

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	08:30	11,6°C	87%
End	14:58	13°C	63%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2042	Nelson Davide Pimenta da Graça	team goldnutrition run.pt	Senior Masculino	02:10:16		05:40
2	1437	Márcio Filipe Simões Pereira	escola de atletismo de coimbra	Senior Masculino	02:27:36	+17:20	06:25
3	1137	José Inácio Lima	experienciar/barceltecnica/sportsonfire	Senior Masculino	02:30:17	+20:01	06:32
4	2062	João Miguel Plácido	união fci de tomar	Senior Masculino	02:30:27	+20:10	06:32
5	2060	TIAGO GASPAR	trilhos dos templarios acr santa cita	Senior Masculino	02:32:20	+22:04	06:37
6	1103	Armindo Antunes	coimbra trail running	Veterano M40	02:35:00	+24:43	06:44
7	2113	Cristina Ponte	individual	Veterana F40	02:35:00	+24:43	06:44
8	1456	Nelson Nunes	individual	Senior Masculino	02:35:48	+25:31	06:46
9	1468	Nuno Oliveira	individual	Senior Masculino	02:37:15	+26:58	06:50
10	1066	Pedro alves	befitness runners	Senior Masculino	02:37:28	+27:11	06:51
11	1341	Filipe Dias	individual	Senior Masculino	02:37:51	+27:35	06:52
12	1515	Rodrigo Joel Simões Silva	individual	Senior Masculino	02:38:05	+27:48	06:52
13	1312	Cristiano Almeida	individual	Senior Masculino	02:38:36	+28:20	06:54
14	1339	Filipe Costa	individual	Senior Masculino	02:39:04	+28:48	06:55
15	1910	Felix Nielsen	relax, we are the good guys	Senior Masculino	02:39:11	+28:55	06:55
16	1712	Nuno Neves	individual	Veterano M40	02:41:05	+30:49	07:00
17	1724	Pedro Dias	individual	Veterano M40	02:41:11	+30:54	07:00
18	1621	Bruno Dias	individual	Veterano M40	02:41:21	+31:05	07:01
19	1546	Vitor Oliveira	individual	Senior Masculino	02:41:47	+31:30	07:02
20	1649	Jaime Fernandes	individual	Veterano M40	02:41:49	+31:33	07:02
21	1004	Luis Miranda	a.e.r. góis trail running	Senior Masculino	02:42:07	+31:50	07:03
22	1481	Pawel Rodak	individual	Senior Masculino	02:42:32	+32:15	07:04
23	1543	Valério da Rasteiro Cunha	individual	Senior Masculino	02:43:00	+32:43	07:05
24	1760	Teixeira José	individual	Veterano M40	02:43:10	+32:54	07:06
25	1206	Ana Correia	individual	Senior Feminino	02:43:44	+33:27	07:07
26	1152	Tiago David Henriques Silva	flamingos	Senior Masculino	02:44:25	+34:09	07:09
27	1018	Mário Figueiras	acm trail&running	Veterano M40	02:48:19	+38:03	07:19
28	1281	Allan Apolónio	individual	Senior Masculino	02:48:19	+38:03	07:19
29	1159	Rui Rebocho	furões do alentejo	Senior Masculino	02:48:19	+38:03	07:19
30	1409	José Alberto Oliva Biscaia	individual	Senior Masculino	02:48:20	+38:03	07:19
31	1680	Luis Miguel Carvalho	individual	Veterano M40	02:48:22	+38:05	07:19
32	1542	umberto morelli	individual	Senior Masculino	02:48:39	+38:23	07:20
33	1652	João Barbado	individual	Veterano M40	02:48:39	+38:23	07:20
34	1451	Miguel Domingues Mendes	individual	Senior Masculino	02:49:19	+39:03	07:22
35	1917	Daniel Silva	ròodinhas-santos silva/oxygen-gym and fitness	Senior Masculino	02:49:25	+39:09	07:22
36	1541	TIAGO PÊGO	individual	Senior Masculino	02:50:20	+40:04	07:24
37	1446	Mário Francisco Malheiro	individual	Senior Masculino	02:51:25	+41:09	07:27
38	2033	Marco Vieira	tá-len-tos	Veterano M40	02:51:37	+41:21	07:28
39	1655	João Pedro Gameiro	individual	Veterano M40	02:54:09	+43:53	07:34
40	1091	José Ángel Carro	club maraton badajoz	Veterano M40	02:54:13	+43:56	07:34
41	1007	José Carlos Abrantes	absant runners	Veterano M40	02:55:05	+44:49	07:37

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1310	Cláudio José Gomes Franco	individual	Senior Masculino	02:55:39	+45:22	07:38
43	1653	João Carlos Traguedo Alfenim	individual	Veterano M40	02:55:43	+45:27	07:38
44	1726	Pedro Machado	individual	Veterano M40	02:55:59	+45:42	07:39
45	1025	Pedro Vieira	alpha fitness	Veterano M40	02:56:36	+46:20	07:41
46	1299	Bruno Pires	individual	Senior Masculino	02:56:39	+46:23	07:41
47	1759	Tamás Polauf Dr.	individual	Veterano M40	02:57:35	+47:18	07:43
48	1767	Artur Paiva Ferreira	individual	Veterano M50	02:58:02	+47:45	07:44
49	1526	Samuel Cabanas	individual	Senior Masculino	02:58:03	+47:47	07:45
50	1372	Ismael Larios Campanon	individual	Senior Masculino	02:59:02	+48:45	07:47
51	1903	Adriano campos	pocariça runners	Veterano M40	02:59:35	+49:19	07:49
52	1873	José João	os galgos	Veterano M50	03:00:01	+49:45	07:50
53	1801	Carlos Ferreira	individual	Veterano M60	03:00:02	+49:46	07:50
54	1869	André Monteiro	os galgos	Senior Masculino	03:00:02	+49:46	07:50
55	1313	Cristóvão Estrada Gomes	individual	Senior Masculino	03:00:03	+49:47	07:50
56	1439	Marco Alexandre Lopes Fernandes	individual	Senior Masculino	03:00:06	+49:50	07:50
57	2114	Susana de Jesus Soares	lebre e tartarugas	Veterana F40	03:00:30	+50:13	07:51
58	1661	Joaquim Velhinho Dias	individual	Veterano M40	03:01:23	+51:06	07:53
59	1679	Luis Mealha	individual	Veterano M40	03:01:23	+51:07	07:53
60	1538	Tiago Freitas	individual	Senior Masculino	03:01:35	+51:18	07:54
61	1735	Pedro Tavares	individual	Veterano M40	03:01:51	+51:35	07:54
62	2057	Pedro Jorge Oliveira Brandão	toka a correr associação	Veterano M40	03:02:29	+52:13	07:56
63	1742	Ricardo Pedro dos Reis	individual	Veterano M40	03:03:00	+52:44	07:57
64	1673	Laurent REMMY	individual	Veterano M40	03:03:09	+52:52	07:58
65	1533	Slavisa Tomic	individual	Senior Masculino	03:03:40	+53:23	07:59
66	2106	Francesco Della Puppa	individual	Senior Masculino	03:04:06	+53:49	08:00
67	1744	Rui Alberto Pereira	individual	Veterano M40	03:04:16	+54:00	08:01
68	1788	Jose Bento Morais	individual	Veterano M50	03:04:23	+54:07	08:01
69	2001	Leonardo José Rodrigues Araújo	slow runners pombal	Senior Masculino	03:04:44	+54:28	08:02
70	2030	Miguel Costa Lopes	tá-len-tos	Senior Masculino	03:04:54	+54:38	08:02
71	1505	Ricardo Carragosela	individual	Senior Masculino	03:05:14	+54:57	08:03
72	1721	Pedro Alexandre da Costa Antunes	individual	Veterano M40	03:05:18	+55:01	08:03
73	1935	Pedro Manso	run@figueira	Senior Masculino	03:05:18	+55:02	08:03
74	1654	João Filipe Margal Pereira Bernardino Mota	individual	Veterano M40	03:05:18	+55:02	08:03
75	1938	Pedro Oliveira	run@figueira	Veterano M40	03:05:19	+55:02	08:03
76	1012	João Ferreira	acm trail&running	Senior Masculino	03:05:45	+55:29	08:05
77	1009	Ana Vintém	ac portalegre / utsm	Senior Feminino	03:05:45	+55:29	08:05
78	1161	António Antas	furões do alentejo	Veterano M50	03:06:05	+55:49	08:05
79	1469	Nuno Pimpão	individual	Senior Masculino	03:06:06	+55:50	08:06
80	1021	João Carlos Rodrigues Miranda	aer gois trail running	Senior Masculino	03:06:26	+56:09	08:06
81	1285	André Riscado	individual	Senior Masculino	03:06:29	+56:12	08:06
82	1287	António Conveniente	individual	Senior Masculino	03:08:24	+58:08	08:12
83	1319	David leite	individual	Senior Masculino	03:08:38	+58:22	08:12
84	1656	João Rosinha	individual	Veterano M40	03:08:43	+58:27	08:12
85	1200	João Moro	hpe club	Veterano M50	03:08:51	+58:34	08:13
86	1968	Bruno Brito	running academy - o2 life center	Veterano M40	03:08:53	+58:36	08:13

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	1442	Marco Borges	individual	Senior Masculino	03:08:55	+58:39	08:13
88	1044	Rui Lobo	associação cultural sambrassense	Veterano M50	03:08:58	+58:41	08:13
89	1047	Filomena Sabino	atr - algarve trail running	Veterana F40	03:08:58	+58:41	08:13
90	1757	Rui soveral	individual	Veterano M40	03:09:14	+58:57	08:14
91	2096	Vitor Mota	slow runners pombal	Veterano M40	03:09:15	+58:58	08:14
92	1509	Ricardo Gonçalves	individual	Senior Masculino	03:09:19	+59:03	08:14
93	1181	Homero Manuel Fernandes Sousa Lourenço	grupo desportivo ribeirinhos	Veterano M40	03:09:23	+59:06	08:14
94	1371	Ignacio Paco Ferreira	individual	Senior Masculino	03:10:12	+59:56	08:16
95	1150	Kira Groen	family groen	Senior Feminino	03:10:12	+59:56	08:16
96	1499	Pedro Pimpão	individual	Senior Masculino	03:10:14	+59:58	08:16
97	1081	Eduardo Cabrita	ccd tranquilidade	Veterano M40	03:10:34	+01:00:18	08:17
98	1151	Andre Groen	family groen	Veterano M50	03:10:39	+01:00:22	08:17
99	2073	Bruno Manuel Mendes	vendasnovas trail	Senior Masculino	03:10:59	+01:00:42	08:18
100	1001	CARLOS RODRIGUES	100noção	Veterano M40	03:11:00	+01:00:44	08:18
101	1523	Rui Pedro Gonçalves Craveiro	individual	Senior Masculino	03:12:00	+01:01:43	08:21
102	2108	Cristiano Santos	individual	Senior Masculino	03:12:02	+01:01:46	08:21
103	1318	Daniel Velhinho Campaniço	individual	Senior Masculino	03:13:19	+01:03:02	08:24
104	1011	Diogo Flamino	acm trail&running	Senior Masculino	03:13:19	+01:03:02	08:24
105	2032	José Rosa	tá-len-tos	Veterano M40	03:13:39	+01:03:22	08:25
106	1307	Carlos Noronha	individual	Senior Masculino	03:13:48	+01:03:31	08:26
107	1094	Ricardo Capelo	clube cimpor	Senior Masculino	03:15:17	+01:05:01	08:29
108	1879	Helder Valadas	os perigosos	Senior Masculino	03:15:18	+01:05:01	08:29
109	1189	Pedro Amaral	here for beer	Veterano M50	03:15:48	+01:05:31	08:31
110	1570	Isabel Brandão Jerónimo	individual	Veterana F40	03:15:49	+01:05:32	08:31
111	1670	Jose Manuel Fale	individual	Veterano M40	03:15:50	+01:05:34	08:31
112	1637	Filipe Vicente Eusébio	individual	Veterano M40	03:15:50	+01:05:34	08:31
113	2112	Vitor Gameiro	individual	Veterano M50	03:15:51	+01:05:35	08:31
114	1359	Helder Domingos	individual	Senior Masculino	03:15:55	+01:05:39	08:31
115	1070	Pedro Graça	breakaway	Senior Masculino	03:16:10	+01:05:53	08:32
116	1516	Rodrigo SPÍNOLA Correia	individual	Senior Masculino	03:16:49	+01:06:32	08:33
117	1024	Nuno Martinho	alpha fitness	Veterano M40	03:17:06	+01:06:50	08:34
118	1395	João Pedro Correia da Silva	individual	Senior Masculino	03:17:14	+01:06:58	08:35
119	1816	Marco Rasteiro	kianka	Senior Masculino	03:17:36	+01:07:19	08:35
120	1405	Jorge Martins	individual	Senior Masculino	03:17:58	+01:07:41	08:36
121	1681	Luis Miguel Gomes Martins	individual	Veterano M40	03:18:13	+01:07:56	08:37
122	1658	João Silva	individual	Veterano M40	03:18:14	+01:07:58	08:37
123	1473	Patrick Pires	individual	Senior Masculino	03:18:23	+01:08:06	08:38
124	1709	Nuno Manuel de Oliveira Simões	individual	Veterano M40	03:18:23	+01:08:07	08:38
125	1901	João Pedro Ferreira Fernandes	plus one	Senior Masculino	03:18:28	+01:08:12	08:38
126	1417	Jose Manuel Cardenas Garcia	individual	Senior Masculino	03:18:29	+01:08:12	08:38
127	1279	Alexandre Herculano Rios Pereira	individual	Senior Masculino	03:19:34	+01:09:17	08:41
128	1972	Marco Escadas	salamandrecos	Senior Masculino	03:19:49	+01:09:33	08:41
129	2082	Paulo Alexandre Carrasquinho Cabrita	we runners	Senior Masculino	03:19:55	+01:09:38	08:42
130	1937	Daniel Mendes	run@figueira	Veterano M40	03:20:02	+01:09:46	08:42
131	1177	Arlete Rego	go runners!	Senior Feminino	03:20:27	+01:10:10	08:43

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	2067	João bartolomeu romão cornacho	up&go	Senior Masculino	03:20:28	+01:10:11	08:43
133	1725	Pedro Fontoura	individual	Veterano M40	03:20:33	+01:10:16	08:43
134	1293	Bruno Daniel Cerejo Dionisio	individual	Senior Masculino	03:20:51	+01:10:35	08:44
135	2053	Rodrigo Miguel dos Santos Tavares	toka a correr associação	Senior Masculino	03:20:54	+01:10:38	08:44
136	1743	Roberto Caneira	individual	Veterano M40	03:21:02	+01:10:45	08:44
137	1314	DANIEL ALBERTO MARTIN VICENTE	individual	Senior Masculino	03:21:15	+01:10:59	08:45
138	1692	Marcelino Batista	individual	Veterano M40	03:21:20	+01:11:03	08:45
139	1512	Ricardo Pereira	individual	Senior Masculino	03:21:24	+01:11:07	08:45
140	1997	Neuza Catarina Ferreira Gomes	slow runners pombal	Senior Feminino	03:21:24	+01:11:07	08:45
141	1685	Luís Paulo Ferreira de Almeida Carlos	individual	Veterano M40	03:21:24	+01:11:08	08:45
142	1377	João Bajouco	individual	Senior Masculino	03:21:24	+01:11:08	08:45
143	1665	Jorge Rocha	individual	Veterano M40	03:21:30	+01:11:14	08:46
144	1532	Sérgio Manuel Oliveira Nunes	individual	Senior Masculino	03:21:32	+01:11:15	08:46
145	1086	Mário Mouraz	climber	Senior Masculino	03:21:45	+01:11:29	08:46
146	2031	Tiago Camilo	tá-len-tos	Senior Masculino	03:21:56	+01:11:40	08:47
147	1474	Paulo Aleixo	individual	Senior Masculino	03:22:07	+01:11:51	08:47
148	1178	Fulvio Duarte	go runners!	Senior Masculino	03:22:13	+01:11:56	08:48
149	1423	Leonardo Semedo Coelho	individual	Senior Masculino	03:22:52	+01:12:36	08:49
150	1852	Carla Correia	não fazemos nem mais um...km	Senior Feminino	03:22:57	+01:12:41	08:49
151	1331	Fabio Emanuel Ramos Cotovio	individual	Senior Masculino	03:22:58	+01:12:41	08:49
152	1320	Diogo Correia	individual	Senior Masculino	03:23:00	+01:12:43	08:50
153	2070	Rui filipe de matos soares	up&go	Senior Masculino	03:23:00	+01:12:44	08:50
154	1529	Sérgio Feliciano	individual	Senior Masculino	03:23:01	+01:12:44	08:50
155	1260	Raquel Sofia de Freitas Andrade	individual	Senior Feminino	03:23:02	+01:12:45	08:50
156	1296	Bruno José Silva Moura	individual	Senior Masculino	03:23:02	+01:12:45	08:50
157	1813	Nuno Filipe Baltazar	juventude vidigalense	Veterano M40	03:23:05	+01:12:49	08:50
158	1435	Luís Simão	individual	Senior Masculino	03:23:15	+01:12:58	08:50
159	1737	Pedro Vigário	individual	Veterano M40	03:23:15	+01:12:59	08:50
160	1609	Acácio Santos	individual	Veterano M40	03:23:16	+01:12:59	08:50
161	1394	João Pedro Alves Pascoal	individual	Senior Masculino	03:23:17	+01:13:00	08:50
162	2064	Carlos Manuel Dias dos Santos	união futebol comércio indústria tomar	Veterano M50	03:23:29	+01:13:12	08:51
163	1139	carlos freixo	experienciar/barceltecnica/sportsonfire	Veterano M40	03:23:29	+01:13:13	08:51
164	1795	Rui Januário Paulo	individual	Veterano M50	03:23:32	+01:13:16	08:51
165	1254	Patricia Caldas	individual	Senior Feminino	03:23:34	+01:13:18	08:51
166	1354	Gonçalo Fernandes	individual	Senior Masculino	03:24:00	+01:13:44	08:52
167	2117	Andrew Howard	individual	Senior Masculino	03:24:23	+01:14:06	08:53
168	1941	João Ferreira	run4eat	Veterano M40	03:24:25	+01:14:09	08:53
169	1880	Marco Caseiro	os perigosos	Senior Masculino	03:24:25	+01:14:09	08:53
170	1399	João Soares Antunes Sabino Costa	individual	Senior Masculino	03:24:34	+01:14:17	08:54
171	1955	Luciano Silva	runners da frente ribeirinha da póvoa de santa iria	Senior Masculino	03:24:35	+01:14:19	08:54
172	1455	Nelson Miguel Pinto	individual	Senior Masculino	03:24:46	+01:14:30	08:54
173	1510	Ricardo Gonçalves	individual	Senior Masculino	03:24:49	+01:14:32	08:54
174	1453	Miguel Gonçalves	individual	Senior Masculino	03:24:49	+01:14:32	08:54
175	1449	Miguel Ângelo Reis Diamantino	individual	Senior Masculino	03:24:49	+01:14:33	08:54

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	2050	Jorge Carapeta	team slugs	Senior Masculino	03:24:56	+01:14:40	08:55
177	1238	Lídia Calado	individual	Senior Feminino	03:24:57	+01:14:40	08:55
178	1865	Carlos Pinto Coelho	o mundo da corrida	Veterano M50	03:24:58	+01:14:42	08:55
179	1728	Pedro Martinho	individual	Veterano M40	03:25:07	+01:14:50	08:55
180	1962	Mário Rui Marques de Seabra	runners da frente ribeirinha da póvoa de santa iria	Veterano M40	03:25:11	+01:14:54	08:55
181	1628	carlos portela	individual	Veterano M40	03:25:40	+01:15:23	08:57
182	1333	Fernando Aires	individual	Senior Masculino	03:26:04	+01:15:48	08:58
183	1101	jose frazao	clube naval sesimbra	Veterano M40	03:26:31	+01:16:15	08:59
184	1836	Pedro Neves	melro runners	Senior Masculino	03:26:33	+01:16:17	08:59
185	1699	mirko bruno martin	individual	Veterano M40	03:26:50	+01:16:33	09:00
186	2065	carlos jorge da silva estrada amaro	up&go	Senior Masculino	03:27:21	+01:17:05	09:01
187	1124	filipe caldeira	deita fumo	Senior Masculino	03:27:25	+01:17:08	09:01
188	1074	Vasco Armes	carapaus de corrida	Veterano M40	03:27:26	+01:17:10	09:01
189	1993	Paulo Romão	sinescrosstraining	Senior Masculino	03:27:27	+01:17:11	09:01
190	1626	Carlos Filipe da Silva Ludovino	individual	Veterano M40	03:27:29	+01:17:12	09:01
191	1006	MARTA ABRANTES DOS SANTOS	absant runners	Senior Feminino	03:27:29	+01:17:12	09:01
192	1164	Liliana Caçoete	gazelasrunningfigueira	Senior Feminino	03:27:58	+01:17:42	09:03
193	1165	Paulo Batista	gazelasrunningfigueira	Veterano M40	03:27:58	+01:17:42	09:03
194	1016	Manuel Teodósio	acm trail&running	Senior Masculino	03:28:45	+01:18:28	09:05
195	2068	João pedro casadinho gomes romeiras	up&go	Senior Masculino	03:28:58	+01:18:41	09:05
196	1762	Vitor José Lopes Godinho	individual	Veterano M40	03:29:00	+01:18:43	09:05
197	1720	Paulo Vieira	individual	Veterano M40	03:29:02	+01:18:45	09:05
198	1727	Pedro Manuel Fernandes Ribeiro	individual	Veterano M40	03:29:02	+01:18:46	09:05
199	1824	Jorge Manuel Santos Henriques	lourival btrail	Senior Masculino	03:29:07	+01:18:50	09:06
200	1855	Paulo Dias	nel - pétatleta	Senior Masculino	03:29:07	+01:18:51	09:06
201	1489	Pedro José Neves marques	individual	Senior Masculino	03:29:08	+01:18:51	09:06
202	1013	Mário Pinto	acm trail&running	Senior Masculino	03:29:08	+01:18:51	09:06
203	1834	Nuno Carrasco	mau maus	Veterano M40	03:29:10	+01:18:54	09:06
204	1900	João Pedro Batista	plus one	Senior Masculino	03:29:12	+01:18:56	09:06
205	1349	Francisco Seoane Condeço Bento	individual	Senior Masculino	03:29:13	+01:18:56	09:06
206	1502	Renato Jorge Alves Veiga	individual	Senior Masculino	03:29:19	+01:19:03	09:06
207	1833	Hugo Ribeiro	mau maus	Veterano M40	03:29:28	+01:19:11	09:06
208	1420	José Miguel Campos	individual	Senior Masculino	03:29:28	+01:19:11	09:06
209	1266	Silvia Rute Pereira de Oliveira	individual	Senior Feminino	03:29:34	+01:19:17	09:07
210	1357	Gonçalo Pinto	individual	Senior Masculino	03:29:35	+01:19:19	09:07
211	1780	João Cabrito	individual	Veterano M50	03:29:37	+01:19:21	09:07
212	1158	David Pequito	furões do alentejo	Senior Masculino	03:30:07	+01:19:51	09:08
213	1160	Vítor Amaro	furões do alentejo	Senior Masculino	03:30:08	+01:19:51	09:08
214	1300	Bruno Proenca	individual	Senior Masculino	03:30:17	+01:20:01	09:09
215	2048	Marco Noé	team rainha santa isabel/tarsibus	Senior Masculino	03:30:23	+01:20:07	09:09
216	1751	Rui Gonçalves	individual	Veterano M40	03:30:38	+01:20:22	09:10
217	1634	fernando jorge reis	individual	Veterano M40	03:30:39	+01:20:22	09:10
218	1005	Alexandre Evaristo Lopes	a20km	Senior Masculino	03:30:55	+01:20:38	09:10
219	2005	Gina Domingues	slow runners pombal	Veterana F40	03:30:59	+01:20:42	09:10
220	1085	João Mouraz Costa	climber	Senior Masculino	03:31:00	+01:20:44	09:10

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	1288	Armando Cardoso	individual	Senior Masculino	03:31:02	+01:20:45	09:11
222	1748	Rui Botão	individual	Veterano M40	03:31:08	+01:20:51	09:11
223	1740	Ricardo Botão	individual	Veterano M40	03:31:08	+01:20:51	09:11
224	1501	Pedro Vasconcelos	individual	Senior Masculino	03:31:32	+01:21:15	09:12
225	1059	Luis Miguel Marques Froes	bando dos 4	Senior Masculino	03:31:47	+01:21:31	09:13
226	1695	Miguel Ângelo Maganete Silva	individual	Veterano M40	03:31:48	+01:21:31	09:13
227	1527	samuel Sebastiao	individual	Senior Masculino	03:31:54	+01:21:38	09:13
228	1373	Israel Dias	individual	Senior Masculino	03:32:03	+01:21:46	09:13
229	1433	Luis Neto	individual	Senior Masculino	03:33:52	+01:23:35	09:18
230	1368	Hugo Velhinho	individual	Senior Masculino	03:33:57	+01:23:40	09:18
231	1756	Rui Pereira	individual	Veterano M40	03:34:06	+01:23:49	09:19
232	1106	Marcos Ratola	conta gotas	Senior Masculino	03:34:10	+01:23:53	09:19
233	1969	Pedro Pinguinha	running academy - o2 life center	Veterano M40	03:34:25	+01:24:08	09:19
234	2104	Carlos Sequeira	running academy - o2 life center	Veterano M40	03:34:32	+01:24:16	09:20
235	1671	José Miguel Calisto Silva Ferreira	individual	Veterano M40	03:34:35	+01:24:18	09:20
236	1015	Júlia Alves	acm trail&running	Veterana F40	03:34:37	+01:24:20	09:20
237	1918	Sara Pedro	ròdinhas-santos silva/oxygen-gym and fitness	Veterana F50	03:34:41	+01:24:25	09:20
238	1796	Rui Susano Mateus	individual	Veterano M50	03:34:41	+01:24:25	09:20
239	2069	João pedro coelho café marques	up&go	Senior Masculino	03:34:44	+01:24:28	09:20
240	1622	Bruno José Almeida Pereira	individual	Veterano M40	03:34:48	+01:24:32	09:20
241	1352	Gabriel Rosa	individual	Senior Masculino	03:34:50	+01:24:33	09:20
242	1143	Filipe Garranas	falcões selvagens	Senior Masculino	03:34:50	+01:24:34	09:20
243	1898	Helder Faia	pinheiro manso runners	Veterano M40	03:34:55	+01:24:38	09:21
244	1986	Sílvia Cristina Pinto Almeida	sem deixar rasto	Senior Feminino	03:35:00	+01:24:44	09:21
245	2097	Meik Schutz	os reumáticos	Veterano M40	03:35:12	+01:24:55	09:21
246	1457	Nuno Caldeira	individual	Senior Masculino	03:35:12	+01:24:56	09:21
247	1927	Nuno Miguel Pereira Sousa	run buddy run	Veterano M40	03:35:16	+01:25:00	09:22
248	2024	Henrique Amador	ss cgd	Veterano M40	03:35:25	+01:25:08	09:22
249	2023	Fernando Lima	ss cgd	Veterano M40	03:35:25	+01:25:09	09:22
250	1441	Marco António Francisco Carvalho	individual	Senior Masculino	03:35:30	+01:25:13	09:22
251	1696	Miguel Correia Veludo	individual	Veterano M40	03:35:37	+01:25:21	09:23
252	1351	Frederico Pinto	individual	Senior Masculino	03:35:43	+01:25:26	09:23
253	2026	Pedro Vasco da Costa Almeida	ss cgd	Veterano M40	03:35:48	+01:25:31	09:23
254	1130	Luis Dimas	derretebanha	Veterano M50	03:35:50	+01:25:33	09:23
255	1915	Rita Rosa	rf runners	Senior Feminino	03:35:56	+01:25:40	09:23
256	1718	Paulo Melo Rodrigues	individual	Veterano M40	03:36:16	+01:25:59	09:24
257	2016	Leonel Adérito Fernandes de São José	sport clube alfragide	Veterano M40	03:36:34	+01:26:18	09:25
258	1382	João Filipe Ribeiro da Silva Ferreira	individual	Senior Masculino	03:37:32	+01:27:16	09:28
259	1396	João Pedro Fernandes Rocha Catarino	individual	Senior Masculino	03:38:04	+01:27:47	09:29
260	1381	João Filipe Martinho Morgado	individual	Senior Masculino	03:38:06	+01:27:49	09:29
261	1458	Nuno Cunha	individual	Senior Masculino	03:38:10	+01:27:53	09:29
262	1719	Paulo Oliveira	individual	Veterano M40	03:38:32	+01:28:16	09:30
263	1514	Roberto Filipe Domingos da Silva Pereira	individual	Senior Masculino	03:38:36	+01:28:19	09:30

23 KM

OFFICIAL RESULT

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REVISED

Official Timekeeper: Lap2Go	7 / 21	generate 01-jun-2016 18:29
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23 KM

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REVISED

Official Timekeeper: Lap2Go	8 / 21	generate 01-jun-2016 18:29
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TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	1306	Carlos Miguel da Silva Correia Tavares Singéis	individual	Senior Masculino	03:50:02	+01:39:46	10:00
354	2049	Ricardo Catarino	team rainha santa isabel/tarsibus	Senior Masculino	03:50:02	+01:39:46	10:00
355	1659	Joaquim Cardoso	individual	Veterano M40	03:50:02	+01:39:46	10:00
356	1761	Tiago Correia	individual	Veterano M40	03:50:03	+01:39:46	10:00
357	1713	Nuno Nunes	individual	Veterano M40	03:50:06	+01:39:50	10:00
358	1427	Luis Cruz	individual	Senior Masculino	03:50:07	+01:39:51	10:00
359	1056	Sara Alexandre Rodrigues	b2w	Senior Feminino	03:50:09	+01:39:52	10:00
360	1057	Eduardo Miguel Antunes Filipe	b2w	Senior Masculino	03:50:09	+01:39:53	10:00
361	1144	Hugo Santos	falcões selvagens	Senior Masculino	03:50:10	+01:39:53	10:00
362	1328	Emanuel Andrade Pimentel	individual	Senior Masculino	03:50:12	+01:39:55	10:01
363	1113	Susana Freitas	correr lisboa	Senior Feminino	03:50:20	+01:40:03	10:01
364	1701	Nelson Santos	individual	Veterano M40	03:50:24	+01:40:08	10:01
365	1528	serafim fernando oliveira monteiro	individual	Senior Masculino	03:50:40	+01:40:23	10:02
366	1703	Nuno Arigó Sousa Rocha	individual	Veterano M40	03:50:40	+01:40:24	10:02
367	2107	Iacopo Scarpano	individual	Senior Masculino	03:50:46	+01:40:29	10:02
368	1166	Mário Pinto	gct	Senior Masculino	03:50:57	+01:40:41	10:03
369	1240	Márcia Maria silva Guia Cantanhede	individual	Senior Feminino	03:50:59	+01:40:43	10:03
370	1779	João Anjos	individual	Veterano M50	03:51:03	+01:40:47	10:03
371	1402	Joel Fernando de Lima Gonçalves Da Silva	individual	Senior Masculino	03:51:04	+01:40:47	10:03
372	2105	Mario Lopes	individual	Veterano M40	03:51:04	+01:40:47	10:03
373	1149	Rui Miguel	fama runners	Senior Masculino	03:51:09	+01:40:52	10:03
374	1157	Miguel Cracel	from the north	Senior Masculino	03:51:17	+01:41:01	10:03
375	1963	Vitor Manuel Vaz Pereira	runners da frente ribeirinha da póvoa de santa iria	Veterano M40	03:52:27	+01:42:11	10:06
376	1882	catalina	ossobook trail team	Senior Feminino	03:52:27	+01:42:11	10:06
377	1490	Pedro Lopes	individual	Senior Masculino	03:52:28	+01:42:12	10:06
378	1872	Jorge Martinho	os galgos	Veterano M40	03:52:35	+01:42:18	10:07
379	1167	Sérgio Cruz	gct	Senior Masculino	03:52:36	+01:42:19	10:07
380	1045	Alexandra Vanstalle	atr - algarve trail running	Senior Feminino	03:52:36	+01:42:20	10:07
381	1472	Osvaldo Albuquerque	individual	Senior Masculino	03:52:37	+01:42:20	10:07
382	2041	Pedro serra	tartarugas solidárias	Senior Masculino	03:52:38	+01:42:22	10:07
383	2040	Patricia Silva	tartarugas solidárias	Senior Feminino	03:52:38	+01:42:22	10:07
384	2029	Severino Rosa	ss cgd	Veterano M60	03:52:39	+01:42:22	10:07
385	1188	Rodolfo Oliveira	happy runners	Senior Masculino	03:52:39	+01:42:22	10:07
386	1170	Nuno Duarte	gdct unice	Veterano M40	03:52:44	+01:42:27	10:07
387	1043	Alexandre Luz	associação cultural sambrassense	Veterano M40	03:52:45	+01:42:28	10:07
388	1274	Susana Moreira	individual	Senior Feminino	03:52:50	+01:42:33	10:07
389	1229	Isabel Conceição	individual	Senior Feminino	03:52:52	+01:42:36	10:08
390	1153	Daniel Viana	flexiassembly	Senior Masculino	03:52:55	+01:42:39	10:08
391	1374	ivo renato martinho pereira ferreira	individual	Senior Masculino	03:52:56	+01:42:39	10:08
392	1330	fabio bruno martinho pereira ferreira	individual	Senior Masculino	03:52:58	+01:42:42	10:08
393	1398	João Saraiva	individual	Senior Masculino	03:53:04	+01:42:47	10:08
394	1980	Daniel domingos	sapatilhas&petiscos	Senior Masculino	03:53:16	+01:42:59	10:09
395	1123	claudio mendes	deita fumo	Senior Masculino	03:53:19	+01:43:02	10:09

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
396	1221	Cláudia Lopes	individual	Senior Feminino	03:53:26	+01:43:09	10:09
397	1332	Fábio Pocinho Silva	individual	Senior Masculino	03:53:26	+01:43:10	10:09
398	1355	Gonçalo Filipe Caetano Guiomar	individual	Senior Masculino	03:54:23	+01:44:06	10:11
399	1857	Vitor Manuel Henriques Pereira Santos	nel - pédatleta	Veterano M50	03:54:25	+01:44:09	10:12
400	1715	Nuno Reis Peres Ventura	individual	Veterano M40	03:54:32	+01:44:16	10:12
401	1321	Diogo Filipe Carvalho	individual	Senior Masculino	03:54:33	+01:44:17	10:12
402	1615	Alvaro Miranda	individual	Veterano M40	03:54:36	+01:44:19	10:12
403	1535	Tiago Cruz	individual	Senior Masculino	03:54:37	+01:44:21	10:12
404	1734	Pedro Santos	individual	Veterano M40	03:54:38	+01:44:21	10:12
405	1978	Alejandro Suñé	salta-montes	Senior Masculino	03:54:59	+01:44:42	10:13
406	1397	João Pedro Ribeiro	individual	Senior Masculino	03:55:02	+01:44:45	10:13
407	1209	Ana Raquel Ramires	individual	Senior Feminino	03:55:08	+01:44:52	10:13
408	2025	Paulo Bailão	ss cgd	Veterano M40	03:55:11	+01:44:55	10:14
409	1344	Filipe Machado	individual	Senior Masculino	03:55:12	+01:44:55	10:14
410	1808	Natalya Marcheva	jobrinde - montes saloios	Veterana F50	03:55:12	+01:44:56	10:14
411	1389	Joao Manuel Dantas de Almeida	individual	Senior Masculino	03:55:13	+01:44:56	10:14
412	1201	António Vaz	ic runners	Veterano M40	03:55:18	+01:45:01	10:14
413	1500	Pedro Póvoas	individual	Senior Masculino	03:55:24	+01:45:08	10:14
414	1348	Francisco Ramos	individual	Senior Masculino	03:55:24	+01:45:08	10:14
415	1205	Ana Catarina oliveira da costa	individual	Senior Feminino	03:55:35	+01:45:18	10:15
416	2020	Luisa Landeiro	ss cgd	Veterana F40	03:55:36	+01:45:19	10:15
417	2021	Olga Borges	ss cgd	Veterana F40	03:55:45	+01:45:29	10:15
418	2093	Hugo Miguel Martins Ferreira	individual	Senior Masculino	03:55:48	+01:45:31	10:15
419	1706	Nuno Fidalgo	individual	Veterano M40	03:56:08	+01:45:52	10:16
420	2000	João Pedro Santos Monteiro	slow runners pombal	Senior Masculino	03:56:40	+01:46:23	10:17
421	1445	Marco Tiago Mota Lourenço	individual	Senior Masculino	03:57:02	+01:46:46	10:18
422	1424	Leonel Alegre	individual	Senior Masculino	03:57:26	+01:47:09	10:19
423	1486	Pedro Carvalho	individual	Senior Masculino	03:57:27	+01:47:10	10:19
424	1036	Gonçalo Rocha	arcude trail team	Senior Masculino	03:57:28	+01:47:11	10:19
425	2080	Fabiana Silva	w&m-trail	Senior Feminino	03:57:49	+01:47:33	10:20
426	2081	Bruno Pires	w&m-trail	Senior Masculino	03:57:50	+01:47:33	10:20
427	2079	Bruna Silva	w&m-trail	Senior Feminino	03:57:50	+01:47:33	10:20
428	1283	André Filipe Marques Gomes	individual	Senior Masculino	03:58:21	+01:48:05	10:22
429	1952	Carina Garcia de Almeida	runners da frente ribeirinha da póvoa de santa iria	Senior Feminino	03:58:22	+01:48:05	10:22
430	1222	Cláudia Moura	individual	Senior Feminino	03:58:24	+01:48:07	10:22
431	1777	Gaspar Moura	individual	Veterano M50	03:58:24	+01:48:08	10:22
432	1642	Gonçalo Correia de Sá	individual	Veterano M40	03:58:32	+01:48:16	10:22
433	1308	Carlos Perestrelo Alves Dias	individual	Senior Masculino	03:58:33	+01:48:17	10:22
434	1511	Ricardo Jorge Balau	individual	Senior Masculino	03:58:38	+01:48:22	10:23
435	1361	Henrique Martins	individual	Senior Masculino	03:58:41	+01:48:24	10:23
436	1518	Rúben Santos	individual	Senior Masculino	03:58:51	+01:48:35	10:23
437	1338	Filipe Brandão	individual	Senior Masculino	03:58:52	+01:48:36	10:23
438	1026	Luis Miguel Basilio Potra	alverca urban runners	Senior Masculino	03:58:53	+01:48:37	10:23
439	2038	Rui Brites	tãlentos team	Veterano M40	03:58:55	+01:48:39	10:23
440	1208	Ana Mendes	individual	Senior Feminino	03:59:01	+01:48:45	10:24

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
441	1038	Fausto Carvalho	arsm	Veterano M60	03:59:05	+01:48:48	10:24
442	1769	Carlos Fernando Marques	individual	Veterano M50	03:59:07	+01:48:50	10:24
443	1731	PEDRO NATARIO	individual	Veterano M40	03:59:28	+01:49:11	10:25
444	1429	Luis Filipe Ferreira Mendes	individual	Senior Masculino	03:59:28	+01:49:12	10:25
445	1003	Luis Oliveira Gomes	6 fun 6 run	Senior Masculino	03:59:48	+01:49:31	10:26
446	1002	joao pedro marques	6 fun 6 run	Senior Masculino	03:59:49	+01:49:32	10:26
447	1329	Fábio Batista	individual	Senior Masculino	03:59:49	+01:49:32	10:26
448	1471	odilo gonzalez blanco	individual	Senior Masculino	03:59:54	+01:49:37	10:26
449	1286	Angel Mejias Moreno	individual	Senior Masculino	03:59:54	+01:49:37	10:26
450	2018	Catarina Martins	ss cgd	Veterana F40	03:59:54	+01:49:38	10:26
451	1930	Pedro Manuel Costa Lopes	run buddy run	Veterano M40	03:59:55	+01:49:38	10:26
452	1848	Luis Carvalho	montes runners	Senior Masculino	04:00:04	+01:49:47	10:26
453	1292	Bruno Coutinho Simoes	individual	Senior Masculino	04:00:13	+01:49:57	10:27
454	1099	Tiago Silva	clube de corrida ren	Senior Masculino	04:00:19	+01:50:03	10:27
455	1342	Filipe Henriques	individual	Senior Masculino	04:00:22	+01:50:05	10:27
456	1111	Fernando Negas	cookie trail team	Veterano M40	04:00:24	+01:50:08	10:27
457	1573	joana villas boas	individual	Veterana F40	04:00:24	+01:50:08	10:27
458	2044	Rui Miguel Costa Teixeira	team lanthemil	Veterano M40	04:00:45	+01:50:28	10:28
459	1774	Fernando Agostinho	individual	Veterano M50	04:01:21	+01:51:05	10:30
460	1350	Frederico Costa	individual	Senior Masculino	04:01:22	+01:51:06	10:30
461	2101	Daniela Silva	individual	Senior Feminino	04:01:23	+01:51:07	10:30
462	1082	Luís Moura	cdrfpjbraga - runners	Veterano M40	04:01:30	+01:51:13	10:30
463	1534	Telmo André Costa Pinto	individual	Senior Masculino	04:01:30	+01:51:14	10:30
464	1444	Marco Santos	individual	Senior Masculino	04:01:32	+01:51:16	10:30
465	1487	Pedro Frazão	individual	Senior Masculino	04:01:33	+01:51:16	10:30
466	1854	Dina Gouveia	nel - pédatleta	Senior Feminino	04:01:50	+01:51:33	10:31
467	1856	Paulo Vieira	nel - pédatleta	Veterano M40	04:01:50	+01:51:34	10:31
468	1492	Pedro Manuel Rua Goncalves	individual	Senior Masculino	04:01:58	+01:51:42	10:31
469	1304	CARLOS EMANUEL DO NASCIMENTO GONÇALVES	individual	Senior Masculino	04:02:02	+01:51:46	10:31
470	1714	NUNO PRIMO CARRETAS	individual	Veterano M40	04:02:25	+01:52:09	10:32
471	1403	Johannes Josef Ostermaier	individual	Senior Masculino	04:04:35	+01:54:19	10:38
472	1624	Carlos Alberto Bastos Ribeiro	individual	Veterano M40	04:04:36	+01:54:20	10:38
473	1942	Adriana Alina Majer	runfit	Senior Feminino	04:04:38	+01:54:21	10:38
474	1484	Pedro Belo	individual	Senior Masculino	04:04:48	+01:54:31	10:39
475	1562	Dora Cristina Pedro Simão	individual	Veterana F40	04:04:54	+01:54:37	10:39
476	1647	Henrique Jorge Santos Simão	individual	Veterano M40	04:04:54	+01:54:37	10:39
477	1193	David Gonçalves	hpe club	Veterano M40	04:04:56	+01:54:40	10:39
478	1010	Catarina Brás Ramalho	ac portalegre / utsm	Senior Feminino	04:05:04	+01:54:47	10:39
479	1370	Humberto Simões Antunes	individual	Senior Masculino	04:05:07	+01:54:51	10:39
480	1522	Rui Miguel Pereira Inácio	individual	Senior Masculino	04:05:08	+01:54:51	10:39
481	1587	Olívia Cristina Gaspar	individual	Veterana F40	04:05:32	+01:55:16	10:41
482	1639	Francisco Macheta	individual	Veterano M40	04:05:32	+01:55:16	10:41
483	1979	Eduardo Ferrer Enciso	salta-montes	Senior Masculino	04:05:32	+01:55:16	10:41
484	1248	Marisa Lemos	individual	Senior Feminino	04:05:39	+01:55:22	10:41
485	1770	Carlos Manuel Almeida Henriques	individual	Veterano M50	04:05:40	+01:55:24	10:41

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
486	2084	José Miguel de Mascarenhas Ferreira Rodrigues	you&me, me&you	Veterano M40	04:05:41	+01:55:24	10:41
487	2083	Ilda Maria Gomes Lobo Aguiar	you&me, me&you	Veterana F40	04:05:41	+01:55:25	10:41
488	1664	Jorge Gonçalves	individual	Veterano M40	04:05:42	+01:55:25	10:41
489	1633	fernando fernandes	individual	Veterano M40	04:05:59	+01:55:43	10:42
490	1805	Sónia Margarida Salgueiro Dinis	industrial desportivo vieirense	Senior Feminino	04:06:35	+01:56:18	10:43
491	1096	Maria Goreti Fernandes	clube cimpor	Veterana F50	04:06:36	+01:56:19	10:43
492	2072	Gonçalo Sousa	urban corps family	Senior Masculino	04:06:37	+01:56:20	10:43
493	1554	CARLA CRUZ	individual	Veterana F40	04:06:37	+01:56:21	10:43
494	1100	Maria da Luz Conchinha	clube do stress	Veterana F50	04:06:37	+01:56:21	10:43
495	2059	Ricardo Miguel Medeiros	trail phudidu da stritt	Veterano M40	04:06:39	+01:56:22	10:43
496	1790	Manuel Deus	individual	Veterano M50	04:06:51	+01:56:34	10:44
497	1717	Paulo Jorge Cardoso Gonçalves	individual	Veterano M40	04:06:54	+01:56:38	10:44
498	2063	Pedro Gameiro	união fci de tomar	Senior Masculino	04:06:56	+01:56:40	10:44
499	2061	Ana Grácio	união fci de tomar	Senior Feminino	04:06:56	+01:56:40	10:44
500	1862	João Rogério Caldas Pinto	novos trilhos	Veterano M60	04:07:00	+01:56:44	10:44
501	2008	Vítor José Sousa Monteiro	slow runners pombal	Veterano M50	04:07:02	+01:56:45	10:44
502	2043	José Carlos Araújo	team lantermil	Veterano M40	04:07:13	+01:56:57	10:45
503	1676	Luis Arrais	individual	Veterano M40	04:07:13	+01:56:57	10:45
504	2046	José Clímaco Pereira	team rainha santa isabel/tarsibus	Senior Masculino	04:07:20	+01:57:03	10:45
505	1598	Susana Tom	individual	Veterana F40	04:07:48	+01:57:32	10:46
506	1792	Paulo Lapão	individual	Veterano M50	04:07:48	+01:57:32	10:46
507	1470	Nuno Santos	individual	Senior Masculino	04:07:48	+01:57:32	10:46
508	1027	Paulo Lopes	alverca urban runners	Senior Masculino	04:07:51	+01:57:35	10:47
509	1571	Isabel Santos	individual	Veterana F40	04:07:51	+01:57:35	10:47
510	1583	Maria Magro	individual	Veterana F40	04:07:56	+01:57:39	10:47
511	1785	Jorge Humberto Pereira	individual	Veterano M50	04:07:56	+01:57:40	10:47
512	1595	Silvina Maria Barreto Magno Gameiro	individual	Veterana F40	04:07:58	+01:57:42	10:47
513	1029	Fernando Pedro	alverca urban runners	Veterano M40	04:07:59	+01:57:42	10:47
514	2047	Luis Temudo	team rainha santa isabel/tarsibus	Senior Masculino	04:08:03	+01:57:47	10:47
515	1846	Luís Garcia	monbiketeam - monforte bike team	Senior Masculino	04:08:11	+01:57:54	10:47
516	1227	Inês Barata Nunes	individual	Senior Feminino	04:08:11	+01:57:54	10:47
517	1845	Gonçalo Godinho	monbiketeam - monforte bike team	Senior Masculino	04:08:11	+01:57:54	10:47
518	1763	Vítor Manuel de Almeida Fernandes	individual	Veterano M40	04:08:16	+01:57:59	10:48
519	1682	Luís Miguel Monteiro Pereira Gomes	individual	Veterano M40	04:08:16	+01:58:00	10:48
520	1700	Nelson Rodrigues	individual	Veterano M40	04:08:22	+01:58:05	10:48
521	1235	Joana Jacinto	individual	Senior Feminino	04:08:56	+01:58:39	10:49
522	1430	Luis Guilherme Reis	individual	Senior Masculino	04:09:06	+01:58:49	10:50
523	1309	Carlos Teixeira	individual	Senior Masculino	04:09:07	+01:58:50	10:50
524	1885	Rui Marçal	pace.makers	Veterano M40	04:10:44	+02:00:27	10:54
525	1884	Sónia Marçal	pace.makers	Veterana F40	04:10:44	+02:00:27	10:54
526	1376	João Antunes	individual	Senior Masculino	04:10:44	+02:00:28	10:54
527	1116	Rui Cardoso	correção	Senior Masculino	04:11:12	+02:00:56	10:55
528	1117	Tiago Swart	correção	Senior Masculino	04:11:13	+02:00:56	10:55

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
529	1410	José António Cardoso Gabriel Gomes	individual	Senior Masculino	04:11:45	+02:01:29	10:57
530	1211	Ana Sofia Ribeiro Correia	individual	Senior Feminino	04:11:46	+02:01:30	10:57
531	1249	Marta Alexandra Marques Alves	individual	Senior Feminino	04:11:47	+02:01:31	10:57
532	1690	Manuel Galvão de Melo	individual	Veterano M40	04:11:48	+02:01:31	10:57
533	1008	Pedro Miguel Amorim Rodrigues Ferreira	abutres running team	Veterano M40	04:11:52	+02:01:35	10:57
534	1574	Karina Moura	individual	Veterana F40	04:12:03	+02:01:47	10:58
535	1684	Luis Moura	individual	Veterano M40	04:12:03	+02:01:47	10:58
536	2034	Pedro Nunes	tá-len-tos	Veterano M40	04:12:05	+02:01:49	10:58
537	1771	Carlos Monteiro	individual	Veterano M50	04:12:08	+02:01:52	10:58
538	1257	Patricia Teixeira	individual	Senior Feminino	04:12:11	+02:01:54	10:58
539	1491	Pedro Manuel Branco Pires	individual	Senior Masculino	04:12:11	+02:01:55	10:58
540	1440	Marco Alexandre Lourenço Martins	individual	Senior Masculino	04:12:11	+02:01:55	10:58
541	1588	Paula Falacho	individual	Veterana F40	04:12:13	+02:01:56	10:58
542	1902	Hugo Fernandes	pocariça runners	Senior Masculino	04:12:15	+02:01:58	10:58
543	1607	Maria Gabriel Barroca	individual	Veterana F50	04:12:17	+02:02:01	10:58
544	1765	Antonio Beja	individual	Veterano M50	04:12:18	+02:02:01	10:58
545	1125	Nuno Miguel Domingos	deita fumo	Senior Masculino	04:12:18	+02:02:02	10:58
546	1183	Ricardo Luis	grupo desportivo roche portugal	Senior Masculino	04:12:26	+02:02:10	10:59
547	1185	José Veracruz	grupo desportivo roche portugal	Veterano M40	04:12:27	+02:02:10	10:59
548	1674	LIBÉRIO CARDOSO PIRES	individual	Veterano M40	04:12:28	+02:02:12	10:59
549	1606	Maria Cleonice de Oliveira	individual	Veterana F50	04:12:31	+02:02:15	10:59
550	1954	Silvia Barra	runners da frente ribeirinha da póvoa de santa iria	Senior Feminino	04:12:36	+02:02:20	10:59
551	1776	Francisco Vitor Folgado	individual	Veterano M50	04:12:46	+02:02:30	10:59
552	1550	Ana Maria Folgado	individual	Veterana F40	04:12:46	+02:02:30	10:59
553	1301	Bruno Silva	individual	Senior Masculino	04:12:52	+02:02:35	11:00
554	2014	ana ordem	sn	Veterana F40	04:13:04	+02:02:47	11:00
555	1228	IRENE GONZALEZ CRUZ	individual	Senior Feminino	04:13:04	+02:02:48	11:00
556	1549	AMALIA BEJAR RODRIGUEZ	individual	Veterana F40	04:13:05	+02:02:48	11:00
557	1577	LOURDES MARTA MUÑOZ	individual	Veterana F40	04:13:05	+02:02:48	11:00
558	1648	Hugo Vitorino	individual	Veterano M40	04:13:15	+02:02:58	11:01
559	1028	Pedro Miguel Santos	alverca urban runners	Senior Masculino	04:13:15	+02:02:59	11:01
560	1498	Pedro Nuno Raposo Miranda	individual	Senior Masculino	04:13:17	+02:03:00	11:01
561	1567	Filomena Maria Andrade Santos	individual	Veterana F40	04:13:18	+02:03:01	11:01
562	1839	Pedro Clemente	mf&a and friends	Senior Masculino	04:13:19	+02:03:02	11:01
563	1838	Daniel Lima	mf&a and friends	Senior Masculino	04:13:19	+02:03:02	11:01
564	1416	José Manuel Brás Ramalho	individual	Senior Masculino	04:13:25	+02:03:08	11:01
565	1921	Luis Nico	rota d'ossa	Senior Masculino	04:13:26	+02:03:10	11:01
566	1363	Hugo Daniel Almeida Seabra	individual	Senior Masculino	04:13:26	+02:03:10	11:01
567	1678	LUIS MANUEL G. SANTIAGO	individual	Veterano M40	04:13:26	+02:03:10	11:01
568	1793	Paulo Morao	individual	Veterano M50	04:13:42	+02:03:25	11:02
569	1932	Lara Azambujo	run@figueira	Senior Feminino	04:13:44	+02:03:27	11:02
570	1931	Ana Peças	run@figueira	Senior Feminino	04:13:44	+02:03:27	11:02
571	1934	Luis Cavaleiro	run@figueira	Senior Masculino	04:13:44	+02:03:27	11:02
572	2010	Marcia Ferreira	smiling runners	Veterana F40	04:13:50	+02:03:33	11:02

23 KM

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REVISED

Official Timekeeper: Lap2Go	14 / 21	generate 01-jun-2016 18:29
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23 KM

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REVISED

Official Timekeeper: Lap2Go	15 / 21	generate 01-jun-2016 18:29
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TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
662	1400	João Vitor Amaral Mourato Ferreira	individual	Senior Masculino	04:30:05	+02:19:49	11:45
663	1987	Violeta Santos	sigma runners	Veterana F50	04:30:06	+02:19:49	11:45
664	1988	Emidio Santos	sigma runners	Veterano M50	04:30:06	+02:19:49	11:45
665	1148	Danny Sousa	fama runners	Senior Masculino	04:30:14	+02:19:57	11:45
666	1147	Dani Vieira	fama runners	Senior Masculino	04:30:14	+02:19:58	11:45
667	1095	Fátima Fernandes	clube cimpor	Veterana F50	04:30:16	+02:20:00	11:45
668	1555	Carla Pinto	individual	Veterana F40	04:30:17	+02:20:00	11:45
669	1525	Rui vences	individual	Senior Masculino	04:30:40	+02:20:23	11:44
670	1364	Hugo Delgadinho	individual	Senior Masculino	04:30:40	+02:20:23	11:46
671	1797	VICENTE AGUILAR BERMEJO	individual	Veterano M50	04:30:53	+02:20:36	11:47
672	1079	susana castro	castro marques	Veterana F40	04:31:00	+02:20:43	11:47
673	1078	fernando marques	castro marques	Senior Masculino	04:31:01	+02:20:44	11:47
674	1336	Fernando Miguel Prisal	individual	Senior Masculino	04:31:06	+02:20:50	11:47
675	1268	Sofia de Carvalho Simões	individual	Senior Feminino	04:31:06	+02:20:50	11:47
676	1184	Carla Rebelo	grupo desportivo roche portugal	Veterana F40	04:31:11	+02:20:54	11:47
677	1064	Paulo Sousa	beep - beep	Veterano M50	04:31:23	+02:21:06	11:48
678	1244	Mariana Monteiro	individual	Senior Feminino	04:31:24	+02:21:07	11:48
679	1406	Jorge Moutinho	individual	Senior Masculino	04:31:24	+02:21:08	11:48
680	1971	DIOGO SANTOS	runrun	Senior Masculino	04:31:51	+02:21:34	11:49
681	1970	SILVIA COUTO	runrun	Senior Feminino	04:31:51	+02:21:34	11:49
682	1347	Francisco Hortas Calado Barrento	individual	Senior Masculino	04:31:55	+02:21:39	11:49
683	1289	Bártolo Ferreira	individual	Senior Masculino	04:31:58	+02:21:42	11:50
684	1092	MANUEL MARTIN MANSO	club maraton badajoz	Veterano M50	04:32:00	+02:21:44	11:50
685	1088	CARMEN MOLINA	club maraton badajoz	Veterana F40	04:32:01	+02:21:44	11:50
686	1089	Elena Guzmán	club maraton badajoz	Veterana F50	04:32:01	+02:21:44	11:50
687	1736	Pedro Tomé Santos	individual	Veterano M40	04:32:03	+02:21:47	11:50
688	1093	SÉRGIO ANTUNES	clube anacom	Veterano M40	04:32:04	+02:21:48	11:50
689	1691	Manuel Macedo Nuñez	individual	Veterano M40	04:32:09	+02:21:52	11:50
690	1585	MARIAN FUENTES GONZALEZ	individual	Veterana F40	04:32:09	+02:21:52	11:50
691	1666	Jorge Santos de Jesus	individual	Veterano M40	04:32:51	+02:22:34	11:52
692	1843	Ana Sofia Felicio Bolou dos Santos	miúdas giras	Senior Feminino	04:33:05	+02:22:49	11:52
693	1844	Lígia da Encarnação Simões Guerreiro Fernandes	miúdas giras	Senior Feminino	04:33:05	+02:22:49	11:52
694	1861	Céu Miguel	novos trilhos	Veterana F50	04:33:06	+02:22:50	11:52
695	1162	Miguel Pedro	g&p	Veterano M40	04:33:13	+02:22:57	11:53
696	1392	João Mira	individual	Senior Masculino	04:33:14	+02:22:58	11:53
697	1046	Luis Miguel Saraiva Serra David	atr - algarve trail running	Senior Masculino	04:33:41	+02:23:25	11:54
698	1048	Maria Rodrigues	atr - algarve trail running	Veterana F40	04:33:41	+02:23:25	11:54
699	1582	Maria Jesús Norberto Gamero	individual	Veterana F40	04:33:50	+02:23:34	11:54
700	1548	ALICIA DOLORES RODRÍGUEZ VÁZQUEZ	individual	Veterana F40	04:33:51	+02:23:34	11:54
701	1651	João António Matias Pereira Rodrigues	individual	Veterano M40	04:33:57	+02:23:41	11:55
702	1755	Rui Martins	individual	Veterano M40	04:33:57	+02:23:41	11:55
703	1218	Carolina Maria Dias Gonçalves	individual	Senior Feminino	04:34:00	+02:23:44	11:55
704	1224	Cristele Rodrigues	individual	Senior Feminino	04:34:00	+02:23:44	11:55
705	1754	Rui Martins	individual	Veterano M40	04:34:01	+02:23:44	11:55

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
706	1705	Nuno Ferreira	individual	Veterano M40	04:34:01	+02:23:44	11:55
707	1129	João Fonseca	derretebanha	Veterano M40	04:34:02	+02:23:45	11:55
708	1128	Maria João Regalo	derretebanha	Veterana F40	04:34:02	+02:23:45	11:55
709	1127	Anabela Constante	derretebanha	Veterana F40	04:34:02	+02:23:45	11:55
710	1940	Susete Marques	run4eat	Veterana F40	04:34:04	+02:23:48	11:55
711	1154	Tiago Carreira	flexiassembly	Senior Masculino	04:34:06	+02:23:49	11:55
712	1163	Nuno Gonçalves	g&p	Veterano M40	04:34:07	+02:23:50	11:55
713	1850	Ana Margarida Ribeiro	mov'et	Senior Feminino	04:34:18	+02:24:01	11:56
714	1034	João Brites	aquateam	Veterano M40	04:34:18	+02:24:01	11:56
715	1810	Adélia Pedrosa	jogging lovers coimbra	Senior Feminino	04:34:21	+02:24:04	11:56
716	1636	Filipe Soares dos Reis	individual	Veterano M40	04:34:27	+02:24:10	11:56
717	1640	Frederico Nobre	individual	Veterano M40	04:34:27	+02:24:10	11:56
718	2006	Natália Mendes	slow runners pombal	Veterana F40	04:34:36	+02:24:20	11:56
719	1174	Lucia Almeida	ginasio fit4fun	Senior Feminino	04:34:38	+02:24:21	11:56
720	1175	André Moreira	ginasio fit4fun	Senior Masculino	04:34:38	+02:24:21	11:56
721	1859	Luísa Guerra Santos	novos trilhos	Veterana F40	04:34:38	+02:24:22	11:56
722	1687	Luís Rosa	individual	Veterano M40	04:34:45	+02:24:29	11:57
723	1461	Nuno Martins	individual	Senior Masculino	04:34:46	+02:24:29	11:57
724	1596	Sonia Pereira	individual	Veterana F40	04:35:31	+02:25:14	11:59
725	1572	Isabel Vidinha	individual	Veterana F40	04:35:31	+02:25:14	11:59
726	1239	Liliana Agostinho	individual	Senior Feminino	04:36:01	+02:25:45	12:00
727	1212	Ana Sofia Santos	individual	Senior Feminino	04:36:01	+02:25:45	12:00
728	1443	Marco Marques	individual	Senior Masculino	04:36:05	+02:25:48	12:00
729	1783	João Paulo Casimiro Rato	individual	Veterano M50	04:36:14	+02:25:58	12:01
730	1815	Taciana Rasteiro	kianka	Senior Feminino	04:36:19	+02:26:02	12:01
731	1989	José Tribuna	sigma runners	Veterano M50	04:36:21	+02:26:05	12:01
732	1393	João Paulo Róis	individual	Senior Masculino	04:36:28	+02:26:11	12:01
733	1677	Luís Graça	individual	Veterano M40	04:37:07	+02:26:51	12:03
734	1702	Nuno António de Deus Rosado	individual	Veterano M40	04:37:16	+02:27:00	12:03
735	1863	Isabel Sequeira	o mundo da corrida	Veterana F50	04:37:25	+02:27:08	12:04
736	1232	Isabel Sousa	individual	Senior Feminino	04:37:45	+02:27:28	12:05
737	1694	Martim Franca	individual	Veterano M40	04:37:57	+02:27:41	12:05
738	1194	Fernando Rio Maior	hpe club	Veterano M40	04:37:58	+02:27:41	12:05
739	1540	Tiago Miguel Cavaleiro Rodrigues	individual	Senior Masculino	04:38:10	+02:27:53	12:06
740	1688	Manuel António Rodrigues dos Santos	individual	Veterano M40	04:38:17	+02:28:01	12:06
741	1564	Elisabete Maria dos Santos Pedrosa	individual	Veterana F40	04:38:17	+02:28:01	12:06
742	1196	Flávio Basilio	hpe club	Veterano M40	04:38:51	+02:28:34	12:07
743	1889	Graciano Ferreira	papa km's	Senior Masculino	04:39:21	+02:29:04	12:09
744	1591	Raquel Mendes	individual	Veterana F40	04:39:29	+02:29:12	12:09
745	1119	Marco Silva	cris&marco	Senior Masculino	04:39:41	+02:29:24	12:10
746	1032	David Frija	aquateam	Senior Masculino	04:40:06	+02:29:49	12:11
747	1272	Sónia Capitão-Mor	individual	Senior Feminino	04:41:18	+02:31:01	12:14
748	1262	Rita Gaspar	individual	Senior Feminino	04:41:29	+02:31:12	12:14
749	1450	Miguel de Sá e Reis Bravo	individual	Senior Masculino	04:41:30	+02:31:14	12:14
750	1976	Ana Ortega-Gil	salta-montes	Senior Feminino	04:42:23	+02:32:07	12:17

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
751	1464	Nuno Miguel Duarte Ferreria	individual	Senior Masculino	04:42:27	+02:32:11	12:17
752	1994	Ana Duarte	slow runners pombal	Senior Feminino	04:43:00	+02:32:43	12:18
753	2036	Lúcia Maria Gomes Pereira Nogueira	tãlentos team	Veterana F50	04:43:03	+02:32:47	12:18
754	1255	Patrícia Marques	individual	Senior Feminino	04:43:13	+02:32:56	12:19
755	1378	João Belchiorinho	individual	Senior Masculino	04:43:13	+02:32:57	12:19
756	1253	Niamh Lawless	individual	Senior Feminino	04:43:21	+02:33:04	12:19
757	1126	Luis Simão	derretebanha	Senior Masculino	04:43:23	+02:33:06	12:19
758	1799	Vitor José da Silva Ferreira	individual	Veterano M50	04:43:24	+02:33:07	12:19
759	1346	Francisco Gurriana das Neves Soares	individual	Senior Masculino	04:43:24	+02:33:07	12:19
760	1277	Vanessa Filipa Leite Ramos Cunha	individual	Senior Feminino	04:43:26	+02:33:10	12:19
761	1974	Patricia Monteiro dos Santos	salamandrecos	Veterana F40	04:43:31	+02:33:15	12:20
762	1579	Luísa Pires	individual	Veterana F40	04:43:31	+02:33:15	12:20
763	1711	Nuno Manuel Lopes Csaeiro	individual	Veterano M40	04:44:57	+02:34:41	12:23
764	1864	Maria Puga	o mundo da corrida	Veterana F50	04:45:38	+02:35:21	12:25
765	1961	Antonio Jose Correia Soares	runners da frente ribeirinha da póvoa de santa iria	Veterano M40	04:46:27	+02:36:10	12:27
766	1958	Paula Cristina Silva Catarrinho Soares	runners da frente ribeirinha da póvoa de santa iria	Veterana F40	04:46:27	+02:36:11	12:27
767	2089	Rui Carmo	individual	Veterano M50	04:47:07	+02:36:50	12:29
768	1077	RUI GAMEIRO	casa do pessoal da rtp	Veterano M40	04:47:07	+02:36:50	12:29
769	1097	João Carlos Ferreira	clube cimpor	Veterano M40	04:47:09	+02:36:52	12:29
770	1738	Rafael Figueiredo	individual	Veterano M40	04:48:05	+02:37:49	12:32
771	1053	Hugo Miguel Pereira Lazaro	b(13)x crossfit endurance	Senior Masculino	04:48:58	+02:38:42	12:34
772	1054	Paulo Casimiro	b(13)x crossfit endurance	Veterano M40	04:49:06	+02:38:49	12:34
773	2111	Pedro Caetano	individual	Senior Masculino	04:49:24	+02:39:08	12:35
774	1261	Rita Correia	individual	Senior Feminino	04:50:04	+02:39:48	12:37
775	1236	Joana Silva Elias	individual	Senior Feminino	04:50:05	+02:39:48	12:37
776	1252	Natalina Silva Monteiro	individual	Senior Feminino	04:50:23	+02:40:06	12:38
777	1297	Bruno Manuel Serdeira Monteiro	individual	Senior Masculino	04:50:24	+02:40:07	12:38
778	1506	Ricardo Carvalho Raposo	individual	Senior Masculino	04:50:33	+02:40:16	12:38
779	2098	Virginia Carvalho	os reumáticos	Senior Feminino	04:50:34	+02:40:18	12:38
780	1323	Diogo Rebelo	individual	Senior Masculino	04:50:39	+02:40:23	12:38
781	1245	Mariana Ortigoso	individual	Senior Feminino	04:50:41	+02:40:24	12:38
782	1959	Sara Antunes	runners da frente ribeirinha da póvoa de santa iria	Veterana F40	04:50:41	+02:40:24	12:38
783	1953	Fernanda Cardoso	runners da frente ribeirinha da póvoa de santa iria	Senior Feminino	04:50:59	+02:40:42	12:39
784	1589	Paula Pontinha	individual	Veterana F40	04:50:59	+02:40:42	12:39
785	1614	Alexandre Alves	individual	Veterano M40	04:51:06	+02:40:50	12:39
786	1753	Rui Leão Monteiro	individual	Veterano M40	04:51:06	+02:40:50	12:39
787	1991	Anabela Pinto	silva&pinto	Senior Feminino	04:51:08	+02:40:52	12:40
788	1992	Armando Pinto	silva&pinto	Veterano M40	04:51:08	+02:40:52	12:40
789	1156	Fátima Araújo	from the north	Senior Feminino	04:51:13	+02:40:57	12:40
790	1975	ROMÃO SANTOS	salamandrecos	Veterano M40	04:51:14	+02:40:58	12:40
791	1578	Luisa madeira	individual	Veterana F40	04:51:14	+02:40:58	12:40
792	1905	João Prisal	rail runners	Veterano M40	04:51:14	+02:40:58	12:40

TRAIL 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
793	1672	Jose Miguel Iaibaças	individual	Veterano M40	04:51:15	+02:40:58	12:40
794	2102	Elisa Canário	individual	Senior Feminino	04:51:15	+02:40:58	12:40
795	2007	Paulo Araujo	slow runners pombal	Veterano M40	04:51:19	+02:41:02	12:40
796	1999	Gonçalo Freitas	slow runners pombal	Senior Masculino	04:51:20	+02:41:04	12:40
797	2003	Pedro Pimpão	slow runners pombal	Senior Masculino	04:51:21	+02:41:04	12:40
798	2002	Pedro Moreira	slow runners pombal	Senior Masculino	04:51:22	+02:41:06	12:40
799	1369	Humberto Manuel Caeiro Pestana	individual	Senior Masculino	04:52:55	+02:42:39	12:44
800	1282	Ana Margarida Trindade Pires	individual	Senior Masculino	04:52:56	+02:42:39	12:44
801	1466	Nuno Milheiro	individual	Senior Masculino	04:52:57	+02:42:40	12:44
802	1601	Vanda Murteira	individual	Veterana F40	04:52:58	+02:42:41	12:44
803	1875	Jorge Manuel Antunes Morais	os gordos	Veterano M40	04:53:58	+02:43:42	12:47
804	1874	Ana Cristina Guicho Fernandes	os gordos	Senior Feminino	04:53:58	+02:43:42	12:47
805	1635	Filipe Quintino	individual	Veterano M40	04:54:37	+02:44:21	12:49
806	1584	maria soares	individual	Veterana F40	04:54:38	+02:44:21	12:49
807	1412	José Casimiro	individual	Senior Masculino	04:54:41	+02:44:25	12:49
808	1600	Telma Coelho	individual	Veterana F40	04:54:55	+02:44:39	12:49
809	1565	FATIMA VIDEIRA	individual	Veterana F40	04:55:42	+02:45:25	12:51
810	1207	Ana Cota	individual	Senior Feminino	04:55:49	+02:45:32	12:52
811	1290	Bruno Bonito	individual	Senior Masculino	04:55:53	+02:45:36	12:52
812	1186	Hugo Monteiro	h&s team	Senior Masculino	04:56:10	+02:45:54	12:53
813	1187	Susana Fonseca	h&s team	Veterana F40	04:56:10	+02:45:54	12:53
814	1812	Ana Umbelino	juventude vidigalense	Senior Feminino	04:56:10	+02:45:54	12:53
815	1475	Paulo Andrade	individual	Senior Masculino	04:56:17	+02:46:00	12:53
816	1271	Sofia Teixeira	individual	Senior Feminino	04:56:18	+02:46:01	12:53
817	1247	Marina Marques	individual	Senior Feminino	04:56:18	+02:46:02	12:53
818	1781	Joao Ferreira	individual	Veterano M50	04:56:20	+02:46:03	12:53
819	1179	Cátia Raquel Vanzeler Almeida	grupo desportivo ribeirinhos	Senior Feminino	04:56:24	+02:46:07	12:53
820	1202	Alexandra Sousa	individual	Senior Feminino	04:56:25	+02:46:08	12:53
821	1977	Esperanza Rodriguez-Correa	salta-montes	Senior Feminino	04:56:36	+02:46:19	12:54
822	1031	Lurdes Santos	amigos vale do silêncio	Senior Feminino	04:56:58	+02:46:42	12:55
823	1030	Gabriela Marques	amigos vale do silêncio	Senior Feminino	04:56:59	+02:46:42	12:55
824	1231	Isabel Ramos	individual	Senior Feminino	04:57:32	+02:47:16	12:56
825	1965	Carla Pereira	running academy - o2 life center	Senior Feminino	04:58:16	+02:47:59	12:58
826	1966	Luis Baptista	running academy - o2 life center	Senior Masculino	04:58:16	+02:47:59	12:58
827	1853	Élvio Fernandes Costa	nature high	Senior Masculino	05:00:43	+02:50:26	13:04
828	1561	Claudia Teixeira	individual	Veterana F40	05:01:32	+02:51:16	13:07
829	1892	Ana Ferreira	papa trilhos	Veterana F50	05:01:37	+02:51:20	13:07
830	1893	Vitor Cadão	papa trilhos	Veterano M50	05:01:37	+02:51:21	13:07
831	1213	Andrea Catarina Santos Raposo Ribeiro	individual	Senior Feminino	05:02:04	+02:51:48	13:08
832	1924	hugo passinhas	run 4 eat	Senior Masculino	05:02:25	+02:52:08	13:09
833	1925	heliodoro passinhas	run 4 eat	Veterano M50	05:02:25	+02:52:08	13:09
834	2035	Maria João Almeida Pereira Emídio	tãlentos team	Veterana F40	05:06:28	+02:56:11	13:19
835	1730	Pedro Morais Carneiro	individual	Veterano M40	05:06:44	+02:56:28	13:20
836	1604	Célia Afonso	individual	Veterana F50	05:07:37	+02:57:20	13:22
837	1104	Silvia Nunes	conta gotas	Senior Feminino	05:07:45	+02:57:28	13:23

23 KM

OFFICIAL RESULT

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Official Timekeeper: Lap2Go	20 / 21	generate 01-jun-2016 18:29
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TRAIL 23K - STAGE 1

23 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
881	1062	Isabel Bettencourt	beep - beep	Veterana F60	05:30:32	+03:20:16	14:22
882	1061	Leonor Alves	beep - beep	Veterana F50	05:30:33	+03:20:17	14:22
883	1951	Andrea Marques	runners da frente ribeirinha da póvoa de santa iria	Senior Feminino	05:37:01	+03:26:45	14:39
884	1414	José Filipe Ali-Can	individual	Senior Masculino	05:39:05	+03:28:49	14:45
885	1732	Pedro Pimenta	individual	Veterano M40	05:39:21	+03:29:04	14:45
886	1251	Marta Viola	individual	Senior Feminino	05:39:21	+03:29:04	14:45
887	1746	Rui Belo	individual	Veterano M40	05:39:21	+03:29:04	14:45
888	1386	João Lima	individual	Senior Masculino	05:45:25	+03:35:08	15:01
889	1264	Sandrina da Silva Fernandes	individual	Senior Feminino	05:45:26	+03:35:09	15:01
890	1069	Ricardo Sousa	bota lume	Senior Masculino	05:45:27	+03:35:10	15:01
891	1068	Diana Dinis	bota lume	Senior Feminino	05:45:27	+03:35:10	15:01
892	1192	Sónia Nobre	hpe club	Senior Feminino	05:51:28	+03:41:11	15:17
893	1039	Ana Cristina Leal Rebola	a's de trail	Senior Feminino	05:51:37	+03:41:20	15:17
894	1040	Ana Raquel Ramos Martins	a's de trail	Senior Feminino	05:51:38	+03:41:22	15:17
895	1432	Luís Miguel silva	individual	Senior Masculino	05:51:39	+03:41:22	15:17
896	1041	Andreia Filipa Baptista Diogo	a's de trail	Senior Feminino	05:51:40	+03:41:23	15:17
897	1462	Nuno Miguel Araújo	individual	Senior Masculino	05:51:43	+03:41:27	15:18
898	1741	Ricardo Miguel Marques Branco Grilo	individual	Veterano M40	05:51:56	+03:41:39	15:18
899	1233	Ivone Susete Gonçalves Ferreira	individual	Senior Feminino	05:51:56	+03:41:39	15:18
900	1911	Nuno Rodrigues	renato sanches 80m €	Senior Masculino	05:53:01	+03:42:44	15:21
901	1353	Gleysson Felix	individual	Senior Masculino	05:54:52	+03:44:36	15:26
902	1552	Ana PardaI	individual	Veterana F40	06:00:30	+03:50:14	15:40
903	1230	Isabel Maria de Almeida Teixeira	individual	Senior Feminino	06:07:47	+03:57:30	15:59
904	1819	Anabela Duarte	leitaria	Veterana F50	06:07:47	+03:57:31	15:59
905	1820	Filomena Reis	leitaria	Veterana F50	06:07:47	+03:57:31	15:59
906	1818	Sara Reis	leitaria	Senior Feminino	06:07:47	+03:57:31	15:59
907	1794	Raul das Neves	individual	Veterano M50	06:10:17	+04:00:00	16:06
908	1906	Nídia Maria Oliveira Bento	rancho folclórico do vilar	Senior Feminino	06:17:27	+04:07:10	16:25
909	1909	Pedro Manuel Mateus Bento Oliveira	rancho folclórico do vilar	Veterano M50	06:17:27	+04:07:10	16:25
910	1912	Tomás Oliveira	renato sanches 80m €	Senior Masculino	06:22:20	+04:12:03	16:37
911	1141	Vera Silva	exploradores fabulosos	Senior Feminino	06:25:56	+04:15:40	16:47
912	1140	Sara Silva	exploradores fabulosos	Senior Feminino	06:25:57	+04:15:41	16:47
913	1142	Rui Santos	exploradores fabulosos	Senior Masculino	06:26:00	+04:15:43	16:47

Trail 23K

23 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	08:30	11,6°C	87%
End	14:58	13°C	63%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1206	Ana Correia	Individual	Senior Feminino	02:43:44	07:07
2	1009	Ana Vintém	AC PORTALEGRE / UTSM	Senior Feminino	03:05:46	+22:02 08:05
3	1150	Kira Groen	Family Groen	Senior Feminino	03:10:13	+26:29 08:16
4	1177	Arlete Rego	Go runners!	Senior Feminino	03:20:27	+36:43 08:43
5	1997	Neuza Catarina Ferreira Gomes	Slow Runners Pombal	Senior Feminino	03:21:24	+37:40 08:45
6	1852	Carla Correia	Não Fazemos Nem Mais Um...Km	Senior Feminino	03:22:58	+39:14 08:49
7	1260	Raquel Sofia de Freitas Andrade	Individual	Senior Feminino	03:23:02	+39:18 08:50
8	1254	Patricia Caldas	Individual	Senior Feminino	03:23:35	+39:51 08:51
9	1238	Lídia Calado	Individual	Senior Feminino	03:24:57	+41:13 08:55
10	1006	MARTA ABRANTES DOS SANTOS	ABSANT Runners	Senior Feminino	03:27:29	+43:45 09:01
11	1164	Liliana Caçoete	Gazelasrunningfigueira	Senior Feminino	03:27:59	+44:15 09:03
12	1266	Silvia Rute Pereira de Oliveira	Individual	Senior Feminino	03:29:34	+45:50 09:07
13	1986	Silvia Cristina Pinto Almeida	Sem deixar rasto	Senior Feminino	03:35:01	+51:17 09:21
14	1915	Rita Rosa	RF RUNNERS	Senior Feminino	03:35:57	+52:13 09:23
15	1065	Isabel couto	Befitness Runners	Senior Feminino	03:42:10	+58:26 09:40
16	1051	Patrícia Valentim	B(13)X Crossfit Endurance	Senior Feminino	03:43:56	+01:00:12 09:44
17	1243	Maria Isabel da Silva Fernandes	Individual	Senior Feminino	03:44:40	+01:00:56 09:46
18	1056	Sara Alexandre Rodrigues	B2W	Senior Feminino	03:50:09	+01:06:25 10:00
19	1113	Susana Freitas	CORRER LISBOA	Senior Feminino	03:50:20	+01:06:36 10:01
20	1240	Márcia Maria silva Guia Cantanhede	Individual	Senior Feminino	03:51:00	+01:07:16 10:03
21	1882	catalina	Ossobook trail team	Senior Feminino	03:52:28	+01:08:44 10:06
22	1045	Alexandra Vanstalle	ATR - Algarve Trail Running	Senior Feminino	03:52:37	+01:08:53 10:07
23	2040	Patricia Silva	Tartarugas Solidárias	Senior Feminino	03:52:39	+01:08:55 10:07
24	1274	Susana Moreira	Individual	Senior Feminino	03:52:50	+01:09:06 10:07
25	1229	Isabel Conceição	Individual	Senior Feminino	03:52:53	+01:09:09 10:08
26	1221	Cláudia Lopes	Individual	Senior Feminino	03:53:26	+01:09:42 10:09
27	1209	Ana Raquel Ramires	Individual	Senior Feminino	03:55:09	+01:11:25 10:13
28	1205	Ana Catarina oliveira da costa	Individual	Senior Feminino	03:55:35	+01:11:51 10:15
29	2080	Fabiana Silva	W&M-TRAIL	Senior Feminino	03:57:50	+01:14:06 10:20
30	2079	Bruna Silva	W&M-TRAIL	Senior Feminino	03:57:50	+01:14:06 10:20
31	1952	Carina Garcia de Almeida	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Senior Feminino	03:58:22	+01:14:38 10:22
32	1222	Cláudia Moura	Individual	Senior Feminino	03:58:24	+01:14:40 10:22
33	1208	Ana Mendes	Individual	Senior Feminino	03:59:02	+01:15:18 10:24
34	2101	Daniela Silva	Individual	Senior Feminino	04:01:24	+01:17:40 10:30
35	1854	Dina Gouveia	NEL - Pédatleta	Senior Feminino	04:01:50	+01:18:06 10:31
36	1942	Adriana Alina Majer	Runfit	Senior Feminino	04:04:38	+01:20:54 10:38
37	1010	Catarina Brás Ramalho	AC PORTALEGRE / UTSM	Senior Feminino	04:05:04	+01:21:20 10:39
38	1248	Marisa Lemos	Individual	Senior Feminino	04:05:39	+01:21:55 10:41

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Trail 23K

23 KM

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39	1805	Sónia Margarida Salgueiro Dinis	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Feminino	04:06:35	+01:22:51	10:43
40	2061	Ana Grácio	UNIÃO FCI DE TOMAR	Senior Feminino	04:06:57	+01:23:13	10:44
41	1227	Inês Barata Nunes	Individual	Senior Feminino	04:08:11	+01:24:27	10:47
42	1235	Joana Jacinto	Individual	Senior Feminino	04:08:56	+01:25:12	10:49
43	1211	Ana Sofia Ribeiro Correia	Individual	Senior Feminino	04:11:47	+01:28:03	10:57
44	1249	Marta Alexandra Marques Alves	Individual	Senior Feminino	04:11:48	+01:28:04	10:57
45	1257	Patricia Teixeira	Individual	Senior Feminino	04:12:11	+01:28:27	10:58
46	1954	Silvia Barra	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Senior Feminino	04:12:37	+01:28:53	10:59
47	1228	IRENE GONZALEZ CRUZ	Individual	Senior Feminino	04:13:05	+01:29:21	11:00
48	1932	Lara Azambujo	run@figueira	Senior Feminino	04:13:44	+01:30:00	11:02
49	1931	Ana Peças	run@figueira	Senior Feminino	04:13:44	+01:30:00	11:02
50	1275	Teresa Saiote	Individual	Senior Feminino	04:16:29	+01:32:45	11:09
51	2116	Hélia Machado	Individual	Senior Feminino	04:17:16	+01:33:32	11:11
52	2085	Margarida Pereira	Zangões	Senior Feminino	04:19:43	+01:35:59	11:18
53	1219	Catarina Marques	Individual	Senior Feminino	04:21:43	+01:37:59	11:23
54	1242	Maria Helena Santos Silva	Individual	Senior Feminino	04:22:35	+01:38:51	11:25
55	1182	Sónia Rei	Grupo Desportivo Roche Portugal	Senior Feminino	04:22:52	+01:39:08	11:26
56	1943	Mada Vala	Runfit	Senior Feminino	04:24:17	+01:40:33	11:29
57	1998	Sílvia Domingues	Slow Runners Pombal	Senior Feminino	04:24:52	+01:41:08	11:31
58	1102	Alexandra Soares	Coimbra Trail Running	Senior Feminino	04:25:16	+01:41:32	11:32
59	1223	Claudia Silva	Individual	Senior Feminino	04:25:27	+01:41:43	11:32
60	1887	Sandra Mendes	Papa Km´s	Senior Feminino	04:27:05	+01:43:21	11:37
61	1134	Diana Lino	Ericeira	Senior Feminino	04:27:43	+01:43:59	11:38
62	1173	Carolina Coutinho	Ginasio Fit4Fun	Senior Feminino	04:28:17	+01:44:33	11:40
63	1210	Ana Rute Félix de Sousa	Individual	Senior Feminino	04:28:28	+01:44:44	11:40
64	1268	Sofia de Carvalho Simões	Individual	Senior Feminino	04:31:07	+01:47:23	11:47
65	1244	Mariana Monteiro	Individual	Senior Feminino	04:31:24	+01:47:40	11:48
66	1970	SILVIA COUTO	RunRun	Senior Feminino	04:31:51	+01:48:07	11:49
67	1843	Ana Sofia Felicio Bolou dos Santos	Miúdas Giras	Senior Feminino	04:33:06	+01:49:22	11:52
68	1844	Lígia da Encarnação Simões Guerreiro Fernandes	Miúdas Giras	Senior Feminino	04:33:06	+01:49:22	11:52
69	1218	Carolina Maria Dias Gonçalves	Individual	Senior Feminino	04:34:01	+01:50:17	11:55
70	1224	Cristele Rodrigues	Individual	Senior Feminino	04:34:01	+01:50:17	11:55
71	1850	Ana Margarida Ribeiro	Mov'et	Senior Feminino	04:34:18	+01:50:34	11:56
72	1810	Adélia Pedrosa	Jogging Lovers Coimbra	Senior Feminino	04:34:21	+01:50:37	11:56
73	1174	Lucia Almeida	Ginasio Fit4Fun	Senior Feminino	04:34:38	+01:50:54	11:56
74	1239	Liliana Agostinho	Individual	Senior Feminino	04:36:02	+01:52:18	12:00
75	1212	Ana Sofia Santos	Individual	Senior Feminino	04:36:02	+01:52:18	12:00
76	1815	Taciana Rasteiro	Kianka	Senior Feminino	04:36:19	+01:52:35	12:01
77	1232	Isabel Sousa	Individual	Senior Feminino	04:37:45	+01:54:01	12:05
78	1272	Sónia Capitão-Mor	Individual	Senior Feminino	04:41:18	+01:57:34	12:14
79	1262	Rita Gaspar	Individual	Senior Feminino	04:41:29	+01:57:45	12:14
80	1976	Ana Ortega-Gil	Salta-montes	Senior Feminino	04:42:24	+01:58:40	12:17
81	1994	Ana Duarte	Slow Runners Pombal	Senior Feminino	04:43:00	+01:59:16	12:18
82	1255	Patrícia Marques	Individual	Senior Feminino	04:43:13	+01:59:29	12:19

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23 KM



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83	1253	Niamh Lawless	Individual	Senior Feminino	04:43:21	+01:59:37	12:19
84	1277	Vanessa Filipa Leite Ramos Cunha	Individual	Senior Feminino	04:43:27	+01:59:43	12:19
85	1261	Rita Correia	Individual	Senior Feminino	04:50:05	+02:06:21	12:37
86	1236	Joana Silva Elias	Individual	Senior Feminino	04:50:05	+02:06:21	12:37
87	1252	Natalina Silva Monteiro	Individual	Senior Feminino	04:50:23	+02:06:39	12:38
88	2098	Virginia Carvalho	Os Reumáticos	Senior Feminino	04:50:35	+02:06:51	12:38
89	1245	Mariana Ortigoso	Individual	Senior Feminino	04:50:41	+02:06:57	12:38
90	1953	Fernanda Cardoso	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Senior Feminino	04:50:59	+02:07:15	12:39
91	1991	Anabela Pinto	Silva&Pinto	Senior Feminino	04:51:09	+02:07:25	12:40
92	1156	Fátima Araújo	From the North	Senior Feminino	04:51:14	+02:07:30	12:40
93	2102	Elisa Canário	Individual	Senior Feminino	04:51:15	+02:07:31	12:40
94	1874	Ana Cristina Guicho Fernandes	Os Gordos	Senior Feminino	04:53:59	+02:10:15	12:47
95	1207	Ana Cota	Individual	Senior Feminino	04:55:49	+02:12:05	12:52
96	1812	Ana Umbelino	Juventude Vidigalense	Senior Feminino	04:56:11	+02:12:27	12:53
97	1271	Sofia Teixeira	Individual	Senior Feminino	04:56:18	+02:12:34	12:53
98	1247	Marina Marques	Individual	Senior Feminino	04:56:19	+02:12:35	12:53
99	1179	Cátia Raquel Vanzeler Almeida	Grupo Desportivo Ribeirinhos	Senior Feminino	04:56:24	+02:12:40	12:53
100	1202	Alexandra Sousa	Individual	Senior Feminino	04:56:25	+02:12:41	12:53
101	1977	Esperanza Rodriguez-Correa	Salta-montes	Senior Feminino	04:56:36	+02:12:52	12:54
102	1031	Lurdes Santos	AMIGOS VALE DO SILÊNCIO	Senior Feminino	04:56:59	+02:13:15	12:55
103	1030	Gabriela Marques	AMIGOS VALE DO SILÊNCIO	Senior Feminino	04:56:59	+02:13:15	12:55
104	1231	Isabel Ramos	Individual	Senior Feminino	04:57:33	+02:13:49	12:56
105	1965	Carla Pereira	Running Academy - O2 Life Center	Senior Feminino	04:58:16	+02:14:32	12:58
106	1213	Andrea Catarina Santos Raposo Ribeiro	Individual	Senior Feminino	05:02:05	+02:18:21	13:08
107	1104	Silvia Nunes	Conta Gotas	Senior Feminino	05:07:45	+02:24:01	13:23
108	1273	Sonia Dickmeyer	Individual	Senior Feminino	05:09:05	+02:25:21	13:26
109	1234	Joana Durão Monteiro	Individual	Senior Feminino	05:09:57	+02:26:13	13:29
110	1276	Vanda Lima	Individual	Senior Feminino	05:09:57	+02:26:13	13:29
111	1825	Rita Luz Mano	Luz Mano	Senior Feminino	05:10:47	+02:27:03	13:31
112	1203	Ana Azevedo	Individual	Senior Feminino	05:18:00	+02:34:16	13:50
113	1263	RITA MARIA CAMACHO PIMENTA	Individual	Senior Feminino	05:18:00	+02:34:16	13:50
114	1270	Sofia Grilo	Individual	Senior Feminino	05:22:57	+02:39:13	14:02
115	1269	Sofia Fernandes	Individual	Senior Feminino	05:24:54	+02:41:10	14:08
116	1132	Rita Ferreira	Dragos	Senior Feminino	05:30:20	+02:46:36	14:22
117	1951	Andrea Marques	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Senior Feminino	05:37:02	+02:53:18	14:39
118	1251	Marta Viola	Individual	Senior Feminino	05:39:21	+02:55:37	14:45
119	1264	Sandrina da Silva Fernandes	Individual	Senior Feminino	05:45:26	+03:01:42	15:01
120	1068	Diana Dinis	BOTA LUME	Senior Feminino	05:45:27	+03:01:43	15:01
121	1192	Sónia Nobre	HPE CLUB	Senior Feminino	05:51:28	+03:07:44	15:17
122	1039	Ana Cristina Leal Rebola	A's de trail	Senior Feminino	05:51:37	+03:07:53	15:17
123	1040	Ana Raquel Ramos Martins	A's de trail	Senior Feminino	05:51:39	+03:07:55	15:17
124	1041	Andreia Filipa Baptista Diogo	A's de trail	Senior Feminino	05:51:40	+03:07:56	15:17
125	1233	Ivone Susete Gonçalves Ferreira	Individual	Senior Feminino	05:51:56	+03:08:12	15:18
126	1230	Isabel Maria de Almeida Teixeira	Individual	Senior Feminino	06:07:47	+03:24:03	15:59

Trail 23K

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127	1818	Sara Reis	Leitaria	Senior Feminino	06:07:48	+03:24:04	15:59
128	1906	Nídia Maria Oliveira Bento	Rancho Folclórico do Vilar	Senior Feminino	06:17:27	+03:33:43	16:25
129	1141	Vera Silva	Exploradores fabulosos	Senior Feminino	06:25:57	+03:42:13	16:47
130	1140	Sara Silva	Exploradores fabulosos	Senior Feminino	06:25:58	+03:42:14	16:47

Senior Masculino

1	2042	Nelson Davide Pimenta da Graça	Team GoldNutrition run.PT	Senior Masculino	02:10:17		05:40
2	1437	Márcio Filipe Simões Pereira	ESCOLA DE ATLETISMO DE COIMBRA	Senior Masculino	02:27:37	+17:20	06:25
3	1137	José Inácio Lima	EXPERIENCIAR/BARCELTECNIC A/SPORTSONFIRE	Senior Masculino	02:30:18	+20:01	06:32
4	2062	João Miguel Plácido	UNIÃO FCI DE TOMAR	Senior Masculino	02:30:27	+20:10	06:32
5	2060	TIAGO GASPAR	TRILHOS DOS TEMPLARIOS ACR SANTA CITA	Senior Masculino	02:32:21	+22:04	06:37
6	1456	Nelson Nunes	Individual	Senior Masculino	02:35:48	+25:31	06:46
7	1468	Nuno Oliveira	Individual	Senior Masculino	02:37:15	+26:58	06:50
8	1066	Pedro alves	Befitness Runners	Senior Masculino	02:37:28	+27:11	06:51
9	1341	Filipe Dias	Individual	Senior Masculino	02:37:52	+27:35	06:52
10	1515	Rodrigo Joel Simões Silva	Individual	Senior Masculino	02:38:05	+27:48	06:52
11	1312	Cristiano Almeida	Individual	Senior Masculino	02:38:37	+28:20	06:54
12	1339	Filipe Costa	Individual	Senior Masculino	02:39:05	+28:48	06:55
13	1910	Felix Nielsen	relax, we are the good guys	Senior Masculino	02:39:12	+28:55	06:55
14	1546	Vitor Oliveira	Individual	Senior Masculino	02:41:47	+31:30	07:02
15	1004	Luis Miranda	A.E.R. GÓIS TRAIL RUNNING	Senior Masculino	02:42:07	+31:50	07:03
16	1481	Pawel Rodak	Individual	Senior Masculino	02:42:32	+32:15	07:04
17	1543	Valério da Rasteiro Cunha	Individual	Senior Masculino	02:43:00	+32:43	07:05
18	1152	Tiago David Henriques Silva	Flamingos	Senior Masculino	02:44:26	+34:09	07:09
19	1281	Allan Apolónio	Individual	Senior Masculino	02:48:20	+38:03	07:19
20	1159	Rui Rebocho	Furões do Alentejo	Senior Masculino	02:48:20	+38:03	07:19
21	1409	José Alberto Oliva Biscaia	Individual	Senior Masculino	02:48:20	+38:03	07:19
22	1542	umberto morelli	Individual	Senior Masculino	02:48:40	+38:23	07:20
23	1451	Miguel Domingues Mendes	Individual	Senior Masculino	02:49:20	+39:03	07:22
24	1917	Daniel Silva	RÔÖDINHAS-Santos Silva/OXYGEN-Gym and Fitness	Senior Masculino	02:49:26	+39:09	07:22
25	1541	TIAGO PÊGO	Individual	Senior Masculino	02:50:21	+40:04	07:24
26	1446	Mário Francisco Malheiro	Individual	Senior Masculino	02:51:26	+41:09	07:27
27	1310	Cláudio José Gomes Franco	Individual	Senior Masculino	02:55:39	+45:22	07:38
28	1299	Bruno Pires	Individual	Senior Masculino	02:56:40	+46:23	07:41
29	1526	Samuel Cabanas	Individual	Senior Masculino	02:58:04	+47:47	07:45
30	1372	Ismael Larios Campanon	Individual	Senior Masculino	02:59:02	+48:45	07:47
31	1869	André Monteiro	Os galgos	Senior Masculino	03:00:03	+49:46	07:50
32	1313	Cristóvão Estrada Gomes	Individual	Senior Masculino	03:00:04	+49:47	07:50
33	1439	Marco Alexandre Lopes Fernandes	Individual	Senior Masculino	03:00:07	+49:50	07:50
34	1538	Tiago Freitas	Individual	Senior Masculino	03:01:35	+51:18	07:54
35	1533	Slavisa Tomic	Individual	Senior Masculino	03:03:40	+53:23	07:59
36	2106	Francesco Della Puppa	Individual	Senior Masculino	03:04:06	+53:49	08:00

Trail 23K

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37	2001	Leonardo José Rodrigues Araújo	Slow Runners Pombal	Senior Masculino	03:04:45	+54:28	08:02
38	2030	Miguel Costa Lopes	Tá-len-tos	Senior Masculino	03:04:55	+54:38	08:02
39	1505	Ricardo Carragosela	Individual	Senior Masculino	03:05:14	+54:57	08:03
40	1935	Pedro Manso	run@figueira	Senior Masculino	03:05:19	+55:02	08:03
41	1012	João Ferreira	ACM Trail&Running	Senior Masculino	03:05:46	+55:29	08:05
42	1469	Nuno Pimpão	Individual	Senior Masculino	03:06:07	+55:50	08:06
43	1021	João Carlos Rodrigues Miranda	AER Gois Trail Running	Senior Masculino	03:06:26	+56:09	08:06
44	1285	André Riscado	Individual	Senior Masculino	03:06:29	+56:12	08:06
45	1287	António Conveniente	Individual	Senior Masculino	03:08:25	+58:08	08:12
46	1319	David leite	Individual	Senior Masculino	03:08:39	+58:22	08:12
47	1442	Marco Borges	Individual	Senior Masculino	03:08:56	+58:39	08:13
48	1509	Ricardo Gonçalves	Individual	Senior Masculino	03:09:20	+59:03	08:14
49	1371	Ignacio Paco Ferreira	Individual	Senior Masculino	03:10:13	+59:56	08:16
50	1499	Pedro Pimpão	Individual	Senior Masculino	03:10:15	+59:58	08:16
51	2073	Bruno Manuel Mendes	VendasNovas Trail	Senior Masculino	03:10:59	+01:00:42	08:18
52	1523	Rui Pedro Gonçalves Craveiro	Individual	Senior Masculino	03:12:00	+01:01:43	08:21
53	2108	Cristiano Santos	Individual	Senior Masculino	03:12:03	+01:01:46	08:21
54	1318	Daniel Velhinho Campaniço	Individual	Senior Masculino	03:13:19	+01:03:02	08:24
55	1011	Diogo Flamino	ACM Trail&Running	Senior Masculino	03:13:19	+01:03:02	08:24
56	1307	Carlos Noronha	Individual	Senior Masculino	03:13:48	+01:03:31	08:26
57	1094	Ricardo Capelo	Clube Cimpor	Senior Masculino	03:15:18	+01:05:01	08:29
58	1879	Helder Valadas	os perigosos	Senior Masculino	03:15:18	+01:05:01	08:29
59	1359	Helder Domingos	Individual	Senior Masculino	03:15:56	+01:05:39	08:31
60	1070	Pedro Graça	Breakaway	Senior Masculino	03:16:10	+01:05:53	08:32
61	1516	Rodrigo SPÍNOLA Correia	Individual	Senior Masculino	03:16:49	+01:06:32	08:33
62	1395	João Pedro Correia da Silva	Individual	Senior Masculino	03:17:15	+01:06:58	08:35
63	1816	Marco Rasteiro	Kianka	Senior Masculino	03:17:36	+01:07:19	08:35
64	1405	Jorge Martins	Individual	Senior Masculino	03:17:58	+01:07:41	08:36
65	1473	Patrick Pires	Individual	Senior Masculino	03:18:23	+01:08:06	08:38
66	1901	João Pedro Ferreira Fernandes	Plus One	Senior Masculino	03:18:29	+01:08:12	08:38
67	1417	Jose Manuel Cardenas Garcia	Individual	Senior Masculino	03:18:29	+01:08:12	08:38
68	1279	Alexandre Herculano Rios Pereira	Individual	Senior Masculino	03:19:34	+01:09:17	08:41
69	1972	Marco Escadas	Salamandrecos	Senior Masculino	03:19:50	+01:09:33	08:41
70	2082	Paulo Alexandre Carrasquinho Cabrita	We Runners	Senior Masculino	03:19:55	+01:09:38	08:42
71	2067	João bartolomeu romão cornacho	UP&GO	Senior Masculino	03:20:28	+01:10:11	08:43
72	1293	Bruno Daniel Cerejo Dionisio	Individual	Senior Masculino	03:20:52	+01:10:35	08:44
73	2053	Rodrigo Miguel dos Santos Tavares	TOKA A CORRER ASSOCIAÇÃO	Senior Masculino	03:20:55	+01:10:38	08:44
74	1314	DANIEL ALBERTO MARTIN VICENTE	Individual	Senior Masculino	03:21:16	+01:10:59	08:45
75	1512	Ricardo Pereira	Individual	Senior Masculino	03:21:24	+01:11:07	08:45
76	1377	João Bajouco	Individual	Senior Masculino	03:21:25	+01:11:08	08:45
77	1532	Sérgio Manuel Oliveira Nunes	Individual	Senior Masculino	03:21:32	+01:11:15	08:46
78	1086	Mário Mouraz	Climber	Senior Masculino	03:21:46	+01:11:29	08:46
79	2031	Tiago Camilo	Tá-len-tos	Senior Masculino	03:21:57	+01:11:40	08:47
80	1474	Paulo Aleixo	Individual	Senior Masculino	03:22:08	+01:11:51	08:47
81	1178	Fulvio Duarte	Go runners!	Senior Masculino	03:22:13	+01:11:56	08:48
82	1423	Leonardo Semedo Coelho	Individual	Senior Masculino	03:22:53	+01:12:36	08:49

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83	1331	Fabio Emanuel Ramos Cotovio	Individual	Senior Masculino	03:22:58	+01:12:41	08:49
84	1320	Diogo Correia	Individual	Senior Masculino	03:23:00	+01:12:43	08:50
85	2070	Rui filipe de matos soares	UP&GO	Senior Masculino	03:23:01	+01:12:44	08:50
86	1529	Sérgio Feliciano	Individual	Senior Masculino	03:23:01	+01:12:44	08:50
87	1296	Bruno José Silva Moura	Individual	Senior Masculino	03:23:02	+01:12:45	08:50
88	1435	Luís Simão	Individual	Senior Masculino	03:23:15	+01:12:58	08:50
89	1394	João Pedro Alves Pascoal	Individual	Senior Masculino	03:23:17	+01:13:00	08:50
90	1354	Gonçalo Fernandes	Individual	Senior Masculino	03:24:01	+01:13:44	08:52
91	2117	Andrew Howard	Individual	Senior Masculino	03:24:23	+01:14:06	08:53
92	1880	Marco Caseiro	os perigosos	Senior Masculino	03:24:26	+01:14:09	08:53
93	1399	João Soares Antunes Sabino Costa	Individual	Senior Masculino	03:24:34	+01:14:17	08:54
94	1955	Luciano Silva	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Senior Masculino	03:24:36	+01:14:19	08:54
95	1455	Nelson Miguel Pinto	Individual	Senior Masculino	03:24:47	+01:14:30	08:54
96	1510	Ricardo Gonçalves	Individual	Senior Masculino	03:24:49	+01:14:32	08:54
97	1453	Miguel Gonçalves	Individual	Senior Masculino	03:24:49	+01:14:32	08:54
98	1449	Miguel Ângelo Reis Diamantino	Individual	Senior Masculino	03:24:50	+01:14:33	08:54
99	2050	Jorge Carapeta	Team Slugs	Senior Masculino	03:24:57	+01:14:40	08:55
100	1333	Fernando Aires	Individual	Senior Masculino	03:26:05	+01:15:48	08:58
101	1836	Pedro Neves	Melro Runners	Senior Masculino	03:26:34	+01:16:17	08:59
102	2065	carlos jorge da silva estrada amaro	UP&GO	Senior Masculino	03:27:22	+01:17:05	09:01
103	1124	filipe caldeira	deita fumo	Senior Masculino	03:27:25	+01:17:08	09:01
104	1993	Paulo Romão	SinesCrosstraining	Senior Masculino	03:27:28	+01:17:11	09:01
105	1016	Manuel Teodósio	ACM Trail&Running	Senior Masculino	03:28:45	+01:18:28	09:05
106	2068	João pedro casadinho gomes romeiras	UP&GO	Senior Masculino	03:28:58	+01:18:41	09:05
107	1824	Jorge Manuel Santos Henriques	Lourival BTTrail	Senior Masculino	03:29:07	+01:18:50	09:06
108	1855	Paulo Dias	NEL - Pédatleta	Senior Masculino	03:29:08	+01:18:51	09:06
109	1489	Pedro José Neves marques	Individual	Senior Masculino	03:29:08	+01:18:51	09:06
110	1013	Mário Pinto	ACM Trail&Running	Senior Masculino	03:29:08	+01:18:51	09:06
111	1900	João Pedro Batista	Plus One	Senior Masculino	03:29:13	+01:18:56	09:06
112	1349	Francisco Seoane Condeço Bento	Individual	Senior Masculino	03:29:13	+01:18:56	09:06
113	1502	Renato Jorge Alves Veiga	Individual	Senior Masculino	03:29:20	+01:19:03	09:06
114	1420	José Miguel Campos	Individual	Senior Masculino	03:29:28	+01:19:11	09:06
115	1357	Gonçalo Pinto	Individual	Senior Masculino	03:29:36	+01:19:19	09:07
116	1158	David Pequito	Furões do Alentejo	Senior Masculino	03:30:08	+01:19:51	09:08
117	1160	Vítor Amaro	Furões do Alentejo	Senior Masculino	03:30:08	+01:19:51	09:08
118	1300	Bruno Proenca	Individual	Senior Masculino	03:30:18	+01:20:01	09:09
119	2048	Marco Noé	Team Rainha Santa Isabel/Tarsibus	Senior Masculino	03:30:24	+01:20:07	09:09
120	1005	Alexandre Evaristo Lopes	A20KM	Senior Masculino	03:30:55	+01:20:38	09:10
121	1085	João Mouraz Costa	Climber	Senior Masculino	03:31:01	+01:20:44	09:10
122	1288	Armando Cardoso	Individual	Senior Masculino	03:31:02	+01:20:45	09:11
123	1501	Pedro Vasconcelos	Individual	Senior Masculino	03:31:32	+01:21:15	09:12
124	1059	Luis Miguel Marques Froes	Bando dos 4	Senior Masculino	03:31:48	+01:21:31	09:13
125	1527	samuel Sebastiao	Individual	Senior Masculino	03:31:55	+01:21:38	09:13
126	1373	Israel Dias	Individual	Senior Masculino	03:32:03	+01:21:46	09:13
127	1433	Luis Neto	Individual	Senior Masculino	03:33:52	+01:23:35	09:18
128	1368	Hugo Velhinho	Individual	Senior Masculino	03:33:57	+01:23:40	09:18

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23 KM

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129	1106	Marcos Ratola	Conta Gotas	Senior Masculino	03:34:10	+01:23:53	09:19
130	2069	João pedro coelho café marques	UP&GO	Senior Masculino	03:34:45	+01:24:28	09:20
131	1352	Gabriel Rosa	Individual	Senior Masculino	03:34:50	+01:24:33	09:20
132	1143	Filipe Garranas	FALCÕES SELVAGENS	Senior Masculino	03:34:51	+01:24:34	09:20
133	1457	Nuno Caldeira	Individual	Senior Masculino	03:35:13	+01:24:56	09:21
134	1441	Marco António Francisco Carvalho	Individual	Senior Masculino	03:35:30	+01:25:13	09:22
135	1351	Frederico Pinto	Individual	Senior Masculino	03:35:43	+01:25:26	09:23
136	1382	João Filipe Ribeiro da Silva Ferreira	Individual	Senior Masculino	03:37:33	+01:27:16	09:28
137	1396	João Pedro Fernandes Rocha Catarino	Individual	Senior Masculino	03:38:04	+01:27:47	09:29
138	1381	João Filipe Martinho Morgado	Individual	Senior Masculino	03:38:06	+01:27:49	09:29
139	1458	Nuno Cunha	Individual	Senior Masculino	03:38:10	+01:27:53	09:29
140	1514	Roberto Filipe Domingos da Silva Pereira	Individual	Senior Masculino	03:38:36	+01:28:19	09:30
141	1513	Ricardo Silva	Individual	Senior Masculino	03:38:59	+01:28:42	09:31
142	1897	Gonçalo Seromenho	Pinheiro Manso Runners	Senior Masculino	03:39:03	+01:28:46	09:31
143	1407	Jorge Nuno Pessoa Silva	Individual	Senior Masculino	03:39:08	+01:28:51	09:32
144	1847	Carlos Ribeiro	Montes Runners	Senior Masculino	03:39:19	+01:29:02	09:32
145	1411	José Carlos Melo	Individual	Senior Masculino	03:40:13	+01:29:56	09:34
146	1388	João Maia	Individual	Senior Masculino	03:40:45	+01:30:28	09:36
147	1459	Nuno Gonçalo Santos Pinto	Individual	Senior Masculino	03:41:03	+01:30:46	09:37
148	1926	Sérgio Mesquita	Run Buddy Run	Senior Masculino	03:41:07	+01:30:50	09:37
149	2045	Hugo Dias	Team Rainha Santa Isabel/Tarsibus	Senior Masculino	03:41:19	+01:31:02	09:37
150	1367	Hugo Rodrigues	Individual	Senior Masculino	03:42:02	+01:31:45	09:39
151	1478	Paulo Jorge Matias Mendes	Individual	Senior Masculino	03:42:10	+01:31:53	09:40
152	1326	Duarte Vilarinho	Individual	Senior Masculino	03:42:42	+01:32:25	09:41
153	2051	Pedro Basílio	Team Slugs	Senior Masculino	03:42:44	+01:32:27	09:41
154	1311	Cláudio Matos	Individual	Senior Masculino	03:43:01	+01:32:44	09:42
155	1482	Pedro Abreu	Individual	Senior Masculino	03:43:37	+01:33:20	09:43
156	1413	José Esquetim	Individual	Senior Masculino	03:43:41	+01:33:24	09:44
157	1477	Paulo Henriques	Individual	Senior Masculino	03:43:53	+01:33:36	09:44
158	1052	Bruno Lopes	B(13)X Crossfit Endurance	Senior Masculino	03:43:55	+01:33:38	09:44
159	1362	Hugo Costa	Individual	Senior Masculino	03:44:16	+01:33:59	09:45
160	1876	Bruno Alexandre Guerreiro Castro	Os Kotas	Senior Masculino	03:44:19	+01:34:02	09:45
161	2004	Vitor João Carpalhoso	Slow Runners Pombal	Senior Masculino	03:44:27	+01:34:10	09:46
162	1465	Nuno Miguel Vaz Cesário	Individual	Senior Masculino	03:44:37	+01:34:20	09:46
163	1537	Tiago Filipe dos Santos Almeida	Individual	Senior Masculino	03:44:37	+01:34:20	09:46
164	1280	Allan Almeida	Individual	Senior Masculino	03:44:45	+01:34:28	09:46
165	1496	Pedro Miguel pires	Individual	Senior Masculino	03:45:20	+01:35:03	09:48
166	1120	Rui Seromenho	CROSSTRaining	Senior Masculino	03:45:32	+01:35:15	09:48
167	1438	Márcio Temtem	Individual	Senior Masculino	03:46:03	+01:35:46	09:50
168	1485	Pedro Cardoso Valente	Individual	Senior Masculino	03:46:03	+01:35:46	09:50
169	1828	Tiago Tenente	Magic Trail	Senior Masculino	03:46:22	+01:36:05	09:51
170	1467	Nuno Moreira	Individual	Senior Masculino	03:46:53	+01:36:36	09:52
171	1946	Nuno Anastácio	Runlovers	Senior Masculino	03:46:55	+01:36:38	09:52
172	1870	Daniel Machado	Os galgos	Senior Masculino	03:47:20	+01:37:03	09:53
173	1345	Francisco Ceia	Individual	Senior Masculino	03:48:20	+01:38:03	09:56
174	1014	Samuel Cinzas	ACM Trail&Running	Senior Masculino	03:48:45	+01:38:28	09:57

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Trail 23K

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175	1284	Andre Marins	Individual	Senior Masculino	03:48:46	+01:38:29	09:57
176	1327	Durval Nuno Simões Pires	Individual	Senior Masculino	03:49:04	+01:38:47	09:58
177	2066	hugo miguel serranito mota	UP&GO	Senior Masculino	03:49:08	+01:38:51	09:58
178	1306	Carlos Miguel da Silva Correia Tavares Singéis	Individual	Senior Masculino	03:50:03	+01:39:46	10:00
179	2049	Ricardo Catarino	Team Rainha Santa Isabel/Tarsibus	Senior Masculino	03:50:03	+01:39:46	10:00
180	1427	Luis Cruz	Individual	Senior Masculino	03:50:08	+01:39:51	10:00
181	1057	Eduardo Miguel Antunes Filipe	B2W	Senior Masculino	03:50:10	+01:39:53	10:00
182	1144	Hugo Santos	FALCÕES SELVAGENS	Senior Masculino	03:50:10	+01:39:53	10:00
183	1328	Emanuel Andrade Pimentel	Individual	Senior Masculino	03:50:12	+01:39:55	10:01
184	1528	serafim fernando oliveira monteiro	Individual	Senior Masculino	03:50:40	+01:40:23	10:02
185	2107	Iacopo Scarpano	Individual	Senior Masculino	03:50:46	+01:40:29	10:02
186	1166	Mário Pinto	GCT	Senior Masculino	03:50:58	+01:40:41	10:03
187	1402	Joel Fernando de Lima Gonçalves Da Silva	Individual	Senior Masculino	03:51:04	+01:40:47	10:03
188	1149	Rui Miguel	FAMA RUNNERS	Senior Masculino	03:51:09	+01:40:52	10:03
189	1157	Miguel Cracel	From the North	Senior Masculino	03:51:18	+01:41:01	10:03
190	1490	Pedro Lopes	Individual	Senior Masculino	03:52:29	+01:42:12	10:06
191	1167	Sérgio Cruz	GCT	Senior Masculino	03:52:36	+01:42:19	10:07
192	1472	Oswaldo Albuquerque	Individual	Senior Masculino	03:52:37	+01:42:20	10:07
193	2041	Pedro serra	Tartarugas Solidárias	Senior Masculino	03:52:39	+01:42:22	10:07
194	1188	Rodolfo Oliveira	Happy Runners	Senior Masculino	03:52:39	+01:42:22	10:07
195	1153	Daniel Viana	FlexiAssembly	Senior Masculino	03:52:56	+01:42:39	10:08
196	1374	ivo renato martinho pereira ferreira	Individual	Senior Masculino	03:52:56	+01:42:39	10:08
197	1330	fabio bruno martinho pereira ferreira	Individual	Senior Masculino	03:52:59	+01:42:42	10:08
198	1398	João Saraiva	Individual	Senior Masculino	03:53:04	+01:42:47	10:08
199	1980	Daniel domingos	Sapatilhas&Petiscos	Senior Masculino	03:53:16	+01:42:59	10:09
200	1123	claudio mendes	deita fumo	Senior Masculino	03:53:19	+01:43:02	10:09
201	1332	Fábio Pocinho Silva	Individual	Senior Masculino	03:53:27	+01:43:10	10:09
202	1355	Gonçalo Filipe Caetano Guiomar	Individual	Senior Masculino	03:54:23	+01:44:06	10:11
203	1321	Diogo Filipe Carvalho	Individual	Senior Masculino	03:54:34	+01:44:17	10:12
204	1535	Tiago Cruz	Individual	Senior Masculino	03:54:38	+01:44:21	10:12
205	1978	Alejandro Suñé	Salta-montes	Senior Masculino	03:54:59	+01:44:42	10:13
206	1397	João Pedro Ribeiro	Individual	Senior Masculino	03:55:02	+01:44:45	10:13
207	1344	Filipe Machado	Individual	Senior Masculino	03:55:12	+01:44:55	10:14
208	1389	Joao Manuel Dantas de Almeida	Individual	Senior Masculino	03:55:13	+01:44:56	10:14
209	1500	Pedro Póvoas	Individual	Senior Masculino	03:55:25	+01:45:08	10:14
210	1348	Francisco Ramos	Individual	Senior Masculino	03:55:25	+01:45:08	10:14
211	2093	Hugo Miguel Martins Ferreira	Individual	Senior Masculino	03:55:48	+01:45:31	10:15
212	2000	João Pedro Santos Monteiro	Slow Runners Pombal	Senior Masculino	03:56:40	+01:46:23	10:17
213	1445	Marco Tiago Mota Lourenço	Individual	Senior Masculino	03:57:03	+01:46:46	10:18
214	1424	Leonel Alegre	Individual	Senior Masculino	03:57:26	+01:47:09	10:19
215	1486	Pedro Carvalho	Individual	Senior Masculino	03:57:27	+01:47:10	10:19
216	1036	Gonçalo Rocha	ARCUDE Trail Team	Senior Masculino	03:57:28	+01:47:11	10:19
217	2081	Bruno Pires	W&M-TRAIL	Senior Masculino	03:57:50	+01:47:33	10:20
218	1283	André Filipe Marques Gomes	Individual	Senior Masculino	03:58:22	+01:48:05	10:22
219	1308	Carlos Perestrelo Alves Dias	Individual	Senior Masculino	03:58:34	+01:48:17	10:22

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220	1511	Ricardo Jorge Balau	Individual	Senior Masculino	03:58:39	+01:48:22	10:23
221	1361	Henrique Martins	Individual	Senior Masculino	03:58:41	+01:48:24	10:23
222	1518	Rúben Santos	Individual	Senior Masculino	03:58:52	+01:48:35	10:23
223	1338	Filipe Brandão	Individual	Senior Masculino	03:58:53	+01:48:36	10:23
224	1026	Luis Miguel Basilio Potra	Alverca Urban Runners	Senior Masculino	03:58:54	+01:48:37	10:23
225	1429	Luis Filipe Ferreira Mendes	Individual	Senior Masculino	03:59:29	+01:49:12	10:25
226	1003	Luis Oliveira Gomes	6 FUN 6 RUN	Senior Masculino	03:59:48	+01:49:31	10:26
227	1002	joao pedro marques	6 FUN 6 RUN	Senior Masculino	03:59:49	+01:49:32	10:26
228	1329	Fábio Batista	Individual	Senior Masculino	03:59:49	+01:49:32	10:26
229	1471	odilo gonzalez blanco	Individual	Senior Masculino	03:59:54	+01:49:37	10:26
230	1286	Angel Mejias Moreno	Individual	Senior Masculino	03:59:54	+01:49:37	10:26
231	1848	Luis Carvalho	Montes Runners	Senior Masculino	04:00:04	+01:49:47	10:26
232	1292	Bruno Coutinho Simoes	Individual	Senior Masculino	04:00:14	+01:49:57	10:27
233	1099	Tiago Silva	Clube de Corrida REN	Senior Masculino	04:00:20	+01:50:03	10:27
234	1342	Filipe Henriques	Individual	Senior Masculino	04:00:22	+01:50:05	10:27
235	1350	Frederico Costa	Individual	Senior Masculino	04:01:23	+01:51:06	10:30
236	1534	Telmo André Costa Pinto	Individual	Senior Masculino	04:01:31	+01:51:14	10:30
237	1444	Marco Santos	Individual	Senior Masculino	04:01:33	+01:51:16	10:30
238	1487	Pedro Frazão	Individual	Senior Masculino	04:01:33	+01:51:16	10:30
239	1492	Pedro Manuel Rua Goncalves	Individual	Senior Masculino	04:01:59	+01:51:42	10:31
240	1304	CARLOS EMANUEL DO NASCIMENTO GONÇALVES	Individual	Senior Masculino	04:02:03	+01:51:46	10:31
241	1403	Johannes Josef Ostermaier	Individual	Senior Masculino	04:04:36	+01:54:19	10:38
242	1484	Pedro Belo	Individual	Senior Masculino	04:04:48	+01:54:31	10:39
243	1370	Humberto Simões Antunes	Individual	Senior Masculino	04:05:08	+01:54:51	10:39
244	1522	Rui Miguel Pereira Inácio	Individual	Senior Masculino	04:05:08	+01:54:51	10:39
245	1979	Eduardo Ferrer Enciso	Salta-montes	Senior Masculino	04:05:33	+01:55:16	10:41
246	2072	Gonçalo Sousa	Urban Corps Family	Senior Masculino	04:06:37	+01:56:20	10:43
247	2063	Pedro Gameiro	UNIÃO FCI DE TOMAR	Senior Masculino	04:06:57	+01:56:40	10:44
248	2046	José Clímaco Pereira	Team Rainha Santa Isabel/Tarsibus	Senior Masculino	04:07:20	+01:57:03	10:45
249	1470	Nuno Santos	Individual	Senior Masculino	04:07:49	+01:57:32	10:46
250	1027	Paulo Lopes	Alverca Urban Runners	Senior Masculino	04:07:52	+01:57:35	10:47
251	2047	Luis Temudo	Team Rainha Santa Isabel/Tarsibus	Senior Masculino	04:08:04	+01:57:47	10:47
252	1846	Luís Garcia	MONBIKETEAM - Monforte Bike Team	Senior Masculino	04:08:11	+01:57:54	10:47
253	1845	Gonçalo Godinho	MONBIKETEAM - Monforte Bike Team	Senior Masculino	04:08:11	+01:57:54	10:47
254	1430	Luis Guilherme Reis	Individual	Senior Masculino	04:09:06	+01:58:49	10:50
255	1309	Carlos Teixeira	Individual	Senior Masculino	04:09:07	+01:58:50	10:50
256	1376	João Antunes	Individual	Senior Masculino	04:10:45	+02:00:28	10:54
257	1116	Rui Cardoso	Correção	Senior Masculino	04:11:13	+02:00:56	10:55
258	1117	Tiago Swart	Correção	Senior Masculino	04:11:13	+02:00:56	10:55
259	1410	José António Cardoso Gabriel Gomes	Individual	Senior Masculino	04:11:46	+02:01:29	10:57
260	1491	Pedro Manuel Branco Pires	Individual	Senior Masculino	04:12:12	+02:01:55	10:58
261	1440	Marco Alexandre Lourenço Martins	Individual	Senior Masculino	04:12:12	+02:01:55	10:58
262	1902	Hugo Fernandes	Pocariça Runners	Senior Masculino	04:12:15	+02:01:58	10:58
263	1125	Nuno Miguel Domingos	deita fumo	Senior Masculino	04:12:19	+02:02:02	10:58

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264	1183	Ricardo Luis	Grupo Desportivo Roche Portugal	Senior Masculino	04:12:27	+02:02:10	10:59
265	1301	Bruno Silva	Individual	Senior Masculino	04:12:52	+02:02:35	11:00
266	1028	Pedro Miguel Santos	Alverca Urban Runners	Senior Masculino	04:13:16	+02:02:59	11:01
267	1498	Pedro Nuno Raposo Miranda	Individual	Senior Masculino	04:13:17	+02:03:00	11:01
268	1839	Pedro Clemente	MF&A and Friends	Senior Masculino	04:13:19	+02:03:02	11:01
269	1838	Daniel Lima	MF&A and Friends	Senior Masculino	04:13:19	+02:03:02	11:01
270	1416	José Manuel Brás Ramalho	Individual	Senior Masculino	04:13:25	+02:03:08	11:01
271	1921	Luis Nico	Rota D'Ossa	Senior Masculino	04:13:27	+02:03:10	11:01
272	1363	Hugo Daniel Almeida Seabra	Individual	Senior Masculino	04:13:27	+02:03:10	11:01
273	1934	Luis Cavaleiro	run@figueira	Senior Masculino	04:13:44	+02:03:27	11:02
274	1426	Luis Carlos dos Santos Lebre	Individual	Senior Masculino	04:14:57	+02:04:40	11:05
275	1366	Hugo Miguel Figueira Paz Freire Venancio	Individual	Senior Masculino	04:15:24	+02:05:07	11:06
276	1305	Carlos Machado	Individual	Senior Masculino	04:15:42	+02:05:25	11:07
277	1295	Bruno Filipe Antunes Neto	Individual	Senior Masculino	04:16:44	+02:06:27	11:10
278	2115	Carlos Moura	Individual	Senior Masculino	04:17:16	+02:06:59	11:11
279	2017	Jorge Lourenço	Sporting Clube de Casainhos	Senior Masculino	04:17:49	+02:07:32	11:13
280	1448	Mauro Manuel Gaivotas Costa	Individual	Senior Masculino	04:18:03	+02:07:46	11:13
281	1896	Nuno Ribeiro	Pézinhas de Salsa	Senior Masculino	04:18:30	+02:08:13	11:14
282	1019	Filipe Fonseca	Açoreana	Senior Masculino	04:18:34	+02:08:17	11:15
283	1480	Paulo Mendes	Individual	Senior Masculino	04:19:14	+02:08:57	11:16
284	1544	Vasco Miguel Lourenço Domingos	Individual	Senior Masculino	04:20:28	+02:10:11	11:19
285	1536	Tiago de Sá Amaral Pereira Branco	Individual	Senior Masculino	04:21:04	+02:10:47	11:21
286	1452	Miguel Flausino Pereira Branco	Individual	Senior Masculino	04:21:05	+02:10:48	11:21
287	1916	Luís Neves	RF RUNNERS	Senior Masculino	04:22:32	+02:12:15	11:25
288	1476	Paulo Daniel Castanho Henriques	Individual	Senior Masculino	04:22:32	+02:12:15	11:25
289	1517	Rogério Manuel da Silva Carvalho Domingues	Individual	Senior Masculino	04:22:36	+02:12:19	11:25
290	1957	Rúben Maurício	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Senior Masculino	04:24:06	+02:13:49	11:29
291	1956	Paulo Trigo	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Senior Masculino	04:24:06	+02:13:49	11:29
292	1524	Rui Pinto	Individual	Senior Masculino	04:24:06	+02:13:49	11:29
293	1944	Samuel Pedroso Nunes	Runfit	Senior Masculino	04:24:17	+02:14:00	11:29
294	1115	Javier Mateo Girón	Correção	Senior Masculino	04:25:02	+02:14:45	11:31
295	1888	Diogo Morgado	Papa Km's	Senior Masculino	04:27:05	+02:16:48	11:37
296	1923	Ruben Mateus	Rota D'Ossa	Senior Masculino	04:27:09	+02:16:52	11:37
297	1919	Carlos Mourato	Rota D'Ossa	Senior Masculino	04:27:13	+02:16:56	11:37
298	1920	Luis Borralho	Rota D'Ossa	Senior Masculino	04:27:17	+02:17:00	11:37
299	1922	Marco Raminhos	Rota D'Ossa	Senior Masculino	04:27:18	+02:17:01	11:37
300	1176	Pedro Magalhães	Ginasio Fit4Fun	Senior Masculino	04:27:21	+02:17:04	11:37
301	1135	Sérgio Alberto	Ericeira	Senior Masculino	04:27:43	+02:17:26	11:38
302	2109	Tiago Batista	Individual	Senior Masculino	04:29:18	+02:19:01	11:43
303	1400	João Vitor Amaral Mourato Ferreira	Individual	Senior Masculino	04:30:06	+02:19:49	11:45
304	1148	Danny Sousa	FAMA RUNNERS	Senior Masculino	04:30:14	+02:19:57	11:45
305	1147	Dani Vieira	FAMA RUNNERS	Senior Masculino	04:30:15	+02:19:58	11:45
306	1525	Rui vences	Individual	Senior Masculino	04:30:40	+02:20:23	11:46
307	1364	Hugo Delgadinho	Individual	Senior Masculino	04:30:40	+02:20:23	11:46

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308	1078	fernando marques	castro marques	Senior Masculino	04:31:01	+02:20:44	11:47
309	1336	Fernando Miguel Prisal	Individual	Senior Masculino	04:31:07	+02:20:50	11:47
310	1406	Jorge Moutinho	Individual	Senior Masculino	04:31:25	+02:21:08	11:48
311	1971	DIOGO SANTOS	RunRun	Senior Masculino	04:31:51	+02:21:34	11:49
312	1347	Francisco Hortas Calado Barrento	Individual	Senior Masculino	04:31:56	+02:21:39	11:49
313	1289	Bártolo Ferreira	Individual	Senior Masculino	04:31:59	+02:21:42	11:50
314	1392	João Mira	Individual	Senior Masculino	04:33:15	+02:22:58	11:53
315	1046	Luis Miguel Saraiva Serra David	ATR - Algarve Trail Running	Senior Masculino	04:33:42	+02:23:25	11:54
316	1154	Tiago Carreira	FlexiAssembly	Senior Masculino	04:34:06	+02:23:49	11:55
317	1175	André Moreira	Ginasio Fit4Fun	Senior Masculino	04:34:38	+02:24:21	11:56
318	1461	Nuno Martins	Individual	Senior Masculino	04:34:46	+02:24:29	11:57
319	1443	Marco Marques	Individual	Senior Masculino	04:36:05	+02:25:48	12:00
320	1393	João Paulo Róis	Individual	Senior Masculino	04:36:28	+02:26:11	12:01
321	1540	Tiago Miguel Cavaleiro Rodrigues	Individual	Senior Masculino	04:38:10	+02:27:53	12:06
322	1889	Graciano Ferreira	Papa Km's	Senior Masculino	04:39:21	+02:29:04	12:09
323	1119	Marco Silva	Cris&Marco	Senior Masculino	04:39:41	+02:29:24	12:10
324	1032	David Frija	AQUATeam	Senior Masculino	04:40:06	+02:29:49	12:11
325	1450	Miguel de Sá e Reis Bravo	Individual	Senior Masculino	04:41:31	+02:31:14	12:14
326	1464	Nuno Miguel Duarte Ferreria	Individual	Senior Masculino	04:42:28	+02:32:11	12:17
327	1378	João Belchiorinho	Individual	Senior Masculino	04:43:14	+02:32:57	12:19
328	1126	Luis Simão	Derretebanha	Senior Masculino	04:43:23	+02:33:06	12:19
329	1346	Francisco Gurriana das Neves Soares	Individual	Senior Masculino	04:43:24	+02:33:07	12:19
330	1053	Hugo Miguel Pereira Lazaro	B(13)X Crossfit Endurance	Senior Masculino	04:48:59	+02:38:42	12:34
331	2111	Pedro Caetano	Individual	Senior Masculino	04:49:25	+02:39:08	12:35
332	1297	Bruno Manuel Serdeira Monteiro	Individual	Senior Masculino	04:50:24	+02:40:07	12:38
333	1506	Ricardo Carvalho Raposo	Individual	Senior Masculino	04:50:33	+02:40:16	12:38
334	1323	Diogo Rebelo	Individual	Senior Masculino	04:50:40	+02:40:23	12:38
335	1999	Gonçalo Freitas	Slow Runners Pombal	Senior Masculino	04:51:21	+02:41:04	12:40
336	2003	Pedro Pimpão	Slow Runners Pombal	Senior Masculino	04:51:21	+02:41:04	12:40
337	2002	Pedro Moreira	Slow Runners Pombal	Senior Masculino	04:51:23	+02:41:06	12:40
338	1369	Humberto Manuel Caeiro Pestana	Individual	Senior Masculino	04:52:56	+02:42:39	12:44
339	1282	Ana Margarida Trindade Pires	Individual	Senior Masculino	04:52:56	+02:42:39	12:44
340	1466	Nuno Milheiro	Individual	Senior Masculino	04:52:57	+02:42:40	12:44
341	1412	José Casimiro	Individual	Senior Masculino	04:54:42	+02:44:25	12:49
342	1290	Bruno Bonito	Individual	Senior Masculino	04:55:53	+02:45:36	12:52
343	1186	Hugo Monteiro	H&S Team	Senior Masculino	04:56:11	+02:45:54	12:53
344	1475	Paulo Andrade	Individual	Senior Masculino	04:56:17	+02:46:00	12:53
345	1966	Luis Baptista	Running Academy - O2 Life Center	Senior Masculino	04:58:16	+02:47:59	12:58
346	1853	Élvio Fernandes Costa	Nature High	Senior Masculino	05:00:43	+02:50:26	13:04
347	1924	hugo passinhas	RUN 4 EAT	Senior Masculino	05:02:25	+02:52:08	13:09
348	1868	Filipe Lara Ramos	OPTIMAX	Senior Masculino	05:07:48	+02:57:31	13:23
349	1365	Hugo Filipe Noronha	Individual	Senior Masculino	05:10:43	+03:00:26	13:31
350	1826	João Luz Mano	Luz Mano	Senior Masculino	05:10:47	+03:00:30	13:31
351	1907	Bruno Daniel Duarte Guerra	Rancho Folclórico do Vilar	Senior Masculino	05:10:49	+03:00:32	13:31
352	1358	Gonçalo Trindade Garrido Serra	Individual	Senior Masculino	05:14:36	+03:04:19	13:41
353	1460	Nuno Mares	Individual	Senior Masculino	05:14:36	+03:04:19	13:41

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Trail 23K

23 KM

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OFFICIAL RESULT

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354	1322	Diogo Miguel Cavaco Sousa Henriques	Individual	Senior Masculino	05:22:57	+03:12:40	14:02
355	1114	Diogo Lopes Barata	CORRER LISBOA	Senior Masculino	05:23:02	+03:12:45	14:03
356	1531	Sérgio Manuel da Conceição Duarte	Individual	Senior Masculino	05:24:19	+03:14:02	14:06
357	1508	Ricardo Filipe Rato Ventura	Individual	Senior Masculino	05:24:56	+03:14:39	14:08
358	1520	Rui Guarda	Individual	Senior Masculino	05:26:52	+03:16:35	14:13
359	1317	Daniel ricardo jorge	Individual	Senior Masculino	05:26:52	+03:16:35	14:13
360	1908	Simão Pedro Oliveira Bento	Rancho Folclórico do Vilar	Senior Masculino	05:28:27	+03:18:10	14:17
361	1133	Dragos Petrin	Dragos	Senior Masculino	05:30:20	+03:20:03	14:22
362	1414	José Filipe Ali-Can	Individual	Senior Masculino	05:39:06	+03:28:49	14:45
363	1386	João Lima	Individual	Senior Masculino	05:45:25	+03:35:08	15:01
364	1069	Ricardo Sousa	BOTA LUME	Senior Masculino	05:45:27	+03:35:10	15:01
365	1432	Luís Miguel silva	Individual	Senior Masculino	05:51:39	+03:41:22	15:17
366	1462	Nuno Miguel Araújo	Individual	Senior Masculino	05:51:44	+03:41:27	15:18
367	1911	Nuno Rodrigues	Renato Sanches 80M €	Senior Masculino	05:53:01	+03:42:44	15:21
368	1353	Gleysson Felix	Individual	Senior Masculino	05:54:53	+03:44:36	15:26
369	1912	Tomás Oliveira	Renato Sanches 80M €	Senior Masculino	06:22:20	+04:12:03	16:37
370	1142	Rui Santos	Exploradores fabulosos	Senior Masculino	06:26:00	+04:15:43	16:47

Veterana F40

1	2113	Cristina Ponte	Individual	Veterana F40	02:35:00		06:44
2	2114	Susana de Jesus Soares	LEBRE E TARTARUGAS	Veterana F40	03:00:30	+25:30	07:51
3	1047	Filomena Sabino	ATR - Algarve Trail Running	Veterana F40	03:08:58	+33:58	08:13
4	1570	Isabel Brandão Jerónimo	Individual	Veterana F40	03:15:49	+40:49	08:31
5	2005	Gina Domingues	Slow Runners Pombal	Veterana F40	03:30:59	+55:59	09:10
6	1015	Júlia Alves	ACM Trail&Running	Veterana F40	03:34:37	+59:37	09:20
7	1569	Isabel Alpiarça	Individual	Veterana F40	03:42:12	+01:07:12	09:40
8	2074	Cidalia Maria Serra Marques Martins	VendasNovas Trail	Veterana F40	03:42:14	+01:07:14	09:40
9	1967	Isabel Nicolau	Running Academy - O2 Life Center	Veterana F40	03:43:52	+01:08:52	09:44
10	1559	Celina Maria Valente dos Santos Gomes	Individual	Veterana F40	03:43:54	+01:08:54	09:44
11	1155	Adelaide Pereira	Frente Ribeirinha da Póvoa de Santa Íria	Veterana F40	03:43:56	+01:08:56	09:44
12	1563	elena surra	Individual	Veterana F40	03:44:23	+01:09:23	09:45
13	1936	Susana Salvaterra	run@figueira	Veterana F40	03:47:09	+01:12:09	09:53
14	1599	suzana ramalho	Individual	Veterana F40	03:47:23	+01:12:23	09:53
15	1551	Ana Martins	Individual	Veterana F40	03:48:53	+01:13:53	09:57
16	1948	Luisa Palminhas	Runlovers	Veterana F40	03:50:01	+01:15:01	10:00
17	2020	Luisa Landeiro	SS CGD	Veterana F40	03:55:36	+01:20:36	10:15
18	2021	Olga Borges	SS CGD	Veterana F40	03:55:46	+01:20:46	10:15
19	2018	Catarina Martins	SS CGD	Veterana F40	03:59:55	+01:24:55	10:26
20	1573	joana villas boas	Individual	Veterana F40	04:00:25	+01:25:25	10:27
21	1562	Dora Cristina Pedro Simão	Individual	Veterana F40	04:04:54	+01:29:54	10:39
22	1587	Olívia Cristina Gaspar	Individual	Veterana F40	04:05:33	+01:30:33	10:41
23	2083	Ilda Maria Gomes Lobo Aguiar	You&Me, Me&You	Veterana F40	04:05:42	+01:30:42	10:41
24	1554	CARLA CRUZ	Individual	Veterana F40	04:06:38	+01:31:38	10:43
25	1598	Susana Tom	Individual	Veterana F40	04:07:49	+01:32:49	10:46

23 KM

OFFICIAL RESULT

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Trail 23K

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70	1601	Vanda Murteira	Individual	Veterana F40	04:52:58	+02:17:58	12:44
71	1584	maria soares	Individual	Veterana F40	04:54:38	+02:19:38	12:49
72	1600	Telma Coelho	Individual	Veterana F40	04:54:56	+02:19:56	12:49
73	1565	FATIMA VIDEIRA	Individual	Veterana F40	04:55:42	+02:20:42	12:51
74	1187	Susana Fonseca	H&S Team	Veterana F40	04:56:11	+02:21:11	12:53
75	1561	Claudia Teixeira	Individual	Veterana F40	05:01:33	+02:26:33	13:07
76	2035	Maria João Almeida Pereira Emídio	Tálenos Team	Veterana F40	05:06:28	+02:31:28	13:19
77	1107	Ana Alpalhão	Conta Gotas	Veterana F40	05:07:45	+02:32:45	13:23
78	1581	magda Barbosa	Individual	Veterana F40	05:09:05	+02:34:05	13:26
79	1575	Leonor Gomes	Individual	Veterana F40	05:09:05	+02:34:05	13:26
80	2011	Sandra Ferraz	Smiling Runners	Veterana F40	05:09:18	+02:34:18	13:27
81	1858	Ana Sancho	NOVOS TRILHOS	Veterana F40	05:12:21	+02:37:21	13:35
82	1067	Carla Ribas	Bestlife - Fitness e NTN Unipessoal, Lda.	Veterana F40	05:12:45	+02:37:45	13:36
83	1576	Leonor Leal dos Santos	Individual	Veterana F40	05:16:34	+02:41:34	13:46
84	1168	Paula Guerreiro	GD Roche Portugal	Veterana F40	05:17:36	+02:42:36	13:49
85	1593	Rute Mesquita	Individual	Veterana F40	05:25:15	+02:50:15	14:08
86	2054	Sónia Alexandra Bravo Pardal Brandão	TOKA A CORRER ASSOCIAÇÃO	Veterana F40	05:26:56	+02:51:56	14:13
87	1891	Paula Carmo	PAPA TRILHOS	Veterana F40	05:27:04	+02:52:04	14:13
88	1552	Ana Pardal	Individual	Veterana F40	06:00:31	+03:25:31	15:40

Veterana F50

1	1918	Sara Pedro	RÒÐINHAS-Santos Silva/OXYGEN-Gym and Fitness	Veterana F50	03:34:42	09:20
2	1808	Natalya Marcheva	JOBRINDE - MONTES SALOIOS	Veterana F50	03:55:13	+20:31 10:14
3	1096	Maria Goreti Fernandes	Clube Cimpor	Veterana F50	04:06:36	+31:54 10:43
4	1100	Maria da Luz Conchinha	CLUBE DO STRESS	Veterana F50	04:06:38	+31:56 10:43
5	1607	Maria Gabriel Barroca	Individual	Veterana F50	04:12:18	+37:36 10:58
6	1606	Maria Cleonice de Oliveira	Individual	Veterana F50	04:12:32	+37:50 10:59
7	1605	Lídia Santos	Individual	Veterana F50	04:27:24	+52:42 11:38
8	1987	Violeta Santos	Sigma Runners	Veterana F50	04:30:06	+55:24 11:45
9	1095	Fátima Fernandes	Clube Cimpor	Veterana F50	04:30:17	+55:35 11:45
10	1089	Elena Guzmán	CLUB MARATON BADAJOZ	Veterana F50	04:32:01	+57:19 11:50
11	1861	Céu Miguel	NOVOS TRILHOS	Veterana F50	04:33:07	+58:25 11:52
12	1863	Isabel Sequeira	O Mundo da Corrida	Veterana F50	04:37:25	+01:02:43 12:04
13	2036	Lúcia Maria Gomes Pereira Nogueira	Tálenos Team	Veterana F50	04:43:04	+01:08:22 12:18
14	1864	Maria Puga	O Mundo da Corrida	Veterana F50	04:45:38	+01:10:56 12:25
15	1892	Ana Ferreira	PAPA TRILHOS	Veterana F50	05:01:37	+01:26:55 13:07
16	1604	Célia Afonso	Individual	Veterana F50	05:07:37	+01:32:55 13:22
17	2022	Cristiana Almeida	SS CGD	Veterana F50	05:09:18	+01:34:36 13:27
18	1603	Anabela Esteves	Individual	Veterana F50	05:18:00	+01:43:18 13:50
19	1602	Ana Paula Castanheira Marques	Individual	Veterana F50	05:20:58	+01:46:16 13:57
20	1061	Leonor Alves	Beep - Beep	Veterana F50	05:30:34	+01:55:52 14:22
21	1819	Anabela Duarte	Leitaria	Veterana F50	06:07:48	+02:33:06 15:59
22	1820	Filomena Reis	Leitaria	Veterana F50	06:07:48	+02:33:06 15:59

Trail 23K

23 KM

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OFFICIAL RESULT

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Veterana F60

1	1062	Isabel Bettencourt	Beep - Beep	Veterana F60	05:30:33	14:22
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Veterano M40

1	1103	Armindo Antunes	Coimbra Trail Running	Veterano M40	02:35:00		06:44
2	1712	Nuno Neves	Individual	Veterano M40	02:41:06	+06:06	07:00
3	1724	Pedro Dias	Individual	Veterano M40	02:41:11	+06:11	07:00
4	1621	Bruno Dias	Individual	Veterano M40	02:41:22	+06:22	07:01
5	1649	Jaime Fernandes	Individual	Veterano M40	02:41:50	+06:50	07:02
6	1760	Teixeira José	Individual	Veterano M40	02:43:11	+08:11	07:06
7	1018	Mário Figueiras	ACM Trail&Running	Veterano M40	02:48:20	+13:20	07:19
8	1680	Luis Miguel Carvalho	Individual	Veterano M40	02:48:22	+13:22	07:19
9	1652	João Barbado	Individual	Veterano M40	02:48:40	+13:40	07:20
10	2033	Marco Vieira	Tá-len-tos	Veterano M40	02:51:38	+16:38	07:28
11	1655	João Pedro Gameiro	Individual	Veterano M40	02:54:10	+19:10	07:34
12	1091	José Ángel Carro	CLUB MARATON BADAJOZ	Veterano M40	02:54:13	+19:13	07:34
13	1007	José Carlos Abrantes	ABSANT Runners	Veterano M40	02:55:06	+20:06	07:37
14	1653	João Carlos Traguedo Alfenim	Individual	Veterano M40	02:55:44	+20:44	07:38
15	1726	Pedro Machado	Individual	Veterano M40	02:55:59	+20:59	07:39
16	1025	Pedro Vieira	Alpha Fitness	Veterano M40	02:56:37	+21:37	07:41
17	1759	Tamás Polauf Dr.	Individual	Veterano M40	02:57:35	+22:35	07:43
18	1903	Adriano campos	Pocariça Runners	Veterano M40	02:59:36	+24:36	07:49
19	1661	Joaquim Velhinho Dias	Individual	Veterano M40	03:01:23	+26:23	07:53
20	1679	Luis Mealha	Individual	Veterano M40	03:01:24	+26:24	07:53
21	1735	Pedro Tavares	Individual	Veterano M40	03:01:52	+26:52	07:54
22	2057	Pedro Jorge Oliveira Brandão	TOKA A CORRER ASSOCIAÇÃO	Veterano M40	03:02:30	+27:30	07:56
23	1742	Ricardo Pedro dos Reis	Individual	Veterano M40	03:03:01	+28:01	07:57
24	1673	Laurent REMMY	Individual	Veterano M40	03:03:09	+28:09	07:58
25	1744	Rui Alberto Pereira	Individual	Veterano M40	03:04:17	+29:17	08:01
26	1721	Pedro Alexandre da Costa Antunes	Individual	Veterano M40	03:05:18	+30:18	08:03
27	1654	João Filipe Margal Pereira Bernardino Mota	Individual	Veterano M40	03:05:19	+30:19	08:03
28	1938	Pedro Oliveira	run@figueira	Veterano M40	03:05:19	+30:19	08:03
29	1656	João Rosinha	Individual	Veterano M40	03:08:44	+33:44	08:12
30	1968	Bruno Brito	Running Academy - O2 Life Center	Veterano M40	03:08:53	+33:53	08:13
31	1757	Rui soveral	Individual	Veterano M40	03:09:14	+34:14	08:14
32	2096	Vítor Mota	SLOW RUNNERS POMBAL	Veterano M40	03:09:15	+34:15	08:14
33	1181	Homero Manuel Fernandes Sousa Lourenço	Grupo Desportivo Ribeirinhos	Veterano M40	03:09:23	+34:23	08:14
34	1081	Eduardo Cabrita	CCD TRANQUILIDADE	Veterano M40	03:10:35	+35:35	08:17
35	1001	CARLOS RODRIGUES	100Noção	Veterano M40	03:11:01	+36:01	08:18
36	2032	José Rosa	Tá-len-tos	Veterano M40	03:13:39	+38:39	08:25

Trail 23K

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37	1670	Jose Manuel Fale	Individual	Veterano M40	03:15:51	+40:51	08:31
38	1637	Filipe Vicente Eusébio	Individual	Veterano M40	03:15:51	+40:51	08:31
39	1024	Nuno Martinho	Alpha Fitness	Veterano M40	03:17:07	+42:07	08:34
40	1681	Luis Miguel Gomes Martins	Individual	Veterano M40	03:18:13	+43:13	08:37
41	1658	João Silva	Individual	Veterano M40	03:18:15	+43:15	08:37
42	1709	Nuno Manuel de Oliveira Simões	Individual	Veterano M40	03:18:24	+43:24	08:38
43	1937	Daniel Mendes	run@figueira	Veterano M40	03:20:03	+45:03	08:42
44	1725	Pedro Fontoura	Individual	Veterano M40	03:20:33	+45:33	08:43
45	1743	Roberto Caneira	Individual	Veterano M40	03:21:02	+46:02	08:44
46	1692	Marcelino Batista	Individual	Veterano M40	03:21:20	+46:20	08:45
47	1685	Luís Paulo Ferreira de Almeida Carlos	Individual	Veterano M40	03:21:25	+46:25	08:45
48	1665	Jorge Rocha	Individual	Veterano M40	03:21:31	+46:31	08:46
49	1813	Nuno Filipe Baltazar	Juventude Vidigalense	Veterano M40	03:23:06	+48:06	08:50
50	1737	Pedro Vigário	Individual	Veterano M40	03:23:16	+48:16	08:50
51	1609	Acácio Santos	Individual	Veterano M40	03:23:16	+48:16	08:50
52	1139	carlos freixo	EXPERIENCIAR/BARCELTECNIC A/SPORTSONFIRE	Veterano M40	03:23:30	+48:30	08:51
53	1941	João Ferreira	RUN4EAT	Veterano M40	03:24:26	+49:26	08:53
54	1728	Pedro Martinho	Individual	Veterano M40	03:25:07	+50:07	08:55
55	1962	Mário Rui Marques de Seabra	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M40	03:25:11	+50:11	08:55
56	1628	carlos portela	Individual	Veterano M40	03:25:40	+50:40	08:57
57	1101	jose frazao	clube naval sesimbra	Veterano M40	03:26:32	+51:32	08:59
58	1699	mirko bruno martin	Individual	Veterano M40	03:26:50	+51:50	09:00
59	1074	Vasco Armes	CARAPUS DE CORRIDA	Veterano M40	03:27:27	+52:27	09:01
60	1626	Carlos Filipe da Silva Ludovino	Individual	Veterano M40	03:27:29	+52:29	09:01
61	1165	Paulo Batista	Gazelasrunningfigueira	Veterano M40	03:27:59	+52:59	09:03
62	1762	Vitor José Lopes Godinho	Individual	Veterano M40	03:29:00	+54:00	09:05
63	1720	Paulo Vieira	Individual	Veterano M40	03:29:02	+54:02	09:05
64	1727	Pedro Manuel Fernandes Ribeiro	Individual	Veterano M40	03:29:03	+54:03	09:05
65	1834	Nuno Carrasco	Mau Maus	Veterano M40	03:29:11	+54:11	09:06
66	1833	Hugo Ribeiro	Mau Maus	Veterano M40	03:29:28	+54:28	09:06
67	1751	Rui Gonçalves	Individual	Veterano M40	03:30:39	+55:39	09:10
68	1634	fernando jorge reis	Individual	Veterano M40	03:30:39	+55:39	09:10
69	1748	Rui Botão	Individual	Veterano M40	03:31:08	+56:08	09:11
70	1740	Ricardo Botão	Individual	Veterano M40	03:31:08	+56:08	09:11
71	1695	Miguel Ângelo Maganete Silva	Individual	Veterano M40	03:31:48	+56:48	09:13
72	1756	Rui Pereira	Individual	Veterano M40	03:34:06	+59:06	09:19
73	1969	Pedro Pinguinha	Running Academy - O2 Life Center	Veterano M40	03:34:25	+59:25	09:19
74	2104	Carlos Sequeira	Running Academy - O2 Life Center	Veterano M40	03:34:33	+59:33	09:20
75	1671	José Miguel Calisto Silva Ferreira	Individual	Veterano M40	03:34:35	+59:35	09:20
76	1622	Bruno José Almeida Pereira	Individual	Veterano M40	03:34:49	+59:49	09:20
77	1898	Helder Faia	Pinheiro Manso Runners	Veterano M40	03:34:55	+59:55	09:21
78	2097	Meik Schutz	Os Reumáticos	Veterano M40	03:35:12	+01:00:12	09:21
79	1927	Nuno Miguel Pereira Sousa	Run Buddy Run	Veterano M40	03:35:17	+01:00:17	09:22
80	2024	Henrique Amador	SS CGD	Veterano M40	03:35:25	+01:00:25	09:22
81	2023	Fernando Lima	SS CGD	Veterano M40	03:35:26	+01:00:26	09:22

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82	1696	Miguel Correia Veludo	Individual	Veterano M40	03:35:38	+01:00:38	09:23
83	2026	Pedro Vasco da Costa Almeida	SS CGD	Veterano M40	03:35:48	+01:00:48	09:23
84	1718	Paulo Melo Rodrigues	Individual	Veterano M40	03:36:16	+01:01:16	09:24
85	2016	Leonel Adérito Fernandes de São José	Sport Clube Alfragide	Veterano M40	03:36:35	+01:01:35	09:25
86	1719	Paulo Oliveira	Individual	Veterano M40	03:38:33	+01:03:33	09:30
87	1631	Eduardo Tavares	Individual	Veterano M40	03:38:57	+01:03:57	09:31
88	1197	José Subtil	HPE CLUB	Veterano M40	03:38:59	+01:03:59	09:31
89	1960	Álvaro Costa	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M40	03:39:21	+01:04:21	09:33
90	1981	Ricardo Lourenço Rodrigues Mesquita	SCALKOKAS	Veterano M40	03:39:25	+01:04:25	09:32
91	1708	Nuno Luís Carvalho Józse	Individual	Veterano M40	03:41:03	+01:06:03	09:37
92	1929	Paulo Caldeirinha	Run Buddy Run	Veterano M40	03:41:07	+01:06:07	09:37
93	1668	José Amaro	Individual	Veterano M40	03:41:29	+01:06:29	09:38
94	1641	Gabriel Sousa Uva	Individual	Veterano M40	03:41:55	+01:06:55	09:39
95	1829	Carlos Sá	Manos Sá	Veterano M40	03:43:07	+01:08:07	09:42
96	1830	Fausto Sá	Manos Sá	Veterano M40	03:43:07	+01:08:07	09:42
97	1698	Miguel Duarte Pedro	Individual	Veterano M40	03:43:07	+01:08:07	09:42
98	1080	Carlos M M Guerra	CCD "O Alviejo"	Veterano M40	03:43:16	+01:08:16	09:42
99	2099	Bernardo Ratilal	Individual	Veterano M40	03:43:26	+01:08:26	09:43
100	1877	Miguel Castro	Os Kotas	Veterano M40	03:44:19	+01:09:19	09:45
101	1821	Luís Tavares	LIZ RUNNERS	Veterano M40	03:44:28	+01:09:28	09:46
102	1928	Nuno Sobral	Run Buddy Run	Veterano M40	03:44:45	+01:09:45	09:46
103	2058	Ricardo Jorge Marcelino Ferreira	Trail phudidu da stritt	Veterano M40	03:45:01	+01:10:01	09:47
104	2090	Pedro Gavina	All About Spirit Team	Veterano M40	03:45:01	+01:10:01	09:47
105	1198	Manuel Escalona	HPE CLUB	Veterano M40	03:45:22	+01:10:22	09:48
106	1871	Ivo pina	Os galgos	Veterano M40	03:45:31	+01:10:31	09:48
107	1697	Miguel Cunha	Individual	Veterano M40	03:46:02	+01:11:02	09:50
108	1618	António Victor Sousa	Individual	Veterano M40	03:46:10	+01:11:10	09:50
109	1723	Pedro Delgado	Individual	Veterano M40	03:46:11	+01:11:11	09:50
110	1629	Carlos Serra Andersen	Individual	Veterano M40	03:46:39	+01:11:39	09:51
111	1964	Sérgio Reis	Runners Reguengos	Veterano M40	03:47:01	+01:12:01	09:52
112	1750	Rui Fernandes	Individual	Veterano M40	03:47:06	+01:12:06	09:52
113	1849	Luis Fernandes	Montes Runners	Veterano M40	03:47:10	+01:12:10	09:53
114	1620	Armando Nave Trigueiro	Individual	Veterano M40	03:47:27	+01:12:27	09:53
115	1023	Pedro Nunes	AGD Academia do Korpo	Veterano M40	03:47:33	+01:12:33	09:54
116	1667	Jorge Sobrinho	Individual	Veterano M40	03:48:45	+01:13:45	09:57
117	1675	Lino Ferreira	Individual	Veterano M40	03:49:26	+01:14:26	09:59
118	1729	Pedro monteiro	Individual	Veterano M40	03:50:02	+01:15:02	10:00
119	1894	Andre Garrido de Figueiredo	Pernas de Gafanhoto	Veterano M40	03:50:02	+01:15:02	10:00
120	1659	Joaquim Cardoso	Individual	Veterano M40	03:50:03	+01:15:03	10:00
121	1761	Tiago Correia	Individual	Veterano M40	03:50:03	+01:15:03	10:00
122	1713	Nuno Nunes	Individual	Veterano M40	03:50:07	+01:15:07	10:00
123	1701	Nelson Santos	Individual	Veterano M40	03:50:25	+01:15:25	10:01
124	1703	Nuno Arigó Sousa Rocha	Individual	Veterano M40	03:50:41	+01:15:41	10:02
125	2105	Mario Lopes	Individual	Veterano M40	03:51:04	+01:16:04	10:03
126	1963	Vitor Manuel Vaz Pereira	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M40	03:52:28	+01:17:28	10:06

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Trail 23K

23 KM

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127	1872	Jorge Martinho	Os galgos	Veterano M40	03:52:35	+01:17:35	10:07
128	1170	Nuno Duarte	GDCT UNICRE	Veterano M40	03:52:44	+01:17:44	10:07
129	1043	Alexandre Luz	Associação Cultural Sambrassense	Veterano M40	03:52:45	+01:17:45	10:07
130	1715	Nuno Reis Peres Ventura	Individual	Veterano M40	03:54:33	+01:19:33	10:12
131	1615	Alvaro Miranda	Individual	Veterano M40	03:54:36	+01:19:36	10:12
132	1734	Pedro Santos	Individual	Veterano M40	03:54:38	+01:19:38	10:12
133	2025	Paulo Bailão	SS CGD	Veterano M40	03:55:12	+01:20:12	10:14
134	1201	António Vaz	IC RUNNERS	Veterano M40	03:55:18	+01:20:18	10:14
135	1706	Nuno Fidalgo	Individual	Veterano M40	03:56:09	+01:21:09	10:16
136	1642	Gonçalo Correia de Sá	Individual	Veterano M40	03:58:33	+01:23:33	10:22
137	2038	Rui Brites	Talentos Team	Veterano M40	03:58:56	+01:23:56	10:23
138	1731	PEDRO NATARIO	Individual	Veterano M40	03:59:28	+01:24:28	10:25
139	1930	Pedro Manuel Costa Lopes	Run Buddy Run	Veterano M40	03:59:55	+01:24:55	10:26
140	1111	Fernando Negas	Cookie trail team	Veterano M40	04:00:25	+01:25:25	10:27
141	2044	Rui Miguel Costa Teixeira	TEAM LANTEMIL	Veterano M40	04:00:45	+01:25:45	10:28
142	1082	Luís Moura	CDRFPJBRAGA - RUNNERS	Veterano M40	04:01:30	+01:26:30	10:30
143	1856	Paulo Vieira	NEL - Pédatleta	Veterano M40	04:01:51	+01:26:51	10:31
144	1714	NUNO PRIMO CARRETAS	Individual	Veterano M40	04:02:26	+01:27:26	10:32
145	1624	Carlos Alberto Bastos Ribeiro	Individual	Veterano M40	04:04:37	+01:29:37	10:38
146	1647	Henrique Jorge Santos Simão	Individual	Veterano M40	04:04:54	+01:29:54	10:39
147	1193	David Gonçalves	HPE CLUB	Veterano M40	04:04:57	+01:29:57	10:39
148	1639	Francisco Macheta	Individual	Veterano M40	04:05:33	+01:30:33	10:41
149	2084	José Miguel de Mascarenhas Ferreira Rodrigues	You&Me, Me&You	Veterano M40	04:05:41	+01:30:41	10:41
150	1664	Jorge Gonçalves	Individual	Veterano M40	04:05:42	+01:30:42	10:41
151	1633	fernando fernandes	Individual	Veterano M40	04:06:00	+01:31:00	10:42
152	2059	Ricardo Miguel Medeiros	Trail phudidu da stritt	Veterano M40	04:06:39	+01:31:39	10:43
153	1717	Paulo Jorge Cardoso Gonçalves	Individual	Veterano M40	04:06:55	+01:31:55	10:44
154	2043	José Carlos Araújo	TEAM LANTEMIL	Veterano M40	04:07:14	+01:32:14	10:45
155	1676	Luis Arrais	Individual	Veterano M40	04:07:14	+01:32:14	10:45
156	1029	Fernando Pedro	Alverca Urban Runners	Veterano M40	04:07:59	+01:32:59	10:47
157	1763	Vitor Manuel de Almeida Fernandes	Individual	Veterano M40	04:08:16	+01:33:16	10:48
158	1682	Luís Miguel Monteiro Pereira Gomes	Individual	Veterano M40	04:08:17	+01:33:17	10:48
159	1700	Nelson Rodrigues	Individual	Veterano M40	04:08:22	+01:33:22	10:48
160	1885	Rui Marçal	Pace.Makers	Veterano M40	04:10:44	+01:35:44	10:54
161	1690	Manuel Galvão de Melo	Individual	Veterano M40	04:11:48	+01:36:48	10:57
162	1008	Pedro Miguel Amorim Rodrigues Ferreira	Abutres Running Team	Veterano M40	04:11:52	+01:36:52	10:57
163	1684	Luis Moura	Individual	Veterano M40	04:12:04	+01:37:04	10:58
164	2034	Pedro Nunes	Tá-len-tos	Veterano M40	04:12:06	+01:37:06	10:58
165	1185	José Veracruz	Grupo Desportivo Roche Portugal	Veterano M40	04:12:27	+01:37:27	10:59
166	1674	LIBÉRIO CARDOSO PIRES	Individual	Veterano M40	04:12:29	+01:37:29	10:59
167	1648	Hugo Vitorino	Individual	Veterano M40	04:13:15	+01:38:15	11:01
168	1678	LUIS MANUEL G. SANTIAGO	Individual	Veterano M40	04:13:27	+01:38:27	11:01
169	1663	Jorge Gaspar	Individual	Veterano M40	04:14:26	+01:39:26	11:04
170	1660	Joaquim Fernando Carneiro Rocha	Individual	Veterano M40	04:17:57	+01:42:57	11:13

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171	1195	Filipe Ribeiro	HPE CLUB	Veterano M40	04:18:00	+01:43:00	11:13
172	1199	Rodrigo Ferreira	HPE CLUB	Veterano M40	04:18:00	+01:43:00	11:13
173	1662	Jorge Barreto	Individual	Veterano M40	04:18:13	+01:43:13	11:14
174	1630	Dário Duarte Mendes Prates	Individual	Veterano M40	04:18:20	+01:43:20	11:14
175	1042	Paulo Jorge Saraiva Libânio	Asas nos Pés	Veterano M40	04:18:21	+01:43:21	11:14
176	2110	Pedro Cordeiro	Individual	Veterano M40	04:18:27	+01:43:27	11:14
177	1073	Pedro Duarte	Caracóis Vassoura	Veterano M40	04:18:28	+01:43:28	11:14
178	1612	Afonso Coelho	Individual	Veterano M40	04:18:32	+01:43:32	11:14
179	1749	Rui Carlos Soares de Jesus	Individual	Veterano M40	04:18:36	+01:43:36	11:15
180	1886	Nuno Pereira	Pace.Makers	Veterano M40	04:18:40	+01:43:40	11:15
181	2056	Nuno Miguel Bonifácio da Costa	TOKA A CORRER ASSOCIAÇÃO	Veterano M40	04:25:02	+01:50:02	11:31
182	2094	Alvaro Nunes	All About Spirit Team	Veterano M40	04:25:42	+01:50:42	11:33
183	1716	Nuno Salazar Ferreira	Pace.Makers	Veterano M40	04:26:54	+01:51:54	11:36
184	1890	João Frango	Papa Km´s	Veterano M40	04:27:04	+01:52:04	11:37
185	1638	Francisco Dionisio	Individual	Veterano M40	04:27:21	+01:52:21	11:37
186	1617	Antonio Rego	Individual	Veterano M40	04:27:43	+01:52:43	11:38
187	2100	Fernando Barbosa	Individual	Veterano M40	04:27:47	+01:52:47	11:39
188	1108	Vasco Alpalhão	Conta Gotas	Veterano M40	04:27:53	+01:52:53	11:39
189	1686	Luís Roquete	Individual	Veterano M40	04:28:20	+01:53:20	11:40
190	1650	João António Leitão Almeida	Individual	Veterano M40	04:28:34	+01:53:34	11:41
191	1625	Carlos Alberto Fernandes Figueiredo	Individual	Veterano M40	04:28:34	+01:53:34	11:41
192	2103	Rui Cortes	Individual	Veterano M40	04:29:07	+01:54:07	11:42
193	1949	João Leitão	Runlovers	Veterano M40	04:29:43	+01:54:43	11:44
194	1736	Pedro Tomé Santos	Individual	Veterano M40	04:32:04	+01:57:04	11:50
195	1093	SÉRGIO ANTUNES	CLUBE ANACOM	Veterano M40	04:32:05	+01:57:05	11:50
196	1691	Manuel Macedo Nuñez	Individual	Veterano M40	04:32:09	+01:57:09	11:50
197	1666	Jorge Santos de Jesus	Individual	Veterano M40	04:32:51	+01:57:51	11:52
198	1162	Miguel Pedro	G&P	Veterano M40	04:33:14	+01:58:14	11:53
199	1651	João António Matias Pereira Rodrigues	Individual	Veterano M40	04:33:58	+01:58:58	11:55
200	1755	Rui Martins	Individual	Veterano M40	04:33:58	+01:58:58	11:55
201	1754	Rui Martins	Individual	Veterano M40	04:34:01	+01:59:01	11:55
202	1705	Nuno Ferreira	Individual	Veterano M40	04:34:01	+01:59:01	11:55
203	1129	João Fonseca	Derretebanha	Veterano M40	04:34:02	+01:59:02	11:55
204	1163	Nuno Gonçalves	G&P	Veterano M40	04:34:07	+01:59:07	11:55
205	1034	João Brites	AQUATeam	Veterano M40	04:34:18	+01:59:18	11:56
206	1636	Filipe Soares dos Reis	Individual	Veterano M40	04:34:27	+01:59:27	11:56
207	1640	Frederico Nobre	Individual	Veterano M40	04:34:27	+01:59:27	11:56
208	1687	Luís Rosa	Individual	Veterano M40	04:34:46	+01:59:46	11:57
209	1677	Luís Graça	Individual	Veterano M40	04:37:08	+02:02:08	12:03
210	1702	Nuno António de Deus Rosado	Individual	Veterano M40	04:37:17	+02:02:17	12:03
211	1694	Martim Franca	Individual	Veterano M40	04:37:58	+02:02:58	12:05
212	1194	Fernando Rio Maior	HPE CLUB	Veterano M40	04:37:58	+02:02:58	12:05
213	1688	Manuel António Rodrigues dos Santos	Individual	Veterano M40	04:38:18	+02:03:18	12:06
214	1196	Flávio Basílio	HPE CLUB	Veterano M40	04:38:51	+02:03:51	12:07
215	1711	Nuno Manuel Lopes Csaeiro	Individual	Veterano M40	04:44:58	+02:09:58	12:23
216	1961	Antonio Jose Correia Soares	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M40	04:46:27	+02:11:27	12:27

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217	1077	RUI GAMEIRO	CASA DO PESSOAL DA RTP	Veterano M40	04:47:07	+02:12:07	12:29
218	1097	João Carlos Ferreira	Clube Cimpor	Veterano M40	04:47:09	+02:12:09	12:29
219	1738	Rafael Figueiredo	Individual	Veterano M40	04:48:06	+02:13:06	12:32
220	1054	Paulo Casimiro	B(13)X Crossfit Endurance	Veterano M40	04:49:06	+02:14:06	12:34
221	1614	Alexandre Alves	Individual	Veterano M40	04:51:07	+02:16:07	12:39
222	1753	Rui Leão Monteiro	Individual	Veterano M40	04:51:07	+02:16:07	12:39
223	1992	Armando Pinto	Silva&Pinto	Veterano M40	04:51:09	+02:16:09	12:40
224	1975	ROMÃO SANTOS	Salamandrecos	Veterano M40	04:51:15	+02:16:15	12:40
225	1905	João Prisal	Rail Runners	Veterano M40	04:51:15	+02:16:15	12:40
226	1672	Jose Miguel laibaças	Individual	Veterano M40	04:51:15	+02:16:15	12:40
227	2007	Paulo Araujo	Slow Runners Pombal	Veterano M40	04:51:19	+02:16:19	12:40
228	1875	Jorge Manuel Antunes Morais	Os Gordos	Veterano M40	04:53:59	+02:18:59	12:47
229	1635	Filipe Quintino	Individual	Veterano M40	04:54:38	+02:19:38	12:49
230	1730	Pedro Morais Carneiro	Individual	Veterano M40	05:06:45	+02:31:45	13:20
231	1171	Rui Ferreira	GDCT UNICRE	Veterano M40	05:17:56	+02:42:56	13:49
232	2012	Pedro Ferraz	Smiling Runners	Veterano M40	05:25:16	+02:50:16	14:09
233	2037	Nuno Lucas	Tãlentos Team	Veterano M40	05:26:52	+02:51:52	14:13
234	2055	João Augusto Sarmento Ribeiro de Carvalho Salazar	TOKA A CORRER ASSOCIAÇÃO	Veterano M40	05:26:57	+02:51:57	14:13
235	1732	Pedro Pimenta	Individual	Veterano M40	05:39:21	+03:04:21	14:45
236	1746	Rui Belo	Individual	Veterano M40	05:39:21	+03:04:21	14:45
237	1741	Ricardo Miguel Marques Branco Grilo	Individual	Veterano M40	05:51:56	+03:16:56	15:18

Veterano M50

1	1767	Artur Paiva Ferreira	Individual	Veterano M50	02:58:02	07:44
2	1873	José João	Os galgos	Veterano M50	03:00:02	+02:00 07:50
3	1788	Jose Bento Morais	Individual	Veterano M50	03:04:24	+06:22 08:01
4	1161	António Antas	Furões do Alentejo	Veterano M50	03:06:06	+08:04 08:05
5	1200	João Moro	HPE CLUB	Veterano M50	03:08:51	+10:49 08:13
6	1044	Rui Lobo	Associação Cultural Sambrassense	Veterano M50	03:08:58	+10:56 08:13
7	1151	Andre Groen	Family Groen	Veterano M50	03:10:39	+12:37 08:17
8	1189	Pedro Amaral	Here for Beer	Veterano M50	03:15:48	+17:46 08:31
9	2112	Vitor Gameiro	Individual	Veterano M50	03:15:52	+17:50 08:31
10	2064	Carlos Manuel Dias dos Santos	União Futebol Comércio Indústria Tomar	Veterano M50	03:23:29	+25:27 08:51
11	1795	Rui Januário Paulo	Individual	Veterano M50	03:23:33	+25:31 08:51
12	1865	Carlos Pinto Coelho	O Mundo da Corrida	Veterano M50	03:24:59	+26:57 08:55
13	1780	João Cabrito	Individual	Veterano M50	03:29:38	+31:36 09:07
14	1796	Rui Susano Mateus	Individual	Veterano M50	03:34:42	+36:40 09:20
15	1130	Luis Dimas	Derretebanha	Veterano M50	03:35:50	+37:48 09:23
16	1778	Gustavo Évora	Individual	Veterano M50	03:41:04	+43:02 09:37
17	1789	Manuel Alfredo Esteves Caroso	Individual	Veterano M50	03:41:45	+43:43 09:38
18	1766	Antonio Negrinho	Individual	Veterano M50	03:42:08	+44:06 09:39
19	1791	Paulo Jorge Rodrigues Ramos	Individual	Veterano M50	03:46:02	+48:00 09:50
20	1881	Carlos Sousa	os perigosos	Veterano M50	03:47:09	+49:07 09:53

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21	1950	Luis Ferreira	Runlovers	Veterano M50	03:50:01	+51:59	10:00
22	1779	João Anjos	Individual	Veterano M50	03:51:04	+53:02	10:03
23	1857	Vitor Manuel Henriques Pereira Santos	NEL - Pédatleta	Veterano M50	03:54:26	+56:24	10:12
24	1777	Gaspar Moura	Individual	Veterano M50	03:58:25	+01:00:23	10:22
25	1769	Carlos Fernando Marques	Individual	Veterano M50	03:59:07	+01:01:05	10:24
26	1774	Fernando Agostinho	Individual	Veterano M50	04:01:22	+01:03:20	10:30
27	1770	Carlos Manuel Almeida Henriques	Individual	Veterano M50	04:05:41	+01:07:39	10:41
28	1790	Manuel Deus	Individual	Veterano M50	04:06:51	+01:08:49	10:44
29	2008	Vitor José Sousa Monteiro	Slow Runners Pombal	Veterano M50	04:07:02	+01:09:00	10:44
30	1792	Paulo Lapão	Individual	Veterano M50	04:07:49	+01:09:47	10:46
31	1785	Jorge Humberto Pereira	Individual	Veterano M50	04:07:57	+01:09:55	10:47
32	1771	Carlos Monteiro	Individual	Veterano M50	04:12:09	+01:14:07	10:58
33	1765	Antonio Beja	Individual	Veterano M50	04:12:18	+01:14:16	10:58
34	1776	Francisco Vitor Folgado	Individual	Veterano M50	04:12:47	+01:14:45	10:59
35	1793	Paulo Morao	Individual	Veterano M50	04:13:42	+01:15:40	11:02
36	1145	joaquim santos	FALCÕES SELVAGENS	Veterano M50	04:13:51	+01:15:49	11:02
37	2028	João Correia	SS CGD	Veterano M50	04:15:42	+01:17:40	11:07
38	1784	Joaquim Camões	Individual	Veterano M50	04:16:03	+01:18:01	11:08
39	1786	Jorge Manuel Reis Neto	Individual	Veterano M50	04:16:44	+01:18:42	11:10
40	1787	Jorge Manuel Tomé Duarte	Individual	Veterano M50	04:18:15	+01:20:13	11:14
41	1768	Augusto Paulo Neves	Individual	Veterano M50	04:18:20	+01:20:18	11:14
42	2086	Duarte Pereira	Zangões	Veterano M50	04:19:43	+01:21:41	11:18
43	1169	António Guerreiro	GD Roche Portugal	Veterano M50	04:22:54	+01:24:52	11:26
44	1773	Dinis Silva	Individual	Veterano M50	04:27:24	+01:29:22	11:38
45	1988	Emidio Santos	Sigma Runners	Veterano M50	04:30:06	+01:32:04	11:45
46	1797	VICENTE AGUILAR BERMEJO	Individual	Veterano M50	04:30:53	+01:32:51	11:47
47	1064	Paulo Sousa	Beep - Beep	Veterano M50	04:31:23	+01:33:21	11:48
48	1092	MANUEL MARTIN MANSO	CLUB MARATON BADAJOZ	Veterano M50	04:32:01	+01:33:59	11:50
49	1783	João Paulo Casimiro Rato	Individual	Veterano M50	04:36:15	+01:38:13	12:01
50	1989	José Tribuna	Sigma Runners	Veterano M50	04:36:22	+01:38:20	12:01
51	1799	Vitor José da Silva Ferreira	Individual	Veterano M50	04:43:24	+01:45:22	12:19
52	2089	Rui Carmo	Individual	Veterano M50	04:47:07	+01:49:05	12:29
53	1781	Joao Ferreira	Individual	Veterano M50	04:56:20	+01:58:18	12:53
54	1893	Vitor Cadão	PAPA TRILHOS	Veterano M50	05:01:38	+02:03:36	13:07
55	1925	heliodoro passinhas	RUN 4 EAT	Veterano M50	05:02:25	+02:04:23	13:09
56	2027	Andre Noronha	SS CGD	Veterano M50	05:09:18	+02:11:16	13:27
57	1990	Luis Santos	Sigma Runners	Veterano M50	05:15:47	+02:17:45	13:44
58	1794	Raul das Neves	Individual	Veterano M50	06:10:17	+03:12:15	16:06
59	1909	Pedro Manuel Mateus Bento Oliveira	Rancho Folclórico do Vilar	Veterano M50	06:17:27	+03:19:25	16:25

Veterano M60

1	1801	Carlos Ferreira	Individual	Veterano M60	03:00:03	07:50
2	2029	Severino Rosa	SS CGD	Veterano M60	03:52:39	+52:36 10:07
3	1038	Fausto Carvalho	ARSM	Veterano M60	03:59:05	+59:02 10:24
4	1862	João Rogério Caldas Pinto	NOVOS TRILHOS	Veterano M60	04:07:01	+01:06:58 10:44

Official Timekeeper: Lap2Go	21 / 22	generate 01-jun-2016 18:30
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Trail 23K

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

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REVISED

5	1803	JOÃO TORRES	Individual	Veterano M60	04:19:18	+01:19:15	11:16
6	1802	francisco maia	Individual	Veterano M60	04:27:00	+01:26:57	11:37

COLETIVA 23K

RANK	TEAM	DESCRIPTION	POINTS
1	ACM Trail&Running	28 + 77 + 105	210
2	Tá-len-tos	39 + 71 + 106	216
3	run@figueira	74 + 76 + 131	281
4	Furões do Alentejo	30 + 79 + 212	321
5	Os galgos	54 + 56 + 319	429
6	Slow Runners Pombal	70 + 141 + 219	430
7	UP&GO	133 + 154 + 187	474
8	Running Academy - O2 Life Center	87 + 233 + 234	554
9	os perigosos	109 + 170 + 334	613
10	Runners da Frente Ribeirinha da Póvoa de Santa Iria	172 + 181 + 269	622
11	HPE CLUB	86 + 264 + 318	668
12	SS CGD	247 + 248 + 252	747
13	Run Buddy Run	246 + 276 + 277	799
14	TOKA A CORRER ASSOCIAÇÃO	63 + 136 + 625	824
15	Team Rainha Santa Isabel/Tarsibus	215 + 278 + 353	846
16	UNIÃO FCI DE TOMAR	5 + 497 + 498	1000
17	Runlovers	330 + 348 + 349	1027
18	Montes Runners	268 + 335 + 451	1054
19	NEL - Pédatleta	200 + 398 + 465	1063
20	deita fumo	188 + 394 + 544	1126
21	ATR - Algarve Trail Running	90 + 379 + 695	1164
22	FALCÕES SELVAGENS	241 + 360 + 571	1172
23	Clube Cimpor	108 + 490 + 665	1263
24	W&M-TRAIL	424 + 425 + 426	1275
25	B(13)X Crossfit Endurance	301 + 303 + 769	1373
26	CLUB MARATON BADAJOZ	41 + 682 + 683	1406
27	Alverca Urban Runners	437 + 507 + 512	1456
28	Grupo Desportivo Ribeirinhos	94 + 648 + 817	1559
29	Salta-montes	404 + 482 + 748	1634
30	Pace.Makers	523 + 524 + 602	1649
31	Derretebanha	253 + 705 + 706	1664
32	O Mundo da Corrida	179 + 733 + 762	1674
33	Salamandreco	129 + 759 + 788	1676
34	Correção	526 + 527 + 624	1677
35	FAMA RUNNERS	372 + 663 + 664	1699
36	Grupo Desportivo Roche Portugal	545 + 546 + 616	1707
37	Conta Gotas	232 + 647 + 835	1714
38	Runfit	472 + 621 + 622	1715

[illegible]

Official Timekeeper: Lap2Go	2 / 2	generate 29-mai-2016 18:21
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