



Socalcos Trail



Classificação Geral

Trail Curto

18,00 Km.

Pos.	Dor.	Nome	Clube	Categoria/Pos.	Tempo	Km./h. Diferencia
1	2069	Oscar Mendes,	Águias de Alvelos	TCSM	1 1:48:44.68	9,93
2	2062	José Domínguez,	EDV-VIANATRIL	TCSM	2 1:50:17.37	9,79 0:01:32
3	2216	Eloi Malherio,	EDV-VIANATRIL	TCSM	3 1:58:48.60	9,09 0:10:04
4	2229	JOÃO GOMES,	TOG - Trinca Orelhas de Gato	TCSM	4 2:02:13.24	8,84 0:13:28
5	2186	Jose Montoto Dominguez,	KorporeArenteiro Trail	TCM40	1 2:03:11.28	8,77 0:14:26
6	2215	Francisco Pascual Fidalgo,	CASTRO-TRAIL	TCSM	5 2:06:28.47	8,54 0:17:43
7	2044	Dário Silva,	Boavista trail	TCM40	2 2:06:32.45	8,54 0:17:47
8	2141	Carlos Alves,	OADA - Os Amigos da Aventura	TCSM	6 2:06:56.12	8,51 0:18:11
9	2127	Carlos Loureiro,	Academia Desportiva de Arcos de Valde	TCM40	3 2:08:12.83	8,42 0:19:28
10	2241	Adelino Aires,	Alexandra Carvalho Team	TCM40	4 2:08:34.76	8,40 0:19:50
11	2034	Tiago Ribeiro,	Vieira a correr	TCSM	7 2:09:43.95	8,33 0:20:59
12	2180	Javier Janeiro Cerdeira,	KorporeArenteiro Trail	TCSM	8 2:12:50.28	8,13 0:24:05
13	2144	António Borges,	Porto Sentido Runners	TCM40	5 2:13:02.09	8,12 0:24:17
14	2081	Ruben Veloso,	Academia Desportiva de Arcos de Valde	TCSM	9 2:13:15.39	8,11 0:24:30
15	2059	Oscar Alonso Cabaleiro,	-	TCSM	10 2:14:20.60	8,04 0:25:36
16	2248	Rui Sousa,	TROGLODITAS RUNNERS	TCM40	6 2:14:38.99	8,02 0:25:54
17	2171	Joana Branco,		TCSF	1 2:14:52.86	8,01 0:26:08
18	2244	Joao Oliveira,	Gansos	TCSM	11 2:15:18.93	7,98 0:26:34
19	2257	Christophe Rodrigues,	TROGLODITAS RUNNERS	TCSM	12 2:15:42.30	7,96 0:26:57
20	2120	Manuel Gomes,	Academia Desportiva de Arcos de Valde	TCM40	7 2:16:16.60	7,93 0:27:32
21	2258	Carlos Ribeiro,	CAVE	TCM40	8 2:16:50.25	7,89 0:28:05
22	2084	Florindo Pereira,	Nova Linha Trail Runners	TCM50	1 2:17:12.99	7,87 0:28:28
23	2140	António Ribeiro,	OADA - Os Amigos da Aventura	TCSM	13 2:17:14.02	7,87 0:28:29
24	2146	Bruno Melo,	Porto Sentido Runners	TCSM	14 2:17:22.17	7,86 0:28:37
25	2218	Bruno Gonçalves,		TCSM	15 2:18:14.46	7,81 0:29:29
26	2106	Cesar Costa,	Lethes Trail Team	TCSM	16 2:19:29.99	7,74 0:30:45
27	2220	Manuel Rego,		TCM40	9 2:22:37.07	7,57 0:33:52
28	2048	Ricardo Leal,		TCSM	17 2:23:36.05	7,52 0:34:51
29	2089	Diogo Barros,	CB RUN	TCM40	10 2:24:14.08	7,49 0:35:29
30	2194	Ezequiel Fernandes,	Águias de Alvelos	TCM40	11 2:24:50.27	7,46 0:36:05
31	2138	Pedro Coutinho,	Movimento de Juventude de Merelim	TCSM	18 2:24:57.39	7,45 0:36:12
32	2175	António Pereira,		TCSM	19 2:25:55.83	7,40 0:37:11
33	2142	Paulo Soares,	Lethes Trail Team	TCM40	12 2:27:24.34	7,33 0:38:39
34	2209	Luís Ferraz,		TCSM	20 2:28:07.60	7,29 0:39:23
35	2131	Vasco Rocha,	Academia Desportiva de Arcos de Valde	TCM40	13 2:28:11.58	7,29 0:39:27
36	2227	CARLOS SILVA,	TOG - Trinca Orelhas de Gato	TCSM	21 2:28:16.61	7,28 0:39:32
37	2057	Ricardo Lemos,		TCM40	14 2:28:20.67	7,28 0:39:36
38	2086	Ricardo Moreira,	Vila Nova de Famalicão	TCM40	15 2:30:13.21	7,19 0:41:28
39	2139	Nuno Sendão,	Lethes Trail Team	TCM40	16 2:30:17.11	7,19 0:41:32
40	2058	ALBERTO LEITE,		TCM50	2 2:30:26.55	7,18 0:41:42
41	2021	Paulo Azevedo,	LANHAS TT	TCM40	17 2:31:31.92	7,13 0:42:47
42	2196	Iván Alvarez,	Limiaactiva	TCSM	22 2:31:46.52	7,12 0:43:02
43	2211	Emanuela Perez,	Melgaço Alvarinho Trail	TCSF	2 2:32:02.75	7,10 0:43:18
44	2107	Stephane Simoes,	EDV-VIANATRIL	TCM40	18 2:32:03.95	7,10 0:43:19
45	2193	JOSÉ SEBASTIÃO,	BRAGA RUNNERS	TCM50	3 2:32:42.54	7,07 0:43:58
46	2154	CARLOS COSTA,	ABREVALES	TCSM	23 2:32:46.98	7,07 0:44:02
47	2262	Pedro Carvalhido,	Olimpico Vianense	TCM40	19 2:33:24.86	7,04 0:44:40
48	2098	Michel Silva,		TCSM	24 2:33:30.10	7,04 0:44:45
49	2197	Pili González Vázquez,	KorporeArenteiro Trail	TCF40	1 2:33:48.60	7,02 0:45:04
50	2066	jorge fernandez,	BOX001 OURENSE RUN MANIAK	TCM40	20 2:34:13.39	7,00 0:45:28
51	2093	José Pedro Ribeiro,	Cave	TCM40	21 2:34:17.57	7,00 0:45:33
52	2198	Victor Manuel Tato Soto,	KorporeArenteiro Trail	TCM40	22 2:34:20.16	7,00 0:45:35
53	2022	Raul Curva,		TCM40	23 2:35:04.37	6,96 0:46:19
54	2187	Artur Gil,	Pés de Chumbo Runners	TCM40	24 2:35:36.76	6,94 0:46:52
55	2033	Filipe Alves,	Desnivel Positivo	TCM40	25 2:35:53.78	6,93 0:47:09
56	2242	Ricardo Rego,	Alexandra Carvalho Team	TCSM	25 2:36:18.51	6,91 0:47:34
57	2256	Gustavo Taveira,	TROGLODITAS RUNNERS	TCM40	26 2:37:18.38	6,87 0:48:33
58	2199	José manuel Cabajal,	Vigo	TCM40	27 2:38:20.53	6,82 0:49:36
59	2045	Jorge Guimarães,	SMILE FOR NATURE	TCSM	26 2:38:43.31	6,80 0:49:58
60	2090	Filipe Nascimento,	Porto Sentido Runners	TCM40	28 2:38:50.37	6,80 0:50:05
61	2213	José Godinho,	Cerveira Team Running	TCM40	29 2:39:55.96	6,75 0:51:11

62	2134	Hugo Barreiro,	Correr por Monção	TCSM	27	2:41:20.49	6,69	0:52:35
63	2206	Vera Fernandes,	Águias de Alvelos	TCSF	3	2:41:22.82	6,69	0:52:38
64	2114	Bruno Miguel Pinheiro,	Trail Team Montaria	TCSM	28	2:41:49.33	6,67	0:53:04
65	2255	Hugo Santos,	Pés de Chumbo Runners	TCM40	30	2:41:59.38	6,67	0:53:14
66	3035	António Martins,	Pés de Chumbo Runners	TCM40	31	2:41:59.97	6,67	0:53:15
67	2184	José Manuel Alonso Martí	KORPOREARENTEIROTRAIL	TCM50	4	2:42:54.66	6,63	0:54:10
68	2183	Nelson Guimarães,		TCM40	32	2:43:20.28	6,61	0:54:35
69	2111	Claudio Candido,	ADE Trail Running	TCM40	33	2:43:32.39	6,60	0:54:47
70	2261	Nuno Gomes,	Trilhos Ocultos	TCSM	29	2:44:32.34	6,56	0:55:47
71	2259	Francisco Lopes,	Trilhos Ocultos	TCM40	34	2:44:34.10	6,56	0:55:49
72	2156	Paulo Pereira,		TCM40	35	2:44:45.50	6,56	0:56:01
73	2263	Alberto Cunha,	Olimpico Vianense	TCM50	5	2:45:01.30	6,54	0:56:16
74	2173	José Lima,	Afifense Trail	TCSM	30	2:45:02.84	6,54	0:56:18
75	2160	FERNANDA MACHADO	ALIANÇA GANDRA	TCSF	4	2:46:10.94	6,50	0:57:26
76	2145	João Pinheiro,	Porto Sentido Runners	TCM50	6	2:46:29.49	6,49	0:57:44
77	2150	Bruno Machado,		TCSM	31	2:46:30.79	6,49	0:57:46
78	2115	Rui Guia,	Trail Team Montaria	TCM40	36	2:46:32.94	6,49	0:57:48
79	2124	Gonçalo Rodrigues,	Trail S. Silvestre Team	TCM40	37	2:47:46.80	6,44	0:59:02
80	2245	Cristina Arreiol,	Salgueiros Running	TCSF	5	2:48:45.16	6,40	1:00:00
81	2251	José Mendes,	Salgueiros running	TCSM	32	2:48:48.17	6,40	1:00:03
82	2071	Manuel Vale,		TCM40	38	2:48:59.68	6,39	1:00:15
83	2101	Miguel Gonçalves,	Melgaço Alvarinho Trail Team	TCM40	39	2:49:06.32	6,39	1:00:21
84	2143	Rui Teixeira,	Porto Sentido Runners	TCM40	40	2:49:56.22	6,36	1:01:11
85	2200	Chus Alejandro Ojea,	Korporearenteiro trail	TCF40	2	2:50:10.34	6,35	1:01:25
86	2178	Elena González Meijide,	Running sport trail	TCSF	6	2:50:46.65	6,32	1:02:02
87	2130	Daniel Amorim,	Academia Desportiva de Arcos de Valde	TCM40	41	2:51:31.76	6,29	1:02:47
88	2077	José Leça Leça,	Sem medo	TCM50	7	2:51:34.54	6,29	1:02:50
89	2238	José Manuel Silva,	BRAGA RUNNERS	TCM40	42	2:51:56.99	6,28	1:03:12
90	2250	Karen Dayana Pico Ariza,	Castro Trail team	TCSF	7	2:52:09.28	6,27	1:03:24
91	2252	Jorge emilio Basalo da rocha,		TCSM	33	2:52:11.49	6,27	1:03:26
92	2132	Daniel Soares,	Trail Timeout Aventura	TCSM	34	2:52:16.94	6,27	1:03:32
93	2051	Daniel José Gomes Sousa,	Clube trilheiros e amigos	TCSM	35	2:52:26.07	6,26	1:03:41
94	2017	João Paulo Genésio,		TCM50	8	2:53:14.15	6,23	1:04:29
95	2169	Rafael Gutierrez Araujo,	Caminhantes do Condado	TCM50	9	2:53:28.76	6,23	1:04:44
96	2240	Filipe Gonçalves,		TCM40	43	2:53:28.80	6,23	1:04:44
97	2113	Filipe Teles,	Clube Naval de São Vicente	TCSM	36	2:53:37.29	6,22	1:04:52
98	2116	Jorge Pires,	Trail Team Montaria	TCM40	44	2:53:49.70	6,21	1:05:05
99	2055	Nuno Ferreira,		TCSM	37	2:53:57.07	6,21	1:05:12
100	2016	Helder Marques,	Caldas S. Jorge Sport Clube	TCSM	38	2:54:05.41	6,20	1:05:20
101	2103	José Santos Silva,		TCM40	45	2:54:18.22	6,20	1:05:33
102	2094	Nuno Vaz Lopes,	CMC CARAPAUS	TCS23	1	2:54:54.20	6,17	1:06:09
103	2078	Filipe Gonçalves,	Fão	TCM40	46	2:54:56.06	6,17	1:06:11
104	2008	Paulo Bastos,		TCM40	47	2:55:09.14	6,17	1:06:24
105	2188	Pedro Coelho,		TCSM	39	2:55:55.58	6,14	1:07:11
106	2102	Rui Almeida,	Team Shark	TCM50	10	2:55:58.07	6,14	1:07:13
107	2224	ANDRÉ MOREIRA,	TOG - Trinca Orelhas de Gato	TCSM	40	2:56:50.07	6,11	1:08:05
108	2249	RAQUEL COSTA,	BRAGA RUNNERS	TCSF	8	2:56:58.73	6,10	1:08:14
109	2028	Nuno Maio,	Salgueiros Running	TCSM	41	2:57:38.52	6,08	1:08:54
110	2214	Luis Ribeiro,		TCM40	48	2:57:39.16	6,08	1:08:54
111	2056	Marcos Cabaleiro Bouzon,		TCM40	49	2:57:46.61	6,08	1:09:02
112	2019	Deborah Pehn,		TCSF	9	3:00:19.51	5,99	1:11:35
113	2076	Joaquim Fernandes Pinheir Sem medo		TCM50	11	3:00:34.48	5,98	1:11:49
114	2035	Manuel Rocha,	Braga	TCM40	50	3:00:47.52	5,97	1:12:03
115	2065	LUZ STELLA MARTINE.BOX001 OURENSE RUN MANIAK		TCM40	51	3:00:50.57	5,97	1:12:06
116	2217	Carlos Dias,		TCM40	52	3:01:48.51	5,94	1:13:04
117	2243	Roberto Martins,	Melgaço Alvarinho Trail Team	TCSM	42	3:01:50.21	5,94	1:13:05
118	2161	SERGIO PEREIRA,	ALIANÇA GANDRA	TCM40	53	3:02:25.59	5,92	1:13:41
119	2149	Filipe Maria,	Porto Sentido Runners	TCSM	43	3:02:33.57	5,92	1:13:49
120	2265	Eduardo Pinto,	Piratas Running Team	TCM40	54	3:02:36.76	5,91	1:13:52
121	2264	Vitor Simão Machado Pedroso,		TCSM	44	3:02:37.22	5,91	1:13:52
122	2267	Bruno Lopes,	Boavista Trail	TCSM	45	3:02:39.65	5,91	1:13:55
123	2164	Monica Babo,	Cantinho da PT	TCSF	10	3:04:27.23	5,86	1:15:42
124	2015	Elisabete Nunes,	Salgueiros Running	TCF40	3	3:04:28.70	5,85	1:15:44
125	2024	Raphael Machado,	TROGLODITAS RUNNERS	TCM40	55	3:04:29.53	5,85	1:15:45
126	2085	Daniel Vieira,	Nova Linha Trail Runners	TCM40	56	3:05:54.60	5,81	1:17:10
127	2254	Marta Cunha,	Minho e Lima Traul	TCSF	11	3:05:58.40	5,81	1:17:13
128	2233	PEDRO DIAS,	TOG - Trinca Orelhas de Gato	TCSM	46	3:06:02.48	5,81	1:17:17
129	2123	Jorge Coelho,	Academia Desportiva de Arcos de Valde	TCM40	57	3:06:12.82	5,80	1:17:28
130	2167	Bruno Miguel Silva,	Cantinho da PT	TCSM	47	3:06:13.06	5,80	1:17:28
131	2000	Catarina Gomes,	TROGLODITAS RUNNERS	TCSF	12	3:06:20.95	5,80	1:17:36
132	2095	ivete Alves,	Melgaço Alvarinho Trail team	TCF40	4	3:07:10.72	5,77	1:18:26
133	2010	Teresa Ourique,	Women Runners Portugal	TCF23	1	3:08:20.42	5,73	1:19:35
134	2122	Célia Meira,	EDV Viana Trail	TCF40	5	3:08:37.13	5,73	1:19:52
135	2133	Isabel Gomes,	Braga Runners	TCF40	6	3:08:53.24	5,72	1:20:08

136	2068	MERCEDES ALVAREZ,	BOX001 OURENSE RUN MANIAK	TCF40	7	3:09:36.75	5,70	1:20:52
137	2070	ALBERTO BLANCO,	BOX001 OURENSE RUN MANIAK	TCM40	58	3:09:37.01	5,70	1:20:52
138	2179	Óscar Martins,	Melgaço Alvarinho Trail Team	TCSM	48	3:10:23.85	5,67	1:21:39
139	2205	Nuno Almeida,		TCSM	49	3:12:13.88	5,62	1:23:29
140	2060	Bruno Leite,	Vila do Conde	TCSM	50	3:12:14.51	5,62	1:23:30
141	2052	Filipe Pereira,		TCM40	59	3:12:15.89	5,62	1:23:31
142	2237	Pedro Fernandes,	Rota do Oural	TCSM	51	3:13:15.70	5,59	1:24:31
143	2112	Antonio Capitão Capitão,	Cave	TCM40	60	3:13:38.62	5,58	1:24:54
144	2117	Tiago Martins,	Trail Team Montaria	TCS23	2	3:14:16.44	5,56	1:25:31
145	2159	Tânia Araújo,	Ribeirail	TCSF	13	3:14:24.06	5,56	1:25:39
146	2053	Jose Luis Villaverde Sanisidro,		TCM40	61	3:14:27.26	5,55	1:25:42
147	2091	Ana Andrade,	No tomorrow	TCF50	1	3:14:39.86	5,55	1:25:55
148	2097	Mário Macedo,	AMVE - Associação Moinho de Vermoi	TCSM	52	3:14:48.92	5,54	1:26:04
149	2099	Paula Carvalho,	AMVE - Associação Moinho de Vermoi	TCF40	8	3:14:51.69	5,54	1:26:07
150	2096	Davide Silva,	Associação Moinho de Vermoi - AMV	TCSM	53	3:14:51.90	5,54	1:26:07
151	2201	Susana Mota,	Braga Runners	TCF40	9	3:15:52.18	5,51	1:27:07
152	2210	Mário Gomes,	Rundiculous	TCSM	54	3:16:10.62	5,51	1:27:26
153	2266	Erwin Paredes,	BOX001 OURENSE RUN MANIAK	TCM40	62	3:16:27.60	5,50	1:27:43
154	2092	Fernando Andrade,	No tomorrow	TCM50	12	3:18:07.55	5,45	1:29:23
155	2147	Rui Silva,	Porto Sentido Runners	TCM40	63	3:19:16.64	5,42	1:30:32
156	2176	Cristiano Fernandes,	GUIMARÃES	TCM40	64	3:19:51.19	5,40	1:31:06
157	2157	Cesar Fernandes,	Individual	TCM40	65	3:19:51.59	5,40	1:31:07
158	2162	Manuel Peixoto,	RORIZAVENTURA	TCM50	13	3:19:54.22	5,40	1:31:09
159	2174	Fábio Afonso,	Trail Team Montaria	TCSM	55	3:20:04.03	5,40	1:31:19
160	2219	Tiago Pinheiro,		TCSM	56	3:21:22.33	5,36	1:32:37
161	2047	Ricardo Moreira,	MSS CONTABILIDADE TRAIL TEAN	TCM40	66	3:21:54.72	5,35	1:33:10
162	2104	Alberto Fernandes,		TCM40	67	3:24:09.74	5,29	1:35:25
163	2234	RAFAEL SILVA,	TOG - Trinca Orelhas de Gato	TCS23	3	3:25:37.25	5,25	1:36:52
164	2246	Carlos Mendes,	Salgueiros Running	TCM50	14	3:25:38.82	5,25	1:36:54
165	2083	Amália Monteiro,	Nova Linha Trail Runners	TCF40	10	3:25:52.02	5,25	1:37:07
166	2204	Ana Silvano,		TCSF	14	3:26:21.51	5,23	1:37:37
167	2195	João Palhares,		TCSM	57	3:27:13.25	5,21	1:38:28
168	2177	Rui Ribeiro,		TCSM	58	3:27:38.44	5,20	1:38:53
169	2029	Nuno Brito,	Salgueiros Running	TCM40	68	3:28:09.56	5,19	1:39:25
170	2202	José António Brito,	Braga Runners	TCM40	69	3:28:10.94	5,19	1:39:26
171	2110	João Costa,	Ribeirail	TCS23	4	3:30:17.35	5,14	1:41:32
172	2125	Carine Reis,	Desnível Positivo	TCF40	11	3:31:00.54	5,12	1:42:16
173	2151	Ana Neto,	Clube Trilheiros & Amigos	TCF40	12	3:31:03.06	5,12	1:42:18
174	2152	Anabela Veloso,		TCSF	15	3:31:13.77	5,11	1:42:29
175	2153	Teresa Veloso,		TCSF	16	3:31:13.87	5,11	1:42:29
176	2253	Maria Santos,	Clube Desportivo da Povoia	TCF40	13	3:31:37.91	5,10	1:42:53
177	2038	Ricardo Costa,		TCSM	59	3:34:47.35	5,03	1:46:02
178	2182	António Miguel Magalhães,	almostrunners	TCM40	70	3:34:47.54	5,03	1:46:03
179	2036	Alcino Tavares,	Gansos	TCM40	71	3:36:51.74	4,98	1:48:07
180	2037	Florinda Carvalho,	Gansos	TCF40	14	3:36:53.11	4,98	1:48:08
181	2108	pedro caldas,	EDV-VIANATRIL	TCM40	72	3:38:20.80	4,95	1:49:36
182	2088	Isa Queirós,		TCSF	17	3:40:50.68	4,89	1:52:06
183	2049	Silvio Ferreira,	Salgueiros Running	TCM40	73	3:40:57.42	4,89	1:52:12
184	2027	Patrícia Maio,	Salgueiros Running	TCSF	18	3:41:00.20	4,89	1:52:15
185	2061	Ana Brito,		TCF40	15	3:43:15.89	4,84	1:54:31
186	2212	Rui Rodrigues,		TCSM	60	3:44:05.39	4,82	1:55:20
187	2067	BELÉN GONZALEZ,	BOX001 OURENSE RUN MANIAK	TCF40	16	3:44:25.77	4,81	1:55:41
188	2003	Rui Silva,	Nocturnos de Paredes	TCM40	74	3:45:51.29	4,78	1:57:06
189	2004	Maria Jesus,	Nocturnos de Paredes	TCF40	17	3:45:54.40	4,78	1:57:09
190	2190	eduardo castro,		TCM40	75	3:46:34.61	4,77	1:57:50
191	2119	Jose Madureira,		TCM50	15	3:46:52.63	4,76	1:58:08
192	2231	ANTONIETA RIBEIRO,	TOG - Trinca Orelhas de Gato	TCSF	19	3:46:57.55	4,76	1:58:13
193	2166	Filipe Lourenço,	MINHO AVENTURA	TCM40	76	3:49:38.81	4,70	2:00:54
194	2050	Nelson Dantas,		TCSM	61	3:50:52.37	4,68	2:02:07
195	2105	Luis Monteiro,	CMC - Carapaus	TCM40	77	3:54:55.93	4,60	2:06:11
196	2041	Carlos Almeida,		TCM50	16	3:56:33.06	4,57	2:07:48
197	2040	Sophie Duarte,		TCSF	20	3:56:35.92	4,56	2:07:51
198	2118	Fátima Barros,		TCF50	2	3:59:54.49	4,50	2:11:09
199	2109	Jorge Cerqueira,		TCSM	62	4:00:02.37	4,50	2:11:17
200	2226	PATRICIA SILVA,	TOG - Trinca Orelhas de Gato	TCSF	21	4:01:44.76	4,47	2:13:00
201	2222	ANA MOREIRA,	TOG - Trinca Orelhas de Gato	TCF40	18	4:01:47.81	4,47	2:13:03
202	2223	RITA MORAIS,	TOG - Trinca Orelhas de Gato	TCSF	22	4:01:48.69	4,47	2:13:04
203	2239	Rui Santos,		TCM50	17	4:02:16.45	4,46	2:13:31
204	2260	José Vaz,	Trilhos Ocultos	TCM40	78	4:03:29.10	4,44	2:14:44
205	2043	Manuel Paiva,	Paiva Team	TCM50	18	4:05:24.86	4,40	2:16:40
206	2020	Pedro Perpétua,	Gaia	TCM40	79	4:13:41.64	4,26	2:24:57
207	2185	Edna Veloso,	TROGLODITAS RUNNERS	TCSF	23	4:13:43.85	4,26	2:24:59
208	2082	Liliana Pinto,	Nova Linha Trail Runners	TCSF	24	4:16:15.22	4,21	2:27:30
209	2232	PAULO SOARES,	TOG - Trinca Orelhas de Gato	TCSM	63	4:24:03.86	4,09	2:35:19

210	2236	ANTÓNIA MADUREIRA	TOG - Trinca Orelhas de Gato	TCF40	19	4:24:04.93	4,09	2:35:20
211	2137	Lúcia Nunes,	Salgueiros Running	TCF50	3	4:33:31.12	3,95	2:44:46
212	2247	Nilsa Gomes,	Salgueiros Running	TCF50	4	4:33:36.39	3,95	2:44:51
213	2235	VIRGINIA FERREIRA,	TOG - Trinca Orelhas de Gato	TCSF	25	4:50:04.32	3,72	3:01:19
214	2230	KIKA MARTINS,	TOG - Trinca Orelhas de Gato	TCF40	20	4:50:04.56	3,72	3:01:20
215	2225	BRUNA SANTOS,	TOG - Trinca Orelhas de Gato	TCF23	2	4:50:07.40	3,72	3:01:22
216	2228	CARLOS CONDE,	TOG - Trinca Orelhas de Gato	TCF40	21	4:50:23.53	3,72	3:01:39
217	2073	Paula Susana,	Jorsat Runners	TCF40	22	4:51:27.50	3,71	3:02:43
218	2072	Fernando Pinto,	Jorsat Runner	TCM40	80	4:51:28.95	3,71	3:02:44
219	2136	Andreia Vasconcelos,	Salgueiros Running	TCF40	23	4:57:06.72	3,64	3:08:22
220	2032	Angelo Vidal,	Salgueiros Running	TCM40	81	4:57:12.57	3,63	3:08:28
221	2014	Maria Melo,	Salgueiros Running	TCF50	5	5:33:54.15	3,23	3:45:09
222	2030	Bárbara Brito,	Salgueiros Running	TCF40	24	5:33:55.81	3,23	3:45:11
223	2172	Artur Silva,	AfifenseTrail	TCM50	19	6:08:05.77	2,93	4:19:21