



Socalcos Trail



Classificação Geral



Trail Longo

30,00 Km.

Pos.	Dor.	Nome	Clube	Categoria/Pos.	Tempo	Km./h.	Diferencia
1	3001	Ricardo Jorge Gonçalves	EDV - Viana Trail	TLSM	1 3:20:24.80	8,98	
2	3104	Leonel Cunha,	TRAIL TEAM BIFASE	TLSM	2 3:23:44.52	8,84	0:03:20
3	3013	Francisco Fernandes,	Águias de Alvelos	TLSM	3 3:42:52.37	8,08	0:22:27
4	3057	Jose Manuel Gil Bernarde	Aviva Sport Club	TLSM	4 3:47:56.32	7,90	0:27:31
5	3106	Federico Losada Conde,	CASTRO-TRAIL	TLM40	1 3:49:47.04	7,83	0:29:22
6	3109	Marcos Antonio Pascual F	CASTRO-TRAIL	TLSM	5 3:49:55.19	7,83	0:29:30
7	3069	Emílio Carvalho,	The Rookies	TLM40	2 3:51:10.28	7,79	0:30:45
8	3050	João Henrique Da Cruz,	CB RUN	TLSM	6 3:55:16.57	7,65	0:34:52
9	3078	Helder Cunha,		TLSM	7 4:00:57.43	7,47	0:40:32
10	3127	Hugo Araújo,	Águias de Alvelos	TLSM	8 4:03:00.56	7,41	0:42:36
11	3008	Amandio Antunes,	Afifense Trail	TLM40	3 4:06:21.58	7,31	0:45:57
12	3100	Ramón Rodríguez,	Korporearenteiro Trail	TLM50	1 4:06:36.94	7,30	0:46:12
13	3061	Pedro Nunes,		TLSM	9 4:10:44.21	7,18	0:50:19
14	3107	David Losada Conde,	CASTRO-TRAIL	TLM40	4 4:12:32.22	7,13	0:52:07
15	3101	Gabriel Meira,	EDV Viana Trail	TLM40	5 4:13:51.37	7,09	0:53:26
16	3112	Joel Pereira,	MINHO E LIMA TRAIL	TLSM	10 4:16:09.55	7,03	0:55:45
17	3056	Roberto Carril Comesaña,	Aviva Sport Club	TLM40	6 4:16:49.67	7,01	0:56:25
18	3089	Mário Encarnaçao,		TLSM	11 4:20:45.19	6,90	1:00:20
19	3007	Tiago Subtil,	Afifense Trail	TLSM	12 4:24:07.62	6,82	1:03:43
20	3123	Nelson Teixeira,	NAST	TLSM	13 4:26:40.79	6,75	1:06:16
21	3088	Richard Velloso Amorim,		TLM40	7 4:34:36.54	6,55	1:14:12
22	3006	Carlos Neto,	Afifense Trail	TLM40	8 4:39:36.71	6,44	1:19:12
23	3034	Jorge Louro,	Clube Naval de São Vicente	TLSM	14 4:42:15.95	6,38	1:21:51
24	3022	Ricardo Sousa,	Salgueiros Running	TLSM	15 4:43:57.38	6,34	1:23:32
25	3108	Carlos Peixoto,	Amigos da Montanha	TLM40	9 4:45:42.23	6,30	1:25:17
26	3073	Marcio Silva,	Ribeitrail	TLSM	16 4:48:12.83	6,25	1:27:48
27	3121	Damián Álvarez Gutiérrez	CASTRO-TRAIL	TLSM	17 4:48:18.34	6,24	1:27:53
28	3015	Rui Carmo, carla soares	EDL Trail	TLSM	18 4:49:22.76	6,22	1:28:58
29	3049	Vasco Faria,	CB RUN	TLSM	19 4:51:22.30	6,18	1:30:57
30	3019	Elisabete Alves,	TROGLODITAS RUNNERS	TLSF	1 4:53:02.70	6,14	1:32:38
31	3103	Paulo Ribeiro,	Adosa os Santa Apolónia	TLM40	10 4:53:10.30	6,14	1:32:45
32	3042	JOSE CARLOS BLANCC	BOX001 OURENSE RUN MANIAK	TLM40	11 4:53:52.37	6,13	1:33:27
33	3059	Daniel Fernandes,	Águias de Alvelos	TLM40	12 4:58:19.34	6,03	1:37:54
34	3058	Belén Rodríguez Vidal,	Boavista Trail	TLF40	1 4:59:14.79	6,02	1:38:50
35	3048	Alberto Sousa,	AD MARCO 09	TLM40	13 5:01:32.23	5,97	1:41:07
36	3105	Javier Fernández Gómez,	CASTRO-TRAIL	TLSM	20 5:02:18.36	5,95	1:41:53
37	3095	Sandra Araújo,	FISIO.	TLSF	2 5:03:57.40	5,92	1:43:32
38	3087	Orlando Campos,	FISIO.	TLM40	14 5:03:59.72	5,92	1:43:35
39	3114	Nuno Jaime,	matosinhos futsal clube	TLM40	15 5:04:57.04	5,90	1:44:32
40	3039	ROBERTO LOSADA,	BOX001 OURENSE RUN MANIAK	TLM40	16 5:05:29.98	5,89	1:45:05
41	3053	CARLOS MURADAS,	BOX001 OURENSE RUN MANIAK	TLM40	17 5:08:08.88	5,84	1:47:44
42	3086	MIGUEL ANGEL CALVI	Club Box 001 RunManiak	TLM40	18 5:08:11.26	5,84	1:47:46
43	3072	Jorge Domingues,	LEBRES MINHOTAS	TLM40	19 5:08:51.52	5,83	1:48:27
44	3066	Vera Barbosa,	Boavista Trail	TLSF	3 5:09:55.72	5,81	1:49:31
45	3014	Sérgio Moreira,	TOG - Trinca Orelhas Gato	TLM40	20 5:10:50.67	5,79	1:50:26
46	3023	Nuno Coelho Silva,	Salgueiros Running	TLM40	21 5:14:55.70	5,72	1:54:31
47	3096	David Alves,	Solopisadas	TLM40	22 5:15:09.09	5,71	1:54:44
48	3060	CARLOS FERNÁNDEZ,	AVIVA SPORT CLUB	TLM40	23 5:15:30.65	5,71	1:55:06
49	3064	Nuno Sá,		TLSM	21 5:19:09.59	5,64	1:58:45
50	3027	José Sousa,	Trilheiros	TLM40	24 5:20:09.89	5,62	1:59:45
51	3052	José Luis Requejo RODRÍ	Atletismo arenteiro	TLM40	25 5:21:03.35	5,61	2:00:38
52	3083	Olalla Sande,	CASTRO TRAIL	TLSF	4 5:21:04.00	5,61	2:00:39
53	3000	Monica Novoa barbosa,	CASTRO-TRAIL	TLF40	2 5:21:05.04	5,61	2:00:40
54	3090	Roberto Araujo Cambeses	Castro-trail	TLM50	2 5:21:05.55	5,61	2:00:41
55	3071	Ricardo Lopes,	Correr por Monção	TLSM	22 5:21:08.95	5,61	2:00:44

56	3082 Jorge Pinheiro,	Ribeir trail	TLM40	26	5:22:21.00	5,58	2:01:56
57	3046 MARCOS MARTIN,	BOX001 OURENSE RUN MANIAK	TLM40	27	5:28:59.08	5,47	2:08:34
58	3017 Rui Carneiro,	Nast	TLSM	23	5:32:56.82	5,41	2:12:32
59	3018 Tania Carneiro,	DIVE INTO THE MOUNTAINS	TLSF	5	5:32:57.46	5,41	2:12:32
60	3062 Susana Alves,	Edl trail	TLSF	6	5:33:13.94	5,40	2:12:49
61	3124 Miguel Cruz,	Individual	TLSM	24	5:33:15.72	5,40	2:12:51
62	3118 Jorge Mesquita,	TOG - Trinca Orelhas de Gato	TLM40	28	5:34:58.00	5,37	2:14:33
63	3028 João Paulo Castro,		TLM40	29	5:36:22.04	5,35	2:15:57
64	3081 Ana Miranda,	EDL	TLF40	3	5:37:41.58	5,33	2:17:17
65	3043 FELISINDO CORBILLO,	BOX001 OURENSE RUN MANIAK	TLM50	3	5:43:27.58	5,24	2:23:03
66	3094 Nuno Nabeiro,	Melgaço Alvarinho Trail Team	TLM40	30	5:44:49.05	5,22	2:24:24
67	3016 José Gomes,	Cerveira Team Running	TLM50	4	5:44:50.90	5,22	2:24:26
68	3005 Gil Araujo,	Afifense Trail	TLSM	25	5:48:08.31	5,17	2:27:43
69	3004 Marinha Pires,	Afifense Trail	TLSF	7	5:48:14.96	5,17	2:27:50
70	3036 Elena Pérez,	Runmaniak	TLF40	4	5:48:18.96	5,17	2:27:54
71	3044 MARCOS RODRIGUEZ,	BOX001 OURENSE RUN MANIAK	TLM40	31	5:48:20.80	5,17	2:27:56
72	3020 Vitor Gonçalves,	TROGLODITAS RUNNERS	TLSM	26	5:48:59.75	5,16	2:28:35
73	3076 ANTONIO PEREZ,	BOX001 OURENSE RUN MANIAK	TLM40	32	5:49:00.28	5,16	2:28:35
74	3125 Ana Pedreira,	Women Runners Portugal	TLSF	8	5:49:07.58	5,16	2:28:43
75	3055 Valter Correia,	Nova Linha Trail Runners	TLM40	33	5:49:08.09	5,16	2:28:43
76	3126 Luciano Pires,	Melgaço Alvarinho Trail Team	TLSM	27	5:50:52.04	5,13	2:30:27
77	3085 Mario Lima,	Avesrunners	TLM40	34	5:52:35.60	5,11	2:32:11
78	3077 Miguel Machado,	Dive-into the mountains	TLM40	35	5:52:38.96	5,10	2:32:14
79	3113 Tiago Caldas,	O mais rápido da minha rua	TLM40	36	5:54:22.60	5,08	2:33:58
80	3025 Fernando Pinheiro,		TLM40	37	6:01:04.84	4,99	2:40:40
81	3040 ELADIO GARCIA,	BOX001 OURENSE RUN MANIAK	TLM50	5	6:03:40.66	4,95	2:43:16
82	3012 Pablo Portela Fernández,		TLM40	38	6:05:00.04	4,93	2:44:35
83	3026 Ligia Mendes,	Clube trilheiros e amigos	TLF40	5	6:05:05.88	4,93	2:44:41
84	3010 Carolina Pereira,	Afifense Trail	TLF40	6	6:09:26.36	4,87	2:49:01
85	3009 Carlos Pereira,	Afifense Trail	TLM40	39	6:09:31.03	4,87	2:49:06
86	3097 Marco P. R. Afonso,	Melgaço Alvarinho Trail Team	TLM40	40	6:10:56.59	4,85	2:50:32
87	3029 Antonio Ferreira,	Clube Trilheiros & Amigos	TLM40	41	6:11:21.00	4,85	2:50:56
88	3011 José Alberto Castro,	B.T.M.	TLM40	42	6:12:11.80	4,84	2:51:47
89	3054 Marcos Sousa,	Nova Linha Trail Runners	TLSM	28	6:19:36.65	4,74	2:59:12
90	3068 Rui Carvalho,	The Rookies	TLSM	29	6:25:22.68	4,67	3:04:58
91	3117 Alexandra Carvalho,	Alexandra Carvalho TEAM	TLF40	7	6:25:26.61	4,67	3:05:02
92	3075 Vitor Ferreira,	Pistões partidos	TLSM	30	6:25:32.91	4,67	3:05:08
93	3032 Ernesto Martins,	LION RUNNERS – G. D. Leões da Guz	TLM50	6	6:29:20.18	4,62	3:08:55
94	3115 Pedro Costa,	Alexandra Carvalho Team	TLSM	31	6:43:06.55	4,47	3:22:42
95	3116 Ricardo Esteves,	alexandra carvalho TEAM	TLS23	1	6:43:12.13	4,46	3:22:47
96	3051 João Couto,	Os Finos	TLM40	43	6:44:05.03	4,45	3:23:40
97	3079 Pedro Vidal,	Os Finos	TLM40	44	6:44:08.87	4,45	3:23:44
98	3070 Sónia Pereira,	Sai do sofá	TLF40	8	6:44:35.41	4,45	3:24:10
99	3074 Tiago Teixeira,	Pistões partidos	TLSM	32	6:52:57.12	4,36	3:32:32
100	3033 João Soares,	LION RUNNERS – G. D. Leões da Guz	TLSM	33	7:03:21.77	4,25	3:42:57
101	3119 CARLA SANTOS,	TOG - Trinca Orelhas de Gato	TLM40	45	7:11:55.34	4,17	3:51:30
102	3120 BRUNO SANTOS,	TOG - Trinca Orelhas de Gato	TLM40	46	7:11:55.74	4,17	3:51:31
103	3080 Pedro Magalhães,	Cuidado com o Urso Panda Tral Runne	TLM40	47	7:13:14.60	4,15	3:52:50
104	3030 Diana Martins,		TLSF	9	7:22:16.76	4,07	4:01:52
105	3098 Luís Marques,	Alexandra Carvalho team	TLM40	48	7:22:18.40	4,07	4:01:53
106	3084 Ana Fael,	Alexandra Carvalho Team	TLSF	10	7:22:19.67	4,07	4:01:55
107	3099 Elsa Rodrigues,	Alexandra Carvalho team	TLF40	9	7:22:19.68	4,07	4:01:55
108	3047 Valdemar Almeida,	Invicta Runners Team	TLM50	7	7:29:19.19	4,01	4:08:54
109	3091 Sandra Araújo,	Cerveira Team Running	TLM40	49	7:33:26.49	3,97	4:13:01
110	3092 Quim Araújo,	Cerveira Team Running	TLM40	50	7:33:33.75	3,97	4:13:09