

TRAIL CURTO - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:30	9.7°C	100%
End	15:31	9.7°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1695	Hugo Gonçalves	trail team bifase	Senior Masculino	01:43:19		06:05
2	1005	Cristiano Santos	a.d.amarante trail running	Senior Masculino	01:49:04	+05:44	06:25
3	1152	Marco Faria	dá-lhe gás	Veterano M40	01:49:26	+06:07	06:26
4	1209	Rui Manuel Mendes Azevedo	fridão sem limites	Senior Masculino	01:50:14	+06:54	06:29
5	1007	Victor Fernandes	a.d.amarante trail running	Veterano M40	01:54:18	+10:59	06:43
6	1492	José Rocha	leões de tardariz trail	Senior Masculino	01:54:19	+10:59	06:44
7	1712	Marcio Pinto	trinca orelhas de gato	Senior Masculino	01:54:52	+11:33	06:45
8	1595	Fernando Neves	oralklass - amigos do trail	Senior Masculino	01:55:45	+12:26	06:49
9	1006	Fábio Pinto	a.d.amarante trail running	Senior Masculino	01:55:46	+12:26	06:49
10	1112	Patrick Marques	fridão sem limites	Veterano M40	01:56:49	+13:30	06:52
11	1056	Albino Daniel	barras olimpo	Senior Masculino	01:57:52	+14:32	06:56
12	1535	Tiago Soares	moinhos run - adrm	Senior Masculino	01:59:30	+16:11	07:02
13	1208	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	01:59:53	+16:33	07:03
14	1008	PEIXINHO	abre vales trail runners	Veterano M40	01:59:54	+16:34	07:03
15	1057	Sérgio Manuel Moreira Duarte	barras olimpo	Veterano M40	02:01:52	+18:32	07:10
16	1677	Bruno Gonçalves	team trail bem viver	Senior Masculino	02:02:20	+19:00	07:12
17	1207	Alvaro Gabriel Vasconcelos da S. Moreira	fridão sem limites	Senior Masculino	02:02:27	+19:08	07:12
18	1738	João Machado	trail team bifase	Sub 23 Masculino	02:02:37	+19:18	07:13
19	1072	Vítor Manuel Dias Alves	brabus runners	Senior Masculino	02:03:15	+19:55	07:15
20	1073	Nuno Nunes	dá-lhe gás	Senior Masculino	02:03:24	+20:04	07:16
21	1246	Adelino Sousa	grupo desportivo da goma	Senior Masculino	02:04:43	+21:23	07:20
22	1319	André Silva	individual	Senior Masculino	02:05:24	+22:05	07:23
23	1121	Asdrubal Freitas	centro ciclista de gondomar	Veterano M50	02:05:28	+22:08	07:23
24	1607	Filipe Pinto	os lobos do saibro	Veterano M40	02:05:34	+22:14	07:23
25	1206	Adão Paulo Teixeira Monteiro	fridão sem limites	Senior Masculino	02:06:16	+22:56	07:26
26	1239	Hugo Figueiredo	gramidense i f c	Veterano M40	02:06:55	+23:35	07:28
27	1264	Sérgio André Da Silva Coelho	gtt-armazém do caffè	Senior Masculino	02:07:34	+24:14	07:30
28	1714	Sergio Rodrigues	trinca orelhas de gato	Senior Masculino	02:08:03	+24:43	07:32
29	1536	Alfredo da Silva Moreira	moinhos run - adrm	Veterano M40	02:08:57	+25:37	07:35
30	1118	Fernando Figueiredo	centro ciclista de gondomar	Veterano M40	02:09:14	+25:54	07:36
31	1070	Marco Pinto	brabus runners	Senior Masculino	02:10:06	+26:47	07:39
32	1416	Antonio Lino	individual	Veterano M40	02:10:36	+27:16	07:41
33	1686	Nuno Silva	the newbiea	Senior Masculino	02:10:43	+27:23	07:41
34	1340	Ivo Barbosa	individual	Senior Masculino	02:10:53	+27:33	07:42
35	1058	Eduardo xavier	batedores	Senior Masculino	02:10:57	+27:37	07:42
36	1593	José Santos	oralklass - amigos do trail	Senior Masculino	02:12:27	+29:07	07:48
37	1214	Paulo Teixeira Sousa	fridão sem limites	Veterano M40	02:12:32	+29:12	07:48
38	1493	Mário Ferreira	leões de tardariz trail	Senior Masculino	02:12:34	+29:15	07:48
39	1162	Miguel Ângelo Pacheco Cruz	bitrunners	Senior Masculino	02:14:24	+31:04	07:54
40	1270	Rogério Vicente	gtt-armazém do caffè	Veterano M40	02:14:53	+31:33	07:56

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1025	Leonel Neves	aliança de gandra	Veterano M40	02:14:55	+31:35	07:56
42	1324	César Gonçalves	individual	Senior Masculino	02:16:01	+32:41	08:00
43	1610	Paulo Pinheiro	os lobos trail btt sai da frente	Senior Masculino	02:16:38	+33:19	08:02
44	1011	Carlos Alberto Mendes Barbosa	águias penafiel trail	Veterano M40	02:17:32	+34:12	08:05
45	1125	Vítor Sousa	centro ciclista de gondomar	Veterano M50	02:17:37	+34:17	08:06
46	1071	Ricardo Sampaio	brabus runners	Senior Masculino	02:17:57	+34:37	08:07
47	1353	Nuno Gonçalves	individual	Senior Masculino	02:18:03	+34:43	08:07
48	1235	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	02:18:12	+34:53	08:08
49	1631	Pedro Moreira	prosel team	Senior Masculino	02:18:40	+35:20	08:09
50	1076	Rúben Rocha	brincalhões	Junior Masculino	02:19:45	+36:25	08:13
51	1314	Abel Rodrigues	individual	Senior Masculino	02:20:30	+37:10	08:16
52	1494	Miguel Alves	leões de tardariz trail	Senior Masculino	02:21:03	+37:44	08:18
53	1069	Cesário Leite	brabus runners	Senior Masculino	02:21:18	+37:58	08:19
54	1213	Manuel jose mendes Teixeira	fridão sem limites	Veterano M40	02:21:24	+38:04	08:19
55	1124	Jorge Silva	centro ciclista de gondomar	Veterano M50	02:21:33	+38:13	08:20
56	1202	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	02:22:23	+39:03	08:23
57	1012	Carlos vinhas	running penafiel trail	Veterano M50	02:22:36	+39:16	08:23
58	1495	Dario Cardoso	leões de tardariz trail	Veterano M40	02:22:43	+39:23	08:24
59	1120	Ângelo Pereira	centro ciclista de gondomar	Veterano M50	02:23:07	+39:47	08:25
60	1259	Luís Filipe Miranda Vaz	ggt-armazém do caffè	Senior Masculino	02:24:25	+41:06	08:30
61	1116	Ana Maria Amaral	centro ciclista de gondomar	Veterana F40	02:24:45	+41:25	08:31
62	1678	Dionísio Ferreira	team trail bem viver	Senior Masculino	02:24:54	+41:34	08:31
63	1723	Victor Cardoso	trinca orelhas de gato	Veterano M40	02:25:00	+41:40	08:32
64	1250	Victor Fernandes	grupo desportivo da goma	Veterano M40	02:25:00	+41:41	08:32
65	1612	Adelino Pinheiro	os lobos trail btt sai da frente	Veterano M40	02:26:00	+42:40	08:35
66	1149	José Carlos Dias	ctad - trilhos de cinfães	Veterano M40	02:26:17	+42:58	08:36
67	1028	Pedro Silva	aliança de gandra	Veterano M40	02:26:27	+43:07	08:37
68	1726	Nuno Cunha	tristes mas duros	Senior Masculino	02:26:36	+43:17	08:37
69	1682	Rui Madureira	team trail bem viver	Senior Masculino	02:27:09	+43:50	08:39
70	1637	Ricardo RODRIGUES	ricardo	Veterano M40	02:27:29	+44:09	08:41
71	1346	José Rosário	individual	Senior Masculino	02:27:43	+44:23	08:41
72	1188	paulo ricardo azevedo dias	factor x / s4l / medense fc	Senior Masculino	02:27:52	+44:33	08:42
73	1534	Simão Sousa	moinhos run - adrm	Senior Masculino	02:27:55	+44:35	08:42
74	1499	Mário Moura	leões de tardariz trail	Veterano M40	02:28:03	+44:43	08:43
75	1692	Cesar Moura	trail 4ever/cfit	Senior Masculino	02:28:33	+45:13	08:44
76	1598	José Ferreira	oralklass - amigos do trail	Veterano M40	02:29:23	+46:03	08:47
77	1043	Mario lima	aves runners	Senior Masculino	02:30:03	+46:43	08:50
78	1654	Fátima Coelho	somos nós team	Veterana F40	02:30:06	+46:46	08:50
79	1352	Miguel Machado	individual	Senior Masculino	02:30:20	+47:01	08:51
80	1436	jorge rodrigues	individual	Veterano M40	02:31:21	+48:01	08:54
81	1478	Pedro Ribeiro	individual	Veterano M50	02:31:45	+48:25	08:56
82	1326	Daniel Martins Pereira	individual	Senior Masculino	02:31:46	+48:26	08:56
83	1468	antonio pereira	individual	Veterano M50	02:31:49	+48:29	08:56
84	1553	Ibraim Sousa	mss contabilidade trail team	Veterano M40	02:32:51	+49:31	09:00
85	1122	David Tavares	centro ciclista de gondomar	Veterano M50	02:32:51	+49:31	09:00

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1532	Miguel Santos	moinhos run - adrm	Senior Masculino	02:33:03	+49:44	09:00
87	1234	Manuel Silva	gondomar futsal clube	Senior Masculino	02:33:06	+49:46	09:00
88	1218	TOMÉ MARQUES	fugitivos urbanos	Senior Masculino	02:33:07	+49:47	09:00
89	1204	Eliana patricia goncalves pinto Teixeira	fridão sem limites	Senior Feminino	02:33:20	+50:00	09:01
90	1681	Ricardo Fernandes	team trail bem viver	Senior Masculino	02:33:26	+50:07	09:02
91	1041	Licínio Ferreira	associação desportiva de cabroelo	Veterano M40	02:33:37	+50:17	09:02
92	1034	Pedro Carvalho	arrastassolas	Veterano M40	02:33:40	+50:20	09:02
93	1050	José Barroso	baltar trailrunners	Senior Masculino	02:34:02	+50:43	09:04
94	1053	Tiago Jesus	baltar trailrunners	Senior Masculino	02:34:38	+51:18	09:06
95	1128	Rui Pereira	clube desportivo cepsa	Senior Masculino	02:34:42	+51:22	09:06
96	1339	Ivan Silva	individual	Senior Masculino	02:34:43	+51:23	09:06
97	1248	Alexandre Mendes	grupo desportivo da goma	Veterano M40	02:34:55	+51:35	09:07
98	1002	Ricardo pereira	#atechoras!	Senior Masculino	02:35:06	+51:46	09:07
99	1450	Paulo Fernandes	individual	Veterano M40	02:35:23	+52:03	09:08
100	1233	Hermenegildo Mendes	gondomar futsal clube	Senior Masculino	02:35:33	+52:13	09:09
101	1054	Marco Sousa	baltar trailrunners	Veterano M40	02:35:42	+52:23	09:10
102	1554	Victor Azevedo	mss contabilidade trail team	Veterano M40	02:35:46	+52:26	09:10
103	1549	Camilo Pinto	mss contabilidade trail team	Veterano M40	02:35:58	+52:39	09:11
104	1256	Hugo Alexandra Palmeira Moreira	gtt-armazém do caffè	Senior Masculino	02:36:25	+53:05	09:12
105	1261	Rafael Machado Escrivães	gtt-armazém do caffè	Senior Masculino	02:36:25	+53:05	09:12
106	1016	Mário Almeida	aliança de gandra	Senior Masculino	02:36:54	+53:34	09:14
107	1370	Rui Pedro Martins Machado	individual	Senior Masculino	02:37:12	+53:52	09:15
108	1526	Hugo Soares	moinhos run - adrm	Junior Masculino	02:38:10	+54:50	09:18
109	1042	António Augusto Freitas Ferreira	associação desportiva de cabroelo	Veterano M50	02:38:35	+55:16	09:20
110	1646	Tiago Costa	saikao	Senior Masculino	02:39:14	+55:55	09:22
111	1656	Fernando Morais	somos nós team	Veterano M40	02:39:53	+56:33	09:24
112	1586	Fábio Silva	nós acreditamos	Sub 23 Masculino	02:40:29	+57:09	09:26
113	1403	Alzira Pereira	individual	Veterana F50	02:40:39	+57:19	09:27
114	1465	Alcindo Pereia	individual	Veterano M50	02:40:39	+57:20	09:27
115	1481	Jorge durães	kandimba runners	Veterano M40	02:40:47	+57:28	09:28
116	1685	Hugo Faria	the newbiea	Senior Masculino	02:40:50	+57:30	09:28
117	1223	Jorge Beliago	gansos	Sub 23 Masculino	02:41:10	+57:50	09:29
118	1711	Hélio Ferreira	trinca orelhas de gato	Senior Masculino	02:41:25	+58:05	09:30
119	28	Vitor Coelho	clube desportivo cepsa	Veterano M40	02:41:30	+58:10	09:30
120	1729	Rui Rocha	tristes mas duros	Veterano M40	02:41:36	+58:17	09:30
121	1396	Paula Barbosa	oralklass - amigos do trail	Veterana F40	02:42:17	+58:57	09:33
122	1596	Guiberto Pimenta	oralklass - amigos do trail	Senior Masculino	02:42:17	+58:57	09:33
123	1574	Carmino Gomes	nocturnos de paredes	Veterano M40	02:42:18	+58:59	09:33
124	1055	Vitor Barbosa	baltar trailrunners	Veterano M40	02:42:21	+59:02	09:33
125	1249	Luis Monteiro	grupo desportivo da goma	Veterano M40	02:42:45	+59:26	09:34
126	1488	Carlos Magalhães	kunalama runners	Senior Masculino	02:42:47	+59:27	09:35
127	1378	Vitor silva	individual	Senior Masculino	02:44:11	+01:00:51	09:40
128	1095	André Rocha	btt alegria // tubani	Senior Masculino	02:44:11	+01:00:51	09:40
129	146	Fernando Pereira	trinca orelhas de gato	Veterano M40	02:44:47	+01:01:27	09:42

TRAIL CURTO - STAGE 1

17 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	1713	Ricardo Machado	trinca orelhas de gato	Senior Masculino	02:44:49	+01:01:29	09:42
131	1231	Nuno Vasco Rocha	gazela running team	Senior Masculino	02:44:53	+01:01:33	09:42
132	1457	Ricardo Bailão	individual	Veterano M40	02:44:58	+01:01:38	09:42
133	1079	Elisabete Leal	brincalhões	Veterana F40	02:45:45	+01:02:25	09:45
134	1693	Renato Alves	trail 4ever/cfit	Senior Masculino	02:45:46	+01:02:26	09:45
135	1365	Raúl Moura	individual	Senior Masculino	02:46:01	+01:02:41	09:46
136	1415	António Coelho	individual	Veterano M40	02:46:52	+01:03:32	09:49
137	1268	Maria Céu Lopes Lemos	gtt-armazém do caffè	Veterana F50	02:47:08	+01:03:48	09:50
138	1641	Francisco José Gomes da Costa	rosário extreme	Veterano M50	02:47:18	+01:03:59	09:51
139	1329	Diogo Filipe Pinto Alves	individual	Senior Masculino	02:47:46	+01:04:26	09:52
140	1529	Carlos Gonçalves	moinhos run - adrm	Senior Masculino	02:48:55	+01:05:35	09:56
141	1164	Antonio Azevedo	douro conta	Veterano M40	02:49:00	+01:05:41	09:57
142	1522	FILIPE ROCHA	marco runners	Senior Masculino	02:49:36	+01:06:16	09:59
143	1585	Leandro Teixeira	nós acreditamos	Senior Masculino	02:49:43	+01:06:24	09:59
144	1217	NUNO FERREIRA	fugitivos urbanos	Senior Masculino	02:49:54	+01:06:34	10:00
145	1114	Adão Rocha	btt alegria // tubani	Veterano M50	02:50:14	+01:06:54	10:01
146	1551	Márcio Almeida	mss contabilidade trail team	Veterano M40	02:50:15	+01:06:56	10:01
147	1498	Marco Oliveira	leões de tardariz trail	Veterano M40	02:50:39	+01:07:19	10:02
148	1108	Emídio Santos	btt alegria // tubani	Veterano M40	02:50:53	+01:07:33	10:03
149	1652	Bruno Fontes	somos nós team	Senior Masculino	02:50:59	+01:07:40	10:04
150	1037	José Carlos Oliveira	as - acolhimento senior	Senior Masculino	02:51:31	+01:08:11	10:05
151	1271	José Manuel Braga Ferreira	gtt-armazém do caffè	Veterano M50	02:51:43	+01:08:23	10:06
152	1727	Duarte Nogueira	tristes mas duros	Sub 23 Masculino	02:52:38	+01:09:18	10:09
153	1442	Luis Santos	individual	Veterano M40	02:52:47	+01:09:28	10:10
154	1136	Luís Rodrigues	clube portugal telecom zona norte	Veterano M40	02:52:48	+01:09:28	10:10
155	1236	Paulo Henriques	gondomar futsal clube	Veterano M40	02:53:00	+01:09:40	10:11
156	1476	Paulo Dias	individual	Veterano M50	02:53:13	+01:09:53	10:11
157	1627	pedro ferreira	porto sentido runners	Senior Masculino	02:53:23	+01:10:04	10:12
158	1629	filipe ferreira	porto sentido runners	Veterano M40	02:53:23	+01:10:04	10:12
159	1633	Sérgio Soares	prosel team	Senior Masculino	02:53:27	+01:10:07	10:12
160	1377	Vítor Maia	individual	Senior Masculino	02:53:31	+01:10:11	10:12
161	1419	Arménio Ribeiro	individual	Veterano M40	02:53:33	+01:10:13	10:13
162	1373	Sérgio Manuel Barbosa Mendonça	individual	Senior Masculino	02:53:35	+01:10:15	10:13
163	1321	Bruno Costa	individual	Senior Masculino	02:53:47	+01:10:27	10:13
164	1701	Clara Teixeira	trinca orelhas de gato	Senior Feminino	02:53:52	+01:10:33	10:14
165	1216	HUGO OLIVEIRA	fugitivos urbanos	Senior Masculino	02:53:58	+01:10:38	10:14
166	1201	Paulo silva	fonte arcada running	Veterano M40	02:54:12	+01:10:52	10:15
167	1630	Jorge Moreira	prosel team	Senior Masculino	02:54:41	+01:11:21	10:17
168	1138	Alexandre Fernandes	clube trilheiros & amigos	Senior Masculino	02:55:46	+01:12:26	10:20
169	1662	Avelino dias	sousa sport	Senior Masculino	02:56:15	+01:12:56	10:22
170	1180	CARLOS JORGE	equipa joao ferreira	Veterano M40	02:56:27	+01:13:07	10:23
171	1075	Franclim Neves	brincalhões	Junior Masculino	02:57:17	+01:13:58	10:26
172	1587	Armando Cardoso	nós acreditamos	Veterano M40	02:58:10	+01:14:50	10:29
173	1336	Hugo Carvalho	individual	Senior Masculino	02:58:28	+01:15:08	10:30
174	1393	Marieta Branco	individual	Veterana F40	02:58:31	+01:15:12	10:30

TRAIL CURTO - STAGE 1

17 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	1277	Anabela Cordeiro	individual	Senior Feminino	02:58:32	+01:15:12	10:30
176	1608	Gilberto Orlando	os lobos trail btt sai da frente	Senior Masculino	02:58:53	+01:15:33	10:31
177	1611	Ricardo Ribeiro	os lobos trail btt sai da frente	Senior Masculino	02:58:53	+01:15:34	10:31
178	1609	Manuel Teixeira	os lobos trail btt sai da frente	Senior Masculino	02:58:53	+01:15:34	10:31
179	1354	Nuno Miguel Ferreira leal	individual	Senior Masculino	02:59:01	+01:15:41	10:32
180	1508	Antonio Pedro Coelho	lusos xxi	Senior Masculino	02:59:06	+01:15:47	10:32
181	1068	Natália Lima	brabus runners	Senior Feminino	02:59:35	+01:16:15	10:34
182	1074	Vitor cunha	brabus runners	Veterano M50	02:59:37	+01:16:18	10:34
183	1424	Fernando Coelho	individual	Veterano M40	03:00:50	+01:17:30	10:38
184	1376	Tomé Pinto	individual	Senior Masculino	03:00:54	+01:17:34	10:39
185	1212	Antonio Joaquim Teixeira Alves	fridão sem limites	Veterano M40	03:00:54	+01:17:34	10:39
186	1051	Orlando Gonçalves	baltar trailrunners	Senior Masculino	03:01:00	+01:17:40	10:39
187	1183	PAULO SILVA	equipa joao ferreira	Veterano M40	03:01:04	+01:17:44	10:39
188	1113	Paulo Nunes	btt alegria // tubani	Veterano M40	03:01:14	+01:17:54	10:40
189	1328	David José Andrade Pereira	individual	Senior Masculino	03:01:33	+01:18:13	10:41
190	1564	Mauro Cardoso	nocturnos de paredes	Senior Masculino	03:01:36	+01:18:16	10:41
191	1724	Manuel Barros	trinca orelhas de gato	Veterano M50	03:01:50	+01:18:31	10:42
192	1537	Rui Silva	mountain climbers	Veterano M40	03:01:52	+01:18:33	10:42
193	1337	Hugo Moreira	individual	Senior Masculino	03:01:52	+01:18:33	10:42
194	1665	Pedro Machado	ss montepio	Senior Masculino	03:01:55	+01:18:35	10:42
195	1134	António José Neto	clube portugal telecom zona norte	Veterano M40	03:02:05	+01:18:45	10:43
196	1399	SOFIA PAULA GONÇALVES SOARES	individual	Veterana F40	03:02:16	+01:18:56	10:43
197	1081	Fátima Silva	brincalhões	Veterana F40	03:02:27	+01:19:08	10:44
198	1411	Amandio Sousa	individual	Veterano M40	03:02:37	+01:19:18	10:45
199	1240	Miguel Teixeira	gramidense i f c	Veterano M40	03:02:48	+01:19:28	10:45
200	1364	Raul Lopez	individual	Senior Masculino	03:02:56	+01:19:36	10:46
201	1565	José Barbosa	nocturnos de paredes	Senior Masculino	03:02:56	+01:19:37	10:46
202	1139	Pedro Santos	clube trilheiros & amigos	Senior Masculino	03:03:03	+01:19:43	10:46
203	1445	Marcos Gandra	individual	Veterano M40	03:03:32	+01:20:12	10:48
204	1734	Isaías Manuel da Rocha Vieira	wild challenge	Senior Masculino	03:03:47	+01:20:28	10:49
205	1096	Daniel Sousa	btt alegria // tubani	Senior Masculino	03:03:54	+01:20:34	10:49
206	1541	Manuel Teixeira	mountain runners	Veterano M40	03:05:43	+01:22:24	10:56
207	1484	António Rocha	kitty team	Senior Masculino	03:05:45	+01:22:25	10:56
208	1483	Abílio Rocha	kitty team	Senior Masculino	03:05:45	+01:22:25	10:56
209	1438	jose ferreira	individual	Veterano M40	03:05:49	+01:22:29	10:56
210	1145	Paulo Silva	cmds	Veterano M50	03:06:02	+01:22:42	10:57
211	1048	Carlos Ferreira	baltar trailrunners	Senior Masculino	03:06:18	+01:22:58	10:58
212	1325	Daniel Amaral	individual	Senior Masculino	03:06:24	+01:23:04	10:58
213	1600	Manuel Moura	os barriguitas	Veterano M50	03:06:38	+01:23:19	10:59
214	1733	Ana Branco	wild challenge	Senior Feminino	03:06:39	+01:23:20	10:59
215	1735	Rui Ferreira	wild challenge	Senior Masculino	03:06:39	+01:23:20	10:59
216	1444	Manuel Domingues	individual	Veterano M40	03:06:43	+01:23:23	10:59
217	1322	Bruno rocha	individual	Senior Masculino	03:06:56	+01:23:37	11:00
218	1490	Luís Vieira	kunalama runners	Senior Masculino	03:06:58	+01:23:38	11:00
219	1300	Mariana Magalhaes	individual	Senior Feminino	03:06:58	+01:23:39	11:00

TRAIL CURTO - STAGE 1

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	1036	Isaque Dias	as - acolhimento senior	Senior Masculino	03:07:02	+01:23:42	11:00
221	1421	carlos figueiredo	individual	Veterano M40	03:07:08	+01:23:48	11:01
222	1350	Marco Gomes	individual	Senior Masculino	03:07:08	+01:23:49	11:01
223	1582	Rui Almeida	nocturnos de paredes	Veterano M40	03:07:32	+01:24:12	11:02
224	1429	Helder Rodrigues	individual	Veterano M40	03:07:46	+01:24:26	11:03
225	1466	Alcino Silva Araújo	individual	Veterano M50	03:07:46	+01:24:26	11:03
226	1521	Joana Azevedo	marco runners	Senior Feminino	03:08:02	+01:24:42	11:04
227	1552	Rui Correia	mss contabilidade trail team	Veterano M40	03:08:06	+01:24:46	11:04
228	1496	João Vieira	leões de tardariz trail	Veterano M40	03:08:17	+01:24:57	11:05
229	1545	Paulo Monteiro	mountain runners	Veterano M40	03:08:42	+01:25:22	11:06
230	1257	Hugo Edgar Macedo Peixoto Pereira	gtt-armazém do caffè	Senior Masculino	03:08:52	+01:25:32	11:07
231	1258	João Renato Macedo Peixoto Pereira	gtt-armazém do caffè	Senior Masculino	03:08:52	+01:25:33	11:07
232	1260	Luis Marcelo Ribeiro Teles	gtt-armazém do caffè	Senior Masculino	03:08:52	+01:25:33	11:07
233	1017	Ricardo Rocha	aliança de gandra	Senior Masculino	03:09:37	+01:26:17	11:09
234	1029	Roberto Moreira	aliança de gandra	Veterano M40	03:09:37	+01:26:17	11:09
235	1140	Armando Moreira	clube zipper	Veterano M50	03:09:38	+01:26:18	11:09
236	1452	Paulo Silva	individual	Veterano M40	03:09:52	+01:26:32	11:10
237	1299	Mariana Lemos	individual	Senior Feminino	03:10:11	+01:26:52	11:11
238	1458	Ricardo Silva	individual	Veterano M40	03:10:12	+01:26:52	11:11
239	1647	Diogo Bessa	saikao	Sub 23 Masculino	03:10:12	+01:26:52	11:11
240	1088	Lucia sousa	btt alegria // tubani	Senior Feminino	03:10:13	+01:26:54	11:11
241	1032	Luis Ribeiro	arrastassolas	Veterano M40	03:10:14	+01:26:54	11:11
242	1107	Maria Teixeira	btt alegria // tubani	Veterana F50	03:10:14	+01:26:54	11:11
243	1597	Mário Taborda	oralklass - amigos do trail	Sub 23 Masculino	03:10:32	+01:27:12	11:13
244	1423	Emerson Falcão Fialho	individual	Veterano M40	03:10:43	+01:27:23	11:13
245	1185	JOAQUIM TEIXEIRA	equipa joao ferreira	Veterano M50	03:11:02	+01:27:43	11:14
246	1625	André da Silva Carneiro	porto sentido runners	Senior Masculino	03:11:21	+01:28:01	11:15
247	1626	Bruno Guedes	porto sentido runners	Senior Masculino	03:11:21	+01:28:01	11:15
248	1470	Filipe Mota	individual	Veterano M50	03:11:26	+01:28:07	11:16
249	1203	Carla Sofia Mendes Teixeira	fridão sem limites	Senior Feminino	03:11:43	+01:28:24	11:17
250	1523	Pedro Silva	marco runners	Senior Masculino	03:12:03	+01:28:43	11:18
251	1330	FABIO PEREIRA	individual	Senior Masculino	03:12:03	+01:28:44	11:18
252	1289	Eliana Silva Pereira	individual	Senior Feminino	03:12:11	+01:28:51	11:18
253	1356	Nuno rodrigo	individual	Senior Masculino	03:12:16	+01:28:56	11:19
254	1680	Pedro Marinho	team trail bem viver	Senior Masculino	03:12:19	+01:28:59	11:19
255	1083	Rui Rocha	brincalhões	Veterano M40	03:12:19	+01:29:00	11:19
256	1133	Pedro Luís Rosendo Ferreira	clube portugal telecom zona norte	Senior Masculino	03:12:40	+01:29:20	11:20
257	1179	ARTUR CARDOSO	equipa joao ferreira	Veterano M40	03:12:49	+01:29:29	11:21
258	1288	Eliana Silva	individual	Senior Feminino	03:12:53	+01:29:33	11:21
259	1658	Jorge Almeida	soplabifana	Veterano M40	03:13:01	+01:29:42	11:21
260	1316	Alex Valente	individual	Senior Masculino	03:13:09	+01:29:49	11:22
261	1167	Carlos Miguel Rodrigues Cunha	emna runners	Senior Masculino	03:13:15	+01:29:55	11:22
262	1577	João Leite	nocturnos de paredes	Veterano M40	03:13:31	+01:30:12	11:23
263	1334	Hélder Antunes	individual	Senior Masculino	03:13:42	+01:30:22	11:24

TRAIL CURTO - STAGE 1

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
264	1673	Fernando Carvalho	ss montepio	Veterano M50	03:13:45	+01:30:25	11:24
265	1643	Carlos Santos	sabius	Senior Masculino	03:13:53	+01:30:33	11:24
266	1642	Daniel Mendes	sabius	Junior Masculino	03:13:53	+01:30:33	11:24
267	1165	Alice Sousa	dr. merino/4moove	Veterana F40	03:14:26	+01:31:06	11:26
268	1437	José Cabral	individual	Veterano M40	03:14:28	+01:31:08	11:26
269	1335	Hélder oliveira	individual	Senior Masculino	03:14:44	+01:31:24	11:27
270	1333	Gilberto Sousa	individual	Senior Masculino	03:14:49	+01:31:29	11:28
271	1349	Manuel Ruivo	individual	Senior Masculino	03:14:58	+01:31:38	11:28
272	1463	Agostinho Ferreira	individual	Veterano M50	03:15:58	+01:32:38	11:32
273	1659	Sousa Henrique	soplabifana	Veterano M40	03:16:54	+01:33:34	11:35
274	1225	Alcino Tavares	gansos	Veterano M40	03:17:09	+01:33:49	11:36
275	1221	Florinda Carvalho	gansos	Senior Feminino	03:17:09	+01:33:49	11:36
276	1517	Henrique Sousa	lusos xxi	Veterano M40	03:17:13	+01:33:53	11:36
277	1375	Tiago Moreira	individual	Senior Masculino	03:18:00	+01:34:40	11:39
278	1166	Oscar Novais	dr. merino/4moove	Veterano M40	03:18:13	+01:34:54	11:40
279	1412	Antónii Castro	individual	Veterano M40	03:18:14	+01:34:54	11:40
280	1460	Rui Manuel da Rocha Moreira	individual	Veterano M40	03:18:18	+01:34:58	11:40
281	1653	Joel vale	somos nós team	Senior Masculino	03:18:36	+01:35:16	11:41
282	1657	José Teixeira	somos nós team	Veterano M50	03:18:36	+01:35:17	11:41
283	1461	Sérgio Albino Sousa Carvalho	individual	Veterano M40	03:19:01	+01:35:41	11:42
284	1516	Daniel reis	lusos xxi	Sub 23 Masculino	03:19:25	+01:36:05	11:44
285	1515	Sérgio Costa	lusos xxi	Senior Masculino	03:19:25	+01:36:05	11:44
286	1542	Rui Miguel Sousa	mountain runners	Senior Masculino	03:19:25	+01:36:05	11:44
287	1621	Ana Alves	papatrails	Veterana F40	03:19:44	+01:36:24	11:45
288	1620	Rui Moreira	papatrails	Senior Masculino	03:19:44	+01:36:25	11:45
289	1619	Monica Magalhaes	papatrails	Senior Feminino	03:19:44	+01:36:25	11:45
290	1575	Daniel Pereira	nocturnos de paredes	Veterano M40	03:20:02	+01:36:42	11:46
291	1368	Rui Costa Jesus	individual	Senior Masculino	03:20:25	+01:37:05	11:47
292	1362	Pedro Miguel da Rocha Santos	individual	Senior Masculino	03:20:25	+01:37:05	11:47
293	1519	veronica vieira	mara	Senior Feminino	03:20:46	+01:37:26	11:49
294	1161	Marcos Antonio Coelho de Sousa	desousacs	Senior Masculino	03:21:04	+01:37:44	11:50
295	1251	Ricardo leal	gti on foot	Senior Masculino	03:21:20	+01:38:01	11:51
296	1252	Sergio barros	gti on foot	Senior Masculino	03:21:21	+01:38:01	11:51
297	1406	Graça Dias Ribeiro	running penafiel trail	Veterana F50	03:21:24	+01:38:05	11:51
298	1649	Jose Magalhães	saikao	Veterano M40	03:21:48	+01:38:28	11:52
299	1304	Sandra Ramos	individual	Senior Feminino	03:21:51	+01:38:31	11:52
300	1030	Carla Moreira	arrastassolas	Veterana F40	03:21:51	+01:38:31	11:52
301	1344	Joaquim Cardoso	individual	Senior Masculino	03:21:58	+01:38:38	11:53
302	1243	Pedro Pereira	grupo 46	Veterano M40	03:22:57	+01:39:37	11:56
303	1740	Filipe Leitão	gondomar futsal clube	Senior Masculino	03:23:21	+01:40:01	11:58
304	1195	José Silva	firerunners_pnf	Senior Masculino	03:23:32	+01:40:12	11:58
305	1308	teresa maias	individual	Senior Feminino	03:23:38	+01:40:19	11:59
306	1315	agostinho pinto	individual	Senior Masculino	03:23:39	+01:40:19	11:59
307	1171	SAMUEL QUEIROS	equipa joao ferreira	Senior Masculino	03:23:47	+01:40:27	11:59
308	1302	Rita Botelho	individual	Senior Feminino	03:23:47	+01:40:28	11:59

TRAIL CURTO - STAGE 1

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
309	1668	Alexandre Leite	ss montepio	Veterano M40	03:23:48	+01:40:28	11:59
310	1538	Célia Soares	mountain runners	Senior Feminino	03:23:50	+01:40:30	11:59
311	1634	Mara Freitas	reumatico trail team	Senior Feminino	03:24:14	+01:40:54	12:01
312	1369	Rui Duarte Cruz de Barros	individual	Senior Masculino	03:24:16	+01:40:56	12:01
313	1687	José Eduardo	tomba lobos	Sub 23 Masculino	03:24:17	+01:40:57	12:01
314	1305	Sílvia Daniela Pereira Morais	individual	Senior Feminino	03:24:19	+01:40:59	12:01
315	1389	Lília Magalhães	individual	Veterana F40	03:24:20	+01:41:00	12:01
316	1410	Alfredo Vieira	individual	Veterano M40	03:24:21	+01:41:01	12:01
317	1137	Elsa Moreira	clube trilheiros & amigos	Senior Feminino	03:24:25	+01:41:05	12:02
318	1439	José Manuel de Sousa Pereira	individual	Veterano M40	03:24:32	+01:41:12	12:02
319	1459	Rui Alexandre Magalhães	individual	Veterano M40	03:24:40	+01:41:20	12:02
320	1417	António Manuel Silva Cunha	individual	Veterano M40	03:24:47	+01:41:27	12:03
321	1648	Susana Bessa	saikao	Veterana F40	03:24:58	+01:41:38	12:03
322	1528	Luisa Cruz	moinhos run - adrm	Senior Feminino	03:25:01	+01:41:41	12:04
323	1599	Orlando Nogueira	oralklass - amigos do trail	Veterano M40	03:25:01	+01:41:42	12:04
324	1655	Minda Coelho	somos nós team	Veterana F40	03:25:10	+01:41:51	12:04
325	1245	Silvia Sousa	grupo desportivo da goma	Senior Feminino	03:25:41	+01:42:21	12:06
326	1661	Isabel dias	sousa sport	Senior Feminino	03:25:41	+01:42:22	12:06
327	1115	Marta Leite	budeguita runners	Veterana F40	03:25:43	+01:42:23	12:06
328	1296	Liliana Cristina Soares	individual	Senior Feminino	03:26:08	+01:42:49	12:08
329	1117	Sandra Matos	centro ciclista de gondomar	Veterana F40	03:26:13	+01:42:54	12:08
330	1119	Henrique Matos	centro ciclista de gondomar	Veterano M40	03:26:13	+01:42:54	12:08
331	1312	Abel Cardoso	individual	Senior Masculino	03:26:26	+01:43:07	12:09
332	1367	Ruben Moreira	individual	Senior Masculino	03:26:29	+01:43:09	12:09
333	44	NUNO PINA	equipa joao ferreira	Veterano M40	03:26:33	+01:43:13	12:09
334	1126	Xana Azevedo	clínica médica da foz	Senior Feminino	03:26:54	+01:43:35	12:10
335	1660	Ana dias	sousa sport	Senior Feminino	03:27:12	+01:43:52	12:11
336	1557	João Pedro Gonçalves	mss contabilidade trail team	Veterano M50	03:27:12	+01:43:52	12:11
337	1200	Gabriel dos Anjos Pires	fit gaia trail	Veterano M50	03:27:23	+01:44:03	12:12
338	1462	Telmo Rodrigues	individual	Veterano M40	03:27:29	+01:44:09	12:12
339	1663	Ricardo vilela	sousa sport	Senior Masculino	03:27:42	+01:44:22	12:13
340	1636	sergio pereira	reumatico trail team	Senior Masculino	03:27:46	+01:44:26	12:13
341	1635	rosana martins	reumatico trail team	Senior Feminino	03:27:46	+01:44:26	12:13
342	1253	Ana Fontes	gtt-armazém do caffè	Senior Feminino	03:28:05	+01:44:45	12:14
343	1297	Madalena fontes	individual	Senior Feminino	03:28:15	+01:44:55	12:15
344	1323	Celso Augusto Coelho Moreira	individual	Senior Masculino	03:29:12	+01:45:52	12:18
345	1725	Bruno Gonçalves	tristes mas duros	Senior Masculino	03:29:19	+01:45:59	12:19
346	1447	Miguel Campos	individual	Veterano M40	03:29:31	+01:46:11	12:19
347	1690	Tiago Serrano	tontos team	Senior Masculino	03:29:37	+01:46:17	12:20
348	1141	Joana P Silva	cmds	Junior Feminino	03:29:55	+01:46:35	12:21
349	1509	Carlos Pinto	lusos xxi	Senior Masculino	03:30:21	+01:47:01	12:22
350	1569	Marisa moreira	nocturnos de paredes	Veterana F40	03:30:34	+01:47:14	12:23
351	1181	Edgar Saraiva	equipa joao ferreira	Veterano M40	03:30:39	+01:47:20	12:24
352	1706	Patricia Silva	trinca orelhas de gato	Senior Feminino	03:30:45	+01:47:26	12:24
353	1318	André Leite	individual	Senior Masculino	03:30:48	+01:47:29	12:24
354	1351	Mário Lopes Ferreira	individual	Senior Masculino	03:30:49	+01:47:29	12:24

TRAIL CURTO - STAGE 1

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
355	1391	Margarida Pinto	individual	Veterana F40	03:30:51	+01:47:31	12:24
356	1544	Emílio Carvalho	mountain runners	Veterano M40	03:30:53	+01:47:34	12:24
357	1383	Cândida Moreira	individual	Veterana F40	03:31:12	+01:47:52	12:25
358	1382	Armenia Celeste Basto Silva Ribeiro	individual	Veterana F40	03:31:12	+01:47:52	12:25
359	1615	Jose xavier	os turbomula	Veterano M40	03:31:44	+01:48:24	12:27
360	1506	Raquel Costa	lusos xxi	Senior Feminino	03:31:44	+01:48:24	12:27
361	1512	Luís Carlos Sousa	lusos xxi	Senior Masculino	03:31:51	+01:48:31	12:28
362	1110	Ismael Gonçalves	btt alegria // tubani	Junior Masculino	03:31:54	+01:48:34	12:28
363	1285	Diana Beatriz Ferreira Barbosa	individual	Senior Feminino	03:32:33	+01:49:13	12:30
364	1127	Francisco Mendes	clube desportivo cepsa	Senior Masculino	03:32:48	+01:49:29	12:31
365	1671	Júlio Santos	ss montepio	Veterano M40	03:33:36	+01:50:16	12:34
366	1388	Filipa Sofia Duarte Rodrigues Moreira	individual	Veterana F40	03:33:45	+01:50:25	12:34
367	1292	Isabel oliveira	individual	Senior Feminino	03:33:45	+01:50:26	12:34
368	1163	Carlos Alberto da Rocha Cruz	bitrunners	Veterano M50	03:33:49	+01:50:29	12:35
369	1471	José Barros	individual	Veterano M50	03:34:09	+01:50:49	12:36
370	1242	Paulo Ferreira	grupo 46	Veterano M40	03:34:31	+01:51:11	12:37
371	1397	Paula Coelho	individual	Veterana F40	03:35:21	+01:52:02	12:40
372	1146	Cristina Rocha	comdor runners	Senior Feminino	03:36:11	+01:52:51	12:43
373	1194	Helder Pinto	firerunners_pnf	Senior Masculino	03:36:53	+01:53:33	12:46
374	1578	José Moura	nocturnos de paredes	Veterano M40	03:36:55	+01:53:35	12:46
375	1004	Ben Fernandes	a.d.amarante trail running	Junior Masculino	03:37:00	+01:53:40	12:46
376	1473	LUIZ BLANQUET	individual	Veterano M50	03:37:59	+01:54:39	12:49
377	1550	Manuel Ribeiro	mss contabilidade trail team	Veterano M40	03:38:02	+01:54:42	12:50
378	1132	André Filipe Lopes Augusto	clube portugal telecom zona norte	Senior Masculino	03:38:05	+01:54:46	12:50
379	1548	António Rocha	mss contabilidade trail team	Veterano M40	03:38:11	+01:54:51	12:50
380	1489	João Paulo Barbosa Pinto	kunalama runners	Senior Masculino	03:38:26	+01:55:06	12:51
381	1486	Elisabete Maria Lopes Fonseca	kunalama runners	Senior Feminino	03:38:26	+01:55:06	12:51
382	1456	Renato Filipe Pereira Quintas	individual	Veterano M40	03:39:37	+01:56:17	12:55
383	1434	Joaquim Vidal	individual	Veterano M40	03:39:37	+01:56:17	12:55
384	1343	João Baldaia	individual	Senior Masculino	03:40:29	+01:57:09	12:58
385	1405	Fernanda Santos	individual	Veterana F50	03:40:31	+01:57:11	12:58
386	1543	Antonio Rodrigues	mountain runners	Veterano M40	03:41:03	+01:57:44	13:00
387	1210	Elisabete Alves Nogueira	fridão sem limites	Veterana F40	03:41:28	+01:58:08	13:02
388	1211	Rosa Soares	fridão sem limites	Veterana F40	03:41:28	+01:58:08	13:02
389	1446	Mario nunes	individual	Veterano M40	03:41:29	+01:58:09	13:02
390	1570	Mónica Gomes	nocturnos de paredes	Veterana F40	03:42:39	+01:59:19	13:06
391	1580	Luis Filipe Santos	nocturnos de paredes	Veterano M40	03:42:39	+01:59:19	13:06
392	1567	Fernanda Leão	nocturnos de paredes	Veterana F40	03:42:39	+01:59:19	13:06
393	1244	João Paulo Ferreira	grupo 46	Veterano M50	03:43:03	+01:59:44	13:07
394	1435	Jorge Nogueira	individual	Veterano M40	03:43:18	+01:59:58	13:08
395	1737	Pedro Miguel dos Santos Matos	yazaki runners	Veterano M40	03:43:32	+02:00:12	13:09
396	1449	Nelson Vasco Freitas Campos	individual	Veterano M40	03:43:33	+02:00:14	13:09
397	1482	ANABELA GOMES	kemedo team	Veterana F40	03:43:38	+02:00:18	13:09

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
398	1219	Fábio Coradinho	gafanhori	Senior Masculino	03:43:42	+02:00:22	13:10
399	1220	Sofia Rocha	gafanhori	Sub 23 Feminino	03:43:42	+02:00:22	13:10
400	1332	Flávio Novais	individual	Senior Masculino	03:43:43	+02:00:23	13:10
401	1684	José Teixeira	teixeiras	Veterano M50	03:44:04	+02:00:45	13:11
402	1342	JOÃO ALEIXO	individual	Senior Masculino	03:44:25	+02:01:05	13:12
403	1614	Paula Moreira	os turbomula	Veterana F40	03:45:36	+02:02:16	13:16
404	1131	José Pereira	clube portugal telecom zona norte	Veterano M40	03:46:17	+02:02:58	13:19
405	1047	Paula Coelho	baltar trailrunners	Senior Feminino	03:46:33	+02:03:13	13:20
406	1502	Margarida Vieira de Campos Brás	lesmas & caracóis	Senior Feminino	03:46:54	+02:03:35	13:21
407	1503	vera Pereira	lesmas & caracóis	Senior Feminino	03:46:54	+02:03:35	13:21
408	1089	Maria da Luz Pinto	btt alegria // tubani	Senior Feminino	03:47:15	+02:03:56	13:22
409	1371	Rui Tiago Moreira da Silva	individual	Senior Masculino	03:47:49	+02:04:29	13:24
410	1135	Hugo Oliveira	clube portugal telecom zona norte	Veterano M40	03:48:01	+02:04:41	13:25
411	1085	Damião Cardoso	brincalhões	Veterano M50	03:48:13	+02:04:53	13:26
412	1229	Paulo Ferreira	gansos	Veterano M40	03:48:55	+02:05:35	13:28
413	1579	José Silva	nocturnos de paredes	Veterano M40	03:49:08	+02:05:48	13:29
414	1408	Paulina Soares	individual	Veterana F50	03:49:42	+02:06:22	13:31
415	1454	Pedro Manuel Silva	individual	Veterano M40	03:49:46	+02:06:27	13:31
416	1280	Carla Teixeira	individual	Senior Feminino	03:49:49	+02:06:29	13:31
417	1198	Bruno Miguel Santos Rocha	fit gaia trail	Senior Masculino	03:50:01	+02:06:41	13:32
418	1197	Carla Manuela Mendes Ferreira	fit gaia trail	Senior Feminino	03:50:01	+02:06:41	13:32
419	1199	Sonia Isabel Barreira Taveira Pires	fit gaia trail	Veterana F40	03:50:01	+02:06:42	13:32
420	1730	Carla Barbosa	trocopasso runners	Veterana F40	03:50:08	+02:06:48	13:32
421	1709	Verginia Ferreira	trinca orelhas de gato	Senior Feminino	03:50:25	+02:07:05	13:33
422	1601	Marta Pimenta	os goguinhos	Senior Feminino	03:50:34	+02:07:14	13:34
423	1524	Ricardo Jorge Vale Moreira	mccb crew	Senior Masculino	03:50:56	+02:07:36	13:35
424	1568	Maria Jesus	nocturnos de paredes	Veterana F40	03:52:12	+02:08:52	13:40
425	1583	Rui Silva	nocturnos de paredes	Veterano M40	03:52:12	+02:08:52	13:40
426	1707	Rita Moraes	trinca orelhas de gato	Senior Feminino	03:52:27	+02:09:07	13:40
427	1698	Ricardo Lento	trepatrilhos trail team	Senior Masculino	03:52:47	+02:09:28	13:42
428	1467	ANTONIO COSTA	individual	Veterano M50	03:53:34	+02:10:14	13:44
429	1555	Álvaro Silva	mss contabilidade trail team	Veterano M50	03:53:58	+02:10:38	13:46
430	1387	fatima meinedo	individual	Veterana F40	03:54:27	+02:11:07	13:47
431	1451	paulo meinedo	individual	Veterano M40	03:54:27	+02:11:07	13:48
432	1480	MANUEL PINTO	indutel	Veterano M50	03:56:34	+02:13:14	13:55
433	1497	Manuel Alvarino	leões de tardariz trail	Veterano M40	03:58:07	+02:14:48	14:00
434	1500	António Pinto	leões de tardariz trail	Veterano M50	03:58:08	+02:14:48	14:00
435	1728	Pedro Moreira	tristes mas duros	Veterano M40	03:58:32	+02:15:12	14:02
436	1272	Ana Pereira	happy feet	Senior Feminino	03:58:53	+02:15:33	14:03
437	1273	Rita Pereira	happy feet	Senior Feminino	03:58:53	+02:15:33	14:03
438	1666	Rui Carvalho	ss montepio	Senior Masculino	03:59:16	+02:15:56	14:05
439	1669	Francisco Moreira	ss montepio	Veterano M40	03:59:16	+02:15:57	14:05
440	1672	Luís Ribeiro	ss montepio	Veterano M40	03:59:17	+02:15:57	14:05
441	1293	ivone bentes	individual	Senior Feminino	03:59:17	+02:15:57	14:05

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
442	1284	Daniela Dias	individual	Senior Feminino	03:59:17	+02:15:58	14:05
443	1087	Cristina Neves	btt alegria // tubani	Senior Feminino	03:59:24	+02:16:05	14:05
444	1507	António José Moreira	lusos xxi	Senior Masculino	03:59:27	+02:16:07	14:05
445	1511	João Paulo Carvalho	lusos xxi	Senior Masculino	03:59:27	+02:16:07	14:05
446	1091	Paula Ferreira	btt alegria // tubani	Senior Feminino	03:59:35	+02:16:15	14:06
447	1372	Sérgio Fernando Alves Brochado	individual	Senior Masculino	03:59:46	+02:16:26	14:06
448	1448	Miguel Pinto	individual	Veterano M40	03:59:46	+02:16:26	14:06
449	1313	Abel Joao Rodrigues de Sousa Andrade	individual	Senior Masculino	03:59:46	+02:16:27	14:06
450	1504	Rogério Henriques	limitless	Senior Masculino	04:00:02	+02:16:43	14:07
451	1404	Ana Paula Sousa	individual	Veterana F50	04:00:07	+02:16:47	14:08
452	1001	Susana pereira	#atechoras!	Senior Feminino	04:00:22	+02:17:02	14:08
453	1003	Alvaro Pereira	#atechoras!	Veterano M40	04:00:22	+02:17:02	14:08
454	1184	RUI COMPLETO	equipa joao ferreira	Veterano M40	04:00:32	+02:17:12	14:09
455	1400	Sónia Alves	individual	Veterana F40	04:00:35	+02:17:15	14:09
456	1157	bruno soares	danados	Senior Masculino	04:01:53	+02:18:33	14:14
457	1379	Ana Carvalho	individual	Veterana F40	04:02:37	+02:19:18	14:16
458	1380	Ana Rito	individual	Veterana F40	04:02:39	+02:19:19	14:16
459	1472	Luís Pereira	individual	Veterano M50	04:03:05	+02:19:45	14:18
460	1033	Manuel Silva	arrastassolas	Veterano M40	04:04:01	+02:20:41	14:21
461	1031	Helena Cunha	arrastassolas	Veterana F40	04:04:22	+02:21:02	14:23
462	1290	Elisabete Ferreira	individual	Senior Feminino	04:05:27	+02:22:07	14:26
463	1433	Joaquim Ramos	individual	Veterano M40	04:05:31	+02:22:12	14:27
464	1530	Helder Camilo	moinhos run - adrm	Senior Masculino	04:05:57	+02:22:37	14:28
465	1539	Liliana magalhaes	mountain runners	Senior Feminino	04:05:57	+02:22:37	14:28
466	1699	rui santos	trepatrihos trail team	Senior Masculino	04:06:06	+02:22:46	14:29
467	1697	helder rodrigues	trepatrihos trail team	Senior Masculino	04:06:06	+02:22:46	14:29
468	1531	Márcio Silva	moinhos run - adrm	Senior Masculino	04:06:10	+02:22:50	14:29
469	1562	Daniel Silva	nocturnos de paredes	Senior Masculino	04:06:10	+02:22:50	14:29
470	1533	Nuno Moreira	moinhos run - adrm	Senior Masculino	04:06:10	+02:22:50	14:29
471	1455	Pedro Tavares	individual	Veterano M40	04:06:13	+02:22:53	14:29
472	1505	Daniela Sousa	lusos xxi	Senior Feminino	04:06:59	+02:23:39	14:32
473	1540	Claudia Sousa	mountain runners	Senior Feminino	04:07:13	+02:23:53	14:33
474	1622	Jose Alves	papatrails	Veterano M40	04:07:16	+02:23:57	14:33
475	1617	Estela Oliveira	papatrails	Senior Feminino	04:07:21	+02:24:01	14:33
476	1560	Graça Magalhães	nocturnos de paredes	Senior Feminino	04:07:33	+02:24:13	14:34
477	1155	Susana Almeida	danados	Senior Feminino	04:08:16	+02:24:56	14:36
478	1156	ANDRE FERREIRA	danados	Senior Masculino	04:08:16	+02:24:57	14:36
479	1395	Mónica Dias	individual	Veterana F40	04:08:49	+02:25:29	14:38
480	1664	Filipe Soares	ss montepio	Senior Masculino	04:09:17	+02:25:57	14:40
481	1670	João Cardoso	ss montepio	Veterano M40	04:09:17	+02:25:57	14:40
482	1294	Joana Ferreira	individual	Senior Feminino	04:10:15	+02:26:55	14:43
483	1307	Susana Patricia Alves	individual	Senior Feminino	04:10:15	+02:26:56	14:43
484	1674	Alexandra Bessa	team aguenta aí	Veterana F40	04:10:38	+02:27:18	14:45
485	1215	ANA MOREIRA	fugitivos urbanos	Senior Feminino	04:11:17	+02:27:58	14:47
486	1020	Fernanda Leal	aliança de gandra	Veterana F40	04:11:22	+02:28:02	14:47

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
487	1590	Sandra	o2	Senior Feminino	04:11:53	+02:28:33	14:49
488	1420	Bruno Rodrigues	individual	Veterano M40	04:11:53	+02:28:33	14:49
489	43	FRANCISCO FONSECA	equipa joao ferreira	Veterano M40	04:13:33	+02:30:13	14:55
490	1172	ANA MARGARIDA	equipa joao ferreira	Veterana F40	04:13:33	+02:30:13	14:55
491	1589	Anabela Barata	o2	Senior Feminino	04:14:08	+02:30:48	14:57
492	1618	Mafalda Alves	papatrails	Senior Feminino	04:14:21	+02:31:02	14:58
493	1584	Telmo Mota	nocturnos de paredes	Veterano M40	04:14:22	+02:31:02	14:58
494	1602	Diogo Pimenta	os goguinhos	Senior Masculino	04:16:16	+02:32:56	15:04
495	1023	Rosa Soares	aliança de gandra	Veterana F50	04:16:33	+02:33:13	15:05
496	1019	Fátima Ramos	aliança de gandra	Veterana F40	04:16:33	+02:33:13	15:05
497	1573	António Barros	nocturnos de paredes	Veterano M40	04:17:14	+02:33:54	15:08
498	1571	Sónia Moreira	nocturnos de paredes	Veterana F40	04:17:35	+02:34:16	15:09
499	1475	Nelson Silva Nogueira	individual	Veterano M50	04:17:39	+02:34:19	15:09
500	1283	Claudia Moura	running penafiel trail	Senior Feminino	04:18:16	+02:34:56	15:12
501	1556	Ana Rita Duarte	mss contabilidade trail team	Veterana F40	04:18:16	+02:34:56	15:12
502	1224	Maria Bernardina Dias	gansos	Veterana F40	04:18:33	+02:35:13	15:13
503	1708	Silvia Rocha	trinca orelhas de gato	Senior Feminino	04:18:33	+02:35:13	15:13
504	1182	LUIS SILVA	equipa joao ferreira	Veterano M40	04:19:04	+02:35:44	15:14
505	1090	Patrícia Pinto	btt alegria // tubani	Senior Feminino	04:20:31	+02:37:11	15:19
506	1035	Daniela Gomes	as - acolhimento senior	Senior Feminino	04:21:00	+02:37:41	15:21
507	1527	Luciana Camilo	moinhos run - adrm	Senior Feminino	04:21:04	+02:37:44	15:21
508	1226	Carlos Anjos	gansos	Veterano M40	04:21:04	+02:37:44	15:21
509	1427	Francisco José Garcia Moreira	individual	Veterano M40	04:22:13	+02:38:53	15:25
510	1413	António Carlos de Sousa Ferraz	individual	Veterano M40	04:22:13	+02:38:53	15:26
511	1479	FILIPA PINTO	indutel	Senior Feminino	04:22:39	+02:39:19	15:27
512	1100	Tiago Gomes	btt alegria // tubani	Senior Masculino	04:23:04	+02:39:44	15:29
513	1092	Sara Rocha	btt alegria // tubani	Senior Feminino	04:23:07	+02:39:47	15:29
514	1143	Jorge Magalhães	cmds	Senior Masculino	04:23:20	+02:40:00	15:29
515	1196	Tiago Pacheco	firerunners_pnf	Senior Masculino	04:23:37	+02:40:17	15:30
516	1487	ISABEL FONSECA	kunalama runners	Senior Feminino	04:24:23	+02:41:03	15:33
517	1525	Rui Sérgio Vale Moreira	mccb crew	Senior Masculino	04:24:24	+02:41:05	15:33
518	1010	Monica Pinto	acelera ao baixo	Veterana F40	04:27:04	+02:43:45	15:43
519	1009	Emanuel Dias	acelera ao baixo	Senior Masculino	04:27:04	+02:43:45	15:43
520	1311	Vera Oliveira	individual	Senior Feminino	04:29:08	+02:45:48	15:50
521	1044	Ana Margarida Silva	baltar trailrunners	Junior Feminino	04:29:52	+02:46:32	15:53
522	1049	Eduardo Vidinha	baltar trailrunners	Senior Masculino	04:29:52	+02:46:33	15:53
523	1045	Lúcia Lopes	baltar trailrunners	Senior Feminino	04:29:53	+02:46:34	15:53
524	1046	Martinha Vidinha	baltar trailrunners	Senior Feminino	04:29:54	+02:46:34	15:53
525	1052	Oscar Moreira	baltar trailrunners	Senior Masculino	04:29:55	+02:46:35	15:53
526	1718	Paula Moreira	trinca orelhas de gato	Veterana F40	04:31:02	+02:47:42	15:57
527	1591	Jorge Oliveira	o2	Veterano M40	04:31:41	+02:48:21	15:59
528	1360	Pedro Correia	individual	Senior Masculino	04:31:59	+02:48:39	16:00
529	1440	José Manuel Carneiro Marques	individual	Veterano M40	04:32:31	+02:49:11	16:02
530	1039	Tânia Mendes	associação beat your limit!	Senior Feminino	04:34:57	+02:51:38	16:10
531	1038	Inês Pires	associação beat your limit!	Senior Feminino	04:34:58	+02:51:38	16:10

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
532	1040	Tânia Rebelo	associação beat your limit!	Senior Feminino	04:34:58	+02:51:39	16:11
533	1168	Jorge Antunes	emna runners	Veterano M40	04:38:07	+02:54:47	16:22
534	1704	Liliana Rodrigues	trinca orelhas de gato	Senior Feminino	04:38:33	+02:55:13	16:23
535	1703	Liliana Pereira	trinca orelhas de gato	Senior Feminino	04:38:33	+02:55:13	16:23
536	1425	FILIPE BARROS	individual	Veterano M40	04:39:12	+02:55:52	16:25
537	1632	Rafael Teixeira	prosel team	Senior Masculino	04:40:08	+02:56:48	16:29
538	1303	ROSA MARINA LOPES SILVA	individual	Senior Feminino	04:40:30	+02:57:10	16:30
539	1355	Nuno Miguel Guedes	individual	Senior Masculino	04:40:30	+02:57:11	16:30
540	1301	Micaela Augusta Teixeira de Brito	individual	Senior Feminino	04:42:19	+02:58:59	16:36
541	1702	Nádia Silva	trinca orelhas de gato	Sub 23 Feminino	04:43:46	+03:00:27	16:42
542	1431	Ivo Oliveira Almeida	individual	Veterano M40	04:46:31	+03:03:11	16:51
543	1394	Marlene Alexandra Teles Andrade Rodrigues	individual	Veterana F40	04:46:31	+03:03:11	16:51
544	1426	Filipe Moutinho	individual	Veterano M40	04:47:19	+03:03:59	16:54
545	1572	Madalena Oliveira	nocturnos de paredes	Veterana F50	04:48:17	+03:04:58	16:58
546	1386	Eduarda Freitas	individual	Veterana F40	04:50:57	+03:07:37	17:07
547	1418	António Pedro Lopes Sares	individual	Veterano M40	04:50:57	+03:07:37	17:07
548	1094	Vera Ribeiro	btt alegria // tubani	Senior Feminino	04:51:10	+03:07:50	17:08
549	1105	Sandra Silva	btt alegria // tubani	Veterana F40	04:51:10	+03:07:50	17:08
550	1474	manuel pires rodrigues	individual	Veterano M50	04:52:11	+03:08:51	17:11
551	1177	SUSANA MATOS	equipa joao ferreira	Veterana F40	04:52:47	+03:09:27	17:13
552	1109	Filipe Teixeira	btt alegria // tubani	Veterano M40	04:58:35	+03:15:15	17:34
553	1144	Maria Cabral	cmds	Veterana F50	04:59:03	+03:15:43	17:35
554	1142	Sara Silva	cmds	Senior Feminino	04:59:43	+03:16:23	17:38
555	1077	Inês Silva	brincalhões	Sub 23 Feminino	04:59:50	+03:16:30	17:38
556	1084	Armando Silva	brincalhões	Veterano M50	04:59:50	+03:16:30	17:38
557	1080	Elisabete Silva	brincalhões	Veterana F40	04:59:50	+03:16:31	17:38
558	1604	Tânia Rocha	os guerreiros das tainadas	Senior Feminino	05:02:25	+03:19:06	17:47
559	1606	Nelson Moreira	os guerreiros das tainadas	Senior Masculino	05:02:25	+03:19:06	17:47
560	1603	Sara Silva	os guerreiros das tainadas	Senior Feminino	05:02:26	+03:19:06	17:47
561	1605	Cláudio Menesss	os guerreiros das tainadas	Senior Masculino	05:02:26	+03:19:07	17:47
562	1192	Ana Teresa Moreira	firerunners_pnf	Senior Feminino	05:03:02	+03:19:43	17:50
563	1721	Sérgio Sousa	trinca orelhas de gato	Veterano M40	05:05:14	+03:21:54	17:57
564	1716	Goreti Rocha	trinca orelhas de gato	Veterana F40	05:05:16	+03:21:56	17:57
565	1719	Deolinda Campanhã	trinca orelhas de gato	Veterana F50	05:05:17	+03:21:57	17:57
566	1720	Carlos Conde	trinca orelhas de gato	Veterano M40	05:05:21	+03:22:01	17:58
567	1101	Claudia Carmo	btt alegria // tubani	Veterana F40	05:07:06	+03:23:47	18:04
568	1402	Vanda Costa	individual	Veterana F40	05:10:26	+03:27:07	18:16
569	1266	Carla Mónica Martins Sousa Borges	gtt-armazém do caffè	Veterana F40	05:22:36	+03:39:17	18:59
570	1062	Vítor Sousa	bota brita	Sub 23 Masculino	05:25:08	+03:41:48	19:08
571	1061	Cristiana Leite	bota brita	Senior Feminino	05:26:05	+03:42:45	19:11
572	1063	Carla Teixeira	bota brita	Veterana F40	05:26:05	+03:42:45	19:11
573	1065	Marta Sousa	bota brita	Veterana F40	05:26:12	+03:42:52	19:11
574	1066	Belmiro Reis	bota brita	Veterano M40	05:26:14	+03:42:54	19:11
575	1067	Henrique Silva	bota brita	Veterano M40	05:26:14	+03:42:55	19:11

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
576	1064	Margarida Pinto	bota brita	Veterana F40	05:26:14	+03:42:55	19:11
577	1158	LUIS FERNANDES	danados	Senior Masculino	05:38:09	+03:54:49	19:53
578	1153	anita silva	danados	Senior Feminino	05:38:10	+03:54:50	19:54
579	1160	sandra pereira	danados	Veterana F40	05:38:10	+03:54:50	19:54
580	1082	José Neves	brincalhões	Veterano M40	05:48:09	+04:04:49	20:29
581	1078	Carolina Gonçalves	brincalhões	Veterana F40	05:48:09	+04:04:49	20:29
582	1651	Paula Margarida Moreira	scouts	Veterana F40	05:57:26	+04:14:06	21:02
583	1650	Sandra Gonçalves	scouts	Senior Feminino	05:57:27	+04:14:07	21:02
584	1390	Lurdes sanguedo	individual	Veterana F40	05:58:02	+04:14:43	21:04
585	1398	Sandra Ferreira	individual	Veterana F40	05:58:02	+04:14:43	21:04
586	1291	Helena Rangel	individual	Senior Feminino	06:01:08	+04:17:48	21:15

Trail Curto

17 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	9.7°C	100%
End	15:31	9.7°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Junior Feminino

1	1141	Joana P Silva	CMDS	Junior Feminino	03:29:55	+01:46:35	12:21:30
2	1044	Ana Margarida Silva	Baltar TrailRunners	Junior Feminino	04:29:52	+02:46:32	15:53:14

Junior Masculino

1	1076	Rúben Rocha	Brincalhões	Junior Masculino	02:19:45	+36:25	08:13
2	1526	Hugo Soares	Moinhos Run - ADRM	Junior Masculino	02:38:10	+54:50	09:18
3	1075	Franclim Neves	Brincalhões	Junior Masculino	02:57:17	+01:13:58	10:26
4	1642	Daniel Mendes	sabiUs	Junior Masculino	03:13:53	+01:30:33	11:24
5	1110	Ismael Gonçalves	BTT Alegria // TUBANI	Junior Masculino	03:31:54	+01:48:34	12:28
6	1004	Ben Fernandes	A.D.Amarante trail running	Junior Masculino	03:37:00	+01:53:40	12:46

Senior Feminino

1	1202	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	02:22:23	+39:03	08:23
2	1204	Eliana patricia goncalves pinto Teixeira	Fridão Sem Limites	Senior Feminino	02:33:20	+50:00	09:01
3	1701	Clara Teixeira	Trinca Orelhas de Gato	Senior Feminino	02:53:52	+01:10:33	10:14
4	1277	Anabela Cordeiro	Individual	Senior Feminino	02:58:32	+01:15:12	10:30
5	1068	Natália Lima	Brabus Runners	Senior Feminino	02:59:35	+01:16:15	10:34
6	1733	Ana Branco	Wild Challenge	Senior Feminino	03:06:39	+01:23:20	10:59
7	1300	Mariana Magalhaes	Individual	Senior Feminino	03:06:58	+01:23:39	11:00
8	1521	Joana Azevedo	Marco Runners	Senior Feminino	03:08:02	+01:24:42	11:04
9	1299	Mariana Lemos	Individual	Senior Feminino	03:10:11	+01:26:52	11:11
10	1088	Lucia sousa	BTT Alegria // TUBANI	Senior Feminino	03:10:13	+01:26:54	11:11
11	1203	Carla Sofia Mendes Teixeira	Fridão Sem Limites	Senior Feminino	03:11:43	+01:28:24	11:17
12	1289	Eliana Silva Pereira	Individual	Senior Feminino	03:12:11	+01:28:51	11:18
13	1288	Eliana Silva	Individual	Senior Feminino	03:12:53	+01:29:33	11:21
14	1221	Florinda Carvalho	Gansos	Senior Feminino	03:17:09	+01:33:49	11:36
15	1619	Monica Magalhaes	PAPATRAILS	Senior Feminino	03:19:44	+01:36:25	11:45
16	1519	veronica vieira	MARA	Senior Feminino	03:20:46	+01:37:26	11:49
17	1304	Sandra Ramos	Individual	Senior Feminino	03:21:51	+01:38:31	11:52
18	1308	teresa maias	Individual	Senior Feminino	03:23:38	+01:40:19	11:59
19	1302	Rita Botelho	Individual	Senior Feminino	03:23:47	+01:40:28	11:59
20	1538	Célia Soares	Mountain Runners	Senior Feminino	03:23:50	+01:40:30	11:59
21	1634	Mara Freitas	reumatico trail team	Senior Feminino	03:24:14	+01:40:54	12:01
22	1305	Sílvia Daniela Pereira Morais	Individual	Senior Feminino	03:24:19	+01:40:59	12:01
23	1137	Elsa Moreira	Clube Trilheiros & Amigos	Senior Feminino	03:24:25	+01:41:05	12:02
24	1528	Luisa Cruz	Moinhos Run - ADRM	Senior Feminino	03:25:01	+01:41:41	12:04

Trail Curto

17 KM

[illegible]

OFFICIAL RESULT

[illegible]

25	1245	Silvia Sousa	Grupo Desportivo da Goma	Senior Feminino	03:25:41	+01:42:21	12:06
26	1661	Isabel dias	SOUSA SPORT	Senior Feminino	03:25:41	+01:42:22	12:06
27	1296	Liliana Cristina Soares	Individual	Senior Feminino	03:26:08	+01:42:49	12:08
28	1126	Xana Azevedo	Clínica Médica da Foz	Senior Feminino	03:26:54	+01:43:35	12:10
29	1660	Ana dias	SOUSA SPORT	Senior Feminino	03:27:12	+01:43:52	12:11
30	1635	rosana martins	reumatico trail team	Senior Feminino	03:27:46	+01:44:26	12:13
31	1253	Ana Fontes	GTT-Armazém do Caffè	Senior Feminino	03:28:05	+01:44:45	12:14
32	1297	Madalena fontes	Individual	Senior Feminino	03:28:15	+01:44:55	12:15
33	1706	Patricia Silva	Trinca Orelhas de Gato	Senior Feminino	03:30:45	+01:47:26	12:24
34	1506	Raquel Costa	LUSOS XXI	Senior Feminino	03:31:44	+01:48:24	12:27
35	1285	Diana Beatriz Ferreira Barbosa	Individual	Senior Feminino	03:32:33	+01:49:13	12:30
36	1292	Isabel oliveira	Individual	Senior Feminino	03:33:45	+01:50:26	12:34
37	1146	Cristina Rocha	ComDor Runners	Senior Feminino	03:36:11	+01:52:51	12:43
38	1486	Elisabete Maria Lopes Fonseca	Kunalama runners	Senior Feminino	03:38:26	+01:55:06	12:51
39	1047	Paula Coelho	Baltar TrailRunners	Senior Feminino	03:46:33	+02:03:13	13:20
40	1502	Margarida Vieira de Campos Brás	Lesmas & Caracóis	Senior Feminino	03:46:54	+02:03:35	13:21
41	1503	vera Pereira	Lesmas & Caracóis	Senior Feminino	03:46:54	+02:03:35	13:21
42	1089	Maria da Luz Pinto	BTT Alegria // TUBANI	Senior Feminino	03:47:15	+02:03:56	13:22
43	1280	Carla Teixeira	Individual	Senior Feminino	03:49:49	+02:06:29	13:31
44	1197	Carla Manuela Mendes Ferreira	FIT GAIA TRAIL	Senior Feminino	03:50:01	+02:06:41	13:32
45	1709	Verginia Ferreira	Trinca Orelhas de Gato	Senior Feminino	03:50:25	+02:07:05	13:33
46	1601	Marta Pimenta	Os Goguinhos	Senior Feminino	03:50:34	+02:07:14	13:34
47	1707	Rita Morais	Trinca Orelhas de Gato	Senior Feminino	03:52:27	+02:09:07	13:40
48	1272	Ana Pereira	Happy Feet	Senior Feminino	03:58:53	+02:15:33	14:03
49	1273	Rita Pereira	Happy Feet	Senior Feminino	03:58:53	+02:15:33	14:03
50	1293	ivone bentes	Individual	Senior Feminino	03:59:17	+02:15:57	14:05
51	1284	Daniela Dias	Individual	Senior Feminino	03:59:17	+02:15:58	14:05
52	1087	Cristina Neves	BTT Alegria // TUBANI	Senior Feminino	03:59:24	+02:16:05	14:05
53	1091	Paula Ferreira	BTT Alegria // TUBANI	Senior Feminino	03:59:35	+02:16:15	14:06
54	1001	Susana pereira	#ATECHORAS!	Senior Feminino	04:00:22	+02:17:02	14:08
55	1290	Elisabete Ferreira	Individual	Senior Feminino	04:05:27	+02:22:07	14:26
56	1539	Liliana magalhaes	Mountain Runners	Senior Feminino	04:05:57	+02:22:37	14:28
57	1505	Daniela Sousa	LUSOS XXI	Senior Feminino	04:06:59	+02:23:39	14:32
58	1540	Claudia Sousa	Mountain Runners	Senior Feminino	04:07:13	+02:23:53	14:33
59	1617	Estela Oliveira	PAPATRAILS	Senior Feminino	04:07:21	+02:24:01	14:33
60	1560	Graça Magalhães	NOCTURNOS DE PAREDES	Senior Feminino	04:07:33	+02:24:13	14:34
61	1155	Susana Almeida	danados	Senior Feminino	04:08:16	+02:24:56	14:36
62	1294	Joana Ferreira	Individual	Senior Feminino	04:10:15	+02:26:55	14:43
63	1307	Susana Patricia Alves	Individual	Senior Feminino	04:10:15	+02:26:56	14:43
64	1215	ANA MOREIRA	Fugitivos Urbanos	Senior Feminino	04:11:17	+02:27:58	14:47
65	1590	Sandra	O2	Senior Feminino	04:11:53	+02:28:33	14:49
66	1589	Anabela Barata	O2	Senior Feminino	04:14:08	+02:30:48	14:57
67	1618	Mafalda Alves	PAPATRAILS	Senior Feminino	04:14:21	+02:31:02	14:58
68	1283	Claudia Moura	Running Penafiel Trail	Senior Feminino	04:18:16	+02:34:56	15:12
69	1708	Silvia Rocha	Trinca Orelhas de Gato	Senior Feminino	04:18:33	+02:35:13	15:13
70	1090	Patrícia Pinto	BTT Alegria // TUBANI	Senior Feminino	04:20:31	+02:37:11	15:19

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Trail Curto

17 KM

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OFFICIAL RESULT

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71	1035	Daniela Gomes	AS - Acolhimento Senior	Senior Feminino	04:21:00	+02:37:41	15:21
72	1527	Luciana Camilo	Moinhos Run - ADRM	Senior Feminino	04:21:04	+02:37:44	15:21
73	1479	FILIPA PINTO	INDUTEL	Senior Feminino	04:22:39	+02:39:19	15:27
74	1092	Sara Rocha	BTT Alegria // TUBANI	Senior Feminino	04:23:07	+02:39:47	15:29
75	1487	ISABEL FONSECA	Kunalama runners	Senior Feminino	04:24:23	+02:41:03	15:33
76	1311	Vera Oliveira	Individual	Senior Feminino	04:29:08	+02:45:48	15:50
77	1045	Lúcia Lopes	Baltar TrailRunners	Senior Feminino	04:29:53	+02:46:34	15:53
78	1046	Martinha Vidinha	Baltar TrailRunners	Senior Feminino	04:29:54	+02:46:34	15:53
79	1039	Tânia Mendes	Associação Beat Your Limit!	Senior Feminino	04:34:57	+02:51:38	16:10
80	1038	Inês Pires	Associação Beat Your Limit!	Senior Feminino	04:34:58	+02:51:38	16:10
81	1040	Tânia Rebelo	Associação Beat Your Limit!	Senior Feminino	04:34:58	+02:51:39	16:11
82	1704	Liliana Rodrigues	Trinca Orelhas de Gato	Senior Feminino	04:38:33	+02:55:13	16:23
83	1703	Liliana Pereira	Trinca Orelhas de Gato	Senior Feminino	04:38:33	+02:55:13	16:23
84	1303	ROSA MARINA LOPES SILVA	Individual	Senior Feminino	04:40:30	+02:57:10	16:30
85	1301	Micaela Augusta Teixeira de Brito	Individual	Senior Feminino	04:42:19	+02:58:59	16:36
86	1094	Vera Ribeiro	BTT Alegria // TUBANI	Senior Feminino	04:51:10	+03:07:50	17:08
87	1142	Sara Silva	CMDS	Senior Feminino	04:59:43	+03:16:23	17:38
88	1604	Tânia Rocha	Os guerreiros das tainadas	Senior Feminino	05:02:25	+03:19:06	17:47
89	1603	Sara Silva	Os guerreiros das tainadas	Senior Feminino	05:02:26	+03:19:06	17:47
90	1192	Ana Teresa Moreira	FireRunners_PNF	Senior Feminino	05:03:02	+03:19:43	17:50
91	1061	Cristiana Leite	bota brita	Senior Feminino	05:26:05	+03:42:45	19:11
92	1153	anita silva	danados	Senior Feminino	05:38:10	+03:54:50	19:54
93	1650	Sandra Gonçalves	Scouts	Senior Feminino	05:57:27	+04:14:07	21:02
94	1291	Helena Rangel	Individual	Senior Feminino	06:01:08	+04:17:48	21:15

Senior Masculino

1	1695	Hugo Gonçalves	Trail Team Bifase	Senior Masculino	01:43:19	06:05
2	1005	Cristiano Santos	A.D.Amarante trail running	Senior Masculino	01:49:04	+05:44 06:25
3	1209	Rui Manuel Mendes Azevedo	Fridão Sem Limites	Senior Masculino	01:50:14	+06:54 06:29
4	1492	José Rocha	Leões de Tardariz Trail	Senior Masculino	01:54:19	+10:59 06:44
5	1712	Marcio Pinto	Trinca Orelhas de Gato	Senior Masculino	01:54:52	+11:33 06:45
6	1595	Fernando Neves	Oralklass - Amigos Do Trail	Senior Masculino	01:55:45	+12:26 06:49
7	1006	Fábio Pinto	A.D.Amarante trail running	Senior Masculino	01:55:46	+12:26 06:49
8	1056	Albino Daniel	Barras Olimpo	Senior Masculino	01:57:52	+14:32 06:56
9	1535	Tiago Soares	Moinhos Run - ADRM	Senior Masculino	01:59:30	+16:11 07:02
10	1208	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	01:59:53	+16:33 07:03
11	1677	Bruno Gonçalves	Team Trail Bem Viver	Senior Masculino	02:02:20	+19:00 07:12
12	1207	Alvaro Gabriel Vasconcelos da S. Moreira	Fridão Sem Limites	Senior Masculino	02:02:27	+19:08 07:12
13	1072	Vítor Manuel Dias Alves	Brabus Runners	Senior Masculino	02:03:15	+19:55 07:15
14	1073	Nuno Nunes	Dá-Lhe Gás	Senior Masculino	02:03:24	+20:04 07:16
15	1246	Adelino Sousa	Grupo Desportivo da Goma	Senior Masculino	02:04:43	+21:23 07:20
16	1319	André Silva	Individual	Senior Masculino	02:05:24	+22:05 07:23
17	1206	Adão Paulo Teixeira Monteiro	Fridão Sem Limites	Senior Masculino	02:06:16	+22:56 07:26
18	1264	Sérgio André Da Silva Coelho	GTT-Armazém do Caffè	Senior Masculino	02:07:34	+24:14 07:30

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Trail Curto

17 KM

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OFFICIAL RESULT

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19	1714	Sergio Rodrigues	Trinca Orelhas de Gato	Senior Masculino	02:08:03	+24:43	07:32
20	1070	Marco Pinto	Brabus Runners	Senior Masculino	02:10:06	+26:47	07:39
21	1686	Nuno Silva	The Newbiea	Senior Masculino	02:10:43	+27:23	07:41
22	1340	Ivo Barbosa	Individual	Senior Masculino	02:10:53	+27:33	07:42
23	1058	Eduardo xavier	Batedores	Senior Masculino	02:10:57	+27:37	07:42
24	1593	José Santos	Oralklass - Amigos Do Trail	Senior Masculino	02:12:27	+29:07	07:48
25	1493	Mário Ferreira	Leões de Tardariz Trail	Senior Masculino	02:12:34	+29:15	07:48
26	1162	Miguel Ângelo Pacheco Cruz	BitRunners	Senior Masculino	02:14:24	+31:04	07:54
27	1324	César Gonçalves	Individual	Senior Masculino	02:16:01	+32:41	08:00
28	1610	Paulo Pinheiro	Os lobos trail btt sai da frente	Senior Masculino	02:16:38	+33:19	08:02
29	1071	Ricardo Sampaio	Brabus Runners	Senior Masculino	02:17:57	+34:37	08:07
30	1353	Nuno Gonçalves	Individual	Senior Masculino	02:18:03	+34:43	08:07
31	1631	Pedro Moreira	Prosel TEAM	Senior Masculino	02:18:40	+35:20	08:09
32	1314	Abel Rodrigues	Individual	Senior Masculino	02:20:30	+37:10	08:16
33	1494	Miguel Alves	Leões de Tardariz Trail	Senior Masculino	02:21:03	+37:44	08:18
34	1069	Cesário Leite	Brabus Runners	Senior Masculino	02:21:18	+37:58	08:19
35	1259	Luís Filipe Miranda Vaz	GTT-Armazém do Caffè	Senior Masculino	02:24:25	+41:06	08:30
36	1678	Dionísio Ferreira	Team Trail Bem Viver	Senior Masculino	02:24:54	+41:34	08:31
37	1726	Nuno Cunha	Tristes Mas Duros	Senior Masculino	02:26:36	+43:17	08:37
38	1682	Rui Madureira	Team Trail Bem Viver	Senior Masculino	02:27:09	+43:50	08:39
39	1346	José Rosário	Individual	Senior Masculino	02:27:43	+44:23	08:41
40	1188	paulo ricardo azevedo dias	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:27:52	+44:33	08:42
41	1534	Simão Sousa	Moinhos Run - ADRM	Senior Masculino	02:27:55	+44:35	08:42
42	1692	Cesar Moura	Trail 4ever/Cfit	Senior Masculino	02:28:33	+45:13	08:44
43	1043	Mario lima	Aves runners	Senior Masculino	02:30:03	+46:43	08:50
44	1352	Miguel Machado	Individual	Senior Masculino	02:30:20	+47:01	08:51
45	1326	Daniel Martins Pereira	Individual	Senior Masculino	02:31:46	+48:26	08:56
46	1532	Miguel Santos	Moinhos Run - ADRM	Senior Masculino	02:33:03	+49:44	09:00
47	1234	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:33:06	+49:46	09:00
48	1218	TOMÉ MARQUES	Fugitivos Urbanos	Senior Masculino	02:33:07	+49:47	09:00
49	1681	Ricardo Fernandes	Team Trail Bem Viver	Senior Masculino	02:33:26	+50:07	09:02
50	1050	José Barroso	Baltar TrailRunners	Senior Masculino	02:34:02	+50:43	09:04
51	1053	Tiago Jesus	Baltar TrailRunners	Senior Masculino	02:34:38	+51:18	09:06
52	1128	Rui Pereira	Clube Desportivo Cepsa	Senior Masculino	02:34:42	+51:22	09:06
53	1339	Ivan Silva	Individual	Senior Masculino	02:34:43	+51:23	09:06
54	1002	Ricardo pereira	#ATECHORAS!	Senior Masculino	02:35:06	+51:46	09:07
55	1233	Hermenegildo Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:35:33	+52:13	09:09
56	1256	Hugo Alexandra Palmeira Moreira	GTT-Armazém do Caffè	Senior Masculino	02:36:25	+53:05	09:12
57	1261	Rafael Machado Escrivães	GTT-Armazém do Caffè	Senior Masculino	02:36:25	+53:05	09:12
58	1016	Mário Almeida	ALIANÇA DE GANDRA	Senior Masculino	02:36:54	+53:34	09:14
59	1370	Rui Pedro Martins Machado	Individual	Senior Masculino	02:37:12	+53:52	09:15
60	1646	Tiago Costa	Saikao	Senior Masculino	02:39:14	+55:55	09:22
61	1685	Hugo Faria	The Newbiea	Senior Masculino	02:40:50	+57:30	09:28
62	1711	Hélio Ferreira	Trinca Orelhas de Gato	Senior Masculino	02:41:25	+58:05	09:30
63	1596	Guiberto Pimenta	Oralklass - Amigos Do Trail	Senior Masculino	02:42:17	+58:57	09:33
64	1488	Carlos Magalhães	Kunalama runners	Senior Masculino	02:42:47	+59:27	09:38

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Trail Curto

17 KM

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OFFICIAL RESULT

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65	1378	Vitor silva	Individual	Senior Masculino	02:44:11	+01:00:51	09:40
66	1095	André Rocha	BTT Alegria // TUBANI	Senior Masculino	02:44:11	+01:00:51	09:40
67	1713	Ricardo Machado	Trinca Orelhas de Gato	Senior Masculino	02:44:49	+01:01:29	09:42
68	1231	Nuno Vasco Rocha	Gazela Running Team	Senior Masculino	02:44:53	+01:01:33	09:42
69	1693	Renato Alves	Trail 4ever/Cfit	Senior Masculino	02:45:46	+01:02:26	09:45
70	1365	Raúl Moura	Individual	Senior Masculino	02:46:01	+01:02:41	09:46
71	1329	Diogo Filipe Pinto Alves	Individual	Senior Masculino	02:47:46	+01:04:26	09:52
72	1529	Carlos Gonçalves	Moinhos Run - ADRM	Senior Masculino	02:48:55	+01:05:35	09:56
73	1522	FILIPE ROCHA	Marco Runners	Senior Masculino	02:49:36	+01:06:16	09:59
74	1585	Leandro Teixeira	Nós Acreditamos	Senior Masculino	02:49:43	+01:06:24	09:59
75	1217	NUNO FERREIRA	Fugitivos Urbanos	Senior Masculino	02:49:54	+01:06:34	10:00
76	1652	Bruno Fontes	Somos Nós Team	Senior Masculino	02:50:59	+01:07:40	10:04
77	1037	José Carlos Oliveira	AS - Acolhimento Senior	Senior Masculino	02:51:31	+01:08:11	10:05
78	1627	pedro ferreira	PORTO SENTIDO RUNNERS	Senior Masculino	02:53:23	+01:10:04	10:12
79	1633	Sérgio Soares	Prosel TEAM	Senior Masculino	02:53:27	+01:10:07	10:12
80	1377	Vítor Maia	Individual	Senior Masculino	02:53:31	+01:10:11	10:12
81	1373	Sérgio Manuel Barbosa Mendonça	Individual	Senior Masculino	02:53:35	+01:10:15	10:13
82	1321	Bruno Costa	Individual	Senior Masculino	02:53:47	+01:10:27	10:13
83	1216	HUGO OLIVEIRA	Fugitivos Urbanos	Senior Masculino	02:53:58	+01:10:38	10:14
84	1630	Jorge Moreira	Prosel TEAM	Senior Masculino	02:54:41	+01:11:21	10:17
85	1138	Alexandre Fernandes	Clube Trilheiros & Amigos	Senior Masculino	02:55:46	+01:12:26	10:20
86	1662	Avelino dias	SOUSA SPORT	Senior Masculino	02:56:15	+01:12:56	10:22
87	1336	Hugo Carvalho	Individual	Senior Masculino	02:58:28	+01:15:08	10:30
88	1608	Gilberto Orlando	Os lobos trail btt sai da frente	Senior Masculino	02:58:53	+01:15:33	10:31
89	1611	Ricardo Ribeiro	Os lobos trail btt sai da frente	Senior Masculino	02:58:53	+01:15:34	10:31
90	1609	Manuel Teixeira	Os lobos trail btt sai da frente	Senior Masculino	02:58:53	+01:15:34	10:31
91	1354	Nuno Miguel Ferreira leal	Individual	Senior Masculino	02:59:01	+01:15:41	10:32
92	1508	Antonio Pedro Coelho	LUSOS XXI	Senior Masculino	02:59:06	+01:15:47	10:32
93	1376	Tomé Pinto	Individual	Senior Masculino	03:00:54	+01:17:34	10:39
94	1051	Orlando Gonçalves	Baltar TrailRunners	Senior Masculino	03:01:00	+01:17:40	10:39
95	1328	David José Andrade Pereira	Individual	Senior Masculino	03:01:33	+01:18:13	10:41
96	1564	Mauro Cardoso	NOCTURNOS DE PAREDES	Senior Masculino	03:01:36	+01:18:16	10:41
97	1337	Hugo Moreira	Individual	Senior Masculino	03:01:52	+01:18:33	10:42
98	1665	Pedro Machado	SS MONTEPIO	Senior Masculino	03:01:55	+01:18:35	10:42
99	1364	Raul Lopez	Individual	Senior Masculino	03:02:56	+01:19:36	10:46
100	1565	José Barbosa	NOCTURNOS DE PAREDES	Senior Masculino	03:02:56	+01:19:37	10:46
101	1139	Pedro Santos	Clube Trilheiros & Amigos	Senior Masculino	03:03:03	+01:19:43	10:46
102	1734	Isaías Manuel da Rocha Vieira	Wild Challenge	Senior Masculino	03:03:47	+01:20:28	10:49
103	1096	Daniel Sousa	BTT Alegria // TUBANI	Senior Masculino	03:03:54	+01:20:34	10:49
104	1484	António Rocha	Kitty team	Senior Masculino	03:05:45	+01:22:25	10:56
105	1483	Abílio Rocha	Kitty team	Senior Masculino	03:05:45	+01:22:25	10:56
106	1048	Carlos Ferreira	Baltar TrailRunners	Senior Masculino	03:06:18	+01:22:58	10:58
107	1325	Daniel Amaral	Individual	Senior Masculino	03:06:24	+01:23:04	10:58
108	1735	Rui Ferreira	Wild Challenge	Senior Masculino	03:06:39	+01:23:20	10:59
109	1322	Bruno rocha	Individual	Senior Masculino	03:06:56	+01:23:37	11:00
110	1490	Luís Vieira	Kunalama runners	Senior Masculino	03:06:58	+01:23:38	11:00

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Trail Curto

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111	1036	Isaque Dias	AS - Acolhimento Senior	Senior Masculino	03:07:02	+01:23:42	11:00
112	1350	Marco Gomes	Individual	Senior Masculino	03:07:08	+01:23:49	11:01
113	1257	Hugo Edgar Macedo Peixoto Pereira	GTT-Armazém do Caffè	Senior Masculino	03:08:52	+01:25:32	11:07
114	1258	João Renato Macedo Peixoto Pereira	GTT-Armazém do Caffè	Senior Masculino	03:08:52	+01:25:33	11:07
115	1260	Luis Marcelo Ribeiro Teles	GTT-Armazém do Caffè	Senior Masculino	03:08:52	+01:25:33	11:07
116	1017	Ricardo Rocha	ALIANÇA DE GANDRA	Senior Masculino	03:09:37	+01:26:17	11:09
117	1625	André da Silva Carneiro	PORTO SENTIDO RUNNERS	Senior Masculino	03:11:21	+01:28:01	11:15
118	1626	Bruno Guedes	PORTO SENTIDO RUNNERS	Senior Masculino	03:11:21	+01:28:01	11:15
119	1523	Pedro Silva	Marco Runners	Senior Masculino	03:12:03	+01:28:43	11:18
120	1330	FABIO PEREIRA	Individual	Senior Masculino	03:12:03	+01:28:44	11:18
121	1356	Nuno rodrigo	Individual	Senior Masculino	03:12:16	+01:28:56	11:19
122	1680	Pedro Marinho	Team Trail Bem Viver	Senior Masculino	03:12:19	+01:28:59	11:19
123	1133	Pedro Luís Rosendo Ferreira	Clube Portugal Telecom Zona Norte	Senior Masculino	03:12:40	+01:29:20	11:20
124	1316	Alex Valente	Individual	Senior Masculino	03:13:09	+01:29:49	11:22
125	1167	Carlos Miguel Rodrigues Cunha	EMNA Runners	Senior Masculino	03:13:15	+01:29:55	11:22
126	1334	Hélder Antunes	Individual	Senior Masculino	03:13:42	+01:30:22	11:24
127	1643	Carlos Santos	sabiUs	Senior Masculino	03:13:53	+01:30:33	11:24
128	1335	Hélder oliveira	Individual	Senior Masculino	03:14:44	+01:31:24	11:27
129	1333	Gilberto Sousa	Individual	Senior Masculino	03:14:49	+01:31:29	11:28
130	1349	Manuel Ruivo	Individual	Senior Masculino	03:14:58	+01:31:38	11:28
131	1375	Tiago Moreira	Individual	Senior Masculino	03:18:00	+01:34:40	11:39
132	1653	Joel vale	Somos Nós Team	Senior Masculino	03:18:36	+01:35:16	11:41
133	1515	Sérgio Costa	LUSOS XXI	Senior Masculino	03:19:25	+01:36:05	11:44
134	1542	Rui Miguel Sousa	Mountain Runners	Senior Masculino	03:19:25	+01:36:05	11:44
135	1620	Rui Moreira	PAPATRAILS	Senior Masculino	03:19:44	+01:36:25	11:45
136	1368	Rui Costa Jesus	Individual	Senior Masculino	03:20:25	+01:37:05	11:47
137	1362	Pedro Miguel da Rocha Santos	Individual	Senior Masculino	03:20:25	+01:37:05	11:47
138	1161	Marcos Antonio Coelho de Sousa	DESOUSACS	Senior Masculino	03:21:04	+01:37:44	11:50
139	1251	Ricardo leal	GTI on foot	Senior Masculino	03:21:20	+01:38:01	11:51
140	1252	Sergio barros	GTI on foot	Senior Masculino	03:21:21	+01:38:01	11:51
141	1344	Joaquim Cardoso	Individual	Senior Masculino	03:21:58	+01:38:38	11:53
142	1740	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:23:21	+01:40:01	11:58
143	1195	José Silva	FireRunners_PNF	Senior Masculino	03:23:32	+01:40:12	11:58
144	1315	agostinho pinto	Individual	Senior Masculino	03:23:39	+01:40:19	11:59
145	1171	SAMUEL QUEIROS	EQUIPA JOAO FERREIRA	Senior Masculino	03:23:47	+01:40:27	11:59
146	1369	Rui Duarte Cruz de Barros	Individual	Senior Masculino	03:24:16	+01:40:56	12:01
147	1312	Abel Cardoso	Individual	Senior Masculino	03:26:26	+01:43:07	12:09
148	1367	Ruben Moreira	Individual	Senior Masculino	03:26:29	+01:43:09	12:09
149	1663	Ricardo vilela	SOUSA SPORT	Senior Masculino	03:27:42	+01:44:22	12:13
150	1636	sergio pereira	reumatico trail team	Senior Masculino	03:27:46	+01:44:26	12:13
151	1323	Celso Augusto Coelho Moreira	Individual	Senior Masculino	03:29:12	+01:45:52	12:18
152	1725	Bruno Gonçalves	Tristes Mas Duros	Senior Masculino	03:29:19	+01:45:59	12:19
153	1690	Tiago Serrano	Tontos Team	Senior Masculino	03:29:37	+01:46:17	12:20
154	1509	Carlos Pinto	LUSOS XXI	Senior Masculino	03:30:21	+01:47:01	12:22
155	1318	André Leite	Individual	Senior Masculino	03:30:48	+01:47:29	12:24
156	1351	Mário Lopes Ferreira	Individual	Senior Masculino	03:30:49	+01:47:29	12:24

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157	1512	Luís Carlos Sousa	LUSOS XXI	Senior Masculino	03:31:51	+01:48:31	12:28
158	1127	Francisco Mendes	Clube Desportivo Cepsa	Senior Masculino	03:32:48	+01:49:29	12:31
159	1194	Helder Pinto	FireRunners_PNF	Senior Masculino	03:36:53	+01:53:33	12:46
160	1132	André Filipe Lopes Augusto	Clube Portugal Telecom Zona Norte	Senior Masculino	03:38:05	+01:54:46	12:50
161	1489	João Paulo Barbosa Pinto	Kunalama runners	Senior Masculino	03:38:26	+01:55:06	12:51
162	1343	João Baldaia	Individual	Senior Masculino	03:40:29	+01:57:09	12:58
163	1219	Fábio Coradinho	Gafanhori	Senior Masculino	03:43:42	+02:00:22	13:11
164	1332	Flávio Novais	Individual	Senior Masculino	03:43:43	+02:00:23	13:10
165	1342	JOÃO ALEIXO	Individual	Senior Masculino	03:44:25	+02:01:05	13:12
166	1371	Rui Tiago Moreira da Silva	Individual	Senior Masculino	03:47:49	+02:04:29	13:24
167	1198	Bruno Miguel Santos Rocha	FIT GAIA TRAIL	Senior Masculino	03:50:01	+02:06:41	13:32
168	1524	Ricardo Jorge Vale Moreira	MCCB Crew	Senior Masculino	03:50:56	+02:07:36	13:35
169	1698	Ricardo Lento	TrepaTrilhos Trail Team	Senior Masculino	03:52:47	+02:09:28	13:42
170	1666	Rui Carvalho	SS MONTEPIO	Senior Masculino	03:59:16	+02:15:56	14:05
171	1507	António José Moreira	LUSOS XXI	Senior Masculino	03:59:27	+02:16:07	14:05
172	1511	João Paulo Carvalho	LUSOS XXI	Senior Masculino	03:59:27	+02:16:07	14:05
173	1372	Sérgio Fernando Alves Brochado	Individual	Senior Masculino	03:59:46	+02:16:26	14:06
174	1313	Abel Joao Rodrigues de Sousa Andrade	Individual	Senior Masculino	03:59:46	+02:16:27	14:06
175	1504	Rogério Henriques	Limitless	Senior Masculino	04:00:02	+02:16:43	14:07
176	1157	bruno soares	danados	Senior Masculino	04:01:53	+02:18:33	14:14
177	1530	Helder Camilo	Moinhos Run - ADRM	Senior Masculino	04:05:57	+02:22:37	14:28
178	1699	rui santos	TrepaTrilhos Trail Team	Senior Masculino	04:06:06	+02:22:46	14:29
179	1697	helder rodrigues	TrepaTrilhos Trail Team	Senior Masculino	04:06:06	+02:22:46	14:29
180	1531	Márcio Silva	Moinhos Run - ADRM	Senior Masculino	04:06:10	+02:22:50	14:29
181	1562	Daniel Silva	NOCTURNOS DE PAREDES	Senior Masculino	04:06:10	+02:22:50	14:29
182	1533	Nuno Moreira	Moinhos Run - ADRM	Senior Masculino	04:06:10	+02:22:50	14:29
183	1156	ANDRE FERREIRA	danados	Senior Masculino	04:08:16	+02:24:57	14:36
184	1664	Filipe Soares	SS MONTEPIO	Senior Masculino	04:09:17	+02:25:57	14:40
185	1602	Diogo Pimenta	Os Goguinhos	Senior Masculino	04:16:16	+02:32:56	15:04
186	1100	Tiago Gomes	BTT Alegria // TUBANI	Senior Masculino	04:23:04	+02:39:44	15:29
187	1143	Jorge Magalhães	CMDS	Senior Masculino	04:23:20	+02:40:00	15:29
188	1196	Tiago Pacheco	FireRunners_PNF	Senior Masculino	04:23:37	+02:40:17	15:30
189	1525	Rui Sérgio Vale Moreira	MCCB Crew	Senior Masculino	04:24:24	+02:41:05	15:33
190	1009	Emanuel Dias	Acelera ao baixo	Senior Masculino	04:27:04	+02:43:45	15:43
191	1049	Eduardo Vidinha	Baltar TrailRunners	Senior Masculino	04:29:52	+02:46:33	15:53
192	1052	Oscar Moreira	Baltar TrailRunners	Senior Masculino	04:29:55	+02:46:35	15:53
193	1360	Pedro Correia	Individual	Senior Masculino	04:31:59	+02:48:39	16:00
194	1632	Rafael Teixeira	Prosel TEAM	Senior Masculino	04:40:08	+02:56:48	16:29
195	1355	Nuno Miguel Guedes	Individual	Senior Masculino	04:40:30	+02:57:11	16:30
196	1606	Nelson Moreira	Os guerreiros das tainadas	Senior Masculino	05:02:25	+03:19:06	17:47
197	1605	Cláudio Menesss	Os guerreiros das tainadas	Senior Masculino	05:02:26	+03:19:07	17:47
198	1158	LUIS FERNANDES	danados	Senior Masculino	05:38:09	+03:54:49	19:53

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Sub 23 Feminino

1	1220	Sofia Rocha	Gafanhori	Sub 23 Feminino	03:43:42	+02:00:22	13:10
2	1702	Nádia Silva	Trinca Orelhas de Gato	Sub 23 Feminino	04:43:46	+03:00:27	16:42
3	1077	Inês Silva	Brincalhões	Sub 23 Feminino	04:59:50	+03:16:30	17:38

Sub 23 Masculino

1	1738	João Machado	Trail Team Bifase	Sub 23 Masculino	02:02:37	+19:18	07:13
2	1586	Fábio Silva	Nós Acreditamos	Sub 23 Masculino	02:40:29	+57:09	09:26
3	1223	Jorge Beliago	Gansos	Sub 23 Masculino	02:41:10	+57:50	09:29
4	1727	Duarte Nogueira	Tristes Mas Duros	Sub 23 Masculino	02:52:38	+01:09:18	10:09
5	1647	Diogo Bessa	Saikao	Sub 23 Masculino	03:10:12	+01:26:52	11:11
6	1597	Mário Taborda	Oralklass - Amigos Do Trail	Sub 23 Masculino	03:10:32	+01:27:12	11:13
7	1516	Daniel reis	LUSOS XXI	Sub 23 Masculino	03:19:25	+01:36:05	11:44
8	1687	José Eduardo	TOMBA LOBOS	Sub 23 Masculino	03:24:17	+01:40:57	12:01
9	1062	Vítor Sousa	bota brita	Sub 23 Masculino	05:25:08	+03:41:48	19:08

Veterana F40

1	1116	Ana Maria Amaral	CENTRO CICLISTA DE GONDOMAR	Veterana F40	02:24:45	+41:25	08:31
2	1654	Fátima Coelho	Somos Nós Team	Veterana F40	02:30:06	+46:46	08:50
3	1396	Paula Barbosa	Oralklass - Amigos Do Trail	Veterana F40	02:42:17	+58:57	09:33
4	1079	Elisabete Leal	Brincalhões	Veterana F40	02:45:45	+01:02:25	09:45
5	1393	Marieta Branco	Individual	Veterana F40	02:58:31	+01:15:12	10:30
6	1399	SOFIA PAULA GONÇALVES SOARES	Individual	Veterana F40	03:02:16	+01:18:56	10:43
7	1081	Fátima Silva	Brincalhões	Veterana F40	03:02:27	+01:19:08	10:44
8	1165	Alice Sousa	Dr. Merino/4moove	Veterana F40	03:14:26	+01:31:06	11:26
9	1621	Ana Alves	PAPATRAILS	Veterana F40	03:19:44	+01:36:24	11:45
10	1030	Carla Moreira	ARRASTASSOLAS	Veterana F40	03:21:51	+01:38:31	11:52
11	1389	Lília Magalhães	Individual	Veterana F40	03:24:20	+01:41:00	12:01
12	1648	Susana Bessa	Saikao	Veterana F40	03:24:58	+01:41:38	12:03
13	1655	Minda Coelho	Somos Nós Team	Veterana F40	03:25:10	+01:41:51	12:04
14	1115	Marta Leite	BUDEGUITA RUNNERS	Veterana F40	03:25:43	+01:42:23	12:06
15	1117	Sandra Matos	CENTRO CICLISTA DE GONDOMAR	Veterana F40	03:26:13	+01:42:54	12:08
16	1569	Marisa moreira	NOCTURNOS DE PAREDES	Veterana F40	03:30:34	+01:47:14	12:23
17	1391	Margarida Pinto	Individual	Veterana F40	03:30:51	+01:47:31	12:24
18	1383	Cândida Moreira	Individual	Veterana F40	03:31:12	+01:47:52	12:25
19	1382	Armenia Celeste Basto Silva Ribeiro	Individual	Veterana F40	03:31:12	+01:47:52	12:25
20	1388	Filipa Sofia Duarte Rodrigues Moreira	Individual	Veterana F40	03:33:45	+01:50:25	12:34
21	1397	Paula Coelho	Individual	Veterana F40	03:35:21	+01:52:02	12:40
22	1210	Elisabete Alves Nogueira	Fridão Sem Limites	Veterana F40	03:41:28	+01:58:08	13:02
23	1211	Rosa Soares	Fridão Sem Limites	Veterana F40	03:41:28	+01:58:08	13:02
24	1570	Mónica Gomes	NOCTURNOS DE PAREDES	Veterana F40	03:42:39	+01:59:19	13:06

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25	1567	Fernanda Leão	NOCTURNOS DE PAREDES	Veterana F40	03:42:39	+01:59:19	13:06
26	1482	ANABELA GOMES	KeMedo Team	Veterana F40	03:43:38	+02:00:18	13:09
27	1614	Paula Moreira	Os TurboMula	Veterana F40	03:45:36	+02:02:16	13:16
28	1199	Sonia Isabel Barreira Taveira Pires	FIT GAIA TRAIL	Veterana F40	03:50:01	+02:06:42	13:32
29	1730	Carla Barbosa	Trocopasso Runners	Veterana F40	03:50:08	+02:06:48	13:32
30	1568	Maria Jesus	NOCTURNOS DE PAREDES	Veterana F40	03:52:12	+02:08:52	13:40
31	1387	fatima meinedo	Individual	Veterana F40	03:54:27	+02:11:07	13:47
32	1400	Sónia Alves	Individual	Veterana F40	04:00:35	+02:17:15	14:09
33	1379	Ana Carvalho	Individual	Veterana F40	04:02:37	+02:19:18	14:16
34	1380	Ana Rito	Individual	Veterana F40	04:02:39	+02:19:19	14:16
35	1031	Helena Cunha	ARRASTASSOLAS	Veterana F40	04:04:22	+02:21:02	14:23
36	1395	Mónica Dias	Individual	Veterana F40	04:08:49	+02:25:29	14:38
37	1674	Alexandra Bessa	Team aguenta Aí	Veterana F40	04:10:38	+02:27:18	14:45
38	1020	Fernanda Leal	ALIANÇA DE GANDRA	Veterana F40	04:11:22	+02:28:02	14:47
39	1172	ANA MARGARIDA	EQUIPA JOAO FERREIRA	Veterana F40	04:13:33	+02:30:13	14:55
40	1019	Fátima Ramos	ALIANÇA DE GANDRA	Veterana F40	04:16:33	+02:33:13	15:05
41	1571	Sónia Moreira	NOCTURNOS DE PAREDES	Veterana F40	04:17:35	+02:34:16	15:09
42	1556	Ana Rita Duarte	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	04:18:16	+02:34:56	15:12
43	1224	Maria Bernardina Dias	Gansos	Veterana F40	04:18:33	+02:35:13	15:13
44	1010	Monica Pinto	Acelera ao baixo	Veterana F40	04:27:04	+02:43:45	15:43
45	1718	Paula Moreira	Trinca Orelhas de Gato	Veterana F40	04:31:02	+02:47:42	15:57
46	1394	Marlene Alexandra Teles Andrade Rodrigues	Individual	Veterana F40	04:46:31	+03:03:11	16:51
47	1386	Eduarda Freitas	Individual	Veterana F40	04:50:57	+03:07:37	17:07
48	1105	Sandra Silva	BTT Alegria // TUBANI	Veterana F40	04:51:10	+03:07:50	17:08
49	1177	SUSANA MATOS	EQUIPA JOAO FERREIRA	Veterana F40	04:52:47	+03:09:27	17:13
50	1080	Elisabete Silva	Brincalhões	Veterana F40	04:59:50	+03:16:31	17:38
51	1716	Goreti Rocha	Trinca Orelhas de Gato	Veterana F40	05:05:16	+03:21:56	17:57
52	1101	Claudia Carmo	BTT Alegria // TUBANI	Veterana F40	05:07:06	+03:23:47	18:04
53	1402	Vanda Costa	Individual	Veterana F40	05:10:26	+03:27:07	18:16
54	1266	Carla Mónica Martins Sousa Borges	GTT-Armazém do Caffè	Veterana F40	05:22:36	+03:39:17	18:59
55	1063	Carla Teixeira	bota brita	Veterana F40	05:26:05	+03:42:45	19:11
56	1065	Marta Sousa	bota brita	Veterana F40	05:26:12	+03:42:52	19:11
57	1064	Margarida Pinto	bota brita	Veterana F40	05:26:14	+03:42:55	19:11
58	1160	sandra pereira	danados	Veterana F40	05:38:10	+03:54:50	19:54
59	1078	Carolina Gonçalves	Brincalhões	Veterana F40	05:48:09	+04:04:49	20:29
60	1651	Paula Margarida Moreira	Scouts	Veterana F40	05:57:26	+04:14:06	21:02
61	1390	Lurdes sanguedo	Individual	Veterana F40	05:58:02	+04:14:43	21:04
62	1398	Sandra Ferreira	Individual	Veterana F40	05:58:02	+04:14:43	21:04

Veterana F50

1	1403	Alzira Pereira	Individual	Veterana F50	02:40:39	+57:19	09:27
2	1268	Maria Céu Lopes Lemos	GTT-Armazém do Caffè	Veterana F50	02:47:08	+01:03:48	09:50
3	1107	Maria Teixeira	BTT Alegria // TUBANI	Veterana F50	03:10:14	+01:26:54	11:11
4	1406	Graça Dias Ribeiro	Running Penafiel Trail	Veterana F50	03:21:24	+01:38:05	11:51

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Trail Curto

17 KM

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OFFICIAL RESULT

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5	1405	Fernanda Santos	Individual	Veterana F50	03:40:31	+01:57:11	12:58
6	1408	Paulina Soares	Individual	Veterana F50	03:49:42	+02:06:22	13:31
7	1404	Ana Paula Sousa	Individual	Veterana F50	04:00:07	+02:16:47	14:08
8	1023	Rosa Soares	ALIANÇA DE GANDRA	Veterana F50	04:16:33	+02:33:13	15:05
9	1572	Madalena Oliveira	NOCTURNOS DE PAREDES	Veterana F50	04:48:17	+03:04:58	16:58
10	1144	Maria Cabral	CMDS	Veterana F50	04:59:03	+03:15:43	17:35
11	1719	Deolinda Campanhã	Trinca Orelhas de Gato	Veterana F50	05:05:17	+03:21:57	17:57

Veterano M40

1	1152	Marco Faria	Dá-Lhe Gás	Veterano M40	01:49:26	+06:07	06:26
2	1007	Victor Fernandes	A.D.Amarante trail running	Veterano M40	01:54:18	+10:59	06:43
3	1112	Patrick Marques	Fridão Sem Limites	Veterano M40	01:56:49	+13:30	06:52
4	1008	PEIXINHO	Abre Vales Trail Runners	Veterano M40	01:59:54	+16:34	07:03
5	1057	Sérgio Manuel Moreira Duarte	Barras Olimpo	Veterano M40	02:01:52	+18:32	07:10
6	1607	Filipe Pinto	Os Lobos do Saibro	Veterano M40	02:05:34	+22:14	07:23
7	1239	Hugo Figueiredo	Gramidense I F C	Veterano M40	02:06:55	+23:35	07:28
8	1536	Alfredo da Silva Moreira	Moinhos Run - ADRM	Veterano M40	02:08:57	+25:37	07:35
9	1118	Fernando Figueiredo	CENTRO CICLISTA DE GONDOMAR	Veterano M40	02:09:14	+25:54	07:36
10	1416	Antonio Lino	Individual	Veterano M40	02:10:36	+27:16	07:41
11	1214	Paulo Teixeira Sousa	Fridão Sem Limites	Veterano M40	02:12:32	+29:12	07:48
12	1270	Rogério Vicente	GTT-Armazém do Caffè	Veterano M40	02:14:53	+31:33	07:56
13	1025	Leonel Neves	ALIANÇA DE GANDRA	Veterano M40	02:14:55	+31:35	07:56
14	1011	Carlos Alberto Mendes Barbosa	Águias Penafiel Trail	Veterano M40	02:17:32	+34:12	08:05
15	1235	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:18:12	+34:53	08:08
16	1213	Manuel jose mendes Teixeira	Fridão Sem Limites	Veterano M40	02:21:24	+38:04	08:19
17	1495	Dario Cardoso	Leões de Tardariz Trail	Veterano M40	02:22:43	+39:23	08:24
18	1723	Victor Cardoso	Trinca Orelhas de Gato	Veterano M40	02:25:00	+41:40	08:32
19	1250	Victor Fernandes	Grupo Desportivo da Goma	Veterano M40	02:25:00	+41:41	08:32
20	1612	Adelino Pinheiro	Os lobos trail btt sai da frente	Veterano M40	02:26:00	+42:40	08:35
21	1149	José Carlos Dias	CTAD - Trilhos de Cinfães	Veterano M40	02:26:17	+42:58	08:36
22	1028	Pedro Silva	ALIANÇA DE GANDRA	Veterano M40	02:26:27	+43:07	08:37
23	1637	Ricardo RODRIGUES	Ricardo	Veterano M40	02:27:29	+44:09	08:41
24	1499	Mário Moura	Leões de Tardariz Trail	Veterano M40	02:28:03	+44:43	08:43
25	1598	José Ferreira	Oralklass - Amigos Do Trail	Veterano M40	02:29:23	+46:03	08:47
26	1436	jorge rodrigues	Individual	Veterano M40	02:31:21	+48:01	08:54
27	1553	Ibraim Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:32:51	+49:31	09:00
28	1041	Licínio Ferreira	Associação Desportiva de Cabroelo	Veterano M40	02:33:37	+50:17	09:02
29	1034	Pedro Carvalho	ARRASTASSOLAS	Veterano M40	02:33:40	+50:20	09:02
30	1248	Alexandre Mendes	Grupo Desportivo da Goma	Veterano M40	02:34:55	+51:35	09:07
31	1450	Paulo Fernandes	Individual	Veterano M40	02:35:23	+52:03	09:08
32	1054	Marco Sousa	Baltar TrailRunners	Veterano M40	02:35:42	+52:23	09:10
33	1554	Victor Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:35:46	+52:26	09:10

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Trail Curto

17 KM

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OFFICIAL RESULT

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34	1549	Camilo Pinto	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:35:58	+52:39	09:11
35	1656	Fernando Morais	Somos Nós Team	Veterano M40	02:39:53	+56:33	09:24
36	1481	Jorge durães	Kandimba Runners	Veterano M40	02:40:47	+57:28	09:28
37	28	Vitor Coelho	Clube Desportivo Cepsa	Veterano M40	02:41:30	+58:10	09:30
38	1729	Rui Rocha	Tristes Mas Duros	Veterano M40	02:41:36	+58:17	09:30
39	1574	Carmino Gomes	NOCTURNOS DE PAREDES	Veterano M40	02:42:18	+58:59	09:33
40	1055	Vitor Barbosa	Baltar TrailRunners	Veterano M40	02:42:21	+59:02	09:33
41	1249	Luis Monteiro	Grupo Desportivo da Goma	Veterano M40	02:42:45	+59:26	09:3
42	146	Fernando Pereira	Trinca Orelhas de Gato	Veterano M40	02:44:47	+01:01:27	09:42
43	1457	Ricardo Bailão	Individual	Veterano M40	02:44:58	+01:01:38	09:42
44	1415	António Coelho	Individual	Veterano M40	02:46:52	+01:03:32	09:49
45	1164	Antonio Azevedo	Douro Conta	Veterano M40	02:49:00	+01:05:41	09:57
46	1551	Márcio Almeida	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:50:15	+01:06:56	10:01
47	1498	Marco Oliveira	Leões de Tardariz Trail	Veterano M40	02:50:39	+01:07:19	10:02
48	1108	Emídio Santos	BTT Alegria // TUBANI	Veterano M40	02:50:53	+01:07:33	10:03
49	1442	Luis Santos	Individual	Veterano M40	02:52:47	+01:09:28	10:10
50	1136	Luís Rodrigues	Clube Portugal Telecom Zona Norte	Veterano M40	02:52:48	+01:09:28	10:10
51	1236	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Veterano M40	02:53:00	+01:09:40	10:11
52	1629	filipe ferreira	PORTO SENTIDO RUNNERS	Veterano M40	02:53:23	+01:10:04	10:12
53	1419	Arménio Ribeiro	Individual	Veterano M40	02:53:33	+01:10:13	10:13
54	1201	Paulo silva	Fonte Arcada Running	Veterano M40	02:54:12	+01:10:52	10:15
55	1180	CARLOS JORGE	EQUIPA JOAO FERREIRA	Veterano M40	02:56:27	+01:13:07	10:23
56	1587	Armando Cardoso	Nós Acreditamos	Veterano M40	02:58:10	+01:14:50	10:29
57	1424	Fernando Coelho	Individual	Veterano M40	03:00:50	+01:17:30	10:38
58	1212	Antonio Joaquim Teixeira Alves	Fridão Sem Limites	Veterano M40	03:00:54	+01:17:34	10:39
59	1183	PAULO SILVA	EQUIPA JOAO FERREIRA	Veterano M40	03:01:04	+01:17:44	10:39
60	1113	Paulo Nunes	BTT Alegria // TUBANI	Veterano M40	03:01:14	+01:17:54	10:40
61	1537	Rui Silva	Mountain Climbers	Veterano M40	03:01:52	+01:18:33	10:42
62	1134	António José Neto	Clube Portugal Telecom Zona Norte	Veterano M40	03:02:05	+01:18:45	10:43
63	1411	Amandio Sousa	Individual	Veterano M40	03:02:37	+01:19:18	10:45
64	1240	Miguel Teixeira	Gramidense I F C	Veterano M40	03:02:48	+01:19:28	10:45
65	1445	Marcos Gandra	Individual	Veterano M40	03:03:32	+01:20:12	10:48
66	1541	Manuel Teixeira	Mountain Runners	Veterano M40	03:05:43	+01:22:24	10:56
67	1438	jose ferreira	Individual	Veterano M40	03:05:49	+01:22:29	10:56
68	1444	Manuel Domingues	Individual	Veterano M40	03:06:43	+01:23:23	10:59
69	1421	carlos figueiredo	Individual	Veterano M40	03:07:08	+01:23:48	11:01
70	1582	Rui Almeida	NOCTURNOS DE PAREDES	Veterano M40	03:07:32	+01:24:12	11:02
71	1429	Helder Rodrigues	Individual	Veterano M40	03:07:46	+01:24:26	11:03
72	1552	Rui Correia	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:08:06	+01:24:46	11:04
73	1496	João Vieira	Leões de Tardariz Trail	Veterano M40	03:08:17	+01:24:57	11:05
74	1545	Paulo Monteiro	Mountain Runners	Veterano M40	03:08:42	+01:25:22	11:06
75	1029	Roberto Moreira	ALIANÇA DE GANDRA	Veterano M40	03:09:37	+01:26:17	11:09
76	1452	Paulo Silva	Individual	Veterano M40	03:09:52	+01:26:32	11:1

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Trail Curto

17 KM

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77	1458	Ricardo Silva	Individual	Veterano M40	03:10:12	+01:26:52	11:11
78	1032	Luis Ribeiro	ARRASTASSOLAS	Veterano M40	03:10:14	+01:26:54	11:11
79	1423	Emerson Falcão Fialho	Individual	Veterano M40	03:10:43	+01:27:23	11:13
80	1083	Rui Rocha	Brincalhões	Veterano M40	03:12:19	+01:29:00	11:19
81	1179	ARTUR CARDOSO	EQUIPA JOAO FERREIRA	Veterano M40	03:12:49	+01:29:29	11:21
82	1658	Jorge Almeida	soplabifana	Veterano M40	03:13:01	+01:29:42	11:21
83	1577	João Leite	NOCTURNOS DE PAREDES	Veterano M40	03:13:31	+01:30:12	11:23
84	1437	José Cabral	Individual	Veterano M40	03:14:28	+01:31:08	11:26
85	1659	Sousa Henrique	soplabifana	Veterano M40	03:16:54	+01:33:34	11:35
86	1225	Alcino Tavares	Gansos	Veterano M40	03:17:09	+01:33:49	11:36
87	1517	Henrique Sousa	LUSOS XXI	Veterano M40	03:17:13	+01:33:53	11:36
88	1166	Oscar Novais	Dr. Merino/4moove	Veterano M40	03:18:13	+01:34:54	11:40
89	1412	Antónii Castro	Individual	Veterano M40	03:18:14	+01:34:54	11:40
90	1460	Rui Manuel da Rocha Moreira	Individual	Veterano M40	03:18:18	+01:34:58	11:40
91	1461	Sérgio Albino Sousa Carvalho	Individual	Veterano M40	03:19:01	+01:35:41	11:42
92	1575	Daniel Pereira	NOCTURNOS DE PAREDES	Veterano M40	03:20:02	+01:36:42	11:46
93	1649	Jose Magalhães	Saikao	Veterano M40	03:21:48	+01:38:28	11:52
94	1243	Pedro Pereira	Grupo 46	Veterano M40	03:22:57	+01:39:37	11:56
95	1668	Alexandre Leite	SS MONTEPIO	Veterano M40	03:23:48	+01:40:28	11:59
96	1410	Alfredo Vieira	Individual	Veterano M40	03:24:21	+01:41:01	12:01
97	1439	José Manuel de Sousa Pereira	Individual	Veterano M40	03:24:32	+01:41:12	12:02
98	1459	Rui Alexandre Magalhães	Individual	Veterano M40	03:24:40	+01:41:20	12:02
99	1417	António Manuel Silva Cunha	Individual	Veterano M40	03:24:47	+01:41:27	12:03
100	1599	Orlando Nogueira	Oralklass - Amigos Do Trail	Veterano M40	03:25:01	+01:41:42	12:04
101	1119	Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M40	03:26:13	+01:42:54	12:08
102	44	NUNO PINA	EQUIPA JOAO FERREIRA	Veterano M40	03:26:33	+01:43:13	12:09
103	1462	Telmo Rodrigues	Individual	Veterano M40	03:27:29	+01:44:09	12:12
104	1447	Miguel Campos	Individual	Veterano M40	03:29:31	+01:46:11	12:19
105	1181	Edgar Saraiva	EQUIPA JOAO FERREIRA	Veterano M40	03:30:39	+01:47:20	12:24
106	1544	Emilio Carvalho	Mountain Runners	Veterano M40	03:30:53	+01:47:34	12:24
107	1615	Jose xavier	Os TurboMula	Veterano M40	03:31:44	+01:48:24	12:27
108	1671	Júlio Santos	SS MONTEPIO	Veterano M40	03:33:36	+01:50:16	12:34
109	1242	Paulo Ferreira	Grupo 46	Veterano M40	03:34:31	+01:51:11	12:37
110	1578	José Moura	NOCTURNOS DE PAREDES	Veterano M40	03:36:55	+01:53:35	12:46
111	1550	Manuel Ribeiro	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:38:02	+01:54:42	12:50
112	1548	António Rocha	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:38:11	+01:54:51	12:50
113	1456	Renato Filipe Pereira Quintas	Individual	Veterano M40	03:39:37	+01:56:17	12:55
114	1434	Joaquim Vidal	Individual	Veterano M40	03:39:37	+01:56:17	12:55
115	1543	Antonio Rodrigues	Mountain Runners	Veterano M40	03:41:03	+01:57:44	13:00
116	1446	Mario nunes	Individual	Veterano M40	03:41:29	+01:58:09	13:02
117	1580	Luis Filipe Santos	NOCTURNOS DE PAREDES	Veterano M40	03:42:39	+01:59:19	13:06
118	1435	Jorge Nogueira	Individual	Veterano M40	03:43:18	+01:59:58	13:08
119	1737	Pedro Miguel dos Santos Matos	Yazaki Runners	Veterano M40	03:43:32	+02:00:12	13:09
120	1449	Nelson Vasco Freitas Campos	Individual	Veterano M40	03:43:33	+02:00:14	13:09

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121	1131	José Pereira	Clube Portugal Telecom Zona Norte	Veterano M40	03:46:17	+02:02:58	13:19
122	1135	Hugo Oliveira	Clube Portugal Telecom Zona Norte	Veterano M40	03:48:01	+02:04:41	13:25
123	1229	Paulo Ferreira	Gansos	Veterano M40	03:48:55	+02:05:35	13:28
124	1579	José Silva	NOCTURNOS DE PAREDES	Veterano M40	03:49:08	+02:05:48	13:29
125	1454	Pedro Manuel Silva	Individual	Veterano M40	03:49:46	+02:06:27	13:31
126	1583	Rui Silva	NOCTURNOS DE PAREDES	Veterano M40	03:52:12	+02:08:52	13:44
127	1451	paulo meinedo	Individual	Veterano M40	03:54:27	+02:11:07	13:48
128	1497	Manuel Alvarino	Leões de Tardariz Trail	Veterano M40	03:58:07	+02:14:48	14:00
129	1728	Pedro Moreira	Tristes Mas Duros	Veterano M40	03:58:32	+02:15:12	14:02
130	1669	Francisco Moreira	SS MONTEPIO	Veterano M40	03:59:16	+02:15:57	14:05
131	1672	Luís Ribeiro	SS MONTEPIO	Veterano M40	03:59:17	+02:15:57	14:05
132	1448	Miguel Pinto	Individual	Veterano M40	03:59:46	+02:16:26	14:06
133	1003	Alvaro Pereira	#ATECHORAS!	Veterano M40	04:00:22	+02:17:02	14:08
134	1184	RUI COMPLETO	EQUIPA JOAO FERREIRA	Veterano M40	04:00:32	+02:17:12	14:09
135	1033	Manuel Silva	ARRASTASSOLAS	Veterano M40	04:04:01	+02:20:41	14:21
136	1433	Joaquim Ramos	Individual	Veterano M40	04:05:31	+02:22:12	14:27
137	1455	Pedro Tavares	Individual	Veterano M40	04:06:13	+02:22:53	14:29
138	1622	Jose Alves	PAPATRAILS	Veterano M40	04:07:16	+02:23:57	14:33
139	1670	João Cardoso	SS MONTEPIO	Veterano M40	04:09:17	+02:25:57	14:40
140	1420	Bruno Rodrigues	Individual	Veterano M40	04:11:53	+02:28:33	14:49
141	43	FRANCISCO FONSECA	EQUIPA JOAO FERREIRA	Veterano M40	04:13:33	+02:30:13	14:55
142	1584	Telmo Mota	NOCTURNOS DE PAREDES	Veterano M40	04:14:22	+02:31:02	14:58
143	1573	António Barros	NOCTURNOS DE PAREDES	Veterano M40	04:17:14	+02:33:54	15:08
144	1182	LUIS SILVA	EQUIPA JOAO FERREIRA	Veterano M40	04:19:04	+02:35:44	15:14
145	1226	Carlos Anjos	Gansos	Veterano M40	04:21:04	+02:37:44	15:21
146	1427	Francisco José Garcia Moreira	Individual	Veterano M40	04:22:13	+02:38:53	15:25
147	1413	António Carlos de Sousa Ferraz	Individual	Veterano M40	04:22:13	+02:38:53	15:26
148	1591	Jorge Oliveira	O2	Veterano M40	04:31:41	+02:48:21	15:59
149	1440	José Manuel Carneiro Marques	Individual	Veterano M40	04:32:31	+02:49:11	16:02
150	1168	Jorge Antunes	EMNA Runners	Veterano M40	04:38:07	+02:54:47	16:22
151	1425	FILIPE BARROS	Individual	Veterano M40	04:39:12	+02:55:52	16:25
152	1431	Ivo Oliveira Almeida	Individual	Veterano M40	04:46:31	+03:03:11	16:51
153	1426	Filipe Moutinho	Individual	Veterano M40	04:47:19	+03:03:59	16:54
154	1418	António Pedro Lopes Sares	Individual	Veterano M40	04:50:57	+03:07:37	17:07
155	1109	Filipe Teixeira	BTT Alegria // TUBANI	Veterano M40	04:58:35	+03:15:15	17:34
156	1721	Sérgio Sousa	Trinca Orelhas de Gato	Veterano M40	05:05:14	+03:21:54	17:57
157	1720	Carlos Conde	Trinca Orelhas de Gato	Veterano M40	05:05:21	+03:22:01	17:58
158	1066	Belmiro Reis	bota brita	Veterano M40	05:26:14	+03:42:54	19:11
159	1067	Henrique Silva	bota brita	Veterano M40	05:26:14	+03:42:55	19:11
160	1082	José Neves	Brincalhões	Veterano M40	05:48:09	+04:04:49	20:29

Veterano M50

1	1121	Asdrubal Freitas	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:05:28	+22:08	07:23
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Trail Curto

17 KM

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OFFICIAL RESULT

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2	1125	Vítor Sousa	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:17:37	+34:17	08:06
3	1124	Jorge Silva	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:21:33	+38:13	08:20
4	1012	Carlos vinhas	Running Penafiel Trail	Veterano M50	02:22:36	+39:16	08:23
5	1120	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:23:07	+39:47	08:25
6	1478	Pedro Ribeiro	Individual	Veterano M50	02:31:45	+48:25	08:56
7	1468	antonio pereira	Individual	Veterano M50	02:31:49	+48:29	08:56
8	1122	David Tavares	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:32:51	+49:31	09:00
9	1042	António Augusto Freitas Ferreira	Associação Desportiva de Cabroelo	Veterano M50	02:38:35	+55:16	09:20
10	1465	Alcindo Pereia	Individual	Veterano M50	02:40:39	+57:20	09:27
11	1641	Francisco José Gomes da Costa	ROSÁRIO EXTREME	Veterano M50	02:47:18	+01:03:59	09:51
12	1114	Adão Rocha	BTT Alegria // TUBANI	Veterano M50	02:50:14	+01:06:54	10:01
13	1271	José Manuel Braga Ferreira	GTT-Armazém do Caffè	Veterano M50	02:51:43	+01:08:23	10:06
14	1476	Paulo Dias	Individual	Veterano M50	02:53:13	+01:09:53	10:11
15	1074	Vitor cunha	Brabus Runners	Veterano M50	02:59:37	+01:16:18	10:34
16	1724	Manuel Barros	Trinca Orelhas de Gato	Veterano M50	03:01:50	+01:18:31	10:42
17	1145	Paulo Silva	CMDS	Veterano M50	03:06:02	+01:22:42	10:57
18	1600	Manuel Moura	OS BARRIGUITAS	Veterano M50	03:06:38	+01:23:19	10:59
19	1466	Alcino Silva Araújo	Individual	Veterano M50	03:07:46	+01:24:26	11:03
20	1140	Armando Moreira	Clube Zupper	Veterano M50	03:09:38	+01:26:18	11:09
21	1185	JOAQUIM TEIXEIRA	EQUIPA JOAO FERREIRA	Veterano M50	03:11:02	+01:27:43	11:14
22	1470	Filipe Mota	Individual	Veterano M50	03:11:26	+01:28:07	11:16
23	1673	Fernando Carvalho	SS MONTEPIO	Veterano M50	03:13:45	+01:30:25	11:24
24	1463	Agostinho Ferreira	Individual	Veterano M50	03:15:58	+01:32:38	11:32
25	1657	José Teixeira	Somos Nós Team	Veterano M50	03:18:36	+01:35:17	11:41
26	1557	João Pedro Gonçalves	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	03:27:12	+01:43:52	12:11
27	1200	Gabriel dos Anjos Pires	FIT GAIA TRAIL	Veterano M50	03:27:23	+01:44:03	12:12
28	1163	Carlos Alberto da Rocha Cruz	BitRunners	Veterano M50	03:33:49	+01:50:29	12:35
29	1471	José Barros	Individual	Veterano M50	03:34:09	+01:50:49	12:36
30	1473	LUIZ BLANQUET	Individual	Veterano M50	03:37:59	+01:54:39	12:49
31	1244	João Paulo Ferreira	Grupo 46	Veterano M50	03:43:03	+01:59:44	13:07
32	1684	José Teixeira	Teixeiras	Veterano M50	03:44:04	+02:00:45	13:11
33	1085	Damião Cardoso	Brincalhões	Veterano M50	03:48:13	+02:04:53	13:26
34	1467	ANTONIO COSTA	Individual	Veterano M50	03:53:34	+02:10:14	13:44
35	1555	Álvaro Silva	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	03:53:58	+02:10:38	13:46
36	1480	MANUEL PINTO	INDUTEL	Veterano M50	03:56:34	+02:13:14	13:55
37	1500	António Pinto	Leões de Tardariz Trail	Veterano M50	03:58:08	+02:14:48	14:00
38	1472	Luís Pereira	Individual	Veterano M50	04:03:05	+02:19:45	14:18
39	1475	Nelson Silva Nogueira	Individual	Veterano M50	04:17:39	+02:34:19	15:09
40	1474	manuel pires rodrigues	Individual	Veterano M50	04:52:11	+03:08:51	17:11
41	1084	Armando Silva	Brincalhões	Veterano M50	04:59:50	+03:16:30	17:38

Official Timekeeper: Lap2Go	14 / 15	generate 15-Apr-2018 16:12
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Official Timekeeper: Lap2Go	1 / 2	generate 15-Apr-2018 16:13
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Official Timekeeper: Lap2Go	2 / 2	generate 15-Apr-2018 16:13
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