



II Shark Race Sesimbra by Entrepasto 2018

25 de Agosto, 2018

<https://werun.pt/resultados/ii-shark-race-sesimbra-2018/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	503	marco tavares	00:29:44	00:29:44	M2439		1
2	464	DAVID FERNANDES	00:30:44	00:30:44	M4049	VITÓRIA DE SETÚBAL	1
3	42	FLAVIO SANTOS	00:31:30	00:31:30	M0023	FEDERACAO DA FAMILIA PARA A PAZ MUNDIAL E UNIFICAC	1
4	502	MIGUEL SOBRAL	00:31:40	00:31:40	M2439	ACADEMIA DO KORPO	2
5	5	HUGO MEDRONHEIRA	00:31:59	00:31:59	M2439	CDRRIBEIRINHO	3
6	43	RUI HENRIQUES	00:32:34	00:32:34	M4049	FEDERACAO DA FAMILIA PARA A PAZ MUNDIAL E UNIFICAC	2
7	467	JOSÉ MANUEL GOMES	00:33:18	00:33:17	M5059		1
8	471	JOSE SERRALHA	00:33:29	00:33:29	M5059	MONTIJO RUNNERS	2
9	31	GONÇALO PORÊLO	00:34:17	00:34:16	M2439	GP RUNNING	4
10	488	FILIPE JORGE LOPES PIMENTA PIMENTA	00:34:20	00:34:19	M2439		5
11	480	JOSÉ SILVA	00:34:31	00:34:31	M5059		3
12	38	CARLOS PEREIRA	00:34:52	00:34:52	M4049	FAMÍLIA PARA A PAZ MUNDIAL E UNIFICAÇÃO	3
13	460	MÁRIO LOURENÇO	00:34:56	00:34:56	M5059	CLUBE DE PRAÇAS DA ARMADA	4
14	439	NELSON PEREIRA	00:35:10	00:35:10	M5059	MONTIJO RUNNERS	5
15	449	JOSÉ AMIGO	00:35:46	00:35:46	M6069	CCR ALTO DO MOINHO	1
16	28	PEDRO GOMES	00:36:01	00:36:01	M6069	A NATUREZA ENSINA	2

17	479	RUI PATACO	00:36:25	00:36:25	M4049	CLUBE AVENTURA DE MONFORTE	4
18	493	MANUEL JOÃO SILVA	00:36:31	00:36:31	M4049	DOMINGUEIRA VENDAS NOVAS	5
19	459	ERIC VACHON	00:36:37	00:36:33	M4049		6
20	444	RUI PAVIA	00:36:46	00:36:40	M2439	MONTIJO RUNNERS	6
21	418	TIAGO BOLEGAS	00:36:48	00:36:47	M2439		7
22	25	RICARDO SANTOS	00:36:50	00:36:50	M4049	MOITA A CORRER	7
23	416	JOÃO PAIXÃO	00:36:53	00:36:53	M2439		8
24	494	ALEXANDRE LEIRIA	00:37:03	00:37:03	M4049	FITRUNNERS	8
25	402	GONÇALO SENA	00:37:10	00:36:58	M0023	CAIPIRINHAS DE SESIMBRA	2
26	475	ANTÓNIO CERDEIRA	00:37:14	00:37:14	M6069	CCR ALTO DO MOINHO	3
27	478	PEDRO MATA	00:37:56	00:37:56	M5059		6
28	35	ANABELA CARVALHO	00:38:02	00:38:02	F5059	GD SÃO DOMINGOS	1
29	17	CÁTIA SANTANA	00:38:06	00:38:06	F0023		1
30	497	ELISA VARELA	00:38:16	00:38:16	F4049	GD SÃO DOMINGOS	1
31	420	ROBERTO FERREIRA	00:38:49	00:38:47	M2439		9
32	443	PAULO ALMEIDA	00:39:02	00:39:02	M4049		9
33	450	ANTÓNIO PEREIRA	00:39:02	00:39:01	M5059	CCR ALTO DO MOINHO	7
34	427	PAULO BASÍLIO	00:39:38	00:39:32	M5059	OS ZATOPEQUES	8
35	436	PATRÍCIA VIEIRA	00:39:40	00:39:39	F2439	MONTIJO RUNNERS	1
36	454	FRANCISCO PINTO	00:39:41	00:39:40	M5059	CCR ALTO DO MOINHO	9
37	510	TÂNIA FREITAS	00:40:08	00:40:07	F2439		2
38	462	RODOLFO RAPAZ	00:40:09	00:40:05	M4049	AUDI-SANTOGAL	10
39	3	MIGUEL DIAS	00:40:11	00:40:04	M4049	SS CGD	11

40	481	ALEXANDRA SILVA	00:40:17	00:40:16	F4049	AMINHACORRIDA/MYPROTEIN	2
41	469	VASCO BERNARDO	00:40:43	00:40:39	M2439	NAVIGATOR CLUBE SETUBAL	10
42	474	MANUEL NASCIMENTO	00:40:54	00:40:54	M6069	WERUN	4
43	440	PEDRO PEREIRA	00:41:07	00:41:00	M0023	MONTIJO RUNNERS	3
44	505	HELDER FELIX	00:41:20	00:41:18	M4049	OPRATICANTE	12
45	492	FREDERICO CONCEIÇÃO	00:41:32	00:41:32	M4049	HUSTLE TEAM	13
46	476	LUIS MIGUEL TOLDA	00:41:37	00:41:37	M0023	CCR ALTO DO MOINHO	4
47	499	FERNANDO GUERREIRO	00:41:41	00:41:41	M7099	GD SÃO DOMINGOS	1
48	7	JOSE CHICHARO	00:41:45	00:41:42	M5059	CDRRIBEIRINHO	10
49	6	SOFIA MEDRONHEIRA	00:41:46	00:41:43	F2439	CDRRIBEIRINHO	3
50	468	JOÃO MOITEIRO	00:42:00	00:41:56	M4049		14
51	483	CARLA HENRIQUES	00:42:10	00:42:10	F4049	AMINHACORRIDA/MYPROTEIN	3
52	44	PAULO RODRIGUES	00:42:13	00:42:11	M4049	MOITA A CORRER	15
53	9	ISABEL SANTOS	00:42:28	00:42:26	F4049	FAMÍLIA PARA A PAZ MUNDIAL E UNIFICAÇÃO	4
54	413	PATRÍCIA SOFIA DA CRUZ PINTO	00:42:37	00:42:37	F4049		5
55	506	LUIS PIEDADE	00:42:59	00:42:57	M4049	MONTIJO RUNNERS	16
56	495	ÁLVARO FERREIRA	00:43:16	00:43:16	M5059	C. D. MAFRA	11
57	466	RUI SALVADOR	00:43:51	00:43:44	M4049		17
58	21	ANTÓNIO PEREIRA	00:44:06	00:44:04	M4049	MOITA A CORRER	18
59	465	PAULO MACHADO	00:44:07	00:44:07	M2439		11
60	4	CÁTIA FONSECA	00:44:09	00:44:02	F2439	SS CGD	4
61	412	ANTÓNIO VARELA	00:44:31	00:44:29	M5059	INDIVIDUAL	12
62	484	CARLA TABAIO	00:44:52	00:44:48	F2439	AMINHACORRIDA/MYPROTEIN	5

63	41	PAULO LOPES	00:45:27	00:45:18	M4049		19
64	401	RODRIGO SENA	00:45:31	00:45:20	M0023	CAIPIRINHAS DE SESIMBRA	5
65	434	NUNO OLIVEIRA	00:45:32	00:45:24	M4049		20
66	431	PEDRO CARETAS	00:45:54	00:45:53	M2439		12
67	500	RICARDO CAMPOS	00:46:24	00:46:21	M4049	DESPORTIVO DE ODIVELAS	21
68	437	GLORIA VIEIRA	00:47:14	00:47:11	F4049	DOIDAS	6
69	496	TERESA SILVA	00:47:15	00:47:15	F5059		2
70	507	LEANDRO FARIA	00:47:18	00:47:10	M2439	INDIVIDUAL	13
71	16	JORGE RAMALHO	00:47:43	00:47:42	M4049	BOMBEIROS VOLUNTÁRIOS MONTEMOR-O-NOVO	22
72	15	MARIA MOCISSO	00:47:43	00:47:43	F4049	BOMBEIROS VOLUNTÁRIOS MONTEMOR-O-NOVO	7
73	458	GONÇALO GOMES	00:47:48	00:47:40	M2439		14
74	448	MARIZA RAMALHO	00:47:57	00:47:54	F2439	CCR ALTO DO MOINHO	6
75	27	EDUARDO RODRIGUES	00:48:04	00:48:01	M4049		23
76	426	GERMANO BERNARDO	00:48:11	00:47:58	M6069	PRAZER DA CORRIDA	5
77	404	MARIA AMIGO	00:48:15	00:48:13	F5059	99PROVASGRATUITAS TEAM	3
78	33	NUNO ROSA	00:48:52	00:48:46	M4049		24
79	456	ANDREIA CARDADOR	00:48:53	00:48:41	F2439	ESCOLA DE ATLETISMO DO MONTIJO - AFDD	7
80	445	ROSA AFONSO	00:48:56	00:48:52	F5059	CCR ALTO DO MOINHO	4
81	453	MARCOS FAUSTINO	00:49:04	00:48:57	M6069	CCR ALTO DO MOINHO	6
82	457	ISAURA PEREIRA	00:49:12	00:49:06	F6069	CCR ALTO DO MOINHO	1
83	417	CORNELIA LACKNER	00:49:35	00:49:29	F4049	GRUPO RECREATIVO DA QUINTA DA LOMBA	8
84	470	EMILIA GALINHA	00:49:46	00:49:41	F5059	TRILHO PERDIDO EVENTOS / IMPORLUX	5
85	414	TIAGO ROSA	00:49:58	00:49:55	M2439		15

86	438	EDUARDO VENTURA	00:50:07	00:49:59	M2439	SIMARSUL	16
87	419	ANA HENRIQUE	00:50:19	00:50:13	F4049		9
88	433	ALEXANDRE DRAGO	00:50:32	00:50:29	F2439		8
89	45	MÁRIO RUI PEREIRA DA SILVA	00:51:40	00:51:35	M5059		13
90	509	MARIA LOURENÇO	00:51:43	00:51:34	F4049	FAMÍLIA PARA A PAZ MUNDIAL E UNIFICAÇÃO	10
91	36	ANTONIETA BRITO	00:52:04	00:52:01	F5059	GD SÃO DOMINGOS	6
92	473	ANA ROSARIO	00:52:07	00:51:55	F4049	ZEBRAS	11
93	422	CARINA OLIVEIRA	00:52:07	00:52:07	F4049		12
94	508	JORGE COSTA	00:52:38	00:52:29	M5059	FAMÍLIA PARA A PAZ MUNDIAL E UNIFICAÇÃO	14
95	430	RICARDO TAVARES	00:52:40	00:52:32	M2439		17
96	446	PAULO SOARES	00:52:42	00:52:33	M4049	CCR ALTO DO MOINHO	25
97	498	JUDITE GUERREIRO	00:52:54	00:52:51	F6069	GD SÃO DOMINGOS	2
98	482	BRUNO TABAIO	00:53:20	00:53:11	M2439	AMINHACORRIDA/MYPROTEIN	18
99	435	JULIA ANDRADE	00:53:28	00:53:22	F2439		9
100	461	RICARDO GASPAR	00:53:45	00:53:36	M6069	CLUBE DE PRAÇAS DA ARMADA	7
101	491	MIGUEL LOPES	00:53:59	00:53:51	M4049	99PROVASGRATUITAS	26
102	490	MARTA CARVALHO	00:53:59	00:53:52	F0023	99PROVASGRATUITAS	2
103	489	JOÃO PAULO CARVALHO	00:54:00	00:53:53	M4049	99PROVASGRATUITAS	27
104	20	EMÍLIO GONÇALVES	00:55:37	00:55:27	M5059	AMIGOS VALE SILÊNCIO	15
105	442	JOSÉ AUGUSTO	00:56:31	00:56:20	M5059		16
106	400	ANTONIO SENA	00:56:31	00:56:19	M4049	CAIPIRINHAS DE SESIMBRA	28
107	415	ÂNGELA SOUSA	00:56:43	00:56:38	F4049		13
108	406	SÓNIA PINTO	00:59:17	00:59:13	F5059		7

109	487	SARA FARO	01:00:46	01:00:40	F4049	AMINHACORRIDA/MYPROTEIN	14
110	504	VALDEMAR PEREIRA	01:00:48	01:00:42	M6069	OPRATICANTE	8
111	432	BRUNA ESEQUIEL	01:03:45	01:03:41	F2439		10
112	485	JOEL FARINHA	01:12:12	01:11:59	M2439	AMINHACORRIDA/MYPROTEIN	19
113	501	LÍDIA FARINHA	01:12:12	01:12:00	F2439	AMINHACORRIDA/MYPROTEIN	11
114	421	MÁRIO PIRES	01:13:00	01:13:00	M5059	INDIVIDUAL	17