

TRAIL 25K - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	13:18	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	20	Hélder Lopes	dcj/ccdrpedrulha - mealhada	Senior Masculino	01:49:01		04:22
2	54	Ricardo Coutinho Martins	individual	Senior Masculino	01:59:08	+10:07	04:46
3	86	José Pereira	solar o condado	Senior Masculino	02:02:04	+13:03	04:53
4	25	Pedro Marques	dr. merino/4moove	Veterano M50	02:07:43	+18:41	05:07
5	14	Alexandre Casimiro	clube união vilanovense	Senior Masculino	02:10:08	+21:07	05:12
6	71	luís Simões	individual	Veterano M50	02:10:26	+21:25	05:13
7	63	Carlos Matos	individual	Veterano M40	02:11:15	+22:13	05:15
8	19	Viriato Dias	ctad-trilhos cinfaes	Veterano M40	02:12:52	+23:50	05:19
9	85	Cristiano Oliveira	sem t-shirt	Senior Masculino	02:12:54	+23:53	05:19
10	46	Mário Almeida	individual	Senior Masculino	02:12:55	+23:53	05:19
11	7	Davide Marques da Silva	adt trail	Senior Masculino	02:12:57	+23:56	05:19
12	70	José Rodrigues de Almeida	individual	Veterano M50	02:14:54	+25:52	05:24
13	42	João Manuel alegre Gonçalves	individual	Senior Masculino	02:15:19	+26:17	05:25
14	8	Carlos Arsénio	adt trail	Veterano M40	02:15:35	+26:34	05:25
15	49	Paulo Alexandre Couveiro Faria	individual	Senior Masculino	02:15:36	+26:34	05:25
16	26	Tony Graça	free runners	Veterano M50	02:16:04	+27:02	05:27
17	79	Paulo Ramirez	nutrixxion4fun	Veterano M40	02:17:45	+28:44	05:31
18	10	Vitor Faim	atletismo clube da tocha	Veterano M50	02:17:48	+28:46	05:31
19	745	Paulo Jorge de Almeida Matos	individual	Veterano M40	02:18:48	+29:46	05:33
20	82	Sergio Pereira	oliveira runners	Senior Masculino	02:18:48	+29:46	05:33
21	33	André Ribeiro Almeida	individual	Senior Masculino	02:20:09	+31:08	05:36
22	61	Alcino Marques Teixeira Pereira	individual	Veterano M40	02:25:28	+36:26	05:49
23	65	José Campar	individual	Veterano M40	02:29:02	+40:00	05:58
24	11	Jorge Brites	aztrail	Veterano M40	02:29:20	+40:19	05:58
25	38	Hugo Ferreira	individual	Senior Masculino	02:29:42	+40:41	05:59
26	57	Telmo Dias	individual	Senior Masculino	02:29:43	+40:41	05:59
27	64	Filipe Silva Fonseca	individual	Veterano M40	02:30:53	+41:51	06:02
28	37	Filipe Costa	individual	Senior Masculino	02:31:04	+42:03	06:03
29	43	Jorge Miguel Pereira	individual	Senior Masculino	02:31:20	+42:18	06:03
30	55	Ricardo Fernandes	individual	Senior Masculino	02:32:58	+43:56	06:07
31	6	Ana Isabel Pereira Martins	acr cambra	Senior Feminino	02:33:00	+43:58	06:07
32	81	Sergio Branquinho	oliveira runners	Senior Masculino	02:33:05	+44:03	06:07
33	47	Mário João Pires	individual	Senior Masculino	02:33:31	+44:29	06:08
34	66	Manuel Silva	individual	Veterano M40	02:33:32	+44:30	06:08
35	18	Humberto Almeida	ctad-trilhos cinfaes	Veterano M40	02:33:53	+44:52	06:09
36	17	Isabel Almeida	ctad-trilhos cinfaes	Veterana F40	02:34:29	+45:27	06:11
37	58	Telmo Lages	individual	Senior Masculino	02:35:30	+46:28	06:13
38	32	André Cardão	individual	Senior Masculino	02:38:28	+49:27	06:20
39	35	bruno macedo	individual	Senior Masculino	02:38:42	+49:40	06:21
40	78	Paulo Sousa	new life center	Veterano M40	02:42:52	+53:51	06:31
41	50	Pedro Bandarra	individual	Senior Masculino	02:43:10	+54:09	06:32
42	56	Ricardo Sousa	individual	Senior Masculino	02:45:07	+56:05	06:36

TRAIL 25K - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	84	Pedro Afonso do Casal Almeida	run or die	Senior Masculino	02:45:54	+56:53	06:38
44	83	Bernardo Guilherme Fernandes Faria	run or die	Senior Masculino	02:45:54	+56:53	06:38
45	36	Edgar José Ferreira Gomes	individual	Senior Masculino	02:47:32	+58:30	06:42
46	80	Marcia Rodrigues	oliveira runners	Senior Feminino	02:50:31	+01:01:30	06:49
47	72	Raul Abraão Martins	individual	Veterano M50	02:51:55	+01:02:54	06:53
48	28	DUARTE MIGUEL PEREIRA DA COSTA	healthypump runners	Senior Masculino	02:52:36	+01:03:34	06:54
49	27	CARLOS MIGUEL SIMÕES MORAIS	healthypump runners	Senior Masculino	02:52:36	+01:03:34	06:54
50	15	Luisa Mota	correria	Senior Feminino	02:52:44	+01:03:43	06:55
51	51	pedro lopes	individual	Senior Masculino	02:52:48	+01:03:47	06:55
52	30	Eunice da Conceição Magalhães	individual	Senior Feminino	02:56:49	+01:07:47	07:04
53	41	João Barradas	individual	Senior Masculino	02:56:49	+01:07:48	07:04
54	69	Joaquim Amieiro	individual	Veterano M50	02:57:51	+01:08:49	07:07
55	67	Rui Santos	individual	Veterano M40	02:57:53	+01:08:52	07:07
56	76	João Tiago	liz runners	Senior Masculino	02:57:54	+01:08:52	07:07
57	53	Pedro Monteiro	individual	Senior Masculino	02:58:16	+01:09:15	07:08
58	44	Luís Carlos Lemos Ferreira	individual	Senior Masculino	02:58:22	+01:09:21	07:08
59	89	Mitchell Andrade Miranda	will run for beer	Senior Masculino	02:58:27	+01:09:26	07:08
60	52	Pedro Miguel Pereira da Silva	individual	Senior Masculino	02:59:04	+01:10:02	07:10
61	59	carla sofia lima leite nunes garcez	individual	Veterana F40	02:59:30	+01:10:29	07:11
62	73	sergio ferreira rodrigues	individual	Veterano M50	02:59:31	+01:10:29	07:11
63	60	Evelin Koester	individual	Veterana F50	03:00:16	+01:11:14	07:13
64	90	João Pedro Pinto Fonseca	individual	Senior Masculino	03:01:23	+01:12:22	07:15
65	16	Rui Barros	correria	Senior Masculino	03:02:53	+01:13:51	07:19
66	31	Solange Sousa	individual	Senior Feminino	03:04:11	+01:15:10	07:22
67	39	Hugo Henrique Parrança Guerra	individual	Senior Masculino	03:08:26	+01:19:25	07:32
68	75	Rui Manuel Ribeiro Mesquita	ko trailrunning	Senior Masculino	03:10:20	+01:21:19	07:37
69	74	Miguel Ribeiro	ko trailrunning	Senior Masculino	03:10:20	+01:21:19	07:37
70	21	Rui Pedro Marques Génio	dentária v-promed	Senior Masculino	03:12:02	+01:23:01	07:41
71	22	Célia Maria Portela Sousa	dentária v-promed	Veterana F40	03:16:13	+01:27:12	07:51
72	23	João Miguel Azeredo	dentária v-promed	Veterano M40	03:16:19	+01:27:17	07:51
73	87	Catarina Teixeira	team 33	Veterana F40	03:22:45	+01:33:44	08:07
74	45	Luis Miguel Martins Dias	individual	Senior Masculino	03:23:48	+01:34:47	08:09
75	9	Carlos Martins	aprocred	Veterano M50	03:24:40	+01:35:39	08:11
76	88	Jorge Daniel Ferreira da Silva	will run for beer	Senior Masculino	03:30:23	+01:41:22	08:25
77	34	Artur Fonseca	individual	Senior Masculino	03:39:46	+01:50:44	08:47
78	24	Vitor Miguel Henriques	dentária v-promed	Veterano M40	03:39:46	+01:50:45	08:47
79	40	Ivo Alexandre Carvalho dos Reis	individual	Senior Masculino	03:39:47	+01:50:46	08:48

Trail 25k

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	13:18	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	6	Ana Isabel Pereira Martins	ACR Cambra	Senior Feminino	02:33:00	06:07
2	80	Marcia Rodrigues	OLIVEIRA RUNNERS	Senior Feminino	02:50:31	+17:32 06:49
3	15	Luisa Mota	CorreRia	Senior Feminino	02:52:44	+19:45 06:55
4	30	Eunice da Conceição Magalhães	Individual	Senior Feminino	02:56:49	+23:49 07:04
5	31	Solange Sousa	Individual	Senior Feminino	03:04:11	+31:12 07:22

Senior Masculino

1	20	Hélder Lopes	DCI/CCDRPedrulha - Mealhada	Senior Masculino	01:49:01	04:22
2	54	Ricardo Coutinho Martins	Individual	Senior Masculino	01:59:08	+10:07 04:46
3	86	José Pereira	Solar O Condado	Senior Masculino	02:02:04	+13:03 04:53
4	14	Alexandre Casimiro	Clube União Vilanovense	Senior Masculino	02:10:08	+21:07 05:12
5	85	Cristiano Oliveira	Sem T-shirt	Senior Masculino	02:12:54	+23:53 05:19
6	46	Mário Almeida	Individual	Senior Masculino	02:12:55	+23:53 05:19
7	7	Davide Marques da Silva	ADT Trail	Senior Masculino	02:12:57	+23:56 05:19
8	42	João Manuel alegre Gonçalves	Individual	Senior Masculino	02:15:19	+26:17 05:25
9	49	Paulo Alexandre Couveiro Faria	Individual	Senior Masculino	02:15:36	+26:34 05:25
10	82	Sergio Pereira	OLIVEIRA RUNNERS	Senior Masculino	02:18:48	+29:46 05:33
11	33	André Ribeiro Almeida	Individual	Senior Masculino	02:20:09	+31:08 05:36
12	38	Hugo Ferreira	Individual	Senior Masculino	02:29:42	+40:41 05:59
13	57	Telmo Dias	Individual	Senior Masculino	02:29:43	+40:41 05:59
14	37	Filipe Costa	Individual	Senior Masculino	02:31:04	+42:03 06:03
15	43	Jorge Miguel Pereira	Individual	Senior Masculino	02:31:20	+42:18 06:03
16	55	Ricardo Fernandes	Individual	Senior Masculino	02:32:58	+43:56 06:07
17	81	Sergio Branquinho	OLIVEIRA RUNNERS	Senior Masculino	02:33:05	+44:03 06:07
18	47	Mário João Pires	Individual	Senior Masculino	02:33:31	+44:29 06:08
19	58	Telmo Lages	Individual	Senior Masculino	02:35:30	+46:28 06:13
20	32	André Cardão	Individual	Senior Masculino	02:38:28	+49:27 06:20
21	35	bruno macedo	Individual	Senior Masculino	02:38:42	+49:40 06:21
22	50	Pedro Bandarra	Individual	Senior Masculino	02:43:10	+54:09 06:32
23	56	Ricardo Sousa	Individual	Senior Masculino	02:45:07	+56:05 06:36
24	84	Pedro Afonso do Casal Almeida	Run or Die	Senior Masculino	02:45:54	+56:53 06:38
25	83	Bernardo Guilherme Fernandes Faria	Run or Die	Senior Masculino	02:45:54	+56:53 06:38
26	36	Edgar José Ferreira Gomes	Individual	Senior Masculino	02:47:32	+58:30 06:42
27	28	DUARTE MIGUEL PEREIRA DA COSTA	HealthyPump Runners	Senior Masculino	02:52:36	+01:03:34 06:54
28	27	CARLOS MIGUEL SIMÕES MORAIS	HealthyPump Runners	Senior Masculino	02:52:36	+01:03:34 06:54
29	51	pedro lopes	Individual	Senior Masculino	02:52:48	+01:03:47 06:55
30	41	João Barradas	Individual	Senior Masculino	02:56:49	+01:07:48 07:04

Trail 25k

25 KM

[illegible]

OFFICIAL RESULT

31	76	João Tiago	LIZ RUNNERS	Senior Masculino	02:57:54	+01:08:52	07:07
32	53	Pedro Monteiro	Individual	Senior Masculino	02:58:16	+01:09:15	07:08
33	44	Luís Carlos Lemos Ferreira	Individual	Senior Masculino	02:58:22	+01:09:21	07:08
34	89	Mitchell Andrade Miranda	Will Run For Beer	Senior Masculino	02:58:27	+01:09:26	07:08
35	52	Pedro Miguel Pereira da Silva	Individual	Senior Masculino	02:59:04	+01:10:02	07:10
36	90	João Pedro Pinto Fonseca	Individual	Senior Masculino	03:01:23	+01:12:22	07:15
37	16	Rui Barros	CorreRia	Senior Masculino	03:02:53	+01:13:51	07:19
38	39	Hugo Henrique Parrança Guerra	Individual	Senior Masculino	03:08:26	+01:19:25	07:32
39	75	Rui Manuel Ribeiro Mesquita	KO TRAILRUNNING	Senior Masculino	03:10:20	+01:21:19	07:37
40	74	Miguel Ribeiro	KO Trailrunning	Senior Masculino	03:10:20	+01:21:19	07:37
41	21	Rui Pedro Marques Génio	Dentária V-Promed	Senior Masculino	03:12:02	+01:23:01	07:41
42	45	Luis Miguel Martins Dias	Individual	Senior Masculino	03:23:48	+01:34:47	08:09
43	88	Jorge Daniel Ferreira da Silva	Will Run For Beer	Senior Masculino	03:30:23	+01:41:22	08:25
44	34	Artur Fonseca	Individual	Senior Masculino	03:39:46	+01:50:44	08:47
45	40	Ivo Alexandre Carvalho dos Reis	Individual	Senior Masculino	03:39:47	+01:50:46	08:48

Veterana F40

1	17	Isabel Almeida	Ctad-trilhos cinfaes	Veterana F40	02:34:29	06:11
2	59	carla sofia lima leite nunes garcez	Individual	Veterana F40	02:59:30	+25:02 07:11
3	22	Célia Maria Portela Sousa	Dentária V-Promed	Veterana F40	03:16:13	+41:45 07:51
4	87	Catarina Teixeira	Team 33	Veterana F40	03:22:45	+48:17 08:07

Veterana F50

1	60	Evelin Koester	Individual	Veterana F50	03:00:16	07:13
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Veterano M40

1	63	Carlos Matos	Individual	Veterano M40	02:11:15	05:15
2	19	Viriato Dias	Ctad-trilhos cinfaes	Veterano M40	02:12:52	+01:37 05:19
3	8	Carlos Arsénio	ADT Trail	Veterano M40	02:15:35	+04:21 05:25
4	79	Paulo Ramirez	NuTriXXion4Fun	Veterano M40	02:17:45	+06:31 05:31
5	745	Paulo Jorge de Almeida Matos	Individual	Veterano M40	02:18:48	+07:33 05:33
6	61	Alcino Marques Teixeira Pereira	Individual	Veterano M40	02:25:28	+14:13 05:49
7	65	José Campar	Individual	Veterano M40	02:29:02	+17:47 05:58
8	11	Jorge Brites	AZtrail	Veterano M40	02:29:20	+18:06 05:58
9	64	Filipe Silva Fonseca	Individual	Veterano M40	02:30:53	+19:38 06:02
10	66	Manuel Silva	Individual	Veterano M40	02:33:32	+22:17 06:08
11	18	Humberto Almeida	Ctad-trilhos cinfaes	Veterano M40	02:33:53	+22:39 06:09
12	78	Paulo Sousa	NEW LIFE Center	Veterano M40	02:42:52	+31:38 06:31
13	67	Rui Santos	Individual	Veterano M40	02:57:53	+46:39 07:07
14	23	João Miguel Azeredo	Dentária V-Promed	Veterano M40	03:16:19	+01:05:04 07:51
15	24	Vitor Miguel Henriques	Dentária V-Promed	Veterano M40	03:39:46	+01:28:32 08:47

Trail 25k

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterano M50

1	25	Pedro Marques	Dr. Merino/4moove	Veterano M50	02:07:43	05:07
2	71	luís Simões	Individual	Veterano M50	02:10:26	+02:44 05:13
3	70	José Rodrigues de Almeida	Individual	Veterano M50	02:14:54	+07:11 05:24
4	26	Tony Graça	Free Runners	Veterano M50	02:16:04	+08:21 05:27
5	10	Vitor Faim	Atletismo Clube da Tocha	Veterano M50	02:17:48	+10:05 05:31
6	72	Raul Abraão Martins	Individual	Veterano M50	02:51:55	+44:13 06:53
7	69	Joaquim Amieiro	Individual	Veterano M50	02:57:51	+50:08 07:07
8	73	sergio ferreira rodrigues	Individual	Veterano M50	02:59:31	+51:48 07:11
9	9	Carlos Martins	APROCRED	Veterano M50	03:24:40	+01:16:58 08:11