

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:00	18°C	59%
End	15:27	18°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2639	António Braziel	oralklass-amigos do trail	Sub 23 Masculino	01:30:18		05:19
2	2001	Bruno Silva	satecnosoloutdoor	Sub 23 Masculino	01:34:34	+04:15	05:34
3	2643	Nuno Alves	oralklass-amigos do trail	Senior Masculino	01:34:34	+04:15	05:34
4	2630	Nuno Pereira	olimpico vianense trail	Senior Masculino	01:38:29	+08:11	05:48
5	2865	Fábio Pinto	satecnosoloutdoor	Senior Masculino	01:38:54	+08:36	05:49
6	2637	Fernando Neves	oralklass-amigos do trail	Senior Masculino	01:40:40	+10:21	05:55
7	2213	Rui Manuel Mendes Azevedo	fridão sem limites	Senior Masculino	01:45:07	+14:49	06:1
8	1068	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	01:46:46	+16:28	06:17
9	2629	João Pedro Leal	ofrunning	Senior Masculino	01:47:16	+16:57	06:19
10	2035	Joel Silva	a.d.amarante trail running	Sub 23 Masculino	01:47:52	+17:34	06:21
11	2857	Patrick Marques	gondomar futsal clube	Veterano M40	01:48:35	+18:17	06:23
12	2219	Paulo Teixeira Sousa	fridão sem limites	Veterano M40	01:48:58	+18:39	06:25
13	2645	Fernando Grabulho	oralklass-amigos do trail	Veterano M40	01:49:56	+19:37	06:28
14	2635	André Nogueira	oralklass-amigos do trail	Senior Masculino	01:50:09	+19:50	06:29
15	2210	Adão Paulo Teixeira Monteiro	fridão sem limites	Senior Masculino	01:50:27	+20:08	06:30
16	1008	Carlos Queirós	a.d.amarante trail running	Senior Masculino	01:51:06	+20:48	06:32
17	2388	Pedro Silva	individual	Sub 23 Masculino	01:52:08	+21:49	06:36
18	2180	Abilio Mendes Magalhães	emna runners	Veterano M50	01:52:30	+22:11	06:37
19	2488	José Luís Fernandes Tavares	intercaimabike	Sub 23 Masculino	01:52:37	+22:18	06:37
20	2153	Abílio Almeida	dá-lhe gás	Veterano M40	01:54:13	+23:54	06:43
21	2663	Filipe Pinto	os lobos do saibro	Senior Masculino	01:54:20	+24:02	06:44
22	2212	Ricardo M. Magalhãe Nunes	fridão sem limites	Senior Masculino	01:54:34	+24:16	06:44
23	1270	Hélio Filipe Nunes Dias	individual	Senior Masculino	01:54:46	+24:28	06:45
24	2548	Helder Camilo	moinhos run - adrm	Senior Masculino	01:55:05	+24:47	06:46
25	2712	Hugo Figueiredo	pm	Veterano M40	01:55:50	+25:31	06:49
26	2063	André Fernandes	aliança de gandra	Sub 23 Masculino	01:56:06	+25:47	06:50
27	2110	Filipe Pinto	btt alegria / tubani	Senior Masculino	01:56:30	+26:11	06:51
28	2464	Fernando Neves	individual	Veterano M50	01:56:53	+26:35	06:53
29	2353	Pedro Alves	individual	Senior Masculino	01:56:56	+26:37	06:53
30	2152	Adérito Oliveira	dá-lhe gás	Sub 23 Masculino	01:57:06	+26:48	06:53
31	2851	Carlos Borges	vimarunners	Veterano M40	01:59:01	+28:42	07:00
32	2142	Joao barbosa	copos e trilhos	Senior Masculino	01:59:29	+29:10	07:02
33	2507	Fernando Gomes	kemedo team	Veterano M40	01:59:31	+29:13	07:02
34	2363	Ricardo Ferreira	individual	Senior Masculino	01:59:35	+29:16	07:02
35	2679	Márcio Cruz	ozxtreme/rda	Sub 23 Masculino	01:59:36	+29:17	07:02
36	2731	António Borges	porto sentido runners	Veterano M40	01:59:45	+29:26	07:03
37	2088	Renato Barros Coelho	associação desportiva de cabroelo	Sub 23 Masculino	01:59:45	+29:27	07:03
38	2145	CRISTIANO SANTOS	correr por um sorriso	Senior Masculino	01:59:47	+29:28	07:03
39	2177	Luís Filipe Mendes Magalhães	emna runners	Sub 23 Masculino	01:59:55	+29:37	07:03
40	2143	Manuel Barbosa	copos e trilhos	Senior Masculino	02:00:17	+29:59	07:05
41	2173	Artur Jorge Pereira	emna runners	Senior Masculino	02:00:47	+30:29	07:06
42	2414	Agostinho Correia Pacheco	individual	Veterano M40	02:00:50	+30:31	07:06

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	2070	Carlos Silva	aliança de gandra	Veterano M40	02:01:50	+31:32	07:10
44	2150	Carlos Prudêncio	dá-lhe gás	Senior Masculino	02:02:01	+31:42	07:11
45	2556	Álvaro Gabriel Vasconcelos da Silva Moreira	fridão sem limites	Senior Masculino	02:02:05	+31:47	07:11
46	2578	Mauro Cardoso	nocturnos de paredes	Senior Masculino	02:02:14	+31:55	07:11
47	2205	Adão José Teixeira Barbosa Regadas	foge foge bandido	Veterano M50	02:03:25	+33:06	07:16
48	2312	Carlos Cardoso	individual	Senior Masculino	02:03:28	+33:10	07:16
49	112	Gilberto Pimenta	oralklass-amigos do trail	Senior Masculino	02:03:50	+33:32	07:17
50	2607	Carlos Vinhas	nocturnos de paredes	Veterano M50	02:03:52	+33:33	07:17
51	2342	Marco André de Sousa Pinto	individual	Senior Masculino	02:03:54	+33:35	07:17
52	2135	Carlos Samagaio	challenge force	Senior Masculino	02:04:37	+34:18	07:20
53	2149	Carlos Cunha	dá-lhe gás	Senior Masculino	02:04:59	+34:40	07:21
54	2072	Pedro Silva	aliança de gandra	Veterano M40	02:05:06	+34:47	07:22
55	2535	Flávio andré gaspar marques Cordeiro	lusos xxi	Senior Masculino	02:05:10	+34:52	07:22
56	2071	Leonel Neves	aliança de gandra	Veterano M40	02:05:17	+34:58	07:22
57	2484	Tiago da Neves Costa	indutel	Sub 23 Masculino	02:05:25	+35:06	07:23
58	2094	José Barroso	baltar trailrunners	Senior Masculino	02:05:25	+35:07	07:23
59	2487	Filipe Manuel Fernandes Tavares	intercaimabike	Senior Masculino	02:05:52	+35:34	07:24
60	2020	Paulo Araújo	a. d. sebolido trail boneca douro	Senior Masculino	02:05:53	+35:34	07:24
61	2354	Pedro daniel alves da silva	individual	Senior Masculino	02:05:58	+35:40	07:25
62	2311	Carlos Alberto Martins da Silva	individual	Senior Masculino	02:05:59	+35:40	07:25
63	2172	MIGUEL NETO	ei team trail	Senior Masculino	02:06:06	+35:48	07:25
64	2611	Hélder Ribeiro	nós acreditamos	Senior Masculino	02:06:21	+36:02	07:26
65	2526	Vítor Sousa	leões de tardariz trail	Veterano M50	02:06:58	+36:40	07:28
66	2328	Hélder Rafael Machado da Cunha	individual	Senior Masculino	02:07:03	+36:44	07:28
67	2161	MARIO GONÇALVES	danados	Senior Masculino	02:07:19	+37:00	07:29
68	2258	Adelino Fernandes	glt - armazém do caffè	Veterano M50	02:07:23	+37:05	07:30
69	2632	Joana Gonçalves	oralklass-amigos do trail	Senior Feminino	02:09:34	+39:16	07:37
70	2822	Manuel Soares	tombos & trambolhões btt	Veterano M40	02:09:44	+39:25	07:38
71	2596	António Brito	nocturnos de paredes	Veterano M40	02:09:45	+39:27	07:38
72	2019	Manuel Lopes	a. d. sebolido trail boneca douro	Senior Masculino	02:10:01	+39:42	07:39
73	2329	Hélder Rodrigues	individual	Senior Masculino	02:10:58	+40:39	07:42
74	1121	Micael Moraes	individual	Senior Masculino	02:11:05	+40:47	07:43
75	2057	Mário Almeida	aliança de gandra	Senior Masculino	02:11:29	+41:11	07:44
76	2646	José Ferreira	oralklass-amigos do trail	Veterano M40	02:11:29	+41:11	07:44
77	2069	Carlos Costa	aliança de gandra	Veterano M40	02:11:32	+41:13	07:44
78	2137	Carlos Araújo	challenge force	Veterano M40	02:11:34	+41:15	07:44
79	2368	Rui Machado	individual	Senior Masculino	02:11:35	+41:17	07:44
80	2359	Pedro Rodrigues	individual	Senior Masculino	02:11:39	+41:20	07:45
81	2741	Miguel Silva	porto sentido runners	Veterano M40	02:11:43	+41:24	07:45
82	2805	Alexandre Mateus	serviço urgência team & friends	Veterano M40	02:11:55	+41:37	07:46
83	2095	Marco Sousa	baltar trailrunners	Senior Masculino	02:12:07	+41:48	07:46
84	2158	CARLOS BARBOSA	danados	Senior Masculino	02:12:18	+41:59	07:47
85	2515	Dario Cardoso	leões de tardariz trail	Veterano M40	02:12:41	+42:23	07:48
86	2313	Carlos Filipe Neves dos Santos	individual	Senior Masculino	02:12:44	+42:26	07:49

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17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	2307	Bruno Monteiro	individual	Senior Masculino	02:13:03	+42:44	07:50
88	2565	Joaquim Teixeira	mountain runners	Veterano M40	02:13:46	+43:28	07:52
89	2087	Daniel José Barros Silva	associação desportiva de cabroelo	Sub 23 Masculino	02:13:50	+43:32	07:52
90	2558	António Silva	mountain runners	Senior Masculino	02:13:53	+43:34	07:53
91	2638	Ivo Dias	oralklass-amigos do trail	Senior Masculino	02:14:23	+44:05	07:54
92	2131	Cesar moura	cfit	Senior Masculino	02:14:35	+44:16	07:55
93	2033	Ricardo Gil Silva Magalhães	a.d.amarante trail running	Senior Masculino	02:14:35	+44:17	07:55
94	2151	Vitor Silva	dá-lhe gás	Senior Masculino	02:14:57	+44:38	07:55
95	2878	Luis Ferreira Alves	m.alves	Sub 23 Masculino	02:14:57	+44:39	07:56
96	2218	Manuel José Mendes Teixeira	fridão sem limites	Veterano M40	02:15:50	+45:32	07:59
97	2045	MANUEL SOUSA	adventures	Veterano M40	02:15:53	+45:34	08:00
98	2538	Sérgio Costa	lusos xxi	Senior Masculino	02:16:06	+45:47	08:00
99	2429	Fernando Nogueira	individual	Veterano M40	02:16:17	+45:58	08:01
100	2583	Pedro Pereira	nocturnos de paredes	Senior Masculino	02:16:19	+46:00	08:01
101	2216	João Pedro Silva Machado	fridão sem limites	Sub 23 Masculino	02:16:30	+46:11	08:02
102	2028	Ângela Soares	a.d.amarante trail running	Senior Feminino	02:16:58	+46:40	08:03
103	2642	Mário Taborda	oralklass-amigos do trail	Sub 23 Masculino	02:17:00	+46:42	08:04
104	2146	MIGUEL LEAL	correr por um sorriso	Veterano M40	02:17:03	+46:44	08:04
105	2561	Rui Miguel Sousa	mountain runners	Senior Masculino	02:17:07	+46:48	08:04
106	2365	Ricardo Pereira	individual	Senior Masculino	02:17:17	+46:58	08:05
107	2562	Rui Rodrigues	mountain runners	Senior Masculino	02:17:27	+47:08	08:05
108	2699	Ângelo Ribeiro	parjovem	Senior Masculino	02:18:10	+47:51	08:08
109	108	José Luis Sá	satecnosoloutdoor	Senior Masculino	02:18:10	+47:51	08:08
110	2560	Paulo Rafael Silva	mountain runners	Senior Masculino	02:18:10	+47:51	08:08
111	2314	Carlos Monteiro	individual	Senior Masculino	02:18:32	+48:13	08:09
112	2338	José Soares	individual	Senior Masculino	02:18:32	+48:13	08:09
113	2437	José Alberto S. Freitas	individual	Veterano M40	02:18:32	+48:13	08:09
114	2280	Mariana Delgado	individual	Senior Feminino	02:18:37	+48:18	08:09
115	2007	Tiago Castro	10temidos	Senior Masculino	02:18:43	+48:24	08:10
116	2091	Licínio Ferreira	associação desportiva de cabroelo	Veterano M40	02:18:48	+48:29	08:10
117	2453	Paulo Silva	individual	Veterano M40	02:19:05	+48:46	08:11
118	2144	Ricardo moreira	copos e trilhos	Senior Masculino	02:19:18	+48:59	08:12
119	2814	Lucília Marlene Ferreira Silva	tecla 3 runners	Senior Feminino	02:19:45	+49:27	08:13
120	2815	Hugo Filipe Fernandes Sousa	tecla 3 runners	Senior Masculino	02:19:45	+49:27	08:13
121	2052	Fernanda Machado	aliança de gandra	Senior Feminino	02:20:15	+49:56	08:15
122	2231	TOMÉ MARQUES	fugitivos urbanos - clínica + saúde	Senior Masculino	02:20:34	+50:15	08:16
123	2557	Patricia Ribeiro	mountain runners	Senior Feminino	02:21:09	+50:51	08:18
124	2024	Tiago Sousa	a. d. sebolido trail boneca douro	Senior Masculino	02:21:12	+50:54	08:18
125	2599	José Gomes	nocturnos de paredes	Veterano M40	02:21:25	+51:06	08:19
126	2241	Vasco Escobar	ei team trail	Senior Masculino	02:21:29	+51:11	08:19
127	2636	Élvio Ornelas	oralklass-amigos do trail	Senior Masculino	02:21:30	+51:12	08:19
128	2883	Rui Mário Ferreira	individual	Sub 23 Masculino	02:21:46	+51:28	08:20
129	2787	Fernando Moraes	somos nós team	Veterano M40	02:22:00	+51:42	08:21
130	2449	oscar silva	individual	Veterano M40	02:22:23	+52:04	08:23
131	2022	Pedro Vieira	a. d. sebolido trail boneca douro	Senior Masculino	02:22:35	+52:17	08:23
132	2757	Francisco José Gomes da Costa	rosário extreme	Veterano M50	02:22:51	+52:32	08:24

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	2303	Antonio Carlos Rocha	individual	Senior Masculino	02:23:05	+52:47	08:25
134	2444	Miguel Oliveira	individual	Veterano M40	02:23:17	+52:59	08:26
135	2443	Miguel Oliveira	individual	Veterano M40	02:23:18	+52:59	08:26
136	2848	Eduardo Gonçalves	us & others	Veterano M50	02:23:21	+53:02	08:26
137	2603	Rui Almeida	nocturnos de paredes	Veterano M40	02:23:23	+53:04	08:26
138	2230	NUNO FERREIRA	fugitivos urbanos - clínica + saúde	Senior Masculino	02:23:36	+53:18	08:27
139	2060	Sérgio Pereira	aliança de gandra	Senior Masculino	02:23:49	+53:31	08:28
140	2838	Pedro Silva	trepatrihos trail team	Veterano M40	02:24:01	+53:43	08:28
141	2440	Luis Medeiros Pereira	individual	Veterano M40	02:24:14	+53:56	08:29
142	2892	Ricardo	trepatrihos trail team	Veterano M40	02:24:17	+53:59	08:29
143	2253	Nuno Miguel Faria da Costa	glt - armazém do caffè	Senior Masculino	02:24:24	+54:05	08:30
144	2154	ANDREA CUNHA	danados	Senior Feminino	02:24:32	+54:13	08:30
145	2433	JOAQUIM JORGE DOS SANTOS DURÃES	individual	Veterano M40	02:24:33	+54:14	08:30
146	2078	Lino Moreira	all about	Veterano M50	02:24:39	+54:20	08:31
147	2148	Mariana Pires	dá-lhe gás	Senior Feminino	02:24:46	+54:27	08:31
148	2546	Luisa Cruz	moinhos run - adrm	Senior Feminino	02:24:50	+54:32	08:31
149	2647	Orlando Nogueira	oralklass-amigos do trail	Veterano M40	02:24:50	+54:32	08:31
150	2326	Helder Manuel Moreira Teles	individual	Senior Masculino	02:24:54	+54:36	08:31
151	2132	Renato alves	cfit	Senior Masculino	02:25:05	+54:47	08:32
152	2379	Vítor Vieira	individual	Senior Masculino	02:25:29	+55:10	08:33
153	2867	Oliveira Amaro	individual	Veterano M40	02:25:30	+55:11	08:34
154	2207	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	02:25:36	+55:18	08:34
155	2369	Rui Miguel Moreira Madureira	individual	Senior Masculino	02:25:43	+55:25	08:34
156	2525	Mário Moura	leões de tardariz trail	Veterano M40	02:27:15	+56:56	08:40
157	2550	Nuno Moreira	moinhos run - adrm	Senior Masculino	02:27:25	+57:06	08:40
158	2719	Pedro Silva	porto sentido runners	Senior Masculino	02:27:40	+57:22	08:41
159	2740	Laurindo Gomes	porto sentido runners	Veterano M40	02:28:13	+57:55	08:43
160	2511	Bruno Fernandes	kika's team	Senior Masculino	02:28:15	+57:57	08:43
161	2092	António Ferreira	associação desportiva de cabroelo	Veterano M50	02:28:19	+58:01	08:44
162	2743	Carlos Martins	porto sentido runners	Veterano M50	02:28:23	+58:04	08:44
163	2504	Carlos Leal	kemedo team	Senior Masculino	02:28:28	+58:09	08:44
164	2176	Joao Cardoso	emna runners	Senior Masculino	02:28:56	+58:37	08:46
165	2612	Leandro Teixeira	nós acreditamos	Senior Masculino	02:29:05	+58:46	08:46
166	2616	Fabio Silva	nós acreditamos	Sub 23 Masculino	02:29:08	+58:50	08:46
167	2772	Nuno Almeida	sempre juntos	Senior Masculino	02:29:09	+58:51	08:46
168	2096	sergio sousa	baltar trailrunners	Veterano M40	02:29:21	+59:02	08:47
169	2765	Pedro Machado	s. s. montepio	Senior Masculino	02:29:31	+59:12	08:48
170	1099	Agostinho Reis	individual	Senior Masculino	02:29:42	+59:23	08:48
171	2050	César Lopes	alfena bike & trail team	Senior Masculino	02:29:42	+59:23	08:48
172	2357	Pedro Nunes	individual	Senior Masculino	02:29:51	+59:33	08:49
173	2401	Maria Joaquina Silva Pinto	individual	Veterana F40	02:30:05	+59:46	08:50
174	2334	Joel Santos	individual	Senior Masculino	02:30:19	+01:00:01	08:51
175	2112	Jorge Cruz	btt alegria / tubani	Senior Masculino	02:30:32	+01:00:14	08:51
176	2513	Bruno Bartes	kunalama runners	Veterano M40	02:31:10	+01:00:52	08:54
177	1028	Belmiro Moreira Gomes	associação branzelo ativo	Veterano M50	02:31:50	+01:01:32	08:56

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	2203	António Jorge Morais	foge foge bandido	Senior Masculino	02:31:51	+01:01:32	08:56
179	2713	Miguel Teixeira	pm	Veterano M40	02:32:01	+01:01:43	08:57
180	2689	Ricardo Picó	paredes running	Senior Masculino	02:32:07	+01:01:48	08:57
181	2553	José Coelho da Silva	moinhos run - adrm	Veterano M50	02:32:17	+01:01:59	08:58
182	2113	Marco Sousa	btt alegria / tubani	Senior Masculino	02:32:19	+01:02:01	08:58
183	2770	CARLOS MANUEL DOS SANTOS ROCHA	sai da frente	Veterano M40	02:32:24	+01:02:05	08:58
184	1105	Carlos Carvalho	individual	Senior Masculino	02:32:31	+01:02:13	08:58
185	2644	David Morais	oralklass-amigos do trail	Veterano M40	02:32:40	+01:02:21	08:59
186	2058	Paulo Sousa	aliança de gandra	Senior Masculino	02:33:05	+01:02:46	09:00
187	2376	Tiago Mota	individual	Senior Masculino	02:33:24	+01:03:06	09:01
188	1184	Luis Silva	la zinco	Senior Masculino	02:33:28	+01:03:09	09:02
189	2389	Rui Bessa	individual	Sub 23 Masculino	02:33:34	+01:03:15	09:02
190	1187	Pedro Ferreira	leões de tardariz trail	Veterano M40	02:33:39	+01:03:20	09:02
191	2133	Roberto bessa	cfit	Senior Masculino	02:33:42	+01:03:24	09:03
192	2080	Antonio rocha	ana soraia ferreira	Senior Masculino	02:33:49	+01:03:31	09:03
193	2763	Rui Carvalho	s. s. montepio	Senior Masculino	02:34:22	+01:04:03	09:05
194	2769	Fernando Carvalho	s. s. montepio	Veterano M50	02:34:42	+01:04:24	09:06
195	2034	Ricardo Teixeira	a.d.amarante trail running	Senior Masculino	02:35:09	+01:04:50	09:08
196	2762	Hugo Silva	s. s. montepio	Senior Masculino	02:35:12	+01:04:54	09:08
197	2032	Nuno André Sampaio Moura	a.d.amarante trail running	Senior Masculino	02:35:20	+01:05:01	09:08
198	2667	Rui Silva	os marcha em frente	Veterano M40	02:35:31	+01:05:13	09:09
199	2475	Miro Morais	individual	Veterano M50	02:35:54	+01:05:35	09:10
200	2818	Andrea Barbosa Coelho	tecla 3 runners	Veterana F40	02:36:18	+01:05:59	09:12
201	2200	Paulo Rocha	factor x / s4l / medense fc	Senior Masculino	02:36:25	+01:06:06	09:12
202	2090	Avelino dos Santos Coelho	associação desportiva de cabroelo	Veterano M40	02:36:32	+01:06:14	09:13
203	2520	Telmo Rocha	leões de tardariz trail	Senior Masculino	02:36:37	+01:06:18	09:13
204	2056	Hélder Moreira	aliança de gandra	Senior Masculino	02:36:40	+01:06:21	09:13
205	2059	Roberto Moreira	aliança de gandra	Senior Masculino	02:36:45	+01:06:27	09:13
206	2093	Carlos Ferreira	autistic runners	Veterano M40	02:36:56	+01:06:37	09:14
207	2121	Juca Teixeira	btt alegria / tubani	Veterano M40	02:37:09	+01:06:51	09:15
208	2120	Joaquim Soares	btt alegria / tubani	Veterano M40	02:37:09	+01:06:51	09:15
209	2332	João Sousa	individual	Senior Masculino	02:37:13	+01:06:54	09:15
210	2536	João Carvalho	lusos xxi	Senior Masculino	02:37:24	+01:07:06	09:16
211	2302	André Filipe Leal Moreira	individual	Senior Masculino	02:37:45	+01:07:26	09:17
212	2367	Rui Fernando Moreira dos Reis	individual	Senior Masculino	02:37:45	+01:07:26	09:17
213	2123	Tony Mendes	btt alegria / tubani	Veterano M40	02:37:59	+01:07:40	09:18
214	2551	Rui Quinta jr	moinhos run - adrm	Sub 23 Masculino	02:38:02	+01:07:43	09:18
215	1177	Paula Anjos	keepmoving	Veterana F40	02:38:15	+01:07:57	09:19
216	2732	Angelo Vidal	porto sentido runners	Veterano M40	02:38:27	+01:08:08	09:19
217	2836	José Oliveira	trepatrihos trail team	Veterano M40	02:38:31	+01:08:13	09:20
218	2122	Paulo Nunes	btt alegria / tubani	Veterano M40	02:38:36	+01:08:18	09:20
219	2208	Eliana Patricia G. P. Teixeira	fridão sem limites	Senior Feminino	02:38:41	+01:08:23	09:20
220	2039	SERGIO PAULO MACHADO SILVA	academia fernanda ribeiro	Veterano M40	02:38:46	+01:08:28	09:20
221	2498	Bruno Maia	javalis portugal	Senior Masculino	02:39:49	+01:09:31	09:24
222	2310	Bruno rocha	individual	Senior Masculino	02:39:52	+01:09:33	09:24

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	2374	Tiago dos Santos Costa	individual	Senior Masculino	02:39:53	+01:09:34	09:24
224	2383	Diogo Nogueira Bessa	individual	Sub 23 Masculino	02:39:54	+01:09:35	09:24
225	2641	Tiago Savenca	oralklass-amigos do trail	Sub 23 Masculino	02:40:01	+01:09:42	09:25
226	2648	Pedro Seixas	oralklass-amigos do trail	Veterano M40	02:40:01	+01:09:42	09:25
227	2017	Bruno Rocha	a. d. sebolido trail boneca douro	Senior Masculino	02:40:35	+01:10:17	09:27
228	2387	Pedro Oliveira	individual	Sub 23 Masculino	02:40:36	+01:10:18	09:27
229	2385	Henrique Teixeira	individual	Sub 23 Masculino	02:40:59	+01:10:40	09:28
230	2398	Maria Fernanda Freitas Ferreira	individual	Veterana F40	02:41:35	+01:11:17	09:30
231	2620	Armando Cardoso	nós acreditamos	Veterano M40	02:41:36	+01:11:17	09:30
232	2064	Ana Maria Pinto	aliança de gandra	Veterana F40	02:41:41	+01:11:22	09:31
233	2305	António Manuel Moreira Barbosa	individual	Senior Masculino	02:41:42	+01:11:23	09:31
234	2104	Marcia Cunha	btt alegria / tubani	Senior Feminino	02:42:01	+01:11:42	09:32
235	2103	Lucia sousa	btt alegria / tubani	Senior Feminino	02:42:16	+01:11:57	09:33
236	2117	Maria José Teixeira	btt alegria / tubani	Veterana F40	02:42:17	+01:11:58	09:33
237	2184	MÁRCIO COSTA	equipa João Ferreira	Senior Masculino	02:42:20	+01:12:01	09:33
238	2628	Flávio Silva	ofrunning	Senior Masculino	02:42:21	+01:12:02	09:33
239	2563	JOÃO PEDRO SILVA	mountain runners	Sub 23 Masculino	02:42:31	+01:12:13	09:34
240	2811	Xana Azevedo	team shark	Senior Feminino	02:42:33	+01:12:14	09:34
241	2217	António Joaquim Teixeira Alves	fridão sem limites	Veterano M40	02:42:47	+01:12:28	09:35
242	2649	Bruno Castelo	oralklass-amigos do trail	Senior Masculino	02:42:47	+01:12:29	09:35
243	2331	João Rocha	individual	Senior Masculino	02:42:49	+01:12:31	09:35
244	2581	Pedro Barbosa	nocturnos de paredes	Senior Masculino	02:43:11	+01:12:53	09:36
245	2211	Filipe Reis Pinheiro	fridão sem limites	Senior Masculino	02:43:11	+01:12:53	09:36
246	2281	Filipe Pinheiro	individual	Senior Masculino	02:43:19	+01:13:01	09:36
247	2735	Filipe Ferreira	porto sentido runners	Veterano M40	02:43:19	+01:13:01	09:36
248	2046	ROBERTO COSTA	adventures	Veterano M40	02:43:51	+01:13:33	09:38
249	2832	José Silva	trepatrihos trail team	Senior Masculino	02:44:01	+01:13:43	09:39
250	2609	Sandra Pereira	nós acreditamos	Senior Feminino	02:44:15	+01:13:56	09:40
251	2850	Fatima Nunes	usf ts	Veterana F50	02:44:40	+01:14:22	09:41
252	2868	Nuno Martins	individual	Senior Masculino	02:44:49	+01:14:30	09:42
253	2666	André Santos	os marcha em frente	Sub 23 Masculino	02:45:00	+01:14:41	09:42
254	2051	Carla Pereira	aliança de gandra	Senior Feminino	02:45:02	+01:14:43	09:42
255	2115	Ismael Gonçalves	btt alegria / tubani	Sub 23 Masculino	02:45:06	+01:14:48	09:43
256	2322	fabio andre martins alves	individual	Senior Masculino	02:45:11	+01:14:52	09:43
257	2863	joao fernando silva ribeiro	individual	Veterano M40	02:45:16	+01:14:57	09:43
258	2341	Luis Vieira	individual	Senior Masculino	02:45:23	+01:15:04	09:44
259	2195	Vitor Martins	equipotência trail team	Senior Masculino	02:45:30	+01:15:12	09:44
260	2257	Vitor Campos	glt - armazém do caffè	Veterano M40	02:45:53	+01:15:34	09:46
261	2806	monica barbosa	tartarugas do asfalto	Senior Feminino	02:45:54	+01:15:36	09:46
262	2049	Joaquim seca	alegros	Veterano M50	02:45:58	+01:15:40	09:46
263	2108	Carlos Vieira	btt alegria / tubani	Senior Masculino	02:46:03	+01:15:45	09:46
264	2141	Hugo moreira	copos e trilhos	Senior Masculino	02:46:06	+01:15:47	09:46
265	2006	Edgar Faria	10temidos	Senior Masculino	02:46:12	+01:15:53	09:47
266	2029	Carina Marlene Soares Pereira	a.d.amarante trail running	Senior Feminino	02:46:20	+01:16:02	09:47
267	2830	Helder Neves	trepatrihos trail team	Senior Masculino	02:46:22	+01:16:03	09:47
268	2395	Ivone Ferreira	individual	Veterana F40	02:46:45	+01:16:26	09:48

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
269	2767	Rui Freitas	s. s. montepio	Veterano M40	02:46:45	+01:16:26	09:49
270	2846	Cláudia Pesqueira	unidos à fresca	Senior Feminino	02:46:45	+01:16:27	09:49
271	2309	Bruno Ricardo Moreira de Sousa	individual	Senior Masculino	02:46:46	+01:16:27	09:49
272	2813	Cristina Alexandra Barbosa do Couto	tecla 3 runners	Senior Feminino	02:46:49	+01:16:30	09:49
273	2812	Andreia Patricia Martins Pacheco	tecla 3 runners	Senior Feminino	02:46:49	+01:16:30	09:49
274	2727	Paula Coutinho	porto sentido runners	Veterana F40	02:46:57	+01:16:38	09:49
275	2062	Álvaro Santos	aliança de gandra	Sub 23 Masculino	02:47:00	+01:16:42	09:44
276	2436	Jorge silva Moreira	individual	Veterano M40	02:47:08	+01:16:50	09:50
277	2439	Luis Martins	individual	Veterano M40	02:47:20	+01:17:01	09:51
278	1014	Ricardo Carneiro	abutres	Veterano M40	02:47:27	+01:17:08	09:51
279	2843	Bruno Pereira	uh lá lá	Senior Masculino	02:47:28	+01:17:09	09:51
280	2718	Bruno Ricardo Marques Guedes	porto sentido runners	Senior Masculino	02:47:31	+01:17:12	09:51
281	2864	Alice Sousa	dr. merino/4moove	Veterana F40	02:47:43	+01:17:24	09:52
282	2138	Maria Fátima Marques Ribeiro	club zipper	Veterana F50	02:47:43	+01:17:25	09:52
283	2523	Março Costa	leões de tardariz trail	Veterano M40	02:47:47	+01:17:29	09:52
284	2852	Paula Gualter	zipper	Veterana F40	02:47:50	+01:17:31	09:52
285	2837	Paulo Tavares	trepatrihos trail team	Veterano M40	02:48:02	+01:17:44	09:53
286	2085	Altino Rocha	associação branzelo ativo	Veterano M40	02:48:13	+01:17:55	09:54
287	1067	Rui Oliveira	gondomar futsal clube	Senior Masculino	02:48:19	+01:18:00	09:54
288	2204	Tiago Daniel Bessa Ribeiro	foge foge bandido	Senior Masculino	02:48:25	+01:18:06	09:54
289	2169	Manuel António Meneses de Araújo	edv-viana trail	Veterano M40	02:48:31	+01:18:13	09:55
290	2373	Tiago Dias	individual	Senior Masculino	02:48:37	+01:18:19	09:55
291	2255	Joana Sofia Macedo Maia	glt - armazém do caffè	Sub 23 Feminino	02:48:47	+01:18:28	09:56
292	2252	João Renato Pereira	glt - armazém do caffè	Senior Masculino	02:48:47	+01:18:29	09:56
293	2228	HUGO OLIVEIRA	fugitivos urbanos - clínica + saúde	Senior Masculino	02:48:54	+01:18:36	09:56
294	2229	MÁRCIO PEREIRA	fugitivos urbanos - clínica + saúde	Senior Masculino	02:48:55	+01:18:36	09:56
295	2021	Paulo Sousa	a. d. sebolido trail boneca douro	Senior Masculino	02:48:58	+01:18:39	09:56
296	1181	Mariana Oliveira	la zinco	Senior Feminino	02:49:07	+01:18:49	09:57
297	2807	Cristina Loureiro	taylors325	Veterana F40	02:49:09	+01:18:51	09:57
298	2552	Isabel Carvalho	moinhos run - adrm	Veterana F40	02:49:20	+01:19:01	09:58
299	2147	ANTONIO MIRANDA	correr por um sorriso	Veterano M50	02:49:20	+01:19:02	09:58
300	2179	Ricardo ribeiro	emna runners	Veterano M40	02:49:26	+01:19:08	09:58
301	2665	Ricardo Ribeiro	os lobos trail btt sai da frente	Senior Masculino	02:49:37	+01:19:18	09:59
302	2043	HELDER DUARTE	adventures	Senior Masculino	02:49:38	+01:19:19	09:59
303	2283	Marlene Silva	individual	Senior Feminino	02:49:44	+01:19:25	09:59
304	2454	Renato Nunes	individual	Veterano M40	02:49:44	+01:19:26	09:59
305	2604	Salvador Santos	nocturnos de paredes	Veterano M40	02:49:45	+01:19:26	09:59
306	2582	Pedro Lima	nocturnos de paredes	Senior Masculino	02:49:51	+01:19:33	10:00
307	2745	MARCO OLIVEIRA	portocargo	Senior Masculino	02:50:00	+01:19:41	10:00
308	2040	ADELINA SOUSA	adventures	Senior Feminino	02:50:09	+01:19:50	10:01
309	2470	José Mário Magalhães de Pereira	individual	Veterano M50	02:50:22	+01:20:04	10:01
310	2736	João Barbosa	porto sentido runners	Veterano M40	02:50:23	+01:20:05	10:01
311	2728	Sandra Mascarenhas	porto sentido runners	Veterana F40	02:50:24	+01:20:05	10:01
312	2817	Tiago André Ribeiro Borges	tecla 3 runners	Senior Masculino	02:50:30	+01:20:12	10:02
313	2267	Carla Sofia Gonçalves Pinto	individual	Senior Feminino	02:50:43	+01:20:25	10:03

TRAIL CURTO - STAGE 1

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
314	2349	Paulo Henriques	gondomar futsal clube	Senior Masculino	02:50:44	+01:20:25	10:03
315	2695	Nina Silva	paredes running	Veterana F40	02:50:50	+01:20:32	10:03
316	2547	Carlos Gonçalves	moinhos run - adm	Senior Masculino	02:51:03	+01:20:45	10:04
317	2784	Fernando Coelho	somos nós team	Senior Masculino	02:51:11	+01:20:52	10:04
318	2345	Mário Soares	individual	Senior Masculino	02:51:12	+01:20:54	10:04
319	2722	Cidália Soares	porto sentido runners	Veterana F40	02:51:19	+01:21:01	10:05
320	2420	ÂNGELO MANUEL SANTOS	individual	Veterano M40	02:51:38	+01:21:19	10:06
321	2343	Mário Estêvão	individual	Senior Masculino	02:51:40	+01:21:22	10:06
322	2819	Emilia Marília Barros Eusebio	tecla 3 runners	Veterana F40	02:51:42	+01:21:23	10:06
323	2532	Raquel Costa	lusos xxi	Senior Feminino	02:51:46	+01:21:27	10:06
324	2434	jorge caria	individual	Veterano M40	02:51:54	+01:21:35	10:07
325	2872	Filipe Moreira	individual	Senior Masculino	02:51:56	+01:21:37	10:07
326	2410	Graça Ribeiro	individual	Veterana F50	02:52:17	+01:21:59	10:08
327	2378	Valdemar Gouveia	individual	Senior Masculino	02:52:21	+01:22:03	10:08
328	2705	Vítor Silva	pernetas	Senior Masculino	02:52:22	+01:22:04	10:08
329	2319	David José Andrade Pereira	individual	Senior Masculino	02:52:30	+01:22:11	10:09
330	2201	Ricardo A. Silva Sousa	ffit gaia trail	Veterano M40	02:52:33	+01:22:15	10:09
331	2031	Luis Mendes	a.d.amarante trail running	Senior Masculino	02:52:50	+01:22:31	10:10
332	2751	andre pinho	reumatico	Senior Masculino	02:52:50	+01:22:31	10:10
333	2503	Sara Rafael	kemedo team	Senior Feminino	02:53:13	+01:22:54	10:11
334	2506	Bruno Dias	kemedo team	Sub 23 Masculino	02:53:20	+01:23:01	10:12
335	2423	antonio carneiro	individual	Veterano M40	02:54:08	+01:23:49	10:15
336	2739	José Ricardo	porto sentido runners	Veterano M40	02:54:30	+01:24:12	10:16
337	2889	Fernando Ferraz	porto sentido runners	Veterano M50	02:54:30	+01:24:12	10:16
338	2621	Fernando Silva	nós acreditamos	Veterano M40	02:54:34	+01:24:15	10:16
339	2602	Nuno Alexandre	nocturnos de paredes	Veterano M40	02:54:36	+01:24:18	10:16
340	1109	Isaque Dias	individual	Senior Masculino	02:54:37	+01:24:18	10:16
341	2391	Cidália Ferreira	individual	Veterana F40	02:54:43	+01:24:25	10:17
342	2320	Diogo Silva	individual	Senior Masculino	02:54:48	+01:24:29	10:17
343	2183	JOAO FERREIRA	equipa João ferreira	Senior Masculino	02:54:51	+01:24:32	10:17
344	2316	Carlos Silva	individual	Senior Masculino	02:55:03	+01:24:45	10:18
345	2246	RENATO MIGUEL GIL DE SOUSA MOEDAS	groupama	Veterano M40	02:56:27	+01:26:08	10:23
346	2489	JORGE ROCHA	invicta runners team	Senior Masculino	02:56:32	+01:26:13	10:23
347	2079	Adriano silva	ana soraia ferreira	Senior Masculino	02:56:35	+01:26:17	10:23
348	2355	Pedro Manuel Nunes Martins	individual	Senior Masculino	02:56:53	+01:26:34	10:24
349	2521	Agostinho Cardoso	leões de tardariz trail	Veterano M40	02:57:03	+01:26:45	10:25
350	57	Marco Ferreira	individual	Senior Masculino	02:57:05	+01:26:47	10:25
351	2274	Liliana Soares	individual	Senior Feminino	02:57:07	+01:26:48	10:25
352	2785	Minda Coelho	somos nós team	Veterana F40	02:57:10	+01:26:51	10:25
353	2723	Elizabete Loureiro	porto sentido runners	Veterana F40	02:57:18	+01:26:59	10:26
354	2595	Salette Silva	nocturnos de paredes	Veterana F50	02:57:22	+01:27:03	10:26
355	2593	Monica Gomes	nocturnos de paredes	Veterana F40	02:57:22	+01:27:03	10:26
356	2591	Fernanda Leão	nocturnos de paredes	Veterana F40	02:57:22	+01:27:04	10:26
357	2601	Luis Filipe Santos	nocturnos de paredes	Veterano M40	02:57:22	+01:27:04	10:26
358	2862	Bruno Rodrigues	individual	Veterano M40	02:58:59	+01:28:40	10:32

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
359	2664	Joaquim Ventura	os lobos do saibro	Senior Masculino	02:59:30	+01:29:12	10:34
360	2749	rosana martins	reumatico	Senior Feminino	02:59:48	+01:29:30	10:35
361	2753	sergio pereira	reumatico	Senior Masculino	02:59:48	+01:29:30	10:35
362	2626	Álvaro Cardoso	nós acreditamos	Veterano M50	03:00:03	+01:29:45	10:36
363	2163	Estela Neto	didáxis trail	Senior Feminino	03:00:05	+01:29:47	10:36
364	2696	Antonio Brabosa	paredes running	Veterano M40	03:00:06	+01:29:47	10:36
365	2840	António Loureiro	trepatrihos trail team	Veterano M50	03:00:07	+01:29:49	10:36
366	2459	ANTONIO FILIPE PINTO DA COSTA MOTA	individual	Veterano M50	03:00:16	+01:29:57	10:36
367	2613	Marco Queirós	nós acreditamos	Senior Masculino	03:00:52	+01:30:34	10:38
368	2614	Ricardo Carvalho	nós acreditamos	Senior Masculino	03:00:52	+01:30:34	10:38
369	2344	mario lima	individual	Senior Masculino	03:00:55	+01:30:36	10:39
370	2789	José Manuel Ferreira Ribeiro	soplabifana	Senior Masculino	03:00:57	+01:30:38	10:39
371	2791	Jorge Almeida	soplabifana	Veterano M40	03:00:58	+01:30:39	10:39
372	2330	Hugo Maio	individual	Senior Masculino	03:01:02	+01:30:43	10:39
373	2790	Henrique Sousa	soplabifana	Veterano M40	03:01:22	+01:31:04	10:40
374	2130	Filipe Oliveira	carreiros team	Senior Masculino	03:01:28	+01:31:10	10:41
375	2187	GORETI VARELA	equipa joão ferreira	Veterana F40	03:01:31	+01:31:12	10:41
376	2847	Helder Oliveira	unidos à fresca	Senior Masculino	03:01:37	+01:31:19	10:41
377	2708	Manuela Ferreira	pernetas	Veterana F40	03:01:57	+01:31:38	10:42
378	2709	Agostinho torres	pernetas	Veterano M40	03:01:57	+01:31:38	10:42
379	2711	Rui Carvalho	pernetas	Veterano M40	03:01:57	+01:31:38	10:42
380	2825	Alexandra Couto	trepatrihos trail team	Senior Feminino	03:02:00	+01:31:42	10:42
381	2397	Margarida Pinto	individual	Veterana F40	03:02:16	+01:31:58	10:43
382	2827	Ligia Lopes	trepatrihos trail team	Senior Feminino	03:02:26	+01:32:08	10:44
383	2575	Edgar Cardoso	nocturnos de paredes	Senior Masculino	03:02:40	+01:32:22	10:45
384	2882	Jorge moreira	nocturnos de paredes	Senior Masculino	03:02:46	+01:32:27	10:45
385	2109	Daniel Sousa	btt alegria / tubani	Senior Masculino	03:02:53	+01:32:35	10:46
386	2114	Ricardo Barbosa	btt alegria / tubani	Senior Masculino	03:02:54	+01:32:35	10:46
387	2222	Fernando Jorge	friends	Veterano M40	03:02:59	+01:32:40	10:46
388	2446	Nelson silva	individual	Veterano M40	03:03:03	+01:32:44	10:46
389	2455	Rui Manuel da Rocha moreira	individual	Veterano M40	03:03:04	+01:32:46	10:46
390	2061	Vítor Santos	aliança de gandra	Senior Masculino	03:03:07	+01:32:48	10:46
391	2427	Daniel Vieira	individual	Veterano M40	03:03:12	+01:32:54	10:47
392	2756	José Maria Dias Leal	rosário extreme	Veterano M40	03:03:15	+01:32:57	10:47
393	2534	Carlos Pinto	lusos xxi	Senior Masculino	03:03:25	+01:33:06	10:47
394	2016	Rui Sá	10temidos	Veterano M40	03:03:34	+01:33:16	10:48
395	2240	Sofia Rocha	gafanhori	Sub 23 Feminino	03:03:48	+01:33:30	10:49
396	2239	Fábio Coradinho	gafanhori	Senior Masculino	03:03:48	+01:33:30	10:49
397	2571	Marisa Moreira	nocturnos de paredes	Senior Feminino	03:04:37	+01:34:18	10:52
398	2594	Rosária Sousa	nocturnos de paredes	Veterana F40	03:04:45	+01:34:27	10:52
399	2598	João Leite	nocturnos de paredes	Veterano M40	03:04:46	+01:34:27	10:52
400	2038	CARLA SOFIA SILVA SOUSA	academia fernanda ribeiro	Veterana F40	03:04:47	+01:34:29	10:52
401	2174	Carlos Cunha	emna runners	Senior Masculino	03:05:15	+01:34:57	10:54
402	2842	Sérgio Pereira	trepatrihos trail team	Veterano M50	03:05:16	+01:34:57	10:54
403	2688	Sonia Silva	paredes running	Senior Feminino	03:05:26	+01:35:08	10:55

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
404	2684	Ana Alves	papatrails	Veterana F40	03:05:30	+01:35:12	10:55
405	2242	Armandina da Silva Torres	ei team trail	Veterana F40	03:05:41	+01:35:23	10:55
406	2419	Amandio sousa	individual	Veterano M40	03:05:43	+01:35:24	10:55
407	2573	Tânia Cardoso	nocturnos de paredes	Senior Feminino	03:05:46	+01:35:28	10:56
408	2748	mara freitas	reumatico	Senior Feminino	03:06:01	+01:35:42	10:57
409	2733	António Sousa	porto sentido runners	Veterano M40	03:06:02	+01:35:43	10:57
410	2890	Manuel Gomes	porto sentido runners	Veterano M40	03:06:08	+01:35:49	10:57
411	2407	Sandra mendes	individual	Veterana F40	03:06:18	+01:36:00	10:58
412	2619	Paula Fonseca	nós acreditamos	Veterana F40	03:06:40	+01:36:22	10:59
413	2472	Luís Espírito Santo	individual	Veterano M50	03:06:53	+01:36:35	11:00
414	2402	Maria Manuela Caetano	individual	Veterana F40	03:07:04	+01:36:45	11:00
415	2831	Helder Rodrigues	trepatrihos trail team	Senior Masculino	03:07:04	+01:36:45	11:00
416	2876	Bebiana Ferreira Alves	m.alves	Sub 23 Feminino	03:07:09	+01:36:51	11:01
417	2555	Claudia Sousa	mountain runners	Senior Feminino	03:07:16	+01:36:57	11:01
418	2853	ALBERTO SOUSA	1001 trilhos	Veterano M40	03:07:18	+01:36:59	11:01
419	2773	Pedro Ramos	shots international runnes	Veterano M40	03:07:21	+01:37:03	11:01
420	2460	Carlos Almeida	individual	Veterano M50	03:07:32	+01:37:14	11:02
421	2469	José Manuel da Silva Pereira	individual	Veterano M50	03:07:37	+01:37:18	11:02
422	1137	Rui Pedro Costa Jesus	individual	Senior Masculino	03:07:49	+01:37:31	11:03
423	2891	Anselmo Luís Pereira	individual	Senior Masculino	03:07:50	+01:37:31	11:03
424	2356	Pedro Miguel da Rocha Santos	individual	Senior Masculino	03:07:50	+01:37:31	11:03
425	2036	Luís Pereria	a.d.amarante trail running	Sub 23 Masculino	03:08:11	+01:37:53	11:04
426	2509	Cláudia Babo	kika's team	Senior Feminino	03:08:12	+01:37:53	11:04
427	2428	Feliciano Ferreira	individual	Veterano M40	03:08:13	+01:37:54	11:04
428	2655	Pedro Ferreira	os fugitivos da crise	Senior Masculino	03:08:24	+01:38:05	11:05
429	2653	António Neto	os fugitivos da crise	Senior Masculino	03:08:26	+01:38:07	11:05
430	2285	Patricia Ferreira	individual	Senior Feminino	03:08:52	+01:38:33	11:07
431	2304	António José Carvalho Ferreira	individual	Senior Masculino	03:08:52	+01:38:33	11:07
432	2725	Luísa Marques	porto sentido runners	Veterana F40	03:09:00	+01:38:41	11:07
433	2738	Jorge Pereira	porto sentido runners	Veterano M40	03:09:00	+01:38:41	11:07
434	2742	Marco Caldas	porto sentido runners	Veterano M40	03:09:00	+01:38:41	11:07
435	2175	Diogo Martins	emna runners	Senior Masculino	03:09:07	+01:38:48	11:07
436	2771	Luisa Mota	sempre juntos	Senior Feminino	03:09:09	+01:38:51	11:08
437	2752	nuno freitas	reumatico	Senior Masculino	03:09:14	+01:38:55	11:08
438	2198	Márcia Coelho	ei team trail	Senior Feminino	03:09:34	+01:39:16	11:09
439	2199	Joaquim Coelho	ei team trail	Veterano M40	03:09:35	+01:39:16	11:09
440	2826	Carla Coelho	trepatrihos trail team	Senior Feminino	03:09:36	+01:39:17	11:09
441	2660	Ricardo Silva	os fugitivos da crise	Veterano M40	03:09:41	+01:39:23	11:10
442	2167	Tiago Mendes Rocha	edv-viana trail	Sub 23 Masculino	03:09:45	+01:39:26	11:10
443	2766	Francisco Moreira	s. s. montepio	Veterano M40	03:09:55	+01:39:37	11:10
444	2124	Ana Moreira	budeguita runners	Veterana F40	03:10:22	+01:40:04	11:12
445	1194	Sara Vigarrio	metralhas runners	Senior Feminino	03:10:27	+01:40:09	11:12
446	2066	Fernanda Leal	aliança de gandra	Veterana F40	03:10:30	+01:40:12	11:12
447	2512	Elisabete Maria Lopes Fonseca	kunalama runners	Senior Feminino	03:10:40	+01:40:21	11:13
448	2260	Nuno Teixeira	imperadores	Senior Masculino	03:10:50	+01:40:32	11:14
449	2451	PAULO FREITAS JORGE	individual	Veterano M40	03:11:04	+01:40:45	11:14

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
450	1242	Rui Gomes	rui	Senior Masculino	03:11:11	+01:40:53	11:15
451	2164	Carla Alexandra Araújo Pereira	edv-viana trail	Senior Feminino	03:11:14	+01:40:56	11:15
452	2292	Sílvia Teixeira	individual	Senior Feminino	03:11:15	+01:40:57	11:15
453	2140	Rui Oliveira	comdor runners	Veterano M40	03:11:25	+01:41:07	11:16
454	2371	Sérgio Coelho	individual	Senior Masculino	03:11:35	+01:41:17	11:16
455	2726	Margarida Sousa	porto sentido runners	Veterana F40	03:11:42	+01:41:24	11:17
456	2404	Marlene Rodrigues	individual	Veterana F40	03:11:49	+01:41:30	11:17
457	2432	Ivo de Oliveira Almeida	individual	Veterano M40	03:11:49	+01:41:31	11:17
458	2027	Ana Isabel Abreu Mendonça	a.d.amarante trail running	Senior Feminino	03:12:08	+01:41:50	11:18
459	2010	Flavio Silva	10temidos	Sub 23 Masculino	03:12:48	+01:42:30	11:21
460	2448	Oscar Novais	individual	Veterano M40	03:13:15	+01:42:56	11:22
461	2339	Luís Rocha	individual	Senior Masculino	03:13:15	+01:42:56	11:22
462	2809	Alexandra Bessa	team aguenta aí	Veterana F40	03:13:25	+01:43:07	11:23
463	2165	Elisabete Maria Pinto Faria	edv-viana trail	Senior Feminino	03:13:29	+01:43:10	11:23
464	2828	Luzinha Monteiro	trepatrihos trail team	Senior Feminino	03:13:30	+01:43:12	11:23
465	1186	Pedro Azevedo	la zinco	Senior Masculino	03:13:45	+01:43:27	11:24
466	2442	Manuel Moreira	individual	Senior Masculino	03:14:24	+01:44:05	11:26
467	2717	Vera Lúcia Sousa	porto sentido runners	Senior Feminino	03:14:34	+01:44:15	11:27
468	2422	António Carlos de Sousa Ferrez	individual	Veterano M40	03:14:46	+01:44:27	11:27
469	2505	Pedro Duarte	kemedo team	Senior Masculino	03:14:52	+01:44:33	11:28
470	2431	Francisco José Garcia Moreira	individual	Veterano M40	03:14:52	+01:44:34	11:28
471	2724	Fernanda Lopes	porto sentido runners	Veterana F40	03:15:19	+01:45:01	11:29
472	52	Filipe Gonçalves	índios de bttrail	Senior Masculino	03:15:36	+01:45:17	11:30
473	2360	Pedro Silva	individual	Senior Masculino	03:15:36	+01:45:17	11:30
474	2600	José Silva	nocturnos de paredes	Veterano M40	03:15:45	+01:45:26	11:31
475	2569	Carina Moreira	nocturnos de paredes	Senior Feminino	03:15:49	+01:45:31	11:31
476	2884	Bernardo Gomes	kemedo team	Sub 23 Masculino	03:16:15	+01:45:57	11:33
477	2232	HUGO SILVA	fugitivos urbanos - clínica + saúde	Sub 23 Masculino	03:16:17	+01:45:59	11:33
478	2758	César Moreira	rui	Senior Masculino	03:17:15	+01:46:57	11:36
479	2759	Paulo Torres	rui	Senior Masculino	03:17:16	+01:46:57	11:36
480	2760	Sérgio Santos	rui	Senior Masculino	03:17:16	+01:46:58	11:36
481	2754	pedro ferreira	reumatico	Veterano M40	03:17:27	+01:47:08	11:37
482	2572	Raquel Ribeiro	nocturnos de paredes	Senior Feminino	03:18:43	+01:48:24	11:41
483	2633	Vanessa Santos	oralklass-amigos do trail	Senior Feminino	03:18:43	+01:48:24	11:41
484	2681	Monica Magalhaes	papatrails	Senior Feminino	03:18:50	+01:48:32	11:42
485	2564	Antonio Rodrigues	mountain runners	Veterano M40	03:18:51	+01:48:33	11:42
486	2364	Ricardo Nogueira	individual	Senior Masculino	03:18:53	+01:48:35	11:42
487	2015	Pedro Sousa	10temidos	Veterano M40	03:18:59	+01:48:40	11:42
488	2026	JOSE ARMANDO ALVES	a.cu.r.a btt	Senior Masculino	03:18:59	+01:48:41	11:42
489	2683	Mafalda Alves	papatrails	Sub 23 Feminino	03:19:14	+01:48:55	11:43
490	2627	Rita Botelho	nutribarrosas	Senior Feminino	03:19:28	+01:49:10	11:44
491	2396	MANUELA MOTA	individual	Veterana F40	03:19:30	+01:49:11	11:44
492	1129	Pedro Marinho	individual	Senior Masculino	03:19:50	+01:49:31	11:45
493	2465	Isaac Batista Pereira	individual	Veterano M50	03:19:50	+01:49:31	11:45
494	2821	Vítor Silva	tombos & trambolhões btt	Senior Masculino	03:20:08	+01:49:50	11:46
495	2510	Paula costa	kika's team	Senior Feminino	03:20:37	+01:50:18	11:48

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
496	2715	Eliana Lopes	porto sentido runners	Senior Feminino	03:20:40	+01:50:22	11:48
497	2730	Cacilda Ramos	porto sentido runners	Veterana F50	03:20:41	+01:50:23	11:48
498	2037	Ana Fernandes	academia fernanda ribeiro	Veterana F40	03:20:47	+01:50:29	11:49
499	2405	Natália Ribeiro	individual	Veterana F40	03:20:57	+01:50:38	11:49
500	2734	Eduardo Ribeiro	porto sentido runners	Veterano M40	03:21:15	+01:50:56	11:50
501	1018	Marco gomes	ana soraia ferreira	Senior Masculino	03:21:33	+01:51:15	11:51
502	2606	Antonio Carvalho	nocturnos de paredes	Veterano M50	03:22:29	+01:52:11	11:55
503	2291	Silvia Sousa	individual	Senior Feminino	03:22:29	+01:52:11	11:55
504	2271	Isabel Maria Sousa Dias	individual	Senior Feminino	03:22:30	+01:52:11	11:55
505	1152	Manuel Dias	individual	Veterano M40	03:22:34	+01:52:16	11:55
506	2238	Susana Vieira	futebol clube de penafiel	Veterana F40	03:22:42	+01:52:23	11:55
507	2870	Paula Figueiredo	individual	Veterana F40	03:23:10	+01:52:51	11:57
508	2858	Pedro Rodrigues	gondomar futsal clube	Senior Masculino	03:23:32	+01:53:13	11:58
509	2276	Maria Alexandra Almeida da Silva Pereira	individual	Senior Feminino	03:23:36	+01:53:17	11:59
510	2528	Maria Inês Gonçalves Amaral Arcos	llproduction	Senior Feminino	03:23:36	+01:53:18	11:59
511	1171	José Mendes Ferreira	individual	Veterano M50	03:23:49	+01:53:31	11:59
512	2384	Filipe Borges	individual	Sub 23 Masculino	03:23:55	+01:53:36	12:00
513	2415	Alcídio Figueiredo	individual	Veterano M40	03:23:56	+01:53:38	12:00
514	2693	Glória Antunes	paredes running	Veterana F40	03:24:23	+01:54:05	12:01
515	2107	Sofia Ferreira	btt alegria / tubani	Senior Feminino	03:24:30	+01:54:12	12:02
516	2680	Estela Oliveira	papatrails	Senior Feminino	03:24:32	+01:54:14	12:02
517	2171	Liliana Rocha	ei team trail	Senior Feminino	03:24:46	+01:54:28	12:03
518	2691	Celeste Lopes	paredes running	Veterana F40	03:24:49	+01:54:31	12:03
519	2486	MANUEL PINTO	indutel	Veterano M50	03:24:53	+01:54:35	12:03
520	2483	HELDER MOREIRA	indutel	Veterano M40	03:25:03	+01:54:45	12:04
521	2479	BRUNO MOREIRA	indutel	Senior Masculino	03:25:03	+01:54:45	12:04
522	1016	Célia Vieira	alto relevo - clube de montanhismo	Veterana F40	03:25:27	+01:55:08	12:05
523	2501	sonia teixeira	keepmoving	Veterana F40	03:25:59	+01:55:41	12:07
524	2500	Eugénia Teixeira	keepmoving	Veterana F40	03:26:00	+01:55:42	12:07
525	2622	Manuel Silva	nós acreditamos	Veterano M40	03:26:23	+01:56:05	12:08
526	2321	Domingos Pereira	individual	Senior Masculino	03:26:31	+01:56:13	12:09
527	2315	Carlos Santos	individual	Senior Masculino	03:26:39	+01:56:20	12:09
528	2496	Antonio Pinho	isabel	Veterano M40	03:27:15	+01:56:57	12:12
529	2494	Isabelrang@gmail.com	isabel	Veterana F40	03:27:15	+01:56:57	12:12
530	2102	Fátima Melo	btt alegria / tubani	Senior Feminino	03:27:57	+01:57:38	12:14
531	2650	Manuel Moura	os barriguitas	Veterano M50	03:28:05	+01:57:47	12:14
532	2197	Abilio Neves	equipotência trail team	Veterano M50	03:30:17	+01:59:58	12:22
533	2192	Joao Neves	equipotência trail team	Senior Masculino	03:30:17	+01:59:59	12:22
534	2042	SUSANA MOREIRA	adventures	Senior Feminino	03:30:26	+02:00:07	12:23
535	2592	Maria Jesus	nocturnos de paredes	Veterana F40	03:31:45	+02:01:26	12:27
536	2768	Rui Silva	s. s. montepio	Veterano M40	03:31:45	+02:01:26	12:27
537	2625	Vitor Manuel Ribeiro Dias	nós acreditamos	Veterano M40	03:31:59	+02:01:40	12:28
538	2412	Ienita lemos	individual	Veterana F50	03:32:05	+02:01:46	12:29
539	2652	André Filipe L. Augusto	os fugitivos da crise	Senior Masculino	03:32:09	+02:01:51	12:29
540	2874	Nelson Montalvão	individual	Veterano M40	03:32:14	+02:01:55	12:29

TRAIL CURTO - STAGE 1

17 KM

OFFICIAL RESULT

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
541	2105	Patrícia Pinto	btt alegria / tubani	Senior Feminino	03:32:22	+02:02:03	12:30
542	2118	Mónica Almeida	btt alegria / tubani	Veterana F40	03:32:25	+02:02:07	12:30
543	2375	Tiago João Gonçalves Serrano	individual	Senior Masculino	03:32:26	+02:02:08	12:30
544	2747	MANUEL PEREIRA	portocargo	Veterano M50	03:32:39	+02:02:20	12:31
545	2461	Domingos Barbosa da Silva	individual	Veterano M50	03:33:11	+02:02:52	12:32
546	2493	Nuno Andrade	isabel	Senior Masculino	03:33:13	+02:02:54	12:33
547	2497	Carlos Pereira	isabel	Veterano M40	03:33:13	+02:02:54	12:33
548	2286	Rita Pereira	individual	Senior Feminino	03:33:21	+02:03:03	12:33
549	2126	Isabel Ferreira	budeguita runners	Veterana F40	03:33:51	+02:03:33	12:35
550	2128	Minna Sillankorva	budeguita runners	Veterana F40	03:33:52	+02:03:33	12:35
551	2284	Marta Patrícia Teles Ribeiro	individual	Senior Feminino	03:34:35	+02:04:16	12:37
552	2381	Cátia Salgado	individual	Sub 23 Feminino	03:35:17	+02:04:58	12:40
553	2254	Rui Samuel	gtt - armazém do caffè	Senior Masculino	03:35:17	+02:04:59	12:40
554	2704	Dário lopes	pernetas	Senior Masculino	03:35:22	+02:05:04	12:40
555	2587	Diogo Lima	nocturnos de paredes	Sub 23 Masculino	03:35:25	+02:05:06	12:40
556	2233	RUI COELHO	fugitivos urbanos - clínica + saúde	Veterano M40	03:35:40	+02:05:21	12:41
557	2215	Suzete do Rosário Passos de Sousa	fridão sem limites	Veterana F40	03:35:49	+02:05:30	12:42
558	2466	João Sousa	individual	Veterano M50	03:35:54	+02:05:36	12:42
559	2618	Maria João Alves	nós acreditamos	Veterana F40	03:35:55	+02:05:37	12:42
560	2623	Paulo Sousa	nós acreditamos	Veterano M40	03:35:55	+02:05:37	12:42
561	2477	FILIPA PINTO	indutel	Senior Feminino	03:36:00	+02:05:41	12:42
562	2392	Cláudia Ribeiro	individual	Veterana F40	03:36:20	+02:06:01	12:44
563	2340	Luis Sousa	individual	Senior Masculino	03:36:23	+02:06:04	12:44
564	2537	Luís Marinho	lusos xxi	Senior Masculino	03:36:23	+02:06:04	12:44
565	2533	António Coelho	lusos xxi	Senior Masculino	03:36:23	+02:06:04	12:44
566	2256	Aida Linhares	gtt - armazém do caffè	Veterana F40	03:36:32	+02:06:14	12:44
567	2720	Vitor Martins	porto sentido runners	Senior Masculino	03:36:41	+02:06:22	12:45
568	2761	Tânia Rebelo	s. s. montepio	Senior Feminino	03:36:51	+02:06:33	12:45
569	2685	Jose Alves	papatrails	Veterano M40	03:37:00	+02:06:42	12:46
570	2703	Liliana pinto	pernetas	Senior Feminino	03:37:08	+02:06:50	12:46
571	2764	Rui Rebelo	s. s. montepio	Senior Masculino	03:37:12	+02:06:53	12:47
572	1140	Sérgio Jerónimo	individual	Senior Masculino	03:37:16	+02:06:57	12:47
573	2352	Paulo Sérgio Pereira de Bessa	individual	Senior Masculino	03:37:16	+02:06:57	12:47
574	2803	Pedro Alves	serviço urgência team & friends	Senior Masculino	03:37:18	+02:06:59	12:47
575	2366	Rui Correia	individual	Senior Masculino	03:37:26	+02:07:08	12:47
576	2445	Miguel Pinto	individual	Veterano M40	03:37:44	+02:07:25	12:48
577	1064	Isaac ferreira	futebol clube de penafiel	Senior Feminino	03:37:44	+02:07:26	12:49
578	2297	TERESA MAIAS	individual	Senior Feminino	03:38:02	+02:07:44	12:50
579	2251	Monica Borges	gtt - amazém do caffè	Senior Feminino	03:38:02	+02:07:44	12:50
580	2856	Patrícia Pereira	gondomar futsal clube	Senior Feminino	03:38:07	+02:07:49	12:50
581	2262	Ana moreira	individual	Senior Feminino	03:39:47	+02:09:28	12:56
582	2249	Maria Lurdes Pereira	grupo desportivo limpeza urbana da cmp	Veterana F40	03:40:02	+02:09:43	12:57
583	2250	António Celeste	grupo desportivo limpeza urbana da cmp	Veterano M50	03:40:02	+02:09:43	12:57
584	2692	Fatima Nunes	paredes running	Veterana F40	03:40:34	+02:10:15	12:58
585	2694	Lucinda Marques	paredes running	Veterana F40	03:40:45	+02:10:26	12:59

TRAIL CURTO - STAGE 1

17 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
586	2358	Pedro Ribau	individual	Senior Masculino	03:40:46	+02:10:27	12:59
587	2823	Vânia Santos	trail sra do salto	Senior Feminino	03:40:48	+02:10:30	12:59
588	2597	Daniel Pereira	nocturnos de paredes	Veterano M40	03:40:59	+02:10:40	13:00
589	2544	Joana Moreira	moinhos run - adrm	Senior Feminino	03:41:02	+02:10:43	13:00
590	2549	Márcio Silva	moinhos run - adrm	Senior Masculino	03:41:02	+02:10:44	13:00
591	2476	VALDEMAR SILVA	individual	Veterano M50	03:41:04	+02:10:45	13:00
592	2808	Rita Isabel Faria Ferraz Nogueira	team aguenta aí	Senior Feminino	03:41:17	+02:10:59	13:01
593	83	Fernanda Castelo	la zinco	Senior Feminino	03:41:46	+02:11:28	13:03
594	2347	Nuno Filipe Barbosa Coelho	individual	Senior Masculino	03:42:16	+02:11:58	13:05
595	2737	João Pinheiro	porto sentido runners	Veterano M40	03:42:41	+02:12:22	13:06
596	2721	Berta Ferreira	porto sentido runners	Veterana F40	03:42:41	+02:12:22	13:06
597	2435	jorge nogueira	individual	Veterano M40	03:42:52	+02:12:34	13:07
598	2159	FERREIRA	danados	Senior Masculino	03:43:01	+02:12:43	13:07
599	2003	claudia moura	10temidos	Senior Feminino	03:43:02	+02:12:44	13:07
600	2157	SUSANA ALMEIDA	danados	Senior Feminino	03:43:30	+02:13:12	13:09
601	2707	ISABEL CARVALHO	pernetas	Veterana F40	03:43:37	+02:13:18	13:09
602	2576	Filipe Pinto	nocturnos de paredes	Senior Masculino	03:43:43	+02:13:25	13:10
603	2706	Fátima Meinedo	pernetas	Veterana F40	03:44:11	+02:13:52	13:11
604	2191	Andre Freitas	equipotência trail team	Senior Masculino	03:44:29	+02:14:11	13:12
605	2524	Marco Oliveira	leões de tardariz trail	Veterano M40	03:44:31	+02:14:13	13:12
606	2522	Manuel Oliveira	leões de tardariz trail	Veterano M40	03:44:31	+02:14:13	13:12
607	2196	Vitor Sousa	equipotência trail team	Senior Masculino	03:44:31	+02:14:13	13:12
608	2400	Maria Irene Ferraz da Silva	individual	Veterana F40	03:45:00	+02:14:41	13:14
609	2188	MARIA FONSECA+	equipa joão ferreira	Veterana F40	03:45:02	+02:14:43	13:14
610	2166	Susana Mónica Almeida da Silva	edv-viana trail	Senior Feminino	03:45:02	+02:14:43	13:14
611	2182	SONIA MOREIRA	equipa joão ferreira	Senior Feminino	03:45:02	+02:14:43	13:14
612	2299	VANESSA SOFIA DE CARVALHO GUEDES	individual	Senior Feminino	03:45:12	+02:14:54	13:15
613	2499	Lénio Fernando Nogueira Marinho	jobrinde-montes saloios	Veterano M50	03:45:15	+02:14:56	13:15
614	2269	Francisca Martins	individual	Senior Feminino	03:45:15	+02:14:56	13:15
615	2714	Paulo Lopes	pm	Veterano M40	03:45:29	+02:15:10	13:16
616	2570	Liliana Pereira	nocturnos de paredes	Senior Feminino	03:45:40	+02:15:22	13:17
617	2579	Nuno Queirós	nocturnos de paredes	Senior Masculino	03:45:40	+02:15:22	13:17
618	2502	Ana Rita Leal	kemedo team	Senior Feminino	03:45:48	+02:15:30	13:17
619	2508	Luís Gomes	kemedo team	Veterano M40	03:45:48	+02:15:30	13:17
620	2539	Marco Moreira	lusos xxi	Sub 23 Masculino	03:46:13	+02:15:55	13:18
621	2893	Vítor Moraes	individual	Senior Masculino	03:46:44	+02:16:25	13:20
622	2682	Vitor Teixeira	papatrails	Senior Masculino	03:46:44	+02:16:25	13:20
623	2178	Jorge Antunes	emna runners	Veterano M40	03:46:46	+02:16:27	13:20
624	2545	Luciana Camilo	moinhos run - adrm	Senior Feminino	03:47:14	+02:16:56	13:22
625	2656	Leonilde Macedo	os fugitivos da crise	Veterana F40	03:49:27	+02:19:09	13:30
626	2657	Maria Lurdes Mendes	os fugitivos da crise	Veterana F40	03:49:27	+02:19:09	13:30
627	2662	Raul Macedo	os fugitivos da crise	Veterano M50	03:49:28	+02:19:09	13:30
628	2651	Elsa Costa	os fugitivos da crise	Senior Feminino	03:49:28	+02:19:09	13:30
629	2654	João Ferreira	os fugitivos da crise	Senior Masculino	03:49:28	+02:19:09	13:30
630	2116	Cristina Pinto	btt alegria / tubani	Veterana F40	03:49:29	+02:19:11	13:30

TRAIL CURTO - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
631	2306	Bruno Daniel Barbosa Magalhães	individual	Senior Masculino	03:49:35	+02:19:17	13:30
632	2399	Maria de Fátima Ferreira Bessa	individual	Veterana F40	03:49:36	+02:19:17	13:30
633	2053	Joana Soares	aliança de gandra	Senior Feminino	03:50:38	+02:20:19	13:34
634	2567	Nélson Silva	nélson	Senior Masculino	03:50:59	+02:20:40	13:35
635	2566	Claudia Ramos	nélson	Senior Feminino	03:51:03	+02:20:45	13:36
636	2810	Manuel Jorge	team aguenta aí	Veterano M40	03:51:28	+02:21:09	13:37
637	2125	Eduarda Freitas	budeguita runners	Veterana F40	03:52:04	+02:21:46	13:39
638	2490	CARLA SANTOS	invicta runners team	Veterana F40	03:52:05	+02:21:47	13:39
639	2277	maria joao silva	individual	Senior Feminino	03:52:20	+02:22:02	13:40
640	2323	Fernando Ferreira sousa	individual	Senior Masculino	03:52:21	+02:22:03	13:40
641	2273	Juliana de Sá	individual	Senior Feminino	03:52:21	+02:22:03	13:40
642	2411	Isaura de almeida	individual	Veterana F50	03:52:32	+02:22:13	13:41
643	2608	Célia Coelho	nós acreditamos	Senior Feminino	03:52:38	+02:22:20	13:41
644	2615	Joana Carvalho	nós acreditamos	Sub 23 Feminino	03:52:39	+02:22:21	13:41
645	2430	Filipe Moutinho	individual	Veterano M40	03:52:42	+02:22:24	13:41
646	2540	Ana Rosa Alves	m.alves	Veterana F50	03:53:04	+02:22:46	13:43
647	2514	Andreia Carvalho	la zinco	Senior Feminino	03:53:07	+02:22:48	13:43
648	2710	Ricardo Monteiro	pernetas	Veterano M40	03:53:14	+02:22:56	13:43
649	2055	Zita Rodrigues	aliança de gandra	Senior Feminino	03:53:23	+02:23:05	13:44
650	2690	Ana Ferreira	paredes running	Veterana F40	03:53:42	+02:23:24	13:45
651	2301	Adelino Marques	individual	Senior Masculino	03:53:44	+02:23:26	13:45
652	1136	Romeu Orlando Pereira Rodrigues	individual	Senior Masculino	03:55:00	+02:24:42	13:49
653	2185	CÉLIA AROSO	equipa João Ferreira	Veterana F40	03:56:14	+02:25:55	13:54
654	1183	Paula Silva	la zinco	Senior Feminino	03:56:17	+02:25:59	13:54
655	1180	Joana Ferreira	la zinco	Senior Feminino	03:56:17	+02:25:59	13:54
656	2786	Maria José	somos nós team	Veterana F50	03:56:25	+02:26:06	13:54
657	2403	Marília Dias	individual	Veterana F40	03:56:25	+02:26:06	13:54
658	2418	Álvaro Costa	individual	Veterano M40	03:56:40	+02:26:22	13:55
659	2279	Mariana Costa	individual	Senior Feminino	03:56:40	+02:26:22	13:55
660	2189	RITA GONÇALVES	equipa João Ferreira	Veterana F40	03:57:03	+02:26:45	13:57
661	1280	Sónia Machado	ei team trail	Veterana F40	03:57:31	+02:27:13	13:58
662	2584	Pedro Silva	nocturnos de paredes	Senior Masculino	03:57:40	+02:27:22	13:59
663	2296	Tania Manuela Ferreira Rocha	individual	Senior Feminino	03:58:03	+02:27:45	14:00
664	2406	Rosa Soares	individual	Veterana F40	03:58:07	+02:27:49	14:00
665	2181	INÊS SOARES	equipa João Ferreira	Senior Feminino	03:58:40	+02:28:21	14:02
666	2318	Daniel Filipe Ferreira Da Silva	individual	Senior Masculino	03:59:00	+02:28:41	14:04
667	2282	Marlene Raquel Vieira	individual	Senior Feminino	03:59:01	+02:28:43	14:04
668	2190	Micaela Santos	equipotência trail team	Senior Feminino	03:59:14	+02:28:56	14:04
669	2194	Luis Neves	equipotência trail team	Senior Masculino	03:59:15	+02:28:56	14:04
670	2408	VANDA AFONSO COSTA	individual	Veterana F40	03:59:30	+02:29:12	14:05
671	2452	PAULO LUIS RODRIGUES FERREIRA	individual	Veterano M40	03:59:31	+02:29:12	14:05
672	2409	Amélia Cardoso	individual	Veterana F50	03:59:46	+02:29:27	14:06
673	2287	Rute Moreira	individual	Senior Feminino	03:59:51	+02:29:33	14:07
674	2324	Filipe	individual	Senior Masculino	03:59:57	+02:29:38	14:07
675	2393	Elisabete Nogueira	individual	Veterana F40	04:00:08	+02:29:50	14:08

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
676	1243	Nuno Ferreira	running team maia	Senior Masculino	04:00:09	+02:29:50	14:08
677	2474	MANUEL PIRES RODRIGUES	individual	Veterano M50	04:00:32	+02:30:14	14:09
678	1163	Alberto martins	individual	Veterano M50	04:01:54	+02:31:36	14:14
679	2044	LILIANA LEAL	adventures	Sub 23 Feminino	04:01:56	+02:31:38	14:14
680	2041	RAFAELA MOREIRA	adventures	Senior Feminino	04:01:57	+02:31:39	14:14
681	1063	Joana Carneiro	futebol clube de penafiel	Senior Feminino	04:02:06	+02:31:47	14:14
682	2236	Lidia Teles	futebol clube de penafiel	Senior Feminino	04:02:07	+02:31:48	14:15
683	1065	Manuel Alves	futebol clube de penafiel	Veterana F50	04:02:08	+02:31:49	14:15
684	2413	Maria Filomena Venâncio Lopes Marcelo	individual	Veterana F50	04:02:15	+02:31:56	14:15
685	2325	Gilberto Moutinho	individual	Senior Masculino	04:02:26	+02:32:08	14:16
686	2293	Sónia Bastos	individual	Senior Feminino	04:02:51	+02:32:33	14:17
687	2270	Helena Isabel Lirio	individual	Senior Feminino	04:02:51	+02:32:33	14:17
688	2834	Luisa Gomes	trepatrihos trail team	Veterana F40	04:03:44	+02:33:26	14:20
689	2237	Maria José Silva	futebol clube de penafiel	Senior Feminino	04:03:57	+02:33:38	14:21
690	1135	Rogério Alexandre de Almeida Camoesas	individual	Senior Masculino	04:03:57	+02:33:38	14:21
691	2234	Andreia Silva	futebol clube de penafiel	Senior Feminino	04:03:57	+02:33:39	14:21
692	2235	Eunice Santos	futebol clube de penafiel	Senior Feminino	04:03:57	+02:33:39	14:21
693	2317	Claudio Meneses	individual	Senior Masculino	04:04:23	+02:34:04	14:23
694	2559	João Pereira	mountain runners	Senior Masculino	04:05:40	+02:35:21	14:27
695	2348	Paulo Amorim	individual	Senior Masculino	04:05:45	+02:35:27	14:27
696	2346	Nelson Ricardo Moreira	individual	Senior Masculino	04:06:03	+02:35:45	14:28
697	2275	M.Joao Nogueira	individual	Senior Feminino	04:06:28	+02:36:10	14:30
698	2835	Manuela Moura	trepatrihos trail team	Veterana F40	04:08:18	+02:37:59	14:36
699	2841	Manuel Moura	trepatrihos trail team	Veterano M50	04:08:18	+02:37:59	14:36
700	2833	Manuel Silva	trepatrihos trail team	Senior Masculino	04:08:18	+02:37:59	14:36
701	2416	Alfredo silva	individual	Veterano M40	04:09:11	+02:38:52	14:39
702	2438	José Martins	individual	Veterano M40	04:09:11	+02:38:52	14:39
703	2351	Paulo Monteiro	individual	Senior Masculino	04:09:11	+02:38:52	14:39
704	2421	Antonio Barros	individual	Veterano M40	04:10:04	+02:39:46	14:43
705	2294	Sonia Moreira	individual	Senior Feminino	04:10:05	+02:39:46	14:43
706	2221	Rosario Guerra	friends	Veterana F40	04:10:18	+02:40:00	14:43
707	2266	Carla Eunice Brinco Ferreira	individual	Senior Feminino	04:12:49	+02:42:30	14:52
708	2844	Carmelita Marques	uh lá lá	Senior Feminino	04:12:49	+02:42:31	14:52
709	2845	Ana Rita Moreira	uh lá lá	Sub 23 Feminino	04:12:49	+02:42:31	14:52
710	2574	Tânia Ferreira	nocturnos de paredes	Senior Feminino	04:13:03	+02:42:44	14:53
711	2568	Andreia silva	nocturnos de paredes	Senior Feminino	04:13:03	+02:42:45	14:53
712	2447	Norberto Simões Eustáquio	individual	Veterano M40	04:15:00	+02:44:41	15:00
713	2220	Conceição Pinto	friends	Veterana F40	04:15:25	+02:45:07	15:02
714	2729	Suzete Correia	porto sentido runners	Veterana F40	04:15:40	+02:45:21	15:02
715	2716	Raquel Martins	porto sentido runners	Senior Feminino	04:15:40	+02:45:21	15:02
716	2119	Filipe Teixeira	btt alegría / tubani	Veterano M40	04:16:22	+02:46:03	15:05
717	2473	LUIZ C.J. BLANQUET	individual	Veterano M50	04:16:40	+02:46:22	15:06
718	2776	Marta Oliveira	só descidas!!	Senior Feminino	04:16:51	+02:46:32	15:07
719	2775	Liliana Lopes	só descidas!!	Senior Feminino	04:16:51	+02:46:32	15:07
720	2774	Carla Alves	só descidas!!	Senior Feminino	04:16:51	+02:46:32	15:07

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
721	2782	Carlos Cunha	só descidas!!	Veterano M40	04:16:52	+02:46:33	15:07
722	2881	Jorge Fernando Trigo da Costa	individual	Senior Masculino	04:16:53	+02:46:34	15:07
723	2778	César Coelho	só descidas!!	Senior Masculino	04:16:53	+02:46:35	15:07
724	2779	Isolino Coelho	só descidas!!	Senior Masculino	04:16:54	+02:46:35	15:07
725	2781	Jorge Mendes	só descidas!!	Senior Masculino	04:16:54	+02:46:35	15:07
726	2783	Paulo Barbosa	só descidas!!	Veterano M40	04:16:55	+02:46:36	15:07
727	2084	Sofia Pereira	as cunhadas	Senior Feminino	04:17:23	+02:47:04	15:08
728	2083	Patricia Caetano	as cunhadas	Senior Feminino	04:17:24	+02:47:05	15:08
729	2081	Raquel Lopes	arrastassolas	Senior Feminino	04:17:31	+02:47:13	15:09
730	2589	Rui Lopes	nocturnos de paredes	Sub 23 Masculino	04:17:35	+02:47:16	15:09
731	2065	Fátima Ramos	aliança de gandra	Veterana F40	04:19:01	+02:48:42	15:14
732	2068	Rosa Soares	aliança de gandra	Veterana F50	04:19:01	+02:48:43	15:14
733	2272	Joana Cristina Ferreira	individual	Senior Feminino	04:19:02	+02:48:43	15:14
734	2295	Susana Patricia Alves	individual	Senior Feminino	04:19:02	+02:48:44	15:14
735	1116	Luis Carlos Pinto Alves	individual	Senior Masculino	04:19:03	+02:48:45	15:14
736	2605	Telmo Mota	nocturnos de paredes	Veterano M40	04:19:07	+02:48:49	15:15
737	2588	Miguel Oliveira	nocturnos de paredes	Sub 23 Masculino	04:19:27	+02:49:08	15:16
738	2873	Ana Luísa Carvalho	individual	Veterana F40	04:19:54	+02:49:36	15:17
739	2869	Sandra Silva	individual	Veterana F40	04:19:55	+02:49:36	15:17
740	2225	SANDRA SILVA	fugitivos urbanos - clínica + saúde	Senior Feminino	04:21:13	+02:50:54	15:22
741	2226	SOFIA COELHO	fugitivos urbanos - clínica + saúde	Senior Feminino	04:21:13	+02:50:54	15:22
742	2686	Liliana Sousa	paredes running	Senior Feminino	04:21:16	+02:50:57	15:22
743	2697	Luis Ribeiro	paredes running	Veterano M40	04:22:04	+02:51:46	15:25
744	2687	Luisa Pacheco	paredes running	Senior Feminino	04:22:04	+02:51:46	15:25
745	2541	Maria Carneiro	metralhas runners	Veterana F40	04:22:38	+02:52:20	15:27
746	2542	Sonia Sampaio	metralhas runners	Veterana F40	04:22:38	+02:52:20	15:27
747	2100	Claudia Carmo	btt alegria / tubani	Senior Feminino	04:22:54	+02:52:35	15:28
748	2849	Lidia Mota	usf ts	Senior Feminino	04:22:54	+02:52:35	15:28
749	2794	Andreia Moura	serviço urgência team & friends	Senior Feminino	04:23:31	+02:53:12	15:30
750	2796	Daniela Dias	serviço urgência team & friends	Senior Feminino	04:23:31	+02:53:12	15:30
751	2798	Marta Carvalho	serviço urgência team & friends	Senior Feminino	04:23:31	+02:53:12	15:30
752	2799	Patrícia Antunes	serviço urgência team & friends	Senior Feminino	04:23:31	+02:53:12	15:30
753	2802	Luís Miguel Vieira	serviço urgência team & friends	Senior Masculino	04:23:32	+02:53:13	15:30
754	2801	Filipe Magano	serviço urgência team & friends	Senior Masculino	04:23:32	+02:53:14	15:30
755	2099	Gil Castro	beat your limit	Senior Masculino	04:23:34	+02:53:16	15:30
756	2097	Tânia Mendes	beat your limit	Senior Feminino	04:23:35	+02:53:16	15:30
757	2804	Sérgio Martins	serviço urgência team & friends	Senior Masculino	04:23:35	+02:53:16	15:30
758	2098	Tânia Rebelo	beat your limit	Senior Feminino	04:23:37	+02:53:18	15:30
759	2478	MANUELA AZEVEDO	indutel	Senior Feminino	04:24:30	+02:54:12	15:34
760	2485	MIGUEL PINTO	indutel	Veterano M40	04:24:31	+02:54:12	15:34
761	2333	Joel Coelho	individual	Senior Masculino	04:24:54	+02:54:36	15:35
762	2264	Andreia Isilda Cruz	individual	Senior Feminino	04:24:55	+02:54:36	15:35
763	2290	Silvia Cruz	individual	Senior Feminino	04:24:55	+02:54:37	15:35
764	2456	Sérgio Miguel Moreira da Silva	individual	Veterano M40	04:27:23	+02:57:04	15:44
765	2417	Alípio ascensao	individual	Veterano M40	04:27:24	+02:57:05	15:44
766	2457	Sérgio Sousa	individual	Veterano M40	04:27:29	+02:57:11	15:44

TRAIL CURTO - STAGE 1

17 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
767	2076	Susana Silva	all about	Veterana F40	04:28:21	+02:58:03	15:47
768	2075	Susana Rito	all about	Veterana F40	04:28:21	+02:58:03	15:47
769	2012	Susana Ferreira	10temidos	Veterana F40	04:28:51	+02:58:32	15:49
770	2127	Marta Leite	budeguita runners	Veterana F40	04:28:56	+02:58:38	15:49
771	2129	Sandra Soares	budeguita runners	Veterana F40	04:28:56	+02:58:38	15:49
772	2468	Jorge Manuel Pereira silva	individual	Veterano M50	04:32:54	+03:02:36	16:03
773	2386	Jorge Manuel castro Sousa	individual	Sub 23 Masculino	04:32:55	+03:02:36	16:03
774	2278	Mariana Castro Martins	individual	Senior Feminino	04:32:55	+03:02:36	16:03
775	2394	Fátima sousa	individual	Veterana F40	04:33:59	+03:03:40	16:07
776	2111	Joaquim Pereira	btt alegria / tubani	Senior Masculino	04:35:10	+03:04:51	16:11
777	2101	Cristina Moreira	btt alegria / tubani	Senior Feminino	04:35:42	+03:05:24	16:13
778	2425	Carlos Neuf	individual	Veterano M40	04:36:53	+03:06:35	16:17
779	2162	Elsa Dias	danados	Veterana F40	04:37:03	+03:06:45	16:18
780	2156	JEANETE GARCES	danados	Senior Feminino	04:37:03	+03:06:45	16:18
781	2155	ANITA SILVA	danados	Senior Feminino	04:37:04	+03:06:45	16:18
782	2248	Paulo Ferreira	grupo 46	Veterano M40	04:38:05	+03:07:47	16:22
783	2247	Manuela Viterbo	grupo 46	Veterana F50	04:38:06	+03:07:48	16:22
784	2206	Ana Isabel Azevedo leite	fridão sem limites	Senior Feminino	04:38:08	+03:07:50	16:22
785	2458	Alvaro Silva	individual	Veterano M50	04:43:15	+03:12:57	16:40
786	2390	Ana Rita Duarte	individual	Veterana F40	04:43:15	+03:12:57	16:40
787	2450	Paulo Araújo	individual	Veterano M40	04:43:15	+03:12:57	16:40
788	2530	Joana Amaro	los manos	Senior Feminino	04:57:48	+03:27:29	17:31
789	2529	Daniela Martins	los manos	Senior Feminino	04:57:48	+03:27:30	17:31
790	2531	Bruno Teixeira	los manos	Senior Masculino	04:57:49	+03:27:30	17:31
791	2047	Tiago marques	alegros	Senior Masculino	05:00:45	+03:30:26	17:41
792	2048	Olga soares	alegros	Veterana F40	05:00:45	+03:30:26	17:41
793	2268	Elisete Patrícia Moreira Ferreira	individual	Senior Feminino	05:03:05	+03:32:46	17:50
794	2824	Flavia Nogueira	trail sra do salto	Sub 23 Feminino	05:03:08	+03:32:50	17:50
795	2861	Ana Pereira	comodeantes	Senior Feminino	05:11:43	+03:41:24	18:20
796	2860	Ricardo Lobo	comodeantes	Senior Masculino	05:11:43	+03:41:24	18:20
797	2009	Alexandra Sá	10temidos	Sub 23 Feminino	05:21:50	+03:51:32	18:56
798	2011	Lília Sá	10temidos	Veterana F40	05:21:51	+03:51:32	18:56
799	2261	Ana Elisa Sousa	individual	Senior Feminino	05:24:26	+03:54:07	19:05
800	2265	Ângela Maria Ferreira Morais	individual	Senior Feminino	05:24:26	+03:54:07	19:05
801	2586	Joana Neves	nocturnos de paredes	Sub 23 Feminino	05:24:36	+03:54:18	19:06
802	2590	Tiago Pinto	nocturnos de paredes	Sub 23 Masculino	05:24:37	+03:54:18	19:06
803	2669	Silvia Rute Ferreira Maciel	ou vai ou racha	Senior Feminino	05:26:01	+03:55:43	19:11
804	2668	CÁTIA SOFIA NEVES BRAGA	ou vai ou racha	Senior Feminino	05:26:02	+03:55:43	19:11
805	2243	Carla Pimentel	generosos runners	Veterana F40	05:29:11	+03:58:53	19:22
806	2244	Lu Pinto	generosos runners	Veterana F40	05:29:11	+03:58:53	19:22
807	2675	ODETE LAMEIRA	ou vai ou racha	Veterana F40	05:38:12	+04:07:53	19:54
808	2674	Maria Arminda Faria Maciel	ou vai ou racha	Veterana F40	05:40:54	+04:10:35	20:03
809	2678	PAULO JORGE DE SOUSA MAGALHÃES	ou vai ou racha	Veterano M40	05:41:45	+04:11:27	20:06
810	2670	ANA RITA BARROS NEVES MAGALHÃES	ou vai ou racha	Veterana F40	05:41:46	+04:11:27	20:06
811	2245	Manuela Rosas	generosos runners	Veterana F40	05:56:37	+04:26:18	20:59

17 KM

OFFICIAL RESULT

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REVISED

Trail Curto

17 KM

LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION - LAP200 - TIMING SOLUTION

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:00	18°C	59%
End	15:27	18°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	2632	Joana Gonçalves	Oraklass-Amigos do Trail	Senior Feminino	02:09:35	07:37
2	2028	Ângela Soares	A.D.Amarante trail running	Senior Feminino	02:16:59	+07:24 08:03
3	2280	Mariana Delgado	Individual	Senior Feminino	02:18:37	+09:02 08:09
4	2814	Lucília Marlene Ferreira Silva	Tecla 3 Runners	Senior Feminino	02:19:46	+10:11 08:13
5	2052	Fernanda Machado	ALIANÇA DE GANDRA	Senior Feminino	02:20:15	+10:40 08:15
6	2557	Patricia Ribeiro	Mountain Runners	Senior Feminino	02:21:10	+11:35 08:18
7	2154	ANDREA CUNHA	danados	Senior Feminino	02:24:32	+14:57 08:30
8	2148	Mariana Pires	Dá-Lhe Gás	Senior Feminino	02:24:46	+15:11 08:31
9	2546	Luisa Cruz	Moinhos Run - ADRM	Senior Feminino	02:24:51	+15:16 08:31
10	2207	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	02:25:37	+16:02 08:34
11	2208	Eliana Patricia G. P. Teixeira	Fridão Sem Limites	Senior Feminino	02:38:42	+29:07 09:20
12	2104	Marcia Cunha	BTT Alegria / TUBANI	Senior Feminino	02:42:01	+32:26 09:32
13	2103	Lucia sousa	BTT Alegria / TUBANI	Senior Feminino	02:42:16	+32:41 09:33
14	2811	Xana Azevedo	Team Shark	Senior Feminino	02:42:33	+32:58 09:34
15	2609	Sandra Pereira	Nós Acreditamos	Senior Feminino	02:44:15	+34:40 09:40
16	2051	Carla Pereira	ALIANÇA DE GANDRA	Senior Feminino	02:45:02	+35:27 09:42
17	2806	monica barbosa	Tartarugas do Asfalto	Senior Feminino	02:45:55	+36:20 09:46
18	2029	Carina Marlene Soares Pereira	A.D.Amarante trail running	Senior Feminino	02:46:21	+36:46 09:47
19	2846	Cláudia Pesqueira	UNIDOS À FRESCA	Senior Feminino	02:46:46	+37:11 09:49
20	2813	Cristina Alexandra Barbosa do Couto	Tecla 3 Runners	Senior Feminino	02:46:49	+37:14 09:49
21	2812	Andreia Patricia Martins Pacheco	Tecla 3 Runners	Senior Feminino	02:46:49	+37:14 09:49
22	1181	Mariana Oliveira	LA Zinco	Senior Feminino	02:49:08	+39:33 09:57
23	2283	Marlene Silva	Individual	Senior Feminino	02:49:44	+40:09 09:59
24	2040	ADELINA SOUSA	ADVENTURES	Senior Feminino	02:50:09	+40:34 10:01
25	2267	Carla Sofia Gonçalves Pinto	Individual	Senior Feminino	02:50:44	+41:09 10:03
26	2532	Raquel Costa	LUSOS XXI	Senior Feminino	02:51:46	+42:11 10:06
27	2503	Sara Rafael	KeMedo Team	Senior Feminino	02:53:13	+43:38 10:11
28	2274	Liliana Soares	Individual	Senior Feminino	02:57:07	+47:32 10:25
29	2749	rosana martins	reumatico	Senior Feminino	02:59:49	+50:14 10:35
30	2163	Estela Neto	Didáxis Trail	Senior Feminino	03:00:06	+50:31 10:36
31	2825	Alexandra Couto	TrepaTrilhos Trail Team	Senior Feminino	03:02:01	+52:26 10:42
32	2827	Ligia Lopes	TrepaTrilhos Trail Team	Senior Feminino	03:02:27	+52:52 10:44
33	2571	Marisa Moreira	NOCTURNOS DE PAREDES	Senior Feminino	03:04:37	+55:02 10:52
34	2688	Sonia Silva	Paredes Running	Senior Feminino	03:05:27	+55:52 10:55
35	2573	Tânia Cardoso	NOCTURNOS DE PAREDES	Senior Feminino	03:05:47	+56:12 10:56
36	2748	mara freitas	reumatico	Senior Feminino	03:06:01	+56:26 10:57
37	2555	Claudia Sousa	Mountain Runners	Senior Feminino	03:07:16	+57:41 11:01
38	2509	Cláudia Babo	Kika's Team	Senior Feminino	03:08:12	+58:37 11:04
39	2285	Patricia Ferreira	Individual	Senior Feminino	03:08:52	+59:17 11:07

Trail Curto

17 KM

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REVISED

40	2771	Luisa Mota	Sempre Juntos	Senior Feminino	03:09:10	+59:35	11:08
41	2198	Márcia Coelho	El Team Trail	Senior Feminino	03:09:35	+01:00:00	11:09
42	2826	Carla Coelho	TrepaTrilhos Trail Team	Senior Feminino	03:09:36	+01:00:01	11:09
43	1194	Sara Vigario	Metralhas Runners	Senior Feminino	03:10:28	+01:00:53	11:12
44	2512	Elisabete Maria Lopes Fonseca	Kunalama runners	Senior Feminino	03:10:40	+01:01:05	11:13
45	2164	Carla Alexandra Araújo Pereira	EDV-VIANA TRAIL	Senior Feminino	03:11:15	+01:01:40	11:15
46	2292	Sílvia Teixeira	Individual	Senior Feminino	03:11:16	+01:01:41	11:15
47	2027	Ana Isabel Abreu Mendonça	A.D.Amarante trail running	Senior Feminino	03:12:09	+01:02:34	11:18
48	2165	Elisabete Maria Pinto Faria	EDV-VIANA TRAIL	Senior Feminino	03:13:29	+01:03:54	11:23
49	2828	Luzinha Monteiro	TrepaTrilhos Trail Team	Senior Feminino	03:13:31	+01:03:56	11:23
50	2717	Vera Lúcia Sousa	PORTO SENTIDO RUNNERS	Senior Feminino	03:14:34	+01:04:59	11:27
51	2569	Carina Moreira	NOCTURNOS DE PAREDES	Senior Feminino	03:15:50	+01:06:15	11:31
52	2572	Raquel Ribeiro	NOCTURNOS DE PAREDES	Senior Feminino	03:18:43	+01:09:08	11:41
53	2633	Vanessa Santos	Oralklass-Amigos do Trail	Senior Feminino	03:18:43	+01:09:08	11:41
54	2681	Monica Magalhaes	PAPATRAILS	Senior Feminino	03:18:51	+01:09:16	11:42
55	2627	Rita Botelho	NUTRIBARROSAS	Senior Feminino	03:19:29	+01:09:54	11:44
56	2510	Paula costa	Kika's Team	Senior Feminino	03:20:37	+01:11:02	11:48
57	2715	Eliana Lopes	PORTO SENTIDO RUNNERS	Senior Feminino	03:20:41	+01:11:06	11:48
58	2291	Sílvia Sousa	Individual	Senior Feminino	03:22:30	+01:12:55	11:55
59	2271	Isabel Maria Sousa Dias	Individual	Senior Feminino	03:22:30	+01:12:55	11:55
60	2276	Maria Alexandra Almeida da Silva Pereira	Individual	Senior Feminino	03:23:36	+01:14:01	11:59
61	2528	Maria Inês Gonçalves Amaral Arcos	LLProduction	Senior Feminino	03:23:37	+01:14:02	11:59
62	2107	Sofia Ferreira	BTT Alegria / TUBANI	Senior Feminino	03:24:31	+01:14:56	12:02
63	2680	Estela Oliveira	PAPATRAILS	Senior Feminino	03:24:33	+01:14:58	12:02
64	2171	Liliana Rocha	El Team Trail	Senior Feminino	03:24:47	+01:15:12	12:03
65	2102	Fátima Melo	BTT Alegria / TUBANI	Senior Feminino	03:27:57	+01:18:22	12:14
66	2042	SUSANA MOREIRA	ADVENTURES	Senior Feminino	03:30:26	+01:20:51	12:23
67	2105	Patrícia Pinto	BTT Alegria / TUBANI	Senior Feminino	03:32:22	+01:22:47	12:30
68	2286	Rita Pereira	Individual	Senior Feminino	03:33:22	+01:23:47	12:33
69	2284	Marta Patrícia Teles Ribeiro	Individual	Senior Feminino	03:34:35	+01:25:00	12:37
70	2477	FILIPA PINTO	INDUTEL	Senior Feminino	03:36:00	+01:26:25	12:42
71	2761	Tânia Rebelo	S. S. Montepio	Senior Feminino	03:36:52	+01:27:17	12:45
72	2703	Liliana pinto	Pernetas	Senior Feminino	03:37:09	+01:27:34	12:46
73	1064	Isaac ferreira	Futebol Clube de Penafiel	Senior Feminino	03:37:45	+01:28:10	12:49
74	2297	TERESA MAIAS	Individual	Senior Feminino	03:38:03	+01:28:28	12:50
75	2251	Monica Borges	GTT - Armazém do Caffè	Senior Feminino	03:38:03	+01:28:28	12:50
76	2856	Patrícia Pereira	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:38:08	+01:28:33	12:50
77	2262	Ana moreira	Individual	Senior Feminino	03:39:47	+01:30:12	12:56
78	2823	Vânia Santos	Trail Sra do Salto	Senior Feminino	03:40:49	+01:31:14	12:59
79	2544	Joana Moreira	Moinhos Run - ADRM	Senior Feminino	03:41:02	+01:31:27	13:00
80	2808	Rita Isabel Faria Ferraz Nogueira	Team aguenta Ai	Senior Feminino	03:41:18	+01:31:43	13:01
81	83	Fernanda Castelo	LA Zinco	Senior Feminino	03:41:47	+01:32:12	13:03
82	2003	claudia moura	10TEMIDOS	Senior Feminino	03:43:03	+01:33:28	13:07
83	2157	SUSANA ALMEIDA	danados	Senior Feminino	03:43:31	+01:33:56	13:09
84	2166	Susana Mónica Almeida da Silva	EDV-VIANA TRAIL	Senior Feminino	03:45:02	+01:35:27	13:14
85	2182	SONIA MOREIRA	Equipa João Ferreira	Senior Feminino	03:45:02	+01:35:27	13:14

Official Timekeeper: Lap2Go	2 / 19	generate 21-Apr-2017 10:46
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Trail Curto

17 KM

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OFFICIAL RESULT

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REVISED

86	2299	VANESSA SOFIA DE CARVALHO GUEDES	Individual	Senior Feminino	03:45:13	+01:35:38	13:15
87	2269	Francisca Martins	Individual	Senior Feminino	03:45:15	+01:35:40	13:15
88	2570	Liliana Pereira	NOCTURNOS DE PAREDES	Senior Feminino	03:45:41	+01:36:06	13:17
89	2502	Ana Rita Leal	KeMedo Team	Senior Feminino	03:45:49	+01:36:14	13:17
90	2545	Luciana Camilo	Moinhos Run - ADRM	Senior Feminino	03:47:15	+01:37:40	13:22
91	2651	Elsa Costa	OS FUGITIVOS DA CRISE	Senior Feminino	03:49:28	+01:39:53	13:30
92	2053	Joana Soares	ALIANÇA DE GANDRA	Senior Feminino	03:50:38	+01:41:03	13:34
93	2566	Claudia Ramos	Nélson	Senior Feminino	03:51:04	+01:41:29	13:36
94	2277	maria joao silva	Individual	Senior Feminino	03:52:21	+01:42:46	13:40
95	2273	Juliana de Sá	Individual	Senior Feminino	03:52:22	+01:42:47	13:40
96	2608	Célia Coelho	Nós Acreditamos	Senior Feminino	03:52:39	+01:43:04	13:41
97	2514	Andreia Carvalho	LA Zinco	Senior Feminino	03:53:07	+01:43:32	13:43
98	2055	Zita Rodrigues	ALIANÇA DE GANDRA	Senior Feminino	03:53:24	+01:43:49	13:44
99	1183	Paula Silva	LA Zinco	Senior Feminino	03:56:18	+01:46:43	13:54
100	1180	Joana Ferreira	LA Zinco	Senior Feminino	03:56:18	+01:46:43	13:54
101	2279	Mariana Costa	Individual	Senior Feminino	03:56:41	+01:47:06	13:55
102	2296	Tania Manuela Ferreira Rocha	Individual	Senior Feminino	03:58:04	+01:48:29	14:00
103	2181	INÊS SOARES	Equipa João Ferreira	Senior Feminino	03:58:40	+01:49:05	14:02
104	2282	Marlene Raquel Vieira	Individual	Senior Feminino	03:59:02	+01:49:27	14:04
105	2190	Micaela Santos	Equipotência Trail Team	Senior Feminino	03:59:15	+01:49:40	14:04
106	2287	Rute Moreira	Individual	Senior Feminino	03:59:52	+01:50:17	14:07
107	2041	RAFAELA MOREIRA	ADVENTURES	Senior Feminino	04:01:58	+01:52:23	14:14
108	1063	Joana Carneiro	Futebol Clube de Penafiel	Senior Feminino	04:02:06	+01:52:31	14:14
109	2236	Lidia Teles	Futebol Clube de Penafiel	Senior Feminino	04:02:07	+01:52:32	14:15
110	2293	Sónia Bastos	Individual	Senior Feminino	04:02:52	+01:53:17	14:17
111	2270	Helena Isabel Lírio	Individual	Senior Feminino	04:02:52	+01:53:17	14:17
112	2237	Maria José Silva	Futebol Clube de Penafiel	Senior Feminino	04:03:57	+01:54:22	14:21
113	2234	Andreia Silva	Futebol Clube de Penafiel	Senior Feminino	04:03:58	+01:54:23	14:21
114	2235	Eunice Santos	Futebol Clube de Penafiel	Senior Feminino	04:03:58	+01:54:23	14:21
115	2275	M.Joao Nogueira	Individual	Senior Feminino	04:06:29	+01:56:54	14:30
116	2294	Sonia Moreira	Individual	Senior Feminino	04:10:05	+02:00:30	14:43
117	2266	Carla Eunice Brinco Ferreira	Individual	Senior Feminino	04:12:49	+02:03:14	14:52
118	2844	Carmelita Marques	Uh Lá Lá	Senior Feminino	04:12:50	+02:03:15	14:52
119	2574	Tânia Ferreira	NOCTURNOS DE PAREDES	Senior Feminino	04:13:03	+02:03:28	14:53
120	2568	Andreia silva	NOCTURNOS DE PAREDES	Senior Feminino	04:13:04	+02:03:29	14:53
121	2716	Raquel Martins	PORTO SENTIDO RUNNERS	Senior Feminino	04:15:40	+02:06:05	15:02
122	2776	Marta Oliveira	Só Descidas!!	Senior Feminino	04:16:51	+02:07:16	15:07
123	2775	Liliana Lopes	Só Descidas!!	Senior Feminino	04:16:51	+02:07:16	15:07
124	2774	Carla Alves	Só Descidas!!	Senior Feminino	04:16:51	+02:07:16	15:07
125	2084	Sofia Pereira	As Cunhadas	Senior Feminino	04:17:23	+02:07:48	15:08
126	2083	Patricia Caetano	As Cunhadas	Senior Feminino	04:17:24	+02:07:49	15:08
127	2081	Raquel Lopes	ARRASTASSOLAS	Senior Feminino	04:17:32	+02:07:57	15:09
128	2272	Joana Cristina Ferreira	Individual	Senior Feminino	04:19:02	+02:09:27	15:14
129	2295	Susana Patricia Alves	Individual	Senior Feminino	04:19:03	+02:09:28	15:14
130	2225	SANDRA SILVA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Feminino	04:21:13	+02:11:38	15:22

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Trail Curto

17 KM



OFFICIAL RESULT

131	2226	SOFIA COELHO	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Feminino	04:21:13	+02:11:38	15:22
132	2686	Liliana Sousa	Paredes Running	Senior Feminino	04:21:16	+02:11:41	15:22
133	2687	Luisa Pacheco	Paredes Running	Senior Feminino	04:22:05	+02:12:30	15:25
134	2100	Claudia Carmo	BTT Alegria / TUBANI	Senior Feminino	04:22:54	+02:13:19	15:28
135	2849	Lidia Mota	USF TS	Senior Feminino	04:22:54	+02:13:19	15:28
136	2794	Andreia Moura	Serviço Urgência Team & Friends	Senior Feminino	04:23:31	+02:13:56	15:30
137	2796	Daniela Dias	Serviço Urgência Team & Friends	Senior Feminino	04:23:31	+02:13:56	15:30
138	2798	Marta Carvalho	Serviço Urgência Team & Friends	Senior Feminino	04:23:31	+02:13:56	15:30
139	2799	Patrícia Antunes	Serviço Urgência Team & Friends	Senior Feminino	04:23:31	+02:13:56	15:30
140	2097	Tânia Mendes	Beat Your Limit	Senior Feminino	04:23:35	+02:14:00	15:30
141	2098	Tânia Rebelo	Beat Your Limit	Senior Feminino	04:23:37	+02:14:02	15:30
142	2478	MANUELA AZEVEDO	INDUTEL	Senior Feminino	04:24:31	+02:14:56	15:34
143	2264	Andreia Isilda Cruz	Individual	Senior Feminino	04:24:55	+02:15:20	15:35
144	2290	Silvia Cruz	Individual	Senior Feminino	04:24:56	+02:15:21	15:35
145	2278	Mariana Castro Martins	Individual	Senior Feminino	04:32:55	+02:23:20	16:03
146	2101	Cristina Moreira	BTT Alegria / TUBANI	Senior Feminino	04:35:43	+02:26:08	16:13
147	2156	JEANETE GARCES	danados	Senior Feminino	04:37:04	+02:27:29	16:18
148	2155	ANITA SILVA	danados	Senior Feminino	04:37:04	+02:27:29	16:18
149	2206	Ana Isabel Azevedo leite	Fridão Sem Limites	Senior Feminino	04:38:09	+02:28:34	16:22
150	2530	Joana Amaro	Los Manos	Senior Feminino	04:57:48	+02:48:13	17:31
151	2529	Daniela Martins	Los Manos	Senior Feminino	04:57:49	+02:48:14	17:31
152	2268	Elisete Patrícia Moreira Ferreira	Individual	Senior Feminino	05:03:05	+02:53:30	17:50
153	2861	Ana Pereira	comoDEantes	Senior Feminino	05:11:43	+03:02:08	18:20
154	2261	Ana Elisa Sousa	Individual	Senior Feminino	05:24:26	+03:14:51	19:05
155	2265	Ângela Maria Ferreira Morais	Individual	Senior Feminino	05:24:26	+03:14:51	19:05
156	2669	Silvia Rute Ferreira Maciel	Ou vai ou racha	Senior Feminino	05:26:02	+03:16:27	19:11
157	2668	CÁTIA SOFIA NEVES BRAGA	Ou vai ou racha	Senior Feminino	05:26:02	+03:16:27	19:11

Senior Masculino

1	2643	Nuno Alves	Oralklass-Amigos do Trail	Senior Masculino	01:34:34		05:34
2	2630	Nuno Pereira	OLIMPICO VIANENSE TRAIL	Senior Masculino	01:38:30	+03:56	05:48
3	2865	Fábio Pinto	SatecnosolOutdoor	Senior Masculino	01:38:55	+04:21	05:49
4	2637	Fernando Neves	Oralklass-Amigos do Trail	Senior Masculino	01:40:40	+06:06	05:55
5	2213	Rui Manuel Mendes Azevedo	Fridão Sem Limites	Senior Masculino	01:45:08	+10:34	06:11
6	2629	João Pedro Leal	OFRunning	Senior Masculino	01:47:16	+12:42	06:19
7	2635	André Nogueira	Oralklass-Amigos do Trail	Senior Masculino	01:50:09	+15:35	06:29
8	2210	Adão Paulo Teixeira Monteiro	Fridão Sem Limites	Senior Masculino	01:50:27	+15:53	06:30
9	1008	Carlos Queirós	A.D.Amarante trail running	Senior Masculino	01:51:07	+16:33	06:32
10	2663	Filipe Pinto	Os Lobos do Saibro	Senior Masculino	01:54:21	+19:47	06:44
11	2212	Ricardo M. Magalhães Nunes	Fridão Sem Limites	Senior Masculino	01:54:35	+20:01	06:44
12	1270	Hélio Filipe Nunes Dias	Individual	Senior Masculino	01:54:47	+20:13	06:45
13	2548	Helder Camilo	Moinhos Run - ADRM	Senior Masculino	01:55:06	+20:32	06:46
14	2110	Filipe Pinto	BTT Alegria / TUBANI	Senior Masculino	01:56:30	+21:56	06:51
15	2353	Pedro Alves	Individual	Senior Masculino	01:56:56	+22:22	06:53

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16	2142	Joao barbosa	Copos e trilhos	Senior Masculino	01:59:29	+24:55	07:02
17	2363	Ricardo Ferreira	Individual	Senior Masculino	01:59:35	+25:01	07:02
18	2145	CRISTIANO SANTOS	CORRER POR UM SORRISO	Senior Masculino	01:59:47	+25:13	07:03
19	2143	Manuel Barbosa	Copos e trilhos	Senior Masculino	02:00:18	+25:44	07:05
20	2173	Artur Jorge Pereira	EMNA Runners	Senior Masculino	02:00:48	+26:14	07:06
21	2150	Carlos Prudêncio	Dá-Lhe Gás	Senior Masculino	02:02:01	+27:27	07:11
22	2556	Álvaro Gabriel Vasconcelos da Silva Moreira	Fridão Sem Limites	Senior Masculino	02:02:06	+27:32	07:11
23	2578	Mauro Cardoso	NOCTURNOS DE PAREDES	Senior Masculino	02:02:14	+27:40	07:11
24	2312	Carlos Cardoso	Individual	Senior Masculino	02:03:29	+28:55	07:16
25	112	Gilberto Pimenta	Oralklass-Amigos do Trail	Senior Masculino	02:03:51	+29:17	07:17
26	2342	Marco André de Sousa Pinto	Individual	Senior Masculino	02:03:54	+29:20	07:17
27	2135	Carlos Samagaio	CHALLENGE FORCE	Senior Masculino	02:04:37	+30:03	07:20
28	2149	Carlos Cunha	Dá-Lhe Gás	Senior Masculino	02:04:59	+30:25	07:21
29	2535	Flávio andré gaspar marques Cordeiro	LUSOS XXI	Senior Masculino	02:05:11	+30:37	07:22
30	2094	José Barroso	Baltar TrailRunners	Senior Masculino	02:05:26	+30:52	07:23
31	2487	Filipe Manuel Fernandes Tavares	Intercaimabike	Senior Masculino	02:05:53	+31:19	07:24
32	2020	Paulo Araújo	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:05:53	+31:19	07:24
33	2354	Pedro daniel alves da silva	Individual	Senior Masculino	02:05:59	+31:25	07:25
34	2311	Carlos Alberto Martins da Silva	Individual	Senior Masculino	02:05:59	+31:25	07:25
35	2172	MIGUEL NETO	El Team Trail	Senior Masculino	02:06:07	+31:33	07:25
36	2611	Hélder Ribeiro	Nós Acreditamos	Senior Masculino	02:06:21	+31:47	07:26
37	2328	Hélder Rafael Machado da Cunha	Individual	Senior Masculino	02:07:03	+32:29	07:28
38	2161	MARIO GONÇALVES	danados	Senior Masculino	02:07:19	+32:45	07:29
39	2019	Manuel Lopes	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:10:01	+35:27	07:39
40	2329	Hélder Rodrigues	Individual	Senior Masculino	02:10:58	+36:24	07:42
41	1121	Micael Moraes	Individual	Senior Masculino	02:11:06	+36:32	07:43
42	2057	Mário Almeida	ALIANÇA DE GANDRA	Senior Masculino	02:11:30	+36:56	07:44
43	2368	Rui Machado	Individual	Senior Masculino	02:11:36	+37:02	07:44
44	2359	Pedro Rodrigues	Individual	Senior Masculino	02:11:39	+37:05	07:45
45	2095	Marco Sousa	Baltar TrailRunners	Senior Masculino	02:12:07	+37:33	07:46
46	2158	CARLOS BARBOSA	danados	Senior Masculino	02:12:18	+37:44	07:47
47	2313	Carlos Filipe Neves dos Santos	Individual	Senior Masculino	02:12:45	+38:11	07:49
48	2307	Bruno Monteiro	Individual	Senior Masculino	02:13:03	+38:29	07:50
49	2558	António Silva	Mountain Runners	Senior Masculino	02:13:53	+39:19	07:53
50	2638	Ivo Dias	Oralklass-Amigos do Trail	Senior Masculino	02:14:24	+39:50	07:54
51	2131	Cesar moura	CFIT	Senior Masculino	02:14:35	+40:01	07:55
52	2033	Ricardo Gil Silva Magalhães	A.D.Amarante trail running	Senior Masculino	02:14:36	+40:02	07:55
53	2151	Vitor Silva	Dá-Lhe Gás	Senior Masculino	02:14:57	+40:23	07:56
54	2538	Sérgio Costa	LUSOS XXI	Senior Masculino	02:16:06	+41:32	08:00
55	2583	Pedro Pereira	NOCTURNOS DE PAREDES	Senior Masculino	02:16:19	+41:45	08:01
56	2561	Rui Miguel Sousa	Mountain Runners	Senior Masculino	02:17:07	+42:33	08:04
57	2365	Ricardo Pereira	Individual	Senior Masculino	02:17:17	+42:43	08:05
58	2562	Rui Rodrigues	Mountain Runners	Senior Masculino	02:17:27	+42:53	08:05
59	2699	Ângelo Ribeiro	Parjovem	Senior Masculino	02:18:10	+43:36	08:08
60	108	José Luis Sá	SatecnosolOutdoor	Senior Masculino	02:18:10	+43:36	08:08
61	2560	Paulo Rafael Silva	Mountain Runners	Senior Masculino	02:18:10	+43:36	08:08

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62	2314	Carlos Monteiro	Individual	Senior Masculino	02:18:32	+43:58	08:09
63	2338	José Soares	Individual	Senior Masculino	02:18:32	+43:58	08:09
64	2007	Tiago Castro	10TEMIDOS	Senior Masculino	02:18:43	+44:09	08:10
65	2144	Ricardo moreira	Copos e trilhos	Senior Masculino	02:19:18	+44:44	08:12
66	2815	Hugo Filipe Fernandes Sousa	Tecla 3 Runners	Senior Masculino	02:19:46	+45:12	08:13
67	2231	TOMÉ MARQUES	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:20:34	+46:00	08:16
68	2024	Tiago Sousa	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:21:13	+46:39	08:18
69	2241	Vasco Escobar	El Team Trail	Senior Masculino	02:21:30	+46:56	08:19
70	2636	Élvio Ornelas	Oralklass-Amigos do Trail	Senior Masculino	02:21:31	+46:57	08:19
71	2022	Pedro Vieira	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:22:36	+48:02	08:23
72	2303	Antonio Carlos Rocha	Individual	Senior Masculino	02:23:06	+48:32	08:25
73	2230	NUNO FERREIRA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:23:37	+49:03	08:27
74	2060	Sérgio Pereira	ALIANÇA DE GANDRA	Senior Masculino	02:23:50	+49:16	08:28
75	2253	Nuno Miguel Faria da Costa	GTT - Armazém do Caffè	Senior Masculino	02:24:24	+49:50	08:30
76	2326	Helder Manuel Moreira Teles	Individual	Senior Masculino	02:24:55	+50:21	08:31
77	2132	Renato alves	CFIT	Senior Masculino	02:25:06	+50:32	08:32
78	2379	Vítor Vieira	Individual	Senior Masculino	02:25:29	+50:55	08:33
79	2369	Rui Miguel Moreira Madureira	Individual	Senior Masculino	02:25:44	+51:10	08:34
80	2550	Nuno Moreira	Moinhos Run - ADRM	Senior Masculino	02:27:25	+52:51	08:40
81	2719	Pedro Silva	PORTO SENTIDO RUNNERS	Senior Masculino	02:27:41	+53:07	08:41
82	2511	Bruno Fernandes	Kika's Team	Senior Masculino	02:28:16	+53:42	08:43
83	2504	Carlos Leal	KeMedo Team	Senior Masculino	02:28:28	+53:54	08:44
84	2176	Joao Cardoso	EMNA Runners	Senior Masculino	02:28:56	+54:22	08:46
85	2612	Leandro Teixeira	Nós Acreditamos	Senior Masculino	02:29:05	+54:31	08:46
86	2772	Nuno Almeida	Sempre Juntos	Senior Masculino	02:29:10	+54:36	08:46
87	2765	Pedro Machado	S. S. Montepio	Senior Masculino	02:29:31	+54:57	08:48
88	1099	Agostinho Reis	Individual	Senior Masculino	02:29:42	+55:08	08:48
89	2050	César Lopes	Alfena Bike & Trail Team	Senior Masculino	02:29:42	+55:08	08:48
90	2357	Pedro Nunes	Individual	Senior Masculino	02:29:52	+55:18	08:49
91	2334	Joel Santos	Individual	Senior Masculino	02:30:20	+55:46	08:51
92	2112	Jorge Cruz	BTT Alegria / TUBANI	Senior Masculino	02:30:33	+55:59	08:51
93	2203	António Jorge Morais	Foge Foge Bandido	Senior Masculino	02:31:51	+57:17	08:56
94	2689	Ricardo Picó	Paredes Running	Senior Masculino	02:32:07	+57:33	08:57
95	2113	Marco Sousa	BTT Alegria / TUBANI	Senior Masculino	02:32:20	+57:46	08:58
96	1105	Carlos Carvalho	Individual	Senior Masculino	02:32:32	+57:58	08:58
97	2058	Paulo Sousa	ALIANÇA DE GANDRA	Senior Masculino	02:33:05	+58:31	09:00
98	2376	Tiago Mota	Individual	Senior Masculino	02:33:25	+58:51	09:01
99	1184	Luis Silva	LA Zinco	Senior Masculino	02:33:28	+58:54	09:02
100	2133	Roberto bessa	CFIT	Senior Masculino	02:33:43	+59:09	09:03
101	2080	Antonio rocha	Ana Soraia ferreira	Senior Masculino	02:33:50	+59:16	09:03
102	2763	Rui Carvalho	S. S. Montepio	Senior Masculino	02:34:22	+59:48	09:05
103	2034	Ricardo Teixeira	A.D.Amarante trail running	Senior Masculino	02:35:09	+01:00:35	09:08
104	2762	Hugo Silva	S. S. Montepio	Senior Masculino	02:35:13	+01:00:39	09:08
105	2032	Nuno André Sampaio Moura	A.D.Amarante trail running	Senior Masculino	02:35:20	+01:00:46	09:08
106	2200	Paulo Rocha	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:36:25	+01:01:51	09:12

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107	2520	Telmo Rocha	Leões de Tardariz Trail	Senior Masculino	02:36:37	+01:02:03	09:13
108	2056	Hélder Moreira	ALIANÇA DE GANDRA	Senior Masculino	02:36:40	+01:02:06	09:13
109	2059	Roberto Moreira	ALIANÇA DE GANDRA	Senior Masculino	02:36:46	+01:02:12	09:13
110	2332	João Sousa	Individual	Senior Masculino	02:37:13	+01:02:39	09:15
111	2536	João Carvalho	LUSOS XXI	Senior Masculino	02:37:25	+01:02:51	09:16
112	2302	André Filipe Leal Moreira	Individual	Senior Masculino	02:37:45	+01:03:11	09:17
113	2367	Rui Fernando Moreira dos Reis	Individual	Senior Masculino	02:37:45	+01:03:11	09:17
114	2498	Bruno Maia	Javalis Portugal	Senior Masculino	02:39:50	+01:05:16	09:24
115	2310	Bruno rocha	Individual	Senior Masculino	02:39:52	+01:05:18	09:24
116	2374	Tiago dos Santos Costa	Individual	Senior Masculino	02:39:53	+01:05:19	09:24
117	2017	Bruno Rocha	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:40:36	+01:06:02	09:27
118	2305	António Manuel Moreira Barbosa	Individual	Senior Masculino	02:41:42	+01:07:08	09:31
119	2184	MÁRCIO COSTA	Equipa João Ferreira	Senior Masculino	02:42:20	+01:07:46	09:33
120	2628	Flávio Silva	OFRunning	Senior Masculino	02:42:21	+01:07:47	09:33
121	2649	Bruno Castelo	Oralklass-Amigos do Trail	Senior Masculino	02:42:48	+01:08:14	09:35
122	2331	João Rocha	Individual	Senior Masculino	02:42:50	+01:08:16	09:35
123	2581	Pedro Barbosa	NOCTURNOS DE PAREDES	Senior Masculino	02:43:12	+01:08:38	09:36
124	2211	Filipe Reis Pinheiro	Fridão Sem Limites	Senior Masculino	02:43:12	+01:08:38	09:36
125	2281	Filipe Pinheiro	Individual	Senior Masculino	02:43:20	+01:08:46	09:36
126	2832	José Silva	TrepaTrilhos Trail Team	Senior Masculino	02:44:02	+01:09:28	09:39
127	2868	Nuno Martins	Individual	Senior Masculino	02:44:49	+01:10:15	09:42
128	2322	fabio andre martins alves	Individual	Senior Masculino	02:45:11	+01:10:37	09:43
129	2341	Luis Vieira	Individual	Senior Masculino	02:45:23	+01:10:49	09:44
130	2195	Vitor Martins	Equipotência Trail Team	Senior Masculino	02:45:31	+01:10:57	09:44
131	2108	Carlos Vieira	BTT Alegria / TUBANI	Senior Masculino	02:46:04	+01:11:30	09:46
132	2141	Hugo moreira	Copos e trilhos	Senior Masculino	02:46:06	+01:11:32	09:46
133	2006	Edgar Faria	10TEMIDOS	Senior Masculino	02:46:12	+01:11:38	09:47
134	2830	Helder Neves	TrepaTrilhos Trail Team	Senior Masculino	02:46:22	+01:11:48	09:47
135	2309	Bruno Ricardo Moreira de Sousa	Individual	Senior Masculino	02:46:46	+01:12:12	09:49
136	2843	Bruno Pereira	Uh Lá Lá	Senior Masculino	02:47:28	+01:12:54	09:51
137	2718	Bruno Ricardo Marques Guedes	PORTO SENTIDO RUNNERS	Senior Masculino	02:47:31	+01:12:57	09:51
138	1067	Rui Oliveira	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:48:19	+01:13:45	09:54
139	2204	Tiago Daniel Bessa Ribeiro	Foge Foge Bandido	Senior Masculino	02:48:25	+01:13:51	09:54
140	2373	Tiago Dias	Individual	Senior Masculino	02:48:38	+01:14:04	09:55
141	2252	João Renato Pereira	GTT - Armazém do Caffè	Senior Masculino	02:48:48	+01:14:14	09:56
142	2228	HUGO OLIVEIRA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:48:55	+01:14:21	09:56
143	2229	MÁRCIO PEREIRA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:48:55	+01:14:21	09:56
144	2021	Paulo Sousa	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:48:58	+01:14:24	09:56
145	2665	Ricardo Ribeiro	Os lobos trail btt sai da frente	Senior Masculino	02:49:37	+01:15:03	09:59
146	2043	HELDER DUARTE	ADVENTURES	Senior Masculino	02:49:38	+01:15:04	09:59
147	2582	Pedro Lima	NOCTURNOS DE PAREDES	Senior Masculino	02:49:52	+01:15:18	10:00
148	2745	MARCO OLIVEIRA	PORTOCARGO	Senior Masculino	02:50:00	+01:15:26	10:00
149	2817	Tiago André Ribeiro Borges	Tecla 3 Runners	Senior Masculino	02:50:31	+01:15:57	10:02
150	2349	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:50:44	+01:16:10	10:03
151	2547	Carlos Gonçalves	Moinhos Run - ADRM	Senior Masculino	02:51:04	+01:16:30	10:04

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OFFICIAL RESULT

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152	2784	Fernando Coelho	Somos Nós Team	Senior Masculino	02:51:11	+01:16:37	10:04
153	2345	Mário Soares	Individual	Senior Masculino	02:51:13	+01:16:39	10:04
154	2343	Mário Estêvão	Individual	Senior Masculino	02:51:41	+01:17:07	10:06
155	2872	Filipe Moreira	Individual	Senior Masculino	02:51:56	+01:17:22	10:07
156	2378	Valdemar Gouveia	Individual	Senior Masculino	02:52:22	+01:17:48	10:08
157	2705	Vítor Silva	Pernetas	Senior Masculino	02:52:23	+01:17:49	10:08
158	2319	David José Andrade Pereira	Individual	Senior Masculino	02:52:30	+01:17:56	10:09
159	2031	Luis Mendes	A.D.Amarante trail running	Senior Masculino	02:52:50	+01:18:16	10:10
160	2751	andre pinho	reumatico	Senior Masculino	02:52:50	+01:18:16	10:10
161	1109	Isaque Dias	Individual	Senior Masculino	02:54:37	+01:20:03	10:16
162	2320	Diogo Silva	Individual	Senior Masculino	02:54:48	+01:20:14	10:17
163	2183	JOAO FERREIRA	Equipa João Ferreira	Senior Masculino	02:54:51	+01:20:17	10:17
164	2316	Carlos Silva	Individual	Senior Masculino	02:55:04	+01:20:30	10:18
165	2489	JORGE ROCHA	Invicta Runners Team	Senior Masculino	02:56:32	+01:21:58	10:23
166	2079	Adriano silva	Ana Soraia ferreira	Senior Masculino	02:56:36	+01:22:02	10:23
167	2355	Pedro Manuel Nunes Martins	Individual	Senior Masculino	02:56:53	+01:22:19	10:24
168	57	Marco Ferreira	Individual	Senior Masculino	02:57:06	+01:22:32	10:25
169	2664	Joaquim Ventura	Os Lobos do Saibro	Senior Masculino	02:59:31	+01:24:57	10:34
170	2753	sergio pereira	reumatico	Senior Masculino	02:59:49	+01:25:15	10:35
171	2613	Marco Queirós	Nós Acreditamos	Senior Masculino	03:00:53	+01:26:19	10:38
172	2614	Ricardo Carvalho	Nós Acreditamos	Senior Masculino	03:00:53	+01:26:19	10:38
173	2344	mario lima	Individual	Senior Masculino	03:00:55	+01:26:21	10:39
174	2789	José Manuel Ferreira Ribeiro	soplabifana	Senior Masculino	03:00:57	+01:26:23	10:39
175	2330	Hugo Maio	Individual	Senior Masculino	03:01:02	+01:26:28	10:39
176	2130	Filipe Oliveira	Carreiros Team	Senior Masculino	03:01:29	+01:26:55	10:41
177	2847	Helder Oliveira	UNIDOS À FRESCA	Senior Masculino	03:01:38	+01:27:04	10:41
178	2575	Edgar Cardoso	NOCTURNOS DE PAREDES	Senior Masculino	03:02:41	+01:28:07	10:45
179	2882	Jorge moreira	NOCTURNOS DE PAREDES	Senior Masculino	03:02:46	+01:28:12	10:45
180	2109	Daniel Sousa	BTT Alegria / TUBANI	Senior Masculino	03:02:54	+01:28:20	10:46
181	2114	Ricardo Barbosa	BTT Alegria / TUBANI	Senior Masculino	03:02:54	+01:28:20	10:46
182	2061	Vítor Santos	ALIANÇA DE GANDRA	Senior Masculino	03:03:07	+01:28:33	10:46
183	2534	Carlos Pinto	LUSOS XXI	Senior Masculino	03:03:25	+01:28:51	10:47
184	2239	Fábio Coradinho	Gafanhori	Senior Masculino	03:03:49	+01:29:15	10:49
185	2174	Carlos Cunha	EMNA Runners	Senior Masculino	03:05:16	+01:30:42	10:54
186	2831	Helder Rodrigues	TrepaTrilhos Trail Team	Senior Masculino	03:07:04	+01:32:30	11:00
187	1137	Rui Pedro Costa Jesus	Individual	Senior Masculino	03:07:50	+01:33:16	11:03
188	2891	Anselmo Luís Pereira	Individual	Senior Masculino	03:07:50	+01:33:16	11:03
189	2356	Pedro Miguel da Rocha Santos	Individual	Senior Masculino	03:07:50	+01:33:16	11:03
190	2655	Pedro Ferreira	OS FUGITIVOS DA CRISE	Senior Masculino	03:08:24	+01:33:50	11:05
191	2653	António Neto	OS FUGITIVOS DA CRISE	Senior Masculino	03:08:26	+01:33:52	11:05
192	2304	António José Carvalho Ferreira	Individual	Senior Masculino	03:08:52	+01:34:18	11:07
193	2175	Diogo Martins	EMNA Runners	Senior Masculino	03:09:07	+01:34:33	11:07
194	2752	nuno freitas	reumatico	Senior Masculino	03:09:14	+01:34:40	11:08
195	2260	Nuno Teixeira	Imperadores	Senior Masculino	03:10:51	+01:36:17	11:14
196	1242	Rui Gomes	Rui	Senior Masculino	03:11:12	+01:36:38	11:15
197	2371	Sérgio Coelho	Individual	Senior Masculino	03:11:36	+01:37:02	11:16

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Trail Curto

17 KM

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198	2339	Luís Rocha	Individual	Senior Masculino	03:13:15	+01:38:41	11:22
199	1186	Pedro Azevedo	LA Zinco	Senior Masculino	03:13:46	+01:39:12	11:24
200	2442	Manuel Moreira	Individual	Senior Masculino	03:14:24	+01:39:50	11:26
201	2505	Pedro Duarte	KeMedo Team	Senior Masculino	03:14:52	+01:40:18	11:28
202	52	Filipe Gonçalves	Índios de BTTTrail	Senior Masculino	03:15:36	+01:41:02	11:30
203	2360	Pedro Silva	Individual	Senior Masculino	03:15:36	+01:41:02	11:30
204	2758	César Moreira	Rui	Senior Masculino	03:17:16	+01:42:42	11:36
205	2759	Paulo Torres	Rui	Senior Masculino	03:17:16	+01:42:42	11:36
206	2760	Sérgio Santos	Rui	Senior Masculino	03:17:17	+01:42:43	11:36
207	2364	Ricardo Nogueira	Individual	Senior Masculino	03:18:54	+01:44:20	11:42
208	2026	JOSE ARMANDO ALVES	A.Cu.R.A BTT	Senior Masculino	03:19:00	+01:44:26	11:42
209	1129	Pedro Marinho	Individual	Senior Masculino	03:19:50	+01:45:16	11:45
210	2821	Vítor Silva	Tombos & Trambolhões BTT	Senior Masculino	03:20:09	+01:45:35	11:46
211	1018	Marco gomes	Ana Soraia ferreira	Senior Masculino	03:21:34	+01:47:00	11:51
212	2858	Pedro Rodrigues	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:23:32	+01:48:58	11:58
213	2479	BRUNO MOREIRA	INDUTEL	Senior Masculino	03:25:04	+01:50:30	12:04
214	2321	Domingos Pereira	Individual	Senior Masculino	03:26:32	+01:51:58	12:09
215	2315	Carlos Santos	Individual	Senior Masculino	03:26:39	+01:52:05	12:09
216	2192	Joao Neves	Equipotência Trail Team	Senior Masculino	03:30:18	+01:55:44	12:22
217	2652	André Filipe L. Augusto	OS FUGITIVOS DA CRISE	Senior Masculino	03:32:10	+01:57:36	12:29
218	2375	Tiago João Gonçalves Serrano	Individual	Senior Masculino	03:32:27	+01:57:53	12:30
219	2493	Nuno Andrade	Isabel	Senior Masculino	03:33:13	+01:58:39	12:33
220	2254	Rui Samuel	GTT - Armazém do Caffè	Senior Masculino	03:35:18	+02:00:44	12:40
221	2704	Dário lopes	Pernetas	Senior Masculino	03:35:23	+02:00:49	12:40
222	2340	Luis Sousa	Individual	Senior Masculino	03:36:23	+02:01:49	12:44
223	2537	Luís Marinho	LUSOS XXI	Senior Masculino	03:36:23	+02:01:49	12:44
224	2533	António Coelho	LUSOS XXI	Senior Masculino	03:36:23	+02:01:49	12:44
225	2720	Vítor Martins	PORTO SENTIDO RUNNERS	Senior Masculino	03:36:41	+02:02:07	12:45
226	2764	Rui Rebelo	S. S. Montepio	Senior Masculino	03:37:12	+02:02:38	12:47
227	1140	Sérgio Jerónimo	Individual	Senior Masculino	03:37:16	+02:02:42	12:47
228	2352	Paulo Sérgio Pereira de Bessa	Individual	Senior Masculino	03:37:16	+02:02:42	12:47
229	2803	Pedro Alves	Serviço Urgência Team & Friends	Senior Masculino	03:37:18	+02:02:44	12:47
230	2366	Rui Correia	Individual	Senior Masculino	03:37:27	+02:02:53	12:47
231	2358	Pedro Ribau	Individual	Senior Masculino	03:40:46	+02:06:12	12:59
232	2549	Márcio Silva	Moinhos Run - ADRM	Senior Masculino	03:41:03	+02:06:29	13:00
233	2347	Nuno Filipe Barbosa Coelho	Individual	Senior Masculino	03:42:17	+02:07:43	13:05
234	2159	FERREIRA	danados	Senior Masculino	03:43:02	+02:08:28	13:07
235	2576	Filipe Pinto	NOCTURNOS DE PAREDES	Senior Masculino	03:43:44	+02:09:10	13:10
236	2191	Andre Freitas	Equipotência Trail Team	Senior Masculino	03:44:30	+02:09:56	13:12
237	2196	Vítor Sousa	Equipotência Trail Team	Senior Masculino	03:44:32	+02:09:58	13:12
238	2579	Nuno Queirós	NOCTURNOS DE PAREDES	Senior Masculino	03:45:41	+02:11:07	13:17
239	2893	Vítor Morais	Individual	Senior Masculino	03:46:44	+02:12:10	13:20
240	2682	Vítor Teixeira	PAPATRAILS	Senior Masculino	03:46:44	+02:12:10	13:20
241	2654	João Ferreira	OS FUGITIVOS DA CRISE	Senior Masculino	03:49:28	+02:14:54	13:30
242	2306	Bruno Daniel Barbosa Magalhães	Individual	Senior Masculino	03:49:36	+02:15:02	13:30
243	2567	Nélson Silva	Nélson	Senior Masculino	03:50:59	+02:16:25	13:38

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Trail Curto

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244	2323	Fernando Ferreira sousa	Individual	Senior Masculino	03:52:22	+02:17:48	13:40
245	2301	Adelino Marques	Individual	Senior Masculino	03:53:45	+02:19:11	13:45
246	1136	Romeu Orlando Pereira Rodrigues	Individual	Senior Masculino	03:55:01	+02:20:27	13:49
247	2584	Pedro Silva	NOCTURNOS DE PAREDES	Senior Masculino	03:57:41	+02:23:07	13:59
248	2318	Daniel Filipe Ferreira Da Silva	Individual	Senior Masculino	03:59:00	+02:24:26	14:04
249	2194	Luis Neves	Equipotência Trail Team	Senior Masculino	03:59:15	+02:24:41	14:04
250	2324	Filipe	Individual	Senior Masculino	03:59:57	+02:25:23	14:07
251	1243	Nuno Ferreira	RUNNING TEAM MAIA	Senior Masculino	04:00:09	+02:25:35	14:08
252	2325	Gilberto Moutinho	Individual	Senior Masculino	04:02:27	+02:27:53	14:16
253	1135	Rogério Alexandre de Almeida Camoesas	Individual	Senior Masculino	04:03:57	+02:29:23	14:21
254	2317	Claudio Meneses	Individual	Senior Masculino	04:04:23	+02:29:49	14:23
255	2559	João Pereira	Mountain Runners	Senior Masculino	04:05:40	+02:31:06	14:27
256	2348	Paulo Amorim	Individual	Senior Masculino	04:05:46	+02:31:12	14:27
257	2346	Nelson Ricardo Moreira	Individual	Senior Masculino	04:06:04	+02:31:30	14:28
258	2833	Manuel Silva	TrepaTrilhos Trail Team	Senior Masculino	04:08:18	+02:33:44	14:36
259	2351	Paulo Monteiro	Individual	Senior Masculino	04:09:11	+02:34:37	14:39
260	2881	Jorge Fernando Trigo da Costa	Individual	Senior Masculino	04:16:53	+02:42:19	15:07
261	2778	César Coelho	Só Descidas!!	Senior Masculino	04:16:54	+02:42:20	15:07
262	2779	Isolino Coelho	Só Descidas!!	Senior Masculino	04:16:54	+02:42:20	15:07
263	2781	Jorge Mendes	Só Descidas!!	Senior Masculino	04:16:54	+02:42:20	15:07
264	1116	Luis Carlos Pinto Alves	Individual	Senior Masculino	04:19:04	+02:44:30	15:14
265	2802	Luís Miguel Vieira	Serviço Urgência Team & Friends	Senior Masculino	04:23:32	+02:48:58	15:30
266	2801	Filipe Magano	Serviço Urgência Team & Friends	Senior Masculino	04:23:33	+02:48:59	15:30
267	2099	Gil Castro	Beat Your Limit	Senior Masculino	04:23:35	+02:49:01	15:30
268	2804	Sérgio Martins	Serviço Urgência Team & Friends	Senior Masculino	04:23:35	+02:49:01	15:30
269	2333	Joel Coelho	Individual	Senior Masculino	04:24:55	+02:50:21	15:35
270	2111	Joaquim Pereira	BTT Alegria / TUBANI	Senior Masculino	04:35:10	+03:00:36	16:11
271	2531	Bruno Teixeira	Los Manos	Senior Masculino	04:57:49	+03:23:15	17:31
272	2047	Tiago marques	Alegros	Senior Masculino	05:00:45	+03:26:11	17:41
273	2860	Ricardo Lobo	comoDEantes	Senior Masculino	05:11:43	+03:37:09	18:20

Sub 23 Feminino

1	2255	Joana Sofia Macedo Maia	GTT - Armazém do Caffè	Sub 23 Feminino	02:48:47	09:56
2	2240	Sofia Rocha	Gafanhori	Sub 23 Feminino	03:03:49	+15:02 10:49
3	2876	Bebiana Ferreira Alves	M.Alves	Sub 23 Feminino	03:07:10	+18:23 11:01
4	2683	Mafalda Alves	PAPATRAILS	Sub 23 Feminino	03:19:14	+30:27 11:43
5	2381	Cátia Salgado	Individual	Sub 23 Feminino	03:35:17	+46:30 12:40
6	2615	Joana Carvalho	Nós Acreditamos	Sub 23 Feminino	03:52:40	+01:03:53 13:41
7	2044	LILIANA LEAL	ADVENTURES	Sub 23 Feminino	04:01:57	+01:13:10 14:14
8	2845	Ana Rita Moreira	Uh Lá Lá	Sub 23 Feminino	04:12:50	+01:24:03 14:52
9	2824	Flavia Nogueira	Trail Sra do Salto	Sub 23 Feminino	05:03:09	+02:14:22 17:50
10	2009	Alexandra Sá	10TEMIDOS	Sub 23 Feminino	05:21:51	+02:33:04 18:56
11	2586	Joana Neves	NOCTURNOS DE PAREDES	Sub 23 Feminino	05:24:37	+02:35:50 19:06

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Sub 23 Masculino

1	2639	António Braziel	Oralklass-Amigos do Trail	Sub 23 Masculino	01:30:19	05:19
2	2001	Bruno Silva	SatecnosoOutdoor	Sub 23 Masculino	01:34:34	+04:15 05:34
3	2035	Joel Silva	A.D.Amarante trail running	Sub 23 Masculino	01:47:53	+17:34 06:21
4	2388	Pedro Silva	Individual	Sub 23 Masculino	01:52:08	+21:49 06:36
5	2488	José Luís Fernandes Tavares	Intercaimabike	Sub 23 Masculino	01:52:37	+22:18 06:37
6	2063	André Fernandes	ALIANÇA DE GANDRA	Sub 23 Masculino	01:56:06	+25:47 06:50
7	2152	Adérito Oliveira	Dá-Lhe Gás	Sub 23 Masculino	01:57:07	+26:48 06:53
8	2679	Márcio Cruz	OZxtreme/RDA	Sub 23 Masculino	01:59:36	+29:17 07:02
9	2088	Renato Barros Coelho	Associação Desportiva de Cabroelo	Sub 23 Masculino	01:59:46	+29:27 07:03
10	2177	Luís Filipe Mendes Magalhães	EMNA Runners	Sub 23 Masculino	01:59:56	+29:37 07:03
11	2484	Tiago da Neves Costa	INDUTEL	Sub 23 Masculino	02:05:25	+35:06 07:23
12	2087	Daniel José Barros Silva	Associação Desportiva de Cabroelo	Sub 23 Masculino	02:13:51	+43:32 07:52
13	2878	Luis Ferreira Alves	M.Alves	Sub 23 Masculino	02:14:58	+44:39 07:56
14	2216	João Pedro Silva Machado	Fridão Sem Limites	Sub 23 Masculino	02:16:30	+46:11 08:02
15	2642	Mário Taborda	Oralklass-Amigos do Trail	Sub 23 Masculino	02:17:01	+46:42 08:04
16	2883	Rui Mário Ferreira	Individual	Sub 23 Masculino	02:21:47	+51:28 08:20
17	2616	Fabio Silva	Nós Acreditamos	Sub 23 Masculino	02:29:09	+58:50 08:46
18	2389	Rui Bessa	Individual	Sub 23 Masculino	02:33:34	+01:03:15 09:02
19	2551	Rui Quinta jr	Moinhos Run - ADRM	Sub 23 Masculino	02:38:02	+01:07:43 09:18
20	2383	Diogo Nogueira Bessa	Individual	Sub 23 Masculino	02:39:54	+01:09:35 09:24
21	2641	Tiago Savenca	Oralklass-Amigos do Trail	Sub 23 Masculino	02:40:01	+01:09:42 09:25
22	2387	Pedro Oliveira	Individual	Sub 23 Masculino	02:40:37	+01:10:18 09:27
23	2385	Henrique Teixeira	Individual	Sub 23 Masculino	02:40:59	+01:10:40 09:28
24	2563	JOÃO PEDRO SILVA	Mountain Runners	Sub 23 Masculino	02:42:32	+01:12:13 09:34
25	2666	André Santos	Os Marcha em Frente	Sub 23 Masculino	02:45:00	+01:14:41 09:42
26	2115	Ismael Gonçalves	BTT Alegria / TUBANI	Sub 23 Masculino	02:45:07	+01:14:48 09:43
27	2062	Álvaro Santos	ALIANÇA DE GANDRA	Sub 23 Masculino	02:47:01	+01:16:42 09:49
28	2506	Bruno Dias	KeMedo Team	Sub 23 Masculino	02:53:20	+01:23:01 10:12
29	2036	Luís Pereria	A.D.Amarante trail running	Sub 23 Masculino	03:08:12	+01:37:53 11:04
30	2167	Tiago Mendes Rocha	EDV-VIANA TRAIL	Sub 23 Masculino	03:09:45	+01:39:26 11:10
31	2010	Flavio Silva	10TEMIDOS	Sub 23 Masculino	03:12:49	+01:42:30 11:21
32	2884	Bernardo Gomes	KeMedo Team	Sub 23 Masculino	03:16:16	+01:45:57 11:33
33	2232	HUGO SILVA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Sub 23 Masculino	03:16:18	+01:45:59 11:33
34	2384	Filipe Borges	Individual	Sub 23 Masculino	03:23:55	+01:53:36 12:00
35	2587	Diogo Lima	NOCTURNOS DE PAREDES	Sub 23 Masculino	03:35:25	+02:05:06 12:40
36	2539	Marco Moreira	LUSOS XXI	Sub 23 Masculino	03:46:14	+02:15:55 13:18
37	2589	Rui Lopes	NOCTURNOS DE PAREDES	Sub 23 Masculino	04:17:35	+02:47:16 15:09
38	2588	Miguel Oliveira	NOCTURNOS DE PAREDES	Sub 23 Masculino	04:19:27	+02:49:08 15:16
39	2386	Jorge Manuel castro Sousa	Individual	Sub 23 Masculino	04:32:55	+03:02:36 16:03
40	2590	Tiago Pinto	NOCTURNOS DE PAREDES	Sub 23 Masculino	05:24:37	+03:54:18 19:06

Trail Curto

17 KM

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Veterana F40

1	2401	Maria Joaquina Silva Pinto	Individual	Veterana F40	02:30:05	08:50
2	2818	Andrea Barbosa Coelho	Tecla 3 Runners	Veterana F40	02:36:18	+06:13 09:12
3	1177	Paula Anjos	keepmoving	Veterana F40	02:38:16	+08:11 09:19
4	2398	Maria Fernanda Freiitas Ferreira	Individual	Veterana F40	02:41:36	+11:31 09:30
5	2064	Ana Maria Pinto	ALIANÇA DE GANDRA	Veterana F40	02:41:41	+11:36 09:31
6	2117	Maria José Teixeira	BTT Alegria / TUBANI	Veterana F40	02:42:17	+12:12 09:33
7	2395	Ivone Ferreira	Individual	Veterana F40	02:46:45	+16:40 09:49
8	2727	Paula Coutinho	PORTO SENTIDO RUNNERS	Veterana F40	02:46:57	+16:52 09:49
9	2864	Alice Sousa	Dr. Merino/4moove	Veterana F40	02:47:43	+17:38 09:52
10	2852	Paula Gualter	ZUPPER	Veterana F40	02:47:50	+17:45 09:52
11	2807	Cristina Loureiro	Taylors325	Veterana F40	02:49:10	+19:05 09:57
12	2552	Isabel Carvalho	Moinhos Run - ADRM	Veterana F40	02:49:20	+19:15 09:58
13	2728	Sandra Mascarenhas	PORTO SENTIDO RUNNERS	Veterana F40	02:50:24	+20:19 10:01
14	2695	Nina Silva	Paredes Running	Veterana F40	02:50:51	+20:46 10:03
15	2722	Cidália Soares	PORTO SENTIDO RUNNERS	Veterana F40	02:51:20	+21:15 10:05
16	2819	Emilia Marília Barros Eusebio	Tecla 3 Runners	Veterana F40	02:51:42	+21:37 10:06
17	2391	Cidália Ferreira	Individual	Veterana F40	02:54:44	+24:39 10:17
18	2785	Minda Coelho	Somos Nós Team	Veterana F40	02:57:10	+27:05 10:25
19	2723	Elizabete Loureiro	PORTO SENTIDO RUNNERS	Veterana F40	02:57:18	+27:13 10:26
20	2593	Monica Gomes	NOCTURNOS DE PAREDES	Veterana F40	02:57:22	+27:17 10:26
21	2591	Fernanda Leão	NOCTURNOS DE PAREDES	Veterana F40	02:57:23	+27:18 10:26
22	2187	GORETI VARELA	Equipa João Ferreira	Veterana F40	03:01:31	+31:26 10:41
23	2708	Manuela Ferreira	Pernetas	Veterana F40	03:01:57	+31:52 10:42
24	2397	Margarida Pinto	Individual	Veterana F40	03:02:17	+32:12 10:43
25	2594	Rosária Sousa	NOCTURNOS DE PAREDES	Veterana F40	03:04:46	+34:41 10:52
26	2038	CARLA SOFIA SILVA SOUSA	ACADEMIA FERNANDA RIBEIRO	Veterana F40	03:04:48	+34:43 10:52
27	2684	Ana Alves	PAPATRAILS	Veterana F40	03:05:31	+35:26 10:55
28	2242	Armandina da Silva Torres	EI Team Trail	Veterana F40	03:05:42	+35:37 10:55
29	2407	Sandra mendes	Individual	Veterana F40	03:06:19	+36:14 10:58
30	2619	Paula Fonseca	Nós Acreditamos	Veterana F40	03:06:41	+36:36 10:59
31	2402	Maria Manuela Caetano	Individual	Veterana F40	03:07:04	+36:59 11:00
32	2725	Luísa Marques	PORTO SENTIDO RUNNERS	Veterana F40	03:09:00	+38:55 11:07
33	2124	Ana Moreira	BUDEGUITA RUNNERS	Veterana F40	03:10:23	+40:18 11:12
34	2066	Fernanda Leal	ALIANÇA DE GANDRA	Veterana F40	03:10:31	+40:26 11:12
35	2726	Margarida Sousa	PORTO SENTIDO RUNNERS	Veterana F40	03:11:43	+41:38 11:17
36	2404	Marlene Rodrigues	Individual	Veterana F40	03:11:49	+41:44 11:17
37	2809	Alexandra Bessa	Team aguenta Ai	Veterana F40	03:13:26	+43:21 11:23
38	2724	Fernanda Lopes	PORTO SENTIDO RUNNERS	Veterana F40	03:15:20	+45:15 11:29
39	2396	MANUELA MOTA	Individual	Veterana F40	03:19:30	+49:25 11:44
40	2037	Ana Fernandes	ACADEMIA FERNANDA RIBEIRO	Veterana F40	03:20:48	+50:43 11:49
41	2405	Natália Ribeiro	Individual	Veterana F40	03:20:57	+50:52 11:49
42	2238	Susana Vieira	Futebol Clube de Penafiel	Veterana F40	03:22:42	+52:37 11:55
43	2870	Paula Figueiredo	Individual	Veterana F40	03:23:10	+53:05 11:57
44	2693	Glória Antunes	Paredes Running	Veterana F40	03:24:24	+54:19 12:02

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45	2691	Celeste Lopes	Paredes Running	Veterana F40	03:24:50	+54:45	12:03
46	1016	Célia Vieira	Alto Relevo - Clube de Montanhismo	Veterana F40	03:25:27	+55:22	12:05
47	2501	sonia teixeira	keepmoving	Veterana F40	03:26:00	+55:55	12:07
48	2500	Eugénia Teixeira	keepmoving	Veterana F40	03:26:01	+55:56	12:07
49	2494	Isabelrang@gmail.com	Isabel	Veterana F40	03:27:16	+57:11	12:12
50	2592	Maria Jesus	NOCTURNOS DE PAREDES	Veterana F40	03:31:45	+01:01:40	12:27
51	2118	Mónica Almeida	BTT Alegria / TUBANI	Veterana F40	03:32:26	+01:02:21	12:30
52	2126	Isabel Ferreira	BUDEGUITA RUNNERS	Veterana F40	03:33:52	+01:03:47	12:35
53	2128	Minna Sillankorva	BUDEGUITA RUNNERS	Veterana F40	03:33:52	+01:03:47	12:35
54	2215	Suzete do Rosário Passos de Sousa	Fridão Sem Limites	Veterana F40	03:35:49	+01:05:44	12:42
55	2618	Maria João Alves	Nós Acreditamos	Veterana F40	03:35:56	+01:05:51	12:42
56	2392	Cláudia Ribeiro	Individual	Veterana F40	03:36:20	+01:06:15	12:44
57	2256	Aida Linhares	GTT - Armazém do Caffè	Veterana F40	03:36:33	+01:06:28	12:44
58	2249	Maria Lurdes Pereira	Grupo Desportivo Limpeza Urbana da CMP	Veterana F40	03:40:02	+01:09:57	12:57
59	2692	Fatima Nunes	Paredes Running	Veterana F40	03:40:34	+01:10:29	12:58
60	2694	Lucinda Marques	Paredes Running	Veterana F40	03:40:45	+01:10:40	12:59
61	2721	Berta Ferreira	PORTO SENTIDO RUNNERS	Veterana F40	03:42:41	+01:12:36	13:06
62	2707	ISABEL CARVALHO	Pernetas	Veterana F40	03:43:37	+01:13:32	13:09
63	2706	Fátima Meinedo	Pernetas	Veterana F40	03:44:11	+01:14:06	13:11
64	2400	Maria Irene Ferraz da Silva	Individual	Veterana F40	03:45:00	+01:14:55	13:14
65	2188	MARIA FONSECA+	Equipa João Ferreira	Veterana F40	03:45:02	+01:14:57	13:14
66	2656	Leonilde Macedo	OS FUGITIVOS DA CRISE	Veterana F40	03:49:28	+01:19:23	13:30
67	2657	Maria Lurdes Mendes	OS FUGITIVOS DA CRISE	Veterana F40	03:49:28	+01:19:23	13:30
68	2116	Cristina Pinto	BTT Alegria / TUBANI	Veterana F40	03:49:30	+01:19:25	13:30
69	2399	Maria de Fátima Ferreira Bessa	Individual	Veterana F40	03:49:36	+01:19:31	13:30
70	2125	Eduarda Freitas	BUDEGUITA RUNNERS	Veterana F40	03:52:05	+01:22:00	13:39
71	2490	CARLA SANTOS	Invicta Runners Team	Veterana F40	03:52:06	+01:22:01	13:39
72	2690	Ana Ferreira	Paredes Running	Veterana F40	03:53:43	+01:23:38	13:45
73	2185	CÉLIA AROSO	Equipa João Ferreira	Veterana F40	03:56:14	+01:26:09	13:54
74	2403	Marília Dias	Individual	Veterana F40	03:56:25	+01:26:20	13:54
75	2189	RITA GONÇALVES	Equipa João Ferreira	Veterana F40	03:57:04	+01:26:59	13:57
76	1280	Sónia Machado	El Team Trail	Veterana F40	03:57:32	+01:27:27	13:58
77	2406	Rosa Soares	Individual	Veterana F40	03:58:08	+01:28:03	14:00
78	2408	VANDA AFONSO COSTA	Individual	Veterana F40	03:59:31	+01:29:26	14:05
79	2393	Elisabete Nogueira	Individual	Veterana F40	04:00:09	+01:30:04	14:08
80	2834	Luisa Gomes	TrepaTrilhos Trail Team	Veterana F40	04:03:45	+01:33:40	14:20
81	2835	Manuela Moura	TrepaTrilhos Trail Team	Veterana F40	04:08:18	+01:38:13	14:36
82	2221	Rosario Guerra	Friends	Veterana F40	04:10:19	+01:40:14	14:43
83	2220	Conceição Pinto	Friends	Veterana F40	04:15:26	+01:45:21	15:02
84	2729	Suzete Correia	PORTO SENTIDO RUNNERS	Veterana F40	04:15:40	+01:45:35	15:02
85	2065	Fátima Ramos	ALIANÇA DE GANDRA	Veterana F40	04:19:01	+01:48:56	15:14
86	2873	Ana Luísa Carvalho	Individual	Veterana F40	04:19:55	+01:49:50	15:17
87	2869	Sandra Silva	Individual	Veterana F40	04:19:55	+01:49:50	15:17
88	2541	Maria Carneiro	Metralhas Runners	Veterana F40	04:22:39	+01:52:34	15:27
89	2542	Sonia Sampaio	Metralhas Runners	Veterana F40	04:22:39	+01:52:34	15:27

Trail Curto

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OFFICIAL RESULT

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90	2076	Susana Silva	All About	Veterana F40	04:28:22	+01:58:17	15:47
91	2075	Susana Rito	All About	Veterana F40	04:28:22	+01:58:17	15:47
92	2012	Susana Ferreira	10TEMIDOS	Veterana F40	04:28:51	+01:58:46	15:49
93	2127	Marta Leite	BUDEGUITA RUNNERS	Veterana F40	04:28:57	+01:58:52	15:49
94	2129	Sandra Soares	BUDEGUITA RUNNERS	Veterana F40	04:28:57	+01:58:52	15:49
95	2394	Fátima sousa	Individual	Veterana F40	04:33:59	+02:03:54	16:07
96	2162	Elsa Dias	danados	Veterana F40	04:37:04	+02:06:59	16:18
97	2390	Ana Rita Duarte	Individual	Veterana F40	04:43:16	+02:13:11	16:40
98	2048	Olga soares	Alegros	Veterana F40	05:00:45	+02:30:40	17:41
99	2011	Lilia Sá	10TEMIDOS	Veterana F40	05:21:51	+02:51:46	18:56
100	2243	Carla Pimentel	GENEROSOS RUNNERS	Veterana F40	05:29:12	+02:59:07	19:22
101	2244	Lu Pinto	GENEROSOS RUNNERS	Veterana F40	05:29:12	+02:59:07	19:22
102	2675	ODETE LAMEIRA	Ou vai ou racha	Veterana F40	05:38:12	+03:08:07	19:54
103	2674	Maria Arminda Faria Maciel	Ou vai ou racha	Veterana F40	05:40:54	+03:10:49	20:03
104	2670	ANA RITA BARROS NEVES MAGALHÃES	Ou vai ou racha	Veterana F40	05:41:46	+03:11:41	20:06
105	2245	Manuela Rosas	GENEROSOS RUNNERS	Veterana F40	05:56:37	+03:26:32	20:59
106	2672	Cristina Costa	Ou vai ou racha	Veterana F40	05:56:38	+03:26:33	20:59

Veterana F50

1	2850	Fátima Nunes	USF TS	Veterana F50	02:44:41	09:41
2	2138	Maria Fátima Marques Ribeiro	club zipper	Veterana F50	02:47:44	+03:03 09:52
3	2410	Graça Ribeiro	Individual	Veterana F50	02:52:18	+07:37 10:08
4	2595	Salette Silva	NOCTURNOS DE PAREDES	Veterana F50	02:57:22	+12:41 10:26
5	2730	Cacilda Ramos	PORTO SENTIDO RUNNERS	Veterana F50	03:20:42	+36:01 11:48
6	2412	Ienita Iemos	Individual	Veterana F50	03:32:05	+47:24 12:29
7	2411	Isaura de almeida	Individual	Veterana F50	03:52:32	+01:07:51 13:41
8	2540	Ana Rosa Alves	M.Alves	Veterana F50	03:53:05	+01:08:24 13:43
9	2786	Maria José	Somos Nós Team	Veterana F50	03:56:25	+01:11:44 13:54
10	2409	Amélia Cardoso	Individual	Veterana F50	03:59:46	+01:15:05 14:06
11	1065	Manuel Alves	Futebol Clube de Penafiel	Veterana F50	04:02:08	+01:17:27 14:15
12	2413	Maria Filomena Venâncio Lopes Marcelo	Individual	Veterana F50	04:02:15	+01:17:34 14:15
13	2068	Rosa Soares	ALIANÇA DE GANDRA	Veterana F50	04:19:02	+01:34:21 15:14
14	2247	Manuela Viterbo	Grupo 46	Veterana F50	04:38:07	+01:53:26 16:22

Veterano M40

1	1068	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	01:46:47	06:17
2	2857	Patrick Marques	GONDOMAR FUTSAL CLUBE	Veterano M40	01:48:36	+01:49 06:23
3	2219	Paulo Teixeira Sousa	Fridão Sem Limites	Veterano M40	01:48:58	+02:11 06:25
4	2645	Fernando Grabulho	Oralklass-Amigos do Trail	Veterano M40	01:49:56	+03:09 06:28
5	2153	Abílio Almeida	Dá-Lhe Gás	Veterano M40	01:54:13	+07:26 06:43
6	2712	Hugo Figueiredo	PM	Veterano M40	01:55:50	+09:03 06:49
7	2851	Carlos Borges	vimarunners	Veterano M40	01:59:01	+12:14 07:00

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8	2507	Fernando Gomes	KeMedo Team	Veterano M40	01:59:32	+12:45	07:02
9	2731	António Borges	PORTO SENTIDO RUNNERS	Veterano M40	01:59:45	+12:58	07:03
10	2414	Agostinho Correia Pacheco	Individual	Veterano M40	02:00:50	+14:03	07:06
11	2070	Carlos Silva	ALIANÇA DE GANDRA	Veterano M40	02:01:51	+15:04	07:10
12	2072	Pedro Silva	ALIANÇA DE GANDRA	Veterano M40	02:05:06	+18:19	07:22
13	2071	Leonel Neves	ALIANÇA DE GANDRA	Veterano M40	02:05:17	+18:30	07:22
14	2822	Manuel Soares	Tombos & Trambolhões BTT	Veterano M40	02:09:44	+22:57	07:38
15	2596	António Brito	NOCTURNOS DE PAREDES	Veterano M40	02:09:46	+22:59	07:38
16	2646	José Ferreira	Oralklass-Amigos do Trail	Veterano M40	02:11:30	+24:43	07:44
17	2069	Carlos Costa	ALIANÇA DE GANDRA	Veterano M40	02:11:32	+24:45	07:44
18	2137	Carlos Araújo	CHALLENGE FORCE	Veterano M40	02:11:34	+24:47	07:44
19	2741	Miguel Silva	PORTO SENTIDO RUNNERS	Veterano M40	02:11:43	+24:56	07:45
20	2805	Alexandre Mateus	Serviço Urgência Team & Friends	Veterano M40	02:11:56	+25:09	07:46
21	2515	Dario Cardoso	Leões de Tardariz Trail	Veterano M40	02:12:42	+25:55	07:48
22	2565	Joaquim Teixeira	Mountain Runners	Veterano M40	02:13:47	+27:00	07:52
23	2218	Manuel José Mendes Teixeira	Fridão Sem Limites	Veterano M40	02:15:51	+29:04	07:59
24	2045	MANUEL SOUSA	ADVENTURES	Veterano M40	02:15:53	+29:06	08:00
25	2429	Fernando Nogueira	Individual	Veterano M40	02:16:17	+29:30	08:01
26	2146	MIGUEL LEAL	CORRER POR UM SORRISO	Veterano M40	02:17:03	+30:16	08:04
27	2437	José Alberto S. Freitas	Individual	Veterano M40	02:18:32	+31:45	08:09
28	2091	Licínio Ferreira	Associação Desportiva de Cabroelo	Veterano M40	02:18:48	+32:01	08:10
29	2453	Paulo Silva	Individual	Veterano M40	02:19:05	+32:18	08:11
30	2599	José Gomes	NOCTURNOS DE PAREDES	Veterano M40	02:21:25	+34:38	08:19
31	2787	Fernando Morais	Somos Nós Team	Veterano M40	02:22:01	+35:14	08:21
32	2449	oscar silva	Individual	Veterano M40	02:22:23	+35:36	08:23
33	2444	Miguel Oliveira	Individual	Veterano M40	02:23:18	+36:31	08:26
34	2443	Miguel Oliveira	Individual	Veterano M40	02:23:18	+36:31	08:26
35	2603	Rui Almeida	NOCTURNOS DE PAREDES	Veterano M40	02:23:23	+36:36	08:26
36	2838	Pedro Silva	TrepaTrilhos Trail Team	Veterano M40	02:24:02	+37:15	08:28
37	2440	Luis Medeiros Pereira	Individual	Veterano M40	02:24:15	+37:28	08:29
38	2892	Ricardo	TrepaTrilhos Trail Team	Veterano M40	02:24:18	+37:31	08:29
39	2433	JOAQUIM JORGE DOS SANTOS DURÃES	Individual	Veterano M40	02:24:33	+37:46	08:30
40	2647	Orlando Nogueira	Oralklass-Amigos do Trail	Veterano M40	02:24:51	+38:04	08:31
41	2867	Oliveira Amaro	Individual	Veterano M40	02:25:30	+38:43	08:34
42	2525	Mário Moura	Leões de Tardariz Trail	Veterano M40	02:27:15	+40:28	08:40
43	2740	Laurindo Gomes	PORTO SENTIDO RUNNERS	Veterano M40	02:28:14	+41:27	08:43
44	2096	sergio sousa	Baltar TrailRunners	Veterano M40	02:29:21	+42:34	08:47
45	2513	Bruno Bartes	Kunalama runners	Veterano M40	02:31:11	+44:24	08:54
46	2713	Miguel Teixeira	PM	Veterano M40	02:32:02	+45:15	08:57
47	2770	CARLOS MANUEL DOS SANTOS ROCHA	SAI DA FRENTE	Veterano M40	02:32:24	+45:37	08:58
48	2644	David Morais	Oralklass-Amigos do Trail	Veterano M40	02:32:40	+45:53	08:59
49	1187	Pedro Ferreira	Leões de Tardariz Trail	Veterano M40	02:33:39	+46:52	09:02
50	2667	Rui Silva	Os Marcha em Frente	Veterano M40	02:35:32	+48:45	09:09
51	2090	Avelino dos Santos Coelho	Associação Desportiva de Cabroelo	Veterano M40	02:36:33	+49:46	09:13

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52	2093	Carlos Ferreira	Autistic Runners	Veterano M40	02:36:56	+50:09	09:14
53	2121	Juca Teixeira	BTT Alegria / TUBANI	Veterano M40	02:37:10	+50:23	09:15
54	2120	Joaquim Soares	BTT Alegria / TUBANI	Veterano M40	02:37:10	+50:23	09:15
55	2123	Tony Mendes	BTT Alegria / TUBANI	Veterano M40	02:37:59	+51:12	09:18
56	2732	Angelo Vidal	PORTO SENTIDO RUNNERS	Veterano M40	02:38:27	+51:40	09:19
57	2836	José Oliveira	TrepaTrilhos Trail Team	Veterano M40	02:38:32	+51:45	09:20
58	2122	Paulo Nunes	BTT Alegria / TUBANI	Veterano M40	02:38:37	+51:50	09:20
59	2039	SERGIO PAULO MACHADO SILVA	ACADEMIA FERNANDA RIBEIRO	Veterano M40	02:38:47	+52:00	09:20
60	2648	Pedro Seixas	Oralklass-Amigos do Trail	Veterano M40	02:40:01	+53:14	09:25
61	2620	Armando Cardoso	Nós Acreditamos	Veterano M40	02:41:36	+54:49	09:30
62	2217	António Joaquim Teixeira Alves	Fridão Sem Limites	Veterano M40	02:42:47	+56:00	09:35
63	2735	Filipe Ferreira	PORTO SENTIDO RUNNERS	Veterano M40	02:43:20	+56:33	09:36
64	2046	ROBERTO COSTA	ADVENTURES	Veterano M40	02:43:52	+57:05	09:38
65	2863	joao fernando silva ribeiro	Individual	Veterano M40	02:45:16	+58:29	09:43
66	2257	Vitor Campos	GTT - Armazém do Caffè	Veterano M40	02:45:53	+59:06	09:46
67	2767	Rui Freitas	S. S. Montepio	Veterano M40	02:46:45	+59:58	09:49
68	2436	Jorge silva Moreira	Individual	Veterano M40	02:47:09	+01:00:22	09:50
69	2439	Luis Martins	Individual	Veterano M40	02:47:20	+01:00:33	09:51
70	1014	Ricardo Carneiro	Abutres	Veterano M40	02:47:27	+01:00:40	09:51
71	2523	Março Costa	Leões de Tardariz Trail	Veterano M40	02:47:48	+01:01:01	09:52
72	2837	Paulo Tavares	TrepaTrilhos Trail Team	Veterano M40	02:48:03	+01:01:16	09:53
73	2085	Altino Rocha	Associação Branzelo Ativo	Veterano M40	02:48:14	+01:01:27	09:54
74	2169	Manuel António Meneses de Araújo	EDV-VIANA TRAIL	Veterano M40	02:48:32	+01:01:45	09:55
75	2179	Ricardo ribeiro	EMNA Runners	Veterano M40	02:49:27	+01:02:40	09:58
76	2454	Renato Nunes	Individual	Veterano M40	02:49:45	+01:02:58	09:59
77	2604	Salvador Santos	NOCTURNOS DE PAREDES	Veterano M40	02:49:45	+01:02:58	09:59
78	2736	João Barbosa	PORTO SENTIDO RUNNERS	Veterano M40	02:50:24	+01:03:37	10:01
79	2420	ÂNGELO MANUEL SANTOS	Individual	Veterano M40	02:51:38	+01:04:51	10:06
80	2434	jorge caria	Individual	Veterano M40	02:51:54	+01:05:07	10:07
81	2201	Ricardo A. Silva Sousa	FFit Gaia Trail	Veterano M40	02:52:34	+01:05:47	10:09
82	2423	antonio carneiro	Individual	Veterano M40	02:54:08	+01:07:21	10:15
83	2739	José Ricardo	PORTO SENTIDO RUNNERS	Veterano M40	02:54:31	+01:07:44	10:16
84	2621	Fernando Silva	Nós Acreditamos	Veterano M40	02:54:34	+01:07:47	10:16
85	2602	Nuno Alexandre	NOCTURNOS DE PAREDES	Veterano M40	02:54:37	+01:07:50	10:16
86	2246	RENATO MIGUEL GIL DE SOUSA MOEDAS	Groupama	Veterano M40	02:56:27	+01:09:40	10:23
87	2521	Agostinho Cardoso	Leões de Tardariz Trail	Veterano M40	02:57:04	+01:10:17	10:25
88	2601	Luis Filipe Santos	NOCTURNOS DE PAREDES	Veterano M40	02:57:23	+01:10:36	10:26
89	2862	Bruno Rodrigues	Individual	Veterano M40	02:58:59	+01:12:12	10:32
90	2696	Antonio Brabosa	Paredes Running	Veterano M40	03:00:06	+01:13:19	10:36
91	2791	Jorge Almeida	soplabifana	Veterano M40	03:00:58	+01:14:11	10:39
92	2790	Henrique Sousa	soplabifana	Veterano M40	03:01:23	+01:14:36	10:40
93	2709	Agostinho torres	Pernetas	Veterano M40	03:01:57	+01:15:10	10:42
94	2711	Rui Carvalho	Pernetas	Veterano M40	03:01:57	+01:15:10	10:42
95	2222	Fernando Jorge	Friends	Veterano M40	03:02:59	+01:16:12	10:46
96	2446	Nelson silva	Individual	Veterano M40	03:03:03	+01:16:16	10:46
97	2455	Rui Manuel da Rocha moreira	Individual	Veterano M40	03:03:05	+01:16:18	10:46

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98	2427	Daniel Vieira	Individual	Veterano M40	03:03:13	+01:16:26	10:47
99	2756	José Maria Dias Leal	ROSÁRIO EXTREME	Veterano M40	03:03:16	+01:16:29	10:47
100	2016	Rui Sá	10TEMIDOS	Veterano M40	03:03:35	+01:16:48	10:48
101	2598	João Leite	NOCTURNOS DE PAREDES	Veterano M40	03:04:46	+01:17:59	10:52
102	2419	Amandio sousa	Individual	Veterano M40	03:05:43	+01:18:56	10:55
103	2733	António Sousa	PORTO SENTIDO RUNNERS	Veterano M40	03:06:02	+01:19:15	10:57
104	2890	Manuel Gomes	PORTO SENTIDO RUNNERS	Veterano M40	03:06:08	+01:19:21	10:57
105	2853	ALBERTO SOUSA	1001 trilhos	Veterano M40	03:07:18	+01:20:31	11:01
106	2773	Pedro Ramos	Shots International RUNnes	Veterano M40	03:07:22	+01:20:35	11:01
107	2428	Feliciano Ferreira	Individual	Veterano M40	03:08:13	+01:21:26	11:04
108	2738	Jorge Pereira	PORTO SENTIDO RUNNERS	Veterano M40	03:09:00	+01:22:13	11:07
109	2742	Marco Caldas	PORTO SENTIDO RUNNERS	Veterano M40	03:09:00	+01:22:13	11:07
110	2199	Joaquim Coelho	El Team Trail	Veterano M40	03:09:35	+01:22:48	11:09
111	2660	Ricardo Silva	OS FUGITIVOS DA CRISE	Veterano M40	03:09:42	+01:22:55	11:10
112	2766	Francisco Moreira	S. S. Montepio	Veterano M40	03:09:56	+01:23:09	11:10
113	2451	PAULO FREITAS JORGE	Individual	Veterano M40	03:11:04	+01:24:17	11:14
114	2140	Rui Oliveira	ComDor Runners	Veterano M40	03:11:26	+01:24:39	11:16
115	2432	Ivo de Oliveira Almeida	Individual	Veterano M40	03:11:50	+01:25:03	11:17
116	2448	Oscar Novais	Individual	Veterano M40	03:13:15	+01:26:28	11:22
117	2422	António Carlos de Sousa Ferrez	Individual	Veterano M40	03:14:46	+01:27:59	11:27
118	2431	Francisco José Garcia Moreira	Individual	Veterano M40	03:14:53	+01:28:06	11:28
119	2600	José Silva	NOCTURNOS DE PAREDES	Veterano M40	03:15:45	+01:28:58	11:31
120	2754	pedro ferreira	reumatico	Veterano M40	03:17:27	+01:30:40	11:37
121	2564	Antonio Rodrigues	Mountain Runners	Veterano M40	03:18:52	+01:32:05	11:42
122	2015	Pedro Sousa	10TEMIDOS	Veterano M40	03:18:59	+01:32:12	11:42
123	2734	Eduardo Ribeiro	PORTO SENTIDO RUNNERS	Veterano M40	03:21:15	+01:34:28	11:50
124	1152	Manuel Dias	Individual	Veterano M40	03:22:35	+01:35:48	11:55
125	2415	Alcídio Figueiredo	Individual	Veterano M40	03:23:57	+01:37:10	12:00
126	2483	HELDER MOREIRA	INDUTEL	Veterano M40	03:25:04	+01:38:17	12:04
127	2622	Manuel Silva	Nós Acreditamos	Veterano M40	03:26:24	+01:39:37	12:08
128	2496	Antonio Pinho	Isabel	Veterano M40	03:27:16	+01:40:29	12:12
129	2768	Rui Silva	S. S. Montepio	Veterano M40	03:31:45	+01:44:58	12:27
130	2625	Vitor Manuel Ribeiro Dias	Nós Acreditamos	Veterano M40	03:31:59	+01:45:12	12:28
131	2874	Nelson Montalvão	Individual	Veterano M40	03:32:14	+01:45:27	12:29
132	2497	Carlos Pereira	Isabel	Veterano M40	03:33:13	+01:46:26	12:33
133	2233	RUI COELHO	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Veterano M40	03:35:40	+01:48:53	12:41
134	2623	Paulo Sousa	Nós Acreditamos	Veterano M40	03:35:56	+01:49:09	12:42
135	2685	Jose Alves	PAPATRAILS	Veterano M40	03:37:01	+01:50:14	12:46
136	2445	Miguel Pinto	Individual	Veterano M40	03:37:44	+01:50:57	12:48
137	2597	Daniel Pereira	NOCTURNOS DE PAREDES	Veterano M40	03:40:59	+01:54:12	13:00
138	2737	João Pinheiro	PORTO SENTIDO RUNNERS	Veterano M40	03:42:41	+01:55:54	13:06
139	2435	jorge nogueira	Individual	Veterano M40	03:42:53	+01:56:06	13:07
140	2524	Marco Oliveira	Leões de Tardariz Trail	Veterano M40	03:44:32	+01:57:45	13:12
141	2522	Manuel Oliveira	Leões de Tardariz Trail	Veterano M40	03:44:32	+01:57:45	13:12
142	2714	Paulo Lopes	PM	Veterano M40	03:45:29	+01:58:42	13:16
143	2508	Luís Gomes	KeMedo Team	Veterano M40	03:45:49	+01:59:02	13:17

Trail Curto

17 KM

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OFFICIAL RESULT

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144	2178	Jorge Antunes	EMNA Runners	Veterano M40	03:46:46	+01:59:59	13:20
145	2810	Manuel Jorge	Team aguenta Ai	Veterano M40	03:51:28	+02:04:41	13:37
146	2430	Filipe Moutinho	Individual	Veterano M40	03:52:43	+02:05:56	13:41
147	2710	Ricardo Monteiro	Pernetas	Veterano M40	03:53:15	+02:06:28	13:43
148	2418	Álvaro Costa	Individual	Veterano M40	03:56:41	+02:09:54	13:55
149	2452	PAULO LUIS RODRIGUES FERREIRA	Individual	Veterano M40	03:59:31	+02:12:44	14:05
150	2416	Alfredo Silva	Individual	Veterano M40	04:09:11	+02:22:24	14:39
151	2438	José Martins	Individual	Veterano M40	04:09:11	+02:22:24	14:39
152	2421	Antonio Barros	Individual	Veterano M40	04:10:05	+02:23:18	14:43
153	2447	Norberto Simões Eustáquio	Individual	Veterano M40	04:15:00	+02:28:13	15:00
154	2119	Filipe Teixeira	BTT Alegria / TUBANI	Veterano M40	04:16:22	+02:29:35	15:05
155	2782	Carlos Cunha	Só Descidas!!	Veterano M40	04:16:52	+02:30:05	15:07
156	2783	Paulo Barbosa	Só Descidas!!	Veterano M40	04:16:55	+02:30:08	15:07
157	2605	Telmo Mota	NOCTURNOS DE PAREDES	Veterano M40	04:19:08	+02:32:21	15:15
158	2697	Luis Ribeiro	Paredes Running	Veterano M40	04:22:05	+02:35:18	15:25
159	2485	MIGUEL PINTO	INDUTEL	Veterano M40	04:24:31	+02:37:44	15:34
160	2456	Sérgio Miguel Moreira da Silva	Individual	Veterano M40	04:27:23	+02:40:36	15:44
161	2417	Alípio ascensao	Individual	Veterano M40	04:27:24	+02:40:37	15:44
162	2457	Sérgio Sousa	Individual	Veterano M40	04:27:30	+02:40:43	15:44
163	2425	Carlos Neuf	Individual	Veterano M40	04:36:54	+02:50:07	16:17
164	2248	Paulo Ferreira	Grupo 46	Veterano M40	04:38:06	+02:51:19	16:22
165	2450	Paulo Araújo	Individual	Veterano M40	04:43:16	+02:56:29	16:40
166	2678	PAULO JORGE DE SOUSA MAGALHÃES	Ou vai ou racha	Veterano M40	05:41:46	+03:54:59	20:06
167	2677	José Gentil Almeida Ferreira	Ou vai ou racha	Veterano M40	05:56:38	+04:09:51	20:59

Veterano M50

1	2180	Abilio Mendes Magalhães	EMNA Runners	Veterano M50	01:52:30	06:37
2	2464	Fernando Neves	Individual	Veterano M50	01:56:54	+04:24 06:53
3	2205	Adão José Teixeira Barbosa Regadas	Foge Foge Bandido	Veterano M50	02:03:25	+10:55 07:16
4	2607	Carlos Vinhas	NOCTURNOS DE PAREDES	Veterano M50	02:03:52	+11:22 07:17
5	2526	Vítor Sousa	Leões de Tardariz Trail	Veterano M50	02:06:59	+14:29 07:28
6	2258	Adelino Fernandes	GTT - Armazém do Caffè	Veterano M50	02:07:24	+14:54 07:30
7	2757	Francisco José Gomes da Costa	ROSÁRIO EXTREME	Veterano M50	02:22:51	+30:21 08:24
8	2848	Eduardo Gonçalves	US & OTHERS	Veterano M50	02:23:21	+30:51 08:26
9	2078	Lino Moreira	All About	Veterano M50	02:24:39	+32:09 08:31
10	2092	António Ferreira	Associação Desportiva de Cabroelo	Veterano M50	02:28:20	+35:50 08:44
11	2743	Carlos Martins	PORTO SENTIDO RUNNERS	Veterano M50	02:28:23	+35:53 08:44
12	1028	Belmiro Moreira Gomes	Associação Branzelo Ativo	Veterano M50	02:31:51	+39:21 08:56
13	2553	José Coelho da Silva	Moinhos Run - ADRM	Veterano M50	02:32:18	+39:48 08:58
14	2769	Fernando Carvalho	S. S. Montepio	Veterano M50	02:34:43	+42:13 09:06
15	2475	Miro Morais	Individual	Veterano M50	02:35:54	+43:24 09:10
16	2049	Joaquim seca	Alegros	Veterano M50	02:45:59	+53:29 09:46
17	2147	ANTONIO MIRANDA	CORRER POR UM SORRISO	Veterano M50	02:49:21	+56:51 09:58
18	2470	José Mário Magalhães de Pereira	Individual	Veterano M50	02:50:23	+57:53 10:01

Trail Curto

17 KM



OFFICIAL RESULT

19	2889	Fernando Ferraz	PORTO SENTIDO RUNNERS	Veterano M50	02:54:31	+01:02:01	10:16
20	2626	Álvaro Cardoso	Nós Acreditamos	Veterano M50	03:00:04	+01:07:34	10:36
21	2840	António Loureiro	TrepaTrilhos Trail Team	Veterano M50	03:00:08	+01:07:38	10:36
22	2459	ANTONIO FILIPE PINTO DA COSTA MOTA	Individual	Veterano M50	03:00:16	+01:07:46	10:36
23	2842	Sérgio Pereira	TrepaTrilhos Trail Team	Veterano M50	03:05:16	+01:12:46	10:54
24	2472	Luís Espírito Santo	Individual	Veterano M50	03:06:54	+01:14:24	11:00
25	2460	Carlos Almeida	Individual	Veterano M50	03:07:33	+01:15:03	11:02
26	2469	José Manuel da Silva Pereira	Individual	Veterano M50	03:07:37	+01:15:07	11:02
27	2465	Isaac Batista Pereira	Individual	Veterano M50	03:19:50	+01:27:20	11:45
28	2606	Antonio Carvalho	NOCTURNOS DE PAREDES	Veterano M50	03:22:30	+01:30:00	11:55
29	1171	José Mendes Ferreira	Individual	Veterano M50	03:23:50	+01:31:20	11:59
30	2486	MANUEL PINTO	INDUTEL	Veterano M50	03:24:54	+01:32:24	12:03
31	2650	Manuel Moura	OS BARRIGUITAS	Veterano M50	03:28:06	+01:35:36	12:14
32	2197	Abílio Neves	Equipotência Trail Team	Veterano M50	03:30:17	+01:37:47	12:22
33	2747	MANUEL PEREIRA	PORTOCARGO	Veterano M50	03:32:39	+01:40:09	12:31
34	2461	Domingos Barbosa da Silva	Individual	Veterano M50	03:33:11	+01:40:41	12:32
35	2466	João Sousa	Individual	Veterano M50	03:35:55	+01:43:25	12:42
36	2250	António Celeste	Grupo Desportivo Limpeza Urbana da CMP	Veterano M50	03:40:02	+01:47:32	12:57
37	2476	VALDEMAR SILVA	Individual	Veterano M50	03:41:04	+01:48:34	13:00
38	2499	Lénio Fernando Nogueira Marinho	Jobrinde-Montes Saloios	Veterano M50	03:45:15	+01:52:45	13:15
39	2662	Raul Macedo	OS FUGITIVOS DA CRISE	Veterano M50	03:49:28	+01:56:58	13:30
40	2474	MANUEL PIRES RODRIGUES	Individual	Veterano M50	04:00:33	+02:08:03	14:09
41	1163	Alberto martins	Individual	Veterano M50	04:01:55	+02:09:25	14:14
42	2841	Manuel Moura	TrepaTrilhos Trail Team	Veterano M50	04:08:18	+02:15:48	14:36
43	2473	LUIZ C.J. BLANQUET	Individual	Veterano M50	04:16:41	+02:24:11	15:06
44	2468	Jorge Manuel Pereira silva	Individual	Veterano M50	04:32:55	+02:40:25	16:03
45	2458	Alvaro Silva	Individual	Veterano M50	04:43:16	+02:50:46	16:40

COLETIVA 5ºTrail Lagares

Posição	Equipa	Pontos
1	SatecnosolOutdoor	19
2	Oralklass-Amigos do Trail	20
3	Dr. Merino/4moove	57
4	A.D.Amarante trail running	59
5	Fridão Sem Limites	92
6	EDV-VIANA TRAIL	102
7	Dá-Lhe Gás	115
8	Nós Acreditamos	148
9	GTT - Armazém do Caffè	169
10	Associação Desportiva de Cabroelo	172
11	Moinhos Run - ADRM	173
12	GONDOMAR FUTSAL CLUBE	183
13	Os Lobos do Saibro	189
14	NOCTURNOS DE PAREDES	200
15	ALIANÇA DE GANDRA	254
16	PORTO SENTIDO RUNNERS	390
17	El Team Trail	391
18	Leões de Tardariz Trail	396
19	A. D. Sebolido Trail Boneca Douro	451
20	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	493
21	Pernetas	495
22	Mountain Runners	500
23	BTT Alegria / TUBANI	521
24	EMNA Runners	561
25	TrepaTrilhos Trail Team	621
26	KeMedo Team	671
27	Grupo Desportivo Limpeza Urbana da CMI	699
28	Somos Nós Team	778
29	LA Zinco	814
30	Tecla 3 Runners	818
31	ARRASTASSOLAS	821
32	S. S. Montepio	833
33	10TEMIDOS	886
34	Equipa João Ferreira	908
35	LUSOS XXI	1077
36	BUDEGUITA RUNNERS	1255
37	Paredes Running	1313
38	ADVENTURES	1485
39	danados	1489
40	reumatico	1893
41	Rui	2017
42	Los Manos	2083
43	INDUTEL	2170
44	OS FUGITIVOS DA CRISE	2455
45	PAPATRAILS	2455
46	Equipotência Trail Team	2527
47	Serviço Urgência Team & Friends	2898

48 Futebol Clube de Penafiel	3119
49 Só Descidas!!	3591
50 Ou vai ou racha	4021