

30K - STAGE 1

30 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	275	Alexander Kluge	individual	Senior Masculino	03:45:23	+01:17:56	07:31
42	239	António Manuel de Araújo Mendes	individual	Veterano M40	03:47:31	+01:20:04	07:35
43	235	Paulo Caldeira	individual	Senior Masculino	03:47:48	+01:20:21	07:36
44	222	Sonia Parente	edv-vianatrail	Veterana F40	03:54:17	+01:26:50	07:49
45	263	Carlos Ribeiro	os tolinhos	Veterano M40	03:56:21	+01:28:54	07:53
46	223	José Silva	fama runners	Veterano M40	03:58:49	+01:31:22	07:58
47	249	MÁRIO JOÃO JESUS CARDOSO	individual	Veterano M50	03:58:50	+01:31:23	07:58
48	233	Fernando Sousa	individual	Senior Masculino	03:59:12	+01:31:45	07:58
49	201	Carlos Rodrigues	akuafit	Veterano M40	04:02:07	+01:34:40	08:04
50	267	Miguel Silva	porto sentido runners	Veterano M40	04:06:55	+01:39:28	08:14
51	245	José Maria Rodrigues	individual	Veterano M40	04:08:58	+01:41:31	08:18
52	221	Francisco Fonseca	dórêmi	Senior Masculino	04:15:01	+01:47:34	08:30
53	254	Paulo reis	lobos do monte btt	Senior Masculino	04:18:22	+01:50:55	08:37
54	255	Dora Dias	no tomorrow running team	Senior Feminino	04:20:52	+01:53:25	08:42
55	256	paula Lopes	no tomorrow running team	Veterana F40	04:20:52	+01:53:25	08:42
56	265	Deolinda Brites Antunes	palmeira runners	Veterana F40	04:21:48	+01:54:21	08:44
57	266	Manuel António Sá da graça	palmeira runners	Veterano M40	04:22:00	+01:54:33	08:44
58	257	Ricardo Oliveira	no tomorrow running team	Veterano M40	04:22:32	+01:55:05	08:45
59	261	Odete oliveira	os tolinhos	Senior Feminino	04:24:50	+01:57:23	08:50
60	264	Nelson Rodrigues	os tolinhos	Veterano M40	04:24:51	+01:57:24	08:50
61	271	Rui Craveiro	spem - em'força	Veterano M40	04:24:53	+01:57:26	08:50
62	262	Helena Jesus Marques	os tolinhos	Veterana F40	04:34:28	+02:07:01	09:09
63	270	Ivo Silva	spartan bear team	Senior Masculino	04:36:56	+02:09:29	09:14
64	237	Silvia Carla Nascimento Pedroso	individual	Veterana F40	04:46:22	+02:18:55	09:33
65	238	Helena Costa	individual	Veterana F50	05:13:14	+02:45:47	10:26
66	259	Isabel Gonçalves	olímpico vianense trail	Veterana F40	05:26:50	+02:59:23	10:54

30K

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OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	14:29	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	269	Mariana Machado	Santa Apolónia	Senior Feminino	03:04:51	+37:24	06:10:15
2	258	Carla Pereira	OLÍMPICO VIANENSE TRAIL	Senior Feminino	03:24:13	+56:46	06:48:59
3	230	Liliana Ribeiro	Individual	Senior Feminino	03:26:40	+59:13	06:53:13
4	255	Dora Dias	NO TOMORROW RUNNING TEAM	Senior Feminino	04:20:52	+01:53:25	08:42:17
5	261	Odete oliveira	Os Tolinhos	Senior Feminino	04:24:50	+01:57:23	08:50:03

Senior Masculino

1	216	Nuno Fernandes	Clube Atletismo Fafe	Senior Masculino	02:27:26		04:55
2	217	NUNO CARNEIRO	Clube Zupper	Senior Masculino	02:32:47	+05:20	05:06
3	220	Luis Filipe Salgado Oliveira	CR Candoso	Senior Masculino	02:55:34	+28:07	05:51
4	226	Nelson Pinto	FigueiróFIT	Senior Masculino	03:14:55	+47:28	06:30
5	227	Ricardo Costa	FigueiróFIT	Senior Masculino	03:14:55	+47:28	06:30
6	228	Rui Orlando Neto	FigueiróFIT	Senior Masculino	03:14:56	+47:29	06:30
7	208	Marco Silva	ASPHALT ASSAULT TEAM	Senior Masculino	03:15:46	+48:19	06:32
8	274	José Fernandes	CAAV/TRAIL	Senior Masculino	03:17:59	+50:32	06:36
9	215	João Vieira Mendes	Clube Atletismo Fafe	Senior Masculino	03:22:43	+55:16	06:45
10	232	Dinis Pereira	Individual	Senior Masculino	03:25:10	+57:43	06:50
11	236	Paulo Sousa	Individual	Senior Masculino	03:27:14	+59:47	06:54
12	231	André Pinto	Individual	Senior Masculino	03:29:36	+01:02:09	06:59
13	210	Nuno Andrade	BioTeam	Senior Masculino	03:33:11	+01:05:44	07:06
14	234	José Padrão	Individual	Senior Masculino	03:42:39	+01:15:12	07:25
15	275	Alexander Kluge	Individual	Senior Masculino	03:45:23	+01:17:56	07:31
16	235	Paulo Caldeira	Individual	Senior Masculino	03:47:48	+01:20:21	07:36
17	233	Fernando Sousa	Individual	Senior Masculino	03:59:12	+01:31:45	07:58
18	221	Francisco Fonseca	DÔRÉMI	Senior Masculino	04:15:01	+01:47:34	08:30
19	254	Paulo reis	Lobos do monte btt	Senior Masculino	04:18:22	+01:50:55	08:37
20	270	Ivo Silva	Spartan Bear Team	Senior Masculino	04:36:56	+02:09:29	09:14

Sub 23 Masculino

1	268	Rui Araújo	Rui Águias de alvelos /D.A.S	Sub 23 Masculino	03:00:33	+33:06	06:01
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Veterana F40

1	273	Maria Augusta Rosário Silva Roleira Marinho	Viana Running	Veterana F40	03:41:36	+01:14:09	07:23:45
2	222	Sonia Parente	EDV-VIANATRIL	Veterana F40	03:54:17	+01:26:50	07:49:15

Official Timekeeper: Lap2Go	1 / 3	generate 07-Oct-2018 15:08
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3	256	paula Lopes	NO TOMORROW RUNNING TEAM	Veterana F40	04:20:52	+01:53:25	08:42
4	265	Deolinda Brites Antunes	Palmeira Runners	Veterana F40	04:21:48	+01:54:21	08:44
5	262	Helena Jesus Marques	Os Tolinhos	Veterana F40	04:34:28	+02:07:01	09:09
6	237	Silvia Carla Nascimento Pedroso	Individual	Veterana F40	04:46:22	+02:18:55	09:33
7	259	Isabel Gonçalves	OLÍMPICO VIANENSE TRAIL	Veterana F40	05:26:50	+02:59:23	10:54

Veterana F50

1	238	Helena Costa	Individual	Veterana F50	05:13:14	+02:45:47	10:26
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Veterano M40

1	276	Amandio Antunes	Individual	Veterano M40	02:48:33	+21:06	05:37
2	218	Paulo Neta	Clube Zupper	Veterano M40	02:56:10	+28:44	05:52
3	214	Eusébio Fernandes	Clube Atletismo Fafe	Veterano M40	02:56:36	+29:09	05:53
4	204	António Ferreira	All About	Veterano M40	03:01:33	+34:06	06:03
5	247	Nuno Cunha	Individual	Veterano M40	03:04:47	+37:20	06:10
6	242	Daniel Cristiano Grenha Fonseca	Individual	Veterano M40	03:08:45	+41:18	06:18
7	244	Hilário Louro	Individual	Veterano M40	03:10:42	+43:15	06:21
8	251	Joao Paulo Costa Oliveira	Juventude Cortegacense	Veterano M40	03:11:59	+44:32	06:24
9	246	Milton Rodrigues	Individual	Veterano M40	03:16:25	+48:58	06:33
10	250	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	03:23:01	+55:34	06:46
11	212	Filipe Alves	Cerveira Team Running	Veterano M40	03:23:32	+56:05	06:47
12	260	António Borges	OLÍMPICO VIANENSE TRAIL	Veterano M40	03:25:49	+58:22	06:52
13	243	Eliseu leite	Individual	Veterano M40	03:28:04	+01:00:37	06:56
14	253	José Pereira	KeMedo Team	Veterano M40	03:32:37	+01:05:10	07:05
15	225	luis oliveira	felgueiras team trail	Veterano M40	03:38:35	+01:11:08	07:17
16	224	Manuel Gomes	FAMA RUNNERS	Veterano M40	03:41:34	+01:14:07	07:23
17	239	António Manuel de Araújo Mendes	Individual	Veterano M40	03:47:31	+01:20:04	07:35
18	263	Carlos Ribeiro	Os Tolinhos	Veterano M40	03:56:21	+01:28:54	07:53
19	223	José Silva	FAMA RUNNERS	Veterano M40	03:58:49	+01:31:22	07:58
20	201	Carlos Rodrigues	Akuafit	Veterano M40	04:02:07	+01:34:40	08:04
21	267	Miguel Silva	PORTO SENTIDO RUNNERS	Veterano M40	04:06:55	+01:39:28	08:14
22	245	José Maria Rodrigues	Individual	Veterano M40	04:08:58	+01:41:31	08:18
23	266	Manuel Antônio Sá da graça	Palmeira Runners	Veterano M40	04:22:00	+01:54:33	08:44
24	257	Ricardo Oliveira	NO TOMORROW RUNNING TEAM	Veterano M40	04:22:32	+01:55:05	08:45
25	264	Nelson Rodrigues	Os Tolinhos	Veterano M40	04:24:51	+01:57:24	08:50
26	271	Rui Craveiro	SPEM - EMFORÇA	Veterano M40	04:24:53	+01:57:26	08:50

Veterano M50

1	252	Ernesto Alves	Juventude Cortegacense	Veterano M50	02:52:12	+24:45	05:44
2	206	J.Carlos Cardoso	ARCA BarceloS runners	Veterano M50	03:24:37	+57:11	06:49
3	213	Antonino Gonçalves	Cerveira Team Running	Veterano M50	03:38:52	+01:11:25	07:18

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4	205	Firmino Silva	ARCA BarceloS runners	Veterano M50	03:45:05	+01:17:38	07:30
5	249	MÁRIO JOÃO JESUS CARDOSO	Individual	Veterano M50	03:58:50	+01:31:23	07:58

Veterano M60

1	207	Manuel Segundo	ARCORUN	Veterano M60	03:22:01	+54:34	06:44
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