

25K

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	7.9°C	82%
End	13:58	13.4°C	66.8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	23	Romeu Benido Gouveia	escaravelhos team	Senior Masculino	01:59:17		04:46
2	28	João Pimentel	holmes place health clubs	Senior Masculino	02:00:02	+00:45	04:48
3	100	Carlos Correia	o mundo da corrida	Senior Masculino	02:01:54	+02:37	04:53
4	101	Fernando carvalho	o mundo da corrida	Senior Masculino	02:05:00	+05:43	05:00
5	38	Carlos Ramos	individual	Senior Masculino	02:05:43	+06:26	05:02
6	76	José Sousa	individual	Veterano M40	02:05:46	+06:29	05:02
7	75	José António Prazeres Ferreira	individual	Veterano M40	02:06:24	+07:07	05:03
8	102	Paulo Amaral	o mundo da corrida	Senior Masculino	02:06:56	+07:39	05:05
9	74	Hilário Pinto	individual	Veterano M40	02:07:53	+08:36	05:07
10	96	Paulo Santos	mountain trails	Veterano M45	02:08:12	+08:55	05:08
11	98	Paulo Jorge Dionísio Fernandes	núcleo do desporto amador de pombal	Senior Masculino	02:10:02	+10:45	05:12
12	54	Miguel Jorge Santos Ferreira	individual	Senior Masculino	02:10:25	+11:08	05:13
13	16	Marco Ferreira	desportivo atlético recardães	Senior Masculino	02:11:45	+12:28	05:16
14	19	Tiago Ferreira	desportivo atlético recardães	Senior Masculino	02:11:45	+12:28	05:16
15	35	Carlos Abreu	individual	Senior Masculino	02:14:35	+15:18	05:23
16	81	jaime manuel oliveira	individual	Veterano M45	02:15:20	+16:03	05:25
17	104	Jorge Justo	o mundo da corrida	Veterano M45	02:15:56	+16:39	05:26
18	103	Francisco Pais	o mundo da corrida	Veterano M45	02:16:21	+17:04	05:27
19	61	Rui Melo	individual	Senior Masculino	02:18:10	+18:53	05:32
20	58	Pedro Rodrigues	individual	Senior Masculino	02:20:19	+21:02	05:37
21	34	Alexandre Miguel Batista Casimiro	individual	Senior Masculino	02:20:24	+21:07	05:37
22	10	Viriato Dias	ctad - trilhos de cinfães	Veterano M40	02:20:25	+21:08	05:37
23	22	Fábio André Barbosa	escaravelhos team	Senior Masculino	02:21:13	+21:56	05:39
24	36	Carlos Manuel Matos Marques	individual	Senior Masculino	02:21:14	+21:57	05:39
25	18	Rui Santos	desportivo atlético recardães	Senior Masculino	02:21:36	+22:19	05:40
26	14	Celso Morreira	desportivo atlético recardães	Senior Masculino	02:22:13	+22:56	05:41
27	123	FILIPE SANTOS	individual	Senior Masculino	02:23:12	+23:55	05:44
28	52	Márcio Cruz	individual	Senior Masculino	02:23:39	+24:22	05:45
29	85	PAULO CONCEICAO	individual	Veterano M45	02:23:54	+24:37	05:45
30	50	José Manuel Gomes Nunes	individual	Senior Masculino	02:24:02	+24:45	05:46
31	45	João Almeida	individual	Senior Masculino	02:26:07	+26:50	05:51
32	94	Jorge Pedro	mountain trails	Veterano M40	02:28:22	+29:05	05:56
33	121	BRUNO FERNANDES	vimarunners	Senior Masculino	02:28:45	+29:28	05:57
34	78	Rui Oliveira	individual	Veterano M40	02:30:12	+30:55	06:00
35	44	Hugo Emanuel Pereira Fardilha	individual	Senior Masculino	02:30:24	+31:07	06:01
36	69	Williams da Conceição Rodriguez	individual	Senior Masculino	02:31:01	+31:44	06:02
37	91	Valdemar Oliveira	ko trail running	Veterano M45	02:31:19	+32:02	06:03
38	13	Vitor Campos	dar - desportivo atlético de recardães	Veterano M45	02:31:44	+32:27	06:04
39	42	Filipe Silvano	individual	Senior Masculino	02:32:55	+33:38	06:07
40	86	Paulo Jorge Pinho Ferreira	individual	Veterano M45	02:34:22	+35:05	06:10
41	39	Diamantino Linhares	individual	Senior Masculino	02:34:35	+35:18	06:11
42	66	Tiago Gregório	individual	Senior Masculino	02:34:49	+35:32	06:12

Official Timekeeper: Lap2Go	1 / 3	generate 11-Jan-2015 14:37
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25K

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
43	5	Pedro Guimaraes	bai k andas team	Veterano M45	02:35:31	+36:14	06:13
44	59	Ricardo Fernandes	individual	Senior Masculino	02:35:47	+36:30	06:14
45	119	Rui Oliveira	run@figueira - teambala	Veterano M40	02:37:40	+38:23	06:18
46	41	Fernando Coelho	individual	Senior Masculino	02:38:48	+39:31	06:21
47	57	Nuno Nunes	individual	Senior Masculino	02:39:14	+39:57	06:22
48	111	Andre Santos	rainha club	Senior Masculino	02:39:20	+40:03	06:22
49	24	Fernando Santos	escaravelhos team	Senior Masculino	02:39:42	+40:25	06:23
50	25	Marco Veludo	escaravelhos team	Senior Masculino	02:39:47	+40:30	06:23
51	55	Nuno Branco	individual	Senior Masculino	02:40:11	+40:54	06:24
52	95	Paulo Açafão	mountain trails	Veterano M45	02:40:26	+41:09	06:25
53	90	Arnaldo Santos	ko trail running	Veterano M45	02:40:39	+41:22	06:26
54	64	Sergio	individual	Senior Masculino	02:41:04	+41:47	06:27
55	17	Miguel Oliveira	desportivo atlético recardães	Senior Masculino	02:42:42	+43:25	06:30
56	79	Samuel Guerra	individual	Veterano M40	02:44:25	+45:08	06:35
57	112	Hugo Costa	rainha club	Senior Masculino	02:44:36	+45:19	06:35
58	65	Telmo José Santos Lages	individual	Senior Masculino	02:44:41	+45:24	06:35
59	83	José Filipe da Costa	individual	Veterano M45	02:44:44	+45:27	06:35
60	87	Paulo Marçal	individual	Veterano M45	02:45:34	+46:17	06:37
61	106	Bruno Miguel Dos Santos Mendes	prt/ad quinta	Senior Masculino	02:45:41	+46:24	06:38
62	7	Miguel Dominguez	banana runners	Veterano M40	02:46:19	+47:02	06:39
63	8	Paulo Vicente	banana runners	Veterano M40	02:46:20	+47:03	06:39
64	77	RENATO FERREIRA	individual	Veterano M40	02:46:58	+47:41	06:41
65	73	Carlos Augusto Martins da Silva	individual	Veterano M40	02:47:29	+48:12	06:42
66	67	Tiago Nunes	individual	Senior Masculino	02:47:32	+48:15	06:42
67	51	Luís Andrade	individual	Senior Masculino	02:48:17	+49:00	06:44
68	9	Renato Cruz	banana runners	Veterano M40	02:48:49	+49:32	06:45
69	6	Mário Coutinho	banana runners	Senior Masculino	02:48:49	+49:32	06:45
70	43	Francisco Aragão	individual	Senior Masculino	02:48:49	+49:32	06:45
71	71	Ana luisa vidal da silva	individual	Veterana F45	02:50:33	+51:16	06:49
72	122	RUI FERNANDES	vimarunners	Senior Masculino	02:50:39	+51:22	06:50
73	49	Joaquim Lúcio Pires Ribeiro	individual	Senior Masculino	02:50:55	+51:38	06:50
74	82	joão pedro de almeida liberal	individual	Veterano M45	02:53:26	+54:09	06:56
75	47	João Ferreira	individual	Senior Masculino	02:55:31	+56:14	07:01
76	37	Carlos Manuel Póvoa dos Santos	individual	Senior Masculino	02:55:32	+56:15	07:01
77	109	Liliana Silva	rainha club	Senior Feminino	02:55:34	+56:17	07:01
78	29	Daniela Silva	individual	Senior Feminino	02:57:24	+58:07	07:06
79	97	Jorge Martins	núcleo do desporto amador de pombal	Senior Masculino	02:57:33	+58:16	07:06
80	48	João Melo	individual	Senior Masculino	03:00:04	+01:00:47	07:12
81	46	João André Varela Coelho	individual	Senior Masculino	03:00:18	+01:01:01	07:13
82	88	Filipe Silva	ko trail running	Senior Masculino	03:00:44	+01:01:27	07:14
83	89	João Couto	ko trail running	Senior Masculino	03:00:45	+01:01:28	07:14
84	84	Nuno Rocha	individual	Veterano M45	03:01:14	+01:01:57	07:15
85	80	António Silva	individual	Veterano M45	03:04:03	+01:04:46	07:22
86	26	Manuel Cunha Lima	experienciar	Veterano M45	03:16:52	+01:17:35	07:52
87	68	Vladimiro Cancela	individual	Senior Masculino	03:17:08	+01:17:51	07:53
88	31	Filipa Cancela	individual	Senior Feminino	03:17:08	+01:17:51	07:53

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	117	Sergio Pinheiro	rainha club	Veterano M45	03:22:19	+01:23:02	08:06
90	108	Claudia Silva	rainha club	Senior Feminino	03:22:19	+01:23:02	08:06
91	114	Luis Ramos	rainha club	Senior Masculino	03:22:19	+01:23:02	08:06
92	115	Pedro Henriques	rainha club	Senior Masculino	03:22:19	+01:23:02	08:06
93	63	Rui Vilar	individual	Senior Masculino	03:24:00	+01:24:43	08:10
94	56	Nuno Jorge Oliveira e Almeida	individual	Senior Masculino	03:25:20	+01:26:03	08:13
95	33	marlene Soutulho Coelho Alves	individual	Senior Feminino	03:30:01	+01:30:44	08:24
96	30	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	03:30:08	+01:30:51	08:24
97	21	Vítor Manuel Dias Gonçalves	edv-viana trail	Senior Masculino	03:30:08	+01:30:51	08:24
98	116	Ricardo Sousa	rainha club	Senior Masculino	03:47:02	+01:47:45	09:05
99	113	Joao Paulo Pereira	rainha club	Senior Masculino	03:47:04	+01:47:47	09:05

25K

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	7.9°C	82%
End	13:58	13.4°C	66.8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	109	Liliana Silva	Rainha Club	Senior Feminino	02:55:34	07:01:30
2	29	Daniela Silva	Individual	Senior Feminino	02:57:24	+01:50 07:06:30
3	31	Filipa Cancela	Individual	Senior Feminino	03:17:08	+21:34 07:53:30
4	108	Claudia Silva	Rainha Club	Senior Feminino	03:22:19	+26:45 08:06:30
5	33	marlene Soutulho Coelho Alves	Individual	Senior Feminino	03:30:01	+34:27 08:24:30
6	30	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	03:30:08	+34:34 08:24:30

Senior Masculino

1	23	Romeu Benido Gouveia	Escaravelhos Team	Senior Masculino	01:59:17	04:46
2	28	João Pimentel	Holmes Place Health Clubs	Senior Masculino	02:00:02	+00:45 04:48
3	100	Carlos Correia	O Mundo da Corrida	Senior Masculino	02:01:54	+02:37 04:53
4	101	Fernando carvalho	O Mundo da Corrida	Senior Masculino	02:05:00	+05:43 05:00
5	38	Carlos Ramos	Individual	Senior Masculino	02:05:43	+06:26 05:02
6	102	Paulo Amaral	O Mundo da Corrida	Senior Masculino	02:06:56	+07:39 05:05
7	98	Paulo Jorge Dionísio Fernandes	Núcleo do Desporto Amador de Pombal	Senior Masculino	02:10:02	+10:45 05:12
8	54	Miguel Jorge Santos Ferreira	Individual	Senior Masculino	02:10:25	+11:08 05:13
9	16	Marco Ferreira	Desportivo Atlético Recardães	Senior Masculino	02:11:45	+12:28 05:16
10	19	Tiago Ferreira	Desportivo Atlético Recardães	Senior Masculino	02:11:45	+12:28 05:16
11	35	Carlos Abreu	Individual	Senior Masculino	02:14:35	+15:18 05:23
12	61	Rui Melo	Individual	Senior Masculino	02:18:10	+18:53 05:32
13	58	Pedro Rodrigues	Individual	Senior Masculino	02:20:19	+21:02 05:37
14	34	Alexandre Miguel Batista Casimiro	Individual	Senior Masculino	02:20:24	+21:07 05:37
15	22	Fábio André Barbosa	Escaravelhos Team	Senior Masculino	02:21:13	+21:56 05:39
16	36	Carlos Manuel Matos Marques	Individual	Senior Masculino	02:21:14	+21:57 05:39
17	18	Rui Santos	Desportivo Atlético Recardães	Senior Masculino	02:21:36	+22:19 05:40
18	14	Celso Morreira	Desportivo Atlético Recardães	Senior Masculino	02:22:13	+22:56 05:41
19	123	FILIPE SANTOS	Individual	Senior Masculino	02:23:12	+23:55 05:44
20	52	Márcio Cruz	Individual	Senior Masculino	02:23:39	+24:22 05:45
21	50	José Manuel Gomes Nunes	Individual	Senior Masculino	02:24:02	+24:45 05:46
22	45	João Almeida	Individual	Senior Masculino	02:26:07	+26:50 05:51
23	121	BRUNO FERNANDES	vimarunners	Senior Masculino	02:28:45	+29:28 05:57
24	44	Hugo Emanuel Pereira Fardilha	Individual	Senior Masculino	02:30:24	+31:07 06:01
25	69	Williams da Conceição Rodriguez	Individual	Senior Masculino	02:31:01	+31:44 06:02
26	42	Filipe Silvano	Individual	Senior Masculino	02:32:55	+33:38 06:07
27	39	Diamantino Linhares	Individual	Senior Masculino	02:34:35	+35:18 06:11
28	66	Tiago Gregório	Individual	Senior Masculino	02:34:49	+35:32 06:12
29	59	Ricardo Fernandes	Individual	Senior Masculino	02:35:47	+36:30 06:14

Official Timekeeper: Lap2Go	1 / 3	generate 11-Jan-2015 14:38
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25K

25 KM

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OFFICIAL RESULT

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30	41	Fernando Coelho	Individual	Senior Masculino	02:38:48	+39:31	06:21
31	57	Nuno Nunes	Individual	Senior Masculino	02:39:14	+39:57	06:22
32	111	Andre Santos	Rainha Club	Senior Masculino	02:39:20	+40:03	06:22
33	24	Fernando Santos	Escaravelhos Team	Senior Masculino	02:39:42	+40:25	06:23
34	25	Marco Veludo	Escaravelhos Team	Senior Masculino	02:39:47	+40:30	06:23
35	55	Nuno Branco	Individual	Senior Masculino	02:40:11	+40:54	06:24
36	64	Sergio	Individual	Senior Masculino	02:41:04	+41:47	06:27
37	17	Miguel Oliveira	Desportivo Atlético Recardães	Senior Masculino	02:42:42	+43:25	06:30
38	112	Hugo Costa	Rainha Club	Senior Masculino	02:44:36	+45:19	06:35
39	65	Telmo José Santos Lages	Individual	Senior Masculino	02:44:41	+45:24	06:35
40	106	Bruno Miguel Dos Santos Mendes	PRT/AD QUINTA	Senior Masculino	02:45:41	+46:24	06:38
41	67	Tiago Nunes	Individual	Senior Masculino	02:47:32	+48:15	06:42
42	51	Luís Andrade	Individual	Senior Masculino	02:48:17	+49:00	06:44
43	6	Mário Coutinho	Banana Runners	Senior Masculino	02:48:49	+49:32	06:45
44	43	Francisco Aragão	Individual	Senior Masculino	02:48:49	+49:32	06:45
45	122	RUI FERNANDES	vimarunners	Senior Masculino	02:50:39	+51:22	06:50
46	49	Joaquim Lúcio Pires Ribeiro	Individual	Senior Masculino	02:50:55	+51:38	06:50
47	47	João Ferreira	Individual	Senior Masculino	02:55:31	+56:14	07:01
48	37	Carlos Manuel Póvoa dos Santos	Individual	Senior Masculino	02:55:32	+56:15	07:01
49	97	Jorge Martins	Núcleo do Desporto Amador de Pombal	Senior Masculino	02:57:33	+58:16	07:06
50	48	João Melo	Individual	Senior Masculino	03:00:04	+01:00:47	07:12
51	46	João André Varela Coelho	Individual	Senior Masculino	03:00:18	+01:01:01	07:13
52	88	Filipe Silva	KO TRAIL RUNNING	Senior Masculino	03:00:44	+01:01:27	07:14
53	89	João Couto	KO TRAIL RUNNING	Senior Masculino	03:00:45	+01:01:28	07:14
54	68	Vladimiro Cancela	Individual	Senior Masculino	03:17:08	+01:17:51	07:53
55	114	Luis Ramos	Rainha Club	Senior Masculino	03:22:19	+01:23:02	08:06
56	115	Pedro Henriques	Rainha Club	Senior Masculino	03:22:19	+01:23:02	08:06
57	63	Rui Vilar	Individual	Senior Masculino	03:24:00	+01:24:43	08:10
58	56	Nuno Jorge Oliveira e Almeida	Individual	Senior Masculino	03:25:20	+01:26:03	08:13
59	21	Vítor Manuel Dias Gonçalves	EDV-VIANA TRAIL	Senior Masculino	03:30:08	+01:30:51	08:24
60	116	Ricardo Sousa	Rainha Club	Senior Masculino	03:47:02	+01:47:45	09:05
61	113	Joao Paulo Pereira	Rainha Club	Senior Masculino	03:47:04	+01:47:47	09:05

Veterana F45

1	71	Ana luisa vidal da silva	Individual	Veterana F45	02:50:33	06:49
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Veterano M40

1	76	José Sousa	Individual	Veterano M40	02:05:46	05:02
2	75	José António Prazeres Ferreira	Individual	Veterano M40	02:06:24	+00:38 05:03
3	74	Hilário Pinto	Individual	Veterano M40	02:07:53	+02:07 05:07
4	10	Viriato Dias	CTAD - Trilhos de Cinfães	Veterano M40	02:20:25	+14:39 05:37
5	94	Jorge Pedro	Mountain Trails	Veterano M40	02:28:22	+22:36 05:56
6	78	Rui Oliveira	Individual	Veterano M40	02:30:12	+24:26 06:00

Official Timekeeper: Lap2Go	2 / 3	generate 11-Jan-2015 14:38
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OFFICIAL RESULT

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7	119	Rui Oliveira	Run@Figueira - TeamBala	Veterano M40	02:37:40	+31:54	06:18
8	79	Samuel Guerra	Individual	Veterano M40	02:44:25	+38:39	06:35
9	7	Miguel Dominguez	Banana Runners	Veterano M40	02:46:19	+40:33	06:39
10	8	Paulo Vicente	Banana Runners	Veterano M40	02:46:20	+40:34	06:39
11	77	RENATO FERREIRA	Individual	Veterano M40	02:46:58	+41:12	06:41
12	73	Carlos Augusto Martins da Silva	Individual	Veterano M40	02:47:29	+41:43	06:42
13	9	Renato Cruz	Banana Runners	Veterano M40	02:48:49	+43:03	06:45

Veterano M45

1	96	Paulo Santos	Mountain Trails	Veterano M45	02:08:12		05:08
2	81	jaime manuel oliveira	Individual	Veterano M45	02:15:20	+07:08	05:25
3	104	Jorge Justo	O Mundo da Corrida	Veterano M45	02:15:56	+07:44	05:26
4	103	Francisco Pais	O Mundo da Corrida	Veterano M45	02:16:21	+08:09	05:27
5	85	PAULO CONCEICAO	Individual	Veterano M45	02:23:54	+15:42	05:45
6	91	Valdemar Oliveira	KO TRAIL RUNNING	Veterano M45	02:31:19	+23:07	06:03
7	13	Vitor Campos	DAR - Desportivo Atlético de Recardães	Veterano M45	02:31:44	+23:32	06:04
8	86	Paulo Jorge Pinho Ferreira	Individual	Veterano M45	02:34:22	+26:10	06:10
9	5	Pedro Guimaraes	BAI K ANDAS TEAM	Veterano M45	02:35:31	+27:19	06:13
10	95	Paulo Açafrão	Mountain Trails	Veterano M45	02:40:26	+32:14	06:25
11	90	Arnaldo Santos	KO TRAIL RUNNING	Veterano M45	02:40:39	+32:27	06:26
12	83	José Filipe da Costa	Individual	Veterano M45	02:44:44	+36:32	06:35
13	87	Paulo Marçal	Individual	Veterano M45	02:45:34	+37:22	06:37
14	82	joão pedro de almeida liberal	Individual	Veterano M45	02:53:26	+45:14	06:56
15	84	Nuno Rocha	Individual	Veterano M45	03:01:14	+53:02	07:15
16	80	António Silva	Individual	Veterano M45	03:04:03	+55:51	07:22
17	26	Manuel Cunha Lima	EXPERIENCIAR	Veterano M45	03:16:52	+01:08:40	07:52
18	117	Sergio Pinheiro	Rainha Club	Veterano M45	03:22:19	+01:14:07	08:06