.760	00:51:51.637
102	369	Rui Ribeiro	Individual	02:12:59.503	00:52:04.380
103	280	Diogo Santos	Galhardos Runners	02:13:29.190	00:52:34.067
104	363	Marco Moutinho	Viseu 360	02:13:45.007	00:52:49.884
105	212	José Almeida	Clube De Montanha Alto Trilho - Javalis	02:14:51.507	00:53:56.384
106	222	Nuno Ribeiro	Viseu 360	02:15:07.510	00:54:12.387
107	221	Cristina Almeida	Viseu 360	02:15:08.757	00:54:13.634
108	247	Miguel Martins	X20a - Strike Freedom	02:16:34.010	00:55:38.887
109	374	Isaias Peralta	Maratona Clube Vila Cha	02:16:40.510	00:55:45.387
110	273	Micael Marques	Veigafit	02:16:45.403	00:55:50.280
111	264	Pedro Belo	Crp Ribafria	02:19:11.767	00:58:16.644
112	267	Catarina Marques	Crp Ribafria	02:19:28.270	00:58:33.147
113	330	Rui Duarte	Psa Team	02:19:51.270	00:58:56.147
114	204	Paula Andrade	Vikings Trail Runners / Ccr Alcabideque	02:20:25.020	00:59:29.897
115	268	Cristina Meireles	Umelga Runners	02:21:11.273	01:00:16.150
116	297	Cristina Santos	Ginásio Clube Bem-Estar Guarda	02:21:50.523	01:00:55.400
117	347	Luis Cardoso	Running Prábjeca	02:21:53.023	01:00:57.900
118	288	Luís Ramos	Ginásio Clube Bem-Estar Guarda	02:21:53.367	01:00:58.244
119	346	Sonia Cardoso	Running Prábjeca	02:21:54.027	01:00:58.904
120	223	Luis Monteiro	Viriathvs Runners Viseu	02:21:58.277	01:01:03.154
121	316	Elsa Dias	Energia Contagiante®	02:23:10.777	01:02:15.654
122	266	Helena Melo	Energia Contagiante®	02:23:12.110	01:02:16.987
123	218	Vera Silva	Portocitytrail	02:24:17.040	01:03:21.917
124	214	Pedro Pereira	Portocitytrail	02:24:18.597	01:03:23.474
125	331	Luís Guerra	Psa Team	02:24:49.030	01:03:53.907
126	287	Henrique Lopes	Clínica Físiosátão	02:24:59.530	01:04:04.407
127	335	Célia Simões	Acrd/Psp Viseu Runners	02:25:18.283	01:04:23.160
128	274	Mário Cardoso	Pernetas	02:25:18.783	01:04:23.660
129	307	Sérgio Mendonça	Viriathvs Runners Viseu	02:25:30.283	01:04:35.160
130	263	Margarida Carvalho	Coimbra Trail Running	02:26:14.787	01:05:19.664
131	304	Andreia	Individual	02:26:15.037	01:05:19.914
132	239	Vania Amaral	Individual	02:26:16.090	01:05:20.967
133	356	Cristina Paredes	Badalhoca Running Team	02:27:21.037	01:06:25.914
134	357	Hugo Santos	Badalhoca Running Team	02:27:22.323	01:06:27.200
135	271	Francisco Beato	Kimporta É Ter Saúde	02:27:24.297	01:06:29.174

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136	294	Sandra Lopes	Best Friends Runners	02:27:26.287	01:06:31.164
137	289	Sofia Ribeiro	Kimporta É Ter Saúde	02:27:26.320	01:06:31.197
138	282	Tomás Nunes	Runner'S Do Demo	02:32:07.050	01:11:11.927
139	281	José Nunes	Runner'S Do Demo	02:32:07.807	01:11:12.684
140	207	André Martins	Viseu 360	02:33:30.060	01:12:34.937
141	333	Filipa Santos	Viseu 360	02:33:30.060	01:12:34.937
142	311	Lina Pereira	Viseu 360	02:33:30.310	01:12:35.187
143	370	Sandra Abadito	Viriathvs Runners Viseu	02:33:56.807	01:13:01.684
144	277	Sofia Canez	Pernetas	02:34:16.057	01:13:20.934
145	360	Lucia	Lousadela	02:35:27.557	01:14:32.434
146	285	Marlene Almeida	Individual	02:37:38.313	01:16:43.190
147	236	José Faro	Viriathvs Runners Viseu	02:37:51.563	01:16:56.440
148	276	Carla Nascimento	Viriathvs Runners Viseu	02:37:53.490	01:16:58.367
149	364	Isabel Melo	Viriathvs Runners Viseu	02:38:32.313	01:17:37.190
150	248	Estrela Faro	Viriathvs Runners Viseu	02:38:32.563	01:17:37.440
151	322	Sílvia Trindade	Viriathvs Runners Viseu	02:42:06.323	01:21:11.200
152	286	Carina Bárto	Fisiosátão	02:42:10.580	01:21:15.457
153	312	Belmira	Individual	02:42:36.073	01:21:40.950
154	275	Ana Canez	Pernetas	02:42:48.080	01:21:52.957
155	314	Isabel	Pernetas	02:42:51.703	01:21:56.580
156	292	Neusa Fernandes	Fits	02:43:04.577	01:22:09.454
157	329	Paulo Rodrigues	Fits	02:44:23.587	01:23:28.464
158	240	Paula Gomes	Dão Nelas Runners	02:44:23.593	01:23:28.470
159	385	Luz Costa	Seifitness Trail Team / Gdcr Lages	02:46:30.083	01:25:34.960
160	352	Cristiane Nataly	Individual	02:46:51.210	01:25:56.087
161	353	Micael Lindinho	Individual	02:46:51.423	01:25:56.300
162	379	Filipa Cerqueira	Individual	02:47:53.087	01:26:57.964
163	293	Tiago Silva	Best Friends Runners	02:51:11.417	01:30:16.294
164	234	Helder Henriques	Run And Smile	02:55:28.110	01:34:32.987
165	309	Marisa Coelho	Best Friends Runners	03:00:41.873	01:39:46.750
166	261	Ricardo Freire	Jarbs	03:40:09.457	02:19:14.334
167	265	Ana Andrade	Jarbs	03:51:17.233	02:30:22.110
168	272	Manuela Goncalves	Jarbs	03:51:17.983	02:30:22.860