

Dorsal	Nome	Apelido	Tempo	Escalão	Equipa	Geral	Esc.	Total Esc.
1011	Luis	Pereira	31:35.94	Vet 1 Male 35 - 39	Aguas do Porto - Casa	1	1	48
1253	Renato	Teixeira	32:55.69	M_Senior 18 - 34	TriBraga	2	1	59
1084	Filipe	Martins	33:18.01	Vet 1 Male 35 - 39	GRE-Bonfim	3	2	48
1166	Anselmo	Maia	33:29.20	M_Senior 18 - 34		4	2	59
1116	Paulo	Jesus	33:54.95	Vet 2 Male 40 - 44	grupo recreativo estr	5	1	40
1317	Jose	Carvalho	34:05.20	M_Senior 18 - 34	McDonald's TriBraga	6	3	59
1311	Pedro	Pereira	34:07.44	Vet 2 Male 40 - 44	Tainadas Family Runni	7	2	40
1306	Pedro	Cardoso	34:14.95	M_Senior 18 - 34		8	4	59
1037	Alex	Matos	34:39.70	Vet 4 Male 50 - 54	Nacidos para correr	9	1	24
1183	Helder	Rodrigues	34:49.70	Vet 1 Male 35 - 39	Individual	10	3	48
1261	Alberto	Valente	34:58.45	Vet 2 Male 40 - 44	GDST	11	3	40
1358	Carlos	Dias	35:00.70	Vet 3 Male 45 - 49	Individual	12	1	27
1020	Jose	Monteiro	35:07.45	Vet 5 Male 55 - 59	Bairro de Carcavelos	13	1	12
1319	Jose	Graca	35:09.70	Vet 2 Male 40 - 44	MAIA AC	14	4	40
1184	Pedro	Oliveira	35:18.95	M_Senior 18 - 34	Individual	15	5	59
1023	Marko	Santos	35:30.45	M_Senior 18 - 34		16	6	59
1224	Jorge	Vale	35:33.20	Vet 3 Male 45 - 49	Fafe Runners	17	2	27
1026	Fernando	Igreja	35:51.20	Vet 2 Male 40 - 44	C F Vilacondense	18	5	40
1022	Rui	Cigarrosa	35:59.95	M_Senior 18 - 34	Me Mysel and I	19	7	59
1097	Filipe	Ramos	36:01.95	Vet 1 Male 35 - 39	Aesthetical Team Runn	20	4	48
1135	Vasco	Figueiredo	36:07.45	Vet 4 Male 50 - 54	Dasdikes	21	2	24
1052	Antonio	Moreira	36:21.20	Vet 2 Male 40 - 44	pai y filho	22	6	40
1044	Marco	Pereira	36:50.95	M_Senior 18 - 34	CF Vilacondense	23	8	59
1146	Ricardo	Santos	36:59.20	M_Senior 18 - 34		24	9	59
1087	Joaquim	Monteiro	37:03.46	M_Senior 18 - 34	Grupo Recreativo Cove	25	10	59
1043	Paulo	Reis	37:08.20	Vet 3 Male 45 - 49	Escola Atletismo Rosa	26	3	27
1331	Alvaro	Cardoso	37:09.95	Vet 1 Male 35 - 39	Associacao Recreativa	27	5	48
1070	Flavio	Sousa	37:15.70	M_Senior 18 - 34		28	11	59
1042	Jose	Sousa	37:20.70	Vet 2 Male 40 - 44	Maia ac	29	7	40
1346	Nuno	Nunes	37:22.46	M_Senior 18 - 34	Pacos runners	30	12	59
1366	Luis	Silva	37:23.46	Vet 3 Male 45 - 49	florsita	31	4	27
1088	Jose	Sanches	37:29.21	Vet 3 Male 45 - 49	Leoes da Agra	32	5	27
1271	Carlos	Lopes	37:54.21	Vet 5 Male 55 - 59	FREZITE	33	2	12
1046	Frederico	Maximo	38:09.20	Vet 1 Male 35 - 39	Aesthetical Team Runn	34	6	48
1041	Carlos	Araujo	38:11.46	Vet 3 Male 45 - 49	Maia AC	35	6	27
1107	Carlos	Cruz	38:11.46	Vet 4 Male 50 - 54	Os Rompe Solas	36	3	24
1094	Gaudencio	Lopes	38:20.21	Vet 3 Male 45 - 49	virithus runners vis	37	7	27
1348	Jose	Lopes	38:24.70	Vet 3 Male 45 - 49	Nordic Walking Civimo	38	8	27
1168	Rui	Cunha	38:26.96	Vet 3 Male 45 - 49	ACMAIA	39	9	27
1295	Manuel	Costa	38:34.71	Vet 4 Male 50 - 54	PORTORUNNERS	40	4	24
1048	Salvador	Silva	38:41.96	Vet 2 Male 40 - 44	A.C.D.Sao Joao da Ser	41	8	40
1033	Daniel	Castro	38:48.96	M_Senior 18 - 34	Clube Fluvial Vilacon	42	13	59
1323	Raul	Silva	38:49.03	M_Senior 18 - 34	Sao Joao da Serra	43	14	59
1027	Paulo	Madeira	38:57.96	Vet 1 Male 35 - 39	ACD S.Joao Da Serra -	44	7	48
1365	Miguel	Rego	39:36.46	Vet 1 Male 35 - 39	QUALY - Produtos de L	45	8	48
1089	Paulo	Campos	39:37.71	Vet 3 Male 45 - 49	Leoes da Agra	46	10	27
1361	Augusto	Dourado	39:42.96	Vet 6 Male 60 - +	PROEVENTS	47	1	8
1255	Bruno	Castro	39:50.21	M_Senior 18 - 34		48	15	59
1086	Andre	Martins	39:54.46	Vet 1 Male 35 - 39		49	9	48
1028	Paulo	Oliveira	40:06.21	Vet 3 Male 45 - 49	S.C. Espinho / Antoni	50	11	27
1314	Antonio	Corucho	40:28.21	Vet 4 Male 50 - 54	Taianadas Family Runn	51	5	24
1292	Jose	Costa	40:30.71	Vet 1 Male 35 - 39	Lousada runners	52	10	48
1357	Ricardo	Campos	40:30.96	Vet 1 Male 35 - 39	Individual	53	11	48
1334	Rui	Pena	40:31.78	Vet 2 Male 40 - 44	AASM	54	9	40
1237	Janine	Coelho	40:42.46	Female Senior 18-39	aron ianis noah	55	1	33
1304	Guilherme	Vieira	40:44.21	M_Senior 18 - 34	Varzim Sport Club	56	16	59
1090	Antonio	Goncalves	40:57.96	Vet 4 Male 50 - 54	Leoes da Agra	57	6	24
1342	Nuno	Almeida	41:03.21	Vet 1 Male 35 - 39	Running Team Maia	58	12	48
1287	Joaquim	Vieira	41:04.21	Vet 4 Male 50 - 54	Os cachos	59	7	24
1355	Ventura	Pontes	41:27.21	Vet 3 Male 45 - 49	Individual	60	12	27
1049	Carlos	Barreto	41:30.71	Vet 2 Male 40 - 44	Barreto Team	61	10	40
1316	Antonio	Oliveira	41:37.72	Vet 5 Male 55 - 59	lousada runners	62	3	12
1100	Fernando	Silva	41:39.72	Vet 6 Male 60 - +	Os Rompe Solas	63	2	8
1246	Paula	Guedes	41:44.97	Female F40 40 - 44	Maia A.C.	64	1	11
1247	Fernando	Santos	41:47.21	Vet 3 Male 45 - 49	Maia A.C.	65	13	27

Dorsal	Nome	Apelido	Tempo	Escalão	Equipa	Geral	Esc.	Total Esc.
1081	Joao	Silva	41:47.72	Vet 1 Male 35 - 39		66	13	48
1189	Andre	Seabra	41:50.47	M_Senior 18 - 34	MaiaFit	67	17	59
1038	Paulo	Loureiro	41:54.46	Vet 1 Male 35 - 39	Team Lantemil	68	14	48
1268	Antonio	Marques	42:00.22	Vet 1 Male 35 - 39		69	15	48
1363	Bruno	Silva	42:03.97	M_Senior 18 - 34		70	18	59
1298	Manuel	Ferreira	42:18.71	Vet 2 Male 40 - 44		71	11	40
1120	Joao	Ferreira	42:32.72	M_Senior 18 - 34	Maia AC	72	19	59
1082	Joao	Ferreira	42:43.22	Vet 3 Male 45 - 49		73	14	27
1141	Eduardo	Barbosa	42:51.47	Vet 1 Male 35 - 39	Bota & Siga	74	16	48
1136	Manuel	Costa	42:55.22	Vet 5 Male 55 - 59	Dasdikes	75	4	12
1083	Jose	Nunes	43:00.47	Vet 1 Male 35 - 39		76	17	48
1190	Alexandre	Ferreira	43:08.47	Vet 3 Male 45 - 49	Amigos ponto final	77	15	27
1191	Celestino	Silva	43:09.47	Vet 4 Male 50 - 54	Amigos ponto final	78	8	24
1155	Tito	Pinto	43:24.22	M_Senior 18 - 34	BindTuning	79	20	59
1299	Ricardo	Sampaio	43:26.22	Vet 1 Male 35 - 39		80	18	48
1069	Jose	Maia	43:44.72	Vet 2 Male 40 - 44		81	12	40
1187	Pedro	Moreira	43:46.47	M_Senior 18 - 34		82	21	59
1013	Jose	Carlos	43:47.97	Vet 1 Male 35 - 39	Beat Your Limit!	83	19	48
1220	Lino	Marques	43:51.72	Vet 5 Male 55 - 59		84	5	12
1356	Pedro	Teixeira	43:54.47	Vet 2 Male 40 - 44	Individual	85	13	40
1085	Cristiano	Magalhaes	43:54.97	Vet 1 Male 35 - 39	Aldao	86	20	48
1056	Jose	Cerqueira	43:55.47	M_Senior 18 - 34	Cerqueira	87	22	59
1092	Tiago	Pais	43:55.72	M_Senior 18 - 34	Leoes da Agra	88	23	59
1057	Antonio	Canelas	43:59.06	Vet 3 Male 45 - 49	Individual	89	16	27
1153	Bruno	Carvalho	44:03.72	M_Senior 18 - 34	Associacao moinho de	90	24	59
1142	Carlos	Ribeiro	44:06.97	Vet 2 Male 40 - 44	Bota & Siga	91	14	40
1235	Paulo	Pereira	44:09.72	Vet 3 Male 45 - 49	GDCTENVC	92	17	27
1276	Jose	Algarra	44:11.22	Vet 2 Male 40 - 44		93	15	40
1180	Fernando	Valente	44:11.47	Vet 5 Male 55 - 59	Leoes da Agra	94	6	12
1017	Nuno	Morais	44:11.50	Vet 1 Male 35 - 39		95	21	48
1117	Daniel	Cruz	44:35.22	Vet 1 Male 35 - 39	i-run	96	22	48
1118	Mario	Sa-Carneiro	44:35.72	Vet 2 Male 40 - 44	I-run	97	16	40
1154	Aires	Oliveira	44:43.72	Vet 4 Male 50 - 54	Associacao moinho de	98	9	24
1293	Vitor	Costa	44:47.72	Vet 2 Male 40 - 44	Amigos Vale Silencio	99	17	40
1286	Carlos	Dias	44:48.47	Vet 3 Male 45 - 49		100	18	27
1340	Marcos	Matos	44:57.22	M_Senior 18 - 34	" +Fit"	101	25	59
1350	Marco	Carvalho	45:15.22	Vet 2 Male 40 - 44	Nordic Walking Civimo	102	18	40
1174	Helder	Martins	45:18.47	M_Senior 18 - 34	Associacao moinho de	103	26	59
1360	Pedro	Moreira	45:24.47	M_Senior 18 - 34		104	27	59
1040	Pedro	Ezequiel	45:24.97	Vet 1 Male 35 - 39		105	23	48
1303	Jose	Coelho	45:46.23	Vet 1 Male 35 - 39		106	24	48
1241	Miguel	Silva	45:52.48	M_Senior 18 - 34	Tainadas Family Runni	107	28	59
1039	Sonia	Mota	45:53.22	Female F40 40 - 44		108	2	11
1256	Ricardo	Martins	45:55.98	M_Senior 18 - 34		109	29	59
1225	Jose	Martins	45:57.73	Vet 5 Male 55 - 59		110	7	12
1318	Joao	Silva	46:10.48	M_Senior 18 - 34	QUALY - Produtos de L	111	30	59
1343	Jose	Azevedo	46:15.23	Vet 2 Male 40 - 44		112	19	40
1005	Geraldo	Castro	46:20.48	M_Senior 18 - 34		113	31	59
1016	Vitor	Alves	46:20.75	M_Senior 18 - 34	Individual	114	32	59
1291	Jose	Santos	46:22.48	Vet 5 Male 55 - 59	CAO	115	8	12
1273	Carla	Oliveira	46:25.48	Female F40 40 - 44	Clube de Montanhismo	116	3	11
1160	Vitor	Martins	46:39.98	Vet 2 Male 40 - 44	Trofa Run	117	20	40
1015	Fernanda	Pinho	46:46.47	Female F45 45 - 49	Moreira Relax Runners	118	1	5
1067	Alfredo	Barreto	46:46.97	Vet 2 Male 40 - 44	Barreto's Team	119	21	40
1108	Virgilio	Palmeiro	46:51.23	Vet 6 Male 60 - +	Os Rompe Solas	120	3	8
1294	Bruno	Silva	46:53.23	Vet 1 Male 35 - 39		121	25	48
1035	Aparicio	Lopes	46:56.72	Vet 4 Male 50 - 54	Os Mancos	122	10	24
1137	Joao	Costa	46:59.23	Vet 2 Male 40 - 44		123	22	40
1288	Tiago	Vilaca	46:59.48	Vet 1 Male 35 - 39		124	26	48
1169	Filipe	Fidalgo	47:05.73	Vet 1 Male 35 - 39	MaiaFit	125	27	48
1269	Bruno	Leite	47:06.48	M_Senior 18 - 34	MaiaFit	126	33	59
1066	Sandra	Mesquita	47:15.98	Female F40 40 - 44	Sao Mateus Runners	127	4	11
1194	Eduardo	Castro	47:18.23	Vet 1 Male 35 - 39		128	28	48
1262	Antonio	Nogueira	47:22.23	Vet 2 Male 40 - 44		129	23	40
1063	Alberto	Cesar	47:23.98	Vet 3 Male 45 - 49		130	19	27

Dorsal	Nome	Apelido	Tempo	Escalão	Equipa	Geral	Esc.	Total Esc.
1050	Joao	Costa	47:27.73	Vet 6 Male 60 - +		131	4	8
1080	Susana	Magalhaes	47:29.73	Female F40 40 - 44	Futebol Clube de Pena	132	5	11
1125	Isaac	Unknown	47:30.50	M_Senior 18 - 34	Futebol Clube de Pena	133	34	59
1144	Fernando	Andrade	47:38.48	Vet 5 Male 55 - 59	No Tomorrow Running T	134	9	12
1145	Ana	Paula	47:38.48	Female F50 50 - +	No Tomorrow Running T	135	1	4
1093	Jose	Ribeiro	47:46.73	Vet 1 Male 35 - 39		136	29	48
1272	Manuel	Carvalho	47:48.48	Vet 4 Male 50 - 54	SANTANDER TOTTA	137	11	24
1091	Francisco	Santos	48:06.98	Vet 4 Male 50 - 54	Leoes da Agra	138	12	24
1106	David	Rodrigues	48:07.23	Vet 4 Male 50 - 54	Os Rompe Solas	139	13	24
1322	Jose	Oliveira	48:07.75	Vet 4 Male 50 - 54		140	14	24
1128	Bruno	Barbosa	48:09.73	M_Senior 18 - 34	NORCANA RUNNING	141	35	59
1051	Rui	Pereira	48:11.73	M_Senior 18 - 34		142	36	59
1149	Jorge	Meireles	48:14.48	Vet 2 Male 40 - 44	Crew Concordia	143	24	40
1151	Bruno	Cardoso	48:15.25	Vet 1 Male 35 - 39	Crew Concordia	144	30	48
1221	Elisabete	Martins	48:19.98	Female Senior 18-39	GRE-Bonfim	145	2	33
1297	Rui	Teixeira	48:23.48	Vet 2 Male 40 - 44		146	25	40
1320	Sandra	Lopes	48:28.80	Female Senior 18-39	idee team	147	3	33
1143	Pedro	Melo	48:37.98	Vet 4 Male 50 - 54	Arcorun	148	15	24
1173	Paulo	Silva	48:39.48	M_Senior 18 - 34		149	37	59
1242	Vera	Malheiro	48:40.48	Female Senior 18-39	Tainadas Family Runni	150	4	33
1031	Jose	Rodrigues	48:41.98	Vet 3 Male 45 - 49		151	20	27
1064	Jose	Pereira	48:42.48	Vet 4 Male 50 - 54	Maia A.C.	152	16	24
1073	Julio	Alves	48:47.98	Vet 2 Male 40 - 44	Futebol Clube de Pena	153	26	40
1077	Manuel	Alves	48:48.26	Vet 4 Male 50 - 54	Futebol Clube de Pena	154	17	24
1300	Hercilio	Santos	48:55.73	Vet 3 Male 45 - 49	Idee Team	155	21	27
1270	Joao	Gomes	49:01.23	Vet 2 Male 40 - 44	MaiaFit	156	27	40
1105	Manuela	Igreja	49:03.48	Female F45 45 - 49	Os Rompe Solas	157	2	5
1264	Lino	Marques	49:09.48	M_Senior 18 - 34	MM	158	38	59
1010	Paulo	Dias	49:24.73	Vet 4 Male 50 - 54	Individual	159	18	24
1335	Jose	Monteiro	49:25.55	M_Senior 18 - 34		160	39	59
1029	Renato	Allen	49:25.73	M_Senior 18 - 34		161	40	59
1359	Frederico	Coelho	49:26.23	Vet 1 Male 35 - 39	individual	162	31	48
1265	Jose	Silva	49:26.48	Vet 3 Male 45 - 49	INDIVIDUAL	163	22	27
1267	Angelina	Silva	49:27.23	Female F50 50 - +	individual	164	2	4
1182	Victor	Carvalho	49:27.23	Vet 5 Male 55 - 59	Leões da Agra	165	10	12
1115	Jose	Sousa	49:33.73	Vet 2 Male 40 - 44	Clube Fluvial Vilacon	166	28	40
1024	Francisco	Granja	49:42.73	Vet 6 Male 60 - +	Iomave	167	5	8
1172	Jose	Pereira	49:43.51	Vet 1 Male 35 - 39	Nights Team	168	32	48
1325	Nuno	Guedes	49:44.98	Vet 1 Male 35 - 39	Confianca	169	33	48
1326	Joana	Santos	49:45.73	Female Senior 18-39	Confianca	170	5	33
1170	Pedro	Dias	49:57.23	Vet 2 Male 40 - 44	individual	171	29	40
1193	Ernesto	Ferreira	50:02.48	Vet 1 Male 35 - 39		172	34	48
1113	Pedro	Duarte	50:04.48	Vet 1 Male 35 - 39	4 runners	173	35	48
1158	Vitor	Veiga	50:11.23	Vet 3 Male 45 - 49		174	23	27
1185	Patricia	Ribeiro	50:14.48	Female Senior 18-39	Individual	175	6	33
1339	Oleksandra	Tarasova	50:17.73	Female Senior 18-39	"+"Fit"	176	7	33
1260	Wellington	Alves	50:43.24	M_Senior 18 - 34	Wellington Alves	177	41	59
1177	Paulo	Carvalho	50:43.49	M_Senior 18 - 34	Associacao moinho de	178	42	59
1310	Alberto	Lizardo	50:45.49	Vet 6 Male 60 - +	Tainadas Family Runni	179	6	8
1313	Isabel	Ribeiro	50:52.74	Female F40 40 - 44	Tainadas Family Runni	180	6	11
1162	Ricardo	Sousa	50:56.99	M_Senior 18 - 34	Twisted Temple	181	43	59
1165	Joana	Silva	50:57.01	Female Senior 18-39	Twisted Temple	182	8	33
1068	Carlos	Trigo	50:59.24	Vet 2 Male 40 - 44	PARTICULAR	183	30	40
1263	David	Paiva	51:04.24	Vet 1 Male 35 - 39	Tainadas Family Runni	184	36	48
1309	Paulo	Silva	51:04.99	Vet 4 Male 50 - 54	Tainadas Family Runni	185	19	24
1328	Manuel	Carvalho	51:09.74	Vet 6 Male 60 - +		186	7	8
1034	Ricardo	Costa	51:14.99	Vet 1 Male 35 - 39		187	37	48
1161	Alexandre	Negrao	51:24.74	Vet 2 Male 40 - 44		188	31	40
1065	Bruno	Sampaio	51:25.24	M_Senior 18 - 34		189	44	59
1053	Joaquim	Moreira	51:31.24	M_Senior 18 - 34	PAI Y FILHO	190	45	59
1074	Ana	Pinto	51:35.99	Female F45 45 - 49	Futebol Clube de Pena	191	3	5
1075	Rui	Pinto	51:36.49	Vet 4 Male 50 - 54	Futebol Clube de Pena	192	20	24
1280	Florabela	Peixoto	51:46.99	Female Senior 18-39	florsita	193	9	33
1329	Pedro	Santos	51:54.74	Vet 1 Male 35 - 39	Fama Runners	194	38	48
1079	Graca	Pinto	52:00.99	Female Senior 18-39	Futebol Clube de Pena	195	10	33

Dorsal	Nome	Apelido	Tempo	Escalão	Equipa	Geral	Esc.	Total Esc.
1131	Luis	Pena	52:01.99	Vet 2 Male 40 - 44	Pena-Cycling Road Gro	196	32	40
1254	Joao	Costa	52:03.74	Vet 2 Male 40 - 44		197	33	40
1138	Manuela	Damas	52:03.99	Female Senior 18-39		198	11	33
1109	Antonio	Fernandes	52:05.99	Vet 5 Male 55 - 59	Polarzinhos	199	11	12
1110	Maria	Fernandes	52:06.51	Female F50 50 - +	Polarzinhos	200	3	4
1336	Jorge	Almeida	52:07.49	Vet 1 Male 35 - 39	Jorge Almeida	201	39	48
1285	Helder	Neves	52:07.74	M_Senior 18 - 34	Sports&Cycling	202	46	59
1344	Fernando	Vilarinho	52:19.74	Vet 2 Male 40 - 44	Individual	203	34	40
1099	Joao	Oliveira	52:19.74	Vet 3 Male 45 - 49	Os Rompe Solas	204	24	27
1102	Armindo	Rodrigues	52:20.01	Vet 5 Male 55 - 59	Os Rompe Solas	205	12	12
1103	Carlos	Sampaio	52:20.01	Vet 3 Male 45 - 49	Os Rompe Solas	206	25	27
1003	Vitor	Cardoso	52:21.99	Vet 4 Male 50 - 54	Atletico da Madalena	207	21	24
1188	Ana	Azevedo	52:22.52	Female Senior 18-39		208	12	33
1002	Ricardo	Alves	52:28.24	M_Senior 18 - 34	Sportscycling	209	47	59
1114	Miguel	Vieira	52:34.49	M_Senior 18 - 34	4runners	210	48	59
1266	Ana	Monteiro	52:35.74	Female Senior 18-39	MM	211	13	33
1283	Eduardo	Castro	52:44.06	Vet 3 Male 45 - 49		212	26	27
1289	Marta	Peixoto	52:44.99	Female Senior 18-39	Fisiojoane	213	14	33
1171	Jorge	Ribeiro	52:47.74	Vet 1 Male 35 - 39		214	40	48
1282	Bruno	Cunha	52:48.24	M_Senior 18 - 34	Associacao moinho de	215	49	59
1308	Jose	Coelho	52:50.74	M_Senior 18 - 34	Invicta Runners Team	216	50	59
1307	Joaquim	Coelho	52:50.99	Vet 1 Male 35 - 39	Invicta Runners Team	217	41	48
1277	Rui	Resende	52:51.99	Vet 1 Male 35 - 39	familia resende	218	42	48
1148	Chiara	Santos	52:55.49	Female Senior 18-39		219	15	33
1124	Jose	Rodrigues	52:58.74	Vet 3 Male 45 - 49	Futebol Clube de Pena	220	27	27
1338	Raquel	Silva	53:14.24	Female Senior 18-39	" +Fit"	221	16	33
1301	Duarte	Redondo	53:22.49	Vet 1 Male 35 - 39		222	43	48
1179	Ricardo	Oliveira	53:30.49	M_Senior 18 - 34	Associacao moinho de	223	51	59
1055	Andre	Santos	53:31.24	M_Senior 18 - 34		224	52	59
1054	Carlos	Gandra	53:37.24	Vet 4 Male 50 - 54	GTT-Armazem do Caffé	225	22	24
1059	Sara	Novais	53:37.99	Female Senior 18-39	GTT-Armazem do Caffé	226	17	33
1126	Tomas	Marques	53:54.24	Vet 2 Male 40 - 44		227	35	40
1098	Carlos	Lira	54:00.06	Vet 2 Male 40 - 44	Aesthetical Team Runn	228	36	40
1284	Marcio	Sousa	54:29.74	M_Senior 18 - 34		229	53	59
1025	Maria	Rebello	54:45.00	Female F45 45 - 49	lomave	230	4	5
1140	Carla	Castro	55:19.25	Female F40 40 - 44		231	7	11
1139	Vitor	Carvalho	55:20.00	Vet 4 Male 50 - 54	individual	232	23	24
1330	Joao	Pinheiro	55:48.75	M_Senior 18 - 34	Fama Runners	233	54	59
1178	Joana	Cunha	56:17.50	Female Senior 18-39	Associacao moinho de	234	18	33
1274	Filipe	Rodrigues	56:27.50	Vet 1 Male 35 - 39		235	44	48
1076	Raquel	Silva	56:32.00	Female Senior 18-39	Futebol Clube de Pena	236	19	33
1072	Rui	Lopes	56:51.50	Vet 1 Male 35 - 39	Montariol Runners	237	45	48
1096	Olga	Campos	57:01.82	Female Senior 18-39		238	20	33
1312	Vanessa	Teixeira	57:18.50	Female Senior 18-39	Tainadas Family Runni	239	21	33
1302	Silvia	Flores	57:23.50	Female Senior 18-39	Mais Fit	240	22	33
1147	Martinho	Braga	57:51.76	Vet 6 Male 60 - +		241	8	8
1009	Maria	Vilar	57:53.00	Female F45 45 - 49		242	5	5
1156	Joao	Ferreira	57:58.75	M_Senior 18 - 34	BindTuning	243	55	59
1157	Carlos	Silva	57:59.01	Vet 1 Male 35 - 39	BindTuning	244	46	48
1150	Teresa	Lima	58:09.00	Female F40 40 - 44	Crew Concordia	245	8	11
1252	Sonia	Azevedo	58:27.01	Female F40 40 - 44	mulheres de areia	246	9	11
1324	Sara	Rocha	58:28.26	Female Senior 18-39	Confianca	247	23	33
1167	Antero	Fontes	58:52.01	M_Senior 18 - 34	Twisted Temple	248	56	59
1130	Fatima	Costa	59:01.01	Female Senior 18-39	Pena-Cycling Road Gro	249	24	33
1327	Vitorino	Santos	59:03.75	Vet 2 Male 40 - 44	Confianca	250	37	40
1062	Ulisses	Lopes	59:10.51	Vet 2 Male 40 - 44	C F Vilacondense	251	38	40
1278	Joao	Dourado	59:33.83	M_Senior 18 - 34	Maravilha	252	57	59
1275	Bruna	Silva	59:35.28	Female Senior 18-39	Maravilha	253	25	33
1133	Luisa	Magalhaes	1:00:17.26	Female Senior 18-39	Pena - Cycling Road G	254	26	33
1132	Teresa	Pena	1:00:17.53	Female Senior 18-39	Pena - Cycling Road G	255	27	33
1164	Rogerio	Pinto	1:00:18.76	Vet 1 Male 35 - 39		256	47	48
1163	Isabel	Patricio	1:00:19.01	Female F40 40 - 44		257	10	11
1021	Hugo	Santos	1:01:02.01	Vet 2 Male 40 - 44		258	39	40
1349	Ezequiel	Costa	1:01:12.26	Vet 1 Male 35 - 39		259	48	48
1018	Pedro	Bernardes	1:01:17.01	M_Senior 18 - 34	LION RUNNERS - G. D.	260	58	59

Dorsal	Nome	Apelido	Tempo	Escalão	Equipa	Geral	Esc.	Total Esc.
1019	Ana	Oliveira	1:01:17.29	Female Senior 18-39	LION RUNNERS - G. D.	261	28	33
1354	Ricardo	Areias	1:01:52.26	Vet 2 Male 40 - 44		262	40	40
1152	Daniela	Pinheiro	1:03:00.02	Female Senior 18-39	Crew Concordia	263	29	33
1351	Tomas	Carvalho	1:03:06.27	M_Senior 18 - 34	Nordic Walking Civimo	264	59	59
1047	Barbara	Gomes	1:03:19.52	Female F40 40 - 44	Aesthetical Team Runn	265	11	11
1362	Patricia	Jesus	1:03:21.27	Female Senior 18-39		266	30	33
1175	Adriana	Figueiredo	1:04:02.52	Female Senior 18-39	Associacao moinho de	267	31	33
1071	Isabel	Galhardo	1:04:02.52	Female F50 50 - +	Futebol Clube de Pena	268	4	4
1058	Marcelo	Tobo	1:04:26.52	Vet 4 Male 50 - 54	bikes & Bites	269	24	24
1176	Ana	Carvalho	1:04:29.84	Female Senior 18-39	Associacao moinho de	270	32	33
1364	Andreia	Silva	1:04:48.27	Female Senior 18-39	QUALY - Produtos de L	271	33	33
1332	Jose	Loureiro			NA			
1001	Pedro	Barbosa			Individual			
1004	Mafalda	Oliveira			Atletico da Madalena			
1006	Duarte	Barbosa						
1007	Pedro	Fernandes			AGmassagens			
1008	Jose	Ferreira						
1012	Nuno	Santos			Beat Your Limit!			
1014	Abilio	Brandao						
1030	Sergio	Queiros			iDee			
1032	Antonio	Marcolino			Maia AC			
1036	Antonio	Vendeiro			Os Mancos			
1045	Sergio	Quintas						
1060	Joaquim	Marques			Grupo Cultural Recrea			
1061	Amaro	Silva			Grupo cultural Recrea			
1078	Joana	Carneiro			Futebol Clube de Pena			
1095	Sergio	Coelho						
1101	Antonio	Paulo			Os Rompe Solas			