

SANTO THYRSO TRAIL 21KM

21 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	13,3°C	75,3%
End	16:00	13.3°C	75.3%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	1532	José Carvalho	sneakers power/aprt	Senior Masculino	01:44:12		04:58
2	1048	Carlos Lopes	atletico clube de mogadouro	Senior Masculino	01:44:31	+00:19	04:59
3	1001	Bruno Ricardo Oliveira Silva	afacycles sport caixiansel	Senior Masculino	01:50:30	+06:18	05:16
4	1349	Simão Pedro Pacheco Fernandes	individual	Senior Masculino	01:56:58	+12:46	05:34
5	1534	André Guedes	sneakers power/aprt	Veterano M40	01:58:33	+14:21	05:39
6	1172	Tiago Teixeira	ginasio factor x	Senior Masculino	01:59:17	+15:05	05:41
7	1155	Pedro Oliveira	famarunners	Senior Masculino	01:59:24	+15:12	05:41
8	1119	pedro leite	dr merino clinica médica (run&shine)	Sub 23 Masculino	01:59:55	+15:43	05:43
9	1490	Carlos Correia	o mundo da corrida	Senior Masculino	02:00:54	+16:42	05:45
10	1118	david ferreira	dr merino clinica médica (run&shine)	Senior Masculino	02:03:06	+18:54	05:52
11	1145	José Inácio Lima Rodrigues	experienciar	Senior Masculino	02:05:29	+21:17	05:59
12	1239	Filipe Pereira	individual	Senior Masculino	02:07:52	+23:40	06:05
13	1101	Hugo Correia	clube náutico de ponte de lima	Senior Masculino	02:08:24	+24:12	06:07
14	1082	Tiago Lima	cf jesuitas	Senior Masculino	02:09:38	+25:26	06:10
15	1572	Sérgio Duarte	team duas faces	Senior Masculino	02:10:00	+25:48	06:11
16	1305	Paulo manuel monteiro da costa	individual	Senior Masculino	02:10:12	+26:00	06:12
17	1164	Ricardo Rocha	fast ao km	Senior Masculino	02:10:31	+26:19	06:13
18	1419	Victor Emanuel De Catro Correia	individual	Veterano M40	02:11:46	+27:34	06:16
19	1528	Carlos Miguel Ferreira	santo tirso runners	Senior Masculino	02:11:48	+27:36	06:17
20	1582	Carlos Coelho	trail me	Senior Masculino	02:12:01	+27:49	06:17
21	1148	José Paulo Pereira Ribeiro	factor x	Senior Masculino	02:13:17	+29:05	06:21
22	1452	Fernando Noronha	individual	Veterano M50	02:13:40	+29:28	06:22
23	1258	Joaquim Domingos Lopes Alves	individual	Senior Masculino	02:13:53	+29:41	06:23
24	1154	Nuno Alves	famarunners	Senior Masculino	02:14:33	+30:21	06:24
25	1502	Marco Paulo Alves Brochado	os lobos do saibro	Senior Masculino	02:14:54	+30:42	06:25
26	1623	Rui Sousa	urban shape team	Veterano M40	02:15:14	+31:02	06:26
27	1011	MANUEL ANSELMO DA SILVA MAIA	afacycles sport caixiansel	Senior Masculino	02:15:14	+31:02	06:26
28	1626	Paulo Manuel Correia Martins	urban shape team	Veterano M45	02:15:15	+31:03	06:26
29	1470	Adriano Oliveira	lusitanos	Veterano M40	02:15:38	+31:26	06:28
30	1124	Pedro Ferreira	entre os montes	Senior Masculino	02:15:49	+31:37	06:28
31	1056	Ricardo Manuel dos Santos Coutinho Barreiro	caac - clube de atletismo de arentim e cunha	Senior Masculino	02:16:02	+31:50	06:29
32	1273	Liborio Vilela	individual	Senior Masculino	02:17:25	+33:13	06:33
33	1430	José Carlos Ferreira Dias	individual	Veterano M45	02:17:25	+33:13	06:33
34	1483	João Lemos	malta power by trevo do sucesso	Senior Masculino	02:17:37	+33:25	06:33
35	1446	Vasco Morais Pinheiro de Sousa	individual	Veterano M45	02:17:56	+33:44	06:34
36	1423	Dionisio Manuel Correia de Sousa	individual	Veterano M45	02:18:11	+33:59	06:35
37	1429	Joaquim Fernandes Pinheiro	individual	Veterano M45	02:18:28	+34:16	06:36
38	1319	Ricardo Andre Ramos Miranda	individual	Senior Masculino	02:18:36	+34:24	06:36
39	1313	Pedro Costa	individual	Senior Masculino	02:19:24	+35:12	06:38
40	1485	Pedro Manuel Silva	nast	Sub 23 Masculino	02:19:27	+35:15	06:38

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1347	Sérgio Manuel Pinto Carneiro	individual	Senior Masculino	02:19:29	+35:17	06:39
42	1249	Hernani Correia	individual	Senior Masculino	02:20:01	+35:49	06:40
43	1408	Orlando Jorge Pereira	individual	Veterano M40	02:20:34	+36:22	06:42
44	1463	Filipe Manuel Fernandes Tavares	intercaimabike/polisport/loja da visão	Sub 23 Masculino	02:20:59	+36:47	06:43
45	1533	Luís Letra	sneakers power/aprt	Senior Masculino	02:21:06	+36:54	06:43
46	1304	paulo jorge	individual	Senior Masculino	02:21:06	+36:54	06:43
47	1157	Simão Carneiro	famarunners	Senior Masculino	02:21:26	+37:14	06:44
48	1104	José Gomes	confraria da bike clube	Veterano M45	02:21:33	+37:21	06:44
49	1527	rodrigo silva	running team lantemil	Senior Masculino	02:21:34	+37:22	06:44
50	1514	Bruno Mendes	prt/ad quinta	Senior Masculino	02:21:43	+37:31	06:45
51	1509	Jorge Brites	pé na rota	Veterano M40	02:22:12	+38:00	06:46
52	1006	Nuno Maia	3hundred team	Senior Masculino	02:22:39	+38:27	06:48
53	1445	Paulo Santos	individual	Veterano M45	02:22:51	+38:39	06:48
54	1173	Pedro Rocha	gondomar futsal clube	Senior Masculino	02:23:07	+38:55	06:49
55	1573	Pedro Branco	team duas faces	Veterano M40	02:23:08	+38:56	06:49
56	1049	João Andrade	aveiro rookie team	Sub 23 Masculino	02:23:28	+39:16	06:50
57	1491	Fernando Carvalho	o mundo da corrida	Senior Masculino	02:23:30	+39:18	06:50
58	1523	Inuo Filipe Melo	run4all	Senior Masculino	02:23:33	+39:21	06:50
59	1363	Milton César Miranda dos Santos	individual	Sub 23 Masculino	02:23:43	+39:31	06:51
60	1074	Carlos Manuel Ribeiro Gomes	cf jesuítas	Senior Masculino	02:23:44	+39:32	06:51
61	1436	Manuel Gomes	individual	Veterano M45	02:23:44	+39:32	06:51
62	1268	José Luis Sá	individual	Senior Masculino	02:24:04	+39:52	06:52
63	1565	Bruno Loureiro	team duas faces	Senior Masculino	02:24:04	+39:52	06:52
64	1057	Ruben Barbosa	caac - clube de atletismo de arentim e cunha	Senior Masculino	02:25:21	+41:09	06:55
65	1422	Carlos Gandra	individual	Veterano M45	02:25:22	+41:10	06:55
66	1316	Pedro Teixeira	individual	Senior Masculino	02:25:35	+41:23	06:56
67	1036	Fernando Pereira	amigos da montanha	Veterano M40	02:26:04	+41:52	06:57
68	1379	Abilio Martins Almeida	individual	Veterano M40	02:26:21	+42:09	06:58
69	1390	Duarte Silva	individual	Veterano M40	02:26:27	+42:15	06:58
70	1424	Fernando Duarte da Silva Martins	individual	Veterano M45	02:26:32	+42:20	06:59
71	1501	Filipe Ricardo Pinto Ferreira	os lobos do saibro	Senior Masculino	02:26:33	+42:21	06:59
72	1058	Tiago Dinis Faria Sousa	caac - clube de atletismo de arentim e cunha	Senior Masculino	02:26:51	+42:39	07:00
73	1500	Paulo Pinheiro	"os lebres" btt sai da frente	Senior Masculino	02:27:12	+43:00	07:01
74	1592	Ricardo Penedo	trilhos d'aventura	Senior Masculino	02:27:17	+43:05	07:01
75	1282	Marco Escadas	individual	Senior Masculino	02:27:34	+43:22	07:02
76	1447	vitoe Coelho	individual	Veterano M45	02:28:20	+44:08	07:04
77	1238	Filipe José Ferreira De Sousa	individual	Senior Masculino	02:28:59	+44:47	07:06
78	1585	Miguel Araújo	trail me	Veterano M40	02:29:46	+45:34	07:08
79	1264	José Cruz	individual	Senior Masculino	02:29:47	+45:35	07:08
80	1328	Romeu Cristiano de Brito Machado	individual	Senior Masculino	02:29:47	+45:35	07:08
81	1508	Paulo Pereira	papakm	Senior Masculino	02:29:49	+45:37	07:08
82	1636	Luis Miguel Lopes Ribeiro	veloses & furiosos	Senior Masculino	02:30:24	+46:12	07:10
83	1020	Sérgio Russo	afrikanrunners	Senior Masculino	02:30:41	+46:29	07:11
84	1348	Sérgio Pereira	individual	Senior Masculino	02:30:41	+46:29	07:11
85	1078	Ivo André Caleiros Maia Pereira	cf jesuítas	Senior Masculino	02:30:48	+46:36	07:11
86	1468	Nelson Pires	lusitanos	Senior Masculino	02:31:07	+46:55	07:12

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	1117	Bruno Costa	ctad - trilhões de cinfães	Sub 23 Masculino	02:31:08	+46:56	07:12
88	1400	José Maria Gouveia Martins	individual	Veterano M40	02:31:24	+47:12	07:13
89	1095	Márcio Carneiro	clube desportivo de lousado	Senior Masculino	02:31:27	+47:15	07:13
90	1583	António Coelho	trail me	Veterano M40	02:31:30	+47:18	07:13
91	1232	Diogo Silva	individual	Senior Masculino	02:31:48	+47:36	07:14
92	1009	Sérgio Santos	a2d-associação académica didáxis	Senior Masculino	02:31:51	+47:39	07:14
93	1236	Fernando Jorge de Matos Ribeiro Guimarães	individual	Senior Masculino	02:31:56	+47:44	07:14
94	1386	Cláudio Ferreira	individual	Veterano M40	02:32:00	+47:48	07:14
95	1609	Mário Brito	urban shape team	Senior Masculino	02:32:07	+47:55	07:15
96	1567	João Moutinho	team duas faces	Senior Masculino	02:32:17	+48:05	07:15
97	1570	Ricardo Dantas	team duas faces	Senior Masculino	02:32:17	+48:05	07:15
98	1637	Luis Miguel Pereira	veloses & furiosos	Veterano M40	02:32:39	+48:27	07:16
99	1012	HUMBERTO CARLOS F M SILVA	afimdebtt	Veterano M40	02:33:01	+48:49	07:17
100	1398	Jorge Azevedo	myleggs	Veterano M40	02:33:06	+48:54	07:17
101	1396	Joaquim Carlos da Silva Coelho	individual	Veterano M40	02:33:12	+49:00	07:18
102	1266	Jose Emanuel Coelho Lima	individual	Senior Masculino	02:33:18	+49:06	07:18
103	1108	Felisberto Carvalho Arcipreste	crossfit vale do ave	Senior Masculino	02:33:43	+49:31	07:19
104	1321	Ricardo Filipe Silva Couto	individual	Senior Masculino	02:34:02	+49:50	07:20
105	1438	Martinho Jorge silva costa	individual	Veterano M45	02:34:34	+50:22	07:22
106	1389	Duarte Gil Ribeiro Barbosa	individual	Veterano M40	02:34:34	+50:22	07:22
107	1215	André Dias	individual	Senior Masculino	02:35:03	+50:51	07:23
108	1246	HELDER MANUEL FREITAS OLIVEIRA	individual	Senior Masculino	02:35:18	+51:06	07:24
109	1322	Ricardo Miguel Ferreira da Silva	individual	Senior Masculino	02:35:21	+51:09	07:24
110	1434	Lieven Verraest	individual	Veterano M45	02:35:22	+51:10	07:24
111	1333	Rui Jorge Pereira Marinho Ribeiro	individual	Senior Masculino	02:35:38	+51:26	07:25
112	1257	João pedro Baptista Salvaterra	individual	Senior Masculino	02:35:56	+51:44	07:26
113	1441	Paulo Baltasar Martins	individual	Veterano M45	02:36:00	+51:48	07:26
114	1122	Emidio Quinteira	entre os montes	Senior Masculino	02:36:05	+51:53	07:26
115	1344	SERGIO ANDRE DA SILVA COELHO	individual	Senior Masculino	02:36:10	+51:58	07:26
116	1103	Antonio Marcelino Coutinho Freitas	confraria da bike clube	Veterano M45	02:36:14	+52:02	07:26
117	1603	Gilberto Ribeiro	urban shape team	Senior Masculino	02:36:15	+52:03	07:26
118	1648	Maria Goreti Silva	desnivel positivo / my leggs	Senior Feminino	02:36:24	+52:12	07:27
119	1435	Luís Guise	individual	Veterano M45	02:36:27	+52:15	07:27
120	1158	Vitor Teixeira	famarunners	Senior Masculino	02:36:43	+52:31	07:28
121	136	Carlos Alberto Lopes Fernandes	individual	Veterano M45	02:36:45	+52:33	07:28
122	1091	António Teixeira	clínica dentária-dr.rui couto e dra sofia alves	Veterano M50	02:36:46	+52:34	07:28
123	1584	Antonio Grande	trail me	Veterano M40	02:37:02	+52:50	07:29
124	1416	Rui Pedro Pena	individual	Veterano M40	02:37:07	+52:55	07:29
125	1353	Tiago Pinheiro	individual	Senior Masculino	02:37:33	+53:21	07:30
126	1301	Paulino Daniel Azevedo Maia Alves	individual	Senior Masculino	02:37:57	+53:45	07:31
127	1276	Luis ferreira	individual	Senior Masculino	02:38:00	+53:48	07:31
128	1217	André Manuel da Silva Machado	individual	Senior Masculino	02:38:01	+53:49	07:31
129	1611	Raul Filipe Pereira Dias	urban shape team	Senior Masculino	02:38:14	+54:02	07:32
130	1031	Emerson Augusto Thome	alive runners	Veterano M40	02:38:15	+54:03	07:32

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	1566	Fernando Lopes	team duas faces	Senior Masculino	02:38:18	+54:06	07:32
132	1358	Bruno Filipe Ribeiro Ferreira	individual	Sub 23 Masculino	02:39:12	+55:00	07:35
133	98	Carlos Martins	individual	Veterano M40	02:39:20	+55:08	07:35
134	1134	Ricardo Martins Henriques Pais	ermida fit	Senior Masculino	02:39:22	+55:10	07:35
135	1403	LUIS ALMEIDA	individual	Veterano M40	02:39:36	+55:24	07:36
136	1360	Fábio Cruz	individual	Sub 23 Masculino	02:39:42	+55:30	07:36
137	1071	Sarina Guimarães	cf jesuítas	Senior Feminino	02:39:44	+55:32	07:36
138	1221	Antonio José Oliveira Marques de Sousa	individual	Senior Masculino	02:39:44	+55:32	07:36
139	1081	Rui Matos	cf jesuítas	Senior Masculino	02:39:44	+55:32	07:36
140	1365	Ricardo Lírio	individual	Sub 23 Masculino	02:39:47	+55:35	07:37
141	1571	Rui Andrade	team duas faces	Senior Masculino	02:39:49	+55:37	07:37
142	1289	Moisés Ferreira	individual	Senior Masculino	02:40:16	+56:04	07:38
143	1381	Antonio Martins	individual	Veterano M40	02:40:23	+56:11	07:38
144	1621	José Coelho	urban shape team	Veterano M40	02:40:24	+56:12	07:38
145	1092	André Filipe Gueiral Cabreira	clube de atletismo da póvoa de varzim	Senior Masculino	02:40:46	+56:34	07:39
146	1510	Carlos Pinto João	perdi o táxi	Veterano M40	02:41:01	+56:49	07:40
147	1542	Daniel Coelho	solmaia runners	Senior Masculino	02:41:16	+57:04	07:41
148	1569	Pedro Santos	team duas faces	Senior Masculino	02:41:18	+57:06	07:41
149	1050	VITOR ARAUJO	biciatus	Veterano M50	02:41:20	+57:08	07:41
150	1499	Adelino Pinheiro	"os lebres" btt sai da frente	Senior Masculino	02:41:45	+57:33	07:42
151	1219	António Almeida	individual	Senior Masculino	02:41:58	+57:46	07:43
152	1443	Paulo Martins	individual	Veterano M45	02:42:02	+57:50	07:43
153	1412	Paulo Ribeiro	individual	Veterano M45	02:42:03	+57:51	07:43
154	1351	Tiago Frutuoso	individual	Senior Masculino	02:42:04	+57:52	07:43
155	1100	sara correia	clube náutico de ponte de lima	Senior Feminino	02:42:15	+58:03	07:44
156	1309	paulo silva	individual	Senior Masculino	02:42:28	+58:16	07:44
157	1425	Filipe Rodrigues Gonçalves	desnivel positivo	Veterano M45	02:42:47	+58:35	07:45
158	1453	Joaquim Fernando Barbosa de Castro	individual	Veterano M50	02:42:49	+58:37	07:45
159	1226	Carlos Barreto	individual	Senior Masculino	02:42:54	+58:42	07:45
160	1228	Cláudio Cândido	individual	Senior Masculino	02:43:02	+58:50	07:46
161	1005	Hélio Sousa	3hundred team	Senior Masculino	02:43:06	+58:54	07:46
162	1306	Paulo Martins	individual	Senior Masculino	02:43:19	+59:07	07:47
163	1343	Rui Teixeira Machado	individual	Senior Masculino	02:43:22	+59:10	07:47
164	1198	Manuela Tavares	individual	Senior Feminino	02:43:33	+59:21	07:47
165	1602	Emídio Marques	urban shape team	Senior Masculino	02:43:42	+59:30	07:48
166	1087	Joaquim Nunes	cf jesuítas	Veterano M50	02:43:55	+59:43	07:48
167	1312	Pedro Castro	individual	Senior Masculino	02:43:59	+59:47	07:49
168	1337	Frederico Esteves	desnivel positivo	Veterano M50	02:44:00	+59:48	07:49
169	1394	Franco Costa	individual	Veterano M40	02:44:47	+01:00:35	07:51
170	1354	Tomé barrosa pinto	individual	Senior Masculino	02:44:53	+01:00:41	07:51
171	1433	Leandro Freitas	individual	Veterano M45	02:45:09	+01:00:57	07:52
172	1240	Francisco Carneiro	individual	Senior Masculino	02:45:56	+01:01:44	07:54
173	1614	Rosendo Filipe Carriço Ferreira	urban shape team	Senior Masculino	02:45:57	+01:01:45	07:54
174	1469	Rui Rosas	lusitanos	Senior Masculino	02:46:13	+01:02:01	07:55
175	1096	Paulo Leça	clube desportivo de lousado	Senior Masculino	02:46:21	+01:02:09	07:55

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	1128	Hugues S�bastien de Almeida	equipa c	Senior Masculino	02:46:48	+01:02:36	07:57
177	1391	fausto teixeira	individual	Veterano M40	02:47:11	+01:02:59	07:58
178	1382	antonio pereira	individual	Veterano M40	02:47:28	+01:03:16	07:58
179	1607	Marcelo Barroso Oliveira	urban shape team	Senior Masculino	02:47:40	+01:03:28	07:59
180	1471	Paulo Azevedo	lusitanos	Veterano M45	02:47:50	+01:03:38	08:00
181	1431	Jos� Fernandes Ferreira	individual	Veterano M45	02:47:52	+01:03:40	08:00
182	1561	Rui Azevedo	team afa cycles / afa trail	Veterano M40	02:47:56	+01:03:44	08:00
183	1643	Nuno Ribeiro	vimarunners	Senior Masculino	02:48:07	+01:03:55	08:00
184	1560	C�sar Costa	team afa cycles / afa trail	Veterano M40	02:48:13	+01:04:01	08:01
185	1170	Ricardo Frsnscisco Sousa Aires	frid�o sem limites	Senior Masculino	02:48:32	+01:04:20	08:02
186	1644	Vitor Freiras	vimarunners	Senior Masculino	02:48:37	+01:04:25	08:02
187	1098	Rita Chaves Rebelo	clube do pessoal edp - delega��o de gaia	Senior Feminino	02:48:38	+01:04:26	08:02
188	1133	Andr� Costa	ermida fit	Senior Masculino	02:48:41	+01:04:29	08:02
189	1317	Renato Couto	individual	Senior Masculino	02:48:50	+01:04:38	08:02
190	1393	Francisco Moreira	individual	Veterano M40	02:48:59	+01:04:47	08:03
191	1426	Francisco Nogueira	individual	Veterano M45	02:49:07	+01:04:55	08:03
192	1290	Nelson Nunes	individual	Senior Masculino	02:49:23	+01:05:11	08:04
193	1016	Marco No�	afrikanrunners	Senior Masculino	02:49:24	+01:05:12	08:04
194	1017	Marco Russo	afrikanrunners	Senior Masculino	02:49:24	+01:05:12	08:04
195	1120	S�nia Parente	edv-viana trail	Senior Feminino	02:49:51	+01:05:39	08:05
196	1477	S�rgio Teixeira	maiacrossteam	Senior Masculino	02:49:54	+01:05:42	08:05
197	1281	M�rcio Cruz	individual	Senior Masculino	02:50:21	+01:06:09	08:07
198	1421	�lvaro Pereira	individual	Veterano M45	02:50:28	+01:06:16	08:07
199	1303	Paulo Freitas	individual	Senior Masculino	02:50:28	+01:06:16	08:07
200	1283	Marco Paulo Ribeiro Nunes	individual	Senior Masculino	02:51:10	+01:06:58	08:09
201	1018	Ricardo Fernandes	afrikanrunners	Senior Masculino	02:51:13	+01:07:01	08:09
202	1414	Ricardo Jos� Rodrigues Bento de Oliveira	individual	Veterano M40	02:51:23	+01:07:11	08:10
203	1216	Andre Fernandes	individual	Senior Masculino	02:51:44	+01:07:32	08:11
204	1392	Fernando Gomes	individual	Veterano M40	02:52:27	+01:08:15	08:13
205	1329	ruı almeida	individual	Senior Masculino	02:52:27	+01:08:15	08:13
206	1285	M�rio Almeida	individual	Senior Masculino	02:52:32	+01:08:20	08:13
207	1171	Nuno Teixeira	ginasio factor x	Senior Masculino	02:52:46	+01:08:34	08:14
208	1307	paulo miguel da costa pereira loureiro	individual	Senior Masculino	02:52:50	+01:08:38	08:14
209	1620	Bruno Alves	urban shape team	Sub 23 Masculino	02:53:20	+01:09:08	08:15
210	1310	pedro alexandre silva	individual	Senior Masculino	02:53:21	+01:09:09	08:15
211	1553	Eduardo Pinto	solmaia runners	Veterano M40	02:53:26	+01:09:14	08:16
212	1163	Manuel Costa e S�	famarunners	Veterano M50	02:53:27	+01:09:15	08:16
213	1097	Rui Pinto	clube desportivo de lousado	Senior Masculino	02:53:27	+01:09:15	08:16
214	1135	Joaquim Ferreira	escalafiscal	Veterano M45	02:53:45	+01:09:33	08:16
215	1180	Ana Miranda	individual	Senior Feminino	02:53:50	+01:09:38	08:17
216	1399	Jos� Carlos Roque da Costa	individual	Veterano M40	02:53:50	+01:09:38	08:17
217	1233	El�sio Sim�o Cardoso	individual	Senior Masculino	02:54:05	+01:09:53	08:17
218	1152	Filipe Oliveira	famarunners	Senior Masculino	02:54:06	+01:09:54	08:17
219	1245	Gilberto Orlando	individual	Senior Masculino	02:54:17	+01:10:05	08:18
220	1213	Americo Areias	individual	Senior Masculino	02:54:20	+01:10:08	08:18

SANTO THYRSO TRAIL 21KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
221	1299	Nuno Pereira	individual	Senior Masculino	02:55:00	+01:10:48	08:20
222	1617	Valter Diogenes Carvalho Miranda Capela	urban shape team	Senior Masculino	02:55:00	+01:10:48	08:20
223	1415	Rui Paulo Oliveira Martins	individual	Veterano M40	02:55:13	+01:11:01	08:21
224	1588	Rui Pedro Borges	trailistas eu é que sei	Veterano M40	02:55:51	+01:11:39	08:22
225	1125	Francisco Neto	entre os montes	Sub 23 Masculino	02:56:23	+01:12:11	08:24
226	1189	Diana Leal Sampaio	individual	Senior Feminino	02:56:28	+01:12:16	08:24
227	1334	Rui Leal	individual	Senior Masculino	02:56:29	+01:12:17	08:24
228	1028	Romeu Machado	alive runners	Senior Masculino	02:57:13	+01:13:01	08:26
229	1090	Rui Couto	clínica dentária-dr.rui couto e dra sofia alves	Veterano M40	02:57:18	+01:13:06	08:27
230	1209	Sandra Veloso	individual	Senior Feminino	02:57:18	+01:13:06	08:27
231	1327	Romeu Cristiano Pacheco de Sousa	individual	Senior Masculino	02:57:18	+01:13:06	08:27
232	1645	Casimiro Fernandes	vitória sport clube	Veterano M50	02:57:25	+01:13:13	08:27
233	1094	Carlos Ribeiro	clube desportivo de lousado	Senior Masculino	02:57:46	+01:13:34	08:28
234	1127	José Neto	entre os montes	Veterano M45	02:58:14	+01:14:02	08:29
235	1223	Bruno Pereira	individual	Senior Masculino	02:58:17	+01:14:05	08:29
236	1345	Sérgio Ferreira	individual	Senior Masculino	02:58:23	+01:14:11	08:30
237	1014	Emanuel Martins	afrikanrunners	Senior Masculino	02:59:20	+01:15:08	08:32
238	1295	Nuno damas	individual	Senior Masculino	02:59:24	+01:15:12	08:33
239	1597	Patrícia Raquel da Costa Grilo	urban shape team	Senior Feminino	02:59:57	+01:15:45	08:34
240	1114	Francisco Bartolomeu	crossfit vale do ave	Veterano M40	03:00:19	+01:16:07	08:35
241	1111	Romeu Filipe Pacheco Pereira	crossfit vale do ave	Senior Masculino	03:00:20	+01:16:08	08:35
242	1418	Rui Teixeira	individual	Veterano M40	03:01:13	+01:17:01	08:38
243	1040	Pedro Carvalho	arrastassolas	Veterano M40	03:01:14	+01:17:02	08:38
244	1259	Joaquim Vidal	individual	Senior Masculino	03:01:16	+01:17:04	08:38
245	1030	Hugo Miguel Azevedo Monteiro	alive runners	Sub 23 Masculino	03:01:44	+01:17:32	08:39
246	1080	Mário Simões	cf jesuitas	Senior Masculino	03:01:47	+01:17:35	08:39
247	1073	Bruno Oliveira	cf jesuitas	Senior Masculino	03:01:47	+01:17:35	08:39
248	1019	Rufino Freitas	afrikanrunners	Senior Masculino	03:02:05	+01:17:53	08:40
249	1335	Rui Lima	individual	Senior Masculino	03:02:13	+01:18:01	08:41
250	1586	Paulo Faria	trail me	Veterano M45	03:02:23	+01:18:11	08:41
251	1214	André Brito	individual	Senior Masculino	03:02:32	+01:18:20	08:42
252	1413	Ricardo Bailão	individual	Veterano M40	03:02:33	+01:18:21	08:42
253	1376	Ercilia Pereira	individual	Veterana F45	03:02:52	+01:18:40	08:42
254	1589	Alexandre Rodrigues	trailmonção	Senior Masculino	03:03:12	+01:19:00	08:43
255	1605	João Rebelo	urban shape team	Senior Masculino	03:03:14	+01:19:02	08:44
256	1237	Filipe José Ferreira Andrade Carvalho	individual	Senior Masculino	03:03:52	+01:19:40	08:45
257	1265	Jose Dias	individual	Senior Masculino	03:04:01	+01:19:49	08:46
258	1174	HELDER SILVA	gtt - team	Senior Masculino	03:04:12	+01:20:00	08:46
259	1201	marina pinheiro	individual	Senior Feminino	03:04:21	+01:20:09	08:47
260	1401	José Miguel Silva	individual	Veterano M40	03:04:21	+01:20:09	08:47
261	1231	Diogo Guimaraes	individual	Senior Masculino	03:04:34	+01:20:22	08:47
262	1476	António Marques	maiacrossteam	Senior Masculino	03:04:35	+01:20:23	08:47
263	1368	Tiago Miguel Ferreira Oliveira	individual	Sub 23 Masculino	03:04:51	+01:20:39	08:48
264	1099	Ivo Ricardo Freitas Araújo	clube do pessoal edp - delegação de gaia	Senior Masculino	03:04:58	+01:20:46	08:48

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
265	1407	Miguel Lopes	individual	Veterano M40	03:05:07	+01:20:55	08:49
266	1112	Sandro Filipe Sampaio de Oliveira	crossfit vale do ave	Senior Masculino	03:05:08	+01:20:56	08:49
267	1277	Luis Miguel Araujo Pedrosa	individual	Senior Masculino	03:05:11	+01:20:59	08:49
268	1454	Joaquim Pereira da Silva	individual	Veterano M50	03:05:11	+01:20:59	08:49
269	1515	Liliana Silva	rainha club	Senior Feminino	03:05:12	+01:21:00	08:49
270	1021	Joel Guimarães	afrikanrunners	Veterano M40	03:06:16	+01:22:04	08:52
271	1342	Rui Samuel Sousa Carvalho Costa Gonçalves	individual	Senior Masculino	03:06:29	+01:22:17	08:53
272	1383	Benjamim Batista da Cruz	individual	Veterano M40	03:06:30	+01:22:18	08:53
273	1275	luis Carlos Lopes	individual	Senior Masculino	03:06:33	+01:22:21	08:53
274	1543	Gabriel Pedroto	solmaia runners	Senior Masculino	03:06:45	+01:22:33	08:54
275	1280	Márcio Carvalho	individual	Senior Masculino	03:06:49	+01:22:37	08:54
276	1256	Joao Lima	individual	Senior Masculino	03:07:00	+01:22:48	08:54
277	1440	Narciso Castro Machado	individual	Veterano M45	03:07:27	+01:23:15	08:56
278	1253	Hugo Silva	individual	Senior Masculino	03:07:27	+01:23:15	08:56
279	1296	Nuno Henrique Vidal da Silva	individual	Senior Masculino	03:07:28	+01:23:16	08:56
280	1147	Andreia Amorim	factor x	Senior Feminino	03:07:49	+01:23:37	08:57
281	1388	Domingos Jorge Santos Gonçalves	individual	Veterano M40	03:08:20	+01:24:08	08:58
282	1489	José Semblano	no tomorrow running team	Senior Masculino	03:08:44	+01:24:32	08:59
283	1494	josé moura sousa	os barriguitas	Veterano M60	03:08:49	+01:24:37	08:59
284	1325	Ricardo Sousa	individual	Senior Masculino	03:08:50	+01:24:38	09:00
285	1402	José Pedro Pinto Silva	individual	Veterano M40	03:08:58	+01:24:46	09:00
286	1371	Cristina Maria Fundevila Teixeira	individual	Veterana F40	03:09:01	+01:24:49	09:00
287	1141	Rafael Gonçalves	eu+ ginásio / lma	Senior Masculino	03:09:05	+01:24:53	09:00
288	1142	César Ferreira	eu+ ginásio / lma	Sub 23 Masculino	03:09:06	+01:24:54	09:00
289	1250	Hugo Azevedo	individual	Senior Masculino	03:09:29	+01:25:17	09:01
290	1497	Pedro da Silva	os foguetes	Senior Masculino	03:09:32	+01:25:20	09:02
291	1062	Joel Santos	cal	Senior Masculino	03:09:49	+01:25:37	09:02
292	1496	Nélio Martins Guimarães	os foguetes	Senior Masculino	03:10:53	+01:26:41	09:05
293	1272	Leandro Rainha	individual	Senior Masculino	03:11:01	+01:26:49	09:06
294	1545	Manuel Mota	solmaia runners	Senior Masculino	03:11:06	+01:26:54	09:06
295	1554	Mário Araújo	solmaia runners	Veterano M40	03:11:07	+01:26:55	09:06
296	1544	João Ferreira	solmaia runners	Senior Masculino	03:11:07	+01:26:55	09:06
297	1039	Mario Santos	arrastassolas	Senior Masculino	03:11:07	+01:26:55	09:06
298	1547	Rui Salgado	solmaia runners	Senior Masculino	03:11:07	+01:26:55	09:06
299	1046	Jorge Azevedo	associação s4l	Senior Masculino	03:11:34	+01:27:22	09:07
300	1045	João Pedro Sousa	associação s4l	Senior Masculino	03:11:35	+01:27:23	09:07
301	1448	VITOR LOPES	individual	Veterano M45	03:12:09	+01:27:57	09:09
302	1595	Cátia Ferreira da Costa	urban shape team	Senior Feminino	03:12:09	+01:27:57	09:09
303	1557	Joana Azevedo	team afa cycles / afa trail	Senior Feminino	03:12:33	+01:28:21	09:10
304	1450	Alvaro Manuel da Costa Marques	individual	Veterano M50	03:12:34	+01:28:22	09:10
305	1146	Manuel Cunha Lima	experienciar	Veterano M50	03:13:09	+01:28:57	09:12
306	1493	Tiago André da Silva Correia	onesoul crossfit	Senior Masculino	03:13:11	+01:28:59	09:12
307	1356	Andreia Susana da Costa Maia	individual	Sub 23 Feminino	03:13:21	+01:29:09	09:12
308	1549	Vitor Zenha	solmaia runners	Senior Masculino	03:13:24	+01:29:12	09:13
309	1455	José Fernandes	individual	Veterano M50	03:13:31	+01:29:19	09:13

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
310	1063	Jorge Bernardino	cal	Senior Masculino	03:13:42	+01:29:30	09:13
311	1279	Manuel Rui Costa Alves	individual	Senior Masculino	03:13:42	+01:29:30	09:13
312	1405	Miguel Ângelo Roriz Oliveira	individual	Veterano M40	03:13:51	+01:29:39	09:14
313	1397	Joaquim Manuel Andrade dos Santos	individual	Veterano M40	03:14:12	+01:30:00	09:15
314	1556	Débora Vilas Boas	team afa cycles / afa trail	Senior Feminino	03:14:15	+01:30:03	09:15
315	1346	Sérgio Manuel Azevedo Fernandes	individual	Senior Masculino	03:14:17	+01:30:05	09:15
316	1568	Miguel Leite	team duas faces	Senior Masculino	03:14:19	+01:30:07	09:15
317	1169	Filipe Reis Pinheiro	fridão sem limites	Senior Masculino	03:15:23	+01:31:11	09:18
318	1229	Daniel casanova	individual	Senior Masculino	03:15:42	+01:31:30	09:19
319	1043	Emanuel Vieira	associação s4l	Senior Masculino	03:15:49	+01:31:37	09:19
320	1126	João Cabral	entre os montes	Sub 23 Masculino	03:16:03	+01:31:51	09:20
321	1562	Pedro Rocha	team afa cycles / afa trail	Veterano M45	03:16:04	+01:31:52	09:20
322	1479	Avelino Sousa	maiacrossteam	Veterano M45	03:16:09	+01:31:57	09:20
323	1478	Sérgio Esteves	maiacrossteam	Veterano M40	03:16:13	+01:32:01	09:21
324	1015	Guilherme Lima	afrikanrunners	Senior Masculino	03:16:25	+01:32:13	09:21
325	1022	Jorge Nunes	afrikanrunners	Veterano M40	03:16:25	+01:32:13	09:21
326	1420	vítor castro	individual	Veterano M40	03:16:44	+01:32:32	09:22
327	1267	José Ferreira Costa	individual	Senior Masculino	03:16:45	+01:32:33	09:22
328	1315	Pedro Marinho	individual	Senior Masculino	03:17:19	+01:33:07	09:24
329	1507	Amélia moreira	os selvagens	Veterana F50	03:17:26	+01:33:14	09:24
330	1355	Urbano Leal	individual	Senior Masculino	03:18:25	+01:34:13	09:27
331	1086	Ricardo Meireles	cf jesuítas	Veterano M40	03:18:25	+01:34:13	09:27
332	1457	jose manuel martins silva	individual	Veterano M50	03:18:26	+01:34:14	09:27
333	1428	João Soares	individual	Veterano M45	03:18:43	+01:34:31	09:28
334	1406	Miguel Jorge Fernandes de Araújo Vieira	individual	Veterano M40	03:18:57	+01:34:45	09:28
335	1546	Pedro Meireles	solmaia runners	Senior Masculino	03:19:13	+01:35:01	09:29
336	1132	Telma Diana Pinto Duarte	ermida fit	Senior Feminino	03:19:32	+01:35:20	09:30
337	1121	Vítor Manuel Dias Gonçalves	edv-viana trail	Senior Masculino	03:19:57	+01:35:45	09:31
338	1076	Filipe Faria	cf jesuítas	Senior Masculino	03:20:13	+01:36:01	09:32
339	1079	Marcelo Sousa	cf jesuítas	Senior Masculino	03:20:13	+01:36:01	09:32
340	1077	Hugo Pinto	cf jesuítas	Senior Masculino	03:20:13	+01:36:01	09:32
341	1385	Carlos Cardoso	individual	Veterano M40	03:20:36	+01:36:24	09:33
342	1524	Mónica Martins	running team lantemil	Senior Feminino	03:20:54	+01:36:42	09:34
343	1525	André Coelho	running team lantemil	Senior Masculino	03:20:55	+01:36:43	09:34
344	1373	Gourete Salvador	individual	Veterana F40	03:20:58	+01:36:46	09:34
345	1465	Alcino Carvalho	jerónimo	Veterano M45	03:21:52	+01:37:40	09:37
346	1467	José Saldanha	jerónimo	Veterano M45	03:21:52	+01:37:40	09:37
347	1242	Francisco Moraes	individual	Senior Masculino	03:22:26	+01:38:14	09:38
348	1548	Samuel Pinho	solmaia runners	Senior Masculino	03:22:28	+01:38:16	09:38
349	1183	ana santos	individual	Senior Feminino	03:22:29	+01:38:17	09:39
350	1196	Laura Santos	individual	Senior Feminino	03:22:30	+01:38:18	09:39
351	1218	antonio almeida	individual	Senior Masculino	03:22:30	+01:38:18	09:39
352	1151	Rita Vilaça	famarunners	Senior Feminino	03:22:53	+01:38:41	09:40
353	1359	Fábio	individual	Sub 23 Masculino	03:22:53	+01:38:41	09:40
354	1165	Cândido Rocha	fast ao km	Veterano M60	03:23:02	+01:38:50	09:40

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
355	1195	Joana Rei	individual	Senior Feminino	03:23:02	+01:38:50	09:40
356	1047	Nuno André Correia	associação s4l	Senior Masculino	03:23:34	+01:39:22	09:42
357	1153	Jose Pedro Fonseca	famarunners	Senior Masculino	03:24:02	+01:39:50	09:43
358	1541	Adolfo Almeida	solmaia runners	Senior Masculino	03:24:22	+01:40:10	09:44
359	1255	João Carlos da Silva Morais	individual	Senior Masculino	03:24:23	+01:40:11	09:44
360	1109	Filipe Alves	crossfit vale do ave	Senior Masculino	03:24:45	+01:40:33	09:45
361	1144	Rogério Duarte Gonçalves Oliveira	eu+ ginásio / lma	Veterano M40	03:24:46	+01:40:34	09:45
362	1563	Francisco Costa	team afa cycles / afa trail	Veterano M50	03:24:53	+01:40:41	09:45
363	1211	Sara Rei	individual	Senior Feminino	03:25:07	+01:40:55	09:46
364	1008	Sergio Costa	3hundred team	Senior Masculino	03:25:30	+01:41:18	09:47
365	1559	Ana Carneiro	team afa cycles / afa trail	Veterana F40	03:25:30	+01:41:18	09:47
366	1064	Francisco Nuno Pereira	calcando pedal	Senior Masculino	03:26:18	+01:42:06	09:49
367	1065	Pedro Moreira Silva	calcando pedal	Senior Masculino	03:26:18	+01:42:06	09:49
368	1160	Rosa Vilhena	famarunners	Veterana F50	03:26:52	+01:42:40	09:51
369	1369	Ana Rito	individual	Veterana F40	03:26:52	+01:42:40	09:51
370	1037	José Carlos Araújo	amigos da montanha	Veterano M40	03:27:01	+01:42:49	09:51
371	1558	Mónica Rute Gonçalves Vilas Boas	team afa cycles / afa trail	Senior Feminino	03:27:04	+01:42:52	09:52
372	1252	Hugo Palmeira	individual	Senior Masculino	03:27:24	+01:43:12	09:53
373	1197	Liliana Araujo	individual	Senior Feminino	03:27:25	+01:43:13	09:53
374	1521	Claudia Silva	rainha club	Senior Feminino	03:27:35	+01:43:23	09:53
375	1522	Pedro henriques	rainha club	Senior Masculino	03:27:35	+01:43:23	09:53
376	1520	Sérgio Pinheiro	rainha club	Veterano M45	03:27:35	+01:43:23	09:53
377	1518	Luís Ramos	rainha club	Senior Masculino	03:27:35	+01:43:23	09:53
378	1029	Rui Manuel Tavares Fernandes	alive runners	Senior Masculino	03:27:35	+01:43:23	09:53
379	1411	Paulo Queirós	individual	Veterano M40	03:28:21	+01:44:09	09:55
380	1222	António Pedro Silva Teixeira	individual	Senior Masculino	03:28:22	+01:44:10	09:55
381	1598	Bruno Barbosa	urban shape team	Senior Masculino	03:29:20	+01:45:08	09:58
382	1613	Rogério Filipe Carvalho Alves	urban shape team	Senior Masculino	03:29:20	+01:45:08	09:58
383	1188	Daniela Mota Machado	individual	Senior Feminino	03:29:34	+01:45:22	09:59
384	1314	Pedro Costa	individual	Senior Masculino	03:29:42	+01:45:30	09:59
385	1330	Rui Balbeira	individual	Senior Masculino	03:30:01	+01:45:49	10:00
386	1032	Fernando António Ferreira Carneiro	alive runners	Veterano M45	03:30:02	+01:45:50	10:00
387	1026	Nelson Luis Neto Carneiro	alive runners	Senior Masculino	03:30:02	+01:45:50	10:00
388	1350	Tiago Almeida	individual	Senior Masculino	03:30:24	+01:46:12	10:01
389	1380	Alexandre Monteiro	individual	Veterano M40	03:31:13	+01:47:01	10:03
390	1593	Filipe Teles	urban hair team	Senior Masculino	03:32:00	+01:47:48	10:06
391	1191	Elisabete Araujo	individual	Senior Feminino	03:32:19	+01:48:07	10:07
392	1492	Fátima Cristina Figueiredo Oliveira	onesoul crossfit	Senior Feminino	03:33:04	+01:48:52	10:09
393	1187	cristiana esteves	individual	Senior Feminino	03:33:14	+01:49:02	10:09
394	1372	Elza Cordeiro	individual	Veterana F40	03:33:48	+01:49:36	10:11
395	1362	JOÃO PINTO	individual	Sub 23 Masculino	03:33:53	+01:49:41	10:11
396	1339	Rui Miguel Simões Ferreira	individual	Senior Masculino	03:33:54	+01:49:42	10:11
397	1338	Rui Miguel de Sousa Ferreira Fernandes	individual	Senior Masculino	03:33:54	+01:49:42	10:11
398	1271	Leandro Manuel Gonçalves Silva	individual	Senior Masculino	03:34:00	+01:49:48	10:11
399	1374	Sandra Silva	individual	Veterana F40	03:34:02	+01:49:50	10:12

SANTO THYRSO TRAIL 21KM

21 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
400		Helder Oliveira	individual	Senior Masculino	03:34:40	+01:50:28	10:13
401	1278	Manuel José Teixeira Pereira	individual	Senior Masculino	03:35:16	+01:51:04	10:15
402	1137	Alberto Gil da Silva	eu+ ginásio / lma	Senior Masculino	03:35:20	+01:51:08	10:15
403	1139	Bruno Rodrigues	eu+ ginásio / lma	Senior Masculino	03:35:20	+01:51:08	10:15
404	1143	Paulo Sá Aguiar	eu+ ginásio / lma	Veterano M40	03:35:21	+01:51:09	10:15
405	1136	Vânia Raposo	eu+ ginásio / lma	Senior Feminino	03:35:21	+01:51:09	10:15
406	1220	António Filipe Sousa Teixeira	individual	Senior Masculino	03:35:27	+01:51:15	10:16
407	1269	José Manuel Lopes Faria	individual	Senior Masculino	03:35:27	+01:51:15	10:16
408	1498	Daniel Machado	os fugitivos da crise	Senior Masculino	03:35:39	+01:51:27	10:16
409	141	Carlos Miguel Soares Moreira	rico team	Senior Masculino	03:35:47	+01:51:35	10:17
410	1192	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	03:35:56	+01:51:44	10:17
411	1202	marlene alves	individual	Senior Feminino	03:36:03	+01:51:51	10:17
412	1473	Joana Martins	maiacrossteam	Senior Feminino	03:36:06	+01:51:54	10:17
413	1472	Cristiana Rodrigues	maiacrossteam	Senior Feminino	03:36:06	+01:51:54	10:17
414	1395	João Miguel Pereira Ferreira	individual	Veterano M40	03:36:32	+01:52:20	10:19
415	1161	Carlos Espírito Santo	famarunners	Veterano M45	03:37:09	+01:52:57	10:20
416	1129	Márcio Diogo Lopes Guimaraes	equipa c	Senior Masculino	03:37:27	+01:53:15	10:21
417	1640	Marco Couto	vespa runners	Senior Masculino	03:37:47	+01:53:35	10:22
418	1639	João Couto	vespa runners	Senior Masculino	03:37:48	+01:53:36	10:22
419	1641	Simão Couto	vespa runners	Senior Masculino	03:37:48	+01:53:36	10:22
420	1638	Alex Marques	vespa runners	Senior Masculino	03:37:48	+01:53:36	10:22
421	1628	Cristiana Barbosa	urbanatletas	Senior Feminino	03:37:52	+01:53:40	10:22
422	1629	Maria Oliveira	urbanatletas	Senior Feminino	03:37:52	+01:53:40	10:22
423	1331	Rui Costa	individual	Senior Masculino	03:38:01	+01:53:49	10:23
424	1027	Nuno Miguel Ferreira Pacheco	alive runners	Senior Masculino	03:38:06	+01:53:54	10:23
425	1474	Patricia Rosas	maiacrossteam	Senior Feminino	03:38:22	+01:54:10	10:24
426	1512	Eduardo Falcão	perdi o táxi	Veterano M45	03:38:30	+01:54:18	10:24
427	1511	Miguel Moraes	perdi o táxi	Veterano M40	03:38:31	+01:54:19	10:24
428	1025	Duarte Nuno Almeida Meireles	alive runners	Senior Masculino	03:39:25	+01:55:13	10:27
429	1186	Izuddin Md Ishak	individual	Senior Masculino	03:40:13	+01:56:01	10:29
430	1574	António Pinheiro	team duas faces	Senior Masculino	03:40:23	+01:56:11	10:30
431	1555	António Cardoso	solmaia runners	Veterano M45	03:40:26	+01:56:14	10:30
432	1630	Sónia Pereira	urbanatletas	Senior Feminino	03:41:10	+01:56:58	10:32
433	1235	Fernando Daniel Alves Freitas	individual	Senior Masculino	03:41:13	+01:57:01	10:32
434	1110	Marco Moraes Torre	crossfit vale do ave	Senior Masculino	03:41:14	+01:57:02	10:32
435	1193	Elsa Gonçalves	individual	Senior Feminino	03:41:32	+01:57:20	10:33
436	1251	Hugo Guimarães	individual	Senior Masculino	03:41:33	+01:57:21	10:33
437	1462	José Neves Castelo	individual	Veterano M60	03:42:22	+01:58:10	10:35
438	1208	sandra oliveira	individual	Senior Feminino	03:42:32	+01:58:20	10:36
439	118	Paulo Costa	individual	Veterano M45	03:42:40	+01:58:28	10:36
440	1033	Augusto Cardoso Tavares	alive runners	Veterano M50	03:42:56	+01:58:44	10:37
441	1206	Paula Soares	individual	Senior Feminino	03:43:03	+01:58:51	10:37
442	1384	Bruno Filipe Fernandes Rodrigues	individual	Veterano M40	03:43:19	+01:59:07	10:38
443	1633	Helena Alexandra Sousa Ferreira	vale do ave	Senior Feminino	03:43:27	+01:59:15	10:38
444	1631	Lucília Quiesse	urbanatletas	Veterana F40	03:43:41	+01:59:29	10:39

SANTO THYRSO TRAIL 21KM

21 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
445	1210	Sara Marinho	individual	Senior Feminino	03:44:12	+02:00:00	10:41
446	1002	Carlos Vilaça	100fôlego	Veterano M40	03:44:18	+02:00:06	10:41
447	1417	Rui Rodrigues	individual	Veterano M40	03:44:18	+02:00:06	10:41
448	1181	Ana Rita Nunes Pinto Carvalho	individual	Senior Feminino	03:44:51	+02:00:39	10:42
449	1243	FRANCISCO PACHECO	individual	Senior Masculino	03:44:51	+02:00:39	10:42
450	1540	Vera Oliveira	solmaia runners	Senior Feminino	03:45:16	+02:01:04	10:44
451	1535	Ana Raquel	solmaia runners	Senior Feminino	03:45:16	+02:01:04	10:44
452	1184	Anabela Barata	individual	Senior Feminino	03:45:30	+02:01:18	10:44
453	1013	Artur Alves	afrikanrunners	Senior Masculino	03:45:59	+02:01:47	10:46
454	1594	Ana Rita da Conceição Ferreira	urban shape team	Senior Feminino	03:46:19	+02:02:07	10:47
455	1618	Adriana Alves Barbosa Mirra	urban shape team	Sub 23 Feminino	03:46:19	+02:02:07	10:47
456	1612	Ricardo Filipe Vassalo Fonseca	urban shape team	Senior Masculino	03:46:19	+02:02:07	10:47
457	1115	Silvério Fernandes Alberto	crossfit vale do ave	Veterano M40	03:46:24	+02:02:12	10:47
458	1531	Ricardo faria	sílricar	Senior Masculino	03:46:43	+02:02:31	10:48
459	1530	Luis Teixeira	sílricar	Senior Masculino	03:46:43	+02:02:31	10:48
460	1320	Ricardo Carvalho	individual	Senior Masculino	03:46:45	+02:02:33	10:48
461	1300	Nuno Santos	individual	Senior Masculino	03:46:47	+02:02:35	10:48
462	1625	Manuel Martins	urban shape team	Veterano M45	03:47:25	+02:03:13	10:50
463	1234	Emanuel Pinho Gomes	individual	Senior Masculino	03:49:25	+02:05:13	10:55
464	1159	Ana Cardoso	famarunners	Sub 23 Feminino	03:49:29	+02:05:17	10:56
465	1150	Diana Santos	famarunners	Senior Feminino	03:49:29	+02:05:17	10:56
466	1177	Ana Carvalho	individual	Senior Feminino	03:50:02	+02:05:50	10:57
467	1378	Rita Sousa	individual	Veterana F45	03:50:10	+02:05:58	10:58
468	1451	António Luis Martins do Vale Lima	individual	Veterano M50	03:50:16	+02:06:04	10:58
469	1458	Luisa Almeida	individual	Veterano M50	03:50:35	+02:06:23	10:59
470	1068	Diana Fontão	cf jesuítas	Senior Feminino	03:50:39	+02:06:27	10:59
471	1085	Ricardo Carneiro	cf jesuítas	Veterano M40	03:50:40	+02:06:28	10:59
472	1466	Eugénio Portela	jerónimo	Veterano M45	03:50:46	+02:06:34	10:59
473	1464	Miguel Mota Leite	jerónimo	Veterano M40	03:50:46	+02:06:34	10:59
474	1460	Manuel Moura	individual	Veterano M50	03:51:23	+02:07:11	11:01
475	1410	Paulo Correia Alves	individual	Veterano M40	03:51:29	+02:07:17	11:01
476	1060	Carlos Alberto Campos Viana	caetano runners	Senior Masculino	03:51:29	+02:07:17	11:01
477	1038	Helena Cunha	arrastassolas	Senior Feminino	03:51:33	+02:07:21	11:02
478	1244	Fredeico José de Almeida Rocha	individual	Senior Masculino	03:51:35	+02:07:23	11:02
479	1207	rita resende	individual	Senior Feminino	03:51:40	+02:07:28	11:02
480	1175	aida preasa	individual	Senior Feminino	03:51:40	+02:07:28	11:02
481	1517	Erhan Gunaydin	rainha club	Senior Masculino	03:51:41	+02:07:29	11:02
482	1093	Raquel Neiva	clubes desportivo de lousado	Senior Feminino	03:51:51	+02:07:39	11:02
483	1475	Sílvia Rodrigues	maiacrossteam	Senior Feminino	03:52:37	+02:08:25	11:05
484	1106	Selma Brigitte Pacheco Costa Machado	crossfit vale do ave	Senior Feminino	03:52:56	+02:08:44	11:06
485	1230	Daniel Filipe Garcia Pinto	individual	Senior Masculino	03:53:37	+02:09:25	11:07
486	1061	Joaquim Manuel Vale Ferreira	caetano runners	Senior Masculino	03:54:12	+02:10:00	11:09
487	1627	Aline Simeão	urbanatletas	Senior Feminino	03:54:15	+02:10:03	11:09
488	1311	Pedro Alexandre Silva Rodrigues	individual	Senior Masculino	03:54:17	+02:10:05	11:09
489	1375	Ana Guimarães	individual	Veterana F45	03:54:17	+02:10:05	11:09

SANTO THYRSO TRAIL 21KM

21 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
490	1007	ricardo Dias	3hundred team	Senior Masculino	03:55:43	+02:11:31	11:13
491	1004	Mariana Torres	3hundred team	Senior Feminino	03:55:43	+02:11:31	11:13
492	1537	Carla Morais	solmaia runners	Senior Feminino	03:55:43	+02:11:31	11:13
493	1550	Célia Aroso	solmaia runners	Veterana F40	03:55:44	+02:11:32	11:14
494	1113	Vanessa Catarina Dias Soares	crossfit vale do ave	Sub 23 Feminino	03:56:17	+02:12:05	11:15
495	1190	Eduarda Lima	individual	Senior Feminino	03:56:17	+02:12:05	11:15
496	1105	Rita Lima	crossfit vale do ave	Senior Feminino	03:56:17	+02:12:05	11:15
497	1484	Rui Quintão	malta power by trevo do sucesso	Senior Masculino	03:56:35	+02:12:23	11:16
498	1340	Rui Pedro Gouveia Sampaio	individual	Senior Masculino	03:56:50	+02:12:38	11:17
499	1361	João Paulo Carvalho Moreira	individual	Sub 23 Masculino	03:56:53	+02:12:41	11:17
500	1357	Maria Rodrigues Amorim	individual	Sub 23 Feminino	03:56:53	+02:12:41	11:17
501	1377	Maria da Luz Olivença	individual	Veterana F45	03:57:05	+02:12:53	11:17
502	1059	Zélia da Conceição Campos Viana	caetano runners	Senior Feminino	03:59:04	+02:14:52	11:23
503	1635	Diogo André Viana Esteves	vassourinhas do trail	Sub 23 Masculino	03:59:42	+02:15:30	11:25
504	1634	Ana Margarida Gonçalves Araújo	vassourinhas do trail	Sub 23 Feminino	03:59:42	+02:15:30	11:25
505	142	Paulo Rio	rico team	Senior Masculino	03:59:59	+02:15:47	11:26
506	1503	Ana Santos	os mutrijadas	Senior Feminino	04:01:46	+02:17:34	11:31
507	1488	Luís Miguel Teixeira Cardoso	ninja team	Senior Masculino	04:03:54	+02:19:42	11:37
508	1486	Cristiano Manuel Barbosa Silva	ninja team	Senior Masculino	04:03:54	+02:19:42	11:37
509	1487	Fernando Gil Rodrigues do Nascimento	ninja team	Senior Masculino	04:03:54	+02:19:42	11:37
510	1538	Marta Monteiro	solmaia runners	Senior Feminino	04:05:31	+02:21:19	11:41
511	1552	Augusto Rodrigues	solmaia runners	Veterano M40	04:05:31	+02:21:19	11:41
512	1284	Marcos Barbosa	individual	Senior Masculino	04:07:13	+02:23:01	11:46
513	1166	Carla Miguela	fisiojoane	Senior Feminino	04:07:13	+02:23:01	11:46
514	143	Pedro Azevedo	rico team	Senior Masculino	04:07:14	+02:23:02	11:46
515	1519	victor paiva	rainha club	Veterano M40	04:08:44	+02:24:32	11:51
516	1516	Sara Martins	rainha club	Senior Feminino	04:08:45	+02:24:33	11:51
517	1432	Jose Fernando Pereira Carvalho	individual	Veterano M45	04:08:45	+02:24:33	11:51
518	1072	Bruno Monteiro	cf jesuítas	Senior Masculino	04:08:51	+02:24:39	11:51
519	1084	Helena Sousa Tavares	cf jesuítas	Veterana F45	04:11:18	+02:27:06	11:58
520	1070	Mariana da Silva Almeida Gomes	cf jesuítas	Senior Feminino	04:11:19	+02:27:07	11:58
521	1075	Emanuel Filipe Martins Fernandes	cf jesuítas	Senior Masculino	04:11:20	+02:27:08	11:58
522	1035	Isabel Martins	amigos da montanha	Veterana F50	04:13:38	+02:29:26	12:05
523	1308	Paulo Pires	individual	Senior Masculino	04:15:31	+02:31:19	12:10
524	1461	Joaquim Sampaio Ferreira	individual	Veterano M60	04:15:42	+02:31:30	12:11
525	1066	Célia Maria Mendes da Fonte	cf jesuítas	Senior Feminino	04:15:47	+02:31:35	12:11
526	1083	teresa gabriela ferreira da cunha	cf jesuítas	Veterana F40	04:15:48	+02:31:36	12:11
527	1504	Tiago Miguel Marques	os mutrijadas	Sub 23 Masculino	04:16:02	+02:31:50	12:12
528	1624	Vítor Martins	urban shape team	Veterano M40	04:17:30	+02:33:18	12:16
529	1600	Daniel Filipe Andrade Carneiro	urban shape team	Senior Masculino	04:17:30	+02:33:18	12:16
530	1596	Diana Godinho Silva	urban shape team	Senior Feminino	04:22:59	+02:38:47	12:31
531	1610	Nuno Filipa cardoso	urban shape team	Senior Masculino	04:22:59	+02:38:47	12:31
532	1131	Liliana Augusta Cabo Alves	ermida fit	Senior Feminino	04:24:21	+02:40:09	12:35
533	1185	Ângela Maria Ferreira Morais	individual	Senior Feminino	04:30:33	+02:46:21	12:53
534	1182	Ana Rosa Guerra Silva	individual	Senior Feminino	04:45:13	+03:01:01	13:35

SANTO THYRSO TRAIL 21KM

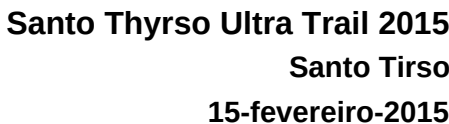
21 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
535	1536	Ana Silva	solmaia runners	Senior Feminino	04:45:20	+03:01:08	13:35
536	1482	Márcia Vasconcelos	malta power by trevo do sucesso	Senior Feminino	04:49:00	+03:04:48	13:46
537	1203	Nair Lima	individual	Senior Feminino	04:49:04	+03:04:52	13:46
538	1481	Joana Lemos	malta power by trevo do sucesso	Senior Feminino	04:49:07	+03:04:55	13:46
539	1480	Daniela Godinho	malta power by trevo do sucesso	Senior Feminino	04:49:09	+03:04:57	13:46
540	1581	Tiago Adrega	team-chuda	Senior Masculino	04:53:04	+03:08:52	13:57
541	1577	Susana Ferreira	team-chuda	Senior Feminino	04:53:05	+03:08:53	13:57
542	1579	Fernando Oliveira	team-chuda	Senior Masculino	04:53:05	+03:08:53	13:57
543	1576	Joana Ribeiro	team-chuda	Senior Feminino	04:53:05	+03:08:53	13:57
544	1575	Helena Novais	team-chuda	Senior Feminino	04:53:05	+03:08:53	13:57
545	1578	Andre Ribeiro	team-chuda	Senior Masculino	04:53:06	+03:08:54	13:57
546	1506	Jaime Teixeira Marques	os mutrijadas	Veterano M50	04:54:06	+03:09:54	14:00
547	1505	Rosalina Maria P. Teixeira e Sá Marques	os mutrijadas	Veterana F50	04:54:06	+03:09:54	14:00
548	1646	Armanda Maria Amaro de Araújo	wolksinvicta	Senior Feminino	04:58:01	+03:13:49	14:11
549	1647	Carlos Manuel Amaro de Araújo	wolksinvicta	Senior Masculino	04:58:01	+03:13:49	14:11
550	1067	Cristina de Fátima Martins Miranda	cf jesuítas	Senior Feminino	06:27:56	+04:43:44	18:28



21 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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1	1648	Maria Goreti Silva	DESNIVEL POSITIVO / MY LEGGS	Senior Feminino	02:36:24	07:27
2	1071	Sarina Guimarães	CF Jesuítas	Senior Feminino	02:39:44	+03:20 07:36
3	1100	sara correia	Clube Náutico de Ponte de Lima	Senior Feminino	02:42:15	+05:51 07:44
4	1198	Manuela Tavares	Individual	Senior Feminino	02:43:33	+07:09 07:47
5	1098	Rita Chaves Rebelo	Clube do Pessoal EDP - Delegação de Gaia	Senior Feminino	02:48:38	+12:14 08:02
6	1120	Sónia Parente	EDV-VIANA TRAIL	Senior Feminino	02:49:51	+13:27 08:05
7	1180	Ana Miranda	Individual	Senior Feminino	02:53:50	+17:26 08:17
8	1189	Diana Leal Sampaio	Individual	Senior Feminino	02:56:28	+20:04 08:24
9	1209	Sandra Veloso	Individual	Senior Feminino	02:57:18	+20:54 08:27
10	1597	Patrícia Raquel da Costa Grilo	Urban Shape Team	Senior Feminino	02:59:57	+23:33 08:34
11	1201	marina pinheiro	Individual	Senior Feminino	03:04:21	+27:57 08:47
12	1515	Liliana Silva	Rainha Club	Senior Feminino	03:05:12	+28:48 08:49
13	1147	Andreia Amorim	Factor X	Senior Feminino	03:07:49	+31:25 08:57
14	1595	Cátia Ferreira da Costa	Urban Shape Team	Senior Feminino	03:12:09	+35:45 09:09
15	1557	Joana Azevedo	Team Afa Cycles / Afa Trail	Senior Feminino	03:12:33	+36:09 09:10
16	1556	Débora Vilas Boas	Team Afa Cycles / Afa Trail	Senior Feminino	03:14:15	+37:51 09:15
17	1132	Telma Diana Pinto Duarte	Ermida Fit	Senior Feminino	03:19:32	+43:08 09:30
18	1524	Mónica Martins	Running Team Lantemil	Senior Feminino	03:20:54	+44:30 09:34
19	1183	ana santos	Individual	Senior Feminino	03:22:29	+46:05 09:39
20	1196	Laura Santos	Individual	Senior Feminino	03:22:30	+46:06 09:39
21	1151	Rita Vilaça	FAMARUNNERS	Senior Feminino	03:22:53	+46:29 09:40
22	1195	Joana Rei	Individual	Senior Feminino	03:23:02	+46:38 09:40
23	1211	Sara Rei	Individual	Senior Feminino	03:25:07	+48:43 09:46
24	1558	Mónica Rute Gonçalves Vilas Boas	Team Afa Cycles / Afa Trail	Senior Feminino	03:27:04	+50:40 09:52
25	1197	Liliana Araujo	Individual	Senior Feminino	03:27:25	+51:01 09:53
26	1521	Claudia Silva	Rainha Club	Senior Feminino	03:27:35	+51:11 09:53
27	1188	Daniela Mota Machado	Individual	Senior Feminino	03:29:34	+53:10 09:59
28	1191	Elisabete Araujo	Individual	Senior Feminino	03:32:19	+55:55 10:07
29	1492	Fátima Cristina Figueiredo Oliveira	OneSoul Crossfit	Senior Feminino	03:33:04	+56:40 10:09
30	1187	cristiana esteves	Individual	Senior Feminino	03:33:14	+56:50 10:09
31	1136	Vânia Raposo	EU+ Ginásio / LMA	Senior Feminino	03:35:21	+58:57 10:15
32	1192	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	03:35:56	+59:32 10:17
33	1202	marlene alves	Individual	Senior Feminino	03:36:03	+59:39 10:17
34	1473	Joana Martins	MaiaCrossTeam	Senior Feminino	03:36:06	+59:42 10:17
35	1472	Cristiana Rodrigues	MaiaCrossTeam	Senior Feminino	03:36:06	+59:42 10:17
36	1628	Cristiana Barbosa	UrbanAtletas	Senior Feminino	03:37:52	+01:01:28 10:22
37	1629	Maria Oliveira	UrbanAtletas	Senior Feminino	03:37:52	+01:01:28 10:22
38	1474	Patricia Rosas	MaiaCrossTeam	Senior Feminino	03:38:22	+01:01:58 10:24

Official Timekeeper: Lap2Go	1 / 14	generate 15-fev-2015 17:06
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Santo Thyrso Trail 21km

21 KM

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OFFICIAL RESULT

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39	1630	Sónia Pereira	UrbanAtletas	Senior Feminino	03:41:10	+01:04:46	10:32
40	1193	Elsa Gonçalves	Individual	Senior Feminino	03:41:32	+01:05:08	10:33
41	1208	sandra oliveira	Individual	Senior Feminino	03:42:32	+01:06:08	10:36
42	1206	Paula Soares	Individual	Senior Feminino	03:43:03	+01:06:39	10:37
43	1633	Helena Alexandra Sousa Ferreira	Vale do Ave	Senior Feminino	03:43:27	+01:07:03	10:38
44	1210	Sara Marinho	Individual	Senior Feminino	03:44:12	+01:07:48	10:41
45	1181	Ana Rita Nunes Pinto Carvalho	Individual	Senior Feminino	03:44:51	+01:08:27	10:42
46	1540	Vera Oliveira	Solmaia Runners	Senior Feminino	03:45:16	+01:08:52	10:44
47	1535	Ana Raquel	Solmaia Runners	Senior Feminino	03:45:16	+01:08:52	10:44
48	1184	Anabela Barata	Individual	Senior Feminino	03:45:30	+01:09:06	10:44
49	1594	Ana Rita da Conceição Ferreira	Urban Shape Team	Senior Feminino	03:46:19	+01:09:55	10:47
50	1150	Diana Santos	FAMARUNNERS	Senior Feminino	03:49:29	+01:13:05	10:56
51	1177	Ana Carvalho	Individual	Senior Feminino	03:50:02	+01:13:38	10:57
52	1068	Diana Fontão	CF Jesuítas	Senior Feminino	03:50:39	+01:14:15	10:59
53	1038	Helena Cunha	ARRASTASSOLAS	Senior Feminino	03:51:33	+01:15:09	11:02
54	1207	rita resende	Individual	Senior Feminino	03:51:40	+01:15:16	11:02
55	1175	aida preasa	Individual	Senior Feminino	03:51:40	+01:15:16	11:02
56	1093	Raquel Neiva	CLUBE DESPORTIVO DE LOUSADO	Senior Feminino	03:51:51	+01:15:27	11:02
57	1475	Sílvia Rodrigues	MaiaCrossTeam	Senior Feminino	03:52:37	+01:16:13	11:05
58	1106	Selma Brigitte Pacheco Costa Machado	CrossFit Vale do Ave	Senior Feminino	03:52:56	+01:16:32	11:06
59	1627	Aline Simeão	UrbanAtletas	Senior Feminino	03:54:15	+01:17:51	11:09
60	1004	Mariana Torres	3hundred team	Senior Feminino	03:55:43	+01:19:19	11:13
61	1537	Carla Morais	Solmaia Runners	Senior Feminino	03:55:43	+01:19:19	11:13
62	1190	Eduarda Lima	Individual	Senior Feminino	03:56:17	+01:19:53	11:15
63	1105	Rita Lima	CrossFit Vale do Ave	Senior Feminino	03:56:17	+01:19:53	11:15
64	1059	Zélia da Conceição Campos Viana	CAETANO RUNNERS	Senior Feminino	03:59:04	+01:22:40	11:23
65	1503	Ana Santos	Os mutrijadas	Senior Feminino	04:01:46	+01:25:22	11:31
66	1538	Marta Monteiro	Solmaia Runners	Senior Feminino	04:05:31	+01:29:07	11:41
67	1166	Carla Miguela	FISIOJOANE	Senior Feminino	04:07:13	+01:30:49	11:46
68	1516	Sara Martins	Rainha Club	Senior Feminino	04:08:45	+01:32:21	11:51
69	1070	Mariana da Silva Almeida Gomes	CF Jesuítas	Senior Feminino	04:11:19	+01:34:55	11:58
70	1066	Célia Maria Mendes da Fonte	CF Jesuítas	Senior Feminino	04:15:47	+01:39:23	12:11
71	1596	Diana Godinho Silva	Urban Shape Team	Senior Feminino	04:22:59	+01:46:35	12:31
72	1131	Liliana Augusta Cabo Alves	Ermida Fit	Senior Feminino	04:24:21	+01:47:57	12:35
73	1185	Ângela Maria Ferreira Morais	Individual	Senior Feminino	04:30:33	+01:54:09	12:53
74	1182	Ana Rosa Guerra Silva	Individual	Senior Feminino	04:45:13	+02:08:49	13:35
75	1536	Ana Silva	Solmaia Runners	Senior Feminino	04:45:20	+02:08:56	13:35
76	1482	Márcia Vasconcelos	Malta Power by Trevo do Sucesso	Senior Feminino	04:49:00	+02:12:36	13:46
77	1203	Nair Lima	Individual	Senior Feminino	04:49:04	+02:12:40	13:46
78	1481	Joana Lemos	Malta Power by Trevo do Sucesso	Senior Feminino	04:49:07	+02:12:43	13:46
79	1480	Daniela Godinho	Malta Power by Trevo do Sucesso	Senior Feminino	04:49:09	+02:12:45	13:46
80	1577	Susana Ferreira	Team-Chuda	Senior Feminino	04:53:05	+02:16:41	13:57
81	1576	Joana Ribeiro	Team-Chuda	Senior Feminino	04:53:05	+02:16:41	13:57
82	1575	Helena Novais	Team-Chuda	Senior Feminino	04:53:05	+02:16:41	13:57
83	1646	Armanda Maria Amaro de Araújo	wolksinvicta	Senior Feminino	04:58:01	+02:21:37	14:11
84	1067	Cristina de Fátima Martins Miranda	CF Jesuítas	Senior Feminino	06:27:56	+03:51:32	18:28

Official Timekeeper: Lap2Go	2 / 14	generate 15-fev-2015 17:06
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Santo Thyrso Trail 21km

21 KM

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OFFICIAL RESULT

[illegible]

Senior Masculino

1	1532	José Carvalho	Sneakers Power/APRT	Senior Masculino	01:44:12	04:58
2	1048	Carlos Lopes	Atletico CLube de Mogadouro	Senior Masculino	01:44:31	+00:19 04:59
3	1001	Bruno Ricardo Oliveira Silva	AFACYCLES sport CAIXIANSEL	Senior Masculino	01:50:30	+06:18 05:16
4	1349	Simão Pedro Pacheco Fernandes	Individual	Senior Masculino	01:56:58	+12:46 05:34
5	1172	Tiago Teixeira	Ginasio Factor X	Senior Masculino	01:59:17	+15:05 05:41
6	1155	Pedro Oliveira	FAMARUNNERS	Senior Masculino	01:59:24	+15:12 05:41
7	1490	Carlos Correia	O Mundo da Corrida	Senior Masculino	02:00:54	+16:42 05:45
8	1118	david ferreira	Dr Merino Clínica Médica (run&shine)	Senior Masculino	02:03:06	+18:54 05:52
9	1145	José Inácio Lima Rodrigues	experiençar	Senior Masculino	02:05:29	+21:17 05:59
10	1239	Filipe Pereira	Individual	Senior Masculino	02:07:52	+23:40 06:05
11	1101	Hugo Correia	Clube Náutico de Ponte de Lima	Senior Masculino	02:08:24	+24:12 06:07
12	1082	Tiago Lima	CF Jesuítas	Senior Masculino	02:09:38	+25:26 06:10
13	1572	Sérgio Duarte	Team DUAS FACES	Senior Masculino	02:10:00	+25:48 06:11
14	1305	Paulo manuel monteiro da costa	Individual	Senior Masculino	02:10:12	+26:00 06:12
15	1164	Ricardo Rocha	FAST AO KM	Senior Masculino	02:10:31	+26:19 06:13
16	1528	Carlos Miguel Ferreira	SANTO TIRSO RUNNERS	Senior Masculino	02:11:48	+27:36 06:17
17	1582	Carlos Coelho	TRAIL ME	Senior Masculino	02:12:01	+27:49 06:17
18	1148	José Paulo Pereira Ribeiro	Factor X	Senior Masculino	02:13:17	+29:05 06:21
19	1258	Joaquim Domingos Lopes Alves	Individual	Senior Masculino	02:13:53	+29:41 06:23
20	1154	Nuno Alves	FAMARUNNERS	Senior Masculino	02:14:33	+30:21 06:24
21	1502	Marco Paulo Alves Brochado	Os Lobos do Saibro	Senior Masculino	02:14:54	+30:42 06:25
22	1011	MANUEL ANSELMO DA SILVA MAIA	AFACYCLES sport CAIXIANSEL	Senior Masculino	02:15:14	+31:02 06:26
23	1124	Pedro Ferreira	Entre os Montes	Senior Masculino	02:15:49	+31:37 06:28
24	1056	Ricardo Manuel dos Santos Coutinho Barreiro	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	02:16:02	+31:50 06:29
25	1273	Liborio Vilela	Individual	Senior Masculino	02:17:25	+33:13 06:33
26	1483	João Lemos	Malta Power by Trevo do Sucesso	Senior Masculino	02:17:37	+33:25 06:33
27	1319	Ricardo Andre Ramos Miranda	Individual	Senior Masculino	02:18:36	+34:24 06:36
28	1313	Pedro Costa	Individual	Senior Masculino	02:19:24	+35:12 06:38
29	1347	Sérgio Manuel Pinto Carneiro	Individual	Senior Masculino	02:19:29	+35:17 06:39
30	1249	Hernani Correia	Individual	Senior Masculino	02:20:01	+35:49 06:40
31	1533	Luís Letra	Sneakers Power/APRT	Senior Masculino	02:21:06	+36:54 06:43
32	1304	paulo jorge	Individual	Senior Masculino	02:21:06	+36:54 06:43
33	1157	Simão Carneiro	FAMARUNNERS	Senior Masculino	02:21:26	+37:14 06:44
34	1527	rodrigo silva	Running Team Lantemil	Senior Masculino	02:21:34	+37:22 06:44
35	1514	Bruno Mendes	PRT/AD QUINTA	Senior Masculino	02:21:43	+37:31 06:45
36	1006	Nuno Maia	3hundred team	Senior Masculino	02:22:39	+38:27 06:48
37	1173	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:23:07	+38:55 06:49
38	1491	Fernando Carvalho	O Mundo da Corrida	Senior Masculino	02:23:30	+39:18 06:50
39	1523	Inuo Filipe Melo	Run4all	Senior Masculino	02:23:33	+39:21 06:50
40	1074	Carlos Manuel Ribeiro Gomes	CF Jesuítas	Senior Masculino	02:23:44	+39:32 06:51
41	1268	José Luis Sá	Individual	Senior Masculino	02:24:04	+39:52 06:52
42	1565	Bruno Loureiro	Team DUAS FACES	Senior Masculino	02:24:04	+39:52 06:52

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Santo Thyrso Trail 21km

21 KM

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OFFICIAL RESULT

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43	1057	Ruben Barbosa	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	02:25:21	+41:09	06:55
44	1316	Pedro Teixeira	Individual	Senior Masculino	02:25:35	+41:23	06:56
45	1501	Filipe Ricardo Pinto Ferreira	Os Lobos do Saibro	Senior Masculino	02:26:33	+42:21	06:59
46	1058	Tiago Dinis Faria Sousa	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	02:26:51	+42:39	07:00
47	1500	Paulo Pinheiro	"OS LEBRES" btt sai da frente	Senior Masculino	02:27:12	+43:00	07:01
48	1592	Ricardo Penedo	Trilhos D'Aventura	Senior Masculino	02:27:17	+43:05	07:01
49	1282	Marco Escadas	Individual	Senior Masculino	02:27:34	+43:22	07:00
50	1238	Filipe José Ferreira De Sousa	Individual	Senior Masculino	02:28:59	+44:47	07:06
51	1264	José Cruz	Individual	Senior Masculino	02:29:47	+45:35	07:08
52	1328	Romeu Cristiano de Brito Machado	Individual	Senior Masculino	02:29:47	+45:35	07:08
53	1508	Paulo Pereira	PAPAKM	Senior Masculino	02:29:49	+45:37	07:08
54	1636	Luis Miguel Lopes Ribeiro	Veloses & Furiosos	Senior Masculino	02:30:24	+46:12	07:10
55	1020	Sérgio Russo	AfrikanRunners	Senior Masculino	02:30:41	+46:29	07:11
56	1348	Sérgio Pereira	Individual	Senior Masculino	02:30:41	+46:29	07:11
57	1078	Ivo André Caleiros Maia Pereira	CF Jesuítas	Senior Masculino	02:30:48	+46:36	07:11
58	1468	Nelson Pires	Lusitanos	Senior Masculino	02:31:07	+46:55	07:12
59	1095	Márcio Carneiro	CLUBE DESPORTIVO DE LOUSADO	Senior Masculino	02:31:27	+47:15	07:13
60	1232	Diogo Silva	Individual	Senior Masculino	02:31:48	+47:36	07:14
61	1009	Sérgio Santos	A2D-Associação Académica Didáxis	Senior Masculino	02:31:51	+47:39	07:14
62	1236	Fernando Jorge de Matos Ribeiro Guimarães	Individual	Senior Masculino	02:31:56	+47:44	07:14
63	1609	Mário Brito	Urban Shape Team	Senior Masculino	02:32:07	+47:55	07:15
64	1567	João Moutinho	Team DUAS FACES	Senior Masculino	02:32:17	+48:05	07:15
65	1570	Ricardo Dantas	Team DUAS FACES	Senior Masculino	02:32:17	+48:05	07:15
66	1266	Jose Emanuel Coelho Lima	Individual	Senior Masculino	02:33:18	+49:06	07:18
67	1108	Felisberto Carvalho Arcipreste	CrossFit Vale do Ave	Senior Masculino	02:33:43	+49:31	07:19
68	1321	Ricardo Filipe Silva Couto	Individual	Senior Masculino	02:34:02	+49:50	07:20
69	1215	André Dias	Individual	Senior Masculino	02:35:03	+50:51	07:23
70	1246	HELDER MANUEL FREITAS OLIVEIRA	Individual	Senior Masculino	02:35:18	+51:06	07:24
71	1322	Ricardo Miguel Ferreira da Silva	Individual	Senior Masculino	02:35:21	+51:09	07:24
72	1333	Rui Jorge Pereira Marinho Ribeiro	Individual	Senior Masculino	02:35:38	+51:26	07:25
73	1257	João pedro Baptista Salvaterra	Individual	Senior Masculino	02:35:56	+51:44	07:26
74	1122	Emidio Quinteira	Entre os Montes	Senior Masculino	02:36:05	+51:53	07:26
75	1344	SERGIO ANDRE DA SILVA COELHO	Individual	Senior Masculino	02:36:10	+51:58	07:26
76	1603	Gilberto Ribeiro	Urban Shape Team	Senior Masculino	02:36:15	+52:03	07:26
77	1158	Vitor Teixeira	FAMARUNNERS	Senior Masculino	02:36:43	+52:31	07:28
78	1353	Tiago Pinheiro	Individual	Senior Masculino	02:37:33	+53:21	07:30
79	1301	Paulino Daniel Azevedo Maia Alves	Individual	Senior Masculino	02:37:57	+53:45	07:31
80	1276	Luis ferreira	Individual	Senior Masculino	02:38:00	+53:48	07:31
81	1217	André Manuel da Silva Machado	Individual	Senior Masculino	02:38:01	+53:49	07:31
82	1611	Raul Filipe Pereira Dias	Urban Shape Team	Senior Masculino	02:38:14	+54:02	07:32
83	1566	Fernando Lopes	Team DUAS FACES	Senior Masculino	02:38:18	+54:06	07:32
84	1134	Ricardo Martins Henriques Pais	Ermida Fit	Senior Masculino	02:39:22	+55:10	07:35

Official Timekeeper: Lap2Go	4 / 14	generate 15-fev-2015 17:06
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Santo Thyrso Trail 21km

21 KM

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OFFICIAL RESULT

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85	1221	Antonio José Oliveira Marques de Sousa	Individual	Senior Masculino	02:39:44	+55:32	07:36
86	1081	Rui Matos	CF Jesuítas	Senior Masculino	02:39:44	+55:32	07:36
87	1571	Rui Andrade	Team DUAS FACES	Senior Masculino	02:39:49	+55:37	07:37
88	1289	Moisés Ferreira	Individual	Senior Masculino	02:40:16	+56:04	07:38
89	1092	André Filipe Gueiral Cabreira	Clube de Atletismo da Póvoa de Varzim	Senior Masculino	02:40:46	+56:34	07:39
90	1542	Daniel Coelho	Solmaia Runners	Senior Masculino	02:41:16	+57:04	07:41
91	1569	Pedro Santos	Team DUAS FACES	Senior Masculino	02:41:18	+57:06	07:41
92	1499	Adelino Pinheiro	"OS LEBRES" btt sai da frente	Senior Masculino	02:41:45	+57:33	07:42
93	1219	António Almeida	Individual	Senior Masculino	02:41:58	+57:46	07:43
94	1351	Tiago Frutuoso	Individual	Senior Masculino	02:42:04	+57:52	07:43
95	1309	paulo silva	Individual	Senior Masculino	02:42:28	+58:16	07:44
96	1226	Carlos Barreto	Individual	Senior Masculino	02:42:54	+58:42	07:45
97	1228	Cláudio Cândido	Individual	Senior Masculino	02:43:02	+58:50	07:46
98	1005	Hélio Sousa	3hundred team	Senior Masculino	02:43:06	+58:54	07:46
99	1306	Paulo Martins	Individual	Senior Masculino	02:43:19	+59:07	07:47
100	1343	Rui Teixeira Machado	Individual	Senior Masculino	02:43:22	+59:10	07:47
101	1602	Emídio Marques	Urban Shape Team	Senior Masculino	02:43:42	+59:30	07:48
102	1312	Pedro Castro	Individual	Senior Masculino	02:43:59	+59:47	07:49
103	1354	Tomé barrosa pinto	Individual	Senior Masculino	02:44:53	+01:00:41	07:51
104	1240	Francisco Carneiro	Individual	Senior Masculino	02:45:56	+01:01:44	07:54
105	1614	Rosendo Filipe Carriço Ferreira	Urban Shape Team	Senior Masculino	02:45:57	+01:01:45	07:54
106	1469	Rui Rosas	Lusitanos	Senior Masculino	02:46:13	+01:02:01	07:55
107	1096	Paulo Leça	CLUBE DESPORTIVO DE LOUSADO	Senior Masculino	02:46:21	+01:02:09	07:55
108	1128	Hugues Sébastien de Almeida	Equipa C	Senior Masculino	02:46:48	+01:02:36	07:57
109	1607	Marcelo Barroso Oliveira	Urban Shape Team	Senior Masculino	02:47:40	+01:03:28	07:59
110	1643	Nuno Ribeiro	vimarunners	Senior Masculino	02:48:07	+01:03:55	08:00
111	1170	Ricardo Frnsisco Sousa Aires	Fridão Sem Limites	Senior Masculino	02:48:32	+01:04:20	08:02
112	1644	Vitor Freiras	vimarunners	Senior Masculino	02:48:37	+01:04:25	08:02
113	1133	André Costa	Ermida Fit	Senior Masculino	02:48:41	+01:04:29	08:02
114	1317	Renato Couto	Individual	Senior Masculino	02:48:50	+01:04:38	08:02
115	1290	Nelson Nunes	Individual	Senior Masculino	02:49:23	+01:05:11	08:04
116	1016	Marco Noé	AfrikanRunners	Senior Masculino	02:49:24	+01:05:12	08:04
117	1017	Marco Russo	AfrikanRunners	Senior Masculino	02:49:24	+01:05:12	08:04
118	1477	Sérgio Teixeira	MaiaCrossTeam	Senior Masculino	02:49:54	+01:05:42	08:05
119	1281	Márcio Cruz	Individual	Senior Masculino	02:50:21	+01:06:09	08:07
120	1303	Paulo Freitas	Individual	Senior Masculino	02:50:28	+01:06:16	08:07
121	1283	Marco Paulo Ribeiro Nunes	Individual	Senior Masculino	02:51:10	+01:06:58	08:09
122	1018	Ricardo Fernandes	AfrikanRunners	Senior Masculino	02:51:13	+01:07:01	08:09
123	1216	Andre Fernandes	Individual	Senior Masculino	02:51:44	+01:07:32	08:11
124	1329	rui almeida	Individual	Senior Masculino	02:52:27	+01:08:15	08:13
125	1285	Mário Almeida	Individual	Senior Masculino	02:52:32	+01:08:20	08:13
126	1171	Nuno Teixeira	Ginasio Factor X	Senior Masculino	02:52:46	+01:08:34	08:14
127	1307	paulo miguel da costa pereira loureiro	Individual	Senior Masculino	02:52:50	+01:08:38	08:14
128	1310	pedro alexandre silva	Individual	Senior Masculino	02:53:21	+01:09:09	08:15

Official Timekeeper: Lap2Go	5 / 14	generate 15-fev-2015 17:06
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Santo Thyrso Trail 21km

21 KM

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OFFICIAL RESULT

[illegible]

129	1097	Rui Pinto	CLUBE DESPORTIVO DE LOUSADO	Senior Masculino	02:53:27	+01:09:15	08:16
130	1233	Elísio Simão Cardoso	Individual	Senior Masculino	02:54:05	+01:09:53	08:17
131	1152	Filipe Oliveira	FAMARUNNERS	Senior Masculino	02:54:06	+01:09:54	08:17
132	1245	Gilberto Orlando	Individual	Senior Masculino	02:54:17	+01:10:05	08:18
133	1213	Americo Areias	Individual	Senior Masculino	02:54:20	+01:10:08	08:18
134	1299	Nuno Pereira	Individual	Senior Masculino	02:55:00	+01:10:48	08:20
135	1617	Valter Diogenes Carvalho Miranda Capela	Urban Shape Team	Senior Masculino	02:55:00	+01:10:48	08:20
136	1334	Rui Leal	Individual	Senior Masculino	02:56:29	+01:12:17	08:24
137	1028	Romeu Machado	Alive Runners	Senior Masculino	02:57:13	+01:13:01	08:26
138	1327	Romeu Cristiano Pacheco de Sousa	Individual	Senior Masculino	02:57:18	+01:13:06	08:27
139	1094	Carlos Ribeiro	CLUBE DESPORTIVO DE LOUSADO	Senior Masculino	02:57:46	+01:13:34	08:28
140	1223	Bruno Pereira	Individual	Senior Masculino	02:58:17	+01:14:05	08:29
141	1345	Sérgio Ferreira	Individual	Senior Masculino	02:58:23	+01:14:11	08:30
142	1014	Emanuel Martins	AfrikanRunners	Senior Masculino	02:59:20	+01:15:08	08:32
143	1295	Nuno damas	Individual	Senior Masculino	02:59:24	+01:15:12	08:33
144	1111	Romeu Filipe Pacheco Pereira	CrossFit Vale do Ave	Senior Masculino	03:00:20	+01:16:08	08:35
145	1259	Joaquim Vidal	Individual	Senior Masculino	03:01:16	+01:17:04	08:38
146	1080	Mário Simões	CF Jesuítas	Senior Masculino	03:01:47	+01:17:35	08:39
147	1073	Bruno Oliveira	CF Jesuítas	Senior Masculino	03:01:47	+01:17:35	08:39
148	1019	Rufino Freitas	AfrikanRunners	Senior Masculino	03:02:05	+01:17:53	08:40
149	1335	Rui Lima	Individual	Senior Masculino	03:02:13	+01:18:01	08:41
150	1214	André Brito	Individual	Senior Masculino	03:02:32	+01:18:20	08:42
151	1589	Alexandre Rodrigues	TrailMonção	Senior Masculino	03:03:12	+01:19:00	08:43
152	1605	João Rebelo	Urban Shape Team	Senior Masculino	03:03:14	+01:19:02	08:44
153	1237	Filipe José Ferreira Andrade Carvalho	Individual	Senior Masculino	03:03:52	+01:19:40	08:45
154	1265	Jose Dias	Individual	Senior Masculino	03:04:01	+01:19:49	08:46
155	1174	HELDER SILVA	GTT - TEAM	Senior Masculino	03:04:12	+01:20:00	08:46
156	1231	Diogo Guimaraes	Individual	Senior Masculino	03:04:34	+01:20:22	08:47
157	1476	António Marques	MaiaCrossTeam	Senior Masculino	03:04:35	+01:20:23	08:47
158	1099	Ivo Ricardo Freitas Araújo	Clube do Pessoal EDP - Delegação de Gaia	Senior Masculino	03:04:58	+01:20:46	08:48
159	1112	Sandro Filipe Sampaio de Oliveira	CrossFit Vale do Ave	Senior Masculino	03:05:08	+01:20:56	08:49
160	1277	Luis Miguel Araujo Pedrosa	Individual	Senior Masculino	03:05:11	+01:20:59	08:49
161	1342	Rui Samuel Sousa Carvalho Costa Gonçalves	Individual	Senior Masculino	03:06:29	+01:22:17	08:53
162	1275	luis Carlos Lopes	Individual	Senior Masculino	03:06:33	+01:22:21	08:53
163	1543	Gabriel Pedroto	Solmaia Runners	Senior Masculino	03:06:45	+01:22:33	08:54
164	1280	Márcio Carvalho	Individual	Senior Masculino	03:06:49	+01:22:37	08:54
165	1256	Joao Lima	Individual	Senior Masculino	03:07:00	+01:22:48	08:54
166	1253	Hugo Silva	Individual	Senior Masculino	03:07:27	+01:23:15	08:56
167	1296	Nuno Henrique Vidal da Silva	Individual	Senior Masculino	03:07:28	+01:23:16	08:56
168	1489	José Semblano	NO TOMORROW RUNNING TEAM	Senior Masculino	03:08:44	+01:24:32	08:59
169	1325	Ricardo Sousa	Individual	Senior Masculino	03:08:50	+01:24:38	09:00
170	1141	Rafael Gonçalves	EU+ Ginásio / LMA	Senior Masculino	03:09:05	+01:24:53	09:00

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Santo Thyrso Trail 21km

21 KM

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OFFICIAL RESULT

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171	1250	Hugo Azevedo	Individual	Senior Masculino	03:09:29	+01:25:17	09:01
172	1497	Pedro da Silva	OS FOGUETES	Senior Masculino	03:09:32	+01:25:20	09:02
173	1062	Joel Santos	CAL	Senior Masculino	03:09:49	+01:25:37	09:02
174	1496	Nélio Martins Guimarães	OS FOGUETES	Senior Masculino	03:10:53	+01:26:41	09:05
175	1272	Leandro Rainha	Individual	Senior Masculino	03:11:01	+01:26:49	09:06
176	1545	Manuel Mota	Solmaia Runners	Senior Masculino	03:11:06	+01:26:54	09:06
177	1544	João Ferreira	Solmaia Runners	Senior Masculino	03:11:07	+01:26:55	09:06
178	1039	Mario Santos	ARRASTASSOLAS	Senior Masculino	03:11:07	+01:26:55	09:06
179	1547	Rui Salgado	Solmaia Runners	Senior Masculino	03:11:07	+01:26:55	09:06
180	1046	Jorge Azevedo	Associação S4L	Senior Masculino	03:11:34	+01:27:22	09:07
181	1045	João Pedro Sousa	Associação S4L	Senior Masculino	03:11:35	+01:27:23	09:07
182	1493	Tiago André da Silva Correia	OneSoul Crossfit	Senior Masculino	03:13:11	+01:28:59	09:12
183	1549	Vitor Zenha	Solmaia Runners	Senior Masculino	03:13:24	+01:29:12	09:13
184	1063	Jorge Bernardino	CAL	Senior Masculino	03:13:42	+01:29:30	09:13
185	1279	Manuel Rui Costa Alves	Individual	Senior Masculino	03:13:42	+01:29:30	09:13
186	1346	Sérgio Manuel Azevedo Fernandes	Individual	Senior Masculino	03:14:17	+01:30:05	09:15
187	1568	Miguel Leite	Team DUAS FACES	Senior Masculino	03:14:19	+01:30:07	09:15
188	1169	Filipe Reis Pinheiro	Fridão Sem Limites	Senior Masculino	03:15:23	+01:31:11	09:18
189	1229	Daniel casanova	Individual	Senior Masculino	03:15:42	+01:31:30	09:19
190	1043	Emanuel Vieira	Associação S4L	Senior Masculino	03:15:49	+01:31:37	09:19
191	1015	Guilherme Lima	AfrikanRunners	Senior Masculino	03:16:25	+01:32:13	09:21
192	1267	José Ferreira Costa	Individual	Senior Masculino	03:16:45	+01:32:33	09:22
193	1315	Pedro Marinho	Individual	Senior Masculino	03:17:19	+01:33:07	09:24
194	1355	Urbano Leal	Individual	Senior Masculino	03:18:25	+01:34:13	09:27
195	1546	Pedro Meireles	Solmaia Runners	Senior Masculino	03:19:13	+01:35:01	09:29
196	1121	Vítor Manuel Dias Gonçalves	EDV-VIANA TRAIL	Senior Masculino	03:19:57	+01:35:45	09:31
197	1076	Filipe Faria	CF Jesuítas	Senior Masculino	03:20:13	+01:36:01	09:32
198	1079	Marcelo Sousa	CF Jesuítas	Senior Masculino	03:20:13	+01:36:01	09:32
199	1077	Hugo Pinto	CF Jesuítas	Senior Masculino	03:20:13	+01:36:01	09:32
200	1525	André Coelho	Running Team Lantemil	Senior Masculino	03:20:55	+01:36:43	09:34
201	1242	Francisco Morais	Individual	Senior Masculino	03:22:26	+01:38:14	09:38
202	1548	Samuel Pinho	Solmaia Runners	Senior Masculino	03:22:28	+01:38:16	09:38
203	1218	antonio almeida	Individual	Senior Masculino	03:22:30	+01:38:18	09:39
204	1047	Nuno André Correia	Associação S4L	Senior Masculino	03:23:34	+01:39:22	09:42
205	1153	Jose Pedro Fonseca	FAMARUNNERS	Senior Masculino	03:24:02	+01:39:50	09:43
206	1541	Adolfo Almeida	Solmaia Runners	Senior Masculino	03:24:22	+01:40:10	09:44
207	1255	João Carlos da Silva Morais	Individual	Senior Masculino	03:24:23	+01:40:11	09:44
208	1109	Filipe Alves	CrossFit Vale do Ave	Senior Masculino	03:24:45	+01:40:33	09:45
209	1008	Sergio Costa	3hundred team	Senior Masculino	03:25:30	+01:41:18	09:47
210	1064	Francisco Nuno Pereira	Calcando pedal	Senior Masculino	03:26:18	+01:42:06	09:49
211	1065	Pedro Moreira Silva	Calcando pedal	Senior Masculino	03:26:18	+01:42:06	09:49
212	1252	Hugo Palmeira	Individual	Senior Masculino	03:27:24	+01:43:12	09:53
213	1522	Pedro henriques	Rainha Club	Senior Masculino	03:27:35	+01:43:23	09:53
214	1518	Luís Ramos	Rainha Club	Senior Masculino	03:27:35	+01:43:23	09:53
215	1029	Rui Manuel Tavares Fernandes	Alive Runners	Senior Masculino	03:27:35	+01:43:23	09:53
216	1222	António Pedro Silva Teixeira	Individual	Senior Masculino	03:28:22	+01:44:10	09:58

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Santo Thyrso Trail 21km

21 KM

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217	1598	Bruno Barbosa	Urban Shape Team	Senior Masculino	03:29:20	+01:45:08	09:58
218	1613	Rogério Filipe Carvalho Alves	Urban Shape Team	Senior Masculino	03:29:20	+01:45:08	09:58
219	1314	Pedro Costa	Individual	Senior Masculino	03:29:42	+01:45:30	09:59
220	1330	Rui Balbeira	Individual	Senior Masculino	03:30:01	+01:45:49	10:00
221	1026	Nelson Luis Neto Carneiro	Alive Runners	Senior Masculino	03:30:02	+01:45:50	10:00
222	1350	Tiago Almeida	Individual	Senior Masculino	03:30:24	+01:46:12	10:01
223	1593	Filipe Teles	Urban Hair Team	Senior Masculino	03:32:00	+01:47:48	10:06
224	1339	Rui Miguel Simões Ferreira	Individual	Senior Masculino	03:33:54	+01:49:42	10:11
225	1338	Rui Miguel de Sousa Ferreira Fernandes	Individual	Senior Masculino	03:33:54	+01:49:42	10:11
226	1271	Leandro Manuel Gonçalves Silva	Individual	Senior Masculino	03:34:00	+01:49:48	10:11
227	55	Helder Oliveira	Individual	Senior Masculino	03:34:40	+01:50:28	10:13
228	1278	Manuel José Teixeira Pereira	Individual	Senior Masculino	03:35:16	+01:51:04	10:15
229	1137	Alberto Gil da Silva	EU+ Ginásio / LMA	Senior Masculino	03:35:20	+01:51:08	10:15
230	1139	Bruno Rodrigues	EU+ Ginásio / LMA	Senior Masculino	03:35:20	+01:51:08	10:15
231	1220	António Filipe Sousa Teixeira	Individual	Senior Masculino	03:35:27	+01:51:15	10:16
232	1269	José Manuel Lopes Faria	Individual	Senior Masculino	03:35:27	+01:51:15	10:16
233	1498	Daniel Machado	OS FUGITIVOS DA CRISE	Senior Masculino	03:35:39	+01:51:27	10:16
234	141	Carlos Miguel Soares Moreira	RICO TEAM	Senior Masculino	03:35:47	+01:51:35	10:17
235	1129	Márcio Diogo Lopes Guimaraes	Equipa C	Senior Masculino	03:37:27	+01:53:15	10:21
236	1640	Marco Couto	VESPA RUNNERS	Senior Masculino	03:37:47	+01:53:35	10:22
237	1639	João Couto	VESPA RUNNERS	Senior Masculino	03:37:48	+01:53:36	10:22
238	1641	Simão Couto	VESPA RUNNERS	Senior Masculino	03:37:48	+01:53:36	10:22
239	1638	Alex Marques	VESPA RUNNERS	Senior Masculino	03:37:48	+01:53:36	10:22
240	1331	Rui Costa	Individual	Senior Masculino	03:38:01	+01:53:49	10:23
241	1027	Nuno Miguel Ferreira Pacheco	Alive Runners	Senior Masculino	03:38:06	+01:53:54	10:23
242	1025	Duarte Nuno Almeida Meireles	Alive Runners	Senior Masculino	03:39:25	+01:55:13	10:27
243	1186	Izuddin Md Ishak	Individual	Senior Masculino	03:40:13	+01:56:01	10:29
244	1574	António Pinheiro	Team DUAS FACES	Senior Masculino	03:40:23	+01:56:11	10:30
245	1235	Fernando Daniel Alves Freitas	Individual	Senior Masculino	03:41:13	+01:57:01	10:32
246	1110	Marco Morais Torre	CrossFit Vale do Ave	Senior Masculino	03:41:14	+01:57:02	10:32
247	1251	Hugo Guimarães	Individual	Senior Masculino	03:41:33	+01:57:21	10:33
248	1243	FRANCISCO PACHECO	Individual	Senior Masculino	03:44:51	+02:00:39	10:42
249	1013	Artur Alves	AfrikanRunners	Senior Masculino	03:45:59	+02:01:47	10:46
250	1612	Ricardo Filipe Vassalo Fonseca	Urban Shape Team	Senior Masculino	03:46:19	+02:02:07	10:47
251	1531	Ricardo faria	Sílicar	Senior Masculino	03:46:43	+02:02:31	10:48
252	1530	Luis Teixeira	Sílicar	Senior Masculino	03:46:43	+02:02:31	10:48
253	1320	Ricardo Carvalho	Individual	Senior Masculino	03:46:45	+02:02:33	10:48
254	1300	Nuno Santos	Individual	Senior Masculino	03:46:47	+02:02:35	10:48
255	1234	Emanuel Pinho Gomes	Individual	Senior Masculino	03:49:25	+02:05:13	10:55
256	1060	Carlos Alberto Campos Viana	CAETANO RUNNERS	Senior Masculino	03:51:29	+02:07:17	11:01
257	1244	Fredeico José de Almeida Rocha	Individual	Senior Masculino	03:51:35	+02:07:23	11:02
258	1517	Erhan Gunaydin	Rainha Club	Senior Masculino	03:51:41	+02:07:29	11:02
259	1230	Daniel Filipe Garcia Pinto	Individual	Senior Masculino	03:53:37	+02:09:25	11:07
260	1061	Joaquim Manuel Vale Ferreira	CAETANO RUNNERS	Senior Masculino	03:54:12	+02:10:00	11:09
261	1311	Pedro Alexandre Silva Rodrigues	Individual	Senior Masculino	03:54:17	+02:10:05	11:09
262	1007	ricardo Dias	3hundred team	Senior Masculino	03:55:43	+02:11:31	11:13

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Santo Thyrso Trail 21km

21 KM

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263	1484	Rui Quintão	Malta Power by Trevo do Sucesso	Senior Masculino	03:56:35	+02:12:23	11:16
264	1340	Rui Pedro Gouveia Sampaio	Individual	Senior Masculino	03:56:50	+02:12:38	11:17
265	142	Paulo Rio	RICO TEAM	Senior Masculino	03:59:59	+02:15:47	11:26
266	1488	Luís Miguel Teixeira Cardoso	Ninja Team	Senior Masculino	04:03:54	+02:19:42	11:37
267	1486	Cristiano Manuel Barbosa Silva	Ninja Team	Senior Masculino	04:03:54	+02:19:42	11:37
268	1487	Fernando Gil Rodrigues do Nascimento	Ninja Team	Senior Masculino	04:03:54	+02:19:42	11:37
269	1284	Marcos Barbosa	Individual	Senior Masculino	04:07:13	+02:23:01	11:46
270	143	Pedro Azevedo	RICO TEAM	Senior Masculino	04:07:14	+02:23:02	11:46
271	1072	Bruno Monteiro	CF Jesuítas	Senior Masculino	04:08:51	+02:24:39	11:51
272	1075	Emanuel Filipe Martins Fernandes	CF Jesuítas	Senior Masculino	04:11:20	+02:27:08	11:58
273	1308	Paulo Pires	Individual	Senior Masculino	04:15:31	+02:31:19	12:10
274	1600	Daniel Filipe Andrade Carneiro	Urban Shape Team	Senior Masculino	04:17:30	+02:33:18	12:16
275	1610	Nuno Filipa cardoso	Urban Shape Team	Senior Masculino	04:22:59	+02:38:47	12:31
276	1581	Tiago Adrega	Team-Chuda	Senior Masculino	04:53:04	+03:08:52	13:57
277	1579	Fernando Oliveira	Team-Chuda	Senior Masculino	04:53:05	+03:08:53	13:57
278	1578	Andre Ribeiro	Team-Chuda	Senior Masculino	04:53:06	+03:08:54	13:57
279	1647	Carlos Manuel Amaro de Araújo	wolksinvicta	Senior Masculino	04:58:01	+03:13:49	14:11

Sub 23 Feminino

1	1356	Andreia Susana da Costa Maia	Individual	Sub 23 Feminino	03:13:21	09:12
2	1618	Adriana Alves Barbosa Mirra	Urban Shape Team	Sub 23 Feminino	03:46:19	+32:58 10:47
3	1159	Ana Cardoso	FAMARUNNERS	Sub 23 Feminino	03:49:29	+36:08 10:56
4	1113	Vanessa Catarina Dias Soares	CrossFit Vale do Ave	Sub 23 Feminino	03:56:17	+42:56 11:15
5	1357	Maria Rodrigues Amorim	Individual	Sub 23 Feminino	03:56:53	+43:32 11:17
6	1634	Ana Margarida Gonçalves Araújo	Vassourinhas do Trail	Sub 23 Feminino	03:59:42	+46:21 11:25

Sub 23 Masculino

1	1119	pedro leite	Dr Merino Clínica Médica (run&shine)	Sub 23 Masculino	01:59:55	05:43
2	1485	Pedro Manuel Silva	NAST	Sub 23 Masculino	02:19:27	+19:32 06:38
3	1463	Filipe Manuel Fernandes Tavares	IntercaimaBike/Polisport/Loja da Visão	Sub 23 Masculino	02:20:59	+21:04 06:43
4	1049	João Andrade	Aveiro Rookie Team	Sub 23 Masculino	02:23:28	+23:33 06:50
5	1363	Milton César Miranda dos Santos	Individual	Sub 23 Masculino	02:23:43	+23:48 06:51
6	1117	Bruno Costa	CTAD - Trilhos de Cinfães	Sub 23 Masculino	02:31:08	+31:13 07:12
7	1358	Bruno Filipe Ribeiro Ferreira	Individual	Sub 23 Masculino	02:39:12	+39:17 07:35
8	1360	Fábio Cruz	Individual	Sub 23 Masculino	02:39:42	+39:47 07:36
9	1365	Ricardo Lírio	Individual	Sub 23 Masculino	02:39:47	+39:52 07:37
10	1620	Bruno Alves	Urban Shape Team	Sub 23 Masculino	02:53:20	+53:25 08:15
11	1125	Francisco Neto	Entre os Montes	Sub 23 Masculino	02:56:23	+56:28 08:24
12	1030	Hugo Miguel Azevedo Monteiro	Alive Runners	Sub 23 Masculino	03:01:44	+01:01:49 08:39
13	1368	Tiago Miguel Ferreira Oliveira	Individual	Sub 23 Masculino	03:04:51	+01:04:56 08:48
14	1142	César Ferreira	EU+ Ginásio / LMA	Sub 23 Masculino	03:09:06	+01:09:11 09:00
15	1126	João Cabral	Entre os Montes	Sub 23 Masculino	03:16:03	+01:16:08 09:20

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Santo Thyrso Trail 21km

21 KM

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16	1359	Fábio	Individual	Sub 23 Masculino	03:22:53	+01:22:58	09:40
17	1362	JOÃO PINTO	Individual	Sub 23 Masculino	03:33:53	+01:33:58	10:11
18	1361	João Paulo Carvalho Moreira	Individual	Sub 23 Masculino	03:56:53	+01:56:58	11:17
19	1635	Diogo André Viana Esteves	Vassourinhas do Trail	Sub 23 Masculino	03:59:42	+01:59:47	11:25
20	1504	Tiago Miguel Marques	Os mutrijadas	Sub 23 Masculino	04:16:02	+02:16:07	12:12

Veterana F40

1	1371	Cristina Maria Fundevila Teixeira	Individual	Veterana F40	03:09:01	09:00
2	1373	Gourete Salvador	Individual	Veterana F40	03:20:58	+11:57 09:34
3	1559	Ana Carneiro	Team Afa Cycles / Afa Trail	Veterana F40	03:25:30	+16:29 09:47
4	1369	Ana Rito	Individual	Veterana F40	03:26:52	+17:51 09:51
5	1372	Elza Cordeiro	Individual	Veterana F40	03:33:48	+24:47 10:11
6	1374	Sandra Silva	Individual	Veterana F40	03:34:02	+25:01 10:12
7	1631	Lucília Quiesse	UrbanAtletas	Veterana F40	03:43:41	+34:40 10:39
8	1550	Célia Aroso	Solmaia Runners	Veterana F40	03:55:44	+46:43 11:14
9	1083	teresa gabriela ferreira da cunha	CF Jesuítas	Veterana F40	04:15:48	+01:06:47 12:11

Veterana F45

1	1376	Ercília Pereira	Individual	Veterana F45	03:02:52	08:42
2	1378	Rita Sousa	Individual	Veterana F45	03:50:10	+47:18 10:58
3	1375	Ana Guimarães	Individual	Veterana F45	03:54:17	+51:25 11:09
4	1377	Maria da Luz Oliveira	Individual	Veterana F45	03:57:05	+54:13 11:17
5	1084	Helena Sousa Tavares	CF Jesuítas	Veterana F45	04:11:18	+01:08:26 11:58

Veterana F50

1	1507	Amélia moreira	os selvagens	Veterana F50	03:17:26	09:24
2	1160	Rosa Vilhena	FAMARUNNERS	Veterana F50	03:26:52	+09:26 09:51
3	1035	Isabel Martins	Amigos da Montanha	Veterana F50	04:13:38	+56:12 12:05
4	1505	Rosalina Maria P. Teixeira e Sá Marques	Os nutrijadas	Veterana F50	04:54:06	+01:36:40 14:00

Veterano M40

1	1534	André Guedes	Sneakers Power/APRT	Veterano M40	01:58:33	05:39
2	1419	Victor Emanuel De Catro Correia	Individual	Veterano M40	02:11:46	+13:13 06:16
3	1623	Rui Sousa	Urban Shape Team	Veterano M40	02:15:14	+16:41 06:26
4	1470	Adriano Oliveira	Lusitanos	Veterano M40	02:15:38	+17:05 06:28
5	1408	Orlando Jorge Pereira	Individual	Veterano M40	02:20:34	+22:01 06:42
6	1509	Jorge Brites	Pé na Rota	Veterano M40	02:22:12	+23:39 06:46
7	1573	Pedro Branco	Team DUAS FACES	Veterano M40	02:23:08	+24:35 06:49
8	1036	Fernando Pereira	Amigos da Montanha	Veterano M40	02:26:04	+27:31 06:57
9	1379	Abilio Martins Almeida	Individual	Veterano M40	02:26:21	+27:48 06:58

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Santo Thyrso Trail 21km

21 KM

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10	1390	Duarte Silva	Individual	Veterano M40	02:26:27	+27:54	06:58
11	1585	Miguel Araújo	TRAIL ME	Veterano M40	02:29:46	+31:13	07:08
12	1400	José Maria Gouveia Martins	Individual	Veterano M40	02:31:24	+32:51	07:13
13	1583	António Coelho	TRAIL ME	Veterano M40	02:31:30	+32:57	07:13
14	1386	Cláudio Ferreira	Individual	Veterano M40	02:32:00	+33:27	07:14
15	1637	Luis Miguel Pereira	Veloses & Furiosos	Veterano M40	02:32:39	+34:06	07:16
16	1012	HUMBERTO CARLOS F M SILVA	AFIMDEBTT	Veterano M40	02:33:01	+34:28	07:17
17	1398	Jorge Azevedo	mYleggs	Veterano M40	02:33:06	+34:33	07:17
18	1396	Joaquim Carlos da Silva Coelho	Individual	Veterano M40	02:33:12	+34:39	07:18
19	1389	Duarte Gil Ribeiro Barbosa	Individual	Veterano M40	02:34:34	+36:01	07:22
20	1584	Antonio Grande	TRAIL ME	Veterano M40	02:37:02	+38:29	07:29
21	1416	Rui Pedro Pena	Individual	Veterano M40	02:37:07	+38:34	07:29
22	1031	Emerson Augusto Thome	Alive Runners	Veterano M40	02:38:15	+39:42	07:32
23	98	Carlos Martins	Individual	Veterano M40	02:39:20	+40:47	07:35
24	1403	LUIS ALMEIDA	Individual	Veterano M40	02:39:36	+41:03	07:36
25	1381	Antonio Martins	Individual	Veterano M40	02:40:23	+41:50	07:38
26	1621	José Coelho	Urban Shape Team	Veterano M40	02:40:24	+41:51	07:38
27	1510	Carlos Pinto João	Perdi o Táxi	Veterano M40	02:41:01	+42:28	07:40
28	1394	Franco Costa	Individual	Veterano M40	02:44:47	+46:14	07:51
29	1391	fausto teixeira	Individual	Veterano M40	02:47:11	+48:38	07:58
30	1382	antonio pereira	Individual	Veterano M40	02:47:28	+48:55	07:58
31	1561	Rui Azevedo	Team Afa Cycles / Afa Trail	Veterano M40	02:47:56	+49:23	08:00
32	1560	César Costa	Team Afa Cycles / Afa Trail	Veterano M40	02:48:13	+49:40	08:01
33	1393	Francisco Moreira	Individual	Veterano M40	02:48:59	+50:26	08:03
34	1414	Ricardo José Rodrigues Bento de Oliveira	Individual	Veterano M40	02:51:23	+52:50	08:10
35	1392	Fernando Gomes	Individual	Veterano M40	02:52:27	+53:54	08:13
36	1553	Eduardo Pinto	Solmaia Runners	Veterano M40	02:53:26	+54:53	08:16
37	1399	José Carlos Roque da Costa	Individual	Veterano M40	02:53:50	+55:17	08:17
38	1415	Rui Paulo Oliveira Martins	Individual	Veterano M40	02:55:13	+56:40	08:21
39	1588	Rui Pedro Borges	Trailistas Eu é que sei	Veterano M40	02:55:51	+57:18	08:22
40	1090	Rui Couto	Clínica Dentária-Dr.Rui Couto e Dra Sofia Alves	Veterano M40	02:57:18	+58:45	08:27
41	1114	Francisco Bartolomeu	CrossFit Vale do Ave	Veterano M40	03:00:19	+01:01:46	08:35
42	1418	Rui Teixeira	Individual	Veterano M40	03:01:13	+01:02:40	08:38
43	1040	Pedro Carvalho	ARRASTASSOLAS	Veterano M40	03:01:14	+01:02:41	08:38
44	1413	Ricardo Bailão	Individual	Veterano M40	03:02:33	+01:04:00	08:42
45	1401	José Miguel Silva	Individual	Veterano M40	03:04:21	+01:05:48	08:47
46	1407	Miguel Lopes	Individual	Veterano M40	03:05:07	+01:06:34	08:49
47	1021	Joel Guimarães	AfrikanRunners	Veterano M40	03:06:16	+01:07:43	08:52
48	1383	Benjamim Batista da Cruz	Individual	Veterano M40	03:06:30	+01:07:57	08:53
49	1388	Domingos Jorge Santos Gonçalves	Individual	Veterano M40	03:08:20	+01:09:47	08:58
50	1402	José Pedro Pinto Silva	Individual	Veterano M40	03:08:58	+01:10:25	09:00
51	1554	Mário Araújo	Solmaia Runners	Veterano M40	03:11:07	+01:12:34	09:06
52	1405	Miguel Ângelo Roriz Oliveira	Individual	Veterano M40	03:13:51	+01:15:18	09:14
53	1397	Joaquim Manuel Andrade dos Santos	Individual	Veterano M40	03:14:12	+01:15:39	09:15
54	1478	Sérgio Esteves	MaiaCrossTeam	Veterano M40	03:16:13	+01:17:40	09:21

Official Timekeeper: Lap2Go	11 / 14	generate 15-fev-2015 17:06
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Santo Thyrso Trail 21km

21 KM

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55	1022	Jorge Nunes	AfrikanRunners	Veterano M40	03:16:25	+01:17:52	09:21
56	1420	vítor castro	Individual	Veterano M40	03:16:44	+01:18:11	09:22
57	1086	Ricardo Meireles	CF Jesuítas	Veterano M40	03:18:25	+01:19:52	09:27
58	1406	Miguel Jorge Fernandes de Araújo Vieira	Individual	Veterano M40	03:18:57	+01:20:24	09:28
59	1385	Carlos Cardoso	Individual	Veterano M40	03:20:36	+01:22:03	09:33
60	1144	Rogério Duarte Gonçalves Oliveira	EU+ Ginásio / LMA	Veterano M40	03:24:46	+01:26:13	09:45
61	1037	José Carlos Araújo	Amigos da Montanha	Veterano M40	03:27:01	+01:28:28	09:51
62	1411	Paulo Queirós	Individual	Veterano M40	03:28:21	+01:29:48	09:55
63	1380	Alexandre Monteiro	Individual	Veterano M40	03:31:13	+01:32:40	10:03
64	1143	Paulo Sá Aguiar	EU+ Ginásio / LMA	Veterano M40	03:35:21	+01:36:48	10:15
65	1395	João Miguel Pereira Ferreira	Individual	Veterano M40	03:36:32	+01:37:59	10:19
66	1511	Miguel Moraes	Perdi o Táxi	Veterano M40	03:38:31	+01:39:58	10:24
67	1384	Bruno Filipe Fernandes Rodrigues	Individual	Veterano M40	03:43:19	+01:44:46	10:38
68	1002	Carlos Vilaça	100Fôlego	Veterano M40	03:44:18	+01:45:45	10:41
69	1417	Rui Rodrigues	Individual	Veterano M40	03:44:18	+01:45:45	10:41
70	1115	Silvério Fernandes Alberto	CrossFit Vale do Ave	Veterano M40	03:46:24	+01:47:51	10:47
71	1085	Ricardo Carneiro	CF Jesuítas	Veterano M40	03:50:40	+01:52:07	10:59
72	1464	Miguel Mota Leite	Jerónimo	Veterano M40	03:50:46	+01:52:13	10:59
73	1410	Paulo Correia Alves	Individual	Veterano M40	03:51:29	+01:52:56	11:01
74	1552	Augusto Rodrigues	Solmaia Runners	Veterano M40	04:05:31	+02:06:58	11:41
75	1519	victor paiva	Rainha Club	Veterano M40	04:08:44	+02:10:11	11:51
76	1624	Vítor Martins	Urban Shape Team	Veterano M40	04:17:30	+02:18:57	12:16

Veterano M45

1	1626	Paulo Manuel Correia Martins	Urban Shape Team	Veterano M45	02:15:15	06:26
2	1430	José Carlos Ferreira Dias	Individual	Veterano M45	02:17:25	+02:10 06:33
3	1446	Vasco Morais Pinheiro de Sousa	Individual	Veterano M45	02:17:56	+02:41 06:34
4	1423	Dionisio Manuel Correia de Sousa	Individual	Veterano M45	02:18:11	+02:56 06:35
5	1429	Joaquim Fernandes Pinheiro	Individual	Veterano M45	02:18:28	+03:13 06:36
6	1104	José Gomes	CONFRARIA DA BIKE CLUBE	Veterano M45	02:21:33	+06:18 06:44
7	1445	Paulo Santos	Individual	Veterano M45	02:22:51	+07:36 06:48
8	1436	Manuel Gomes	Individual	Veterano M45	02:23:44	+08:29 06:51
9	1422	Carlos Gandra	Individual	Veterano M45	02:25:22	+10:07 06:55
10	1424	Fernando Duarte da Silva Martins	Individual	Veterano M45	02:26:32	+11:17 06:59
11	1447	vitoe Coelho	Individual	Veterano M45	02:28:20	+13:05 07:04
12	1438	Martinho Jorge Silva Costa	Individual	Veterano M45	02:34:34	+19:19 07:22
13	1434	Lieven Verraest	Individual	Veterano M45	02:35:22	+20:07 07:24
14	1441	Paulo Baltasar Martins	Individual	Veterano M45	02:36:00	+20:45 07:26
15	1103	Antonio Marcelino Coutinho Freitas	CONFRARIA DA BIKE CLUBE	Veterano M45	02:36:14	+20:59 07:26
16	1435	Luís Guise	Individual	Veterano M45	02:36:27	+21:12 07:27
17	136	Carlos Alberto Lopes Fernandes	Individual	Veterano M45	02:36:45	+21:30 07:28
18	1443	Paulo Martins	Individual	Veterano M45	02:42:02	+26:47 07:43
19	1412	Paulo Ribeiro	Individual	Veterano M45	02:42:03	+26:48 07:43
20	1425	Filipe Rodrigues Gonçalves	DESNIVEL POSITIVO	Veterano M45	02:42:47	+27:32 07:45

Santo Thyrso Trail 21km

21 KM

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21	1433	Leandro Freitas	Individual	Veterano M45	02:45:09	+29:54	07:52
22	1471	Paulo Azevedo	Lusitanos	Veterano M45	02:47:50	+32:35	08:00
23	1431	José Fernandes Ferreira	Individual	Veterano M45	02:47:52	+32:37	08:00
24	1426	Francisco Nogueira	Individual	Veterano M45	02:49:07	+33:52	08:03
25	1421	Álvaro Pereira	Individual	Veterano M45	02:50:28	+35:13	08:07
26	1135	Joaquim Ferreira	EscalaFiscal	Veterano M45	02:53:45	+38:30	08:16
27	1127	José Neto	Entre os Montes	Veterano M45	02:58:14	+42:59	08:29
28	1586	Paulo Faria	TRAIL ME	Veterano M45	03:02:23	+47:08	08:41
29	1440	Narciso Castro Machado	Individual	Veterano M45	03:07:27	+52:12	08:56
30	1448	VITOR LOPES	Individual	Veterano M45	03:12:09	+56:54	09:09
31	1562	Pedro Rocha	Team Afa Cycles / Afa Trail	Veterano M45	03:16:04	+01:00:49	09:20
32	1479	Avelino Sousa	MaiaCrossTeam	Veterano M45	03:16:09	+01:00:54	09:20
33	1428	João Soares	Individual	Veterano M45	03:18:43	+01:03:28	09:28
34	1465	Alcino Carvalho	Jerónimo	Veterano M45	03:21:52	+01:06:37	09:37
35	1467	José Saldanha	Jerónimo	Veterano M45	03:21:52	+01:06:37	09:37
36	1520	Sérgio Pinheiro	Rainha Club	Veterano M45	03:27:35	+01:12:20	09:53
37	1032	Fernando António Ferreira Carneiro	Alive Runners	Veterano M45	03:30:02	+01:14:47	10:00
38	1161	Carlos Espírito Santo	FAMARUNNERS	Veterano M45	03:37:09	+01:21:54	10:20
39	1512	Eduardo Falcão	Perdi o Táxi	Veterano M45	03:38:30	+01:23:15	10:24
40	1555	António Cardoso	Solmaia Runners	Veterano M45	03:40:26	+01:25:11	10:30
41	118	Paulo Costa	Individual	Veterano M45	03:42:40	+01:27:25	10:36
42	1625	Manuel Martins	Urban Shape Team	Veterano M45	03:47:25	+01:32:10	10:50
43	1466	Eugénio Portela	Jerónimo	Veterano M45	03:50:46	+01:35:31	10:59
44	1432	Jose Fernando Pereira Carvalho	Individual	Veterano M45	04:08:45	+01:53:30	11:51

Veterano M50

1	1452	Fernando Noronha	Individual	Veterano M50	02:13:40		06:22
2	1091	António Teixeira	Clínica Dentária-Dr.Rui Couto e Dra Sofia Alves	Veterano M50	02:36:46	+23:06	07:28
3	1050	VITOR ARAUJO	BICIATUS	Veterano M50	02:41:20	+27:40	07:41
4	1453	Joaquim Fernando Barbosa de Castro	Individual	Veterano M50	02:42:49	+29:09	07:45
5	1087	Joaquim Nunes	CF Jesuítas	Veterano M50	02:43:55	+30:15	07:48
6	1337	Frederico Esteves	DESNIVEL POSITIVO	Veterano M50	02:44:00	+30:20	07:49
7	1163	Manuel Costa e Sá	FAMARUNNERS	Veterano M50	02:53:27	+39:47	08:16
8	1645	Casimiro Fernandes	VITÓRIA SPORT CLUBE	Veterano M50	02:57:25	+43:45	08:27
9	1454	Joaquim Pereira da Silva	Individual	Veterano M50	03:05:11	+51:31	08:49
10	1450	Alvaro Manuel da Costa Marques	Individual	Veterano M50	03:12:34	+58:54	09:10
11	1146	Manuel Cunha Lima	EXPERIENCIAR	Veterano M50	03:13:09	+59:29	09:12
12	1455	José Fernandes	Individual	Veterano M50	03:13:31	+59:51	09:13
13	1457	jose manuel martins silva	Individual	Veterano M50	03:18:26	+01:04:46	09:27
14	1563	Francisco Costa	Team Afa Cycles / Afa Trail	Veterano M50	03:24:53	+01:11:13	09:45
15	1033	Augusto Cardoso Tavares	Alive Runners	Veterano M50	03:42:56	+01:29:16	10:37
16	1451	António Luis Martins do Vale Lima	Individual	Veterano M50	03:50:16	+01:36:36	10:58
17	1458	Luisa Almeida	Individual	Veterano M50	03:50:35	+01:36:55	10:59
18	1460	Manuel Moura	Individual	Veterano M50	03:51:23	+01:37:43	11:01

21 KM

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Veterano M60

1	1494	josé moura sousa	OS BARRIGUITAS	Veterano M60	03:08:49	08:59
2	1165	Cândido Rocha	FAST AO KM	Veterano M60	03:23:02	+14:13 09:40
3	1462	José Neves Castelo	Individual	Veterano M60	03:42:22	+33:33 10:35
4	1461	Joaquim Sampaio Ferreira	Individual	Veterano M60	04:15:42	+01:06:53 12:11

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