

TRAIL 25K - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	3°C	93%
End	12:38	9°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	111	Ricardo Coutinho Martins	ozxtreme	Senior Masculino	01:57:06		04:41
2	114	Hélder Piedade	ozxtreme/adcrpereira	Veterano M40	01:57:09	+00:03	04:41
3	58	José Ferreira	individual	Senior Masculino	01:57:50	+00:44	04:43
4	129	Jorge Miguel Pereira	ozxtreme/adcrpereira	Senior Masculino	01:59:23	+02:17	04:47
5	113	José Pereira	ozxtreme/adcrpereira	Senior Masculino	02:02:14	+05:08	04:53
6	101	David Coutinho	jobra-associação jovens da branca	Veterano M40	02:04:51	+07:45	05:00
7	56	João Menezes	individual	Senior Masculino	02:05:36	+08:30	05:01
8	48	Alexandre Miguel Baptista Casimiro	individual	Senior Masculino	02:06:56	+09:50	05:05
9	26	António Silva	corridas por albergaria	Veterano M40	02:07:41	+10:35	05:06
10	115	Paulo Esteves	dão nelas runners	Senior Masculino	02:10:43	+13:37	05:14
11	29	Sergio Lorenzo	ctad-trilhos de cinfães	Veterano M40	02:14:16	+17:10	05:22
12	6	Nuno Filipe Duarte Oliveira	adcr são joão do monte	Senior Masculino	02:14:36	+17:30	05:23
13	32	Tony Figueiredo	dão nelas runners	Senior Masculino	02:15:29	+18:23	05:25
14	112	Paulo Ramirez	ozxtreme	Veterano M40	02:15:41	+18:35	05:26
15	20	Cláudio Roças	dão nelas runners	Senior Masculino	02:15:50	+18:44	05:26
16	35	José Campar	dci/pedrulha-mealhada	Veterano M40	02:16:25	+19:19	05:27
17	37	Fernando Baltazar	desportivo atletico de recardães	Veterano M50	02:16:36	+19:30	05:28
18	105	Pedro alves	melguinhas doces	Senior Masculino	02:17:26	+20:20	05:30
19	108	MIGUEL NETO GONCALVES	os bacalhaus - polo aquático	Senior Masculino	02:17:50	+20:44	05:31
20	64	Paulo Alex. F. Santos	individual	Senior Masculino	02:18:02	+20:56	05:31
21	127	Jorge Correia	viriahtvs runners viseu	Veterano M40	02:18:10	+21:04	05:32
22	34	Miguel Viegas	dci/pedrulha-mealhada	Senior Masculino	02:18:20	+21:14	05:32
23	30	Viriato Dias	ctad-trilhos de cinfães	Veterano M40	02:21:20	+24:14	05:39
24	61	Luís Filipe Rodrigues Azevedo	individual	Senior Masculino	02:21:46	+24:40	05:40
25	120	André Ferreira	sc paradela	Senior Masculino	02:22:47	+25:41	05:43
26	7	Carlos Arsenio	adt	Veterano M40	02:24:37	+27:31	05:47
27	22	Miguel Moura	cordeirosfarm/lovetiles/trail running	Senior Masculino	02:25:44	+28:38	05:50
28	51	David Felizardo	individual	Senior Masculino	02:25:45	+28:38	05:50
29	10	André Ribeiro Almeida	andré	Senior Masculino	02:26:09	+29:03	05:51
30	16	Renato Ferreira	c. b. viseu running team	Veterano M40	02:26:59	+29:53	05:53
31	49	Bruno Jose Melo Corga	individual	Senior Masculino	02:27:30	+30:24	05:54
32	125	Catarina Fernandes	viriahtvs runners viseu	Senior Feminino	02:28:20	+31:14	05:56
33	85	Miguel Almeida	individual	Veterano M40	02:28:30	+31:24	05:56
34	24	sergio freitas	correio de albergaria trail running	Veterano M40	02:28:36	+31:30	05:57
35	124	Bruno Cardoso	trail bela bela	Senior Masculino	02:28:55	+31:49	05:57
36	59	José Vidal	individual	Senior Masculino	02:29:56	+32:50	06:00
37	39	Filipe Silva Fonseca	duravit race team	Veterano M40	02:29:57	+32:51	06:00
38	119	Carlos Alberto de Almeida	saúde in	Veterano M50	02:31:39	+34:33	06:04
39	73	Telmo Lages	individual	Senior Masculino	02:32:49	+35:43	06:07
40	8	Nuno Ferreira	águeda action club actib	Senior Masculino	02:34:00	+36:54	06:10
41	12	Fernando Gonçalves	borabora, vamos lá!	Veterano M50	02:34:01	+36:55	06:10

TRAIL 25K - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	63	Mário Pires	individual	Senior Masculino	02:34:44	+37:37	06:11
43	69	Ricardo Sousa	individual	Senior Masculino	02:35:19	+38:13	06:13
44	116	Leandro Daniel Pinho Lavoura	rogério de pinho	Senior Masculino	02:36:05	+38:59	06:15
45	28	Humberto Almeida	ctad-trilhos de cinfães	Veterano M40	02:41:11	+44:05	06:27
46	47	Agnelo Silva	individual	Senior Masculino	02:42:04	+44:58	06:29
47	14	Carlos Mendes Pereira	c. b. viseu running team	Senior Masculino	02:44:22	+47:16	06:34
48	15	Ana Nascimento	c. b. viseu running team	Veterana F40	02:44:22	+47:16	06:35
49	19	PAULO SILVA	cdc s. martinho da gândara	Veterano M40	02:44:32	+47:26	06:35
50	81	Carlos Pinheiro	individual	Veterano M40	02:44:35	+47:29	06:35
51	117	Miguel Santos	rogério de pinho	Veterano M40	02:45:38	+48:32	06:38
52	66	Pedro Gabriel Caleiro Cruz	individual	Senior Masculino	02:45:47	+48:41	06:38
53	126	Catarina Regalo	viriatvhs runners viseu	Senior Feminino	02:46:11	+49:05	06:39
54	65	Pedro Cardoso	individual	Senior Masculino	02:46:47	+49:41	06:40
55	57	Jorge Miguel de Bastos Loureiro	individual	Senior Masculino	02:46:57	+49:51	06:41
56	110	André Almeida	os tarelhos	Senior Masculino	02:48:37	+51:31	06:45
57	27	Severina Almeida	ctad-trilhos de cinfães	Veterana F40	02:48:53	+51:47	06:45
58	9	Joana dos Santos Ferreira	andré	Senior Feminino	02:49:30	+52:24	06:47
59	60	Luis ferreira	individual	Senior Masculino	02:49:31	+52:25	06:47
60	97	Francisco Silva	individual	Veterano M50	02:49:38	+52:32	06:47
61	104	Ernesto Martins	lion runners – g.d. leões da guarda	Veterano M50	02:49:39	+52:33	06:47
62	80	Amílcar Ramos	individual	Veterano M40	02:49:51	+52:45	06:48
63	46	Patrícia D'Silva	individual	Senior Feminino	02:51:01	+53:55	06:50
64	130	Sergio Branquinho	oliveira runners	Senior Masculino	02:51:25	+54:19	06:51
65	131	Sergio Pereira	oliveira runners	Senior Masculino	02:51:25	+54:19	06:51
66	83	Fernando Banca	individual	Veterano M40	02:53:29	+56:23	06:56
67	132	José Henriques	oliveira runners	Veterano M40	02:54:56	+57:50	07:00
68	53	Eugénio Santos	individual	Senior Masculino	02:56:40	+59:34	07:04
69	41	Hugo Seabra	gang das rhotas	Senior Masculino	02:56:50	+59:44	07:04
70	62	Marco Catarro	individual	Senior Masculino	02:56:51	+59:45	07:04
71	71	Rui Mesquita	individual	Senior Masculino	02:57:23	+01:00:17	07:06
72	33	Eunice da Conceição Magalhães	dci/pedruilha-mealhada	Senior Feminino	02:57:39	+01:00:33	07:06
73	42	José Melo	ginásio fit4fun	Senior Masculino	02:57:39	+01:00:33	07:06
74	68	Ricardo Pereira	individual	Senior Masculino	02:57:40	+01:00:34	07:06
75	96	Carlos Rodrigues	individual	Veterano M50	02:58:55	+01:01:49	07:09
76	21	Carlos Martins	clube nortada aventura - mnr	Veterano M40	02:59:19	+01:02:13	07:10
77	82	Faustino Lança	individual	Veterano M40	02:59:37	+01:02:31	07:11
78	78	Maria Fernandez Valenti	individual	Veterana F50	02:59:46	+01:02:40	07:11
79	11	Pedro Marques	borabora, vamos lá!	Veterano M40	03:01:16	+01:04:10	07:15
80	109	Andreia Tarelho	os tarelhos	Senior Feminino	03:01:55	+01:04:49	07:17
81	122	Hugo Duarte	stamina trail running	Senior Masculino	03:01:57	+01:04:51	07:17
82	123	Emanuel Cabeça	stamina trail running	Veterano M40	03:01:57	+01:04:51	07:17
83	23	Mário Tavares	correio de albergaria trail running	Veterano M40	03:03:39	+01:06:33	07:21
84	25	Luisa Mota	correria	Senior Feminino	03:03:40	+01:06:33	07:21
85	18	FERNANDO LOPES	cdc s. martinho da gândara	Veterano M40	03:07:48	+01:10:42	07:31
86	77	Evelin Koester	individual	Veterana F50	03:07:56	+01:10:50	07:31

TRAIL 25K - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
87	106	Alexandre Pereira	mercatus	Veterano M40	03:10:27	+01:13:21	07:37
88	55	Filipe pombo	individual	Senior Masculino	03:10:27	+01:13:21	07:37
89	13	Carlos Manuel da Silva Martins	bosch	Veterano M50	03:12:39	+01:15:33	07:42
90	52	Diogo Reis	individual	Senior Masculino	03:12:58	+01:15:52	07:43
91	92	Nuno Marnoto	individual	Veterano M40	03:13:20	+01:16:14	07:44
92	72	Sebastião Calvo	individual	Senior Masculino	03:14:31	+01:17:25	07:47
93	90	NELSON VIEIRA	individual	Veterano M40	03:14:35	+01:17:29	07:47
94	44	Gorete Moreira	individual	Senior Feminino	03:14:36	+01:17:29	07:47
95	74	Carla Rosa	individual	Veterana F40	03:14:36	+01:17:30	07:47
96	67	Ricardo Gonçalves	individual	Senior Masculino	03:14:36	+01:17:30	07:47
97	128	Severo Luciano Vidal Duarte Coutinho	individual	Senior Masculino	03:15:28	+01:18:22	07:49
98	40	Ricardo Manuel Horta Patício	equipa da treta	Senior Masculino	03:17:35	+01:20:29	07:54
99	94	Pedro Monteiro	individual	Veterano M40	03:18:32	+01:21:26	07:57
100	76	gui mendes	individual	Veterana F40	03:21:15	+01:24:09	08:03
101	43	cristina costa	individual	Senior Feminino	03:21:16	+01:24:10	08:03
102	84	João Cardoso	individual	Veterano M40	03:21:17	+01:24:10	08:03
103	91	Nuno Cruz	individual	Veterano M40	03:22:30	+01:25:24	08:06
104	54	Filipe André Vieira Rosado	individual	Senior Masculino	03:28:17	+01:31:11	08:20
105	70	Rui Henrique Ramos Estima	individual	Senior Masculino	03:29:31	+01:32:25	08:23
106	45	Ines Cohen	individual	Senior Feminino	03:35:01	+01:37:55	08:36

Trail 25K

25 KM

[illegible]

OFFICIAL RESULT

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26	69	Ricardo Sousa	Individual	Senior Masculino	02:35:19	+38:13	06:13
27	116	Leandro Daniel Pinho Lavoura	Rogério de Pinho	Senior Masculino	02:36:05	+38:59	06:15
28	47	Agnelo Silva	Individual	Senior Masculino	02:42:04	+44:58	06:29
29	14	Carlos Mendes Pereira	C. B. Viseu Running Team	Senior Masculino	02:44:22	+47:16	06:34
30	66	Pedro Gabriel Caleiro Cruz	Individual	Senior Masculino	02:45:47	+48:41	06:38
31	65	Pedro Cardoso	Individual	Senior Masculino	02:46:47	+49:41	06:40
32	57	Jorge Miguel de Bastos Loureiro	Individual	Senior Masculino	02:46:57	+49:51	06:41
33	110	André Almeida	Os Tarelhos	Senior Masculino	02:48:37	+51:31	06:45
34	60	Luis ferreira	Individual	Senior Masculino	02:49:31	+52:25	06:47
35	130	Sergio Branquinho	OLIVEIRA RUNNERS	Senior Masculino	02:51:25	+54:19	06:51
36	131	Sergio Pereira	OLIVEIRA RUNNERS	Senior Masculino	02:51:25	+54:19	06:51
37	53	Eugénio Santos	Individual	Senior Masculino	02:56:40	+59:34	07:04
38	41	Hugo Seabra	Gang das Rhotas	Senior Masculino	02:56:50	+59:44	07:04
39	62	Marco Catarro	Individual	Senior Masculino	02:56:51	+59:45	07:04
40	71	Rui Mesquita	Individual	Senior Masculino	02:57:23	+01:00:17	07:06
41	42	José Melo	Ginásio Fit4Fun	Senior Masculino	02:57:39	+01:00:33	07:06
42	68	Ricardo Pereira	Individual	Senior Masculino	02:57:40	+01:00:34	07:06
43	122	Hugo Duarte	Stamina trail running	Senior Masculino	03:01:57	+01:04:51	07:17
44	55	Filipe pombo	Individual	Senior Masculino	03:10:27	+01:13:21	07:37
45	52	Diogo Reis	Individual	Senior Masculino	03:12:58	+01:15:52	07:43
46	72	Sebastião Calvo	Individual	Senior Masculino	03:14:31	+01:17:25	07:47
47	67	Ricardo Gonçalves	Individual	Senior Masculino	03:14:36	+01:17:30	07:47
48	128	Severo Luciano Vidal Duarte Coutinho	Individual	Senior Masculino	03:15:28	+01:18:22	07:49
49	40	Ricardo Manuel Horta Patício	Equipa da Treta	Senior Masculino	03:17:35	+01:20:29	07:54
50	54	Filipe André Vieira Rosado	Individual	Senior Masculino	03:28:17	+01:31:11	08:20
51	70	Rui Henrique Ramos Estima	Individual	Senior Masculino	03:29:31	+01:32:25	08:23

Veterana F40

1	15	Ana Nascimento	C. B. Viseu Running Team	Veterana F40	02:44:22	+47:16	06:35
2	27	Severina Almeida	CTAD-Trilhos de Cinfães	Veterana F40	02:48:53	+51:47	06:45
3	74	Carla Rosa	Individual	Veterana F40	03:14:36	+01:17:30	07:47
4	76	gui mendes	Individual	Veterana F40	03:21:15	+01:24:09	08:03

Veterana F50

1	78	Maria Fernandez Valenti	Individual	Veterana F50	02:59:46	+01:02:40	07:11
2	77	Evelin Koester	Individual	Veterana F50	03:07:56	+01:10:50	07:31

Veterano M40

1	114	Hélder Piedade	OZXTREME/ADCRPEREIRA	Veterano M40	01:57:09	+00:03	04:41
2	101	David Coutinho	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	Veterano M40	02:04:51	+07:45	05:00
3	26	António Silva	Corridas por Albergaria	Veterano M40	02:07:41	+10:35	05:06

Trail 25K

25 KM

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OFFICIAL RESULT

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4	29	Sergio Lorenzo	CTAD-Trilhos de Cinfães	Veterano M40	02:14:16	+17:10	05:22
5	112	Paulo Ramirez	OZXTREME	Veterano M40	02:15:41	+18:35	05:26
6	35	José Campar	DCI/Pedrulha-Mealhada	Veterano M40	02:16:25	+19:19	05:27
7	127	Jorge Correia	Viriathvs Runners Viseu	Veterano M40	02:18:10	+21:04	05:32
8	30	Viriato Dias	CTAD-Trilhos de Cinfães	Veterano M40	02:21:20	+24:14	05:39
9	7	Carlos Arsenio	ADT	Veterano M40	02:24:37	+27:31	05:47
10	16	Renato Ferreira	C. B. Viseu Running Team	Veterano M40	02:26:59	+29:53	05:53
11	85	Miguel Almeida	Individual	Veterano M40	02:28:30	+31:24	05:56
12	24	sergio freitas	Correio de Albergaria Trail Running	Veterano M40	02:28:36	+31:30	05:57
13	39	Filipe Silva Fonseca	DURAVIT race team	Veterano M40	02:29:57	+32:51	06:00
14	28	Humberto Almeida	CTAD-Trilhos de Cinfães	Veterano M40	02:41:11	+44:05	06:27
15	19	PAULO SILVA	CDC S. MARTINHO DA GÂNDARA	Veterano M40	02:44:32	+47:26	06:35
16	81	Carlos Pinheiro	Individual	Veterano M40	02:44:35	+47:29	06:35
17	117	Miguel Santos	Rogério de Pinho	Veterano M40	02:45:38	+48:32	06:38
18	80	Amílcar Ramos	Individual	Veterano M40	02:49:51	+52:45	06:48
19	83	Fernando Banca	Individual	Veterano M40	02:53:29	+56:23	06:56
20	132	José Henriques	OLIVEIRA RUNNERS	Veterano M40	02:54:56	+57:50	07:00
21	21	Carlos Martins	Clube Nortada Aventura - MNR	Veterano M40	02:59:19	+01:02:13	07:10
22	82	Faustino Lança	Individual	Veterano M40	02:59:37	+01:02:31	07:11
23	11	Pedro Marques	BoraBora, Vamos Lá!	Veterano M40	03:01:16	+01:04:10	07:15
24	123	Emanuel Cabeça	Stamina trail running	Veterano M40	03:01:57	+01:04:51	07:17
25	23	Mário Tavares	Correio de Albergaria Trail Running	Veterano M40	03:03:39	+01:06:33	07:21
26	18	FERNANDO LOPES	CDC S. MARTINHO DA GÂNDARA	Veterano M40	03:07:48	+01:10:42	07:31
27	106	Alexandre Pereira	Mercatus	Veterano M40	03:10:27	+01:13:21	07:37
28	92	Nuno Marnoto	Individual	Veterano M40	03:13:20	+01:16:14	07:44
29	90	NELSON VIEIRA	Individual	Veterano M40	03:14:35	+01:17:29	07:47
30	94	Pedro Monteiro	Individual	Veterano M40	03:18:32	+01:21:26	07:57
31	84	João Cardoso	Individual	Veterano M40	03:21:17	+01:24:10	08:03
32	91	Nuno Cruz	Individual	Veterano M40	03:22:30	+01:25:24	08:06

Veterano M50

1	37	Fernando Baltazar	Desportivo Atletico de Recardães	Veterano M50	02:16:36	+19:30	05:28
2	119	Carlos Alberto de Almeida	SAÚDE IN	Veterano M50	02:31:39	+34:33	06:04
3	12	Fernando Gonçalves	BoraBora, Vamos Lá!	Veterano M50	02:34:01	+36:55	06:10
4	97	Francisco Silva	Individual	Veterano M50	02:49:38	+52:32	06:47
5	104	Ernesto Martins	LION RUNNERS – G.D. Leões da Guarda	Veterano M50	02:49:39	+52:33	06:47
6	96	Carlos Rodrigues	Individual	Veterano M50	02:58:55	+01:01:49	07:09
7	13	Carlos Manuel da Silva Martins	Bosch	Veterano M50	03:12:39	+01:15:33	07:42