

32KM - STAGE 1

32 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	8.8°C	100%
End	13:50	8.8°C	100%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	201	Rúben Veloso	Academia Desportiva de Arcos de Valdevez	02:25:34		04:33	
2	217	Gonalo Cruz	Individual	02:41:04	+15:30	05:02	
3	239	Fernando carvalho	Nos Acreditamos	02:50:03	+24:29	05:19	
4	243	Valdemar Cardoso	Vertical Navis	02:55:56	+30:22	05:30	
5	238	Jos� pinto	Nos Acreditamos	02:59:13	+33:39	05:36	
6	240	Francisco lemos	Nos Acreditamos	03:02:18	+36:44	05:42	
7	210	Alfredo Fraga	ARRASTASSOLAS	03:05:35	+40:01	05:48	
8	248	Lic�nio Mac�rio	Individual	03:21:31	+55:57	06:18	
9	227	Tiago Pereira	Individual	03:23:50	+58:16	06:22	
10	223	Gabriela Pereira	Individual	03:24:14	+58:40	06:23	
11	214	David Samuel Teixeira Carvalho	Individual	03:29:28	+01:03:54	06:33	
12	202	Paula Costa	Academia Desportiva de Arcos de Valdevez	03:29:49	+01:04:15	06:33	
13	247	Gustavo Taveira	Individual	03:30:00	+01:04:26	06:34	
14	218	Hugo	Individual	03:33:08	+01:07:34	06:40	
15	242	Carlos Cardoso	Soure Mov	03:36:22	+01:10:48	06:46	
16	219	Jorge Costa	Individual	03:38:07	+01:12:33	06:49	
17	244	Maria Augusta Ros�rio Silva R. Marinho	Viana Running	03:41:10	+01:15:36	06:55	
18	236	Helder Gomes	KeMedo Team	03:41:31	+01:15:57	06:55	
19	211	Francisco Fonseca	D�R�MI	03:41:43	+01:16:09	06:56	
20	224	Agostinho Queiros	Individual	03:44:52	+01:19:18	07:02	
21	206	Luis Ribeiro	ARRASTASSOLAS	03:46:38	+01:21:04	07:05	
22	209	Vitor Correia	ARRASTASSOLAS	03:46:42	+01:21:08	07:05	
23	208	Pedro Magalh�es	ARRASTASSOLAS	03:46:43	+01:21:09	07:05	
24	207	Pedro Carvalho	ARRASTASSOLAS	03:46:45	+01:21:11	07:05	
25	215	Filipe Machado	Individual	03:51:30	+01:25:56	07:14	
26	204	Jos� Correia	ARCORUN	03:54:52	+01:29:18	07:20	
27	222	Rui Pimenta	Individual	03:55:26	+01:29:52	07:21	
28	231	Milton	Individual	03:56:00	+01:30:26	07:22	
29	232	Ricardo Silva	Individual	03:56:00	+01:30:26	07:22	
30	205	M�rio Santos	ARRASTASSOLAS	04:05:03	+01:39:29	07:39	
31	23	Ricardo Teixeira	Individual	04:06:33	+01:40:59	07:42	
32	212	DOMINGOS MACHADO	DUMIENSE XALLENGE RUNNERS	04:18:15	+01:52:41	08:04	
33	213	Manuel Pereira	Ecobaraventura	04:20:17	+01:54:43	08:08	
34	233	Rui Jorge Pereira Cancelinha	Individual	04:23:42	+01:58:08	08:14	
35	249	S�rgio Carneiro	Individual	04:26:03	+02:00:29	08:19	
36	234	paulo sergio	Individual	04:26:03	+02:00:29	08:19	
37	237	�scar Martins	Melgao Alvarinho Trail Team	04:33:15	+02:07:41	08:32	
38	221	Rui Marante	Individual	04:48:14	+02:22:40	09:00	
39	6	Joaquim sampaio	DESNIVEL POSITIVO	04:48:30	+02:22:56	09:01	

32KM

32 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	8.8°C	100%
End	13:50	8.8°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

Senior Masculino

1	201	Rúben Veloso	Academia Desportiva de Arcos de Valdevez	Senior Masculino	02:25:34		04:33:34
2	217	Gonçalo Cruz	Individual	Senior Masculino	02:41:04	+15:30	05:02:04
3	238	José pinto	Nos Acreditamos	Senior Masculino	02:59:12	+33:38	05:36:12
4	248	Licínio Macário	Individual	Senior Masculino	03:21:30	+55:56	06:18:30
5	214	David Samuel Teixeira Carvalho	Individual	Senior Masculino	03:29:28	+01:03:53	06:33:28
6	218	Hugo	Individual	Senior Masculino	03:33:08	+01:07:34	06:40:08
7	219	Jorge Costa	Individual	Senior Masculino	03:38:07	+01:12:32	06:49:07
8	215	Filipe Machado	Individual	Senior Masculino	03:51:30	+01:25:56	07:14:30
9	222	Rui Pimenta	Individual	Senior Masculino	03:55:26	+01:29:51	07:21:26
10	205	Mário Santos	ARRASTASSOLAS	Senior Masculino	04:05:03	+01:39:28	07:39:03
11	237	Óscar Martins	Melgaço Alvarinho Trail Team	Senior Masculino	04:33:15	+02:07:40	08:32:15
12	221	Rui Marante	Individual	Senior Masculino	04:48:14	+02:22:40	09:00:14

Sub 23 Masculino

1	227	Tiago Pereira	Individual	Sub 23 Masculino	03:23:49	+58:15	06:22
---	-----	---------------	------------	------------------	----------	--------	-------

Veterana F40

1	223	Gabriela Pereira	Individual	Veterana F40	03:24:13	+58:39	06:23:49
2	202	Paula Costa	Academia Desportiva de Arcos de Valdevez	Veterana F40	03:29:49	+01:04:14	06:33:49
3	244	Maria Augusta Rosário Silva R. Marinho	Viana Running	Veterana F40	03:41:09	+01:15:35	06:55:49

Veterano M40

1	239	Fernando carvalho	Nos Acreditamos	Veterano M40	02:50:02	+24:28	05:19:30
2	243	Valdemar Cardoso	Vertical Navis	Veterano M40	02:55:55	+30:21	05:30:16
3	247	Gustavo Taveira	Individual	Veterano M40	03:30:00	+01:04:25	06:34:25
4	242	Carlos Cardoso	Soure Mov	Veterano M40	03:36:21	+01:10:47	06:46:68
5	236	Helder Gomes	KeMedo Team	Veterano M40	03:41:30	+01:15:56	06:55:26
6	211	Francisco Fonseca	DÓRÉM	Veterano M40	03:41:42	+01:16:08	06:56:50
7	224	Agostinho Queiros	Individual	Veterano M40	03:44:52	+01:19:17	07:02:09
8	206	Luis Ribeiro	ARRASTASSOLAS	Veterano M40	03:46:37	+01:21:03	07:05:40
9	209	Vitor Correia	ARRASTASSOLAS	Veterano M40	03:46:42	+01:21:08	07:05:50
10	208	Pedro Magalhães	ARRASTASSOLAS	Veterano M40	03:46:43	+01:21:09	07:05:51
11	207	Pedro Carvalho	ARRASTASSOLAS	Veterano M40	03:46:45	+01:21:10	07:05:53
12	204	José Correia	ARCORUN	Veterano M40	03:54:51	+01:29:17	07:20:08

Official Timekeeper: Lap2Go	1 / 2	generate 20-Oct-2019 14:39
-----------------------------	-------	----------------------------

32KM

32 KM

[illegible]

OFFICIAL RESULT

[illegible]

13	231	Milton	Individual	Veterano M40	03:55:59	+01:30:25	07:22
14	232	Ricardo Silva	Individual	Veterano M40	03:55:59	+01:30:25	07:22
15	233	Rui Jorge Pereira Cancelinha	Individual	Veterano M40	04:23:41	+01:58:07	08:14

Veterano M50

1	240	Francisco lemos	Nos Acreditamos	Veterano M50	03:02:18	+36:43	05:42
2	210	Alfredo Fraga	ARRASTASSOLAS	Veterano M50	03:05:35	+40:00	05:48
3	23	Ricardo Teixeira	Individual	Veterano M50	04:06:33	+01:40:59	07:42
4	213	Manuel Pereira	Ecobaraventura	Veterano M50	04:20:17	+01:54:42	08:08
5	249	Sérgio Carneiro	Individual	Veterano M50	04:26:03	+02:00:28	08:19
6	234	paulo sergio	Individual	Veterano M50	04:26:03	+02:00:29	08:19

Veterano M60

1	212	DOMINGOS MACHADO	DUMIENSE XALLENGE RUNNERS	Veterano M60	04:18:15	+01:52:41	08:04
2	6	Joaquim sampaio	DESNIVEL POSITIVO	Veterano M60	04:48:30	+02:22:55	09:01