

POS	Nº	Nome	Chegada	de Partida	Tempo	Equipa	Escalão
1	250	José Reis	10:29:16	09:23:00	01:06:16	C.I.Argoncilhe	50-M
2	100	João Maria Albuquerque Trigueiros	10:47:34	09:23:00	01:24:34	Individual	Sen-M
3	1454	Helder Augusto Ferreira Camilo	10:47:56	09:23:00	01:24:56	Individual	Sen-M
4	1006	Victor Sousa	10:48:42	09:23:00	01:25:42	Uma vez perdi-me no monte	50-M
5	938	Carlos Leonel Nogueira Sousa	10:55:21	09:23:00	01:32:21	G.D.R.O - Ordins Runners	Sen-M
6	941	Pedro Miguel Fonseca Magalhães	10:55:30	09:23:00	01:32:30	G.D.R.O - Ordins Runners	Jun-M
7	825	Frederico Miguel Ferreira Ribeiro	10:55:54	09:23:00	01:32:54	Quadrilheiros Runners	Sen-M
8	708	jorge ferreira gomes	10:57:05	09:23:00	01:34:05	Individual	Sen-M
9	1046	Raphaël Leite	10:57:15	09:23:00	01:34:15	Arcorun	Sen-M
10	1449	Pedro Filipe Teixeira	10:59:09	09:23:00	01:36:09	IdealKorpus	Jun-M
11	1043	Nuno Teixeira	10:59:33	09:23:00	01:36:33	trt	Sen-M
12	1109	Marcelo Augusto	10:59:51	09:23:00	01:36:51	Individual	Sen-M
13	727	filipe jose ferreira nunes	11:00:43	09:23:00	01:37:43	Individual	Sen-M
14	919	Abel Fernando Rocha Rodrigues	11:01:11	09:23:00	01:38:11	G.D.R.O - Ordins Runners	Sen-M
15	295	Agostinho torres	11:01:35	09:23:00	01:38:35	Pernetas D`elite.	Sen-M
16	496	Eduardo Gonçalves	11:02:23	09:23:00	01:39:23	Melres Trail Running	40-M
17	93	Filipe Cordeiro	11:03:58	09:23:00	01:40:58	Elitianos	Sen-M
18	834	Carlos Jesus	11:04:04	09:23:00	01:41:04	PenaQempena	Sen-M
19	939	José Samuel Pereira Maia	11:04:10	09:23:00	01:41:10	G.D.R.O - Ordins Runners	Sen-M
20	1044	Marco Paulo Alves Brochado	11:04:11	09:23:00	01:41:11	Individual	Sen-M
21	921	Francisco José Silva Oliveira	11:04:58	09:23:00	01:41:58	G.D.R.O - Ordins Runners	Sen-M
22	784	Ulisses Costa	11:05:00	09:23:00	01:42:00	RUN4ALL	Sen-M
23	247	orlando nogueira sousa	11:06:48	09:23:00	01:43:48	Oraklass-Amigos do Trail	40-M
24	608	Leonel Fernando Sousa Neves	11:06:49	09:23:00	01:43:49	Box Ideal Running Team	Sen-M
25	931	Nuno Miguel Pinto Silva	11:06:56	09:23:00	01:43:56	G.D.R.O - Ordins Runners	Sen-M
26	151	Luís Regada	11:07:30	09:23:00	01:44:30	Individual	Sen-M
27	676	Miguel Alves	11:07:35	09:23:00	01:44:35	Uma vez perdi-me no monte	Sen-M
28	95	Jorge Filipe Sousa Roças	11:07:36	09:23:00	01:44:36	Individual	Sen-M
29	707	jorge filipe pereira	11:07:52	09:23:00	01:44:52	Individual	Sen-M
30	1097	João Pedro Costa	11:08:12	09:23:00	01:45:12	Individual	Sen-M
31	1423	Vitor Hugo Guedes Cunha	11:08:35	09:23:00	01:45:35		0 Sen-M
32	1428	Luís Miguel Oliveira Soares	11:08:43	09:23:00	01:45:43	GDR ordins runners	Sen-M
33	863	Helder Magalhães	11:08:53	09:23:00	01:45:53	Individual	Sen-M
34	52	César Miguel Rodrigues de Sousa	11:10:06	09:23:00	01:47:06	Individual	Sen-M
35	361	Inuo Filipe Melo	11:10:19	09:23:00	01:47:19	RUN4ALL	Sen-M
36	576	Fernando Santos	11:10:22	09:23:00	01:47:22	Individual	40-M
37	936	Pedro Miguel Rodrigues Cunha	11:10:25	09:23:00	01:47:25	G.D.R.O - Ordins Runners	Sen-M
38	92	José Luis Lopes Soares	11:10:26	09:23:00	01:47:26	Individual	Sen-M

39	607	Mário Jorge Sousa Almeida	11:10:53	09:23:00	01:47:53	Box Ideal Running Team	Sen-M
40	54	Bruno Ricardo Rodrigues de Sousa	11:11:32	09:23:00	01:48:32	Individual	Sen-M
41	161	Rogério Laranjeira	11:11:35	09:23:00	01:48:35	Individual	40-M
42	366	Alberto António Pinheiro Magalhães	11:11:57	09:23:00	01:48:57	RUN4ALL	Sen-M
43	350	Marco Maia	11:12:29	09:23:00	01:49:29	Running Lixa	Sen-M
44	314	Carlos Ferreira	11:12:34	09:23:00	01:49:34	LagaresSport	40-M
45	394	Ricardo Jorge Vieira Alves de Oliveira	11:12:56	09:23:00	01:49:56	Individual	Sen-M
46	94	Nelson Frias Amaral	11:14:14	09:23:00	01:51:14	Individual	Sen-M
47	1405	Jaime Martins	11:15:10	09:23:00	01:52:10	IdealKorpus	Sen-M
48	1404	Pedo Quintas	11:15:15	09:23:00	01:52:15	IdealKorpus	Sen-M
49	425	Fernando Manuel da Silva Carvalho Meireles	11:16:19	09:23:00	01:53:19	Individual	Sen-M
50	1019	Miguel Pereira	11:16:30	09:23:00	01:53:30	Pernetas D' Elite	Sen-M
51	876	António Lourenço	11:16:32	09:23:00	01:53:32	Engomadoria L&A Team	40-M
52	960	CARLOS MANUEL PEREIRA DO COUTO	11:16:33	09:23:00	01:53:33	ARCORUN	40-M
53	393	João Pedro Mendes Viegas	11:16:37	09:23:00	01:53:37	Inimigos do Podium	Sen-M
54	271	Rui Mota	11:16:39	09:23:00	01:53:39	Os arrastadeiras	Sen-M
55	719	Manuel Fernando Lopes Soares	11:16:43	09:23:00	01:53:43	LagareSport	Sen-M
56	307	Vítor Silva	11:16:45	09:23:00	01:53:45	Pernetas d'Elite	Sen-M
57	1462	Domingos Rocha	11:16:47	09:23:00	01:53:47	0	50-M
58	542	Ângelo Joel Ferreira Mendes	11:16:49	09:23:00	01:53:49	Individual	Sen-M
59	134	Nuno Esperança	11:16:56	09:23:00	01:53:56	Villaurbana runners	40-M
60	831	Gil Castro	11:17:22	09:23:00	01:54:22	PenaQempena	Sen-M
61	1299	Pedro Nuno Costa Leão	11:17:25	09:23:00	01:54:25	Barriguitas	Sen-M
62	494	Luís Fernandes	11:17:31	09:23:00	01:54:31	Correr Viseu	Sen-M
63	904	Paulo Miguel Marques da Silva	11:17:33	09:23:00	01:54:33	Clube Zupper	Sen-M
64	671	Rui Pedro Campos Pinto	11:17:45	09:23:00	01:54:45	Clube desportivo de Lousado	Sen-M
65	1079	Fábio Daniel Andrade Moraes	11:18:35	09:23:00	01:55:35	Lagaresport	Sen-M
66	932	Ricardo José Costa Lopes	11:19:16	09:23:00	01:56:16	G.D.R.O - Ordins Runners	Sen-M
67	920	Marco António Oliveira Silva	11:19:35	09:23:00	01:56:35	G.D.R.O - Ordins Runners	Sen-M
68	643	Diogo Silva	11:19:38	09:23:00	01:56:38	Individual	Jun-M
69	642	Cândido Silva	11:19:42	09:23:00	01:56:42	Individual	40-M
70	73	Manuel Mota	11:19:47	09:23:00	01:56:47	Solmaia Runners	Sen-M
71	75	Rui Salgado	11:19:51	09:23:00	01:56:51	Solmaia Runners	Sen-M
72	574	Nuno Silva	11:20:00	09:23:00	01:57:00	Individual	Sen-M
73	53	Rui Salvador Moreira Borges	11:20:10	09:23:00	01:57:10	G.D.R.O- Ordins Runners	Sen-M
74	1205	Serafim Ramos	11:20:14	09:23:00	01:57:14	Wild Team	50-M
75	257	Filipe Moreira	11:20:18	09:23:00	01:57:18	Team Siguritos / MotoMarretas/ Po	40-M
76	1460	António Archer	11:20:22	09:23:00	01:57:22	0	50-M
77	180	Alberto César	11:20:25	09:23:00	01:57:25	Individual	40-M

78	1106	Claudio Silva	11:20:36	09:23:00	01:57:36	Individual	Sen-M
79	255	Pedro Antunes	11:20:47	09:23:00	01:57:47	P&A Team	Sen-M
80	940	Ramiro José Oliveira Alves	11:20:51	09:23:00	01:57:51	G.D.R.O - Ordins Runners	Sen-M
81	423	Hugo Goncalves	11:21:10	09:23:00	01:58:10	Bosch Termotecnologia SA	Sen-M
82	424	André Ferreira	11:21:12	09:23:00	01:58:12	Bosch Termotecnologia SA	Sen-M
83	76	Adolfo Almeida	11:21:13	09:23:00	01:58:13	Solmaia Runners	Sen-M
84	970	Ricardo Ramos	11:21:17	09:23:00	01:58:17	BUEDACANOKA	Sen-M
85	971	Fábio Oliveira	11:21:22	09:23:00	01:58:22	BUEDACANOKA	Sen-M
86	1406	José Cabral	11:21:30	09:23:00	01:58:30	IdealKorpus	40-M
87	654	Ricardo Andre Pinto Afonso	11:21:39	09:23:00	01:58:39	Individual	Sen-M
88	170	Susansa Cristina da Fonseca Pereira	11:21:55	09:23:00	01:58:55	Corridas de Pernas Pro Ar	Sen-F
89	1208	Bruno Ferreira	11:22:11	09:23:00	01:59:11	Individual	Sen-M
90	345	Carlos Miguel Leite Sorte Teixeira	11:22:33	09:23:00	01:59:33	Running Lixa	Sen-M
91	812	Francisco Rebelo	11:23:39	09:23:00	02:00:39	Quím Peno Team	Sen-M
92	1430	Madalena Cristina Santos Casaca	11:23:56	09:23:00	02:00:56	Individual	Sen-F
93	10	ALCINO SOUSA	11:23:56	09:23:00	02:00:56	Individual	50-M
94	133	Liliana Araujo	11:24:01	09:23:00	02:01:01	Villaurbana runners	Sen-F
95	132	Hugo Moreira	11:24:02	09:23:00	02:01:02	Villaurbana runners	Sen-M
96	857	Nuno João Ferreira Moreira	11:24:04	09:23:00	02:01:04	Individual	Sen-M
97	922	Paulo Marcelo Costa Lopes	11:24:08	09:23:00	02:01:08	G.D.R.O - Ordins Runners	Sen-M
98	815	Nuno Miguel Pinto Santos	11:24:19	09:23:00	02:01:19	Quim peno team	Sen-M
99	801	Bruno Melo	11:25:09	09:23:00	02:02:09	RUN4ALL	Sen-M
100	362	Bruno Rafael Teixeira Magalhães	11:25:11	09:23:00	02:02:11	RUN4ALL	Sen-M
101	237	PEDRO ROSAS	11:25:13	09:23:00	02:02:13	MELRES TRAIL RUNNING	50-M
102	313	Fernando Pereira	11:25:26	09:23:00	02:02:26	Individual	Sen-M
103	1270	Bruno José Nunes Vale	11:25:32	09:23:00	02:02:32	LagareSport	Sen-M
104	515	monica coelho	11:25:54	09:23:00	02:02:54	Individual	Sen-F
105	1439	Paulo Manuel Silva Soares	11:25:57	09:23:00	02:02:57	BTENROS	Sen-M
106	1438	Nelson José Pinto Soares	11:25:59	09:23:00	02:02:59	BTENROS	Sen-M
107	925	Rui Daniel Ferreira Santos	11:26:01	09:23:00	02:03:01	G.D.R.O - Ordins Runners	Sen-M
108	918	Daniel Ferreira Soares	11:26:07	09:23:00	02:03:07	G.D.R.O - Ordins Runners	Sen-M
109	524	Manuel Domingos da Cunha Pereira	11:26:09	09:23:00	02:03:09	Individual	Sen-M
110	1451	Ricardo Ferreira	11:26:11	09:23:00	02:03:11	PERNETAS	Sen-M
111	777	Rui Carvalho	11:26:17	09:23:00	02:03:17	RUN4ALL	Sen-M
112	346	André Ferreira	11:27:35	09:23:00	02:04:35	ADCRLAQPVTVDCPFCCPV (Associação)	Sen-M
113	398	carlos barbosa	11:27:41	09:23:00	02:04:41	ADCRLAQPVTVDCPFCCPV (Associação)	Sen-M
114	645	Alexandre Teixeira	11:27:50	09:23:00	02:04:50	Individual	Sen-M
115	611	Marco António Moreira Marques	11:27:54	09:23:00	02:04:54	Box Ideal Running Team	Sen-M
116	1419	João Ferraz	11:28:02	09:23:00	02:05:02	0	40-M

117	1409	Filipe Mota	11:28:06	09:23:00	02:05:06	IdealKorpus	40-M
118	1408	Valdemar Silva	11:28:07	09:23:00	02:05:07	IdealKorpus	50-M
119	1400	Catarina Carvalho	11:28:10	09:23:00	02:05:10	IdealKorpus	Sen-F
120	1443	jose antonio pinto leite	11:28:17	09:23:00	02:05:17	0	50-M
121	364	Marcos André Teixeira Ribeiro	11:28:30	09:23:00	02:05:30	RUN4ALL	Sen-M
122	858	Jorge Marques	11:28:37	09:23:00	02:05:37	Individual	Sen-M
123	781	Henrique Pereira	11:28:41	09:23:00	02:05:41	RUN4ALL	Jun-M
124	351	daniela barbosa	11:28:49	09:23:00	02:05:49	Zupper	Sen-F
125	984	Fernanda Maria Esteves Moreira Costa	11:28:51	09:23:00	02:05:51	Ginásio Factor X	50-F
126	405	Raquel Ferreira	11:29:10	09:23:00	02:06:10	Unidade Especial de Corrida	Sen-F
127	517	Hugo Marques	11:29:19	09:23:00	02:06:19	Elitianos	Sen-M
128	296	Manuela Ferreira	11:29:29	09:23:00	02:06:29	Pernetas D' Elite	40-F
129	373	Andreia Sofia Gilde	11:29:37	09:23:00	02:06:37	FACTOR X	Sen-F
130	1193	Andreia Amorim	11:29:52	09:23:00	02:06:52	Factor x	Sen-F
131	69	Vítor Magalhães	11:30:04	09:23:00	02:07:04	Individual	Sen-M
132	715	Carlos Manuel Silva Teixeira	11:30:33	09:23:00	02:07:33	0	Sen-M
133	1444	David Dewasmes	11:30:56	09:23:00	02:07:56	EQUIPA FAMA RUNNERS	40-M
134	793	Fernando Sousa	11:31:25	09:23:00	02:08:25	Os TurboMula" D.O.C."	40-M
135	786	João Queirós	11:31:36	09:23:00	02:08:36	RUN4ALL	Sen-M
136	360	Nuno Filipe Teixeira de Sousa	11:31:38	09:23:00	02:08:38	RUN4ALL	Sen-M
137	1410	Manuela Mota	11:31:43	09:23:00	02:08:43	IdealKorpus	40-F
138	1319	MIGUEL MOREIRA	11:32:08	09:23:00	02:09:08	ASSOCIAÇÃO DESPORTIVA DE C	Sen-M
139	1422	Kisy glória Uyeki Cirne Guedes	11:32:12	09:23:00	02:09:12	0	Sen-F
140	1442	Helder ricardo oliveira da silva	11:32:26	09:23:00	02:09:26	0	Sen-M
141	532	Lia Duarte	11:32:47	09:23:00	02:09:47	Melres Trail Running	Sen-F
142	533	Hugo Pegas	11:32:54	09:23:00	02:09:54	Melres Trail Running	Sen-M
143	499	Maria Helena dos Santos Oliveira	11:33:12	09:23:00	02:10:12	Individual	50-F
144	934	Luis Filipe Silva Oliveira	11:33:29	09:23:00	02:10:29	G.D.R.O - Ordins Runners	Sen-M
145	937	Carlos Manuel Santos Oliveira	11:33:34	09:23:00	02:10:34	G.D.R.O - Ordins Runners	Sen-M
146	1283	Sandra Garrido	11:33:36	09:23:00	02:10:36	Individual	Sen-F
147	1282	Luis Mendes	11:33:53	09:23:00	02:10:53	Individual	Sen-M
148	994	Daniel Vieira	11:33:55	09:23:00	02:10:55	BUEDACANOKA	Sen-M
149	1283	Sandra Garrido	11:33:59	09:23:00	02:10:59	Individual	Sen-F
150	81	Vitor Zenha	11:34:12	09:23:00	02:11:12	Solmaia Runners	Sen-M
151	78	António Cardoso	11:34:16	09:23:00	02:11:16	Solmaia Runners	40-M
152	6	Armandina da Silva Torres	11:34:25	09:23:00	02:11:25	Gdct Incm	40-F
153	222	Catarina Silva Oliveira	11:34:27	09:23:00	02:11:27	FFit Gaia Trail	Jun-F
154	143	vania Vieira	11:34:37	09:23:00	02:11:37	Individual	Sen-F
155	1192	Sérgio Miguel Alves Martins	11:34:46	09:23:00	02:11:46	Lagaresport	Sen-M

156	981	Luis Miguel Vieira	11:34:47	09:23:00	02:11:47	Individual	Sen-M
157	590	Albertina Machado	11:34:49	09:23:00	02:11:49	BilaRunners	40-F
158	681	Mário Rui Alves da Costa Neves	11:35:01	09:23:00	02:12:01	Individual	Sen-M
159	720	Maria de Fátima Ferreira Soares Vieira	11:35:04	09:23:00	02:12:04	LagareSport	40-F
160	1246	Joaquim Agostinho Silva Nunes	11:35:10	09:23:00	02:12:10	LagareSport	Sen-M
161	37	CRISTINA MARIA FUNDEVILA TEIXEIRA	11:35:12	09:23:00	02:12:12	Individual	40-M
162	252	Carla Alexandra Andrade de Oliveira	11:35:13	09:23:00	02:12:13	Individual	Sen-F
163	51	Fernando Alves	11:35:15	09:23:00	02:12:15	Individual	40-M
164	504	Vânia Catarina Fonseca Moreira	11:35:18	09:23:00	02:12:18	ADCABROELO	Sen-F
165	396	Ruben Bastos	11:35:20	09:23:00	02:12:20	Individual	Sen-M
166	397	Virginia Fernandes da Silva	11:35:27	09:23:00	02:12:27	Individual	Sen-F
167	399	Alvaro Cardoso	11:35:29	09:23:00	02:12:29	Individual	40-M
168	1437	Bebiana Alves	11:35:31	09:23:00	02:12:31	M.Alves	Jun-F
169	1315	MARCELO MOREIRA	11:35:34	09:23:00	02:12:34	ASSOCIAÇÃO DESPORTIVA DE C	Sen-M
170	703	Maria da Conceição Cardoso Pereira	11:35:36	09:23:00	02:12:36	Individual	Sen-F
171	1110	Gonçalo Gaspar	11:35:44	09:23:00	02:12:44	sugu	Sen-M
172	36	JOSE PEDRO SILVA	11:35:49	09:23:00	02:12:49	Individual	40-M
173	192	Ricardo Dias	11:35:54	09:23:00	02:12:54	Individual	Sen-M
174	14024	Rita Sousa	11:35:57	09:23:00	02:12:57	#N/D	#N/D
175	1199	Filipe Moreira	11:36:06	09:23:00	02:13:06	Individual	Sen-M
176	172	Cláudia Pereira	11:36:19	09:23:00	02:13:19	Corridas pernas pro ar	Sen-F
177	1116	Ana Maria Teixeira de Sousa	11:36:39	09:23:00	02:13:39	Factor X	40-F
178	57	Joana Filipa De Barros Ferreira Ferreira	11:37:17	09:23:00	02:14:17	Individual	Sen-F
179	428	David José Andrade Pereira	11:37:46	09:23:00	02:14:46	Individual	Sen-M
180	1033	Miguel Faiães	11:37:52	09:23:00	02:14:52	Individual	Sen-M
181	1441	Susana Canhola	11:38:10	09:23:00	02:15:10	PERNETAS	40-F
182	1440	Fernando Costa	11:38:13	09:23:00	02:15:13	PERNETAS	40-M
183	718	José Ferreira	11:38:23	09:23:00	02:15:23	Bosch Termotecnologia SA	40-M
184	214	Fernando Santos	11:38:31	09:23:00	02:15:31	amigos quinta das freiras	50-M
185	1415	Abel João Rodrigues de Sousa Andrade	11:39:00	09:23:00	02:16:00	Lagaresport	Sen-M
186	592	ernesto lareth	11:39:03	09:23:00	02:16:03	Individual	50-M
187	1181	Sandro David Moreira da Silva	11:39:05	09:23:00	02:16:05	Individual	Sen-M
188	991	rodrigo novais lareth	11:39:11	09:23:00	02:16:11	Individual	0
189	588	Celso Rocha	11:39:13	09:23:00	02:16:13	Individual	Sen-M
190	705	Diana Alexandra Maia da Silva	11:39:16	09:23:00	02:16:16	Individual	Sen-F
191	304	Barbara Gaspar	11:39:19	09:23:00	02:16:19	Individual	Sen-F
192	305	Olga Samões	11:39:21	09:23:00	02:16:21	Individual	40-F
193	930	Nuno André Castro Silva Cunha	11:39:28	09:23:00	02:16:28	G.D.R.O - Ordins Runners	Sen-M
194	464	Ricardo Augusto Andrade Soares	11:39:32	09:23:00	02:16:32	Individual	40-M

195	1257	Orlanda Cabral	11:39:36	09:23:00	02:16:36	LagareSport	40-F
196	575	Célia Costa	11:39:41	09:23:00	02:16:41	Individual	Sen-F
197	577	Isabel Moreira	11:39:42	09:23:00	02:16:42	Individual	Sen-F
198	365	António Fernando Teixeira de Almeida	11:39:43	09:23:00	02:16:43	RUN4ALL	Sen-M
199	1256	Susana Maria Nogueira Teixeira	11:39:45	09:23:00	02:16:45	LagareSport	40-F
200	519	Vitor Manuel Oliveira Faria	11:39:46	09:23:00	02:16:46	Individual	Sen-M
201	1418	António Pedro Ramos	11:39:50	09:23:00	02:16:50	0	40-M
202	983	Hugo António Guedes Correia	11:39:52	09:23:00	02:16:52	Individual	Sen-M
203	40	José Carlos Teixeira Soares	11:39:53	09:23:00	02:16:53	Individual	40-M
204	1278	Daniel Augusto Ferras Barbosa(padeiro)	11:39:57	09:23:00	02:16:57	Individual	Sen-M
205	791	Marisa Sousa	11:40:27	09:23:00	02:17:27	Os TurboMula" D.O.C."	Sen-F
206	122	Pedro Costelha	11:40:33	09:23:00	02:17:33	Funky Trailers	40-M
207	653	Mimosa Maria Guerra Oliveira	11:40:38	09:23:00	02:17:38	Individual	40-F
208	666	Marco Peres	11:40:40	09:23:00	02:17:40	Individual	Sen-M
209	1453	Paulo Ricardo Cunha Silva	11:40:43	09:23:00	02:17:43	0	40-M
210	130	Cristina Ferreira	11:40:45	09:23:00	02:17:45	Associação Desportiva de Cabroel	Sen-F
211	1314	Sérgio Filipe de Sousa Almeida	11:41:02	09:23:00	02:18:02	Ritual dos Petiscos BTT Athletic Te	Sen-M
212	1313	Jorge Daniel Tavares e Silva	11:41:03	09:23:00	02:18:03	Ritual dos Petiscos BTT Athletic Te	Sen-M
213	976	José Duarte Guimarães Geraldês Malheiro	11:41:11	09:23:00	02:18:11	0	Sen-M
214	1450	Paulo Peixoto	11:41:36	09:23:00	02:18:36	Individual	Sen-M
215	1078	Carina Costa	11:42:09	09:23:00	02:19:09	Clinica Precur	Sen-M
216	1241	Aurora Soares	11:42:10	09:23:00	02:19:10	Clinica Precur	Sen-F
217	401	Paula Freitas	11:42:12	09:23:00	02:19:12	Clinica Precur	Sen-F
218	400	Inês Rocha	11:42:14	09:23:00	02:19:14	Clinica Precur	Sen-F
219	503	antonio pereira	11:43:15	09:23:00	02:20:15	Individual	50-M
220	928	Ana Isabel Silva Oliveira	11:43:51	09:23:00	02:20:51	G.D.R.O - Ordins Runners	Sen-F
221	817	Catarina A. da Cunha Nogueira	11:43:57	09:23:00	02:20:57	Individual	Sen-F
222	262	Alberto Barros	11:44:21	09:23:00	02:21:21	Individual	40-M
223	878	Hugo Miguel Leite Tavares	11:44:25	09:23:00	02:21:25	FFitGaia Trail	Sen-M
224	1034	Barbara Santos	11:44:33	09:23:00	02:21:33	Individual	Sen-F
225	879	Bruno Emanuel Tavares dos Anjos	11:44:36	09:23:00	02:21:36	FFitGaia Trail	Sen-M
226	1452	José Miguel Pinto	11:44:39	09:23:00	02:21:39	0	40-M
227	787	Nelson Montalvão	11:44:40	09:23:00	02:21:40	Os TurboMula" D.O.C."	Sen-M
228	166	Nuno Sousa	11:44:43	09:23:00	02:21:43	Individual	Sen-M
229	56	João Veigas	11:44:44	09:23:00	02:21:44	Individual	Sen-M
230	988	Paulo Soares	11:45:09	09:23:00	02:22:09	Individual	40-M
231	1031	Fernando Costa	11:45:52	09:23:00	02:22:52	EU+ Ginasio	40-M
232	973	Amândio Nunes	11:46:06	09:23:00	02:23:06	BUEDACANOKA	Sen-M
233	12	Sónia Costa	11:46:08	09:23:00	02:23:08	FFitGaia Trail	Sen-F

234	702	BRANCA MARQUES	11:46:16	09:23:00	02:23:16	GINASIO FACTOR X	40-F
235	1459	Nuno Lacerda	11:46:27	09:23:00	02:23:27	0	50-M
236	1049	Arménio Salviano Ribeiro	11:46:29	09:23:00	02:23:29	LagareSport	40-M
237	1264	Ana Maria Duarte da Rocha	11:46:32	09:23:00	02:23:32	LagareSport	Sen-F
238	480	PAULO	11:46:34	09:23:00	02:23:34	Individual	40-M
239	543	Debora azevedo	11:46:36	09:23:00	02:23:36	Individual	40-F
240	544	Soraia Guedes	11:46:38	09:23:00	02:23:38	Individual	Sen-F
241	491	Ana Sofia Rangel Barbosa Pereira	11:46:40	09:23:00	02:23:40	Lagaresport	Sen-F
242	788	Paula Figueiredo	11:46:43	09:23:00	02:23:43	Os TurboMula" D.O.C."	Sen-F
243	860	Sofia Ferreira	11:46:58	09:23:00	02:23:58	Shots International Runners	Sen-F
244	463	Sandra Faria	11:47:01	09:23:00	02:24:01	Shots International Runners	Sen-F
245	459	Margarida Sousa Lima	11:47:04	09:23:00	02:24:04	amigos quinta das freiras	Sen-F
246	1407	Luis Pereira	11:47:05	09:23:00	02:24:05	IdealKorpus	50-M
247	83	João Carvalho	11:47:07	09:23:00	02:24:07	Solmaia Runners	Sen-M
248	1119	Rui filipe sousa coelho	11:47:15	09:23:00	02:24:15	Dream Team	Sen-M
249	785	Rita Daniela Cerqueira Ferreira	11:47:44	09:23:00	02:24:44	RUN4ALL	Sen-F
250	1052	Carlos Miguel Sousa Ferreira	11:47:49	09:23:00	02:24:49	LagareSport	Sen-M
251	1064	Tânia Manuela Ferreira Rocha	11:48:36	09:23:00	02:25:36	LagareSport	Sen-F
252	866	CIDALIA PEIXOTO	11:48:39	09:23:00	02:25:39	GINÁSIO FACTOR X	40-F
253	495	Manuela Gonçalves	11:48:45	09:23:00	02:25:45	Melres Trail Running	40-F
254	1229	Helena Fonseca	11:49:33	09:23:00	02:26:33	Villaurbana runners	Sen-F
255	1107	Paulo Oliveira	11:49:37	09:23:00	02:26:37	Individual	40-M
256	591	Bruno Manuel Castro Correia	11:49:41	09:23:00	02:26:41	Individual	50-M
257	1108	Jorge Borges	11:50:04	09:23:00	02:27:04	Individual	Sen-M
258	593	ana paula dos santo pinto novais	11:50:13	09:23:00	02:27:13	Individual	40-F
259	780	Patricia Magalhães	11:50:25	09:23:00	02:27:25	RUN4ALL	Sen-F
260	41	Vera Lúcia Pinto de Sousa	11:50:43	09:23:00	02:27:43	Individual	Sen-F
261	1251	João Ferreira	11:51:07	09:23:00	02:28:07	LagareSport	Sen-M
262	1425	Susana Filipa Moreira Ferreira	11:51:10	09:23:00	02:28:10	GDR ordins runners	Sen-F
263	677	Miguel Silva	11:51:50	09:23:00	02:28:50	Uma vez perdi-me no monte	Sen-M
264	1429	Carla Filipa Martins Cabral	11:52:23	09:23:00	02:29:23	Individual	Sen-F
265	706	Marina Sousa	11:52:27	09:23:00	02:29:27	IdealKorpus	Sen-F
266	916	Carina Isabel Silva Oliveira	11:53:24	09:23:00	02:30:24	G.D.R.O - Ordins Runners	Sen-F
267	568	Diana Vieira	11:53:30	09:23:00	02:30:30	MelresTrailRunning	Sen-F
268	1118	Isabel Maria Madureira Rocha Silva	11:53:32	09:23:00	02:30:32	Melres Trail Ordem para arriar	40-F
269	1468	Rui Lopes	11:53:34	09:23:00	02:30:34	0	0
270	490	Vitor Manuel SoaresMartins	11:54:00	09:23:00	02:31:00	EVAC TEAM	Sen-M
271	722	Ana Isabel Pinto Barbosa Pereira	11:54:13	09:23:00	02:31:13	LagareSport	Sen-F
272	723	Rita Maria Rangel Barbosa Pereira	11:54:17	09:23:00	02:31:17	LagareSport	Sen-F

273	1093	Bruno Miguel Da Rocha Moreira	11:54:21	09:23:00	02:31:21	Individual	Sen-M
274	1074	Adelino Martins da Silva	11:54:24	09:23:00	02:31:24	Retorta	40-M
275	1403	Carla Leal	11:54:27	09:23:00	02:31:27	IdealKorpus	Sen-F
276	1158	Patricia Carolina silva	11:54:32	09:23:00	02:31:32	IdealKorpus	Sen-F
277	1025	Ana Francisca Nogueira Fernandes	11:55:04	09:23:00	02:32:04	amigos quinta das freiras	Sen-F
278	680	Sónia Gomes	11:55:06	09:23:00	02:32:06	Uma vez perdi-me no monte	Sen-F
279	215	Ana Rodrigues	11:55:08	09:23:00	02:32:08	amigos quinta das freiras	Sen-F
280	1028	Bruno Filipe Matos Carneiro	11:55:13	09:23:00	02:32:13	Individual	Sen-M
281	679	Carla Santos	11:55:24	09:23:00	02:32:24	Uma vez perdi-me no monte	Sen-F
282	678	Miguel Pereira	11:55:26	09:23:00	02:32:26	Uma vez perdi-me no monte	Sen-M
283	536	Cátia Fonseca	11:55:42	09:23:00	02:32:42	Domingueiros do Parque	Sen-F
284	539	Sara Varejão	11:55:45	09:23:00	02:32:45	Domingueiros do Parque	Sen-F
285	1152	Gina Fernandes Ferreira	11:55:52	09:23:00	02:32:52	Individual	Sen-F
286	1153	Emidio José Gonçalves Cardeira	11:55:55	09:23:00	02:32:55	Individual	Sen-M
287	1463	Mariana Marta	11:55:58	09:23:00	02:32:58	PenaQempena	Sem-F
288	210	Salomé Gomes	11:56:00	09:23:00	02:33:00	Individual	Sen-F
289	975	CatiaSousa	11:56:08	09:23:00	02:33:08	Clinica Precur	Sen-F
290	402	Vitor Soares	11:56:13	09:23:00	02:33:13	Clinica Precur	Sen-M
291	802	MANUELA SOUSA	11:56:15	09:23:00	02:33:15	RUN4ALL	Sen-F
292	77	Miguel Moreira	11:56:16	09:23:00	02:33:16	Solmaia Runners	Sen-M
293	581	ANA PAULA CRAVEIRO NUNES	11:57:42	09:23:00	02:34:42	Individual	40-F
294	644	Célia Dias	11:57:44	09:23:00	02:34:44	Individual	40-F
295	755	sergio silva	11:57:50	09:23:00	02:34:50	Individual	Sen-M
296	769	Carla Sousa	11:57:52	09:23:00	02:34:52	Individual	Sen-F
297	169	Carla Cristina da Fonseca Pereira	11:57:55	09:23:00	02:34:55	Corridas de Pernas Pro Ar	Sen-F
298	15	Liliana Maria de Oliveira Cardoso	11:58:09	09:23:00	02:35:09	FFitGaia Trail	Sen-F
299	725	Estela de Jesus Andrade Morais	11:58:47	09:23:00	02:35:47	LagareSport	Sen-F
300	820	alberto martins	11:58:58	09:23:00	02:35:58	kunalama	50-M
301	1239	Ana Vieira	11:59:04	09:23:00	02:36:04	Individual	Sen-F
302	1455	Raquel Sofia Sousa Moreira	11:59:05	09:23:00	02:36:05	ParJovem – Satecnosol.pt	Sen-F
303	1238	Fernando Patricio	11:59:08	09:23:00	02:36:08	Individual	Sen-M
304	1412	Diana Nunes	11:59:10	09:23:00	02:36:10	IdealKorpus	Sen-F
305	16	Sara Isabel Teixeira Pereira	11:59:57	09:23:00	02:36:57	FFitgaia Trail	Sen-F
306	1465	Hélia Liliana da Cunha Pimenta Dias	12:01:16	09:23:00	02:38:16	0	0
307	1464	Miguel Francisco Duarde Pimenta Dias	12:01:19	09:23:00	02:38:19	0	0
308	1426	Andreia Patricia Moreira Ferreira	12:02:12	09:23:00	02:39:12	GDR ordins runners	Sen-F
309	1427	Daniel Filipa Sousa Rocha	12:02:14	09:23:00	02:39:14	GDR ordins runners	Sen-M
310	306	Ricardo Monteiro	12:02:15	09:23:00	02:39:15	Pernetas D`elite.	Sen-M
311	343	Claudio Cerqueira	12:02:31	09:23:00	02:39:31	PERNETAS	Sen-M

312	710	nuno filipe santos fernandes	12:02:38	09:23:00	02:39:38	Individual	Sen-M
313	1242	Patricia Ferreira	12:03:09	09:23:00	02:40:09	Clinica Precur	Sen-F
314	65	Beatriz Barbosa	12:03:12	09:23:00	02:40:12	KGB	Sen-F
315	910	ANDRE NELSON SOUSA	12:03:14	09:23:00	02:40:14	Individual	Sen-M
316	1159	Luis Manuel Correia Pereira	12:04:57	09:23:00	02:41:57	Corridas de Pernas Pro Ar	50-M
317	359	Fatima Mesquita	12:05:49	09:23:00	02:42:49	Equipa Pernetas D`Elite	40-F
318	1413	Paula Rocha	12:06:58	09:23:00	02:43:58	IdealKorpus	Sen-F
319	302	Marta Soares	12:07:07	09:23:00	02:44:07	TouQueNemPosso	Sen-F
320	789	Eunice Neves	12:07:12	09:23:00	02:44:12	Os TurboMula" D.O.C."	40-F
321	792	Sandra Figueiredo	12:07:49	09:23:00	02:44:49	Os TurboMula" D.O.C."	40-F
322	147	José Maria da Silva Garcês	12:07:50	09:23:00	02:44:50	Melres Trail Running - Ordem para	50-M
323	682	Cristina Garrido	12:08:05	09:23:00	02:45:05	Eu+	40-F
324	641	Begoña Perez	12:08:08	09:23:00	02:45:08	EU+ Ginásio	Sen-F
325	1402	Martinha de Maria Dias Moreira	12:08:51	09:23:00	02:45:51	IdealKorpus	Sen-F
326	1421	Adilia Teixeira	12:08:53	09:23:00	02:45:53	IdealKorpus	Sen-F
327	1123	Diogo Filipe Moreira Nogueira	12:08:57	09:23:00	02:45:57	Individual	Sen-M
328	1401	Liliana Filipa Dias Teixeira	12:09:01	09:23:00	02:46:01	IdealKorpus	Sen-F
329	1117	Bruno micalael da silvapinto	12:09:08	09:23:00	02:46:08	Dream Team	Sen-M
330	1122	Diogo edgar pereira	12:09:14	09:23:00	02:46:14	Dream Team	Sen-M
331	1209	Bruno Rafael Moreira Nogueira	12:09:16	09:23:00	02:46:16	Dream Team	Sen-M
332	1185	Nuno Miguel Pires Frias	12:09:29	09:23:00	02:46:29	PenaQuempena	Sen-M
333	1448	Pedro Marage	12:11:24	09:23:00	02:48:24		0 Sen-M
334	1447	Ana Carminé	12:11:26	09:23:00	02:48:26		0 Sen-F
335	548	Tânia Santos	12:11:51	09:23:00	02:48:51	CCDTCMGondomar	Sen-F
336	823	António Ricardo Pinto das Neves Lobo	12:11:58	09:23:00	02:48:58	Gaitas Daninhas	Sen-M
337	816	Miguel Ângelo Faria	12:12:05	09:23:00	02:49:05	Gaitas Daninhas	40-M
338	1268	Irina Micaela Rodrigues Coelho Vale	12:12:15	09:23:00	02:49:15	LagaresSport	Sen-F
339	1137	Carla Teixeira	12:13:31	09:23:00	02:50:31	unRUNNERS	Sen-F
340	1431	Pedro Leandro Guedes Nogueira	12:14:15	09:23:00	02:51:15	Clube Vodafone	Sen-M
341	782	Juliana Cardoso	12:14:21	09:23:00	02:51:21	RUN4ALL	Jun-F
342	783	Sandra Teixeira	12:14:24	09:23:00	02:51:24	RUN4ALL	Sen-F
343	1086	Guilhermina Maria Vieira Pinto Rocha	12:17:18	09:23:00	02:54:18	LagaresSport	50-F
344	1091	Rosa Manuela Sousa Azevedo	12:17:22	09:23:00	02:54:22	LagaresSport	Sen-F
345	1092	Luzia Da Conceição Sousa Azevedo	12:17:27	09:23:00	02:54:27	LagaresSport	40-F
346	1252	Maria Zosé Ferreira	12:17:29	09:23:00	02:54:29	LagaresSport	40-F
347	774	Tiago Mesquita	12:18:36	09:23:00	02:55:36	Individual	Sen-M
348	11220	Rita Sousa	12:18:56	09:23:00	02:55:56	#N/D	#N/D
349	467	Anabela de Jesus Almeida Garcia	12:19:00	09:23:00	02:56:00	RUN4ALL	Sen-F
350	832	Renato Vila Cova	12:19:18	09:23:00	02:56:18	Individual	40-M

351	342	carina cunha	12:20:09	09:23:00	02:57:09	Pernetas D'Elite	Sen-F
352	294	liliana pinto	12:20:13	09:23:00	02:57:13	Pernetas D`elite.	Sen-F
353	877	Diana Manuela Gomes Cancela	12:20:37	09:23:00	02:57:37	Individual	Sen-F
354	884	Tiago da Rocha Teixeira	12:20:39	09:23:00	02:57:39	Individual	Sen-M
355	372	Isabel Barbosa	12:21:03	09:23:00	02:58:03	LagareSport	50-F
356	810	Sónia Nunes	12:21:51	09:23:00	02:58:51	Individual	Sen-F
357	1225	Carla Cristina Faria da Silva	12:21:54	09:23:00	02:58:54	Individual	Sen-F
358	862	Berta Daniela Teixeira Ribeiro	12:24:36	09:23:00	03:01:36	RUN4ALL	Sen-F
359	779	Luciana Ferreira	12:24:38	09:23:00	03:01:38	RUN4ALL	Sen-F
360	1140	Saulo David Martins Magalhaes	12:24:43	09:23:00	03:01:43	unRUNNERS	Sen-M
361	1135	Daniel Filipe Garcia Pinto	12:24:54	09:23:00	03:01:54	unRUNNERS	Sen-M
362	1259	Diana Otero Santos	12:24:57	09:23:00	03:01:57	LagareSport	Sen-F
363	1258	Lisete Marina Rego Otero	12:25:00	09:23:00	03:02:00	LagareSport	Sen-F
364	1202	Cátia Raquel Pereira Pinto	12:25:04	09:23:00	03:02:04	Individual	Sen-F
365	1200	Álvaro Ricardo Rego Pinto	12:25:06	09:23:00	03:02:06	Individual	Sen-M
366	1226	Maria Lurdes Silva Mendes	12:25:08	09:23:00	03:02:08	Individual	40-F
367	1231	Isabel Teixeira	12:25:09	09:23:00	03:02:09	Individual	40-F
368	1228	Antonio Jose Monteiro Guimarães	12:25:11	09:23:00	03:02:11	Individual	50-M
369	1291	Marcia Cunha	12:25:13	09:23:00	03:02:13	Funcky Trailers	Sen-F
370	778	Tânia Oliveira	12:25:15	09:23:00	03:02:15	RUN4ALL	Sen-F
371	1048	Lisa Pereira	12:25:21	09:23:00	03:02:21	Pernetas D' Elite	Sen-F
372	826	ana filipa vilela	12:25:24	09:23:00	03:02:24	Individual	Sen-F
373	1290	Silvia Alves	12:25:27	09:23:00	03:02:27	Funcky Trailers	Sen-F
374	438	Elisabete Sousa	12:25:44	09:23:00	03:02:44	Pena Team	Sen-F
375	1081	Fernanda Freitas	12:26:09	09:23:00	03:03:09	Clinica Precur	Sen-F
376	493	Maria Augusta Guedes	12:28:23	09:23:00	03:05:23	Lagaresport	50-F
377	1458	Maria Manuela Soares Santos	12:28:26	09:23:00	03:05:26	Lagaresport	50-M
378	1461	Maria Cecilia Barbosa Rangel	12:28:29	09:23:00	03:05:29	Lagaresport	40-F
379	1056	Ana Rita Nogueira Coelho	12:28:32	09:23:00	03:05:32	LagareSport	Sen-F
380	108	Alexandra Andrade	12:30:16	09:23:00	03:07:16	Melres Trail Running - Ordem para	40-F
381	220	mara freitas	12:30:18	09:23:00	03:07:18	Individual	Sen-F
382	622	Janete Borges	12:30:26	09:23:00	03:07:26	Melres Trail Running - Ordem para	Sen-F
383	982	Sílvia Martins Borges Viana	12:30:30	09:23:00	03:07:30	Individual	Sen-F
384	466	Iolanda Sofia Teixeira Babo	12:30:54	09:23:00	03:07:54	RUN4ALL	Sen-F
385	894	Manuel Rodrigues	12:31:00	09:23:00	03:08:00	Trail Santa Iria	40-M
386	465	Alice Marlene Oliveira Leite	12:31:03	09:23:00	03:08:03	RUN4ALL	Sen-F
387	439	Ricardo Sousa	12:31:11	09:23:00	03:08:11	Pena Team	Sen-M
388	1311	Joana Santos	12:33:14	09:23:00	03:10:14	Ritual dos Petiscos BTT Athletic Te	Sen-F
389	1312	João Tiago da Costa Guedes	12:33:16	09:23:00	03:10:16	Ritual dos Petiscos BTT Athletic Te	Sen-M

390	1057	Carina Gonçalves Ferreira	12:34:08	09:23:00	03:11:08	LagareSport	Jun-F
391	1216	rosa maria cruz da cunha	12:34:12	09:23:00	03:11:12	Individual	40-F
392	1221	Márcio Tiago Alves Coelho da Silva	12:34:35	09:23:00	03:11:35	Individual	Sen-M
393	1218	Joana Raquel Ferreira Moreira	12:34:41	09:23:00	03:11:41	Individual	Sen-F
394	978	Ana Matos	12:36:24	09:23:00	03:13:24	IgnisSoftware	Jun-F
395	26	Claudia Coelho	12:36:26	09:23:00	03:13:26	Funcky Trailers	Sen-F
396	650	Li Costelha	12:36:29	09:23:00	03:13:29	Funky Trailers	Sen-F
397	25	Rafaela Carvalho	12:36:35	09:23:00	03:13:35	Funcky Trailers	Sen-F
398	830	Ascensão Barbora	12:36:45	09:23:00	03:13:45	IgnisSoftware	40-F
399	818	Jose Pinto	12:36:47	09:23:00	03:13:47	IgnisSoftware	Sen-M
400	109	Luis Teixeira	12:37:19	09:23:00	03:14:19	Melres Trail Running - Ordem para	50-M
401	836	Fernando Soares	12:39:31	09:23:00	03:16:31	Individual	Sen-M
402	1085	hélter rodrigues	12:39:58	09:23:00	03:16:58	Individual	Sen-M
403	1088	bruno pereira	12:40:02	09:23:00	03:17:02	Individual	Sen-M
404	586	Sonia Castro	12:44:32	09:23:00	03:21:32	Individual	40-F
405	587	Antonio Alves	12:44:35	09:23:00	03:21:35	Individual	Sen-M
406	848	Cristiana Cardoso	12:51:57	09:23:00	03:28:57	Eu+ Ginásio	Sen-F
407	827	Cristina Magalhães	12:52:03	09:23:00	03:29:03	Eu+ Ginasio	Sen-F
408	39	Márcia Patricia Lopes Moreira	12:52:06	09:23:00	03:29:06	Individual	Sen-F
409	1087	vera silva	12:52:31	09:23:00	03:29:31	Individual	Sen-F
410	1416	Idalina do Carmo Martins Soares	12:52:33	09:23:00	03:29:33	Lagaresport	Sen-F
411	1303	LARISSA DORNELES SILVA	12:54:58	09:23:00	03:31:58	Individual	Sen-F
412	277	Ricardo Miguel Nunes Rocha	12:55:00	09:23:00	03:32:00	Individual	Sen-M
413	1304	JAQUELINE CRISTIANE SALLES EVANGELISTA	12:55:03	09:23:00	03:32:03	Individual	Sen-F
414	1083	andreia rodrigues	12:55:33	09:23:00	03:32:33	Individual	Sen-F
415	1456	Celso André de Sousa Lopes	12:56:44	09:23:00	03:33:44	ParJovem – Satecnosol.pt	Sen-M
416	1457	Alexandra Sá	12:56:52	09:23:00	03:33:52	ParJovem – Satecnosol.pt	Sen-F
417	824	Susana Filipa Cota Ribero Braga	13:08:50	09:23:00	03:45:50	PenaQempena	Sen-F
418	814	Tânia Isabel Nogueira Rebelo	13:08:53	09:23:00	03:45:53	Quim peno team	Sen-F