

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	9.7°C	100%
End	17:15	9.7°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	6	Francisco João Cruz Fernandes	águias de alvelos	Senior Masculino	03:18:43		07:06
2	50	Tiago Teixeira	factor x / s4l / medense fc	Senior Masculino	03:21:22	+02:38	07:12
3	21	Carlos Ferreira	btt alegria // tubani	Veterano M40	03:33:08	+14:25	07:37
4	1	Fernando Neves	centro ciclista de gondomar	Veterano M50	03:34:29	+15:46	07:40
5	47	André Almeida	factor x / s4l / medense fc	Senior Masculino	03:36:00	+17:16	07:43
6	55	Joaquim Manuel Martins de Freitas	gdr retorta	Veterano M40	03:38:05	+19:22	07:47
7	136	Fernando Taborda	oralklass - amigos do trail	Veterano M40	03:40:27	+21:43	07:52
8	5	Antonio dos reis maia	7kunalama runners	Senior Masculino	03:44:07	+25:23	08:00
9	153	Nelson Teixeira	tua saúde	Senior Masculino	03:44:28	+25:44	08:01
10	156	João Leal	valongo united	Senior Masculino	03:44:40	+25:57	08:01
11	61	César Manuel Canito Alves da Silva	gtt-armazém do caffè	Veterano M40	03:48:00	+29:17	08:09
12	154	Eurico Moura	valongo united	Senior Masculino	03:52:29	+33:45	08:18
13	133	Paulo Colaço	nocturnos de paredes	Veterano M40	03:53:25	+34:41	08:20
14	155	Flávio Oliveira	valongo united	Senior Masculino	03:54:00	+35:17	08:21
15	10	Tiago Costa	associação desportiva de cabroelo	Sub 23 Masculino	03:58:24	+39:40	08:31
16	19	Filipe Pinto	btt alegria // tubani	Senior Masculino	03:58:35	+39:51	08:31
17	110	Fernando Gomes	kemedo team	Veterano M40	04:00:06	+41:23	08:35
18	90	Frank Fritsche	individual	Veterano M40	04:00:35	+41:51	08:36
19	46	Ezequiel Fernandes	águias de alvelos	Veterano M40	04:00:44	+42:01	08:36
20	9	Antonio fernandes	amigos do trail	Veterano M40	04:03:27	+44:43	08:42
21	145	João Oliveira	trinca orelhas de gato	Senior Masculino	04:06:19	+47:35	08:48
22	152	Nuno Guimarães	trogloditas runners	Senior Masculino	04:06:56	+48:13	08:49
23	39	Paula Lage	dr. merino/4moove	Veterana F40	04:09:56	+51:13	08:56
24	53	António Rocha	factor x / s4l / medense fc	Veterano M50	04:11:39	+52:56	08:59
25	82	Vitor Fonseca	individual	Senior Masculino	04:12:15	+53:31	09:01
26	140	António Fernando de Barros Martins Coelho	sabius	Veterano M40	04:13:02	+54:18	09:02
27	101	adriano matias dos santos lima oliveira	individual	Veterano M50	04:16:08	+57:24	09:09
28	178	Vitor Moreira	aliados trail running team	Sub 23 Masculino	04:21:49	+01:03:05	09:21
29	135	José Moreira Gomes	nocturnos de paredes	Veterano M50	04:23:08	+01:04:24	09:24
30	118	Agostinho Sousa	moinhos run - adm	Veterano M50	04:24:50	+01:06:06	09:28
31	121	Pedro Vieira	mountain runners	Senior Masculino	04:26:53	+01:08:09	09:32
32	12	Paulo Ferreira	associação desportiva de cabroelo	Veterano M40	04:26:55	+01:08:12	09:32
33	98	Rúben Alves	individual	Veterano M40	04:26:56	+01:08:12	09:32
34	73	Gilberto Viana	individual	Senior Masculino	04:28:47	+01:10:03	09:36
35	11	Maria Loureiro	associação desportiva de cabroelo	Veterana F40	04:28:47	+01:10:04	09:36
36	130	Manuel Póvoas	mss contabilidade trail team	Veterano M50	04:30:07	+01:11:23	09:39
37	70	Albino Joel Martins Ferreira	individual	Senior Masculino	04:30:58	+01:12:15	09:41
38	125	Carlos Duarte	mss contabilidade trail team	Veterano M40	04:31:16	+01:12:33	09:41

TRAIL LONGO - STAGE 1

28 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	80	RUI FIGUEIREDO	individual	Senior Masculino	04:32:47	+01:14:03	09:45
40	147	Sergio Gomes	trinca orelhas de gato	Veterano M40	04:35:21	+01:16:37	09:50
41	134	António Pinto	monte dos amigos	Senior Masculino	04:36:02	+01:17:18	09:52
42	83	Vitor neto	individual	Senior Masculino	04:36:09	+01:17:26	09:52
43	87	António Alves	individual	Veterano M40	04:37:47	+01:19:03	09:55
44	151	Luis Leça	trocopasso runners	Veterano M40	04:37:52	+01:19:08	09:55
45	84	Marta Silva	individual	Veterana F40	04:39:56	+01:21:12	10:00
46	131	Filipe André Barbosa	nocturnos de paredes	Senior Masculino	04:42:20	+01:23:36	10:05
47	122	Filipe Póvoas	mss contabilidade trail team	Senior Masculino	04:42:41	+01:23:57	10:06
48	123	Sérgio Silva	mss contabilidade trail team	Senior Masculino	04:42:41	+01:23:58	10:06
49	35	Ricardo Carvalho	ctad - trilhos de cinfães	Senior Masculino	04:42:43	+01:23:59	10:06
50	37	Liliana Gomes	dr. merino/4moove	Senior Feminino	04:42:44	+01:24:00	10:06
51	129	Manuel Faria	mss contabilidade trail team	Veterano M50	04:45:30	+01:26:46	10:12
52	51	Miguel Moura	factor x / s4l / medense fc	Veterano M40	04:45:45	+01:27:02	10:12
53	58	Jorge Humberto Soares Garcéz Borges	gtt-armazém do caffè	Senior Masculino	04:48:27	+01:29:43	10:18
54	93	José Ferreira Costa	individual	Veterano M40	04:50:44	+01:32:00	10:23
55	56	Paulo Gama	gondomar futsal clube	Veterano M50	04:50:55	+01:32:11	10:23
56	7	Arsélio Sousa remelhe	águias de alvelos	Veterano M40	04:51:41	+01:32:58	10:25
57	74	Hugo Pinto	individual	Senior Masculino	04:52:12	+01:33:28	10:26
58	119	Patricia Ribeiro	mountain runners	Senior Feminino	04:52:12	+01:33:29	10:26
59	113	Bruno Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	04:52:51	+01:34:08	10:28
60	14	Mário Fonseca	aztrail	Veterano M40	04:54:09	+01:35:25	10:30
61	60	Gabriela Fonseca	gtt-armazém do caffè	Sub 23 Feminino	04:55:04	+01:36:21	10:32
62	143	Paulo Morais	somos nós team	Veterano M40	04:55:05	+01:36:21	10:32
63	42	António Morais	ela corre com eles	Veterano M40	04:55:10	+01:36:26	10:33
64	132	Arnaldo Santos	nocturnos de paredes	Veterano M40	04:55:52	+01:37:08	10:34
65	16	António Augusto dos Reis Pinto	bitrunners	Veterano M50	04:56:36	+01:37:53	10:36
66	120	António Silva	mountain runners	Senior Masculino	05:01:09	+01:42:26	10:45
67	107	Fernando Jorge	invicta runners team	Veterano M40	05:03:29	+01:44:46	10:50
68	32	EMANUEL ALMEIDA	comdor runners	Senior Masculino	05:09:54	+01:51:10	11:04
69	52	Pedro Marques	factor x / s4l / medense fc	Veterano M40	05:09:54	+01:51:11	11:04
70	64	Vitor Manuel Silva Campos	gtt-armazém do caffè	Veterano M40	05:10:13	+01:51:30	11:05
71	63	Luis Miguel Mendoça dos Santos Lucas	gtt-armazém do caffè	Veterano M40	05:10:14	+01:51:30	11:05
72	78	Manuel Reis	individual	Senior Masculino	05:13:35	+01:54:51	11:12
73	138	Euardo Pinto	piratas running team	Veterano M40	05:13:35	+01:54:51	11:12
74	115	PEDRO NOGUEIRA	marco runners	Senior Masculino	05:17:35	+01:58:52	11:21
75	141	Andreia Morais	somos nós team	Sub 23 Feminino	05:21:03	+02:02:20	11:28
76	157	Luis Marvão	individual	Veterano M40	05:21:39	+02:02:55	11:29
77	111	Luis Gomes	kemedo team	Veterano M40	05:21:44	+02:03:00	11:29
78	8	Carla Pereira	aliança de gandra	Senior Feminino	05:21:49	+02:03:06	11:30
79	128	Vitor Pinto	mss contabilidade trail team	Veterano M40	05:21:53	+02:03:09	11:30
80	26	Rui Airosa	budeguita runners	Veterano M40	05:22:02	+02:03:18	11:30
81	27	Tiago Almeida	budeguita runners	Veterano M40	05:22:02	+02:03:18	11:30
82	13	Sérgio Pinto	associação desportiva de cabroelo	Veterano M40	05:23:27	+02:04:44	11:33

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	71	Carlos Carvalho	individual	Senior Masculino	05:23:31	+02:04:47	11:33
84	17	Carlos Vieira	btt alegria // tubani	Senior Masculino	05:24:47	+02:06:04	11:36
85	18	Daniel Barbosa	btt alegria // tubani	Senior Masculino	05:27:20	+02:08:36	11:41
86	142	Fátima Vieira	somos nós team	Veterana F50	05:32:00	+02:13:17	11:51
87	34	Maria Fernanda Freitas Ferreira	correr leça	Veterana F40	05:32:28	+02:13:45	11:52
88	76	Jorge Sousa	individual	Senior Masculino	05:37:07	+02:18:23	12:02
89	97	Pedro Policiano	individual	Veterano M40	05:38:30	+02:19:47	12:05
90	79	Pedro Miguel Castro Fernandes	individual	Senior Masculino	05:38:32	+02:19:49	12:05
91	99	Rui Fernandes	individual	Veterano M40	05:38:34	+02:19:50	12:06
92	103	Josê Carlos Pereira Gomes	individual	Veterano M50	05:38:52	+02:20:09	12:06
93	94	Paulo António Pereira Duarte	individual	Veterano M40	05:40:56	+02:22:13	12:11
94	86	Maria Iracema Fernandes Costa	individual	Veterana F50	05:41:56	+02:23:12	12:13
95	85	Esmeralda Fiúza	individual	Veterana F50	05:42:31	+02:23:48	12:14
96	22	Ana Luisa Dias	budeguita runners	Veterana F40	05:42:38	+02:23:55	12:14
97	23	Helena Isabel Moreira Dias	budeguita runners	Veterana F40	05:42:38	+02:23:55	12:14
98	88	Eduardo Nascimento	individual	Veterano M40	05:44:51	+02:26:08	12:19
99	100	Victor Cerqueira	individual	Veterano M40	05:45:25	+02:26:41	12:20
100	126	José Carlos Cardoso	mss contabilidade trail team	Veterano M40	05:46:50	+02:28:07	12:23
101	49	Pedro Lopes	factor x / s4l / medense fc	Senior Masculino	05:51:48	+02:33:04	12:34
102	33	Pedro Madureira	comdor runners	Senior Masculino	05:53:10	+02:34:26	12:37
103	54	SÉRGIO SILVA	fugitivos urbanos	Senior Masculino	05:54:13	+02:35:29	12:39
104	144	Ângelo Neto	trail team bifase	Veterano M40	05:55:25	+02:36:41	12:42
105	38	Sérgio Rodrigues	dr. merino/4moove	Senior Masculino	05:55:25	+02:36:41	12:42
106	89	franck gormand	individual	Veterano M40	05:56:07	+02:37:23	12:43
107	92	Jorge Ribeiro	individual	Veterano M40	05:56:07	+02:37:23	12:43
108	48	João Sousa	factor x / s4l / medense fc	Senior Masculino	05:57:36	+02:38:52	12:46
109	137	Carlos Passos	piratas running team	Veterano M40	05:58:45	+02:40:01	12:49
110	139	Paulo Seabra	piratas running team	Veterano M40	05:58:45	+02:40:02	12:49
111	148	Carla Neves	trocopasso runners	Veterana F40	06:00:10	+02:41:27	12:52
112	108	Bruno Andrade	jacarés cansados	Senior Masculino	06:15:31	+02:56:47	13:25
113	124	Alzira Sousa	mss contabilidade trail team	Veterana F40	06:15:54	+02:57:10	13:26
114	127	Luís Sousa	mss contabilidade trail team	Veterano M40	06:15:56	+02:57:12	13:26
115	109	Luís Pinheiro	jacarés cansados	Senior Masculino	06:16:07	+02:57:23	13:26
116	106	Paulo Festa	invicta runners team	Senior Masculino	06:31:27	+03:12:43	13:59
117	41	Carmen Lima	ela corre com eles	Veterana F40	06:36:28	+03:17:44	14:10
118	75	Jorge Carneiro	individual	Senior Masculino	06:42:08	+03:23:24	14:22
119	72	Daniel Filipe Torres Santos Peres	individual	Senior Masculino	06:42:08	+03:23:25	14:22
120	29	Paula Gualter	clube zipper	Veterana F40	06:47:06	+03:28:23	14:32
121	31	Maria Fátima Marques Ribeiro	clube zipper	Veterana F50	06:47:06	+03:28:23	14:32
122	30	Sandra Alexandra Silva mendes	clube zipper	Veterana F40	06:47:07	+03:28:24	14:32
123	69	Sophie Duarte	individual	Senior Feminino	06:55:33	+03:36:50	14:50
124	102	Carlos Almeida	individual	Veterano M50	06:55:33	+03:36:50	14:50

28 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
125	114	Joana Babo	marco runners	Senior Feminino	07:18:02	+03:59:19	15:39
126	116	Filipe Pinto	marco runners	Veterano M40	07:18:03	+03:59:20	15:39
127	24	Sandra Oliveira	budeguita runners	Veterana F40	07:19:48	+04:01:05	15:42
128	104	José Ferreira	individual	Veterano M50	07:33:20	+04:14:36	16:11
129	105	Luísa Cirne	invicta runners team	Senior Feminino	08:15:30	+04:56:46	17:42
130	112	Susana Faria	lion runners - g. d. leões da guarda	Senior Feminino	08:15:30	+04:56:47	17:42

Trail Longo

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	9.7°C	100%
End	17:15	9.7°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	37	Liliana Gomes	Dr. Merino/4moove	Senior Feminino	04:42:44	+01:24:00	10:06
2	119	Patricia Ribeiro	Mountain Runners	Senior Feminino	04:52:12	+01:33:29	10:26
3	8	Carla Pereira	ALIANÇA DE GANDRA	Senior Feminino	05:21:49	+02:03:06	11:30
4	69	Sophie Duarte	Individual	Senior Feminino	06:55:33	+03:36:50	14:50
5	114	Joana Babo	Marco Runners	Senior Feminino	07:18:02	+03:59:19	15:39
6	105	Luísa Cirne	Invicta Runners Team	Senior Feminino	08:15:30	+04:56:46	17:42
7	112	Susana Faria	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	08:15:30	+04:56:47	17:42

Senior Masculino

1	6	Francisco João Cruz Fernandes	ÁGUIAS DE ALVELOS	Senior Masculino	03:18:43	07:06
2	50	Tiago Teixeira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:21:22	+02:38 07:12
3	47	André Almeida	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:36:00	+17:16 07:43
4	5	Antonio dos reis maia	7kunalama runners	Senior Masculino	03:44:07	+25:23 08:00
5	153	Nelson Teixeira	Tua Saúde	Senior Masculino	03:44:28	+25:44 08:00
6	156	João Leal	Valongo United	Senior Masculino	03:44:40	+25:57 08:01
7	154	Eurico Moura	Valongo United	Senior Masculino	03:52:29	+33:45 08:18
8	155	Flávio Oliveira	Valongo United	Senior Masculino	03:54:00	+35:17 08:21
9	19	Filipe Pinto	BTT Alegria // TUBANI	Senior Masculino	03:58:35	+39:51 08:31
10	145	João Oliveira	Trinca Orelhas de Gato	Senior Masculino	04:06:19	+47:35 08:48
11	152	Nuno Guimarães	Trogloditas runners	Senior Masculino	04:06:56	+48:13 08:49
12	82	Vitor Fonseca	Individual	Senior Masculino	04:12:15	+53:31 09:01
13	121	Pedro Vieira	Mountain Runners	Senior Masculino	04:26:53	+01:08:09 09:32
14	73	Gilberto Viana	Individual	Senior Masculino	04:28:47	+01:10:03 09:36
15	70	Albino Joel Martins Ferreira	Individual	Senior Masculino	04:30:58	+01:12:15 09:41
16	80	RUI FIGUEIREDO	Individual	Senior Masculino	04:32:47	+01:14:03 09:45
17	134	António Pinto	Monte dos Amigos	Senior Masculino	04:36:02	+01:17:18 09:52
18	83	Vitor neto	Individual	Senior Masculino	04:36:09	+01:17:26 09:52
19	131	Filipe André Barbosa	NOCTURNOS DE PAREDES	Senior Masculino	04:42:20	+01:23:36 10:05
20	122	Filipe Póvoas	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	04:42:41	+01:23:57 10:06
21	123	Sérgio Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	04:42:41	+01:23:58 10:06
22	35	Ricardo Carvalho	CTAD - Trilhos de Cinfães	Senior Masculino	04:42:43	+01:23:59 10:06
23	58	Jorge Humberto Soares Garcêz Borges	GTT-Armazém do Caffè	Senior Masculino	04:48:27	+01:29:43 10:18
24	74	Hugo Pinto	Individual	Senior Masculino	04:52:12	+01:33:28 10:26
25	113	Bruno Monteiro	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	04:52:51	+01:34:08 10:28
26	120	António Silva	Mountain Runners	Senior Masculino	05:01:09	+01:42:26 10:45

Official Timekeeper: Lap2Go	1 / 4	generate 15-Apr-2018 17:17
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Trail Longo

28 KM

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OFFICIAL RESULT

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27	32	EMANUEL ALMEIDA	ComDor Runners	Senior Masculino	05:09:54	+01:51:10	11:04
28	78	Manuel Reis	Individual	Senior Masculino	05:13:35	+01:54:51	11:12
29	115	PEDRO NOGUEIRA	Marco Runners	Senior Masculino	05:17:35	+01:58:52	11:21
30	71	Carlos Carvalho	Individual	Senior Masculino	05:23:31	+02:04:47	11:33
31	17	Carlos Vieira	BTT Alegria // TUBANI	Senior Masculino	05:24:47	+02:06:04	11:36
32	18	Daniel Barbosa	BTT Alegria // TUBANI	Senior Masculino	05:27:20	+02:08:36	11:41
33	76	Jorge Sousa	Individual	Senior Masculino	05:37:07	+02:18:23	12:02
34	79	Pedro Miguel Castro Fernandes	Individual	Senior Masculino	05:38:32	+02:19:49	12:05
35	49	Pedro Lopes	FACTOR X / S4L / MEDENSE FC	Senior Masculino	05:51:48	+02:33:04	12:34
36	33	Pedro Madureira	ComDor Runners	Senior Masculino	05:53:10	+02:34:26	12:37
37	54	SÉRGIO SILVA	Fugitivos Urbanos	Senior Masculino	05:54:13	+02:35:29	12:39
38	38	Sérgio Rodrigues	Dr. Merino/4moove	Senior Masculino	05:55:25	+02:36:41	12:42
39	48	João Sousa	FACTOR X / S4L / MEDENSE FC	Senior Masculino	05:57:36	+02:38:52	12:46
40	108	Bruno Andrade	Jacarés Cansados	Senior Masculino	06:15:31	+02:56:47	13:25
41	109	Luís Pinheiro	Jacarés Cansados	Senior Masculino	06:16:07	+02:57:23	13:26
42	106	Paulo Festa	Invicta Runners Team	Senior Masculino	06:31:27	+03:12:43	13:59
43	75	Jorge Carneiro	Individual	Senior Masculino	06:42:08	+03:23:24	14:22
44	72	Daniel Filipe Torres Santos Peres	Individual	Senior Masculino	06:42:08	+03:23:25	14:22

Sub 23 Feminino

1	60	Gabriela Fonseca	GTT-Armazém do Caffè	Sub 23 Feminino	04:55:04	+01:36:21	10:32
2	141	Andreia Morais	Somos Nós Team	Sub 23 Feminino	05:21:03	+02:02:20	11:28

Sub 23 Masculino

1	10	Tiago Costa	Associação Desportiva de Cabroelo	Sub 23 Masculino	03:58:24	+39:40	08:31
2	178	Vitor Moreira	Aliados Trail Running Team	Sub 23 Masculino	04:21:49	+01:03:05	09:21

Veterana F40

1	39	Paula Lage	Dr. Merino/4moove	Veterana F40	04:09:56	+51:13	08:56
2	11	Maria Loureiro	Associação Desportiva de Cabroelo	Veterana F40	04:28:47	+01:10:04	09:36
3	84	Marta Silva	Individual	Veterana F40	04:39:56	+01:21:12	10:00
4	34	Maria Fernanda Freitas Ferreira	CORRER LEÇA	Veterana F40	05:32:28	+02:13:45	11:52
5	22	Ana Luisa Dias	BUDEGUITA RUNNERS	Veterana F40	05:42:38	+02:23:55	12:14
6	23	Helena Isabel Moreira Dias	BUDEGUITA RUNNERS	Veterana F40	05:42:38	+02:23:55	12:14
7	148	Carla Neves	Trocopasso Runners	Veterana F40	06:00:10	+02:41:27	12:52
8	124	Alzira Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	06:15:54	+02:57:10	13:26
9	41	Carmen Lima	Ela corre com eles	Veterana F40	06:36:28	+03:17:44	14:10
10	29	Paula Gualter	Clube Zupper	Veterana F40	06:47:06	+03:28:23	14:32
11	30	Sandra Alexandra Silva mendes	Clube Zupper	Veterana F40	06:47:07	+03:28:24	14:32
12	24	Sandra Oliveira	BUDEGUITA RUNNERS	Veterana F40	07:19:48	+04:01:05	15:42

Trail Longo

28 KM

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OFFICIAL RESULT

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Veterana F50

1	142	Fátima Vieira	Somos Nós Team	Veterana F50	05:32:00	+02:13:17	11:51:17
2	86	Maria Iracema Fernandes Costa	Individual	Veterana F50	05:41:56	+02:23:12	12:13:08
3	85	Esmeralda Fiúza	Individual	Veterana F50	05:42:31	+02:23:48	12:14:19
4	31	Maria Fátima Marques Ribeiro	Clube Zupper	Veterana F50	06:47:06	+03:28:23	14:32:39

Veterano M40

1	21	Carlos Ferreira	BTT Alegria // TUBANI	Veterano M40	03:33:08	+14:25	07:37
2	55	Joaquim Manuel Martins de Freitas	GDR RETORTA	Veterano M40	03:38:05	+19:22	07:47
3	136	Fernando Taborda	Oralklass - Amigos Do Trail	Veterano M40	03:40:27	+21:43	07:52
4	61	César Manuel Canito Alves da Silva	GTT-Armazém do Caffè	Veterano M40	03:48:00	+29:17	08:09
5	133	Paulo Colaço	NOCTURNOS DE PAREDES	Veterano M40	03:53:25	+34:41	08:20
6	110	Fernando Gomes	KeMedo Team	Veterano M40	04:00:06	+41:23	08:35
7	90	Frank Fritsche	Individual	Veterano M40	04:00:35	+41:51	08:36
8	46	Ezequiel Fernandes	ÁGUIAS DE ALVELOS	Veterano M40	04:00:44	+42:01	08:36
9	9	Antonio fernandes	AMIGOS DO TRAIL	Veterano M40	04:03:27	+44:43	08:42
10	140	António Fernando de Barros Martins Coelho	sabiUs	Veterano M40	04:13:02	+54:18	09:02
11	12	Paulo Ferreira	Associação Desportiva de Cabroelo	Veterano M40	04:26:55	+01:08:12	09:32
12	98	Rúben Alves	Individual	Veterano M40	04:26:56	+01:08:12	09:32
13	125	Carlos Duarte	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	04:31:16	+01:12:33	09:41
14	147	Sergio Gomes	Trinca Orelhas de Gato	Veterano M40	04:35:21	+01:16:37	09:50
15	87	António Alves	Individual	Veterano M40	04:37:47	+01:19:03	09:55
16	151	Luis Leça	Trocopasso Runners	Veterano M40	04:37:52	+01:19:08	09:55
17	51	Miguel Moura	FACTOR X / S4L / MEDENSE FC	Veterano M40	04:45:45	+01:27:02	10:12
18	93	José Ferreira Costa	Individual	Veterano M40	04:50:44	+01:32:00	10:23
19	7	Arsélio Sousa remelhe	ÁGUIAS DE ALVELOS	Veterano M40	04:51:41	+01:32:58	10:25
20	14	Mário Fonseca	AZTrail	Veterano M40	04:54:09	+01:35:25	10:30
21	143	Paulo Morais	Somos Nós Team	Veterano M40	04:55:05	+01:36:21	10:32
22	42	António Morais	Ela corre com eles	Veterano M40	04:55:10	+01:36:26	10:33
23	132	Arnaldo Santos	NOCTURNOS DE PAREDES	Veterano M40	04:55:52	+01:37:08	10:34
24	107	Fernando Jorge	Invicta Runners Team	Veterano M40	05:03:29	+01:44:46	10:50
25	52	Pedro Marques	FACTOR X / S4L / MEDENSE FC	Veterano M40	05:09:54	+01:51:11	11:04
26	64	Vitor Manuel Silva Campos	GTT-Armazém do Caffè	Veterano M40	05:10:13	+01:51:30	11:05
27	63	Luis Miguel Mendoça dos Santos Lucas	GTT-Armazém do Caffè	Veterano M40	05:10:14	+01:51:30	11:05
28	138	Euardo Pinto	Piratas Running Team	Veterano M40	05:13:35	+01:54:51	11:12
29	157	Luis Marvão	Individual	Veterano M40	05:21:39	+02:02:55	11:29
30	111	Luis Gomes	KeMedo Team	Veterano M40	05:21:44	+02:03:00	11:29
31	128	Vitor Pinto	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	05:21:53	+02:03:09	11:30
32	26	Rui Airosa	BUDEGUITA RUNNERS	Veterano M40	05:22:02	+02:03:18	11:30
33	27	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	05:22:02	+02:03:18	11:30

Trail Longo

28 KM

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OFFICIAL RESULT

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34	13	Sérgio Pinto	Associação Desportiva de Cabroelo	Veterano M40	05:23:27	+02:04:44	11:33
35	97	Pedro Policiano	Individual	Veterano M40	05:38:30	+02:19:47	12:05
36	99	Rui Fernandes	Individual	Veterano M40	05:38:34	+02:19:50	12:06
37	94	Paulo António Pereira Duarte	Individual	Veterano M40	05:40:56	+02:22:13	12:11
38	88	Eduardo Nascimento	Individual	Veterano M40	05:44:51	+02:26:08	12:19
39	100	Victor Cerqueira	Individual	Veterano M40	05:45:25	+02:26:41	12:20
40	126	José Carlos Cardoso	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	05:46:50	+02:28:07	12:23
41	144	Ângelo Neto	Trail Team Bifase	Veterano M40	05:55:25	+02:36:41	12:42
42	89	franck gormand	Individual	Veterano M40	05:56:07	+02:37:23	12:43
43	92	Jorge Ribeiro	Individual	Veterano M40	05:56:07	+02:37:23	12:43
44	137	Carlos Passos	Piratas Running Team	Veterano M40	05:58:45	+02:40:01	12:49
45	139	Paulo Seabra	Piratas Running Team	Veterano M40	05:58:45	+02:40:02	12:49
46	127	Luís Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	06:15:56	+02:57:12	13:26
47	116	Filipe Pinto	Marco Runners	Veterano M40	07:18:03	+03:59:20	15:39

Veterano M50

1	1	Fernando Neves	CENTRO CICLISTA DE GONDOMAR	Veterano M50	03:34:29	+15:46	07:40
2	53	António Rocha	FACTOR X / S4L / MEDENSE FC	Veterano M50	04:11:39	+52:56	08:59
3	101	adriano matias dos santos lima oliveira	Individual	Veterano M50	04:16:08	+57:24	09:09
4	135	José Moreira Gomes	NOCTURNOS DE PAREDES	Veterano M50	04:23:08	+01:04:24	09:24
5	118	Agostinho Sousa	Moinhos Run - ADRM	Veterano M50	04:24:50	+01:06:06	09:28
6	130	Manuel Póvoas	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	04:30:07	+01:11:23	09:39
7	129	Manuel Faria	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	04:45:30	+01:26:46	10:12
8	56	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M50	04:50:55	+01:32:11	10:23
9	16	António Augusto dos Reis Pinto	BitRunners	Veterano M50	04:56:36	+01:37:53	10:36
10	103	Josê Carlos Pereira Gomes	Individual	Veterano M50	05:38:52	+02:20:09	12:06
11	102	Carlos Almeida	Individual	Veterano M50	06:55:33	+03:36:50	14:50
12	104	José Ferreira	Individual	Veterano M50	07:33:20	+04:14:36	16:11

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Official Timekeeper: Lap2Go	1 / 1	generate 15-Apr-2018 17:18
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