Lugar	Nome		Sexo	Equipa	Escalão	Esc.	Total Esc.	Dorsal	Tempo
1	SERGIO	FERREIRA	Male	CCDAPDL	Overall Male Runner	1	3	4361	00:40:14.76
2	FILIPE	MARTINS	Male	GREB	Overall Male Runner	2	3	4218	00:40:14.76
3	RICARDO	CASTRO	Male	SOCIEDADE RECREIO CEP	Overall Male Runner	3	3	4274	00:40:40.01
4	FILIPE CUNHA	CUNHA	Male	AGUIAS DE ALVELOS	SENIORES M	1	59	4239	00:40:55.76
5	ANDRE	GOMES	Male		SENIORES M	2	59	4334	00:41:10.51
6	SERGIO	LIMA	Male	GRUPO JUVENIL DE VILA	SENIORES M	3	59	4215	00:41:20.76
7	HUGO	BASTOS	Male	CCDAPDL	SENIORES M	4	59	4360	00:41:21.76
8	PAULO	JESUS	Male		VET I M	1	28	4224	00:41:52.51
9	JOSE	AZEVEDO	Male	CCD APDL	VET I M	2	28	4367	00:41:56.75
10	JOSE	CABRAL	Male	ESPOSENDE	VET IV M	1	7	4386	00:42:00.25
11	BRUNO	CLEBER	Male		SENIORES M	5	59	4394	00:42:23.25
12	RICARDO	FERREIRA	Male	FLYRUNNERS	VET I M	3	28	4211	00:42:53.25
13	JOAO	POCAS	Male	TARTARUGAS DO ASFALTO	SENIORES M	6	59	4228	00:43:05.50
14	FRANCISCO	SANTOS	Male	LEOES DA AGRA	VET III M	1	17	4365	00:43:12.99
15	JOAO	SILVA	Male	VITORIA SPORT CLUBE	VET I M	4	28	4214	00:43:32.24
16	MARCO	SANTOS	Male		SENIORES M	7	59	4247	00:43:50.24
17	DUARTE GIL	RIBEIRO BARBOSA	Male	INDIVIDUAL	VET II M	1	39	4198	00:43:58.23
18	ANTONIO FERNANDO NUNES	PEREIRA	Male	AD LUSTOSA	VET III M	2	17	4313	00:44:01.74
19	PEDRO	MONTEIRO	Male		SENIORES M	8	59	4320	00:44:09.49
20	FERNANDO JOSE	AFONSO ALMEIDA	Male	RUNPENAFIEL	VET II M	2	39	4177	00:44:23.48
21	PEDRO	SANCHES	Male	LEOES DA AGRA	VET II M	3	39	4364	00:44:32.98
22	JOAQUIM	MONTEIRO	Male	LEOES DA AGRA	VET III M	3	17	4363	00:45:02.73
23	CARLOS	BESSA	Male	ISAG RUNNING TEAM	SENIORES M	9	59	4289	00:45:04.73
24	GUALTER	DA SILVA FREITAS	Male	FISIOVERA LEMOS	VET II M	4	39	4301	00:46:06.72
25	CORREIA	ALBERTO	Male		VET II M	5	39	4416	00:46:07.22
26	CARLOS	LOPES	Male	FREZITE	VET IV M	2	7	4319	00:46:52.46
27	MIGUEL	REGO	Male	QUALY - PRODUTOS DE L	SENIORES M	10	59	4238	00:46:52.96
28	CLAUDIO	RODRIGUES	Male		SENIORES M	11	59	4317	00:47:09.71
29	ILIDIO	SILVA	Male	C.S.R.D.C. SANTIAGO	VET I M	5	28	4322	00:47:13.96
30	HORTENSE	TENDA	Female		Overall Female Runner	1	3	4278	00:47:17.97
31	PEDRO	MAGALHAES	Male	TARTARUGAS DO ASFALTO	SENIORES M	12	59	4259	00:47:21.21
32	JOSE CARLOS	GOMES	Male	LIGEIRINHOS	VET IV M	3	7	4159	00:47:23.21
33	VITR	NOVAIS	Male	SOLINCA RUNNING TRIBE	VET III M	4	17	4368	00:47:45.22
34	ANTONIO	FERREIRA	Male		SENIORES M	13	59	4298	00:47:50.46
35	MIGUEL	SILVA	Male	XAVIERS	SENIORES M	14	59	4196	00:47:57.46
36	CARLOS	LOPES	Male	SOCIEDADE RECREIO CEP	VET I M	6	28	4222	00:48:21.20
37	JOSE	PEREIRA	Male	AMIGOS PONTO FINAL	VET III M	5	17	4192	00:48:25.70
38	CESAR	MARTINS	Male	ESCOLA ATLETISMO TROFA	SENIORES M	15	59	4263	00:48:29.45
39	JOSE FERNANDO COSTA	COSTA	Male	LOUSADA RUNNERS	SENIORES M	16	59	4335	00:48:30.95
40	JOAO	ANTUNES	Male	F & M ESTUDIO	VET I M	7	28	4340	00:48:43.45
41	JOAQUIM	BARBOSA	Male	JOAQUIM MANUEL ARAUJO	VET III M	6	17	4327	00:48:47.70
42	BRUNO	MACHADO	Male	BEACH RUNNERS	SENIORES M	17	59	4358	00:48:49.20
43	ANDRE	MARTINS	Male		VET I M	8	28	4391	00:48:50.70
44	ANTONIO	CARVALHO	Male		VET III M	7	17	4357	00:48:52.20
45	FRANCISCO RODRIGUES	RODRIGUES	Male	RODA DOS VENTOS	VET V M	1	6	4213	00:48:56.20
46	JOSE CARLOS	LACERDA	Male		SENIORES M	18	59	4276	00:48:58.20
47	HENDRIK	WIELINGA	Male	BUDEGUITA RUNNERS	VET II M	6	39	4162	00:49:09.69

Lugar	Nome		Sexo	Equipa	Escalão	Esc.	Total Esc.	Dorsal	Tempo
48	AUGUSTO	DOURADO	Male		VET V M	2	6	4251	00:49:18.45
49	MIGUEL	CARNEIRO	Male		VET II M	7	39	4223	00:49:20.45
50	PAULO	QUINTAS	Male	INDIVIDUAL	VET II M	8	39	4202	00:49:25.44
51	BRUNO	GOMES	Male	LOUSADA RUNNERS	SENIORES M	19	59	4336	00:49:28.69
52	JOAO GOMES	GOMES	Male	ORLANDO OLIVEIRA	VET III M	8	17	4446	00:49:41.45
53	JOSE SA	SA	Male		VET IV M	4	7	4268	00:49:55.19
54	JOSE	SERRANO	Male		VET II M	9	39	4220	00:49:58.45
55	ROGERIO	OLIVEIRA	Male	F & M ESTUDIO	VET I M	9	28	4337	00:50:00.19
56	DOMINGOS	MARTINS	Male	GAFANHORI	SENIORES M	20	59	4246	00:50:05.69
57	INES	PINTO	Female	GAFANHORI	Overall Female Runner	2	3	4245	00:50:05.97
58	ORLANDO OLIVEIRA	OLIVEIRA	Male	ORLANDO OLIVEIRA	VET IV M	5	7	4273	00:50:08.44
59	VENTURA	PONTES	Male	CLUBE FLUVIAL VILACON	VET II M	10	39	4267	00:50:15.18
60	HELDER	AMORIM	Male	ISAG RUNNING TEAM	SENIORES M	21	59	4294	00:50:27.25
61	PEDRO	BARBOSA	Male	INDIVIDUAL	VET II M	11	39	4240	00:50:52.93
62	MARCO DA SILVA PINHEIRO VASCONCELOS	VASCONCELOS	Male		SENIORES M	22	59	4419	00:50:55.68
63	JOAO	FONTAO	Male		SENIORES M	23	59	4297	00:50:59.43
64	ORLANDO	BARBOSA	Male	GRJA	VET V M	3	6	4216	00:51:03.43
65	XAVIER	OLIVEIRA	Male	POR JOANE	VET II M	12	39	4375	00:51:10.68
66	PAULO	ABREU	Male		VET II M	13	39	4393	00:51:25.68
67	CARLOS	OLIVEIRA	Male	ISAG RUNNING TEAM	VET II M	14	39	4284	00:51:52.43
68	JOSE	COSTA	Male	A.C. VERMOIM	VET III M	9	17	4354	00:51:55.17
69	JOAQUIM	FERREIRA	Male	A.C. VERMOIM	VET III M	10	17	4353	00:51:55.42
70	BRUNO	PEREIRA	Male		SENIORES M	24	59	4186	00:52:06.92
71	MIGUEL	SILVA	Male	EQUIPA MARAVILHA	VET I M	10	28	4171	00:52:08.46
72	RICARDO	MOUTINHO	Male	EQUIPA MARAVILHA	SENIORES M	25	59	4261	00:52:08.92
73	ERNESTO	BRANDAO	Male	NUCCLEO DE KARATE E A	VET IV M	6	7	4185	00:52:20.17
74	JORGE	QUEIROS	Male	BEACH RUNNERS	VET I M	11	28	4359	00:52:28.92
75	LEONEL	VIDEIRA	Male	NASCIDOS PARA CORRER	SENIORES M	26	59	4308	00:52:43.42
76	FILIPE	GONCALVES	Male	ADE TRAIL RUNNING	VET I M	12	28	4314	00:52:48.92
77	CLAUDIO	CANDIDO	Male	ADE TRAIL RUNNING	VET I M	13	28	4258	00:52:48.95
78	JORGE ANTONIO DA COSTA PEREIRA	COSTA PEREIRA	Male		VET V M	4	6	4321	00:53:07.66
79	PEDRO	SILVA	Male		SENIORES M	27	59	4378	00:53:07.94
80	CATARINA	MATOS	Female		Overall Female Runner	3	3	4377	00:53:08.69
81	RICARDO	PEREIRA	Male		SENIORES M	28	59	4168	00:53:18.91
82	JOAQUIM JORGE LOUREIRO FERREIRA	FERREIRA	Male	SANTAS	SENIORES M	29	59	4435	00:53:19.19
83	FATIMA	LOPES	Female	CASA DA CRIANCA	VET I F	1	14	4380	00:53:36.66
84	VINCENT	BERTINET	Male	RODRIGUES	SENIORES M	30	59	4326	00:53:51.66
85	OSCAR	SILVA	Male	RODRIGUES	SENIORES M	31	59	4325	00:53:54.67
86	PAULO	SILVA	Male		SENIORES M	32	59	4197	00:53:56.66
87	FERNANDO	CUNHA	Male		VET III M	11	17	4355	00:54:04.92
88	ERNESTO DA ROCHA GONCALVES	GONCALVES	Male	RUNNING DE ESPINHO	VET II M	15	39	4311	00:54:07.17
89	MANUEL	FONSECA	Male	BEAT YOUR LIMIT!	SENIORES M	33	59	4203	00:54:22.41
90	SERGIO	VIEIRA	Male	INDIVIDUAL	VET II M	16	39	4265	00:54:25.40
91	JOAO	PINHEIRO	Male	PORTO SENTIDO RUNNERS	VET II M	17	39	4174	00:54:27.90
92	ADERITO	ALVES	Male		VET VI M	1	2	4163	00:54:33.65
93	PAULO	SALDANHA	Male	POR JOANE	VET II M	18	39	4373	00:54:34.90
94	VITOR	MOREIRA	Male	NAO TENHO EQUIPA	SENIORES M	34	59	4339	00:54:39.40

Lugar	Nome		Sexo	Equipa	Escalão	Esc.	Total Esc.	Dorsal	Tempo
95	SUSANA	RODRIGUES	Female	CLUBE ATLETISMO FAFE	SENIORES F	1	17	4206	00:54:52.90
96	VASCO FILIPE	PINTO PENELA	Male	INDIVIDUAL	VET I M	14	28	4260	00:55:10.15
97	ROSA LIDIA	CAMARINHA DA SILVA	Female	LIGEIRINHOS	VET II F	1	10	4157	00:55:10.43
98	PINTO	FILIPE	Male	LE HAVRE ATHLETIC CLUB	SENIORES M	35	59	4179	00:55:12.40
99	ANA	OLIVEIRA	Female		SENIORES F	2	17	4207	00:55:24.65
100	MANUELA	BENTO	Female	SOCIEDADE RECREIO CEP	VET III F	1	2	4210	00:55:24.90
101	RICARDO	CAPITAO	Male		SENIORES M	36	59	4324	00:55:25.67
102	FRANCISCO	CUNHA	Male	SOCIEDADE RECREIO CEP	VET I M	15	28	4209	00:55:26.40
103	CRISTINA	CARNEIRO	Female	SOCIEDADE RECREIO CEP	VET I F	2	14	4208	00:55:26.68
104	RICARDO	COSTA	Male		SENIORES M	37	59	4229	00:55:27.65
105	DIOGO	SILVA	Male	INDIVIDUAL	SENIORES M	38	59	4302	00:55:28.65
106	JOAQUIM PEREIRA	PEREIRA	Male	RODA DOS VENTOS	VET IV M	7	7	4212	00:55:57.89
107	CARVALHO	PHILIPPE	Male		VET II M	19	39	4199	00:55:59.92
108	DAVID	SOARES	Male		SENIORES M	39	59	4264	00:56:01.64
109	LILIANA	GONCALVES	Female		SENIORES F	3	17	4296	00:56:02.39
110	PEDRO	OLIVEIRA	Male		VET I M	16	28	4329	00:56:03.89
111	JOSE	FALCAO	Male		VET II M	20	39	4255	00:56:13.14
112	MIGUEL	SOARES	Male	SIPE SINDICATO INDEPE	SENIORES M	40	59	4381	00:56:13.89
113	MANUEL	GUEDES	Male		VET I M	17	28	4219	00:56:15.67
114	JOAO	LEITE	Male	QUALY - PRODUTOS DE L	VET II M	21	39	4385	00:56:46.13
115	ORLANDO	PINTO	Male	FAFE CORRER	VET II M	22	39	4244	00:56:49.13
116	JOAQUIM	PINHEIRO	Male	AMIGOS PONTO FINAL	VET II M	23	39	4191	00:56:57.39
117	ALEXANDRE	FERREIRA	Male	AMIGOS PONTO FINAL	VET III M	12	17	4189	00:56:57.90
118	RUI	NETO	Male	ISAG RUNNING TEAM	SENIORES M	41	59	4292	00:57:09.13
119	JOAO PEDRO	DA CISTA	Male		VET I M	18	28	4227	00:57:19.89
120	EMIDIO SILVA	SILVA	Male	CLUBE MILLENNIUM BCP	VET VI M	2	2	4270	00:57:28.88
121	ELISABETE	MARTINS	Female	GREB	SENIORES F	4	17	4217	00:57:37.63
122	ANTONIO	BASTOS	Male	CORRER LECA	VET II M	24	39	4221	00:57:42.38
123	ALBERTO	CESAR	Male	WALKFAST	VET II M	25	39	4253	00:57:54.88
124	HUGO	SAMPAIO	Male	HABCARPINTARIA	SENIORES M	42	59	4241	00:58:55.12
125	ANTONIO	FREIRE	Male	ISAG RUNNING TEAM	VET II M	26	39	4286	00:58:57.12
126	JOAO	ROCHA	Male	CORRER LECA	VET III M	13	17	4269	00:58:59.87
127	RUI	GODINHO	Male	CAETANO RUNNERS	VET II M	27	39	4165	00:59:01.12
128	HELDER	NEVES	Male		SENIORES M	43	59	4303	00:59:06.12
129	JULIA	SOUSA	Female	ESCOLA ATLETISMO TROFA	VET II F	2	10	4262	00:59:39.11
130	FERNANDO	PORTELA	Male		VET I M	19	28	4318	00:59:39.11
131	ADRIANO	FARIA	Male	ISAG RUNNING TEAM	VET I M	20	28	4287	00:59:48.61
132	ANA	CARVALHO	Female	HIPOCAMPOS DE CORRIDA	VET I F	3	14	4300	00:59:54.36
133	NEFTALI	SILLERO	Male		VET I M	21	28	4277	01:00:04.61
134	ANTONIO	VENDEIRO	Male	MANCOS	VET III M	14	17	4176	01:00:10.86
135	MARTA	PEIXOTO	Female	FISIOJOANE	SENIORES F	5	17	4379	01:00:13.11
136	HUGO	FERNANDES	Male	FAMILIA COUTO	SENIORES M	44	59	4316	01:00:15.36
137	DEOLINDA	CAMARINHA DA SILVA	Female	LIGEIRINHOS	VET IV F	1	1	4158	01:00:28.11
138	MANUEL	SILVA	Male	AMIGOS PONTO FINAL	VET II M	28	39	4188	01:00:53.10
139	MIGUEL	RODRIGUES	Male	AMIGOS PONTO FINAL	VET I M	22	28	4195	01:00:53.63
140	LENIO	MARINHO	Male	SALGUEIROS RUNNING	VET V M	5	6	4250	01:00:54.36
141	JOAQUIM	NEVES	Male	FRIENDS	VET II M	29	39	4280	01:00:55.38

Lugar	Nome		Sexo	Equipa	Escalão	Esc.	Total Esc.	Dorsal	Tempo
142	RICARDO	FANGUEIRO	Male		VET I M	23	28	4362	01:01:03.60
143	PEDRO	CARVALHO	Male	AMIGOS PONTO FINAL	VET II M	30	39	4194	01:01:09.86
144	CELESTINO	SILVA	Male	AMIGOS PONTO FINAL	VET III M	15	17	4190	01:01:10.13
145	MARIA	MELO	Female		SENIORES F	6	17	4323	01:01:43.11
146	PAULO	CARVALHO	Male	ISAG RUNNING TEAM	VET II M	31	39	4293	01:01:54.35
147	FRANCISCO	MELO	Male	POR JOANE	VET II M	32	39	4372	01:01:54.60
148	JOSE CARLOS	RAMOS	Male		VET V M	6	6	4387	01:01:55.60
149	NUNO	SANTOS	Male		SENIORES M	45	59	4254	01:02:14.09
150	SOFIA	ROCHA	Female	HIPOCAMPOS DE CORRIDA	SENIORES F	7	17	4309	01:03:22.09
151	DOMINGOS	DIAS	Male	F & M ESTUDIO	VET I M	24	28	4349	01:03:22.09
152	BERTA	PINHEIRO	Female	PORTO SENTIDO RUNNERS	VET I F	4	14	4175	01:03:26.33
153	ALEXANDRA	FERNANDES	Female	GUIMARUNNIG	VET I F	5	14	4252	01:03:43.33
154	GILLES	GREGORY	Male		VET II M	33	39	4160	01:04:12.58
155	RICARDO	FERNANDES	Male		SENIORES M	46	59	4167	01:04:15.08
156	FRANCISCO	MACHADO	Male	F & M ESTUDIO	VET II M	34	39	4338	01:04:15.61
157	MANUEL	MIRANDA	Male	F & M ESTUDIO	VET II M	35	39	4347	01:04:19.08
158	FILIPE	FERNANDES	Male		SENIORES M	47	59	4328	01:04:21.58
159	PAULA	MIRANDA	Female	EQUIPA MARAVILHA	VET II F	3	10	4248	01:04:46.57
160	DEOLINDA	CANELAS	Female		VET II F	4	10	4170	01:04:58.32
161	HELENA	GOMES	Female	POR JOANE	VET II F	5	10	4374	01:05:00.32
162	MARCIA	GOMES	Female		SENIORES F	8	17	4389	01:05:00.32
163	MARA ALEXANDRA ALVES	SILVA	Female	GUIMARUNNING MOSCADA	SENIORES F	9	17	4291	01:05:01.08
164	JOSE	SECA	Male	ISAG RUNNING TEAM	VET II M	36	39	4285	01:05:10.32
165	LUCIA PEREIRA	PEREIRA	Female	INDIVIDUAL	VET I F	6	14	4169	01:05:13.82
166	ESMERALDA	PINTO	Female	FAFE CORRER	VET I F	7	14	4242	01:05:13.85
167	VICTOR	FAJARDO	Male		VET II M	37	39	4256	01:05:22.82
168	PAULA	OLIVEIRA	Female	JUNTOS SOMOS UM	VET II F	6	10	4205	01:05:27.35
169	REINALDO	MIRANDA	Male	EQUIPA MARAVILHA	VET III M	16	17	4249	01:05:29.32
170	MARCO	SILVA	Male	F & M ESTUDIO	SENIORES M	48	59	4350	01:05:55.06
171	APARICIO	LOPES	Male	OS MANCOS	VET III M	17	17	4232	01:06:28.06
172	CARLA TERESA PEREIRA MAGALHAES	COELHO	Female	EQUIPA MARAVILHA	VET I F	8	14	4178	01:06:57.31
173	PAULO	SANTOS	Male	MAGNUNSSENS	SENIORES M	49	59	4201	01:07:13.06
174	AGOSTINHA	GONCALVES	Female	SOCIEDADE RECREIO CEP	VET II F	7	10	4226	01:07:25.80
175	TIAGO	OLIVEIRA	Male	ISAG RUNNING TEAM	SENIORES M	50	59	4290	01:07:45.55
176	JOAO	VILHENA	Male	ISAG RUNNING TEAM	SENIORES M	51	59	4295	01:07:45.58
177	OLGA	SAMOES	Female		VET II F	8	10	4275	01:08:01.79
178	MADALENA	MARQUES	Female	FRIENDS	VET II F	9	10	4282	01:08:05.55
179	FREITAS	FREITAS	Male	NOEL	SENIORES M	52	59	4356	01:08:17.79
180	JOAO PAULO	MARQUES	Male		SENIORES M	53	59	4266	01:08:32.79
181	MANUELA	VIEIRA	Female	F & M ESTUDIO	SENIORES F	10	17	4345	01:08:41.54
182	JORGE	SILVA	Male	F & M ESTUDIO	VET I M	25	28	4343	01:08:41.82
183	ROGERIO	SANTOS	Male	ISAG RUNNING TEAM	VET I M	26	28	4288	01:08:42.08
184	HUGO	CARVALHO	Male	4A'S	SENIORES M	54	59	4383	01:09:14.29
185	ANA	SILVA	Female		SENIORES F	11	17	4166	01:10:05.03
186	VANIA	CAMPOS	Female	FAMILIA COUTO	SENIORES F	12	17	4315	01:10:17.03
187	SANDRA	AGUIAR	Female	CAETANO RUNNERS	VET I F	9	14	4164	01:10:43.03
188	DIOGO	BARROS	Male		VET I M	27	28	4272	01:11:06.27

Lugar	Nome		Sexo	Equipa	Escalão	Esc.	Total Esc.	Dorsal	Tempo
189	..	..	Male		SENIORES M	55	59	4390	01:11:24.16
190	INES	ARCOS	Female		SENIORES F	13	17	4332	01:11:24.16
191	MIGUEL	RESENDE	Male	TARTARUGAS DO ASFALTO	VET II M	38	39	4312	01:11:44.27
192	CARLA	NEVES	Female	FRIENDS	VET I F	10	14	4279	01:11:50.55
193	ELISABETE	FARIA	Female	4A'S	VET I F	11	14	4384	01:12:02.02
194	CARVALHO LAVEAU	GAELLE	Female		VET I F	12	14	4200	01:12:14.79
195	RICARDO	CARNEIRO	Male		SENIORES M	56	59	4333	01:12:46.01
196	DUARTE NUNO	CERQUEIRA	Male		SENIORES M	57	59	4331	01:13:31.76
197	CARLA SOFIA	COSTA	Female		SENIORES F	14	17	4330	01:13:32.29
198	MATILDE	FREITAS	Female	BOCABERTA	VET I F	13	14	4305	01:14:37.99
199	CARLA	FERREIRA	Female	HIPOCAMPOS DE CORRIDA	VET II F	10	10	4299	01:14:42.50
200	ELSA	GONCALVES	Female	BOCABERTA	SENIORES F	15	17	4304	01:14:42.75
201	TIAGO	MARQUES	Male	FRIENDS	SENIORES M	58	59	4283	01:16:51.98

Cadeiras de Rodas

Lugar	Nome		Sexo	Equipa	Escalão	Esc.	Total Esc.	Dorsal	Tempo
1	ALBERTO	BAPTISTA	Male	CADEIRA DE RODAS	CADEIRA DE RODAS	1	3	4234	00:36:44.79
2	FERNANDO	MENDONCA	Male	CADEIRA DE RODAS	CADEIRA DE RODAS	2	3	4233	00:53:40.94
3	NELSON	SAMPAIO	Male	CADEIRA DE RODAS	CADEIRA DE RODAS	3	3	4235	01:01:01.35