



# Soajo Trail 2019



Classificação Geral

Trail longo

28,00 Km.

| Pos. | Dor. | Nome                      | Clube                          | Cat.  | Pos. Cat. | Tempo      | T/Km. | Dif.    |
|------|------|---------------------------|--------------------------------|-------|-----------|------------|-------|---------|
| 1    | 24   | Fico,                     | CASTRO-TRAIL                   | TLM40 | 1         | 2:44:21.12 | 05:52 |         |
| 2    | 22   | Marcos,                   | CASTRO-TRAIL                   | TLSM  | 1         | 2:44:24.25 | 05:52 | 0:00:03 |
| 3    | 29   | Pablo,                    | Boavista Trail                 | TLSM  | 2         | 2:50:45.45 | 06:06 | 0:06:24 |
| 4    | 10   | Telmo Veloso,             | EDV-Viana Trail                | TLM40 | 2         | 2:56:53.92 | 06:19 | 0:12:33 |
| 5    | 6    | Nuno Guimarães,           | Trogloditas Runners            | TLSM  | 3         | 3:05:45.02 | 06:38 | 0:21:24 |
| 6    | 39   | Amândio Antunes,          | Afifense trail                 | TLM40 | 3         | 3:15:13.41 | 06:58 | 0:30:52 |
| 7    | 21   | Fran Pascual,             | CASTRO-TRAIL                   | TLSM  | 4         | 3:17:59.76 | 07:04 | 0:33:39 |
| 8    | 3    | Ricardo Pereira,          | RP studio/trail running school | TLSM  | 5         | 3:24:28.12 | 07:18 | 0:40:07 |
| 9    | 14   | Filipe Alves,             | EDL-TRAIL                      | TLSM  | 6         | 3:27:11.21 | 07:24 | 0:42:50 |
| 10   | 17   | Luís Antunes,             | Runnergados                    | TLSM  | 7         | 3:30:01.65 | 07:30 | 0:45:41 |
| 11   | 33   | Rui Araújo,               | SiM Summit                     | TLSM  | 8         | 3:35:47.53 | 07:42 | 0:51:27 |
| 12   | 20   | David Losada Conde,       | CASTRO-TRAIL                   | TLM40 | 4         | 3:37:15.15 | 07:46 | 0:52:54 |
| 13   | 11   | Miguel Rêgo,              | EcoBarcAventura                | TLM40 | 5         | 3:38:51.52 | 07:49 | 0:54:31 |
| 14   | 19   | Javier Fernández Gómez,   | CASTRO-TRAIL                   | TLSM  | 9         | 3:39:33.78 | 07:50 | 0:55:13 |
| 15   | 30   | Florêncio silva,          | EcoBarcAventura                | TLM40 | 6         | 3:41:52.57 | 07:55 | 0:57:32 |
| 16   | 15   | Fausto Teixeira,          | Lobos do monte                 | TLM40 | 7         | 3:59:40.28 | 08:34 | 1:15:19 |
| 17   | 16   | Miguel pereira,           | Lobos do monte                 | TLM40 | 8         | 3:59:42.18 | 08:34 | 1:15:21 |
| 18   | 35   | Sara Ferreira,            | Águias de alvelos              | TLSF  | 1         | 4:00:08.91 | 08:35 | 1:15:48 |
| 19   | 25   | Moni,                     | Castro-trail                   | TLF40 | 1         | 4:01:16.83 | 08:37 | 1:16:56 |
| 20   | 2    | Valter Guedes,            | Leça do Balio                  | TLM40 | 9         | 4:07:52.35 | 08:51 | 1:23:31 |
| 21   | 4    | Alberto Guimaraes,        | BeAPT                          | TLM40 | 10        | 4:07:53.10 | 08:51 | 1:23:32 |
| 22   | 27   | Dorinda Sousa,            | Trogloditas Runners            | TLSF  | 2         | 4:11:13.14 | 08:58 | 1:26:52 |
| 23   | 12   | Miguel Cruz,              |                                | TLSM  | 10        | 4:11:14.00 | 08:58 | 1:26:53 |
| 24   | 34   | Rui Guimarães,            |                                | TLM40 | 11        | 4:13:31.33 | 09:03 | 1:29:10 |
| 25   | 28   | Manuel Pereira,           | EcoBarcAventura                | TLM50 | 1         | 4:15:27.72 | 09:07 | 1:31:07 |
| 26   | 1    | Sara soares,              | Leça do Balio                  | TLSF  | 3         | 4:19:58.82 | 09:17 | 1:35:38 |
| 27   | 1156 | Paulo Vilaverde,          | EDV-Viana Trail                | TLM40 | 12        | 4:25:13.04 | 09:28 | 1:40:52 |
| 28   | 18   | Carlos Soares,            | Olímpico Vianense              | TLM50 | 2         | 4:25:29.83 | 09:29 | 1:41:09 |
| 29   | 1096 | Marta Veloso,             | Trogloditas Runners            | TLF40 | 2         | 4:26:05.22 | 09:30 | 1:41:44 |
| 30   | 13   | VT-Girls,                 | EDV-Viana Trail                | TLF40 | 3         | 4:33:55.44 | 09:47 | 1:49:34 |
| 31   | 32   | ana Miranda,              | PONTE DE LIMA                  | TLF40 | 4         | 4:33:57.41 | 09:47 | 1:49:36 |
| 32   | 26   | Maurício Sousa,           | EcoBarcAventura                | TLSM  | 11        | 5:04:01.99 | 10:51 | 2:19:41 |
| 33   | 8    | Luisa Mota,               |                                | TLSF  | 4         | 5:05:08.03 | 10:54 | 2:20:47 |
| 34   | 9    | Nuno Almeida,             |                                | TLSM  | 12        | 5:05:08.84 | 10:54 | 2:20:48 |
| 35   | 5    | Solange Sousa,            | Individual                     | TLSF  | 5         | 5:29:09.30 | 11:45 | 2:44:48 |
| 36   | 40   | Sandra Arribança,         |                                | TLF40 | 5         | 5:48:07.00 | 12:26 | 3:03:46 |
| 37   | 37   | Maria Fátima Silva Pinto, |                                | TLF40 | 6         | 5:48:08.57 | 12:26 | 3:03:48 |
| 38   | 38   | Vitor Hugo Rocha,         |                                | TLSM  | 13        | 5:48:09.97 | 12:26 | 3:03:49 |