

Taça Ibérica de Trail

Vila Nova de Cerveira

10/5**

Resultados www.cyclonessports.com

Programa ChuckScore

Colocação	Nome	Num.#	Ponto Intermediário	Min/Km	Oficial	Total Líquido	Min/Km	Sexo	Idade	Clube	Estado/ País
1	,Rui Laranjeira	401			2:20:21.5	2:20:18.2	7:01	M	42	Bikeseven Esposende	
2	,Alberto Pena Lomba	552			2:21:54.6	2:21:51.7	7:06	M	38	Atletismo Tui	
3	,Dani Corvo	409			2:26:12.5	2:26:09.2	7:19	M	34	San Roque Triatlón-v	
4	,Miguel	577			2:26:30.8	2:26:27.3	7:19	M	34	Running Sport Trail	
5	,Artur Costa	427			2:27:41.2	2:27:38.6	7:23	M	38	Desnivel Positivo	
6	,Pedro Caldas	519			2:35:38.0	2:35:34.7	7:47	M	38	Edv - Viana Trail	
7	,Joaquim Sa	539			2:35:38.0	2:35:35.4	7:47	M	67	Clube De Natacao E C	
8	,Francisco Lopez Hidalgo	551			2:38:20.1		7:55	M	31	Individual	
9	,Jorge Cabrera Alvargonzalez	550			2:38:51.2	2:38:42.6	7:56	M	35	Aviva Sport Club	
10	,Stephane Simoes	518			2:39:32.5	2:39:28.6	7:58	M	39	Edv - Viana Trail	
11	,Orlando Silva	536			2:41:01.9	2:40:58.8	8:03	M	33	Padela Natural Team	
12	,Luis Filipe Salgado Oliveira	448	1504		2:41:05.4	2:40:57.6	8:03	M	36	Individual	
13	,Ana Rocha Gonçalves	649			2:42:07.7	2:42:00.6	8:06	F	34	Alive Runners	
14	,Miguel Martins	650			2:42:10.2	2:42:03.6	8:06	M	32	Nast	
15	,Carlos Manuel Lima De Mota	550			2:42:33.9	2:42:30.9	8:08	M	37	Desnivel Positivo	
16	,Rodrigo Silva	430			2:45:03.4	2:44:53.8	8:15	M	38	Running Team Lantermi	
17	,Vitor Coelho	525			2:45:03.6	2:44:54.3	8:15	M	42	Running Team Lantermi	
18	,Sergio Ramos	520			2:48:54.2	2:48:49.6	8:26	M	38	Individual	
19	,Carla Manuela Fernandes Pereira	438			2:49:45.5	2:49:41.1	8:29	F	34	Encostas Como De Bi	
20	,Vitor Manuel Pedreira De Sousa	550			2:49:48.1	2:49:45.1	8:30	M	48	Calheiros	
21	,Alberto Mariño Silva	568			2:51:18.2	2:51:15.2	8:34	M	40	Individual	
22	,Paula Lage	423			2:52:07.0	2:52:02.5	8:36	F	39	Individual	
23	,Isaac Martínez Chouza	566			2:54:48.8	2:54:43.1	8:44	M	46	Castrelos 20:30	
24	,Antolín Martínez Martínez	511			2:55:11.2	2:55:01.5	8:45	M	27	Individual	
25	,João Teixeira	562			2:55:13.8	2:55:03.0	8:45	M	39	Individual	
26	,Rita Correia	532			2:55:41.2	2:55:33.2	8:47	F	28	Individual	
27	,Roberto Exposito Exposito	469			2:55:54.2	2:55:48.9	8:48	M	40	Os Fuljillos	
28	,Adán Marón Lorenzo	512			2:56:26.4	2:56:17.9	8:49	M	39	Aviva Sport Club	
29	,Alberto Díaz Portas	581			2:57:43.1	2:57:33.5	8:53	M	46	Individual	
30	,David Gonzalez Mella	580			2:57:43.4	2:57:33.6	8:53	M	28	Individual	
31	,Helder Martins	435			2:57:53.8	2:57:48.9	8:53	M	34	Alive Runners	
32	,Sérgio Lima	590			2:57:57.9	2:57:42.6	8:53	M	35	Individual	
33	,João Antunes	505			2:58:42.2	2:58:38.1	8:56	M	43	Individual	
34	,Marco Paulo Trindade Carreira De Sousa	477			2:59:55.5	2:59:52.0	8:59	M	38	Individual	
35	,Manuel Nascimento	583			3:00:33.5	3:00:29.3	9:01	M	43	Individual	
36	,Jorge Gaspar Cunha Fernandes	410			3:01:20.4	3:01:15.7	9:04	M	37	Individual	
37	,Manuel Franco Cividanes	465			3:04:53.7	3:04:43.5	9:14	M	55	Bugallas&vitor Pazos	
38	,Manuel António Carvalhais Alves	440			3:04:53.8	3:04:50.1	9:14	M	50	Queirós Team	
39	,José Daniel	572			3:05:11.0	3:04:58.8	9:15	M	27	Atletismo Poriño	
40	,Pedro Barbosa	441			3:06:13.5	3:06:08.7	9:19	M	44	Invicta Runners Team	
41	,Leandro Freitas	474			3:09:56.4	3:09:52.5	9:30	M	50	Nd Sport	
42	,Nuno Miguel Pereira Viana	460			3:10:34.7	3:10:16.8	9:31	M	30	Euronic Cycling Team	
43	,Fernando Jorge Castro De Oliveira	407			3:10:42.6	3:10:35.1	9:32	M	45	Ffit Gaia Trail	
44	,FcO. Javier Fdez. Sobrinho	567			3:10:57.9	3:10:52.1	9:32	M	57	Castrelos 20:30	
45	,Rodrigo Oliveira	484			3:11:34.9	3:11:29.6	9:34	M	38	Individual	
46	,Nazareth Tilve Costas	405			3:12:25.6	3:12:17.1	9:37	F	33	Individual	
47	,Margarida Magalhães	442			3:13:01.8	3:12:58.2	9:39	F	48	Desnivel Positivo	
48	,Miguel Angel Novoa Rodriguez	452			3:14:05.0	3:13:52.5	9:42	M	42	Club Atletismo Pori	
49	,Hugo Peixoto	493			3:14:19.7	3:14:12.0	9:43	M	33	Ffit Gaia Trail	
50	,Hugo Santos Costa Da Costa	468			3:14:28.8	3:14:24.9	9:43	M	34	Individual	
51	,Gisela Pereira	487			3:18:59.4	3:18:55.6	9:57	F	42	Desnivel Positivo	
52	,Jabier Garcia Garcia	547			3:19:06.6	3:18:54.3	9:57	M	35	Individual	
53	,Bruno Miguel Azevedo Simoes	450			3:19:09.6	3:19:05.3	9:57	M	29	Edv - Viana Trail	
54	,José Parente	557			3:19:15.0	3:19:11.3	9:58	M	48	Cyclones Sanitop	
55	,Luis Alberto Alonso Vicente	496			3:19:23.3	3:19:12.8	9:58	M	47	Individual	
56	,Oscar Rodriguez Rodriguez	404			3:19:29.0	3:19:15.8	9:58	M	39	Individual	
57	,Rui Esteves	541			3:19:32.2	3:19:25.4	9:58	M	33	Individual	
58	,Ricardo Oliveira	476			3:19:32.2	3:19:25.8	9:58	M	34	Anunnaki	
59	,Fatinha Pinto	542			3:21:31.3	3:21:25.1	10:04	F	38	Padela Natural Team	
60	,Raul Curva	462			3:22:07.6	3:21:57.2	10:06	M	41	Individual	
61	,Gonçalo Freitas	475			3:22:21.5	3:22:12.2	10:06	M	19	Nd Sport	
62	,Carlos Ferreira	564			3:22:21.6	3:22:14.4	10:06	M	55	Lusosport/stockenerg	
63	,Ana Sousa	431			3:23:16.4	3:23:04.0	10:09	F	32	Budeguita Runners	
64	,Diego Vicente Gonzalez	470			3:25:32.6	3:25:25.7	10:16	M	36	Os Fuljillos	
65	,Jorge Pazos Giraldez	480			3:30:20.4	3:30:09.2	10:31	M	38	Individual	
66	,André Coelho	433			3:31:09.4	3:30:59.2	10:33	M	34	Running Team Lantermi	
67	,Ricardo Cunha	510			3:33:09.3	3:33:04.6	10:39	M	36	Individual	
68	,Alexandre Rodrigues	486			3:34:05.7	3:33:59.7	10:42	M	35	Individual	
69	,Manuel Jesus	436			3:34:05.8	3:33:55.2	10:42	M	35	Edv - Viana Trail	
70	,Maria Júlia Alves Ribeiro	472			3:34:06.9	3:34:02.9	10:42	F	47	Queirós Team	
71	,Fernando José Viana Alves	418			3:34:11.3	3:34:01.9	10:42	M	36	Individual	
72	,Manuel Ernesto Garcia Monteiro	419			3:34:11.3	3:34:02.1	10:42	M	52	Individual	

73	,Filipe Carvalho	439	3:34:15.5	3:33:59.5	10:42	M	33	Individual
74	,Pedro Miguel Lourenço D	559	3:34:15.6	3:33:58.5	10:42	M	38	Individual
75	,Helder Fonte	481	3:34:37.7	3:34:29.2	10:44	M	27	Individual
76	,José Carvalho Gomes	504	3:37:02.4	3:36:57.5	10:51	M	50	Clube Celtas Do Minh
77	,Raquel Guimarães	584	3:37:38.5	3:37:34.1	10:52	F	43	Individual
78	,Vitor Nelson Esteves Tor	433	3:40:09.4	3:40:04.2	11:00	M	45	Individual
79	,Manuel Cunha Lima	453	3:40:20.4	3:40:08.8	11:01	M	56	Experienciar/crdc/fa
80	,Jorge Filipe Caldas Da C	482	3:40:21.9	3:40:16.4	11:01	M	33	Individual
81	,Carlos Alberto Gomes To	523	3:42:23.3	3:42:17.6	11:07	M	43	Individual
82	,Rosa Maria Nogueira	457	3:42:52.7	3:42:44.0	11:08	F	48	Individual
83	,Raul Bastos De Oliveira	544	3:43:47.2	3:43:38.1	11:11	M	23	Individual
84	,Sergio Fernández Rodrí	514	3:44:22.6	3:44:12.7	11:12	M	41	Individual
85	,Alfredo Sio Uhia	513	3:44:44.4	3:44:33.6	11:14	M	40	Aviva Sport Club
86	,Javier Armada Saá	410	3:44:44.5	3:44:34.0	11:14	M	49	Aviva Sport Club
87	,Antonio Machado	502	3:45:21.1	3:45:13.4	11:15	M	40	Ffit Gaia Trail
88	,Maria Do Rosario Pinho A	525	3:46:17.2	3:46:12.0	11:19	F	38	Alive Runners
89	,Giselda De Jesus Vieira	455	3:47:08.2	3:46:59.2	11:21	F	36	Individual
90	,Sergio Carlos Gonçalves	530	3:47:27.6	3:47:20.8	11:22	M	41	Padela Natural Team
91	,José Lopes	535	3:47:33.8	3:47:25.5	11:22	M	34	Casa Do Benfica De S
92	,Vitor Manuel Dias Gonç	453	3:48:49.5	3:48:41.3	11:26	M	28	Edv - Viana Trail
93	,Rui Soares	424	3:49:13.0	3:49:06.1	11:27	M	36	Lusosport/stockenerg
94	,Marco Paulo Pires Barbo	508	3:50:03.7	3:50:00.9	11:30	M	37	Desnivel Positivo
95	,Maria Bonança Sousa Ma	495	3:50:04.0	3:50:01.2	11:30	F	36	Desnivel Positivo
96	,Rui Manuel Tavares Fera	505	3:50:56.7	3:50:51.6	11:33	M	38	Alive Runners
97	,Alzira Jesus Sousa Font	449	3:51:11.2	3:51:02.7	11:33	F	43	Individual
98	,Iván Fernández Rodríguez	406	3:51:22.2	3:51:08.3	11:33	M	38	Individual
99	,Rui Faria	437	3:51:27.4	3:51:21.6	11:34	M	29	Individual
100	,Elisabete Maria Soutulho	452	3:51:47.0	3:51:38.7	11:35	F	27	Individual
101	,Mª Dolores Gonzalez Enr	462	3:52:04.3	3:51:52.4	11:35	F	50	Bugallas&vitor Pazos
102	,Carlos Rocha	589	3:52:26.2	3:52:11.4	11:37	M	38	Individual
103	,Hélio Lopes	574	3:52:26.2	3:52:11.3	11:37	M	38	Individual
104	,Augusto José Candoso Ta	445	3:55:01.4	3:54:55.6	11:45	M	52	Alive Runners
105	,David Lafuente Alves	446	3:55:05.0	3:54:56.1	11:45	M	43	Desnivel Positivo
106	,Fernando Barros Fernand	408	3:55:08.1	3:54:58.7	11:45	M	34	Individual
107	,Juan José Milego Fernán	423	3:55:08.3	3:54:58.9	11:45	M	47	C. A. R. Marisqueiro
108	,Gustavo Gude Grande	553	3:55:08.4	3:54:59.5	11:45	M	38	Individual
109	,Jose Manuel Baros Ferna	462	3:55:08.4	3:54:59.2	11:45	M	44	Individual
110	,Modesto Navás Aballe	555	3:55:13.6	3:55:02.6	11:45	M	39	Aviva Sport Club
111	,Nuno Plinio	507	3:59:06.0	3:58:58.6	11:57	M	37	Padela Natural Team
112	,Ivone Maria Mendes Cor	583	3:59:12.5	3:58:57.7	11:57	F	39	Citius Fit
113	,Sandro Rodrigues	546	3:59:13.4	3:59:04.7	11:57	M	38	Individual
114	,Rui Couto	445	3:59:25.5	3:59:12.7	11:58	M	41	Edv - Viana Trail
115	,Ligia Dias	497	3:59:25.5	3:59:12.8	11:58	F	41	Individual
116	,Alex Alves	533	4:01:21.4	4:01:05.0	12:03	M	34	Individual
117	,Ana Rafaela Amorim Mira	495	4:01:24.1	4:01:20.0	12:04	F	30	Padela Natural Team
118	,Jorge Rodrigues	528	4:01:25.7	4:01:11.8	12:03	M	37	Individual
119	,Vitor David Sousa Antun	432	4:01:26.0	4:01:12.4	12:04	M	37	Individual
120	,Bruno Gonçalves Pinto	537	4:01:34.7	4:01:28.0	12:05	M	26	Individual
121	,Hugo Campos	515	4:02:24.1	4:02:08.6	12:06	M	33	Thunderrunners
122	,Jorge Yong	490	4:02:57.8	4:02:47.9	12:08	M	45	Individual
123	,Rafael Cordovilla Pérez	491	4:03:59.6	4:03:42.5	12:11	M	45	Individual
124	,Manuel Passos Silva Gon	461	4:04:05.7	4:04:01.0	12:12	M	50	Individual
125	,Pedro Campos	516	4:04:08.4	4:03:53.2	12:11	M	33	Thunderrunners
126	,Carlos Freixo	454	4:04:26.8	4:04:14.9	12:13	M	48	Experienciar/crdc/fa
127	,Anita Sánchez	548	4:04:58.9	4:04:47.5	12:14	F	44	Aviva Sport Club
128	,Manuel António Meneses	401	4:05:09.7	4:04:59.6	12:15	M	45	Edv - Viana Trail
129	,Andrea Campelo	479	4:08:16.1	4:08:05.9	12:24	F	39	Individual
130	,Rui Sá	415	4:08:17.9	4:08:10.7	12:24	M	54	Ffit Gaia Trail
131	,Ricardo Monje Garcia	570	4:10:52.5	4:10:39.8	12:32	M	44	Individual
132	,Ignacio Lomba Vicente	402	4:11:05.1	4:10:51.2	12:33	M	40	Individual
133	,Nuno Oliveira E Silva	466	4:12:19.5	4:12:12.7	12:37	M	41	Individual
134	,Rui Filipe Fernandes Pac	570	4:13:02.3	4:12:51.9	12:39	M	36	Individual
135	,Irene Monte	468	4:14:27.8	4:14:21.5	12:43	F	46	Individual
136	,Isabel Damiao	421	4:14:35.9	4:14:19.3	12:43	F	40	Maratonices
137	,Marco Viana	411	4:15:01.2	4:14:50.7	12:44	M	40	Individual
138	,Mónica Martins	434	4:15:55.7	4:15:45.6	12:47	F	38	Running Team Lanteri
139	,Paula Cristina Da Silva R	504	4:16:01.5	4:15:47.1	12:47	F	48	Citius Fit
140	,Cristina Gonçalves	592	4:16:01.7	4:15:47.5	12:47	F	45	Citius Fit
141	,Maricruz Cabrera Alvaro	403	4:16:50.9	4:16:33.2	12:50	F	40	Aviva Sport Club
142	,Roberto Alvarez Alonso	571	4:18:48.5	4:18:42.3	12:56	M	46	Castrelos 20:30
143	,Jose Sampaio	588	4:20:35.7	4:20:27.5	13:01	M	37	Feeldouro
144	,Patricia Alexandra Faria	524	4:21:58.3	4:21:52.5	13:05	F	39	Individual
145	,Jorge Verde Martins	563	4:22:21.5	4:22:07.1	13:06	M	38	Individual
146	,Miguel Cardoso	530	4:23:39.0	4:23:27.3	13:10	M	41	Cães D'avenida
147	,Sérgio Cadilha	586	4:24:56.5	4:24:48.7	13:14	M	35	Individual
148	,Henrique Rocha	420	4:24:56.7	4:24:40.2	13:14	M	41	Maratonices
149	,Duarte Nuno Meireles	534	4:29:49.6	4:29:43.9	13:29	M	38	Alive Runners
150	,David	540	4:32:37.9	4:32:25.7	13:37	M	32	Individual
151	,Ana Spratley	503	4:34:06.0	4:33:54.7	13:41	F	41	Cães D'avenida
152	,João Barbosa	501	4:34:06.5	4:33:55.1	13:41	M	42	Cães D'avenida
153	,Valentim Castro Da Guia	426	4:34:20.8	4:34:16.8	13:43	M	51	Individual
154	,Carlos Peres Fernandes	591	4:34:20.9	4:34:07.0	13:42	M	42	
155	,Ivete Rodrigues Gonçalves	471	4:36:38.5	4:36:29.8	13:50	F	44	Desnivel Positivo
156	,Diogo Filipe Moreira Tava	436	4:37:03.3	4:36:57.1	13:51	M	30	Alive Runners
157	,Helder Jose Martins Freit	457	4:39:28.9	4:39:12.1	13:58	M	36	Individual

158	,Tiago Daniel Neiva De Almeida	429	4:42:56.1	4:42:46.6	14:08	M	22	Individual
159	,Frank Manuel Domingues	578	4:43:43.1	4:43:27.8	14:11	M	42	Individual
160	,Neuza Catarina Morgado	243	4:46:58.4	4:46:55.9	14:21	F	33	Edv - Viana Trail
161	,João Domingues	543	4:46:58.7	4:46:39.3	14:20	M	40	Atc
162	,Tânia Raquel Gonçalves	526	4:47:30.0	4:47:22.3	14:22	F	23	Individual
163	,Sónia Cruz	422	4:53:12.7	4:53:00.3	14:39	F	39	Individual
164	,Nelson Pinto Da Costa	416	4:56:36.6	4:56:19.1	14:49	M	45	Individual
165	,Helio Santos	459	4:57:03.4	4:56:55.5	14:50	M	44	No Pain No Gain Pova
166	,Andrea Domingues	458	4:57:04.2	4:56:57.2	14:51	F	34	No Pain No Gain Pova
167	,Vasco Falcão	425	5:13:21.4	5:13:13.9	15:40	M	36	Lusosport/stockenerg
168	,Monica Alarcon Hernandez	573	5:25:35.9	5:25:17.5	16:16	F	36	Aviva Sport Club
169	,Oscar Arcas Souto	587	5:25:36.1	5:25:17.5	16:16	M	29	Individual
170	,Jose Pedro Mendes Ceata	489	5:38:12.9	5:37:53.5	16:54	M	41	Individual
171	,Marina Alexandra Duro Carvalho	500	5:40:07.5	5:39:54.5	17:00	F	34	Clube Celtas Do Minh
172	,Manuel Andrés Funqueirín	499	5:40:07.5	5:39:53.9	17:00	M	40	Clube Celtas Do Minh
173	,Alexandra De Lima Fernandes	505	5:40:07.7	5:39:59.7	17:00	F	39	Individual
174	,Bruno Miguel Simoes Gonçalves	498	5:40:07.7	5:39:54.3	17:00	M	35	Clube Celtas Do Minh
175	,António Carlos Rocha	582	5:40:07.8	5:39:54.6	17:00	M	62	Celtas Do Minho
176	,Maria Da Conceição Dos Santos Fão	536	6:13:38.9	6:13:30.9	18:40	F	33	Individual
177	,Sara Rocha	471	6:15:35.3	6:15:17.5	18:46	F	27	Individual
178	,Graça Silva	456	6:15:35.3	6:15:17.9	18:46	F	50	Individual