

Dorsal	Lugar	Esc.	Nome	Atleta	Sexo	Idade	Tempo	Ritmo	Escalão
14	1	1	LUIS DUARTE	EDV VIANA TRAIL	M	29	06:05:07	06:53	MSEN
154	2	2	CARLOS FERREIRA	DR. MERINO/4MOOVE	M	30	06:11:09	07:00	MSEN
52	3	1	RUI LUZ	AMCF ARRABIDA TRAIL TEAM	M	41	06:12:37	07:02	M40
144	4	3	CANDIDO COSTAS	CLUB ATLETISMO SALVATERRA	M	34	06:19:47	07:10	MSEN
136	5	2	AMANDIO ANTUNES	AFIFENSE TRAIL	M	40	06:24:13	07:15	M40
118	6	4	NUNO FERNANDES	CLUBE ATLETISMO FAFE	M	35	06:25:39	07:17	MSEN
164	7	3	GABRIEL MEIRA	EDV VIANA TRAIL	M	43	06:28:05	07:19	M40
119	8	5	TIAGO TEIXEIRA	EDV VIANA TRAIL	M	29	06:28:54	07:20	MSEN
125	9	4	LUIS CUNHA	FIGUEIRA KAYAK CLUBE	M	44	06:31:23	07:23	M40
150	10	6	PEDRO RODRIGUES	EDV VIANA TRAIL	M	34	06:36:28	07:29	MSEN
151	11	7	MARIO FONSECA	DR. MERINO/4MOOVE	M	36	06:38:52	07:32	MSEN
163	12	5	JOAO RODRIGUES	AMIGOS DA MONTANHA	M	40	06:41:37	07:35	M40
162	13	8	FRANCISCO FERNANDES	AGUIAS DE ALVELOS	M	33	06:49:37	07:44	MSEN
122	14	6	CARLOS VELOSO	FIGUEIREDO S RUNNER S AND FRIENDS	M	41	06:51:21	07:45	M40
117	15	7	FILIFE BRAZ	BILABIKER.S CARNES SILVA	M	41	06:52:18	07:47	M40
168	16	9	RICARDO MIRANDA	GTT ARMAZEM DO CAFFE	M	29	06:57:33	07:53	MSEN
80	17	1	RENATO HERNANDEZ	CTAD TRILHOS DE CINFAES	M	45	07:06:17	08:03	M45
71	18	1	JOSE FETEIRA	ARSM ASSOCIACAO RECREATIVA DE S. MIGUEL	M	50	07:08:03	08:05	M50
22	19	8	ALEX TONDELA	SPORT CLUBE BEIRA MAR	M	42	07:09:42	08:07	M40
161	20	2	VICTOR CORREIA	EDV VIANA TRAIL	M	46	07:21:04	08:20	M45
123	21	10	TIAGO GASPAR	ASSOCIACAO RECREATIVA DE S. MIGUEL ARSM	M	26	07:24:46	08:23	MSEN
130	22	2	CARLOS RODRIGUES	FIGUEIRA KAYAK CLUBE	M	51	07:27:08	08:26	M50
159	23	3	DIOGO CARVALHO	NAST	M	50	07:29:52	08:30	M50
153	24	11	MIGUEL MARTINS	DR. MERINO/4MOOVE	M	34	07:29:53	08:30	MSEN
111	25	9	CARLOS CARDOSO	GTT ARMAZEM DO CAFFE	M	42	07:33:13	08:33	M40
13	26	1	FERNANDA VERDE	EDV VIANA TRAIL	F	40	07:35:19	08:35	F40
100	27	4	PAULO DOMINGUES	OLIMPICO VIANENSE TRAIL	M	50	07:39:07	08:39	M50
145	28	12	CARLOS REIS		M	36	07:39:19	08:40	MSEN
107	29	13	MATTHEW DAVIES		M	36	07:42:43	08:44	MSEN
28	30	14	JOSE NOGUEIRA		M	39	07:43:00	08:44	MSEN
135	31	3	CARLOS PEIXOTO	AMIGOS DA MONTANHA	M	45	07:43:58	08:45	M45
60	32	1	BARBARA FERNANDES	JUVENTUDE VIDIGALENSE	F	36	07:46:07	08:48	FSEN
96	33	10	RENATO SILVA	PAREDES AVENTURA	M	43	07:59:32	09:03	M40
46	34	4	PAULO MIRANDA	TURRES TRAIL TEAM	M	48	08:04:28	09:09	M45
106	35	15	PEDRO AFONSO		M	37	08:06:31	09:11	MSEN
44	36	5	JOAO ANTUNES	VIANA RUNNING	M	45	08:06:44	09:11	M45
56	37	6	HELDER BAPTISTA	TRILHO PERDIDO EVENTOS / IMPORLUX	M	47	08:07:40	09:12	M45
126	38	11	GONCALO MOTA	NAST	M	44	08:08:18	09:13	M40
128	39	16	NUNO SOARES	AMIGOS DA MONTANHA	M	36	08:13:55	09:19	MSEN
76	40	17	FILIFE DANTAS	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	35	08:15:56	09:21	MSEN
70	41	12	MARCO CARAUX	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	40	08:15:56	09:21	M40
61	42	18	JOAO PEREIRA	MONSANTO RUNNING TEAM	M	39	08:20:51	09:27	MSEN
34	43	7	JOAQUIM PINHEIRO		M	49	08:20:52	09:27	M45
79	44	8	PAULO ALVES	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	M	46	08:23:18	09:30	M45

Dorsal	Lugar	Esc.	Nome	Atleta	Sexo	Idade	Tempo	Ritmo	Escalão
155	45	19	HUGO SILVA		M	31	08:23:35	09:30	MSEN
175	46	2	IULIA LEGKOVA	FIGUEIRA KAYAK CLUBE	F	29	08:26:14	09:33	FSEN
23	47	13	VITOR COELHO	TEAM LANTEMIL	M	44	08:27:04	09:34	M40
27	48	5	ANGELO PEREIRA	CENTRO CICLISTA DE GONDOMAR	M	55	08:27:04	09:34	M50
169	49	20	ANDRE GUERRA	MOLONI RUNNING TEAM	M	39	08:29:09	09:37	MSEN
29	50	21	JOSE FARIA	TEAM LANTEMIL	M	34	08:29:49	09:37	MSEN
48	51	22	LUIS ANTUNES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	34	08:38:00	09:47	MSEN
15	52	23	RICARDO BARREIRO	CAAC CLUBE DE ATLETISMO DE ARENTIM E CUNHA	M	26	08:40:37	09:49	MSEN
16	53	24	FILIFE SOUSA	KEMEDO TEAM	M	37	08:43:32	09:53	MSEN
152	54	6	JOSE GOMES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	52	08:44:02	09:53	M50
51	55	25	RENATO MARTINS	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	38	08:44:24	09:53	MSEN
134	56	14	NUNO ARAUJO	OLIMPICO VIANENSE TRAIL	M	40	08:44:45	09:54	M40
121	57	26	JOAO RAMOS	ADE TRAIL RUNNING	M	20	08:57:08	10:08	MSEN
156	58	3	LUCIA LOURENCO	AVF TEAM	F	32	08:57:18	10:08	FSEN
64	59	15	CARLOS JOAO	MOLONI RUNNING TEAM	M	43	08:57:18	10:08	M40
141	60	27	LEONARDO MAIA	OS CONTRABANDISTAS	M	37	08:57:21	10:08	MSEN
19	61	9	PEDRO GUIMARAES	LETSRUNAZORES	M	48	09:00:30	10:12	M45
176	62	28	MARTIN RODRIGUEZ	AVIVA SPORT CLUB	M	39	09:01:36	10:13	MSEN
103	63	16	JAVIER VERDE	BUGALLASMOBLES&VICTORPAZOS	M	42	09:03:36	10:15	M40
124	64	17	EUSEBIO FERNANDES	CLUBE ATLETISMO FAFE	M	40	09:08:24	10:21	M40
75	65	29	SERGIO ALMEIDA		M	36	09:09:11	10:22	MSEN
54	66	10	PAULO PELICANO	CROCODILOS / MISTER PC	M	47	09:09:12	10:22	M45
140	67	30	CARLOS VICENTE	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	M	36	09:12:15	10:25	MSEN
112	68	18	JORGE MOITA		M	42	09:12:15	10:25	M40
113	69	19	JOAO PEREIRA	MEDIA 10 TEAM BTT	M	44	09:12:24	10:25	M40
18	70	20	ROGERIO COELHO	KEMEDO TEAM	M	42	09:13:17	10:26	M40
17	71	31	MANUEL COSTA	KEMEDO TEAM	M	39	09:13:17	10:26	MSEN
127	72	32	JOAO SILVA	TEAM LANTEMIL	M	30	09:15:16	10:29	MSEN
177	73	1	VIRGINIA PEREIRA	TRILHO PERDIDO EVENTOS / IMPORLUX	F	51	09:19:45	10:34	F50
42	74	33	FILIFE MEDEIROS	ALL ABOUT SPIRIT TEAM	M	30	09:19:45	10:34	MSEN
171	75	4	DANIELA ARAUJO	TEAM LANTEMIL	F	31	09:30:06	10:46	FSEN
132	76	21	JOAO GOMES	CAES D AVENIDA	M	42	09:30:25	10:46	M40
97	77	34	RICARDO GONCALVES	CLUBE ATLETISMO FAFE	M	39	09:30:38	10:46	MSEN
62	78	22	GIL OLIVEIRA		M	42	09:30:38	10:46	M40
38	79	23	MIGUEL CRUZ	ASSOCIACAO DESPORTIVA DA EFACEC	M	40	09:30:39	10:46	M40
173	80	35	BRUNO RIBEIRO		M	35	09:32:46	10:48	MSEN
104	81	24	DIEGO LOPEZ	BUGALLASMOBLES&VICTORPAZOS	M	41	09:33:24	10:49	M40
85	82	36	MIGUEL LOPES		M	37	09:33:26	10:49	MSEN
84	83	5	VERONICA MOREIRA		F	34	09:33:26	10:49	FSEN
109	84	37	TIAGO SOUSA	CAAC CLUBE DE ATLETISMO DE ARENTIM E CUNHA	M	31	09:34:29	10:51	MSEN
138	85	25	VITOR ROCHA	GTRUNNERS	M	44	09:36:13	10:52	M40
137	86	38	PAULO MATOS	GTRUNNERS	M	30	09:36:14	10:52	MSEN
33	87	6	MARIANA BALLESTER		F	28	09:37:42	10:54	FSEN
120	88	7	SILVIA CUNHA	TARTARUGAS DO ASFALTO	F	35	09:37:46	10:54	FSEN

Dorsal	Lugar	Esc.	Nome	Atleta	Sexo	Idade	Tempo	Ritmo	Escalão
43	89	11	DAVID ALVES	MELGACO ALVARINHO TRAIL	M	45	09:39:13	10:56	M45
63	90	26	ALVARO SARAIVA	MOLONI RUNNING TEAM	M	43	09:42:37	10:59	M40
139	91	27	NUNO SANTOS	GRUPO DESPORTIVO DO BAIRRO DOS PESCADORES DE MATOSINHOS	M	40	10:00:22	11:20	M40
200	92	12	PEDRO BARBOSA		M	46	10:02:49	11:22	M45
24	93	39	JOAO NOGUEIRA	TEAM LANTEMIL	M	29	10:13:12	11:34	MSEN
92	94	13	SILVERIO SANTOS	CLUBE PESSOAL AGUAS GAIA	M	46	10:17:59	11:40	M45
133	95	1	CACAU MEDEIROS		F	49	10:18:56	11:41	F45
66	96	14	ANTONIO OLIVEIRA	OS FINOS	M	46	10:21:01	11:43	M45
108	97	28	JOSE MATINS	NAST	M	44	10:30:09	11:53	M40
142	98	7	CARLOS NAVEGA	SEM ROTA	M	50	10:32:08	11:56	M50
94	99	29	EDUARDO EIROS	CAMINHANTES DO CONDADO	M	43	10:35:05	11:59	M40
158	100	8	ANA MIRANDA	XL&S TRAIL	F	38	10:55:34	12:22	FSEN
95	101	15	ANTONIO FERREIRA	XL&S TRAIL	M	46	10:55:34	12:22	M45
183	102	16	PAULO RIBEIRO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	48	10:55:47	12:23	M45
143	103	40	ALEXANDRE MIGUEL		M	35	10:58:56	12:26	MSEN
147	104	41	LUIS MATOS		M	33	10:59:57	12:27	MSEN
25	105	30	PAOLO		M	44	11:01:51	12:29	M40
68	106	2	CAROLINA PEREIRA	AFIFENSE TRAIL	F	47	11:05:47	12:34	F45
67	107	17	CARLOS PEREIRA	AFIFENSE TRAIL	M	45	11:05:48	12:34	M45
102	108	8	MANUEL CIVIDANES	BUGALLASMOBLES&VICTORPAZOS	M	57	11:14:51	12:44	M50
105	109	2	DOLORES ENRIQUEZ	BUGALLASMOBLES&VICTORPAZOS	F	52	11:14:51	12:44	F50
20	110	18	DAVID ANTUNES	DESNIVEL POSITIVO	M	49	11:19:13	12:49	M45
81	111	31	EMANUEL MARTINS		M	41	11:25:37	12:56	M40
74	112	42	MARCO MACHADO		M	39	11:25:45	12:56	MSEN
93	113	9	FERNANDO SANTOS	O MUNDO DA CORRIDA	M	51	11:26:24	12:57	M50
90	114	9	ANA SILVA	LOS FOFUXOS	F	36	11:32:32	13:04	FSEN
91	115	32	RICARDO TEIXEIRA	LOS FOFUXOS	M	42	11:32:32	13:04	M40
83	116	19	LUIS NOGUEIRA	TARTARUGAS DO ASFALTO	M	48	11:36:29	13:09	M45
110	117	33	BERNARDO		M	41	11:36:30	13:09	M40
45	118	10	MANUEL LIMA	EXPERIENCIAR	M	58	11:51:54	13:26	M50
87	119	34	RUI PEREIRA	BARDINOS DOS MONTES	M	40	11:56:04	13:31	M40
116	120	43	MIGUEL FERREIRA	TRAILTUGA	M	39	11:56:04	13:31	MSEN
65	121	20	JOAO COUTO	OS FINOS	M	45	12:10:35	13:47	M45
149	122	21	ADELIO SOUSA		M	47	12:18:11	13:56	M45
12	123	44	DUARTE OLIVEIRA	EDV VIANA TRAIL	M	36	12:18:13	13:56	MSEN